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## Rapid *in vitro* assessment of *Clostridium difficile* inhibition by probiotics using dielectrophoresis to quantify cell structure alterations

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### Abstract

*Clostridioides difficile* (*C. difficile*) infection (CDI) is the primary cause of nosocomial antibiotic-associated diarrhea, with high recurrence rates following initial antibiotic treatment regimens. Restoration of the host gut microbiome through probiotic therapy is under investigation to reduce recurrence. Current *in vitro* methods to assess *C. difficile* deactivation by probiotic microorganisms are based on *C. difficile* growth inhibition, but the cumbersome and time-consuming nature of the assay limits the number of assessed permutations. Phenotypic alterations to the *C. difficile* cellular structure upon interaction with probiotics can potentially enable rapid assessment of the inhibition without the need for extended culture. Because supernatants from cultures of commensal microbiota reflect the complex metabolite milieu that deactivates *C. difficile*, we explore coculture of *C. difficile* with an optimal dose of supernatants from probiotic culture to speed growth inhibition assays and enable correlation with alterations to its prolate ellipsoidal structure. Based on sensitivity of electrical polarizability to *C. difficile* cell shape and subcellular structure, we show that the inhibitory effect of *Lactobacillus* spp. supernatants on *C. difficile* can be determined based on the positive dielectrophoresis level within just 1 h of culture using a highly toxigenic strain and a clinical isolate, whereas optical and growth inhibition measurements require far greater culture time. We envision application of this *in vitro*

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#### ASSOCIATED CONTENT

##### Supporting Information

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Section S1, including optimization of probiotic coculture model (Figure S1); adhesion assays for *C. difficile* to colonic epithelium Caco-2 cells (Figure S2); toxin assays for *C. difficile* (Figure S3); details on probiotic culture (Figure S4) and Section S2 on fitting *C. difficile* DEP spectra to the ellipsoidal double-shell model (PDF)

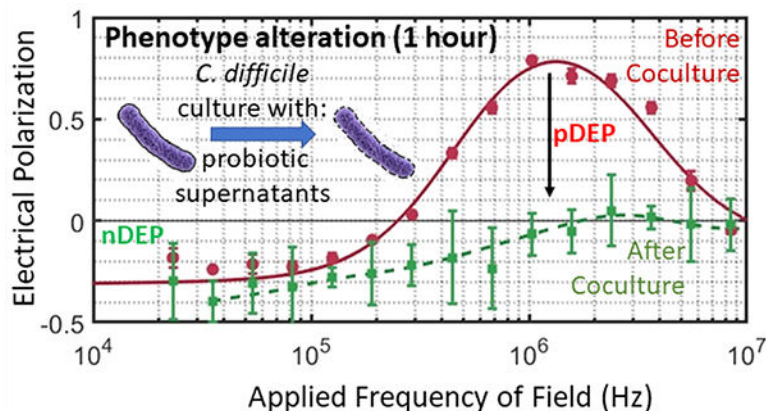
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coculture model, in conjunction with dielectrophoresis, to rapidly screen for potential probiotic combinations for the treatment of recurrent CDI.

## Graphical Abstract



## Keywords

Microbiota; Probiotics; Dielectrophoresis; Microfluidics; Diagnostics

The human gut is colonized by a diverse community of microorganisms that work in concert with their host to resist colonization by opportunistic pathogens.<sup>1</sup> Loss of microbial diversity in the gut due to antibiotic administration or aging has been linked to the impairment of immune function and the onset of various enteric infections.<sup>2–4</sup> *Clostridioides difficile* (*C. difficile*) infection (CDI), which is the primary cause of nosocomial diarrhea, occurs due to overgrowth of *C. difficile* following interruption of the host gut microbiome. While the disease can be treated with standard antibiotic regimens, a significant subset of patients (~25%) exhibit recurrent CDI (rCDI), with 35–65% of those individuals experiencing multiple episodes of rCDI.<sup>5–7</sup> CDI is responsible for about 500 000 cases and 29 000 fatalities per year in the United States, as well as billions of dollars in associated healthcare costs.<sup>8</sup>

Antibiotic administration for treatment of CDI, while effective in treating the initial infection, also causes collateral damage to the recovering host microbiome, leading to rCDI. Current CDI research is therefore focused on therapies that limit collateral damage,<sup>9</sup> including probiotics that help restore the inhibitory interactions of commensal bacteria on *C. difficile*.<sup>10</sup> The availability of *in vitro* methods to rapidly screen for interaction of probiotics with *C. difficile*<sup>11</sup> can help focus the probiotic permutations considered for *in vivo* studies;<sup>12,13</sup> but the growth inhibition assays currently used for this purpose are time-consuming.<sup>14,15</sup> Commensal bacteria can influence *C. difficile* either through secretions<sup>16</sup> or by competition for common nutrients.<sup>17</sup> Hence, the supernatant from the culture of commensal bacteria can reflect the complex metabolic milieu that mediates their inhibitory interactions on *C. difficile*.<sup>18</sup>

In this work, we seek to rapidly identify the inhibition of *C. difficile* by probiotic microorganisms based on *in vitro* culture of *C. difficile* with an optimal dose of cell-free supernatants from the probiotic culture and explore correlation of the growth inhibition to cell structure alterations that occur well before growth inhibition. While prior work has explored correlation of bacterial shape alterations to antibiotic susceptibility,<sup>19</sup> the effect of probiotics is more subtle, thereby requiring more sensitive quantification methods. Furthermore, because bacterial cells can undergo a wide variety of structural changes,<sup>20,21</sup> image-based analysis is often not sufficient for quantifying the myriad modifications. In this context, because electrical polarizability is highly sensitive to alterations in the shape and subcellular structure of bacteria,<sup>22</sup> the level of positive dielectrophoresis (pDEP) or translation of polarized cells to high field regions of a microfluidic device can be used for quantifying the structural alterations.<sup>23</sup> In prior work, pDEP has been used to fix bacterial cells at well-defined positions along the focal plane for imaging to enable accurate estimation of cell length and elongation rate after antibiotic treatment.<sup>24</sup> Electrical polarizability is especially significant for *C. difficile* due to the high aspect ratio of its prolate ellipsoidal structure (major to minor axis ~5) that causes a sharp crossover to strong pDEP behavior.<sup>25</sup> We previously utilized this characteristic DEP behavior to rapidly detect antibiotic susceptibility<sup>26</sup> and S-layer induced alterations to the cell wall capacitance<sup>27</sup> of *C. difficile*, but this technique is applied here for the first time to screen probiotics for deactivation of *C. difficile* based on structural alterations after *in vitro* culture with probiotic supernatants. Specifically, using the cell-free supernatant obtained after a critical level of probiotic culture as the coculture model with *C. difficile*, we are able to speed its inhibitory effects, as assessed by growth inhibition and cell structure alterations to a toxigenic *C. difficile* strain (VPI10463) and a binary toxin (or BI) producing clinical isolate (TL24). In this manner, we show that the shape and subcellular phenotypic changes to *C. difficile* can be detected based on the pDEP level within just 1 h of coculture, whereas optical and growth inhibition measurements require at least 4 h, and transwell coculture requires >24 h. We envision that this electrophenotyping method can rapidly gauge alterations to *C. difficile* strains for enabling the screening of a wider permutation of probiotics.

## MATERIALS AND METHODS

### Bacterial Strains.

A highly toxigenic *C. difficile* (HTCD) strain: VPI10463 (ATCC, Manassas, VA) and a clinical isolate TL24 (University of Virginia)<sup>28</sup> that is binary toxin secreting (BI) were used in all experiments. *Saccharomyces boulardii* (Swanson Health Products, Fargo, ND), *Lactobacillus acidophilus* (Swanson Health Products), *Lactobacillus casei ss. shirota* (Yakult Honsha, Tokyo, Japan), *Lactobacillus rhamnosus* (Swanson Health Products), and *Bifidobacterium longum ss. infantis* (Align, Procter and Gamble, Cincinnati, OH) were isolated from commercial probiotic products. Strains were cultured under anaerobic conditions using a Bactron anaerobic chamber (Sheldon Manufacturing, United States) for 48 h until they reached stationary phase. *C. difficile* strains and *B. longum* were grown using BHI medium, *Lactobacillus* strains using MRS broth, *Saccharomyces* using YPD broth (Becton Dickinson, United States).

### **C. difficile Coculture with Probiotic Supernatant.**

As shown in the experimental timeline in Figure 1, probiotic bacterial strains were centrifuged at 5000 rpm for 10 min to pellet bacteria so that sterile filtered supernatant (0.2  $\mu\text{m}$  syringe filter) from each strain could be used for coculture. The supernatant was mixed in equal parts with fresh BHI to start a new culture with either the HTCD or BI *C. difficile* strain. Growth was monitored every 20 min for 24 h by measuring absorbance at 589 nm using a Cerillo Optoreader (Cerillo Inc., Charlottesville, VA, United States).

### **Toxin Assay.**

A Techlab toxin A/B ELISA (Techlab, United States) was used to determine toxin secretion from cocultured bacteria after 24 h of supernatant culture. Absorbance was read at 450 nm and blanked against 620 nm.

### **Host Cell Adhesion.**

Twenty-four hours after coculture, *C. difficile* strains were centrifuged (5000 rpm for 10 min) with the supernatant drawn and resuspended in PBS twice to wash away any residual toxin. Cultures were resuspended in prerduced PBS to adjust absorbance to 1.0 at 600 nm to normalize bacterial cell concentration. Caco-2 cells (ATCC) grown to confluence in a 6 well plate were washed 2 $\times$  to remove any residual media from antibiotics and resuspended in 1 mL prerduced in high glucose Dulbecco's Modified Eagle Medium (DMEM) (Gibco). A 10  $\mu\text{L}$  aliquot of the *C. difficile* coculture sample was added to each well and cells with bacteria were incubated anaerobically at 37  $^{\circ}\text{C}$  for 3 h. Cell media was drawn off and cells were washed 3 $\times$  in prerduced PBS to remove any nonadherent *C. difficile*. Cells were resuspended in 1 mL of PBS and scraped off the bottom of the plate, vortexed to mix. 10  $\mu\text{L}$  of this suspension was serially diluted and streaked on BHI agar plates for 24 h to determine the CFU/mL.

### **Dielectrophoresis Analysis.**

*C. difficile* cells from the supernatant of the coculture were taken after 1 and 4 h to be analyzed by DEP. Bacterial cells were centrifuged and resuspended in prerduced DI water (2 $\times$ ) to wash away any remaining salt from the bacterial media. The cells were resuspended in sufficient DI water to adjust absorbance to 1.0 at 600 nm for normalizing bacterial cell concentration. Media conductivity was then adjusted to 100  $\mu\text{S}/\text{cm}$ , and DEP spectra were acquired using the 3DEP reader (DEPtech, Uckfield, UK) with a recording interval set to 30 s at 10  $V_{\text{pp}}$  with data collected over 20 points between 50 kHz to 45 MHz. Based on this, the average relative DEP force at each frequency was obtained by analyzing at least 5 different measurements, and the results were repeated 3 times with each new batch of cells. The level of DEP at each frequency in this device is obtained by analyzing spatiotemporal variations in light intensity from particle scattering, using particular bands of regions adjoining the gold-plated conducting electrode stripes patterned inside the wall of each of the 20 wells. The light intensity was normalized to the background at zero field (time = 0) by accounting for the electric field distribution in the wells.<sup>29</sup> These normalized weighted changes in light intensity were used to measure the relative DEP force at each frequency, as reported previously.<sup>30</sup>

### Structure Alterations from DEP Spectra.

Alterations to the DEP spectra of *C. difficile* under various probiotic cocultures were fit to a standard multishell dielectric model,<sup>31–33</sup> including an insulating envelope denoting cell wall and membrane, with an inner conducting cytoplasm region. The fits were used to compute the dielectric parameters (Section S2):  $\epsilon_{\text{wall}}$ ,  $\sigma_{\text{wall}}$ ,  $\epsilon_{\text{membrane}}$ ,  $\sigma_{\text{membrane}}$ ,  $\epsilon_{\text{cyto}}$ , and  $\sigma_{\text{cyto}}$ . Geometrical information about cell axis and cell wall thickness were measured from TEM images. Membrane thickness, which is not resolved from the images, was computed based on literature<sup>34,35</sup> (Tables S1 and S2).

### Optical Microscopy.

After 4 h of supernatant coculture, cells were fixed over a Bunsen burner and stained using Gram stain. Cells were imaged at 400 $\times$  using a Zeiss Axio A1 microscope over 5 different fields at the same brightness. ImageJ was used to analyze cell size and aspect ratio. Images were converted to 8-bit, set to a threshold, with shadows and overlapping cells erased. The particle analysis tool was then used to measure size, as well as draw ellipses around each cell to determine cell aspect ratio after excluding cells with less than 200 pixels in size.

### TEM Imaging.

After 4 h of supernatant coculture, cells were pelleted and washed in PBS and fixed in 2% glutaraldehyde and 2% paraformaldehyde in PBS for 4 h at room temperature. Cells were then prepared by the University of Virginia Advanced Microscopy facility for imaging. Cells were pelleted and washed in DI water before resuspension in 2% osmium tetroxide for 30 min at room temperature and resuspended in DI water. The samples were dehydrated through a serial gradient ethanol solution (50, 70, 95, and 100%) for 10 min at each level. The samples were then resuspended in 1:1 EtOH/EPON (epoxy resin) overnight, followed by 1:2 EtOH/EPON for 2 h, 1:4 EtOH/EPON for 4 h, and 100% EPON overnight. After embedding the samples in fresh 100% EPON, the samples were incubated in a 65 °C oven. The EPON-hardened samples were sectioned to 75 nm, mounted onto 200 mesh copper grids, and contrast stained with 0.25% lead citrate and 2% uranyl acetate for TEM imaging (JEOL 1230) at 80 kV (SIA digital camera).

### Statistical Analysis.

Prism 8.0 (Graphpad, Inc.) was used to determine statistical differences. A one-way ANOVA with Dunnett's multiple comparisons post-test was used to determine differences between cell area.

## RESULTS AND DISCUSSION

### Growth Inhibition of Cocultured *C. difficile*.

To determine the metabolic milieu from the probiotic culture that is capable of significantly inhibiting *C. difficile* growth, we considered transwell coculture with the probiotic organisms as well as variations in the dose of the cell-free supernatant obtained after 48 h of probiotic culture. As seen in Figure S1A–D, transwell coculture of the probiotic with the respective *C. difficile* strain (HTCD or BI strain) did not cause significant inhibition in

a 24 h period. Furthermore, as shown in Figure S1E, dose levels of 25% of the cell-free supernatant obtained after 48 h of probiotic culture were required in combination with 50% BHI (the rest made with PBS) for enabling significant *C. difficile* growth inhibition after 4 h of coculture. We suggest that the presence of *C. difficile* during transwell coculture likely suppressed the probiotic growth level to reduce its inhibitory effect on *C. difficile*, but prolonged probiotic culture (48 h) in the absence of *C. difficile* generated a metabolic milieu that is capable of significantly inhibiting *C. difficile* during the subsequent coculture step.

Hence, in all future work, *C. difficile* was cultured with 50% BHI media plus 50% dose levels of the cell-free supernatant obtained after 48 h of probiotic culture using 5 probiotic strains. These include three strains from the *Lactobacillus spp.*, because *L. acidophilus*, *L. casei*, and *L. rhamnosus* have been found to inhibit *C. difficile* virulence factors possibly by decreasing luminal pH<sup>36,37</sup> and decreasing host cell adhesion.<sup>38</sup> Additionally, *B. longum* was chosen because it has been previously shown to inhibit *C. difficile* growth and host cell adhesion *in vitro*<sup>18</sup>, with different strains of *B. longum* exhibiting pH-dependent inhibition that continues to suppress *C. difficile* growth when pH in supernatants was adjusted to 7. *S. boulardii* was chosen because it has been shown in clinical trials to decrease incidence of CDI after antibiotic treatment, as well as to decrease *C. difficile* adherence to gut epithelial cells *in vitro*, possibly through upregulation of antitoxin A IgA and prevention of binding of toxin A to the colonic epithelium.<sup>8,39</sup> Alterations in *C. difficile* growth based on absorbance measurements are shown in Figure 2 for the HTCD (A–D) and BI strains (E and F). These results show significant levels of *C. difficile* inhibition within 4 h for cocultures using supernatants from probiotic strains of *Lactobacillus spp.* (i.e., *L. acidophilus*, *L. casei*, and *L. rhamnosus*) but not from supernatants of *B. longum* or *S. boulardii*. The respective control experiment for the HTCD or BI was performed using spent media from HTCD or BI cultures mixed with equal parts of fresh BHI before culture. However, based on the respective insets to Figure 2A–H, i.e. Figure 2(i)–(viii), it is noteworthy that this growth inhibition is only barely apparent after 2 h of growth time. Adhesion assays of vegetative *C. difficile* to colonic epithelium Caco-2 cells (see Figure S2) show that HTCD adhesion was generally decreased following culture in *L. acidophilus*, *L. rhamnosus*, and *S. boulardii* supernatant (Figure S2A), while BI strain adhesion was decreased following culture in *B. longum* supernatant (Figure S2B). Toxin assays (see Figure S3) following 24 h of *C. difficile* coculture in the probiotic supernatant show significantly decreased toxin production for HTCD and BI strains in comparison to the respective control (coculture in media from *C. difficile*).

### Morphological Alterations on Cocultured *C. difficile*.

Because the growth inhibition assay (Figure 2) is labor-intensive and requires about 4 h to show significant differences versus the control, we explore correlation of *C. difficile* morphology alterations with growth inhibition and its application to detect inhibition at earlier time points after coculture in probiotic supernatant. Morphological alterations to *C. difficile* are quantified based on (i) the pDEP level that indicates net electrical polarizability due to cell shape and subcellular changes after 1 h and 4 h of coculture; (ii) optical imaging to measure cell shape and area changes after 4 h of coculture; and (iii) TEM imaging of subcellular changes after 4 h of coculture. The *C. difficile* DEP frequency spectra



after fitting to the ellipsoidal double-shell model (see Section S2) presents a quantitative aggregate of the changes from the overall cell structure (Figure 3A, as confirmed by optical imaging (ii)) and its subcellular regions (Figure 3B, as confirmed by TEM (iii)). The DEP force versus frequency spectra (Figure 3C–F) of HTCD and BI *C. difficile* strains show significant alterations after 4 h of coculture with supernatants from *Lactobacillus* strains (*L. acidophilus*, *L. rhamnosus*, *L. casei*), but minimal changes occur with *B. longum* and only minor alterations occur with *S. boulardii* supernatants. The changes are most clearly apparent in the transition from nDEP (negative DEP) at 100 kHz to pDEP (positive DEP) in the MHz frequency range. After coculture with supernatants from the indicated probiotic strains, *C. difficile* lacked strong pDEP at 5 MHz due to loss of electrical polarization for cells with disrupted subcellular structure. In fact, as shown in Figure 3G and H, these alterations to *C. difficile* can be detected within just 1 h of its coculture with supernatants from *Lactobacillus* strains. To characterize the morphological changes to *C. difficile*, Figure 4 shows representative 200× images of heat fixed, Gram-stained HTCD following 4 h of coculture in the respective probiotic supernatant. Cells cocultured with *Lactobacillus*-derived supernatant were decreased in the overall area, with reduction in eccentricity of the ellipsoidal structure that likely lowers the pDEP levels. Figure 5 summarizes the image analysis of HTCD and BI area in  $\mu\text{m}^2$  over 5 fields. HTCD control cells show significantly greater area than HTCD cells after coculture with *Lactobacillus* supernatant coculture, while HTCD cells cocultured with *B. longum* or *S. boulardii* show no significant differences. BI control cells show significantly greater area than BI cells cocultured with *Lactobacillus* supernatant, while those cocultured in supernatant of *B. longum* show a smaller but discernible difference. Figure 6 shows representative TEM images of HTCD at 50 000× magnification after 4 h of supernatant coculture. Based on Figure 6A–C, HTCD control cells are not significantly altered after coculture with supernatant of *S. boulardii* and *B. longum*, as apparent from the intact cell wall and membrane structure. On the other hand, after coculture with *Lactobacillus spp.* supernatants, the HTCD subcellular structure shows degradation of the envelope and eruption of the cytoplasm.

### pH of Probiotic Supernatant.

To characterize the metabolic milieu of the probiotic culture, the pH of supernatants before and after 48 h of culture is shown in Figure 7. While the supernatant from *S. boulardii* and *B. longum* cultures was decreased from pH 7 to about pH 5, the supernatant from *Lactobacillus* strains were significantly acidic, with decrease down to pH 4. Hence, the significantly lower pH of the supernatant from *Lactobacillus* strains could be related to their ability to inhibit *C. difficile* growth and cause morphological alterations monitored by optical and TEM imaging as well as based on polarization due to pDEP levels.

## CONCLUSIONS AND OUTLOOK

Coculture of *C. difficile* with the cell-free supernatant obtained after 48 h of probiotic culture serves as a good *in vitro* model to simulate the metabolic milieu that causes *C. difficile* inhibition. This is based on the consistent differences in growth and cell structure alterations of HTCD and BI *C. difficile* strains within 4 h or less of coculture, as summarized in Table 1. *C. difficile* culture in supernatants from *Lactobacillus spp.* was

able to eliminate growth of the HTCD and BI strains, while all strains tested prevented toxin secretion for both *C. difficile* strain types. There was a degree of ambiguity in the use of the host cell adhesion to assess inhibition of *C. difficile* strains after culture with probiotic supernatants. The biophysical characterization of *C. difficile* strains within 4 h of coculture in supernatants of *Lactobacillus* spp. showed significant alterations to *C. difficile* shape based on optical imaging and its subcellular structure by TEM. Using DEP, the chief spectral alteration is a loss of sharp transition from nDEP at low frequencies (<0.1 MHz) to pDEP behavior at high frequencies (>1 MHz), i.e. transition from electric field screening by the insulating cell envelope to electric field termination at the conductive cell cytoplasmic region, because *C. difficile* cells with a disrupted subcellular structure lack the necessary dielectric contrast for causing sharp nDEP to pDEP transition. The “strong pDEP” observed for the “control” *C. difficile* is altered to “loss of pDEP” after its coculture with strains that disrupt cell structure, whereas it remains as “strong pDEP” after its coculture with strains that do not disrupt the cell structure. In fact, pDEP reduction could detect the inhibitory effects of *Lactobacillus* spp. within just 1 h of coculture for the HTCD and BI *C. difficile* strains. Due to large morphological alterations to *C. difficile* shape and wall structure after coculture with *Lactobacillus* spp., the altered DEP spectra could be fit to the dielectric model only in situations wherein the structure was not significantly altered, as shown in Tables S1 and S2. The lack of alterations in the DEP spectra of both *C. difficile* strains after coculture with supernatants of *B. longum* and *S. boulardii* was consistent with the lack of structural alterations to *C. difficile* as determined by imaging and to the lack of growth inhibition. This could be attributed to the unsuitability of the supernatant coculture method for assessing the inhibition of *C. difficile* by these probiotic strains. Probiotic supernatants can inhibit *C. difficile* through several mechanisms, including secretion of bacteriocins, competitive inhibition of growth, inhibition of attachment to the gut epithelium, decreasing luminal pH, and enhancement of the mucus barrier of the intestinal epithelium.

The current study is not aimed at elucidating which mechanisms play a role, but instead on developing an *in vitro* diagnostic platform for detecting the deactivation of *C. difficile* based on an optimized supernatant dose for coculture and an electrophysiology-based metric for rapidly identifying the subcellular changes without the need for extended culture. A limitation with this *in vitro* methodology of coculture with probiotic supernatants is that it can only be used to monitor alterations to the pathogen and not the host, which may also affect disease outcome. Hence, this *in vitro* strategy is best suited for screening of potential probiotics before *in vivo* testing. Further investigations are needed to couple this *in vitro* method with *in vivo* experiments to validate changes in *C. difficile* growth, toxin production, and host cell adhesion after probiotic administration following challenge with *C. difficile* in spore and vegetative forms to assess the benefit of probiotic strains in preventing recurrence of *C. difficile* infection after initial antibiotic administration.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.



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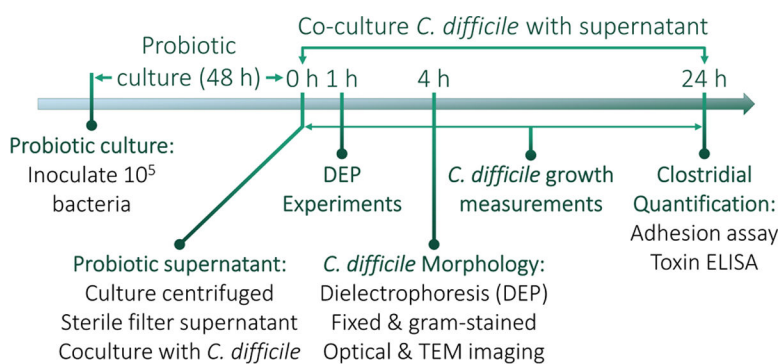
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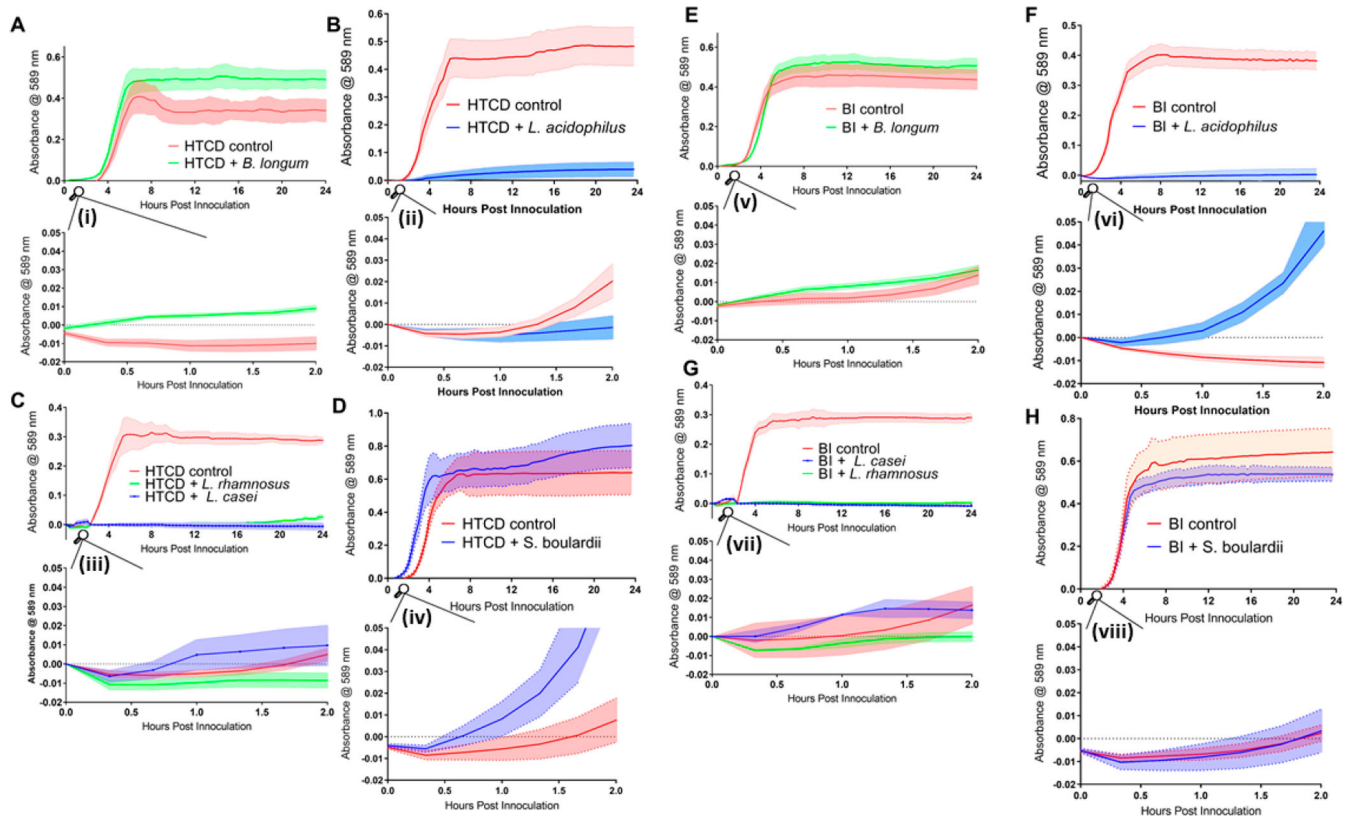
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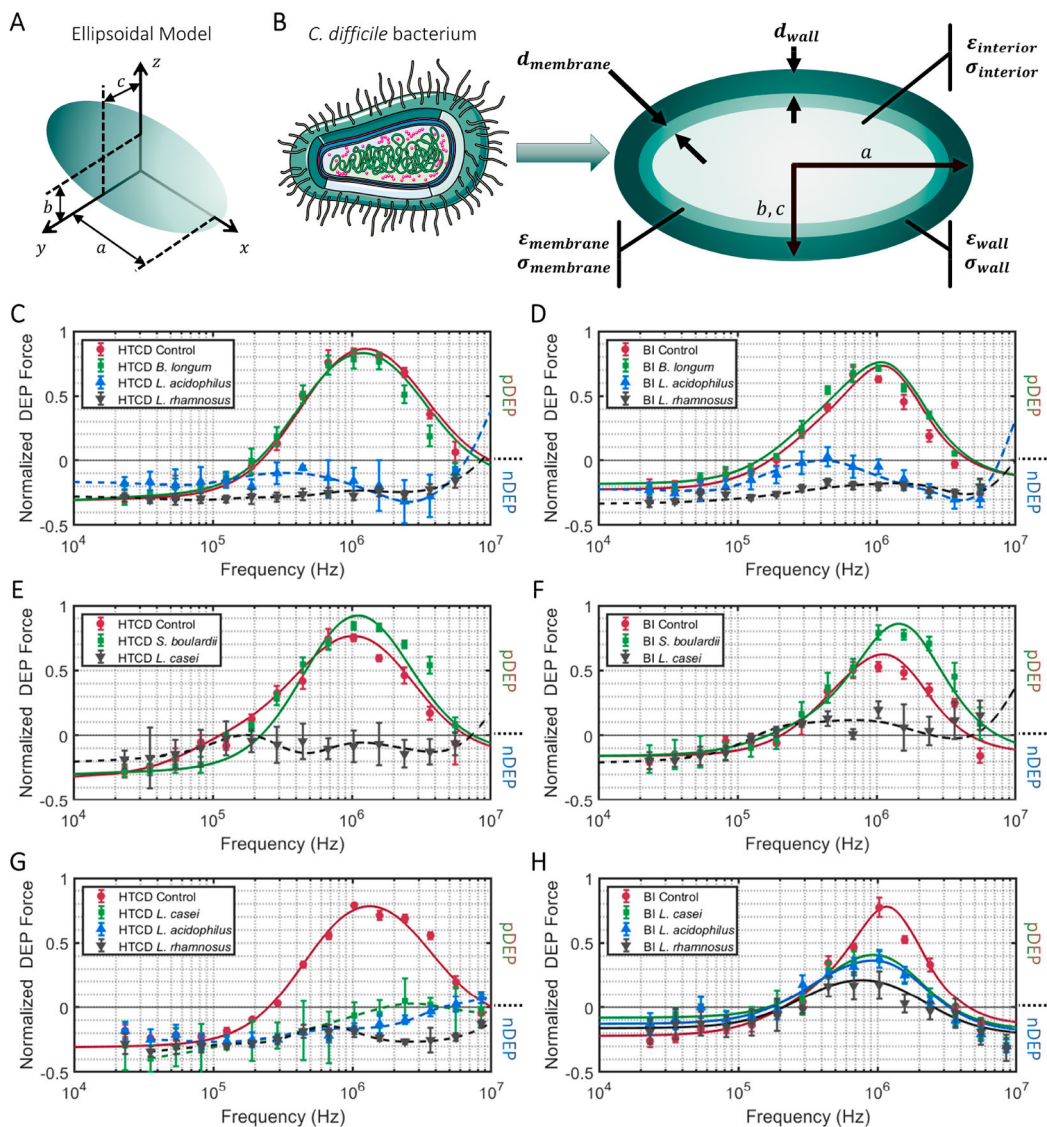
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**Figure 1.** Experimental timeline for coculture and analysis. Probiotic strains are inoculated and grown to stationary phase, with the OD600 measured after 48 h to quantify their growth.



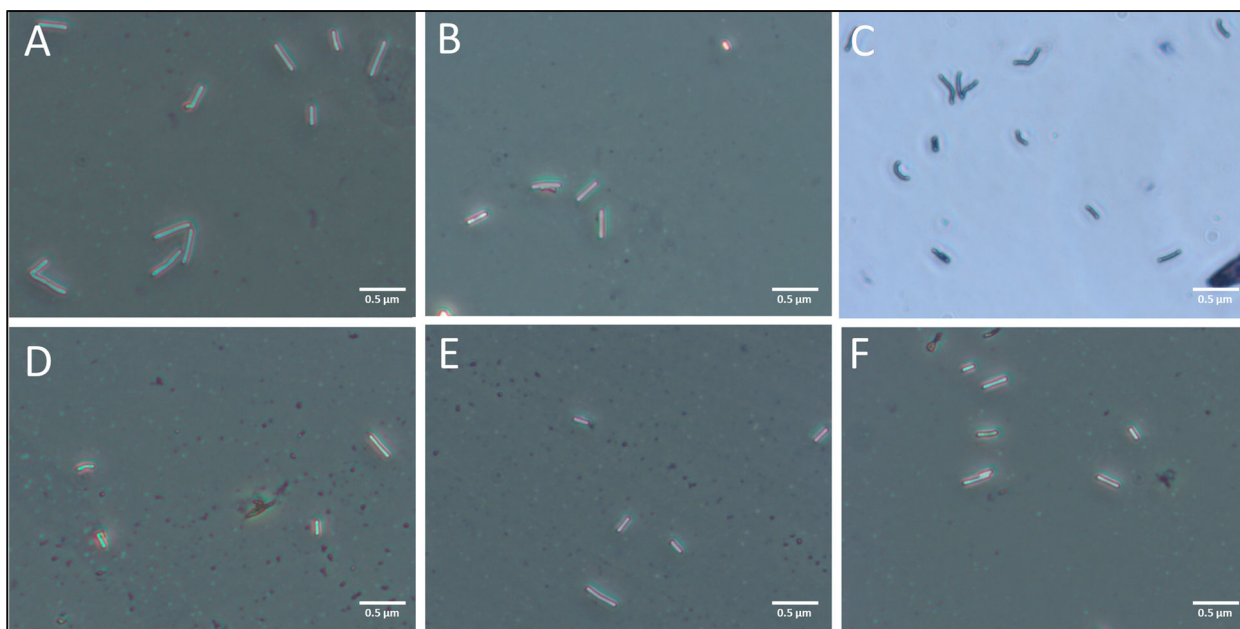
**Figure 2.** Growth of *C. difficile* HTCD (A–D) and BI strains (E–H) in supernatants of *B. longum*, *L. acidophilus*, *L. rhamnosus*, *L. casei*, and *S. boulardii* supernatants. Absorbance measurements were taken every 20 min for 24 h. The main plots show growth for 24 h, and the respective insets (i–viii) show growth from 0 to 2 h. Solid lines indicate absorbance at 589 nm, while the shaded space around the dotted lines represent errors (SEM values).



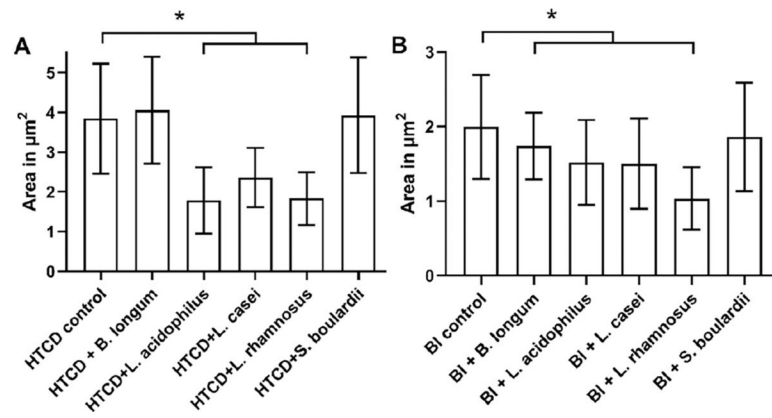
**Figure 3.**

Ellipsoidal multishell dielectric model for *C. difficile* based on its size and shape (A); its subcellular regions (B) were used to fit the DEP spectra of *C. difficile* (Section S2) after coculture in the indicated probiotic supernatants: (C and E) HTCD strain after 4 h of coculture; (D and F) BI strain after 4 h of coculture; (G) HTCD strain after 1 h of coculture; (H) BI strain after 1 h of coculture. Progressive subcellular disruption eliminates the sharp transition from nDEP to pDEP behavior.

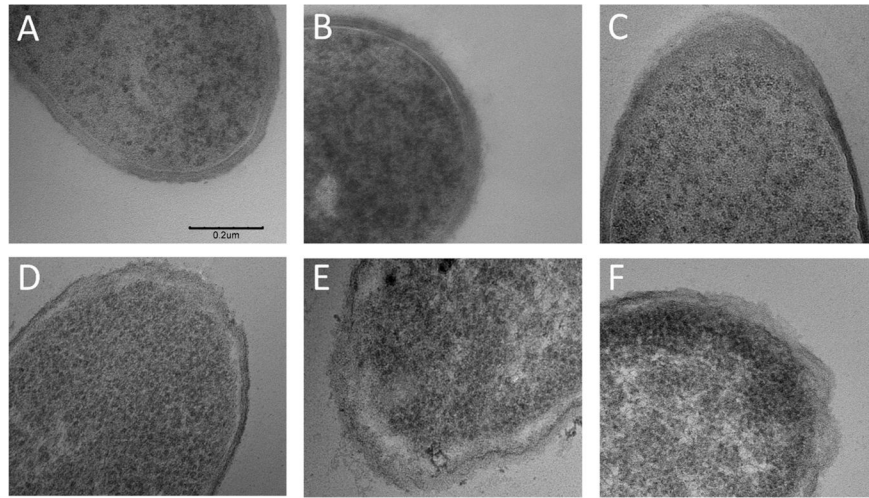




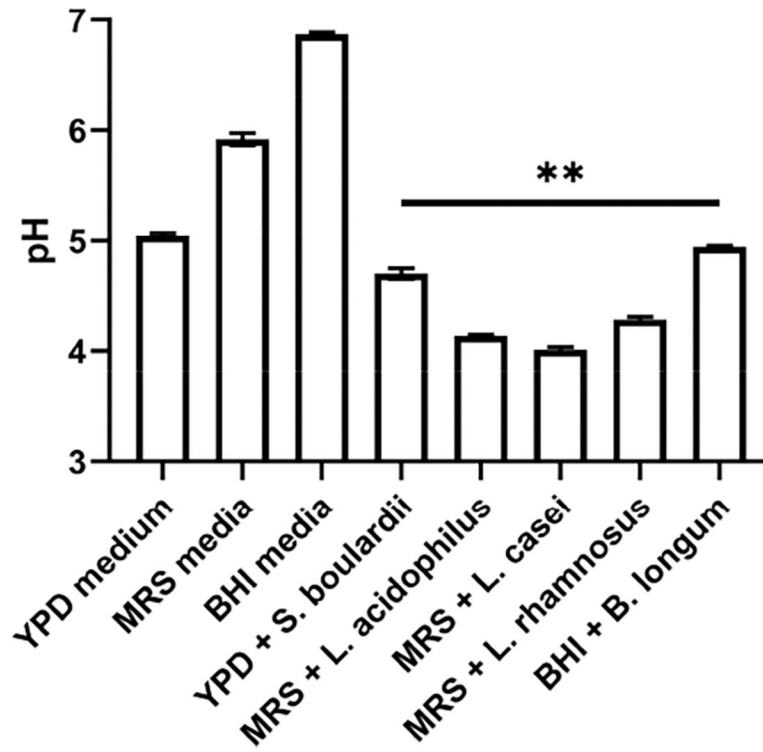
**Figure 4.** Representative images of gram stained HTCD taken at 400× magnification after coculture in supernatants of indicated probiotics: A: HTCD control, B: *B. longum*, C: *S. boulardii*, D: *L. acidophilus*, E: *L. casei*, F: *L. rhamnosus*.



**Figure 5.** Image analysis of (A) HTCD and (B) BI *C. difficile* strains after coculture in the indicated probiotic supernatants ( $*p < 0.05$ ).



**Figure 6.** TEM images (50 000 $\times$ ) of alterations to the cell wall structure of the HTCD *C. difficile* strain after 4 h of coculture with supernatants from the indicated probiotic bacteria: A: HTCD control, B: *S. boulardii*, C: *B. longum*, D: *L. rhamnosus*, E: *L. acidophilus*, F: *L. casei*. Scale bar is the same across the images and is indicated in A (same for B–F).



**Figure 7.** pH of media after 48 h of probiotic cultured separately in triplicate. YPD, MRS, and BHI are the culture media for the respective probiotic strains (\*\* $p < 0.01$ )

**Table 1.** Summary of Alterations to *C. difficile* Strains after Coculture in the Indicated Probiotic Supernatants

<i>C. difficile</i>	probiotic	growth	adhesion	toxins A/B	pDEP level	optical	TEM
(HTCD) VPI110463	<i>B. longum</i>	no alteration	improved	inhibited	strong pDEP	no alteration	no alteration
	<i>L. acidophilus</i>	much lower	lowered	inhibited	loss of pDEP	>50% area reduction	obvious wall damage
	<i>L. rhamnosus</i>	lowered	lowered	inhibited	loss of pDEP	significant reduction	some wall damage
	<i>L. casei</i>	much lower	no change	inhibited	loss of pDEP	significant reduction	obvious wall damage
	<i>S. boulardii</i>	no alteration	lowered	inhibited	strong pDEP	no alteration	no alteration
(BI) TL24	<i>B. longum</i>	no alteration	lowered	inhibited	strong pDEP	no alteration	not imaged
	<i>L. acidophilus</i>	much lower	improved	inhibited	loss of pDEP	significant reduction	
	<i>L. rhamnosus</i>	lowered	improved	inhibited	loss of pDEP	significant reduction	
	<i>L. casei</i>	much lower	improved	inhibited	loss of pDEP	significant reduction	
	<i>S. boulardii</i>	no alteration	no change	inhibited	strong pDEP	no alteration	