How It All Begins: Bacterial Factors Mediating the Colonization of Invertebrate Hosts by Beneficial Symbionts

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SUMMARY Beneficial associations with bacteria are widespread across animals, spanning a range of symbiont localizations, transmission routes, and functions. While some of these associations have evolved into obligate relationships with permanent symbiont localization within the host, the majority require colonization of every host generation from the environment or via maternal provisions. Across the broad diversity of host species and tissue types that beneficial bacteria can colonize, there are some highly specialized strategies for establishment yet also some common patterns in the molecular basis of colonization. This review focuses on the mechanisms underlying the early stage of beneficial bacterium-invertebrate associations, from initial contact to the establishment of the symbionts in a specific location of the host's body. We first reflect on general selective pressures that can drive the transition from a free-living to a host-associated lifestyle in bacteria. We then cover bacterial molecular factors for colonization in symbioses from both model and nonmodel invertebrate systems where these have been studied, including terrestrial and aquatic host taxa. Finally, we discuss how interactions between multiple colonizing bacteria and priority effects can influence colonization. Taking the bacterial perspective, we emphasize the importance of developing new experimentally tractable systems to derive general insights into the ecological factors and molecular adaptations underlying the origin and establishment of beneficial symbioses in animals.

INTRODUCTION

Symbiosis is at least as old as eukaryotic cells (1) and has played a major role in the evolution of micro- and macro-organisms. In animals, there is compelling evidence that beneficial microorganisms can fuel major ecological innovations by conferring a diverse spectrum of functional benefits to the host (2–7). A range of bacteria are prone to interact with eukaryotes, as host associations have evolved independently in multiple different bacterial phyla (8, 9). Among these, beneficial bacteria have evolved from either environmental (8) or parasitic ancestors (10, 11). Both ecological and genomic preadaptations have likely been important for the evolution of tight interactions with eukaryotes (12).

Notably, the benefits to engage in symbiosis are often discussed from the perspective of the host, while the microbe's ecological drivers of mutualism with an animal are poorly understood (13–15). From the symbiont's perspective, a series of challenges must be overcome to successfully engage in a persistent association with a host (15–17). First, bacteria need to reach and establish contact. Second, the microbes must make their way to the housing tissues, persist in these, successfully compete with other microorganisms, and protect themselves against host immune reactions (Text Box 1). And third, they need to disperse or relocate to new host individuals.

TEXT BOX 1: THE ANIMAL IMMUNE SYSTEM AS A KEY CHALLENGE FOR BACTERIAL COLONIZERS

Along with diverse microbial factors influencing the establishment of beneficial interactions, host immunity plays a crucial role in determining which microbes can colonize and persist. Importantly, shifts between a free-living and a host-associated lifestyle, as well as transitions across the parasite-mutualism continuum, usually require that bacteria evolve adaptations to cope with the host immune system.

The innate immune system of invertebrates comprises two different components for controlling antagonists (18, 19). Through cellular immunity, hemocytes that are constantly circulating in the host body become activated, resulting in encapsulation or phagocytosis of microorganisms (20, 21). By contrast, humoral immunity describes the ability of pattern recognition receptors (PRRs) to recognize microorganism-associated molecular patterns (MAMPs) and subsequently trigger the expression of antimicrobial peptides (AMPs) and other effectors through complex signaling cascades (20). Notably, some invertebrates have evolved mechanisms to recognize previously encountered microorganisms (18, 22). However, the memory component is more pronounced and fine-tuned in the vertebrate adaptive immune system, which relies on specialized lymphocyte populations forming a living record of pathogen encounters that can be rapidly reactivated upon recurrent infections.

Similar to pathogens, endosymbionts have evolved multiple strategies to cope with their hosts' immune defenses. Some can manipulate the host's immune system, for example, by downregulating genes of defense pathways (23). Alternatively, symbionts can become more resistant to the host's antimicrobial activity, as is the case in the secondary symbiont of tsetse flies, *Sodalis glossinidius*, which is more resistant to an antimicrobial compound produced by the host than are closely related nonsymbiotic bacteria (24). Another widespread mechanism for immune evasion is to hinder recognition by the host. For example, bacterial peptidoglycan is generally recognized by PRRs, but bacteria can elude detection by modifying their MAMPs or by losing the peptidoglycan machinery altogether (25).

In addition to immune evasion by the symbionts, the host can evolve mechanisms to confine the symbionts, e.g., by compartmentalization in specific

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tissues, like **bacteriomes** or specialized gut regions, and downregulation of immune effectors in these compartments (26–29). Alternatively, some hosts develop defenses that spare beneficial symbionts, e.g., by reducing specific immune factors that target a desired symbiont while keeping other components unchanged (30). Furthermore, some eusocial insects have fewer immune-related genes, resulting in a reduced repertoire of antimicrobial peptides, and instead rely on social immunity (31, 32).

The interaction between beneficial symbionts and the host's immune system has been covered in great depth elsewhere, and interested readers are referred to previous reviews on this topic (for examples, see references 18 and 33 to 34).

Both symbiont localization and transmission strongly affect the bacterial traits required for colonization of a host. Since symbionts can reside intra- or extracellularly in a variety of host tissues (8), gaining access to the final destination requires adaptations to achieve translocation and specific molecular interactions with host cells, as well as the ability to cope with stressful conditions in the host environment. While the original establishment of symbiotic interactions necessarily relies on acquisition from the environment (8), transfer over generations—or vertical transmission—has evolved in numerous symbioses (16, 35). For highly integrated partners involving consistent intracellular localization and a strict vertical transmission route, the microbial symbiont is likely to have a passive role in colonization, especially after the massive loss of functions due to genome erosion commonly associated with an ancient host-associated lifestyle (36). We will henceforth refer to these as **closed symbioses** and to those relying on recurrent acquisition from the environment or unrelated hosts as **open symbioses**, based on categories of symbiosis proposed elsewhere (37). A combination of both vertical and horizontal transmission, called **mixed-mode transmission**, is likely a common phenomenon balancing some of the benefits and challenges of each mode (17, 38) (Text Box 2). Accordingly, we will here refer to such associations as **mixed symbioses** (37). A plethora of mechanisms has evolved across different bacteria to navigate these transmission routes, enabling colonization in taxonomically diverse hosts with various morphologies and lifestyles (12, 39–41).

TEXT BOX 2: IMPLICATIONS OF SYMBIONT TRANSMISSION MODE

The mode of symbiont transmission is usually related to the degree of dependence in the association, with vertical transmission being more likely in symbioses with increased dependence (42). Still, there are also systems in which obligate symbionts are acquired horizontally (43), and each transmission mode—vertical, horizontal, or mixed mode—entails a different set of trade-offs for both host and symbiont (Table 1). Vertical transmission can result in an obligate association involving partner coevolution and codiversification, here referred to as a closed symbiosis. The symbiont can benefit from this through an ensured passage from one host generation to the next, a sheltered and nutritious environment, reduced competition, and protection against antagonists. Faithful transmission is a mechanism to maintain specificity through partner fidelity (44). The aligned interests of host and symbiont in a system with vertical transmission also promote a shift from pathogenic to beneficial interaction. However, it is not clear whether the reduction in pathogenicity favors the evolution of vertical transmission or vice versa. Symbionts with a strict vertical transmission can suffer from genome erosion due to relaxed selection on genes unnecessary in the host environment in conjunction with repeated population bottlenecks (45–47).

By contrast, in systems relying on horizontal transmission, or open symbioses, the symbiont needs to be adapted to the host, while also maintaining the ability to survive in and transition to/from free-living conditions outside of the host or other unrelated hosts throughout the symbiont's life cycle. The evolutionary trajectory of a

symbiont in such a scenario depends on many factors, including the adaptations necessary for colonization of the host and the nonhost environment(s), the frequency of encounter with these environments, trade-offs between environments, and the probability of transitioning between environments (15, 48). Also, horizontally transmitted symbionts must deal with partner choice mechanisms imposed by the host to promote specificity and ensure cooperation (44). Advantages for bacteria with horizontal transmission include the potential to spread to other host individuals, populations, or even species (49). Furthermore, secondary hosts might serve as a refuge if the primary host is not available (50). As a result of the capabilities needed to persist in various environments, horizontally transmitted symbionts generally show less dramatic genome erosion (42), and contacts with other microorganisms can enable the acquisition of novel functions through horizontal gene transfer (51).
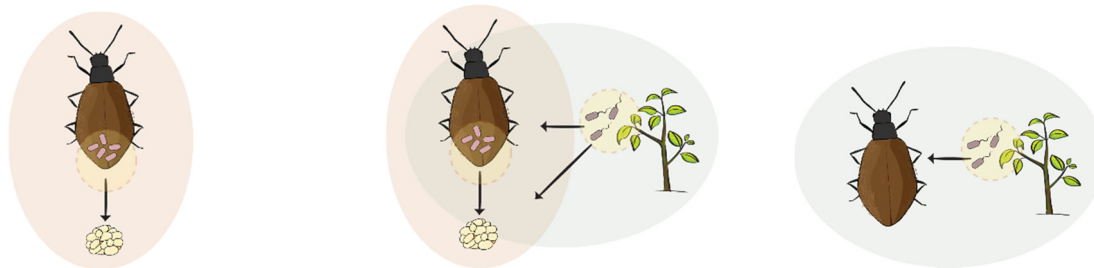
Symbionts experiencing mixed-mode transmission, i.e., in a mixed symbiosis, potentially reap the benefits of both transmission modes. Ebert (17) speculates that this may be the most common mode of transmission and can sometimes occur as an intermediate stage in the transition toward strict vertical transmission. Strikingly, even occasional interactions with other bacteria can facilitate horizontal gene transfer and thus mitigate genome erosion caused by strict vertical transmission (52, 53).

The increasing availability of molecular data has now opened new avenues to investigate factors facilitating symbiosis and to evaluate common patterns across model and nonmodel systems. Host adaptations to accommodate symbionts and in particular host immunity have been actively investigated (Text Box 1) and are expanding subfields within symbiosis research, as highlighted in a number of studies and reviews (18, 22, 33, 34, 54–57). In the present review, bacterial factors are in the spotlight. We aim to synthesize the current knowledge on molecular mechanisms enabling beneficial bacterial symbionts to successfully colonize invertebrate animal hosts. We chose to focus on symbionts that must colonize the host tissues each generation, either after maternal provisioning or environmental acquisition, i.e., open and mixed symbioses.

The review is structured in three sections that integrate ecological, molecular, and evolutionary perspectives on the establishment of beneficial bacterial symbionts. First, we reflect on the selective pressures that could generally drive the transition from a free-living lifestyle to a consistent association with a host. Then, we review the prevalent mechanisms that facilitate symbiont entry and the underlying genetic factors orchestrating these early phases: initial contact with the host and establishment in the housing tissues (Fig. 1). In a third and final section, we mention relevant ecological components of symbiont establishment, discussing multipartite interactions between bacteria and their prominent role in host colonization. The review does not aim to be exhaustive in covering the numerous studies on systems with a complex microbiota. We deliberately focus on a number of invertebrate animals from terrestrial, freshwater, and marine environments in which bacterial molecular factors for establishment in the host have been described (Table 2; Fig. 1) and refer to a few examples in vertebrates and plants to complement key points.

SWITCHING BETWEEN FREE-LIVING AND HOST-ASSOCIATED LIFESTYLES

Symbionts taking part in open or mixed systems, which includes the majority of described symbioses (58), often experience short or extended periods outside of the host. The environmental conditions during this phase can be starkly different, and relevant challenges must be overcome for successful transition in either direction, from the host to the environment or vice versa, as well as for persistence in the environment (15) (Text Box 2). What scenarios can be envisioned for the initial transition from a free-living to a host-associated lifestyle? How can recolonization in open and mixed symbioses persist at evolutionary timescales? From the symbiont's perspective, the

TABLE 1 Overview of potential benefits and downsides for hosts and symbionts depending on the symbiont transmission mode


Symbiotic partner	Vertical	Mixed	Horizontal
Host			
Benefits	Symbionts guaranteed in offspring	Symbionts guaranteed in offspring	Flexible acquisition of novel symbionts when environment changes
	Maximum control	Flexible acquisition of novel symbionts when environment changes	
	Selects for beneficial symbionts		
Downsides	Potentially costly adaptations for transmission	Symbionts can become harmful	Symbionts may not always be available (resulting in uninfected offspring)
	Inflexible to changes	Filtering and control mechanisms necessary	Symbionts can become harmful
	Accumulation of mildly deleterious mutations can reduce symbiont benefits (Muller's ratchet)	Competition between symbionts may reduce benefit to the host	Filtering and control mechanisms necessary
			Competition between symbionts may reduce benefit to the host
Symbiont			
Benefits	No competition	Priority for vertically transmitted symbiont	HGT possible
	Reliable nutrients from the host	HGT^a possible	Biphasic lifestyle can expand ecological potential
	Safe niche	Biphasic lifestyle can expand ecological potential	Colonization of unrelated host individuals or new host species possible
		Colonization of unrelated host individuals or new host species possible	
		Reliable nutrients	
Downsides	Genome erosion and Muller's ratchet	High competition	High competition
	Increased dependence on host	In cases of a biphasic lifestyle, costly adaptations to host and environment (trade-offs)	Hosts may not always be available
	Limited or no possibility for spreading to unrelated hosts	Transition between environments potentially challenging	In cases of a biphasic lifestyle, costly adaptations to host and environment (trade-offs)
			Transition between environments potentially challenging

^{a}HGT, horizontal gene transfer.

following scenarios are possible: (i) a selection-driven transition, where the host as a habitat or a means of dispersal provides an overall advantage in comparison to a free-living lifestyle; (ii) capture, where living in the host has a neutral or negative impact on the fitness of the symbiont but an immediate benefit for the host; and (iii) a neutral start, where none of the partners experience benefits in early stages of symbiosis.

Selection-Driven Transition

In the first case, where the microorganism benefits from being housed or vectored, symbiont adaptations favoring effective host colonization are under positive selection. These will, however, vary in strength according to the availability of host individuals and the presence of microbial competitors, since these will challenge successful colonization of the host as a valuable niche. At the same time, traits for survival in a temporary host or persistence in the transitional free-living stage, like nutritional independence, might also be favored. An open or mixed symbiosis will also give room for genetic replenishment and the maintenance of variation (for
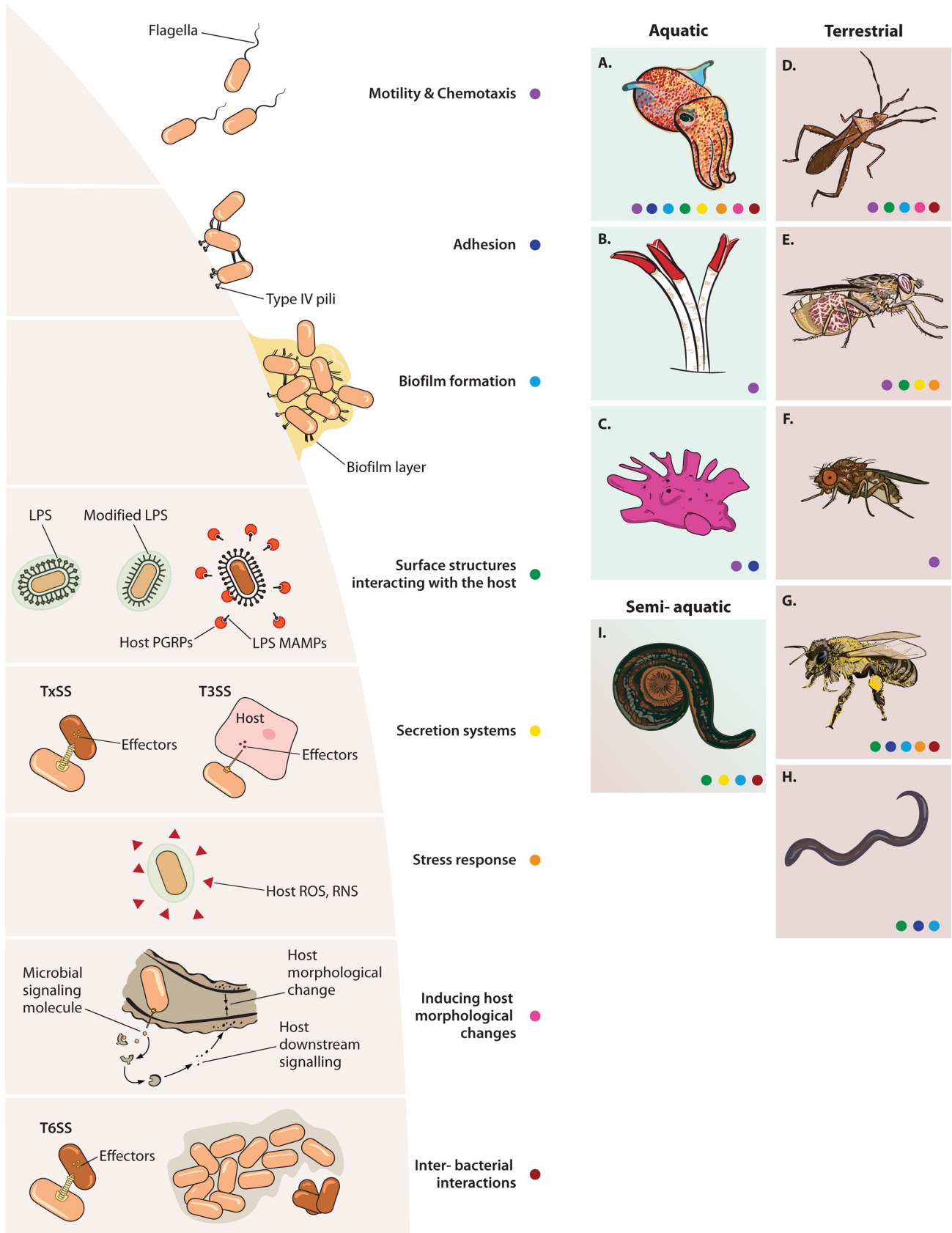
FIG 1 Overview of known bacterial molecular mechanisms used for colonization of animal hosts in symbioses that require reentry of the symbionts into the host tissues every generation from the parents or the environment. The mechanisms addressed in the review are depicted on the left and

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example, see reference 53). From the host's perspective, environmental symbiont uptake entails the risk of failing to acquire beneficial symbionts or experiencing costly infections by symbionts shifting toward the detrimental end of the parasite-mutualism continuum (17, 35). However, an open symbiosis can also allow for rapid adaptation to changing conditions if the source of potential symbionts is reliable. Thus, while recurrent switching between host and environment can be a stage in the evolutionary transition leading to a closed system, it can also become established as a long-term viable strategy for symbiosis. This is possibly the case for the symbionts of squids, entomopathogenic nematodes, stinkbugs (Table 2), and potentially many other open and mixed symbioses. Notably, while adaptations on the host side to maintain environmental acquisition over generations can occur, these are not always necessary (15). For instance, plant-pathogenic microorganisms like phytoplasmas benefit from being vectored by various sap-sucking insects (59). While the insect does not necessarily benefit from hosting the microbe and acquires it passively, the microbe hitchhikes via the insect's feeding habits and is likely to drive this insect-microbe association. In other words, the persistence of an open or mixed symbiosis can be driven solely by microbial traits. As recently discussed by Obeng and coauthors (15), the prolonged recurrence of host-environment switching enables selection to act on the different stages of the microbe's biphasic life cycle. In this framework, evolutionary processes will promote a microbial lifestyle that is optimized for entry and persistence in the host but also for dispersal and survival under free-living conditions.

Capture

In a second scenario in which a host-associated lifestyle does not bring a net advantage to the microbial partner, symbiosis establishment is most likely asymmetrically driven by selection on the host level, favoring the capture of symbionts. Each transmission event between host individuals is thus an opportunity for the symbiont to escape and proliferate in the environment or other hosts. Therefore, traits that facilitate release into the environment are likely under selection in such a scenario. In this case, microbial adaptations enhancing establishment are unlikely, unless host-driven evolution of strict vertical transmission occurs, which would tie the symbiont's fitness to its host's. At this point, synergistic adaptations of host and symbiont could lead to a highly integrated association, as observed in many **obligate symbioses** (45). For instance, in cases where bacteria are incorporated into specialized tissues or cells, the symbionts might be alleviated from challenges imposed by the host immune system (for examples, see references 60 and 61) (Text Box 1). Under these conditions the host can also regulate bacterial metabolism by controlling access to substrates or by the coupling of metabolic pathways (25, 45, 62, 63). However, the bacteria are most often no longer capable of a free-living lifestyle, as in symbioses that are currently highly integrated. For example, *Sitophilus* cereal weevils exert a strong control over their intracellular symbiont "*Candidatus* Sodalis pierantonius." In this symbiosis, knocking down host genes associated with the production of antimicrobial peptides in and around the symbiotic organ results in symbionts escaping the **bacteriocytes**, i.e., the cells usually harboring the symbionts (60, 64). Thus, the symbionts break free in the absence of host control. This suggests that in this case, the insect host and not the symbiont warrants maintenance in the symbiotic organ and might have driven symbiont confinement in the first place. More generally, it has been argued that intracellular symbioses are most often associations with unilateral benefits that are in many cases controlled by the host (14).

FIG 1 Legend (Continued)
invertebrate-bacterium symbioses described in the review are depicted on the right. The colored dots below the figures of the hosts indicate the mechanisms that their respective symbionts are known to use during colonization (color legend shown in the middle) The symbiotic systems include hosts living in marine, terrestrial, and freshwater habitats, as follows: bobtail squids (A), giant tubeworms (B), sponges (C), broad-headed bean bugs (D), tsetse flies (E), fruit flies (F), honey bees (G), entomopathogenic nematodes (H), and leeches (I). RNS, reactive nitrogen species; PGRPs, peptidoglycan recognition proteins; TxSS, any type secretion system.

TABLE 2 Animal-bacterium symbioses in which symbionts must recolonize host tissues each generation and for which bacterial molecular factors involved in colonization have been identified[a]

Figure panel	Host	Symbiont group (phylum/family)	Symbiont species	Localization	Section(s) in this article	References
A	Euprymna scolopes (squid)	Proteobacteria, Vibrionaceae	Vibrio fischeri	Light organ	"Reaching the Host: Motility and Chemotaxis," "Surface structures interacting with the host," "Adhesion," "Biofilm formation," "Secretion systems," "Making Space: Induction of Host Morphological Traits Relevant to Colonization," "Coping with a New Environment: Stress Response," "Dealing with Third Parties: Competition and Facilitation among Symbionts," "Impact of Priority Effects on Symbiont Colonization"	85, 100, 104, 107, 119, 131, 133, 151, 165, 184, 187, 209, 213, 250, 251
B	Riftia pachyptila (giant tubeworm)	Proteobacteria, sulfur-oxidizing symbionts	"Candidatus Endoriftia persephone"	Trophosome	"Reaching the Host: Motility and Chemotaxis"	16, 109
C	Petrosia ficiformis (sponge)	Cyanobacteria, Synechococcaceae	"Candidatus Synechococcus feldmannii"	Bacteriocytes	"Reaching the Host: Motility and Chemotaxis," "Adhesion"	110, 155
		Cyanobacteria, Synechococcaceae	"Candidatus Synechococcus spongiarum"	Extracellularly	"Reaching the Host: Motility and Chemotaxis," "Adhesion"	110
D	Riptortus pedestris (broad-headed bugs)	Proteobacteria, Burkholderiaceae	Caballeronia insecticola	Midgut crypts	"Reaching the Host: Motility and Chemotaxis," "Surface structures interacting with the host," "Biofilm formation," "Making Space: Induction of Host Morphological Traits Relevant to Colonization," "Coping with a New Environment," "Dealing with Third Parties: Competition and Facilitation among Symbionts," "Impact of Priority Effects on Symbiont Colonization"	44, 114, 115, 119, 136, 167, 193, 194, 226
E	Glossina spp. (tsetse flies)	Proteobacteria, Erwiniaceae	Wigglesworthia glossinidia	Milk glands, intrauterine larva, bacteriome	"Reaching the Host: Motility and Chemotaxis"	122, 123
		Proteobacteria, Pectobacteriaceae	Sodalis glossinidius	Body lumen, milk glands, intrauterine larva, gut	"Surface structures interacting with the host," "Secretion systems," "Coping with a New Environment: Stress Response"	21, 177–179, 199, 208
F	Drosophila melanogaster (fruit fly)	Proteobacteria, Acetobacteraceae	Acetobacter thailandicus	Gut	"Reaching the Host: Motility and Chemotaxis"	128
G	Apis mellifera (honey bee)	Proteobacteria, Neisseriaceae	Snodgrassella alvi	Gut	"Surface structures interacting with the host," "Adhesion," "Biofilm formation," "Coping with a New Environment: Stress Response," "Dealing with Third Parties: Competition and Facilitation among Symbionts," "Impact of Priority Effects on Symbiont Colonization"	84, 145, 230

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TABLE 2 (Continued)

Figure panel	Host	Symbiont group (phylum/family)	Symbiont species	Localization	Section(s) in this article	References
H	*Heterorhabditis bacteriophora* (nematodes)	*Proteobacteria, Morganellaceae*	*Photorhabdus*	Gut, rectal gland cells	"Surface structures interacting with the host," "Adhesion," "Biofilm formation"	138, 148, 152–154, 166
I	*Hirudo verbana* (leech)	*Bacteroidota, Rikenellaceae*	*Rikenella*-like	Gut	"Dealing with Third Parties: Competition and Facilitation among Symbionts"	169
		Proteobacteria, Aeromonadaceae	*Aeromonas veronii*	Gut	"Surface structures interacting with the host," "Biofilm formation," "Secretion systems," "Dealing with Third Parties: Competition and Facilitation among Symbionts"	139, 169, 174

*a*Taxonomic affiliation of each partner, localization, section occurrence in this review, and associated references are included.

Neutral Start

A third case has been recently discussed in which host-microbe symbiosis can initially evolve without specific benefits for any of the partners (65). A modeling-based analysis focusing on *Drosophila melanogaster* and its microbiota highlighted the relevance of dispersal via the host and the impact of the microbes on host habitat, which in turn influences host development. While these aspects can in fact be considered indirect benefits, this approach is nonetheless a useful standpoint to experimentally assess whether a mutualistic association including bacterial adaptations enhancing host colonization can evolve under initially neutral conditions.

A spectrum spanning the three scenarios—selection-driven transition, capture, or neutral start—likely exists, based on the observations on dependence and genomic architecture across symbiotic systems. However, we know little about the general benefits of colonization traits for beneficial bacteria and even less about their costs. Our understanding of molecular mechanisms for bacterial colonization in hosts has been heavily influenced by pathogen research and has only begun to actively expand to beneficial associations, or bacteria shifting across the parasite-mutualist continuum (57). While the phenotypic effects of successful colonization have been intensively studied for both host and bacteria, the ecological consequences and evolutionary drivers of initiating a host-associated lifestyle in beneficial bacteria remain poorly understood. However, there is considerable work on the molecular underpinnings of symbiosis establishment in a few symbiotic model systems and growing capacities to explore similar questions in nonmodel organisms (Text Box 3). As outlined in the section Molecular Mechanisms for Symbiont Colonization, this work is paramount for better understanding the drivers and constraints of transitioning to a host-associated lifestyle.

TEXT BOX 3: GENETIC MANIPULATION TO UNRAVEL SYMBIONT COLONIZATION FACTORS

Mutations inducing loss or gain of functions are key for the identification of specific genes involved in a biological process, like host colonization. Targeted (66) and random mutagenesis techniques (67) have revealed a plethora of molecular mechanisms involved in bacterial infection and pathogenesis (68–70). For a number of beneficial bacterial symbionts, however, the inability to cultivate these *in vitro* hinders genetic manipulation (71). Cultivation has been nonetheless successful for several invertebrate symbionts, like *Vibrio fischeri* (72), *Aeromonas veronii* (73), *Photorhabdus luminescens* (74), *Cabelleronia insecticola* (75), *Snodgrassella alvi* (76), and *Sodalis glossinidius* (77). In these systems, a combination of targeted and/or random mutagenesis techniques are now available. For example, a versatile toolkit for genetic manipulation using broad-host-range plasmids focusing on the honey bee and bumblebee gut microbiome was recently developed (78). This includes a set of tailored constructs allowing for disruption of specific genes using CRISPR-Cas9, as well as heterologous expression of fluorescent reporters, antibiotic resistance markers, or other genes of interest in various proteobacteria. The toolkit has also helped in engineering *S. alvi* symbionts to activate the host's internal RNA interference (RNAi) machinery and modulate host gene expression (79).

Another method widely used in studying symbiont molecular mechanisms is the generation of random mutant libraries using transposon insertions. Transposons allow for individually disrupting genes across the genome through a "cut-and-paste" mechanism, and many mutants can be generated in a single transformation event. Once a diverse library of mutants is available, the fitness of all mutants can be assessed simultaneously under the desired experimental conditions. Based on this approach, the composition of mutants in a library infected into a host organism will change in diversity and frequency in comparison to that grown *in vitro*. Additionally, screening or negative selection can be used to separate individual mutants. For example, by plating the library on low-percentage agar media and screening for mutants that are less motile or hypermotile, novel genes involved in bacterial motility can be discovered (80, 81). Similar approaches

have been used in a number of invertebrate symbionts to identify other phenotypes, including a study in *S. glossinidius* in tsetse flies (82) and one in *Caballeronia* in *R. pedestris* bean bugs (83). The advent of next-generation sequencing technologies has furthered the development of efficient approaches to track relevant genes in these random mutant libraries. In particular, the use of transposon insertion sequencing (Tn-seq) is valuable in assessing the changes in individual mutant frequencies by insertion-directed sequencing in a high-throughput manner. Tn-seq experiments to identify symbiont genes essential for host colonization have been performed in various beneficial bacteria, including *S. alvi* symbionts of honey bees (84) and *V. fischeri* symbionts of squids (85), as well as in associates of vertebrates (86) and plants (87–89). Recent advances combining droplet-based microfluidics and Tn-seq have proven useful in studies where population effects and cell-cell competition may interfere with the identification of specific single-cell phenotypes under certain conditions (90). Another advancement is the use of CRISPR/Cas9 genome editing for targeting genes in nonmodel microbes. For example, this approach was effective in knocking out the *ompA* gene and also in integrating fluorescence and gentamicin resistance markers in *Cedecea neteri* gut symbionts of *Aedes* mosquitos (91). CRISPR interference (CRISPRi) is an emerging method yet to be applied in beneficial symbiosis. It enables the transcription repression of target genes without modifying the target site (92, 93). In CRISPR, a guide RNA complementary to a DNA sequence points to the target where the Cas9 nuclease protein must cleave. In contrast, in CRISPRi, the Cas9 protein is catalytically deactivated (dCas9) to downregulate the expression of the target gene. Since CRISPRi is inducible, growth essential genes (94, 95) and temporally essential genes (95, 96) may be studied, which is not possible with targeted or transposon mutagenesis techniques (93, 97, 98).

MOLECULAR MECHANISMS FOR SYMBIONT COLONIZATION

Reaching the Host: Motility and Chemotaxis

In most open symbioses, initial contact and entry into the host can depend on the ability of the microbe to sense and move toward a chemical cue (99). In fact, from land to the deep-sea waters, most described bacterial symbionts having a free-living stage retain the genes essential for motility at least until they migrate into the symbiotic structures of the host. The role of these machineries has been experimentally addressed in *Vibrio fischeri* bacteria associated with *Euprymna scolopes*, the Hawaiian bobtail squid, a key model system for the molecular cross talk in establishment of environmentally acquired symbionts. Bioluminescent *V. fischeri* is considered a beneficial symbiont, as it provides counterillumination, a form of camouflage, for the host to evade predators under the moonlight (100). During the first steps of the colonization process in the squids, *V. fischeri* cells from the seawater aggregate in mucus secreted by the squid host. Once *V. fischeri* cells have aggregated on the epithelial surface of the squid, they navigate along a chitobiose gradient, which is a chemoattractant established by the host, and move toward the crypts of the light organ (101–103), where the bioluminescent cells are finally housed (Fig. 2A) (104–106). Concordantly, mutations in the *cheY* and *cheR* genes impair colonization of the light organs, supporting the hypothesis that chemotaxis is required for *Vibrio* to navigate to its final destination in the squid (107). Motility is also key in this stage, as *V. fischeri* mutants that are immotile or contain a disrupted putative homolog of the *V. cholerae* **flagellar** response regulator, *flrC*, cannot colonize the host (107). In other systems, mucins and glycoproteins that are constituents of host mucus can act as chemoattractants, enabling pathogens to colonize the mammalian mucus-lined intestine (108). Also similar to the *V. fischeri* symbionts, related pathogens like *Vibrio cholerae*, *Helicobacter pylori*, and *Campylobacter jejuni* rely on motility to penetrate the mucus layer of the intestinal epithelium in mammalian hosts (108).

In symbionts of other marine invertebrates, functional genomics and comparative
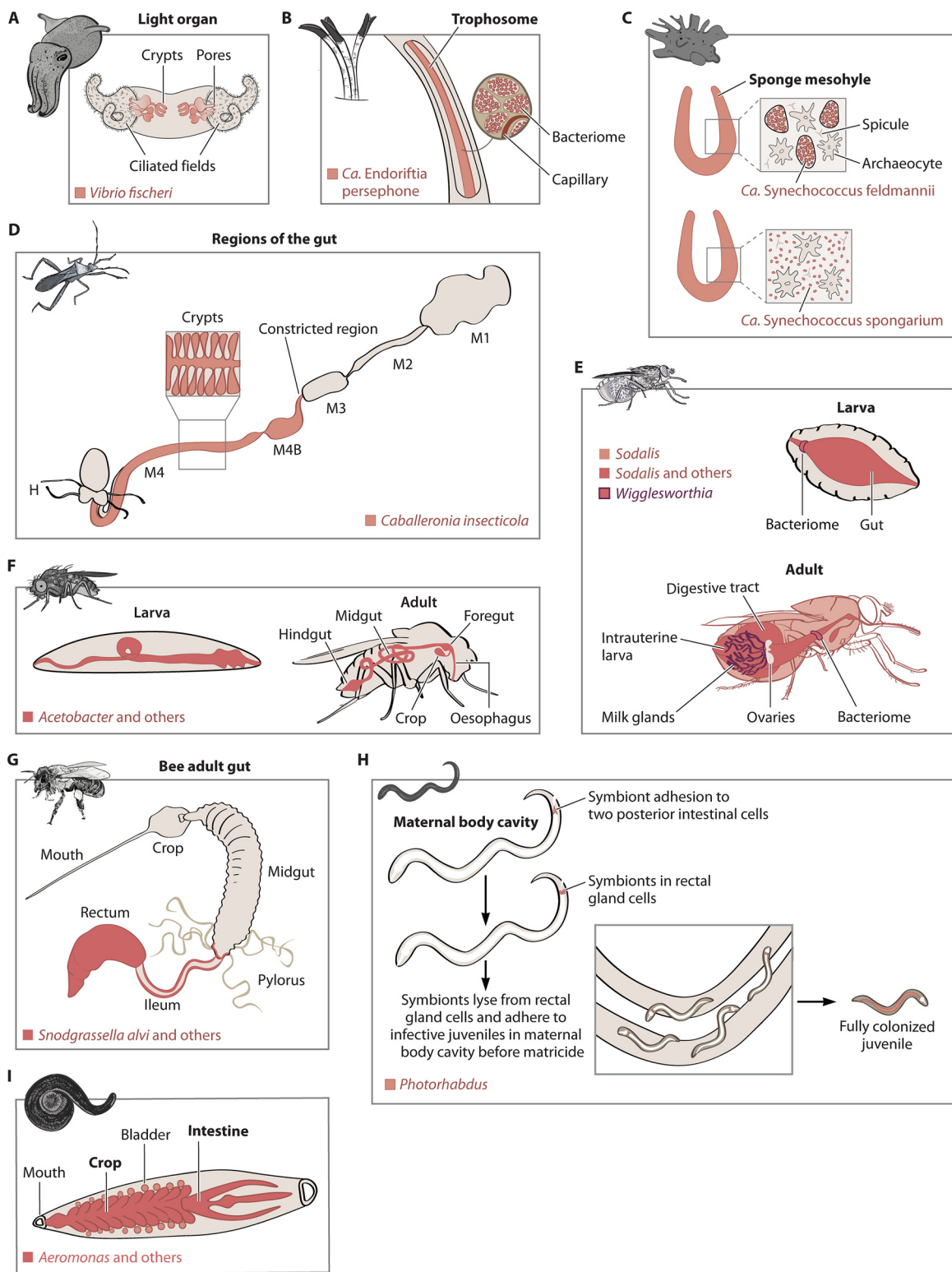
FIG 2 Localization of beneficial symbionts in the following invertebrate systems discussed in the review: bobtail squids (based on reference 105) (A), giant tubeworms (based on reference 264) (B), sponges (based on references 265 and 266) (C), broad-headed bean bugs (based on reference 267) (D), tsetse flies (based on reference 268 and 269) (E), fruit flies (based on reference 270) (F), honey bees (based on reference 271) (G), entomopathogenic nematodes (based on reference 152) (H), and leeches (based on reference 272) (I). Red highlights indicate the specific location of a symbiont in an organ/body of the host. Multiple symbiotic strains or species may sometimes colocalize together, which is indicated in darker red.

studies suggest that motility and chemotaxis are also important for colonization initiation. A metagenome analysis of "*Candidatus* Endoriftia persephone" endosymbionts that colonize bacteriocytes in the giant tubeworm *Riftia pachyptila* (Fig. 2B) revealed that the symbionts carry a wide array of chemoreception and motility genes (16, 109). In *Petrosia ficiformis* sponges, the **facultative** intracellular symbiont "*Candidatus* Synechococcus feldmannii" (Fig. 2C) carries a motility-related pilus retraction ATPase gene, *pilT* (110). Strikingly, this gene is absent in the obligate extracellular symbiont "*Candidatus* Synechococcus spongiarum" (Fig. 2C), pointing to a different way of colonization (110). However, direct evidence for the role of motility is lacking and challenging to obtain in this and other systems that are not amenable to manipulation.

Terrestrial environments present considerable limitations to bacterial movement. Hence, on land, the first encounter of free-living symbiotic bacteria with a host might be more spatially restricted. To initiate contact under these conditions, bacteria can benefit from alternative mechanisms, such as their host's behavior and biology. This is particularly observed in microbe-insect interactions, where the symbionts can take advantage of trophallaxis, coprophagy, and egg surface smearing (35, 111). Presumably, symbionts hitchhike via these behaviors that serve nutrient exchange, although the evolutionary drivers could be both nutrition and bacterial transmission. In fact, the presence of bacteria might promote these behaviors in some cases, as observed in cockroaches. Feces from artificially created axenic individuals are less attractive to conspecifics due to differences in the volatile blend, usually containing aggregation pheromones. Thus, the bacteria promote this gregarious behavior and thereby increase their chances for transmission among cockroach hosts (112).

After gaining entry, bacteria must still migrate to and/or enter the specific symbiotic organs or target niches to establish an association in terrestrial hosts. In *Riptortus pedestris* bean bugs, *Caballeronia* (previously *Burkholderia*) symbionts are orally acquired by nymphs (113) and they require functional flagellar motility to enter the M4 midgut crypts where they are housed (114, 115) (Fig. 2D). Related opportunistic pathogens, like *Burkholderia cepacia* and *Burkholderia glumae*, also utilize flagellar motility to invade the host (116, 117), which is common across many pathogenic bacteria (118). Interestingly, ***in vitro*** assays demonstrate that the bug's *Caballeronia* symbionts have developed a specialized corkscrew-like motion (119) in which the flagellum, wrapped around the cell body, thrusts the cell forward. The same study identified a similar mechanism in a *Vibrio fischeri* strain, implying that this type of flagellar motility might also be relevant for other bacteria (119). The wrapped flagellum is not essential for penetrating the constriction region, but it is speculated that it improves the efficiency of movement through the mucus in this region (119).

While being motile can be, unsurprisingly, important for beneficial bacteria that recurrently colonize the host, it is widely observed that vertically transmitted endosymbionts lose motility genes or, as in *Buchnera aphidicola*, flagellar genes may be involved in protein transport (120, 121). There are exceptions, however, like the *Wigglesworthia* symbionts of tsetse flies. These bacteria reside intracellularly in bacteriocytes near the anterior midgut and are also found extracellularly in the milk gland lumen, from which they are vertically transmitted to the intrauterine progeny via a milk gland (122) (Fig. 2E). Here, expression of motility and flagellar genes is upregulated during maternal transmission and larval intrauterine development, suggesting motility as an important factor for colonization of the offspring (122, 123).

In the case of obligate, vertically transmitted endosymbionts, symbiont translocation is often achieved through transport mechanisms of the host (124, 125). Therefore, the endosymbionts might lose genes essential for motility and chemotaxis as a more consistent association with the host evolves (98). For example, free-living *Serratia symbiotica* bacteria that are transitioning from pathogenic to beneficial lifestyles in aphids have lost swimming motility and chemotaxis while retaining some genes important for interaction with the host (126). Similarly, a defensive symbiont of *Lagria villosa* beetles facing ongoing genome reduction lacks the genes required for chemotaxis and

flagellar motility (127). In a relatively open symbiotic association, a comparative analysis shows that flagellar motility is lost in *Acetobacter* bacteria that reside in the gut of laboratory-reared *Drosophila* fruit flies (Fig. 2F), while it is retained in those strains isolated from wild-caught flies. This suggests that motility is not advantageous in the laboratory, where strains remain in close contact with the host through several generations of lab rearing, but it may facilitate colonization and establishment in a more heterogeneous natural environment (128). Loss of flagellar motility or the structural components may also be an evolutionary adaptation to avoid activation of host innate and adaptive immune defenses, since flagellins are recognized as immune activators in plants and mammalian cells (129, 130).

In summary, motility appears to be a valuable tool for beneficial bacterial colonizers both outside and inside an animal yet can quickly become dispensable for symbionts evolving toward tighter associations with the host.

Engaging with the Host

Surface structures interacting with the host. Bacterial surface structures are key during colonization, as they mediate the cell's contact with the external environment. These structures are involved in partner recognition and signaling, symbiont immune evasion, and mediation of adhesion to host tissues (see also Text Box 1). Surface components like **lipopolysaccharide (LPS), tracheal cytotoxin (TCT)** from the **peptidoglycan** layer, and exopolysaccharides are termed microbe-associated molecular patterns (MAMPs), as they can interact with MAMP recognition proteins of the host (131, 132).

In the squid symbiont, *V. fischeri*, MAMPs are important for signaling the bacterial presence to the squid host. Although unspecifically, bacterial surface peptidoglycans in the seawater trigger mucus secretion by the host even before colonization (104). Also, despite being part of the cell wall peptidoglycan, TCT can be released and act at a distance. TCT triggers hemocyte infiltration into the ciliated epithelial fields and induces apoptosis of the epithelial cells that make up the fields of the squid light organ (133), leading to the restructuring of host ciliated appendages (131, 133), as also mentioned in "Making Space: Induction of Host Morphological Traits Relevant to Colonization."

In other symbionts, surface structures and, in particular, LPS are crucial for colonizers to avoid detection by the host immune components during entry. Anchored to the outer membrane of the cell, the LPS consists of three regions—lipid A, core oligosaccharide, and O antigen—and acts as a protective barrier in pathogens and mutualists against a harsh external environment (134). The host immune system recognizes LPS when it is released from the outer membrane due to cell death or removed from the outer membrane by the host lipid A binding protein (LBP). To avoid recognition by the host immune system, some bacteria exhibit changes in the chemical structure of LPS, such as alterations in acylation patterns and phosphorylation of the lipid A structure, or variations in the O-antigen polysaccharide structure (135). Phosphorylation changes the net charge exposed on the cell surface and thus affects the interaction of bacterial cells with the environment, AMPs, and antibiotics (134). In the *Caballeronia* symbionts of the *Riptortus* bean bug, an intact O antigen helps protect *Caballeronia* symbionts from cationic antimicrobial peptides of the host until the symbionts reach the symbiotic midgut region (136). It is speculated that after colonization, the host induces loss of the O antigen to maintain control over symbiont titers (137), implying that modification of the surface structure may be essential for symbiosis establishment. The LPS core, O antigens, and genes involved in their assembly are also speculated to help in immune evasion or to aid in colonization in other beneficial symbionts including *Snodgrasella alvi* in bees (84), *Photorhabdus* in entomopathogenic nematodes (138), *Sodalis glossinidius* in tsetse flies (20), and *Aeromonas* in leeches (139).

Adhesion. Surface structures that help in attachment to the host are widely important for horizontally transmitted symbionts. This is especially true in the marine environment, where free-swimming cells face the threat of being washed away by currents, but also in the gut, where the same occurs with the passage of food by peristaltic

movement (140). Therefore, adhesions mediated by **pili** or **fimbriae**, curli proteins, or trimeric autotransporter adhesin (TAA) or through **biofilm** formation (see "Coping with a New Environment: Stress Response") are important for mutualists and pathogens alike (141).

Pili or fimbriae are hairlike appendages that are found on the bacterial cell surface. While these terms are often used interchangeably, there are some general distinctions: fimbriae are shorter than pili and may not be involved in transfer of DNA (142) (see the GLOSSARY in the APPENDIX). Among these structures, **type IV pili** are especially relevant for adhesion to host cells, biofilm formation, twitching motility, and protein transport. These structures have been widely studied in pathogens like *Pseudomonas aeruginosa*, *Neisseria gonorrhoeae*, *Vibrio cholerae*, and *Clostridium* sp. (143, 144). In a similar fashion, type IV pili may aid host colonization in a number of host-beneficial bacteria of inverte-brates. They are predicted to be essential for colonization by *S. alvi* symbionts in the gut of the honey bee, *Apis mellifera* (Fig. 2G) (84, 145), akin to the related pathogen *Neisseria gonorrhoeae*, which also employs the type IV pilus to adhere to the host epithelium (146). Among beneficial symbionts, the role of pili in adhesion to host tissues extends to those associated with earthworms (147), entomopathogenic nematodes (148), humans (149, 150), and sponges (110). Interestingly, in "*Ca.* Synechococcus" symbionts of sponges, the relevance of pili likely relates to the transmission route of the bacteria. Although intracellular, the facultative and presumably horizontally acquired "*Ca.* Synechococcus feldmannii*" (Fig. 2C) retains type IV pilus genes (110). By contrast, these are absent in the congeneric "*Ca.* Synechococcus spongiarum*," which is an obligate and vertically transmitted symbiont despite its extracellular location (110). It is likely that for the latter, the stable transfer over generations obviates the need for attachment mecha-nisms. A putative pilus-encoding gene in *V. fischeri* offers a competitive advantage dur-ing cocolonization with other strains in the squid light organ, while the absence of the gene does not affect individual mutants during colonization (151). This diversity of sys-tems underlines the relevance of pilus-mediated adhesion for beneficial bacteria that must repeatedly colonize the host and thus retain this feature from free-living or patho-genic lifestyles.

In addition to type IV pili, the role of fimbriae, chaperone-usher pili, curli fibers, and TAA for adhesion in host-associated bacteria is well characterized (141). A relevant case study occurs in *Heterorhabditis bacteriophora* entomopathogenic nematodes, where the symbiont *Photorhabdus luminescens* is maternally transmitted to the developing juveniles in the mother's body cavity (Fig. 2H). The symbionts use the *mad* (maternal adhesion defective) fimbrial locus for binding to the intestine of the maternal nema-tode (152). Cells that can adhere to and invade the adult rectal gland cells are preferen-tially transmitted to the offspring developing inside the body cavity (153). Notably, an invertible promoter controls an ON-and-OFF switch that regulates this fimbrial locus. This switch mediates the bacterial transition between a mutualistic form in the host nematode and an insect-pathogenic form in prey insects, which is key for the entomo-pathogenic phase of the nematode's life cycle (154).

Other relevant adhesion factors in the context of mutualistic bacteria include type Vc **secretion system** adhesins and eukaryote-like proteins such as fibronectin type III (FN3), cadherin, and leucine-rich repeat domain-containing proteins, which have been reported in bacteria from the sponge microbiome, although evidence for their role in symbiont colonization remains indirect (110, 155). For example, FN3 domains are enriched in sponge-associated cyanobacteria in comparison to free-living strains of the same group (110). FN3-containing proteins are possibly involved in binding to glyco-proteins and structural proteins on host cells (156). Fibronectin-like proteins are also known to be essential for attaching to the host epithelial cells in pathogenic bacteria like *C. jejuni* (157), as well as in probiotic *Lactobacillus* attaching to the mammalian gut (158).

Nonfimbrial and nonpilus adhesins like TAA are secreted through the outer mem-brane in Gram-negative bacteria, specifically by the type Vc secretion system (159).

TAA is a common family of adhesion factors often associated with virulence in bacteria (160). In one of the gut symbionts of honey bees, *S. alvi*, TAA possibly aids in binding to the bee gut epithelium, as predicted by a genome-wide screening analysis using a mutant library (84). TAA could be more commonly implicated in symbiont establishment, as homologous proteins have also been found in the genome of *Burkholderia* Lv-StB symbionts of *Lagria villosa* beetles (127), although the importance of TAA as colonization factors in these systems remains unexplored.

Biofilm formation. Adhesion often precedes the formation of a **biofilm**, an important strategy for microbial colonization on surfaces, including those within a host (161). Subsistence in a biofilm can entail important benefits such as increased protection from antimicrobial substances, including host immune factors (Text Box 1), occupation of nutrient-rich areas, and facilitated cooperation (162, 163).

Both pathogenic and beneficial bacteria in a broad range of animal hosts—within and beyond invertebrates—rely on the formation of biofilms upon attachment to settle in the host tissues. In *Euprymna* squids, for instance, formation of a biofilm is crucial for the *V. fischeri* symbionts to pass through the squid ciliated epithelial area before entering the light organ pore (Fig. 2A). The production of the extracellular "symbiosis polysaccharide" (Syp) by the bacteria (164), as well as several regulator molecules (85, 165), enables biofilm formation. In entomopathogenic nematodes, the formation of a biofilm allows *Photorhabdus* bacteria to become established in the posterior end of the gut before invading cells in the rectal gland epithelium (166) (Fig. 2H). Similarly, there are indications that *S. alvi* gut symbionts of honey bees also form biofilms that facilitate host colonization and rely on adhesion factors for their formation (84). *Caballeronia* symbionts of the bean bug *R. pedestris* also rely on biofilm formation for proper establishment in the insect gut (167), similar to related pathogens of the genus *Burkholderia* that produce a biofilm for successful infection (168).

Polymicrobial settlement in biofilms can be another key phenomenon in the gut or on other host surfaces. Several studies indicate that the presence of a polysaccharide matrix formed by already existing bacteria can facilitate the recruitment of new associates, even when they are themselves impaired in biofilm formation. The possibility of attaching to other bacteria instead of directly to the host can thus spare the need of host-directed adhesins (161). As observed in leeches, and further discussed in "Dealing with Third Parties: Competition and Facilitation among Symbionts," the bacterial polymeric matrix might also promote important cross talk between coexisting symbionts (169).

Secretion systems. Secretion systems have been widely studied in beneficial and pathogenic bacteria and are known to enhance communication with the host or to mediate interbacterial warfare.

The type II secretion system (T2SS) has several evolutionary similarities to the type IV pilus, flagella in archaea, and competence pili in Gram-positive bacteria (170). Unlike the type III and type VI secretion systems (T3SS and T6SS), the T2SS secretes proteins into the extracellular environment for adhesion and biofilm formation, lysis of host tissue, or to remodel the environmental niche (171). An example of the use of T2SS by mutualistic bacteria includes *Aeromonas veronii* symbionts found in the leech crop (Fig. 2I). *A. veronii* secretes hemolysin via a T2SS to lyse a part of the ingested erythrocytes in the blood meal of the leech and utilize it as a heme source. The absence of hemolysis activity in *A. veronii* renders them incapable of colonizing the leech crop. Similarly, T2SS in a related pathogen, *Aeromonas hydrophila*, is important for pathogenesis by secretion of putative virulence proteins, including hemolysin (172).

The T3SS is known in symbiosis as an important colonization determinant. Several T3SS components are similar to those of the flagellar proteins, and the T3SS apparatus spans the bacterial cell membrane. When in contact with the host cell membrane, the T3SS injects effector molecules into the eukaryotic cell (173). It helps bacteria gain entry into the host cells, and modulate signaling processes in the host or avoid host innate immune factors. An example of a microbial symbiont that uses the T3SS for immune evasion is *A. veronii*. There, the T3SS helps avoid phagocytosis by leech

hemocytes circulating in the intraluminal fluid of the crop and is additionally involved in pathogenesis in mammalian hosts, showing that the T3SS has a dual role as a colonization factor and a virulence factor in different hosts (174). Among the *Aeromonadaceae*, apart from the beneficial symbiont of leeches, pathogens such as *Aeromonas salmonicida* and *A. hydrophila* carry a T3SS (175). The use of the T3SS for modulation of the host immune response is also observed in systems involving taxonomically distant hosts, like leguminous plants. There, nitrogen-fixing rhizobia use the T3SS to inject Nops (nodulation outer protein) effectors to suppress host immune responses and become established in the root nodules of host plants. However, in incompatible rhizobium-legume combinations, Nops effectors can also affect nodulation negatively and prevent infection, showing their role in specific colonization and their similarity to plant-pathogenic effectors (176). Other bacteria are capable of inducing changes to the host cytoskeleton and interrupting host signaling processes for immune suppression using the T3SS, including enteropathogenic *Escherichia coli* (EPEC), enterohemorrhagic *E. coli* (EHEC), and *Yersinia pestis* (173, 177).

S. glossinidius symbionts of tsete flies use the T3SS machinery to gain entry into host cells. There, the T3SS regulated by the PhoP-PhoQ two-component system affects the ability of the bacteria to colonize the host fly (178, 179). Pathogens like *Salmonella*, *Shigella*, and *Chlamydia* (173) employ a factor similar to that of the *S. glossinidius* symbiont of tsetse flies in establishing an intracellular lifestyle using the T3SS. Interestingly, *S. glossinidius* has only recently transitioned to an endosymbiotic lifestyle in tsetse flies, and it retains a T3SS machinery that shares a common ancestry with *Salmonella enterica* and *Shigella flexneri* invasins. This machinery now facilitates the symbiont's vertical transmission from the hemolymph to the intrauterine progeny (82). The T3SS also seems to be a conserved feature in a close relative of *S. glossinidius*, *S. pierantonius*. This intracellular symbiont of cereal weevils uses the T3SS for translocation during host metamorphosis. The endosymbiont undergoes a transient extracellular phase, as a few cells migrate from larval bacteriocytes to stem cells that are precursors of adult bacteriocytes (61).

Other than the T3SS, in the squid symbiont, *V. fischeri*, the two-component secretion system TamAB is likely to be involved in host colonization (85). Furthermore, as addressed in detail in "Dealing with Third Parties: Competition and Facilitation among Symbionts," the T6SS is also now recognized as important machinery for animal-associated microbes. It mediates interactions with both the host and cocolonizers in mutualistic and pathogenic bacteria (180).

Making Space: Induction of Host Morphological Traits Relevant to Colonization

In many symbioses, spatial confinement or compartmentalization of the microbial partners in host tissues or organs is important for isolating and regulating the symbionts, maintaining partner fidelity, and/or avoiding direct conflict between different symbionts in a single host (28, 181). In some hosts, the formation of symbiont-housing organs is hardwired, potentially due to coadaptations during the evolution of the symbiosis, and does not require cross talk with the symbionts to trigger its development (for examples, see references 182 and 183). However, in other cases, such morphological alterations are induced in the presence of a specific symbiont enabling successful establishment. Over two decades ago, it was shown that *V. fischeri* symbionts trigger the postembryonic development of the light organ, where the bacteria will later reside (184) (Fig. 2C). The colonization of the crypts induces major changes in the light organ tissues, including swelling of the epithelial cells, increased microvillar density, and later apoptosis and regression of the ciliated field, where symbionts are recruited. This process begins within hours after first contact between the host and the bacteria and is orchestrated through an impressive molecular dialogue between symbiont and host, which has been characterized in detail (105, 185–187). During this process, actin rearrangements trigger the light organ formation in squids by *V. fischeri* (185, 187). Similarly, some pathogens of mammals (188, 189) or plants (190, 191) also target actin in the host cell cytoskeleton by secreting proteases and other effectors that manipulate the cellular framework, promoting invasion and dissemination (192). While defined

and in some cases highly specialized symbiont-housing organs are present in many other animal and plant hosts (181), the role of symbiont molecular factors that might induce their formation is known for only a few model systems.

Symbiont-induced morphogenetic changes can also enhance partner specificity during colonization. In the bean bug *R. pedestris*, the passage of *Caballeronia* symbionts or related strains through a constricted region leading to the crypt-bearing section of the midgut provokes its closure (Fig. 2D). This blocks the subsequent entry of nonspecific bacteria and thus reinforces partner choice during colonization (193, 194). As noted above, a similar finding was reported in *Euprymna* squids, where *V. fischeri* triggers the constriction of a passage through which symbionts must navigate to reach the crypts. As in the bugs, this bacterium-induced mechanism is relevant for temporal and spatial regulation of colonization, in addition to increased specificity and compartmentalization of the symbionts (185).

Coping with a New Environment: Stress Response

Even though the host might offer a stable environment for some symbionts, colonizing bacterial partners can experience extreme and/or fluctuating conditions in terms of temperature, pH, oxygen concentration, nutrient supply, and oxidative stress. Bacteria can mitigate stress with the help of chaperones (195, 196). In intracellular symbionts, genes encoding chaperones are commonly the most highly expressed genes (197), which indicates that symbionts experience a stressful environment. However, extracellular symbionts that experience some degree of genome erosion and related suboptimal codon usage also seem to require increased assistance of protein refolding via chaperones (198). For example, the tsetse fly symbiont *S. glossinidius* must react to rapid fluctuations in temperature due the intake of warm blood by the fly, which causes thermal stress. As a response to elevated temperatures, the symbiont upregulates the expression of the chaperones *dnaK*, *dnaJ*, and *grpE* (199), which are known to aid bacterial cells in coping with raised temperatures (200) by the stabilization and refolding of denatured proteins (201).

A common threat to bacteria residing within host tissues are reactive oxygen species (ROS) that can originate from the environment, the host, or the bacteria themselves (202). Highly reactive molecules such as hydrogen peroxide (H_2O_2), superoxide anions ($O_2{\bullet}^-$), and hydroxyl radicals (OH$\bullet$) have a dramatic effect on the structure and activity of proteins, DNA, and membrane lipids (203). Consequently, most organisms utilize enzymes to transform ROS into a nonharmful state and repair cellular damage (204–206). For the tsetse fly symbiont, the high temperatures related to blood intake could additionally result in such oxidative stress (207), to which *S. glossinidius* reacts with the upregulation of genes involved in the breakdown of ROS, repair of oxidative damage, transport of iron and manganese, and protein refolding (208), under the control of the regulatory *N*-(3-oxohexanoyl)homoserine lactone (OHHL).

In a second example, the Hawaiian bobtail squid *E. scolopes* regulates bacterial colonization by releasing nitric oxide synthase (NOS) and its product, nitric oxide (NO), at the epithelia of the superficial ciliated fields, ducts, and crypt antechambers (209). Furthermore, it provides aggregation mucus with vesicles containing NO and NOS to limit the number of bacteria (209). *V. fischeri* uses the flavohemoglobin Hmp for protection against the inhibition of aerobic respiration caused by NO (210). In the absence of NO, Hmp is expressed at a low level but is upregulated up to 120-fold in its presence (211). Flavorubredoxin produced by *V. fischeri* can also combat NO, albeit to a lesser extent and only under anaerobic conditions (210). Additionally, *V. fischeri* detoxifies ROS-damaged peroxidized membrane lipids by upregulating multiple genes during colonization stages inside the host (212). Once inside the light organ crypts, high expression of multidrug efflux pump genes suggests that the symbiont might actively expel antimicrobial compounds present in the crypts, a process that is probably coordinated by quorum sensing (212, 213). The aforementioned NO also plays a role during colonization in other symbiotic systems, e.g., in the legume-rhizobium symbiosis (214) and possibly in the beewolf-*Streptomyces* symbiosis (215). This suggests that

withstanding oxidative stress is likely important for establishment in several host-associated microbes.

S. alvi bacteria in the honey bee gut must also cope with various environmental challenges. Powell et al. (84) deduced that during the first 5 days of colonization, multiple stress response mechanisms are likely important and speculate on candidate genes that might enable these mechanisms based on infections with a random mutant library. This includes genes involved in modifying rRNA and tRNA, which could improve translation efficiency and fidelity and thereby mitigate nutritional and temperature stress (84). Furthermore, the expression of different enzymes responsible for amino acid synthesis and amino acid transporters can potentially be adjusted to help safeguard cell survival during nutrient limitation, a strategy previously shown in *E. coli* (216, 217). Additionally, factors involved in protein recycling and stabilization might be essential to ensure protein quality. *S. alvi* might also counteract ROS-inflicted DNA damage and repair DNA breaks by expressing a pathway that includes genes for the SOS response, recombinational repair, D-loop extension, resolution of Holliday junctions, and postrepair chromosomal separation. Furthermore, the antioxidant glutathione might play an important role in gut colonization, as suggested by the expression of genes for its synthesis and activity (84, 218).

Cell wall integrity can also play an important role in stress tolerance during establishment in the host. In *S. alvi*, outer membrane stress appears to be mitigated by the regulation of LPS synthesis and export (137). In the case of *Caballeronia* symbionts of *Riptortus* bean bugs, the deletion of a crucial gene for cell wall biosynthesis (*uppP*) results in an altered peptidoglycan structure, a higher sensitivity to lysozyme activity, and environmental stressors *in vitro* and failed initiation of symbiosis ***in vivo*** (219). This implies that the absence of the gene may expose the cells to bactericidal agents in the gut, although direct evidence is lacking (219). However, other examples of cell wall integrity changes related to stress in beneficial bacteria while colonizing extracellularly are to our knowledge lacking. In highly integrated intracellular symbionts of some insects, the host has horizontally acquired bacterial genes for cell wall metabolism and thereby gains increased control over the host-microbe interaction (for examples, see references 220 and 221).

MULTIPARTITE MICROBIAL INTERACTIONS AND THEIR ROLE IN COLONIZATION

Dealing with Third Parties: Competition and Facilitation among Symbionts

Besides the interaction with the host, colonization success and its specificity also depend on the interplay between bacterial competitors. Inter- or intraspecific interactions between bacterial colonizers can be facilitating, when one individual positively influences another directly, for example, by supplying nutrients or collective protection in a shared biofilm (222) or indirectly by modifying hosts resources, behavior, or immune responses (223). Alternatively, antagonistic interactions can involve exploitative competition through higher growth rate, enhanced motility or resource utilization, or interference competition in the form of antibiotic production, signaling disruption, or predation (224, 225). Importantly, as with host-microbe interactions, the outcome of an interaction between bacterial players can be context dependent and vary along a continuum from mutualism to antagonism (10).

Work in the *Riptortus-Caballeronia* symbiosis directly demonstrates how competition can play an important role in preventing other bacteria from colonizing and increasing specificity in the association (44, 226). While some closely related *Pandoraea* bacteria are able to bypass the selective machinery imposed by the host, these bacteria are quickly outcompeted by the *Caballeronia* symbiont in the M4 gut upon coinfection (226). While the specific mechanisms are unclear, Itoh et al. (226) speculate that the host environment is tailored toward housing its beneficial *Caballeronia* symbiont, providing it with a competitive advantage over other microbes.

In other cases, molecular mechanisms mediating interference competition by cocolonizing bacteria have been identified. For example, effector proteins associated with

the T6SS are known to facilitate antagonistic interactions between bacterial strains in some symbiotic systems (227). The T6SS is a contractile apparatus built by a sheath tube of protein subunits (TssB and TssC), within which are stacks of hemolysin coregulated protein (Hcp) that help to transport effector molecules. At the tip, the Valine-glycine repeat protein G (VgrG) syringe serves to puncture bacterial competitors and deliver effectors (227). Direct competition between coinfecting bacteria influenced by the T6SS has been described at the molecular level in the squid-*Vibrio* symbiosis. Here, multiple strains compete over establishing a symbiosis within the crypts of the nascent light organ. At least three strains utilize a T6SS to eliminate competitors (228). This is promoted by upregulating the expression of Hcp and controlled by the alternative sigma factor σ54 and the bacterial enhancer binding protein VasH (229). In bees, *S. alvi* and coinfecting *Gilliamella apicola* symbionts conceivably engage in interbacterial competition during colonization, as suggested by upregulation of genes coding for a T6SS and various recombination hot spot (Rhs) toxins with antimicrobial activity (84, 230). However, other *S. alvi* and *G. apicola* strains lack the T6SS or Rhs genes, indicating that interbacterial interactions of core symbionts in the bee gut may also involve alternate mechanisms. The T6SS machinery also interacts with the host and cocolonizing bacteria in pathogenic bacteria. Pathogenic relatives of beneficial symbionts, such as *Burkholderia thailandensis*, *Pseudomonas aeruginosa*, and *Vibrio cholerae*, target host macrophages during infection and/or mediate bacterial warfare using different classes of T6SS (180).

Bacterial competition also operates as a screening process during symbiont colonization. Such a scenario has been modeled (231) and experimentally supported (232) for the defensive symbionts of attine ants. In this system, antibiotic-producing actinomycete bacteria are hosted on the insect cuticle and protect the ants' fungus garden from parasites (233). While the beneficial actinobacterial symbionts can be vertically transmitted, this mixed symbiosis allows for the entry of multiple other bacterial strains. Nonetheless, rich host-provided resources may fuel interference competition, and the priority effects of vertical transmission also play an important role, as discussed in the following section on Impact of Priority Effects on Symbiont Colonization. The antibiotic producers thereby likely prevent nonproducers from successful colonization (232). However, other antibiotic producers can be picked up horizontally and subsequently benefit the host by adding their metabolites to the antibiotic cocktail. This shows that at least for antibiotic-based defensive symbioses, competition not only drives community assembly but also may screen for beneficial symbionts.

In contrast to the antagonistic scenarios described above, facilitation aids cocolonization of *A. veronii* and a *Rikenella*-like bacterium in the digestive tract of the medical leech *Hirudo verbana* (169) (Fig. 2I). Mixed microcolonies of the two bacteria are covered by a polysaccharide matrix that provides an oxygen-depleted environment for the obligate anaerobe *Rikenella*-like bacterium. In addition, the matrix promotes nutrient transfer between the two cocolonizing bacteria (234, 235). Thus, both facilitative and competitive interactions can shape the assembly, composition, and specificity of host-associated microbial communities.

Impact of Priority Effects on Symbiont Colonization

While competition can heavily influence colonization success, other factors like the order and timing of strain arrival, or priority effects, are also relevant for open and mixed symbioses. The recurring entry of microbes might make hosts more susceptible to the entry of various nonsymbiotic or harmful microorganisms, demanding regulation mechanisms that favor a stable symbiosis. In this context, the temporal aspect of symbiont colonization can be decisive for the structure and function of the microbiota, as is true for biological communities in general (236), and can have important ecological and evolutionary consequences (231).

Microbes colonizing specialized glands or crypts are likely to experience such impacts intensively, since priority effects are usually stronger in environments that

promote rapid changes in the size or structure of a **local population**, i.e., fast local **population dynamics** (236). How does that pertain to symbiotic organs? High growth rates in relation to immigration rate are usually tied to fast local population dynamics, as likely occurs in partially confined symbiotic organs. Several factors relevant in comparable scenarios might affect dynamics in symbiotic organs. First, stable conditions can promote fast growth (237). Second, the carrying capacity is reached more quickly because of the small habitat size in comparison to alternative environments (238, 239). Third, in systems in which symbionts are acquired during a specific host life stage or time point, immigration is usually bounded. Also, priority effects might be especially influential during symbiont colonization due to the capability for fast adaptation to local conditions after arrival (240). Experiments testing sequential infection of *Hydra vulgaris* by two types of the same bacterial symbiont, distinguished by fluorescent labeling, reveal a clear impact of priority effects (241). This study demonstrates that provided a sufficient time lag in colonization, a secondary colonizer will be at a disadvantage, given that the primary colonizer is already closer to reaching the total carrying capacity. Other studies have put forward specific mechanisms underlying such effects in the case of unrelated colonizers. In the human gut, for example, priority effects during community assembly in early life are thought to have long-lasting consequences (242). An early entry of *E. coli* can deplete oxygen levels, hindering colonization by facultative aerobes and facilitating colonization of obligate anaerobes such as *Bacteroides* spp. (243). In newborns, *Bifidobacterium* spp. deplete breast milk oligosaccharides and thereby limit the colonization of other species requiring these carbon sources (244). Similar effects might hamper the establishment of pathogenic bacteria, as suggested by manipulative experiments in model animals. Work by Litvak et al. (245) in mice and chicks suggests that the combined effects of carbohydrate breakdown by *Clostridia*—which stimulates oxygen consumption in the gut epithelium—and oxygen consumption by gut-associated *Enterobacteriaceae* result in colonization resistance against the pathogen *Salmonella enteritidis*. Also in mice, gut-associated *Clostridia* and *Erysipelotrichia* deplete sugar alcohols, which are required for the colonization of some opportunistic enteric pathogens (246).

Priority effects can impact symbiotic communities at the species or strain level and should be especially common among symbiont strains with a high phenotypic overlap. This is particularly relevant if recurrent exposure to a free-living phase prevents **sympatric** evolution and thereby niche differentiation (247). Notably, priority effects at the strain level might be often overlooked. In honey bees, assessment of the gut bacterial community composition using the customary 97% similarity threshold in the 16S rRNA gene shows an apparently high consistency across bees. However, a more rigorous assessment of the strain-level composition revealed that each bee carries a single strain of the core bacterial taxa but that there is a high variation in strain identity across individuals. Strikingly, most of the strains were found to be both dominant and rare in the guts of different bees from the same apiary (248). This suggests that priority effects play an important role in this system, although the mechanisms underlying the dominance of single strains in the honey bee microbiota are not fully understood. Along similar lines, controlled experiments in mice show that higher taxonomic levels remained unchanged independent of arrival order, but specific bacterial types were over- or underrepresented depending on the timing of host exposure (249). In *Euprymna* squids, the earlier arrival of so-called dominant beneficial strains can inhibit the entry of other strains. However, secondary colonization by a dominant strain occasionally persists (250). Therefore, other factors in addition to priority effects are likely to play a role in determining strain dominance in this system. These might be genetically encoded in *V. fischeri* strains, yet none of the candidate genes have been conclusively linked to colonization dominance so far (186, 251). In summary, priority effects may have a strong impact on establishment success and specificity in open and mixed symbioses and should be considered when investigating the dynamics

and molecular mechanisms underlying host colonization by multipartite microbial communities.

CONCLUDING REMARKS AND OUTLOOK

There is now a wealth of knowledge on the identity of beneficial symbiotic bacteria and their fitness impact on the host. However, the field has yet to catch up on understanding key factors that drive the establishment of these associations, especially from the perspective of the microbe. By spanning a number of symbionts from invertebrate hosts, we aimed to provide an overview of the known strategies used by beneficial bacteria to colonize invertebrates (Fig. 1). While doing so, parallels between the bacterial factors regulating the establishment of beneficial and pathogenic infections in animal hosts become readily apparent. The examples of related bacteria that engage in these two different lifestyles using similar strategies for colonization are useful for comparative studies investigating shifts across the mutualism-parasitism continuum and their mechanistic basis.

There are yet a few challenges and outstanding questions in the field that merit attention. First, the difficulty in culturing many host-associated bacteria acts as a barrier in advancing molecular symbiosis studies. In some symbioses, multiple symbiotic species or strains coexist in the host and probably mediate interbacterial cross talk, and studies with singular symbiont taxa and host may not represent the true nature of these associations or the factors involved in their establishment (248, 252). Second, being able to separate and genetically modify both the symbiont(s) and the host to experimentally determine the mediators of colonization and establishment has so far been possible in only a handful of systems (57, 71). Symbioses that enable us to cross this barrier are those in which host-symbiont integration is mild or the microbial partner retains its free-living abilities. Due to the limited systems that can be studied, there is a potential bias. Already known molecular factors like flagellar genes, modifications to the LPS, type IV pilus adhesion factors, and genes related to biofilm formation arise in many host-associated bacteria as important colonization features. Therefore, we risk overlooking other relevant factors in beneficial bacteria that may sometimes be particular to a group of microbes or hosts. The *syp* locus in *V. fischeri* and the *mad* fimbrial locus in *Photorhabdus* are examples of such factors unique to a system, and there is likely more to be explored in other beneficial symbionts. Another promising aspect for future research is the role of phages aiding in colonization through genetic innovation and dynamic transfer between strains, as well as their impact on the establishment of microbial communities by providing competitive advantages to some bacteria while hindering others (for examples, see reference 253). So far, a few recent reports discuss the effects of phages in animal microbiomes, including those of bees (254), aphids (255), corals (256), sponges (257, 258), and avian and mammalian pathogens (253). While prophages are increasingly recognized as relevant players in host-associated microbiomes, they remain an underexplored aspect of microbial evolution in the context of animal colonization.

The expanding availability of sequencing and imaging tools to study complex microbial communities, including nonculturable symbionts, will certainly be fundamental to the further exploration of the diversity of microbial molecular factors involved in animal colonization. For most microbes that still experience both free-living and host-associated conditions, a direct comparison of the implications of each lifestyle and the knowledge of the drivers to transition between these are lacking. Experimental evolution and modeling are valuable tools to address this knowledge gap (15, 259) and have been used to evaluate associated questions, such as host fitness consequences of horizontal versus vertical transmission (260–262). Monitoring systems that allow us to track symbionts in their free-living state and quantify fitness have also been proposed as a promising approach (263). Importantly, understudied symbioses need to be transformed into experimentally tractable systems, with targeted or genome-wide genetic manipulation representing

particularly promising approaches (Text Box 3). Thereby, we are likely to derive detailed and generalizable insights into the microbial adaptations for establishing as beneficial or pathogenic symbionts in animal hosts.

APPENDIX

GLOSSARY

Bacteriocyte/bacteriome Bacteriocytes are animal cells that are specialized to house endosymbiotic microbes. Bacteriomes are organs formed by bacteriocytes.

Biofilm Assemblage of microbial cells attached to a surface and embedded in a self-produced polymer matrix composed predominantly of extracellular polysaccharides.

Closed symbioses Symbioses involving strict vertical transmission of microbial symbionts, often via a transovarial route.

Facultative symbiosis Symbioses in which one or both of the partners involved can live independently without a drastic effect on fitness or only a context-dependent impact on survival.

Fimbriae Term that is often interchangeable with "pili" for historical reasons (142). Fimbriae are hairlike structures mediating adhesion and biofilm formation and are usually distinguishable from pili because they are shorter and not directly involved in DNA transfer.

Flagella Filamentous structures found in some microorganisms that help in locomotion.

In vivo An experiment (or process) carried out in a living organism, in this case in an animal host.

In vitro An experiment (or process) performed under laboratory culture conditions, not in the animal host.

Lipopolysaccharide (LPS) LPS comprises outer membrane components of Gram-negative bacteria that induce an immune response in eukaryotic hosts. The components include (i) O antigen, (ii) core oligosaccharide, and (iii) lipid A components.

Local population A set of individuals within a delimited area that is smaller than the geographic range of the species, which is often within a population or is a disconnected population.

Mixed symbioses Symbioses involving both vertical and horizontal symbiont transmission.

Obligate symbiosis Symbiosis in which one or both of the organisms involved cannot survive without the other.

Open symbioses Symbioses in which microbial symbionts are acquired horizontally, i.e., from the environment or unrelated hosts.

Peptidoglycan Polymer forming a layer around the cell membrane of bacteria that supports cellular integrity. Gram-positive bacteria have a thicker peptidoglycan layer than do Gram-negative bacteria.

Pili Tubular appendages found on the surface of many Gram-negative and Gram-positive bacteria that are important for adhesion, twitching motility, transfer of DNA, and protein secretion. They are formed by pilin protein subunits.

Population dynamics How and why populations change in size and structure over time. Key factors affecting these changes are reproduction, death, and migration rates.

Secretion system Complex protein structure found embedded in the external membrane of Gram-negative and Gram-positive bacteria. Secretion systems help in the transport of substances from the cytosol to the extracellular environment or the delivery of effector molecules to other organisms.

Sympatry The condition in which species or populations share the same habitat or geographical range. In the context of this review, it refers to microbial strains or species persistently sharing the same host tissue or symbiotic organ.

Tracheal cytotoxin (TCT) Soluble peptidoglycan components in the cell wall of Gram-negative bacteria comprised of a disaccharide and a peptide chain. TCTs

released by some pathogens cause damage to ciliated epithelial tissue and hinder the removal of foreign microbes and mucus from the tissue surface.

ACKNOWLEDGMENTS

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