

ORIGINAL RESEARCH

Current Surgical Management of Acute Type A Aortic Dissection in China

A Multicenter Registry Study



Rui Zhao, MD,^a Juntao Qiu, MD,^a Lu Dai, MD,^a Jian Song, MD,^a Shuya Fan, MD,^a Fangfang Cao, MD,^a Jiawei Qiu, MD,^a Zhiyun Xu, MD,^b Ruixing Fan, MD,^c Yingqiang Guo, MD,^d Tianxiang Gu, MD,^e Xionggang Jiang, MD,^f Decai Li, MD,^g Chenhui Qiao, MD,^h Ziyang Chen, MD,ⁱ Bing Song, MD,^j Cuntao Yu, MD^a

ABSTRACT

BACKGROUND Many countries and regions have established multicenter registration studies to improve the outcomes of acute type A aortic dissection (ATAAD).

OBJECTIVES The aims of this study were to report actual preoperative management, surgery type, and early outcomes of surgical treatment for ATAAD in China.

METHODS This cohort study uses data from the China Registry of Type A Aortic Dissection, a national clinical registry to investigate management of patients with Stanford type A aortic dissection. The data, including surgical management and outcomes of patients with ATAAD, were analyzed from January 2018 to December 2021.

RESULTS A total of 1,058 patients with ATAAD were enrolled in this study between January 2018 and December 2021. The mean age of all patients was 51.6 ± 11.7 years. The median interval from onset to hospital was 10.65 hours (IQR: 6–24 hours), and the median interval from entering the emergency room to starting operation was 13 hours (IQR: 4.08–28.7 hours). Total arch repair was performed in 938 patients (88.7%), and frozen elephant trunk repair was performed in 800 patients (75.6%). The incidence of early mortality was 7.6%.

CONCLUSIONS The population of patients with ATAAD in China experienced a longer interval from onset to arrival at the hospital, received more extensive aortic arch repair, and showed a relatively lower early mortality. These findings suggest that there may be a huge survivor bias in patients with ATAAD in China, more efforts should be made to promote prehospital emergency care and preoperative management of Chinese ATAAD patients. (A multicenter registration study of aortic dissection in China; [ChiCTR1800015338](https://clinicaltrials.gov/ct2/show/study/NCT04180001)). (JACC: Asia 2022;2:869–878) © 2022 The Authors. Published by Elsevier on behalf of the American College of Cardiology Foundation. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

From the ^aDepartment of Cardiovascular Surgery, Fuwai Hospital, National Center for Cardiovascular Diseases, Chinese Academy of Medical Sciences and Peking Union Medical College, Beijing, China; ^bDepartment of Cardiothoracic Surgery, Changhai Hospital, Second Military Medical University, Shanghai, China; ^cGuangdong Cardiovascular Institute, Guangdong Provincial People's Hospital, Guangdong Academy of Medical Sciences, Guangzhou, China; ^dDepartment of Cardiovascular Surgery, West China Hospital of Sichuan University, Chengdu, China; ^eCardiac Surgery, First Hospital of China Medical University, Shenyang, China; ^fDepartment of Cardiovascular Surgery, Union Hospital, Tongji Medical College, Huazhong University of Science and Technology, Wuhan, China; ^gShandong Provincial Hospital, School of Medicine, Shandong University, Jinan, China; ^hDepartment of Cardiovascular Surgery, The First Affiliated Hospital of Zhengzhou University, Zhengzhou, China; ⁱDepartment of Cardiac Surgery, The Second Hospital of Hebei Medical University, Shijiazhuang, China; and the ^jDepartment of Cardiovascular Surgery, The First Hospital of Lanzhou University, Lanzhou, China.

The authors attest they are in compliance with human studies committees and animal welfare regulations of the authors' institutions and Food and Drug Administration guidelines, including patient consent where appropriate. For more information, visit the [Author Center](#).

Manuscript received June 15, 2022; revised manuscript received August 4, 2022, accepted August 7, 2022.

ABBREVIATIONS AND ACRONYMS

ATAAD = acute type A aortic dissection

FET = frozen elephant trunk

TAAD = type A aortic dissection

TAR = total arch replacement

Acute type A aortic dissection (ATAAD) is the most common aortic catastrophe and life-threatening disease associated with high morbidity and mortality rates.¹⁻³ Many countries and regions have established multicenter registration studies.⁴⁻⁷ The International Registry of Aortic Dissection (IRAD) established in 1996 has published a number of studies that reported a significant impact on the diagnosis and treatment of aortic dissection worldwide.^{8,9} In 2018, the Registry of Type A Aortic Dissection in China was established in accordance with the model of the International Registration of Aortic Dissection. The aims of this study were to report actual preoperative management, surgery type, and early outcomes of surgical treatment for ATAAD in China.

METHODS

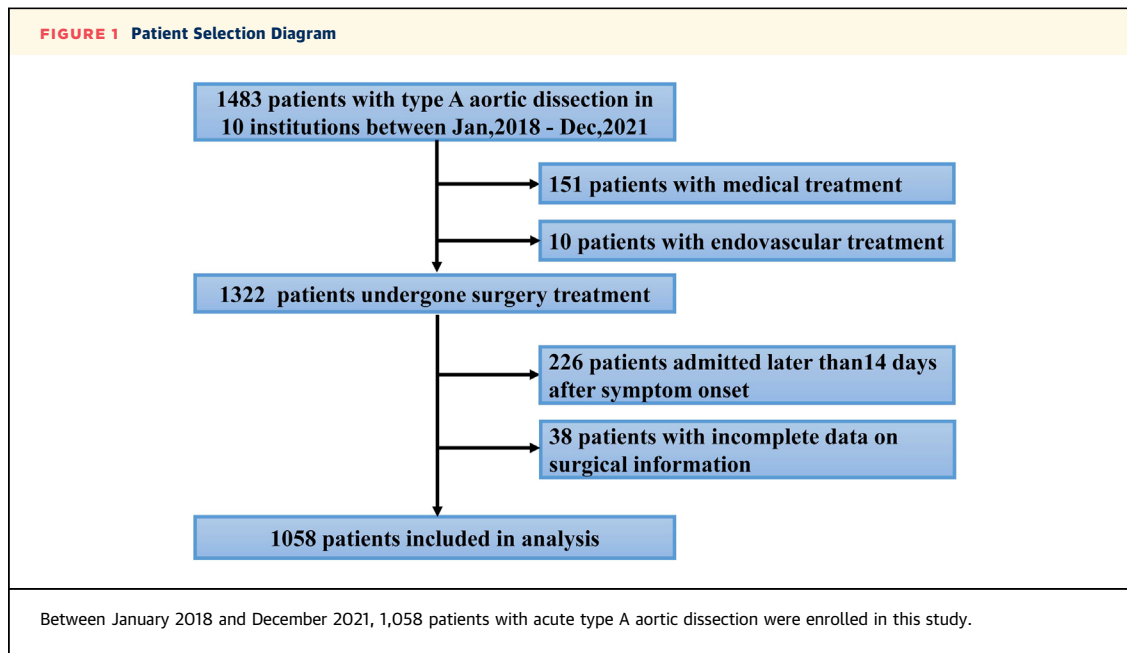
STUDY DESIGN AND DATA SOURCE. We performed a retrospective cohort study of prospectively collected data from patients included in the China Registry of Type A Aortic Dissection, who underwent surgery for type A aortic dissection (TAAD) between January 2018 and December 2021. The Registry of Type A Aortic Dissection in China was launched in 2018 by Fuwai Hospital, National Center for Cardiovascular Disease, and another 9 centers in China are currently participating in the registry study, including West China Hospital, Changhai Hospital, First Hospital of China Medical University, Guangdong Provincial People's Hospital, First Hospital of Lanzhou University, Wuhan Union Hospital, Second Hospital of Hebei Medical University, Shandong Provincial Hospital, and First Affiliated Hospital of Zhengzhou University. The study's registry number in the Chinese Clinical Trial Registry is [ChiCTR1800015338](#). An online database was established at the same time. Patients were identified based on imaging, surgical databases, and/or diagnostic records. The diagnosis of TAAD was based on patient history, diagnostic testing, and operative findings. This study was conducted and findings were reported according to the Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) guidelines for cohort studies. The data and methods used for this study are available to other researchers on request. This retrospective observational study was approved by the Institutional Review Board of Fuwai Hospital, National Center for Cardiovascular Disease (2017-877).

PATIENT COHORT AND OUTCOME MEASURES.

Between January 2018 and December 2021, 1,483 patients who had TAAD, including surgical treatment (n = 1,322), endovascular treatment (n = 10), and medical treatment (n = 151), were registered in the Registry of Type A Aortic Dissection in the China database. Of these patients, 38 patients were excluded because of the lack of surgical-specific information, 226 patients received surgery treatment but admitted later than 14 days after symptom onset, and finally 1,058 with ATAAD were enrolled in this study (Figure 1). Data on patient demographic characteristics, medical history, symptoms and signs, management, and outcomes were collected by all 10 centers and were entered into the website case report forms. The imaging data were sent to Fuwai Hospital via CD-ROM or the Internet.

ATAAD is traditionally defined as <14 days from symptom onset, and chronic aortic dissection is defined as >14 days from symptom onset according to the IRAD classification.¹⁰ The transport distance of the patient is defined as the driving distance from the patient's home address to the medical center, which is calculated using Alibaba cloud and Auto Navi Map. The interval from onset to hospital was defined as the time between onset of the first symptoms to arrival in the emergency room. The interval from entering the emergency room to starting operation was defined as the time from emergency department admission to surgery. All patients received blood pressure control treatment after entering the emergency department. We recorded the treatment drugs and blood pressure levels. Malperfusion refers to acute organ ischemia secondary to aortic branch vessel hypoperfusion.¹¹ Drinking was defined as the consumption of an alcoholic beverage at least 3 times per week. In-hospital mortality was defined as all-cause death during hospitalization. Stroke was defined as a persistent central neurologic deficit (focal or generalized), as assessed by 1 neurologist. Re-exploration was defined as re-exploration for bleeding. Acute kidney insufficiency was defined as serum creatinine increased by >1.5 times the baseline values, a glomerular filtration rate decrease by >25%, or urine output <0.5 mL/kg/h for 6 hours, and hepatic dysfunction manifested as transient elevated hepatic enzymes by 1.5 times the upper range of normal <48 h and was self-limiting according to the International Aortic Arch Surgery Study Group.¹²

STATISTICAL ANALYSIS. Normality was assessed with the Shapiro-Wilk statistic. Continuous variables



with a normal distribution are expressed as the mean \pm SD and were compared using the *t* test. Non-normally distributed continuous data are summarized as the median (IQR) and were compared using the Mann-Whitney *U* test. Categorical variables were expressed as counts and composition ratios and were compared using the chi-square test or Fisher exact test as appropriate. A 2-tailed *P* value <0.05 was regarded as statistically significant in this study. Analyses were performed using R, version 4.1.0.

RESULTS

DEMOGRAPHICS AND HISTORY. Between January 2018 and December 2021, 1,058 patients with ATAAD were enrolled in this study (Figure 1). The mean age of all patients was 51.6 ± 11.7 years, and 806 (76.2%) of the patients were male (Table 1). A history of hypertension was elicited in 76.1% of patients, hyperlipidemia in 19.9%, diabetes in 4.1%, coronary heart disease in 6.7%, and Marfan syndrome was present in 2.6%. Approximately 8.5% of patients had previous aortic surgery, and the prevalence of cardiac surgery history was 4.2%. Nearly 40% of the patients had a history of smoking. Of all patients, 373 (39.1%) had mild aortic insufficiency, 210 (22%) had moderate aortic insufficiency, and 64 (6.7%) had severe aortic insufficiency.

PRESENTING SYMPTOMS AND MANAGEMENT IN ATAAD. The median interval from onset to hospital was 10.65 hours (IQR: 6-24 hours), and the

median interval from entering emergency room to starting operation was 13 hours (IQR: 4.08-28.7 hours) (Table 2, Central Illustration). The distribution of interval from onset to arrival to hospital and the interval from entering emergency room to starting operation by hour are shown in Figure 2. The median transport distance of patients with ATAAD was 176.3 kilometers (IQR: 37.7-382.8 kilometers). Chest pain was the most common presenting symptom (66.2%) in ATAAD, followed by back pain (52.9%) and abdominal pain (23.2%). A total of 56 (8.2%) patients with ATAAD had uncontrollable hypertension (systolic blood pressure higher than 140 mm Hg), and 41 (6%) patients had a systolic blood pressure lower than 100 mm Hg during the emergency room. Approximately 5% of patients presented with syncope, and 147 (13.9%) patients presented with malperfusion syndrome. Coma and tamponade accounted for only 0.7%, respectively (Table 2). All patients received computed tomography, and 91.2% of patients received transesophageal or transthoracic echocardiography.

SURGICAL MANAGEMENT. All 1,058 patients received surgical management and 893 (84.4%) patients were DeBakey I (Table 3). Bentall procedure was performed for 20.4% of all patients, valve-sparing root replacement in 3.5%. Ascending aorta replacement alone was performed in 1.6%, among which DeBakey II patients were used more than DeBakey I patients (6.7% vs 0.7%, $P < 0.001$). Aortic arch surgery was indicated for 93.5% of patients

TABLE 1 Characteristics of 1,058 Patients With ATAAD Who Underwent Repair From January 2018 to December 2021

Age, y	51.6 ± 11.7
Age ≥80 y	5 (0.5)
Male	806 (76.2)
Body mass index, kg/m ²	26 ± 4
Patient transport distance, km	176.3 (37.7-382.8)
Hypertension	803 (76.1)
Hyperlipidemia	137 (19.9)
Diabetes mellitus	43 (4.1)
Coronary artery disease	46 (6.7)
COPD	3 (0.4)
Chronic renal failure	2 (0.3)
Marfan syndrome	27 (2.6)
Family history	3(0.3)
Pervious aortic dissection	13 (1.9)
Aortic surgery history	90 (8.5)
Cardiac surgery history	44 (4.2)
Smoker	415 (39.4)
Drinking	186 (18.0)
Hemoglobin, g/dL	13.5 (12.2-14.6)
White blood cell, *10 ⁹ /L	11.4 (9.2-14)
Platelet, *10 ⁹ /L	173 (139-223)
Creatinine, μmol/L	87.1 (70.0-109.2)
ALT, μ/L	21 (14.8-36)
AST, μ/L	25 (19-37)
D-Dimer, mg/L	7.7 (2.5-20)
Aortic insufficiency	
None	307 (32.2)
Mild	373 (39.1)
Moderate	210 (22)
Severe	64 (6.7)
Aortic annulus diameter, mm	25 (23-26)
Aortic sinus diameter, mm	41 (37-47)
Ascending aortic diameter, mm	45 (40-50)
Ejection fraction, %	60 (58-64)
Left ventricular end diastolic diameter, mm	50 (46-55)

Values are mean ± SD, n (%), or median (IQR).
ATAAD = acute type A aortic dissection; ALT = alanine aminotransferase; AST = aspartate aminotransferase; COPD = chronic obstructive pulmonary disease.

(partial arch replacement in 4.8% and total arch replacement [TAR] in 88.7%) (**Central Illustration**). Frozen elephant trunk (FET) (CRONUS, MicroPort Medical Company Limited) and hybrid aortic arch replacement were performed in 75.6% and 10.8% of patients, respectively. Concomitant procedures, including coronary artery bypass grafting and extra-anatomic bypass, were carried out in a limited number of patients (15% and 3%, respectively). The proportion and combination of all operations are

shown in **Figure 3**. The most common surgical method is TAR combined with FET surgery, followed by Bentall surgery combined with the previously mentioned operations. The median surgery time was 6.83 hours (IQR: 5.75-8.33 hours), the median cardiopulmonary bypass time was 190 minutes (IQR: 156.25-230 minutes), the median aortic cross-clamping time was 118 minutes (IQR: 94-145 minutes), and the median hypothermia circulatory arrest time was 17 minutes (IQR: 10-22 minutes).

EARLY OUTCOMES. Overall, 80 patients (7.6%) died in the hospital, the median length of hospital stay among surviving patients was 14 days (IQR: 10-20 days), the median length of intensive care unit stay was 54 hours (IQR: 6-127.81 hours), and the median mechanical ventilation time was 23 hours (IQR: 13-65 hours) (**Table 4**). Pneumonia was most common complication (30.1%), followed by postoperative liver dysfunction (22.9%), acute kidney insufficiency (18.2%), mental symptoms (10.7%), respiratory failure (9.1%), pleural effusion (8.3%), readmission to the intensive care unit (4.3%), stroke (3.6%), pericardial effusion (2.7%), gastrointestinal bleeding (2.3%), re-exploration for bleeding (2.3%), paraplegia (1.7%), multiple organ dysfunction syndrome (1.5%), and sternal wound infection (0.6%). Device-assisted therapy, including continuous renal replacement therapy, extracorporeal membrane oxygenation, and intra-aortic balloon pump, was implemented in a limited number of patients (8.3%, 1.5%, and 0.6%, respectively).

DISCUSSION

Globally, ATAAD is still considered a disease with high morbidity and mortality, and it remains a challenge to diagnose and treat. The large-scale multi-center registration study gives us a deeper understanding of the characteristics of ATAAD, and there has been a significant decrease in overall in-hospital mortality in ATAAD over the past 50 years.¹³ Therefore, the China Registry of Type A Aortic Dissection was established in accordance with the IRAD model in 2018 to improve the management of ATAAD in the Chinese population. We found that the population of patients with ATAAD in China undergoing surgery was younger, received more extensive aortic arch repair, and experienced a longer interval, and distance, from onset to arrival at the hospital but showed a relatively low early mortality (**Central Illustration**).

TABLE 2 Presenting Symptoms in ATAAD (N = 1,058)

Interval from onset to hospital, h	10.65 (6-24)
Interval from ER to surgery, h	13.00 (4.08-28.7)
Blood pressure control, mm Hg	
≥140	56 (8.2)
130≤BP<140	148 (21.7)
120≤BP<130	138 (20.3)
110≤BP<120	174 (25.6)
100≤BP<110	124 (18.2)
<100	41 (6.0)
Drug use	
Calcium channel blocker	431 (62.2)
β blocker	522 (75.3)
Sedatives	127 (18.3)
Analgesics	306 (44.2)
Urgent trachea intubation	11 (1.7)
Presenting symptoms	
Chest pain	689 (66.2)
Back pain	551 (52.9)
Abdominal pain	241 (23.2)
Malperfusion syndrome	147 (13.9)
lower extremity malperfusion	47 (4.5)
Cardiac ischemia	18 (1.7)
Visceral ischemia	23 (2.2)
Renal malperfusion	69 (6.5)
Syncope	50 (4.7)
Coma	5 (0.7)
Tamponade	7 (0.7)
DeBakey classification	
Type I	893 (84.4)
Type II	165 (15.6)

Values are median (IQR) or n (%).

BP = blood pressure; ER = emergency room; other abbreviations as in Table 1.

Compared with type B aortic dissection, the management of ATAAD is more complex, and the prognosis needs to be improved.¹⁴ Therefore, many researchers have established a separate database for ATAAD instead of grouping all types of aortic dissection, and the American Association for Thoracic Surgery has launched an expert consensus document for the surgical treatment of ATAAD.¹⁵ The German Registry for Acute Aortic Dissection Type A (GERAADA) was started in 2006 by the German Society for Thoracic and Cardiovascular Surgery, and the Nordic Consortium for Acute Type A Aortic Dissection was a collaborative effort of Nordic cardiac surgery centers to study ATAAD.^{4,16} Nineteen centers of cardiac surgery from 7 European countries have collaborated to create a multicenter observational registry-European registry of TAAAD.⁷ In addition, many large multicenter cardiac surgery or aortic dissection databases also analyze patients with TAAAD separately. The Society for Thoracic Surgeons National Adult Cardiac Surgery Database is the largest registry for heart surgery in the world and examines current patient characteristics, predictors, and outcomes for acute TAAAD.¹⁷ The Japanese Registry of Acute Aortic Dissection (JRAD) was started in 2011 and revealed the actual clinical setting for the treatment of acute type A dissection in Japan.¹⁸ Therefore, it is necessary to establish a national multicenter database for TAAAD that can summarize the disease characteristics and management omissions to improve the prognosis.

The age of patients undergoing surgery for TAAAD in China is still strikingly younger. Previous studies have also shown that the Chinese population

CENTRAL ILLUSTRATION Current Surgical Management of Acute Type A Aortic Dissection in China

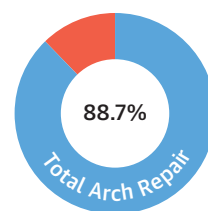
Median interval from onset to hospital



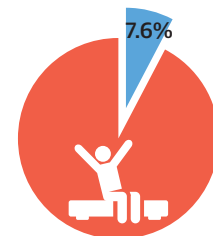
Median interval from ER to surgery



Total arch repair was used in 88.7% ATAAD patients

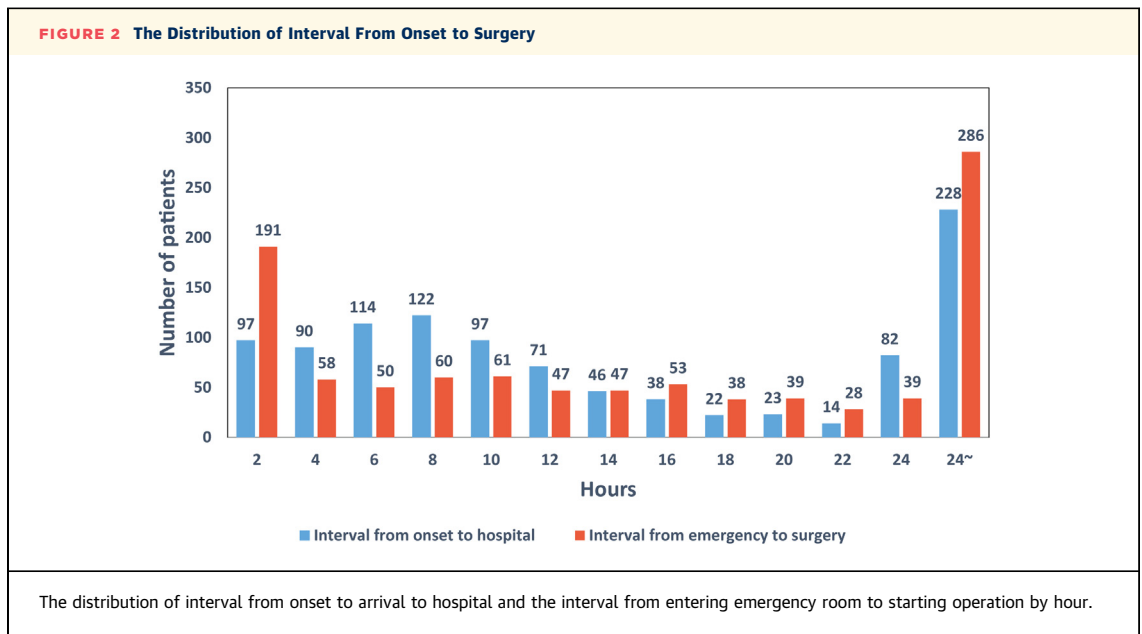


In-hospital mortality of 1,058 ATAAD patients was 7.6%



Zhao R, et al. JACC: Asia. 2022;2(7):869-878.

The median interval from onset to hospital was 10.65 hours, and the median interval from entering the emergency room (ER) to starting operation was 13 hours. Total arch repair was performed in 938 patients (88.7%). The incidence of early mortality was 7.6%. ATAAD = acute type A aortic dissection.



has a 1-decade disparity in age at onset compared with the IRAD database.¹⁹ We also reviewed recent data on countries and regions with similar geographic proximity and lifestyles to China, including Japan,⁶ South Korea,²⁰ and Taiwan.²¹ The average age of onset of aortic dissection in Japan is nearly 70 years

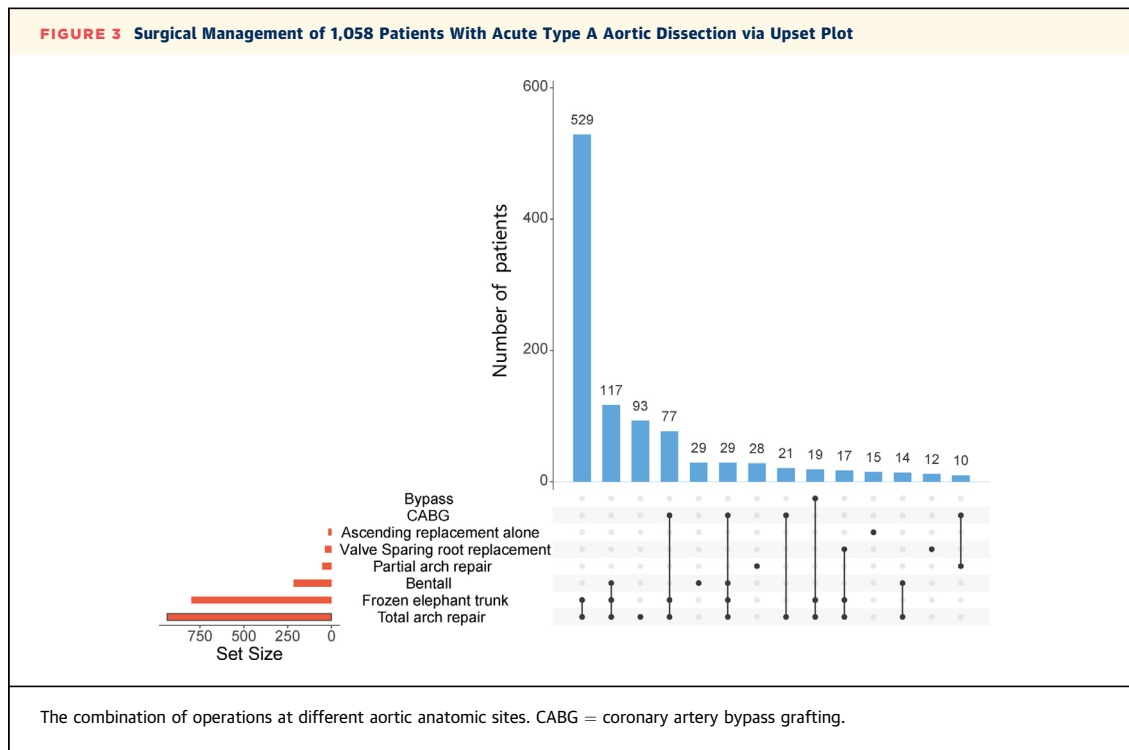
old, which is higher than the average age of the IRAD database. For South Korea and Taiwan, although their average onset ages are lower than IRAD, they are still slightly higher than the Chinese population. All the areas mentioned previously, except China, are developed countries/regions, so the difference in age

TABLE 3 Surgical Management of 1,058 Patients With ATAAD

	Overall (N = 1,058)	DeBakey I (n = 893)	DeBakey II (n = 165)	P Value
Ascending replacement alone	17 (1.6)	6 (0.7)	11 (6.7)	<0.001
Aortic root procedure				
Bentall	216 (20.4)	183 (20.5)	33 (20.0)	0.969
VSRR	37 (3.5)	26 (2.9)	11 (6.7)	0.029
Partial arch repair	51 (4.8)	28 (3.1)	23 (13.9)	<0.001
Total arch repair	938 (88.7)	829 (92.8)	109 (66.1)	<0.001
Total arch repair alone	24 (2.3)	729 (81.6)	95 (57.6)	<0.001
Hybrid arch repair	114 (10.8)	100 (11.2)	14 (8.5)	0.37
Frozen elephant trunk	800 (75.6)	711 (79.6)	89 (53.9)	<0.001
Concomitant surgery				
CABG	159 (15.0)	137 (15.4)	22 (13.3)	0.582
Extra-anatomic bypass	32 (3.0)	32 (3.6)	0 (0.0)	0.026
Surgery time, h	6.83 (5.75-8.33)	6.96 (5.91- 8.42)	6.38 (5.17- 7.75)	0.001
CPB time, min	190 (156.25-230)	195 (162- 235)	162 (130- 196)	<0.001
ACC time, min	118 (94-145)	120 (97- 146)	102 (76.75- 138)	<0.001
HCA time, min	17 (10-22)	16 (11- 21)	17 (0.5- 26.5)	0.779
Blood loss, mL	690 (600-900)	750 (600- 900)	630 (484.25- 900)	<0.001
Reb blood cell input, U	2 (0-4)	0 (0- 4)	1.50 (0- 4)	0.294
Plasma input, mL	400 (0-600)	400 (0- 600)	400 (0- 600)	0.705
Platelet input, U	1 (1- 2)	1 (1- 1.75)	1 (1- 1)	0.526

Values are n (%) or median (IQR).

ACC = aortic cross clamp; CABG = coronary artery bypass graft; CPB = cardiopulmonary bypass; HCA = hypothermic circulatory arrest; VSRR = valve-sparing root replacement; other abbreviation as in Table 1.



may be related to the economic level, to a certain extent. Our results may also provide reference for some developing countries all over the world.

Compared with other databases, the interval from the onset of symptoms to arrival at the hospital and the interval from entering the emergency room to starting operation were longer, which could reflect geographic and emergency medical factors. Therefore, we also analyzed the transport distance of patients for the first time, but there are no other studies to compare with these data. According to the IRAD data, the interval from diagnosis to surgical intervention is 4.3 hours.²² The median referral interval from onset of symptoms to arrival at JRAD centers was only 199 minutes.¹⁸ However, our data found that the preoperative transport time was more than twice that of IRAD, and even many patients did not receive timely treatment. This situation was particularly prominent in the outbreak of COVID-19 in 2020.²³ Even if a simple comparison of intervals between different studies is difficult, this result means that we still have much room for improvement, and this result will also promote the medical management department to pay attention to the management of prehospital first aid in China.

The management of the aortic arch in the context of ATAAD has also been under constant debate.²⁴⁻²⁶

Recent data from IRAD showed that TAR is not as widely used as hemiarch or partial arch replacement.²⁷ The GERAADA showed that a more aggressive approach of aortic arch treatment can be applied without higher perioperative risk even in the onset of ATAAD.²⁸ In our study, TAR combined with FET accounted for a large proportion and achieved relatively low in-hospital mortality. This may be because TAR combined with FET has been used in China for nearly 20 years and was once considered a standard treatment for TAAD.^{29,30} Most DeBakey II patients with ATAAD received a more limited procedure. In DeBakey I patients, 92.8% of the patients received TAR, whereas in DeBakey II patients, the proportion decreased to 66.1% with statistical difference. We believe that one-half of the patients with DeBakey II may have a widened aortic arch, and we have carried out more extensive repair, which is also the focus of our future research. In addition, it can also be seen from our study that Chinese patients with ATAAD are relatively younger, and postoperative patent false lumen is present at a high rate in young patients despite entry resection.³¹ The FET procedure remains an increasingly popular approach to address complex multisegmental aortic pathologies owing to its ability to promote false lumen thrombosis and reduce the need for second-stage operations.³² Based on this

TABLE 4 In-Hospital Death and Postoperative Complications of 1,058 Patients With ATAAD

In-hospital death	80 (7.6)
Length of stay, d, median (IQR)	14 (10-20)
ICU time, d, median (IQR)	54 (6-127.81)
Mechanical ventilation time, h, median (IQR)	23 (13-65)
Pneumonia	314 (30.1)
Postoperative liver dysfunction	239 (22.9)
Acute kidney insufficiency	190 (18.2)
Mental symptoms	107 (10.7)
Respiratory failure	103 (9.1)
Pleural effusion	87 (8.3)
Readmission to the ICU	44 (4.3)
Stroke	37 (3.6)
Pericardial effusion	28 (2.7)
Gastrointestinal bleeding	24 (2.3)
Re-exploration	23 (2.3)
Paraplegia	18 (1.7)
Tracheotomy	17 (1.6)
MODS	16 (1.5)
Sternal wound infection	6 (0.6)
CRRT	86 (8.3)
ECMO	16 (1.5)
IABP	4 (0.6)

Values are n (%) or median (IQR).
CRRT = continuous renal replacement therapy; ECMO = extracorporeal membrane oxygenation; IABP, intra-aortic balloon pump; ICU = intensive care unit; MODS = multiple organ dysfunction syndrome; other abbreviation as in Table 1.

theory and the age of Chinese patients with ATAAD, the aortic surgeons chose a more extensive repair method in China. Some new prostheses, including Thoraflex Hybrid³³ and E-Vita Open prostheses,³⁴ are also undergoing clinical trials, which conforms to the trend of aggressive aortic arch treatment worldwide. At present, the medical center of the China Registry of Type A Aortic Dissection is also working closely to complete the clinical trial of sutureless integrated stented grafts.³⁵ This is also the first multicenter study to show the main surgical strategies of ATAAD treatment in China, and subsequent studies will determine the long-term results of this treatment strategy.

Data from our database revealed relatively lower in-hospital mortality rates among surgically treated patients than among IRAD, GERAADA, and JRAD patients. It is strange that patients with a more aggressive approach of aortic arch treatment have lower mortality. A previous study considered that this might have resulted from an inadequate medical system. In China, medical resources are unevenly distributed in different areas. The cardiovascular centers included in the study were mainly located in

large cities.¹⁹ Hospitals in large cities have more experienced surgeons and better medical equipment, which can be explained to a certain extent, but our results show that it is very likely to be a huge survivor bias in Chinese patients with ATAAD. They were relatively younger, and they were transported for a long time and over a long distance before surgery. Patients with severe complications might have died before they could receive surgical treatment. The mortality rate tended to be higher during the hyperacute (0-24 hours) stage after the onset of symptoms than during the time after that stage according to the IRAD study.¹⁰ Therefore, patients who undergo surgical management in our studies have already been selected to some extent. The low postoperative in-hospital mortality is not a satisfactory outcome of surgical management, but the embodiment of insufficient prehospital management. We should let more people pay attention to those patients who cannot be treated in time, and strengthen the management of prehospital emergency care in China. This is also the most important message in our finding and how we should change our management according to the results.

STUDY LIMITATIONS. First, some patients were unable to be included in the study because of the lack of baseline data. Second, because our cohort is based on a multicenter study, and the follow-up data of some centers are incomplete, we can only take the in-hospital mortality as the endpoint. Therefore, we will invest more effort to improve the follow-up of patients. Our findings also suggest that future research should focus on evaluating long-term survival.

CONCLUSIONS

We found that the population of patients with ATAAD in China undergoing surgery was younger, experienced a longer interval and distance from onset to arrival at the hospital, received more extensive aortic arch repair, and showed a relatively lower early mortality. More effort is needed to promote prehospital emergency care and preoperative management of Chinese patients with ATAAD and longer follow-up to determine the prognosis of extended aortic arch surgery in younger patients.

ACKNOWLEDGMENTS The authors thank the Chinese surgeons who have put a lot of effort into this research from all centers, including but not limited to the following colleagues: Qing Xue, Changjiang Yu, Weitao Liang, Xuan Jiang, Long Wu, Jiuwei Liu, Qi Tan, Yong Li, Suhua Zang, Yang Liu, Lihua Chen, Ruisheng Liu, Fushuo Zhou, Wei Sun, and Jue Yang.

FUNDING SUPPORT AND AUTHOR DISCLOSURES

This study was supported by the CAMS Initiative for Innovative Medicine (CAMS-I2M) [2016-I2M-1-016], Special Subject Development Foundation of Fuwai Hospital (NO.2015-FWTS01), Beijing Science and Technology Program (NO. Z191100007619042), and China Scholarship Council (No. [2021]070). The authors have reported that they have no relationships relevant to the contents of this paper to disclose.

ADDRESS FOR CORRESPONDENCE: Dr Cuntao Yu, Department of Cardiovascular Surgery, Fuwai Hospital, State Key Laboratory of Cardiovascular Disease, National Center for Cardiovascular Diseases, Chinese Academy of Medical Sciences and Peking Union Medical College, 167 Beilishi Road, Beijing 100037, China. E-mail: cuntaoyu@126.com.

PERSPECTIVES

COMPETENCY IN MEDICAL KNOWLEDGE: Many countries and regions have established multicenter registration studies to improve the outcomes of ATAAD; however, the actual clinical outcomes of surgical treatment for ATAAD in China are unclear. Our findings highlight the differences in the management of ATAAD in different countries.

TRANSLATIONAL OUTLOOK: The findings of this study suggest that there may be a huge survivor bias in patients with ATAAD in China. More effort is needed to promote prehospital emergency care and preoperative management of Chinese patients with ATAAD and longer follow-up to determine the prognosis of extensive aortic arch surgery in younger patients.

REFERENCES

- Leonard JC, Thomas Bevil Peacock and the early history of dissecting aneurysm. *Br Med J*. 1979;2:260-262.
- Mehta RH, O'Gara PT, Bossone E, et al. Acute type A aortic dissection in the elderly: clinical characteristics, management, and outcomes in the current era. *J Am Coll Cardiol*. 2002;40:685-692.
- Collins JS, Evangelista A, Nienaber CA, et al. Differences in clinical presentation, management, and outcomes of acute type A aortic dissection in patients with and without previous cardiac surgery. *Circulation*. 2004;110:11237-11242.
- Geirsson A, Ahlsson A, Franco-Cereceda A, et al. The Nordic Consortium for Acute type A Aortic Dissection (NORCAAD): objectives and design. *Scand Cardiovasc J*. 2016;50:334-340.
- Weigang E, Conzelmann LO, Kallenbach K, Dapunt O, Karck M. German registry for acute aortic dissection type A (GERAADA)-lessons learned from the registry. *Thorac Cardiovasc Surg*. 2010;58:154-158.
- Yamaguchi T, Nakai M, Sumita Y, et al. Current status of the management and outcomes of acute aortic dissection in Japan: Analyses of nationwide Japanese Registry of All Cardiac and Vascular Diseases-Diagnostic Procedure Combination data. *Eur Heart J Acute Cardiovasc Care*. 2020;9:S21-S31.
- Biancari F, Mariscalco G, Yusuf H, et al. European registry of type A aortic dissection (ERTAAD) - rationale, design and definition criteria. *J Cardiothorac Surg*. 2021;16:171.
- Hagan PG, Nienaber CA, Isselbacher EM, et al. The International Registry of Acute Aortic Dissection (IRAD): new insights into an old disease. *JAMA*. 2000;283:897-903.
- Evangelista A, Isselbacher EM, Bossone E, et al. Insights from the International Registry of Acute Aortic Dissection: a 20-year experience of collaborative clinical research. *Circulation*. 2018;137:1846-1860.
- Booher AM, Isselbacher EM, Nienaber CA, et al. The IRAD classification system for characterizing survival after aortic dissection. *Am J Med*. 2013;126:730.e19-730.e24.
- Augoustides JGT, Geirsson A, Szeto WY, et al. Observational study of mortality risk stratification by ischemic presentation in patients with acute type A aortic dissection: the Penn classification. *Nat Clin Pract Cardiovasc Med*. 2009;6:140-146.
- Yan TD, Tian DH, LeMaire SA, et al. Standardizing clinical end points in aortic arch surgery: a consensus statement from the International Aortic Arch Surgery Study Group. *Circulation*. 2014;129:1610-1616.
- Zhu Y, Lingala B, Baiocchi M, et al. Type A aortic dissection-experience over 5 decades: JACC Historical Breakthroughs in Perspective. *J Am Coll Cardiol*. 2020;76:1703-1713.
- Pape LA, Awais M, Woznicki EM, et al. Presentation, diagnosis, and outcomes of acute aortic dissection: 17-year trends from the International Registry of Acute Aortic Dissection. *J Am Coll Cardiol*. 2015;66:350-358.
- Malaisrie SC, Szeto WY, Halas M, et al. 2021 The American Association for Thoracic Surgery expert consensus document: surgical treatment of acute type A aortic dissection. *J Thorac Cardiovasc Surg*. 2021;162:735-758.e2.
- Boening A, Karck M, Conzelmann LO, et al. German Registry for Acute Aortic Dissection Type A: structure, results, and future perspectives. *Thorac Cardiovasc Surg*. 2017;65:77-84.
- Lee TC, Kon Z, Cheema FH, et al. Contemporary management and outcomes of acute type A aortic dissection: an analysis of the STS adult cardiac surgery database. *J Card Surg*. 2018;33:7-18.
- Inoue Y, Matsuda H, Uchida K, et al. Analysis of acute type A aortic dissection in Japan Registry of Aortic Dissection (JRAD). *Ann Thorac Surg*. 2020;110:790-798.
- Wang W, Duan W, Xue Y, et al. Clinical features of acute aortic dissection from the Registry of Aortic Dissection in China. *J Thorac Cardiovasc Surg*. 2014;148:2995-3000.
- Ahn J-M, Kim H, Kwon O, et al. Differential clinical features and long-term prognosis of acute aortic syndrome according to disease entity. *Eur Heart J*. 2019;40:2727-2736.
- Yeh T-Y, Chen C-Y, Huang J-W, Chiu C-C, Lai W-T, Huang Y-B. Epidemiology and medication utilization pattern of aortic dissection in Taiwan: a population-based study. *Medicine (Baltimore)*. 2015;94:e1522.
- Harris KM, Strauss CE, Eagle KA, et al. Correlates of delayed recognition and treatment of acute type A aortic dissection: the International Registry of Acute Aortic Dissection (IRAD). *Circulation*. 2011;124:1911-1918.
- Zhao R, Xu W, Wang Z, Yu C, Yang Y. Impact of COVID-19 on emergency management of acute type A aortic dissection: a single-center historic control study. *Rev Cardiovasc Med*. 2022;23.
- Di Eusanio M, Berretta P, Cefarelli M, et al. Total arch replacement versus more conservative management in type A acute aortic dissection. *Ann Thorac Surg*. 2015;100:88-94.
- Trivedi D, Navid F, Balzer JR, et al. Aggressive aortic arch and carotid replacement strategy for type A aortic dissection improves neurologic outcomes. *Ann Thorac Surg*. 2016;101:896-903.
- Frankel WC, Green SY, Orozco-Sevilla V, Preventza O, Coselli JS. Contemporary surgical strategies for acute type A aortic dissection. *Semin Thorac Cardiovasc Surg*. 2020;32:617-629.
- Larsen M, Trimarchi S, Patel HJ, et al. Extended versus limited arch replacement in acute

- Type A aortic dissection. *Eur J Cardiothorac Surg.* 2017;52:1104-1110.
28. Easo J, Weigang E, Hölzl PPF, et al. Influence of operative strategy for the aortic arch in DeBakey type I aortic dissection: analysis of the German Registry for Acute Aortic Dissection Type A. *J Thorac Cardiovasc Surg.* 2012;144:617-623.
29. Liu Z-G, Sun L-Z, Chang Q, et al. Should the "elephant trunk" be skeletonized? Total arch replacement combined with stented elephant trunk implantation for Stanford type A aortic dissection. *J Thorac Cardiovasc Surg.* 2006;131:107-113.
30. Sun L, Qi R, Zhu J, Liu Y, Zheng J. Total arch replacement combined with stented elephant trunk implantation: a new "standard" therapy for type a dissection involving repair of the aortic arch? *Circulation.* 2011;123:971-978.
31. Tamura K, Chikazawa G, Hiraoka A, Totsugawa T, Yoshitaka H. Characteristics and surgical results of acute type A aortic dissection in patients younger than 50 years of age. *Ann Vasc Dis.* 2019;12:507-513.
32. Tian DH, Ha H, Joshi Y, Yan TD. Long-term outcomes of the frozen elephant trunk procedure: a systematic review. *Ann Cardiothorac Surg.* 2020;9:144-151.
33. Shrestha M, Pichlmaier M, Martens A, Hagl C, Khaladj N, Haverich A. Total aortic arch replacement with a novel four-branched frozen elephant trunk graft: first-in-man results. *Eur J Cardiothorac Surg.* 2013;43:406-410.
34. Tsagakis K, Pacini D, Grabenwöger M, et al. Results of frozen elephant trunk from the international E-vita Open registry. *Ann Cardiothorac Surg.* 2020;9:178-188.
35. Wu J, Qiu J, Qiu J, et al. A new graft for total arch replacement with frozen elephant trunk in type A dissection. *Semin Thorac Cardiovasc Surg.* 2020;32:840-842.

KEY WORDS aortic dissection, aortic surgery, multicenter study