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## Metabolic determinants of tumor initiation

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### Abstract

Tumors exhibit notable metabolic alterations compared with their corresponding normal tissue counterparts. These metabolic alterations can support anabolic growth, enable survival in hostile environments, and regulate gene expression programs that promote malignant progression. Whether these metabolic changes are selected for during malignant transformation, or can themselves be drivers of tumor initiation, is poorly understood. Suggestively, many of the major bottlenecks for tumor initiation—control of cell fate, proliferation, and survival—are all amenable to metabolic regulation. Here, we will review recent evidence demonstrating a critical role for metabolic pathways in processes that support the earliest stages of tumor development. We will discuss how cell-intrinsic factors, such as cell of origin or transforming oncogene, and cell-extrinsic factors, such as local nutrient availability, promote or restrain tumor initiation. Deeper insight into how metabolic pathways control tumor initiation will improve our ability to design metabolic interventions to limit tumor incidence.

### Introduction

Cancer is a subversion of normal tissue homeostasis in which cells escape from, or fail to achieve, their proper identity in space and time, unleashing uncontrolled proliferation. Advances in genetic sequencing have enabled identification of recurrent genomic alterations capable of transforming normal cells and driving tumor growth. Mutations in an ever-lengthening list of oncogenes and tumor suppressors can be sufficient to impair normal developmental pathways and fuel aberrant proliferation. Surprisingly, such mutations are not exclusive to tumors: normal human tissue can also harbor cancer-associated mutations, and individual cells can sustain multiple oncogenic mutations and clonally expand without giving rise to any obvious pathology<sup>1,2</sup>. Moreover, oncogenic lesions have different outcomes depending on the tissue or cell type in which they are expressed<sup>3</sup>. These observations indicate that oncogenic mutations are not necessarily sufficient to initiate tumorigenesis and factors beyond genomic alterations—factors such as cell state and environmental pressure—may help determine tumor initiating potential.

Metabolism is emerging as a potential force shaping cancer initiation and tumor progression. To initiate and form a tumor, cancer cells must expand, divide and survive (FIG. 1). Meeting

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Competing interests

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each of these challenges ultimately requires metabolic rearrangements, either to generate biomass required for proliferation or to support pathways enabling survival in hostile or foreign microenvironments. Metabolites can also modulate signaling pathways and gene expression programs that regulate cell state<sup>4</sup>, thereby potentially altering how cells respond to oncogenic mutations. The challenges inherent in identifying or capturing tumor initiating cells has largely circumscribed our understanding of when metabolism changes during tumor initiation and how metabolic alterations support tumor progression. Nevertheless, work in established tumors is revealing how metabolic networks enable cancer cells to thrive in the face of selective pressures<sup>5,6</sup>, providing a framework for understanding how metabolism may contribute to tumor initiation. The goal of this review is to leverage work studying metabolic determinants of cancer growth alongside recent studies of metabolic drivers of tumor initiation to provide insight into mechanisms by which metabolites may dictate the earliest stages of tumor initiation and to explore the potential for metabolic interventions to control cancer incidence and progression. Specifically, we will first discuss major barriers to tumorigenesis that may be susceptible to metabolic control. We next provide examples demonstrating the role of cancer cell-intrinsic metabolic networks in tumor progression. Finally, we highlight representative examples of ways that environmental factors can affect tumor incidence.

## Metabolic challenges during tumor initiation

To date, few studies have directly assessed the role of metabolism in tumor initiation. Tumor initiating cells are rare, and therefore difficult to capture and study<sup>7</sup>. Moreover, modeling initiation is also complicated by unclear cell of origin for many tumor types<sup>8,9</sup>. Work in this area is also limited by the inherent difficulty uncoupling initiation from progression, as many common assays rely on experimentally detectable tumors that have, by definition, progressed and grown past a few initiating cells. Nevertheless, several key processes required for tumor initiation—continuous self-renewal, proliferation and survival—are known to be under metabolic control. The goal of this section is to highlight how metabolism influences these key processes to illustrate the potential mechanisms through which metabolism may shape tumor initiation.

### Supporting aberrant cell proliferation

To unleash hyperplasia, malignant cells must meet the biosynthetic demands of cell proliferation (FIG. 2). To date, much of the work determining how cancer cells rewire metabolism to enable aberrant proliferation has been performed in cells in culture, often with unphysiological—and potentially unlimiting—concentrations of available nutrients. Therefore, a major avenue of current research is elucidating how metabolic demands of cells growing in tumors differs from cells growing in tissue culture. Certainly, isotope tracing studies reveal major differences in metabolic preferences of cancer cells growing *in vitro* compared to tumors *in vivo*<sup>10,11</sup>. Likewise, simply changing medium composition is sufficient to induce large-scale metabolic alterations in cultured cells, implying that nutrient availability is a major factor dictating metabolic phenotypes<sup>12,13</sup>. These context-specific preferences can translate into altered metabolic demands: a subset of metabolic genes exhibit conditional essentiality depending on exogenous nutrient availability<sup>14,15</sup>. Somewhat

surprisingly, then, recent genetic screens revealed that pancreatic cancer cells growing in 2-dimensions *in vitro* or as tumors in mice exhibited overall strikingly similar requirements for metabolic genes<sup>16,17</sup>. Some of these similarities may be because cells were selected in culture—thereby enforcing specific constraints on cell growth—prior to injection into mice for tumor formation assays. Nevertheless, some key differences emerged—specifically, genes involved in heme synthesis were more essential *in vivo* than *in vitro*, presumably because of increased heme degradation *in vivo*<sup>16,17</sup>. Moreover, 3-dimensional cell cultures preserved *in vivo* dependencies better than 2-dimensional cell cultures<sup>17</sup>. These findings suggest that while many of the basic principles of cell growth are similar across a range of environmental conditions, local growth conditions can modulate metabolic strategies that support growth.

Indeed, broadly speaking, the metabolic demands of biomass accumulation are inherently invariant. For example, increasing mass necessarily requires enhanced nutrient uptake. Abundant circulating nutrients such as glucose and amino acids—most notably, glutamine—provide the raw material for the synthesis of membranes, proteins and nucleic acids that are required for cell division. Nutrient uptake is so fundamental to tumor growth that imaging uptake of a radioactive glucose analog, <sup>18</sup>F-fluorodeoxyglucose (<sup>18</sup>F-FDG), via positron emission tomography (PET) is a linchpin of clinical cancer diagnosis, staging and treatment monitoring<sup>18</sup>. Similarly, imaging <sup>18</sup>F-labeled glutamine analogs is emerging as a useful approach for monitoring tumor growth in tissues such as the brain where constitutively high glucose uptake precludes successful application of <sup>18</sup>F-FDG imaging<sup>19</sup>.

Glucose and amino acids, once acquired by proliferating cells, are funneled into central metabolic networks that yield the energy, reducing equivalents and metabolic building blocks required for macromolecule synthesis. Glucose catabolism via glycolysis generates ATP, and glycolytic intermediates additionally serve as initiating metabolites for the pentose phosphate pathway (PPP) and serine synthesis pathway, among others. The PPP and pathways downstream of serine production provide the ribose sugar backbone and other critical intermediates required for nucleotide biosynthesis. Additionally, both pathways can generate NADPH, a carrier of reducing equivalents that is critical for biosynthetic reactions and antioxidant defenses. Amino acids and the glycolytic product pyruvate can be oxidized in the tricarboxylic acid (TCA) cycle, thereby reducing the electron carriers NAD<sup>+</sup> and FAD to NADH and FADH<sub>2</sub><sup>20</sup>.

Like intermediates of glycolysis, intermediates of the TCA cycle are also precursors for critical biosynthetic pathways. Acetyl-CoA, generated by mitochondrial catabolism of nutrients such as glucose, fatty acids and some amino acids, is required for fatty acid synthesis in the cytosol. As acetyl-CoA cannot cross the inner mitochondrial membrane, cytosolic acetyl-CoA is instead provided by the TCA cycle intermediate citrate, which can transit from the mitochondrion to the cytosol to yield acetyl-CoA through the action of ATP citrate lyase (ACL)<sup>21</sup>. Furthermore, succinyl-CoA is the precursor for heme production, and oxaloacetate is transaminated to aspartate, an amino acid that in turn is required for both nucleic acid and protein biosynthesis. Such cataplerosis is balanced by anaplerosis—or TCA cycle refilling—mediated most often by catabolism of glutamine<sup>22</sup>. To keep the TCA cycle running and continually generate biosynthetic precursors, cells must regenerate

oxidized electron carriers. As a result, a major benefit accrued by deposition of high-energy electrons into the mitochondrial electron transport chain is not only efficient production of ATP through oxidative phosphorylation (OXPHOS), but also regeneration of NAD<sup>+</sup>/FAD to facilitate continued substrate oxidation. Analogously in the cytosol, reduction of pyruvate to lactate and concomitant regeneration of NAD<sup>+</sup> facilitates continued flux through NAD<sup>+</sup>-dependent metabolic pathways including glycolysis and serine synthesis<sup>23</sup>.

While all of these core metabolic processes are critical for proliferation, the relative activity and choice of fuels for each pathway will likely exhibit significant heterogeneity. The precise composition of available nutrients and specific macromolecular requirements will vary depending on the lineage, identity, and environment of any given cell. As a result, while the metabolic challenges imposed by cell proliferation may be relatively constant, the manner in which cells acquire and metabolize nutrients will likely be context-specific. Indeed, increasing evidence demonstrates that tumors display a great degree of metabolic heterogeneity, influenced by cell or tissue of origin and both cell intrinsic and extrinsic factors<sup>24,25</sup>. In particular, tissue of origin seems to greatly influence tumor metabolic profiles. Mouse models of non-small cell lung cancer (NSCLC) and pancreatic ductal adenocarcinoma (PDAC) revealed that NSCLC tumors are dependent on branched chain amino acids as fuel for metabolic pathways, despite both NSCLC and PDAC tumors being driven by the same initiating lesions<sup>26</sup>. Importantly, this altered dependence remained even when cancer lines were implanted subcutaneously, indicating that at least some metabolic preferences imposed by cell of origin can dominate even over anatomical location<sup>26</sup>. Metabolism is not immutable, however: metastatic clones often rewire metabolism when settling into a new tissue niche<sup>27,28</sup>. The transforming oncogene can also contribute to metabolic diversity: liver tumors induced by MYC expression exhibited elevated glucose and glutamine catabolism compared to tumors induced by MET expression<sup>29</sup>.

The role of cancer cell lineage and oncogene expression in establishing tumor metabolic profiles suggests that metabolic phenotypes may be established early in tumorigenesis. In support of this model, a recent study found that leukemias arising from different progenitor cells exhibited metabolic profiles consistent with their normal progenitor cell of origin<sup>30</sup>. Whereas hematopoietic stem cells exhibited little oxidation of glucose-derived pyruvate in the TCA cycle, normal thymic T cells exhibited significant pyruvate oxidation via pyruvate dehydrogenase (PDH); consequently, PDH inhibition impaired development of T cell leukemia but not myeloid neoplasms<sup>30</sup>. Similarly, studies of normal mammary populations revealed that inherently differential preferences for oxidative phosphorylation and glycolysis appear to be retained in tumors<sup>31</sup>. These metabolic preferences wired in the tumor cell of origin can impose lasting metabolic vulnerabilities, highlighting the importance of understanding the metabolic profiles of tumor initiating cells<sup>31</sup>.

The factors that control tumor metabolism likely extend beyond lineage and oncogenic profile. For example, a study of over 80 NSCLC cell lines demonstrated that despite identical culture conditions, cell lines exhibited variety in magnitude and routes of glucose and glutamine usage<sup>32</sup>. While no one specific feature emerged as a determinant of metabolic preferences, factors such as proteomic, transcriptional and epigenetic profiles—even more than oncogenotype—correlated with a subset of metabolic phenotypes<sup>32</sup>.

Thus, despite a general dependence on nutrient uptake and catabolism, cancer cells have both hard-wired and context-specific preferences for which nutrients are consumed and how they are catabolized. Consequently, metabolite availability may serve as a restraint on tumor initiation and growth, but specific metabolic environments may exert different selective pressure depending on the identity and demands of the cancer cells themselves. For example, physiological serine levels can be limiting for tumor growth, but upregulation of the serine synthesis machinery allows cancer cells to evade this selective pressure when serine is limiting<sup>33</sup>. In NSCLC lines, oncogenic activation of the NRF2 transcription factor increases expression of serine synthesis genes, thereby inducing resistance to serine starvation and dependence upon *PHGDH*, the initiating step in *de novo* serine synthesis<sup>34</sup>. Successful tumor initiation therefore seems to depend on cancer cells acquiring mutations that, working alongside their preexisting metabolic preferences, allow cells to leverage available metabolites to meet the metabolic demands of survival and proliferation.

### Enabling cancer cell survival

Cell death—whether controlled intrinsically by cancer cells or mediated by immune system—is a potent mechanism of tumor suppression<sup>35</sup>. Metabolism is critical for cell survival and dysregulated metabolism can trigger a number of forms of cell death. One central mechanism connecting metabolism to cell death is production of reactive oxygen species (ROS), which include hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), hydroxyl radical (·OH), superoxide radical anion (O<sub>2</sub><sup>-</sup>), and lipid hydroperoxides (LOOH). Electrons leaking from the mitochondrial electron transport chain (ETC) represent a major source of cellular ROS, and this leakage is exacerbated by metabolic conditions that favor deposition of electrons into the ETC at a rate beyond the demands for oxidative phosphorylation<sup>36</sup>. In low doses, ROS can alter cell signaling cascades; higher doses can damage macromolecules including proteins and DNA. Such modest damage can favor tumor initiation, and antioxidants can therefore protect against ROS-induced cancer in several mouse models<sup>37</sup> (FIG. 3). At high levels, particularly of LOOH, ROS can hamper cell fitness and even initiate a ROS and iron-dependent form of cell death known as ferroptosis, which is characterized by catastrophic lipid peroxidation in cell membranes<sup>38</sup>. While suppression of ferroptosis has not been directly linked to tumor initiation, cancer cells may exhibit heightened sensitivity to ferroptotic cell death and some tumors upregulate pathways that guard against ferroptosis<sup>39</sup>. In this scenario, enhancing antioxidant defenses to counteract the damaging effects of ROS provides an advantage to cancer cells.

Indeed, ROS appears to be a major stress early in tumorigenesis: in epithelial cells, matrix detachment is associated with enhanced ROS that can induce a form of cell death known as anoikis<sup>40</sup>. Mechanistically, reduced glucose uptake following matrix detachment compromises glucose-dependent NADPH production, which is important to sustain endogenous antioxidant programs. Exogenous antioxidants prevent anoikis, allowing epithelial cells to sustain anchorage-independent cell growth—a hallmark of early tumorigenesis<sup>40</sup>. Antioxidants may also promote later stages of tumor progression, such as metastasis, by facilitating survival in highly oxidative environments<sup>41,42</sup>. Consistently, somatic mutations favoring constitutive activation of the antioxidant transcription factor NRF2 are common in human cancer, and genetic studies have confirmed that NRF2

promotes incidence and progression of multiple tumor types<sup>37</sup>. Furthermore, ROS are implicated in differentiation of many adult stem cell lineages, and thus counteracting ROS may favor maintenance of pro-tumorigenic programs of self-renewal<sup>43</sup>. All together, ROS provide a powerful link between metabolism and cell survival, but the precise role of ROS in tumor initiation is likely to be complex and context-specific.

Metabolism and cell death are also intricately linked through mitochondria, which are required for both energy generation and the induction of a programmed form of cell death known as apoptosis<sup>44</sup>. Select metabolic triggers including nutrient starvation, hypoxia and oxidative stress can each activate apoptosis, which is characterized by release of cytochrome c from the mitochondrial inner membrane space into the cytosol<sup>45</sup>. Cytochrome c usually serves as electron shuttle in the mitochondrial electron transport chain. Upon release to the cytosol, cytochrome c activates death-mediating proteases called caspases that ultimately execute apoptotic cell death<sup>46</sup>. While suppression of apoptosis alone is not sufficient to induce carcinogenesis, many common oncogenes and tumor suppressors regulate susceptibility to apoptosis, suggesting that apoptosis cooperates with additional cues to control tumor progression<sup>47</sup>.

Nutrient starvation can also induce cell death via autophagy, a process in which macromolecules are delivered to the lysosome for degradation and recycling. While short-term autophagy can help cells cope with transient disruptions in nutrient supply, prolonged nutrient restriction can lead to autophagic cell death<sup>48</sup>. Thus, unlike apoptosis, which is generally accepted as a tumor suppressive mechanism<sup>49</sup>, autophagy can have both pro- and anti-tumorigenic functions depending on the specific context<sup>50</sup>. Other nutrient acquisition strategies such as macropinocytosis and receptor-mediated endocytosis may also facilitate cancer cell survival in diverse microenvironments. Macropinocytosis, the bulk uptake of extracellular material including proteins, is prominent in many cancer types—especially the notoriously poorly-perfused pancreatic cancer, and mutations that favor the activation of macropinocytosis allow cells to increase uptake of serum albumin and cellular debris during nutrient limitation<sup>51–53</sup>. Similarly, large cell lymphoma cells acquire cholesterol via low-density lipoprotein receptor (LDLR)-mediated endocytosis, and the subsequent changes in cellular lipid composition enable cancer cells to resist ferroptotic cell death<sup>54</sup>. A deepened understanding of how cancer cell type and mutational signature shape the preferred route of cancer cell nutrient acquisition could therefore expose new targetable vulnerabilities to induce lethal starvation in cancer cells.

Non-cell autonomous forms of cell death represent an additional mechanism of tumor suppression. In particular, the immune system provides a potent brake on tumor initiation. Consistent with the notion that malignant cells are continuously detected and cleared as they emerge, immunodeficiency and immunosuppression are associated with enhanced tumor susceptibility in humans<sup>55,56</sup>. Screening approaches to uncover genetic drivers of immune evasion in cancer cells revealed that an intact immune system selected for emergence of tumors harboring mutations in classic tumor suppressor genes<sup>57</sup>. More broadly, the mutations that favored tumor growth varied greatly depending on the presence of the immune system, even within a single cancer cell line<sup>57</sup>. These results highlight the complex alignment of extrinsic and intrinsic factors that is required for successful tumor initiation.

In established tumors, metabolic interplay between cancer and immune cells is increasingly recognized to play a critical role in anti-tumor immunity. Established tumors use two primary mechanisms to withstand elimination: preventing immune recognition through downregulation of antigen presentation and interfering with an ongoing immune reaction through the establishment of an immune-suppressive tumor microenvironment (TME)<sup>58,59</sup>. Tumor antigen presentation may respond to metabolic alterations in cancer cells: for example, urea cycle dysregulation increases pyrimidine synthesis which in turn triggers nucleotide imbalance. Ultimately, this imbalance induces genetic mutations that increase tumor antigens, rendering tumors susceptible to immune checkpoint therapy<sup>60</sup>. Similarly, metabolism of both cancer and stromal cells is increasingly implicated in determining immune responses in the TME. The TME is often acidic, hypoxic, and sometimes nutrient-poor, raising the possibility that cancer and stromal cells may compete for nutrients<sup>59</sup>. Indeed, recent evidence describes immune cells as large consumers of glucose and glutamine: in the TME, myeloid cells consume even more glucose than cancer cells<sup>61</sup>. Anti-tumor effector T cells may also compete with cancer cells for glucose in the TME: enhancing glycolytic capacity of cancer cells dampens T cell function, thereby allowing otherwise immunogenic tumors to escape immune clearance<sup>62</sup>. Metabolites likely play roles beyond fuel for expanding T cells. For example, the glycolytic intermediate phosphoenolpyruvate alters Ca<sup>2+</sup> signaling to bolster T cell effector function<sup>63</sup>.

Cancer cells also shape the TME by releasing immune-dampening or -modulating metabolites including *D*-2-hydroxyglutarate, lactate and ROS<sup>64</sup>. Impairing cancer cell lactate release by inhibiting lactate dehydrogenase potentiated the anti-tumor immune response in mouse models of melanoma. Mechanistically, high lactate suppresses nuclear factor of activated T cells (NFAT) in T and NK cells, thereby blunting release of pro-inflammatory cytokine interferon- $\gamma$ <sup>65</sup>. High lactate levels can also inhibit effector T cell functions while promoting the emergence of immune-suppressive cells including regulatory T cells, whose cellular metabolism appears to adapt to the harsh environment of the TME<sup>66</sup>. Thus, cancer cells can promote their own survival by interfering with an anti-tumor immune response through nutrient and oxygen depletion or through the release of metabolites that may promote the emergence of immune-suppressive cells<sup>59</sup>.

Little is known about how cancer cells avoid being cleared in the early stages of initiation before the establishment of the immune-suppressive tumor microenvironment. Suggestively, “latency competent” metastatic cancer cells, which are stem-like cells competent for tumor initiation, evade early detection by innate immunity by entering a slow-cycling, quiescent state<sup>67</sup>. Quiescent adult stem cells can also suppress MHC-I expression to avoid CD8<sup>+</sup> T cell surveillance<sup>68</sup>. Whether the unique metabolic state of quiescence contributes to immune evasion, and whether such a metabolic state can be coopted to promote survival of cancer initiating cells, remains to be further explored.

### Regulating cancer cell fate

Tumor initiation is facilitated by changes in gene expression programs that regulate cellular identity; generally, programs that favor that favor differentiation over self-renewal will antagonize tumor initiation<sup>69–72</sup>. Studies in both cancer cells and stem cells increasingly

implicate metabolism in the control of cell fate programs and this topic has been extensively reviewed elsewhere<sup>43,73</sup>. Frequently, the links between metabolism and cell fate control center around the potential of metabolites to regulate chemical modifications on DNA and histones. Although transcription factors are ultimate guardians of transcriptional networks, chromatin organization also plays a critical role controlling DNA accessibility and gene expression<sup>74</sup>. Methylation of DNA and certain histone lysine residues is often associated with gene repression; reciprocally, histone acetylation often co-occurs with an environment permissive for gene expression<sup>74,75</sup>. Consistent with aberrant regulation of gene expression programs, cancer cells frequently exhibit perturbed chromatin organization, and genetic mutations in genes encoding chromatin regulatory proteins are found in approximately 50% of human tumors<sup>76</sup>.

Intriguingly, the deposition and removal of these chemical adducts is intimately entwined with cellular metabolism: metabolites are critical substrates and products of many enzymes that control chromatin modifications. Both DNA and histone methyltransferases use S-adenosylmethionine as a methyl donor, producing S-adenosylhomocysteine that in turn can serve as a competitive inhibitor of methyltransferases. Analogously, histone acetyltransferases use acetyl-CoA (or other acyl-CoA species) as a co-substrate and are inhibited by CoA in turn<sup>77,78</sup>. A family of  $\alpha$ -ketoglutarate ( $\alpha$ KG) dependent dioxygenases, which includes enzymes responsible for histone demethylation and iterative oxidation of methylated cytosine, consume  $\alpha$ KG and molecular oxygen as obligate co-substrates and are inhibited by their product, succinate, as well as structurally similar metabolites such as fumarate and 2-hydroxyglutarate (2HG)<sup>79,80</sup>. Accordingly, fluctuations in levels of these metabolites have the potential to alter the chromatin landscape and shape gene expression programs that control cell identity<sup>77,81–84</sup> (FIG. 4). Most of the above metabolites are central intermediates of the TCA cycle or derived from TCA cycle intermediates, raising the possibility that alterations in TCA cycle dynamics may signal to the nucleus to control gene expression programs<sup>85</sup>. The ability of these metabolites to control the chromatin landscape depends on enzyme affinity for a given metabolite relative to the concentration of that metabolite and other, similar metabolites that may compete for enzyme active sites. For a full discussion of the biochemical considerations relevant to metabolic control of chromatin modifying enzymes, we direct the reader to several excellent reviews dedicated to this topic<sup>75,84,86,87</sup>.

Whether metabolites indeed control chromatin programs that affect tumor initiation remains largely unknown, although initial evidence supporting this notion is emerging and is discussed below. The most compelling evidence linking metabolism to tumor formation is the identification of frequent, recurrent point mutations in genes encoding the metabolic enzymes isocitrate dehydrogenase 1 and 2 (IDH1/2) in a variety of human malignancies<sup>88</sup>. These mutant versions of IDH1/2 catalyze the reduction of  $\alpha$ KG to *D*-2HG, a metabolite normally present in trace amounts<sup>89,90</sup>. Accumulation of high levels of *D*-2HG in IDH1/2 mutant tumors is associated with inhibition of  $\alpha$ KG-dependent dioxygenases, histone and DNA hypermethylation, and aberrant self-renewal<sup>90–92</sup>. Importantly, regulation of chromatin and cell fate is not limited to conditions where mutations drive pathological metabolite accumulation. For example, endogenous metabolic networks support production of  $\alpha$ KG, which promotes differentiation and antagonizes tumor formation in multiple



lineages<sup>93,94</sup>. These findings are consistent the notion that metabolic alterations that tip the balance between substrates and inhibitors of  $\alpha$ KG-dependent dioxygenases directly modulate chromatin accessibility and gene expression programs related to cell fate and tumorigenesis<sup>93</sup>.

More broadly, the connection between metabolism and regulation of the chromatin landscape raises the possibility that metabolic wiring can facilitate or antagonize establishment of a chromatin environment that is permissive for tumor initiation. Intriguingly, not all cells are equally amenable to undergo a change in fate. For example, ‘plastic’ cells such as stem and progenitor cells are often the cells responsible for cancer emergence<sup>95</sup>. However, certain conditions allow differentiated cells to revert to either a progenitor-like state (de-differentiation) or enter a high-plasticity state that favors neoplastic growth. Consequently, the chromatin landscapes that favor tumor initiation may vary depending on the cell of origin or even the transforming oncogene. In this manner, the effect of a given metabolic state on tumor initiation may be highly context specific. Ongoing studies on cell-type specific metabolic profiles will help unravel the degree to which endogenous metabolic networks shape the chromatin landscape to reinforce—or undermine—control of cell identity.

While we focused on chromatin regulation as a suggestive link between metabolism and cell fate control in cancer, there are many other ways in which metabolites could alter gene expression programs that ultimately influence tumor initiation. Indeed, myriad signaling pathways can modulate gene expression programs that control cell fate, and many of these pathways are themselves susceptible to regulation by intracellular metabolites. Most prominently, mammalian target of rapamycin (mTOR) or AMP-activated protein kinase (AMPK)—which are key integrators of nutrient availability and energy status—exert direct or indirect control over signaling networks that ultimately modulate gene expression. More directly, ROS induce differentiation in a variety of cell types<sup>43,96</sup>. For example, in the skin, mitochondrially-derived ROS are required both for Notch-dependent transcription and  $\beta$ -catenin activation, which control epidermal differentiation and hair follicle specification, respectively<sup>97</sup>. Major outstanding questions for these potential links between metabolism and cancer cell fate center around physiological relevance and specificity. What degree of metabolic fluctuation is required to exert a given outcome? How can a specific outcome be achieved if a metabolite regulates many distinct enzymes or pathways? Testing the degree to which physiologic shifts in metabolites controls tumor cell fate via specific effectors will likely require combining *in vivo* metabolite quantification and single-cell sequencing analyses with temporal genomic editing techniques.

## Metabolic changes promote tumor initiation

There are many ways that metabolism can support growth and/or progression of established tumors, and this topic has been extensively reviewed elsewhere<sup>5,6,22,98</sup>. Here, we discuss examples in which cell-intrinsic metabolic features are associated specifically with tumor incidence or with processes known to be involved in tumor initiation.

## Hereditary mutations in metabolic enzymes

Direct evidence that metabolic pathways can influence tumor initiation comes from genetic studies of familial cancer predisposition<sup>99</sup>. Loss of function mutations in genes encoding subunits of the succinate dehydrogenase (SDH) complex and fumarate hydratase (FH), each of which catalyze a portion of the TCA cycle, can result in familial pheochromocytomas and paragangliomas, closely related neuroendocrine tumors of the adrenal medulla or the autonomic nervous tissue, respectively<sup>100–102</sup>. Germline SDH mutations also occur in other cancer types including renal carcinoma<sup>103</sup> and gastrointestinal stromal tumors<sup>104</sup>, while germline FH mutations predispose to renal cell carcinoma and hereditary leiomyomatosis of the uterus and skin<sup>105</sup>. Tumors arising in patients with germline mutations in SDH or FH genes are usually associated with loss of heterozygosity of the remaining wild-type allele, thereby driving complete TCA cycle truncation<sup>105,106</sup>. The notable tissue-restricted pattern of tumors arising in patients with germline mutations in SDH/FH raises the intriguing possibility that these lineages comprise cells that are uniquely capable of coping with the metabolic disruption imposed by TCA cycle dysfunction. Alternatively, these lineages may be exceptionally susceptible to transformation by the pathways triggered following SDH/FH loss. Perhaps both scenarios are true: recently it has been shown that SDHB deletion and concomitant  $\alpha$ -KG-dependent dioxygenase inhibition is insufficient to drive tumor development in a murine model of pheochromocytoma but SDHB loss accelerates tumorigenesis when combined with deletion of a tumor suppressor gene<sup>107</sup>.

Why does SDH or FH mutation predispose to tumor formation? Most likely, the tumor promoting effects of these mutations are due to pathological buildup of their respective substrates, succinate and fumarate. High accumulation of these “oncometabolites” is sufficient to inhibit a subset of  $\alpha$ -KG-dependent dioxygenases including TET methylcytosine dioxygenases, Jumonji domain containing histone demethylases and the prolyl hydroxylases (PHD) that target the labile  $\alpha$  subunits of the hypoxia inducible factor (HIF) complex for degradation (FIG. 5). Indeed, HIF $\alpha$  stabilization even in normoxia is commonly observed in following SDH or FH loss<sup>108,109</sup>, and tumors with SDH/FH mutations frequently exhibit chromatin hypermethylation<sup>99</sup>. Other dioxygenases beyond PHDs likely contribute to oncogenic effects of succinate and fumarate. For example, fumarate induces the epithelial-mesenchymal transition in renal cancer cells at least in part by silencing the miR-200 microRNA cluster. These effects are phenocopied by TET inhibition and reversed by  $\alpha$ -KG supplementation, indicating that TET-mediated control of the miR-200 locus may contribute to malignant phenotypes in *FH*-deficient renal cancer<sup>110</sup>. Moreover, succinate, fumarate and 2HG have been implicated in suppressing DNA damage repair through inhibition of KDM4A/B histone demethylases<sup>111,112</sup>.

However, both SDH and FH inhibition have additional metabolic consequences beyond oncometabolite-mediated dioxygenase inhibition. For example, high levels of ROS following SDHB loss can also trigger HIF $\alpha$  stabilization<sup>113</sup>. Notably, while depletion of both SDHA and SDHB induce succinate accumulation, SDHA is not commonly mutated in human tumors. Suggestively, in some models only SDHB loss induces HIF-dependent increases in proliferation, arguing that in some contexts ROS may be dominant over oncometabolite accumulation as a driver of tumor growth<sup>113</sup>. Similarly, the electrophilic

fumarate can directly modify reactive cysteine residues that modulate protein function<sup>114</sup>. Covalent modification of KEAP1 by fumarate releases NRF2, thereby inducing an antioxidant gene program in renal cysts and tumors<sup>115,116</sup>. Consistently, genetic studies in mice confirmed that renal cyst formation driven by FH loss is independent of HIF<sup>116</sup>.

Thus, the extent to which hypermethylation and/or HIF stabilization contribute to the pro-tumorigenic effects of SDH/FH loss remains to be elucidated. It is likely that succinate and fumarate accumulation exert context-specific effects, which will only be unraveled by combined genetic and biochemical approaches across multiple tissue types. Even if SDH or FH mutations are insufficient for tumor initiation, HIF activation driven by SDH or FH loss might drive metabolic rewiring that favors adaption to hypoxia, even before low oxygen levels are encountered during tumor growth<sup>117</sup>. Such pro-hypoxic adaptations may be particularly relevant in hereditary paragangliomas, which often arise in the carotid body that orchestrates the body's response to low oxygen levels. Paragangliomas are as well characterized by carotid body hyperplasia that mimics the normal cellular expansion of a chronically hypoxic carotid body<sup>102,118,119</sup>. These cells may therefore represent a cellular lineage uniquely metabolically equipped to withstand and react to the pseudo-hypoxic state driven by the loss of SDH.

While germline mutations causing SDH and FH disruption are by far the dominant examples of metabolic involvement in cancer predisposition syndromes, a handful of additional examples have begun to emerge in recent years, powered by whole-exome sequencing of patients with unexplained hereditary disease. Germline mutations in *MDH2*, *OGDHL*, and *DLST*—all components of the TCA cycle— as well as *GOT* and *SLC25A11*—components of the malate-aspartate shuttle that transfers cytosolic reducing equivalents into the TCA cycle—have been identified in patients with pheochromocytoma/paraganglioma (FIG. 5)<sup>99</sup>. The degree to which these mutations facilitate tumorigenesis and whether these mutations share common mechanisms of pathogenesis remains to be elucidated, and future work may continue to reveal novel roles for germline mutations in metabolic control of cancer susceptibility.

### Somatic mutations in metabolic enzymes

The above familial cancer predisposition syndromes support the notion that metabolism can be directly coopted to support tumor growth. Nevertheless, human tumors exhibit only a handful of frequent, recurrent mutations in metabolic enzymes, perhaps because genetic mutations in metabolic enzymes are likely to reduce cell fitness or block metabolic plasticity required for tumor evolution. Consistent with this notion, the most common metabolic mutation in human cancer is not loss-of-function but rather gain-of-function: recurrent IDH1/2 mutations found in a variety of human malignancies including AML<sup>120</sup> and gliomas<sup>121</sup> occur at specific arginine residues in the catalytic side of the enzyme. These mutations confer neomorphic enzyme activity enabling IDH1/2 to produce the oncometabolite *D*-2-hydroxyglutarate (*D*-2HG) instead of the structurally similar  $\alpha$ KG<sup>89,122</sup> (FIG. 4b). Consistent with the biochemical observation that *D*-2HG is a competitive inhibitor of several  $\alpha$ KG-dependent dioxygenases, IDH-mutant tumors commonly exhibit chromatin hypermethylation and impaired differentiation<sup>88</sup>.

In gliomas, IDH1 mutations appear to be early events preceding mutations in p53, suggesting that these mutations may contribute to tumor initiation<sup>123</sup>. Consistently, the introduction of mutant IDH2 is sufficient to reduce differentiation capacity of murine bone marrow cells<sup>92</sup> and to enable mesenchymal progenitors to form sarcomas *in vivo*<sup>124</sup>. Here, robust accumulation of 2HG induced DNA hypermethylation associated with impaired differentiation into adipocyte or chondrocyte lineages<sup>124</sup>. In IDH2-mutant leukemia, DNA hypermethylation and impaired differentiation is reversed by pharmacologic inhibition of mutant IDH2, suggesting that continued 2HG production can be required to sustain tumor growth<sup>125</sup>. Mechanistically, *D*-2HG-mediated inhibition of the  $\alpha$ KG-dependent dioxygenases TET and JHDM appear to play important roles in the tumor-promoting effects of IDH mutations<sup>90,92</sup>. In support of this model, *IDH1/2* and *TET2* mutations are mutually exclusive in AML patients<sup>92</sup>. However, *IDH2* and *TET2* mutations co-occur in a subset of angioimmunoblastic T-cell lymphomas, indicating that the dioxygenases responsible for the phenotypes downstream of *D*-2HG accumulation are likely to be context specific<sup>126,127</sup>. Moreover, while *TET2* mutations are frequently found in clonal hematopoiesis—a benign precursor of leukemia—*IDH1/2* mutations are not, suggesting that *IDH1/2* mutation is not a common initiating event in AML<sup>128</sup>. The different temporal patterns of IDH1/2 mutation across human tumor types suggest that 2HG production is not a uniform force for tumor initiation but rather may require appropriate cellular contexts to provide a selective advantage to tumor progression.

Changes in copy number may provide another route for metabolic genes to influence tumor progression: *PHGDH*, which encodes the first step in *de novo* serine synthesis, is frequently amplified in human cancer and overexpression of PHGDH induces phenotypic alterations associated with transformation in breast epithelial cells<sup>129</sup>. As more and more cancer genomes are sequenced, the number of enzymes with recurrent—albeit infrequent—mutations is rising. In some cases, there is a clear logical link to tumor progression. For example, *D2HGDH*, which encodes the gene that converts *D*-2HG to  $\alpha$ KG, is mutated in diffuse large B-cell lymphoma where it controls the ratio of *D*-2HG to  $\alpha$ KG and influences chromatin methylation<sup>130</sup>. A systematic assessment of how somatic mutation rates in metabolic genes compare to other genes, and whether these mutations appear to arise early or late in tumor evolution, will provide enormous insight into potential routes for metabolic networks to control tumor initiation. Strikingly, recurrent mutations in mitochondrial DNA can occur at a rate similar to those of common cancer drivers, raising the possibility that disruption of oxidative phosphorylation may provide a selective advantage in certain tumor types<sup>131</sup>.

### Metabolic regulation by oncogenes and tumor suppressors

Many common oncogenic drivers directly regulate metabolic pathways, and the impact of major cancer-associated alterations in PI3K-AKT-mTOR, MYC or p53 on metabolic networks have been extensively reviewed elsewhere<sup>22,132,133</sup>. Nevertheless, it remains unclear whether metabolic deregulation by oncogenes facilitates tumor initiation or merely enables tumor growth<sup>5</sup>. Uncoupling the role of metabolism from other cancer-promoting effects of oncogenic mutations is complicated, but evidence is beginning to emerge that metabolites can be *bona fide* effectors of cell fate downstream of common

cancer drivers. For example, oncogenic Kras induces pancreatic acinar cells to revert to more duct-like lineages (a process termed acinar-to-ductal metaplasia or ADM) that can then form pancreatic intraepithelial neoplasia (PanIN) lesions and ultimately pancreatic adenocarcinoma (PDAC)<sup>134,135</sup>. Studying the effect of mutant Kras in primary pancreatic acinar cells revealed that Kras enables accumulation of acetyl-CoA that promotes both sterol biosynthesis and histone acetylation<sup>136</sup>. Importantly, blocking acetyl-CoA synthesis impaired ADM, showing that these Kras-mediated metabolic changes are required for the early stages of tumor development<sup>136</sup>. Similarly, metabolic changes driven by loss of p53 may facilitate the transition from pre-malignant PanIN to PDAC. Restoring wild-type p53 function in PDAC cells induced accumulation of  $\alpha$ KG and triggered differentiation to a PanIN-like state<sup>93</sup>. This tumor-suppressive differentiation could be recapitulated even in the absence of p53 by orthogonal methods of inducing  $\alpha$ KG and inhibited by enforced succinate accumulation, implicating metabolic regulation of  $\alpha$ KG-dependent dioxygenases as a critical component of fate regulation in PDAC cells<sup>93</sup>. Thus, metabolic alterations favoring  $\alpha$ KG-dependent dioxygenase inhibition may be a common feature of cancer-associated mutations beyond SDH/FH familial cancer syndromes. Together, these studies support the notion that metabolism can be an integral component of cell fate transitions in cancer, and it will therefore be of great interest to determine the extent to which specific metabolic alterations downstream of oncogenic mutations control gene expression programs that determine tumor progression.

### **Intrinsic metabolic phenotypes that affect propensity for transformation**

Absent oncogenic mutations, whether endogenous metabolic networks support or antagonize tumor initiation remains largely an open question. Emerging evidence suggests that in some cases, specific metabolic features may serve as a brake on tumor initiation. For example, HSCs have high levels of ascorbate that decrease with differentiation, but ascorbate is a cofactor that potentiates activity of the tumor suppressor TET2<sup>137</sup>. Accordingly, ascorbate depletion accelerated tumor progression in mouse models of leukemia, suggesting that cell-intrinsic ascorbate pools restrain aberrant self-renewal programs in HSCs<sup>137</sup>. In *Drosophila*, initiation of brain tumors from neural stem cells requires transition to a highly oxidative state that enables immortalization of tumor-initiating cells<sup>138</sup>. Thus, context-specific metabolic bottlenecks may limit tumor initiation.

Tissue stem cells often serve as the cell of origin for malignancies, and some evidence suggests that metabolic programs that support stem cell self-renewal may also support tumor initiation and progression<sup>73</sup>. In the intestine, expression of the mitochondrial pyruvate carrier (MPC) is low in stem cells and increases with differentiation<sup>139</sup>. MPC inhibition prevents oxidation of glucose-derived pyruvate in the mitochondria and promotes expansion of intestinal stem cells. Consistently, MPC deletion in mice accelerates signs of hyperplasia in response to chemical carcinogenesis and increases the number of tumors formed in both chemical and genetic models of colon cancer<sup>140</sup>. In humans, MPC expression is reduced at the earliest stages of tumor formation, suggesting that mitochondrial pyruvate oxidation restrains tumor initiation in the colon<sup>140</sup>. These data support a model wherein the metabolic state enforced by low MPC expression favors self-renewal and tumor initiation in the intestine.

Despite increasing evidence that tissue stem cells often have distinct metabolic profiles compared to their more differentiated counterparts, the difficulty of studying metabolism in rare cell populations has hampered efforts to determine the extent to which metabolic programs of homeostatic stem cells are preserved in cancer<sup>141</sup>. Studying tumor-associated stem cells has proven more fruitful, and an emerging theme is that these tumor-propagating cells often rely on mitochondrial oxidation to support the signaling and bioenergetic networks that sustain self-renewal. Indeed, inhibition or disruption of mitochondrial respiration targets stem-like cancer cell pools in pancreatic cancer<sup>142</sup>, glioblastoma<sup>143</sup>, leukemia<sup>144</sup>, melanoma<sup>145</sup> and lung cancer<sup>146</sup>. Whether mitochondrial oxidation is permissive for transformation or is rather a requirement for maintenance of tumor-associated stem cells remains to be determined. More nuanced metabolic networks may also play context specific roles. For example, AML-associated stem cells enhance transamination of branched-chain amino acids (BCAA) via BCAT1, which transfers  $\alpha$ -amino groups from BCAA to  $\alpha$ KG. The subsequent lowered  $\alpha$ KG availability and DNA hypermethylation supported leukemia stem-cell function and leukemia initiation<sup>147</sup>.

## Environmental factors favoring tumor initiation

The observation that the metabolic profile of a tumor seems to be derived from its cell of origin raises the question whether certain metabolic phenotypes support the initiation of transformation more than others. While there is little data to date supporting the notion that the metabolic profiles of specific lineages may influence their propensity for transformation, there is increasingly abundant evidence that within a specific lineage, environmental factors can alter susceptibility to tumor initiation and/or progression (FIG. 6).

### Hypoxia

Solid tumors frequently harbor hypoxic regions, in part due to disordered and immature *de novo* vascularization<sup>148</sup>. Hypoxia activates transcriptional programs regulating survival, angiogenesis and metabolism<sup>149</sup> and can select for aggressive cancer clones, thereby promoting invasion and metastasis<sup>150</sup>. Several lines of evidence suggest that hypoxia may also be able to contribute to tumor initiation. First, many stem cell populations reside in hypoxic niches, and hypoxia is directly implicated in maintenance of self-renewal programs<sup>151</sup>. Intriguingly, chromatin modifiers can directly respond to changes in oxygen availability: the histone demethylase KDM6A/UTX that removes trimethylation on histone 3 lysine 27 (H3K27me3) has a relatively low affinity for oxygen that renders it susceptible to inhibition in physiological hypoxia<sup>152</sup>. In muscle progenitor cells, hypoxia inhibits myogenic differentiation and this effect is reversed by expressing a KDM6A mutant with higher oxygen affinity, thus directly linking oxygen availability to self-renewal of myogenic precursors<sup>152</sup>. Hypoxia also induces a metabolic state favoring reduction of  $\alpha$ KG to *L*-2HG by LDH and MDH1/2<sup>153,154</sup>. *L*-2HG is a more potent inhibitor of many  $\alpha$ KG-dependent dioxygenases than its enantiomer *D*-2HG<sup>91,153,154</sup> and hypoxia-induced *L*-2HG production is associated with a repressive chromatin landscape marked by decreased 5hmC and/or increased histone methylation<sup>153,155</sup>. Suggestively, inborn errors of metabolism that drive *L*-2HG accumulation are associated with development of several tumor types<sup>156</sup>. These findings raise the possibility that *L*-2HG production induced by hypoxic microenvironments

may facilitate maintenance of chromatin landscapes that favor self-renewal and tumor development.

Recent evidence that hypoxia may indeed play an important role in tumor initiation comes from several studies on posterior fossa A (PFA) ependymomas, a subtype of pediatric cerebellar tumors that originate from a highly hypoxic environment<sup>157</sup>. Hypoxia is required for establishment and culture of patient derived PFA ependymoma cell lines; even transient exposure to ambient oxygen triggered irreversible lethality<sup>158</sup>. Mechanistically, hypoxia decreases SAM and increases the  $\alpha$ KG/succinate ratio, thereby lowering H3K27me3<sup>158</sup>. Supporting the notion that a metabolic environment favoring low H3K27me3 is important for PFA initiation, genomic studies of PFA tumors demonstrated that PFAs only rarely harbor somatic mutations; rather, transformation appears to be driven by aberrant histone and DNA methylation<sup>159</sup>. Targeting metabolism and/or chromatin regulators slows PFA growth *in vitro* and *in vivo*, consistent with the model that these tumors arise in part because of a metabolic environment that favors hypomethylation<sup>157,158,160</sup>.

### Local nutrient availability

Beyond oxygen, availability of other key nutrients—determined by a combination of local nutrient supply and cellular demand—also has the capacity to shape cell fate programs and tumor progression. Tumors are not uniformly nutrient restricted; rather tumors often harbor increased levels of key nutrients<sup>161</sup>. Nevertheless, heterogeneous nutrient availability is increasingly recognized as a potential driver of tumor phenotypes. For example, local decreases in glutamine availability—whether from poor vascularization or increased tissue consumption—contributes to intratumoral heterogeneity in chromatin modifications and cancer cell differentiation states<sup>162</sup>. Mechanistically, glutamine depletion and subsequent  $\alpha$ KG restriction limit histone demethylation, thereby favoring a de-differentiated state that can be reversed by supplementing mice with extra glutamine or  $\alpha$ KG in mouse models of melanoma and colorectal cancer<sup>94,163</sup>. The link between regional glutamine depletion and poor differentiation in tumors<sup>162</sup> serves as an example how hyper-local variation in nutrient supply might directly influence cell fate control and tumor development.

Other nutrients beyond oxygen and glutamine have the potential to control  $\alpha$ KG-dependent dioxygenases. For example, in the skin, high *de novo* serine synthesis directly yields cytosolic  $\alpha$ KG—a byproduct of the transamination step catalyzed by PSAT1—which in turn induces precocious epidermal differentiation<sup>164</sup>. Pre-malignant stem cells preferentially acquire serine from their environment rather than *de novo* synthesis, thereby protecting themselves from tumor-suppressive differentiation<sup>164</sup>. Starving mice of serine reduced the number of tumors formed in response to chemical carcinogenesis and induced H3K27me3 loss and differentiation in established tumors in a manner reversible by enforced succinate accumulation<sup>164</sup>. Nutrients such as iron and ascorbate—a cofactor that likely potentiates maintenance of iron in the reduced state required for  $\alpha$ -ketoglutarate-dependent dioxygenase activity<sup>86,165</sup>—may also play key roles in determining regional capacity for chromatin regulation. Certainly, providing exogenous ascorbate is sufficient to control TET2 activity and leukemic progression in mice<sup>137,166</sup>. Advances in spatial metabolomics<sup>167</sup> are likely to nominate additional metabolites whose regional variability accompanies or even drives

tumor heterogeneity. As nutrient consumption and release profiles vary across organs, it is possible that organ-specific metabolic preferences promote or constrain tumor initiation by altering local metabolite abundance<sup>168</sup>.

## Microbiota

Gut microbiota consume and produce myriad metabolites and have significant potential to affect cancer incidence through both direct and indirect mechanisms<sup>169</sup>. Changes in gut flora composition can trigger chronic inflammation, release of bacterial toxins and production of damaging bacterial metabolites that can each facilitate tumor initiation<sup>169</sup>. These processes are most clearly relevant in the context of colorectal cancer (CRC), whose incidence is linked to dietary habits and antibiotic exposure<sup>170</sup>. For example, non-digestible fiber is fermented by bacteria to yield short-chain fatty acids such as acetate, propionate and butyrate that by and large exert tumor-suppressive effects<sup>171</sup>. In immune cells and colonocytes, propionate and butyrate activate surface G protein-coupled receptors or enter the cell where they can inhibit histone deacetylases, thereby affecting signaling pathways and gene expression programs<sup>171–173</sup>. Many metabolites produced by commensal microbes have potential to influence processes related to tumor development<sup>171</sup>. For example, bacterially-derived reuterin induces oxidative stress that selectively inhibits growth of CRC cells<sup>174</sup>. Hyper-local production of metabolites may explain regional susceptibility to cancer along the intestinal tract: gallic acid produced by bacteria residing in the distal gut activates WNT signaling to potentiate tumor progression driven by mutant p53<sup>175</sup>. Supplementing gallic acid enabled high-grade dysplasia in the jejunum, which was otherwise refractory to tumor-promoting effects of mutant p53<sup>175</sup>. Gut-derived metabolites can also enter the circulation and affect distal organs, with the potential to control signaling and gene expression in tissues beyond the intestinal tract. Elucidating the many interactions between gut-derived metabolites, tumor-initiating cells and stromal cells is likely to provide important insight into fundamental pathways shaping tumor progression and reveal a wide scope for environmental control of cancer susceptibility<sup>170</sup>.

## Inflammation

Chronic inflammation and resulting inflammatory diseases—which are often associated with environmental and lifestyle factors—pose a major burden to public health<sup>176</sup>. Unlike acute inflammation, which can combat a growing tumor, chronic inflammation is a major driver of all cancer stages, including cancer initiation<sup>177</sup>. The ongoing immune response that propagates inflammation potently shapes the TME via immune cell infiltration and inflammatory cytokine secretion. As the goal of an ongoing immune response is the resolution of inflammation and the return to tissue homeostasis, released cytokines often activate stem cell expansion and epithelial regeneration to facilitate tissue repair<sup>178</sup>. In the presence of oncogenic mutations, such stimuli can be potent inducers of tumor initiation<sup>177,179</sup>. For example, oncogenic Kras only weakly induces PDAC unless mice are subject to pancreatitis<sup>180,181</sup>. Mechanistically, the combined effects of mutant Kras and local inflammation induce a unique chromatin landscape that supports transcriptional programs antagonizing appropriate tissue repair and promoting tumor progression<sup>181,182</sup>. Similarly, in the colon, NF- $\kappa$ B activation—a hallmark of pro-inflammatory cytokine signaling—cooperates with  $\beta$ -catenin to favor de-differentiation of villus cells into stem-like cells



that promote tumor initiation<sup>183</sup>. The powerful role of inflammation on tumor initiation highlights the importance of non-genetic factors in tumor progression. Given the links between metabolism, immune responses and cell fate, it is tempting to speculate that metabolism will emerge as a powerful player in both the induction and response to local inflammation. Suggestively, loss of the gluconeogenic enzyme fructose 1,6-bisphosphatase (FBP1)—a common event in hepatocellular carcinoma—induces hepatic stellate cells to adopt a pro-inflammatory senescent state that favors tumor progression<sup>184</sup>. Likely, metabolic regulation of inflammation and the metabolic consequences of persistent immune responses will collectively influence tumor evolution.

## Diet

The notion that diet affects cancer incidence originates in part from epidemiological studies showing a robust association between obesity and cancer<sup>185,186</sup>. The relationship between obesity and cancer is complex, not least because obesity can be accompanied by dietary alterations such as low fiber intake or high fat and fructose consumption, which by themselves may affect cancer formation<sup>187</sup>. Increased fat consumption can also trigger microbial dysbiosis that is sufficient to increase intestinal cancer development in genetically susceptible mice, independent of weight gain<sup>188,189</sup>. Nevertheless, studies in mouse models show that high dietary fat intake and genetically induced obesity each can accelerate initiation and progression of multiple tumor types including liver<sup>190</sup>, pancreas<sup>191</sup> and intestine<sup>192</sup>. Changes both in circulating hormones and nutrients may contribute to the pro-tumorigenic effects of obesity. For example, cancer cells growing in mice fed a high fat diet increase catabolism of free fatty acids, paradoxically decreasing local availability of this critical nutrient source required for effective CD8<sup>+</sup> T cell function<sup>193</sup>. Reversing fatty acid metabolism in cancer cells restored CD8<sup>+</sup> T cell function and blunted the tumor-promoting effect of a high-fat diet<sup>193</sup>. Similarly, high fat diets increase intestinal stem cell self-renewal and tumorigenicity in mice, and this effect can be recapitulated *ex vivo* by supply of dietary lipids or pharmacological activation of PPAR $\delta$  transcriptional networks that induce fatty acid oxidation<sup>192,194</sup>. Circulating ketones that accumulate during high-fat ketogenic diets may also alter tissue stem cell self-renewal by inhibiting histone deacetylases, although the effects of ketones on gene expression and tumorigenesis appears context-specific<sup>195,196</sup>. Thus, diet can directly and indirectly remodel nutrient abundance in the TME, thereby affecting many processes that affect tumor growth.

Fructose, abundant in highly processed foods and sweetened beverages, is another component of modern diets that is frequently linked to cancer incidence and may contribute to systemic metabolic disease in humans in part by activating hepatic *de novo* lipogenesis<sup>197,198</sup>. High-fructose corn syrup consumption increases villus length and nutrient absorption in the mouse intestine, triggering weight gain independent of caloric intake<sup>199</sup>. In a mouse model of intestinal cancer driven by *Apc* deletion, high-fructose corn syrup increases tumor incidence and severity by inducing cancer-cell autonomous metabolic rewiring that favors tumor growth<sup>200</sup>. Nutrients such as fructose that are linked to cancer incidence likely affect multiple cell and tissue types across the body, and systems biology approaches may be required to deconvolute the mechanisms linking dietary behavior to tumor susceptibility.

Diets do not necessarily have to be pro-tumorigenic; in fact, tailored dietary restrictions may be used to target tumors that rely on exogenous supplies of specific nutrients. For example, many tumor types upregulate enzymes involved in *de novo* serine synthesis to ensure continuous supply of serine, which is critical for redox homeostasis and protein, nucleotide and phospholipid biosynthesis pathways<sup>129,201,202</sup>. Transformed cells that do not increase expression of serine synthesis genes thus are highly dependent on extracellular serine; accordingly dietary restriction of serine and its related metabolite glycine specifically slows growth of these serine-dependent tumors<sup>203</sup>. In the epidermis, serine starvation induces precocious differentiation—presumably by activating *de novo* serine synthesis which results in stoichiometric production of  $\alpha$ KG that in turn promotes epidermal differentiation<sup>164</sup>. In this manner, endogenous availability of amino acids such as serine may affect stem cell propensity for differentiation and thus antagonize tumor initiation. Similarly, dietary restriction of the essential amino acid methionine also limits tumor growth and enhances the effects of several anti-cancer therapies in mice, showing the power of specific metabolic interventions to control tumor progression<sup>204</sup>.

The downside of systemic metabolic interventions is that they are inherently non-specific. Metabolic perturbations that affect cancer cells will also affect non-transformed cells in the tumor and even cells in surrounding normal tissues. Crucially, dietary interventions that have the potential to deprive the TME of nutrients and slow tumor growth also can interfere with the functionality of tumor combatting T cells<sup>205,206</sup>. Taken together, dietary approaches tailored to target cancer cells' metabolic preferences have the potential to enhance tumor therapy, but effective deployment will require careful consideration of off-target and systemic effects, including effects on the microbiome. Future endeavors to implement diet as complementary cancer therapy will therefore strongly rely on detailed metabolic profiling and on a deepened understanding of the interplay between cancer cells and their niche.

## Conclusions

Increasing evidence demonstrates many ways that cell metabolism can directly control survival, proliferation, and differentiation state—all processes intimately entwined with tumor initiation. Specific metabolic alterations never occur in isolation: metabolic pathways are deeply interconnected, and neighboring cells compete for, and share, metabolites both locally and systemically. Therefore, there is an almost staggering number of possibilities for how metabolic networks may contribute to tumor evolution. Nevertheless, unifying principles are beginning to emerge—such as the importance of central metabolic networks controlling biomass accumulation and redox homeostasis for cancer cell proliferation and the ability of select TCA cycle-related metabolites to control gene expression programs that dictate cell state. However, even these central principles have notable exceptions—for example, while most tumors oxidize glucose in the TCA cycle, renal cell carcinomas appear to prefer to secrete glucose as lactate<sup>207</sup>. A major open question is whether these defining metabolic programs are a byproduct of or requirement for transformation. Given the often tissue-restricted pattern of oncogenic mutations<sup>208,209</sup>, it is tempting to speculate that the metabolic programs inherent in specific lineages render certain cells more or less amenable to transformation by specific oncogenes. Even within a tissue, the stochastic and

heterogeneous nature of cancer development<sup>210,211</sup> suggests that non-genetic factors such as metabolism likely play a critical role in tumor evolution. Continued insights into the role of metabolism in tumor initiation will require monitoring metabolism with increased temporal and spatial resolution, ideally enabling capture of rare or transient metabolic states that may be stabilized and expanded following oncogene expression. Additional focus on non-transformed or stromal cells that may cooperate or compete with putative cancer cells will also help to reveal how local metabolic networks can control tumor formation. A deeper understanding of the factors that control cancer initiation will provide important insight into both new therapies to target putative cancer-initiating cells and preventative approaches to reduce cancer incidence in susceptible populations.

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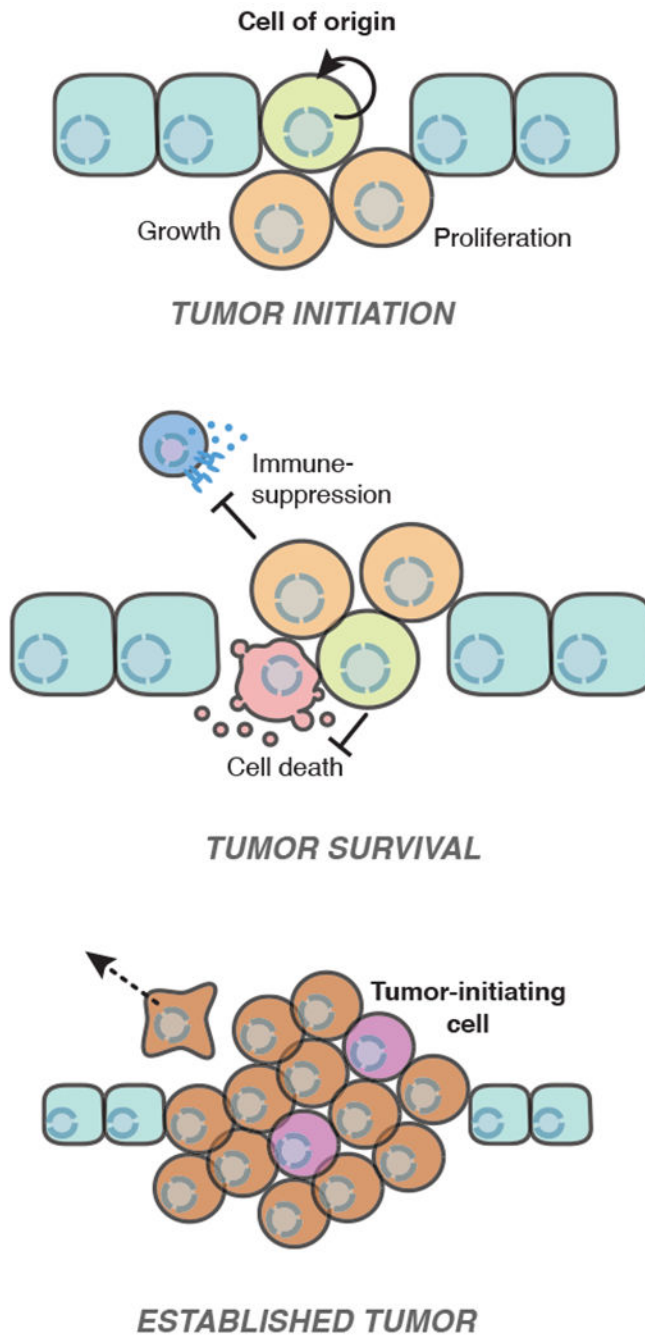
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**Key points box**

- Metabolism is linked to many key processes required for tumor initiation: cell fate control, biomass accumulation, proliferation and survival.
- Through their role as co-substrates for chromatin modifying-enzymes, metabolites have the potential to influence cell fate programs that control tumor initiation.
- Hereditary cancer syndromes illustrate how mutations in metabolic enzymes may predispose for cancer through accumulation of “oncometabolites” succinate, fumarate and 2HG.
- Intrinsic metabolic configurations of tissues or cells might facilitate or antagonize oncogenic transformation.
- Environmental factors including diet, inflammation, hypoxia and nutrient availability interact to control many processes related to tumor initiation and progression.



**Fig 1. Challenges in tumor initiation.**

Cells must surmount multiple hurdles to form a tumor. While the primary cell responsible for initiating a tumor can vary between and even within tumor types, the cancer cell of origin is often a stem/progenitor cell or a cell that has acquired the ability to re-enter the cell cycle and undergo aberrant proliferation. To form a tumor, these cancer-initiating cells must evade differentiation and senescence to undergo successive population doublings. Cancer cells must also resist challenges such as immune recognition or cell death induced by changes in tissue architecture or local metabolism. Within an established tumor, a sub-population of

“tumor-initiating cells” with stem-like features have the potential to re-initiate tumors; these cells are often therapy-resistant and responsible for cancer relapse after treatment.

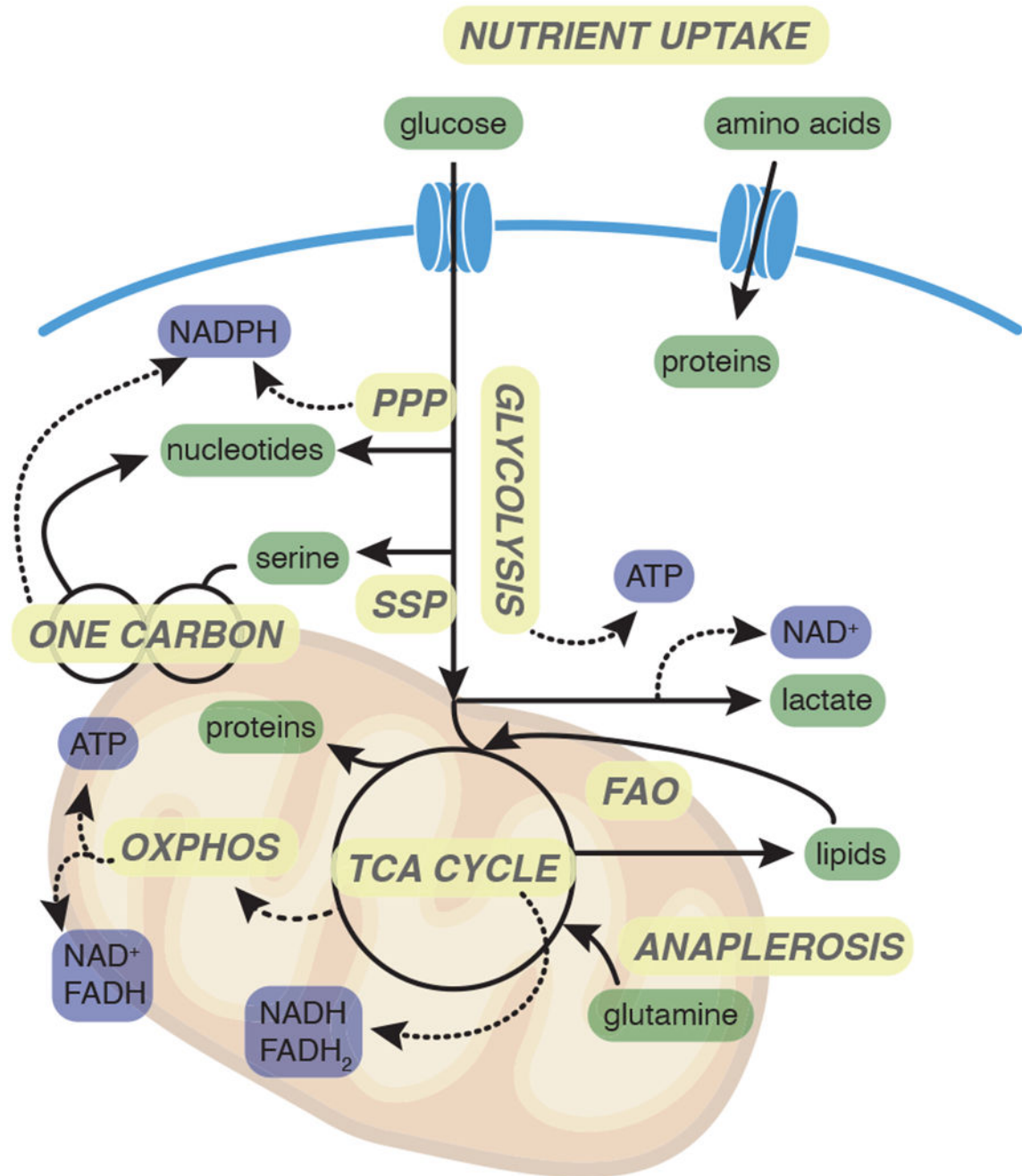
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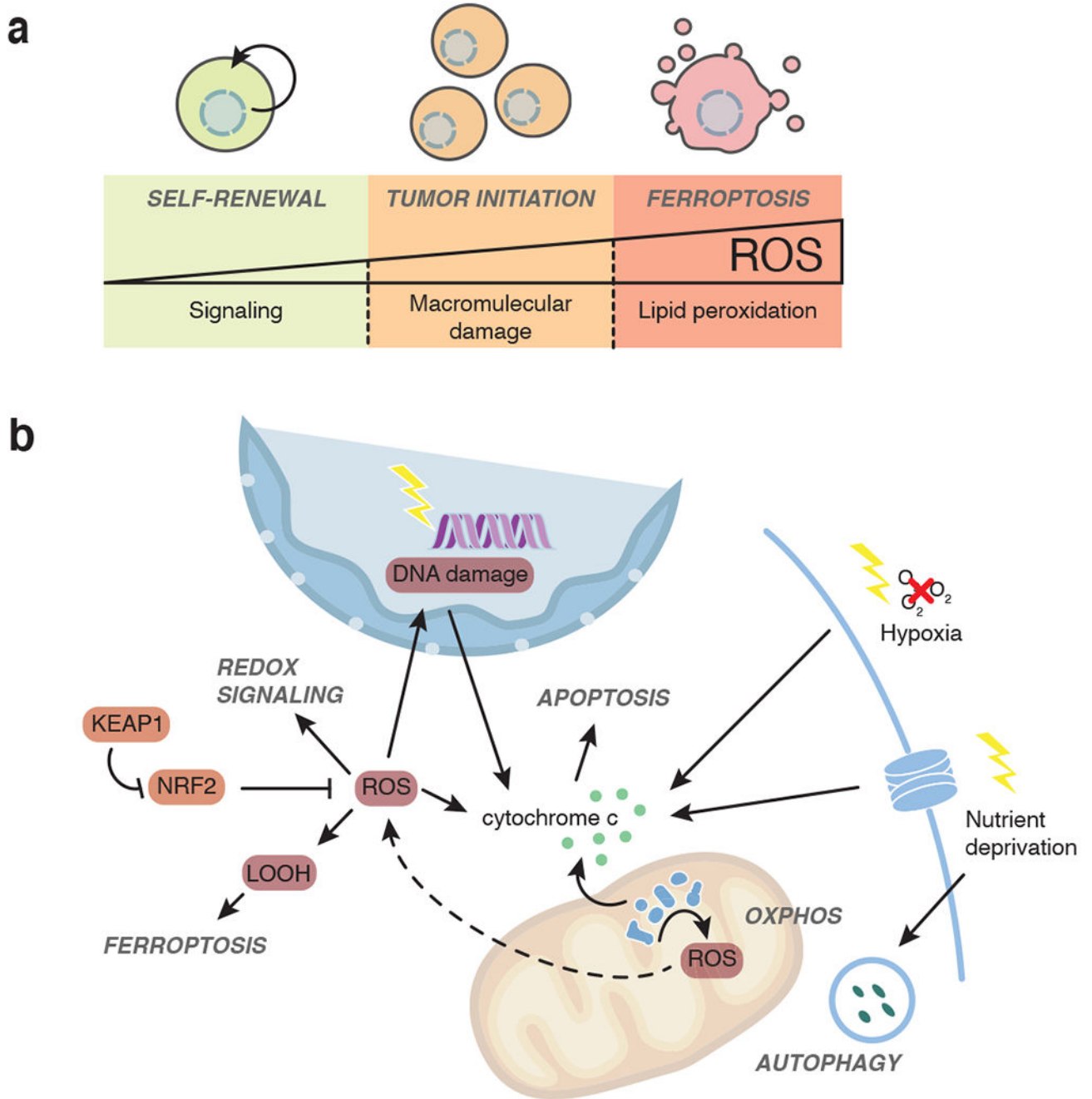
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**Fig 2. Metabolic pathways support biomass accumulation.**

To meet the metabolic demands of proliferation, cells import nutrients including glucose and glutamine that fuel glycolysis and the TCA cycle. Intermediates of glycolysis and the TCA cycle are important precursors for the synthesis of nucleotides, proteins and lipids. Flux through glycolysis and the TCA cycle generates reducing equivalents NADH and FADH<sub>2</sub>, that are oxidized in the electron transport chain, driving ATP generation through oxidative phosphorylation. PPP: Pentose phosphate pathway; SSP: Serine synthesis pathway; FAO: Fatty acid oxidation; OXPHOS: Oxidative phosphorylation.



**Fig 3. Metabolites have the potential to regulate chromatin-modifying enzymes.**

**a**, S-Adenosyl methionine (SAM) is an obligate methyl donor for DNA and histone methyltransferases (MT). This reaction yields SAH, which can act as a competitive inhibitor of MTs. Acetyl-CoA is used by histone acetyltransferases (HAT) to deposit acetylation marks on histones, a reaction inhibited by CoA. Histone deacetylases (HDAC) can deacetylate histones by hydrolysis. Histone demethylation is mediated by Jumonji-domain-containing (JHDM)  $\alpha$ KG-dependent dioxygenases, while  $\alpha$ KG-dependent ten-eleven translocation (TET) enzymes facilitate DNA demethylation by iterative oxidation (5mC to

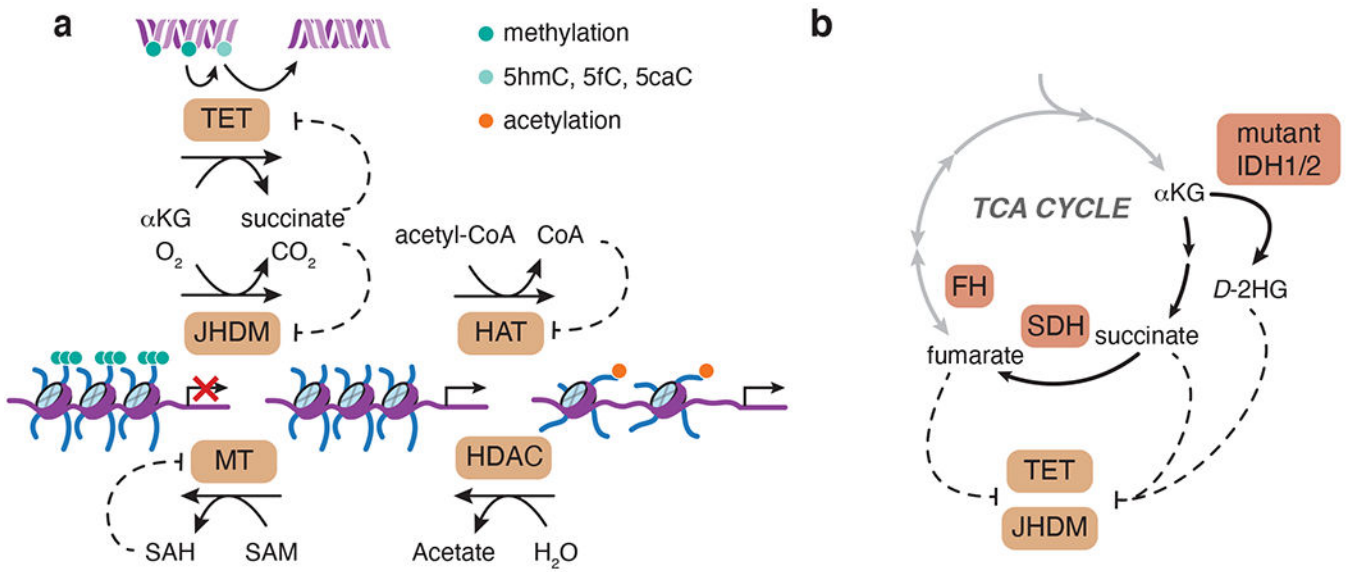
5hmC, 5fC, and 5caC). **b**, “Oncometabolites” succinate, fumarate and 2-hydroxyglutarate (2HG) share structural similarity with  $\alpha$ KG and act as competitive inhibitors of  $\alpha$ KG-dependent enzymes. Gain-of-function mutations in IDH1/2 or loss of function of succinate dehydrogenase (SDH) and fumarate hydratase (FH) lead to accumulation of 2HG, succinate and fumarate, respectively.

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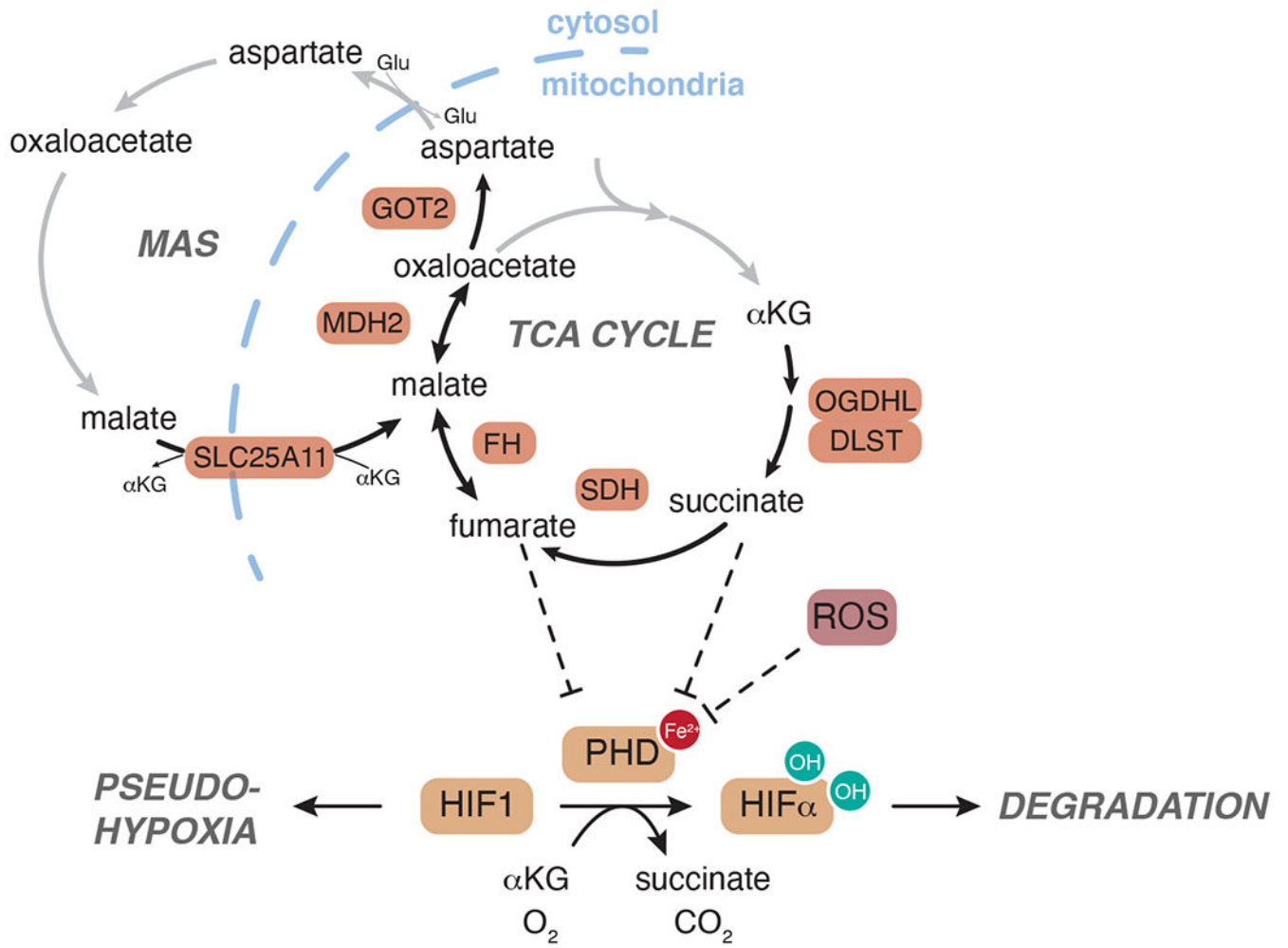
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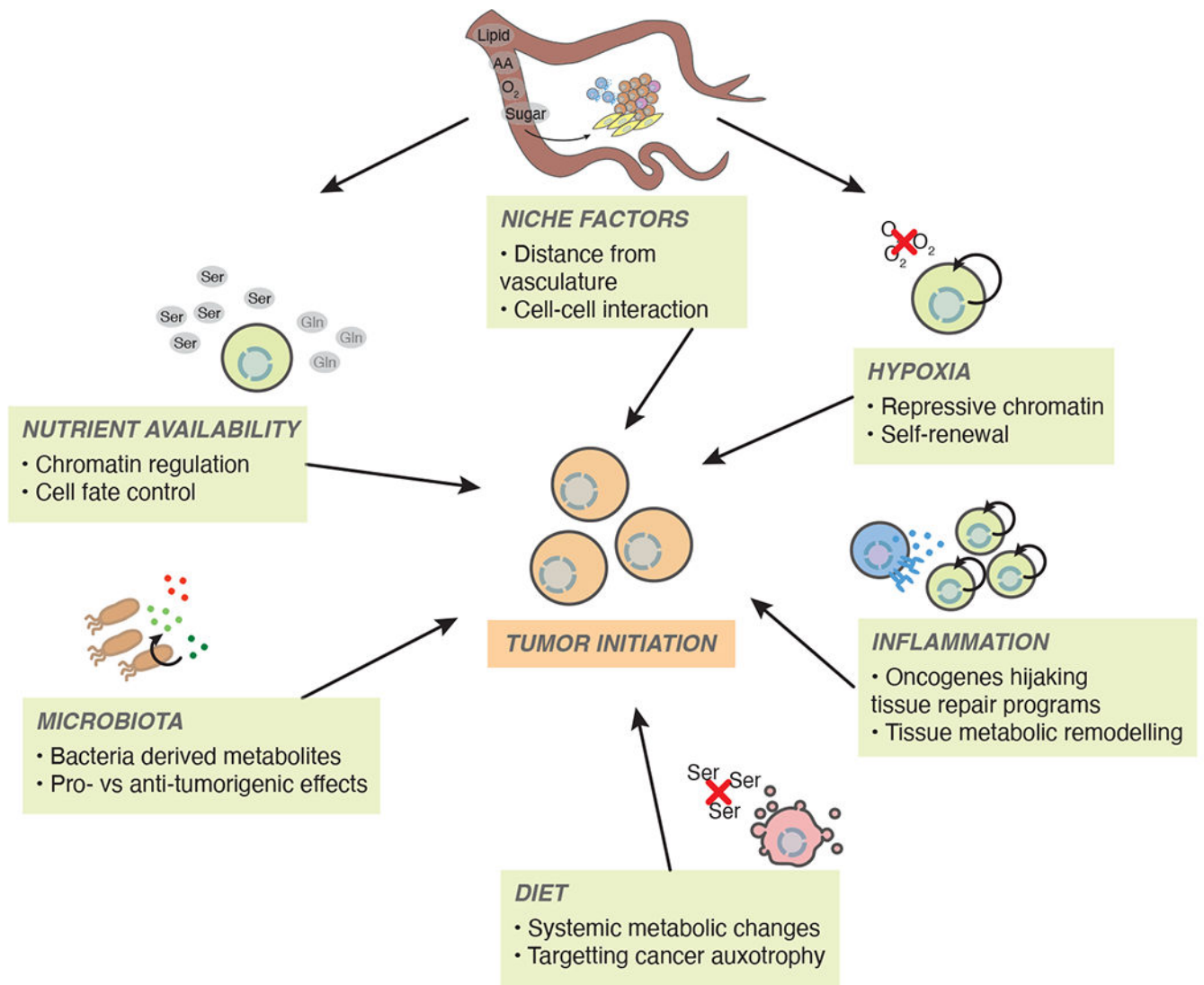
**Fig 4. ROS control processes related to tumor evolution.**

**a**, Low levels of ROS are required for stem cells to maintain their self-renewal capacity. Increased levels of ROS can induce macromolecular damage of DNA and proteins and lead to tumor initiation. Excessive ROS accumulation in the form of free radicals can trigger lipid peroxidation and ultimately lead to cell death in the form of ferroptosis. **b**, ROS arise in part as byproduct of electron flow through the electron transport chain. ROS leaves the mitochondria in the form of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) or O<sub>2</sub><sup>-</sup> that is converted to H<sub>2</sub>O<sub>2</sub> by superoxide dismutases. H<sub>2</sub>O<sub>2</sub> alters cellular signaling in part via oxidation of cysteine residues of proteins. H<sub>2</sub>O<sub>2</sub> can also be converted to hydroxyl radicals (·OH) that are involved in the generation of lipid peroxides (LOOH), ultimately triggering cell death by ferroptosis. ROS can further damage DNA and proteins, which may lead to apoptotic cell death. Extracellular stresses including hypoxia and nutrient starvation can also trigger apoptosis.



**Fig 5. Metabolic regulation of hypoxic responses.**

In normoxia, hypoxia inducible factor (HIF) alpha subunits are targeted for degradation by prolyl hydroxylases (PHD), αKG-dependent dioxygenases that hydroxylate select proline residues on HIFα thereby enabling ubiquitination and degradation by the proteasome. Inhibition of PHDs by low substrate availability, as during hypoxia, triggers HIFα stabilization. Stabilized HIFα can dimerize with HIF1β/ARNT to induce transcriptional responses to hypoxia. Accumulation of ROS or of oncometabolites succinate and fumarate can block PHD activity irrespective of hypoxia and induce a pseudo-hypoxic state. Germline mutations in genes encoding subunits of the TCA cycle (*OGDHL*, *DLST*, *SDH*, *FH*, *MDH2*) and Malate-Aspartate Shuttle (MAS) (*SLC25A11*, *GOT2*) are also linked to development of hereditary cancer syndromes.



**Fig 6. Environmental factors influencing tumor initiation.**

Many systemic and local factors related to metabolism have the potential to alter process related to tumor initiation. Hypoxia and inflammation likely favor tumor growth. Diet, nutrient availability, and microbial homeostasis may potentiate or antagonize tumor initiation and progression. Importantly, these processes are all interconnected and likely to affect many cell types with the potential to alter tumor progression.