

Mechanisms of microRNA action in rectal cancer radiotherapy

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Abstract

Preoperative neoadjuvant chemoradiotherapy, combined with total mesorectal excision, has become the standard treatment for advanced localized rectal cancer (RC). However, the biological complexity and heterogeneity of tumors may contribute to cancer recurrence and metastasis in patients with radiotherapy-resistant RC. The identification of factors leading to radioresistance and markers of radiosensitivity is critical to identify responsive patients and improve radiotherapy outcomes. MicroRNAs (miRNAs) are small, endogenous, and noncoding RNAs that affect various cellular and molecular targets. miRNAs have been shown to play important roles in multiple biological processes associated with RC. In this review, we summarized the signaling pathways of miRNAs, including apoptosis, autophagy, the cell cycle, DNA damage repair, proliferation, and metastasis during radiotherapy in patients with RC. Also, we evaluated the potential role of miRNAs as radiotherapeutic biomarkers for RC.

Keywords: MicroRNAs; Rectal cancer; Radiotherapy; Mechanisms

Introduction

Colorectal cancer (CRC) is the third most common cancer and the second most common cause of cancer-related deaths globally, with >1.9 million new cases (10.0%) and 935,000 deaths (9.4%) reported in 2020.^[1] According to the NCCN Guidelines (2020), the rectum was defined as below the virtual line from the promontory of the sacrum to the upper margin of the symphysis, as determined by magnetic resonance imaging, rectal cancer (RC) accounts for approximately 39% of CRC cases.^[1,2] Although preoperative neoadjuvant chemoradiotherapy combined with total mesorectal excision has become the standard treatment for advanced localized RC,^[2] previous studies have indicated that only approximately 15% to 20% of patients with RC achieved a complete pathological regression, whereas the remainders have incomplete response or no response.^[3,4] Evidence from the previous studies suggests that radiotherapy resistance may be regulated through the mechanisms of apoptosis, autophagy, the cell cycle, and DNA damage repair.^[5-8] Therefore, it is of great importance to explore the mechanisms of radiotherapy resistance in RC, to understand the pathways of tumor cell survival inhibition in patients undergoing radiotherapy, and to develop new therapeutic strategies targeting these mechanisms.

MicroRNAs (miRNAs), a family of small non-coding RNAs, are approximately 22 nucleotides in length and they exert their effects by binding to complementary sequences on the 3'-untranslated regions (3'-UTRs) or the open reading frames of target genes. miRNAs regulate gene expression at the post-transcriptional level, leading to the degradation of target mRNAs or the inhibition of mRNA translation.^[9] In some cases, miRNAs interact with long noncoding RNAs to form a network that regulates tumorigenesis.^[10-12] It is believed that up to 30% of human genes are regulated by miRNAs. They play key roles in the regulation of biological processes, such as apoptosis, cell differentiation, development, and cell proliferation.^[13,14] miRNAs are secreted into bodily fluids with minimal degradation; they are highly stable during storage; and they are easy to quantify using quantitative polymerase chain reaction, microarray, bead array, or sequencing approaches.^[15,16]

Findings from many previous studies have indicated that miRNAs may be markers of the response to cancer treatment, which may facilitate the development of new strategies to overcome therapeutic resistance. Recent studies have shown that miRNAs may be involved in the regulation of radiotherapy sensitivity in RC. Zhang *et al*^[17] found that miR-124 increased the radiosensitivity of CRC cells by blocking the expression of paired related

Access this article online

Quick Response Code:



Website:
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DOI:
10.1097/CM9.0000000000002139

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Chinese Medical Journal 2022;135(17)

Received: 17-12-2021; Online: 08-08-2022 Edited by: Yuanyuan Ji

homeobox 1. The expression level of miR-15b has been shown to predict the degree of postoperative tumor degeneration and the sensitivity of CRC cells to chemotherapy/radiotherapy. Double cortin-like kinase 1 (DCLK1) is a direct target gene of miR-15b, and its expression level is negatively correlated with the prognosis of patients with RC.^[18] miR-149-3p sensitizes CRC cells to radiation by inhibiting WAP four-disulfide core protein 2 (WFDC2).^[19] Previous studies have revealed various possible mechanisms by which miRNAs are involved in the response to radiation. Here, we summarize the findings related to miRNAs involved in RC radiotherapy. We focus on miRNAs involved in regulating apoptosis, autophagy, DNA damage repair, the cell cycle, cell proliferation, and metastasis in response to ionizing radiation (IR). Furthermore, we provide an overview of the roles of miRNAs and their target genes in the resistance to RC radiotherapy, and we discuss the value of using miRNAs as biomarkers of radiosensitivity and the potential of miRNAs as targets of improved treatment strategies.

miRNAs Affect the Response to RC Radiotherapy by Regulating Apoptosis

Apoptosis refers to programmed cell death that is initiated after the damage to DNA or cellular organelles, such as the mitochondria and endoplasmic reticulum.^[20] Apoptosis usually occurs after the exposure of cells to stress conditions, such as oxidative stress, IR, chemotherapy drugs, hypoxia, or high temperature.^[21] It is modulated via different signaling pathways that affect extrinsic or intrinsic mediators of apoptosis. Previous studies have shown that apoptosis is an indicator of cell radiosensitivity and an important prognostic factor for radiotherapy outcomes.^[22,23] Moreover, miRNAs have been found to regulate apoptosis after IR. Here, we summarize the miRNAs involved in the regulation of apoptosis after IR [Table 1 and Figure 1].

The phosphatidylinositol 3-kinase/AKT (PI3K/AKT) pathway is known to regulate cell survival and increase radiation resistance.^[24,25] Previous studies have shown that phosphatase and tensin homolog deleted on chromosome 10 (PTEN), a natural inhibitor of PI3K, negatively regulates the PI3K/AKT pathway, resulting in apoptosis. There is evidence suggesting that miR-29a, miR-106b, and miR-222 decrease the radiosensitivity of RC by negatively regulating PTEN expression, to activate the PI3K/AKT signaling pathway.^[24,26,27] It has also been shown that an miR-221 antisense oligonucleotide enhances IR sensitivity by mediating the upregulation of PTEN.^[28] Furthermore, forkhead box O3 (FOXO3a), a member of the FOXO family, is a downstream effector of the PI3K/AKT pathway.^[29] Khoshinani *et al*^[27] showed that FOXO3a is involved in the regulation of the radiation resistance of RC as a direct target gene of miR-155. Moreover, Chen *et al*^[30] demonstrated that exosomal miR-590-3p derived from cancer-associated fibroblasts (CAFs) increases the radiation resistance of RC by positively regulating the chloride channel accessory 4-dependent PI3K/AKT signaling pathway *in vivo* and *in vitro*. Another study showed that, *in vitro*, the lncRNA, TTN antisense RNA 1, promotes the radiotherapy resistance of CRC cells by

negatively regulating miR-134-5p and increasing the expression levels of p21-activated kinase 3,^[31] which may be associated with the P21 and AKT/glycogen synthase kinase-3 β / β -catenin pathways.

Several miRNAs also affect apoptosis through other signaling pathways and participate in the regulation of the radiotherapy sensitivity of RC. Some members of the Bcl-2 protein family, such as Bad, Bid, and Bax, promote apoptosis, whereas others, such as Bcl-2, Bcl-x, and Bcl-w, prevent apoptosis.^[32] Yang *et al*^[7] reported that miR-100 promotes the X-ray-induced apoptosis of CCL-244 cells and regulates the expression of apoptosis-related proteins, including increasing the expression levels of the pro-apoptotic proteins, P53 and caspase-3, and decreasing the levels of the anti-apoptotic proteins, Bcl-2 and NF- κ B, further increasing the radiosensitivity of CCL-244 cells. The forced expression of miR-195 has been shown to induce apoptosis, upregulate Bax and γ -H2AX levels, inhibit the expression of Bcl-2, and increase the radiosensitivity of CRC cells by downregulating coactivator associated arginine methyltransferase 1 *in vivo* and *in vitro*.^[33] Data from the study reported by Shang *et al*^[34] implied that overexpression of miR-423-5p promotes radiation-induced apoptosis through downregulation of Bcl-XL, ultimately increasing the sensitivity of HCT116 and RKO cells to IR. The expression level of miR-630 in CRC cells is positively correlated with radiosensitivity and the induction of apoptosis.^[35] BCL2L2 and TP53 regulating kinase (TP53RK) have been identified as target genes of miR-630. BCL2L2, also known as Bcl-w, belongs to the Bcl-2 protein family. The kinase, TP53RK, inhibits apoptosis after mitotic stress. Zhang *et al*^[35] reported that cAMP-response element-binding protein/miR-630/BCL2L2 and TP53RK constitute a novel signaling cascade that modulates the radiosensitivity of CRC cell lines by inducing apoptosis.

Other studies have also reported findings related to the mechanism of apoptosis. CAF-derived exosomes upregulate the level of miR-93-5p and downregulate the level of forkhead box A1, the target gene of miR-93-5p, further inhibiting apoptosis and promoting the resistance of RC to radiation *in vivo* and *in vitro*.^[36] Ma *et al*^[37] found that the overexpression of miR-622 induces radiation resistance *in vitro*. During the radiation response, the retinoblastoma (Rb)-E2F1-P/CAF complex transcriptionally activates pro-apoptotic genes. Rb overexpression has also been shown to reverse radiation resistance induced by miR-622 *in vitro*.^[37] The results reported by Rana *et al*^[38] suggest that the activation of acid sphingolipids (sphingomyelin phosphodiesterase 1, SMPD1) and the production of ceramides are key processes in the regulation of apoptosis in response to cellular stress, including radiation. Low expression levels of miR-15a upregulate SMPD1 levels, inducing apoptosis and increasing radiosensitivity. Low expression levels of miR-95 have been shown to increase the radiosensitivity of LoVo cells and promote apoptosis, which may be related to the inhibition of forkhead box D1 protein activity.^[39] It has been noted that miR-122-5p significantly inhibits cell survival and increases radiotherapy sensitivity and apoptosis by silencing the apoptosis regulator, cell division cycle, and

Table 1: Mechanisms and targets of miRNAs involvement in radiotherapy of RC.

MiRNA	Up/Down	Mechanism	Target	Up/Down	Sensitivity/Resistance	Sample type	Reference
miR-15a	Down	Apoptosis	<i>SMPD1</i>	Up	Sensitivity	Cell lines	[38]
miR-29a	Up	Apoptosis	<i>PTEN</i>	Down	Resistance	Cell lines	[26]
miR-95	Down	Apoptosis	<i>FOXD1</i>	Down	Sensitivity	Cell lines, CDX	[39]
miR-134-5p	Down	Apoptosis	<i>PAK3</i>	Up	Resistance	Cell lines	[31]
miR-145	Down	Apoptosis	—	—	Resistance	Tissue, cell lines, PDX, CDX	[75,77]
miR-155	Up	Apoptosis	<i>FOXO3a</i>	Up	Resistance	Cell lines	[27]
miR-181a-p	Up	Apoptosis	<i>COS</i>	Down	Sensitivity	Cell lines	[11]
miR-205-3p	Up	Apoptosis	—	—	Sensitivity	Cell lines	[78]
miR-211-5p	Up	Apoptosis	<i>ErbB4</i>	Down	Sensitivity	Tissue, cell lines, CDX	[43]
miR-221	Down	Apoptosis	<i>PTEN</i>	Up	Sensitivity	Cell lines	[28]
miR-222	Up	Apoptosis	<i>PTEN</i>	Down	Resistance	Cell lines	[27]
miR-338-3p	Down	Apoptosis	—	—	Resistance	Cell lines	[79]
miR-369-3p	Down	Apoptosis	<i>DYRK1A</i>	Up	Sensitivity	Cell lines	[12]
miR-423-5P	Up	Apoptosis	<i>bcl-xL</i>	Down	Sensitivity	Tissue, cell lines	[34]
miR-630	Up	Apoptosis	<i>BCL2L2, TP53RK</i>	Up	Sensitivity	Cell lines	[35]
miR-888	Down	Apoptosis	—	—	Sensitivity	Tissue	[80]
miR-106b	Up	Apoptosis, cell cycle	<i>PTEN, P21</i>	Down	Resistance	Tissue, cell lines, CDX	[24]
miR-100	Up	Apoptosis, DNA damage	—	—	Sensitivity	Tissue, cell lines	[7]
miR-122-5p	Up	Apoptosis, DNA damage	<i>CCAR1</i>	Down	Sensitivity	Plasma, cell lines, C57BL/6 mouse	[40]
miR-124	Down	Apoptosis, DNA damage	<i>PRRX1</i>	Down	Sensitivity	Tissue, cell lines, CDX	[17]
miR-185	Up	Apoptosis, DNA damage	<i>IGF1R, IGF2</i>	Down	Sensitivity	Cell lines	[41]
miR-195	Down	Apoptosis, DNA damage	<i>CARM1</i>	Down	Sensitivity	Cell lines, CDX	[33]
miR-590-3p	Up	Apoptosis, DNA damage	<i>CLCA4</i>	Down	Resistance	Tissue, cell lines, CDX	[30]
miR-622	Up	Apoptosis, DNA damage	<i>Rb</i>	Down	Resistance	Tissue, cell lines	[37]
miR-1	Up	Apoptosis, migration, invasion	—	—	Sensitivity	Tissue, cell lines	[73]
miR-101-3p	Up	Apoptosis, migration, invasion	—	—	Sensitivity	Cell lines	[10]
miR-93-5p	Up	Apoptosis, proliferation	<i>FOXA1</i>	Down	Resistance	Tissue, cell lines, CDX	[36]
miR-770-5p	Up	Apoptosis, proliferation	<i>PBK</i>	Down	Sensitivity	Cell lines, CDX	[44]
miR-296-5p	Up	Apoptosis, proliferation, cell cycle	<i>IGF1R</i>	Down	Sensitivity	Tissue, cell lines, CDX	[42]
miR-18a	Up	Autophagy	<i>ATM</i>	Up	Sensitivity	Cell lines	[48]
miR-93	Up	Autophagy	<i>ATG12</i>	Down	Sensitivity	Tissue, cell lines, CDX, plasma	[52]
miR-129-5p	Up	Autophagy	<i>beclin-1</i>	Down	Sensitivity	Cell lines, CDX	[50]
miR-183-5p	Down	Autophagy	<i>ATG5</i>	Up	Sensitivity	Tissue, cell lines, CDX	[51]
miR-210	Down	Autophagy	<i>Bcl-2</i>	Down	Sensitivity	Cell lines	[55]
miR-31	Up	Autophagy, apoptosis	—	—	Sensitivity	Tissue, cell lines	[49]
miR-214	Up	Autophagy, apoptosis	<i>ATG12</i>	Down	Sensitivity	Tissue, cell lines, CDX, plasma	[5]
let-7e	Up	Cell cycle, apoptosis	<i>IGF-1R</i>	Down	Sensitivity	Cell lines	[58]
miR-31	Up	DNA damage	<i>STK40</i>	Down	Sensitivity	Tissue, cell lines	[66]
miR-31-5p	Down	DNA damage	<i>bMLH1</i>	Up	Resistance	Cell lines, (Cre; Apc) mouse	[68]
miR-130a	Up	DNA damage, invasion	<i>SOX4</i>	Down	Sensitivity	Cell lines, CDX	[64]
miR-15b	Up	Migration, invasion, proliferation	<i>DCLK1</i>	Down	Sensitivity	Tissue, cell lines, CDX	[18]
miR-32-5p	Down	Migration, invasion	<i>TOB1</i>	Down	Sensitivity	Tissue, cell lines	[74]
miR-140-5p	Up	Proliferation	—	—	Sensitivity	Plasma, cell lines	[70]
miR-451a-5p	Up	Proliferation	<i>CAB39, EMSY</i>	Down	Sensitivity	Tissue, cell lines	[69]
miR-506-3p	Up	Proliferation	—	—	Sensitivity	Plasma, cell lines	[70]
miR-149-3p	Up	—	<i>WFDC2</i>	Down	Sensitivity	Tissue, cell lines, CDX	[19]

CDX: Cell line derived xenograft; DNA: deoxyribonucleic acid; PDX: Patient-derived xenograft; miRNAs: MicroRNAs; RC: Rectal cancer; -: Not applicable.

Relationship Between miRNAs, Autophagy, and Radiotherapy in RC

Autophagy is a highly conserved critical regulatory process in which cells degrade aging proteins and damaged organelles through lysosomes, resulting in the circulation of cellular material and the maintenance of homeostasis.^[45] The formation of autophagosomes is regulated by autophagy-related genes (ATGs), such as ATG12, ATG5, and microtubule-associated protein light chain 3 (LC3). ATG12 and ATG5 a conjugated complex that plays an important role in autophagosome expansion.^[46] Various stimuli, such as starvation, hypoxia, DNA damage, and IR, may activate autophagy. Previous studies have demonstrated that autophagy is tightly linked to various cellular functions and that dysfunctional autophagy leads to various diseases, including cancer.^[47] In recent years, there have been many investigations of the mechanism whereby autophagy affects the radiosensitivity of cancer cells [Table 1 and Figure 2].

Heterotopic overexpression of miR-18a in HCT116 cells enhances IR-induced autophagy.^[48] In addition, evidence suggests that miR-18a overexpression results in upregulation of the expression of the autophagy activator, ataxia telangiectasia mutated, and the inhibition of the mammalian target of rapamycin compound 1 activity. Yang *et al*^[49] found that the treatment of CAFs with an miR-31 mimic inhibited the expression of ATGs Beclin-1, ATG, DRAM, and LC3, thus increasing the radiosensitivity of CRC cells co-cultured with CAFs. Xu *et al*^[50] indicated that the overexpression of miR-129-5p inhibits Beclin-1, a key autophagy-related gene, and inhibits autophagy. However, the overexpression of Beclin-1 eliminates the effect of miR-129-5p. These results suggest that miR-129-5p significantly enhances the radiosensitivity of CRC cells by inhibiting Beclin-1-mediated autophagy. Zheng *et al*^[51] reported that the upregulation of miR-183-5p expression levels and the downregulation of ATG5 expression levels are associated with the poor prognosis of patients with RC. *In vitro* and *in vivo* experiments have also shown that miR-183-5p knockdown increases the radiosensitivity of CRC cells by directly targeting ATG5. Liu *et al*^[52] reported that the overexpression of miR-93 inhibits IR-induced autophagy and enhances the radiosensitivity of RC by downregulating its target gene, ATG12. miR-214 has also been found to significantly increase the radiosensitivity of CRC by targeting ATG12, to inhibit autophagy and induce apoptosis.^[5] Furthermore, the combination of Bcl-2 and Beclin-1 may prevent the inappropriate activation of autophagy, while the disruption of this interaction may induce autophagy.^[53,54] Autophagy has been shown to contribute to the decrease in radiosensitivity in hypoxic environments. This finding suggests that, under hypoxic conditions, hypoxia-inducible factor-1a induces miR-210 to downregulate the expression of Bcl-2 in CRC cells, thereby increasing autophagy and reducing radiosensitivity.^[55]

miRNAs are Involved in the Radiotherapy of RC by Regulating the Cell Cycle

In normal cells, IR delays entry into the G1, S, and G2 phases of the cell cycle to allow DNA repair and prevent

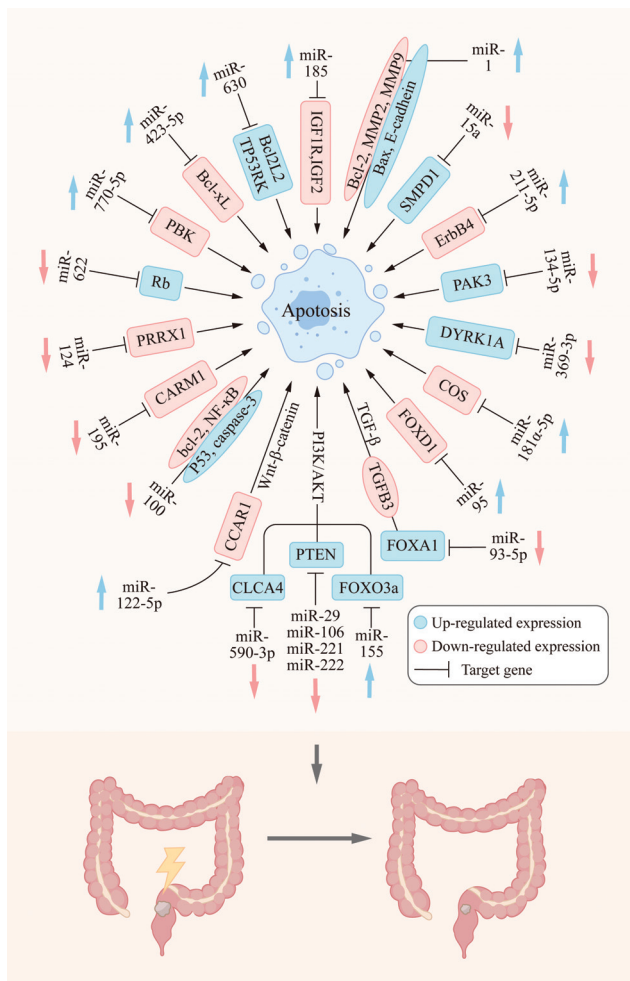


Figure 1: miRNAs regulate apoptosis through the corresponding target genes and affect the radiation sensitivity of RC. miRNAs: MicroRNAs; RC: Rectal cancer.

apoptosis regulator 1.^[40] Antisense noncoding RNA in the INK4 locus negatively regulates radiosensitivity induced by chitoooligosaccharides in CRC cells by sponging miR-181a-5p.^[11] miR-185 and miR-296-5p trigger apoptosis through the downstream IGF1R signaling pathway and enhance the radiosensitivity of CRC cells.^[41,42] Li *et al*^[43] found that eosinophil granule ontogeny transcript (EGOT) expression levels are upregulated in RC tissues and cells, and that its level of expression is related to the pathological stage. The downregulation of EGOT may inhibit the growth of Colo320 cells by regulating the miR-211-5p/receptor tyrosine-protein kinase erbB-4 axis, inducing the apoptosis of cancer cells, and enhancing the effects of radiotherapy for RC *in vivo* and *in vitro*.^[45] Apoptosis induced by miR-214 significantly increases the radiosensitivity of CRC cells.^[5] When miR-369-3p expression is downregulated, the downstream target gene, dual-specificity tyrosine-phosphorylation-regulation kinase 1A, is upregulated, promoting apoptosis and increasing the radiosensitivity of CRC cells.^[12] When miR-770-5p is overexpressed, the apoptosis of MCF7 and A549 cells increases, leading to a decrease in the relative cell number. Moreover, miR-770-5p has been shown to negatively regulate PDZ-bound kinase, increasing apoptosis and the sensitivity of tumors to radiation.^[44]

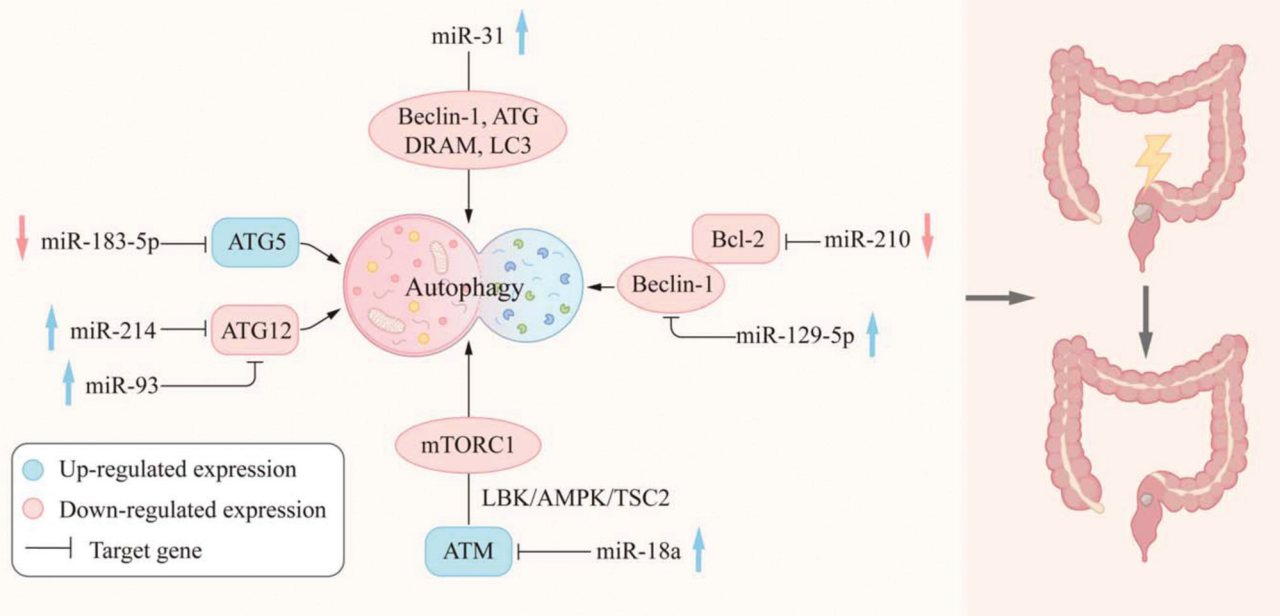


Figure 2: miRNAs regulate autophagy through the corresponding target genes and affect the radiation sensitivity of RC. miRNAs: MicroRNAs; RC: Rectal cancer.

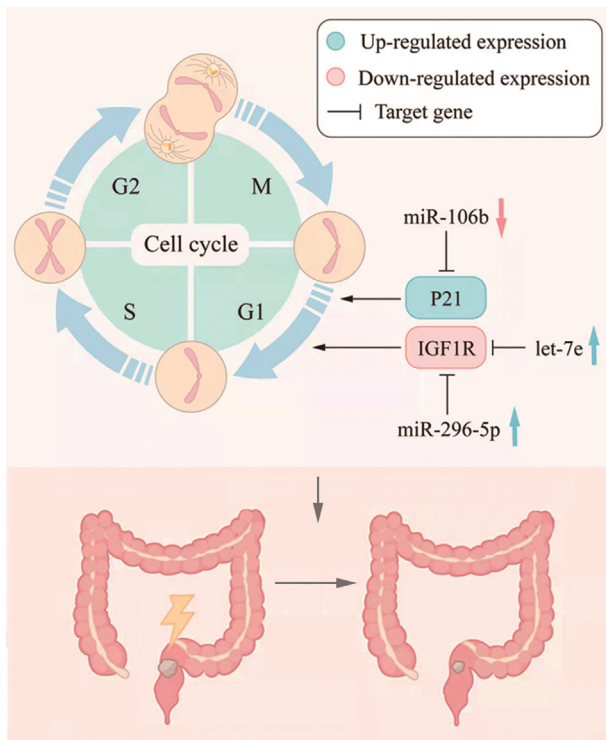


Figure 3: miRNAs regulate cell cycle through the corresponding target genes and affect the radiation sensitivity of RC. miRNAs: MicroRNAs; RC: Rectal cancer.

the accumulation of harmful genomic damage. The phosphorylation of P53 by ATM induces the expression and phosphorylation of the cyclin-dependent kinase inhibitor, P21. This leads to the inhibition of CDK4/6-cyclin D and CDK1-cyclin B, causing the cell cycle to arrest at G1 and G2, respectively.^[56] In addition, ATM- and ATR-activated signal transducers, CHK1 and CHK2,

promote the degradation of CDC25, leading to the inhibition of CDK2-cyclin E and CDK1-cyclin B, thereby promoting cell cycle arrest at G1 and G2, respectively.^[57] The efficient induction of cell cycle arrest promotes radiosensitivity, suggesting that cell cycle progression after IR contributes to the radiation resistance of tumors.^[6] Several miRNAs have been shown to play a role in cell cycle regulation after IR in CRC [Table 1 and Figure 3].

The let-7 miRNA family of tumor suppressors is down-regulated in different types of human malignancies, including CRC. It has been shown that increasing let-7e levels reduces IGF-1R protein levels and inhibits the downstream signaling pathway, resulting in cell cycle arrest at G1, and significantly reducing CRC cell proliferation, survival, and radiation resistance.^[58] In addition, miR-296-5p overexpression inhibits cell proliferation and cell cycle progression and promotes apoptosis and radiosensitivity by down-regulating insulin-like growth factor I receptor (IGF1R).^[42] Zheng *et al*^[24] showed that the overexpression of miR-106b decreased the expression levels of the direct targets of *PTEN* and *P21*. Meanwhile, the restoration of *PTEN* or *P21* expression in cells stably overexpressing miR-106b reestablishes the effect of miR-106b on CRC cell radioresistance. These findings indicate that miR-106b mediates G1 growth arrest and cellular senescence by targeting *P21*.^[24] In addition, this process is accompanied by enhanced tumor promotion, suggesting that miR-106b may be related to the resistance of RC to radiation therapy.

Relationship Between miRNAs, DNA Damage Repair, and Radiotherapy in RC

DNA double-strand breaks (DSBs) are the most deleterious type of DNA damage as they may initiate genomic

instability, ultimately leading to cancer.^[59] Two pathways are specifically dedicated to the repair of DSBs: nonhomologous end-joining (NHEJ) and homologous recombination (HR) repair.^[60,61] The repression of these efficient repair systems permits the accumulation of DNA damage in rapidly dividing cells (such as cancer cells), thus inducing apoptosis. This mechanism plays an important role in the radiotherapy of RC. Recently, the role of miRNAs in DNA damage repair has been recognized,^[62] suggesting that miRNAs control the DNA damage response by interacting with DNA repair genes. Here, we summarize the miRNAs involved in DNA damage repair following IR [Table 1 and Figure 4].

There is evidence that changes in miRNA-binding sites in the 3'-UTR of base-resected repair genes may modulate the prognosis and treatment response in patients with RC, due to effects on DNA damage repair.^[63] Overexpression of miR-130a has been shown to inhibit the repair of cells after radiation-induced DNA damage.^[64] Moreover, there is evidence that SRY-Box transcription factor 4, which is a direct target of miR-130a, increases the activation of ATM signals by increasing the expression level of NBS1 and promoting the interaction between NBS1 and p-ATM, thereby mediating DNA damage repair.^[64] In a study of the relationship between miR-100 and radiotherapy for RC, miR-100 was found to be involved in radiation-induced apoptosis and to modulate the sensitization of CCL-244 cells to radiation by enhancing radiation-induced DNA

damage repair.^[7] miR-122-5p overexpression or CCAR1 silencing, combined with IR, significantly reduces the levels of p-CHK2 and enhances radiosensitivity, indicating that CHK2 is an important regulatory kinase in the DNA damage response.^[40,65] Zhang *et al*^[66] reported that miR-31 suppresses NF-κB signaling pathways by targeting serine/threonine kinase 40, thereby improving RC radiotherapy sensitivity. Moreover, it is possible to improve sensitivity to radiation by promoting DNA damage after radiotherapy. miR-185 regulates radiation-induced HR and NHEJ by targeting *IGF1R* and *IGF2* genes.^[41] CAF-derived exosomal miR-590-3p induces radiotherapy resistance in RC through the CLCA4/PI3K/AKT axis, thereby inhibiting the DNA damage response.^[30] Overexpression of miR-124 and miR-195, combined with radiotherapy, increases the levels of phosphorylated γ-H2AX.^[33,67] miR-31-5p inhibitors may modulate radiosensitivity through IR-induced DNA damage repair.^[68]

Relationship Between miRNAs, Other Mechanisms, and Radiotherapy in RC

Unrestricted proliferation is the basis of cancer development. In addition, the invasion and metastasis of tumor cells are the major causes of RC-related deaths. Many studies have shown that miRNAs play important roles in pathways affecting tumor cell proliferation, invasion, and metastasis, thus influencing the efficacy of radiotherapy.

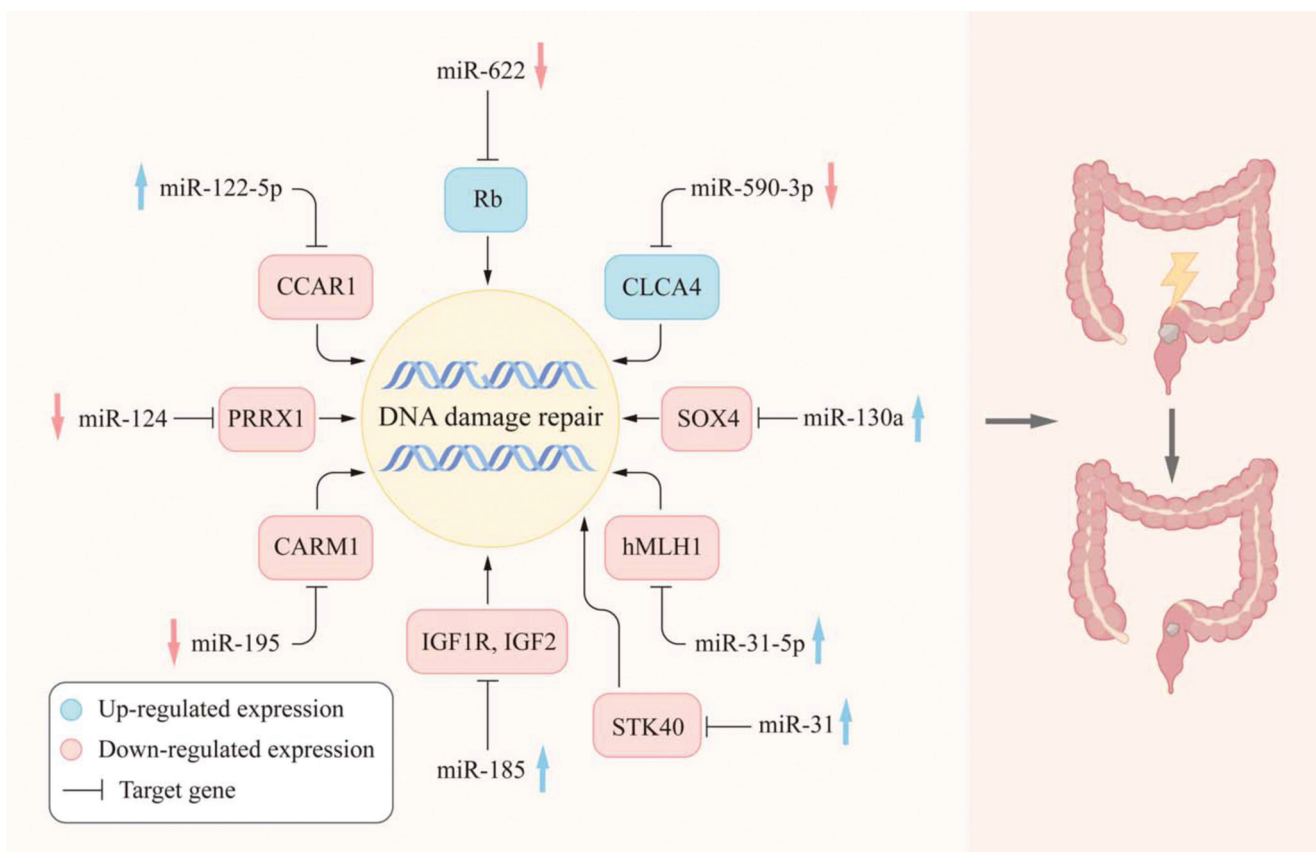


Figure 4: miRNAs regulate DNA damage repair through the corresponding target genes and affect the radiation sensitivity of RC. IGF: Insulin-like growth factor; miRNAs: MicroRNAs; RC: Rectal cancer.

Ruhl *et al*^[69] found higher expression levels of miR-451a and lower levels of calcium-binding protein 39 (CAB39) and EMSY transcriptional repressor, BRCA2 interacting (EMSY) in patients who responded to radiotherapy, compared with patients who did not respond to radiotherapy. Further exploration revealed that miR-451a was induced by radiation, and it may affect the proliferation of RC through the CAB39 and EMSY pathways. A series of studies have shown that overexpression of let-7e, miR-93-5p, miR-140-5p, miR-296-5p, miR-506-3p, and miR-770-5p significantly reduces the proliferation of CRC cells after radiotherapy and improves radiotherapy sensitivity.^[36,42,44,58,70] Recent studies have suggested that miR-1 may play an important role in RC. The downregulation of miR-1 and metastasis-associated in colon cancer-1 increases MET expression levels and promotes RC metastasis.^[71] Furukawa *et al*^[72] found that the miR-1-notch receptor 3-Asef pathway plays an important role in CRC cell migration. Another study reported that miR-1 mimics promote the expression of Bax and E-cadherin and decreased the expression levels of Bcl-2, MMP2, and MMP9, significantly inhibiting the invasion and migration of CRC cells in conjunction with radiotherapy.^[73] miR-1 is thought to increase the radiosensitivity of CRC cells by inducing apoptosis and synergistically inhibiting invasive phenotypes. Ji *et al*^[18] showed that overexpression of miR-15b inhibits the proliferation, invasion, and metastasis of CRC cells. Liang *et al*^[74] reported that miR-32-5p may be a prognostic tool and therapeutic target for RC. miR-32-5p was found to directly decrease the levels of transducer of ERBB2,1 mRNA by binding to its 3'-UTR, thus sensitizing RC to the effects of radiotherapy and inhibiting metastasis.

Conclusions

With the development of biotechnologies, such as high-throughput sequencing, bioinformatics analysis, genome modification, and mouse models of disease, functional studies can provide new insights into the anticancer activity of miRNAs. By identifying downstream targets, many studies have shown that miRNAs regulate various signaling pathways (such as PI3K/AKT and Wnt/ β -catenin) that play roles in a series of various processes, such as RC proliferation, metastasis, autophagy, and apoptosis, and affect the efficacy of radiotherapy for RC. Moreover, miRNAs are often involved in multiple mechanisms to regulate the activity of cancer cells, thus inducing radiotherapy sensitivity or resistance. These studies provide a new theoretical basis for the study of radiosensitivity and the identification of effective biomarkers and promising therapeutic targets for RC. However, many challenges remain, and the targets and downstream pathways of some miRNAs are still being explored.^[75,76] In addition, most studies in this field are still at the basic stage, with little progress in *in-vivo* studies and translational direction. Moreover, most studies have been limited to specific tumor types or treatment modalities. Future studies should focus on exploring these questions. First, for related miRNAs, there is a need to further understand and evaluate genomic and functional approaches for basic and translational research, to help select appropriate and specific targets from a large number

of candidates. More importantly, for suitable candidate genes that have been identified and stable delivery vectors that have been developed, there should be a greater focus on clinical studies to assess patients' responses to miRNA-related therapies. This will improve our understanding of the long-term effects and adverse reactions associated with these therapies and help us to achieve translational results in cancer research.

Funding

This study was supported by the Basic Research for Application of Sichuan Province, China (No. 2020YJ0066), the Key Research and Development Projects of Sichuan Province, China (No. 2020YFS0430), and the Key Research and Development Projects of Sichuan Province, China (No. 2018SZ0136).

Conflicts of interest

The authors declare no competing financial interests.

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How to cite this article: Zhu L, Wang M, Chen N, Zhang Y, Xu T, Zhuang W, Xiao S, Dai L. Mechanisms of microRNA action in rectal cancer radiotherapy. *Chin Med J* 2022;135:2017–2025. doi: 10.1097/CM9.0000000000002139