# **Predictors and outcomes of neoatherosclerosis in patients** with in-stent restenosis

**Daisuke Nakamura**<sup>1\*</sup>, MD; Tomoharu Dohi<sup>1</sup>, MD, PhD; Takayuki Ishihara<sup>2</sup>, MD; Atsushi Kikuchi<sup>3</sup>, MD; Naoki Mori<sup>4</sup>, MD; Kensuke Yokoi<sup>1</sup>, MD; Tatsuya Shiraki<sup>1</sup>, MD; Isamu Mizote<sup>1</sup>, MD, PhD; Toshiaki Mano<sup>2</sup>, MD, PhD; Yoshiharu Higuchi<sup>4</sup>, MD, PhD; Takahisa Yamada<sup>3</sup>, MD, PhD; Masami Nishino<sup>5</sup>, MD, PhD, FACC; Yasushi Sakata<sup>1</sup>, MD, PhD, FESC, FACC

 Department of Cardiovascular Medicine, Osaka University Graduate School of Medicine, Osaka, Japan; 2. Kansai Rosai Hospital Cardiovascular Center, Hyogo, Japan; 3. Division of Cardiology, Osaka General Medical Center, Osaka, Japan;
 Division of Cardiology, Osaka Police Hospital, Osaka, Japan; 5. Division of Cardiology, Osaka Rosai Hospital, Osaka, Japan

This paper also includes supplementary data published online at: https://eurointervention.pcronline.com/doi/10.4244/EIJ-D-20-00539

## KEYWORDS

- drug-eluting balloon
- in-stent restenosisoptical coherence
- tomography

## Abstract

**Background:** In-stent restenosis (ISR), especially for neoatherosclerosis, is still a major problem of percutaneous coronary intervention (PCI) even in the drug-eluting stent (DES) era.

**Aims:** The purpose of this study was to investigate the impact of neoatherosclerosis on prognosis after PCI for ISR.

**Methods:** Between March 2009 and December 2017, 313 ISR lesions in patients undergoing an OCT-guided PCI in five hospitals were retrospectively enrolled. Neoatherosclerosis was defined as a lipid neointima or calcified neointima. We examined the association between neoatherosclerosis and the clinically driven target lesion revascularisation (CD-TLR) rates.

**Results:** In 313 ISR lesions, 64 lesions (20.4%) had bare metal stents and 241 lesions (77.0%) had drugeluting stents (DES). Among them, 47.0% of lesions (147 lesions) had neoatherosclerosis. A multivariate logistic regression analysis demonstrated that eGFR (odds ratio [OR] 0.986, 95% confidence interval [CI]: 0.974-0.998; p=0.023), the time from PCI to the ISR (OR 1.13, 95% CI: 1.06-1.22; p<0.001) and DES-ISR (OR 2.48, 95% CI: 1.18-5.43; p=0.019) were independent predictors for neoatherosclerosis. A multivariate regression analysis demonstrated that neoatherosclerosis was an independent predictor of CD-TLR.

**Conclusions:** In this multicentre ISR registry, OCT imaging demonstrated that eGFR, the time from PCI to the ISR and DES-ISR were independent predictors for neoatherosclerosis and that neoatherosclerosis in ISR lesions had a worse impact on the CD-TLR rate.

\*Corresponding author: Department of Cardiovascular Medicine, Osaka University Graduate School of Medicine, 2-2 Yamadaoka, Suita City, Osaka, 565-0871, Japan. E-mail: nakamura@cardiology.med.osaka-u.ac.jp

# Abbreviations

bare metal stent(s)
clinically driven target lesion revascularisation
drug-coated balloon(s)
drug-eluting stent(s)
estimated glomerular filtration rate
in-stent restenosis
low-density lipoprotein
minimum lumen diameter
optical coherence tomography
percutaneous coronary intervention
plain old balloon angioplasty
quantitative coronary angiography
thin-cap fibroatheroma

## Introduction

Drug-eluting stents (DES) have demonstrated superiority over bare metal stents (BMS). This has led to the near elimination of BMS from routine clinical practice<sup>1,2</sup>. However, in-stent restenosis (ISR) is still a major problem of percutaneous coronary intervention (PCI), especially for neoatherosclerosis, even in the DES era3. In fact, despite the better clinical outcomes with new-generation durable polymer DES, a pathological study demonstrated that the frequency of neoatherosclerosis was similar between the newer- and first-generation DES<sup>4</sup>. Moreover, a pathological study showed that neoatherosclerosis was associated with ISR in both BMS and DES implantation and it has been consistently correlated with late thrombotic events post stent implantation<sup>4</sup>. On the other hand, an assessment of the neointimal characteristics, especially of neoatherosclerosis, using optical coherence tomography (OCT), is important for clarifying the pathophysiology of ISR lesions. A few reports demonstrated the impact of neoatherosclerosis on clinical outcome<sup>5,6</sup>, though there are no data on the influence of neoatherosclerosis after PCI to the ISR. The purpose of this study was to investigate the influence of neoatherosclerosis on clinical outcome using plain old balloon angioplasty (POBA), DES and drug-coated balloons (DCB).

## **Methods**

#### PATIENT POPULATION

This study was a multicentre, retrospective observational study. Between March 2009 and December 2017, ISR lesions undergoing an OCT-guided PCI in five different hospitals in Japan were retrospectively enrolled. The study exclusion criteria were haemodynamic instability, age less than 18 years, and a life expectancy of less than six months due to a non-cardiac condition. After excluding cases with incomplete OCT data and poor OCT quality, 313 ISR lesions in 311 patients were enrolled. This study was approved by the institutional review board of each participating institution with a waiver of the requirement for informed consent.

#### QUANTITATIVE CORONARY ANALYSES

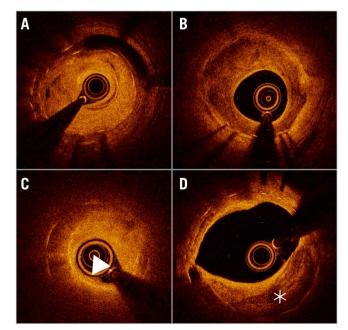
Detailed methods are provided in Supplementary Appendix 1.

#### OCT IMAGE ACQUISITION

Detailed methods are provided in Supplementary Appendix 2.

#### OCT IMAGE ANALYSIS

The OCT analyses were performed using dedicated software with an automated contour-detection algorithm (Off-line Review Software, version E.0.2; Abbott Vascular, Santa Clara, CA, USA). All cross-sectional images were initially screened by a quality assessment and excluded from the analysis if any portion of the stent was out of the screen, a side branch occupied >45% of the cross-section, or the image was of poor quality caused by residual blood, artefact, or reverberations. A qualitative image assessment was performed for every frame, whereas quantitative measurements were performed every 1 mm along the entire stented segment. For the morphometric analysis, the standard definitions of the cross-sectional area measurement were applied as previously reported7. The stent, lumen, and neointimal hyperplasia cross-sectional areas were measured at 1.0 mm axial increments throughout the entire length of the stent. The proximal and distal references were measured at the site with the largest lumen within 5 mm proximal and distal to the stented segment. The neointima was defined as the tissue between the luminal contour and stent contour and estimated in all frames in the stent. A homogenous neointima was identified as having signal-rich regions with low attenuation. A calcified neointima had a well-delineated, signal-poor region with sharp borders. A lipid neointima was defined as having signal-poor regions with diffuse borders and a high attenuation<sup>8</sup>. Neoatherosclerosis was defined as a lipid or calcified neointima (Figure 1)<sup>8</sup>. In the lipid neointimas, the fibrous cap thickness was



**Figure 1.** *Representative optical coherence tomography image. A) Homogenous neointima. B) Heterogenous neointima. C) Lipid neointima (arrow). D) Calcified neointima (asterisk).* 

computed as the mean of three evenly distributed measurements along the fibrous cap<sup>8</sup>. A thin-cap fibroatheroma (TCFA) neointima was defined as a lipid neointima with a fibrous cap thickness of  $\leq 65 \mu m$  at the thinnest part. Inter- and intra-observer variabilities were k=0.93 and k=0.93 for neoatherosclerosis, k=0.93 and k=0.86 for lipid neointima, and k=0.81 and k=0.81 for calcified neointima.

#### **OUTCOME MEASURES**

The clinical outcome data were obtained by reviewing the outpatient records for death, myocardial infarction, and target lesion revascularisation (TLR). The primary outcome was clinically driven target lesion revascularisation (CD-TLR). CD-TLR was defined as any revascularisation procedure of the target lesion in the presence of angiographic restenosis and signs or symptoms of ischaemia<sup>9</sup>. The secondary outcomes were CD-TLR in the DCB cohort, all-cause death, cardiac death, and target vessel myocardial infarction in the entire cohort.

#### STATISTICAL ANALYSIS

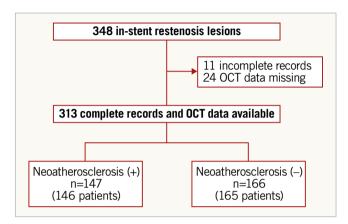
Data are presented as values and percentages, means±SD, or medians and interquartile ranges (IQR; Q1, Q3). Continuous variables were compared between the groups using the unpaired t-test or Mann-Whitney U test, based on the data distribution. Categorical variables were compared between the two groups with the chi-square test or Fisher's exact test, as appropriate. Multiple lesions within the same patient were assumed to be independent of each other. First, multivariate logistic regression analysis was performed to determine the association of baseline characteristics with neoatherosclerosis. Age, sex, hypertension, current smoking, diabetes and haemoglobin A1c levels >7.0%, estimated glomerular filtration rate (eGFR, 1 mL/min/1.73 m<sup>2</sup>), >70 mg/dL of low-density lipoprotein (LDL) cholesterol, type of previous stent (BMS or DES), stent length and neointimal thickness were chosen as variables according to a previous report<sup>10</sup>. Results of the model are presented as the odds ratio (OR) and 95% confidence interval (CI).

Subsequently, the Kaplan-Meier method was used to estimate the cumulative probability of freedom from CD-TLR. A multivariable Cox proportional hazards regression model was used to evaluate the effect of neoatherosclerosis while adjusting for covariates including age, sex, current smoking, diabetes, eGFR (1 mL/min/1.73 m<sup>2</sup>), LDL cholesterol, type of previous stent, lesion length, and PCI strategy (POBA, or DES implantation). Results of the model are presented as the hazard ratio (HR) and 95% CI. Since a CD-TLR is a recurrent event, the Prentice, Williams and Peterson gap time (PWP-GT) model was also used to estimate the effect of neoatherosclerosis on CD-TLR while controlling for the above covariates<sup>11</sup>. The above analyses were also performed in the DCB cohort. All tests were two-sided with a 5% significance level. The statistical analyses were performed with R software, version 3.6.1 (R Foundation for Statistical Computing, Vienna, Austria; http://www.r-project.org).

## Results

#### CLINICAL, LESION CHARACTERISTICS AND QCA

A total of 313 lesions (311 patients) with ISR were included (Figure 2). The baseline patient and lesion characteristics are shown in Table 1 and Table 2. In 313 ISR lesions, 64 lesions (20.4%) had bare metal stents and 241 lesions (77.0%) had drugeluting stents (DES). Among 241 DES, 73 lesions had first-generation DES and 168 lesions had new-generation DES. In terms of the treatment strategy, DCB was performed in 62.2% of lesions, while DES were implanted in 16.7% of lesions.



**Figure 2.** Flow diagram of the study. DCB: drug-coated balloon; DES: drug-eluting stent; OCT: optical coherence tomography; POBA: plain old balloon angioplasty

One hundred and forty-seven lesions (47%) had neoatherosclerosis in all lesions. Patients with neoatherosclerosis were significantly older compared to those without neoatherosclerosis (71.3 $\pm$ 8.4 vs 69.0 $\pm$ 10.1 years, p=0.035). The eGFR was significantly lower in the lesions with neoatherosclerosis (56.6 [25.0-70.4] vs 61.0 [46.3-73.9], p=0.016). The LDL-cholesterol level was higher in the neoatherosclerosis group, though it did not reach statistical significance (94.9 $\pm$ 28.7 vs 90.2 $\pm$ 27.1 mg/dl, p=0.141). The time from the index stent implantation to the ISR was significantly longer in the lesions with neoatherosclerosis (1,391 [389-3,274] vs 661 [294-1,688] days, p<0.001). The QCA analysis demonstrated that the post-PCI MLD and acute gain were significantly smaller in the neoatherosclerosis group (**Table 3**).

#### **OCT FINDINGS**

Details of the OCT findings are shown in **Table 3**. There were no significant differences in the minimum lumen area, stent area, and neointima area between the two groups. The proximal reference area was significantly greater in the lesions with neoatherosclerosis than in those without neoatherosclerosis. Lipid neointima and calcified neointima were detected in 93.2% and 23.8% of the lesions with neoatherosclerosis, respectively (**Table 3**). The minimum fibrous cap thickness and percentage of frames (longitudinal extension) with neoatherosclerosis in the entire stent segment were  $117.3\pm64.2 \ \mu m$  and  $13.5 \ [7.5-27.6] \ \%$ , respectively. 

#### Table 1. Patient characteristics.

	Overall N=311	Neoatherosclerosis + N=146	Neoatherosclerosis – N=165	<i>p</i> -value
Age, years	70.1±9.4	71.3±8.4	69.0±10.1	0.035
Male	249 (80.1)	116 (79.6)	133 (80.6)	0.914
Body mass index	23.9±3.7	23.8±3.8	23.9±3.5	0.849
Smoking	143 (46.1)	67 (45.9)	76 (46.3)	>0.999
Hypertension	261 (84.2)	124 (84.9)	137 (83.5)	0.744
Diabetes mellitus	177 (56.9)	86 (58.9)	91 (55.1)	0.578
Dyslipidaemia	216 (69.5)	97 (66.4)	119 (72.1)	0.402
Stroke	29 (9.4)	12 (8.2)	17 (10.4)	0.650
Atrial fibrillation	29 (9.4)	14 (9.7)	15 (9.3)	>0.999
History of CABG	15 (4.8)	8 (5.5)	7 (4.3)	0.819
Laboratory finding				
Haemoglobin, g/dl	12.8±1.7	12.7±1.8	12.9±1.7	0.265
eGFR, mL/min/1.73 m <sup>2</sup>	59.7 [41.0-72.8]	56.6 [25.0-70.4]	61.0 [46.3-73.9]	0.016
HbA1c, %	6.45±1.11	6.48±1.24	6.42±0.99	0.610
LDL cholesterol, mg/dl	92.4±27.9	94.9±28.7	90.2±27.1	0.141
Triglyceride, mg/dl	120.0 [84.0-167.8]	113.0 [83.0-160.0]	125.0 [86.0-172.5]	0.392
Medication				
Aspirin	305 (98.1)	143 (97.9)	162 (98.2)	>0.999
P2Y <sub>12</sub> inhibitor	289 (92.9)	136 (93.2)	153 (92.7)	>0.999
Anticoagulant	33 (10.6)	14 (9.6)	19 (11.5)	0.713
Statin	247 (79.4)	113 (77.4)	134 (81.2)	0.051

# Table 2. Lesion and procedural characteristics.

		Overall N=313	Neoatherosclerosis + N=147	Neoatherosclerosis – N=166	<i>p</i> -value
Time from PC	I to the ISR, days	732 [348-2,553]	1,391 [389-3,274]	661 [294-1,688]	< 0.001
Stent number	r, n	1.0 [1.0-1.0]	1.0 [1.0-2.0]	1.0 [1.0-1.0]	0.451
Stent length,	mm	30.8±16.9	30.7±15.1	30.9±18.3	0.926
Stent diamete	er, mm	2.96±0.40	2.98±0.41	2.95±0.40	0.664
Lesion	Left anterior descending	154 (49.2)	76 (51.7)	78 (47.0)	
location	Right coronary artery	105 (33.5)	48 (32.7)	57 (34.3)	0.659
	Left circumflex	54 (17.3)	23 (15.6)	31 (18.7)	
Type of	Bare metal stent	64 (20.4)	25 (17.0)	39 (23.5)	
previous stent	Drug-eluting stent	241 (77.0)	118 (80.3)	123 (74.1)	
Stone	First-generation	73 (23.3)	44 (29.9)	29 (17.5)	0.364
	New-generation	168 (53.7)	74 (50.3)	94 (56.6)	
	Unknown	8 (2.6)	4 (2.7)	4 (2.4)	
Final	РОВА	66 (21.2)	26 (17.7)	40 (24.2)	
strategy	DCB	194 (62.2)	98 (66.7)	96 (58.2)	0.265
	DES	52 (16.7)	23 (15.6)	29 (17.6)	
ELCA	·	64 (20.6)	28 (19.0)	36 (22.1)	0.603
Quantitative	Lesion length, mm	16.9±12.3	17.1±12.7	16.8±12.0	0.867
coronary angiography	Reference vessel diameter, mm	2.67±0.50	2.66±0.53	2.67±0.47	0.923
	Pre MLD, mm <sup>2</sup>	0.64±0.40	0.66±0.37	0.63±0.43	0.436
	Pre percent diameter stenosis, %	77.0±14.8	75.8±14.3	78.1±15.2	0.174
	Post MLD, mm <sup>2</sup>	2.15±0.49	2.09±0.49	2.21±0.48	0.030
	Post percent diameter stenosis, %	23.0±13.5	25.0±13.4	21.2±13.3	0.014
	Acute gain	1.59±1.17	1.48±0.92	1.68±1.35	0.013

#### Table 3. Optical coherence tomography findings.

		Overall N=313	Neoatherosclerosis + N=147	Neoatherosclerosis – N=166	<i>p</i> -value
Minimum lumen area, mm	2	1.39±0.69	1.38±0.68	1.41±0.71	0.746
Stent area, mm <sup>2</sup>		6.34±2.01	6.48±2.24	6.22±1.81	0.305
Neointima area, mm²		4.85±2.02	4.96±2.18	4.77±1.89	0.491
Maximum neointima thickness, mm		1.03±0.31	1.06±0.33	1.01±0.29	0.185
Distal reference area, mm <sup>2</sup>		4.62±2.06	4.64±2.09	4.60±2.04	0.894
Proximal reference area, m	im <sup>2</sup>	6.65±2.67	7.07±3.03	6.22±2.18	0.013
Neointima characteristics	Neoatherosclerosis	147 (47.0)	147 (100.0)	-	
at lesion	Lipid neointima	137 (43.8)	137 (93.2)	-	
	Calcified neointima	35 (11.2)	35 (23.8)	-	
Neointima characteristics at MLA site	Neoatherosclerosis	96 (35.6)	96 (79.3)	0 (0.0)	
	Homogenous	68 (25.2)	8 (6.6)	60 (40.3)	<0.001
	Heterogenous	106 (39.3)	17 (14.0)	89 (59.7)	
Percentage of the frame with neoatherosclerosis, %		-	13.5 [7.5-27.6]	-	
Minimum FC thickness, µm		-	117.3±64.2	-	

#### PREDICTORS FOR NEOATHEROSCLEROSIS

In univariate logistic regression analysis, age, eGFR and the time from PCI to ISR were significantly associated with neoatherosclerosis (**Table 4**). Multivariate logistic regression analysis demonstrated that eGFR (OR 0.986, 95% CI: 0.974-0.998; p=0.023), the time from PCI to the ISR (OR 1.13, 95% CI: 1.06-1.22; p<0.001) and DES-ISR (OR 2.48, 95% CI: 1.18-5.43; p=0.019) were independent predictors for neoatherosclerosis (**Supplementary Table 1**).

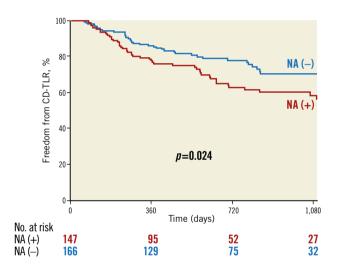
#### **CLINICAL OUTCOMES**

The mean follow-up period was  $828.4\pm417.3$  days. A Kaplan-Meier analysis demonstrated that the freedom from CD-TLR rate at three years was significantly lower in lesions with neoatherosclerosis than in those without (58.3% [95% CI: 49.2%-69.0%] vs 70.4% [95% CI: 62.5%-79.4%], p=0.024) (Figure 3). Multivariate

## Table 4. Multivariate analysis for predictors of CD-TLR in the entire cohort and DCB cohort.

Entire cohort	HR	95% CI	<i>p</i> -value		
Model 1	1.61	1.06-2.44	0.025		
Model 2	1.80	1.15-2.82	0.011		
Model 3	1.67	1.07-2.61	0.024		
Model 1: unadjusted. Model 2: adjusted for age, sex, smoking diabetes, eGFR, LDL cholesterol, type of previous stent, lesion length and final strategy. Model 3: Prentice, Williams and Peterson gap time (PWP-GT) model.         DCB cohort       HR       95% Cl <i>p</i> -value					
Model 1	2.11	1.17-3.79	0.012		
Model 2	2.22	1.19-4.16	0.013		
Model 3	1.99	1.04-3.81	0.037		
Model 1: unadjusted. Model 2: adjusted for age, sex, smoking, diabetes,					

eGFR, LDL cholesterol, lesion length and type of previous stent. Model 3: Prentice, Williams and Peterson gap time (PWP-GT) model.



**Figure 3.** Kaplan-Meier analysis. The freedom from CD-TLR rate at two years was significantly lower in lesions with neoatherosclerosis than in those without (62.9% [95% CI: 54.5-72.6%] vs 77.9% [95% CI: 71.3-85.1%], p=0.024).

analysis using the Cox proportional hazards model showed that neoatherosclerosis was an independent predictor of CD-TLR (HR 1.80, 95% CI: 1.15-2.82, p=0.011) (Table 4, Supplementary Table 2). There was no significant difference in the incidence of all-cause death, cardiac death, and target vessel myocardial infarction between patients with and without neoatherosclerosis (Supplementary Table 3).

Taking into account the effect of the treatment strategy on CD-TLR, we investigated the impact of neoatherosclerosis on the CD-TLR for each strategy. The freedom from CD-TLR rate at three years was significantly lower in the cases with neoatherosclerosis (62.0% [95% CI: 51.8-74.3%] vs 77.2% [95% CI: 67.9-87.8%],

p=0.011) (Figure 4) for the DCB cohort. It was lower in the cases with neoatherosclerosis for POBA (35.7% [95% CI: 20.0-63.6%] vs 65.0% [95% CI: 50.7-83.2%], p=0.040) (Figure 4), while there was no significant difference for DES (68.0% [95% CI: 38.0-100.0%] vs 62.6% [95% CI: 42.3-92.7%], p=0.300) (Figure 4). Similar to the entire cohort, in the DCB treatment group all multivariate models showed that neoatherosclerosis was an independent predictor of CD-TLR (HR 2.22, 95% CI: 1.19-4.16, p=0.013) (Table 4).

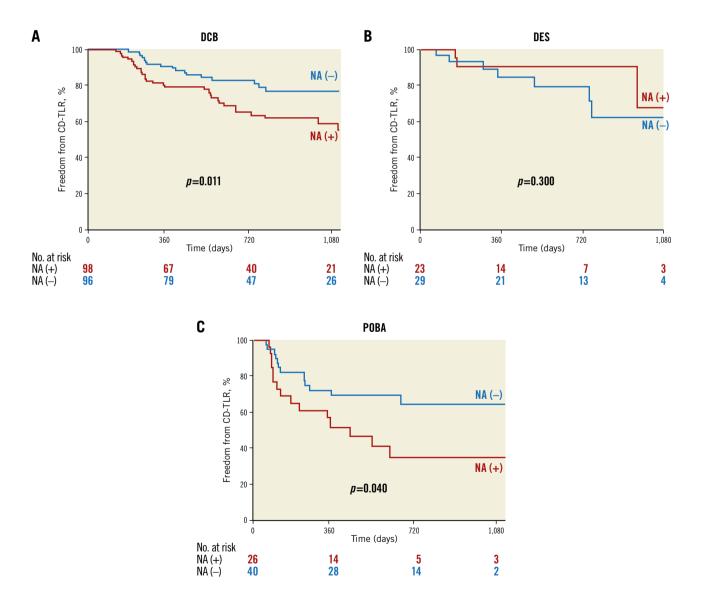
Among lesions with neoatherosclerosis, there was no significant difference in the freedom from CD-TLR rate between lesions with lipid neointima, calcified neointima and both lipid and calcified neointima (Supplementary Figure 1).

#### Discussion

This multicentre study had the largest population to date with ISR analysed by OCT. Its major findings were as follows: (1) the frequency of neoatherosclerosis was around 50% in ISR lesions; (2) multivariate logistic regression analysis demonstrated that eGFR, the time from PCI to the ISR and DES-ISR were independent predictors for neoatherosclerosis; and (3) neoatherosclerosis was an independent predictor of a CD-TLR both in the entire cohort and in the DCB treatment group.

#### FREQUENCY OF NEOATHEROSCLEROSIS

The evolution of DES, especially the introduction of newer-generation DES, has dramatically decreased the incidence of thrombotic



**Figure 4.** Kaplan-Meier curves for clinically driven target lesion revascularisation (CD-TLR) in each treatment. A) Freedom from CD-TLR at three years was significantly lower in lesions with neoatherosclerosis than in those without in the DCB treatment group. B) There was no significant difference for DES. C) The freedom from CD-TLR rate at three years was lower in cases with neoatherosclerosis for the POBA treatment group.

events due to improvements in drug concentration and polymer design, simultaneously with maintaining a low rate of restenosis. Nevertheless, late stent failure remains a concern even with the use of newer DES, since clinical trials have shown that there is an increase in the cumulative incidence of TLR over time in all generations of DES<sup>12</sup>. In fact, despite the better clinical outcomes with newer-generation durable polymer DES, a pathological study demonstrated that the frequency of neoatherosclerosis was similar between the newer- and first-generation DES<sup>4</sup>. Moreover, a pathological study showed that neoatherosclerosis was associated with ISR in both BMS and DES implantation<sup>13</sup>, and it has been consistently correlated with late thrombotic events post stent implantation<sup>13,14</sup>. Yonetsu et al assessed 179 stents (mean duration 26.9 months, DES 59%) and reported OCT-detected neoatherosclerosis (lipid-laden neointima and/or calcification within the neointima) in 84 lesions  $(47\%)^{15}$ . Moreover, the prevalence of neoatherosclerosis in first-generation DES with restenosis beyond three years was 78% (7 of 9 lesions) at autopsy<sup>16</sup>. These results were compatible with the results of the current study.

#### FACTORS ASSOCIATED WITH NEOATHEROSCLEROSIS

Multivariate logistic regression analysis demonstrated that eGFR, the time from PCI to the ISR and DES use were associated with neoatherosclerosis. Several OCT studies have shown that neoatherosclerosis occurs regardless of the type of stent and polymer and is more dependent on the vulnerable plaque under the stent<sup>5</sup>. One paper demonstrated that chronic kidney disease, a >70 mg/dL level of low-density cholesterol during the follow-up OCT, and the stent age were all independent predictors of neoatherosclerosis<sup>17</sup>. As possible mechanisms, previous studies have shown that oxidative stress and inflammation might mediate the observed high frequency of cardiovascular disease in patients with chronic kidney disease<sup>18</sup>. These mechanisms could also cause neoatherosclerotic changes in the stent.

In the present study, DES-ISR was associated more with neoatherosclerosis compared with BMS-ISR. This difference might be because of the difference in the mechanism of neoatherosclerosis between DES and BMS. In-stent neoatherosclerosis occurs in the years after stent implantation and more rapidly in DES when compared with BMS<sup>5</sup>. One histological paper demonstrated that accelerated neoatherosclerosis after DES implantation is probably a direct consequence of delayed vascular healing and inflammation caused by the antiproliferative drugs and polymers.

# IMPACT OF NEOATHEROSCLEROSIS ON CLINICAL OUTCOMES

Previous reports in relation to OCT in PCI have suggested that the ISR and TLR rates of lesions with a homogeneous structure were significantly higher in the POBA group than in the DCB and DES groups, whereas there were no differences in the ISR and TLR rates among the three groups in lesions with a heterogeneous structure<sup>19</sup>. There have been a few reports that have demonstrated the impact of neoatherosclerosis on clinical outcomes<sup>5,6</sup>. Kuroda et al demonstrated that neoatherosclerosis impacts on clinical outcome<sup>6</sup>. However, in that study, cases of neoatherosclerosis without ISR were enrolled and, moreover, PCI was not performed in any cases. The therapeutic strategy for ISR remains a challenge and there is no current consensus on how to treat ISR. However, finding an accurate diagnosis according to the characteristics of ISR is important for an appropriate therapy. The present findings might help to decide the strategy for ISR. Freedom from TLR after a DCB procedure was significantly lower in cases with neoatherosclerosis. Further improvement of DCB and DES is necessary for ISR treatment, especially for neoatherosclerosis.

## Limitations

First, this was a non-randomised observational study. Second, there were no serial OCT data at the time of stent implantation. Third, qualitative definitions of tissue structure and tissue back-scatter have some limitations. Tissue structure and backscatter are influenced by intima thickness and the position of the OCT catheter relative to the vessel wall. Fourth, there are no control data of OCT imaging without restenosis in the stent. Fifth, small-sized balloons which were used to predilate lesions might have affected the OCT analysis, though the incidence of cases with predilatation before OCT imaging was 22.0%. Sixth, this study included only patients with ISR undergoing OCT-guided PCI; therefore, there was possible selection bias.

## Conclusions

In the multicentre ISR registry, OCT imaging demonstrated that eGFR, the time from PCI to the ISR and DES-ISR were independent predictors for neoatherosclerosis and that neoatherosclerosis in ISR lesions had a worse impact on the CD-TLR rate.

## Impact on daily practice

Despite better clinical outcomes with newer-generation durable polymer DES, a pathological study demonstrated that the frequency of neoatherosclerosis was similar between the newer- and first-generation DES. In this multicentre ISR registry, a multivariate logistic regression analysis demonstrated that eGFR, the time from PCI to the ISR and DES-ISR were independent predictors for neoatherosclerosis and multivariate regression analysis demonstrated that neoatherosclerosis was an independent predictor of CD-TLR. We should take into account additional strategies such as laser atherectomy. Also, further improvement of DCB and DES is probably necessary for the treatment of ISR.

# Acknowledgements

The authors thank John Martin for his linguistic assistance with this manuscript.

# Conflict of interest statement

The authors have no conflicts of interest to declare.

#### References

1. Morice MC, Serruys PW, Sousa JE, Fajadet J, Ban Hayashi E, Perin M, Colombo A, Schuler G, Barragan P, Guagliumi G, Molnàr F, Falotico R; RAVEL Study Group. Randomized Study with the Sirolimus-Coated Bx Velocity Balloon-Expandable Stent in the Treatment of Patients with de Novo Native Coronary Artery Lesions. A randomized comparison of a sirolimus-eluting stent with a standard stent for coronary revascularization. *N Engl J Med.* 2002;346:1773-80.

2. Stone GW, Rizvi A, Newman W, Mastali K, Wang JC, Caputo R, Doostzadeh J, Cao S, Simonton CA, Sudhir K, Lansky AJ, Cutlip DE, Kereiakes DJ; SPIRIT IV Investigators. Everolimus-eluting versus paclitaxel-eluting stents in coronary artery disease. *N Engl J Med.* 2010;362:1663-74.

3. Song HG, Kang SJ, Ahn JM, Kim WJ, Lee JY, Park DW, Lee SW, Kim YH, Lee CW, Park SW, Park SJ. Intravascular ultrasound assessment of optimal stent area to prevent in-stent restenosis after zotarolimus-, everolimus-, and sirolimus-eluting stent implantation. *Catheter Cardiovasc Interv.* 2014;83:873-8.

4. Otsuka F, Byrne RA, Yahagi K, Mori H, Ladich E, Fowler DR, Kutys R, Xhepa E, Kastrati A, Virmani R, Joner M. Neoatherosclerosis: overview of histopathologic findings and implications for intravascular imaging assessment. *Eur Heart J.* 2015;36:2147-59. 5. Stettler R, Dijkstra J, Råber L, Torii R, Zhang YJ, Karanasos A, Lui S, Crake T, Hamshere S, Garcia-Garcia HM, Tenekecioglu E, Ozkor M, Windecker S, Serruys PW, Regar E, Mathur A, Bourantas CV. Neointima and neoatherosclerotic characteristics in bare metal and first- and second-generation drug-eluting stents in patients admitted with cardiovascular events attributed to stent failure: an optical coherence tomography study. *EuroIntervention*. 2018;13:e1831-40.

6. Kuroda M, Otake H, Shinke T, Takaya T, Nakagawa M, Osue T, Taniguchi Y, Iwasaki M, Nishio R, Kinutani H, Konishi A, Hirata KI. The impact of in-stent neoatherosclerosis on long-term clinical outcomes: an observational study from the Kobe University Hospital optical coherence tomography registry. *EuroIntervention.* 2016;12:e1366-74.

7. Nakamura D, Lee Y, Yoshimura T, Taniike M, Makino N, Kato H, Egami Y, Shutta R, Tanouchi J, Yamada Y, Hara M, Sakata Y, Hamasaki T, Nishino M. Different serial changes in the neointimal condition of sirolimus-eluting stents and paclitaxel-eluting stents: an optical coherence tomographic study. *EuroIntervention*. 2014;10:924-33.

8. Nakamura D, Attizzani GF, Toma C, Sheth T, Wang W, Soud M, Aoun R, Tummala R, Leygerman M, Fares A, Mehanna E, Nishino S, Fung A, Costa MA, Bezerra HG. Failure Mechanisms and Neoatherosclerosis Patterns in Very Late Drug-Eluting and Bare-Metal Stent Thrombosis. *Circ Cardiovasc Interv.* 2016;9:e003785.

9. Cutlip DE, Windecker S, Mehran R, Boam A, Cohen DJ, van Es GA, Steg PG, Morel MA, Mauri L, Vranckx P, McFadden E, Lansky A, Hamon M, Krucoff MW, Serruys PW; Academic Research Consortium. Clinical end points in coronary stent trials: a case for standardized definitions. *Circulation*. 2007;115:2344-51.

10. Borovac JA, D'Amario D, Vergallo R, Porto I, Bisignani A, Galli M, Annibali G, Montone RA, Leone AM, Niccoli G, Crea F. Neoatherosclerosis after drug-eluting stent implantation: a novel clinical and therapeutic challenge. *Eur Heart J Cardiovasc Pharmacother*. 2019;5:105-16.

11. Amorim LD, Cai J. Modelling recurrent events: a tutorial for analysis in epidemiology. *Int J Epidemiol.* 2015;44:324-33.

12. Natsuaki M, Morimoto T, Furukawa Y, Nakagawa Y, Kadota K, Yamaji K, Ando K, Shizuta S, Shiomi H, Tada T, Tazaki J, Kato Y, Hayano M, Abe M, Tamura T, Shirotani M, Miki S, Matsuda M, Takahashi M, Ishii K, Tanaka M, Aoyama T, Doi O, Hattori R, Kato M, Suwa S, Takizawa A, Takatsu Y, Shinoda E, Eizawa H, Takeda T, Lee JD, Inoko M, Ogawa H, Hamasaki S, Horie M, Nohara R, Kambara H, Fujiwara H, Mitsudo K, Nobuyoshi M, Kita T, Kimura T; CREDO-Kyoto PCI/CABG registry cohort-2 investigators. Late adverse events after implantation of sirolimus-eluting stent

and bare-metal stent: long-term (5–7 years) follow-up of the Coronary Revascularization Demonstrating Outcome study-Kyoto registry Cohort-2. *Circ Cardiovasc Interv.* 2014;7:168-79.

13. Brener SJ, Kereiakes DJ, Simonton CA, Rizvi A, Newman W, Mastali K, Wang JC, Caputo R, Smith RS Jr, Ying SW, Cutlip DE, Stone GW. Everolimus-eluting stents in patients undergoing percutaneous coronary intervention: final 3-year results of the Clinical Evaluation of the XIENCE V Everolimus Eluting Coronary Stent System in the Treatment of Subjects With de Novo Native Coronary Artery Lesions trial. *Am Heart J.* 2013;166:1035-42.

14. Nakazawa G, Otsuka F, Nakano M, Vorpahl M, Yazdani SK, Ladich E, Kolodgie FD, Finn AV, Virmani R. The pathology of neoatherosclerosis in human coronary implants bare-metal and drug-eluting stents. *J Am Coll Cardiol.* 2011;57:1314-22.

15. Yonetsu T, Kato K, Kim SJ, Xing L, Jia H, McNulty I, Lee H, Zhang S, Uemura S, Jang Y, Kang SJ, Park SJ, Lee S, Yu B, Kakuta T, Jang IK. Predictors for neoatherosclerosis: a retrospective observational study from the optical coherence tomography registry. *Circ Cardiovasc Imaging*. 2012;5:660-6.

16. Kang SJ, Mintz GS, Akasaka T, Park DW, Lee JY, Kim WJ, Lee SW, Kim YH, Whan Lee C, Park SW, Park SJ. Optical coherence tomographic analysis of in-stent neoatherosclerosis after drug-eluting stent implantation. *Circulation*. 2011;123: 2954-63.

17. Lee SY, Hur SH, Lee SG, Kim SW, Shin DH, Kim JS, Kim BK, Ko YG, Choi D, Jang Y, Hong MK. Optical coherence tomographic observation of in-stent neoatherosclerosis in lesions with more than 50% neointimal area stenosis after second-generation drug-eluting stent implantation. *Circ Cardiovasc Interv.* 2015;8:e001878.

18. Arici M, Walls J. End-stage renal disease, atherosclerosis, and cardiovascular mortality: is C-reactive protein the missing link? *Kidney Int.* 2001;59:407-14.

19. Tada T, Kadota K, Hosogi S, Miyake K, Ohya M, Amano H, Izawa Y, Kanazawa T, Kubo S, Ichinohe T, Hyoudou Y, Hayakawa Y, Sabbah MM, Otsuru S, Hasegawa D, Habara S, Tanaka H, Fuku Y, Katoh H, Goto T, Mitsudo K. Association between tissue characteristics assessed with optical coherence tomography and mid-term results after percutaneous coronary intervention for in-stent restenosis lesions: a comparison between balloon angioplasty, paclitaxel-coated balloon dilatation, and drug-eluting stent implantation. *Eur Heart J Cardiovasc Imaging*. 2015;16:1101-11.

## Supplementary data

Supplementary Appendix 1. Quantitative coronary analyses.

Supplementary Appendix 2. OCT image acquisition.

**Supplementary Figure 1.** Kaplan-Meier analysis of CD-TLR in the different patterns of neoatherosclerosis.

Supplementary Table 1. Predictors for neoatherosclerosis.

**Supplementary Table 2.** Multivariate analysis for the predictors of CD-TLR in the entire cohort.

Supplementary Table 3. Differences in clinical outcomes.

The supplementary data are published online at: https://eurointervention.pcronline.com/ doi/10.4244/EIJ-D-20-00539

