


RESEARCH ARTICLE

Spontaneous brain activity abnormalities in migraine: A meta-analysis of functional neuroimaging

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Abstract

Neuroimaging studies have demonstrated that migraine is accompanied by spontaneous brain activity alterations in specific regions. However, these findings are inconsistent, thus hindering our understanding of the potential neuropathology. Hence, we performed a quantitative whole-brain meta-analysis of relevant resting-state functional imaging studies to identify brain regions consistently involved in migraine. A systematic search of studies that investigated the differences in spontaneous brain activity patterns between migraineurs and healthy controls up to April 2022 was conducted. We then performed a whole-brain voxel-wise meta-analysis using the anisotropic effect size version of seed-based d mapping software. Complementary analyses including jackknife sensitivity analysis, heterogeneity test, publication bias test, subgroup analysis, and meta-regression analysis were conducted as well. In total, 24 studies that reported 31 datasets were finally eligible for our meta-analysis, including 748 patients and 690 controls. In contrast to healthy controls, migraineurs demonstrated consistent and robust decreased spontaneous brain activity in the angular gyrus, visual cortex, and cerebellum, while increased activity in the caudate, thalamus, pons, and prefrontal cortex. Results were robust and highly replicable in the following jackknife sensitivity analysis and subgroup analysis. Meta-regression analyses revealed that a higher visual analog scale score in the patient sample was associated with increased spontaneous brain activity in the left thalamus. These findings provided not only a comprehensive overview of spontaneous brain activity patterns impairments, but also useful insights into the pathophysiology of dysfunction in migraine.

KEYWORDS

functional neuroimaging, meta-analysis, migraine, resting-state, spontaneous brain activity

Mengjing Cai, Jiawei Liu, and Xuexiang Wang contributed equally to this study.

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1 | INTRODUCTION

Migraine is a prevalent neurovascular disorder in the general population characterized by disabling attacks, usually unilateral, of moderate-to-severe intensity headache. It is often accompanied by nausea, vomiting, and extreme sensitivities to visual, auditory, olfactory, and somatosensory stimuli. Additionally, migraineurs may have a variety of other neurological symptoms, like vertigo, dizziness, tinnitus, and cognitive impairment (Dodick, 2018). Migraine severely interferes with people's quality of life and leads to substantial social and economic burdens. Current theories of migraine pathophysiology predominantly involve the activation and sensitization of the trigeminovascular system and clinical manifestation of cortical spreading depression in migraine aura (Ashina et al., 2019; Nosedà & Burstein, 2013). Nevertheless, the potential mechanisms remain elusive, limiting the development of effective treatments for this prevalent disorder.

In recent years, neuroimaging approaches hold promise for investigating intrinsic brain activity abnormalities and providing new information on the pathogenesis of neuropsychiatric disorders. Thereinto, as a noninvasive imaging technique based on blood-oxygen-level-dependent (BOLD) signal, resting-state functional magnetic resonance imaging (rs-fMRI) has been widely used to measure spontaneous brain activity, thus potentially elucidating the neural mechanisms of migraine (Chen & Glover, 2015; Fox & Raichle, 2007; Gusnard et al., 2001; Schwedt et al., 2015). There are several analytic approaches to depict the characteristics of BOLD signals in rs-fMRI, such as amplitude of low-frequency fluctuations (ALFF), fractional amplitude of low-frequency fluctuations (fALFF), and regional homogeneity (ReHo). As reliable and reproducible data-driven approaches, ALFF estimates the total power of a given time course within the low-frequency range (e.g., 0.01–0.1 Hz), whereas fALFF represents the relative contribution of specific low-frequency oscillations to the whole frequency range (Zang et al., 2007; Zou et al., 2008). ReHo evaluates the similarity or synchronization of the time series between a given voxel and its nearest neighbors (Zang et al., 2004). An alternative imaging approach with radiotracer techniques like positron emission tomography (PET) or single-photon emission computed tomography could be used to measure regional cerebral blood flow (rCBF) or cerebral glucose metabolism, which can also reflect spontaneous neuronal activity (Hannawi et al., 2015; Schytz et al., 2019). Besides, arterial spin labeling (ASL), a technique utilizing magnetically labeled arterial blood water protons as endogenous tracer, is able to provide reliable absolute quantification of rCBF as well (Petcharunpaisan et al., 2010).

Numerous studies have identified extensive spontaneous brain activity changes in multiple brain regions in migraineurs compared with healthy controls (HCs), such as the frontal cortex (Lisicki et al., 2019; Wei et al., 2022; Zhang et al., 2021), cerebellum (Liu et al., 2021; Wang et al., 2016; Zhao et al., 2014), and middle temporal gyrus (Michels et al., 2019; Ning et al., 2017; Zhao et al., 2013). The affected brain regions found in these studies vary considerably, and even conflicting findings exist in some studies. For example, some studies found increased ReHo in the thalamus in migraineurs (Chen et al., 2019; Meylakh et al., 2018), whereas another study observed

decreased ReHo in the same region (Zhao et al., 2014). In addition, increased ALFF and decreased ReHo in the putamen were also detected in distinct studies (Chen et al., 2019; Li et al., 2017). The reasons for these inconsistent results come from multiple aspects. The neuroimaging approaches mentioned above rely on different underlying theoretical assumptions, and although they can all be used to measure intrinsic neuronal activity, these differences might lead to divergent results. The differences in demographic and clinical characteristics of subjects, and analytic protocols (e.g., data preprocessing and statistical analysis) are also possible reasons. In addition, individual studies with small sample sizes have low statistical power and higher probability of false positives, which could affect the generalizability of obtained results (Müller et al., 2018; Tahmasian et al., 2019). This inconsistency hindered us from understanding the pathophysiological mechanisms of migraine, and further exploration is really warranted to advance the field. Neuroimaging meta-analysis method enables unbiased synthesis of results from numerous studies. Early neuroimaging meta-analyses in migraine mostly summarized brain morphological alterations (Masson et al., 2021; Sheng et al., 2020; Wang, Wang, et al., 2020). To our knowledge, there has not yet been a quantitative meta-analysis targeting the resting-state local dysfunction of specialized brain regions in migraineurs. Hence, with the anisotropic effect size version of seed-based *d* mapping (AES-SDM) software, we performed a whole-brain voxel-wise meta-analysis to unify various findings of previous functional neuroimaging studies into consistent patterns of impairments in migraine.

AES-SDM is a coordinate-based meta-analytic tool that quantitatively integrates published studies using reported peak coordinates and statistical parametric maps. With strict selection of brain regions at the whole-brain level and unbiased inclusion of null findings, AES-SDM has high sensitivity and a low rate of false positives (Radua et al., 2014; Radua & Mataix-Cols, 2012). Furthermore, it has the advantage over activation likelihood estimate or multilevel kernel density analysis methods for combining both positive and negative coordinates in the same map to prevent opposite directions of findings in a particular voxel at the same time (Radua & Mataix-Cols, 2009). Hitherto, AES-SDM has proven to be a powerful tool and is widely used in neuroimaging meta-analyses (Li et al., 2022; Pan et al., 2021). In the present meta-analysis, the aims were mainly twofold. First, we sought to obtain consistent and robust results of spontaneous brain activity alterations in patients with migraine by integrating existing eligible studies about resting-state brain activity; second, we aimed to explore the underlying roles of different demographic, clinical, or methodological variables in main results through subgroup meta-analyses and meta-regression analyses.

2 | METHODS

2.1 | Search strategy and selection criteria

A systematic search was conducted in PubMed, Web of Science, and Embase databases to retrieve studies published before April 2022

with the following search terms: “migraine” and (“neuroimaging” or “fMRI” or “functional magnetic resonance imaging” or “ALFF” or “amplitude of low-frequency fluctuations” or “fALFF” or “fractional amplitude of low-frequency fluctuations” or “ReHo” or “regional homogeneity” or “ASL” or “arterial spin labeling” or “PET” or “positron emission tomography” or “SPECT” or “single photon emission computed tomography”) and (“resting state” or “rest”). The reference lists of included studies and relevant scholarly reviews were also searched for additional studies. To be included, the studies needed to satisfy the following criteria: (1) the studies were original research and published in English-language journals with peer review; (2) enrolled adult patients with migraine according to established diagnostic criteria; (3) conducted a whole-brain voxel-wise analysis to compare regional spontaneous brain activity of migraineurs with that of HCs; (4) provided three-dimensional coordinates of significant clusters in Montreal Neurological Institute (MNI) or Talairach space, or reported null findings; (5) applied consistent statistical thresholds across the whole brain. The exclusion criteria were as follows: (1) the studies concerned other types of headache (e.g., cluster headache, medication overuse headache or tension headache) or a special subtype of migraine (e.g., vestibular migraine or pediatric migraine); (2) the studies

only reported results obtained from the region of interest analysis or small volume correction; (3) the number of participants was less than seven in either the migraine group or control group (Tahmasian et al., 2019); (4) sufficient data for the meta-analysis could not be obtained from original articles or after contacting the authors. If one patient group overlapped with another study, the study with larger sample size was retained. If an article reported multiple independent patient samples or neuroimaging metrics, they were treated as separate datasets. Moreover, in case of a longitudinal design, we only included the baseline comparison between patients and HCs. The preferred reporting items for systematic reviews and meta-analyses guidelines were followed in our study (Moher et al., 2009), and the detailed research screening process is presented in Figure 1.

2.2 | Data extraction

The following information was extracted from the retrieved studies: demographic (e.g., sample size, mean age and gender) and clinical characteristics (e.g., illness duration, medication status, and pain intensity), methodological features, peak coordinates and statistics (e.g., t -

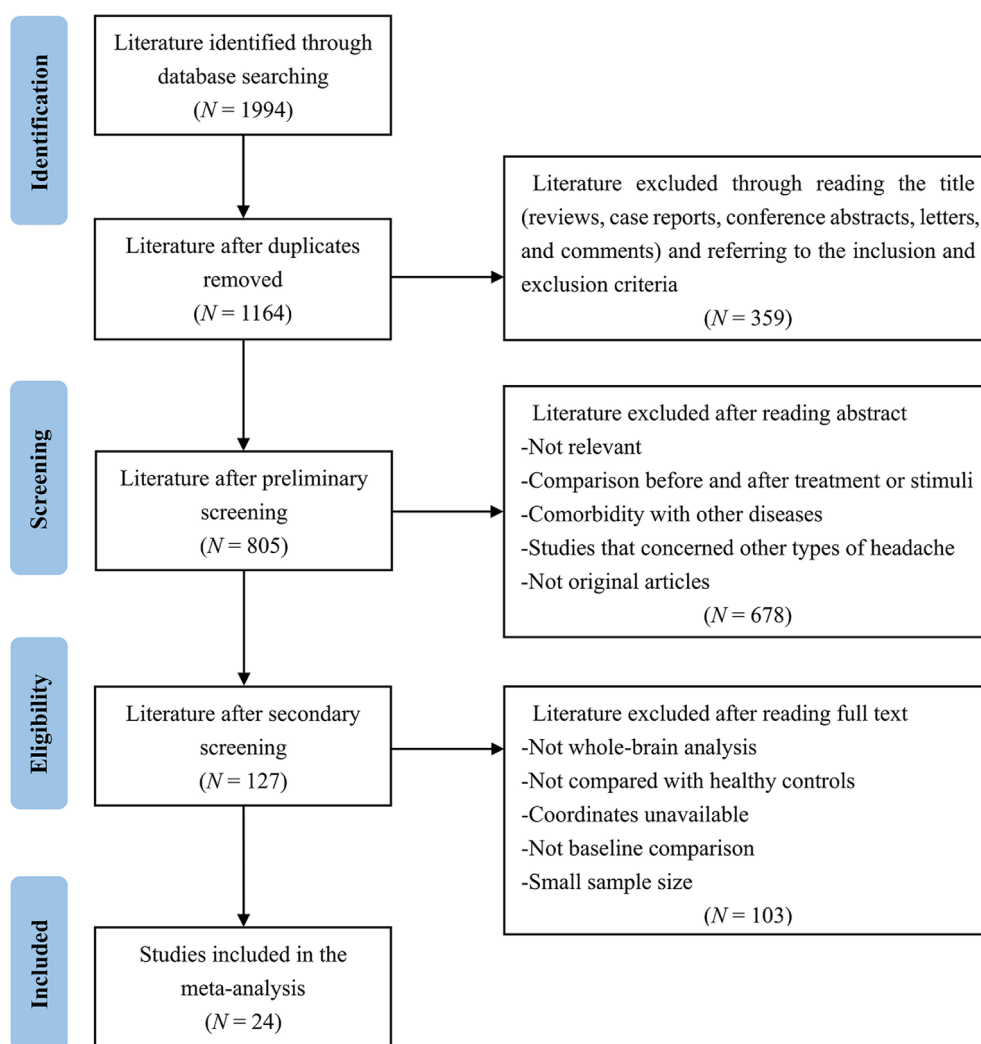


FIGURE 1 The flow diagram of the search strategy and retrieved studies according to the PRISMA guidelines. *N*, number; PRISMA, preferred reporting items for systematic reviews and meta-analyses

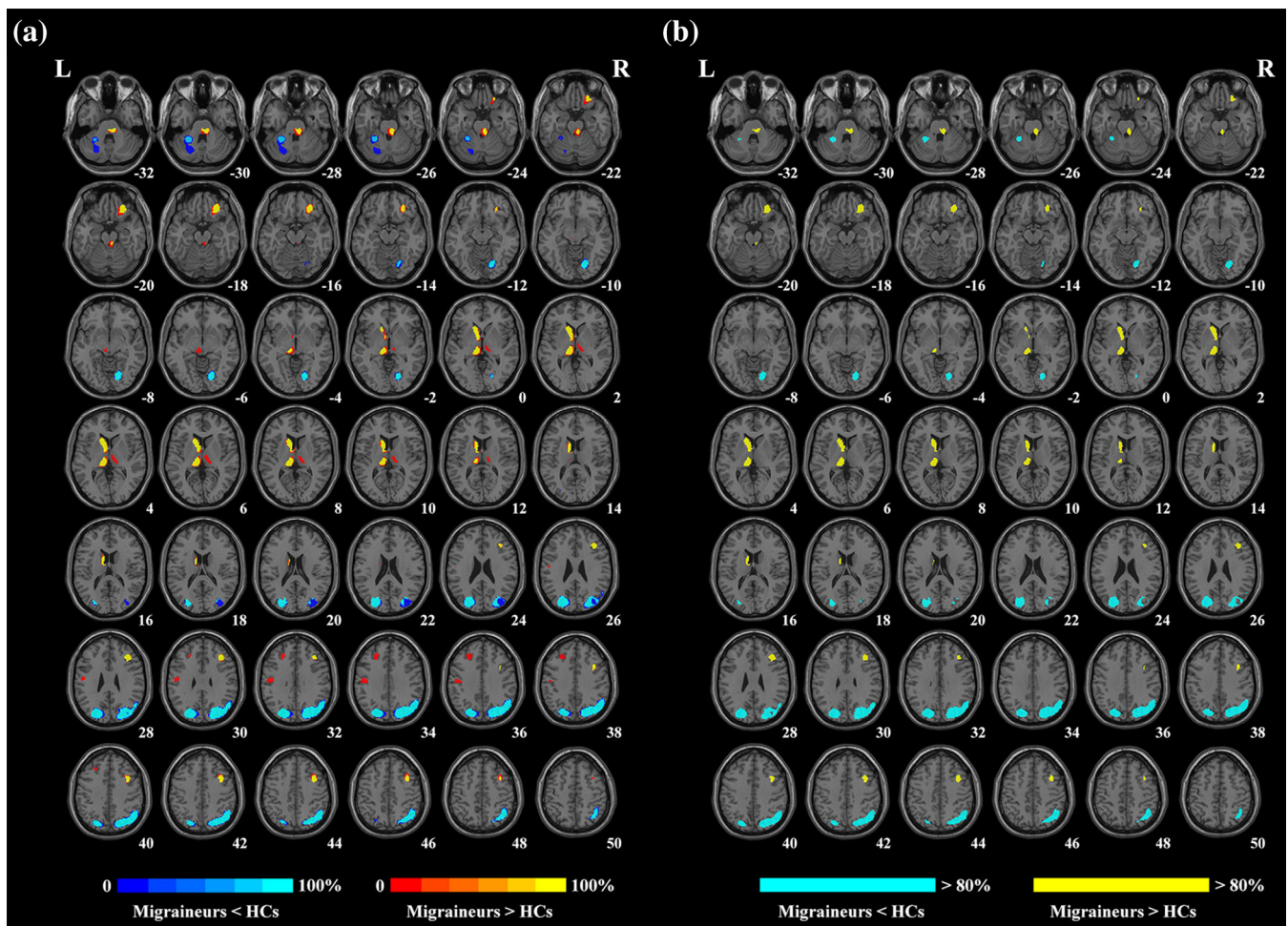


FIGURE 3 Results of the jackknife sensitivity analysis. (a) The voxel-wise probability map presents significant clusters in jackknife analysis, and the value in each voxel represents the probability of occurrence in all iterations. (b) Regions that survived more than 80% iterations. HCs, healthy controls; L, left; R, right

Functional deficits in the cerebellum may have implications for trigeminal nociception and multimodal information integration, and contribute to susceptibility to migraine attacks (Russo et al., 2019).

We found an increased brain activity in the left caudate in migraineurs. The caudate plays a key role in both sensory processing and suppression of pain (Wunderlich et al., 2011). We thus infer that increased intrinsic brain activity in it may represent an adaptive response to migraine attacks. Migraine patients had relatively higher intrinsic brain activity in the left thalamus in our meta-analysis. The thalamus is a critical center for relaying ascending nociceptive information from the peripheral nervous system to the cortex. It is not only involved in pain processing, but also responsible for fundamental roles in sensory hypersensitivity of the auditory, visual and somatosensory systems in migraine patients. The thalamus also plays an additional role in the development of migraine and migraine-related symptoms (Niddam et al., 2018; Younis et al., 2019). Increased neuronal activity in the thalamus suggests dysfunctional pain processing in migraine, and we speculate that it could be implicated in long-term ongoing transmission of nociceptive information induced by frequent migraine attacks.

The descending pain system of brainstem is the major site of trigeminal pain processing and modulation. Within brainstem, the periaqueductal gray is thought to be a key area in migraine. As a relay station between cortical and brainstem structures, the periaqueductal gray plays a vital part in the modulation of pain by providing an antinociceptive effect on the primary afferent system as well as influencing autonomic and defensive behavioral responses (Akerman et al., 2011; Gee et al., 2005). Our current research showed an abnormally increased brain activity in the right part of the pons, providing new evidence for the functional impairments in brainstem that contributes to the neural pathophysiology of migraine.

Significantly increased local activity was found in the prefrontal cortex (PFC), including the right MFG, right ORBmid/ORBsup/ORBinf, and right IFGtriang. Existing studies have highlighted frontal lobe-related cognitive impairments in migraineurs, including working memory and executive function deficits, and identified abnormalities within these regions, especially the PFC, which is essential to executive control of pain-related stimuli, and act as a hub of the descending pain modulatory system (Lorenz et al., 2003; Schmitz et al., 2008; Wager et al., 2004). We found an excessive increase in the correlation and

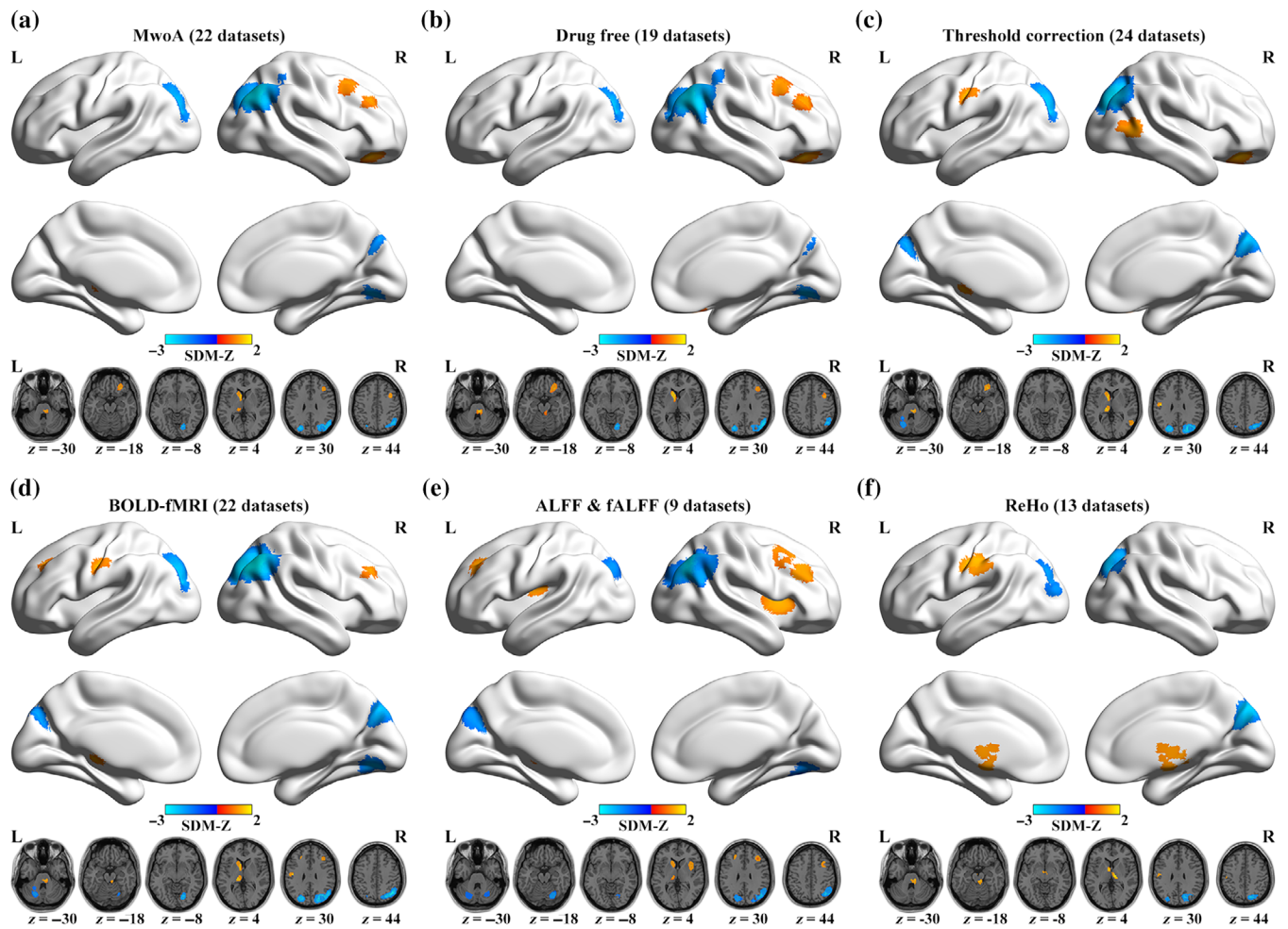


FIGURE 4 Regions of significantly altered spontaneous brain activity in six specific subgroups: (a) MwoA patients, (b) drug-free patients, (c) threshold correction, (d) BOLD-fMRI studies, (e) ALFF/fALFF studies, (f) ReHo studies. ALFF, amplitude of low-frequency fluctuations; BOLD, blood-oxygen-level-dependent; fALFF, fractional amplitude of low-frequency fluctuations; fMRI, functional magnetic resonance imaging; L, left; MwoA, migraine without aura; R, right; ReHo, regional homogeneity; SDM, seed-based *d* mapping

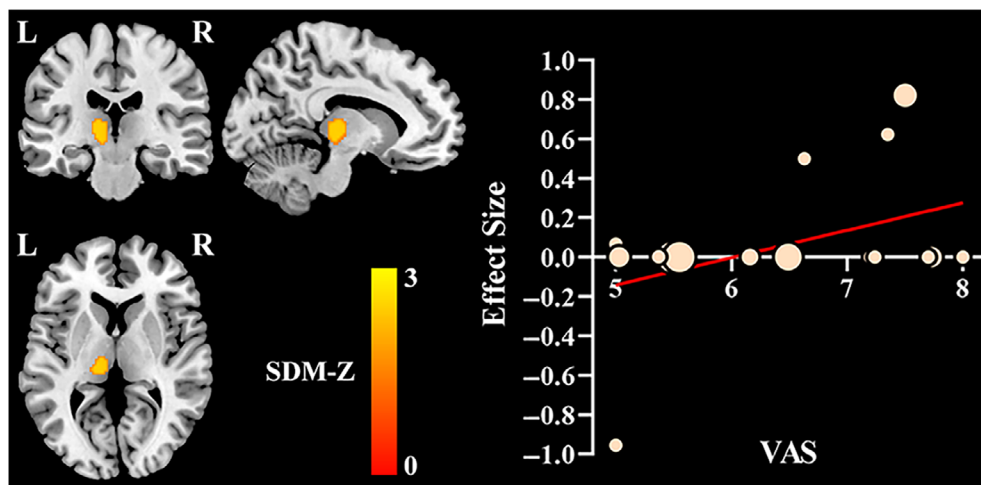


FIGURE 5 Significant result of meta-regression analyses. The VAS score was positively associated with resting-state brain activity alterations in the left thalamus. In the scatter plot, each dot represents a dataset, with larger dots representing greater sample sizes. L, left; R, right; SDM, seed-based *d* mapping; VAS, visual analog scale

synchronization of local spontaneous brain activity, thus suggesting impaired cognitive and emotion processing of pain in the PFC.

According to the results of meta-regression analyses, only the VAS, which is a unidimensional measure of pain intensity and used to

record the pain progression of patients (the higher scores mean more pain intensity), was found to be positively associated with altered spontaneous brain activity in the left thalamus. The more intense the pain, the abnormally higher spontaneous brain activity would be

observed in this region. Therefore, we infer that clinical symptoms are associated with neuronal activation abnormalities and pain processing dysfunction in the left thalamus. In addition, Egger's tests indicated that the right ANG/MOG/SOG were subject to publication bias. This may be related to the fact that small studies have lower statistical power, and consequently, their effect sizes are not capable of reaching statistical significance and imputed as null effect sizes. Samples heterogeneity, the tendency to publish studies with positive rather than negative results, and incomplete studies inclusion (for the studies were limited to those published in English), are also possible causes of publication bias (Müller et al., 2018; Tahmasian et al., 2019). Verification is needed in further studies.

There are several limitations in our meta-analysis. First, we included studies using a variety of neuroimaging approaches to investigate resting-state abnormalities in migraine. All these imaging approaches could reflect intrinsic brain activity, but their different theoretical bases and methodologies may have implications for the meta-analysis. To address this issue, we performed three subgroup analyses, including only the BOLD-fMRI studies, fALFF/ALFF studies, or ReHo studies. We did not perform subgroup analyses of ASL studies or PET studies due to insufficient datasets. Despite the fact that relevant subgroup meta-analyses were performed in this study, the influence may not be fully eliminated. Second, of the 31 datasets included in our study, the sample sizes range from 7 to 72 in the migraine groups and from 14 to 78 in the HC groups. Studies with small sample sizes have a higher probability of false positives that affected the generalizability of the obtained results. It is highly required to increase the sample size (and therefore statistical power) in future research. Third, migraine is a neurological disease with heterogeneous clinical conditions among patients. We have performed meta-analyses for the subgroup of migraine without aura and unmedicated patients. Given a lack of data, it was unavailable to carry out other subgroup meta-analyses, such as studies with female or male subjects, studies with medicated patients, and studies with migraine patients with aura. Finally, the coordinate-based meta-analysis only summarizes reported local peak coordinates rather than working with raw data, which may lead to less precise results (Salimi-Khorshidi et al., 2009).

5 | CONCLUSION

We performed the first quantitative voxel-wise meta-analysis of whole-brain resting-state neuroimaging studies for migraine that employed more than one imaging metric, with the aim of providing the most comprehensive overview of spontaneous brain activity patterns impairments in migraineurs. Our findings indicated that migraineurs demonstrated a decreased spontaneous brain activity in the ANG, visual cortex, and cerebellum, whereas increased activity in the caudate, thalamus, pons, and PFC. Meta-regression analyses revealed that a higher VAS score in the patient sample was associated with increased spontaneous brain activity in the left thalamus. These findings could provide useful insights into the underlying pathophysiology of brain dysfunction in migraine and guide further research.

AUTHOR CONTRIBUTIONS

Feng Liu, Lining Guo, and Qiang Xu contributed to the study design. Mengjing Cai, Yao Zhao, He Wang, Dianxun Fu, and Lin Ma prepared and managed the data. Mengjing Cai, Jiawei Liu, Xuexiang Wang, Juanwei Ma, and Mengge Liu performed data analysis and interpretation. Mengjing Cai, Jiawei Liu, and Xuexiang Wang wrote the article. Feng Liu, Lining Guo, Qiang Xu, and Wenqin Wang critically reviewed the article. All authors read and approved the final article.

CONFLICT OF INTEREST

The author declares that there is no conflict of interest that could be perceived as prejudicing the impartiality of the research reported.

DATA AVAILABILITY STATEMENT

The input datasets and result files for the current study are publicly available in figshare at <https://doi.org/10.6084/m9.figshare.20522805.v1>.

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