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Follistatin is a crucial chemoattractant for mouse decidualized endometrial stromal cell migration by JNK signalling

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Abstract

Follistatin (FST) and activin A as gonadal proteins exhibit opposite effects on folliclestimulating hormone (FSH) release from pituitary gland, and activin A-FST system is involved in regulation of decidualization in reproductive biology. However, the roles of FST and activin A in migration of decidualized endometrial stromal cells are not well characterized. In this study, transwell chambers and microfluidic devices were used to assess the effects of FST and activin A on migration of decidualized mouse endometrial stromal cells (d-MESCs). We found that compared with activin A, FST exerted more significant effects on adhesion, wound healing and migration of d-MESCs. Similar results were also seen in the primary cultured decidual stromal cells (DSCs) from uterus of pregnant mouse. Simultaneously, the results revealed that FST increased calcium influx and upregulated the expression levels of the migration-related proteins MMP9 and Ezrin in d-MESCs. In addition, FST increased the level of phosphorylation of JNK in d-MESCs, and JNK inhibitor AS601245 significantly attenuated FST action on inducing migration of d-MESCs. These data suggest that FST, not activin A in activin A-FST system, is a crucial chemoattractant for migration of d-MESCs by JNK signalling to facilitate the successful uterine decidualization and tissue remodelling during pregnancy.

KEYWORDS

activin a, endometrial stromal cells, Follistatin, microfluidic device, migration

1 | **INTRODUCTION**

Pregnancy is a complex physiological process, including the interaction between foetus and mother to maintain foetal development. Decidualization is a tissue remodelling process involving a variety of cell types in maternal uterus during pregnancy. The transformation of endometrial stromal cells (ESCs) into specialized secretory

decidual cells is a key step in embryo implantation and survival. During decidualization, spindle-shaped fibroblast-like ESCs undergo dramatic morphological changes and differentiate into cobblestoneshaped decidual cells. 1 1 The blastocyst contacts the uterine epithelial cells, accompanied by the proliferation and differentiation of stromal cells to prepare for embryo implantation.^{[2](#page-12-1)} The decidualization process of mouse uterus occurs on Day 4.5 postcoitum (Day

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0.5-vaginal plug), after that, a receptive endometrium is created for embryo implantation. The unique decidual environment can provide nutrition and growth factors for implanted embryos, regulate the invasion of trophoblast cells to decidua, control the activity of immune cells at the maternal foetal interface and establish immune tolerance. $3,4$ The migration of decidualized ESCs is a critical event during decidualization, accompanying with the invasion of extravil-lous trophoblast cells into the decidual tissue,^{[5](#page-12-3)} but the systematic research on the mechanism of migration of the decidualized ESCs is still limited.

Activin is the member of transforming growth factor-beta superfamily, and a double-chain glycoprotein connected by disulfide β subunit composition. It is isolated and identified from follicular fluid of ovary, and is so named because it can promote the secretion of follicle-stimulating hormone (FSH) by pituitary. According to the type of β subunit, activins are divided into activin A (βAβA), activin AB (βAβB) and activin B (βBβB).^{[6](#page-12-4)} Among them, activin A (Act A) is widely distributed in various tissues and well-studied. It serves as a sexual hormone regulatory protein that participates in a variety of physiological and pathological processes including regulation of inflammation, fibrosis, tumorigenesis, neurotransmission, angio-genesis and embryogenesis.^{[7–9](#page-12-5)} There are two signalling pathways of activin A, canonical SMADs-dependent signalling pathway and non-canonical signalling pathway. In the canonical signalling pathway, activin A binds to activin type II receptor (ActRII) to recruit and activate activin type I receptor (ActRI). The serine/threonine kinase residues of ActRI are phosphorylated, which then induce phosphorylation of SMAD2 and SMAD3. Moreover, the SMAD2/3/4 complex is formed to promote gene expression.^{10–12} In reproductive biology, activin A plays an important role in the regulation of hormone secretion, menstrual cycle and decidualization. 13 Previous studies have reported that the expression of activin A receptor in ESCs increases in early pregnancy, $14,15$ and activin A can promote decidualization of human ESCs,¹⁶ while activin A deficient mice develop to term but die within 24h of birth.^{[17](#page-12-10)} The physiological role of activin A derived from endometrium is unclear, but in the paracrine process, activin A can regulate cell differentiation, promote cell proliferation and participate in tissue remodelling and inflammatory response. These physiological processes are consistent with decidualization events.[18–20](#page-12-11)

As activin binding protein, follistatin (FST) is a single chain glycoprotein that is also isolated and identified from follicular fluid of ovary. Contrary to activin A, it can inhibit the secretion of FSH by pituitary. FST has a high affinity for activin A, which can prevent activin A from binding to its receptor and neutralize its biological effect. 21 FST also plays an important role in regulating activin bioavail-ability in circulation and within tissues.^{[22](#page-12-13)} In reproductive biology, studies have reported that both endometrial epithelial cells and decidual stromal cells can secrete FST.¹⁴ Conditional knockout of FST impairs the receptivity and decidualization of mouse endometrium, resulting in serious reproductive defects. $2³$ These studies suggest that FST and activin A play an important role in decidualization of uterus during pregnancy.

Activin A and FST are essential hormone regulatory proteins during decidualization, but their effects on the decidual cell migration remain to be clarified. Therefore, this study analysed the effects of activin A and FST on the migration of decidualized mouse endometrial stromal cells (d-MESCs) in vitro and primary cultured decidual stromal cells (DSCs) from uterus of pregnant mouse. The results revealed that compared to activin A, FST is a more effective chemoattractant for inducing migration of d-MESCs, which may provide a new insight for reducing the abortion rate caused by decidual dysplasia and facilitating successful embryo implantation and development.

2 | **MATERIALS AND METHODS**

2.1 | **Reagents**

Recombinant activin A and FST were purchased from R&D systems (Minneapolis, Mn, United States). DNase I and Liberase™ Research Grade were obtained from Roche (Mannheim, Germany). Progesterone (P_4) and Estradiol (E_2) were provided by TCI (Shanghai, China). Giemsa cytological stain was purchased from Sigma Aldrich (Oakville, ON, Canada). Fluo-4 was from Thermo Fisher Scientific (Ottawa, ON, Canada). The antibodies against GAPDH (abs132004), MMP2 (abs130432) and MMP9 (abs155182) were obtained from Absin (Shanghai, China). The antibodies against Ezrin (3145S), Vimentin (5741S), p-ERK1/2 (4370S), ERK1/2 (4695S), p-SMAD3 (9520S) and SMAD3 (9523S) were purchased from Cell Signaling Technology (Danvers, MA, United States). The antibodies against p-p38 (WLP1576), p38 (WL00764), p-JNK (WL01813) and JNK (WL01295) were bought from Wanlei Biotechnology (Shenyang, China). JNK inhibitor AS601245 was obtained from Absin (Shanghai, China).

2.2 | **Primary ESCs/DSCs isolation and culture**

The endometrial stromal cells (ESCs) were isolated as previously described with slight modification. 24 Briefly, the mouse endometrium was separated under a dissecting microscope and cut into small pieces, then digested in media contained Liberase (0.125 mg/ml), DNase (2 mg/ml) and 0.25% trypsin for 1 h on ice followed by 1 h at room temperature, and 10 min at 37°C in a shaking water bath. Later, discard the supernatant and digest the remaining tissues in DMEM/F12 containing Liberase (0.125 mg/ml) and DNase (2 mg/ml) at 37°C for 40 min. Finally, a 70-μm filter was used to remove the undigested tissue pieces, and the cells were collected by centrifugation at 1000 rpm for 4 min and washed twice with PBS. Decidual stromal cells (DSCs) were isolated from uterus of pregnant mouse by using the same method.

The isolated ESCs or DSCs were cultured in DMEM/F12 with 10% foetal bovine serum (FBS, BI, Israel) containing 100 U/ml Penicillin and 0.1 mg/ml Streptomycin (Biosharp, China).

2.3 | **In vitro ESCs decidualization**

In vitro decidualized mouse ESCs were carried out as previously described.²⁵⁻²⁷ Briefly, mouse ESCs were cultured in 2% FBS-DMEM/F12 containing 10 nM E_2 and 1 μ M P₄. After 5 days treatment, the d-MESCs were harvested for subsequent experiments.

2.4 | **Immunocytochemical staining**

Identification of the isolated mouse ESCs and DSCs was performed by immunocytochemical staining. In brief, mouse ESCs or DSCs were cultured in 2% FBS-DMEM/F12 and then fixed with 4% paraformaldehyde for 20 min. Immunocytochemical staining was carried out using primary rabbit anti-Vimentin antibody and second anti-Rabbit IgG antibody-Streptomyces Ovalbumin-Biotin Detection System (SP9001, Beijing Zhongshan Jinqiao Biotechnology). Immunoreactivities were visualized with the 3,3'-Diaminobenzidine (DAB, ZLI-9017, Beijing Zhongshan Jinqiao Biotechnology). Haematoxylin (Biosharp) was used to stain nucleus. Anti-Vimentin immunoreactivities were observed under CKX53 (Olympus) microscope.

2.5 | **RT-PCR**

Total RNA was extracted from d-MESCs using TRIzol reagent (Takara), and 1 μg of total RNA was used for cDNA synthesis using the PrimeScript Reverse Transcription Kit (Takara). PCR was carried out using PCR Kit (Takara) under the following conditions: 95°C for 90 s, followed by 35 cycles of (94°C for 30 s, 56°C for 30 s, 72°C for 1 min) with a final extension at 72°C for 10 min. PCR products were separated by 2% agarose gel electrophoresis and stained with Super GelRed (US EVERBRIGHT). The cDNA bands were analysed by Image J software (16.0.1), and gene expression levels were normalized against GAPDH. Primer sequences were shown in Table [S1](#page-13-2).

2.6 | **Cell viability assay**

Cell Counting Kit-8 (CCK-8) (Biosharp) was used to detect the cell viability. d-MESCs/DSCs were seeded into a 96-well plate and incubated in 2% FBS-DMEM/F12 containing activin A (2.5 ng/ml–20 ng/ ml) and FST (5 ng/ml-40 ng/ml) at 37°C in 5% CO₂ for 24 h . Then, 10 μl of CCK-8 reagent was added to each well and incubated for another 2 h. The absorbance of 450 nm (A 450 nm) was detected by a microplate spectrophotometer.

2.7 | **Real-time cell analysis**

Cell adhesion was monitored in the xCELLigence Real-Time Cell Analysis (RTCA; ACEA Biosciences Inc.) system using E-Plate 16 (ACEA Biosciences Inc.). Briefly, a total 50 μl of 2% FBS-DMEM/F12 was added into the plates, and baseline measurements were taken. d-MESCs (1×10^4 cells) were then seeded into the wells in 150 μ l of 2% FBS-DMEM/F12 with or without activin A and/or FST. Cells were monitored every 15 min for 6 h.

2.8 | **Wound healing assay**

d-MESCs/DSCs were seeded into 12-well plates at a density of 1×10^5 cells per well and incubated at 37°C in 5% CO₂ to form a subconfluent monolayer. Then, a scratch-wound was produced in the confluent monolayers using a sterile 200 μl pipette tip, and the detached cells were removed with washing. Cells were further cultured in 2% FBS-DMEM/F12 containing 5 ng/ml activin A and/or 10 ng/ml FST. The images were obtained using an inverted microscope at 0 h, 12 h and 24 h, and the surface area of the scratch at different time points was measured and analysed using Image J software version (16.0.1) (National Institutes of Health, United States).

2.9 | **Transwell chamber assay**

Migration of d-MESCs was examined using transwell chamber assay. Briefly, 3×10^4 cells were seeded in the upper chambers (8 μ m pore size; Corning) in 200 μl DMEM/F12 with 2% FBS. The lower compartments of the chambers were filled with 500 μl of 2% FBS-DMEM/F12 containing activin A (5 ng/ml) or/and FST (10 ng/ml). After 6 h incubation at 37°C, non-migratory cells on the upper side of the membrane were removed by gently swiping with cotton swabs. The cells on the lower surface of the membrane were fixed with 4% paraformaldehyde for 20 min and then stained with Giemsa. The cell numbers were counted in five randomly chosen fields in each group.

2.10 | **Microfluidic cell migration assay**

Microfluidic devices were fabricated using the standard photolithography and soft-lithography technique as described previously.²⁸ d-MESCs/DSCs $(3 \times 10^5/m)$ were loaded into the cell inlets and allowed to align in the docking structures. The chemoattractant solutions included 5 ng/ml activin A, 10 ng/ml FST or 5 ng/ml activin A combined with 10 ng/ml FST in 2% FBS-DMEM/F12. Cell migration images were acquired every 4 h for 12 h/24 h. The migration distance was measured by image J software version (16.0.1). The migration track was analysed by Chemotaxis and Migration Tool (ibidi GmbH). The chemotactic index (C.I.) is defined as the ratio of displacement towards the gradient to the total migration distance of the cell and were calculated.^{[28](#page-13-3)}

2.11 | **Western blotting**

d-MESCs were treated with 5 ng/ml activin A and/or 10 ng/ml FST, and then lysed on ice in protein extraction reagent. Then, proteins

were quantified using BCA Protein Assay Kit (Thermo Scientific, United States). Whole cell extract proteins (10–30 μg) were electrophoresed in 10% SDS-PAGE gels and transferred onto polyvinylidene difluoride (PVDF) membranes (Merck Millipore). Bound antibodies were detected with ECL detection reagent (GE Healthcare), and images were captured by Tanon-4600. The intensity of the target proteins blots was quantified by Image J software version (16.0.1) (National Institutes of Health, United States).

2.12 | **Calcium flux assay**

d-MESCs were resuspended in 2% FBS-DMEM/F12 with 4 μM Fluo-4 in dark for 40 min, and cells were recovered for an additional 30 min. After that, the cells were divided into tubes for flow cytometry. Firstly, the cells were collected for 1 min as the baseline (F_0), then activin A (5 ng/ml) and/or FST (10 ng/ml) in 2% FBS-DMEM/ F12 were added to stimulate d-MESCs, and the Fluo-4 signal (F) was recorded for another 3 min. Fluo-4 signal indicates intracellular calcium level. The kinetics of Fluo-4 intensity was analysed by Flowjo software (FlowJo LLC. Ashland). The changes of intracellular calcium level were normalized to the baseline for comparison (F/F_0). ACEA NovoCyte (Agilent) was used to collect the Fluo-4 signal.

2.13 | **Statistical analysis**

All data were shown as means \pm SD. Statistical evaluation was conducted using a Student's *t*-test or one-way anova followed by Tukey's multiple comparisons test. A significant difference was defined as *p <* 0.05.

3 | **RESULTS**

3.1 | **Effects of activin A and FST on viability of d-MESCs**

The cultured stromal cells from mouse endometrium were assessed by immunocytochemistry using the antibody against Vimentin (a marker of stromal cells). 26 26 26 As shown in Figure [1A](#page-4-0), cells isolated from endometrium were positive for anti-Vimentin immunoreactivity, indicating that the cells belonged to stromal cells and could be used for subsequent experiments. Treatment with 10 nM E_2 and 1 μ M P₄ induced a decidual cell phenotype characterized by cellular enlargement. Most decidual cells have a regular cobblestone shape, while some stromal cells also have jagged aspects (Figure [1B](#page-4-0)). The mRNA expression of prolactin (PRL), a decidualization marker in the endometrium, was detected by RT-PCR. The transformation of decidual cells from ESCs was indicated by the expression of PRL3 and PRL8 mRNA (Figure [1C\)](#page-4-0). To explore whether d-MESCs belong to the target cells in response to FST or activin A, the cell viability was examined using a CCK-8 kit. The results showed that 5 ng/ml activin A significantly promoted the viability of d-MESCs, and 10 ng/ml FST slightly increased the viability of d-MESCs (Figure [1D](#page-4-0)), indicating that FST and activin A can act on d-MESCs. Thus, we performed all subsequent experiments using 5 ng/ml activin A and 10 ng/ml FST in d-MESCs.

3.2 | **Effects of activin A and FST on adhesion and wound healing of d-MESCs**

To investigate the effects of activin A and FST on the biological behaviour of d-MESCs, real-time cell analysis (RTCA) was performed to examine cell adhesion.^{[29](#page-13-5)} As shown in Figure [2A](#page-6-0), activin A slightly decreased the adhesion of d-MESCs, while FST inhibited the adhesion of d-MESCs significantly, but FST action was attenuated by activin A. Scratch assays revealed that both activin A and FST promoted wound healing of d-MESCs, while FST exerted more significant effect, but such promoting effects of FST were also attenuated by activin A (Figure [2B\)](#page-6-0).

3.3 | **Effects of activin A and FST on migration of d-MESCs**

In vivo, reduced cell adhesion and increased motility are both related to cell migration. Therefore, we tested the directional migration of d-MESCs towards activin A and/or FST using a transwell assay. Among four groups, the total number of migratory cells was the largest in the FST group, followed by the FST combined with activin A group, while activin A alone did not increase the number of migratory cells (Figure [3A](#page-8-0)).

To better evaluate the cell migratory ability, such as distance, speed and direction of cell migration, we applied an established microfluidic platform to further examine the migration of d-MESCs induced by activin A and FST. The results showed that FST significantly induced the migration of d-MESCs, increasing not only the number of migratory cells but also the migration distance, while activin A only increased the migration distance of d-MESCs significantly, but did not have a significant effect on the number of migrated cells (Figure [3B,D\)](#page-8-0). The chemotactic index (C.I.) calculated from single cell tracking data further confirmed the directionality of d-MESCs, and FST showed stronger directivity among four groups (Figure [3C,D](#page-8-0)). Similar to the results above, activin A suppressed the enhanced migratory capacity of d-MESCs induced by FST.

3.4 | **Effects of activin A and FST on migrationrelated proteins expression and calcium flux in d-MESCs**

MMP2, MMP9 and ezrin are known to be involved in cell migration, and vimentin is an important marker for mesenchymal/motile phenotype. $30,31$ Therefore, to determine the mechanism of action of activin A and FST on d-MESCs migration, MMP2, MMP9, Vimentin and Ezrin expressions were analysed by Western blotting. The results showed that the expressions of MMP9 and Ezrin were upregulated significantly after FST stimulation, and only slightly increased after activin A treatment (Figure [4A\)](#page-8-1). Neither activin A nor FST had a significant effect on MMP2 and Vimentin expression.

FIGURE 1 Effects of activin A and FST on viability of d-MESCs. (A) Immunocytochemical staining was carried out to examine Vimentin expression in isolated mouse ESCs. Scale bar = 50 μm. The arrows indicated the positive cells. (B) Representative images of mouse ESCs decidualization induced without (Control) or with 10 nM Estradiol (E₂) and 1 µM Progesterone (P₄) (d-MESCs) for 5 days. The arrows indicated the typical cells. Scale bar = 100 μm. (C) PRL3 and PRL8 mRNA expression was determined by RT-PCR in mouse ESCs subject to without or with 10 nM E_2 and 1 μ M P₄. The graph represented the relative levels of mRNA expression in three separate experiments. The expression levels of mRNA were normalized against GAPDH expression. ***p*< 0.01, compared with control group. (D) CCK-8 assay was performed to determine the viability of d-MESCs treated with activin A or FST for 24 h. The absorbance was measured at 450 nm with a microplate spectrophotometer. Data represented mean \pm SD (n = 3). *p < 0.05, compared with E₂ + P₄ group.

FIGURE 2 Effects of activin A and FST on adhesion and wound healing of d-MESCs. (A) The adhesion was assessed by real-time cell analysis (RTCA) in d-MESCs subject to activin A 5 ng/ml or/with FST 10 ng/ml for 6 h. The graph showed Cell Index from three separate experiments. ***p*< 0.01, compared with d-MESCs control group. #*p*< 0.05, compared with FST group. (B) A scratch-wound was generated in monolayer d-MESCs, and then, cells were treated with activin A 5 ng/ml or/and FST 10 ng/ml for 24 h. The graph showed the degree of wound healing from three separate experiments. Scale bar = 250μm. **p* < 0.05, ***p* < 0.01, compared with d-MESCs control group.

Calcium signalling also plays a vital role in cell proliferation, apoptosis and migration. In this study, the effects of activin A and FST on intracellular calcium in d-MESCs were determined by flow cytometry. The results revealed that calcium levels were increased in response to FST treatment significantly (Figure [4B\)](#page-8-1), while activin A antagonized partially FST action on calcium flux, suggesting that the effects of FST on d-MESCs migration might be also associated with calcium signalling.

3.5 | **Effects of activin A and FST on expression of signalling proteins in d-MESCs**

The above results showed that FST was a more effective chemoattractant regulating d-MESCs migration; however, the signalling pathway is unclear. In this section, the protein expressions of canonical and non-canonical activin A signalling pathways were examined by Western blotting (Figure [5A\)](#page-9-0). The results revealed that activin A and FST had no significant effect on the levels of p-SMAD3/SMAD3, indicating that activin A and FST might affect d-MESCs activities through non-canonical pathways. Furthermore, it was found that activin A and FST activated JNK, but not ERK1/2 and p38, resulting in significantly elevated levels of phosphorylation of JNK.

To determine whether FST-induced JNK activation was responsible for d-MESCs migration, we used JNK inhibitor AS601245 to repeat the migration assay. d-MESCs were pretreated with 1% DMSO or 1 μM AS601245 diluted with 1% DMSO for 1 h. We found that AS601245 treatment decreased level of p-JNK protein and reduced the migratory ability of d-MESCs towards FST (Figure [5B,C\)](#page-9-0). Taken together, the results indicated that FST might induce d-MESCs migration through JNK signalling.

3.6 | **Effects of activin A and FST on viability in DSCs**

To verify the above results, decidual stromal cells (DSCs) were isolated from the uterus of pregnant mouse. As shown in Figure [6A](#page-10-0), immunocytochemical staining for anti-Vimentin revealed that the isolated cells belonged to stromal cells and could be used for subsequent experiments. Moreover, the cell viability was measured using CCK-8 assay after 24 h incubation and we found that 5 ng/ml activin A and 10 ng/ml FST promoted viability of primary cultured DSCs of pregnant mouse (Figure [6B\)](#page-10-0).

3.7 | **Effects of activin A and FST on DSCs migration**

Wound healing assay revealed that FST promoted wound healing of DSCs, while activin A exerted an antagonistic effect on FST (Figure [7A](#page-11-0)). Next, the migration of DSCs was determined by microfluidic devices. We found that the migratory number and distance of DSCs induced by FST increased significantly compared with control group. Although there was no significant difference in the number of migrated DSCs induced by activin A alone (*p*> 0.05), there was a considerable difference in the migration distance of DSCs, compared with the control group (p <0.05) (Figure [7B](#page-11-0)). These data further confirmed that FST was a more effective chemoattractant for inducing the migration of d-MESCs.

4 | **DISCUSSION**

FST and activin A, as gonadal proteins, are involved in many physiological and pathological processes, such as inflammation, immunoregulation, angiogenesis and reproduction. Here, we analysed the effects of activin A and FST on the adhesion and migration of d-MESCs by RTCA and microfluidic device. Firstly, ESCs were isolated and induced to decidualization in vitro. We found that FST promoted wound healing, inhibited adhesion and induced migration of d-MESCs, while activin A neutralized the effects of FST on adhesion and migration of d-MESCs. Next, primary cultured DSCs from uterus of pregnant mouse were used to further confirm the effects of activin A and FST, and the DSCs migration results were similar to d-MESCs. These data suggest that compared with activin A, FST in activin A-FST system is a more effective chemoattractant for inducing the migration of d-MESCs.

The decidualization of ESCs is a prerequisite for embryo implantation. Under the stimulation of estradiol (E_2) and progesterone (P_4), ESCs undergo obviously morphological changes and possess the multinucleated appearance and are linked tightly.³² The functional layer of human endometrium changes in morphology and function every month and during pregnancy. From the middle secretory stage, human ESCs differentiate into decidual cells and secrete a variety of growth factors and cytokines. These molecules promote uterine decidualization and regulate the invasion of trophoblast cells. Decidualization initially occurs in ESCs around the spiral arteries and spreads to the whole endometrium once pregnancy oc-curs.^{[14,33](#page-12-8)} Vimentin as a marker of stromal cells is highly expressed in

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FIGURE 3 Effects of activin A and FST on migration of d-MESCs. (A) The migration of d-MESCs induced by activin A 5 ng/ml or/and FST 10 ng/mL was analysed by transwell migration assay. Cells that passed through porous membrane were stained with Giemsa. Scale bar = 100 μm. The graph showed the average number of migrated cells in three separate experiments. ***p*< 0.01, compared with d-MESCs control group. #p<0.05, compared with FST group. (B) Images of mouse d-MESCs migration towards different concentrations activin A 5 ng/ml or/and FST 10 ng/ml were taken in the microfluidic device at 0 h and 24 h, respectively. Scale bar = 100 μm. (C) The tracked cell trajectories in activin A and/or FST gradient were analysed by Chemotaxis and Migration Tool software. Images represented the directions of migrated cell treated with activin A 5 ng/ml or/and FST 10 ng/ml. (D) The graph showed the average number, distance and chemotactic index (C.I.) of migrated cells in the same size fields of the microfluidic device in three separate experiments. **p*< 0.05, ***p*< 0.01 compared with d-MESCs control group. $\#p$ <0.05, $\#tp$ <0.01 compared with FST group.

FIGURE 4 Effects of activin A and FST on migration-related proteins expression and calcium flux in d-MESCs. (A) Levels of MMP2, MMP9, Vimentin and Ezrin protein expressions were examined by Western blotting in d-MESCs subject to 5 ng/ml activin A and/or 10 ng/ml FST for 24 h. The graph represented the relative levels of proteins in three separate experiments. The expression levels of these proteins were normalized against GAPDH, and the results were shown as the fold-increase of the d-MESCs control group. ***p*< 0.01, compared with d-MESCs control group. #*p*< 0.05, compared with FST group. (B) Kinetics of calcium level was measured by the Fluo-4 intensity normalized to the baseline (F/F_0) in d-MESCs treated with 5 ng/ml activin A or/and 10 ng/ml FST. The graph showed the peak values of calcium signal from three separate experiments. **p*< 0.05, compared with d-MESCs control group.

stromal cells no matter decidualization happens or not,³⁴ and prolactin is widely used as a decidualization marker. $35,36$

To investigate whether FST or activin A act on d-MESCs, the cell viability was determined using a CCK-8 kit. We found that activin A and FST both promoted DSCs viability, indicating that d-MESCs are the target cells in response to FST or activin A. In this study, 5 ng/ml activin A and 10 ng/ml FST were selected as working concentration. Real-time cell analysis (RTCA) is a technology based on the principle of microelectronic biosensor, which can realize the real-time analysis of cells without markers in the process of experiment.³⁷ In the present study, we found that FST inhibited the adhesion of d-MESCs significantly, while activin A did not alter d-MESCs adhesion but neutralized FST action. Moreover, the scratch wound experiments also showed that FST promoted wound healing of d-MESCs, while activin A had an antagonistic effect on FST.

Cell migration involves the degradation of extracellular matrix, decreased cell adhesion and enhanced cell chemotaxis.^{5,38} In this study, the migration of d-MESCs was first tested by transwell migration assay. However, transwell assays are limited to only measure

migrated cell numbers but lacking the ability to characterize quantitative cell motility and chemotaxis parameters at the single cell level such as cell migration speed, distance and directionality. In this regard, the microfluidic device offered quantitative insights into migratory responses of d-MESCs in well-controlled chemoattractant gradient conditions.^{[39](#page-13-11)} We found that although activin A did not increase the number of migrated d-MESCs, it extended the migration distance of d-MESCs. FST not only induced a significant increase in the number of migrated d-MESCs, but also significantly prolonged the migration distance of d-MESCs, and with more obvious directionality. The primary cultured DSCs from uterus of pregnant mouse were used to further verify the above results, and results of primary cultured DSCs migration were similar to d-MESCs. These findings indicate that compared with activin A, FST in activin A-FST system is a more effective chemoattractant to induce the migration of d-MESCs, which might be more conducive to uterine tissue remodelling during pregnancy.

A variety of functional proteins are involved in degradation of extracellular matrix, such as MMPs, ERM proteins (ezrin, radixin

FIGURE 5 Effects of activin A and FST on expression of signalling proteins in d-MESCs. (A) The levels of p-SMAD3, SMAD3, p-ERK1/2, ERK1/2, p-p38, p38, p-JNK and JNK proteins were examined by Western blotting in d-MESCs subject to 5 ng/ml activin A or/and 10 ng/ ml FST for 1 h. The graph represented the relative levels of protein in three separate experiments, and the results were shown as the foldincrease of the d-MESCs control group. **p*<0.05, ***p*<0.01 compared with d-MESCs control group. #*p*<0.05, compared with FST group. (B) d-MESCs were pretreated for 1 h with 1% DMSO or 1 μM JNK inhibitor AS601245; then, levels of p-JNK protein were examined by Western blotting. The graph represented the relative levels of proteins in three separate experiments. ***p*< 0.01 compared with 1% DMSO d-MESCs control group. (C) d-MESCs were pretreated with 1% DMSO or 1 μM AS601245 for 1 h; cell migration towards 10 ng/ml FST gradient was examined by microfluidic device. **p*< 0.05, compared with 1% DMSO d-MESCs control group. Scale bar = 100 μm.

FIGURE 6 Effects of activin A and FST on viability of primary cultured decidual stromal cells (DSCs). (A) Immunocytochemical staining was performed to detect Vimentin expression in isolated mouse DSCs. Scale $bar = 100 \mu m$. The arrows indicated the positive cells. (B) CCK-8 assay was performed to examine the viability of primary cultured DSCs treated with activin A or FST for 24 h. **p*< 0.05, compared with control group.

and moesin), PI3K/Akt and Ras-mitogen-activated protein kinases $(MAPK).$ ^{[40,41](#page-13-12)} MMPs are critical molecules of extracellular matrix remodelling and can promote cell motility through cytoskeletal rearrangement.[42](#page-13-13) Currently, MMPs consist of 23 members in human and are expressed in almost all organs and tissues, among them, MMP2 and MMP9 are the main markers of cell migration and invasion, [43,44](#page-13-14) while MMP9 plays a more effective role in regulating cell invasion than MMP2, and MMP9 is the only one that gene deletion leads to the decline of fertility, suggesting that MMP9 plays an important role in the reproductive system.^{[45](#page-13-15)} Worthy of note, ezrin is one of the numbers of ERM, which was first isolated from chicken intestinal brush borders. It is the connector between cortical actin filament and cell membrane and involved in the physiological processes such as microvilli formation, cell membrane structure change and cell adhesion. In cells over-expressed ezrin, the migration ability is en-hanced.^{[46](#page-13-16)} Our data revealed that FST, but not activin A, promoted expression of MMP9 and Ezrin in d-MESCs, suggesting that FST might induce d-MESCs migration by up-regulating Ezrin and MMP9.

In addition, cell migration is also related to many intracellular ions flux. Ca⁽²⁺⁾, an important second messenger in cells, regulates a variety of activities of cells, including cell migration, angiogenesis and inflammatory response. 47 The increase of intracellular calcium flux leads to the activation of a variety of signal pathways, furthermore, the disintegration of intercellular adhesion and cytoskeleton rear-rangement.^{[48](#page-13-18)} In this study, we found that FST significantly enhanced the calcium signal of d-MESCs, while activin A neutralized FST action on calcium flux. Previous study has also shown that activin A

can promote the migration of L929 cells and breast cancer cells through calcium pathway. $28,29$ Our data support the conjecture that FST might induce migration of d-MESCs through increasing calcium influx.

Activin A binds to ActRII and activates shared canonical SMADsdependent signalling pathway. In addition, MAPK, PI3K/AKT, WNT and Notch are activated by activin A, which in turn can transduce the signalling of the independent SMAD proteins, and this cascade constitutes the non-canonical pathways. 49 As an activin binding protein, FST shows high affinity for activin and prevents activin from binding to its signalling receptor. 21 However, FST receptor and its specific signalling pathway are still unclear. In the present study, we found no difference in the levels of p-SMAD3/SMAD3, p-ERK1/2/ERK1/2 and p-p38/p38 in d-MESCs, but obvious increase in the levels of p-JNK/JNK. Moreover, JNK inhibitor AS601245 significantly attenuated FST action on inducing migration of d-MESCs, suggesting that FST in activin A-FST system, not activin A, is a crucial chemoattractant for inducing migration of d-MESCs by JNK signalling.

The previous study has indicated that a conditional knockout of FST (FST-cKO) results in a poor decidualization.^{[23](#page-12-14)} Our data suggest that FST-cKO may result in mDSCs migration disorder and failure of uterine remodelling to cause decidualization dysplasia. Activin A and FST are essential regulator for decidualization is undisputed; however, decidualization process is extremely complicated, also influenced by many other cells and molecules. Our findings provide a basis for preliminary experiments and possess reference significance for later research.

Concentration gradients

FIGURE 7 Effects of activin A and FST on migration of primary cultured DSCs from pregnant mouse. (A) A scratch-wound was created in monolayer DSCs, and then, cells were treated with 5 ng/ml activin A or/and 10 ng/ml FST for 24 h. Scale bar = 250μm. The graph showed the degree of wound healing from three separate experiments. **p*< 0.05, compared with control group. (B) Images of mouse DSCs migration towards 5 ng/ml activin A or/and 10 ng/ml FST were taken in the microfluidic device at 0 h and 12 h, respectively. Scale bar = 100 μm. The graph showed the average number and distance of migrated cells in the same size fields of the microfluidic device in three separate experiments. $\gamma p < 0.05$, $\gamma p < 0.01$, compared with control group. $\#p < 0.05$, compared with FST group.

In summary, this study indicates that an important chemoattractant is FST rather than activin A to induce the migration of d-MESCs by JNK signalling pathway. The maintenance of the balance of FST-activin A system is very important for regulating remodelling of uterus during pregnancy. Our findings suggest that FST may be used as a treatment target and a potential indicator for predicting d-MESCs migration and uterine decidualization, and administration of exogenous FST may improve decidua remodelling during pregnancy

4.1 | **Limitations**

There are some limitations in our study. Firstly, these data have revealed that FST is an effective chemoattractant to induce mDSCs migration, but FST's specific receptor is still mysterious. Secondly, mouse decidualization in vitro was discussed, but there are still some differences in the pattern, biological characteristic with that in human. Human decidualization is a spontaneous process, while this study is induced in vitro by estradiol and progesterone. More studies should be carried out to explore the mechanism of the migration of decidualized human endometrial stromal cells and the relationship with pregnancy diseases.

AUTHOR CONTRIBUTIONS

Guole Liu: Data curation (lead); formal analysis (lead); investigation (equal); methodology (equal); software (lead); validation (lead); visualization (lead); writing – original draft (lead). **Yan Qi:** Formal analysis (supporting); validation (supporting). **Jiandong Wu:** Writing – review and editing (equal). **Francis Lin:** Writing – review and editing (equal). **Xueling Cui:** Conceptualization (equal); investigation (equal); methodology (equal); project administration (equal); resources (equal); supervision (supporting); validation (supporting); writing – original draft (supporting). **Zhonghui Liu:** Conceptualization (equal); funding acquisition (lead); investigation (equal); methodology (equal); project administration (lead); resources (lead); supervision (lead); writing – original draft (equal).

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CONFLICT OF INTEREST

The authors declare no conflict of interest.

DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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SUPPORTING INFORMATION

Additional supporting information can be found online in the Supporting Information section at the end of this article.

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