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Ganglioside-Enriched Phospholipid Vesicles Induce Cooperative Aβ **Oligomerization and Membrane Disruption**

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Abstract

A major hallmark of Alzheimer's disease (AD) is the accumulation of extracellular aggregates of amyloid- β (A β). Structural polymorphism observed among A β fibrils in AD brains seem to correlate with the clinical subtypes suggesting a link between fibril polymorphism and pathology. Since fibrils emerge from a templated growth of low-molecular-weight oligomers, understanding the factors affecting oligomer generation is important. Membrane lipids are key factors to influence early stages of $A\beta$ aggregation and oligomer generation, which cause membrane disruption. We have previously demonstrated that conformationally discrete $A\beta$ oligomers can be generated by modulating the charge, composition, and chain length of lipids and surfactants. Here, we extend our studies into liposomal models by investigating $\Delta \beta$ oligomerization on

Supporting Information

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The authors declare no competing financial interest.

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DLS data showing size of LUVs for DMPC, LR, and TBE; structures of GM1 and GM3 gangliosides; quantification of lipidassociated within isolated oligomers; and tables showing parametric values for computing rate constants for model simulation of $A\beta$ oligomerization (PDF)

large unilamellar vesicles (LUVs) of total brain extracts (TBE), reconstituted lipid rafts (LRs), or 1,2-dimyristoyl-sn-glycero-3-phosphocholine (DMPC). Varying the vesicle composition by specifically increasing the amount of GM1 gangliosides as a constituent, we found that only GM1 enriched liposomes induce the formation of toxic, low-molecular-weight oligomers. Furthermore, we found that the aggregation on liposome surface and membrane disruption are highly cooperative and sensitive to membrane surface characteristics. Numerical simulations confirm such a cooperativity and reveal that GM1-enriched liposomes form twice as many pores as those formed in the absence GM1. Overall, this study uncovers mechanisms of cooperativity between oligomerization and membrane disruption under controlled lipid compositional bias, and refocuses the significance of the early stages of $A\beta$ aggregation in polymorphism, propagation, and toxicity in AD.

Graphical Abstract

INTRODUCTION

Alzheimer's disease (AD) is a neurodegenerative disorder associated with deposition of extracellular plaques composed of amyloid- β (A β) aggregates in the brain. A β peptide is generated by the sequential cleavage of transmembrane amyloid precursor protein (APP) by β and γ secretases and is subsequently released into the extracellular space.¹⁻³ Monomeric $A\beta$ is intrinsically disordered and undergoes near spontaneous aggregation toward high-molecular-weight insoluble fibrils involving sigmoidal growth kinetics.⁴⁻⁶ The low-molecular-weight soluble oligomers generated during aggregation are known to be the primary toxic species in early stages of AD pathology that impair hippocampal synaptic plasticity and cause blockage of long-term hippocampal potentiation (LTP) .⁷⁻⁹ A few mechanisms by which the oligomers impart toxicity are membrane disruption via pore formation, release of reactive oxygen species (ROS), astrocytosis, and microglial activation.¹⁰⁻¹³ It has been long hypothesized that being closely associated with $A\beta$, membrane lipids, and surfactants are likely to interact and generate conformationally diverse low-molecular-weight oligomers.^{12,14-17} Lipids play an important role in the early stages of $A\beta$ aggregation that dictates oligomer generation. ¹⁸⁻²⁰ We demonstrated that micelleforming lipids including fatty acids, lysophospholipids, and gangliosides can induce distinct conformational oligomers that have discrete cellular and pathological functions.21 Many of

these oligomers are toxic to neuroblastoma cells¹⁸ and induce cerebral amyloid angiopathy (CAA) in transgenic CRND8 mice.¹⁷

Extensive investigations in the past have revealed that the kinetics and structural dynamics of $A\beta$ aggregation are influenced by membrane components and constitution. Liposomes containing anionic phospholipids, sphingomyelins, and sterols have been reported to cause rapid amyloid formation.²²⁻²⁵ Furthermore, aggregation rates of $A\beta$ are modulated differently depending on the surface charges on small unilamellar vesicles (SUVs) containing negatively charged phosphoglycerol (PG) and neutral phosphocholine (PC) or on large unilamellar vesicles (LUVs) containing a mixture of PC/PS or PC/PG lipids.^{26,27} In addition, other membrane components such as cholesterol and gangliosides have also been known to influence membrane $A\beta$ interaction.^{28,29} Accelerated membrane disruption by A β has been observed in ganglioside-containing model membrane systems.¹³ A β has been observed to preferentially bind to regions containing GM1 in raft-like lipid vesicles enriched with GM1 and cholesterol and augment aggregation, $24,30-35$ and morphologically distinct $A\beta$ fibril polymorphs have been known to form in the presence of GM1 containing model vesicles.36 Furthermore, cell membrane and its components also facilitate membrane disruption and pore formation by $A\beta$ aggregation.^{13,37,38} However, since the formation of low-molecular weight oligomers is influenced the most by lipids, it remains unclear whether oligomerization and membrane disruption are discrete events that are temporally decoupled from one another or the two have a synergistic relationship. To address this question, here we enriched GM1 ganglioside in varying amounts on LUVs and SUVs of 1,2-dimyristoyl-sn-glycero-3-phosphocholine (DMPC), reconstituted lipid rafts (LR), and total brain extract lipid (TBE) to see the dynamics of $A\beta42$ (referred from here on as Aβ) oligomerization and membrane disruption. We observed that a high percentage of GM1 ganglioside doping generates distinct low-molecular-weight oligomers of $A\beta$ that can be isolated in a lipid-complexed form. More interestingly, oligomerization and membrane disruption seem to be cooperative. Numerical simulations uncover that GM1 doping forms trimeric oligomers that form pores, which further assists aggregation of oligomers toward high-molecular-weight species. On the contrary, addition of preformed aggregates to the vesicles forms pores in a more abrupt manner. These results provide new mechanistic insights into the possible role of gangliosides in the membrane surface toward synergistic $A\beta$ oligomerization and toxicity.

EXPERIMENTAL PROCEDURES

Materials.

Size exclusion chromatography (SEC) column (Superdex-75 HR 10/30) was purchased from GE Life Sciences (Marlborough, MA). DMPC, 1-palmitoyl-2-oleoyl-glycero-3 phosphocholine (POPC), 1-palmitoyl-2-oleoyl-glycero-3-phosphoethanolamine (POPE), sphingomyelin, cholesterol, and total brain lipid extract (TBE) were purchased from Avanti Polar Lipids, Inc. (Alabaster, AL. Tris base, Tris hydrochloride, and SDS were purchased from Sigma-Aldrich (St. Louis, MO) or Thermo Fisher Scientific, Inc. (Waltham, MA). Other chemicals, reagents, and consumables were purchased from either VWR, Inc. (Radnor, PA) or Thermo Fisher Scientific, Inc. (Waltham, MA). The monoclonal antibody

Ab5 was obtained from Dr. Levites at the University of Florida (Gainesville, FL). Liposome extrusion system was purchased from Avanti Polar Lipids, Inc. (Alabaster, AL). The plasmid, pET-Sac $A\beta(M1-42)$ was obtained from ADDGENE.

Recombinant Aβ **Expression and Purification.**

Recombinant $A\beta$ (A β (M1–42)) was recombinantly expressed in BL21(DE3) PlysS Star Escherichia coli cells. Cells were grown in LB broth and induced for 16 h and subsequently harvested and lysed by sonication to obtain inclusion bodies. Inclusion bodies were resuspended in 6 M urea and filtered with a 0.2μ m hydrophilic PVDF filter. The filtrate was directly subjected to high-performance liquid chromatography (HPLC) using a Zorbax C8 column preheated at 80 °C. Purified Aβ was lyophilized and stored at −80 °C for further use.³⁹ To obtain monomers, HPLC-purified $A\beta$ (0.5–1 mg) was resuspended in 490 μ L of nanopure water and allowed to stand for 30 min. NaOH was then added to the mixture to a final concentration of 10 mM and was allowed to stand for 10 min at room temperature. The mixture was then loaded onto a Superdex-75 HR 10/30 SEC column pre-equilibrated with 20 mM Tris pH 8.00 and attached either to an AKTA FPLC system (GE Healthcare, Buckinghamshire) or a BioLogic DuoFlow system (BioRad) fractionating at a flow rate of 0.5 mL/min at 25 °C. Monomers were eluted between fractions 24 and 28. The buffer pH maintained at 8.0 provides slightly better yields than that at pH 7.0. The molar concentration of each monomer fraction was determined by UV absorbance collected using a Cary 50 UV– Vis spectrometer (Agilent Technologies, Inc., Santa Clara, CA) and subsequently applying Beer–Lambert's law $\varepsilon = 1450 \text{ cm}^{-1} \text{ M}^{-1}$ at 276 nm. The purity and integrity of the peptide were confirmed using matrix-40 assisted laser desorption/ionization (MALDI) time-of-flight mass spectrometry. Purified monomers were stored at 4 °C and used for the experiment within the same day of purification.

Liposome Preparation.

LUVs were prepared as done previously.13,41-44 DMPC, POPC/POPE/ sphingomyelin/ cholesterol in 33/33/10/20% by weight (for LR), and TBE liposomes were constructed from a 1:1 chloroform/methanol solution of lipids stocks. The solution was gently dried under nitrogen flow and then placed in a vacufuge with desiccant overnight to further evaporate any residual solvent. The dried lipid film was then rehydrated with either a buffer solution (10 mM phosphate or 20 mM tris buffer, pH 8.0) or a buffer solution containing doping agent 10–50% (by weight) of GM1 or GM3 for DMPC or LR and TBE, respectively, to yield a final concentration of 1 mg/mL. The hydrated lipids were vortexed for 1–1.5 h at 37 °C and subjected to 15 freeze–thaw cycles with liquid nitrogen and water bath at ~50 °C. The resulting solution was extruded 25 times through a 200 nm (for LUVs) polycarbonate nucleopore membrane filter (Whatman) with a mini extruder to obtain unilamellar vesicles. The size of the vesicles was confirmed with DLS collected using a Zetasizer Nano S instrument (Malvern, Inc., Worcestershire, U.K.) as described below.

Thioflavin-T Kinetics.

 $A\beta$ monomers (25 or 10 μ M) was incubated with 0.3 mg/mL DMPC/TBE/raft-like reconstituted (LR) LUVs/SUVs in either 20 mM Tris or 10 mM sodium phosphate buffer (pH 8.00) in the presence of 50 mM NaCl and 50 μ M ThT. Physiological 150 mM salt

concentration was avoided due to precipitation of lipids and to avoid parallel on-pathway fibrillation reactions of Aβ42. Kinetics were read in corning black 96-well plates in a Biotek Synergy well plate reader at 37 °C monitored every 30 min with shaking for 10 s before every read. The fluorescence data were processed and normalized from 0 to 1 using Origin 8.0 as done earlier.⁴⁵

Isolation of Oligomers.

Aβ oligomers were generated by incubating freshly purified $A\beta$ monomer (25μM) with the specified LUVs/SUVs in the conditions listed below: 0.3 mg/mL DMPC LUVs; 0.3 mg/mL lipid raft LUVs; 0.3 mg/mL TBE LUVs. Additionally, 50 mM NaCl was added to all reactions prior to incubation at 37 °C under quiescent conditions for 5 h. The samples were then pelleted by centrifugation at 18 000g for 20 min, and the soluble supernatant was subjected to SEC as described above. Fractions of 500 μ L were collected, and A β oligomers were found to be in the 16–17th fraction. The molar concentration after isolation was determined by UV–vis spectroscopy, as described above. Samples were either stored at 4 °C and used for experimentation within 72 h or lyophilized and kept at −80 °C for extended storage prior to experimentation. The size of the oligomers was confirmed with DLS.

Electrophoresis and Immunoblotting.

Samples were run in partial-denaturing, SDS PAGE gel by diluting samples in 1× Laemmli loading buffer, without boiling, onto either 4–12% NuPAGE or 4–20% Bis-Tris BioRad TGX gels. For molecular weight determination, prestained molecular-weight markers (Novex Sharp Protein Standard, Life Technologies) were run in parallel with samples on the gel. Proteins were transferred onto a 0.2 μm immunoblot membrane (BioRad) using a thermo scientific transfer cassette for 15 min. Subsequently, the immunoblot with protein was boiled for 1 min in a microwave oven in $1 \times PBS$, followed by blocking for 1.5 h at 25 °C in $1 \times$ PBS containing 5% nonfat dry milk with 1% Tween 20. Blots were then probed overnight at 4 °C with a 1:6000 dilution of Ab5 monoclonal antibody, which detects amino acids 1–16 of $A\beta$. Following primary incubation, blots were probed with a 1:6000 dilution of anti-mouse, horseradish peroxidase-conjugated secondary antibody for 1.5 h at 25 °C before being imaged using a Super Signal West Pico Chemiluminescent Substrate kit (Thermo Fisher Scientific).

Dye Leak Assay.

Lipid stocks, DMPC, POPE/POPC/sphingomyelin/cholesterol (in proportions described above for LR), and TBE stored in 1:1 chloroform/methanol were dried under liquid nitrogen and vacuufuged overnight as described previously^{13,43,44,46} and rehydrated with 15 mM 6-carboxy-fluorscein (6 -FITC) in 10 mM sodium phosphate buffer pH 8.00. The rehydrated lipid–dye mixture was subjected to 15 freeze–thaw cycles and subsequent extrusion with 200 nm polycarbonate nucleopore membrane filter (Whatman) with on a mini extruder to obtain dye-filled LUVs. The excess dye in the solution was separated from dye-filled LUVs using 7 kDa desalting columns preequilibrated with 10 mM sodium phosphate buffer pH 8.00 centrifuged at 500g for 30 s. The size of the LUVs was confirmed using DLS as mentioned below. The leakage of dye was confirmed by comparing the fluorescence

intensity (λ_{Ex} : 490nm; λ_{Em} : 595nm) of intact dye-encapsulated liposomes and 2- to 3fold increased intensity upon complete rupture of liposome upon addition of 0.2% Triton X-100.44 The percent dye leak is calculated by the difference between the dye leak intensity of LUVs with the protein and blank divided by the difference between the dye leak intensity of LUVs with Triton $X-100$ and blank LUVs as done previously.¹³

Dynamic Light Scattering (DLS) Analysis.

DLS was obtained with a Zetasizer Nano S instrument (Malvern, Inc., Worcestershire, U.K.) by running a total of 15 runs for 10 s each for every sample after equilibration for 30 s. The data were exported using manufacturer's software and plotted using OriginLab 8.0

Fourier Transform Infrared (FTIR) Spectroscopy.

FTIR spectra were obtained with an Agilent FTIR instrument (Cary-630) with dial-path accessory. Lyophilized protein samples ($Aβ$ isolated oligomers/monomers) (45–50 μg) were resuspended in 5 μ L of D₂O and samples were scanned from 1500 to 1800 cm⁻¹ at a resolution of 4 cm−1. A total accumulation of 1024 spectral scans was obtained per sample, and data were processed by subtracting the blank D_2O spectra and baseline correction using OriginLab8.

Circular Dichroism (CD) Spectroscopy.

CD spectra of the oligomers/monomers were obtained using a Jasco (Easton, MD) J-815 spectropolarimeter. An average of 6–16 spectral scans were obtained in the far-UV region (260–190 nm) at a rate of 50 nm/min (8 s response time, 1 nm bandwidth, 0.1 nm data pitch). Savitzky-Golay algorithm with a convolution width of 15 was used to smoothen the spectra in the Jasco spectrum analysis program.

Cell Viability XTT Assay.

Cell viability was measured using 2,3-bis(2-methoxy-4-nitro-5-sulfophenyl)-5- [(phenylamino)carbonyl]-2H-tetrazolium hydroxide (XTT) assay kit (Biotium) using our previously established protocol.45 Briefly, experiments were carried out in human neuroblastoma SH-SY5Y cell lines (ATCC) grown in DMEM and Ham's F12K (1:1) medium containing 10% FBS and 1% penicillin/streptomycin. Cells were maintained at incubator conditions set to a temperature of 37 $^{\circ}$ C and 5.5% CO₂. The cells were seeded at a density of 30 000 per well in a clear bottom 96-well plate 24 h prior to oligomers incubation. Oligomers were incubated at 2.5 μ M concentration for 24 h prior to performing XTT assay. All experiments were done in triplicates, and statistical analysis and data processing were carried out using Origin 8.0.

Model Simulations.

We have used a system of ordinary differential equations (ODEs) to simulate and fit the experimental data as shown previously.47-49 Parameter estimation is solved as an optimization problem in ODE systems by minimizing the objective function that calculates the deviation between simulated and experimental data. Optimization methods can be gradient-independent or gradient-based; the former method is theoretically less susceptible

to stochastic noise than the latter method. Hence, in this case of stochastic optimization, we have used gradient-free metametaheuristics^{50,51} as our algorithm for parameter estimation. The following modeling abstraction was used in this study.

Parameter Estimation in ODE Models.

Parameter estimation in ODE models is a popular method used in the biochemical domain. It is solved as an optimization problem where an objective function that calculates the deviation between the simulated and experimental data is minimized. A plethora of prior works have used heuristic global and local search methods in stochastic systems to estimate optimal parameter values from this optimization problem. However, the embedded noise can bring in errors in the gradient estimation in such methods. On the other hand, derivative-free optimization methods avoid the computation of derivatives of the objective function, and hence, they are less prone to stochastic noise. Our $A\beta$ competing pathways model using the ensemble kinetic simulation-based method also needs a gradient-free parameter optimization algorithm as it consists of several biochemical reactions from the competing pathways that makes the gradient-based models less effective. In fact, we reported the performance of different optimization methods for the competing pathways simulation in ref 50 and validated that derivative-free methods work best in this context.

Parameter optimization algorithms are either deterministic or stochastic. In the case of stochastic optimization, metaheuristics are generally used.⁵² In such cases, other heuristics are guided and modified to solve the optimization problem that can provide better solutions than local optimization algorithms. Metaheuristics are based on intensification, i.e., searching in the local space and ensuring a good solution is found, and also diversification, i.e., generation of the best results in the global space. The algorithm converges with the achievement of global optimality when a good balance between these two components is ensured. As a result, metaheuristics are more computationally expensive and might fail in some cases. Various types of metaheuristics are differential evolution, simulated annealing, genetic algorithms, harmony search, bee algorithms, and so on.^{50,53-55}

Parameter Identifiability.

Parameter identifiability relies on the idea of agreement between the experimental data and the parameterized model-predicted observables. It is measured by an objective function, known as the weighted sum of squared errors $(SSE⁵³)$ and maximum likelihood estimator is used to estimate the parameters. The likelihood profile of the ith parameter p_i is $LP(p_i)$, and the fitted parameters are \hat{p}_i , for I = 1, ..., m by considering m number of parameters as follows

$$
\text{LP}(p_i) = \min_{p_i \neq j} (\text{SSE}(p_j))
$$

The objective function $SSE(p_i)$ with respect to all other parameters, i.e., p_i *j* in the neighborhood of the original estimated parameter value \hat{p}_i , is reoptimized to calculate the likelihood profile for each fitted parameter. The confidence level is a probability that reports the confidence interval, i.e., the interval within which the true value of a parameter is

located. The parameter is identifiable only when the reoptimized $SSE(p_i)$ exceeds a specific confidence level within the same range. For n data points, the likelihood contour C_{LC} and likelihood ratio C_{LR} are determined as

$$
C_{LC} = \left\{ p: \text{SSE}(p) \le \text{SSE}(\hat{p}) \Big(1 + \frac{m}{n - m} F_{m, n - m}^{\alpha} \Big) \right\}
$$

$$
C_{LR} = \left\{ p: \text{SSE}(p) \le \text{SSE}(\hat{p}) e^{X^2 \alpha / n} \right\}
$$

where the upper α -critical values for the *F*-ratio and Chi-squared distribution are regarded as $F_{m,n-m}^{\alpha}$ and X_a^2 , respectively.⁵⁶ In some cases, the count of parameters in the model is greater than the number of experimental points used for fitting or the mapping of the internal model states to the observed values can be insufficient. In such cases, with a dearth of data points or insufficient mapping of the observed and the experimental values, the parameters do not properly rely on the data and are called nonidentifiable.

Model Assumptions.

To prevent overfitting, we have considered a simple model with a minimal set of reactions to represent the competing pathway simulation. A_i and F are used to represent the on-pathway *i*-mer and fibrils, respectively. BA_i , CA_i , DA_j , and EA_j represent the off-pathway *i*-mers that belong to the first, second, third, and fourth pores, respectively, whereas, L represents the 0 or 50% GM1-doped pseudomicelles. The assumptions of our simple model are as follows:

- **i.** A_{12} or on-pathway 12-mer is considered equivalent to the nucleus of an onpathway species. In our model, we assumed that the prenucleation species vary in size from A_1 to A_{11} while A_{12} is the nucleus. We assume that all postnucleated species in the on-pathway are represented as on-pathway fibrils, F. 79
- ii. Similarly, BA_i , CA_iDA_i and EA_i ($i = j, ..., 24$) are considered to be the smaller off-pathway oligomers that aggregate on the respective pores through secondary nucleation. These kinetically trapped oligomers lack the energy to aggregate further. This model was already validated in Rana et al. 47
- **iii.** The kinetically trapped 24-mer for each of the respective pores is assumed to be highly unstable and dissociates into an on-pathway fibril and a 12-mer of that respective pore as shown in Rana et al.⁷⁸
- **iv.** The total ThT signal is the sum of the on-pathway ThT signal and the total weighted concentration of the smaller off-pathway kinetically trapped oligomers.
- **v.** The FITC signal is the weighted sum of the concentrations of all of the offpathway oligomers.
- **vi.** Given the initial concentration of monomers (A_1) , the model estimates the best values for all of the rate constants considered in the reactions; the concentration of liposomes (L) was also estimated by the parameter fitting algorithm since the molar mass of L varies experimentally. Additionally, the number of pores and minimum on-pathway oligomer size capable of creating pores on the liposome

surface are considered as model parameters; these two parameters are varied for different combinations (as discussed in the next section) to identify the best combination that fit the experimental data in terms of the reported SSE.

Control (On-Pathway) Reactions.—First, the ThT aggregation data for control $\mathbf{A}\beta$ (10 μ M) in the absence of liposomes were mapped to the concentration of the on-pathway fibrils. The forward and backward nucleation and the forward and backward fibrillation rate constants were calculated, and SSE was recorded. For modeling simplicity, aggregates beyond 12-mers were considered to be fibrils and the rate constants were modeled for on-pathway fibril formation (Table S1), which is the basis for modeling other reactions. The following reactions were considered

$$
A_{i} + A_{1} \leftrightarrows A_{i+1}; \forall i \in \{1, 2, \cdots, 11\} (k_{\text{nu}}^{\text{on}} / k_{\text{nu}}^{\text{on}})
$$

\n
$$
\{ \text{pre-nucleation reactions} \}
$$

\n
$$
F + A_{i} \leftrightarrows F; \forall i \in \{1, 2, \cdots, 11\} (k_{\text{fb}}^{\text{on}} / k_{\text{fb}}^{\text{on}})
$$

\n
$$
\{ \text{post-nucleation reactions} \}
$$
 (1)

The on-pathway reaction fluxes are as follows

$$
H_{i} = k_{\text{nu}}^{\text{on}}[A_{i}][A_{1}] - k_{\text{nu}}^{\text{on}}[A_{i+1}]; \forall i \in \{1, 2, ..., 11\}
$$

$$
I_{i} = k_{\text{fb}}^{\text{on}}[A_{i}][F] - , k_{\text{fb}}^{\text{on}}[F]; \forall i \in \{1, 2, ..., 11\}
$$

To reduce the number of species considered in the on-pathway reactions, we abstracted all postnucleation species (A_{12} onwards) as on-pathway fibrils denoted by F. Here, the forward and backward rate constants ($k_{\text{nu}}^{\text{on}}$ and $k_{\text{nu}}^{\text{on}}$, respectively) for all prenucleation reactions were considered the same to reduce the number of parameters and based on our prior work.^{17,47} Similarly, the forward and backward rate constants (k_{fb}^{on} and k_{fb-}^{on} , respectively) for all postnucleation reactions were also considered the same. The intensity of the ThT data was mapped to the sum of the concentrations of the on-pathway fibrils as follows:

$$
Int ThT^{on} = k^{on} \times F
$$

where k^{on} is a scaling constant used for fitting ThT intensity (ThT^{on}) to the fibril concentration.

Reactions Involving Liposomes.—First, the forward and backward prenucleation and postnucleation rate constants computed from the controls were used for the on-pathway species for oligomerization reactions (shown below), which facilitated the reduction of the number of estimable parameters in this phase. To model the oligomerization reactions, both the ThT aggregation kinetics data and the FITC dye-leak data were considered. In our models, the initial concentrations of the liposomes were varied as their molar mass could not be precisely calculated. A sequential, multiple pore formation model was considered as opposed to one expanding pore although both are possible; since we do not have

enough evidence to discount one over the other, we chose the former arbitrarily. Two possible scenarios were considered based on experimental evidence: pores formed by (i) a pre-nucleation oligomer (A_j) and/or (ii) on-pathway fibrils (i.e., a postnucleated oligomer denoted as F). These were modeled for the first pore BA_i by

$$
A_j + L \leftrightarrows BA_j; \ (k_1^{\text{con}})(j = 2 \text{ in case of } 0\% \text{ GMI}
$$
\n
$$
\text{liposomes and } j = 3 \text{ in case of } 50\% \text{ GMI liposomes} \tag{2}
$$

$$
F + L \leftrightarrows BA_{12}; \ (k_1^{\text{con}'})
$$

while for subsequent holes (CA_i, DA_i, EA_i) , this is modeled by reactions of type

$$
BA_{12} + A_j \leftrightarrows CA_j; \ (k_2^{\text{con}})(j = 2 \text{ in case of } 0\% \text{ GMI}
$$

liposomes and $j = 3$ in case of 50% GMI liposomes) (4)

$$
BA_{12} + F \leftrightarrows CA_{12}; \ (k_2^{\text{con}'})
$$

Here, A_j denotes the minimum prenucleation oligomer that can form a pore and the value of the *i*-mer was identified through our parameter fitting mechanism. Moreover, the values of the rate constant combination $(k_1^{\text{con}}$ and $k_1^{\text{con}})$ can suggest which mechanism is more likely for the first pore formation (i.e., through prenucleation oligomer or postnucleation fibrils); similarly, the rate constant combination $(k_2^{\text{con}} \text{ and } k_2^{\text{con}'})$ suggests which mechanism is more likely for the second pore formation and so on. The cooperativity between pore formation and aggregation was captured by considering further oligomerization reactions assisted by the edge of the pore up to 24-mers denoted by reactions of type

$$
BAi + A1 \leq BAi+1; \forall i \in \{j, ..., 23\}
$$
 (6)

We additionally consider a bulk oligomerization in the presence of fibrils by reactions of type

$$
BA_{12} + F \rightarrow BA_{24} \tag{7}
$$

The cooperativity among pores is captured by $(k_1^{\text{con}} \text{ and } k_1^{\text{con}})$, etc. For example, note that the second hole (CA_i) is formed only after the first pore is formed. This is ensured by reactions of type

$$
BA_{12} + A_j \leftrightarrows CA_j; \ (k_2^{\text{con}})
$$
 (8)

$$
BA_{12} + F \to CA_{12}; \ (k_2^{\text{con}'})
$$
 (9)

where the presence of BA_i is necessary for the formation of C_i . Additionally, if the rate constant pair (k_1 ^{con} and k_1 ^{con'}) is less than (k_2 ^{con} and k_2 ^{con'}), this will suggest higher cooperativity in hole formation; in other words, the second hole formation (controlled by k_2^{con} and k_2^{con}') is faster than the formation of the first hole. Finally, to map the concentration values to the ThT and FITC signals, we considered all of the species weighted by the oligomer size for FITC signal (denoted by summations ranging from 1 to 24) while only weighted values of postnucleated oligomers were considered in the ThT signal (denoted by summations ranging from 12 to 24).

The reactions considered for the oligomerization phase are as follows

$$
A_j + L \rightarrow BA_j; \ (k_1^{\text{con}})(j = 2 \text{ in case of } 0\% \text{ GMI}
$$

liposomes and $j = 3$ in case of 50% GMI liposomes) (10)

$$
BAi + A1 \leftrightarrows BAi+1; \forall i \in \{j, ..., 23\}(k^{nu} / k^{nu}_{i} \text{ till } 12
$$

mer and k^{el} / k^{el}_{i} after that) (11)

$$
BA_{12} + F \leftrightarrows BA_{24}; (k_{+} / k_{-})
$$
\n⁽¹²⁾

$$
F + L \to BA_{12}; \ (k_1^{\text{con}'})
$$
 (13)

where BA_i denotes the first hole with an oligomer of size *i*-mers and *L* is the liposome.

The reaction fluxes involving the first pore are as follows

$$
G_i^1 = k_1^{\text{con}}[A_j][L]; \{ j
$$

= 2 in case of 0% GMI and j
= 3 in case of 50% GMI}

$$
H_i^1 = k^{\text{nu}}[BA_i][A_1] - k^{\text{nu}}[BA_{i+1}]; \forall i \in \{j, ..., 23\}
$$

$$
I_i^1 = k_1[BA_{12}][F] - k_{12}[BA_{24}]
$$

$$
J_i^1 = k_1^{\text{con}'}[F][L]
$$

$$
BA_{12} + A_j \rightarrow CA_j; (k_2^{\text{con}})(j = 2 \text{ in case of 0% GMI})
$$

and $j = 3$ in case of 50% GMI)

$$
CAi + A1 \leq CAi+1; \forall i \in \{j, ..., 23\} (knu / knu- till 12
$$

mers and $kel / kel-$ after that) (15)

$$
CA_{12} + F \leftrightarrows CA_{24}; (k_{+} / k_{-})
$$
\n⁽¹⁶⁾

$$
BA_{12} + F \to CA_{12}; \ (k_2^{\text{con}'})
$$
 (17)

The reaction fluxes involving the second pore are as follows

$$
G_i^2 = k_2^{\text{con}}[BA_{12}][A_j]; \{j = 2 \text{ in case of } 0\% \text{ GMI and } j = 3 \text{ in case of } 50\% \text{ GMI} \}
$$

= 3 in case of 50% GMI}

$$
H_i^2 = k^{\text{nu}}[CA_i][A_1] - k^{\text{nu}}[CA_{i+1}]; \forall I \in \{j, ..., 23\}
$$

$$
I_i^2 = k_+[CA_{12}][F] - k_-[CA_{24}]
$$

$$
J_i^2 = k_2^{\text{con}}[BA_{12}][F]
$$
 (18)

Fitting of data for 0% GM1-enriched liposomes were done only with the above reactions. The number of pores was varied from one to three, and the first oligomer size was varied from two (since 1-mer cannot produce off-pathway species) to six for a total of $3 \times 5 =$ 15 combinations in the case of 0% GM1, as shown in Table S6. The combination with two pores and first oligomer size of two recorded the least SSE, i.e., 0.0473 . Here, C_i denotes the second hole with an *i*-mer. Similarly, for the following reactions, D_i denotes the third hole, E_i denotes the fourth hole, and so on.

$$
CA_{12} + A_j \rightarrow DA_j; \ (k_3^{\text{con}})(j = 2 \text{ in case of } 0\% \text{ GMI})
$$
\n
$$
\text{liposomes and } j = 3 \text{ in case of } 50\% \text{ GMI} \text{ liposomes})
$$
\n
$$
(19)
$$

$$
DA_i + A_1 \leftrightarrows DA_{i+1}; \ \forall i \in \{j, \cdots, 23\} \ (k^{\text{nu}} / k^{\text{nu}} \text{ till } 12
$$

– mers and $k^{\text{el}} / k^{\text{el}} \text{ after that}$ (20)

$$
DA_{12} + F \leftrightarrows DA_{24}; (k_{+} / k_{-})
$$
\n⁽²¹⁾

$$
CA_{12} + F \rightarrow \leq A_{12}; (k_3^{\text{con}'})
$$
\n⁽²²⁾

The reaction fluxes involving the third pore are as follows

$$
G_i^3 = k_3^{\text{con}}[CA_{12}][A_j]; \{j = 2 \text{ in case of } 0\% \text{ GMI and } j = 3 \text{ in case of } 50\% \text{ GMI} \}
$$

= 3 in case of 50% GMI}

$$
H_i^3 = k^{\text{nu}}[DA_i][A_1] - k^{\text{nu}}[DA_{i+1}]; \forall i \in \{j, ..., 23\}
$$

$$
I_i^3 = k_+[DA_{12}][F] - k_-[DA_{24}]
$$

$$
J_i^3 = k_3^{\text{con}}[CA_{12}][F]
$$

$$
DA_{12} + A_j \rightarrow EA_j; (k_4^{\text{con}})(j = 2 \text{ in case of } 0\% \text{ GMI}
$$

liposomes and $j = 3 \text{ in case of } 50\% \text{ GMI}$ liposomes) (23)

$$
EA_i + A_1 \leftrightarrows EA_{i+1}; \ \forall i \in \{j, \ \cdots, \ 23\}(k^{\text{nu}} / (k^{\text{nu}}_-\text{ till }12
$$

–mers and $k^{\text{el}} / k^{\text{el}}_-$ after that) (24)

$$
EA_{12} + F \leftrightarrows EA_{24}; (k_{+} / k_{-})
$$
\n⁽²⁵⁾

$$
DA_{12} + F \to EA_{12}; \ (k_4^{\text{con}'})
$$
 (26)

The reaction fluxes involving the fourth pore are as follows

$$
G_i^4 = k_4^{\text{con}}[DA_{12}][A_j]; \{j = 2 \text{ in case of } 0\% \text{ GMI and } j = 3 \text{ in case of } 50\% \text{ GMI} \}
$$

= 3 in case of 50% GMI}

$$
H_i^4 = k^{\text{nu}}[EA_i][A_1] - k^{\text{nu}}[EA_{i+1}]; \forall i \in \{j, ..., 23\}
$$

$$
I_i^4 = k_4[EA_{12}][F] - k_4[EA_{24}]
$$

$$
J_i^4 = k_4^{\text{con}}[DA_{12}][F]
$$
 (27)

Fitting of data for 0% GM1-enriched liposomes were done only with the above reactions, i.e., four pores.

Then, ThT data were mapped to the sum of the concentrations of the on-pathway fibrils and all of the off-pathway oligomers beyond 12-mers as follows

Int ThT = Int ThT_{on} +
$$
k_1^{\text{off}} \times \left(\sum_{i=12}^{24} i \times BA_i \right)
$$

+ $\sum_{i=12}^{24} i \times CA_i$, for the 0% GMI
enriched liposomes
Int ThT = Int ThT_{on} + $k_1^{\text{off}} \times \left(\sum_{i=12}^{24} i \times BA_i \right)$
+ $\sum_{i=12}^{24} i \times CA_i + \sum_{i=12}^{24} i \times DA_i + \sum_{i=12}^{24} i \times EA_i$, for the 50% GMI enriched liposomes

The FITC dye leak data were mapped to the concentration of the off-pathway oligomers as follows

The model is extendable to any number of holes, and the curve fitting with the experimental data infers the optimal number of holes to be considered. For example, for 0% GM1, we first experimented with four holes (B_i, C_i, D_i, E_i) , which was then systematically reduced to one hole (B_i) ; in this case, two holes gave the best global fit with ThT and FITC dye leak data.

RESULTS

TBE and LR LUVs Enriched with GM1 Ganglioside Promote the Formation of Aβ **Oligomers.**

First, to obtain insights into the effect of GM1 ganglioside-enriched vesicles on the temporal dynamics of Aβ aggregation, freshly purified, seed-free Aβ monomers (25 μM) buffered in 20 mM Tris (Ph 8.0) containing 50 mM NaCl and 50 mM thioflavin-T (ThT) were incubated with 0.3 mg/mL pre-prepared LUVs of DMPC, LR, or TBE individually at 37 °C. The three liposomal systems were chosen to capture a diverse set of membrane compositions. The liposomes were made by increasing the amount of GM1 gangliosides added (% by weight) from 0 to 50%. The aggregation kinetics was monitored by ThT fluorescence on a 96-well plate reader. The control $A\beta$ in the absence of liposome (\triangleleft in Figure 1a-c, respectively) followed a typical sigmoidal pattern with a lag time of \sim 5 h. Surprisingly, incubation of $A\beta$ with LUVs of DMPC without GM1 showed similar or slightly decreased lag time to that of $A\beta$ in the absence of vesicles (\square ; Figure 1a). Incubation of $A\beta$ with LR or TBE LUVs without GM1 gangliosides showed decreased lag times of $2-3$ h (\Box ; Figure 1b,c). However, LUVs enriched with increasing amounts of GM1 ganglioside showed a significant decrease in lag times and an increase in fluorescence intensity within 2 h of incubation (○, \blacktriangle , ∇ , and $*$ for 10, 25, 33, and 50% GM1 doping, respectively; Figure 1a-c). With micellar systems, we have previously reported the generation of discrete $A\beta$ oligomer.¹⁷ Therefore, to investigate whether similar oligomer generation is facilitated by GM1-enriched LUVs, the incubated reactions were monitored by immunoblotting in parallel. The samples from the reactions in Figure 1a-c were electrophoresed under partial denaturing conditions after 3, 5, and 9 h of incubation and visualized via immunoblotting using the monoclonal antibody Ab5. $A\beta$ incubated with unenriched LUVs showed monomeric, dimeric, and trimeric bands after 3 h (lane 0; Figure 1d-f). After 5 and 9 h, the dimeric and trimeric bands disappeared with a concomitant appearance of high-molecular-weight bands that failed to enter the gel that are possibly fibrils (5 and 9 h, 0%; Figure 1d-f). Similarly, incubation of $A\beta$ with increasing amounts of GM1 also showed dimer and trimer bands along with monomers in case DMPC LUVs (Figure 1d: 10, 25, and 33%) upon 3 h of incubation. The transition from dimer and trimer to higher-molecular-weight fibrils has been observed to decrease with the

increase in GM1 percentage of the LUVs. Furthermore, faint oligomeric bands ranging from 40 to 160 kDa emerged after 5 h of incubation (50%; Figure 1d), which were stable till 9 h of incubation (Figure 1d; lane 15). Immunoblots of Aβ incubated with increasing GM1 enriched LUVs in LR and TBE showed dimer and trimer bands for LUVs with lower GM1 content (Figure 1e,f). The intensity of these oligomeric bands was greater for 50% GM1 containing LR and TBE LUVs compared to 25 or 33%. Also, these oligomers were present up to 9 h of incubation (Figure 1e,f). In all samples, bands near 4.6 and >260 kDa were also observed, which indicate the presence of monomers and high-molecular-weight fibrils, respectively (Figure 1d-f). Furthermore, while the increase in GM1 percentage showed a gradual increase in the oligomer band intensity for TBE and LR LUVs, oligomer bands in DMPC LUV-incubated samples were only visible for 50% GM1-doped samples. These results suggest that both vesicles composition in conjunction with an increase in GM1 ganglioside content plays a role in the generation of $A\beta$ oligomers.

Secondary Structure Transitions during Aggregation Reveal Potential Intermediates in GM1 Enriched Samples.

To investigate conformational changes of $A\beta$ during aggregation, far-UV CD spectroscopy was used. Samples containing LUVs with no or enriched with 50% GM1 gangliosides from Figure 1 were analyzed. To see whether there are differences in the early oligomer formation among different LUVs due to change in their surface characteristics, we monitored the reaction for the initial 5 h. In all reactions as expected, $A\beta$ showed conformational conversion from a random coil to β -sheet upon aggregation (Figure 2), consistent with the ThT fluorescence and immunoblot results in Figure 1. $A\beta$ incubated with DMPC LUVs enriched with 50% GM1 showed an immediate conversion from random coil ($\lambda^{\text{min}} = 200$) nm) to β-sheet (λ^{min} = 218 nm; dark blue region in the contour plot) (Figure 2a), while those with no GM1 showed slow conversion from a persistent random coil structure to β -sheet (Figure 2b), also consistent with ThT aggregation kinetics. LUVs of LRs enriched with 50% GM1 cause a more rapid transition of random coil to β -sheet than the unenriched ones (Figure 2c,d). A β incubated with LUVs of TBE however shows a gradual transition from a random coil to α -helical within the first 1.5 h followed by the transition to a β -sheet signal (Figure 2e,f). The α-helical intermediate was more apparent in TBE LUVs enriched with 50% GM1 (Figure 2e). In addition, it is evident that the β -sheet intensity at 218 nm for DMPC-incubated samples was comparatively lower than those for the LR and TBE LUV-incubated samples (Figure 2a,c,e). This is consistent with the oligomer band intensity observed in the immunoblots (Figure 1d-f). Furthermore, among the GM1-enriched vesicles, DMPC showed the slowest transition from random coil to β -sheet and TBE was the only one in which an α-helical intermediate was observed.

Aβ **Oligomers Isolated from GM1-Enriched Vesicles Show Distinctive Biophysical Characteristics.**

To see if oligomers generated in the presence are isolable, freshly purified $A\beta$ monomers $(25 \mu M)$ were incubated with 50% GM1 LUVs (DMPC, LR, and TBE respectively) under 37 °C quiescent conditions. To isolate the oligomeric species from the reactions containing monomeric or fibrillar species, samples after 5 h were centrifuged at 18 000g for 20 min. The supernatant was then subjected to fractionation by size exclusion chromatography

(SEC) using a Superdex-75 column. Fractionation of all three LUVs showed two peaks near the void volume with a small first peak at fraction 15 and a larger one between fractions 16 and 18 (solid line; Figure 3c). In addition, a third peak at an included volume at fraction 24 was observed (solid line; Figure 3c).

The first fraction at 15 corresponded to free vesicles (purple dashed line; Figure 3c), while the fraction at 24 corresponded to monomeric $A\beta$ (green dotted line; Figure 3c). After 5 h of incubation, the aliquots of fractions 16 and 17 were subjected to electrophoresis under partial denaturing conditions (with 1% SDS and without sample boiling) and visualized by immunoblotting (Figure 3a-c, insets). In all samples, monomeric bands near 4.6 kDa, multiple oligomeric bands near 15 kDa, and 38–110 kDa and some high molecular weight, nonfibrillar bands that failed to enter the gel were visible in the immunoblots. Fractions from DMPC showed more disperse oligomers between 38 and 110 kDa (Figure 3a), while those from LR and TBE showed more compact band patterns centered around 38 kDa corresponding to ~8-mer. To see whether the low-molecular-weight oligomeric bands observed were due to dissociation of the oligomers due to SDS treatment during electrophoresis, the isolated oligomeric samples were run under nondenaturing conditions (no SDS, no sample boiling) in PAGE gel followed by immunoblotting. By doing so, homogeneous oligomeric bands without the presence of any other band were observed suggesting that the monomeric and other low oligomer bands were probably due to dissociation of oligomers by SDS treatment (Figure 3d). The secondary structure of isolated oligomers was investigated by far-UV CD and FTIR spectroscopy. All oligomers were found to have β -sheet structure evident from minima at 217 nm in far-UV CD with the exception of those derived from LR, which showed a small extent of helical structure (shoulder at 222 nm) (Figure 3e). Similarly, the amide I band of the FTIR signature was investigated to gain more insights into the type of β -sheet (parallel or antiparallel) within the oligomers generated with GM1-enriched LUVs. The absorbance maxima for all three oligomer samples showed a band near 1630 cm⁻¹ without a 1690 cm⁻¹ band indicative of a parallel β -sheet structure⁵⁷ (Figure 3f). However, only oligomers generated with TBE and DMPC LUVs enriched with 50% GM1 showed a second band near 1671 cm⁻¹ (Figure 3f,g), which is indicative of turn conformation.^{58,59} It can be inferred that TBE-catalyzed oligomers have some structural differences compared to those from LR or DMPC-generated LUVs, which parallels the observation of conformational transitions with TBE LUVs (Figure 2). The size of isolated oligomers analyzed by DLS revealed that these oligomers are 18–20 nm in diameter (Figure 3h-j). However, the presence of polydispersity in these oligomers suggests the possible co-elution of some amounts of LUVs with the oligomers. Indeed, we found that only about 0.05 mg/mL $\left(\sim 17\% \right)$ of the starting amount of lipids remains associated with the isolated oligomer (Figure S3). Furthermore, $A\beta$ oligomers were tested for their toxicities on SHY5Y neuroblastoma cells by XTT assay.21 All three oligomers were toxic with 50% cell viability. DMPC-generated oligomers had a slightly higher cytotoxicity compared to LR and TBE (Figure 3k). Overall, these data suggest that LUVs with different surface properties and charge could lead to the generation of structurally distinctive neurotoxic oligomers as observed in micellar systems.²¹

GM1-Enriched Vesicles Induce Cooperative Aβ **Oligomerization and Membrane Pore Formation.**

Aβ incubated with the LUVs of TBE enriched with 50% GM1 showed the presence of possible conformationally different oligomer intermediate (Figures 2 and 3). To further investigate whether these oligomers also induce membrane pore formation, dye leak assay was performed using 6-carboxy-fluorescein (6-FAM) encapsulated within TBE vesicles. Freshly purified $A\beta$ monomers (10 μ M in 20 mM Tris pH 8.0) were incubated with 6-FAM loaded TBE LUVs, and fluorescence was monitored in a 96-well plate for 12 h at 37 °C (see Experimental Procedures). $A\beta$ monomers when incubated with TBE LUVs without GM1 showed no discernable membrane disruption ($\;$; Figure 4a). However, when incubated with 50% GM1-enriched TBE LUVs, $A\beta$ monomers showed increased FITC fluorescence at \sim 2 h of incubation that continued to increase up to 20% during the next 9 h (∇ ; Figure 4a), suggesting steady disruption of the vesicles. In contrast, preformed fibrils isolated from $A\beta$ incubations with TBE LUVs without or with 50% GM1 showed exponential increases in pore formation (\blacksquare , green; \heartsuit , red; Figure 4a). A similar pattern was also observed when the same fibrils were sonicated (■, green; ●, red; Figure 4b).

When fibrils generated from $A\beta$ in the absence of liposomes were incubated on TBE LUVs without or with 50% GM1 showed an exponential increase in pore formation either unsonicated (\blacksquare , blue; \blacklozenge , brown; Figure 4c) or sonicated (\blacksquare ; blue, \blacklozenge , brown; Figure 4d). Together, it is evident that high-molecular-weight fibrils are able to disrupt the membranes more efficiently than low-molecular-weight oligomers, but there are several possible caveats as discussed further below. Nevertheless, the data clearly suggest that GM1 ganglioside enrichment promotes oligomers vis-à-vis membrane disruption as opposed to the unenriched liposomes. To specifically see whether glycoform distributions on the gangliosides have an effect on these properties as we had seen before with A β -glycopolymer interactions,^{60,61} TBE liposomes were also enriched with GM3 gangliosides which have significant sugar distribution differences with GM1 (Figure S2). Incubation of 50% GM3-enriched TBE LUVs showed no or minimal leakage of dye upon incubation of $A\beta$ monomers with was observed (\circ ; Figure 4e). This clearly indicated the specificity of interactions; while GM3-enriched liposomes showed a sigmoidal pattern of aggregation without pore formation, reactions with GM1-enriched samples showed aggregation and concomitant pore formation during the first 3 h (Figure 4e,f).

Numerical Simulations Uncover Insights into the Cooperativity in Oligomerization and Membrane Disruption.

To obtain more details on the effects of GM1 on $A\beta$ oligomerization and membrane disruption, ordinary differential equation (ODE)-based numerical simulations were used. The basis of the models along with the reaction abstractions formulated is detailed in Experimental Procedures. We used Scatter Search optimization algorithm to fit the experimental data as it has been earlier shown that metaheuristic algorithms like scatter performs better than other algorithms to fit the $A\beta$ aggregation.⁵¹ Sum of squared errors (SSE) was used as a metric to evaluate the models, and COmplex PAthway SImulator $(COPASI)^{50}$ to solve the mathematical models. Briefly, oligomerization was considered up to the formation of 12-mers, beyond which all aggregates were considered "fibrils"

for modeling simplicity. An additional reason was to identify the low-molecular-weight oligomeric species that are responsible for membrane disruption and not those that were formed late. Individual global fits of the ThT and the FITC dye-leak data of $A\beta$ aggregation on TBE liposomal with varying gangliosides were performed. Specifically, the modeling was directed at understanding the temporal mechanisms and cooperativity by which $A\beta$ aggregated and caused membrane disruption as a function of GM1 enrichment of liposomes.

To do so, two potential pathways of pore formation upon $A\beta$ oligomerization on membrane surfaces were considered. Upon aggregation that generates a single pore, $A\beta$ can then elongate/aggregate on the edge of the pore assisted by the exposed membrane components. This can either result in further enlargement of the pore or aggregates could initiate the second pore formation and so on. Since both mechanisms involve cooperativity, we arbitrarily chose the latter mechanism to model due to the lack of experimental evidence for either mechanism.

Model simulations are based on the rate constants computed (Tables S1-S5). A global fit of the ThT aggregation and FITC dye leak data showed a good fit and agreement with the experimental data (Figure 5a-c). The models showed that an increase in GM1 percentage results in more pores on the membrane surface. For example, it was found out that in the case of liposomes with 50% GM1, twice the number of pores are formed, to that of TBE liposomes with 0% GM1. Computation of various aggregate sizes formed temporally during aggregation suggested that dimeric $A\beta$ was responsible for pore formation in the absence of GM1, while trimeric $A\beta$ was responsible for 50% enriched GM1 liposomes. In our reaction system, the smallest and the largest oligomers were considered to be 2- and 6-mers for the control in the absence of GM1 and 2 and 8 for GM1-enriched liposomes as the lower and upper bounds. The oligomer responsible for causing the initial pore was computed by sweeping the oligomer size to fit the FITC data; this gave the least SSE (Tables S1-S5) for dimer (for 0% GM1 control) and 3-mer (for 50% GM1). However, caution needs to be exercised on the oligomer size as our models considered only limited number of species in the system, and therefore, it is possible that different oligomers within a small-molecular-weight range effect membrane disruption. The extent pore formation in the presence and absence of gangliosides is the key focus of our models and the consequent insights derived. Furthermore, cooperativity in pore formation and aggregation was also evident from the rate constants obtained. It can be observed that for 0% GM1, $(k_1^{\text{con}}, k_1^{\text{con}'})$ is less than $(k_2^{\text{con}}, k_2^{\text{con}'})$ suggesting higher cooperativity especially for 50% GM1, which showed greater cooperativity in both creation of subsequent pores and aggregation of the oligomers. This aspect of cooperativity separates the mechanism by which LUVs in the absence of GM1 form pores but do not promote robust pore-forming fibrils. However, the concentrations of the oligomers responsible for pore formation during aggregation were low in the order of $\sim 0.5 \mu M$ at 2–3 h of incubation (Figure 5d-f) that explains the difference in the rates of pore formation between the preformed fibrils and oligomers generated in situ.

DISCUSSION

Aggregate polymorphism is increasingly becoming known as a distinguishable feature among many AD patients. $62-68$ It is speculated that such polymorphic fibrils are in part

responsible for the observed phenotypes. Since fibrils are the end products of templated aggregate growth, we hypothesize that the conformational differences and selection among low-molecular weight oligomers are key in determining the dominant fibril polymorph. In this regard, we have previously shown that membrane lipids and surfactants modulate $A\beta$ aggregation pathways to generate conformationally distinct oligomers capable of propagating their structure toward fibrils.^{17,48} Specifically, we have observed that $A\beta$ oligomers generated in the presence of lipid micelles are structurally distinct and cause distinct phenotype in APP transgenic mice.¹⁷ Similarly, a plethora of studies point toward the effect of other membrane model systems like liposomes on the aggregation of $A\beta$ and membrane disruption. $69-74$ For example, properties of membranes such as surface charges 19,75 curvature, 76,77 composition, 78 etc. have been shown to have profound effects on aggregation. Similarly, $A\beta$ aggregates are known to form pores and channels in the membrane that are attributable to their biophysical characteristics.13,37,79,80 However, it remains unclear whether and how low-molecular-weight $A\beta$ oligomers are generated upon its interaction with liposomal surfaces and whether such a generation is dependent on the membrane components. Furthermore, the coupling between oligomerization and membrane pore formation remains unclear.

The study presented here shows that alteration of surface characteristics, especially to the degree of charge density by dilution with neutral GM1 gangliosides decisively affect the oligomerization of $A\beta$ (Figure 6). Our findings support the previous studies by Williams et al. that membrane damage is induced by soluble monomeric and oligomeric $A\beta$ in membrane vesicles and that presence of GM1 influences the binding of $A\beta$ on the membrane and membrane permeation.⁸¹⁻⁸³ However, we also observed significant dye-leak or membrane disruption upon addition of preformed fibrils and sonicated fibrils regardless of GM1 content. This indicates that the membrane disruption mechanisms can differ depending on the size and structure of $A\beta$ aggregates. While LUVs without or very low amount of GM1 accelerates the aggregation of $A\beta$ to form higher-molecular-weight fibrils in the first 5 h of incubation, LUVs enriched with high concentration of GM1 causes oligomerization of $A\beta$ on the LUV surface, kinetically trapping the $A\beta$ oligomers. Three different types of LUVs used, i.e., DMPC, LR, and TBE, that have different compositions were found to augment aggregation of $A\beta$ but also showed oligomerization when enriched with 50% GM1. This implicates the significance of gangliosides in $A\beta$ aggregation as previous studies have established in many reports.34,41,84-86 Furthermore, the GM1-enriched TBE LUVs showed somewhat modified ThT aggregation kinetics that correlated with a partially helical conformational state at an early aggregation stage. More importantly, these temporal changes also coincided with membrane disruption brought upon only by high GM1-enriched samples. It must be borne in mind that although pore formation is one of the mechanisms that explains dye leak, but other mechanisms such as membrane reorganization and deformation cannot be discounted. However, we consider the more probable mechanism of pore formation and explain it as a function of GM1 enrichment. This phenomenon may be due to altered lipid packaging or dilution of anionic charge density or both due to GM1 enrichment. It is noteworthy that the pore formation was not abrupt but rather slow and progressive in nature but only showed ~20% at the end of 11 h of incubation with $A\beta$ monomers (Figure 4). By contrast, fibrils and sonicated fibrils

of $A\beta$ generated in the presence and absence of liposome showed rapid pore formation. Furthermore, the addition of fibrils generated from GM1-enriched liposomes too showed rapid pore formation. Two possible explanations can be rendered for these observations; (a) the oligomers formed during aggregation on the liposome surface are present in low concentrations (as computed to ~ 0.5 μ M; Figure 5e) to effect rapid change in pore formation kinetics, or (b) not oligomers but high-molecular-weight fibrils effect membrane disruption more effectively. A third explanation could be that the mechanisms of pore formation could be either numerous small pores or a few large pores for monomers aggregating on the surface or when preformed aggregates are added, respectively. Yet another key observation is that the oligomerization and membrane disruption is also selective to the nature of sugar distributions on gangliosides. While GM1 ganglioside promotes membrane pore formation, GM3 does seem to have such an effect, nor does it promote oligomers. Collectively, the data indicate that in early stages of oligomer formation, membrane selectivity is important, to generate conformationally distinct and toxic species; however, in later stages, when the higher-molecular-weight species are already formed, the membrane is ruptured in a different mechanism than while $A\beta$ oligomerization. Furthermore, oligomerization and pore formation seem to be cooperative and coupled to one another. As mentioned earlier, our lab and others have reported the formation of structurally distinct $A\beta$ aggregates with equally distinct biophysical properties in the presence of GM1 gangliosides. Recently, Matsuzaki and his group reported the formation of amyloid tape fibrils with mixed parallel and antiparallel β -sheet structure in the presence of GM1 in membrane model systems.⁸⁴ Therefore, it can be concluded that membrane lipid composition along with GM1 content play a role in generating oligomers within a distinct molecular weight range. This inference is further supported by our CD time course data, which show that the secondary structure of the intermediates and pathway of oligomerization are different for liposomes enriched with GM1 gangliosides. In this report, we further these findings to uncover that GM1 ganglioside enrichment in the membrane vesicles not only promotes oligomerization but also induces membrane disruption in a cooperative manner. This suggests that aggregation and modulation of membrane dynamics are coupled to one another, and such a coupling displays strong membrane compositional bias. Such cooperative mechanisms may lead to the generation of conformationally distinctoligomers and other aggregates, which are templates for the formation of polymorphic fibrils observed in patient brains.

CONCLUSIONS

The findings presented in this study bring forth the significance of membrane components, specifically GM1 ganglioside, in the oligomerization of $A\beta$ and concomitant membrane disruption. Although oligomerization and membrane disruption have been independently studied in numerous investigations prior, the coupling and synergy between the two events have seldom been investigated in greater detail. Results from this report suggest that Aβ oligomerization and membrane disruption are highly cooperative processes and are facilitated by the concentration-dependent presence of GM1 gangliosides. The data also indicate that the mechanism and extent of membrane disruption vary depending on the size and structure of $A\beta$ aggregates. These data may reflect potential mechanisms by which $A\beta$ and lipid components synergistically trigger cellular dysfunction via membrane

disruption well before the emergence of high-molecular-weight fibrils, further portending the significance of lipid-associated low-molecular-weight oligomers in pathology.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Figure 1.

(a–c) Normalized ThT fluorescence kinetics of buffered 25 μ M A β without (\triangleleft ; control) or with DMPC (a), LR (b), and TBE (c) LUVs each of them enriched with 10 (O), 25 (\triangle) , 33 (∇) , and 50 (*) % GM1 ganglioside (by wt.) or without (\square) GM1 in the presence of 50 mM NaCl in 20 mM tris buffer pH 8.00. (d–f) Partially denaturing SDS PAGE immunoblots of 25 μ M A β in the presence of DMPC, LR, and TBE LUVs, respectively, enriched without or with 10, 25, 33, and 50% GM1. Gels were run at intervals of 3, 5, and 9 h, respectively.

Figure 2.

Far-UV CD contour and time course plots (every 30 min for up to 5 h) for buffered (20 mM tris buffer pH 8.0, 50 mM NaCl) 25 μ M monomeric A β incubated with LUVs of 50 and 0% GM1-enriched DMPC (a and b, respectively), 50 and 0% GM1-enriched LR (c and d, respectively), and 50 and 0% GM1-enriched TBE (e and f, respectively) at 37 °C under quiescent conditions.

Figure 3.

(a–c) SEC chromatogram for isolation of $A\beta$ oligomers generated in the presence of 50% GM1-enriched DMPC (blue), LR (red), and TBE LUVs (black), respectively; LUV control at 0.3 mg/mL (red) and control Aβ (green) at 5 h (inset: SDS PAGE immunoblots of SEC-isolated oligomer fraction 16–17). (d) Native PAGE immunoblot for SEC-isolated Aβ oligomers generated in the presence of 50% GM1-enriched DMPC, LR, and TBE LUVs, respectively, (e) CD spectra of fraction 17 of SEC-isolated $A\beta$ oligomers generated in the presence of 50% GM1-enriched DMPC (blue), LR (red), and TBE LUVs (black), respectively. (f) FTIR spectra of SEC-isolated $A\beta$ oligomers generated in the presence of 50% GM1-enriched TBE (black), DMPC (blue), and LR (red) LUVs; homotypic Aβ fibril (pink) and BSA control (green), respectively. (g) Negative of double derivative of the FTIR spectra (Figure 3f-j) DLS for fraction 17 of SEC-isolated A β oligomers generated in the presence of 50% GM1-enriched DMPC, LR, and TBE LUVs, respectively. (k) XTT assay performed on SHY5Y neuroblastoma cells upon incubation with isolated $A\beta$ oligomers from 50% GM1-enriched DMPC, LR, and TBE LUVs, respectively, expressed in terms of % of dead cells. $n = 3$ independent cell cultures on isolated oligomers, statistically significant at p < 0.05 based on one-way ANOVA.

Figure 4.

Vesicle dye leak analysis monitored by 6-carboxyfluorescein (6-FAM) dye on: (a) TBE LUVs incubated with 10 μ M A β monomers () or 2 μ M isolated A β fibrils generated from the same liposomes (\blacksquare , green); 50% GM1-enriched TBE LUVs incubated with 10μM A β monomers (∇ , green); or 2 μM isolated A β fibrils generated from 50% GM1-enriched liposomes (\bullet , red); (b) TBE LUVs incubated with 2 μ M sonicated A β fibrils generated in the presence TBE liposomes (■, green) or 50% GM1-enriched TBE LUVs incubated with 2 μM sonicated A β fibrils generated in the presence of 50% GM1-enriched liposomes (\bullet , red); (c) TBE LUVs incubated with 2 μ M isolated A β fibrils generated in the absence of liposomes (\blacksquare , blue) or 50% GM1-enriched LUVs incubated with 2 μM isolated A β fibrils generated in the absence of liposomes (●, brown); (d) samples in (c) but sonicated; (e) ThT fluorescence of $10 \mu M$ A β monomers in the presence of 50% GM1-enriched TBE LUVs (◀, blue) and 50% GM3-enriched TBE LUVs (■, black); 6-FAM dye leakage of 50% GM1-enriched TBE LUVs (∇ , green) and 50% GM3-enriched TBE LUVs (\odot , green) in the presence of 10 μ M A β monomers; (f) zoomed-in image of Figure 4e showing the initial 6 h of the reaction.

Figure 5.

Computational fits of 6-carboxyfluorescein dye leak assay of TBE LUVs (a) with 50% GM1 and 10 μ M A β monomers (O), without GM1 and 10 μ M A β monomers (\blacksquare , black), with 50% GM1 and 2 μ M A β fibrils (\blacktriangleright , purple), without GM1 and 2 μ M A β fibril (\blacklozenge , green) (b) with 50% GM1 and 10 μ M A β monomers (O), without GM1 and 10 μ M A β monomers (\blacksquare), with 50% GM1 and 2 μM sonicated A β fibrils (∇ , purple), without GM1 and 2 μM sonicated A β fibril (\bullet , green). (c) Normalized ThT fluorescence kinetics of buffered 10 μ M A β without (\blacksquare ; control) or with TBE LUVs each of them enriched with 50 (\blacktriangle , blue) % GM1 ganglioside (by wt.) or without $(\blacklozenge,$ brown) GM1 in the presence of 50 mM NaCl in 10 mM sodium phosphate buffer pH 8.00; Aβ monomers (A1 (black), oligomers A2 (red) and A3 (blue), and fibrils F (pink)) distribution plots for first 5 h from the start of reactions of $A\beta$ monomers with TBE LUVs, (d) no GM1, (e) 50% GM1 or (f) without LUVs.

Figure 6.

Schematic of conclusions drawn from this study showing the effect of GM1 enrichment in liposomes.