

# Early microbial exposure shapes adult immunity by altering CD8+ T cell development

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Microbial exposure during development can elicit long-lasting effects on the health of an individual. However, how microbial exposure in early life leads to permanent changes in the immune system is unknown. Here, we show that the microbial environment alters the set point for immune susceptibility by altering the developmental architecture of the CD8+ T cell compartment. In particular, early microbial exposure results in the preferential expansion of highly responsive fetal-derived CD8+ T cells that persist into adulthood and provide the host with enhanced immune protection against intracellular pathogens. Interestingly, microbial education of fetal-derived CD8+ T cells occurs during thymic development rather than in the periphery and involves the acquisition of a more effector-like epigenetic program. Collectively, our results provide a conceptual framework for understanding how microbial colonization in early life leads to lifelong changes in the immune system.

immune training | CD8+T cells | pet-shop dirty mouse model | developmental layering | developmental origins of adult health and disease

Microbial exposure in early life can permanently program an individual's immune system and alter lifelong disease risk. For example, children exposed to farm environments are less likely to develop asthma, whereas antibiotic use in early life is associated with an increased risk of developing inflammatory bowel disease and diabetes (1–4). This phenomenon, often referred to as "developmental programming", is founded on the idea that various organ systems adapt a phenotype that is best suited for the environment during early development (5). However, most of these studies are based on epidemiological associations, and the underlying mechanisms remain undefined. While previous reports have highlighted the aspects of immune development that can be altered by the early microbial environment (e.g., thymic output, lymph node growth, and epigenetic modifications) (6–10), one key variable left unexamined is the developmental layering of the immune system (11–13).

The development of the immune system was long thought to progress in a linear manner from fetal life to adulthood. Now, numerous studies have established that the immune system is stratified into layers of distinct immune cells, which develop sequentially from unique waves of hematopoietic stem cells (HSCs) (14–18). In general, fetal HSCs produce a layer of fast-acting lymphocytes (e.g., neonatal CD8+ T cells, B1 B cells, and gamma/ delta T cells) that persist into adulthood and represent the early effectors, while adult HSCs produce a layer of slower-acting lymphocytes (e.g., adult CD8+ T cells and B2 B cells) that preferentially contribute to the memory population (19–21). These fetal and adult developmental layers of the CD8+ T cell pool exhibit unique roles during infection (15, 22). Interestingly, the developmental switch between fetal and adult lymphopoiesis occurs at the same time the host is transitioning from the protected environment of the uterus to the antigen-rich environment of the outside world (23–25). An important and unanswered question is whether the early microbial environment alters lifelong disease risk by modulating the layering of immune cells during ontogeny.

In this report, we used a fate mapping "timestamp" approach to compare immune development in standard laboratory mice raised in a "clean" (specific pathogen-free) facility or a "dirty" (pet shop-exposed) environment. Our timestamp approach allows us to permanently label cells produced at different ages and track their contribution to immune responses in later life. Using this approach, we describe how early microbial exposure in dirty pet-shop mice alters the developmental layers of the CD8+T cell compartment and host response to infection in adulthood.

#### Results

**Early Microbial Exposure Enhances CD8+ T Cell-Mediated Immune Protection in Adulthood.** To examine the long-term impact of early microbial exposure on immune susceptibility, we modified the pet-shop mouse model (26–28) to provide microbial

## Significance

Microbial exposure in early life can have long-term consequences on health. However, our understanding of how the microbial environment shapes the offspring's immune system is incomplete. In this report, we found that the proportion and function of fetal-derived CD8+ T cells are altered by the early microbial environment. These changes persist into adulthood and affect immune susceptibility to intracellular pathogens. Our findings provide key insights into how microbial exposure leads to individual variation in immune responsiveness, suggesting that we may be able to predict infection outcomes and disease risk based on the ratio of fetal- to adult-derived CD8+ T cells present in the adult immune system.

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exposure beginning in early gestation (Fig. 1*A*). The pups raised in a dirty environment were born to mothers that were uniformly exposed to materials from pet-shop mice prior to mating (*SI Appendix*, Table S1 and Fig. S1). The pups raised in a clean environment correspond to mice raised in a standard (specific pathogen-free) lab facility. First, we challenged the offspring with *Listeria monocytogenes* (LM), a pathogen that requires CD8+ T cells for clearance. We found that mice raised in a dirty environment exhibited an enhanced ability to eliminate LM (Fig. 1*B*) and mounted a more robust antigenspecific CD8+ T cell response (Fig. 1 *C–E*), despite having similar numbers of CD8+ T cells before infection (Fig. 1*F*). We considered the possibility that the dirty environment primed CD8+ T cells to respond more quickly. However, CD8+ T cell adoptive transfer experiments showed that even when placed in the same environment, dirty cells were more protective than their clean counterparts (Fig. 1 F and G). Collectively, these data demonstrate that microbial exposure induces changes to the CD8+ T cell compartment that enhance its ability to protect the host against infection.

**Early Microbial Exposure Leads to an Accumulation of Fetal-Derived CD8+ T Cells in Adulthood.** We next sought to understand how a more microbially diverse environment in early life leads to a more protective CD8+ T cell compartment in adulthood. On the one hand, the microbial environment may enhance the "average phenotype" or function of all CD8+ T cells in the starting pool in a similar manner (the "uniform" model). Alternatively, microbes could alter immune responsiveness by changing the proportion of cells that are derived from different developmental periods (the



**Fig. 1.** Early microbial exposure enhances immunity in adulthood. (*A*) Approach to generate dirty mice: Female laboratory mice were exposed to fecal and cage contents of pet-shop mice for 4 wks. Their offspring were maintained in a dirty environment. (*B*) Bacterial load at 3 d post infection (dpi) in 8-wk-old mice that were directly infected with 1 × 10<sup>4</sup> CFU of WT LM-gB. (*C*) Percent of CD8+ T cells that are positive for the Kb:gB<sub>498-505</sub> tetramer (*D*) Granzyme B and (*E*) interferon-gamma at 5 dpi. (*F*) Total number of splenic CD8+ T cells. (G) Approach to transfer purified CD8s into T cell-deficient hosts. (*H*) Bacterial load at 3 d poir from TCRα KO recipients that received 5 × 10<sup>6</sup> purified CD8s from clean or dirty 8-wk-old donor mice and subsequently infected with LM-gB. Data for *B* are pooled from two independent experiments (n = 3-4 mice/group) and are ±SEM. Data from *C-E* are pooled from two independent experiments (n = 4-5 mice/group) and are ±SEM. Data for *G* are pooled from two independent experiments (n = 4-5 mice/group) and are ±SEM. Statistical significance was determined by Student's *t* test (ns = not significant, \*\*P < 0.0005, \*\*\*P < 0.0005, \*\*\*P < 0.0005).

"layered" model). To distinguish between the uniform and layered models of microbial education, we first determined whether the developmental layering of CD8+ T cells was altered in dirty mice. To do this, we used fate-mapping timestamp mice (see *Methods*) to permanently mark or timestamp a wave of cells at discrete times of thymic development. We timestamped dirty and clean pups at birth to mark fetal-derived cells (29) and at 28 d to mark adultderived cells (Fig. 2A) (24). At 8 wk of age, we found a higher proportion of fetal-derived CD8+ T cells and a lower proportion of adult-derived CD8+ T cells present in dirty mice (Fig. 2 B and C). This pattern persisted across multiple stages of development (SI Appendix, Fig. S2). Importantly, cells with different developmental origins had an antigen-inexperienced (CD49d<sup>lo</sup>) phenotype (30–32), indicating that the increased proportion of fetal-derived CD8+ T cells in dirty mice was not due to an expansion of antigenspecific cells but rather to changes in the developmental layering of the naive CD8+ T cell compartment (SI Appendix, Fig. S3). We also found that delaying microbial exposure to adulthood did not lead to an increase of CD8+ T cells in the fetal layer (*SI Appendix*, Fig. S4), indicating that there is a critical window of opportunity in early life when the developmental layers of the CD8+ T cell compartment can be altered.

Adjusting the Developmental Layers in Clean and Dirty Mice Normalizes Immune Susceptibility. The timestamping experiments suggest that dirty mice mount a more protective CD8+ T cell response because they are composed of a larger proportion of fast-acting, fetal-derived cells prior to infection. However, we wanted to know whether fetal-derived CD8+ T cells provide enhanced protection against intracellular pathogens in adulthood and whether the observed changes in the proportions of fetal- and adult-derived CD8+ T cells in dirty mice were functionally significant. To address these questions, we designed experiments to see if we could normalize susceptibility in clean and dirty mice by manipulating the developmental layers in the CD8+ T cell compartment. Our approach involved reconstituting



**Fig. 2.** Expansion of the fetal layer drives enhanced protection in dirty mice. (*A*) Approach to timestamp the fetal and adult layers in clean and dirty mice. (*B*) The proportion of fetal- and (*C*) adult-derived CD8+ T cells in 8-wk-old clean and dirty mice. (*D*) Schematic showing the approach to deplete the fetal layer. (*F*) Pathogen burden in clean and dirty mice lacking the fetal layer of CD8+ T cells. (*P*) Schematic showing the approach to prevent the adult layer from forming. (*G*) Pathogen burden in clean and dirty mice lacking the adult layer of CD8+ T cells. (*P*) Schematic showing the approach to prevent the adult layer from forming. (*G*) Pathogen burden in clean and dirty mice lacking the adult layer of CD8+ T cells. Data for *B* and *C* are ±SEM and are pooled from two independent experiments (n = 3-4 mice/group). Data for *E* and *G* are mean ± SEM and are pooled from two independent experiments (n = 3-4 mice/group). Statistical significance for *E* and *F* was determined by a one-way ANOVA with a Tukey multiple comparison posttest (n = n significant, \**P* < 0.05, \*\**P* < 0.0005, \*\*\*\**P* < 0.00005).

T cell-deficient recipient mice with clean or dirty donor CD8+ T cells that lack either the fetal or adult layer. To ablate the fetal layer, we administered a CD8 $\alpha$ -depleting antibody to clean or dirty mice at 2 wk of age (SI Appendix, Fig. S5). Once the mice reached 8 wk of age, we transferred an equal number of purified CD8+ T cells from depleted donor mice into T cell-deficient recipients and infected the recipients with LM (Fig. 2D). Importantly, recipient mice that received cells from dirty mice lacking the fetal layer had a pathogen load comparable to clean mice with a normal CD8+ T cell compartment (Fig. 2E). To test whether immune susceptibility was changed in mice lacking the adult layer of CD8+ T cells, we performed thymectomies on clean and dirty mice at 2.5–3 wk of age to prevent the adult layer from forming (Fig. 2*F*). When the mice were 8 wk old, we again transferred an equal number of donor CD8+ T cells into the  $\overline{T}$  cell-deficient recipients and infected the mice with LM. Notably, the recipient mice that received cells from clean mice with only the fetal layer had a similar pathogen load compared to recipient mice that received cells from dirty mice (Fig. 2G). Together, these results establish the fetal layer as essential for enhanced immunity in dirty mice.

Early Microbial Exposure Leads to Enhanced Responsiveness of Fetal-Derived CD8+ T Cells. One of the most intriguing findings was that recipient mice receiving fetal-derived cells from dirty mice had the lowest pathogen load (Fig. 2G), suggesting that fetal cells from dirty mice may be even more protective than their counterparts from clean mice. To examine the impact of microbial exposure on the behavior of fetal- and adult-derived CD8+ T cells, we compared the function and phenotype of the developmental layers in clean and dirty mice after direct infection with LM (Fig. 3A). Interestingly, fetal-derived cells from dirty mice mounted an enhanced response and produced more of the effector protein granzyme B compared to their clean counterparts (Fig. 3 B and C). In contrast, adult-derived cells from dirty mice contributed less to the response while producing lower levels of granzyme B (Fig. 3 *D* and *E*), most likely due to increased competition from fetal-derived CD8+ T cells.

To test whether the behavior of fetal-derived CD8+ T cells in dirty mice is pathogen specific, we challenged our timestamp mice with Vaccinia virus, a large DNA virus. Even though *Listeria* and Vaccinia infect distinct cell types, elicit different cytokines, and exhibit altered antigen kinetics, a more robust response by fetal CD8+ T cells in dirty mice was observed in both infectious scenarios (*SI Appendix*, Fig. S6). These data demonstrate that our results are not pathogen dependent and that the microbial environment preferentially enhances the functions of fetal-derived CD8+ T cells in response to both intracellular bacteria and viruses.

We considered the possibility that the enhanced responsiveness of fetal-derived cells in dirty mice was due to cell-intrinsic differences. To test this, we compared the ability of cells from clean and dirty mice to proliferate after in vitro stimulation via the T cell receptor (TCR). Fetal-derived cells from dirty mice turned out to be more proliferative than their clean counterparts (Fig. 3 F and G). We also considered whether this enhanced ability of dirty fetal-derived cells to proliferate could relate to differences in their starting phenotype. Indeed, we found that fetal-derived CD8+T cells from dirty mice have the highest proportion of virtual memory (VM) cells, a subset of antigen-inexperienced cells that are functionally similar to memory cells, which could explain their more proliferative response after stimulation (SI Appendix, Fig. S7 *A* and *B*) (33, 34). However, even after controlling for their initial phenotype status, we found that dirty fetal-derived CD8+ T cells still underwent division at higher rates in the steady state and in response to TCR stimulation (SI Appendix, Fig. S8 C-E).

This indicates that the microbial environment programs the fetal layer of CD8+ T cells to be highly responsive to antigenic stimulation at the individual cell level.

Microbial Education Occurs During Thymic Development. An important question is when does the microbial environment "instruct" fetal-derived CD8+ T cells to behave differently? The simplest explanation is that fetal-derived CD8+ T cells are programmed differently in clean and dirty mice by environmental factors in the periphery. However, recent studies have suggested that "training" of immune cells can occur during the early stages of their development (35-37), raising the possibility that the microbial education of CD8+ T cells takes place in progenitors during thymic development. To differentiate between these possibilities, we took newborn timestamp thymii from clean or dirty donor mice and transplanted them under the kidney capsule of clean or dirty adult recipients (Fig. 3H). We administered tamoxifen immediately after thymic transplantation to mark a wave of fetal-derived thymic precursors and tracked their behavior after maturing in either a clean or dirty peripheral environment. Interestingly, we observed a preferential accumulation of fetal-derived CD8+ T cells from dirty mice that was largely independent of the microbial status of the peripheral environment (SI Appendix, Fig S8 A and B). In addition, the fetal-derived CD8+ T cells from dirty mice exhibited an enhanced ability to proliferate after stimulation, regardless of whether they were matured in a clean or dirty environment (Fig. 3 *I* and *J*). We also considered whether antigen experience may be driving the enhanced proliferation of fetal-derived CD8+ T cells in dirty mice. However, the expression levels of CD49d were comparable in clean and dirty CD8+ T cells matured in the same environment (SI Appendix, Fig. S8C). Collectively, these data suggest that microbial programming of fetal-derived CD8+ T cells occurs in the progenitors and is retained in the mature cells after they have exited the thymus.

Fetal-Derived CD8+ T Cells Are Trained by the Microbial Environment. Lastly, we sought to understand the regulatory basis of how the microbial environment enhances the ability of peripheral fetal-derived CD8+ T cells to respond to infection. We previously reported that fetal-derived CD8+ T cells respond more rapidly to infection because they have increased chromatin accessibility at regulatory sites for effector genes before stimulation (22). However, the enhanced immune functions in dirty mice suggest that fetal-derived CD8+ T cells may undergo additional programming when developed in a dirty environment. To address this possibility, we compared the transcriptomes (RNA-seq) and chromatin landscapes (ATACseq) of fetal-derived CD8+T cells from clean and dirty mice at 8 wk of age (Fig. 4A). For these studies, we sorted fetal-derived CD8+ T cells with a CD49d<sup>lo</sup> phenotype to focus on antigeninexperienced cells (30-32) and generated fully matched RNAand ATAC-seq data sets.

Consistent with their unique behavior during infection, fetal-derived cells from dirty mice exhibited distinct transcriptomic and epigenomic profiles (Fig. 4 *B* and *C*). To understand the nature of these differences, we compared the profiles of upregulated genes in clean and dirty cells to establish gene sets that reflect different CD8+ T cell states. Dirty fetal-derived cells exhibited increased expression and accessibility for genes corresponding to effector or memory cells (Fig. 4 D-F). Since fetal-derived cells have higher proportions of VM cells, we also compared the gene expression profiles and chromatin landscapes of phenotype-matched cells from clean and dirty



**Fig. 3.** Fetal-derived cells in the dirty environment are more responsive to stimulation. (*A*) Approach to infect clean or dirty timestamp mice with *Listeria*. (*B*) The proportion of antigen-specific fetal-derived cells at 5 d post-LM infection. (*C*) Representative histogram showing Granzyme B production after infection in fetal-derived cells. (*D*) The proportion of antigen-specific adult-derived CD8+ T cells at 5 d post-LM infection. (*E*) Representative histogram showing Granzyme B production in adult-derived cells. (*F*) Representative histogram of proliferation peaks after aCD3/28 activation. (*G*) Division index of clean or dirty fetal-derived cells. (*H*) Experimental approach for kidney capsule thymic transplant surgeries. (*I*) Representative poileration peaks 48 h after in vitro activation with aCD3/ CD28. (*J*) Division index of fetal-derived cells after aCD3/28 stimulation. Data for *B* and *D* are ±SEM and are pooled from two independent experiments (n = 3-4 mice/group). Statistical significance for *B* and *D* was determined by Student's *t* test. Statistical significance for *J* was determined by a one-way ANOVA with a Tukey multiple comparison posttest (ns = not significant, \*\**P* < 0.005, \*\*\**P* < 0.0005).

mice and found that the distinct loss of the naive state in dirty mice persisted in phenotypically similar populations (*SI Appendix*, Fig. S9). Gene ontology (GO) analysis of the poised genes, which are not differentially expressed but have altered accessibility in the corresponding promoter and enhancer regions, revealed that the epigenome of dirty fetal-derived cells was more associated with immune defense (innate immunity, inflammatory response, and TCR activation) and cytokine response (type I IFN, cytokine response), while their clean counterparts overlapped with more general developmental processes (Fig. 4G and *SI Appendix*, Fig. S10). Overall, these data suggest that mice raised in a dirty environment mount stronger responses to infection because their T cells are epigenetically "primed" for stimulation.

## Discussion

In this study, we offer a conceptual framework for understanding how the microbial environment alters immune susceptibility in adulthood. By tracking T cells produced at different stages of life, we uncovered a link between microbial exposure, developmental layering, and immune susceptibility. In response to increased microbial exposure, the developing immune system adapts by expanding the "fast-acting" fetal layer of CD8+ T cells, allowing



**Fig. 4.** Dirty fetal-derived cells lose their naive programming. (*A*) Schematic of sorting strategy. (*B*) Principal component analysis of genome-wide sequencing from RNA- and (*C*) ATAC-sequencing data sets. (*D*) Enrichment analysis for various CD8+ T cell states in genes with increased expression and/or (*E*) increased accessibility in clean and dirty cells. (*F*) Genome browser views of a dirty-upregulated gene and a dirty-poised gene. (*G*) Enrichment analysis for GO "biological process" terms in dirty-poised genes. Pathways are connected if they share 30% or more genes. Node sizes denote gene set sizes. Statistical significance of differential expression and differential accessibility was determined by the Wald test (*D*) and quasilikelihood F test (*E*) with Benjamini–Hochberg correction (P < 0.05). Corrected *P*-values for enrichment or depletion denoted by dot size and color. Enrichment values in *D* and *F* were determined by a hypergeometric test followed by Benjamini–Hochberg correction. (P < 0.05).

the host to mount a more targeted response to early infection in adulthood. When microbial exposure is reduced, the slower-acting adult layer of cells preferentially accumulates, leaving the host more susceptible to intracellular pathogens. These findings offer insights into how variation in microbial exposure in early life can program lifelong intraindividual variation in the immune system and may allow us to predict infection outcomes and disease risk based on the ratio of fetal- to adult-derived CD8+ T cells present in adults.

Our results are significant because there is a prevailing notion that the CD8+ T cell compartment is a homogenous pool composed of a single lineage of cells without a structure. Although we previously showed that the CD8+ T cell compartment is composed of CD8+ T cells with distinct developmental origins (22, 38), an important and unanswered question was whether the number of fetal- to adult-derived CD8+ T cells present in the starting population corresponded to changes in susceptibility to infection. Here, we extend our earlier work by showing that (i) developmental layering of the CD8+T cell compartment does indeed have a direct effect on how the host responds to intracellular pathogens, and (ii) this layering can be shaped by the microbial environment.

Perhaps one of the most interesting findings is that the developmental layering of the CD8+ T cell compartment can be altered by changes in microbial exposure in early life but not in adulthood. This finding is consistent with earlier studies, suggesting that there is a "window of opportunity" in early life in which the immune system can be programmed by environmental factors (23, 39, 40). However, with progressing age, a loss of plasticity occurs and the window of opportunity closes. We propose that the window of opportunity exists in the immune system during perinatal life because functionally distinct immune cells derived from unique HSCs are present. It is these cells that are most affected by the microbial environment.

Finally, our findings offer a perspective on immune training, which currently focuses on understanding how innate immune cells, such as natural killer cells and macrophages, retain the memory of past infections (41). The trained immune phenotype in innate cells is associated with epigenetic reprogramming, allowing them to respond more strongly to subsequent infections. We found that fetal-derived CD8+ T cells in dirty mice similarly exhibit enhanced functions related to increased accessibility at effector genes, indicating that immune training is not limited to innate immune cells and that CD8+ T cells are also programmed by the microbial environment. In the future, it will be important to examine how other environmental factors, such as stress, diet, and toxins alter the developmental layering and programming of CD8+T cells. Knowledge gained from these studies will broaden our fundamental understanding of immune ontogeny and cellmediated immunity.

### Methods

Key information is summarized below. Extended methods can be found in *SI Appendix*.

**Mice and Microbial Exposure.** C57BL/6 mice were purchased from Charles River Laboratories. ZsGreen and TCR&Cre-ERT2 mice were obtained from Jackson Laboratories. Pet-shop mice were purchased from pet shops. Generation of dirty mice occurred at an off-campus mouse facility. The microbial material from petshop mice was transferred to female laboratory mice through an oral gavage from the fecal material and bedding transfer over a 4-wk period. The facilities are accredited by the American Association of Accreditation of Laboratory Animal Care. All protocols regarding animal use were reviewed and approved by the Institutional Animal Care and Use Committee at Cornell University.

Adoptive Transfer and Pathogen Burden. First,  $5 \times 10^{6}$  purified CD8+T cells were injected intravenously into a TCR $\alpha$  knockout recipient. The next day, mice were infected with  $1 \times 10^{4}$  CFU of wild-type (WT) LM expressing the gB-8p peptide (Lm-gB), as previously described (42). At 3 d post infection (peak of bacterial

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growth), lysed tissue homogenate from the spleen and liver were serially plated and colony growth enumerated.

In Vitro Stimulation. CD8+ T cells were isolated from the spleen using positive magnetic selection with CD8 microbeads (Miltenyi). Cells were labeled with Cell Trace Violet and stimulated with plate-bound anti-CD3 (2C11), then cultured with complete RPMI supplemented with 100 U/ml human IL2 and 4  $\mu$ g CD28/ml (37.51). Cells were harvested at the time points indicated in the figure legends, stained for surface markers, and analyzed by flow cytometry.

**Flow Cytometry.** For surface staining, cells were processed using an IC fixation kit (Invitrogen), according to the manufacturer's protocol. Samples that underwent intracellular staining were processed using Foxp3/Transcription Factor Staining Buffer, according to the manufacturer's instructions.

**Statistical Analysis.** Error bars are represented by SEM or SD. Unless otherwise stated in the figure legends, statistical significance was determined by Student's *t* test or by a 1- or 2-way ANOVA followed by an appropriate posttest, as indicated in the figure legends. Significance is denoted by the following: \*P < 0.05, \*\*P < 0.0005, \*\*\*P < 0.0005.

Data, Materials, and Software Availability. All study data are included in the manuscript and/or *SI Appendix*.

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