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Transcriptional regulation of cardiac fibroblast phenotypic plasticity

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Abstract

Cardiac fibroblasts play critical roles in the maintenance of cardiac structure and the response to cardiac insult. Extracellular matrix deposition by activated resident cardiac fibroblasts, called myofibroblasts, is an essential wound healing response. However, persistent fibroblast activation contributes to pathological fibrosis and cardiac chamber stiffening, which can cause diastolic dysfunction, heart failure, and initiate lethal arrhythmias. The dynamic and phenotypically plastic nature of cardiac fibroblasts is governed in part by the transcriptional regulation of genes encoding extracellular matrix molecules. Understanding how fibroblasts integrate various biomechanical cues into a precise transcriptional response may uncover therapeutic strategies to prevent fibrosis. Here, we provide an overview of the recent literature on transcriptional control of cardiac fibroblast plasticity and fibrosis, with a focus on canonical and non-canonical TGF- β signaling, biomechanical regulation of Hippo/YAP and Rho/MRTF signaling, and metabolic and epigenetic control of fibroblast activation.

Keywords

heart; fibrosis; fibroblast; transcription

Introduction

The heart is a muscular pump responsible for providing oxygenated blood to the entire body. Heart muscle, called myocardium, is composed of a variety of cell types with distinct functions and spatial distributions, including cardiomyocytes, cardiac conduction system cells, vascular endothelial and mural cells, resident immune cells, valvular interstitial cells,

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and cardiac fibroblasts (CFs). Fibroblasts, which make up ~20% of the non-myocytes in the heart^{1,2}, provide a framework of fibrillar collagen that support cardiac structure and function.³ Perhaps more importantly, resident CFs respond to cardiac insult by proliferating and acquiring a contractile and secretory phenotype. These activated fibroblasts, also called myofibroblasts secrete copious amounts of extracellular matrix (ECM) in an adaptive response that supports cardiac integrity.^{4,5} However, unchecked CF activation is a primary cause of fibrotic scar formation, which sustains myocardial integrity at the expense of pliability, leading to diastolic dysfunction, heart failure and eventually increasing the risk of lethal arrhythmias.⁶ A deeper understanding of the mechanisms that control fibroblast plasticity and adverse myocardial remodeling may accelerate the development of anti-fibrotic strategies to treat cardiac pathologies including diastolic heart failure (heart failure with preserved ejection fraction, or HFpEF), a poorly understood condition with limited treatment options. The goal of this review is to provide a short summary of the recent literature related to transcriptional control of the fibroblast phenotype and cardiac fibrosis; we apologize to the authors of studies that were not cited due to limited space.

TGF β signaling

Transforming growth factor beta (TGF β) is ubiquitously involved in cell growth, differentiation, migration, and apoptosis during embryonic development and adult cellular pathophysiology and is the cornerstone of fibroblast activation and cardiac fibrosis. The canonical TGF β signaling pathway is mediated by SMAD family transcription factors (TFs), which include receptor regulated (R)-SMADs (SMAD1/2/3/5/8), a common SMAD (SMAD4) and inhibitory (I)-SMADs (SMAD 6/7). Upon TGF β binding to type I receptors, R-SMADS such as SMAD2/3 are phosphorylated, stimulating their recruitment of SMAD4 and translocation to the nucleus (see Figure). This complex binds to and activates SMAD-binding elements (SBEs) in the promoter region of target genes to initiate transcription.⁷⁻⁹ Initial studies using global gene deletion in mice described SMAD3 as a critical regulator of the myofibroblast phenotype, which stimulates ECM deposition in pressure overload and myocardial infarction (MI) models.^{10,11} More recently, CF-specific deletion of *Tgfr1/2* or *Smad3* in mice confirmed their roles in ECM deposition during pressure overload and ischemia-induced cardiac remodeling.¹² However, these studies also revealed a more nuanced role of SMAD2 and SMAD3. SMAD3 directly induces the expression of genes encoding ECM molecules, suppresses MMP (matrix metalloproteinase)-3 and MMP-8, and induces TIMP (tissue inhibitor of metalloproteinases)-1 to stabilize the collagen network and support cardiac integrity in left ventricle pressure overload without impacting CF proliferation.¹³ In fact, fibroblast specific *Smad3* deletion often leads to lethal left ventricle rupture after MI, which is attributed to disorganized scar formation and insufficient repair.¹⁴ In contrast, fibroblasts that lack *Smad2* elicit a surprisingly normal fibrotic response to pressure overload and ischemia.^{12,15} While these studies don't explain why *Smad2* deletion does not impede the development of cardiac fibrosis, one clue may be the unique induction of integrin α 2 and α 5 by SMAD3, which may mediate important cellular interactions with the ECM.¹⁵ Indeed, fibroblasts are reported to play an important structural role in the healing cardiac scar.¹⁶

The TGF β –SMAD axis is also influenced by cooperative association with additional TFs related to epithelial to mesenchymal transition (EMT). For example, RAS-responsive element binding protein 1 (RREB1) was identified as a molecular link between RAS and TGF β /SMAD pathways in carcinoma cells, where RREB1 and SMADs cooperate to promote the expression of *Snai1*, a TF that drives fibrogenic EMT in intratumoral myofibroblasts.¹⁷ Scleraxis, a basic helix-loop-helix TF, has been shown to induce *Twist1* and *Snai1* expression to stimulate EMT.¹⁸ Scleraxis also plays a critical role in CF activation and fibrosis, potentially via synergizing with SMAD3 to induce expression of ECM genes (see Figure).¹⁹ The fibroblast phenotype is also supported, in part, by the post transcriptional regulation of genes encoding EMT and fibrosis associated proteins by the RNA-binding protein muscleblind-like 1 (MBNL1)²⁰. It is important to note that while similarities exist between the molecular programs inducing EMT and fibroblast activation, EMT does not appear to influence fibrosis in the heart to the same extent as in other organs; instead EMT is primarily driven by the activation of pre-existing resident CFs^{4,21}.

In contrast to SMAD-dependent signaling, non-canonical TGF β signaling is mediated by mitogen-activated protein kinases (MAPKs), including p38 isoforms (α , β , γ , and δ), extracellular signal-regulated kinase 1 and 2 (Erk1/2), and c-Jun N-terminal kinases (JNKs). TGF β -activated kinase 1 (TAK1)-p38 activation is observed in MI and pressure overload models, where it stimulates cardiac fibrogenesis²². Fibroblast-specific deletion of MAPK14 (p38 α) prevents fibroblast activation and cardiac fibrosis in mice, often leading to left ventricle rupture after MI (see Figure),²³ and salinmoycin, a small molecule that inhibits p38, can block and reverse pathological fibrosis in mouse models of ischemic and non-ischemic cardiac remodeling.²⁴ Cardiac fibrosis can also be influenced by negative regulators of TGF β -SMAD signaling. In fact, SMAD7 expression is suppressed in the infarcted rat heart, which may allow for the propagation of TGF β -SMAD signaling and fibroblast activation.²⁵ Overexpression of SMAD7 has been shown to reduce ECM deposition both in vitro and in vivo.^{26,27} Interestingly, the anti-fibrotic activity of SMAD7 is attributed to the inhibition of SMAD2/3 and SMAD-independent suppression of *ErbB2* activation.²⁸ The lysine de-acetylase sirtuin 1 (SIRT1) also plays a cardioprotective role in a mouse pressure overload model, at least partially by inhibiting SMAD2/3 transactivation to alleviate cardiac fibrosis.²⁹ Transcriptional cofactors Ski and SnoN are also negative regulators of SMAD-dependent transcription and myofibroblast activation.^{30–32} A recent gene delivery approach blocking the STAT3/FOXM1 pathway enhanced SnoN/Ski signaling and suppressed the TGF β /Smad pathway in pulmonary fibrosis.³³

Biomechanical control of transcription and fibroblast activation

Importantly, fibrotic tissue stiffening is both a consequence and a trigger of myofibroblast activation. Therefore, scar formation can stimulate further fibroblast activation to exacerbate pathological fibrosis. Recent studies have begun to elucidate the biomechanical mechanisms that control myofibroblast activation in the injured heart. Indeed, biomechanical regulation of chromatin accessibility is at least partially responsible for stimulating the myofibroblast phenotype.³⁴ Biomechanical regulation of the Rho-Rho kinase (ROCK)-myocardin-related transcription factor (MRTF)-serum response factor (SRF) axis is also particularly important in cardiac fibrosis. MRTFs are transcriptional co-factors for SRF that are sequestered in

the cytoplasm via interactions with globular (G) actin. Mechanical tension can trigger Rho-ROCK signaling that initiates actin polymerization, reducing the G-actin pool and allowing MRTFs to translocate to the nucleus where they activate SRF target genes responsible for myofibroblast activation (see Figure).^{35,36} Global deletion of MRTF-A suppresses myofibroblast activation and fibrosis following MI in mice³⁷, and altering Rho-MRTF signaling with a small molecule reduces the severity of fibrosis in animal models.^{38,39} In Idiopathic pulmonary fibrosis, the stretch-dependent transient receptor potential vanilloid 4 channel (TRPV4) enhances actomyosin remodeling and increases nuclear translocation of MRTF-A in a SMAD-independent manner.⁴⁰ In addition, non-canonical TGF β /p38 signaling stimulates SRF-dependent transient receptor potential cation channel subfamily C member 6 (TRPC6) expression, which induces Ca²⁺-dependent NFAT/SRF activation and further myofibroblast activation.⁴¹ NFAT-dependent fibroblast activation is also facilitated by the non-canonical Ca²⁺ – calmodulin dependent control of G protein-coupled receptor kinase 5 (GRK5) nuclear accumulation, revealing considerable crosstalk between pro-fibrotic signaling pathways.⁴²

The Hippo pathway is another mechanosensitive gene-regulatory program that impacts the CF phenotype. Cell stretch or loss of contact inhibition disrupts Hippo-pathway kinase cascades, allowing for the nuclear accumulation of Yes-associated protein (YAP) and transcriptional coactivator with PDZ-binding motif (TAZ).⁴³ In lung and cardiac fibroblasts, YAP/TAZ nuclear translocation directly stimulates TEAD (transcriptional enhanced associate domain)-dependent transcription of genes encoding ECM components and inflammatory mediators, in part through H3K9 methylation (see Figure).^{44–46} Hippo signaling can also cooperate with canonical and non-canonical TGF β and Rho signaling pathways. YAP/TAZ binding to SMAD2/3 allows SMAD2/3 sub-cellular localization to be directly regulated by cell stretch⁴⁷. Mechanical tension also facilitates p38-YAP-TEAD-dependent transcription, linking tissue stiffness to excessive fibroblast activation after MI.⁴⁸ Interestingly, Caveolin-1 positively modulates mechanosensitive YAP activation through a Hippo-kinase-independent mechanism, which requires Rho-dependent actin-cytoskeleton alterations, revealing a common signaling paradigm upstream of both YAP- and MRTF-dependent gene programs.⁴⁹ Indeed, MRTF enhances YAP transcriptional activity through TEAD⁵⁰, and MRTFs and YAP/TAZ facilitate crosstalk between G-protein coupled receptor- and Rho-dependent gene expression.⁵¹ A recent study also found that YAP induces the expression of *Mrtf-a* in cardiac fibroblasts, potentially establishing a pro-fibrotic positive feedback loop⁵². However, both TGF- β and cell stretch appear to be required for the cooperative activation of target genes by YAP/TAZ, SMAD3 and MRTFs, suggesting a more nuanced and context dependent functional interaction between these gene regulatory programs.⁵³ Of note, fibroblasts reportedly acquire “mechanical memory”, whereby culture on a stiff substrate lowers the threshold for subsequent fibroblast activation; a priming event that is hypothesized to aggravate chronic fibrotic conditions such as idiopathic pulmonary fibrosis⁵⁴. Hippo/YAP and Rho/MRTF are perfectly positioned to contribute to biomechanical transcriptional memory, which may play a particularly important role later in the remodeling process when ECM deposition increases organ stiffness. Conversely, it is interesting to speculate that an appropriate mechanical intervention may return activated

myofibroblasts to a quiescent state, or even shift their phenotype from profibrotic to pro-resolution.

Regulation of fibroblast phenotype by hypoxia and reactive oxygen species

Ischemic heart disease, hypertrophic cardiac remodeling, inflammation, and fibrosis all disrupt perfusion of the heart with oxygenated blood, leading to intermittent or more extended bouts of hypoxia and reactive oxygen species (ROS) dysregulation. A transcriptomic analysis of CFs isolated from mice that were subjected to an exercise regimen, compared to ischemic and non-ischemic models of pathologic cardiac remodeling, revealed surprisingly divergent phenotypic responses; differentially regulated gene programs included ROS scavenger pathways and p53-dependent gene expression.⁵⁵ Transgenic overexpression of the p53 target gene, *Cdkn1a* (p21), in CFs restrains their proliferation and attenuates cardiac fibrosis in vivo.⁵⁶ Control of CF proliferation by the p53-Cdkn1a axis appears to be a physiological characteristic of heart disease, as SPRR2B/MDM2-dependent degradation of p53 accelerates cardiac fibroblast proliferation in vitro and was observed in fibrotic foci of human heart failure tissue (see Figure).⁵⁷ Indeed, a common characteristic of cardiac insult is the altered expression of cell cycle regulators supporting the transient proliferation of fibroblasts in the diseased heart.⁵⁸ ROS and hypoxia signaling also provide metabolic control of the fibroblast phenotype - fibroblasts in the healthy heart are surprisingly hypoxic, and exhibit elevated hypoxia-inducible factor 1 α (HIF-1 α) levels.⁵⁹ This study found that elevated HIF-1 α dependent gene expression in CFs is important for metabolic buffering that limits mitochondrial ROS production after MI (see Figure).⁵⁹ This protective mechanism breaks down upon genetic deletion of *Hif-1a* in fibroblasts, leading to excessive post-MI mitochondrial ROS production, CF proliferation and the generation of a robust fibrotic scar. Metabolic reprogramming may also facilitate fibroblast activation via stimulating the action of histone demethylases that enhance the accessibility of chromatin, particularly in regions that harbor pro-fibrotic genes.⁶⁰ Although antioxidant therapies have not been successful in clinical trials, these studies suggest that the development of a more targeted approach to metabolic and redox control may still hold promise for treating cardiovascular disease, in part via the prevention of CF activation and pathological cardiac fibrosis.

Targeting the epigenetic control of fibroblast activation

Epigenetic changes in chromatin condensation are associated with gene expression changes that impact cell state and have recently been correlated with the CF phenotype.⁶¹ Bromodomain and extraterminal (BET) proteins are a family of epigenetic readers that recruit coregulatory factors and promote transcription of target genes; BRD4 plays a particularly important role in the progression of heart disease.⁶²⁻⁶⁴ BRD4 increases innate immune activation, ECM production, and cell adhesion via activation of nuclear factor kappa B (NF κ B) and TGF β signaling pathways (see Figure).⁶⁴ BRD4 responds to non-canonical TGF β signaling to facilitate TF binding in enhancer regions, and a small molecule BET inhibitor, JQ1, suppresses fibroblast activation and fibrosis.⁶⁵ A recent study utilizing JQ1 to suppress the myofibroblast phenotype identified a dynamic and reversible transcriptional switch responsible for the plasticity of the fibroblast phenotype.⁶⁶ Fibroblast

activation in response to left ventricle pressure overload was ameliorated with JQ1, and fibroblast re-activation was observed upon cessation of JQ1. The bi-directional phenotypic switch is tightly correlated with chromatin occupancy of BRD4 at myofibroblast gene enhancers, and especially with chromatin accessibility at the *Meox1* gene locus. *Meox1* induction by TGF- β was shown to be an important regulator of fibroblast activation and cardiac fibrosis. Further studies are certainly warranted to establish the therapeutic potential of inhibiting the BRD4-dependent pro-fibrotic gene program, or whether a targeted approach that silences a more specific maladaptive switch such as *Meox1* is feasible.

Conclusion

The studies described here highlight the importance of CFs in cardiac health and disease. Indeed, CF are emerging as a dynamic and highly malleable cell type that provides structural support during normal cardiac homeostasis and contributes to heart repair and scar formation following cardiac insult. A more complete understanding of the transcriptional control of fibroblast function may lead to unique therapeutic strategies to ameliorate the development of pathological fibrosis that prevent diastolic cardiac dysfunction and heart failure.

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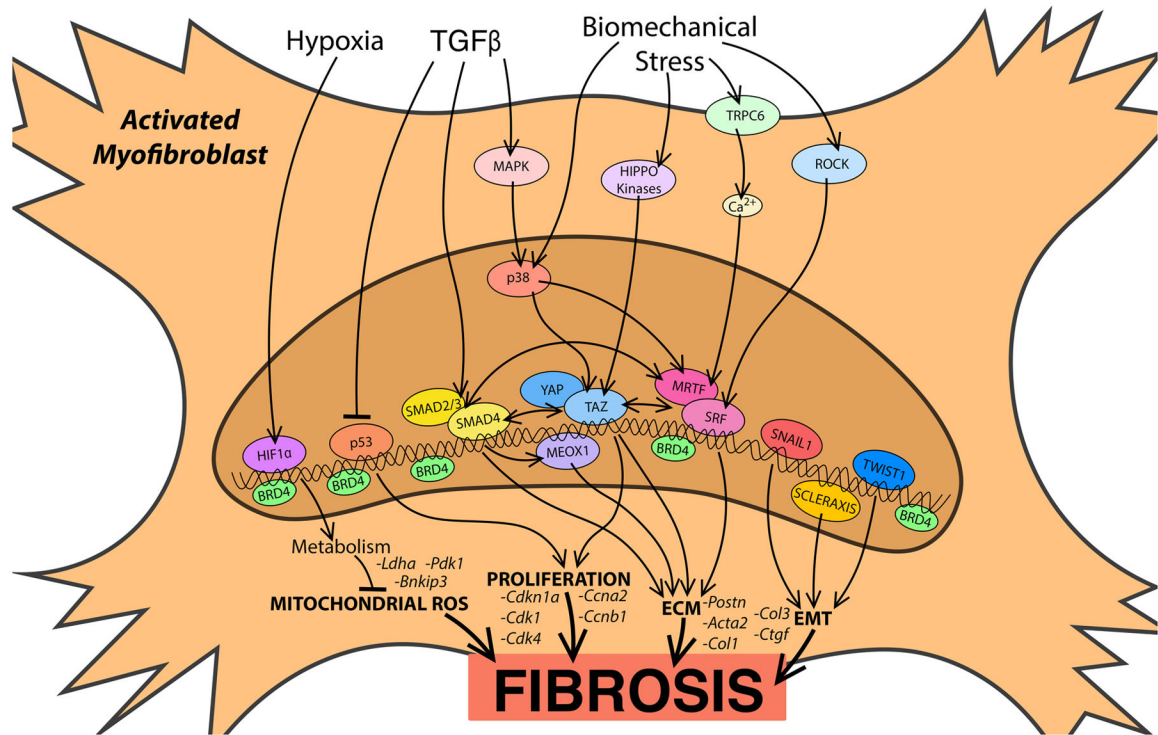


Figure. Summary of the signaling pathways and transcriptional regulation of fibroblast activation.

Arrows indicate upstream signaling pathways converging on select transcription factors, or experimentally validated interactions between transcription factors. BRD14 (bromodomain containing protein 4), Ca^{2+} (calcium), ECM (extracellular matrix), EMT (epithelial-to-mesenchymal transition), HIF1 α (hypoxia inducible factor 1 alpha), MAPK (mitogen-activated protein kinase), MRTF (myocardin-related transcription factor), ROCK (Rho-kinase), ROS (reactive oxygen species), SRF (serum response factor), TAZ (transcriptional coactivator with PDZ-binding motif), TGF- β (Transforming growth factor beta), TRPC6 (transient receptor potential cation channel subfamily C member 6), YAP (Yes-associated protein).