ORIGINAL ARTICLE

FABP1 expression in human tumors: a tissue microarray study on 17,071 tumors

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Abstract

Fatty acid–binding proteins (FABPs) play a pivotal role in the metabolism of fatty acids and are expressed in a tissue-specifc manner. FABP1 is most abundantly expressed in the liver where it accounts for about 10% of the total cytosolic protein and is thought to have diagnostic utility. To comprehensively determine FABP1 expression in normal and neoplastic tissues, a tissue microarray containing 17,071 samples from 150 diferent tumor types and subtypes as well as 608 samples of 76 different normal tissue types was analyzed by immunohistochemistry. Among normal tissues, a strong FABP1 immunostaining was observed in hepatocytes, proximal tubuli of the kidney and epithelium of small intestine, appendix, and the colorectum. FABP1 positivity was found in 24 of 150 tumor categories, including 17 tumor categories with at least 1 strongly positive case. The highest FABP1 positivity rates were seen in colorectal adenomas (86%), in colorectal adenocarcinomas (71.1%), and in hepatocellular carcinomas (65.3%), followed by mucinous carcinoma of the ovary (34.6%), cholangiocarcinoma (21.6%), and various adenocarcinomas from the digestive tract (10–23%). Eleven additional entities had positivity rates between 0.2 and 6.5%. FABP1 staining was not seen in 169 primary adenocarcinomas of the lung. In colorectal cancer, reduced FABP1 expression was linked to poor-grade, right-sided tumor location, microsatellite instability $(p < 0.0001$ each), and absence of BRAF V600E mutations ($p=0.001$), but unrelated to pT and pN status. FABP1 expression has considerably high tumor specifcity. As FABP1 expression was virtually absent in adenocarcinomas of the lung, FABP1 immunohistochemistry might be particularly helpful to assist in the identifcation of metastatic colorectal or gastrointestinal adenocarcinoma to the lung.

Keywords FABP1 · Tissue microarray · Immunohistochemistry · Diagnostic · Human cancer

Introduction

Fatty acid–binding proteins (FABPs) constitute a family of at least 9 proteins, which play a pivotal role in the metabolism of fatty acids and related molecules. All FABPs are expressed in a tissue-specifc manner, and their levels of expression are considered to be proportional to the rate of

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fatty acid metabolism [\[1](#page-15-0)[–4](#page-15-1)]. Fatty acid–binding protein 1, also termed liver FABP (L-FABP), is expressed from the FABP1 gene located at human chromosome 2p11.2 [[5\]](#page-15-2). The 14-kilodalton protein is most abundantly expressed in the liver where it accounts for about 10% of the total cytosolic protein [[6,](#page-15-3) [7](#page-15-4)]. FABP1 is involved in the binding, transport, and metabolism of long-chain fatty acids in the liver [\[6](#page-15-3), [7](#page-15-4)]. Unlike other members of the FABP family, the large hydrophobic binding pocket located in the FABP1 structure is capable of binding to a particularly broad spectrum of hydrophobic ligands and to simultaneously attach multiple ligands [[8\]](#page-15-5). FABP1 ligands include bilirubin, bile acids, or monoglycerides but also benzodiazepines, fbrates, β-blockers, and non-steroidal anti-infammatory drugs [[9](#page-15-6), [10\]](#page-15-7). FABP1 plays a signifcant role in preventing cytotoxicity/activity of these molecules [[9](#page-15-6)]. Several mutations of the FABP1 gene

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have been linked to specifc metabolic conditions including obesity, cardiovascular disease, and diabetes [[8,](#page-15-5) [11\]](#page-15-8).

Because of its high tissue specifcity, FABP1 expression analysis by immunohistochemistry might have diagnostic utility. Studies using FABP1 immunohistochemistry have so far described FABP1 positivity in 47–100% of hepatocellular carcinomas [[12,](#page-15-9) [13](#page-15-10)], 47.4–83.3% of various subtypes of lung cancer [\[14](#page-15-11)], 30–81.5% of colorectal carcinomas [[15,](#page-15-12) [16](#page-15-13)], 38.6% of gastric adenocarcinomas [[17\]](#page-15-14), 27–36.4% of various kidney cancer subtypes [[18\]](#page-15-15), and in 12.1% of pancreatic carcinomas [[19\]](#page-15-16). Many other tumor entities have so far not been systematically analyzed.

In order to comprehensively assess the potential diagnostic utility of FABP1 expression in cancer, a preexisting set of tissue microarrays containing more than 17,000 tumor tissue samples from 150 diferent tumor types and subtypes as well as 76 non-neoplastic tissue categories was analyzed by immunohistochemistry (IHC) in this study.

Material and methods

Tissue microarrays (TMAs)

The normal TMA was composed of 8 samples from 8 different donors for each of 76 diferent normal tissue types (608 samples on one slide). The cancer TMAs contained a total of 17,071 primary tumors from 150 tumor types and subtypes. Detailed histopathological data on tumor phenotype and molecular data on microsatellite instability, RAS mutations, and BRAF V600E mutations were available from the majority of 2351 colorectal adenocarcinomas. The composition of both normal and cancer TMAs is described in detail in the "[Results"](#page-1-0) section. All samples were from the archives of the Institute of Pathology, University Hospital of Hamburg, Germany; the Institute of Pathology, Clinical Center Osnabrück, Germany; and the Department of Pathology, Academic Hospital Fuerth, Germany. Tissues were fixed in 4% buffered formalin and then embedded in paraffin. The TMA manufacturing process was described earlier in detail [[20,](#page-15-17) [21\]](#page-15-18). In brief, one tissue spot (diameter: 0.6 mm) was transmitted from a cancer containing donor block in an empty recipient paraffin block. The use of archived remnants of diagnostic tissues for manufacturing of TMAs and their analysis for research purposes as well as patient data analysis has been approved by local laws (HmbKHG, §12) and by the local ethics committee (Ethics Commission Hamburg, WF-049/09). All work has been carried out in compliance with the Helsinki Declaration.

Immunohistochemistry (IHC)

Freshly prepared TMA sections were immunostained on one day in one experiment. Slides were deparaffinized with xylol, rehydrated through a graded alcohol series, and exposed to heat-induced antigen retrieval for 5 min in an autoclave at 121 °C in pH 7,8 Dako target Retrieval Solution™ (Agilent, CA, USA; #S2367). Endogenous peroxidase activity was blocked with Dako Peroxidase Blocking Solution™ (Agilent, CA, USA; #52,023) for 10 min. Primary antibody specifc against FABP1 protein (mouse monoclonal, MSVA-501 M, #3737-501 M, MS Validated Antibodies, Hamburg, Germany) was applied at 37 °C for 60 min at a dilution of 1:150. Bound antibody was visualized using the EnVision Kit™ (Agilent, CA, USA; #K5007) according to the manufacturer's directions. The sections were counterstained with haemalaun. For tumor tissues, the percentage of FABP1-positive tumor cells was estimated, and the staining intensity was semi-quantitatively recorded $(0, 1+, 2+, 3+)$. For statistical analyses, the staining results were categorized into four groups as described before [[22](#page-15-19)]: negative, no staining at all; weak staining, staining intensity of $1 + in \le 70\%$ or staining intensity of $2 + in \leq 30\%$ of tumor cells; moderate staining, staining intensity of $1 + in > 70\%$, or staining intensity of $2 + in > 30\%$ but in $\leq 70\%$ or staining intensity of $3 + in \leq 30\%$ of tumor cells; and strong staining, staining intensity of $2 + in > 70\%$ or staining intensity of $3 + in > 30\%$ of tumor cells. Examples of tumors with diferent scores are shown in Suppl. Figure 1.

Statistics

Statistical calculations were performed with JMP 14 software (SAS Institute Inc., NC, USA). Contingency tables and the chi^2 test were performed to search for associations between FABP1 immunostaining and tumor phenotype. A *p* value of \leq 0.05 was defined as significant. Cox proportional hazard regression analysis was performed to test the statistical independence of associations between pathological and molecular variables.

Results

FABP1 in normal tissues

A strong FABP1 immunostaining was observed in hepatocytes of the liver, in proximal tubular cells of the kidney, and in epithelial cells of the small intestine, appendix, and the colorectum. In the entire intestine, the staining was strongest in the surface epithelium and sometimes low or even inexistent in the crypt bases. In the stomach epithelium, FABP1 staining was usually absent. Focal positivity was seen, however, in case of intestinal metaplasia. In case of very strong staining of intestinal or liver cells, adjacent structures often also showed FABP1 immunostaining. This is considered a contamination artifact due to difusion of the antigen. Representative images of FABP1-positive normal tissues are shown in Fig. [1.](#page-2-0)

FABP1 in cancer

A positive FABP1 immunostaining was detectable in 1980 (14%) of the 14,597 analyzable tumors, including 470 (3.2%) with weak, 563 (3.9%) with moderate, and 947 (6.5%) with strong immunostaining. Overall, 24 (16%) of 150 tumor categories showed detectable FABP1 expression with 17 (11%) tumor categories including at least one case with strong positivity (Table [1](#page-3-0)). Representative images of FABP1-positive tumors are shown in Fig. [2](#page-10-0). By far the highest positivity rates were seen in colorectal adenomas (44–88%), in colorectal adenocarcinomas (71%), and in hepatocellular carcinomas (65%), followed by mucinous carcinoma of the ovary (35%), cholangiocarcinoma (22%), and various adenocarcinomas from the digestive tract (10–23%). Of note, none of our FABP1-positive cholangiocarcinomas qualifed for a diagnosis of combined HCC-cholangiocarcinoma as all of these tumors showed a predominantly smallglandular growth pattern and did not show any HepPar1 or arginase1 immunostaining (data not shown). Eleven further tumor entities had positivity rates between 0.2 and 6.5%. A graphical representation of a ranking order of tumor entities according to their rate of FABP1-positive and strongly positive cases is given in Fig. [3](#page-10-1). FABP1 expression was not found in any of 252 arrayed lung cancers, including 169 adenocarcinomas of the lung. FABP1 was also negative in all 85 pulmonary adenocarcinomas for which data were available from previous studies on CK20 [[23](#page-15-20)], villin [[24](#page-15-21)], and SATB2 [[25\]](#page-15-22). Evidence for a possible enteric/intestinal

Fig. 1 FABP1 immunostaining in normal tissues. The panels show a strong (3+) cytoplasmic FABP1 staining of hepatocytes in the liver (**A**), surface epithelium of the appendix (**B**), and the ileum (**C**) as well as in proximal tubular cells of the kidney (**D**). FABP1 expression can

be so strong in these tissues that considerable contamination artifacts occur in adjacent cells/tissues (**A**–**C**). FABP1 staining is lacking in the renal medulla (**E**) and in the stomach epithelium (**F**)

Table 1 FABP1 immunostaining in human tumors

diferentiation had been found in 20 (24%) of these tumors because of a positive staining for at least one of these intestinal markers (Supplementary Table 1). The relationship between FABP1 immunostaining and histopathological and molecular features of colorectal adenocarcinomas and hepatocellular carcinomas are shown in Table [2.](#page-11-0) In colorectal cancer, reduced FABP1 expression was strikingly linked to histologic grade, microsatellite instability (MSI), and tumor location in the right side of the colon $(p < 0.0001$ each), and absence of BRAF V600E mutations $(p=0.001)$ but was unrelated to pT and pN status or RAS mutation status. A multivariate analysis including MSI, pT, pN, and histologic grade showed that associations between these parameters and reduced FABP1 expression was driven by the histologic grade and stage ($p \le 0.05$; Supplementary Table 2). Within 84 MSI tumors, reduced FABP1 expression was weakly associated with L0 status $(p=0.0203)$ and tumor location in the right colon $(p=0.0023)$. Within 1067 MSS tumors, reduced FABP1 expression was weakly associated with right-sided tumor location $(p=0.0372)$. In hepatocellular carcinomas, reduced FABP1 expression was linked to advanced stage $(p=0.0002)$, presence of lymph node metastasis ($p = 0.0042$), and female gender ($p = 0.0002$).

Discussion

Considering the large scale of our study, emphasis was placed on the appropriate validation of our FABP1 immunohistochemistry assay. Based on recommendations of the International Working Group for Antibody Validation (IWGAV), we compared our FABP1 staining data with

Fig. 2 FABP1 immunostaining in cancer. The panels show a cytoplasmic FABP1 immunostaining of variable intensity in samples from hepatocellular carcinoma (**A**), cholangiocarcinoma (**B**), gastric adenocarcinoma (**C**), esophageal adenocarcinoma (**D**), colorectal adenocarcinoma (**E**), and an adenocarcinoma of the papilla of Vater (**F**).

In several samples, FABP1 expression is so high that contamination artifacts occur in adjacent cells/tissues. FABP1 staining is completely absent in samples from a ductal adenocarcinoma of the pancreas (**G**) and an adenocarcinoma of the lung (**H**)

Fig. 3 Ranking order of FABP1 immunostaining in tumors. Both the frequency of positive cases (blue dots) and the frequency of strongly positive cases (orange dots) are shown

Table 2 FABP1 immunostaining and tumor phenotype in colon cancers

expression data obtained by another independent method [\[26](#page-16-0)]. Normal tissue RNA expression data derived from three diferent publicly accessible databases [\[27](#page-16-1)[–30](#page-16-2)] were therefore compared with immunostaining results in 76 diferent normal tissue categories. This broad range of tissues is likely to contain most proteins that are normally expressed at relevant levels in cells of adult humans and should therefore enable the detection of most undesired cross-reactivities of tested antibodies. Specifcity of our assay was supported by the limitation of FABP1 immunostaining to kidney, liver, and the intestine. These are the only organs for which signifcant FABP1 RNA expression had been described.

Our data provide a comprehensive overview on the prevalence and intensity of FABP1 immunostaining across a large variety of human tumor entities. The fndings demonstrate that FABP1 expression occurs at highest frequency (65–80%) in hepatocellular carcinomas and colorectal adenocarcinomas, at lower frequency (35%) in mucinous carcinoma of the ovary and in other adenocarcinomas of the digestive tract (10–25%), and only rarely $(<5\%)$ in a limited number of other tumor types. These data not only expand the existing literature but also clarify existing fndings which in part are highly discordant with our data. A total of 15 previous studies have reported IHC fndings on FABP1 in 12 diferent tumor entities (results summarized in Fig. [4](#page-13-0)). While multiple studies describe FABP1 expression frequencies that are in the range of our fndings in hepatocellular carcinomas [\[31–](#page-16-3)[33](#page-16-4)], colorectal adenocarcinomas [\[16,](#page-15-13) [34\]](#page-16-5), pancreatic adenocarcinomas [[19\]](#page-15-16), and gastric adenocarcinoma [[17](#page-15-14)], we were unable to detect any FABP1-positive cases among

169 adenocarcinomas of the lung, 12 small cell carcinomas of the lung, and 157 chromophobe carcinomas of the kidney. For all these entities, others have described substantial fractions of FABP1-positive cases [\[14](#page-15-11), [18](#page-15-15)]. Absence of FABP1 expression in lung and kidney cancer is also supported by RNA expression studies summarized in the ICGC/TCGA databases [\(https://www.cancer.gov/about-nci/organization/](https://www.cancer.gov/about-nci/organization/ccg/research/structural-genomics/tcga) [ccg/research/structural-genomics/tcga\)](https://www.cancer.gov/about-nci/organization/ccg/research/structural-genomics/tcga) and The Human Protein Atlas [[30\]](#page-16-2).

Our comprehensive set of data on FABP1 immunostaining in tumors suggests a potential diagnostic utility of FABP1 immunohistochemistry in surgical pathology. While it is obvious from our data that a positive FABP1 immunostaining in a metastatic tissue of unknown origin would pinpoint towards the liver or the gastrointestinal tract as the most likely sites of cancer origin, the highest diagnostic utility may be derived from the constant absence of FABP1 immunostaining in 169 analyzed adenocarcinomas of the lung. As the lung is a common site of metastases, the distinction of primary lung adenocarcinoma from metastatic adenocarcinoma is a frequent diagnostic problem which has high therapeutic implications. A potential utility for this application is particularly supported by the absence of FABP1 staining in 20 pulmonary adenocarcinomas for which cytokeratin 20, SATB2, and/or villin positivity had suggested a possible intestinal/enteric diferentiation. A low likelihood of pulmonary adenocarcinomas to become FABP1 positive is also supported by the complete lack of FABP1 RNA expression in 510 pulmonary adenocarcinomas described in the TCGA Pan Cancer Atlas database [\(https://](https://www.cancer.gov/about-nci/organization/ccg/research/structural-genomics/tcga)

[www.cancer.gov/about-nci/organization/ccg/research/struc](https://www.cancer.gov/about-nci/organization/ccg/research/structural-genomics/tcga) [tural-genomics/tcga](https://www.cancer.gov/about-nci/organization/ccg/research/structural-genomics/tcga)). A positive FABP1 immunostaining in an adenocarcinoma in the lung may therefore be highly suggestive of an extra-pulmonary tumor origin and favor a metastasis derived from a colorectal cancer or another cancer of the gastrointestinal tract. However, considering that only 71% of our colorectal adenocarcinomas were FABP1 positive and the even lower frequency of FABP1 positivity in other gastrointestinal adenocarcinomas, a negative FABP1 staining cannot serve as evidence for a pulmonary origin of an adenocarcinoma in the lung. Moreover, in case of an adenocarcinoma in the pancreas, FABP1 positivity would argue in favor of a carcinoma derived from the ampulla of Vater (23% positive) and against a ductal adenocarcinoma (1.8% positive). Loss of FABP1 expression in a hepatic tumor has been described as a feature of hepatocellular adenoma [[35,](#page-16-6) [36](#page-16-7)]. However, our data show that 50–70% of advanced and metastatic hepatocellular carcinomas and up to 20% of lowstage and grade carcinomas may be FABP1 negative. These observations are in line with earlier reports [[31,](#page-16-3) [37,](#page-16-8) [38](#page-16-9)] suggesting that a lack of FABP1 staining should be interpreted with care to avoid misdiagnosing a well-differentiated hepatocellular carcinoma as hepatocellular adenoma.

It is of note that FABP1 expression in normal and neoplastic tissues is usually either high or absent. In immunohistochemical analysis, this often results in such an abundant staining reaction that bound antibody can also be seen in the vicinity of FABP1-expressing cells. Such a spill-over of FABP1 protein may either be caused by some physiologic intravital difusion of the highly abundant FABP1 protein or refect an ischemia-induced artifact caused by autolytic cell damage occurring between removal of the tissue from the patient and completed tissue fxation. Such "contamination artifacts" must be considered if metastatic tissue is seen in biopsies from the liver because they can lead to questionable staining or false positivity.

The successful analysis of more than 2000 colorectal adenocarcinomas enabled us to analyze the relationship between FABP1 expression, tumor phenotype, and molecular data in this tumor entity. That low FABP1 expression was strongly linked to high-grade, MSI, and right-sided tumor location but unrelated to pT and pN stage is consistent with the results of two earlier studies. In a study on 695 colorectal carcinomas, Wood et al. [[39](#page-16-10)] described a strong link of low FABP1 with MSI and high histologic grade but also failed to fnd signifcant associations with advanced stage or patient survival. Lawrie et al. [[15](#page-15-12)] analyzed 249 colorectal adenocarcinomas and found a relationship between low FABP1 and high grade but did not see associations with tumor stage. The mechanism causing low FABP1 expression in colorectal adenocarcinomas with MSI is unclear. Wood et al. [[39](#page-16-10)] suggested a possible role of PPAR γ and the interferon γ pathway. It also appears possible that one or several genes that are required for FABP1 expression are inactivated by accumulating mutations in MSI cancers. Silencing of FABP1 expression by specifc molecular events is not uncommon. In hepatocellular adenomas, efficient silencing of FABP1 can be caused by biallelic inactivation of hepatocyte nuclear factor 1α (HNF1A) which occurs in 35–40% of cases [[40](#page-16-11)]. That reduced FABP1 expression was driven by high grade—a feature that is commonly related to MSI and not by MSI in our multivariate analysis may suggest, however, that FABP1 expression loss is merely an indicator of poor diferentiation and may not have further biological meanings. With respect to molecular mechanisms for FABP1 inactivation, it is also remarkable that FABP1 expression is virtually absent in kidney cancers, although the protein is abundantly seen in the normal kidney.

In summary, our data show that FABP1 expression has high tumor specificity and preferentially occurs in hepatocellular carcinomas, colorectal carcinomas, mucinous ovarian cancer, and other gastrointestinal adenocarcinomas. As FABP1 expression is virtually absent in adenocarcinomas of the lung, FABP1 immunohistochemistry might be most helpful for its distinction from metastatic adenocarcinoma to the lung.

Supplementary Information The online version contains supplementary material available at<https://doi.org/10.1007/s00428-022-03394-5>.

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Author contribution DD, RS, GS, TK: contributed to conception, design, data collection, data analysis, and manuscript writing.

FB, NG, VR, ML, AML, EB, AHM, DH, PL, FJ, SM, TSC, CB, NCB, DD, TK: participated in pathology data analysis and data interpretation.

TK, AHM collection of samples.

- DD, TK: immunohistochemistry analysis.
- RS, ML, AO, CHM: data analysis.
- DD, RS, GS, TK: study supervision.
- All authors agreed to be accountable for the content of the work.

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Data availability All data generated or analyzed during this study are included in this published article. Raw data are available upon reasonable request.

Declarations

Ethical approval The usage of archived diagnostic left-over tissues for manufacturing of TMAs and their analysis for research purposes as well as patient data analysis has been approved by local laws (Hmb-KHG, §12,1) and by the local ethics committee (Ethics commission Hamburg, WF-049/09). All work has been carried out in compliance with the Helsinki Declaration.

Conflict of interest The FABP1 antibody clone MSVA-501 M was received from MS Validated Antibodies GmbH (owned by a family member of GS).

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