



# Sensitivity of Detection and Variant Typing of SARS-CoV-2 in European Laboratories

Ramona Mögling,<sup>a </sup>© [Carlo Fischer,](https://orcid.org/0000-0001-9163-2406)<sup>b </sup>© [Kamelia R. Stanoeva](https://orcid.org/0000-0002-9518-5102),ª Angeliki Melidou,' Angélica C. Almeida Campos,<sup>b</sup> Christian Drosten,<sup>b,d</sup> Barbara Biere,<sup>e</sup> Adam Meijer,<sup>a</sup> Annette Kraus,<sup>c</sup> Chantal B. E. M. Reusken,<sup>a @</sup>[Jan Felix Drexler](https://orcid.org/0000-0002-3509-0232)<sup>b,d</sup>

a Centre for Infectious Disease Control, National Institute for Public Health and the Environment (RIVM), Bilthoven, the Netherlands bInstitute of Virology, Charité-Universitätsmedizin Berlin, corporate member of Freie Universität Berlin and Humbolt-Universität zu Berlin, Berlin, Germany cEuropean Centre for Disease Prevention and Control (ECDC), Stockholm, Sweden dGerman Centre for Infection Research (DZIF), associated partner site Charité, Berlin, Germany eRobert Koch Institute (RKI), Berlin, Germany

Ramona Mögling, Carlo Fischer, and Kamelia R. Stanoeva contributed equally to the study. The exact order was drawn.

ABSTRACT The molecular detection of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) is key for clinical management and surveillance. Funded by the European Centre for Disease Prevention and Control, we conducted an external quality assessment (EQA) on the molecular detection and variant typing of SARS-CoV-2 that included 59 European laboratories in 34 countries. The EQA panel consisted of 12 lyophilized inactivated samples, 10 of which were SARS-CoV-2 variants (Alpha, Beta, Gamma, Delta, Epsilon, Eta, parental B.1 strain) ranging from 2.5 to 290.0 copies/ $\mu$ L or pooled respiratory viruses (adenovirus, enterovirus, influenza virus A, respiratory syncytial virus, or human coronaviruses 229E and OC43). Of all participants, 72.9% identified the presence of SARS-CoV-2 RNA correctly. In samples containing 25.0 or more genome copies/ $\mu$ L, SARS-CoV-2 was detected by 98.3% of the participating laboratories. Laboratories applying commercial tests scored significantly better ( $P < 0.0001$ , Kruskal-Wallis test) than those using in-house assays. Both the molecular detection and the typing of the SARS-CoV-2 variants were associated with the RNA concentrations ( $P < 0.0001$ , Kruskal-Wallis test). On average, only 5 out of the 10 samples containing different SARS-CoV-2 variants at different concentrations were correctly typed. The identification of SARS-CoV-2 variants was significantly more successful among EQA participants who combined real-time reverse transcription polymerase chain reaction (RT-PCR) based assays for mutation detection and high-throughput genomic sequencing than among those who used a single methodological approach ( $P = 0.0345$ , Kruskal-Wallis test). Our data highlight the high sensitivity of SARS-CoV-2 detection in expert laboratories as well as the importance of continuous assay development and the benefits of combining different methodologies for accurate SARS-CoV-2 variant typing.

KEYWORDS SARS-CoV-2, variants, COVID-19, external quality assessment, molecular diagnostics, Europe

As of mid-August of 2022, severe acute respiratory syndrome-coronavirus 2 (SARS-CoV-2) has infected over 594 million people and has caused more than 6.4 million deaths, globally [\(1](#page-8-0)). The diagnostic gold standard for the detection of SARS-CoV-2 is semiquantitative real-time reverse transcription-PCR (qRT-PCR), which is widely applied in clinical management and surveillance [\(2](#page-8-1)). Beyond the detection of infected individuals, the diagnostic identification of specific mutations that are correlated with specific SARS-CoV-2 variants of concern or interest (VOC/VOI) and the genomic surveillance of SARS-CoV-2 has become increasingly important, as several VOCs have emerged during the pandemic [\(3\)](#page-9-0). This was recently illustrated by the emergence and rapid spread of the Omicron variants [\(4\)](#page-9-1). Conducting external quality Editor Elitza S. Theel, Mayo Clinic Copyright © 2022 American Society for Microbiology. [All Rights Reserved.](https://doi.org/10.1128/ASMCopyrightv2)

Address correspondence to Jan Felix Drexler, felix.drexler@charite.de, or Chantal B. E. M. Reusken, chantal.reusken@rivm.nl.

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### <span id="page-1-0"></span>**TABLE 1** EQA panel composition and performance of 59 participating laboratories<sup> $a$ </sup>



<sup>a</sup>n.a., not applicable.

bB.1 lineage isolate in circulation in the beginning of 2020 and containing none of the later, lineage-defining single nucleotide polymorphisms or deletions.

assessments (EQA) is an established means by which to improve and support diagnostic accuracy ([5\)](#page-9-2). In 2020, an EQA on molecular SARS-CoV-2 detection among European laboratories organized by us showed limited sensitivity at low concentrations [\(5](#page-9-2)). Here, we conducted a follow-up EQA to assess whether laboratories maintained or improved their diagnostic testing performance and to assess the capability to type SARS-CoV-2 variants in samples containing low RNA concentrations.

#### MATERIALS AND METHODS

In June of 2021, laboratories involved in the coronavirus disease (COVID-19) response and/or laboratories which were part of the Emerging Viral Diseases-Expert Laboratory Network (EVD-LabNet) [\(6\)](#page-9-3) and/or the national reference laboratories involved in the COVID-19 response were invited to participate in the 2nd SARS-CoV-2 EQA. The full list of participating laboratories is shown in the Acknowledgments.

Panel composition. The EQA panel contained 12 samples. 10 samples contained inactivated material of different SARS-CoV-2 lineages (Alpha, Beta, Gamma, Delta, Epsilon, Eta variants, and the early B.1 isolate) [\(7\)](#page-9-4), and 2 samples contained inactivated material of other respiratory viruses to evaluate specificity [\(Table 1\)](#page-1-0). Of the 10 SARS-CoV-2 samples, 4 contained the Alpha variant (B.1.1.7) in various concentrations to evaluate sensitivity. The Alpha variant was chosen for the assessments of sensitivity because it was the predominant variant in Europe at the time of panel production. The panels were produced at Charité-Universitätsmedizin Berlin at low SARS-CoV-2 viral concentrations to capture molecular detection in patients with low virus concentrations, such as those in the late stages of infection or in specimens that had deteriorated (e.g., because they were taken and stored in resource-limited settings). An optional SARS-CoV-2 variant identification activity was offered during the EQA in addition to the mandatory identification of SARS-CoV-2 positive and SARS-CoV-2 negative samples.

Panel preparation, validation, and dispatch. All EQA samples were isolated from clinical specimens and cultured in Dulbecco's Modified Eagle's Medium (DMEM) supplemented with 5.0% fetal calf serum (FCS), 1.0% nonessential amino acids, and 1.0% penicillin/streptomycin (100.0 U/mL). The samples were diluted to the desired concentrations in phosphate-buffered saline (PBS), and 500  $\mu$ L of each sample were freeze-dried in screw cap tubes after heat inactivation (65.0°C, 4 h for SARS-CoV-2 and adenovirus, 2 h for all other viruses). The freeze-dried samples were shipped at ambient temperature.

To confirm the successful inactivation of SARS-CoV-2, the resuspended samples were passaged three times consecutively in cell culture. For this purpose, Vero cells were seeded to 80.0% confluence in 6 well plates. The cell culture medium was discarded, and 500  $\mu$ L of the resuspended sample were added per well. The cells were inoculated for 1 h at 37.0°C and 5.0% CO<sub>2</sub>. Afterwards, the inoculum was removed, and the cells were washed twice using 1.0 mL PBS and incubated for 7 days with 1.0 mL of fresh DMEM supplemented with 5.0% FCS, 1.0% nonessential amino acids, and 1.0% penicillin/streptomycin (100.0 U/mL) added per well. The cells were checked daily for cytopathic effects. 7 days post-infection, 500  $\mu$ L of the supernatant were used for the inoculation of new cells, and the remainder was tested for the presence of SARS-CoV-2 RNA via real-time RT-PCR.

The SARS-CoV-2 samples were quantified using an E-gene-based, in-house assay that was recommended by the World Health Organization (WHO) ([8\)](#page-9-5), relying on the EURM-019 single-stranded-RNA Joint Research Centre (JRC) standard for the molecular quantification of SARS-CoV-2 [\(9\)](#page-9-6). The EQA panel was validated independently by two reference laboratories before distribution. These laboratories had no prior knowledge of the composition of the EQA panels and tested one EQA panel each.

Data collection. Together with the EQA panels, participants received reconstitution and testing instructions and were asked to report on SARS-CoV-2 detection in an obligatory first step, and they were asked to perform variant typing voluntarily as an additional step. Result reporting was done via a submission form that participants received via email. They were asked to categorize their samples (as positive, negative, or inconclusive) and to provide additional information on cycle threshold (Ct) values, extraction methods and the types of RT-PCR(s) that were used. Additionally, the participants could report the determined SARS-CoV-2 variant (by WHO label or by Pango lineage), signature mutation(s), or both, along with the details of the method used. The latter was an optional activity and was evaluated separately from the results of the molecular detection. Sequences were neither collected nor evaluated; only the participants' conclusions, as reported, were analyzed.

Evaluation of results. The following scoring system was used for the molecular detection of SARS-CoV-2 RNA: correctly reported samples (presence or absence of SARS-CoV-2 RNA) were assessed with 0 points, inconclusive results were scored with 1 point, and false results were scored with 2 points. For the analysis of VOC/mutation testing, we differentiated between correctly determined variants/signature mutations, identification as VOC/VOI, and false typing. The determination of the signature mutation(s), the naming of the variant under any classification (for example as "Alpha" or "B.1.1.7"), or both was considered to be correct. Generalized responses (e.g., "variant of concern") or the identification of mutations shared by VOCs/VOIs, were considered to indicate an identification as a VOC/VOI. Classifications that were considered to be false included either incorrectly identified variants or a failure to type.

Statistical analysis. Statistical analyses were conducted using R version 4.0.2. All variables were tested for normality using the Shapiro-Wilk test, and further statistical testing was done using the appropriate tests. Each component of the diagnostic workflow can affect the diagnostic performance, including the extraction of nucleic acids (NA) ([10\)](#page-9-7) and the molecular test, such as real-time RT-PCR itself [\(5](#page-9-2), [11](#page-9-8)). To analyze the effect of specific components of the diagnostic workflow, and because the entire workflows were highly diverse among the participating laboratories, further analyses were conducted for the individual steps of the testing process, such as RNA extraction and PCR targets. To analyze the concentration changes of NAs during extraction, we considered the reported volumes for sample reconstitution, input volumes and elution volumes, and eluate volumes used for the assays.

#### RESULTS

59 expert laboratories from 34 countries, covering 28 of the 30 EU/EEA countries and 6 of the 7 EU pre-accession countries, reported EQA results and technical details on testing within the scheduled time frame of 1 month [\(Fig. 1A](#page-3-0)).

Molecular detection of SARS-CoV-2. The majority of the participating laboratories, 72.9% (43/59), identified all 12 samples correctly as positive or negative for SARS-CoV-2 [\(Fig. 1B\)](#page-3-0). 16.9% (10/59) reported correct results for 11 samples, and 10.2% (6/59) reported correct results for 10 samples or fewer. From all of the results reported, 2.3% (16/708) were incorrect. These incorrect results were exclusively reported for the SARS-CoV-2 containing samples (16/590, 2.7%), while both of the specificity control samples were either reported correctly (116/118, 98.3%) or inconclusive (2/118, 1.7%). Among the samples containing SARS-CoV-2, 1.5%



<span id="page-3-0"></span>FIG 1 Participating laboratories and overview of laboratory performance. (A) Map of participating laboratories by country. (B) Overview of molecular SARS-CoV-2 testing by laboratory.

False<sup>1</sup>

(9/590) of the results were reported as inconclusive, yielding a total percentage of inconclusive results of 1.6% (11/708) [\(Table 1](#page-1-0)).

**Inconclusive** 

The risk for both false-negative SARS-CoV-2 detection and, later on, to inability to type increased significantly with lower SARS-CoV-2 RNA concentrations ( $P < 0.0001$ , Kruskal-Wallis test). Accordingly, the Ct values of positively tested samples were higher with decreasing SARS-CoV-2 RNA concentrations ([Fig. 2](#page-4-0)).

Compared to an EQA on the molecular detection of SARS-CoV-2 in June and July of 2020 [\(5](#page-9-2)), which applied the same scoring system to evaluate the EQA performance of participants and was also composed of 12 samples, the capability to detect SARS-CoV-2 has significantly improved in this EQA, based on the overall performance score per laboratory ( $P = 0.0002$ , chi-square test). On average, the laboratories that participated in the first ECDC EQA performed slightly better in this EQA compared to the laboratories that did not (mean score 0.65 versus 0.91), although that difference was not statistically significant ( $P = 0.2413$ , Mann-Whitney U test).

Similar to the previous SARS-CoV-2 EQA done on the European level [\(5\)](#page-9-2), the overall score-based performance was not significantly different between laboratories conducting automated NA extraction and laboratories conducting manual RNA extraction ( $P = 0.3033$ , Mann-Whitney U test). During NA extraction, the NA concentration is commonly increased due to the smaller elution volume. However, the diagnostic sensitivity among participating laboratories was not significantly correlated with the extent of NA concentration change

 $2<sup>1</sup>$  $3 \overline{4}$ 5

Correct



<span id="page-4-0"></span>FIG 2 Performance of SARS-CoV-2 detection among different RNA concentrations and SARS-CoV-2 lineages. Reported Ct values by SARS-CoV-2-positive sample, considering all results reported and including multiple tests conducted by a given participant. The median Ct values are indicated by bars, quartiles by boxes, and interquartile ranges by whiskers. EI, early isolate (B.1).

during the extraction process (P value =  $0.2677$ , Spearman correlation test). Beyond NA extraction, NA detection is another crucial step in molecular diagnostics. Transcription in coronaviruses typically varies among genomic and subgenomic regions, which may cause different sensitivities among assays that target different genomic sites [\(12\)](#page-9-9). The diagnostic targets among the applied tests in this EQA were E (37 laboratories), N (35 laboratories), RdRp (29 laboratories), ORF1 (25 laboratories), S (22 laboratories), ORF8 (3 laboratories), ns2 (2 laboratories), and M genes (1 laboratory). On average, the participants applied two (multiplex) assays, in total conducting four PCRs and targeting three genes for each sample. 10 laboratories tested for targets on 1 gene, 14 on two genes, 17 on three genes, 11 on four genes, 3 on 5 genes, and 1 on 6 genes. Statistically, the diagnostic performance did not differ significantly among assays targeting different regions ( $P = 0.5714$ , Kruskal-Wallis test). Additionally, the performance of participants was not correlated with the number of different targets or RT-PCR assays they applied ( $P = 0.6517$ , Spearman correlation test). A wide range of commercial and in-house real-time SARS-CoV-2 RT-PCR assays is available. In this EQA, the score-based performance of laboratories applying commercial tests was significantly better ( $P < 0.0001$ , Kruskal-Wallis test) that that of laboratories applying in-house tests, resulting in a mean score per sample of 0.06 with commercial tests and 0.17 with in-house tests.

SARS-CoV-2 variant typing. Of all 59 laboratories participating in the EQA, 36 provided information on variant typing as an optional activity. Only one laboratory reported fully correct results for all 10 samples, whereas 36.1% (13/36) reported correct results for at least 7 of the 10 SARS-CoV-2 positive samples and 61.1% (22/36) reported correct results for 6 or fewer of the SARS-CoV-2 positive samples [\(Table 1\)](#page-1-0). On average, the laboratories typed 5 of the 10 samples correctly.

In general, the VOC/mutation testing was more accurate for samples with higher concentrations than for those with lower concentrations [\(Table 1](#page-1-0); [Fig. 3A](#page-5-0) and [3B\)](#page-5-0). Among samples from the Alpha variant, the only variant which was represented at different concentrations, the VOC/mutation testing performance was significantly correlated with the RNA concentration ( $P < 0.0001$ , Spearman correlation test) ([Fig. 3A](#page-5-0)). The sample which had the highest concentration of 290.0 copies/ $\mu$ L was tested correctly for VOC/mutations by 83.3% of the participants. Multiple labs submitted no answer, as expected for low-concentration samples that are not easily typed.

For the VOC/mutation testing, real-time RT-PCR, high-throughput sequencing (HTS), and conventional PCR with subsequent Sanger sequencing were applied [\(Table 2\)](#page-5-1). 7 of the 36 laboratories providing details on their testing processes applied at least two of those methods, with real-time RT-PCR being the most frequently applied (31/36). The number of correctly typed variants was significantly associated with the applied methods ( $P = 0.0345$ , Kruskal-Wallis test) ([Fig. 3C\)](#page-5-0). The average number of correctly typed variants was 4.9 among laboratories applying real-time RT-PCR tests, 4.0 among laboratories applying HTS, and 7.3 among laboratories applying both real-time RT-PCR and HTS [\(Table 2\)](#page-5-1). In total, 54% of the samples that were neither typed correctly nor identified as a VOC/VOI were tested negative, likely due to the low RNA concentrations of the provided samples.



<span id="page-5-0"></span>FIG 3 Performance of optional SARS-CoV-2 variant/mutation identification among different RNA concentrations and SARS-CoV-2 lineages. (A) Reported VOC/mutation testing results for different SARS-CoV-2 RNA concentrations of the Alpha (a) variant. The percentage of correctly determined variants is indicated in green. El, early isolate. (B) Reported VOC/mutation testing results for different SARS-CoV-2 RNA concentrations and variants. The percentage of correctly determined variants is indicated in green. (C) Correctly determined SARS-CoV-2 variants among laboratories using different methods for VOC/mutation typing. The percentage of correctly determined variants is indicated. (D) Conducted assays for the identification of specific VOCs/VOIs. (E) Variant typing results, stratified by the suitability of the conducted typing assays. Suitability was defined as the application of PCR(s) that were able to identify the variants present in the EQA panel. SNP, singlenucleotide polymorphism. neg, negative.

Among those laboratories applying real-time RT-PCR assays for VOC testing, 18 different mutations were targeted, with S:N501 and S:E484 being the most frequently tested and targeted (by 63.3% of the reporting laboratories) [\(Table 3\)](#page-6-0). The number of tested mutations did not correlate with the number of correctly determined variants ( $P$  value = 0.9316, Spearman correlation test). Notably, the combination of real-time RT-PCR assays applied for VOC/VOI testing varied greatly, and most of the laboratories were not able to differentiate all of the provided variants, based on the available real-time RT-PCR assays [\(Fig. 3D\)](#page-5-0). The variants that could be identified exactly using real-time RT-PCR by most laboratories were Alpha (80.8%), Eta (61.5%), and Beta (50.0%). The identification of EQA samples as the correct variant or as a potential VOC/VOI was significantly correlated with the choice of a suitable set of tested muta-tions (P value = 0.0084, Spearman correlation test) [\(Fig. 3E\)](#page-5-0). Among the laboratories that applied real-time RT-PCR assays which allowed the correct identification of a given variant, 78.9% typed the variant correctly. In contrast, 61.3% of the laboratories that applied real-time

<span id="page-5-1"></span>TABLE 2 Performance of different methods for variant typing among 36 laboratories participating in an optional EQA typing activity



<sup>a</sup>VOC, variant of concern; RT-PCR, reverse transcription PCR; HTS, high-throughput sequencing.

<span id="page-6-0"></span>



<sup>a</sup>Six laboratories performed HTS and did not provide details on variant SNPs and deletions.

<sup>b</sup>SNP, single-nucleotide polymorphism.

RT-PCR assays that were suitable neither to determine the correct variant of a given sample nor to identify it as potential VOC/VOI typed the samples incorrectly.

## **DISCUSSION**

This SARS-CoV-2 EQA was conducted to evaluate the abilities of European expert laboratories to detect SARS-CoV-2 via molecular methods and to type SARS-CoV-2 variants via WHO labels and the Pango lineage. The overall results of this EQA demonstrated that the majority of laboratories were able to correctly detect the presence or absence of SARS-CoV-2 RNA in all samples. Reduced molecular detection levels were observed for SARS-CoV-2 samples with low RNA concentrations, which was not unexpected and is of limited clinical importance. Of all analyzed variables, only the use of commercial or in-house real-time RT-PCR tests was associated with a significant difference in molecular detection performance, with in-house assays showing reduced sensitivity. This highlights the potential lack of optimization of in-house protocols and the need for the sound harmonization of workflows and the sound validation of in-house tests, as the diagnostic performance of in-house tests that are optimized and are properly validated is not generally considered to be lower than that displayed by commercial tests ([13](#page-9-10)).

In contrast to SARS-CoV-2 detection, most laboratories participating in the optional activity of variant typing reported false results for variants and mutations, which was likely also a consequence of low sample concentrations and was not correlated with specific variants. Low RNA concentrations have been previously reported to limit the robustness of VOC/mutation detection [\(14](#page-9-11)). As low RNA concentrations not only increase the risk for general test failure but also increase the risk for sequencing errors ([15](#page-9-12)), RNA concentrations should be considered when selecting samples for VOC/mutation surveillance. Several studies

and the WHO recommend the selection of samples with  $Ct \leq 30.0$  for VOC/mutation surveillance ([16](#page-9-13)[–](#page-9-14)[18](#page-9-15)). However, proper sample storage and quality may be limited in remote areas, raising the demand for robust typing techniques for representative variant surveillance. Judging from the performance in this EQA, the quality of VOC/mutation testing can benefit from combining real-time RT-PCR and HTS techniques. The real-time RT-PCR-based detection of mutations requires the careful selection of assays to allow for the differentiation of VOCs/VOIs. Otherwise, it can suffer from limited specificity and may be insufficient to determine specific SARS-CoV-2 lineages [\(7](#page-9-4), [19](#page-9-16)). In contrast, HTS has the advantage of allowing for untargeted, full-genome surveillance, whereas real-time RT-PCR-based VOC testing is limited to specific mutations and needs to be updated with the emergence of new variants. In contrast, HTS is laborious, more expensive, and time-consuming. Thus, it will not replace realtime RT-PCR-based approaches. As VOC/mutation testing will remain important during the course of the COVID-19 pandemic, as is best illustrated by the emergence of the Omicron sublineages ([20](#page-9-17)), the central distribution of quality controls, surveillance guidelines that consider RNA concentrations, and follow-up EQAs on SARS-CoV-2 VOC/mutation testing that also consider remote and resource-limited areas is advisable [\(10\)](#page-9-7).

This study was limited by the lack of samples with different RNA concentrations for all selected variants, which hampers the systematic comparison of different methods among variants. Moreover, the panel was composed to evaluate the molecular detection of SARS-CoV-2 rather than for variant typing. Thus, it contained samples of low RNA concentrations. Therefore, the analysis of variant typing cannot be translated into the expected performance of laboratories with samples commonly selected for variant typing and must not be interpreted as poor capabilities of variant typing during clinical routines. Nevertheless, it provides important insights into how variant typing can be optimized for samples with low RNA concentrations, which may be important in many regions of the world that lack the infrastructure for timely sample collection and storage.

Our findings highlight the benefit of continuous EQAs and the need for future EQAs on SARS-CoV-2 variant typing to strengthen genomic surveillance, both in affluent settings and in resource-limited settings, as well as the benefits of combining different methodologies for accurate SARS-CoV-2 variant detection.

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