Diagnostic performance of angiography-based fractional flow reserve by patient and lesion characteristics

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A list of study collaborators can be found in the Appendix paragraph.

KEYWORDS

- fractional flow
- reserve
- QCA
- stable angina

Abstract

Background: A large, prospective, multicentre trial recently showed that fractional flow reserve (FFR) derived from coronary angiography (FFR_{angio}) has an accuracy of 92% compared with conventional guide-wire-based FFR (FFR_{wire}); however, little is known about whether specific patient/lesion characteristics affect the diagnostic performance.

Aims: The primary goal of the present study was to investigate whether specific patient or lesion characteristics such as high body mass index (BMI), presentation with an acute coronary syndrome, or lesion location affect the diagnostic performance of FFR_{angio} in patients enrolled in the FAST-FFR study.

Methods: FFR_{angio} was measured in a blinded fashion in 301 patients (319 vessels) who were undergoing FFR_{wire} assessment. Using an FFR_{wire} ≤ 0.80 as a reference, the diagnostic performance of FFR_{angio} was compared in pre-specified subgroups.

Results: The mean FFR_{wire} and FFR_{angio} were 0.81 ± 0.13 and 0.80 ± 0.12 . Overall, FFR_{angio} had a sensitivity of 93.5% and specificity of 91.2% for predicting FFR_{wire}. Patient characteristics including age, sex, clinical presentation, body mass index, and diabetes did not affect sensitivity or specificity (p>0.05 for all). Similarly, lesion characteristics including calcification and tortuosity did not affect sensitivity was equally high across all target vessels, while specificity was highest in the LAD and lower (~85%) in the RCA and LCx (p<0.05).

Conclusions: FFR_{angio} derived from coronary angiography has a high diagnostic performance regardless of patient and most lesion characteristics. The interaction of vessel on the specificity will need to be confirmed in larger cohorts.

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Abbreviations

ACS	acute coronary syndrome
BMI	body mass index
FAST-FFR	FFR _{aneio} Accuracy versus Standard FFR
FFR	fractional flow reserve
FFR _{angio}	fractional flow reserve derived from coronary
	angiography
FFR _{wire}	fractional flow reserve derived from guidewire
LVEF	left ventricular ejection fraction
PCI	percutaneous coronary intervention

Introduction

Although coronary physiologic assessment has been advocated as a Class I indication in the guidelines, its uptake in the cardiac catheterisation laboratory has been slower than expected¹. This may be related to the time and effort required to introduce a coronary pressure wire down a vessel, issues with pressure wire drift, or the need for a hyperaemic agent. To address these limitations and to facilitate physiologic guidance in the cardiac catheterisation laboratory, systems have been developed to predict fractional flow reserve (FFR) based on coronary angiographic images alone, eliminating the need for a pressure wire or hyperaemic agent².

Recent studies have shown that fractional flow reserve derived from coronary angiography (FFR_{angio}) has excellent agreement with fractional flow reserve derived from a guidewire (FFR_{wire})^{3,4}. Specifically, the most recent large-scale, multicentre, prospective observational study (FFR_{angio} Accuracy versus Standard FFR [FAST-FFR]) enrolled 301 subjects and 319 vessels and showed a per-vessel sensitivity and specificity of 94% (95% confidence interval 88-97%) and 91% (86-95%)⁵.

However, it is not known whether specific patient or lesion characteristics affect this diagnostic performance. Accordingly, the primary goal of the present study was to investigate whether specific patient or lesion characteristics such as high body mass index (BMI), presentation with an acute coronary syndrome (ACS), or lesion location affect the diagnostic performance of FFR_{angio} in patients enrolled in the FAST-FFR study.

Methods

STUDY DESIGN AND PATIENT POPULATION

The present study is a *post hoc* analysis of the FAST-FFR study. The detailed study protocol and the primary results of the FAST-FFR study have been published previously⁵.

In brief, the FAST-FFR study was a prospective, multicentre, international, observational study investigating the accuracy of FFR_{angio} compared with FFR_{wire} as a reference standard (NCT03226262). Patients presenting with stable angina, unstable angina, or non-ST-segment elevation myocardial infarction (non-STEMI), referred for coronary angiography and undergoing FFR measurement with a coronary pressure wire were eligible to be enrolled in the study.

Patients presenting with ST-segment elevation myocardial infarction (STEMI) or with a prior STEMI within the previous

12 months in the artery being interrogated were excluded from the study. Other major exclusion criteria included contraindication for hyperaemic agents, chronic total occlusion of the target territory, prior coronary artery bypass grafting/heart transplantation/valve surgery/transcatheter aortic valve replacement, known left ventricular ejection fraction (LVEF) <45%, Thrombolysis In Myocardial Infarction (TIMI) flow <3, >50% left main stenosis, severe aortic stenosis, percutaneous coronary intervention (PCI) in the target vessel within the past 12 months, severe diffuse disease, or a target vessel supplying major collaterals.

FFR_{wire} MEASUREMENT

FFR was measured with a commercially available 0.014-inch pressure sensor guidewire (either Abbott/St. Jude Medical, Philips/ Volcano, or Opsens). After intracoronary injection of nitroglycerine, equalisation to the guide catheter pressure with the sensor positioned at the ostium of the coronary artery was performed and the pressure guidewire was then advanced beyond the stenosis in the target coronary artery. The sensor position was recorded to match the location of FFR_{angio} analysis. To induce maximal hyperaemia, intravenous adenosine (140-180 µg/kg/min), intracoronary adenosine (200 µg for the left coronary artery and 100 µg for the right coronary artery), or intracoronary papaverine (12-15 mg for the left coronary artery and 10-12 mg for the right coronary artery) was administered. Simultaneous measurement of the mean proximal coronary pressure using the guide catheter and the mean distal coronary pressure using the pressure guidewire was performed. FFR_{wire} was calculated as the ratio of the mean distal to proximal coronary pressure during steady-state hyperaemia. The invasive FFR tracings were sent to the coronary physiology core laboratory at the Cardiovascular Research Foundation (New York, NY, USA) which was blinded to the FFR_{angio} data.

FFR_{angio} MEASUREMENT

After obtaining the coronary angiogram, at least three DICOM images from different projections were selected and sent directly from the catheterisation laboratory system to the FFR_{angio} console (CathWorks Ltd., Kfar Saba, Israel). Then, an independent operator from each hospital performed FFR_{angio} analysis while blinded to the FFR_{wire} value. Detailed theory and methodology have been published previously^{4,5}. First, the operator input the mean aortic pressure, selected three projections within the recommended range for each target territory, and assigned target vessel and side branches for a three-dimensional reconstruction. The reconstruction is based on the known geometry of two or three projections with a minimum separation of 30° from single-plane angiograms and utilises epi-polar ray tracing together with mathematical constraints enforcing the tree's structure. The system can construct each vessel separately such that each region/branch/lesion is not necessarily reconstructed from the same views, yet at the same time the tree topology is preserved and adheres to that reflected in all of the two-dimensional images. Based on these data, the coronary arterial network is modelled as an electrical circuit with

each segment acting as a resistor. The vessel resistance is estimated based on its length and diameter. Each vessel's contribution to flow is based on its impact on overall resistance depending on the arrangement. Normal maximal flow is estimated based on the volume of coronary vessels and total coronary length. FFR_{angio} is then calculated as the ratio of the maximal flow rate in the stenosed artery compared with the maximal flow rate in the absence of the stenosis and was compared to the FFR_{angio} analyses performed in each hospital were sent to the FFR_{angio} core laboratory at CathWorks, blinded to the invasive FFR measurement, which was allowed to make *post hoc* exclusions of cases.

ENDPOINTS

The co-primary endpoints of the FAST-FFR study were the sensitivity and specificity of FFR_{angio} using FFR_{wire} as the reference standard. For both FFR_{angio} and FFR_{wire}, ≤ 0.80 was used as a cut-off to define a functionally significant coronary stenosis. In this substudy, sensitivity and specificity were compared between common pre-specified patient characteristics including age, sex, diabetes, clinical presentation, and BMI and lesion/procedural characteristics including main vessel, lesion location, FFR_{wire} value (grey zone defined as 0.75-0.85 vs beyond grey zone), tortuosity, calcification, different FFR_{wire}, and injection type of hyperaemia (intracoronary vs intravenous).

STATISTICAL ANALYSIS

Categorical variables are presented as counts and percentages and are compared using the chi-square test. Continuous variables are presented as mean and standard deviation or median and interquartile range and compared using the Student's t-test (if normally distributed) or the Mann-Whitney U test (if non-normally distributed). A mixed effects model, including a random effect for multiple vessels within a patient, measured associations between FFR_{ancio} and predefined subgroups; an identity link and normal distribution was used for continuous measurements and logistic link for binary measurements. Testing the sensitivity of this model, a generalised estimating equations (GEE) model with compound symmetric covariance supported all conclusions made by mixed effects models. Statistical analyses were performed using SAS or Excel software, and type I error for all tests was held at 5%, considering a p-value less than 0.05 as being statistically significant.

Results

A total of 352 patients (376 vessels) were enrolled in this study. Among them, fifty-one subjects (57 vessels) were excluded from the analysis mainly due to data quality issues (14 vessels disqualified by FFR_{angio} core lab and 21 vessels disqualified by FFR_{wire} core lab, 3.7% vs 5.6%) for a total of 301 patients with 319 vessels which were included in the final analysis from 10 sites. The detailed reasons for exclusion and the flow chart of the FAST-FFR study have been published previously⁵. Clinical and angiographic characteristics are summarised in **Table 1**. Overall, the mean age was 64.7 ± 9.7 years with 74.1% being male. The mean BMI and LVEF were 28.9 ± 4.8 kg/m² and $58\pm6\%$, respectively. About one third of patients had diabetes mellitus (31.9%), and 41.9% of patients presented with an ACS **(Table 1)**. About one half of lesions (54.2%) were located in the left anterior descending artery (LAD). The mean FFR_{wire} was 0.81 ± 0.13 and the mean FFR_{angio} was 0.80 ± 0.12 **(Figure 1)**.

Table 1. Summary of patients' clinical and procedural characteristics.

Clinical characteristics	n=301			
Age, years	64.7±9.7			
Male, n (%)	223 (74.1)			
Diabetes, n (%)	96 (31.9)			
Hypertension, n (%)	208 (69.1)			
Hypercholesterolaemia, n (%)	230 (76.4)			
Family history, n (%)	116 (39.3)			
Current/past smoker, n (%)	159 (52.8)			
Previous STEMI, n (%)	10 (3.3)			
Previous percutaneous coronary intervention, n (%)	88 (29.2)			
Acute coronary syndrome, n (%)	126 (41.9)			
Body mass index, kg/m ²	28.9±4.8			
Ejection fraction, %	58±6			
Lesion and procedural characteristics	n=319			
Number of lesions per patient, n	1.1±0.3			
Lesion location				
Left anterior descending artery, n (%)	173 (54.2)			
Left circumflex artery, n (%)	69 (21.6)			
Right coronary artery, n (%)	77 (24.1)			
% diameter stenosis, %	51±10			
Lesion length, mm	15.66±8.65			
Invasive FFR (FFRwire)	0.81±0.13			
Bifurcation, n (%)	54 (17.3)			
Moderate to severe tortuosity, n (%)	17 (5.5)			
Moderate to severe calcification, n (%)	62 (19.9)			
Type B or C lesion, n (%)	277 (88.8%)			
Values are mean±standard deviation or n (%). STEMI: ST-segment elevation myocardial infarction				

COMPARISONS OF DIAGNOSTIC PERFORMANCE BETWEEN DIFFERENT PATIENT CHARACTERISTICS

Comparisons of diagnostic performance between different patient clinical characteristics are summarised in **Table 2**. None of the patient clinical characteristics, including age, sex, the presence of diabetes, clinical presentation (ACS vs non-ACS), impacted on the sensitivity and specificity of FFR_{angio} against FFR_{wire}. Clinical presentation divided into stable angina, unstable angina, or NSTEMI did not impact on the sensitivity and specificity). BMI divided into <18.5 kg/m²,



Figure 1. *Histogram of FFR*_{wire} and *FFR*_{angio}. Note, *FFR*_{angio} values less than 0.50 are indicated as < 0.50. *FFR*_{angio}: fractional flow reserve derived from coronary angiography; FFR_{wire}: fractional flow reserve derived from guidewire

		Sensitivity (n/N)	95% CI	<i>p</i> -value	Specificity (n/N)	95% CI	<i>p</i> -value
Age	1st quartile	97.5% (39/40)	(83.7-99.6)	0.59	94.6% (35/37)	(80.4-98.6)	- 0.43
	2nd quartile	89.5% (34/38)	(73.7-95.8)		91.1% (41/45)	(77.8-96.4)	
	3rd quartile	93.9% (31/33)	(78.0-98.5)	0.56	94.1% (48/51)	(82.1-97.9)	
	4th quartile	92.6% (25/27)	(74.5-98.2)	1	85.4% (41/48)	(72.0-92.7)	
Sex	Male	94.2% (97/103)	(87.4-97.3)	- 0.53	88.6% (117/132)	(81.4-92.7)	0.08
	Female	91.4% (32/35)	(75.3-97.0)		98.0% (48/49)	(86.3-99.7)	
Diabetes	Yes	97.8% (45/46)	(85.8-99.7)	0.17	89.3% (50/56)	(76.8-94.7)	0.49
	No	91.3% (84/92)	(83.0-95.4)		92.0% (115/125)	(85.4-95.5)	
Clinical presentation	ACS	93.8% (61/65)	(84.2-97.6)	0.85	88.2% (60/68)	(78.0-93.9)	0.35
	Non-ACS	93.1% (67/72)	(83.9-97.0)		92.8% (103/111)	(85.5-96.1)	
BMI	Underweight/normal	100.0% (29/29)	N/A	0.98	96.9% (31/32)	(80.7-99.6)	0.24
	Overweight/obese	91.7% (100/109)	(84.8-95.7)		89.9% (133/148)	(83.8-93.8)	
ACS: acute coronary syndrome: BMI: body mass index; CI: confidence interval							

Table 2. Comparisons of diagnostic performance between different patient clinical characteristics.

18.5-24.9 kg/m², 25.0-29.9 kg/m², and >30 kg/m² did not impact on the sensitivity and specificity (p=0.42 for sensitivity and p=0.47for specificity). Similarly, there was no interaction for enrolling site geographic location (p=0.79 for sensitivity and p=0.19 for specificity).

COMPARISONS OF DIAGNOSTIC PERFORMANCE BETWEEN DIFFERENT LESION CHARACTERISTICS

Comparisons of diagnostic performance between different lesion and procedural characteristics are summarised in **Table 3**. Lesion and procedural characteristics including main branch/side branch, tortuosity, calcification, and the different FFR_{wire} system did not impact on the sensitivity and specificity of FFR_{angio} against FFR_{wire} .

While lesion location (proximal, mid or distal) did not have any impact (p=0.71 and 0.12 for sensitivity and specificity, respectively), and the main vessel did not impact on the sensitivity (p=0.99), it did have a slight effect on the specificity (98.7% for LAD, 86.3% for LCx, and 84.3% for RCA; p=0.046). Comparisons of FFR_{wire} and FFR_{angio} values according to the different main

vessel are shown in **Figure 2**. The FFR_{angio} value was similar to FFR_{wire} in the LAD territory (p=0.37), whereas the FFR_{angio} value was lower in the LCx (p=0.03) and RCA (p=0.05) territories compared with FFR_{wire} (Figure 2).

When FFR_{wire} was separated into the cut-off zone (defined as 0.75-0.85) and beyond the cut-off zone (<0.75 or >0.85), both sensitivity and specificity tended to be numerically better beyond the cut-off zone (96.5% vs 88.5%, p=0.08 for sensitivity, and 93.3% vs 85.1%, p=0.10 for specificity).

Discussion

A number of factors appear to limit widespread adoption of wirebased coronary physiologic assessment including the additional time it takes, wire handling characteristics, issues with pressure wire drift, potential side effects from intravenous adenosine, the small risk of placing a wire in the coronary vessel and the cost. By eliminating the need for a coronary pressure wire and a hyperaemic agent, FFR_{angio} overcomes most of these issues. The FAST-FFR trial demonstrated that FFR_{angio} has high

		Sensitivity (n/N)	95% CI	<i>p</i> -value	Specificity (n/N)	95% CI	<i>p</i> -value
Main vessel	LAD	92.6% (87/94)	(85.1-96.4)		98.7% (78/79)	(91.5-99.8)	0.05
	LCx	100.0% (18/18)	N/A	0.99	86.3% (44/51)	(73.8-93.3)	
	RCA	92.3% (24/26)	(73.5-98.1)		84.3% (43/51)	(71.5-92.0)	
Lesion location	Proximal	90.4% (47/52)	(78.8-96.0)	0.71	91.5% (43/47)	(79.3-96.8)	0.12
	Mid	94.4% (67/71)	(85.8-97.9)		93.6% (102/109)	(87.1-96.9)	
	Distal	100.0% (15/15)	N/A		80.0% (20/25)	(59.9-91.5)	
Invasive FFR (FFR _{wire})	Grey zone (0.75-0.85)	88.5% (46/52)	(76.5-94.8)	0.08	85.1% (40/47)	(71.8-92.8)	0.10
	Beyond grey zone	96.5% (83/86)	(89.6-98.9)		93.3% (125/134)	(87.5-96.5)	
Main branch/side branch	Main branch	93.1% (122/131)	(87.3-96.4)	0.97	92.2% (154/167)	(87.0-95.4)	0.10
	Side branch	100.0% (7/7)	N/A		78.6% (11/14)	(50.3-93.0)	
Tortuosity	Yes	100.0% (9/9)	N/A	0.98	80.0% (4/5)	(30.6-97.3)	0.39
	No	92.7% (114/123)	(86.5-96.2)		91.6% (152/166)	(86.2-95.0)	
Calcification	Yes	87.1% (27/31)	(70.0-95.1)	0.14	93.3% (28/30)	(76.7-98.3)	0.66
	No	95.0% (96/101)	(88.6-97.9)	0.14	90.8% (128/141)	(84.7-94.6)	0.66
FFR system	Philips/Volcano	94.0% (63/67)	(84.9-97.7)	0.16	93.8% (75/80)	(85.6-97.3)	0.47
	Abbott/St. Jude	95.2% (60/63)	(85.5-98.4)		88.8% (79/89)	(79.1-93.4)	
	Opsens	75.0% (6/8)	(37.5-93.7)		91.7% (11/12)	(59.0-98.8)	
Injection type	Intracoronary	96.6% (84/87)	(89.7-98.9)	0.07	92.4% (122/132)	(86.1-95.7)	0.30
	Intravenous	88.2% (45/51)	(74.8-94.3)		87.8% (43/49)	(74.0-94.0)	
CI- confidence interval. FER- fractional flow reserve. I AD- left anterior descending artery. I Cy- left circumfley artery. BCA- right coronary artery							

Table 3. Comparisons of diagnostic performance between different lesion and procedural characteristics.



Figure 2. Comparison of FFR_{wire} and FFR_{angio} values according to vessels. FFR_{wire} and FFR_{angio} values were similar in the LAD territory whereas FFR_{angio} was significantly smaller than FFR_{wire} in the LCx (p=0.03) and RCA (p=0.05). FFR_{angio} : fractional flow reserve derived from coronary angiography; FFR_{wire} : fractional flow reserve derived from guidewire; LAD: left anterior descending artery; LCx: left circumflex artery; RCA: right coronary artery

diagnostic accuracy compared with FFR_{wire}⁵; however, it was unclear if these results applied to all patient and lesion subtypes. In the current study we found that FFR_{angio} has a high diagnostic performance in a wide range of patient, lesion, and procedural characteristics, although there may be some variability depending on the vessel interrogated.

The principal finding of the present study is that the diagnostic performance of FFR derived from angiography (FFR_{angio}) is similar to conventional FFR derived from a pressure wire (FFR_{wire}), irrespective of most patient and lesion characteristics. These results suggest that the strategy of FFR_{angio}-guided PCI can possibly be

used in a wide variety of patients and lesions evaluated in the cardiac catheterisation laboratory.

Of note, there is a greater prognostic importance of lesions located in the proximal portion of a major epicardial vessel and particularly those located in the left main or LAD, because of the larger extent of the myocardium at risk. In a recent study, a significant interaction between FFR strata and major adverse cardiac events (MACE) was found in patients with stenoses located in proximal coronary segments, unlike in patients with stenoses located in distal coronary segments⁶. Earlier studies which evaluated the diagnostic performance of non-hyperaemic pressure ratios when compared with FFR

found that they were lower in the left main or LAD compared to the LCx or RCA, and the larger amount of myocardium supplied by the left main or LAD resulted in a greater discrepancy between resting and hyperaemic coronary flow7. In contrast to these data, the diagnostic accuracy of FFR_{aneio} was shown here to be preserved across lesion location (proximal vs distal), and the specificity of FFR_{ancio} compared with FFR_{wire} was significantly higher across lesions in the LAD compared with the LCx or RCA. This is probably due to the fact that FFR_{angio} simulates hyperaemic status, whereas non-hyperaemic pressure ratios are derived from resting status; therefore, careful interpretation of our results is needed. The lower specificity in the LCx and RCA may be related to an overestimation by FFR_{ancio} of the degree of maximal hyperaemia that can be achieved in these territories with smaller myocardial mass. In this current study, we provided granular data by looking at sensitivity and specificity separately, which are not affected by the prevalence of disease (i.e., prevalence of FFR_{wire} positive lesions). On the other hand, in a recent pooled analysis with 700 lesions, overall diagnostic accuracy among three different territories was not statistically different (LAD 91.0% vs LCx 94.6% vs RCA 87.5%, p=0.095)⁸. Therefore, the effect of territories on specificity needs to be investigated further.

Both sensitivity and specificity of FFR_{angio} tended to be lower in lesions with FFR values around the cut-off of 0.80, as one would expect with any test near its cut-off. In fact, every test has an accuracy of 50% at its cut-off value⁹. Reports of diagnostic accuracies of other non-conventional FFR methodologies exist and include 71.3% for the 0.75-0.84 grey zone for quantitative flow ratio (QFR)¹⁰, and 46.1% for the 0.70-0.80 grey zone for fractional flow reserve derived from computed tomography (FFRCT)¹¹. In the ADVISE II study, the accuracy of instantaneous wave-free ratio (iFR) was similar to that of FFR_{angio} only when using the hybrid approach with adenosine¹². However, in the case of FFR_{angio} it is impressive how high the sensitivity and specificity remain near the cut-off for FFR_{wire}. The reason for this result needs to be investigated further in future studies.

Limitations

There are some limitations to our study. First, although this is the largest study comparing FFR_{angio} and FFR_{wire} to date, the original study was not specifically designed for this substudy. Therefore, some parameters such as sex and the administration route of adenosine might yield statistically significant difference if a larger number of cases were enrolled. Second, it is possible that variables not accounted for in this study could affect the diagnostic performance of FFR_{angio}. Third, this is an observational study comparing the diagnostic performance between the two modalities; we do not have clinical outcome data regarding FFR_{ancio}-guided PCI. Fourth, for some of the presented subgroups, differences in sensitivity and specificity may partly be masked by reference standard misclassification and not by using the absolute numerical difference between FFR_{angio} and FFR_{wire} as an outcome. Finally, because this study is a post hoc analysis of the FAST-FFR study, the results of the present study should be interpreted as hypothesis-generating.

Conclusions

 FFR_{angio} derived from coronary angiography has a high diagnostic performance regardless of most patient and lesion characteristics. Although the sensitivity was similar, the specificity of FFR_{angio} in the LCx and RCA, while reaching 85%, was lower than in the LAD in this study. This finding will require confirmation in larger cohorts.

Impact on daily practice

FFR_{angio} derived from coronary angiography may be reliably used in a wide variety of patient/lesion characteristics. The interaction of vessel on the specificity will need to be confirmed in larger cohorts.

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Appendix. Study collaborators

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Conflict of interest statement

Y. Kobayashi reports a consulting relationship with ACIST Medical. T. Engstrøm reports consulting relationships with Boston Scientific, Abbott, Bayer, Novo Nordisc, and AstraZeneca. R. Kornowski reports being a co-founder and shareholder of, and having intellectual property in CathWorks. R. Jubeh reports a consulting relationship with Pfizer and Bayer. D. Kolansky reports institutional research support from CathWorks. A. Maehara receives institutional research support from Abbott and Boston Scientific. A. Kirtane reports institutional grants to Columbia University or Cardiovascular Research Foundation from Medtronic, Boston Scientific, Abbott Vascular, Abiomed, CSI, CathWorks, Siemens, Philips, and ReCor Medical. W. Fearon receives institutional research support from Abbott, Medtronic, and CathWorks, has a consulting relationship with Boston Scientific, and has minor stock options with HeartFlow. The other authors/study collaborators have no conflicts of interest to declare.

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