#### **REVIEW**



# **Mechanisms involved in normal and pathological osteoclastogenesis**

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#### **Abstract**

Osteoclasts are bone-resorbing cells that play an essential role in bone remodeling. Defects in osteoclasts result in unbalanced bone remodeling and are linked to many bone diseases including osteoporosis, rheumatoid arthritis, primary bone cancer, and skeletal metastases. Receptor activator of NF-kappaB ligand (RANKL) is a classical inducer of osteoclast formation. In the presence of macrophage-colony-stimulating factor, RANKL and co-stimulatory signals synergistically regulate osteoclastogenesis. However, recent discoveries of alternative pathways for RANKL-independent osteoclastogenesis have led to a reassessment of the traditional mechanisms that regulate osteoclast formation. In this review, we provide an overview of signaling pathways and other regulatory elements governing osteoclastogenesis. We also identify how osteoclastogenesis is altered in pathological conditions and discuss therapeutic targets in osteoclasts for the treatment of skeletal diseases.

**Keywords** Osteoclastogenesis · Osteoclasts · RANKL · RANK · MYC

### **Introduction**

Bone remodeling is a complex process involving the constant replacement of old, mature bone with the formation of new bone. Thus, bone remodeling is tightly regulated by a balance between bone resorption by osteoclasts and bone formation by osteoblasts. In addition to its resorbing activity, osteoclasts directly and indirectly regulate osteoblast activity and survival. As a result, hyperactivated osteoclasts in many pathological conditions can exceed bone formation by diminishing the activity of osteoblasts, leading to the pathological bone loss present in osteoporosis, rheumatoid arthritis, primary bone cancer, and skeletal metastases.

Osteoclasts are multinuclear giant cells that are responsible for bone resorption and derived from myeloid lineage cells in response to receptor activator of NF-κB ligand  $(RANKL)$   $[1-6]$  $[1-6]$  $[1-6]$ . In the presence of macrophage-colony stimulating factor (M-CSF), RANK, a signaling receptor for RANKL, is increased in myeloid precursor cells. RANKL

signaling promotes the diferentiation and fusion of preosteoclasts to become multinucleated mature osteoclasts, which tightly adhere in bone, release hydrogen ions, and acidify the interface between bone and osteoclasts, leading to bone resorption.

Recent advances in the understanding of osteoclastogenesis in physiological and pathological conditions provide a rational framework for developing targeted therapies to specifcally inhibit or slow down the progressive bone destruction associated with bone disorders. This review summarizes the current understanding of the molecular mechanisms that regulate osteoclast formation and activity in physiological and pathological conditions.

### **RANKL–RANK signaling**

Receptor activator of nuclear factor-κB (RANKL: TNFRSF11A, also known as TRANCE [[7](#page-7-0), [8](#page-7-1)], OPGL [[9\]](#page-7-2) and ODF [[10\]](#page-7-3)) has been identifed as a new member of the superfamily of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ). RANKL is expressed in many tissues such as skeletal muscle, skin, bone, brain, and lymphoid organs. The RANKL pathway plays an essential role in bone remodeling primarily through the regulation of osteoclast diferentiation, and also in osteoclast-independent mechanisms through the mediation of T-cell–dendritic cell interactions in the immune system [[11,](#page-7-4)

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[12](#page-7-5)], regulation of epithelial cell proliferation in mammary physiology and breast cancer [\[13](#page-7-6)], and control of the fever response in brain [\[14](#page-7-7)]. RANKL has three isoforms that are diferentially expressed in a cell-type specifc manner [\[15](#page-7-8)], although the functions of individual isoforms have not yet been clearly defned.

RANKL binds to its signaling receptor, receptor activator of nuclear factor-κB (RANK), which is expressed in many tissues and myeloid cells including osteoclast precursor cells and osteoclasts. The functions of RANK/RANKL have been clearly demonstrated by RANKL or RANK-deficient mice [[11,](#page-7-4) [16,](#page-7-9) [17\]](#page-7-10). Both RANKL-deficient mice

and RANK-defcient mice display bone abnormalities, such as severe osteopetrosis, a lack of mature osteoclasts, and a defect in tooth eruption. In addition, these mice exhibit defects in early diferentiation of T and B lymphocytes and lack all lymph nodes, demonstrating the importance of RANKL and RANK in lymph node organogenesis and lymphoid development.

Given the pivotal role of RANK/RANKL signaling in osteoclast biology, downstream signaling pathways of RANK/RANKL have been extensively studied (Fig. [1](#page-1-0)). Since RANK lacks intrinsic kinases activity, RANK/ RANKL interaction frst recruits TNF receptor-associated



<span id="page-1-0"></span>**Fig. 1** Signaling cascades on osteoclast diferentiation. Osteoclastogenesis requires the activation of RANK signaling as well as ITAM-mediated co-stimulatory signals. RANK/RANKL interactions recruit TRAF6 and activate downstream signaling pathways; NF-κB pathways and MAPK pathways including ERK, JNK, and p38. NF-κB, AP-1 (c-FOS), and MYC are important downstream transcription factors for osteoclast formation and induce the expression of NFATc1, a master regulator of osteoclastogenesis. RANK signals also activate the ITAM receptor-mediated signaling pathway. Syk is recruited to phosphorylated ITAM adaptors (DAP12 or FcR $\gamma$ ), and then, Btk/Tec and BLNK/SLP-76 form a complex with PLCγ2. ITAM signals and RANK signals cooperatively induce  $Ca^{2+}$  oscillation, activate  $Ca^{2+}$ -dependent signaling pathways, and synergistically induce NFATc1. *RANK* receptor activator of nuclear factor-κB, *RANKL* receptor activator of nuclear factor-κB ligand, *ITAM* immunoreceptor tyrosine activation motif, *DAP12* DNAX-activating protein 12, *FcRγ* Fc receptor common γ subunit, *TRAF6* TNF receptorassociated factors 6, *NF-κB* nuclear factor-κB, *aPCK* atypical protein kinase C, *IKK* IκB kinase, *TAK1* TGFβ-activated kinase 1, *Gab2* growth factor receptor-bound protein 2 (Grb2)-associated binder-2, *Syk* spleen tyrosine kinase, *PLCγ2* phospholipase Cγ2, *TAB* TAK1 binding protein, *MAPKs* mitogen-activated protein kinases, *JNK* c-Jun N-terminal kinase, *ERK* extracellular signal-regulated kinase, *AP-1* activator protein-1, *NFATc1* nuclear factor of activated T-cell cytoplasmic 1

factors (TRAF6) to a unique motif [Pro-X-Glu-X–X- (aromatic/acid residue)] in RANK [[18](#page-7-11)], activates TRAF6, and initiates downstream canonical signaling pathways. RANK also interacts with other TRAF family proteins such as TRAF1, 2, 3, and 5. Of these proteins, TRAF6, a RING-dependent ubiquitin kinase, is indispensable for osteoclastogenesis. Given that TRAF6-defcient cells have few or no osteoclasts and TRAF6-defcient mice exhibit an osteopetrotic bone phenotype [\[19,](#page-7-12) [20\]](#page-7-13), TRAF6 is considered the only TRAF protein required for RANKL-induced osteoclastogenesis. TRAF6 uses a scafolding protein p62 to interact with PKC or an adaptor protein TGF-beta activated kinase 1 binding protein 2 (TAB 2) to interact with TGF-beta-activated kinase 1 (TAK1), leading to the activation of IκB kinase 1/2 (IKK1/2) [[21\]](#page-7-14). TRAF6 complexes with TAK1 and MKK6 selectively activate p38 [\[22](#page-7-15)]. In addition to TRAF6, RANK has been shown to interact with many other proteins, including Gab2. Gab2 is an adaptor molecule that is phosphorylated by RANK signaling; phosphorylated Gab2 binds with RANK to control RANK signals [[23\]](#page-7-16). RANK signaling activates p38, ERK, JNK, AKT, and NFκB (canonical and non-canonical NF-κB) [\[24](#page-7-17)] and induces key transcription factors such as c-FOS [\[25\]](#page-7-18). RANK and ITAM immunoreceptor co-stimulatory signaling pathways also synergistically induce the expression of nuclear factor of activated T cells c1 (NFATc1), a master regulator of osteoclastogenesis [\[26](#page-7-19)[–28](#page-7-20)].

## **Immunoreceptor tyrosine‑based activation motif signaling**

Immunoreceptor tyrosine-based activation motif (ITAM) mediated signals have been identifed as co-stimulatory signals for RANKL-signaling pathways [[29](#page-7-21), [30\]](#page-7-22). ITAMbearing adapter proteins such as the  $\gamma$  chain of Fc receptor (FcRγ) and DNAX-activating protein of 12 kDa (DAP12) are associated with ITAM-bearing receptors. DAP12 is associated with immune receptors such as triggering receptor expressed on myeloid cells-2 (TREM2), myeloid DAP12 associating lectin-1 (MDL-1), and signal regulatory protein  $β1$  (SIRP $β1$ ). FcRγ chains are associated with osteoclastassociated receptor (OSCAR), paired Ig-like receptor-A (PIR-A), and FcγRs. ITAM signaling activates protein kinase Syk, downstream PLCγ2, and a complex of Btk/Tec kinase and BLNK/SLP-76 [[31\]](#page-7-23). This signaling induces calcium oscillation and then synergistically induces NFATc1 expression with RANK-signaling pathways.

Many studies have suggested a potential link between RANK-signaling pathways and ITAM-signaling pathways. Because Src family kinases phosphorylate ITAM receptors in immune cells, Src family kinases are viewed as candidate proteins that link RANK with ITAM signals.

Notably, Src-deficient mice exhibit osteopetrotic phenotype with dysfunctional osteoclasts [\[32,](#page-7-24) [33\]](#page-7-25). Inhibiting Src suppresses M-CSF-induced DAP12 phosphorylation [[34](#page-7-26)], while RANKL-induced DAP12 phosphorylation is diminished in Fyn-defcient cells [[35\]](#page-7-27). However, in the absence of Fyn, RANK is still associated with FcγR/DAP12, suggesting the involvement of other factors linking RANK with ITAM-mediated signals in osteoclasts. RANKL has been shown to activate Btk/Tec, which is specifically involved in PLCγ2 activation and thus links RANK signals to ITAM signals [\[31\]](#page-7-23). Furthermore, PLCγ2 complexes with Gab2 [[36](#page-7-28)], an interacting partner of RANKL-inducible early estrogen induced gene 1 (EEIG1) and Btk/Tec [[37](#page-7-29)]. Therefore, RANK-bound Gab2 as well as EEIG1 and PLCγ2/Btk/Tec complex may be physical connectors between RANK signals and calcium signals (Fig. [1](#page-1-0)).

Although FcRγ-deficient mice have a normal bone mass, DAP12-deficient mice have increased bone mass with impaired osteoclastogenesis [[29](#page-7-21), [38,](#page-7-30) [39\]](#page-7-31). FcRγ/ DAP12 double-deficient mice exhibit a severe osteopetrotic phenotype, due to attenuated activity of osteoclasts [[29,](#page-7-21) [30](#page-7-22)]. In humans, inactivating mutations of either DAP12 or TREM2 are linked to a disorder known as Nasu–Hakola disease (NHD) or polycystic lipomembranous osteodysplasia with sclerosing leukoencephalopathy (PLOSL). Correspondingly, human cells with functional mutations in DAP12 and TREM2 show inefficient and delayed diferentiation of osteoclasts with a remarkably reduced bone resorption capability in vitro [[40](#page-7-32)]. Downregulation of TREM2 expression by RNA interference in human cells and in the murine RAW264.7 results in defective osteoclastogenesis [[41](#page-8-0)]. TREM2-mediated signals also play an important role in IL-10-mediated inhibition of osteoclastogenesis [\[42\]](#page-8-1). However, TREM2-defcient mice exhibit an osteoporotic phenotype and accelerated osteoclast diferentiation through the suppression of M-CSFmediated proliferation [[43](#page-8-2)]. The role of TREM2 in osteoclastogenesis remains controversial.

ITAMs can generate inhibitory signals under certain circumstances, although ITAMs are typically associated with activating signals. This diversity of the ITAM-based signaling mechanism has been characterized in osteoclasts. For example, FcγRIIIA-defcient mice show low bone mass with an increased number of osteoclasts [\[44\]](#page-8-3). FcγRIIIA is an ITAM-associated receptor, but transduces an inhibitory signal for osteoclast diferentiation. In addition, the activation of FcγRIIa (human-specifc ITAM coupled FcγR) by IVIG suppresses osteoclastogenesis [\[45](#page-8-4)]. Under certain conditions, such as low calcium diet-induced bone loss, FcRγ/ DAP12 double-deficient mice also show comparable bone loss with wild-type mice. Therefore, further studies will be needed to understand the context-dependent ITAM-mediated signals during osteoclastogenesis.

# **Negative‑feedback mechanisms**

As the unbalanced regulation between osteoclasts and osteoblasts results in the development of pathogenesis bone diseases, osteoclast diferentiation and bone resorption must be stringently regulated to avert potentially harmful consequences. Therefore, it is essential that negative regulation acts at multiple levels in the RANKL-signaling cascade and that negative-feedback mechanisms are elicited to orchestrate positive and negative regulations in osteoclasts (Fig. [2](#page-3-0)). The interaction between RANKL and RANK is controlled by ostoprotegerin (OPG, TNFRSF11B), a decoy receptor for RANKL [\[46\]](#page-8-5). OPG competes with RANKL to bind to RANK. OPG-deficient mice develop osteoporosis with an increased osteoclastogenesis [[47](#page-8-6)] and OPG transgenic mice exhibit osteopetrosis [[46\]](#page-8-5). The alteration of the ratio of RANKL/OPG in vivo afects osteoclast formation and activity, supporting the essential role of the RANK/ RANKL/OPG system in fne-tuning osteoclast diferentiation and bone remodeling.

RANKL-signaling pathways induce several negative regulators to control excessive activation. A well-known example of a negative-feedback pathway is IFN $\beta$  [[48\]](#page-8-7). RANKL induces IFNβ, which subsequently suppresses RANKLinduced expression of c-FOS. In addition to RANK, RANKL interacts with another receptor, LRG4 (leucine-rich repeatcontaining G-protein-coupled receptor 4, also known as GPR48) [[49\]](#page-8-8). The binding of LRG4 to RANKL suppresses NFATc1 activation via Gαq and GSK3-β-signaling pathway. LRG4 expression is also induced by RANKL signaling and thus LRG4 functions as a negative-feedback loop. RANKLsignaling pathways are negatively regulated by interaction with other types of cells. IFNγ, one of the T-cell-produced



<span id="page-3-0"></span>**Fig. 2** Negative-feedback regulation of osteoclastogenesis. Osteoclastogenesis is regulated in multiple levels. OPG is a soluble decoy receptor for RANKL and competes with RANK for binding RANKL. The RANK/RANKL/OPG system has an essential regulatory role in osteoclast biology. LRG4 is a new receptor for RANKL and maintains the balance of RANKL-mediated activation by competing with RANK and suppressing the activation of NFATc1 via Gαq–GSK3β signaling pathway. RANK/RANKL interactions induce IFNβ via c-FOS. Then, IFNβ binds to its receptors and transduces negative signals to suppress the expression of c-FOS. RANK signals also downregulate the negative regulators of osteoclastogenesis such as BCL6, MAFB, IRF8, and ID2 to counteract NFATc1-mediated induction of osteoclast-specifc genes. *RANK* receptor activator of nuclear factor-κB, *RANKL* receptor activator of nuclear factor-κB ligand, *OPG* osteoprotegerin, *NFATc1* nuclear factor of activated T-cell cytoplasmic 1, *LRG4* leucine-rich repeat-containing G-protein-coupled receptor 4, *GSK3* glycogen synthase kinase 3, *IFNβ* interferon-beta, *BCL6* B-cell lymphoma 6, *MafB* V-maf avian musculoaponeurotic fbrosarcoma oncogene homolog B, *IRF8* interferon regulatory factor-8, *ID2* inhibitors of diferentiation 2

cytokines, suppresses osteoclastogenesis by inducing TRAF6 degradation [[50\]](#page-8-9) and/or downregulating RANK expression [\[51](#page-8-10)]. SEMA3A, secreted from osteoblastic cells, suppresses osteoclastogenesis by sequestering TREM2–DAP12-induced ITAM signals [\[52\]](#page-8-11). In addition, RANKL signaling suppresses negative regulators to lower the threshold for osteoclast differentiation. Several transcription factors such as BCL6, IRF8, MAFB, ID2, and EOS belong to this category [\[53\]](#page-8-12). For proper homeostatic function of osteoclasts, multiple levels of regulation occur during osteoclastogenesis.

#### **New versus old**

During osteoclastogenesis, pre-osteoclast cells fuse with each other to become multinucleated cells that resorb bone. These steps in osteoclast diferentiation require increased energy demand [\[54](#page-8-13)–[57\]](#page-8-14), and thereby, cells undergo metabolic adaptation. The important function of metabolic reprogramming in osteoclast diferentiation has been increasingly appreciated during the past several years and the molecules/ factors that drive metabolic reprogramming during osteoclast diferentiation have recently been uncovered. Several factors related to mitochondrial biogenesis and functions, such as peroxisome proliferator-activated receptor-gamma coactivator 1β (PGC1β), peroxisome proliferator-activated receptor γ (PPARγ), and estrogen-related receptor  $\alpha$  (ERR $\alpha$ ), play a fundamental role in osteoclast diferentiation and function. Such factors govern key metabolic processes by transcriptionally regulating distinct metabolic genes during osteoclast diferentiation as a part of bone remodeling [\[58–](#page-8-15)[61\]](#page-8-16). Recent studies have illuminated the key upstream regulator in metabolic reprogramming in osteoclasts by showing that MYC [[62\]](#page-8-17)- and DNMT3A [[63](#page-8-18)]-mediated regulation of oxidative respiration provides potential links between RANK signaling and metabolic reprogramming during osteoclastogenesis (Fig. [3\)](#page-5-0). Furthermore, osteoclastspecific MYC deficient mice exhibit increased bone mass due to defective osteoclast development and MYC defciency protects mice from osteoporosis-induced bone loss [\[62\]](#page-8-17). Targeting the pathways associated with metabolic reprogramming shows beneficial effects on pathological bone loss in a preclinical model of osteoporosis. Therefore, a deeper understanding of metabolic regulation in osteoclasts ofers broader translational potential for the treatment of human bone disorders.

### **RANKL‑independent osteoclastogenesis**

While studies on RANKL-independent osteoclastogenesis have been reported, several have failed to demonstrate the independent generation of osteoclasts in RANK or RANKL-deficient backgrounds. For example, lysyl oxidase (LOX) was originally identifed as a RANKL-independent stimulator of osteoclastogenesis [\[64\]](#page-8-19). However, a subsequent study revealed that LOX enhances osteoclastogenesis by amplifying RANKL signaling, but fails to induce osteoclast diferentiation in RANK or RANKLdeficient cells  $[65]$  $[65]$  $[65]$ .

Infammation, which characterizes several pathological conditions, has been associated with increased recruitment of osteoclasts and enhanced bone erosion [[66](#page-8-21)]. While infammation indirectly promotes bone loss by increasing osteoclastogenic factors such as M-CSF [[67](#page-8-22)] and RANKL [[68](#page-8-23)], it is reported that inflammatory cytokines directly drive osteoclastogenesis independent of RANKL. Tumor necrosis factor (TNF)- $\alpha$  is one of the major inflammatory cytokines and synergizes RANKL-induced osteoclastogenesis. In addition, TNF-α alone can induce osteoclastogenesis independent of RANKL/RANK signals [[69,](#page-8-24) [70\]](#page-8-25). However, whether an independent role for TNF- $\alpha$  in osteoclast diferentiation exists remains controversial, as the continuous presence of OPG has been shown to interfere with in vitro TNF- $\alpha$ -induced osteoclastogenesis [[71](#page-8-26)]. Recent studies reveal that both the combination of TNF- $\alpha$ with TGFβ  $[72]$  $[72]$  and the combination of TNF with IL-6 [[73,](#page-8-28) [74](#page-8-29)] promote osteoclast diferentiation independent of the RANK–RANKL system. TNF/IL-6-induced osteoclastogenesis is dependent on NFATc1, DAP12, and the IL6 receptor, but is independent of RANK [[74\]](#page-8-29). Furthermore, reduced but substantial bone erosion in infamed joints of the K/BXN serum-transfer arthritis model has been observed in inducible RANK-deficient mice  $[74]$  $[74]$ . These results suggest that infammatory mediators alone can induce osteoclast diferentiation and infammatory bone erosion.

Despite the emerging role of RANKL-independent osteoclastogenesis, controlling the RANKL–RANK pathways has been shown to have prominent efects on blocking bone erosion in infammatory arthritis. In human clinical trials, denosumab treatment has been shown to efficiently suppress systemic and articular bone erosion in patients with RA [[75,](#page-8-30) [76](#page-8-31)]. Bone erosion and osteoclastogenesis in mice carrying RANKL-defcient fbroblasts are also signifcantly diminished in infamed joints of both collagen antibody-induced arthritis and the collageninduced arthritis model [\[68](#page-8-23)], supporting the importance of the RANKL–RANK axis for bone erosion in RA. Better understanding of the role of infammatory cytokines in bone erosion and osteoclastogenesis in pathological conditions such as RA can provide valuable insights into the understanding of the pathogenesis of pathological bone erosion, and speaks to the additional beneft of cytokine blockers such as TNF blockers for infammatory arthritis by directly targeting osteoclastogenesis.



<span id="page-5-0"></span>**Fig. 3** MYC–ERRα axis in osteoclast diferentiation. RANKL stimulation activates downstream signaling molecules including c-Jun (AP1) and RelB (a signaling mediator in a non-canonical NF-κB pathway), and induces MYC expression. MYC stimulates the expression of ERR $\alpha$  and NFATc1 (shown in Fig. [1\)](#page-1-0). ERR $\alpha$  induces genes for mitochondrial oxidative phosphorylation and the MYC–ERRα axis plays an important role in mitochondrial oxidative phosphorylation during osteoclast diferentiation. The expression of PGC1β and other factors  $(X)$  is directly regulated by RelB and c-Jun and controls mitochondrial biogenesis. PGC1β also regulates the expression of c-FOS, a key factor of osteoclastogenesis. In addition, ERRα and PGC1β can form complexes in osteoclasts which have transcrip-

enhances transcriptional activity of ERRα. In this vein, cholesterolmediated enhancement of osteoclastogenesis is signifcantly reduced in ERRα-defcient mice. Although the role of PPARγ in in vivo bone resorption is controversial, rosiglitazone, a PPARγ agonist, increases bone loss and skeletal fragility by suppressing bone formation and enhancing bone resorption. PGC1β-defcient mice are resistant to rosiglitazone-induced bone loss. *ERRα* estrogen receptor-related alpha, *PGC1β* peroxisome proliferation-activated receptor-gamma coactivator 1b, *PPARγ* peroxisome proliferation-activated receptorgamma

### **Pathological bone erosion**

Progressive bone destruction contributes signifcantly to fractures, disabilities, and pain. Therefore, there is considerable interest in establishing a better understanding of the pathologic mechanisms involved in the process and in developing therapies that can arrest its events. With pathological conditions afecting the diferentiation, size, number, and activity of osteoclasts, osteoclasts have received substantial attention as a potential target for pathological bone resorption.

Bone erosion in pathological conditions results from excessive local bone resorption as well as poor bone formation, and is one of the clinical features of RA [[66](#page-8-21)]. Analysis of animal models of infammatory arthritis has been used to identify the molecular and cellular mechanisms underlying RA pathogenesis. The chronic inflammation that characterizes RA has thus been shown to be involved in the recruitment, diferentiation, and activation of osteoclasts and promotes focal bone erosions in patients with RA. Thus, to optimize anti-resorptive therapy for patients with RA, the pathophysiology of osteoclast-driven bone loss in infammatory conditions will need to be elucidated.

Moreover, inherited genetic bone diseases provide insight into the mechanisms of osteoclastogeneis. Paget's disease and familial expansile osteolysis (FEO) are rare, autosomal dominant conditions in which bone remodeling is enhanced and characteristic osteolytic lesions are present in long bone. In particular, Paget's disease is a focal bone disorder characterized by dysregulated osteoclast diferentiation and activity. Mutation in exon 1 of RANK, which results in a constitutively active form, has been identifed in Paget's disease bone (PDB). These results affirm the importance of RANKL/RANK signaling in osteoclasts. In addition, other functional mutations have been identifed in PDB. rs7528153 polymorphism in VAV3, Rho GEF (guanine-nucleotide exchange factors), has been shown to be associated with PDB [[77\]](#page-8-32). Although the role of VAV3 rs7528153 in osteoclastogenesis is unclear, the signifcance of the function of VAV3 rs7528153 in osteoclasts can be reasoned. Indeed, VAV3-defcient mice display increased bone density and thickness and VAV3 plays an important role in co-stimulatory signals during osteoclast diferentiation, and during the integrin signaling and cytoskeletal organization of mature osteoclasts [[78\]](#page-9-0). Osteopetrosis is a rare genetic bone disorder caused by functionally defective osteoclasts. Mutations in TCIRG1 (encode an osteoclastspecific  $\alpha$ 3 vacuolar proton pump) [[79\]](#page-9-1) and CLCN7 (encode an osteoclast chloride channel) [\[80\]](#page-9-2) explain nearly 70% of all patients with autosomal recessive osteopetrosis. Mutations in TCIRG1 and CLCN7 lead to the formation of defective osteoclasts that have impaired resorptive activity and impaired ruffled boarder which is induced by dysfunctional endosomal and lysosomal vesicle trafficking [\[81](#page-9-3), [82\]](#page-9-4). Therefore, discovery of the specifc mutations that cause defects in osteoclasts offers new potential candidates for controlling osteoclast formation and activity.

## **Closing remarks**

Osteoclasts have received considerable attention as a potential target for pathological bone resorption, and many therapeutic interventions targeting osteoclasts have been developed. Directly targeting RANK–RANKL interaction, such as with denosumab, a human antibody against RANKL, is a currently used therapeutic treatment of osteoclast-mediated bone loss [[83\]](#page-9-5). However, to develop optimal treatments and recovery for damaged bone in skeletal disorders, a number of aspects should be considered going forward. First, eforts to target osteoclasts should consider the infuence of the pathological environment, such as individual genetic background and environmental influence. The effect of different pathological status on osteoclast diferentiation and activity needs to be studied to comprehend and treat multifactorial bone disorder. Second, osteoclast-specifc therapy, which allows for the avoidance of the side effects that limit current therapies, has great potential as preferred forms of treatment. In addition to the essential role of RANKL signals in osteoclastogenesis, the RANK–RANKL network is involved in a wide range of biological processes. Targeting the RANK–RANKL axis may cause adverse side efects [[84\]](#page-9-6). Therefore, potential molecules/pathways that play a role in osteoclasts but not in other cell types must be identifed. Third, there is a need to develop a dual target therapy that simultaneously suppresses bone erosion and promotes bone repair. In many pathological conditions, after diseases are controlled and further bone erosions are prevented, repair of existing bone erosions is rarely observed. Bone stays as weak, and with a high risk of fracture, even after treatment for bone erosion. Thus, treatment promoting regeneration and bone repair should be considered together with antiresorptive therapies. In summary, a deeper understanding of the mechanisms involved in physiological and pathological osteoclastogenesis will be helpful in identifying new targets and developing potential therapeutic strategies of osteoclastmediated diseases.

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