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Real-world effectiveness of a single dose of mpox vaccine in males

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Yael Wolff Sagy^{1,12}, Roy Zucker^{2,3,12}, Ariel Hammerman © ^{2,12}, Hila Markovits⁴, Noa Gur Arieh⁴, Wiessam Abu Ahmad^{1,5}, Erez Battat¹, Noga Ramot¹, Guy Carmeli⁶, Avner Mark-Amir⁷, Gal Wagner-Kolasko⁷, Hadar Duskin-Bitan^{2,6,8}, Shlomit Yaron², Alon Peretz^{2,9}, Ronen Arbel © ^{2,10,13} , Gil Lavie ^{1,11,13} & Doron Netzer ^{2,13}

The recent global outbreak of the monkeypox (mpox) virus in humans was declared a public health emergency by the World Health Organization in July 2022. The smallpox and mpox vaccine (JYNNEOS; Modified Vaccinia Ankara-Bavarian Nordic; MVA-BN), provided as a two-dose regimen, is currently the primary vaccine utilized against mpox. However, the efficacy of MVA-BN against mpox has never been demonstrated in clinical trials to date. Due to the limited supply of vaccines, the World Health Organization has recommended prioritizing the vaccination of high-risk groups. We evaluated the real-world effectiveness of a single, subcutaneous dose of MVA-BN in this observational, retrospective cohort study, which included the analysis of electronic health records of all members of Clalit Health Services eligible for the vaccine on 31 July 2022. We used a Cox proportional hazards regression model with time-dependent covariates to estimate the association between vaccination and mpox while adjusting for sociodemographic and clinical risk factors. In an analysis of 2,054 male individuals who met vaccine eligibility criteria, 1,037 (50%) were vaccinated during the study recruitment period and completed at least 90 d of follow-up. During the study period, 5 and 16 infections were confirmed in vaccinated and unvaccinated individuals, respectively. The adjusted vaccine effectiveness was estimated at 86% (95% confidence interval, 59–95%). Our results suggest that a single dose of subcutaneous MVA-BN in this high-risk cohort is associated with a significantly lower risk of MPXV infection.

The human mpox virus (MPXV) is a member of the Orthopoxvirus genus and is closely related to the virus that causes smallpox. The recent global outbreak of MPXV was first recognized in May 2022, when infections were reported in several countries where MPXV cases had not been previously identified¹⁻³. On 23 July 2022, the Director-General of the World Health Organization (WHO) declared mpox a public health emergency of international concern⁴. By 22 December 2022, over 83,000 laboratory-confirmed cases were

¹Branch of Planning and Strategy, Clalit Health Services, Tel Aviv, Israel. ²Community Medical Services Division, Clalit Health Services, Tel Aviv, Israel. ³LGBTQ+ Health Services, Tel Aviv Sourasky Medical Center, Tel Aviv, Israel. ⁴Department of Family Medicine, Rabin Medical Center and Dan & Eilat districts, Clalit Health Services, Petah Tikva, Israel. 5 Braun School of Public Health and Community Medicine, Hebrew University-Hadassah, Jerusalem, Israel. Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel. Gan-Meir LGBT clinic, Department of Family Medicine, Clalit Health Services Tel Aviv District, Tel Aviv, Israel. 8 Institute of Endocrinology, Rabin Medical Center, Petach Tikva, Israel. 9 School of Public Health, University of Haifa, Haifa, Israel. 10 Maximizing Health Outcomes Research Lab, Sapir College, Sderot, Israel. 11 Ruth and Bruce Rappaport Faculty of Medicine, Technion -Israel Institute of Technology, Haifa, Israel. 12These authors contributed equally: Yael Wolff Sagy, Roy Zucker, Ariel Hammerman. 13These authors jointly supervised this work: Ronen Arbel, Gil Lavie, Doron Netzer. Me-mail: ronenarb@clalit.org.il

Table 1 | Association between participant characteristics and vaccine uptake

	Unvaccinated	Vaccinated	All	HR ^a (95% CI)
	N (%)	N (%)	N (%)	
Total N	1,017 (50%)	1,037 (50%)	2,054 (100%)	
Sociodemographic variables				
Age, mean (s.d.)	33.5 (5.8)	34.1 (4.9)	33.8 (5.4)	1.02 (1.01, 1.03)
Sex—male	1,017 (100)	1,037 (100)	2,054 (100)	All male
Tel Aviv District	406 (39.9)	783 (75.5)	1,189 (57.9)	2.23 (1.92, 2.59)
Sociodemographic status score below median	501 (49.3)	326 (31.4)	827 (40.3)	0.78 (0.69, 0.89)
Population sector—general Jewish	935 (91.9)	1,017 (52)	1,952	Reference
Population sector—others	82 (8.1)	20 (1.9)	102 (5.0)	0.45 (0.29, 0.71)
Arab	40 (3.9)	4 (0.4)	44 (2.1)	_
Ultra-Orthodox Jewish	30 (2.9)	9 (0.9)	39 (1.9)	-
Unknown	12 (1.2)	7 (0.7)	19 (0.9)	_
Clinical risk factors				
History of HIV/AIDS	511 (50.2)	136 (13.1)	647 (31.5)	0.46 (0.34, 0.63)
History of syphilis infection	199 (19.6)	233 (22.5)	432 (21.0)	1.05 (0.89, 1.24)
Recent ^b syphilis infection	31 (3.0)	61 (5.9)	92 (4.5)	1.05 (0.79, 1.40)
Recent ^b STI ^c in urinary test	31 (3.0)	67 (6.5)	98 (4.8)	0.88 (0.65, 1.20)
Recent ^b STI ^c in pharyngeal test	46 (4.5)	159 (15.3)	205 (10.0)	1.25 (0.96, 1.64)
Recent ^b STI ^c in rectal test	46 (4.5)	157 (15.1)	203 (9.9)	1.02 (0.78, 1.32)
Recent chlamydia or NE gonorrhea ^d	100 (9.8)	298 (28.7)	398 (19.4)	1.34 (0.99, 1.82)
Purchase of PDE5 inhibitors ^b	98 (9.6)	202 (19.5)	300 (14.6)	1.43 (1.22, 1.67)
Purchase of HIV-PrEP ^b	506 (49.8)	876 (84.5)	1,382 (67.3)	1.70 (1.29, 2.24)

^aThe association between all covariates and MVA-BN vaccine uptake was estimated using a multivariate Cox proportional hazards regression model. The higher the HR, the greater the association between the listed characteristic and vaccine uptake. ^bRecent: from 01/2022 to 06/2022. ^cSexually transmited infection (STI): chlamydia or NE gonorrhea. ^dRecent chlamydia or NE gonorrhea: in a urinary, pharyngeal or rectal test.

reported worldwide⁵. The smallpox and mpox vaccine (MVA-BN), a live attenuated Orthopoxvirus, is currently the preferred vaccine for mpox^{2,6}. Official US Food and Drug Administration (FDA) prescribing information recommends providing the vaccine as a series of two subcutaneous doses administered 4 weeks apart⁷. Nevertheless, because of a limited vaccine supply, many countries have implemented a single-dose strategy and later an intradermal 1/6th of a dose to maximize vaccine availability⁸⁻¹⁰.

MVA-BN was developed initially as a third-generation smallpox vaccine¹¹. The FDA expanded the indication to mpox prophylaxis based on data from an MPXV challenge study conducted in nonhuman primates. However, efficacy data of the vaccine against mpox in humans are lacking. Therefore, evidence for the real-life effectiveness of the vaccine in preventing mpox in humans is still warranted^{6,12}. Our objective was to promptly follow vaccinated individuals to assess the effectiveness of providing one dose of the vaccine in a real-world, at-risk population.

Results

Study population

A total of 2,054 members of Clalit Health Services (CHS) met the study eligibility criteria (Methods). All eligible individuals were male. Of these, 1,037 (50%) were vaccinated with MVA-BN and had at least 90 d of follow-up. The majority of participants belonged to the general Jewish population sector (95.0%), followed by Arabs (2.1%) and ultra-Orthodox Jews (1.9%). The population sector was unknown for 0.9% of the study cohort. All vaccine doses were provided subcutaneously. Follow-up time was 90 to 147 d (average, 141 d).

Vaccine uptake

The characteristics of vaccinated and unvaccinated individuals and the association between these characteristics and vaccine uptake are detailed in Table 1. Vaccine uptake in individuals who attended primary healthcare clinics in the Israeli Tel Aviv District was 2.2-fold higher than in individuals from other regions. Uptake was lower in individuals from the minority population sectors and those with a socioeconomic status score below the median by 55% and 22%, respectively. HIV pre-exposure prophylaxis (HIV-PrEP) utilization, PDE5 inhibitors utilization and recent chlamydia or Neisseria (NE) gonorrhea infections were associated with a 70%, 43% and 34% higher vaccine uptake, respectively.

Assessment of vaccine effectiveness

During the study period, MPXV infections occurred in 16 unvaccinated individuals (9.3 per 100,000 person-days) and 5 vaccinated individuals (4.3 per 100,000 person-days). The adjusted hazard ratio (HR) for infection in the vaccinated compared to the unvaccinated population was 0.14 (95% confidence interval (Cl) 0.05–0.41). The cumulative HR curves for infection are shown in Fig. 1. Univariable and multivariable Cox proportional hazard analyses assessing the association between participant characteristics and mpox are detailed in Table 2. The Tel Aviv District of the primary healthcare clinic was associated with a fourfold higher risk of mpox.

Discussion

Six months after the initial worldwide spread of mpox, the outbreak seems to be contained⁴, mainly attributed to vaccination efforts and behavioral changes¹³. While the vaccines against smallpox were

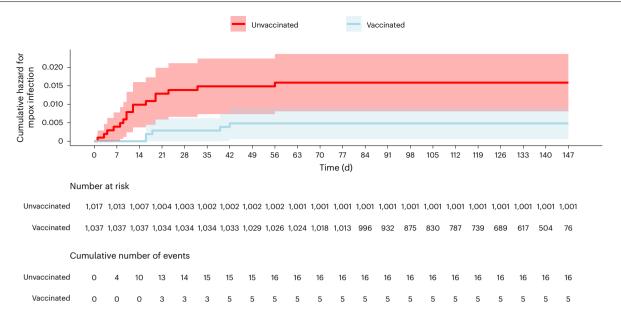


Fig. 1| **Cumulative hazard for mpox infection (95% CIs).** For unvaccinated participants, time zero corresponds to 31July 2022, when the vaccination campaign was initiated. For vaccinated participants, time zero corresponds to the date of vaccine uptake. The shaded areas indicate the 95% CIs.

Table 2 | Association of participant characteristics and MPXV infection

Variables	Results of the univariable ^a models	Results of the multivariable ^b model
	HR (95% CI)	HR (95% CI)
Vaccination	0.30 (0.11, 0.83)	0.14 (0.05, 0.41)
Tel Aviv District	3.11 (1.05, 9.23)	3.98 (1.29, 12.33)
HIV-PrEP use ^c	0.97 (0.39, 2.41)	
Purchase of PDE5 inhibitors°	1.84 (0.67, 5.02)	2.14 (0.76, 5.99)
History of HIV/AIDS	0.87 (0.34, 2.24)	
Any syphilis infection	1.89 (0.76, 4.67)	1.11 (0.39, 3.18)
Chlamydia or NE gonorrhea in recent ^c rectal PCR	2.15 (0.72, 6.39)	
Chlamydia or NE gonorrhea in recent ^o urine PCR	3.38 (1.00, 11.48)	
Chlamydia or NE gonorrhea in recent ^c pharyngeal PCR	0.95 (0.22, 4.09)	
Chlamydia or NE gonorrhea in any recent° STI PCR	2.09 (0.84, 5.19)	2.53 (0.98, 6.52)
Recent ^c syphilis infection	3.58 (1.05, 12.15)	3.20 (0.78, 13.17)

^aThe associations between each of the covariates and mpox were estimated using a series of univariate Cox proportional hazards regression models. ^bA multivariate Cox proportional hazards regression model was used to estimate the association between vaccine and mpox while controlling for the covariates found to be associated with mpox in the univariate analyses. The higher the HR, the greater the association between the listed characteristic and vaccine uptake. ^cRecent: from 01/2022 to 06/2022. STI: chlamydia or NE gonorrhea.

assumed to also protect against mpox, efficacy data are still limited to studies in mice and monkey models¹⁴. How well MVA-BN protects against mpox in humans and how much protection against mpox is elicited by providing only a single dose rather than the recommended two doses is still unclear¹². Our results demonstrate that vaccination with one subcutaneous dose of MVA-BN was associated with an 86% reduction in the risk for mpox among vaccinated individuals considered at high risk of MPXV infection. Nevertheless, completing the second

vaccine dose, per the approved label, may improve this effectiveness and provide longer-lasting protection.

In a recent observational study of 276 individuals at a single hospital setting, who were vaccinated after exposure, 12 participants (4%) had a confirmed MPXV breakthrough infection; of those, 10 participants developed an infection up to 5 d following vaccination¹⁵. However, we are unaware of published studies evaluating vaccine effectiveness when provided as PrEP.

The US Centers for Disease Control and Prevention has reported in its 8 December 2022 update that, among 43 US jurisdictions, the mpox rate in individuals who were recommended to receive a vaccine was seven times higher among unvaccinated individuals compared with those vaccinated with one dose, suggesting similar results of vaccine effectiveness as demonstrated in our study. However, these results did not control for possible differences in baseline characteristics such as age, underlying conditions or other differences between the two groups⁸.

Randomized controlled trials are yet required to provide direct evidence of the efficacy and safety of vaccines against mpox in humans. While such data would have been the gold standard for supporting mpox vaccination guidelines, the time required for such trials to be planned, executed and published would not be sufficient for immediate policy decisions urgently needed to contain the epidemic. Therefore, controlled studies and vaccine effectiveness surveillance are critical to understanding the utility of vaccines against MPXV acquisition ¹⁶.

Our study has some noteworthy limitations. The primary limitation is the small number of participants, the younger age (18–42 years) and the low number of infections observed during the study period, even in the unvaccinated individuals. Our results should, therefore, be regarded as preliminary, and additional larger studies are still required. However, these promising results may further drive the engagement of individuals and their healthcare providers for vaccination.

Another major limitation is that the characteristics of vaccinated and unvaccinated individuals in our study cohort were significantly different despite all being identified as high risk, according to the Israeli Ministry of Health (MOH) guidelines. The vaccinated and unvaccinated groups differed in most sociodemographic and clinical variables (Table 1). The unvaccinated group had a lower socioeconomic status

and included more minority sectors living outside the Tel Aviv District and a higher prevalence of HIV. Although we adjusted for known and measurable confounders, some sources of residual confounding may not have been measured or corrected adequately.

Bias in estimating vaccine effectiveness might be caused by unmeasured differences in lifestyle behaviors, including sexual behaviors, between vaccinated and unvaccinated individuals. Vaccination might also lead to changes in behaviors that could affect the risk of mpox acquisition. Our study was based on a clinical database and, therefore, could not directly capture the sexual behavior patterns of the study participants. Sexual behavior patterns would have been extraordinarily challenging to capture and control, especially since we included all the vaccine-eligible individuals in our study cohort, not only those infected with MPXV. We attempted to overcome behavioral bias by controlling for measurable factors identified by clinicians that may serve as markers for sexual behavior patterns and which include previous STIs detected in rectal, pharyngeal or urine PCR tests, blood tests for syphilis screening (TPHA) and dispense of HIV-PrEP therapy and PDE5 inhibitors (sildenafil, tadalafil or vardenafil)17.

It should be noted that no screening for mpox was carried out in Israel and that the detection of mpox was limited only to individuals who reported symptoms to their physicians. Underreporting could occur if individuals were asymptomatic or because individuals' symptoms were not attributed to mpox¹⁸. However, we assumed that rates of undiagnosed mpox infections are not likely to differ in vaccinated and unvaccinated individuals.

Another possible source of bias is the variation of exposure to mpox during the study period. In our analysis, Schonfeld's global test confirmed that the proportional hazards assumption was met in the Cox proportional hazards model, suggesting that this variation in the risk for exposure to mpox remained similar in vaccinated and unvaccinated participants throughout the study period.

The initial mpox vaccination policy in Israel focused on PrEP in high-risk individuals, with special per-case approval for post-exposure cases of infection. However, no testing for the existence of mpox was done before vaccine administration. Therefore, some vaccinated individuals may have been infected (but undiagnosed) before vaccine administration, potentially lowering the observed effectiveness. All five cases of infection in the vaccinated individuals were diagnosed at least 21 d after vaccine uptake (21–47 d) and, therefore, probably represent vaccine breakthroughs rather than cases of post-exposure vaccinations.

We could not assess the effectiveness of the recommended two-dose regimen because only 20% of the vaccinated participants in Israel have completed the second dose to date, and due to insufficient follow-up time after the second dose.

In Israel, the vaccine was administered only by a subcutaneous route during the study period, according to FDA prescribing information. Transition to the intradermal route was implemented in Israel on 26 October 2022, only after the enrollment of participants in our dataset had ended. The change in route of administration was decided, like in many other countries, to advance access, equity and chances of controlling the mpox outbreak, as the subcutaneous dose can be split into up to six intradermal doses 10,19,20. Therefore, our results might not be relevant in other healthcare settings where the intradermal, lower-volume dose administration of MVA-BN was adopted earlier.

In conclusion, our results suggest that a single dose of the MVA-BN vaccine administered subcutaneously is associated with a lower risk of mpox in high-risk male individuals in Israel. These findings suggest that providing at least one dose of the vaccine might have contributed to the containment of the current mpox outbreak. Larger randomized and real-world studies are still required to validate the vaccine's effectiveness over time.

Online content

Any methods, additional references, Nature Portfolio reporting summaries, source data, extended data, supplementary information, acknowledgements, peer review information; details of author contributions and competing interests; and statements of data and code availability are available at https://doi.org/10.1038/s41591-023-02229-3.

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Methods

The study was approved by the CHS Community Institutional Review Board Committee and the CHS Data Utilization Committee. The study was exempt from the requirement to obtain informed consent owing to the retrospective design.

Study participants

This observational, retrospective population-based cohort study was based on data obtained from the electronic medical records of CHS, the largest of four integrated healthcare organizations in Israel, which insures 4.78 million people (52% of the population).

In response to the current mpox outbreak, the Israeli MOH initiated a vaccination campaign on 31 July 2022, for individuals considered at high risk for infection. The eligibility criteria were males aged 18–42 years who were (a) dispensed HIV-PrEP at least for 1 month since 1 January 2022, or (b) diagnosed with HIV and also were diagnosed with one or more STIs since 1 January 2022. However, due to the limited vaccine supply, the policy in Israel when the vaccination campaign was initiated was to administer only a single subcutaneous dose of the vaccine. The cohort included all CHS members eligible for the vaccine according to the Israeli MOH guidelines when the study commenced who had completed at least 90 d of follow-up after vaccination. Individuals who were infected with mpox before the study period were excluded.

Study design and timeline

The follow-up of participant data started on 31 July 2022, when the vaccination campaign was initiated in CHS. The data were collected until 25 December 2022, and participants vaccinated after 26 September 2022 were excluded to allow sufficient follow-up time. Vaccination with a second dose of MVA-BN was introduced in Israel on 13 September 2022. Therefore, follow-up of individuals who received a second vaccine dose was censored at the date of the second vaccine.

Participants were evaluated as part of the unvaccinated group until the vaccination date. For unvaccinated participants, time zero corresponds to 31 July 2022, when the vaccination campaign was initiated. For vaccinated participants, time zero corresponds to the date of vaccine uptake. Participants moved from the unvaccinated group to the vaccinated group on the day they were vaccinated. In the vaccinated participants, the first time period accounts for the days from the follow-up start date (31 July 2022, when the vaccination campaign was initiated) until the vaccination date. During this period, the follow-up days of the participants are a part of the 'unvaccinated status.' The second follow-up period of the vaccinated participants accounts for the days from the vaccination day until the end of follow-up (25 December 2022) and is counted as part of the 'vaccinated status'. The study timeline and the transition between the unvaccinated and vaccinated status are depicted in the Extended Data Fig. 1.

The study's primary endpoint was mpox diagnosis, determined by a laboratory-confirmed RT–PCR test. Because the minimum time between infection and symptom onset was initially reported to be $5\,\mathrm{d}^{21}$, the estimated date of infection was defined as the earlier $5\,\mathrm{d}$ before the positive PCR test result or of a physician-documented suspected diagnosis of mpox. Any infection according to the above definition occurring later than the date of vaccination was considered as a breakthrough infection.

Data extraction

The following data were extracted for each participant: MVA-BN vaccination, mpox diagnosis, RT-PCR laboratory results, age, geographical district of primary healthcare clinic, population sector, the score for socioeconomic status, history of HIV/AIDS; STIs detected in rectal, pharyngeal or urine PCR tests; blood test for syphilis screening (TPHA) and dispense of HIV-PrEP therapy and PDE5 inhibitors (sildenafil, tadalafil or vardenafil).

The CHS data repositories and the definition of the sociodemographic variables were previously described in published coronavirus disease 2019 studies²². Data were extracted on 29 December 2022.

Statistical analysis

Descriptive statistics were used to characterize the study participants, and the study population was divided into two groups-those who had received the vaccine and those who had not. The geographical district of the primary clinic where each participant is registered was based on the administrative classification of CHS, dividing the entire state of Israel into nine districts. This covariate was categorized as Tel Aviv versus the other eight geographical districts, as most of the study population (58%) resided in this area. The population sector was based on CHS's administrative classification of the primary clinic where each participant is registered: general Jewish, Arab and Jewish ultra-Orthodox. This covariate was dichotomously divided into the majority sector (general Jewish, 95.0% of the study population) and minority sectors (including Arabs, Jewish ultra-Orthodox and those with unknown sector classification). The sociodemographic status score was categorized as below the median versus median score or higher. A multivariate Cox proportional hazards regression model was used to estimate the association of all covariates and uptake of the MVA-BN vaccine.

To avoid immortal time bias 23 , we performed a time-dependent analysis in which a time-varying covariate was used to indicate the initiation of vaccination for each vaccinated participant. Participants were transferred from the 'unvaccinated' group to the 'vaccinated' group when vaccinated, modifying their vaccination status from unvaccinated to vaccinated. Consequently, the follow-up of vaccinated participants started at the end of the immortal period.

The association between MVA-BN vaccination and mpox was estimated as follows: first, a univariate Kaplan–Meier analysis with a log-rank test was applied to test the associations of each independent candidate variable with the primary outcome. The threshold for the first testing criterion was set at P < 0.25 (ref. 24). Then, the proportional hazard assumption was validated for those variables using Schoenfeld's global test. Variables that met these two testing criteria served as inputs for multivariable Cox proportional hazards analysis. Vaccine effectiveness was defined as 1 minus the HR. All reported P values are two-tailed.

Reporting summary

Further information on research design is available in the Nature Portfolio Reporting Summary linked to this article.

Data availability

Due to CHS data privacy regulations and according to the Declaration of Helsinki and institutional data use committee approvals for this study, the data used for this study cannot be shared.

Code availability

R statistical software version 4.0.1 (R Project for Statistical Computing) was used for the univariate and multivariate survival analysis with time-dependent covariates. The following R packages were used: survival (3.2–13), ggplot2 (3.3.5), ggpubr (0.4.0), survminer (0.4.9) and table1 (1.4.2). All R packages are freely available.

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Author contributions

All authors contributed to the study design and execution. E.B. extracted the data under the supervision of Y.W. W.A. and N.R. cleaned and analyzed the data with the guidance of Y.W. and R.A. Y.W., R.Z., A.H. and R.A. drafted the initial manuscript and made the primary revisions. R.Z., H.M., N.G.A., G.C., A.M.-A., G.W.-K., H.D.-B. and A.P. planned, revised and approved all the clinical aspects of the study. S.Y. performed internal quality-control checks. G.L. and D.N. contributed to the policy aspects of the study. R.A., G.L. and D.N. oversaw the study design and conduct. All authors revised the manuscript for critical content and clarity and approved it.

Competing interests

The authors declare no competing interests.

Additional information

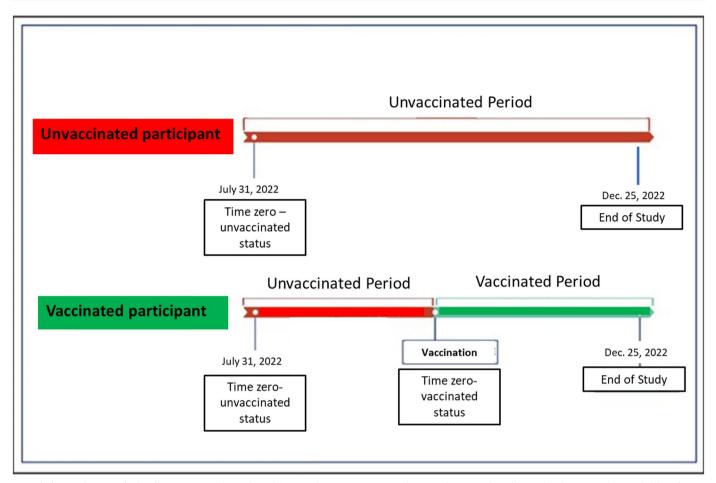
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Correspondence and requests for materials should be addressed to Ronen Arbel.

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 $\textbf{Extended Data Fig. 1} | \textbf{Study timeline.} For unvaccinated participants, time zero corresponds to 31 July 2022, when the vaccination campaign was initiated.} For vaccinated participants, time zero corresponds to the date of vaccine uptake. The figure depicts the transition from unvaccinated to vaccinated status, as applied in the time-dependent Cox model.$

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Corresponding author(s):	Ronen Arbel
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	The statistical test(s) used AND whether they are one- or two-sided Only common tests should be described solely by name; describe more complex techniques in the Methods section.
	A description of all covariates tested
	A description of any assumptions or corrections, such as tests of normality and adjustment for multiple comparisons
	A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals)
	For null hypothesis testing, the test statistic (e.g. <i>F</i> , <i>t</i> , <i>r</i>) with confidence intervals, effect sizes, degrees of freedom and <i>P</i> value noted <i>Give P values as exact values whenever suitable.</i>
\boxtimes	For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings
\times	For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes
X	Estimates of effect sizes (e.g. Cohen's <i>d</i> , Pearson's <i>r</i>), indicating how they were calculated
	Our web collection on <u>statistics for biologists</u> contains articles on many of the points above.

Software and code

Policy information about availability of computer code

Data collection Data was collected from CHS databases using SQL V18.6

Data analysis

R statistical software version 4.0.1 (R Project for Statistical Computing) was used for the univariate and multivariate survival analysis with time-dependent covariates. The following R packages were used: survival (3.2-13), ggplot2 (3.3.5), ggpubr (0.4.0), survminer (0.4.9), table1 (1.4.2). All R packages are freely available.

For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors and reviewers. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Portfolio guidelines for submitting code & software for further information.

Data

Policy information about <u>availability of data</u>

All manuscripts must include a data availability statement. This statement should provide the following information, where applicable:

- Accession codes, unique identifiers, or web links for publicly available datasets
- A description of any restrictions on data availability
- For clinical datasets or third party data, please ensure that the statement adheres to our policy

Due to Clalit Health Services data privacy regulations ans as per the institutional Helsinki and data utilization committee apptovals for this study, the patient-level data used for this study cannot be shared.

Field-specific reporting
Please select the one below that is the best fit for y

<u> </u>				
Please select the one below that is the best fit for your research. If you are not sure, read the appropriate sections before making your selection.				
Behavioural & social sciences Ecological, evolutionary & environmental sciences				
For a reference copy of the document with all sections, see nature.com/documents/nr-reporting-summary-flat.pdf				
nces study design				
close on these points even when the disclosure is negative.				
All eligible subjects in Clalit Health Services were included in the study				
Subjects who were infected with MPXV prior to the study period were excluded. Additionally, participants vaccinated after October 21, 2022 were excluded to allow a minimal follow-up time of 25 days after vaccination.				
Replication is not feasible for this study due to the limited number of subjects eligible for the study cohort and their unique characteristics				
Randomization was not applicable in this study, as this an observational cohort study, based on electronic medical records				

Reporting for specific materials, systems and methods

We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.

Blinding was not applicable in this study, as this an observational cohort study, based on electronic medical records

Materials & experimental systems	Methods
n/a Involved in the study	n/a Involved in the study
Antibodies	ChIP-seq
Eukaryotic cell lines	Flow cytometry
Palaeontology and archaeology	MRI-based neuroimaging
Animals and other organisms	
Human research participants	
Clinical data	
Dual use research of concern	

Human research participants

Blinding

Policy information about studies involving human research participants

Population characteristics

All eligible subjects in Clalit Health Services were included in the study. The mean age of the study participants was 34 (SD 5.3). All participants were males.

Participants were not recruited: data for all eligible participants was extracted retrospectively from Clalit Health Services

Participants were not recruited: data for all eligible participants was extracted retrospectively from Clalit Health Services database. Participants' sex was also extracted from Clalit Health Services database, as registered in participants' medical records.

Ethics oversight

The study was approved by CHS's Community Institutional Review Board Committee and the Clalit Health Services Data
Utilization Committee. The study was exempt from the requirement to obtain informed consent owing to the retrospective design.

Note that full information on the approval of the study protocol must also be provided in the manuscript.