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Genome-wide Association and Multi-Omics Studies Identify *MGMT* as a Novel Risk Gene for Alzheimer Disease Among Women

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Abstract

INTRODUCTION: Variants in the tau gene (*MAPT*) region are associated with breast cancer in women and Alzheimer disease (AD) among persons lacking *APOE* $\epsilon 4$ ($\epsilon 4^-$).

METHODS: To identify novel genes associated with tau-related pathology, we conducted two genome-wide association studies (GWAS) for AD, one among 10,340 $\epsilon 4^-$ women in the Alzheimer's Disease Genetics Consortium (ADGC) and another in 31 members (22 women) of a consanguineous Hutterite kindred.

RESULTS: We identified novel associations of AD with *MGMT* variants in ADGC (rs12775171, odds ratio [OR]=1.4, $P=4.9\times 10^{-8}$) and Hutterites (rs12256016 and rs2803456, OR=2.0, $P=1.9\times 10^{-14}$). Multi-omics analyses showed that the most significant and largest number of associations among the SNPs, DNA-methylated CpGs, *MGMT* expression, and AD-related neuropathological traits were observed among women. Furthermore, pHi-C analyses revealed long-range interactions of the *MGMT* promoter with *MGMT* SNPs and CpG sites.

DISCUSSION: These findings suggest that epigenetically-regulated *MGMT* expression is involved in AD pathogenesis, especially in women.

Keywords

genome-wide association study; *MGMT*; tau; gene expression; methylation

1. Introduction

Alzheimer's disease (AD) is a progressive neurodegenerative disorder and the most common cause of dementia, affecting over 5.8 million individuals in the U.S [1]. Although the *APOE* $\epsilon 4$ allele is the most established and strongest genetic risk factor for AD occurring after age 65, only ~40% of AD cases carry this allele compared to ~13.7% of the population, implying that other genes contribute to the genetic architecture of this disease [2]. A recent meta-analysis of genome-wide association studies (GWAS) of AD identified genome-wide significant associations with 42 novel and 33 previously identified loci [3], but a large proportion of genetic risk remains unexplained. This may be accounted for by the contribution of rare variants (which are difficult to identify from GWAS even in large samples), epigenetic mechanisms and/or interactions between genes and other factors (e.g., sex) [4].

To identify additional novel AD loci, we performed in parallel two complementary GWAS. One approach focused on dementia in the Hutterites, a population isolate of central European ancestry. The second approach was predicated on epidemiological and pathological evidence suggesting a link between AD and breast cancer (BC). The locus including *MAPT* which encodes the tau protein has been associated with AD risk among persons lacking the *APOE* $\epsilon 4$ allele [5], as well as with the BC risk in women [6] and the age at onset of breast/ovarian cancer among women carrying *BRCA1/2* mutations [7]. Another study found that persons with mild cognitive impairment (MCI) or AD had low expression of *BRCA1* in the brain, and that the abundance of $A\beta_{42}$ oligomers was negatively associated with low *Brca1* expression in neuronal cells in hAPP mice [8].

Low *Brcal* expression in these mice was also associated with increased DNA damage, neuronal shrinkage, and synaptic plasticity impairments, which caused learning and memory deficits [8]. To test the hypothesis that other genes involved in tau-related pathology may be associated with AD risk among women, and especially those who lack the *APOE* $\epsilon 4$ allele, we also performed a GWAS for AD in $\epsilon 4$ non-carrier women included in datasets from the Alzheimer Disease Genetics Consortium (ADGC). Top results were further evaluated by analysis of genetic, transcriptome, and methylome data, as well as information obtained from promoter capture (pc) Hi-C in induced pluripotent stem cell (iPSC)-derived neurons and measures of AD-related proteins obtained from autopsied brain tissue.

2. Methods

2.1 Alzheimer's Disease Genetics Consortium Cohorts

2.1.1 Subjects and Data.—This study utilized information for 10,304 women lacking the *APOE* $\epsilon 4$ allele ($\epsilon 4^-$), which included 3,399 AD cases and 6,905 control subjects from 30 GWAS datasets assembled by ADGC (Table S1). These subjects were selected from a larger ADGC sample including women having the $\epsilon 4$ allele ($\epsilon 4^+$, 5,592 AD cases, 2,537 controls), $\epsilon 4^+$ men (4,050 AD cases, 1,670 controls) and $\epsilon 4^-$ men (2,697 AD cases, 4,851 controls). Details of the datasets, phenotyping, quality control (QC) procedures applied to the genotype data, imputation and analysis of population substructure are provided in the Supplementary Information and have also been previously described [9]. Studies of the individual cohorts were approved by the appropriate Institutional Review Boards, and written informed consent for all subjects was provided on behalf of themselves or for substantially cognitively impaired subjects, by a caregiver, legal guardian or other proxy.

2.1.2 Genome-wide association and pathway analyses.—Association of AD with the imputed dosage for each autosomal SNP was tested in each dataset using logistic regression models that included age and the first four principle components of ancestry (PCs) as covariates. Models for the analysis of the ADGC8 dataset, which includes eight aggregated datasets each containing < 50 subjects (see Supplementary Information), also included dummy variables to account for the multiple genotyping arrays across the constituent datasets. Results from the individual datasets were combined by meta-analysis using inverse variance weighting as implemented in the METAL software [10]. Heterogeneity of pooled estimates was quantified by computing Cochran's Q -test [11], which is implemented in METAL. Genes located near top-ranked SNPs ($P < 1.0 \times 10^{-4}$) were included in analyses described in the Supplementary Information to discern potential AD-related biological pathways.

2.2 Hutterite Cohort

2.2.1 Subject Ascertainment.—DNA and genotypes were available for five (all women) of 29 AD cases identified in a large Hutterite kindred. We then selected controls from among the 41 Hutterites who were over age 85 years at the time of our study with no reported dementia and with genotype data available. This yielded 26 controls (9 males, 17 females). There was one sibling pair among the five cases (Figure 1), four sibling pairs among the 26 controls, and no sibling pairs between the case and control groups. Additional

details of the entire kindred, as well as diagnostic procedures and familial relationships among the subjects included in this study, are presented in the Supplementary Information. These studies were approved by the University of Chicago IRB.

2.2.2 Genome-wide association study.—Details about genotyping and imputation are included in the Supplementary Information. Based on the fact that there are few (if any) examples of autosomal recessive causes of late onset AD and because, other than one pair of sisters, all other AD cases were relatively unrelated, we hypothesized that the genetic risk for late onset AD in the Hutterites was autosomal dominant and carried on a haplotype that was identical by descent in the affected individuals. A GWAS for AD was performed with 4,807,330 variants that had no missing genotypes in the five AD cases using a mixed effects logistic model as implemented in GEMMA [12] following procedures outlined in the Supplementary Information.

2.3 Multi-omics Data Analyses

Methylation array and post QC normalized gene expression data derived from the dorsolateral prefrontal cortex (DLPFC) tissue obtained from neuropathologically examined brains (399 AD cases and 376 controls) donated by Religious Orders Study and the Rush Memory and Aging Project (ROSMAP) participants were obtained from the CommonMind Consortium Portal (<https://www.synapse.org/#!Synapse:syn3388564>) to further examine associations with the top-ranked GWAS findings. Data for AD-related neuropathologic traits were obtained from the same source and included amyloid-beta (Abeta) and phospho-tau (ptau) measured by immunohistochemistry and NFT measured by microscopic examination as described elsewhere (www.radc.rush.edu) [13]. We also evaluated gene expression data and semi-quantitative measures of tau pathology (Braak stage) and neuritic amyloid plaques derived from dorsolateral prefrontal cortex tissue obtained from 177 participants (58 autopsy-confirmed AD cases and 119 controls) of the Framingham Heart Study (FHS) [14, 15]. Sample sizes for analyses of each type of omics data are presented in Tables S2 and S3 for the ROSMAP and FHS datasets, respectively. Statistical methods used to analyze these data are presented in the Supplementary Information.

2.4. Cell type-specific expression analysis in human brain

We investigated cell type-specific expression of the top-ranked candidate AD gene identified in the GWAS using a single cell RNA-sequencing (scRNA-Seq) dataset derived from the temporal lobe of 8 healthy adults [16] and in two single nuclei RNA-Seq (snRNA-Seq) datasets derived from the dorsolateral prefrontal cortex (DLPFC) region. One of the PFC region datasets included 48 individuals with varying degrees of AD pathology [17] and the other included 12 AD cases and 9 controls [18]. Additional details about the sc/snRNA-Seq datasets and analysis are described in the Supplementary Information.

2.5 Promoter-capture Hi-C

Because regulatory elements such as enhancers can be located at large genomic distances from their target genes, we performed pcHi-C using data obtained from hypothalamic neurons differentiated from iPSCs to link the promoters of genes at the top-ranked AD locus identified by GWAS to potential enhancers. Details of our protocols the tissue

culture of iPSCs, differentiation of human hypothalamic neurons, and *in situ* pcHi-C library preparation and data processing are presented in the Supplementary Information.

3. Results

3.1 Genome-wide analyses in two cohorts identify the same novel AD locus

There was little genomic inflation among $\epsilon 4$ - women in the ADGC dataset ($\lambda=1.082$, Figure S1). Genome-wide significant (GWS; $P<5.0\times 10^{-8}$) associations were identified for two previously established AD loci (*BINI* and *APOE*) and one novel locus, *MGMT* (rs12775171, MAF=6%, odds ratio [OR]=1.4, $P=4.9\times 10^{-8}$; Table 1 and Figure 2A) and the previously known AD loci *BINI* (best SNP: rs11680911, OR=1.2, $P=2.2\times 10^{-8}$) and *APOE* (best SNP: rs390082, OR=0.6, $P=7.0\times 10^{-15}$). Because rs390082 is in linkage disequilibrium (LD) with rs7412 ($r^2=0.68$) that determines the *APOE* $\epsilon 2$ allele but not with rs429358 ($r^2<0.01$) that determines *APOE* $\epsilon 4$, the direction and magnitude of effect for rs7412 is comparable to that for $\epsilon 2$, and subjects in this subgroup do not have $\epsilon 4$, our observed association in the *APOE* locus likely reflects the protective influence of $\epsilon 2$ [19]. The effect direction of rs12775171 was consistent in 26 of 30 ADGC datasets (Figure 2B) and there was not significant heterogeneity in the magnitude of effect on AD risk (Cochran *Q*-Test $\chi^2=37.31$, $P=0.13$). The association with *MGMT* was not observed in $\epsilon 4+$ women or men with or without the $\epsilon 4$ allele (Figure S2).

The Hutterite GWAS revealed 418 variants at 22 loci reaching GWS, after adjusting for genomic inflation ($\lambda=1.16$) (Figure S3A-B; Table S4), but the *P*-value at only one locus (*MGMT*) as small or smaller than the 200 permuted GWASs (lead SNPs = rs2803456 and rs12256016, OR=2.02, $P=1.89\times 10^{-14}$) (Figure S3C; Table S4). This indicates that the likelihood of observing this significant an association by chance alone is <0.005 . There were 14 GWS SNPs at this locus, including three variants approximately 159kb upstream of the *MGMT* transcription start site and 11 variants in an intron of *MGMT* (Figure 2C; Table 2). The minor alleles for all 14 variants were present in all AD cases and absent in all 26 controls. One case was homozygous for the risk alleles and the other four were heterozygotes. In a larger sample of Hutterites ($n=1,653$) who were genotyped, there was strong LD among the 11 intronic and among the three upstream variants (average pairwise $r^2=0.97$ and 0.96 , respectively), but only modest LD between the intronic and upstream variants (average pairwise $r^2=0.54$), similar to LD patterns observed in HapMap samples of European ancestry. The 14 risk alleles occurred on a single haplotype that was present at a frequency of 0.06 in the larger Hutterite population. These combined observations suggest the possibility that these variants have independent effects on AD risk. Minor allele frequencies of these 14 SNPs, except for rs12256016, in the larger Hutterite sample were not noticeably different from those observed in other populations of European ancestry (Table 2).

Next, we compared the top-ranked *MGMT* SNPs identified in the ADGC (rs12775171) and the Hutterite (rs12256016 and rs2803456) cohorts. The three SNPs are not in LD with each other ($r^2<0.1$ for all pairwise comparisons) in the ADGC samples as well as in the European ancestry subset of the 1000 Genomes reference. The top-ranked SNPs in the Hutterites were not associated with AD risk in the ADGC datasets ($P>0.26$; Table S5). Although

rs12775171 is common (MAF=0.06) in European ancestry populations, it was not imputed in the Hutterite sample because it had an MAF of 0.0085 which is below the SNP filter threshold of 0.05. The AD risk-associated rs12775171 allele in the ADGC dataset was not present in any of the five cases or 26 controls.

3.2 eQTL and Pathway Analyses

Analysis of HaploReg eQTL data [20] for *MGMT* and its adjacent genes, *EBF3* and *GLRX3*, revealed that proxy SNPs in high LD ($r^2 > 0.8$) with AD risk alleles of rs12775171, rs11016864, and rs2803456 were significantly associated with expression of *MGMT* only in whole blood (best eQTL: rs12248703 proxy for rs12256016; $P = 3.56 \times 10^{-7}$) (Table S6). The top-ranked SNPs were nominally associated with expression levels of *MGMT* and *EBF3* in multiple tissues including several brain regions (best eQTL: rs2803456 for *MGMT*, $P = 0.01$ in the caudate) in the GTEx database [21]. Pathway analysis that was seeded with genes containing the top-ranked SNPs from the ADGC GWAS among $\epsilon 4^-$ women found that the most significant pathway was lipopolysaccharide (LPS)/IL-1 mediated inhibition of retinoid-X-receptors (RXR) function ($P = 7.7 \times 10^{-4}$), which includes *MGMT*, as well as *APOE* and *APOC1* (Table S7).

3.3 Multi-Omics Analysis Links *MGMT* Expression and Methylation to AD Risk and AD-related Neuropathology

Because the strongest eQTL associations for the top-ranked SNPs were observed with *MGMT*, we hypothesized that *MGMT* is the gene at this locus functionally related to AD risk. A previous epigenetic study of glioblastoma reported that DNA hypermethylation in the *MGMT* promoter region leads to lower expression and subsequently defective function of *MGMT* [22], suggesting that this epigenetic mechanism may explain at least in part the observed association of *MGMT* SNPs with AD risk. To test this hypothesis, we evaluated associations between AD-associated *MGMT* SNPs (rs12775171 and rs11596752 and rs11016864 as proxies for rs2803456 and rs12256016) and methylation levels of CpG sites at the *MGMT* locus together with *MGMT* gene expression and measures of A β , tau, and NFT in 399 AD and 376 control autopsied brains from ROSMAP.

The AD risk associated alleles for the three *MGMT* SNPs were associated with hypermethylation of 105 CpGs in the *MGMT* region in at least one *APOE* $\epsilon 4$ status and gender subgroup (Table S8), but methylation levels of only five of these CpGs – cg07646467 (CpG1), cg09450835 (CpG2), cg02634492 (CpG3), cg05596517 (CpG4), and cg01419164 (CpG5) – were both negatively associated with *MGMT* expression (Table S9) and positively associated with the neuropathological traits (Table S10) in the entire sample, among women, or specifically among $\epsilon 4^-$ women (Figure 3, Tables S11-S13). We therefore focused on these five CpG sites.

The largest number and most significant associations of CpG methylation and *MGMT* SNPs were observed among women, but these findings were specific to particular CpG-SNP combinations among $\epsilon 4^+$ or $\epsilon 4^-$ women (Figure 3, Table S11). Although *MGMT* expression level was associated with DNAm levels at all five CpG sites, the most significant associations of DNAm at a particular CpG site with a *MGMT* SNP and expression was

observed at CpG3 among women (rs11016864: $P=4.1\times 10^{-4}$, expression: $P=5.1\times 10^{-5}$), with most of the evidence derived from the $\epsilon 4$ - women (rs11016864: $P=1.3\times 10^{-4}$, expression: $P=8.9\times 10^{-5}$, Tables S11-S12). Several *MGMT* CpG sites were also significantly associated with severity of AD-related neuropathology. In particular, in the total sample, CpG1 was significantly associated with both Abeta ($P=4.35\times 10^{-5}$) and ptau ($P=3.83\times 10^{-4}$), with comparable effect sizes in women and men (Figure 3, Table S13). Other CpG sites were associated with Abeta in the total sample (CpG5, $P=0.0048$) or in women (CpG2, $P=0.0057$), with NFT in the total sample (CpG4, $P=0.0060$) and among $\epsilon 4$ - women (CpG5, $P=0.0076$), and with ptau in $\epsilon 4$ - women (CpG5, $P=0.0028$), although none of these results surpassed the multiple test correction threshold of $P=0.0021$ ($0.05 / (3 \text{ SNPs} * 2 \text{ independent AD-related neuropathological traits} * 4 \text{ independent subsets defined by sex and APOE } \epsilon 4 \text{ status}))$.

MGMT expression was inversely correlated with Abeta ($P=7.83\times 10^{-4}$) and with NFT in the total sample ($P=5.92\times 10^{-4}$) and among $\epsilon 4$ - women in particular ($P=3.21\times 10^{-4}$) (Figure 3 and Table 3). However, we did not observe significant association of *MGMT* expression with clinically-defined AD status in any group (Table 3). The findings with tau pathology were confirmed in several strata of the FHS sample (total [$P=0.047$], women [$P=0.008$], $\epsilon 4$ - women [$P=0.003$]), but not in other *APOE*/sex FHS subgroups ($P=0.43$) (Table S14).

3.4. Cell-type Expression of *MGMT* in brain

Analysis of data from the temporal lobe of 8 healthy brains revealed that *MGMT* was expressed primarily in neurons, astrocytes, and endothelial cells (Figure S4A). However, we found in two independent snRNA-seq datasets derived from DLPFC from AD cases and controls that *MGMT* expression was greater in microglia and endothelial cells than other cell types (Figure S4B and S4C). Notably, expression in endothelial cells was higher in controls than AD cases in both datasets, whereas the pattern of association of expression in microglia differed between the datasets.

3.5 Interaction of the *MGMT* Promoter Region with AD-associated SNPs and Methylation Sites

PcHi-C contact maps from development-specific stages revealed a complex regulatory landscape that included long-range interactions between the promoter of *MGMT* and SNPs in strong LD ($r^2>0.8$) with the lead SNPs in both the ADGC and Hutterite GWAS, as well as with CpG1, CpG4, and CpG5 (Figure 4A). All of these interactions were dependent on developmental context and restricted to specific temporal windows. In hypothalamic precursor cells, the *MGMT* promoter interacted with the regions containing SNPs in high LD with the top-ranked *MGMT* SNPs, as well as with CpG1 and CpG5. In early development cells, the *MGMT* promoter interacted with the Hutterite intronic SNPs and another ADGC SNP, and in late development cells, the *MGMT* promoter interacted with yet another ADGC SNP and CpG4. In addition, the *EBF3* promoter specifically interacted with SNPs near the leading SNPs in the ADGC GWAS in precursor cells and with CpG1 in early and late development cells. Both *MGMT* and *EBF3* expression was detected in all development stages, with *MGMT* most highly expressed in precursor cells and *EBF3* most highly expressed in early development cells (Table S15). Overall, the pcHi-C contact

map suggests physical interactions across this approximately 1 Mb region that bring the *MGMT* and *EBF3* genes into close proximity, which may enable genetic variation (SNPs) and epigenetic variation (CpGs) to have development stage-specific effects on the regulation of these genes.

To extend the pcHi-C findings derived from hypothalamic neurons to brain regions more impacted by AD, we investigated interactions between the *MGMT* promoter region and AD-associated *MGMT* SNPs using publicly available Hi-C data derived from the hippocampal and DLPFC regions (<http://3dgenome.fsm.northwestern.edu>) [23]. These analyses showed that the *MGMT* promoter interacts with a region that includes one of the AD-associated SNPs in the Hutterites, rs12256016, in both brain regions, but not with the other SNPs (Figure S5).

To further predict the cell types in which the *MGMT* variants may act as regulatory elements, we examined chromatin state maps [24] of the *MGMT* locus in different cell types (brain, heart, intestine, pancreas, lung, and blood cells). Those data revealed that the six of the nine variants that physically interacted with *MGMT* or *EBF3* promoters map within accessible chromatin regions in human neuronal tissues, as profiled by the Roadmap Epigenomics Consortium. Interestingly, five of these variants (rs11596752, rs35890176, rs61859925, rs56800605, and rs12255679) seem to modulate enhancer activity exclusively in brain (Figure 4B).

4. Discussion

4.1. A new locus for AD implicated by two independent uniquely designed GWAS

Motivated by previously reported AD genetic associations with SNPs in the *MAPT* region among persons lacking the *APOE* ϵ 4 allele [5], as well as by epidemiological and pathological links between AD and BC [6–8], we conducted a GWAS among ϵ 4-women in the ADGC and identified one novel GWS association at *MGMT*. This novel locus finding was bolstered by a parallel GWAS in five AD cases (who happened to be all women) and 26 controls from a consanguineous Hutterite kindred that also found GWS associations with SNPs on an extended haplotype that includes *MGMT*. The ability to detect a genome-wide significant association in a small dataset reflects the increased power afforded by founder populations with reduced genetic variation and reduced environmental heterogeneity, as evidenced by our prior studies in a consanguineous group of Israeli-Arabs leading to the first robust associations of AD with *ACE* and *SORL1* [25, 26]. Because rs12775171, the most significantly associated SNP in the ADGC, is not in LD with either Hutterite SNP (r^2 0.001) in the ADGC dataset, it is plausible that multiple *MGMT* variants are functionally related to AD. The AD/*MGMT* association finding was supported by results from comparisons of *MGMT* SNPs, *MGMT* gene expression and methylation data obtained from brain, and quantified brain measures of AD-related proteins. In support of our hypothesis that other genes involved in tau-related pathology may be associated with AD risk among women, and especially those who lack *APOE* ϵ 4, we found that *MGMT* expression is associated with neurofibrillary tangles specifically among ϵ 4(-) women (Table 3). Moreover, the pcHi-C data indicate that all three associated variants themselves or variants in high LD reside within chromatin accessible regions that physically interact with

the promoter of *MGMT* in neuronal tissues. Taken together, our results indicate AD risk in women can be attributed in part to genetic variants that regulate the expression of *MGMT* in developing neurons.

4.2. *MGMT* is functionally linked to AD, especially among women

MGMT encodes O6-methylguanine-DNA methyltransferase, a DNA repair protein that protects cells from apoptotic effects of alkylating agents by removing alkyl groups from the 6-O-methylguanine [27]. *MGMT* is epigenetically inactivated via hypermethylation of CpG islands that span roughly 1,000 bps around the *MGMT* transcription start site [28–30] in glioblastomas [31], as well as in breast cancer tissue [32, 33]. A link between *MGMT* and AD was suggested by a previous study that reported decreased *MGMT* protein levels in CSF of AD patients compared to matched healthy controls [34]. Coppede *et al* [35] compared methylation of CpG sites in the promoter region of eight DNA repair genes including *MGMT* in a sample of 56 AD cases and 55 matched controls, but did not observe any significant differences in the *MGMT* promoter region, likely due to the small sample size and focus on blood rather than disease-relevant regions in brain.

The female-specific association of AD with *MGMT* identified in both the ADGC and Hutterites is consistent with the most significant associations with omics data and AD-related pathology, which were also observed predominantly in women. Intriguingly, sexual dimorphic genetic and epigenetic associations with *MGMT* have been previously reported. Methylation levels in the *MGMT* promoter region are different between men and women in lung tumor cells [36], a pattern that manifests clinically: glioblastoma survival rates vary by sex and degree of methylation in the *MGMT* promoter region [37, 38]. In this study, we found that the methylation levels at the *MGMT* locus were significantly associated with the AD-associated *MGMT* SNPs and *MGMT* expression, as well as with AD-related neuropathologic traits. In particular, the most significant associations of methylation levels with both *MGMT* expression and AD-associated SNPs involved CpG3, which is located near the *MGMT* transcription start site. Interestingly, hypermethylation of CpG2 and CpG3 have been linked to occurrence and progression of glioblastoma [28–30]. These findings suggest that inactivation of *MGMT* via epigenetic regulation in a sex-specific manner may promote AD pathogenetic mechanisms and underlie the associations discovered in our GWAS. This idea is supported by results from pcHi-C in iPSC-derived neurons showing long-range interactions between the *MGMT* promoter and SNPs in strong LD with the top-ranked SNPs in both datasets as well as with CpG sites near *MGMT*. Moreover, chromatin state maps from the Roadmap Epigenomics Consortium indicate that the SNPs in the *MGMT* locus may modulate regulatory activity specifically in neuronal cell types and tissues. Together, our omics findings suggest that these SNPs may affect the function of distal enhancers thereby influencing *MGMT* expression via chromatin loops [39]. Our results suggest that *EBF3* is not the causal gene at this locus (see Supplementary Information).

4.3. Links Between *APOE* and *MGMT*

Insight into the role of *APOE* in the AD/*MGMT* association may be gleaned from a recent glioblastoma study showing that increased methylation level at the *MGMT* promoter, which

is a well-known predictor for immunotherapy response and survival rate in glioblastoma patients [40], is significantly associated with increased *APOE* expression, which has been observed in AD brains [41]. Furthermore, our pathway analysis suggests that *MGMT* and *APOE* are involved in LPS/IL-1 mediated inhibition of RXR function. RXR signaling, which is associated with synaptic plasticity in the hippocampal region and remyelination in the central nervous system, has been considered as a therapeutic target for neurodegenerative diseases including AD and Parkinson disease [42–44].

4.4 Study Limitations

Our study has several limitations. First, despite consistent results regarding the association of *MGMT* with AD risk in two very distinct cohorts, these findings should be replicated in other GWAS datasets especially because the Hutterite sample is small and the variants associated with AD in each dataset differ. Arguably, the association patterns between the Hutterites who are descended from a central European population should be similar to those observed in the ADGC dataset comprised of persons of European ancestry. However, the association of AD with distinct SNPs across the datasets may be explained by allelic heterogeneity such that the functional variant accounting for the association signal in each dataset is unique. This explanation is consistent with the observation that the top-ranked SNP in the ADGC dataset is not in LD with the AD-associated SNPs in the Hutterites. Moreover, because of the Hutterite cultural norms, neuropsychological and imaging studies were not performed to substantiate a diagnosis of AD. As a result, we can not formally differentiate between AD and other forms of dementia in the Hutterites. However, the high degree of relatedness among the Hutterites due to a founder effect, and their cultural, geographic and environmental homogeneity likely afforded improved statistical power compared to genetic studies of large outbred populations. Second, our findings from analyses of omics data also require replication in additional larger samples, noting, however, that the association of *MGMT* expression with tau pathology among women, and $\epsilon 4$ -women in particular, was observed in two independent sets of neuropathologically examined brains (ROSMAP and FHS). Third, at present, there is no apparent explanation for the specificity of the AD/*MGMT* association in the ADGC GWAS datasets to women lacking *APOE* $\epsilon 4$, a finding that is not supported by the association pattern in the Hutterites, in which four of the five AD cases, although all women, were $\epsilon 4$ carriers. However, this could be due to the very small number of AD cases in the Hutterite sample, genetic and environmental background differences between Hutterites and the ADGC cohorts, or the possibility that there is more than one mechanism mediating risk at this locus. Fourth, *MGMT* expression was not associated with clinically defined AD status (Table 3). However, this may be explained by the much smaller sample size of AD cases and controls (a binary outcome) compared to the sample available for analysis of quantitative measures of AD-related proteins which also included subjects with MCI. Alternatively, this may reflect the reduced accuracy of the clinical diagnosis of AD compared to measures of AD-related proteins which are strongly correlated with the neuropathological diagnosis. Such an idea is supported by a recent observation that effect sizes of *APOE* $\epsilon 2$ and $\epsilon 4$ alleles for AD risk are significantly higher in neuropathologically characterized cases and controls compared to clinically-defined groups [18]. Lastly, our primary pcHi-C data that support a role for *MGMT* expression in the etiology of AD were based on studies in

iPSC-derived hypothalamic neurons, which may not be the primary neuronal cells involved in AD. However, previous studies have shown that gene expression patterns are associated with chromatin structures that are highly conserved across cell types [45–48], especially among closely related cell types [49] such as different types of neurons. The shared nature of chromatin organization identified by our pcHi-C study is corroborated by orthogonal data from the Roadmap Epigenomics Consortium showing that five of the AD-associated variants map within open chromatin accessible regions only in brain and not in other cells types or tissues (heart, intestine, pancreas, lung, and blood cells [50]. Moreover, our analysis of pcHi-C data derived from brain regions most impacted by AD (hippocampus and DFPLC) confirmed an interaction of one of the top-ranked AD-associated *MGMT* SNPs with the *MGMT* promoter region.

4.5 Conclusions

We identified a novel association of AD with genetic variants in *MGMT* among women lacking the *APOE* ϵ 4 allele in the ADGC cohorts and with genetic variants within and upstream of *MGMT* in Hutterite women regardless of *APOE* ϵ 4 carrier status. Multi-omics analysis suggested that epigenetically regulated expression of *MGMT*, which is involved in DNA damage repair function, is significantly associated with the development of the hallmark AD proteins, amyloid- β and tau, especially in women.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Data Availability

ADGC GWAS data and summarized results are available from the National Institute on Aging Genetics of Alzheimer Disease Storage site (NIAGADS; <https://www.niagads.org>). Summary statistics for the Hutterites GWAS are deposited in dbGaP (accession: phs000185).

Abbreviations

Abeta	beta-amyloid
AD	Alzheimer disease
ADGC	Alzheimer's Disease Genetics Consortium
APOE	apolipoprotein E
BC	breast cancer
FHS	Framingham Heart Study
GWAS	genome-wide association study
GWS	genome-wide significant
iPSC	induced pluripotent stem cell
MAF	minor allele frequency
NFT	neurofibrillary tangles
OR	odds ratio
pcHi-C	promoter capture Hi-C
PMI	post mortem interval
ptau	phospho-tau
RIN	RNA integrity number
ROSMAP	Religious Orders Study and Memory and Aging Project
SNP	single nucleotide polymorphism

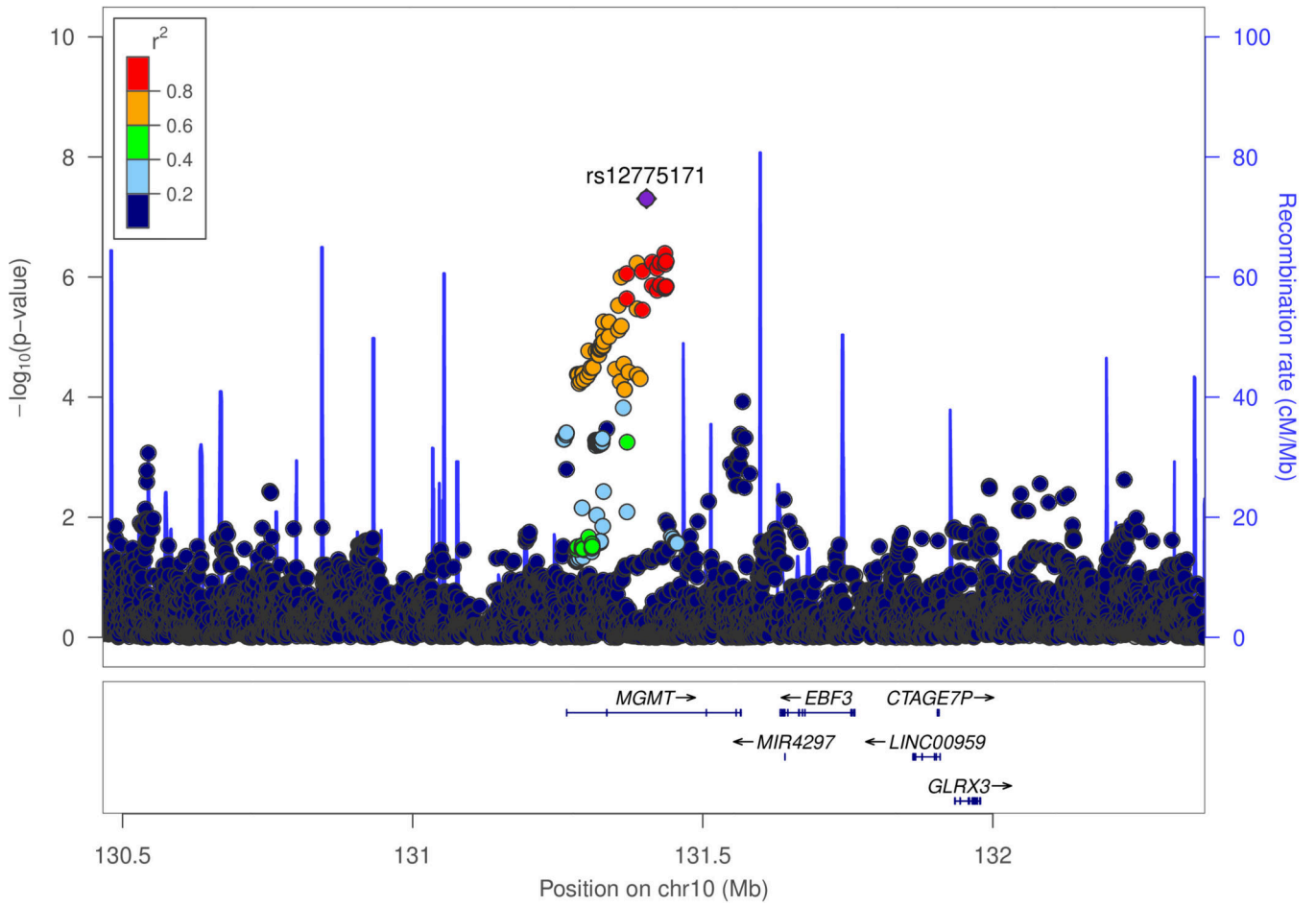
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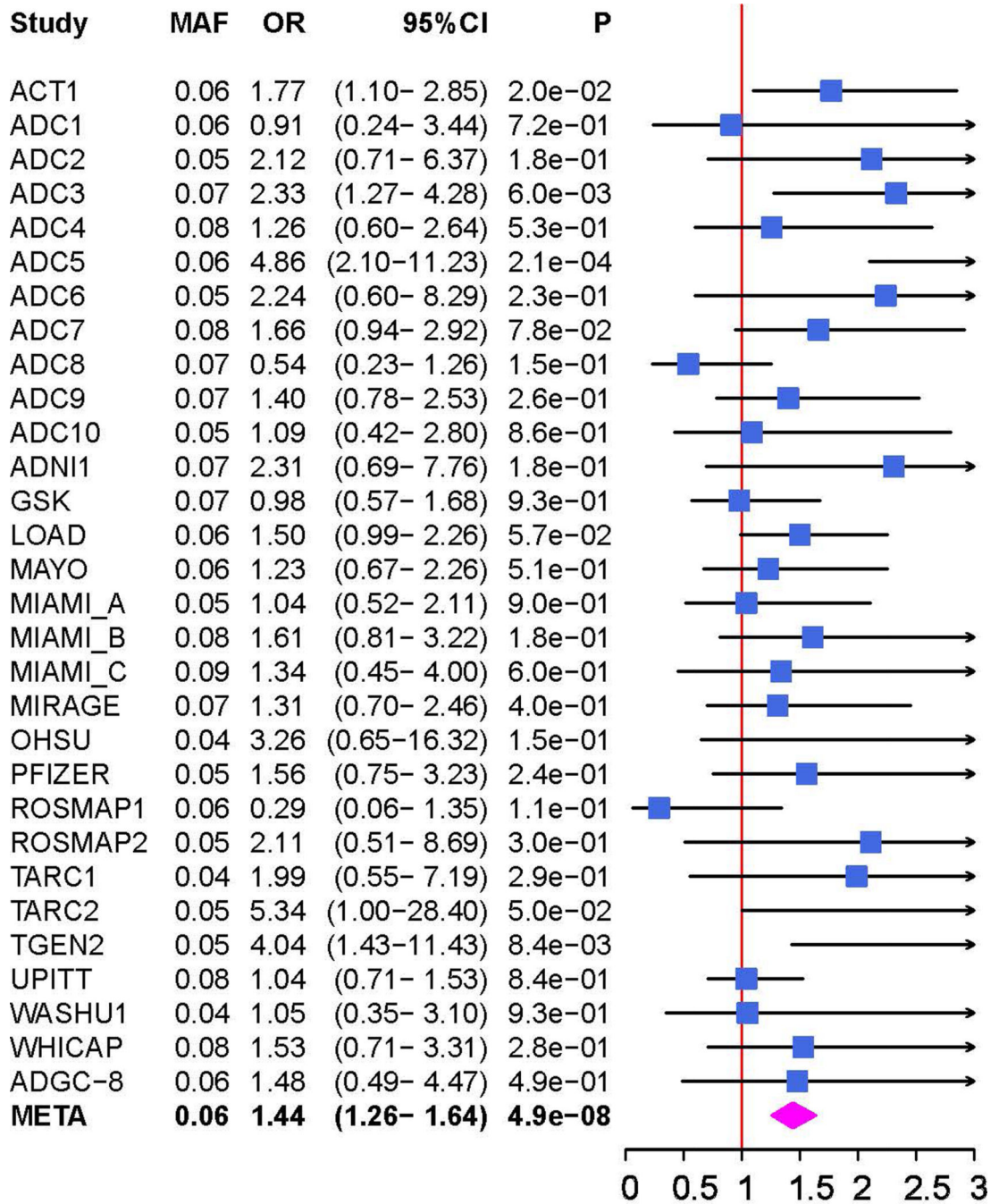


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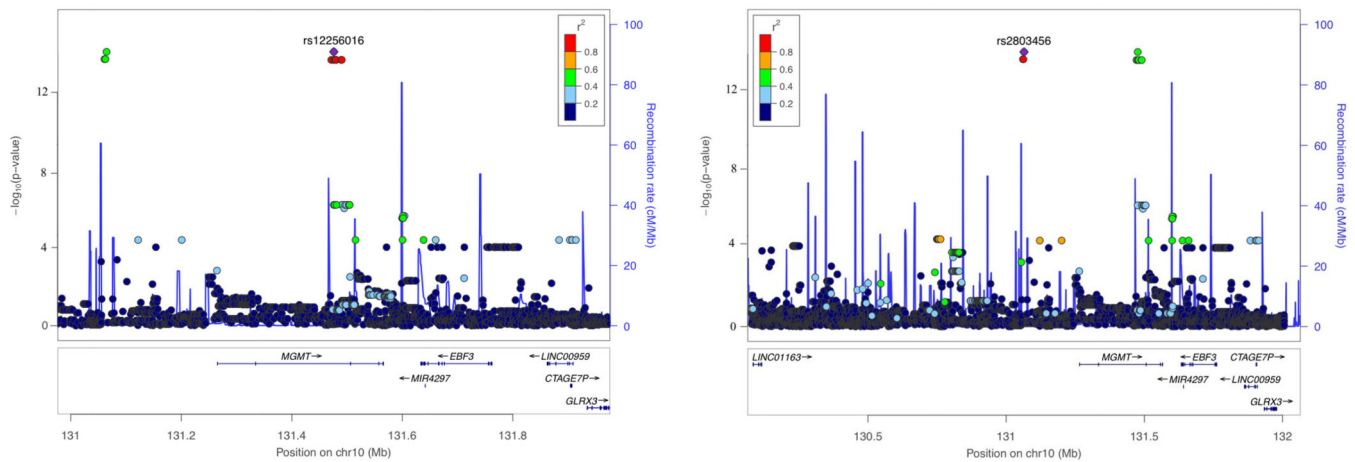


Figure 2.

Genetic association of Alzheimer disease (AD) with *MGMT* in the ADGC datasets (A and B) and in the Hutterites (C). **A.** LocusZoom plot showing the association of AD with SNPs in the *MGMT* region in the ADGC datasets. The SNP with the lowest P-value (rs12775171) is indicated with a purple diamond. Computed estimates of linkage disequilibrium (r^2) of SNPs in this region with rs12775171 are color-coded according to the key. **B.** Forest plot of the association of AD with rs12775171 among the APOE $\epsilon 4^-$ women within each ADGC dataset and in the total sample (META). The ADGC-8 dataset includes eight individual GWAS datasets (ACT2, BIOCARD, CHAP2, EAS, NBB, RMAYO, UKS, and WASHU2) each containing < 50 subjects. The odds ratio (shaded symbol) and 95% confidence interval (represented by horizontal line) are plotted on the x-axis. **C.** LocusZoom plot showing the association of AD with SNPs in the *MGMT* region in the Hutterites. Significance level is shown as the $-\log_{10}(P\text{-value})$. Computed estimates of linkage disequilibrium (r^2) of SNPs in this region with the two most significant SNPs, rs12256016 (left panel) and rs2803456 (right panel), are color-coded according to the key. Recombination rates among adjacent SNPs are indicated with vertical blue lines.

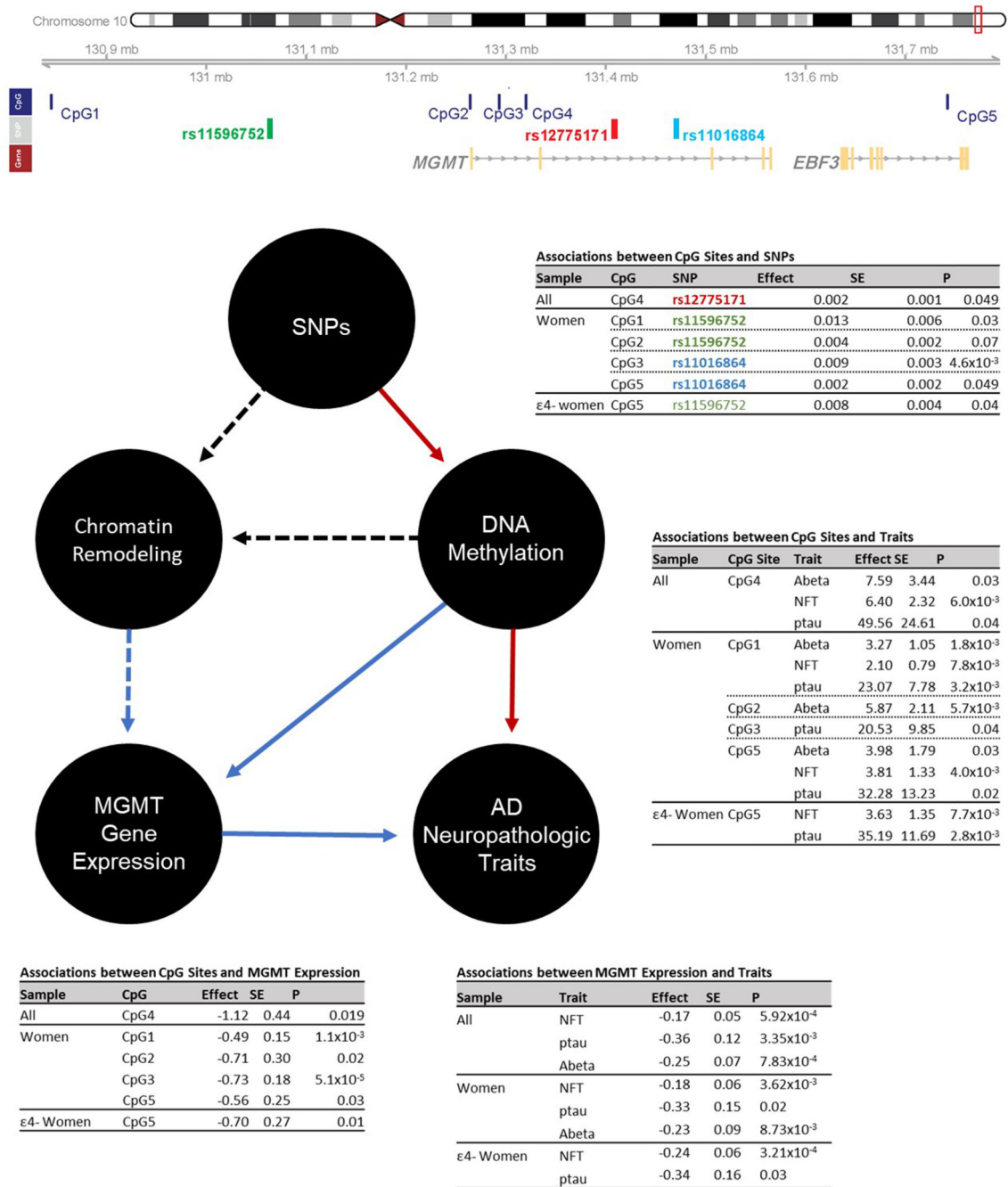


Figure 3. Association summary statistics among Omics data including *MGMT* SNPs (or their proxies) significantly associated with AD risk in the ADGC (colored in red) and Hutterite (colored in green or blue) datasets, methylation of adjacent CpG sites, *MGMT* expression, and AD-related neuropathological traits in the total ROSMAP sample, as well as in subgroups stratified sex and *APOE* ε4 carrier status (ε4+ or ε4-). Only significant results are shown. Rs11596752 and rs11016864 are proxy SNPs for rs2803456 and rs12256016 (LD $r^2 > 0.8$). CpG IDs are serially numbered 1–5 based on their base pair positions: cg07646467

(CpG1), cg09450835 (CpG2), cg02634492 (CpG3), cg05596517 (CpG4), and cg01419164 (CpG5). Red and blue arrows indicate positive and negative effect directions, respectively. Dashed black arrows signify inferred relationships based on the pcHi-C results assuming DNA containing AD-associated alleles render the chromatin to be less accessible leading to reduced *MGMT* expression.

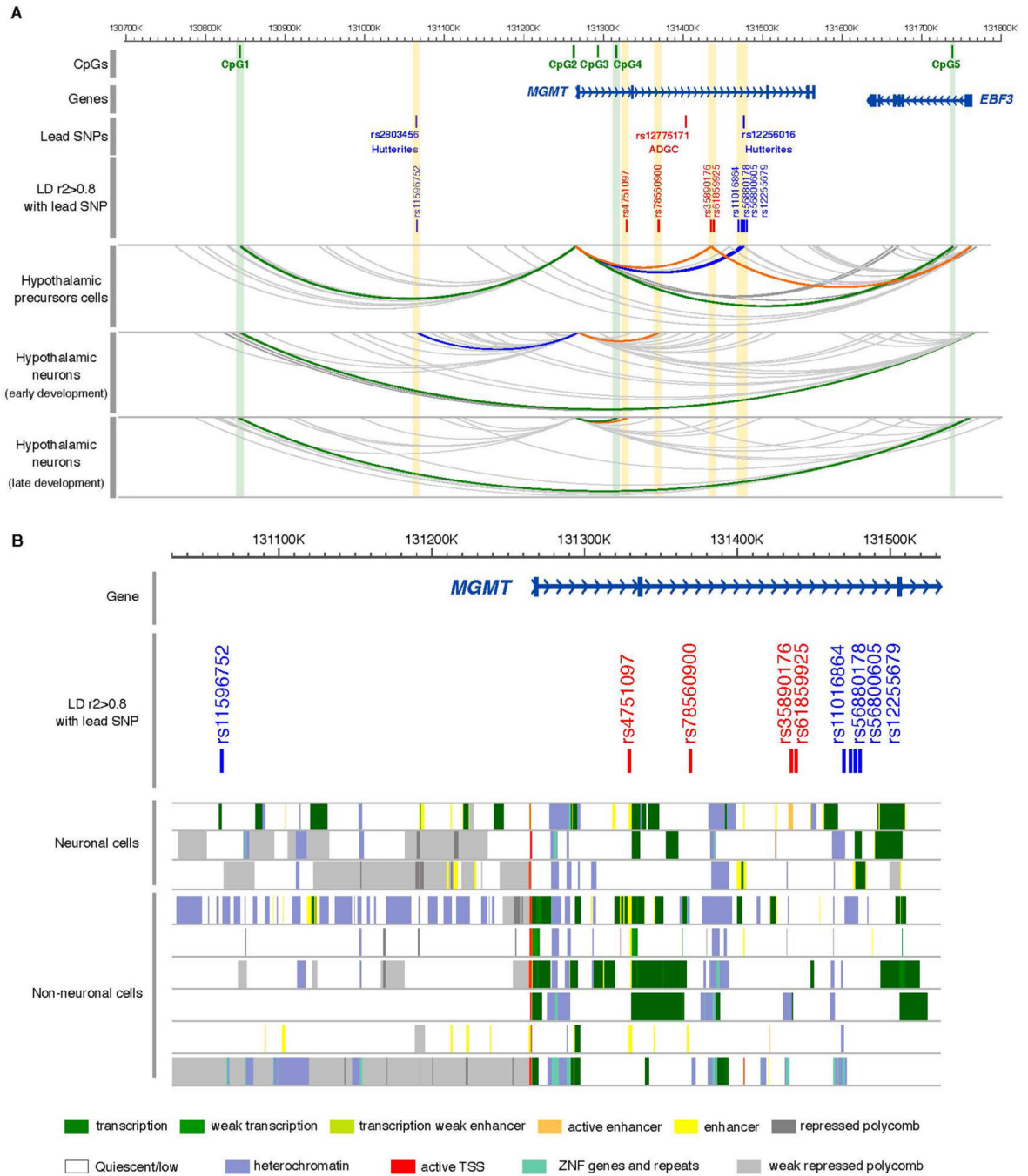


Figure 4. Regulatory landscape of *MGMT* locus. **A.** Chromatin looping interactions emanating from the *MGMT* and *EBF3* promoters in human iPSCs-derived neurons at three stages of differentiation. PCHi-C interactions are displayed as gray arcs. Interactions between *MGMT* and *EBF3* promoters with SNPs are represented by arcs highlighted in blue (Hutterites) and orange (ADGC). Green arcs highlight interactions between *MGMT* and *EBF3* promoters with CpGs. The yellow and green strip highlight the interaction with SNPs and CpGs, respectively. **B.** Magnified view of the *MGMT* locus with chromatin state annotations from

the Roadmap Epigenomics Project (REP). Colored bars indicate chromatin state annotations from tissues profiled by the REP, including neuronal cells: neuronal progenitors (epigenome identifiers E007), brain anterior caudate (E068), and brain germinal matrix (E070); and non-neuronal cells: IMR90 fetal lung (E017), small intestine (E109), primary T-cells (E043 and E045), fetal heart (E083), and pancreatic islets (E087).

Table 1.

Genome-wide significant associations with AD risk in the ADGC datasets among women lacking the APOE ϵ 4 allele

SNP	CHR	Gene	EA	EAF	OR	(95% CI)	P-value	HetChiSq	HetPVal
rs11680911	2	<i>BINI</i>	C	0.35	1.21	(1.13–1.29)	2.22×10^{-8}	32.11	0.31
rs12775171	10	<i>MGMT</i>	G	0.06	1.44	(1.26–1.64)	4.95×10^{-8}	37.31	0.14
rs111278892	19	<i>ABCA7</i>	G	0.15	1.30	(1.18–1.44)	7.24×10^{-8}	21.00	0.64
rs390082	19	<i>APOE</i>	G	0.08	0.58	(0.51–0.67)	6.99×10^{-15}	25.25	0.56

EA = effect allele; NEA = non-effect allele; EAF = effect allele frequency; OR = odds ratio; CI = confidence interval; HetChiSq = chi-square test statistic for heterogeneity; HetPVal = heterogeneity test P-value

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Table 2.Genome-wide significant associations with AD risk in the *MGMT* region among the Hutterites

SNP	CHR	EA	EAF in Hapmap	EAF in Hutterites	OR (95% CI)	P-value
rs2803458	10	T	0.11	0.1	2.00 (1.78, 2.25)	4.76×10 ⁻¹⁴
rs11596752	10	G	0.11	0.1	2.00 (1.78, 2.25)	4.76×10 ⁻¹⁴
rs2803456	10	G	0.11	0.097	2.02 (1.80, 2.26)	1.89×10 ⁻¹⁴
rs11016864	10	G	0.15	0.1	2.01 (1.79, 2.26)	3.83×10 ⁻¹⁴
rs12256016	10	G	0.29	0.097	2.02 (1.80, 2.26)	1.89×10 ⁻¹⁴
rs56880178	10	G	0.15	0.1	2.01 (1.79, 2.26)	3.83×10 ⁻¹⁴
rs56800605	10	C	0.15	0.1	2.01 (1.79, 2.26)	3.83×10 ⁻¹⁴
rs12255679	10	G	0.15	0.1	2.01 (1.79, 2.26)	3.83×10 ⁻¹⁴
rs60541995	10	G	0.18	0.1	2.01 (1.79, 2.26)	3.83×10 ⁻¹⁴
rs68109323	10	A	0.15	0.1	2.01 (1.79, 2.26)	3.83×10 ⁻¹⁴
rs67372222	10	A	0.15	0.1	2.01 (1.79, 2.26)	3.83×10 ⁻¹⁴
rs12245575	10	C	0.15	0.1	2.01 (1.79, 2.26)	3.83×10 ⁻¹⁴
rs11016878	10	G	0.15	0.1	2.01 (1.79, 2.26)	3.83×10 ⁻¹⁴
rs35617552	10	C	0.16	0.1	2.01 (1.79, 2.26)	3.83×10 ⁻¹⁴

EA = effect allele; EAF = effect allele frequency; OR = odds ratio; CI = confidence interval

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Table 3.

Association of *MGMT* gene expression with clinically-defined AD and AD-related neuropathologic traits in ROSMAP.

Subjects	Phenotype	N	Beta	SE	P-value
All	AD status	261	-0.08	0.07	0.24
	NFT	601	-0.17	0.05	0.00059
	ptau	595	-0.36	0.12	0.0034
	Abeta	595	-0.25	0.07	0.00078
Women	AD status	179	-0.12	0.09	0.15
	NFT	385	-0.18	0.06	0.0036
	ptau	381	-0.33	0.15	0.02
	Abeta	381	-0.23	0.09	0.0087
e4- Women	AD status	131	-0.14	0.09	0.15
	NFT	289	-0.24	0.06	0.00032
	ptau	288	-0.34	0.16	0.03
	Abeta	288	-0.20	0.10	0.05
e4+ Women	AD status	48	0.01	0.18	0.94
	NFT	96	-0.01	0.15	0.93
	ptau	93	-0.29	0.32	0.36
	Abeta	93	-0.30	0.15	0.04
Men	AD status	82	0.01	0.13	0.95
	NFT	216	-0.15	0.08	0.07
	ptau	214	-0.38	0.22	0.09
	Abeta	214	-0.31	0.13	0.02
e4- Men	AD status	59	-0.04	0.15	0.77
	NFT	159	-0.14	0.07	0.06
	ptau	158	-0.47	0.23	0.04
	Abeta	158	-0.41	0.16	0.01
e4+ Men	AD status	23	-0.08	0.21	0.69
	NFT	57	-0.13	0.21	0.55
	ptau	56	0.01	0.52	0.98
	Abeta	56	0.11	0.20	0.60

Effect = effect estimate; SE = standard error; significant results ($P_{\text{adjusted}} < 0.0042$) are in bold.