Cureus

Review began 10/13/2022 **Review ended** 11/18/2022 **Published** 11/27/2022

© Copyright 2022

Nalwa et al. This is an open access article distributed under the terms of the Creative Commons Attribution License CC-BY 4.0., which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Ultrastructural Changes in Autopsy Tissues of COVID-19 Patients

[Aasma](https://www.cureus.com/users/186768-aasma-nalwa) Nalwa 1 , Vikarn [Vishwajeet](https://www.cureus.com/users/210494-vikarn-vishwajeet) $^{2,\, 3}$, [Deepak](https://www.cureus.com/users/53746-deepak-kumar) Kumar 4 , [Abhishek](https://www.cureus.com/users/252768-abhishek-purohit) Purohit 5 , [Mayank](https://www.cureus.com/users/424758-mayank-garg) Garg 6 , Dr. Tanuj Kanchan 7 , [Naveen](https://www.cureus.com/users/57016-naveen-dutt) Dutt 8 , Nikhil [Kothari](https://www.cureus.com/users/313200-nikhil-kothari) 9 , [Suryanarayanan](https://www.cureus.com/users/157297-dr-tanuj-kanchan) Bhaskar 6 , [Poonam](https://www.cureus.com/users/142122-poonam-elhence) Elhence 10 , Pradeep Bhatia 11 , [Vijaya](https://www.cureus.com/users/317421-vijaya-l-nag) L. Nag 12 , [Mahendra](https://www.cureus.com/users/152395-mahendra-kumar-garg) Kumar Garg 4 , [Sanjeev](https://www.cureus.com/users/276689-sanjeev-misra) Misra 13 , Alok [Pandey](https://www.cureus.com/users/424762-alok-pandey) 14 , Alok [Dhawan](https://www.cureus.com/users/424766-alok-dhawan) 15

1. Pathology and Lab Medicine, All India Institute of Medical Sciences, Jodhpur, IND 2. Pathology, All India Institute of Medical Sciences, Jodhpur, Jodhpur, IND 3. Histopathology, Sawai Man Singh (SMS) Medical College, Jaipur, IND 4. Medicine, All India Institute of Medical Sciences, Jodhpur, IND 5. Pathology and Hematopathology, All India Institute of Medical Sciences, Jodhpur, IND 6. Neurological Surgery, All India Institute of Medical Sciences, Jodhpur, IND 7. Forensic Medicine and Toxicology, All India Institute of Medical Sciences, Jodhpur, IND 8. Pulmonary and Critical Care Medicine, All India Institute of Medical Sciences, Jodhpur, IND 9. Anesthesiology and Critical Care, All India Institute of Medical Sciences, Jodhpur, IND 10. Pathology, All India Institute of Medical Sciences, Jodhpur, IND 11. Anesthesiology, All India Institute of Medical Sciences, Jodhpur, IND 12. Microbiology, All India Institute of Medical Sciences, Jodhpur, IND 13. Surgical Oncology, All India Institute of Medical Sciences, Jodhpur, IND 14. Nanomaterial Toxicology Laboratory, Council of Scientific & Industrial Research (CSIR) - Indian Institute of Toxicology Research, Lucknow, IND 15. Research and Development, Centre for Biomedical Research, Lucknow, IND

Corresponding author: Vikarn Vishwajeet, vikarn.pmch@gmail.com

Abstract

Introduction: The COVID-19 pandemic resulted in substantial morbidity and mortality across the world. The prognosis was found to be poor in patients with co-morbidities such as diabetes, hypertension, interstitial lung disease, etc. Although biochemical studies were done in patient samples, no study has been reported from the Indian subcontinent about ultrastructural changes in the vital organs of COVID-19 patients. The present study was, therefore, conducted to understand the ultrastructural changes in the lung, liver, and brain of the deceased patients.

Methods: The present study was conducted on samples obtained from reverse transcription-polymerase chain reaction (RT-PCR)-positive patients who were admitted to a tertiary care hospital in Western India. Core needle biopsies were done in eight fatal cases of COVID-19. The samples were taken from the lungs, liver, and brain and subjected to light microscopy, immunohistochemistry (IHC), and transmission electron microscopy (TEM). Clinical details and biochemical findings were also collected.

Results: The study participants included seven males and one female. The presenting complaints included fever, breathlessness, and cough. Light microscopy revealed diffuse alveolar damage in the lungs. Further, a positive expression of SARS-CoV-2 nucleocapsid protein was observed in the pulmonary parenchyma of five patients. Also, the TEM microphotograph showed viral particles of size up to 80nm localized in alveolar epithelial cells. However, no viral particles were found in liver or brain samples. In the liver, macrovesicular steatosis and centrizonal congestion with loss of hepatocytes were observed in light microscopy.

Conclusion: This is the first study in the Indian population showing the *in-situ* presence of viral particles in core biopsies from fatal cases of COVID-19. As evident from the results, histology and ultrastructural changes in the lung correlated with the presence of viral particles. The study revealed a positive correlation between the damage in the lungs and the presence of viral particles.

Categories: Pathology, Infectious Disease, Epidemiology/Public Health **Keywords:** lung, autopsy, immunohistochemistry, transmission electron microscopy, covid-19

Introduction

The COVID-19 pandemic resulted in substantial morbidity and mortality across the world with over six million deaths [1]. Although the pandemic reportedly started in China in late 2019, it spread around the world within a few months. India reported its first case from Kerala on 27th January 2020 [2]. Since then, in India, 44 million cases have been reported of which 0.526 million died [3].

There were no global guidelines for the management of COVID-19, and in most cases, the management varied with the severity of the illness. Significant heterogeneity was observed in the outcomes of these patients [4]. Several studies have shown that the cycle threshold (Ct) in reverse transcription-polymerase chain reaction (RT-PCR) is inversely correlated with the viral load and disease outcomes [5,6]. Magleby et al., in 2021, reported that a low Ct value (less than 25) had a three-time increased risk of intubation and a five to six-time increased risk of mortality [7]. However, this finding was not consistently noted. Camargo et al., in 2021, observed no differences in the initial Ct values between survivors and non‐survivors or mild/moderate versus severe/critical illness at the maximum point of illness [8].

How to cite this article

Nalwa A, Vishwajeet V, Kumar D, et al. (November 27, 2022) Ultrastructural Changes in Autopsy Tissues of COVID-19 Patients. Cureus 14(11): e31932. DOI 10.7759/cureus.31932

Further, inflammatory and biochemical parameters have been used to predict disease outcomes [9,10]. The C-Reactive protein (CRP; >10 mg/L) and procalcitonin (>0.5 ng/ml) are predictors of poor prognosis [11]. Also, higher baseline IL-6 levels correlated with the severity of illness, bilateral lung involvement, and mortality [12]. Oussalah et al., in 2020, used a large dataset of 59 biochemical parameters to estimate the occurrence of organ dysfunction and severity of inflammatory response and their association with acute respiratory failure and death. The authors reported that there is no association between these markers and the risk of death [13]. There exists a gap in the existing studies regarding the underlying mechanism of the disease.

Histological changes in various organs in autopsy studies have been reported [14-18]. A few have identified the virus using different orthogonal approaches such as transmission electron microscopy (TEM), immunohistochemistry (IHC), RNA in-situ hybridization, and polymerase chain reaction [17,19-23]. When performed in autopsied tissue samples, TEM offers a unique opportunity to visualize the viral particles in different organs directly, thus aiding in determining SARS-CoV-2 distribution and cellular location. This would be instrumental in elucidating the pathogenesis of COVID-19 infections. Most of these studies have been conducted outside India, and only a few describing histological changes in different tissues have been reported from the Indian population $[18,24-26]$. The most affected organ was the lung and, the characteristic histological change reported in COVID-19 was diffuse alveolar damage. This was often accompanied by a variable degree of interstitial fibrosis, squamous metaplasia, multinucleation, and vascular microthrombi [14-18,27]. A few in-vitro studies from India focussed on TEM imaging of the SARS-CoV-2 virus in culture [28-30]. However, there is no study on the Indian population using TEM in autopsy tissue samples. The present study was aimed at identifying the presence of viral particles in autopsy samples obtained from the lungs, liver, and brain using IHC and TEM. Also, histological changes in these organs were observed using light microscopy.

Materials And Methods

Materials

Immunohistochemistry was performed for the SARS-CoV-2 nucleocapsid protein (Novus Biological, NB100- 56576, 1:300 dilution). Sodium cacodylate, osmium tetraoxide, and glutaraldehyde were purchased from Sigma-Aldrich (St. Louis, MO, USA). Dodecenyl Succinic Anhydride (DDSA) and 2,4,6 Tridimethylaminomethyl phenol (DMP-30) were purchased from Ladd's Research (Williston, VT, USA). Uranyl acetate and lead citrate were purchased from Electron Microscopy Sciences (Hatfield, PA, USA). All other chemicals were purchased locally and were of analytical reagent grade.

Methods

The present study was conducted on samples obtained from RT-PCR-positive patients who were admitted to a tertiary care hospital in Western India. These samples were obtained from April 2020 to December 2020, which corresponds to the first wave of COVID-19 in India. Exclusion criteria included cases where samples could not be taken within six hours of death and cases where consent could not be obtained. Sample size calculation was not done. Samples were taken from eight cases of fatal COVID-19, in which the relative of the deceased had given informed consent. Clearance from the institutional ethics committee was also taken (approval no.: AIIMS/IEC/2020/3189).

Autopsy procedure

In the COVID-19 cases, open post-mortem autopsies were not performed due to the high risk involved. Therefore, samples of the lungs, liver, and brain from the deceased were obtained using core needle biopsies. Biopsies from each lung were taken with the aid of an antemortem chest radiograph from the most affected lobes. Core biopsies from the liver were taken blindly, while biopsies of the frontal lobe of the brain were obtained using a small-bore needle. The samples were immediately placed in 10% neutral buffered formalin (for light microscopy and IHC) and 2.5% glutaraldehyde (for TEM).

Light microscopy

Samples fixed for 48 hours in 10% neutral buffered formalin were processed and the slides were prepared. The tissue sections were cut at 3µm thickness and staining was done as per the standard protocol. For hematoxylin and eosin staining, the slides were rehydrated through descending grades of alcohol to water. It was stained in alum hematoxylin for 20 minutes, followed by bluing in running tap water. The slides were then stained in 1% eosin for 10 minutes. Following this, the slides were washed in running tap water, dehydrated, and mounted. Additional stains (periodic acid-Schiff, reticulin, Masson's trichrome, and phosphotungstic acid hematoxylin) were used.

Immunohistochemical studies

Immunohistochemistry was performed for SARS-CoV-2 nucleocapsid protein (Novus Biological, NB100- 56576, 1:300 dilution) in all cases and on all three organs. Pressure cooker antigen retrieval was performed in citrate buffer.

Transmission electron microscopy

The TEM was performed in six cases for three organs: lungs, liver, and brain. For TEM, two to four 2mm³ pieces of lung, liver, and brain were cut and immersed in 2.5% glutaraldehyde vials separately. The sample was then transported to one of the reference centers of Central India within 24 hours while maintaining the cold chain. Once these TEM samples were received, all the samples were washed three times, each for 15 minutes, with 0.1 M sodium cacodylate buffer followed by adding 1% osmium tetraoxide (OsO4) to each

sample. These samples were then stored at 4℃. The next day, the samples were washed with 0.1M sodium cacodylate buffer to remove OsO $_4$. The samples were completely dehydrated using an ascending

concentration of acetone. The samples were placed in the embedding media, which was prepared using Araldite 502, DDSA, and DMP-30. The sections were cut and stained with uranyl acetate and lead citrate and examined on TecnaiTM G2 Spirit (Field Electron and Ion Company, OR, USA).

Patient details

For all the cases, demographic details such as age and sex as well as comorbidities, presenting complaints, duration of hospital stay, duration of symptom onset to death, and results of laboratory investigations (including complete blood count (CBC), D-dimer, kidney function tests (KFTs), liver function tests (LFTs)) were taken from medical records and compiled.

Results

Clinical and laboratory findings

The results showed a clear distinction between the changes observed in the lungs by comparison to that in the liver and brain. As evident from Table *[1](#page-2-0)*, the mean age of the cases was 68.5 years (range: 44 to 75 years) and seven out of eight cases were males. The mean duration from onset of symptoms to death was 10.7 days (range: five to 15; Table *[1](#page-2-0)*). The presenting complaints included shortness of breath (8/8, 100%), fever (6/8, 75%), and cough (4/8, 50%). Co-morbidities were noted in six cases, of which two patients had two comorbidities. Type 2 diabetes mellitus was noted in three patients, hypertension in two patients, and obesity in two patients. One patient had an intraventricular hemorrhage. All patients were on the ventilator at the time of death.

TABLE 1: Demographic and clinical findings of COVID-19 patients

DM: Diabetes mellitus, HTN: Hypertension, IHD: Ischemic heart disease, IVH: Intraventricular hemorrhage; SOB: Shortness of breath

Haemogram, blood coagulation, serum inflammatory markers, liver function test (LFT), and kidney function test (KFT) are summarized in Table *[2](#page-3-0)*. Four cases exhibited mild anemia while three had leucocytosis and one showed thrombocytopenia (Table *[2](#page-3-0)*). Liver function tests and kidney function tests were deranged in six (75%) and three (37.5%) cases, respectively.

Cureus

TABLE 2: Detailed laboratory findings of COVID-19 patients

Hb: Hemoglobin, TLC: Total leucocyte count, Plts: Platelets, AST: Aspartate transaminase, ALT: Alanine transaminase, ALP: Alkaline phosphatase, Sr Cr: Serum creatinine, APTT: Activated partial thromboplastin time, INR: International normalized ratio, CRP: C-reactive protein, IL-6- Interleukin 6, NA: Not available

Histopathological findings

Marked histopathological changes observed in the lung are summarized in Table *[3](#page-4-0)* and Figure *[1](#page-5-0)* (A to C). There was a deposition of deep eosinophilic membrane along the alveolar lining and distal bronchioles, which was positive for PAS staining in all cases. In six of seven cases, loose fibroblastic plugs filling the alveolar spaces were observed after Masson trichrome staining (Figure *[1](#page-5-0)* C). Alveolar septal thickening was noted in three cases with mild fibrosis and accompanying mixed inflammatory infiltrate. Septal capillaries were found to be congested in all cases while pulmonary microthrombi were identified in two cases. Liver tissue showed normal lobular architecture as evidenced by the reticulin framework. Macrovesicular steatosis was seen in seven cases (mild in three, moderate in three, and marked in one) (Table *[3](#page-4-0)* and Figure *[1](#page-5-0)* D). Four cases among these also showed centrizonal congestion with loss of hepatocytes. Portal tracts revealed a mild degree of chronic inflammation in three cases.

Cureus

TABLE 3: Detailed morphological findings of COVID-19 patients

*Steatosis: mild (10-33%), moderate (34-66%), and marked (≥67%)

DAD: Diffuse alveolar damage, ASM: Alveolar squamous metaplasia, CA: Corpora amylacea, CZ: Centrizonal, IHC: Immunohistochemistry, MNG: Multinucleated giant cells, NA: Not available, PanZ: Panzonal, Pul. edema: Pulmonary edema, TEM: Transmission electron microscopy, Type II PH: Type II pneumocyte hyperplasia

FIGURE 1: Histopathological changes in the lung

A: Deep eosinophilic hyaline membrane along the alveolar lining featuring the exudative phase of diffuse alveolar damage (H&E stain x100); B: Presence of microthrombi in small interalveolar septal capillaries (H&E stain x400); C: Masson trichrome highlights loose fibroblastic plug in the alveolar spaces consistent with organizing phase of diffuse alveolar damage (Masson trichrome stain x100); D: Diffuse macrovesicular steatosis with foci of neutrophilic lobular inflammation (H&E stain x100)

H&E: Hematoxylin and eosin

In the brain, corpora amylacea was observed in all cases while occasional hypoxic neurons were seen in three cases. One case showed a focus on an old healed infarct. No intra-parenchymal hemorrhage or perivascular/parenchymal inflammation was noted.

Immunohistochemistry for SARS-CoV-2 nucleocapsid protein

The IHC positivity for nucleocapsid protein of the SARS-CoV-2 virus was observed in the cytoplasm of alveolar epithelial cells of pulmonary parenchyma in five cases (Figure *[2](#page-6-0)* A to C). The negative control was a lung biopsy taken from a routine surgical pathology sample and showed no reactivity to the SARS-CoV-2 antibody (Figure *[2](#page-6-0)* D). None of the cases had positivity in the liver or brain tissue.

FIGURE 2: Immunohistochemistry

A to C: The SARS-CoV-2 nucleocapsid immunohistochemistry shows intracytoplasmic granular positivity in the alveolar epithelial cells (A x100; B & C x400); D: A SARS-CoV-2 negative case stained with the nucleocapsid immunohistochemistry (D x100)

Transmission electron microscopy findings

The TEM examination revealed the presence of viral particles in three cases and it was restricted to the lung parenchyma. Type II pneumocytes were identified by the presence of presurfactant secretory granules. These cells were surrounded by electron-dense fibrin threads (Figure *[3](#page-7-0)* A), confirming the findings of the hyaline membrane seen in light microscopy. Viral particles were observed in the vicinity of these cells as small aggregates of round enveloped particles of uniform size 68nm to 80nm. These viral particles were seen intracellularly within double membrane-bound vesicles. Some of these viral particles show the presence of electron-dense dots, corresponding to the helical nucleocapsid (Figure *[3](#page-7-0)* B & C). Ultrastructures mimicking viral particles, including multivesicular body and transversely cut rough endoplasmic reticulum, were also encountered (Figure *[3](#page-7-0)* D). Apart from the lung tissue, no viral particles were noted from the liver and brain tissue.

FIGURE 3: Transmission electron microscopy

A: Type II pneumocyte with surface fibrin material; B: Viral particles were observed in double membrane-bound vesicles (yellow arrow), C: Aggregates of round enveloped viral particles of size 68nm to 80nm. Note a few electron-dense dots corresponding to transversely cut helical nucleocapsid (yellow arrowhead); D: A multivesicular body mimicking the viral particles (yellow arrow)

Discussion

Several studies have documented the histological changes in various organs in autopsy studies. A few have identified the viral particles on TEM. However, most of these studies are performed outside India. Also, in the existing literature, there is a dispute over the direct extra-pulmonary localization of the coronavirus particles. Further, no ultrastructural studies have been carried out to identify viral particles in autopsy specimens in India. In the present study, we identified the viral particles in the lungs using TEM and IHC. The current study supports the notion that the histology and ultrastructural changes in the lung correlated with the presence of viral particles. We also document that there is an absence of viral particles in the liver and brain tissue.

The present study reports the presence of viral particles and changes in the ultrastructure in cells from the lung, liver, and brain from six cases of SARS-CoV-2 infection. Histopathological findings documented in the present study are similar to those described in Middle East respiratory syndrome coronavirus (MERS-CoV) and severe acute respiratory syndrome coronavirus (SARS-CoV) infections, and recently published reports of SARS-CoV-2 infection [14-18,31,32].

The present study is the first from India to use TEM to assess the ultrastructure of different tissues in SARS-CoV-2 infected patients. The result showed the presence of viral particles in the lung parenchyma, while the brain and liver did not harbor viral particles. Earlier studies using infected cell lines, organoids, and autopsies have reported morphological features of assembled virions and associated cytopathic changes [33,34]. The viral particles have been documented in pulmonary [14,16,35-38] as well as extrapulmonary organs including the kidney [14,16,38-41], heart [38], brain [42], liver [43], intestine [7,44], placenta [45-48] and skin [49]. Most of these studies performed a TEM study in one case [37,39,40,42,44,45,47-49] or in two cases [14,16,38]. Our study reports TEM findings from six cases. Within lung parenchyma, the pneumocytes (both type 1 and type II), bronchial epithelial cells, and endothelial cells are shown to harbor viral particles on TEM examination [14,16,35-38]. The SARS-CoV-2 viral particles were observed in the alveolar respiratory epithelial cells in the present study. Large airway epithelium was not sampled in the present study, hence viral particles in the ciliated respiratory epithelial cells could not be commented on. It has been well established in the literature that viral infection of the host cells is mediated by the binding of virion spike glycoprotein S to its host receptor angiotensin-converting enzyme 2 (ACE2) [50]. The SARS-CoV-2 infection leads to perturbed surfactant production and fluid resorption, resulting in microvascular leakage, ultimately leading to diffuse alveolar damage (DAD) histologically and acute respiratory distress syndrome (ARDS) clinically. We observed the presence of DAD, exudative and organizing phase, as the main pathological findings in the lungs.

Apart from the lungs, viral particles were identified in the kidney tissue in a few studies [14,16,38-40], however, several authors raised serious concerns over these viral particles morphologically consistent with SARS-CoV-2 [51-53]. Dittmayer et al. pointed out that approximately 30 publications in the current literature failed to identify ultrastructural features of SARS-CoV-2 or lacked sufficient image-standard [53]. Goldsmith et al [52]., highlighted the difficulty in identifying viral particles on TEM. Several subcellular structures can be misinterpreted as SARS-CoV-2 viral particles on TEM. These subcellular structures included transversely cut rough endoplasmic reticulum, clathrin-coated vesicles, multivesicular bodies, Golgi vesicles, and glycocalyceal bodies [51]. Correct identification of viral particles relies on the identification of certain morphological features, including intracellular viruses inside double membranebound vacuolar structures where viral nucleocapsids appear as small electron-dense dots (6-12nm) often inside the viral particle rather than on the surface, and the size of the viruses (60nm to 140nm) [51,54]. Though spikes are readily visible on tannic acid preparation, they appear as short fuzz on conventional TEM preparation. We could not find viral particles in any samples of liver and brain tissue. This was supported by other studies, where authors could not identify viral particles in these organs [16,37,55].

In the present study, SARS-CoV-2 IHC was positive in the alveolar pneumocytes, while no IHC expression was noted in hepatocytes and neural tissue. Our results are in confirmation with Rocha et al. who reported positive immunohistochemistry staining of SARS-CoV-2 antibodies in the lungs and placenta, while no expression was observed in kidney tissue [56]. Bradley et al. performed TEM, IHC, and RT-PCR in a subset of 14 fatal COVID-19 cases [16]. However, all three approaches for identifying viral particles were conducted in a single patient only. This case had positive IHC expression of SARS-CoV-2 spike protein in the lungs, trachea, and kidney, and viral particle was documented on ultrastructural examination in the lung, trachea, kidney, and large intestine. The same case had SARS-CoV-2 RNA identified in the lung, trachea, subcarinal lymph node, kidney, liver, heart, large intestine, and spleen. Martines et al. performed IHC in eight cases of fatal COVID-19 illness and showed SARS-CoV-2 IHC expression in the lung parenchyma while they could not detect SARS-CoV-2 IHC expression in extrapulmonary organs [57]. Our findings are in concordance with this study. Yao et al. described a single case where coronavirus particles (on TEM) and SARS-CoV-2 nucleocapsid (on IHC) were identified in lung tissue, but no viral presence was detected in the liver, heart, skin, intestine, and bone marrow in either approach [37]. While almost all studies document the presence of direct SARS-CoV-2 infection in pulmonary tissue, there is mixed evidence for the definite viral particles in extrapulmonary organs. The histomorphological changes observed in extrapulmonary organs can be attributed either to the systemic effects of the inflammation or to the direct viral insult. The present study, using light microscopy, IHC and TEM has systematically proved the presence of SARS-CoV-2 virus in the lungs and has provided evidence for morphological changes in the lungs of COVID patients leading to death.

The present study has several limitations. A complete autopsy was not undertaken due to safety limitations. The limited samples obtained using core biopsies during this study may be linked to false negative results in some cases. Another limitation was the small number of patients included in the study. Further studies may reveal that the consistent findings in this cohort are borne out in a large number of tissue samples.

Conclusions

The specific tropism for SARS-CoV-2 viral particles in the respiratory system is demonstrated using transmission electron microscopy and restricted expression of SARS-CoV-2 nucleocapsid protein using immunohistochemistry in the lung. No viral particles in the liver and brain tissue were identified. Morphological changes observed in these organs may be attributed to the systemic effects of the inflammation.

Additional Information

Disclosures

Human subjects: Consent was obtained or waived by all participants in this study. All India Institute of Medical Sciences, Jodhpur issued approval AIIMS/IEC/2020/3189. **Animal subjects:** All authors have confirmed that this study did not involve animal subjects or tissue. **Conflicts of interest:** In compliance with the ICMJE uniform disclosure form, all authors declare the following: **Payment/services info:** All authors have declared that no financial support was received from any organization for the submitted work. **Financial relationships:** All authors have declared that they have no financial relationships at present or within the previous three years with any organizations that might have an interest in the submitted work. **Other relationships:** All authors have declared that there are no other relationships or activities that could appear to have influenced the submitted work.

Acknowledgements

Authors contributions Dr. Aasma Nalwa & Dr. Vikarn Vishwajeet: Concept, histopathology, ultrastructural analysis, and interpretation; drafting of the manuscript; critical review of the manuscript Dr. Deepak Kumar Sharma, Dr. Mayank Garg & Dr. Tanuj Kanchan: Concept, design, clinical management; drafting of the manuscript Dr. Abhishek Purohit: Concept, design, histopathology interpretation; drafting of the manuscript; final approval of the version Dr. Naveen Dutt & Dr. Prof. Pradeep Kumar Bhatia: Concept, design, clinical management; critical review of the manuscript Dr. Nikhil Kothari: Concept, design; drafting

of the manuscript; critical review of the manuscript Dr. Suryanarayan Bhaskar: Concept, design; critical review of the manuscript Dr. Prof. Poonam Abhay Elhence: Concept, design; histopathology analysis; drafting of the manuscript Dr. Prof. Vijaya Lakshmi Nag: Concept, design; microbiology testing; critical review of the manuscript Dr. Prof. Mahendra Kumar Garg: Concept, design; clinical management; drafting of the manuscript; critical revision of important intellectual content Dr. Prof. Sanjeev Misra: Concept, design, critical revision of important intellectual content; final approval of the version Dr. Prof Alok Kumar Pandey: Concept, design; ultrastructural analysis; final approval of the version Dr. Prof Alok Dhawan: Concept, design; critical revision of important intellectual content; final approval of the version. The authors thank all the technicians of the Department of Pathology and Lab Medicine, All India Institute of Medical Sciences (AIIMS) Jodhpur, for the sample processing and staining. The authors also acknowledge technician Mr. Jai Shankar of Council of Scientific & Industrial Research (CSIR)-Indian Institute of Toxicology Research, Lucknow for processing the samples of transmission electron microscopy.

References

- 1. WHO [Coronavirus](https://covid19.who.int/) (COVID-19) Dashboard | WHO Coronavirus (COVID-19) Dashboard With Vaccination Data . (2022). Accessed: August 18, 2022: <https://covid19.who.int/>.
- 2. Andrews MA, Areekal B, Rajesh KR, et al.: First confirmed case of COVID-19 infection in India: a case report. Indian J Med Res. 2020, 151:490-492. [10.4103/ijmr.IJMR_2131_20](https://dx.doi.org/10.4103/ijmr.IJMR_2131_20)
- 3. India: WHO [Coronavirus](https://covid19.who.int/region/searo/country/in) Disease (COVID-19) Dashboard With Vaccination Data | WHO Coronavirus (COVID-19) Dashboard With Vaccination Data. (2022). Accessed: August 18, 2022: <https://covid19.who.int/region/searo/country/in>.
- 4. Liang WH, Guan WJ, Li CC, et al.: Clinical characteristics and outcomes of hospitalised patients with COVID-19 treated in Hubei (epicentre) and outside Hubei [\(non-epicentre\):](https://dx.doi.org/10.1183/13993003.00562-2020) a nationwide analysis of China. Eur Respir J. 2020, 55:2000562. [10.1183/13993003.00562-2020](https://dx.doi.org/10.1183/13993003.00562-2020)
- 5. [Waudby-West](https://dx.doi.org/10.1183/13993003.00360-2021) R, Parcell BJ, Palmer CN, Bell S, Chalmers JD, Siddiqui MK: The association between SARS-CoV-2 RT-PCR cycle threshold and mortality in a community cohort. Eur Respir J. 2021, 58:2100360. [10.1183/13993003.00360-2021](https://dx.doi.org/10.1183/13993003.00360-2021)
- 6. Souverein D, van Stralen K, van Lelyveld S, et al.: Initial severe acute respiratory syndrome coronavirus 2 viral load is associated with disease severity: a [retrospective](https://dx.doi.org/10.1093/ofid/ofac223) cohort study. Open Forum Infect Dis. 2022, 9:ofac223. [10.1093/ofid/ofac223](https://dx.doi.org/10.1093/ofid/ofac223)
- 7. Magleby R, Westblade LF, Trzebucki A, et al.: Impact of severe acute respiratory syndrome coronavirus 2 viral load on risk of intubation and mortality among [hospitalized](https://dx.doi.org/10.1093/cid/ciaa851) patients with coronavirus disease 2019. Clin Infect Dis. 2021, 73:e4197-e4205. [10.1093/cid/ciaa851](https://dx.doi.org/10.1093/cid/ciaa851)
- 8. Camargo JF, Lin RY, Komanduri KV: Lack of correlation between the SARS-CoV-2 cycle threshold (Ct) value and clinical outcomes in patients with COVID-19. J Med Virol. 2021, 93:6059-6062. [10.1002/jmv.27171](https://dx.doi.org/10.1002/jmv.27171)
- 9. Samprathi M, Jayashree M: [Biomarkers](https://dx.doi.org/10.3389/fped.2020.607647) in COVID-19: an up-to-date review. Front Pediatr. 2020, 8:607647. [10.3389/fped.2020.607647](https://dx.doi.org/10.3389/fped.2020.607647)
- 10. Ghosh T, Dwivedi T, Agarwal H, et al.: Impact of various [hematological](https://dx.doi.org/10.4103/lungindia.lungindia_480_21) and biochemical parameters on mortality in coronavirus disease 2019 (COVID-19): a single-center study from North India. Lung India. 2022, 39:230-233. [10.4103/lungindia.lungindia_480_21](https://dx.doi.org/10.4103/lungindia.lungindia_480_21)
- 11. Guan WJ, Ni ZY, Hu Y, et al.: Clinical [characteristics](https://dx.doi.org/10.1056/NEJMoa2002032) of coronavirus disease 2019 in China . N Engl J Med. 2020, 382:1708-1720. [10.1056/NEJMoa2002032](https://dx.doi.org/10.1056/NEJMoa2002032)
- 12. Guirao JJ, Cabrera CM, Jiménez N, Rincón L, Urra JM: High serum IL-6 values increase the risk of mortality and the severity of [pneumonia](https://dx.doi.org/10.1016/j.molimm.2020.10.006) in patients diagnosed with COVID-19. Mol Immunol. 2020, 128:64-68. [10.1016/j.molimm.2020.10.006](https://dx.doi.org/10.1016/j.molimm.2020.10.006)
- 13. Oussalah A, Gleye S, Urmes IC, et al.: The spectrum of biochemical alterations associated with organ dysfunction and inflammatory status and their association with disease outcomes in severe COVID-19: a longitudinal cohort and time-series design study. [EClinicalMedicine.](https://dx.doi.org/10.1016/j.eclinm.2020.100554) 2020, 27:100554. [10.1016/j.eclinm.2020.100554](https://dx.doi.org/10.1016/j.eclinm.2020.100554)
- 14. Menter T, Haslbauer JD, Nienhold R, et al.: Postmortem examination of COVID-19 patients reveals diffuse alveolar damage with severe capillary congestion and variegated findings in lungs and other organs suggesting vascular dysfunction. Histopathology. 2020, 77:198-209. [10.1111/his.14134](https://dx.doi.org/10.1111/his.14134)
- 15. Wichmann D, Sperhake JP, Lütgehetmann M, et al.: Autopsy findings and venous [thromboembolism](https://dx.doi.org/10.7326/M20-2003) in patients with COVID-19: a prospective cohort study . Ann Intern Med. 2020, 173:268-277. [10.7326/M20-](https://dx.doi.org/10.7326/M20-2003) 2003
- 16. Bradley BT, Maioli H, Johnston R, et al.: Histopathology and ultrastructural findings of fatal COVID-19 infections in Washington State: a case series. Lancet. 2020, 396:320-332. [10.1016/S0140-6736\(20\)31305-2](https://dx.doi.org/10.1016/S0140-6736(20)31305-2)
- 17. Bösmüller H, Traxler S, Bitzer M, et al.: The evolution of pulmonary pathology in fatal COVID-19 disease: an autopsy study with clinical correlation. Virchows Arch. 2020, 477:349-357. [10.1007/s00428-020-02881-x](https://dx.doi.org/10.1007/s00428-020-02881-x)
- 18. Vishwajeet V, Purohit A, Kumar D, et al.: Evaluation of [pathological](https://dx.doi.org/10.1055/s-0041-1730750) findings of COVID-19 by minimally invasive autopsies: a single tertiary care center experience from India . J Lab Physicians. 2021, 13:97-106. [10.1055/s-0041-1730750](https://dx.doi.org/10.1055/s-0041-1730750)
- 19. Hopfer H, Herzig MC, Gosert R, et al.: Hunting coronavirus by transmission electron microscopy a guide to [SARS-CoV-2-associated](https://dx.doi.org/10.1111/his.14264) ultrastructural pathology in COVID-19 tissues. Histopathology. 2021, 78:358-370. [10.1111/his.14264](https://dx.doi.org/10.1111/his.14264)
- 20. Falasca L, Nardacci R, Colombo D, et al.: Postmortem findings in Italian patients with COVID-19: a descriptive full autopsy study of cases with and without [comorbidities.](https://dx.doi.org/10.1093/infdis/jiaa578) J Infect Dis. 2020, 222:1807-1815. [10.1093/infdis/jiaa578](https://dx.doi.org/10.1093/infdis/jiaa578)
- 21. Borczuk AC, Salvatore SP, Seshan SV, et al.: COVID-19 pulmonary pathology: a multi-institutional autopsy cohort from Italy and New York City. Mod Pathol. 2020, 33:2156-2168. [10.1038/s41379-020-00661-1](https://dx.doi.org/10.1038/s41379-020-00661-1)
- 22. Massoth LR, Desai N, Szabolcs A, et al.: Comparison of RNA in situ hybridization and [immunohistochemistry](https://dx.doi.org/10.1097/PAS.0000000000001563) techniques for the detection and localization of SARS-CoV-2 in human tissues. Am J

Surg Pathol. 2021, 45:14-24. [10.1097/PAS.0000000000001563](https://dx.doi.org/10.1097/PAS.0000000000001563)

- 23. Roden AC, Vrana JA, Koepplin JW, et al.: Comparison of in situ hybridization, [immunohistochemistry,](https://dx.doi.org/10.5858/arpa.2021-0008-SA) and reverse transcription-droplet digital polymerase chain reaction for severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) testing in tissue. Arch Pathol Lab Med. 2021, 145:785-796. [10.5858/arpa.2021-](https://dx.doi.org/10.5858/arpa.2021-0008-SA) 0008-SA
- 24. Vishwajeet V, Purohit A, Kumar D, et al.: Evaluation of liver [histopathological](https://dx.doi.org/10.1016/j.jceh.2021.07.004) findings of coronavirus disease 2019 by minimally invasive autopsies. J Clin Exp Hepatol. 2022, 12:390-397. [10.1016/j.jceh.2021.07.004](https://dx.doi.org/10.1016/j.jceh.2021.07.004)
- 25. Ray A, Jain D, Goel A, et al.: [Clinico-pathological](https://dx.doi.org/10.1080/17476348.2021.1951708) features in fatal COVID-19 infection: a preliminary experience of a tertiary care center in North India using postmortem minimally invasive tissue sampling. Expert Rev Respir Med. 2021, 15:1367-1375. [10.1080/17476348.2021.1951708](https://dx.doi.org/10.1080/17476348.2021.1951708)
- 26. Bhandari S, Solanki R, Jindal A, Rankawat G, Pathak D, Bagarhatta M, Singh A: Demystifying COVID-19 lung pathology: a [clinicopathological](https://dx.doi.org/10.4103/lungindia.lungindia_919_20) study of postmortem core needle biopsy. Lung India. 2021, 38:343-349. [10.4103/lungindia.lungindia_919_20](https://dx.doi.org/10.4103/lungindia.lungindia_919_20)
- 27. Luo WR, Yu H, Gou JZ, et al.: Histopathologic findings in the explant lungs of a patient with COVID-19 treated with bilateral orthotopic lung transplant. [Transplantation.](https://dx.doi.org/10.1097/TP.0000000000003412) 2020, 104:e329-e331. [10.1097/TP.0000000000003412](https://dx.doi.org/10.1097/TP.0000000000003412)
- 28. Prasad S, Potdar V, Cherian S, Abraham P, Basu A: Transmission electron microscopy imaging of SARS-CoV-2. Indian J Med Res. 2020, 151:241-243. [10.4103/ijmr.IJMR_577_20](https://dx.doi.org/10.4103/ijmr.IJMR_577_20)
- 29. Prasad S, Meena VK, Yadav PD, et al.: Electron microscopy imaging of SARS-CoV-2 at different temperatures. Indian J Med Res. 2021, 153:692-695, [10.4103/ijmr.IJMR_4264_20](https://dx.doi.org/10.4103/ijmr.IJMR_4264_20)
- 30. Sarkale P, Patil S, Yadav PD, et al.: First isolation of [SARS-CoV-2](https://dx.doi.org/10.4103/ijmr.IJMR_1029_20) from clinical samples in India . Indian J Med Res. 2020, 151:244-250, 10.4103/jimr.IJMR_1029_20
- 31. Ksiazek TG, Erdman D, Goldsmith CS, et al.: A novel coronavirus associated with severe acute respiratory syndrome. N Engl J Med. 2003, 348:1953-1966. [10.1056/NEJMoa030781](https://dx.doi.org/10.1056/NEJMoa030781)
- 32. Ng DL, Al Hosani F, Keating MK, et al.: Clinicopathologic, immunohistochemical, and ultrastructural findings of a fatal case of middle east respiratory syndrome coronavirus infection in the United Arab Emirates, April 2014. Am J Pathol. 2016, 186:652-658. [10.1016/j.ajpath.2015.10.024](https://dx.doi.org/10.1016/j.ajpath.2015.10.024)
- 33. Hui KP, Cheung MC, Perera RA, et al.: Tropism, replication competence, and innate immune responses of the coronavirus SARS-CoV-2 in human respiratory tract and conjunctiva: an analysis in ex-vivo and in-vitro cultures. Lancet Respir Med. 2020, 8:687-695. [10.1016/S2213-2600\(20\)30193-4](https://dx.doi.org/10.1016/S2213-2600(20)30193-4)
- 34. Lamers MM, Beumer J, van der Vaart J, et al.: [SARS-CoV-2](https://dx.doi.org/10.1126/science.abc1669) productively infects human gut enterocytes. Science. 2020, 369:50-54. [10.1126/science.abc1669](https://dx.doi.org/10.1126/science.abc1669)
- 35. Ackermann M, Verleden SE, Kuehnel M, et al.: Pulmonary vascular endothelialitis, thrombosis, and angiogenesis in Covid-19. N Engl J Med. 2020, 383:120-128. [10.1056/NEJMoa2015432](https://dx.doi.org/10.1056/NEJMoa2015432)
- 36. Fox SE, [Akmatbekov](https://dx.doi.org/10.1016/S2213-2600(20)30243-5) A, Harbert JL, Li G, Quincy Brown J, Vander Heide RS: Pulmonary and cardiac pathology in African American patients with COVID-19: an autopsy series from New Orleans. Lancet Respir Med. 2020, 8:681-686. [10.1016/S2213-2600\(20\)30243-5](https://dx.doi.org/10.1016/S2213-2600(20)30243-5)
- 37. Yao XH, He ZC, Li TY, et al.: Pathological evidence for residual SARS-CoV-2 in pulmonary tissues of a ready-for-discharge patient. Cell Res. 2020, 30:541-543. [10.1038/s41422-020-0318-5](https://dx.doi.org/10.1038/s41422-020-0318-5)
- 38. Pesaresi M, Pirani F, Tagliabracci A, Valsecchi M, Procopio AD, Busardò FP, Graciotti L: SARS-CoV-2 [identification](https://dx.doi.org/10.26355/eurrev_202005_21217) in lungs, heart and kidney specimens by transmission and scanning electron microscopy. Eur Rev Med Pharmacol Sci. 2020, 24:5186-5188. [10.26355/eurrev_202005_21217](https://dx.doi.org/10.26355/eurrev_202005_21217)
- 39. Kissling S, Rotman S, Gerber C, et al.: Collapsing [glomerulopathy](https://dx.doi.org/10.1016/j.kint.2020.04.006) in a COVID-19 patient . Kidney Int. 2020, 98:228-231. [10.1016/j.kint.2020.04.006](https://dx.doi.org/10.1016/j.kint.2020.04.006)
- 40. Farkash EA, Wilson AM, Jentzen JM: [Ultrastructural](https://dx.doi.org/10.1681/ASN.2020040432) evidence for direct renal infection with SARS-CoV-2. J Am Soc Nephrol. 2020, 31:1683-1687. [10.1681/ASN.2020040432](https://dx.doi.org/10.1681/ASN.2020040432)
- 41. Su H, Yang M, Wan C, et al.: Renal histopathological analysis of 26 postmortem findings of patients with COVID-19 in China. Kidney Int. 2020, 98:219-227. [10.1016/j.kint.2020.04.003](https://dx.doi.org/10.1016/j.kint.2020.04.003)
- 42. Paniz-Mondolfi A, Bryce C, Grimes Z, et al.: Central nervous system involvement by severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2). J Med Virol. 2020, 92:699-702. [10.1002/jmv.25915](https://dx.doi.org/10.1002/jmv.25915)
- 43. Wang Y, Liu S, Liu H, et al.: SARS-CoV-2 infection of the liver directly contributes to hepatic impairment in patients with COVID-19. J Hepatol. 2020, 73:807-816. [10.1016/j.jhep.2020.05.002](https://dx.doi.org/10.1016/j.jhep.2020.05.002)
- 44. Qian Q, Fan L, Liu W, et al.: Direct evidence of active [SARS-CoV-2](https://dx.doi.org/10.1093/cid/ciaa925) replication in the intestine . Clin Infect Dis. 2021, 73:361-366. [10.1093/cid/ciaa925](https://dx.doi.org/10.1093/cid/ciaa925)
- 45. Algarroba GN, Rekawek P, Vahanian SA, et al.: [Visualization](https://dx.doi.org/10.1016/j.ajog.2020.05.023) of severe acute respiratory syndrome coronavirus 2 invading the human placenta using electron microscopy. Am J Obstet Gynecol. 2020, 223:275- 278. [10.1016/j.ajog.2020.05.023](https://dx.doi.org/10.1016/j.ajog.2020.05.023)
- 46. Facchetti F, Bugatti M, Drera E, et al.: SARS-CoV2 vertical transmission with adverse effects on the newborn revealed through integrated immunohistochemical, electron microscopy and molecular analyses of Placenta. EBioMedicine. 2020, 59:102951. [10.1016/j.ebiom.2020.102951](https://dx.doi.org/10.1016/j.ebiom.2020.102951)
- 47. Sisman J, Jaleel MA, Moreno W, et al.: Intrauterine transmission of SARS-COV-2 infection in a preterm infant. Pediatr Infect Dis J. 2020, 39:e265-e267. [10.1097/INF.0000000000002815](https://dx.doi.org/10.1097/INF.0000000000002815)
- 48. Hosier H, Farhadian SF, Morotti RA, et al.: [SARS-CoV-2](https://dx.doi.org/10.1172/JCI139569) infection of the placenta. J Clin Invest. 2020, 130:4947-4953. [10.1172/JCI139569](https://dx.doi.org/10.1172/JCI139569)
- 49. Colmenero I, Santonja C, Alonso-Riaño M, et al.: SARS-CoV-2 endothelial infection causes COVID-19 chilblains: histopathological, [immunohistochemical](https://dx.doi.org/10.1111/bjd.19327) and ultrastructural study of seven paediatric cases. Br J Dermatol. 2020, 183:729-737. [10.1111/bjd.19327](https://dx.doi.org/10.1111/bjd.19327)
- 50. Jackson CB, Farzan M, Chen B, Choe H: Mechanisms of [SARS-CoV-2](https://dx.doi.org/10.1038/s41580-021-00418-x) entry into cells . Nat Rev Mol Cell Biol. 2022, 23:3-20. [10.1038/s41580-021-00418-x](https://dx.doi.org/10.1038/s41580-021-00418-x)
- 51. Bullock HA, Goldsmith CS, Miller SE: Best practices for correctly identifying coronavirus by transmission electron microscopy. Kidney Int. 2021, 99:824-827. [10.1016/j.kint.2021.01.004](https://dx.doi.org/10.1016/j.kint.2021.01.004)
- 52. Goldsmith CS, Miller SE, Martines RB, Bullock HA, Zaki SR: Electron microscopy of SARS-CoV-2: a challenging task. Lancet. 2020, 395:e99. [10.1016/S0140-6736\(20\)31188-0](https://dx.doi.org/10.1016/S0140-6736(20)31188-0)
- 53. Dittmayer C, Meinhardt J, Radbruch H, et al.: Why misinterpretation of electron micrographs in SARS-CoV-2-infected tissue goes viral. Lancet. 2020, 396:e64-e65. [10.1016/S0140-6736\(20\)32079-1](https://dx.doi.org/10.1016/S0140-6736(20)32079-1)
- 54. Akilesh S, Nicosia RF, Alpers CE, Tretiakova M, Hsiang TY, Gale M Jr, Smith KD: [Characterizing](https://dx.doi.org/10.1016/j.ajpath.2020.11.003) viral infection by electron microscopy: lessons from the coronavirus disease 2019 pandemic. Am J Pathol. 2021, 191:222-227. [10.1016/j.ajpath.2020.11.003](https://dx.doi.org/10.1016/j.ajpath.2020.11.003)
- 55. Wierzba-Bobrowicz T, Krajewski P, Tarka S, et al.: Neuropathological analysis of the brains of fifty-two patients with COVID-19. Folia Neuropathol. 2021, 59:219-231. [10.5114/fn.2021.108829](https://dx.doi.org/10.5114/fn.2021.108829)
- 56. Best Rocha A, Stroberg E, Barton LM, et al.: Detection of SARS-CoV-2 in formalin-fixed [paraffin-embedded](https://dx.doi.org/10.1038/s41374-020-0464-x) tissue sections using commercially available reagents. Lab Invest. 2020, 100:1485-1489. [10.1038/s41374-](https://dx.doi.org/10.1038/s41374-020-0464-x) 020-0464-x
- 57. Martines RB, Ritter JM, Matkovic E, et al.: Pathology and pathogenesis of SARS-CoV-2 associated with fatal coronavirus disease, United States. Emerg Infect Dis. 2020, 26:2005-2015. [10.3201/eid2609.202095](https://dx.doi.org/10.3201/eid2609.202095)