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CT Radiomics for Differentiating Oncocytoma from Renal Cell Carcinomas: Systematic Review and Meta-Analysis

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Abstract

Background: Radiomics is a type of quantitative analysis that provides a more objective approach to detecting tumor subtypes using medical imaging. The goal of this paper is to conduct a comprehensive assessment of the literature on computed tomography (CT) radiomics for distinguishing renal cell carcinomas from oncocytoma.

Methods: From February 15th 2012 to 2022, we conducted a broad search of the current literature using the PubMed/MEDLINE, Google scholar, Cochrane Library, Embase, and Web of Science. A meta-analysis of radiomics studies concentrating on discriminating between oncocytoma and RCCs was performed, and the risk of bias was assessed using the Quality Assessment of Diagnostic Accuracy Studies method. The pooled sensitivity, specificity, and diagnostic odds ratio (DOR) were evaluated via a random-effects model, which was applied for the meta-analysis. This study is registered with PROSPERO (CRD42022311575)

Results: After screening the search results, we identified 6 studies that utilized radiomics to distinguish oncocytoma from other renal tumors; there were a total of 1064 lesions in 1049 patients (288 oncocytoma lesions vs 776 RCCs lesions). The meta-analysis found substantial heterogeneity among the included studies, with pooled sensitivity and specificity of 0.818 [0.619– 0.926] and 0.808 [0.537– 0.938], for detecting different subtypes of RCCs (clear cell RCC, chromophobe RCC, and papillary RCC) from oncocytoma. Also, a pooled sensitivity and specificity of 0.83 [0.498– 0.960] and 0.92 [0.825– 0.965], respectively, was found in detecting oncocytoma from chromophobe RCC specifically.

Declaration of interest

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The authors declare that they have no competing interests.

Conclusions: According to this study, CT radiomics has a high degree of accuracy in distinguishing RCCs from RO, including chRCCs from RO. Radiomics algorithms have the potential to improve diagnosis in scenarios that have traditionally been ambiguous. However, in order for this modality to be implemented in the clinical setting, standardization of image acquisition and segmentation protocols as well as inter-institutional sharing of software is warranted.

Keywords

Renal Cell Carcinoma; Oncocytoma; Machine learning; Systematic review; Clear Cell RCC; Chromophobe RCC; Papillary RCC

Introduction

Renal cell carcinoma (RCC) is the most common type of kidney cancer in the United States, accounting for around 3.64 percent of all cancer cases reported (1) . In the modern era, most renal tumors are incidentally discovered on imaging and present as small, localized entities (i.e., <4 cm). A retrospective analysis of 18,000 patients who underwent partial nephrectomy in the community demonstrated that more than 30% of all surgically excised small renal masses (SRMs) were consistently confirmed to be benign when the diagnosis was made only on the basis of $CT(2)$. Renal oncocytomas (ROs) are one of the most common benign renal lesions. Although presence of a central stellate scar has traditionally been cited as pathognomonic for RO, only 25–30% of such tumors have this finding (3). Additionally, about 20% of chromophobe RCCs may also have a central scar (4). As such, RO can often be difficult to diagnose on radiographic appearance alone from chromophobe; clear cell; and/or papillary RCC. While renal mass biopsy (RMB)is a management option for SRM, it is an invasive procedure with the potential for complications. Furthermore, intra-tumoral heterogeneity may affect the diagnostic accuracy of RMB; for instance, a chromophobe RCC may be falsely diagnosed as an oncocytic tumor based on sampling location, as chromophobe RCC and RO have overlapping histological and molecular characteristics, which makes distinguishing them radiographically and/or through RMB especially challenging (5–9). While it is critical to avoid surgery on benign kidney lesions, our current diagnostic approaches (i.e., traditional cross-sectional imaging and RMB) have limitations.

Radiomics is the quantitative analysis of images on a pixel or voxel basis. There is a growing interest and utilization of radiomics for both tumor characterization (e.g. grading and differentiation) and clinical prediction (e.g. survival) $(13-17)$. The contemporary usage of radiomics in RCC has mostly focused on increasing the accuracy of preoperative, noninvasive histologic subtyping of small renal tumors in order to betterinform management. (18) Given the large amount of features extracted from images (e.g., shape; intensity; and spatial relationship of voxels), radiomics is often paired with machine learning (ML) or deep learning (DL) in order to derive meaningful relationships between features and a relevant clinical outcome. In this study, we sought to conduct a systematic review and meta-analysis for studies utilizing CT based radiomics in order to differentiate ROs from (1) RCCs and (2) chRCC specifically.

Methods:

Search strategy

We conducted a search using PubMed/MEDLINE, Google scholar, Cochrane Library, Embase, and Web of Science on studies published from February 15th 2012 to 2022 in English. The following phrases were utilized in a search method that included a combination of keywords and medical subject headings (MeSH)/EMTREE terms: Search terms: (Radiomics OR Artificial Intelligence OR Machine learning OR Deep learning) AND (Kidney OR Renal) AND (Oncocytoma). This study is registered with PROSPERO (CRD42022311575).

Eligibility criteria.

The studies were chosen based on the following criteria: (1) Original full-text studies on CT radiomics clinical investigations to analyze the accuracy of identifying RO and RCCs(clear cell RCC(ccRCC), chromophobe RCC (chRCC), and papillary RCC (pRCC)), (2) Absolute numbers of patients with true positive (TP), false positive (FP), true negative (TN), and false negative (FN) results needed to be either found in published articles or recalculated in the manuscripts using other parameters (e.g., accuracy rate, sensitivity (SEN), specificity (SPE), positive predictive value (PPV), negative predictive value (NPV), and a total number of participants). (3) Patients' histopathological data was available, which served as a gold standard for comparing model performance.

Study selection and data extraction

The articles were screened independently by the 2 authors (NG, FH) based on the titles and abstracts using the Covidence systematic review software (Veritas Health Innovation, Melbourne Australia, available at www.covidence.org); those not meeting the inclusion criteria stated above were eliminated. If necessary, any disagreements in included articles between the two screeners were reconciled by a third author (PY). After this initial phase, the full texts of all remaining articles were independently reviewed by two authors (PY, FH) for inclusion or exclusion in the final study. Conflicts were resolved in the same way as during the initial screening phase (FDF). Two authors (FH, FDF) extracted the study characteristics from each included study. Disagreements with extracted data were resolved through discussion and consensus or by consulting a third member (NG) of the review team. The data included the following: author, year of publication, , machine learning algorithm, study design, accuracy, validity, sensitivity, specificity, PPV, NPV, and area under the curve (AUC).

Quality assessment of included studies

Since no established quality assessment tool focuses on machine learning methodology, we used a modification of the Quality Assessment of Diagnostic Accuracy Studies 2 (QUADAS-2) (20).

Data analysis

Published data were extracted and transformed into a datasheet using the reported truepositive, true-negative, false-positive, and false-negative values for distinguishing RO and RCCs. For the meta-analysis, the pooled SEN and SPE with 95% confidence intervals for diagnosis by AI were calculated using a random-effects model. Datasets were used to create forest plots and risk of bias graphs. The risk of publication bias was assessed using funnel plot and symmetry analysis. We plotted the 95% CI and prediction regions around the averaged accuracy estimates in the summary receiver operating characteristic (SROC) space, and the AUC was calculated. All statistical analyses were performed using R software, version 3.5.1 (R Foundation for Statistical Computing, Vienna, Austria, 2018).

Assessment of heterogeneity

Initially, statistical heterogeneity was evaluated informally from the forest plots of the study estimates and more formally using the I^2 statistic (I^2 > 50%=significant heterogeneity). A hierarchical summary receiver operating characteristic curve was also fitted. All studies were presented as a circle and plotted with the hierarchical summary receiver operating characteristic curve. The heterogeneity and threshold effect of the included studies were also determined. An I^2 test with $P < 0.1$ generally indicated significant heterogeneity.

Results

Research and selection of studies

Using the search terms specified above, 240 articles were initially identified from all databases. Finally, 162 articles were included after duplications removed. In addition, 106 papers were eliminated after being deemed irrelevant after reading their titles and abstracts. After reading the entire full texts, it was discovered that 13 publications were reviews or had no relevant data, while seven papers were unavailable for data extraction. In the end, six studies were included(Table 1, 2). The article selection procedure is depicted in Figure 1. We do not have available data to do meta-analysis to calculate sensitivity, specificity, AUC, and accuracy of radiomic algorithms to differentiate RO vs. individual RCC subtypes (i.e., ccRCC; pRCC; chRCC). However, we were able to do meta-analysis on RO vs. RCCs as a whole.

Quality assessment and publication bias

The quality of the included studies was evaluated using the QUADAS-2 checklist, and the results are shown in Figure 2. Overall, the quality of the studies that were included was satisfactory. Concerns about 'risk of bias' were raised when it was determined that 'patient selection' had problems that could imply bias in terms of inclusion (3 in group 2).

Heterogeneity test

Cochran-Q and I^2 were used to assess heterogeneity (Figure 3). When we used the best model performance in differentiating RO from RCCs as well as chRCC, we found high heterogeneity in pooled sensitivity and specificity among the included studies.

Study characteristics

Table 1 lists the features of the 6 studies that were included. They were all retrospective cohort studies. There were 1049 patients in total, with 1064 lesions were found (288 oncocytoma lesions vs 776 RCCs lesions). Patient's age ranged from 18 to 93. In the 6 studies that included data on CT slice thickness, 17 percent used CT slices with a thickness of 1–3 mm, while the rest used CT slices with a thickness of 5 mm. Figures 3 showed the results of the meta-analysis.

The pooled sensitivity, specificity, and odds ratio were 0.818 [0.619– 0.926], 0.808 [0.537– 0.938], and 17.777 [3.441–91.859], respectively for detection of RO from RCCs. (figure 3A, B, C) For identification of RO from chRCC specifically, the pooled sensitivity, specificity, and odds ratio were 0.83 [0.498– 0.960], 0.92 [0.825– 0.965], and 50.873 [8.792– 294.383], respectively. (figure 4A, B, C).

Discussion

Renal cancer incidence has grown from 1975 to 2016, owing mostly to increased incidental tumor detection on imaging investigations (21, 22). These tumors are frequently treated, although greater treatment has not resulted in a significant reduction in renal cancer mortality, raising concerns about overtreatment (2). As a result, improved risk categorization of incidentally detected cancers might help clinicians. Our findings suggested that CT radiomics has a strong diagnostic performance when it comes to distinguishing RO from RCCs, including RO from chRCC.

Granular cytoplasm is found in a subgroup of RCCs, the most prevalent of which are renal RO and chRCC (23). Both chRCC and RO arise from renal intercalated cells, accounting for 6–8% and 3–7% of all renal malignancies, respectively(24). ccRCC has a spectrum of imaging manifestations which may not always be distinguishable from oncocytoma.(25). Due to the overlapping radiological, histological, morphological, and histochemical characteristics, it is difficult for radiologists to identify malignant chRCC from benign renal RO in clinical work, even when relying on renal biopsy due to intratumoral heterogeneity. Despite the fact that some physiological parameters match, different management and follow-up procedures are used (26). From an oncologic standpoint, ROs do not require surgery due to their absent metastatic potential (27) while partial or radical nephrectomy is used to treat chRCC(28). As a result, distinguishing between chRCC and ROs is crucial when deciding on treatment options. The preferred and most prevalent non-invasive preoperative approach for the identification of renal tumorsis computerized tomography (CT), particularly dynamic contrast-enhanced (DCE)-CT. Due to overlapping imaging symptoms, radiologists still have difficulty distinguishing chRCC from RO (29).

Radiomics (13) is thus a promising technique for this diagnostic dilemma as it quantitatively assesses textures from medical images on a pixel basis, most of which is invisible to the human eye. It overcomes the potential sampling error of renal biopsy by comprehensively assessing the entire tumor (30–32) and has been employed as an imagingbiomarker for prognosis or prediction in a variety of studies (33, 34). Several studies have shown that

radiomics can help discriminate between benign and malignant tumors(35), as well as predict tumor stage and prognosis(36, 37).

On computed tomography (CT) images, Baghdadi et al. developed a machine learning algorithm that distinguished between clear ccRCC and ROs with 95% accuracy. They created their machine by segmenting normal and abnormal kidney tissue and then assigning peak early-phase enhancement ratio (PEER) to malignancies using 192 renal masses. With 100% sensitivity and 89 percent specificity, their system detected regions of interest and subclassified histologically proven malignancies (39). Zabihollahy et al. developed a convolutional neural network (CNN) that could classify solid renal cancers based on CT scans as well. With 83.5 percent accuracy and 89.05 percent precision, their approach distinguished RCC from benign tumors (40).

On the other hand, chRCC was not investigated as a prevalent kind of RCC. Yu et al. (41) used a CT-based texture analysis model to distinguish between 46 ccRCC, 41 pRCC, 22 chRCC, and 10 RO, among other renal malignancies ($n = 119$). Histogram and graylevel characteristics were used in the texture analysis. The gray-level features were poorto-fair discriminators of chRCC from RO, whereas the histogram feature median allowed classification of chRCC from RO with an AUC of 0.88.

With five machine learning classifiers, Li et al(4). established a CT-based radiomics technique that focused on the differential diagnosis of RO from chRCC. Radiomics characteristics were used to extract 1029 features from 17 RO and 44 chRCC. With AUC values more than 0.850, all five classifiers demonstrated good diagnostic performance. However, the RO sample size was limited, and clinical considerations (such as conventional imaging characteristics) were not taken into account in the analysis. Xiaoli Li et al.(42) enlisted 47 RO and 94 chRCC in their study, and all features were retrieved from the radiomics signature. In the validation set, the diagnostic performance of the clinical model, the radiomics signature, and the radiomic nomogram was 0.895, 0.957, and 0.988, respectively. When compared to prior radiomics studies, they exhibited several differences and advances. First, they focused on distinguishing RO from chRCC in patients with a central scar, as this is a common cause of misinterpretation in clinical practice. Second, because RO is a very uncommon renal tumor, just 47 individuals were enrolled in their study. This is, to our knowledge, the biggest number of samples used to distinguish RO from chRCC using radiomics signature. Third, the diagnostic performance of various models was evaluated using an external validation data set. The radiomics nomogram's AUC in the validation data set was 0.988, indicating that the model had good diagnostic performance in the validation data set. This also implies a good predictive value on unfitting new data, demonstrating its robustness and predictive capacity.

However, the most useful predictor for distinguishing RCC from benign renal tumors, lp-AML from RCC, and RO from chrRCC was shown to be entropy. The randomness or irregularity of the grey-value distribution is represented by entropy, and heterogeneous tumors have a higher entropy(43). When compared to benign kidney tumors, RCC had consistently higher entropy. At fine spatial filter (SSF2), entropy greater than 5.62 exhibited a high specificity of 85.7 percent but a low sensitivity of 31.3 percent for predicting

RCCs. In comparison to benign renal tumors, RCC showed decreased mean pixel value and maximum positive pixcel in addition to higher entropy. RCC, particularly ccRCC, is prone to degenerative alterations and central necrosis, which is the underlying cause. As a result, the average tumor attenuation is reduced(44–47). In the study by Deng et al.(48) RO had a higher entropy than chrRCC. A central stellate scar, haemorrhage, and a spoked-wheel enhancement pattern are all typical in RO, creating significant radiological intra-tumoural heterogeneity on post-contrast imaging, according to one theory(49–51). These findings backed up a prior study that revealed that RO had a higher standard deviation (SD) of attenuation values than chrRCC(49). Deng et al. also discovered a skewness difference between RO and chrRCC. The asymmetry of the histogram is measured by skewness. The left side of the histogram's tail is longer than the right side, indicating negative skew(52). RO had a higher skewness than chrRCC at both medium and coarse spatial filters, indicating more radiological tumor heterogeneity.

There are various drawbacks to this study. To begin with, the sample size of most studies were modest, which could be due to the low clinical incidence of chRCC and RO and it may cause overfitting. The study's most significant drawback is the minimal number of studies in this field for renal cell masses, as we had to exclude studies that compared various subgroups and reported different results, such as mean sensitivity and specificity. Second, because most studies had retrospective design conducted at a single location, generalizability is limited. Furthermore, studies that employed MRI to detect these groups were omitted. Furthermore, the variation process used in radiomics analysis, which is based on the numerical extraction technique to image analysis, could influence the outcomes of research due to bias and variance, rather than underlying physiological effects. Image capture, segmentation, feature engineering, statistical analysis, and reporting format standards should be developed to improve the reliability and generalization of ML-based radiomics research.

Conclusion

CT radiomics has a high degree of accuracy in discriminating RCCs from RO including chRCCs from RO, according to this study. However, a consistent approach and extensive sample-based inquiry are required to ensure the diagnostic accuracy of CT radiomics.

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Highlights

- **1.** CT radiomics has a high degree of accuracy in distinguishing RCCs from renal oncocytomas (ROs), including chRCCs from ROs
- **2.** Radiomics algorithms have the potential to improve diagnosis in scenarios that have traditionally been ambiguous
- **3.** For this modality to be implemented in the clinical setting, standardization of image acquisition and segmentation protocols as well as inter-institutional sharing of software is warranted.

Figure 1. Prisma chart for included studies

Figure 2.

Summary of QUADAS-2 assessments of included studies

Α

Figure 3;

Forest plot for sensitivity(A), specificity(B), and odds ratio(C) of CT radiomics for differentiating between oncocytoma from renal cell carcinomas

Figure 4;

Forest plot for sensitivity(A), specificity(B), and odds ratio(C) of CT radiomics for differentiating between oncocytoma from chromophobe renal cell carcinomas.

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Table 1.

Characteristics of related studies comparing RO with RCCs.

RO, renal oncocytoma; MLA, machine learning algorithm; CNN, Convolutional Neural Networks; SVM, support vector machine; UP, Unenhanced phase; CMP, corticomedullary phase; NP, nephrographic phase; GLCM, gray-level co-occurrence matrix; GLSZM, gray-level-size zone matrix; GLRLM, gray-level run-length matrix; NGTDM, gray-tone difference matrix; GLDM, gray-level-dependence matrix

Table 2.

Information of five studies with unavailable data.

RO, renal oncocytoma; MLA, machine learning algorithm; CNN, Convolutional Neural Networks; SVM, support vector machine; UP, Unenhanced phase; CMP, corticomedullary phase; NP, nephrographic phase; GLCM, gray-level co-occurrence matrix; GLSZM, gray-level-size zone matrix; GLRLM, gray-level run-length matrix; NGTDM, gray-tone difference matrix; GLDM, gray-level-dependence matrix