# ACS APPLIED BIO MATERIALS

# Enhanced In Vivo Radiotherapy of Breast Cancer Using Gadolinium Oxide and Gold Hybrid Nanoparticles

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**KEYWORDS:** radiosensitizer, gadolinium, gold, nanoparticle, radiotherapy, bimetallic

# 1. INTRODUCTION

Radiotherapy is the use of high-energy X-rays in tumor regions to deliver irradiation doses for cancer treatment. Radiotherapy causes free radical damage or DNA damage to eradicate cancer cells.<sup>1,2</sup> However, the therapeutic use of radiotherapy is constrained by its low radiosensitivity, inaccurate tumor localization, and poor differentiation between lesions and the adverse effects of irradiation in healthy tissues.<sup>3</sup> Therefore, it is essential to find strategies to increase the radiosensitivity of tumors while simultaneously decreasing their systemic adverse effects. There is a widespread consensus that radiosensitization efforts should prioritize the integration of nanotechnology and radiation. In recent years, nanotechnology has been frequently used as a potential cancer detection and treatment technique in theranostics applications.<sup>4-7</sup> Nanoparticles (NPs) have the capability of selectively accumulating in the tumor site through passive targeting, also known as the enhanced permeability and retention effect, which prolongs their circulation time.<sup>8,9</sup> Our previous reports illustrated some of the beneficial properties of NPs favoring radiosensitizer agents in cancer treatment.<sup>10–12</sup> NPs containing high atomic number (Z) elements, also known as heavy elements, such as gold (Au), gadolinium (Gd), and bismuth (Bi), have been shown as potential radiosensitizer agents due to their high X-ray photon capture cross section and Compton scattering effect.<sup>13,14</sup> High Z-elements can release photoelectrons and Auger electrons under the X-ray

irradiation which damage cancer cells through dose enhancement effect during radiation therapy.<sup>15</sup> Due to their excellent absorption and ability to generate secondary electrons, AuNPs can boost X-ray dosage deposited in the tumor region and are considered potential radiation therapy sensitizers in cancer therapy.<sup>16</sup> These properties of AuNPs led to the evaluation of their radiosensitizer role in different types of human cancers, including colon cancer,<sup>17</sup> prostate cancer,<sup>18</sup> cervix cancer,<sup>19</sup> and breast cancer.<sup>20</sup> Gadolinium-based NPs (GdNPs) with a high atomic number (64) have also been used as radiosensitizers.<sup>21,22</sup> However, Gd, as a rare earth element of the lanthanide group, is inherently toxic.<sup>23</sup> Therefore, different polymers such as hyaluronic acid (HA),<sup>21,22</sup> bovine serum albumin (BSA),<sup>24</sup> polyethylenimine (PEI) premodified with polyethylene glycol (PEG),<sup>25,26</sup> and silica<sup>27,28</sup> were used to coat GdNPs to passivate the surface of Gd and prevent toxicity. HA-Gd<sub>2</sub>O<sub>3</sub> NPs were used in the MRI-guided radiotherapy of tumors where the NPs were found to display low cytotoxicity, excellent biocompatibility, and high hemocompatibility.

Received: November 16, 2022 Accepted: January 11, 2023 Published: January 24, 2023





Elsewhere, indocyanine green-loaded albumin-bioinspired gadolinium hybrid functionalized hollow gold nanoshells were produced as a nanotheranostic agent for photodynamic and photothermal therapy with near-infrared fluorescence imaging capability.<sup>24</sup> Albumin-stabilized NPs enabled multiple modality imaging with excellent water dispersibility and biocompatibility. Hybrid Au/Gd<sub>2</sub>O<sub>3</sub> NPs coated with PEI/PEG were developed as a dual mode magnetic resonance/ computed tomography imaging agent, where cell viability after treatment with the NPs at a concentration of 50  $\mu$ M. It was demonstrated that not only PEI@Au/Gd<sub>2</sub>O<sub>3</sub> NPs possessed excellent cytocompatibility but also Gd content in all organs had a similar trend to Au, indicating the excellent in vivo stability of the NPs.<sup>25</sup>

Herein, we synthesized BSA-coated  $Gd_2O_3$  and Au NPs,  $Gd_2O_3$ @BSA-Au NPs, to increase the efficiency of radiotherapy by incorporating two high Z atoms, Au and Gd, into a single NP in order to minimize the local X-ray dose in tumors, hence reducing the side effects of radiotherapy.

#### 2. MATERIALS AND METHODS

**2.1. Materials.** Gadolinium(III) chloride hexahydrate (GdCl<sub>3</sub>· $6H_2O$ ), BSA, tetrachloroauric(III) acid trihydrate (HAuCl<sub>4</sub>· $3H_2O$ ), 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), 2',7'-dichlorodihydrofluorescein diacetate (DCFH-DA), trisodium citrate, and sodium hydroxide (NaOH) were purchased from Sigma-Aldrich (USA). Crystal violet was supplied from AFG Bioscience (USA). Calcein-acetoxymethyl (Calcein-AM) and propidium iodide (PI) were obtained from AAT Bioquest (USA). All materials were used without further purification.

**2.2. Methods.** 2.2.1. Synthesis of  $Gd_2O_3@BSA$  NPs.  $GdCl_3.6H_2O$  solution (100 mM, 1.0 mL) was added to BSA solution (9.0 mL, 250 mg) under vigorous stirring. Following the adjustment of the pH to 12 with NaOH (2.0 M), the reaction was stirred overnight at 37 °C. To obtain  $Gd_2O_3@BSA$ , the mixture was dialyzed against distilled water for a further 24 h to eliminate any excess precursors. The synthesis process is shown in Figure 1.



Figure 1. Schematic illustration of the synthesis process of  $Gd_2O_3@$  BSA and  $Gd_2O_3@BSA$ -Au nanoparticles.

2.2.2. Synthesis of  $Gd_2O_3$ @BSA-Au NPs. By growing Au NPs on the surface of  $Gd_2O_3$ @BSA in situ,  $Gd_2O_3$ @BSA-Au heterojunction NPs were synthesized. Briefly, deionized water (50 mL) containing  $Gd_2O_3$ @BSA (30 mg) was heated to 120 °C. Next, HAuCl<sub>4</sub>·3H<sub>2</sub>O (15 mg) was added to the solution. Subsequently, trisodium citrate (65 mg) in deionized water (1.5 mL) was added to the reaction medium. After performing the reaction for 30 min and cooling down to room temperature, the solution was purified with the dialysis process against deionized water. Schematic illustration of the synthesis method is shown in Figure 1.

2.3. Characterization. The crystalline structure of the various samples was characterized by X-ray diffraction (XRD; X-ray diffractometer, Malvern Panalytical Empyrean) by using a Cu-Ka1 radiation source,  $\lambda = 0.15406$  nm. The XRD data in  $2\theta$  ranging from 20 to 80° were collected with a scanning step size of 0.02°. Elemental mapping of nanostructures was determined by transition electron microscopy (TEM; FEI Tecnai at 120 keV). Field emission scanning electron microscopy (FE-SEM; ZEISS, GEMINI 500) was used to determine the morphology and size of the NPs. Dynamic light scattering (DLS; Malvern Instruments, Nano ZS90) was used to evaluate the hydrodynamic diameter and surface charge ( $\zeta$ ) of particles. To understand the physical and chemical properties of different samples, ultraviolet-visible (UV-Vis; Perkin Elmer, Lambda 25) and Fourier-transform infrared spectroscopy (FT-IR; Shimadzu, IRTracer-100) were used. X-ray photoelectron experiments were performed using a mono-chromatized Al-K $\alpha$  X-ray source (Thermo Scientific).

**2.4. Hemolysis Assay.** Hemolytic activity is a requirement to be tested for any blood in contact with NPs. Because NPs come into contact with blood in the biological environment, it is critical to identify whether or not the NPs are blood compatible, which is assessed by the hemolysis test. For this purpose, a solution (500  $\mu$ L) of human red blood cells containing NPs at different concentrations was poured into Eppendorf tubes and placed in a shaker at 37 °C for 4 h. Phosphate-buffered saline (PBS) and distilled water were used as the negative (0% lysis) and positive controls (100% lysis), respectively. After centrifugation at 3000 rpm for 10 min, the supernatant's absorbance was measured at 540 nm. The hemolysis percentage was calculated using the following equation.

$$% \text{Hemolysis} = \frac{A \text{ (sample)} - A \text{ (negative)}}{A \text{ (positive)} - A \text{ (negative)}} \times 100 \tag{1}$$

2.5. Cytotoxicity Assay. The cytotoxicity of Gd<sub>2</sub>O<sub>3</sub>@BSA-Au NPs was determined by applying an MTT assay on human umbilical vein endothelial cells (HUVECs). Briefly, 5000 cells in the complete culture medium (100  $\mu$ L) were transferred to a 96-well plate and incubated at 37 °C for 24 h. To evaluate the biocompatibility of Gd<sub>2</sub>O<sub>3</sub>@BSA-Au NPs, the medium was replaced with a fresh medium containing Gd<sub>2</sub>O<sub>3</sub>@BSA-Au NPs at various concentrations (10, 20, 40, and 80  $\mu$ g/mL) and then incubated for 5 h. The previous culture medium was refreshed with a culture medium in each related well. In the following step, after 24 h of incubation (37 °C and moisture containing 5% CO<sub>2</sub>), MTT (20  $\mu$ L, 5 mg/mL) was added to each well and the plate was incubated for further 4 h. To dissolve the generated formazan, dimethyl sulfoxide (100  $\mu$ L) was added to each well following discarding the medium. Finally, to measure the cell viability, the absorbance was recorded at a wavelength of 570/640 nm with a microplate reader (BioTek Synergy HTX). To determine the anticancer effect of Gd<sub>2</sub>O<sub>3</sub>@BSA-Au NPs in the presence and absence of X-ray irradiation, MTT assay was used in the same way mentioned where X-ray irradiation was performed at a dose of 5 Gy (6 MV on the 4T1 cell line).

**2.6. Calcein AM/PI Staining.** Live and dead cells, after different treatments, were imaged following staining with Calcein AM and PI. In a 96-well plate,  $5 \times 10^3$  4T1 cells per well were seeded, and after incubation for 24 h, the cells were treated with NPs for further 5 h. There were five experimental groups: PBS, X-ray, Gd<sub>2</sub>O<sub>3</sub>@BSA + X-ray, Gd<sub>2</sub>O<sub>3</sub>@BSA-Au, and Gd<sub>2</sub>O<sub>3</sub>@BSA-Au + X-ray. After exposing to X-ray irradiation, the cells were incubated for further 24 h. The cells were co-stained with Calcein AM (100  $\mu$ L, 3  $\mu$ M) and PI (100  $\mu$ L, 4  $\mu$ M) for 30 and 5 min, respectively. Finally, the treated plate was evaluated by fluorescence microscopy (Leica DM IL LED Fluo).

**2.7. Reactive Oxygen Species (ROS) Assay.** 2',7'-Dichlorofluorescin diacetate (DCFH-DA), a cell-permeant reagent fluorogenic dye that assesses hydroxyl, peroxyl, and other ROS activities in the cell, was used to quantify intracellular ROS formation. Following cellular uptake, DCFH-DA is deacetylated by cellular esterases to a

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Figure 2. TEM image of (a)  $Gd_2O_3@BSA$  and (b–d)  $Gd_2O_3@BSA$ -Au; corresponding size distribution histograms with a lognormal fit (e)  $Gd_2O_3@BSA$  and  $Gd_2O_3@BSA$ -Au; (f–g) diameter distribution for  $Gd_2O_3@BSA$  and  $Gd_2O_3@BSA$ -Au; (h) hydrodynamic size of NPs; (i) zeta potential of NPs; (j) TEM-EDS mapping of  $Gd_2O_3@BSA$ -Au.

nonfluorescent molecule, which is then oxidized by ROS to produce green fluorescence. To assess the capacity of designed NPs to produce ROS,  $1 \times 10^3$  4T1 cells per well were seeded in a 96-well plate and incubated overnight. The prepared samples including Gd<sub>2</sub>O<sub>3</sub>@BSA and Gd<sub>2</sub>O<sub>3</sub>@BSA-Au with and without X-ray irradiation were evaluated by DCFH-DA which shows a green fluorescence image in the presence of ROS production. Prepared groups including control PBS, X-ray, Gd<sub>2</sub>O<sub>3</sub>@BSA + X-ray, Gd<sub>2</sub>O<sub>3</sub>@BSA-Au, and Gd<sub>2</sub>O<sub>3</sub>@BSA-Au + X-ray were co-incubated for further 5 h. Then, DCFH-DA (100  $\mu$ L, 10  $\mu$ M) was added to each well and incubated for 1 h. Related groups to the radiotherapy were irradiated (5 Gy and 6 MV). Then, the samples were imaged by fluorescence microscopy.

**2.8. Colony Formation Assay.** The clonogenic assay, also called the colony formation assay, is a test of a single cell's ability to grow into a group of cells.<sup>29</sup> The rate of growth in different treatment groups provides visual results about inhibition or growth of the cancer cell line into the colony. It means that the generated colony decreases with the treatment element in this assay. In detail, 4T1 cells (300 cells/well) were seeded in a 6-well plate in a medium cell culture and incubated for 24 h. The cells were incubated for 7 days after treatment and then washed with PBS, and a mixture of methanol and acetic acid (3:1) was used to fix the cells. After 5 min, the cells were stained with 0.5% crystal violet solution in methanol. In the next following step, the content of each well was washed with deionized water after 15 min, and the number of colonies was counted using Image J software. The cell survival fraction was calculated using the following formulas:

plating efficiency = 
$$\frac{\text{surviving colonies}}{\text{seeded cells}}$$
 (2)

surviving fraction = 
$$\frac{\text{surviving colonies}}{\text{seeded cells } \times \text{ plating efficiency of control}}$$

**2.9. In Vivo Anticancer Study.** To evaluate the radiosensitizer efficiency of NPs in the animal model, 4T1 cells  $(1 \times 10^6)$  were subcutaneously injected into the right flank of Balb/C mice to generate the 4T1 murine mammary carcinoma tumor. When the tumor volume reached 200 mm<sup>3</sup>, treatment was started. Tumor volume was calculated according to the following equation.

Tumor volume (mm<sup>3</sup>)  
= 
$$\frac{(\text{Tumor length}) \times (\text{Tumor width})^2}{2} \times 100$$

Then, five groups including control, X-ray,  $Gd_2O_3@BSA + X$ -ray,  $Gd_2O_3@BSA$ -Au, and  $Gd_2O_3@BSA$ -Au + X-ray with five mice in each group were provided. After 24 h of intravenous injection, related groups were exposed to radiation (5 Gy, 6 MV) for the treatment. Tumor size and weight of mice were monitored in different days to observe changes in the treatment process (20 days).

#### 3. RESULTS AND DISCUSSION

**3.1. Synthesis and Characterization.**  $Gd_2O_3$  nanocrystals were synthesized within a BSA nanoreactor's expanding cavity.<sup>30</sup> Albumin's abundance of active groups such as sulfhydryl and carboxyl groups may cause the formation of metal ion complexes.<sup>31,32</sup> Finally, at a pH of 12, the unfolding process of albumin was triggered by NaOH, leading to its expansion, and the nucleation of Gd<sub>2</sub>O<sub>3</sub> under precipitation reaction.<sup>30,33</sup> As a result, Gd<sub>2</sub>O<sub>3</sub>@BSA nanocrystals were synthesized with average diameters of  $2 \pm 0.3$  nm (Figure 2a). For preparation of Gd<sub>2</sub>O<sub>3</sub>@BSA-Au, HAuCl<sub>4</sub> was reduced in the presence of Gd<sub>2</sub>O<sub>3</sub>@BSA via a Turkevich method. Gd<sub>2</sub>O<sub>3</sub>@BSA-Au had a mean dimension of 13.7 ± 2.3 nm.

(3)



Figure 3. (a) XRD patterns of  $Gd_2O_3@BSA$  and  $Gd_2O_3@BSA$ -Au; (b) UV–Vis spectra of Au,  $Gd_2O_3@BSA$ , and  $Gd_2O_3@BSA$ -Au; (c) XPS survey wide scans of  $Gd_2O_3@BSA$ ; (d) Gd 4d XPS spectra in  $Gd_2O_3@BSA$ ; (e) XPS survey wide scans of  $Gd_2O_3@BSA$ -Au; (f) Au 4f XPS spectra in  $Gd_2O_3@BSA$ -Au.

 $Gd_2O_3$ @BSA-Au structure contained two different parts, darker and bright (Figure 2b,c), where the regions  $Gd_2O_3$ and Au NPs overlapped look darker, due to rise in electron densities. Figure 2d clearly shows the monodispersity of  $Gd_2O_3$ @BSA-Au. It was also found that  $Gd_2O_3$ @BSA-Au had a uniform spherical shape. Figure 2e shows average diameters of  $Gd_2O_3$ @BSA and  $Gd_2O_3$ @BSA-Au. Size distributions of  $Gd_2O_3$ @BSA and  $Gd_2O_3$ @BSA-Au. Size distributions of  $Gd_2O_3$ @BSA and  $Gd_2O_3$ @BSA-Au are also shown in Figure 2f,g. The hydrodynamic sizes of  $Gd_2O_3$ @BSA and  $Gd_2O_3$ @ BSA-Au were measured to be 17 and 41 nm, respectively, and the zeta potentials were found to be -28 and -32 mV, respectively (Figure 2h,i). The stability of  $Gd_2O_3$ @BSA-Au was studied by size monitoring; it was found that the hydrodynamic size did not change significantly for 30 days (Figure S1a). Figure S1b,c shows the SEM-EDS spectrum and mapping of  $Gd_2O_3$ @BSA-Au for elemental analysis of the binary system, where both data confirm the existence of Gd, Au, and C as the main elements of NPs. The assigned Gd and Au phase identities are further corroborated by elemental maps produced through TEM (Figure 2j).

The XRD patterns of  $Gd_2O_3$ @BSA and  $Gd_2O_3$ @BSA-Au are shown in Figure 3a, where the broad peak at  $2\theta = \sim 20^{\circ}$ corresponds to the BSA shell. Because the amount of BSA is higher than that of Gd, the peak intensities of XRD diffraction peaks of  $Gd_2O_3$  are lower and covered within the BSA shell,

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**Figure 4.** (a) Hemolysis assay graph and related photographs; (b) cell viability result of  $Gd_2O_3$ @BSA-Au on HUVEC cells; in vitro anticancer result of different treatment plans in the presence and absence of X-ray irradiation. (c) MTT assay on 4T1 cells, (d) imaging of live and dead cells stained with Calcein AM/PI, (e) digital photographs of the clonogenic assay; (f) cell survival data obtained from the clonogenic assay; (g) intracellular ROS production detection in the presence and absence of X-ray irradiation. Data = mean  $\pm$  SD; \**p* < 0.05, \*\**p* < 0.01, \*\*\**p* < 0.001, and \*\*\*\**p* < 0.0001 compared to the control group.

whereas XRD diffraction peaks of Au are sharper and clearly detected.

Furthermore, UV–Vis spectrophotometry was used to study the optical property of NPs. UV–Vis spectra of Au,  $Gd_2O_3@$ BSA, and  $Gd_2O_3@BSA$ -Au NPs are shown in Figure 3b. Au NPs show the typical surface plasmon resonance (SPR) band at 525 nm,<sup>34</sup> while no such peak is present for  $Gd_2O_3@BSA$ .  $Gd_2O_3@BSA$ -Au NPs not only display a typical SPR band of Au at 528 nm but also show the characteristic absorbance of BSA at 271 nm like a shoulder.

X-ray photoelectron spectroscopy (XPS) was used to examine the chemical state and components of Gd<sub>2</sub>O<sub>3</sub>@BSA and Gd<sub>2</sub>O<sub>3</sub>@BSA-Au to confirm the successful synthesis. The XPS survey spectrum of Gd<sub>2</sub>O<sub>3</sub>@BSA shows the Gd 4d, C 1s, N 1s, and O 1s peaks (Figure 3c). The Gd  $4d_{5/2}$  and Gd  $4d_{3/2}$ spin-orbits were responsible for the binding energy maxima at 142.4 and 148.5 eV, respectively, in the high resolution Gd 4d XPS spectrum (Figure 3d).<sup>35</sup> Moreover, the XPS wide spectrum of Gd<sub>2</sub>O<sub>3</sub>@BSA-Au shows the Gd 4d, C 1s, N 1s, and O 1s peaks along with the Au 4f peak (Figure 3e). The high-resolution Gd 4d XPS spectrum of Gd2O3@BSA-Au shows Gd  $4d_{5/2}$  and Gd  $4d_{3/2}$  spin-orbit peaks at the binding energies of 141.7 and 148.01 eV, respectively (Figure S2b).<sup>3</sup> In the 4f high-resolution spectrum of gold, there are two peaks that correspond to the  $4f_{7/2}$  and  $4f_{5/2}$  of Au (0), respectively, with binding energies of 84.3 and 87.9 eV (Figure 3f).<sup>37,38</sup> The presence of C 1s peaks confirms the existence of BSA in the structure of Gd<sub>2</sub>O<sub>3</sub>@BSA and Gd<sub>2</sub>O<sub>3</sub>@BSA-Au NPs (Figure S2a,c).

3.2. Hemocompatibility. An ideal formulation for intravenous injection should be biocompatible with blood components. As a consequence, the hemolytic activity of  $Gd_2O_3$  BSA-Au at various concentrations (0, 10, 20, 40, and 80  $\mu$ g/mL) was examined, and the lysis profiles of red blood cells (RBCs) were expressed as a percentage of hemoglobin released in contrast to the positive and negative controls. The concentration of released hemoglobin when blood is exposed to NPs was used to calculate the proportion of NP-induced hemolysis. Figure 4a displays images of RBCs taken after they had been exposed to the NPs. Figure 4a shows that  $Gd_2O_3@$ BSA-Au NPs did not cause any obvious hemolysis. On the other hand, Gd<sub>2</sub>O<sub>3</sub>@BSA-Au showed no significant hemolytic activity, even at the highest dose tested (80  $\mu$ g/mL), indicating high safety for intravenous administration. Damage to red blood cells occurs when the hemolysis value is more than 5%, as required by the ASTM E2524-08 standard.<sup>39</sup> It is believed that biocompatible hydrophilic coating can reduce the hemolytic potential of NPs, which would prevent the NPs from being detected as foreign objects by biological cells.<sup>40,41</sup>

**3.3. Cytotoxicity.** Using the MTT test, the biocompatibility of  $Gd_2O_3$ @BSA-Au was assessed at the cellular level. There was no significant cytotoxicity when HUVEC cells were incubated with  $Gd_2O_3$ @BSA-Au even at a concentration of 80  $\mu$ g/mL, which shows the biocompatibility of  $Gd_2O_3$ @BSA-Au NPs (Figure 4b).

In order to evaluate the anticancer effect of  $Gd_2O_3$ @BSA-Au with or without X-ray irradiation, the MTT test was applied as well.  $Gd_2O_3$ @BSA and  $Gd_2O_3$ @BSA-Au showed dose-depend-



**Figure 5.** Histological analysis of the key organs of mice treated with PBS and  $Gd_2O_3$ @BSA-Au; (a) relative tumor volume of mice treated with various treatment plans; (b) body weight of treated mice; (c) histological analysis of the tumors of mice treated with various treatment plans. Scale bars: 50  $\mu$ m.

ent cytotoxicity (Figure 4c). The same manner was also observed under X-ray irradiation. Therefore, when cells were exposed to X-rays (5 Gy), their viability went down as the concentration increased from 10 to 80  $\mu$ g/mL. When cells were treated with Gd<sub>2</sub>O<sub>3</sub>@BSA and Gd<sub>2</sub>O<sub>3</sub>@BSA-Au at a concentration of 40  $\mu$ g/mL without X-ray irradiation, their viability was still around 81 and 86%, respectively. However, it dropped to 62 and 55% when exposed to X-ray irradiation, respectively, for Gd<sub>2</sub>O<sub>3</sub>@BSA and Gd<sub>2</sub>O<sub>3</sub>@BSA-Au (Figure 4c). Accordingly, IC<sub>50</sub> values were found to be 245.8 and 97.2  $\mu$ g/mL for Gd<sub>2</sub>O<sub>3</sub>@BSA + X-ray and Gd<sub>2</sub>O<sub>3</sub>@BSA-Au + X-ray treatment groups, respectively.

The Calcein-AM/PI cell staining assay was used to assess the ability of NPs to cause cell death. Calcein-AM and PI solutions are employed in this approach to stain live and dead cells, respectively. Live and dead 4T1 cells after application of different treatments were imaged following staining with dyes (Figure 4d). Calcein-AM dye stains the live cells in green, while PI was used to mark the dead cells in red.<sup>42</sup> The growing intensity of red colored dots signifies a higher rate of cell death, whereas the green color reflects live cells. In the control group, only green fluorescence was observed, and it is obvious that Xray irradiation alone had little killing effect (little red spots detected) on 4T1 cells in the absence of NP treatment. For the cells treated with X-rays only or Gd2O3@BSA-Au, green fluorescence dominated along with a small amount of red fluorescence. Co-treatment of 4T1 cells with X-rays and NPs, on the other hand, resulted in increased cell death, depicted by

high levels of red fluorescence intensity. The highest red and lowest green fluorescence intensities were observed for the  $Gd_2O_3$ @BSA-Au + X-ray group, indicating the high anticancer efficacy. This is owing to the usage of high-Z metals in the structure of NPs, such as Gd and Au, which results in the formation of more oxygen-sensitive species in the presence of X-ray irradiation.

3.4. Colony Formation Assay. An in vitro cell survival test, clonogenic assay, which is widely used to detect cell reproductive mortality following irradiation, was performed to determine the level of cell survival and clonogenicity (Figure 4e). To facilitate the statistical analysis of clonogenic assay, survival data were plotted as bar graphs (Figure 4f). When compared to the control group, colony formation was significantly reduced in cells treated with X-rays alone and all of the NP groups in combination with X-rays. Compared to the untreated groups, the addition of NPs (Gd<sub>2</sub>O<sub>3</sub>@BSA or Gd<sub>2</sub>O<sub>3</sub>@BSA-Au) increased radiation-induced cell death. Noteworthy is the fact that the NP-induced radiosensitization of Gd<sub>2</sub>O<sub>3</sub>@BSA-Au was higher than that of Gd<sub>2</sub>O<sub>3</sub>@BSA because of the presence of two high-Z elements in one system.<sup>38</sup> This finding adds to the evidence that high-Z metals can be used to make nanoradiosensitizers that generate effective ROS products in the presence of X-ray irradiation, thereby limiting cancer cell repopulation.

**3.5. ROS Generation Assay.** Radiation-induced DNA damage caused by X-rays increases the efficacy of cancer treatment. DCFH-DA, a dye that can be oxidized to emit

bright green fluorescence, was used as a probe to measure intracellular ROS generation (Figure 4g).  $^{43}$  The control group, which was not exposed to X-rays or NPs, displayed no green fluorescence, suggesting that no ROS were produced. However, for the cells treated with X-ray irradiation only, slight green fluorescence was observed. As expected, the cells treated with Gd<sub>2</sub>O<sub>3</sub>@BSA or Gd<sub>2</sub>O<sub>3</sub>@BSA-Au under X-ray irradiation demonstrated the strongest green fluorescence. The green fluorescence intensity in the Gd<sub>2</sub>O<sub>3</sub>@BSA-Au + X-ray group was much higher than that of Gd<sub>2</sub>O<sub>3</sub>@BSA + X-ray. Also, the cells treated with Gd<sub>2</sub>O<sub>3</sub>@BSA-Au only without any irradiation expressed limited green fluorescence. Therefore, the application of X-rays significantly increases the ROS production and bimetallic Gd<sub>2</sub>O<sub>3</sub>@BSA-Au NPs have a higher ROS generation enhancing ability than Gd<sub>2</sub>O<sub>3</sub>@BSA. NPs containing high Z-elements, under the X-ray irradiation, can release of secondary electrons, resulting in enhanced ROS production within cells.<sup>10,44</sup>

3.6. In Vivo Anticancer Study. Based on the in vitro assay results, we investigated the anticancer effects of experimental groups in vivo. The radioenhancing abilities were conducted in 4T1 tumor-bearing mice. When the mean tumor volume reached 200 mm<sup>3</sup>, mice were randomly divided into five groups of five mice each and treatment was started. The mice were exposed to X-ray irradiation (5 Gy and 6 MV), 24 h after injection of NPs. In vivo tumor reduction results following intravenous administration are shown in Figure 5a. The control group did not display tumor growth inhibition effect, and Gd<sub>2</sub>O<sub>3</sub>@BSA-Au without X-rays was also ineffective in suppressing tumor development. Application of X-rays alone had a slightly better but still poor anticancer activity. However, combination of intravenous injection of NPs with X-rays resulted in substantially altered effect. The group treated with  $Gd_2O_3 @BSA + X$ -ray showed tumor growth inhibitory effect, but the highest tumor growth inhibitory effect appeared when mice were treated with Gd<sub>2</sub>O<sub>3</sub>@BSA-Au + X-ray. Within 14 days following a single intravenous injection of Gd<sub>2</sub>O<sub>3</sub>@BSA-Au paired with X-ray radiation, three mice out of five were completely tumor-free. Furthermore, any changes in the body weight of the mice were thoroughly tracked across the experimental time periods, where no significant changes in body weight were found across all experimental groups, highlighting the utility of Gd<sub>2</sub>O<sub>3</sub>@BSA-Au NPs as a safe radiosensitizer in cancer treatment (Figure 5b).<sup>43</sup>

In vivo treatment efficacy was also monitored with hematoxylin & eosin (H&E) staining of healthy and tumor tissues to evaluate the tissue damage to tumor cells and possible side effects to healthy organs (Figure 5c). The main organs such as the kidneys, spleen, liver, and heart with various treatments indicated no obvious tissue damage, indicating the biocompatibility of NPs for use as in vivo breast cancer therapy. The tumor cellular status of the control, X-ray, and  $Gd_2O_3@BSA-Au$  groups did not show clear changes, whereas  $Gd_2O_3@BSA + X$ -ray treatment resulted in moderate damage to tumor tissue. However, large shadow areas and necrotic-shaped cells were observed in  $Gd_2O_3@BSA-Au + X$ -ray groups, which confirm the effective destruction of tumor cells.<sup>10</sup> Here, the presence of Au NPs could further enhance ROS levels and kill tumors by blocking cell proliferation.<sup>45</sup>

## 4. CONCLUSIONS

Nanosensitizers can promote the generation of ROS within cancer cells and kill them via various mechanisms. Here,

bimetallic Gd<sub>2</sub>O<sub>3</sub>@BSA-Au NPs were developed and evaluated as a radiosensitizer under X-ray irradiation. NP dose-dependent radioenhancement effect was observed, where a high level of ROS was generated within cancer cells, and cancer cell death was induced under single X-ray irradiation, which was confirmed with in vitro biological assays. In vivo tumor treatment efficacy was further assessed in the murine model. When nanohybrid metallic particles were applied in conjunction with X-ray irradiation, inhibition of tumor growth was documented compared to control groups. Biosafety tests revealed no negative effects on healthy organs, confirming the safe use of the developed NPs in preclinical and clinical stages. Overall, the utilization of high atomic number bimetallic nanoradiosensitizers containing gadolinium and gold was shown to be highly effective toward cancer radiotherapy. Considering the current clinical application of radiotherapy consisting of repeated sessions of irradiations for several months, NPs may offer enhanced treatment outcome with a single X-ray irradiation as demonstrated in this work both in vitro and in vivo.

#### ASSOCIATED CONTENT

#### Supporting Information

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acsabm.2c00965.

Size monitoring of  $Gd_2O_3$ @BSA-Au NPs in PBS, EDS spectra of  $Gd_2O_3$ @BSA-Au NPs, SEM-EDS mapping of  $Gd_2O_3$ @BSA-Au NPs, C 1S XPS spectra of  $Gd_2O_3$ @BSA, Gd 4d XPS spectra of  $Gd_2O_3$ @BSA-Au, and C 1S XPS spectra of  $Gd_2O_3$ @BSA-Au (PDF)

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#### Notes

The authors declare no competing financial interest.

This study was approved by the Ethics Committee of the Erciyes University (#2022/262).

The raw/processed data required to reproduce these findings cannot be shared at this time as the data also form part of an ongoing study.

## ACKNOWLEDGMENTS

This research was supported by 2232 International Fellowship for Outstanding Researchers Program of TÜBİTAK (Project No: 118C346).

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