REVIEW ARTICLE

Current Developments in the Preclinical and Clinical use of Natural Killer T cells

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Abstract

Natural killer T (NKT) cells play a pivotal role as a bridge between the innate and the adaptive immune response and are instrumental in the regulation of homeostasis. In this review, we discuss the potential for NKT cells to serve as biodrugs in viral infections and in cancer. NKT cells are being investigated for their use as a prognostic biomarker, an immune adjuvant, and as a form of cellular therapy. Historically, the clinical utility of NKT cells was hampered by their low frequency in the blood, discrepancies in nomenclature, and challenges with ex vivo expansion. However, recent advances in the feld have permitted the development of several NKT cell-based preclinical and clinical strategies. These new developments pave the way for the successful implementation of NKT cell-based approaches for the treatment of human disease.

Key Points

NKT cells can directly mediate lysis of infected and cancer cells, as well as induce other efector cells through their expeditious release of cytokines.

Adoptive transfer of NKT cells into cancer patients holds promise as NKT cells can target these cells and mediate protection.

Current immunotherapeutic strategies using chimeric antigen receptors, bispecifc T cell engagers, and tumor vaccines are being developed to harness the potential of NKT cells.

1 Natural Killer T (NKT) Cells

Natural killer T (NKT) cells are an innate-like population of CD1d-restricted T lymphocytes that are characterized by rapid cytokine production following activation [[1–](#page-10-0)[4](#page-10-1)]. NKT

 \boxtimes Tonya J. Webb twebb@som.umaryland.edu cells express cell surface markers that are characteristic of NK cells (CD56, CD161) and T cells, such as a T-cell receptor (TCR). In addition to their expeditious release of cytokines, after activation NKT cells also upregulate the expression of cell death-inducing molecules, such as perforin, granzymes, and FAS ligand, which allows them to kill cancerous and infected cells [[5](#page-10-2), [6](#page-10-3)].

CD1d-restricted NKT cells can be further characterized based on their TCR expression. Type I invariant NKT (iNKT) cells express a specific TCR α chain, V α 14J α 18 in mice and $V\alpha$ 24J α 18 in humans, in combination with specific TCRβ chains (Vβ8.2, 7 or 2 in mice, Vβ11 in humans) $[7-10]$ $[7-10]$ $[7-10]$. Type I iNKT cells are also noted by their ability to be activated by the glycolipid, α -galactocylceramide (α -GalCer) [[11–](#page-10-6)[13\]](#page-10-7), presented in the context of CD1d. Type I NKT cells are less frequent in humans than in mice, and make up $0.1-1\%$ of circulating T cells in the blood [\[14](#page-10-8)]. In contrast, type II NKT cells express diverse TCRs, are CD1drestricted, but are unresponsive to α -GalCer [\[15](#page-10-9)]. They have been investigated experimentally using type II NKT cell TCR–CD1d-antigen complexes CD1d-tetramers loaded with other lipid antigens, specifcally phospholipids, sphingolipids, and glycerolipids [[16,](#page-10-10) [17](#page-10-11)]. The diversity in the TCR repertoire can make it difficult to thoroughly characterize this population in humans and can lead to some ambiguity when investigating CD1d-specifc NKT cells and other NKT-like subpopulations. For example, many human studies investigate CD56+CD3+ NKT-like cells, but this a heterogeneous mixture of T cells that includes mucosal-associated invariant

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T (MAIT), γδ T cells, activated CD8+ T cells, as well as CD1d-restricted type I and type II NKT cells [[18\]](#page-10-12). Type II NKT cells are thought to be present in higher numbers in humans, compared to type I NKT cells, and gaining a better understanding of their regulation is critical. Fortunately, recent studies from several groups have made signifcant progress in this area [[19,](#page-10-13) [20](#page-10-14)].

Similar to classic T-cell subsets, NKT cells develop in the thymus, but they diverge when they reach the double positive stage [[21\]](#page-10-15). In fact, iNKT cell development has been well characterized [[22\]](#page-10-16). Instead of being selected on thymic epithelial cells, they are selected by other double positive thymocytes [[23\]](#page-10-17). This selection event is dependent on engagement between the TCR and CD1d as well as homotypic interactions between the signaling lymphocytic activation molecule (SLAM) family of receptors, which initiate the NKT cell developmental program by upregulating the early growth response 2 (Egr2) and promyelocytic leukemia zinc fnger (PLZF) transcription factors [\[24](#page-10-18)[–28](#page-11-0)]. iNKT cells can be divided into subsets similar to CD4 T-helper (Th) subsets. NKT1 cells express the transcription factor T-box expressed in T cells (T-bet) and primarily secrete gamma interferon (IFN- γ); NKT2 cells express high levels of GATA binding protein 3 (GATA3) and PLZF and secrete Th2-type cytokines, such as IL-4 and IL-13. NKT17 express intermediate levels of PLZF, are RAR-related orphan nuclear receptor (ROR)γt+ and secrete IL-17 [[29](#page-11-1)[–31\]](#page-11-2). Despite efector diferentiation occurring during thymic development, signifcant plasticity in cytokine production has been demonstrated after stimulation [[32\]](#page-11-3). Other NKT cell subsets have been described, such as IL-9 producing NKT cells at mucosal surfaces, B-cell lymphoma 6 (BCL6) expressing NKT_{FH} (follicular helper) cells that produce IL-21, and NKT10 cells, which express the transcription factor Nuclear Factor, Interleukin 3 Regulated (Nfl3/E4BP4), rather than PLZF, and produce IL-10 [\[33](#page-11-4)[–36\]](#page-11-5). Notably, iNKT cell subsets can regulate other lymphocyte subpopulations developing around them [[37](#page-11-6)].

In contrast to classic T-cell subsets, the majority of iNKT cells are tissue resident and do not circulate [\[38](#page-11-7)[–40](#page-11-8)]. iNKT cells express non-lymphoid tissue homing chemokine receptors such as CCR2, CCR5, and CXCR3. NKT cells have diferent modes of activation. Specifcally, iNKT cells can be activated through antigen-dependent and antigen-independent mechanisms [[41,](#page-11-9) [42](#page-11-10)]. For example, iNKT cell efector functions can be induced by danger signals (ex. toll like receptor (TLR) signaling) or by cytokines such as IL-12 and IL-18 [[43,](#page-11-11) [44](#page-11-12)]. In humans, iNKT cells express CD4+, CD8+, or neither (CD4-CD8-), referred to as double negative (DN) $[16-19]$ $[16-19]$ $[16-19]$; however, in mice iNKT cells express $CD4+$ or are DN $[15]$ $[15]$ $[15]$ because they express the transcription factor Th-POK (T-helper-inducing POZ/Krüppel-like factor), which blocks CD8 expression [[45\]](#page-11-13). While most of the reports on α-GalCer-reactive NKT describe iNKT cells, α-GalCer-reactive, CD1d-restricted NKT cells that use different TCR α -chains have been identified in mice [\[46](#page-11-14)] and humans [\[47](#page-11-15)–[49\]](#page-11-16). There are numerous populations of NKTlike cells, which can express diverse α β TCRs, recognize diferent lipid antigens (5), and express a variety of markers associated with natural killer (NK) cells.

While NKT cells comprise a relatively small population of T cells, their ability to bridge innate and adaptive immune responses establishes them as an important regulatory cell population. In addition to their expeditious release of cytokines, NKT cells can lyse infected or malignant cells [[50](#page-11-17)[–53](#page-11-18)]. However, NKT cell number and activity are reduced in multiple cancer types and in chronic infections; therefore, understanding factors that regulate their development and efector functions are of signifcant interest [[54–](#page-11-19)[56\]](#page-11-20).

2 NKT Cells and Viral Infections

NKT cells are thought to play a key role in controlling viral infections, primarily due to their production of high levels of IFN-γ and the fact that many viruses have evolved mechanisms to downregulate CD1d-mediated antigen presentation to NKT cells [[57–](#page-12-0)[63\]](#page-12-1). Studies investigating the contribution of NKT cells in antiviral immune responses in humans are limited [[64](#page-12-2)], but in the context of HIV-1, NKT cells have been shown to be reduced following infection [\[65–](#page-12-3)[68\]](#page-12-4). In addition, in chronically infected patients, iNKT cells have been reported to have an exhausted phenotype [\[69](#page-12-5)]. Importantly, iNKT cells have been shown to recognize HIV-1-infected DCs, and therefore can play a critical role during the early stages of infection [[65\]](#page-12-3).

COVID-19, the disease caused by the novel coronavirus SARS-CoV-2, is one of the most devastating global pandemics in modern history [\[70](#page-12-6), [71\]](#page-12-7). As of August 2022, the coronavirus disease 2019 (COVID-19) pandemic has resulted in 581.8 million confrmed cases and 6.4 million deaths have been reported globally (World Health Organization). The symptoms from the disease can vary widely, and many studies have focused on immune profling of COVID-19 patients to identify factors involved in susceptibility to infection and disease pathology [\[70](#page-12-6), [72\]](#page-12-8). Given the ability of NKT cells to respond to virally infected cells, several studies have examined iNKT and NKT-like cells in COVID-19 patients [[18,](#page-10-12) [73–](#page-12-9)[77\]](#page-12-10). For example, Liu et al. investigated circulating iNKT (V α 24J α 18⁺) and NKT-like (CD56⁺CD3⁺) cells in 49 COVID-19-convalescent individuals (CI) compared to 27 matched SARS-CoV-2-unexposed individuals (UI) [\[73](#page-12-9)]. They observed a signifcant decrease in the percentage of both iNKT and NKT-like cells in the CI compared to UI cohort months after recovery. In a study that recruited three cohorts of participants from centers across Germany and France, it was found that the frequency of circulating NKTlike cells (CD56⁺CD3⁺) served as a predictive biomarker for disease severity in COVID-19 patients [[74\]](#page-12-11). However, as noted by Koay and colleagues, the majority of CD56+CD3+ are not iNKT cells [\[18\]](#page-10-12). Moreover, when Koay et al. examined circulating NKT cells from hospitalized patients using α-GalCer-loaded tetramers, no signifcant diferences in iNKTs were observed between COVID-19 patients that were indicative of disease severity. Taken together, these studies suggest that infection with SAR-CoV-2 can lead to a reduction in circulating NKT-like cells and that these cells may serve as a prognostic or predictive biomarker of disease. In contrast, additional mechanistic studies are needed to determine if classic iNKT cells respond to SARS-CoV-2 infected cells and if the virus utilizes specifc mechanisms to subvert CD1d-mediated antigen presentation. It would be intriguing to investigate the efectiveness of the adoptive transfer of NKT cells into virally infected patients, particularly as several studies have demonstrated that patients with mutations in immune-related genes or primary immune defciency diseases that result in NKT cell defciency can also have increased susceptibility to viral infections [[78–](#page-12-12)[80](#page-12-13)].

3 NKT Cells and Adoptive Immunotherapy

One immunotherapeutic strategy that has transformed the treatment of B-cell malignancies is chimeric antigen receptors (CARs). CARs are synthetic receptors engineered to contain a single-chain variable fragment (scFv) that permits specifc extracellular antigen recognition and binding and a CD3ζ domain, the intracellular domain through which the TCR signals [[81](#page-12-14)]. Traditionally, T cells are transduced or transfected with the CAR and then infused into patients for cancer immunotherapy. CARs consisting of only the extracellular scFv and intracellular CD3ζ are known as frst-generation CARs. However, these CARs still need endogenous co-stimulation for T-cell activation against the tumor. The addition of either one or two co-stimulatory endodomains to CD3ζ, known as second- and third-generation CARs, respectively, improves proliferation, in vivo persistence, and antitumor efficacy. Fourth-generation CARs have also been engineered to include a transgene that encodes for a cytokine to promote activation of the cell attached to the CAR and further improve antitumor efficacy $[82]$ $[82]$.

CAR-T cells are very efective for the treatment of B cell malignancies; however, success in solid tumors has been limited by the immunosuppressive tumor microenvironment and due to challenges in the identifcation of suitable targets. Given that iNKT cells are CD1d-restricted, they have the ability to target diferent tumor types. In neuroblastoma, the GD2 ganglioside has been shown to be an effective target.

Therefore, Heczey et al. generated and expanded ex vivo CAR.GD2-NKT cells [[83\]](#page-12-16), based on the GD2 antibody clone 14.G2a. CAR.GD2-NKT cells are cytotoxic against GD2-positive neuroblasts and against CD1d-positive cells, indicating the dual-specifc cytotoxicity of CAR.GD2-NKT cells. The inclusion of co-stimulatory endodomains, CD28 (G28z) or 4-1BB (GBBz) or both (G28BBz), resulted in improved survival of the CAR-NKT cells. To examine the impact in vivo, CAR.GD2 NKT cells were adoptively transferred into a metastatic neuroblastoma xenograft model, and it was found that the inclusion of these co-stimulatory domains resulted in improved survival. In addition, the frequency of tumor-infltrating CAR.GD2 NKT cells was greater than that of CAR.GD2 T cells demonstrating the ability of CAR.GD2 NKT cells to localize to tumor sites [\[83](#page-12-16)]. A concern of CAR-T cell immunotherapy has been the induction of graft versus host disease (GVHD). In a hu-NSG mice model, it was found that CAR.GD2 NKT cells did not induce GVHD, indicating the allogeneic potential of CAR-NKT cells compared to CAR-T cells [\[83\]](#page-12-16) (Fig. [1](#page-3-0)).

While CAR.GD2 NKT cells were shown to increase survival in mice, recurrence of tumor emphasized the need to enhance in vivo persistence of these transduced NKT cells. In another set of studies focused on neuroblastoma, GD2. CAR NKT cells were engineered to co-express IL-15 with either CD28 or 4-1BB co-stimulatory endodomain, further denoted by GD2.28z.15 and GD2.BBz.15, respectively, to evaluate in vivo persistence of CAR-NKTs [[84\]](#page-12-17). However, through functional testing it was shown that CAR-NKT cells expressing 4-1BB undergo activation-induced cell death leading to reduced CAR-NKT cell numbers during ex vivo expansion. The co-expression of IL-15 with the CD28 endodomain promoted survival and in vitro functional ftness of GD2.CAR NKT cells through increased cellular expansion and greater control over tumor cells. The GD2. CAR NKT cells with and without IL-15 co-expression were adoptively transferred into NSG mice. The GD2.28z.15 construct allowed for enhanced in vivo expansion and persistence of NKT cells without signifcant cytotoxicity [\[84](#page-12-17)]. A close examination of the neuroblastoma nodules in the liver, spleen, bone marrow, and lungs of NSG mice, revealed that GD2.28z.15 NKT cells were present at high numbers indicating that these CAR-NKT cells are capable of efectively infltrating and persisting in tumor tissues [[84\]](#page-12-17) (Fig. [1\)](#page-3-0).

Based on these promising in vitro and in vivo results [[83,](#page-12-16) [84](#page-12-17)], GD2.CAR-NKT cells are currently being evaluated in a clinical trial for children with relapsed or resistant neuroblastoma (NCT03294954) [\[85](#page-12-18)]. The interim results demonstrated efficacy of autologous CAR-NKT cells, specifically GD2.CAR-NKT cells with co-expression of IL-15, to efectively and safely expand and traffic to tumor sites in patients with refractory neuroblastoma. In the past, low numbers of circulating NKT cells have been a major of concern;

Fig. 1 Advantages of chimeric antigen receptor (CAR)-invariant NKTs (iNKTs). CAR-iNKT cells can recognize tumor cells through both their standard iNKT T-cell receptor (TCR) and the specifc antitumor antigen CAR, leading to targeted cytotoxicity. The intracellular portion of the CAR consists of the CD3ζ domain for TCR signaling. The CAR can also be modifed to include a co-stimulatory endodomain and a cytokine transgene to increase production of pro-infammatory cytokines and enhance overall antitumor efficacy. CAR-iNKT cells hold great promise for immunotherapy as they overcome various

obstacles that hinder the efficacy of other commonly used immunotherapies. CAR-iNKT cells can persist in vitro and in vivo to minimize tumor recurrence. Unlike traditional CAR-T cells composed of classic CD4 and CD8 T cells, CAR-iNKT cells do not induce an allogenic response against healthy cells and therefore prevent the induction of graft-versus-host disease (GVHD). CAR-iNKT cells can also infltrate tumor sites and localize to tumor sites, maximizing their antitumor potential

however, these studies demonstrate that CAR-NKTs can be successfully expanded ex vivo on a clinical scale to treat patients (Fig. [1\)](#page-3-0).

More than half of patients with B-cell lymphomas that are treated with anti-CD19 CAR (CAR19)-T cell immunotherapy relapse, indicating the need to develop more efective

immunotherapeutic strategies [[86,](#page-12-19) [87](#page-12-20)]. Due to the efector functions of iNKT cells and the expression of CD1d on these cells, the generation of a CAR19-iNKT cell holds promise for a greater anti-tumor effect in B-cell malignancies [\[88,](#page-12-21) [89\]](#page-12-22). CAR19-iNKT cells exposed to α -GalCer, a potent iNKT cell agonist, resulted in increased cytotoxicity against CD1d+ and CD1d+CD19+ targets, but not CD1d-CD19 and CD1d-CD19+ targets [[88\]](#page-12-21). The interaction of CD1d on target cells with the CAR19-iNKTcells is important due to the dual targeting of CD1d and CD19. Compared to CAR19- T cells, CAR19-iNKT cells had greater proliferation and expansion in B lineage malignancies. When CAR19-iNKT and CAR19-T cells were infused into tumor-engrafted NSG mice with CD1d+CD19+ B cell malignancy, the CAR19 iNKT cells had improved overall and tumor-free survival, indicating the enhanced in vivo anti-tumor activity of CAR19-iNKT cells compared to CAR19-T cells. Therefore, the use of iNKT cells in a CAR-based immunotherapy could be effective in cancers that express CD1d. In a study investigating lymphoma in the brain, it was found that the majority of the mice treated with CAR19-iNKT cells were able to decrease brain tumor burden below a detectable threshold, indicating the ability of CAR19-iNKT cells to control and eliminate brain metastases. Even in mice that relapsed, the CAR19-iNKT cells were able to persist and lead to a second remission [\[87](#page-12-20)]. Due to the encouraging results from Rotolo et al. [[87](#page-12-20)] and others, a clinical trial (NCT03774654) has been initiated for relapsed or refractory B-cell malignancies investigating the efficacy of allogeneic CAR-NKT cells by utilizing CD19 specifc CAR-NKT cells that co-express CD28 and IL-15.

Moreover, iNKT cells have been shown to induce CD8 T-cell cross-priming, which leads to long-term CD8 T-cell responses. Recent studies by Simonetta and colleagues demonstrate that allogenic CAR-iNKT cells can induce host CD8 T-cell cross-priming in a B-cell lymphoma mouse model [\[90](#page-13-0)]. In BALB/c BATF3^{-/-} mice, which are defective in CD8 T-cell cross-priming, the antitumor effect was decreased compared to wildtype controls. The authors found that the co-administration of allogenic CAR-iNKT cells and autologous CD8 T cells signifcantly enhanced tumor control and prolonged survival, compared to treatment with either cell type alone [\[90](#page-13-0)]. These data suggest that the effectiveness of CAR-iNKT cells is enhanced by the presence of CD8 T-cell cross priming. Allogenic CAR-iNKT primed CD8 T cells were transferred into lethally irradiated BALB/c mice and resulted in prolonged survival compared to mice receiving unprimed CD8 T cells. These results suggegst a key role for allogenic CAR-iNKT treatment in promoting long-term CD8 T-cell anti-tumor responses. Overall, these studies show that CAR-iNKT cells can induce CD8 T-cell cross-priming and enhances their antitumor efficacy, as well as highlights the potential of CAR-iNKT cell therapy as an off-the-shelf immunotherapy.

Overexpression of chondroitin sulfate proteoglycan-4 (CSPG4), also known as high molecular-weight-melanomaassociated antigen (HMW-MAA), is associated with the progression of many types of cancer such as melanoma, breast cancer, squamous cell carcinoma, mesothelioma, neuroblastoma, and sarcoma [\[91](#page-13-1)]. Simon et al. [[92\]](#page-13-2) developed a method to generate CSPG4-CAR NKT cells. Specifcally, DNA-based constructs or transient RNA-based constructs can be used to enable T cells to express CARs. In this study the authors assessed the efectiveness of transduction using RNA-based constructs to standard DNA-based transduction, because of the advantages provided by RNA, such as the lack of chromosomal integration and genetic alteration, and potential for decreased side efects. CSPG4-CAR NKTs were able to eliminate human melanoma cells in vitro by producing a large amount of pro-infammatory cytokines. Cytotoxicity levels were similar between these mRNAbased CAR NKT cells and traditionally transfected CAR-T cells when tested against a melanoma cell line A375M [\[92](#page-13-2)]. The results from this study show that CAR-NKT cells can be a safe and efective platform, similar to CAR-T cells for immunotherapy.

CAR-iNKTs have also been tested in multiple myeloma (MM) by using MM-associated antigen CD38 and B-cell maturation antigen (BCMA) to direct the iNKTs to the tumor cells [[93](#page-13-3)]. The BCMA-CAR iNKT cells were designed based on BCMA-CAR T cells and are currently being tested (clinical trial:NCT02658929) [[94](#page-13-4)]. Previous work optimized a CD38B1-CAR that targets cells expressing high levels of CD38, thereby only targeting MM cells and not normal healthy cells [[95\]](#page-13-5). BCMA-CAR iNKTs were able to mediate cytotoxicity against the MM cell line UM9 [[93](#page-13-3)]. UM9 cells only express intermediate levels of CD38, thus treatment with CD38-CAR iNKTs resulted in ~60% cell lysis. When tested against MM1.s, a CD1d positive cell line that expresses high levels of BCMA and CD38, both BCMA-CAR iNKTs and CD38-CAR iNKTs completely eliminated the tumor cells. Importantly, both BCMA-CAR iNKTs and CD38-CAR iNKTs were able to lyse primary MM cells, even those with little or no CD1d expression. Upon stimulation with α-GalCer, both CD38- CAR and BCMA-CAR iNKTs were able to expand ex vivo and maintain their antitumor efficacy $[93]$. Another recruiting clinical trial is evaluating the use of CAR-iNKT cells co-expressing CD19 and IL-15 for targeting of B-cell tumors. This study aims to determine the safety, efficacy, and feasibility of this allogenic iNKT cell therapy (clinical trial number NCT04814004; clinicaltrials.gov). Please see Table I for a summary of strategies targeting NKT cells for cancer immunotherapy.

4 Antibody‑Based Therapies for Invariant NKTs (iNKTs)

The implementation of immune checkpoint inhibitors (ICIs) has completely transformed the treatment of cancer [[96](#page-13-6)]. The US Food and Drug Administration (FDA) approved the frst ICI, ipilimumab, a mAb that targets cytotoxic T-lymphocyte-associated antigen (CTLA)-4 in 2011, and mAbs targeting programmed death (PD)-1 and PD-L1 subsequently received FDA approvals [\[97](#page-13-7)]. PD-1 (CD279), a co-inhibitory molecule, is a member of the CD28 family [\[98\]](#page-13-8), along with its ligands PD-L1 and PD-L2. In a study investigating the role of the PD-1 pathway on α-GalCer-induced iNKT cell anergy in mice, it was found that of the use of PD-1/PD-L mAbs simultaneously with α-GalCer treatment blocked the induction of iNKT cell anergy. In addition, inhibiting PD-1/PD-L interactions led to an increase in α-GalCer-treatment-induced antitumor responses. PD1 appears to play a critical role in α-GalCer-induced iNKT cell anergy because it was signifcantly abrogated in PD1-defcient animals [\[99\]](#page-13-9). Another study investigating the role of PD-1/PD-L in human iNKT cells found that activation with α -GalCer resulted in PD-1 upregulation, whereas PD-L1 blockade enhanced iNKT cell efector functions, as indicated by Th1 cytokine production and cytotoxicity [\[100\]](#page-13-10).

5 NKT Cell Activation Using Soluble CD1d Proteins

In addition to PD-L1, tumors cells can express many different inhibitory factors that suppress iNKT cell activation. In order to overcome these suppressive factors and α-GalCer-activation-induced anergy, several studies have investigated the utility of recombinant soluble CD1d proteins loaded with $α$ -GalCer [\[101–](#page-13-11)[103\]](#page-13-12). It was found that α-GalCer/sCD1d can be repeatedly injected in mice without inducing iNKT exhaustion and lead to sustained iNKT and NK cell activation, as well as DC maturation. Furthermore, the authors found that treatment of HER2+B16 melanoma tumor-bearing mice with a fusion protein containing α-GalCer/sCD1d and an HER2-specifc scFv antibody fragment resulted in a signifcant reduction in tumor burden [[101\]](#page-13-11). Specifcally, it was found that liver iNKT cells from α-GalCer/sCD1d-anti-HER2-treated mice remained responsive after repeated injections. Mechanistically, when the authors examined mice injected with either α-GalCer/sCD1d-anti-HER2 or with α-GalCer/sCD1d protein, it was found that treatment with the HER2-targeted α-GalCer/sCD1d protein was able to redirect iNKT, NK,

and T cells to the tumor site [[101](#page-13-11)]. Another group investigated the function of a bispecifc fusion protein composed of human CD1d joined to a scFv fragment specifc for CD19, in order to target NKT cells to B-cell malignancies. It was found that following the loading of α GC, the CD1d-CD19 fusion protein was able to activate iNKT cell effector function both in vitro and in vivo $[102]$ $[102]$ $[102]$.

In contrast to scFv, which are antibody fragments produced by fusing one variable region of the heavy chain (VH) and one variable region of the light chain (VL), bi-specifc T-cell engagers (BiTEs) are composed of two scFvs connected by a short peptide linker [\[104\]](#page-13-14). BiTEs typically target one CD3 molecule and one tumor antigen, such as Blinatumomab, which targets CD3 and CD19 [[104](#page-13-14)]. Importantly, it has been shown that BiTEs can induce potent iNKT cell responses that can enhance tumor cell death (Fig. [2](#page-6-0)). It was shown that when PBMC from healthy donors were cultured with a CD3xPD-L1 BiTE in the presence or absence of PD-L1+ human melanoma C8161 cells, the BiTE induced high levels of IFN-y, due in part to the activation of NKT cells [[105](#page-13-15)]. Notably, in this study NKT cells were classified as CD3+CD56+, thus this population is NKT-like [[105](#page-13-15)]. Lameris and colleagues developed CD1d-specific single-domain antibodies (VHH), that can elicit potent iNKT cell activation in the absence of an exogenous antigen like α -GalCer by its intrinsic ability to interact with CD1d and the type I NKT TCR [[106](#page-13-16)]. Treatment with this platform greatly enhanced type I NKT cell-mediated antitumor activity in both in vitro and in vivo models [[106](#page-13-16)]. Based on this technology, a bispecifc fusion protein composed of two VHH domain antibodies linked via a short, fve amino acid glycine-serine linker, called LAVA-051, has been developed. LAVA-051 activates Vγ9Vδ2 T cells and type I NKT cells and induces killing of CD1d-expressing tumor cells, and is currently being tested in the clinic (clinical trial NCT04887259).

6 Additional Strategies Used to Manipulate iNKTs

Oncolytic viruses are being investigated as an approach to enhance antitumor immune responses, due to their ability to selectively infect and kill tumor cells. Gebremeskel and colleagues investigated the efectiveness of two diferent viruses, vesicular stomatitis virus (VSV) and reovirus, in combination with α-GalCer-loaded DCs, in immunocompetent mouse models of breast and ovarian cancer [[107](#page-13-17)]. The combination of either oncolytic VSV or reovirus with NKT cell immunotherapy resulted in an increase in survival of ID8 ovarian cancer tumor-bearing mice. In contrast, only treatment with VSV in combination with NKT cell immunotherapy led to a decrease in metastasis and an **BiTE**

Fig. 2 Bi-specifc T-cell engagers (BiTEs) involve the fusion of the single chain fragment variables of two monoclonal antibodies to bind both a T cell and a tumor cell with the goal of redirecting T cells to the tumor cells. Due to the invariant T-cell receptor (TCR) of natural killer T (NKT) cells, BiTEs are capable of also binding to the CD3

chain of NKT cells crosslinking them to antigen-specifc tumor cells and allowing for direct NKT cell-mediated killing. Similarly, fusion of the scFV region of a HER2 antibody to a soluble CD1d loaded with αGalCer activates NKT cells to target and directly kill HER2 positive tumor cells

increase in survival in the 4T1 breast cancer model [[107\]](#page-13-17). A recent study from this group investigated the utility of VSV expressing IL-15 in combination with anti-PD-1 mAb and NKT cell-based immunotherapy for the treatment of pancreatic cancer [[108\]](#page-13-18). It was found that while tumors relapsed over time in both subcutaneous and orthotopic Panc02 tumor models, combination of VSV-IL-15 and NKT cell activation correlated with immune cell infltration, decreased pancreatic tumor burden, and increased survival, which was further enhanced by PD-1 blockade [[108\]](#page-13-18).

As highlighted above, there are many strategies utilized by tumors to evade or suppress NKT cell-mediated antitumor immune responses and several groups are developing strategies to restore NKT cell effector functions (Fig. [3\)](#page-7-0). One subset of immunosuppressive cells are myeloid-derived suppressor cells (MDSCs), which have been implicated in fostering an immunosuppressive tumor environment through secretion of cytokines such as TGF-β and IL-10, which supports the development of regulatory T cells (Tregs). Ko and colleagues sought to investigate whether MDSCs loaded with α -GalCer and tumor-specific peptide could serve as antigen-presenting cells and induce antigen-specifc immune responses [\[109\]](#page-13-19). It was found that the inclusion of an NKT cell agonist signifcantly enhanced anti-tumor immunity. Moreover, in a study employing a B16F10 melanoma model, it was found that injection of α -GalCer resulted in an increased number of tumor-infltrating, IFN-γ-producing NKT cells in the tumor, and favored iNOS⁺F4/80⁺CD11b⁺ macrophages (M1) over the $CD206+FA/80+CD11b+$ macrophages (M2) in the spleen and tumor, and a concomitant reduction in tumor burden [[110](#page-13-20)]. Importantly, it was found that depletion of F4/80+ macrophages completely abrogated the α -GalCer-induced reduction in tumor growth [\[110\]](#page-13-20), which further suggests a role for targeting monocytes and macrophages in iNKT cell-based immunotherapeutic strategies. In fact, there have been several clinical studies investigating the efficacy of NKT-cell based immunotherapy (see Table [1\)](#page-8-0). In an open-label, single-arm, phase II

Fig. 3 In addition to promoting direct natural killer T (NKT)-cell mediating killing of tumor cells, target treatments and immunotherapies have been developed to enhance the ability of NKT cells to indirectly eliminate tumor cells. Activated NKT cells produce cytokines, such as IFN- γ , TNF- α , and GM-CSF, that can help promote the activation of NK cells, CD8+ T cells, and in combination with CD40/

clinical trial (UMIN000007321) in patients with advanced or recurrent non-small-cell lung cancer (NSCLC) refractory to frst-line chemotherapy, blood-derived α-GalCer-pulsed antigen presenting cells (APCs) were intravenously administered to 35 patients [[111\]](#page-13-21). The mean estimated survival time (MST) estimated for all 35 patients was 21.9 months (95% 14.8–26.0), with one patient showing partial response. The administration of α -GalCer-pulsed APCs significantly increased the number of NK cells, IFN-γ-producing cells, and efector CD8+T cells, but did not cause any severe adverse events [\[111](#page-13-21)]. The results from the trial warrant further randomized trials.

7 Discussion

It is time to fnally harness the potential of iNKT cells and develop strategies to facilitate their use in the clinic. Recent clinical studies have demonstrated that they can be

CD40L interactions lead to the maturation of dendritic cells (DCs), further enhancing anti-tumor immune responses. Oncolytic viruses can increase antigen presentation. α-GalCer-loaded DCs increase the activation of invariant NKT (iNKT), NK, and T cells. CD1d-antibody fusion proteins increase the cytotoxicity of iNKT, NK, and T cells against tumor cells

used in CAR-based strategies, can enhance graft versus leukemia (GvL) responses, and serve as a prognostic or predictive biomarker in many disease contexts. In fact, elegant preclinical studies from Dr. Yang's group have investigated the in vivo efficacy of hematopoietic stem cell-engineered iNKT (HSC-iNKT) cell-based therapy for the treatment of melanoma and multiple myeloma [[112,](#page-13-22) [113](#page-13-23)]. However, due to challenges inherent to the feld such as the nomenclature (iNKT vs. NKT-like), low circulating frequency in human blood, and relatively limited number of investigators focused on therapeutic strategies targeting unconventional lymphocytes, their implementation into clinical practice has been slow. Given the recent promising results using CAR-iNKTs, bispecifc platforms and monocyte-based approaches, these nonconventional lymphocyte subpopulations are important therapeutic targets for the treatment of cancer and infectious diseases.

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Declarations

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