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Allosteric Communication Regulates Ligand-Specific GPCR Activity

Ning Ma^{1,*}, Anita K. Nivedha^{1,*}, Nagarajan Vaidehi^{1,2}

¹Department of Computational and Quantitative Medicine, Beckman Research Institute of the City of Hope, Duarte, CA 91010

Abstract

G protein coupled receptors (GPCRs) are membrane bound proteins that are ubiquitously expressed in many cell types and take part in mediating multiple signaling pathways. GPCRs are dynamic proteins and exist in an equilibrium between an ensemble of conformational states such as inactive and fully active states. This dynamic nature of GPCRs is one of the factors that confers their basal activity even in the absence of any ligand mediated activation. Ligands selectively bind and stabilize a subset of the conformations from the ensemble leading to a shift in the equilibrium towards the inactive or the active state depending on the nature of the ligand. This ligand-selective effect is achieved through allosteric communication between the ligand binding site and G protein or β -arrestin coupling site. Similarly, the G protein coupling to the receptor exerts the allosteric effect on the ligand binding region leading to increased binding affinity for agonists and decreased affinity for antagonists or inverse agonists. In this review, we enumerate the current state of our understanding of the mechanism of allosteric communication in GPCRs with a specific focus on the critical role of computational methods in delineating the residues involved in allosteric communication. Analyzing allosteric communication mechanism using molecular dynamics simulations have revealed (i) a structurally conserved mechanism of allosteric communication that regulates the G protein coupling, (ii) a rational structure-based approach to designing selective ligands and (iii) an approach to designing allosteric GPCR mutants that are either ligand and G protein or β -arrestin selective.

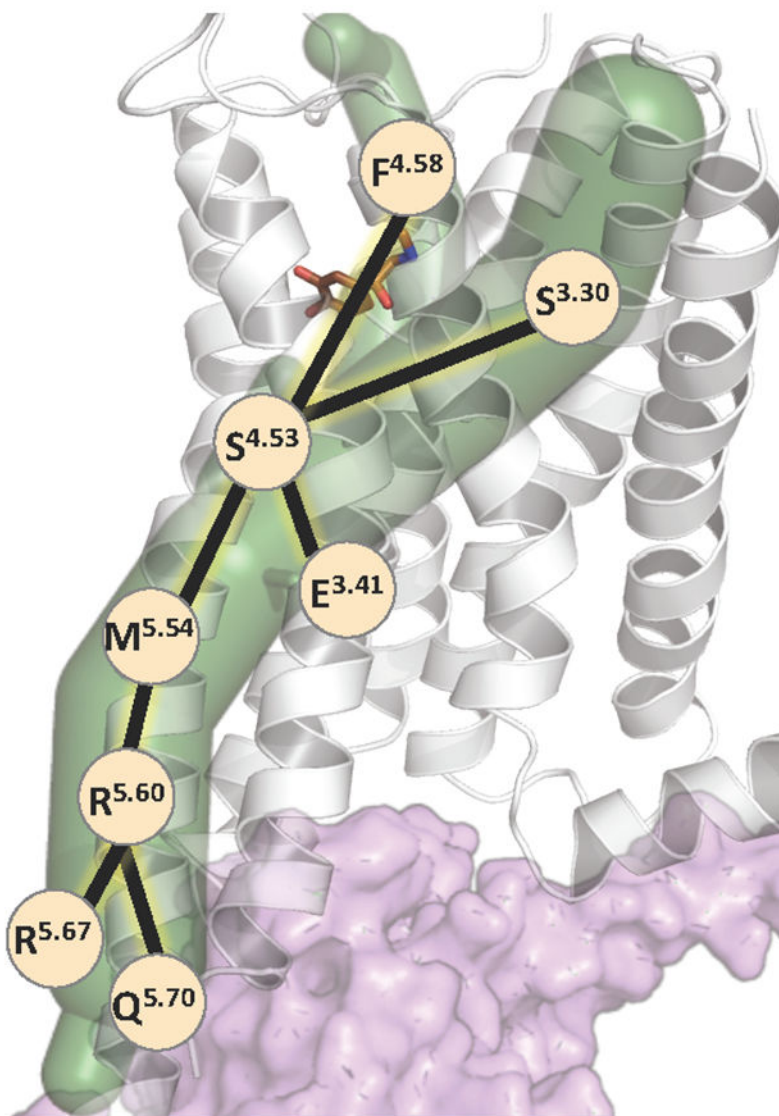
Graphical Abstract

²to whom correspondence should be addressed: N.Vaidehi@coh.org.

*Contributed equally to this work

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Keywords

GPCRs; allosteric communication; ligand efficacy; molecular dynamics; Allostereer

Introduction

Allosteric communication in GPCRs

Membrane bound G-protein coupled receptors (GPCRs) are seven helical proteins that are expressed ubiquitously in multiple cells and hence form the largest family of drug targets. Upon activation by a ligand, GPCRs couple to one or more of the members of the G protein families and/or β -arrestin families. The multitude of structures of GPCRs and their complexes with the G proteins and β -arrestins have opened up numerous opportunities for designing high potency ligands for a given GPCR[1–3]. GPCRs are inherently dynamic

a given conformational state. Molecular dynamics simulations that map the spatiotemporal dynamics of residues at an atomic level over a shorter time scale (lower microseconds) is suitable for mapping the spatial correlation of GPCR dynamics.

Here we cover computational methods that delineate spatially correlated conformational changes, the type of correlated movement that leads to stabilization of a conformational state of a GPCR. The strength of the spatial correlated movement can be modulated by the type of ligand bound to the GPCR[13]. For example, an antagonist or inverse agonist bound GPCR shows high level of spatial correlation in residue movements that reduces the overall entropy of the system and stabilizes the inactive state[14–16]. However, when bound to an agonist the GPCR becomes more flexible with increased entropy resulting from reduced correlated movement among distant residues[14]. This was shown to be true for the time correlated movements of labeled residues by NMR[17,18]. Throughout this review, we have diligently cited the most relevant current publications (and reviews if the number of primary publications is high). Please pardon us if we have inadvertently omitted any relevant literature.

GPCRs exhibit a continuum of conformation states:

GPCRs are dynamic proteins and exist in an equilibrium among multiple conformational states even in the absence of agonist binding. The well characterized conformational states through crystallography[1–3,19], and electron microscopy[20–22] studies are antagonist or inverse agonist bound inactive state, agonist bound active-intermediate state and agonist and G protein or β -arrestin bound fully active state. Each of these distinct functional states is not characterized by a single snapshot but rather, constitutes an ensemble of receptor conformational states[23]. The structural characteristics of these functional states are typified by inter-residue distances located in the intracellular regions of TM3 and TM6 as well as inter-residue distances between TM3 and TM7. However, it should be noted that these are just one type of measure to distinguish these states and in no way a complete one. As shown in Fig. 1, analysis of these distances in various three-dimensional structures of inactive, intermediate and fully active state structures shows that there is no clear distinction between the defined inactive or active intermediate states. This suggests that GPCRs exist in a continuum of states and each state is tuned to G protein or β -arrestin coupling to different levels. There are NMR[17,18,24–29], DEER[30–33], FRET[34–37] and other experimental studies[38–40] that clearly illustrate that ligand selectively bind and stabilize specific receptor conformations [40–43] that shifts the equilibrium and the relative population of the various conformational states. Multiple studies have also shown that other factors such as lipid components of cell membrane as well as cations such as Na^+ [44], Ca^{2+} and Mg^{2+} can affect the conformation equilibrium of GPCRs and hence their activity[29,45–48]. The changes effected by ligands, G proteins, β -arrestins, lipids, divalent cations on GPCR conformations and hence its activity is through allosteric communication. In summary, it is clear that GPCRs are dynamic proteins and its activity emerges from a continuum of conformation states each with different level activity towards a specific agonist binding and a specific effector protein (G protein or β -arrestin) coupling. In the next section we outline briefly, the experimental evidence for allosteric communication.

Evidence for Allosteric communication in GPCRs:

Experimental binding measurements using purified GPCRs in nanodiscs and detergent micelles have shown that agonist bound receptor exhibit stronger coupling strength to the G proteins than in the absence of the agonist[40,49]. Similarly, the G protein or nanobody sensors coupled receptor also showed increase in the agonist affinity to the receptor[49–51]. A crystal structure study of a constitutively active mutant of neurotensin receptor 1 showed opening of the TM6 even in the absence of a ligand[52]. A recent study on the basal activity of β 2AR using pressure-resolved DEER[30], showed a finite population of the active state even in the absence of the agonist. Taken together it is clear that there is two-way allosteric communication between the ligand binding sites and the G protein or β -arrestin coupling sites in GPCRs.

Allosteric Communication and Ligand Efficacy:

Based on their effect on receptor activity, ligands of GPCRs can be broadly classified as agonists, partial agonists, antagonists and inverse agonists. These broad definitions are based on the measured efficacy of the ligand. What are the atomic level features of the ligand:GPCR complexes and the ligand:GPCR:effector protein complexes that contribute to the ligand efficacy? The strength of the allosteric communication from the ligand binding site to the effector coupling site in the GPCR and the reverse allostery are critical factors in determining the molecular efficacy of ligands. As described in the section above FRET, NMR, DEER based studies have shown evidence for ligand specific conformational changes in the receptor that dictates the coupling strength to the transducer proteins. Partial agonists binding to β 2AR have been shown to alter the balance of relative population of the active and inactive states of the receptor[34]. However, in the adenosine receptor $A_{2A}R$, partial agonists have been shown to stabilize distinct receptor active states[43]. Using single molecule spectroscopy, it was shown that when the Gs protein is bound to β 2AR in the presence of partial agonists, it has higher affinity for GDP than in the presence of full agonists[34]. Single molecule FRET and other FRET sensor-based techniques studying the effect of several agonists on β 2-adrenergic receptor (β 2AR) provide an estimate of the relative population of the different conformational states and an estimate of molecular efficacy[34,53]. Isogai et al [54] studied turkey β 1AR in the presence of six different ligands (two agonists – isoproterenol and dobutamine; 4 antagonists – atenolol, alprenolol, carvedilol and cyanopindolol) and in the apo form using backbone labeled valines in NMR. The authors found that upon ligand binding there are concerted changes in the intracellular side of TM5, which correlated linearly with ligand efficacy for the G protein pathway. They also showed that the binding of a nanobody produced strong chemical shifts of residues throughout the receptor including in the extracellular region, indicative of important connections in allosteric signal transmission networks.

This clearly highlights the need that in order to understand the molecular origins of ligand efficacy one needs to probe the residues involved in the two-way allosteric communication between the ligand binding site and the effector protein coupling site. Determination of the strength of the allosteric communication for different ligands and different effector protein bound complexes would aid in determining the atomic level contribution to molecular efficacy of ligands and to molecular ligand bias factor. As detailed in the next section,

computational methods play a crucial role in determining the residues involved in allosteric communication and the relative strength of allosteric communication in different ligand bound GPCR states.

Computational Methods to delineate the residues involved in Allosteric Communication in GPCR Signaling

Computational methods based on amino acid sequence analysis, structure-based analysis and dynamics-based analysis including molecular dynamics have been developed and applied to study allosteric communication in GPCRs.

Sequence based analysis of residues involved in Allosteric Communication:

Amino acid sequence based Evolutionary analysis methods using multiple sequence alignments of GPCRs have been used to delineate residues with functional significance in GPCRs[55–58]. Using multiple sequence alignment of a subset of class A GPCRs, Madubashi et al used evolutionary trace analysis that ranks the relative importance of each residue position based on the number of branches that are above the residue position in the phylogenetic tree. The top ranking residue positions were used to identify residues that are proposed to play an important role in the GPCR function[55]. Many of these residues form communities of residues that are neither in the ligand binding site nor in the G protein coupling region. These communities of residues were shown to cause functional defects upon mutation[55,57]. Subsequent advances in the evolutionary trace method involved calculating the propensity of covariation or correlated mutation using the mutual information. Again, the covariation analysis was done using the multiple sequence alignment of selected GPCRs. This method was used for identifying residues involved in allosteric communication in dopamine D2 receptor function[59]. Thus, the sequence-based information can be used to calculate covariation information and identify the network of residues involved in intramolecular allosteric communication. However, a minor drawback is that the residue communities identified to be involved in allosteric communication through these analyses were disjointed and did not show a pathway of connected residues from the ligand binding site to the effector protein coupling site. Additionally, the sequence covariation information is limited since it does not differentiate the residue positions that could be involved in maintaining structural stability of GPCRs from those that are involved in modulating receptor activity or both these functions.

Static three-dimensional structure-based analysis of Allosteric Communication in GPCRs:

Using graph theoretical properties, a protein structure can be cast into a network model. There is tremendous amount of work in this field covered by detailed reviews[60–62]. Here we discuss this method only as applied to understanding GPCR allostery. Using the network model derived from the static three-dimensional structures of GPCRs and applying normal mode analysis, residues at a distance that are highly interconnected (high edge strengths in the network model) were identified. Starting from three dimensional structures of a GPCR in different conformational states, the differences in the inter-residue edge strengths for the network models derived in the fully active versus inactive states of GPCRs were delineated[63]. Further development of this class of methods was done with the purpose of extending the single structure analysis to a dynamic structure network. This

communication pipelines in GPCRs emanate from the extracellular regions through the agonist binding site terminating in the spatially distant G-protein coupling site. Mutation of the residues in the allosteric communication pipelines have been shown to increase or decrease the protein activity in multiple proteins that include GPCRs[14–16,52,67,68], kinases[69,70], phosphatases[71] and DNA repair proteins[72]. This approach can be used on any protein system without any prior knowledge on the allosteric communication in the protein under study.

Using *Allosteer* on microseconds-long molecular dynamics simulation trajectories on different conformational states of β 2AR, we elucidated[14] the allosteric communication pipelines in three different conformational states of β 2AR: 1) the inverse agonist-bound inactive state; 2), the agonist-bound intermediate state; and 3), the agonist- and G-protein-bound fully active state. We observed that the inactive state of β 2AR with antagonist bound showed strong allosteric communication compared with the agonist bound intermediate state and agonist and G protein bound fully active state of β 2AR. The strength of the allosteric communication pipelines from the extracellular domain to the intracellular domain is weakened when an agonist binds to β 2AR. Thus, agonist binding leads to decoupling the extracellular domain from the intracellular domain of the receptor and making the receptor more dynamic compared with the other states. This was shown experimentally to be true using NMR studies[17].

In the same lines of the *Allosteer* method, subsequent studies on GPCRs used the mutual information in Cartesian coordinates of residues instead of the torsion angles of the residues as in the *Allosteer* method. They calculated the residues with high mutual information and identified communities of residues that relay the allosteric information[73–76]. Other studies[77] have delineated the allosteric network of residues that mediate the ligand binding to the effector coupling regions based on analysis of inter-residue distances that showed concurrent rearrangement. Such analysis is system specific and requires *a priori* knowledge on residues whose movements need to be analyzed.

Relative strength of the allosteric communication pipelines to G protein versus β -arrestin coupling sites correlates with ligand bias factor

GPCR agonists that elicit differential responses when coupled to G-proteins or β -arrestins are called “biased agonists” and this phenomenon is called “biased signaling”. It is widely appreciated that the ligand bias factor is influenced by structural factors[78], as well as cell and tissue-specific effects[79]. The intrinsic structural factors of the GPCR-G-protein or GPCR: β -arrestin complexes are important factors that contribute to ligand bias. We postulated that the relative strength of the allosteric communication between the ligand binding site and G protein or β -arrestin coupling site is an intrinsic structure factor that contributes to ligand bias. In our recent work[67], we calculated the ratio of the strength of the allosteric communication pipelines from the extracellular region passing through the residues in the ligand binding site to the residues in the G-protein and β -arrestin coupling interface in the GPCRs. We calculated this ratio for an agonist of interest with respect to a reference agonist. We called this as the “molecular ligand bias” since this ratio represents the atomic level contribution to ligand bias. The calculated molecular ligand bias showed

a qualitative correlation with the experimentally measured ligand bias factor for several ligands in three different class A GPCRs, angiotensin 2 receptor 1, κ -opioid receptor (here we used a homology model as the active state crystal structure of the κ -opioid receptor was unavailable then), β 2-adrenergic receptor. This correlation demonstrates that the strength of allosteric communication plays an important role in ligand bias and that computational methods play a critical role in estimating the molecular level ligand bias. We also showed that the allosteric network of residues located in the allosteric communication pipelines can influence the conformations of the residues in the ligand binding sites. We termed these residues in the ligand binding site as “functional hotspots” [67]. Knowledge of the functional hotspot residues in the ligand binding site will greatly aid design of biased ligands as well as subtype-selective ligands [80].

The synergy of iterative computational-experimental cycles in identifying allosteric network of residues

The most exciting and nerve-racking moment and at the same time providing a true test for the computational methods is when we make predictions that get tested subsequently by experiments. An elegant study by Chen et al[38] showed through a series of iterative predictions and experiments that modifying and optimizing the residues located in the allosteric pipeline could stabilize a ligand specific conformation state, such as inactive or active state of the receptor. Such engineered mutations also shift the receptor response to ligand binding. For example, they engineered mutations in the allosteric communication pipelines through rational design that would enhance the allosteric coupling of the agonist-bound ligand site with the active state and not with the inactive conformation. Such mutations were shown to stabilize the G protein bound active state conformation and thereby the enhanced agonist binding affinity.

Using *Allosteer*, we recently predicted the residues involved in allosteric communication from the extracellular regions to the Gq and β -arrestin2 coupling sites in the angiotensin 2 receptor 1. The residues predicted to be involved in allosteric communication to the Gq or β -arrestin2 coupled sites were tested for their effect upon mutation to alanine, while existing alanine residues were replaced with glycine using BRET-based biosensors in cells[81–84]. A majority of residues involved in allosteric communication to the Gq coupling site were located in TM5 and TM6, followed by ICL2, TM3 and TM4, while residues that communicate to the β -arrestin2 coupling sites are not only numerous, but also distributed more widely across the AT1R structure[85].

Conclusions

What we have learned about Allostery in GPCRs so far and what lies ahead:

The experimental and computational studies on GPCR allostery have shown that:

1. There is allosteric communication between the ligand binding site and G protein or β -arrestin coupling sites in GPCRs. The strength of the allosteric communication varies depending on the type of ligand and the effector protein bound to the receptor.

2. Inverse agonist bound receptor shows strong allosteric communication that leads to lower entropy of the whole receptor and hence less flexible receptor.
3. Agonist binding to the receptor weakens the allosteric communication between the extracellular and intracellular domains of the GPCR. This results in overall higher entropy and flexibility of the receptor that probably enables opening of the intracellular region to allow G protein or β -arrestin coupling.
4. Both agonist and G protein bound fully active states of GPCRs show stronger allosteric communication than the state with just the agonist bound.
5. The residues involved in allosteric communication across several class A GPCRs in their antagonist or inverse agonist bound inactive states are located in the same structural position in the GPCRs structure although they are not conserved across even same subfamily of class A GPCRs[15].
6. The relative strength of allosteric communication from the ligand binding site to the G protein and β -arrestin coupling sites is an important structural factor contributing to the molecular ligand bias.
7. Using the allosteric network of residues delineated using computational methods one could engineer GPCR mutants that show relatively stronger biased coupling to G protein or β -arrestin.
8. The *Allosteer* method can be used to identify residues in the ligand binding sites whose conformations are influenced by residues in the allosteric communication pipelines. We termed these residues as functional hotspots[67]. Knowledge of the functional hotspot residues in the ligand binding site will greatly aid design of biased ligands.

Multiple three-dimensional structures of GPCRs show ligand binding in multiple regions of the GPCR structure. While most of the ligands for which we have structures bind in the extracellular region of the receptor, some ligands have been shown to bind to the intracellular region and in the extramembrane part of the transmembrane region of the GPCR (Fig. 2). Additionally, in the past decade, positive and negative allosteric modulators targeting GPCRs have shown great promise due to some of their desirable pharmacological properties. Allosteric modulators have been shown to enhance the subtype selectivity of orthosteric ligands to closely related GPCRs[86,87]. Other studies detailed in these fine reviews have shown that allosteric modulators show bias to specific signaling pathways (G protein or β -arrestin) and/or enhance the ligand bias of the orthosteric ligands[87,88]. Allosteric modulators bind to multiple structural regions of GPCRs highlighting the presence of druggable binding sites across GPCR structures. However, there is sparse information on the mechanisms by which the allosteric communication occurs in these systems where ligand binds in different structural regions, or when allosteric modulators are bound to the receptor in addition to the orthosteric ligands. We speculate that there should be allosteric communication pipelines from these ligand binding sites to the G protein coupling sites. Additionally, the changes in the mechanism of allosteric communication in GPCRs when both an allosteric modulator and an orthosteric ligand are bound needs to be understood. These pipelines from various structural regions of GPCRs can be used to

identify other putative ligand binding sites in GPCRs. GPCR mutants have been designed to bind to a ligand of choice[89]. These mutations that are located in the ligand binding site reshape the binding site to enhance binding to the desired ligand. The residues in the allosteric communication pipelines that are distant from the ligand binding site and the G protein or β -arrestin coupling site can be used to design GPCR mutants that confer specificity to bind to either a ligand of choice or to a transducer protein of choice.

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Abbreviations:

GPCR	G protein coupled receptor
TM	transmembrane
β2AR	human β 2 adrenergic receptor
β1AR	turkey β 1 adrenergic receptor

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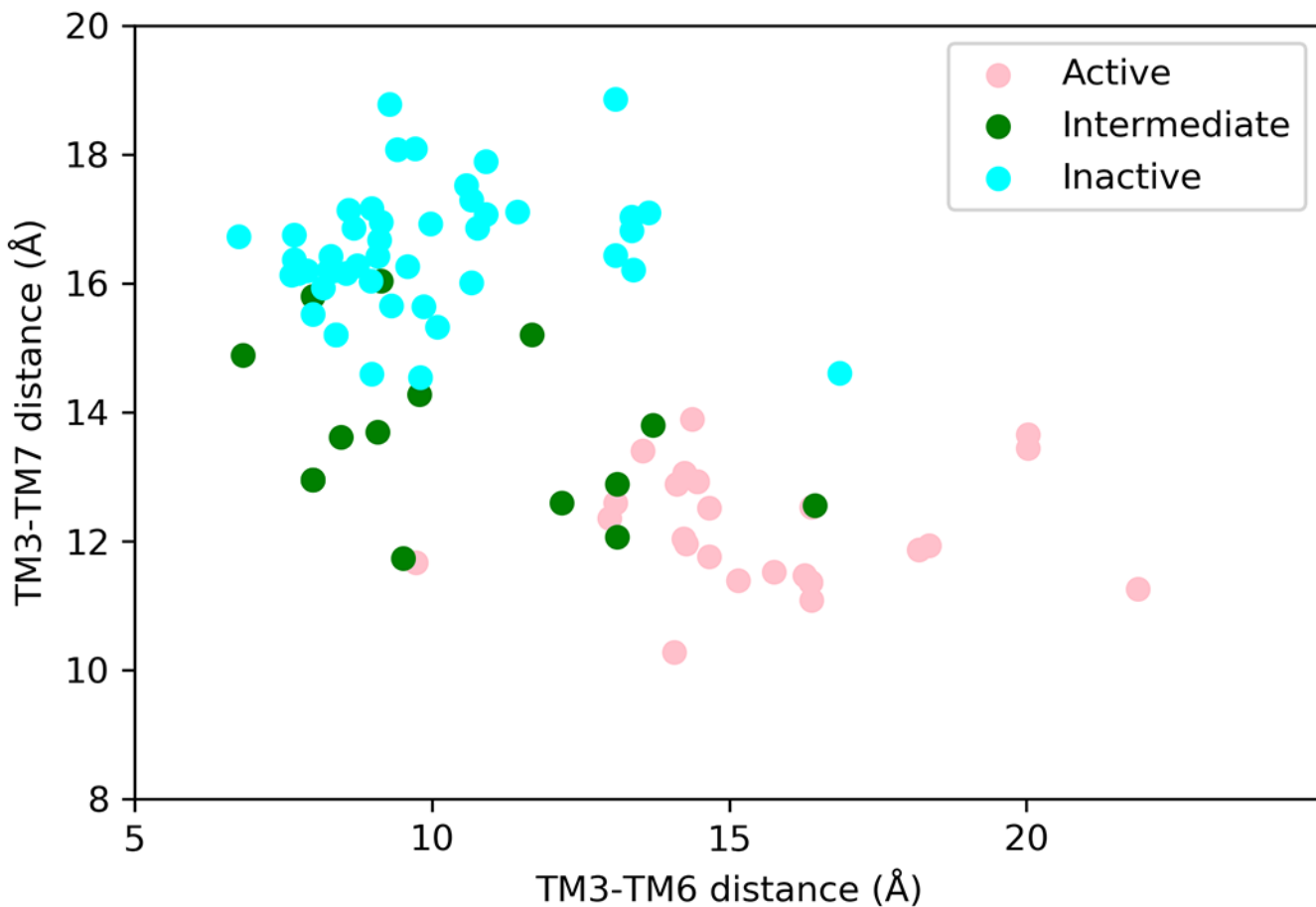


Figure 1:

Three dimensional structures show that GPCRs exist in a continuum of states with overlap between inactive, intermediate and fully active conformations. Comparison of the inter-residue distances between residues 3.50 on TM3 and 6.34 on TM6 on x-axis and residues 3.50 and 7.53 on the y-axis. These residue numbers follow the commonly used Ballesteros-Weinstein residue numbering scheme for class A GPCRs. We used several crystal structures of class A GPCRs, in the inactive, intermediate and fully active states of class A GPCRs. Only one structure for each conformational state of a given class A GPCR was selected for this plot. The protein data bank identification codes for the three-dimensional structures used here are: 6G79, 6WHA, 5TUD, 6BQG, 6D9H, 5WF6, 6OIJ, 4MQT, 6K42, 6IBL, 6OS1, 7C6A, 6WWZ, 5XR8, 6PT0, 6LFO, 6VMS, 6LW5, 7CFN, 6LI3, 5T04, 6B73, 5C1M, 6FK8, 6AK3, 7D7M, 4IAR, 6A94, 6BQH, 5UEN, 6WJC, 5ZKC, 4U15, 5DSG, 6OL9, 6KUW, 4BVN, 6PS2, 4ZUD, 5VBL, 6I9K, 6GPX, 5UIW, 6QZH, 5LWE, 5U09, 5ZTY, 6LFL, 3ODU, 6CM4, 3PBL, 5WIU, 6IGK, 6KO5, 7BR3, 3RZE, 4Z36, 6ME2, 6ME6, 6HLP, 5ZBQ, 4N6H, 4DJH, 4DKL, 5DHH, 2Z73, 6TOS, 5WQC, 6TPK, 6D27, 5X33, 3V2Y, 4IB4, 6RZ5, 6RZ7, 5TZR, 6LI0, 6W25, 1U19, 4XNV, 4PXZ, 3VW7, 5NDD, 5ZKQ, 5XSZ, 6RNK, 6IIU.

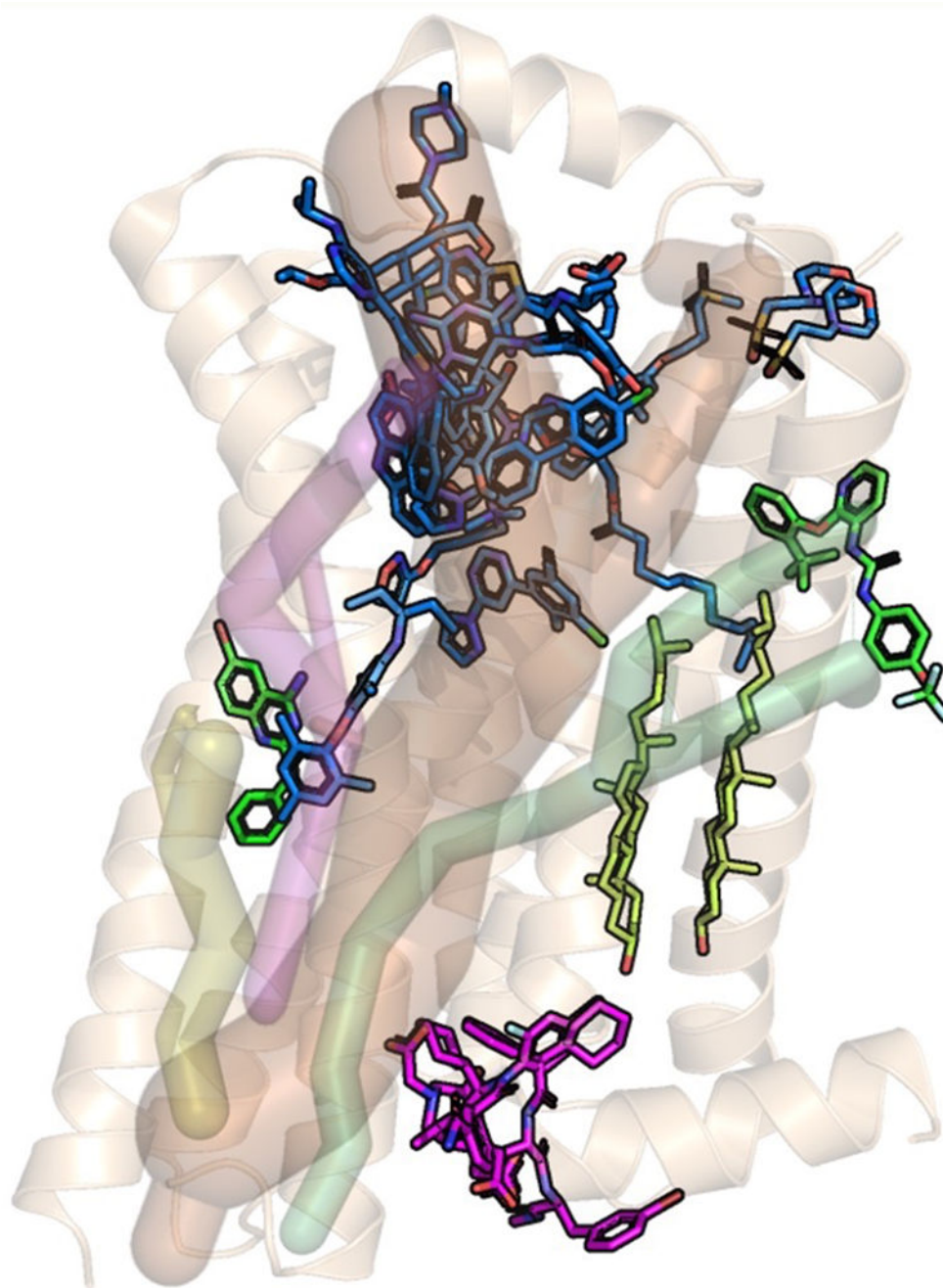


Figure 2: Positions of ligands extracted from three dimensional structures of a few class A GPCRs that show diverse ligand binding sites. These structures were overlaid on the crystal structure conformation of the inactive state β 2-adrenergic receptor (pdb ID:6OBA); the color codes are: blue — ligands binding to the extracellular loops and N terminus, and orthosteric site; green — ligands binding in the middle and outside of the transmembrane domain; magenta — ligands binding to the intracellular part of the transmembrane domain or near the G protein interface, yellowish green — cholesterol; We have shown ligands from the following

crystal structures: pdb IDs: 4Z35, 5CGC, 4OO9, 4OR2, 4K5Y, 4ZJ8, 4XEE, 2RH1, 3PWH, 4RWS, 3VW7, 4MQT, 4XNV, 4PHU, 5T1A, 5X7D, and 5UIG. The shaded pipes shown in the figure are the speculated allosteric communication pipelines to different ligand binding regions in the GPCR structure. To date there is data to demonstrate allosteric communication pipelines to the orthosteric ligand binding site. There is no data yet, showing any of the other possible allosteric communication pipelines.