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## Pulmonary toxicants and fibrosis: innate and adaptive immune mechanisms

Rama Malaviya<sup>a</sup>, Howard M. Kipen<sup>b</sup>, Rita Businaro<sup>c</sup>, Jeffrey D. Laskin<sup>b</sup>, Debra L. Laskin<sup>a,\*</sup>

<sup>a</sup>Department of Pharmacology and Toxicology, Ernest Mario School of Pharmacy, School of Public Health, Rutgers University, Piscataway, NJ, USA

<sup>b</sup>Department of Environmental and Occupational Health and Justice, School of Public Health, Rutgers University, Piscataway, NJ, USA

<sup>c</sup>Department of Medico-Surgical Sciences and Biotechnologies, Sapienza University of Rome, Latina, Italy

### Abstract

Pulmonary fibrosis is characterized by destruction and remodeling of the lung due to an accumulation of collagen and other extracellular matrix components in the tissue. This results in progressive irreversible decreases in lung capacity, impaired gas exchange and eventually, hypoxemia. A number of inhaled and systemic toxicants including bleomycin, silica, asbestos, nanoparticles, mustard vesicants, nitrofurantoin, amiodarone, and ionizing radiation have been identified. In this article, we review the role of innate and adaptive immune cells and mediators they release in the pathogenesis of fibrotic pathologies induced by pulmonary toxicants. A better understanding of the pathogenic mechanisms underlying fibrogenesis may lead to the development of new therapeutic approaches for patients with these debilitating and largely irreversible chronic diseases.

### Keywords

fibrosis; inflammation; macrophages; immune cells; fibroblasts; toxicants; mustard vesicants

## 1. Introduction

Pulmonary fibrosis is a common pathologic outcome of chronic lung inflammation. It is characterized by thickening and scarring of the lung parenchyma which leads to irreversible loss of lung function and often death. This is thought to be the result of persistent or repeated injury to the alveolar epithelium which leads to dysregulated wound repair. As a consequence, there is uncontrolled proliferation of fibroblasts and differentiation into myofibroblasts, and excessive production of extracellular matrix (ECM) components (Desai

\*Corresponding author at: Department of Pharmacology and Toxicology, Ernest Mario School of Pharmacy, Rutgers University, 160 Frelinghuysen Road, Piscataway, NJ 08854, USA. laskin@eohsi.rutgers.edu (D.L. Laskin).

#### Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

et al., 2018; Dowman et al., 2014; Robert et al., 2016). A variety of drugs (e.g., amiodarone, nitrofurantoin, bleomycin) and toxicants (e.g., silica dust, asbestos, mustard vesicants, nanoparticles and other particulate matter), as well as ionizing radiation, have been shown to induce pulmonary fibrosis. Evidence suggests that cells of the innate and adaptive immune system and mediators they release are key contributors to pulmonary fibrosis induced by these diverse xenobiotics (Carrington et al., 2018; Kolahian et al., 2016). In this review, we describe the role of immune cells in the development of lung fibrosis following exposure to representative pulmonary toxicants.

## 2. Innate and adaptive immune cells in pulmonary fibrosis

### 2.1. Macrophages

Macrophages are phagocytic cells of the innate immune system (Laskin et al., 2019). Resident in all tissues of the body, most prominently in the lung and liver, they function as immune sentinels, poised to defend the body against invading pathogens and insults. Largely originating during embryonic development, resident macrophages are distinct from bone-marrow derived inflammatory macrophages that accumulate in tissues in response to injury and infection. It is mainly inflammatory macrophages that are involved in the development of lung fibrosis. These cells have been broadly classified as pro-inflammatory/cytotoxic M1 and anti-inflammatory/wound repair M2 macrophages, which develop in response to signals present in the tissue microenvironment. For example, while interferon (IFN) $\gamma$  alone or in concert with toll-like receptor agonists, tumor necrosis factor (TNF) $\alpha$  or granulocyte-macrophage colony stimulating factor (GM-CSF), induce M1 macrophage activation, interleukin (IL)-4, IL-10, and IL-13 stimulate M2 macrophage activation. Evidence suggests that excessive activation of either M1 or M2 macrophages can lead to pathology and disease progression. In this regard, while overproduction of cytotoxic and proinflammatory mediators by M1 macrophages perpetuates tissue injury and inflammation, overactivation of M2 macrophages is associated with excessive release of profibrotic mediators and the development of pulmonary fibrosis (Laskin et al., 2019; Wynn and Vannella, 2016).

Both human and animal studies support a role of overactive inflammatory macrophages in pulmonary fibrosis. In patients with idiopathic pulmonary fibrosis (IPF) and cystic fibrosis, increased numbers of macrophages have been identified in fibrotic foci, a response correlated with a worsening disease prognosis (Withana et al., 2016; Zhang et al., 2018). Macrophage-derived cytokines and growth factors linked to fibrosis (Fig. 1) are increased in patients with fibrotic lung disease and in animal models of pulmonary fibrosis (Laskin et al., 2019; Luzina et al., 2013; Wynn and Vannella, 2016). Moreover, in rodent models, overexpression or administration of M2 macrophage inducing cytokines including IL-10, IL-13 or IL-33 is associated with exacerbated responses to fibrogenic toxicants such as bleomycin, radiation and silica (Barbarin et al., 2005b; Chung et al., 2016; Li et al., 2014; Lumsden et al., 2015; Luzina et al., 2013). Conversely, collagen production and fibrosis in response to radiation, bleomycin or carbon nanotubes, are reduced in mice lacking these cytokines, or C/EBP homologous protein, which is required for M2 macrophage activation and tumor growth factor (TGF) $\beta$  production (Chung et al., 2016; Laskin et al., 2019; Liu et al., 2004; Wang et al., 2014; Zhao et al., 2018). Additionally, depletion or inhibition of M2

macrophages by chlodronate liposomes or anti-colony stimulating factor (CSF)1R antibody attenuates lung fibrosis induced by bleomycin or radiation (Laskin et al., 2019; Mezziani et al., 2018). Suppression of the Wnt/ $\beta$ -catenin signaling pathway by M2 macrophages also inhibits myofibroblast differentiation in a bleomycin-induced pulmonary fibrosis rodent model (Cao et al., 2018).

## 2.2. Neutrophils

Neutrophils or polymorphonuclear leukocytes (PMN) are short-lived bone marrow derived myeloid cells involved in nonspecific host defense and inflammation. Evidence suggests that they also contribute to the development of pulmonary fibrosis. Numbers of neutrophils and levels of the neutrophil chemoattractant CXCL8, are increased in bronchoalveolar lavage (BAL) from IPF patients (Desai et al., 2018; Kinder et al., 2008). Importantly, BAL neutrophilia is considered a prognostic marker of early mortality in IPF (Desai et al., 2018; Kinder et al., 2008). Depletion of neutrophils has also been reported to result in reduced inflammation and fibrosis in an experimental model of pulmonary fibrosis induced by bleomycin or repeated administration of *Saccharopolyspora rectivirgula* (Hasan et al., 2013; Leslie et al., 2020). Neutrophil elastase is also increased in BAL and serum from patients with IPF (Kolahian et al., 2016; Sugino et al., 2016). Neutrophil elastase degrades ECM components and induces fibroblast proliferation and myofibroblast differentiation (Desai et al., 2018; Gregory et al., 2015; Kolahian et al., 2016). Decreases in neutrophil elastase are associated with impaired TGF $\beta$  production and reduced numbers of inflammatory cells, fibroblasts and myofibroblasts at sites of injury; pulmonary fibrosis is also attenuated (Chua et al., 2007; Gregory et al., 2015; Takemasa et al., 2012). Neutrophils also release profibrotic matrix metalloproteinases (MMPs) including MMP-8 and MMP-9, which may contribute to their effects on ECM homeostasis (Kolahian et al., 2016).

Neutrophil extracellular traps (NETs) are extracellular mesh composed of chromatin and neutrophil granular proteins including histones, myeloperoxidase, neutrophil elastase and  $\alpha$ -defensins. They are released by neutrophils in response to pathogens or proinflammatory stimuli (Kruger et al., 2015; Porto and Stein, 2016). NETs have been identified in lungs of patients with fibrotic interstitial lung disease (ILD) and in mice following bleomycin administration (Chrysanthopoulou et al., 2014; Zhang et al., 2014). In the lungs of patients with ILD, NETs exist in close proximity to  $\alpha$ -smooth muscle actin (SMA)<sup>+</sup> fibroblasts. It has been reported that NETs induce lung fibroblast activation and differentiation into myofibroblasts; moreover, in response to NETs, myofibroblasts upregulate connective tissue growth factor (CTGF), and increase collagen production, proliferation and migration (Chrysanthopoulou et al., 2014). These responses are blunted by DNase, heparin or myeloperoxidase inhibitor which degrade NETs.

## 2.3. Fibrocytes

Fibrocytes are circulating bone marrow derived mesenchymal progenitor cells with an ability to produce ECM (Kolahian et al., 2016; Quan et al., 2006). These cells express stem cell and hematopoietic markers (CD34 and CD45), monocyte markers (CD11 and CD14), and various chemokine receptors; they also express collagen-1 and HLA-DR (Desai et al., 2018; Herzog and Bucala, 2010; Kolahian et al., 2016). Fibrocytes accumulate in

the lung in response to CCL2, CCL12 and CXCL12 chemokines, and differentiate into fibroblasts and myofibroblasts. In IPF, increases in circulating fibrocytes are correlated with the appearance of intrapulmonary fibrocytes within fibrotic foci (Herzog and Bucala, 2010; Heukels et al., 2018; Moeller et al., 2009). Fibrocytes secrete a multitude of profibrotic growth factors (vascular endothelial growth factor [VEGF], platelet-derived growth factor [PDGF]), cytokines (TNF $\alpha$ , IL-10), MMP-9, as well as ECM proteins including collagen, vimentin and fibronectin which contribute to the development and progression of fibrosis (Desai et al., 2018; Herzog and Bucala, 2010; Kolahian et al., 2016).

#### 2.4. T lymphocytes

T lymphocytes are part of the adaptive immune system. They consist of subpopulations with distinct functions including T-helper (Th) cells (Th1, Th2, Th17), regulatory T cells (Tregs), and cytotoxic T cells. Activated T lymphocytes have been observed in the lungs and BAL of patients with IPF, as well as in rodent models of pulmonary fibrosis (Daniil et al., 2005; Luzina et al., 2008; Parra et al., 2007). Moreover, depletion of T cells has been reported to reduce pulmonary fibrosis induced by bleomycin (Luzina et al., 2008). It has been suggested that fibrosis is a result of alterations in the balance between Th1 and Th2 cells and related cytokines (Luzina et al., 2008; Wynn, 2004). Th2 cytokines including IL-4, IL-13 and IL-5 are profibrotic, whereas Th1 mediators including IFN $\gamma$  and IL-12 are antifibrotic (Desai et al., 2018; Luzina et al., 2008; Wynn, 2004). Overexpression of Th2 transcription factor, GATA-3 or loss of T-bet, a Th1 transcription factor, results in exacerbation of pulmonary fibrosis induced by bleomycin (Desai et al., 2018; Kolahian et al., 2016).

Tregs are known to suppress adaptive immune responses, an activity linked to fibrogenesis (Peng et al., 2014; Piccirillo, 2008). However, the precise role of Tregs in lung fibrosis is unclear as both profibrotic and antifibrotic activities have been described (Birjandi et al., 2016; Desai et al., 2018; Garibaldi et al., 2013; Re et al., 2014; Trujillo et al., 2010). Thus, while in some studies reduced numbers and lower suppressor activity of Tregs have been reported in lungs of IPF patients, in others, increases in Tregs and the TGF $\beta$ /IL-17 ratio have been described (Galati et al., 2014; Kolahian et al., 2016; Kotsianidis et al., 2009). It has been suggested that the profibrotic actions of Tregs are limited to early stages of the pathogenic process as they stimulate TGF $\beta$ 1 and collagen production; conversely, at later stages they are antifibrotic (Boveda-Ruiz et al., 2013; Desai et al., 2018). This suggests that Tregs acquire fibrosis-suppressive or fibrosis-stimulatory activity depending on the local tissue environment, which changes during the progression of the disease.

#### 2.5. Myeloid-derived suppressor cells

Myeloid-derived suppressor cells (MDSCs) are immature myeloid cells with potent immunosuppressive activity (Lebrun et al., 2017). MDSCs regulate immune responses by suppressing T cell activation and proliferation, and by promoting the activity of Tregs (Bronte et al., 2016; Desai et al., 2018). Monocytic-MDSCs isolated from mice treated with silica express TGF $\beta$ 1; likewise, depletion of these cells reduced expression of TGF $\beta$ 1 and TIMP-1, and inhibited collagen accumulation, indicating a profibrotic role of these cells (Lebrun et al., 2017). Increased numbers of circulating MDSCs have been correlated

with poor lung function in IPF patients (Fernandez et al., 2016). MDSCs could therefore represent a novel therapeutic target in pulmonary fibrosis.

### 3. Inflammatory mediators implicated in pulmonary fibrosis

A multitude of inflammatory mediators including reactive oxygen species (ROS), reactive nitrogen species (RNS), proteases, cytokines, chemokines and growth factors regulate fibrogenesis (Table 1). These mediators have been identified in lungs of patients with fibrosis and in animal models of toxicant-induced fibrosis. Recruited inflammatory and immune cells and resident macrophages and epithelial cells not only release these mediators, they also respond to them, perpetuating the proinflammatory and/or profibrotic response (Fig. 1).

#### 3.1. Reactive oxygen species and reactive nitrogen species

ROS and RNS including superoxide anion, hydrogen peroxide, hydroxyl radicals, nitric oxide, and lipid peroxides are generated by macrophages and/or neutrophils during inflammatory responses (Table 1). ROS also react with nitric oxide producing peroxynitrite, a potent oxidant. ROS and RNS are known to cause DNA damage and apoptosis in lung epithelial cells; this can trigger the release of TGF $\beta$ 1 (Cheresh et al., 2013). Treatment of epithelial cells with TGF $\beta$  reduces intracellular glutathione and stimulates ROS production and epithelial-mesenchymal transition (EMT), a key step in fibrogenesis (Felton et al., 2009). NADPH oxidase (NOX), which catalyzes the formation of ROS, is upregulated in lung fibroblasts isolated from patients with IPF, and in lung mesenchymal cells in response to TGF $\beta$  (Amara et al., 2010; Hecker et al., 2009). NOX4 is required for TGF $\beta$ -mediated upregulation of  $\alpha$ -SMA and fibronectin in mesenchymal cells and induces senescence and apoptosis resistance in IPF fibroblasts (Amara et al., 2010; Hecker et al., 2014; Wynn, 2011). Inhibition of NOX4 activity by antioxidants or NOX4-specific small interfering RNA prevents myofibroblast activation and lung fibrosis (Carnesecchi et al., 2011; Hecker et al., 2009).

#### 3.2. Proteases

MMPs and their inhibitors (e.g., tissue inhibitor of metalloproteinases [TIMPs]) have emerged as key mediators of lung fibrosis (Robert et al., 2016). They contribute to lung remodeling by stimulating ECM degradation, EMT, the development of profibrotic macrophages and their production of profibrotic mediators, and by promoting fibrocyte migration to sites of injury, and aberrant wound repair (Craig et al., 2015; Jin et al., 2014; Menou et al., 2018; Yang et al., 2007). Levels of MMP-1, MMP-2, MMP-7, MMP-9 and MMP-13 are upregulated in the lungs of IPF patients (Menou et al., 2018). Animal models of toxicant-induced lung fibrosis are associated with increases in MMP-2, MMP-9, MMP-12, MMP-13, TIMP-1 and/or TIMP-2 (Table 1). Additionally, mice lacking MMP-9 or MMP-12 are protected from bleomycin-induced lung fibrosis (Menou et al., 2018; Nkyimbeng et al., 2013). Similarly, MMP-13 knock-out mice are protected from radiation-induced pulmonary fibrosis (Flehsig et al., 2010). It appears that the precise role of MMPs and TIMPs in tissue remodeling is complex and likely depends on the nature of the toxicant, the tissue microenvironment, and the MMP/TIMP ratio.

### 3.3. Cytokines, chemokines and growth factors

Diverse cytokines, chemokines and growth factors have been implicated in the development of pulmonary fibrosis. Major mediators are described below and summarized in Table 1. TNF $\alpha$  is released mainly by macrophages; however, epithelial cells, eosinophils, and mast cells also have the capacity to release TNF $\alpha$ . TNF $\alpha$  has been reported to play a role in both the initiation and progression of fibrosis (Malaviya et al., 2017). During the initiation phase, TNF functions to activate and recruit leukocytes to inflammatory sites, stimulate the generation of inflammatory mediators, and induce oxidative and nitrosative stress. Subsequently, TNF $\alpha$  upregulates expression of MMPs, PDGF, GM-CSF and TGF $\beta$  which are important in tissue remodeling and fibrogenesis (Malaviya et al., 2017; Sullivan et al., 2009). Increased expression of TNF $\alpha$  and soluble TNF receptors have been observed in the lungs of patients with IPF and in animal models of pulmonary fibrosis (Duke and Bonner, 2018; Kawasaki, 2015; Malaviya et al., 2017; Williamson et al., 2015). Moreover, targeting TNF $\alpha$  inhibits TGF $\beta$  expression and attenuates pulmonary fibrosis (Malaviya et al., 2015; Zhang et al., 2008).

IL-1 is an inducible cytokine known to be a key mediator of inflammation and fibrosis (Borthwick, 2016). In acute injury, IL-1 stimulates neutrophilia, myeloperoxidase activity and inflammation, while in chronic injury, it augments the release of TGF $\beta$ , which triggers activation, proliferation, and differentiation of fibroblasts into collagen-producing myofibroblasts. Increased production of both isoforms of IL-1 (IL-1 $\alpha$  and IL-1 $\beta$ ) has been observed by alveolar macrophages, epithelial, and endothelial cells in lungs of IPF patients, and in rodent models of pulmonary fibrosis (Borthwick, 2016; Hoshino et al., 2009; Wilson et al., 2010). Moreover, mice deficient in IL-1 or IL-1 signaling molecules, or treated with IL-1 binding protein are resistant to bleomycin or silica-induced fibrosis (Borthwick, 2016; Gasse et al., 2007; Kolahian et al., 2016). Overexpression of IL-1 $\beta$  in rat lung results in upregulation of IL-6, TNF $\alpha$ , PDGF, TGF $\beta$ , and evidence of fibrosis characterized by the presence of myofibroblasts, fibroblast foci, and increases in collagen and fibronectin (Kolb et al., 2001).

IL-17 is a proinflammatory cytokine released by Th17 cells and  $\gamma\delta$  T cells that promotes lung injury and fibrosis by inducing neutrophilic inflammation, and airway remodeling following chronic injury. Increased levels of IL-17 have been identified in BAL of IPF patients (Wilson et al., 2010). In rodents, pulmonary fibrosis induced by bleomycin, silica or IL-1 $\beta$  involves IL-17A. Thus, mice lacking IL-17A have reduced fibrosis (Re et al., 2014; Wilson et al., 2010). In an experimental model of hypersensitivity pneumonitis, IL-17A is also expressed by neutrophils and macrophages; additionally, depletion of neutrophils is associated with alleviation of lung fibrosis (Hasan et al., 2013). Evidence suggests that TGF $\beta$  promotes fibrosis by upregulating IL-17A and blocking IL-17A not only attenuates bleomycin- or silica-induced lung fibrosis in mice, but also increases survival (Chen et al., 2014; Kolahian et al., 2016; Mi et al., 2011; Wilson et al., 2010).

Th2 cytokines including IL-4 and IL-13 have been shown to be important in the later phase of fibrogenesis upregulating MMPs, growth factors and chemokines, and stimulating fibroblast activation and ECM production and deposition. Levels of these cytokines and their receptors are upregulated in lungs of patients with pulmonary fibrosis, supporting a

role for these cytokines in the disease (Park et al., 2009; Wynn, 2004). Fibroblasts respond to IL-4 or IL-13 by proliferating and differentiating into myofibroblasts, and by producing  $\alpha$ -SMA and collagen (Batra et al., 2004; Hashimoto et al., 2001; Kolahian et al., 2016). Furthermore, silica- or bleomycin-induced fibrosis is inhibited in mice lacking IL-4, IL-4 receptor, IL-13, or treated with agents that block IL-13 (Ferreira et al., 2013; Lumsden et al., 2015). Both IL-4 and IL-13 are known to promote a type 2 cytokine environment and induce reprogramming of macrophages to an anti-inflammatory/profibrotic phenotype (Gessner and Rollinghoff, 2000; Laskin et al., 2019).

Generated by activated macrophages, epithelial cells, lymphocytes, fibroblasts, and endothelial cells, CC and CXC chemokines contribute to fibrosis by recruiting leukocytes, fibrocytes, and other profibrotic cells to sites of tissue injury (Palomino and Marti, 2015). Chemokines CCL2, CCL3 and CCL6 are chemotactic for mononuclear phagocytes and have been implicated in fibrosis induced by bleomycin, asbestos and radiation (Beach et al., 2020; Osafo-Addo and Herzog, 2017; Wynn, 2008). Thus, while treatment of mice with antibodies to CCL2, CCL3 or CCL6 abrogates bleomycin-induced fibrosis, mice lacking receptors for these chemokines (CCR2 and CCR1) or deficient in CCL2 are protected from bleomycin or radiation-induced lung fibrosis (Baran et al., 2007; Beach et al., 2020; Gharaee-Kermani et al., 2003; Wynn, 2008). CCL17 and CCL22 chemokines are also upregulated in lungs of patients with IPF and in rodents treated with bleomycin or radiation (Belperio et al., 2004; Inoue et al., 2004; Kolahian et al., 2016; Yogo et al., 2009). Increased levels of these chemokines correlate directly with elevations in lymphocytes and/or macrophages in the lung. High levels of chemokines including CCL2, CCL17 and CCL22 in BAL have been associated with poor outcome in patients with IPF (Shinoda et al., 2009). CXC chemokines (CXCL1, CXCL2, CXCL6, CXCL12 and CX3CL1) are also involved in promoting the trafficking of leukocytes to the site of fibrogenesis. In addition, these chemokines play a role in vascular remodeling during fibrogenesis (Strieter et al., 2007). It has been reported that fibrocytes migrate to bleomycin-injured lungs in response to CXCL12 and that this contributes to the pathogenesis of fibrosis (Phillips et al., 2004). CXCL12 also upregulates CTGF expression in pulmonary fibroblasts by binding to cell surface receptor CXCR4 (Lin et al., 2018; Luzina et al., 2015; Strieter et al., 2007). Similarly, the neutrophil chemoattractant, CXCL6, is elevated in patients with fibrosis and in lungs of bleomycin exposed mice (Besnard et al., 2013). Blocking CXCL6 in these animals is associated with reduced neutrophil and lymphocyte influx into the lung and attenuation of collagen production and fibrosis.

Growth factors, most notably TGF $\beta$ , PDGF and CTGF, are produced in the lung by a variety of cells during the development of fibrosis (Table 1). These mediators play a central role in the expansion of myofibroblasts by stimulating fibroblast proliferation, differentiation, migration and survival (Kolahian et al., 2016; Wynn, 2008). In human lungs, levels of these growth factors correlate directly with the extent of fibrosis (Wollin et al., 2015). PDGF and CTGF are mainly produced by macrophages and alveolar epithelial cells; they contribute to the recruitment of myofibroblast precursors to fibrotic lesions, myofibroblast expansion and survival. TGF $\beta$  promotes myofibroblast differentiation, induces  $\alpha$ -SMA expression, collagen and fibronectin production, and promotes the recruitment of inflammatory cells to the sites of injury by stimulating fibroblasts to release CCL2 (Kolahian et al., 2016; Luzina

et al., 2015; Williamson et al., 2015). Increased levels of TGF $\beta$  have been described in human fibrotic diseases, as well as in animal models of fibrosis where they regulate the generation of myofibroblasts and promote EMT (Jolly et al., 2018; Thomas et al., 2016). Overexpression of TGF $\beta$  in experimental rodent models results in progressive pulmonary fibrosis, upregulation of protease inhibitors (TIMP and plasminogen activator inhibitor 1) and excessive ECM accumulation in tissues (Bonniaud et al., 2004; Gauldie et al., 2006). Additionally, blocking TGF $\beta$  with soluble TGF $\beta$  receptor-Fc or by inhibiting Smad signaling mitigates fibrosis induced by IL-13 or bleomycin (Lee and Lane, 2001; Yang et al., 2019).

## 4. Fibrogenic pulmonary toxicants

### 4.1. Bleomycin

Bleomycin is a bacteria-derived glycopeptide used in cancer chemotherapy; however, its use is limited by pulmonary fibrosis, first described as an adverse effect in the 1970s (Hainan et al., 1972) Bleomycin induces DNA strand breaks in a process dependent on oxygen and iron. This leads to the production of cytotoxic ROS, lipid peroxidation, and damage to the alveolar epithelium. Inflammation is a prominent feature of bleomycin-induced injury, and a key contributor to the development of fibrosis.

Bleomycin is one of the most widely used agents for experimental induction of pulmonary fibrosis due to its ability to cause a histopathologic pattern of lung injury similar to that observed in humans undergoing chemotherapy (Della Latta et al., 2015). In rodents, the precise pathologic response and outcome varies with the route and frequency of bleomycin administration (Table 2). A commonly utilized model involves administration of a single dose of bleomycin delivered intratracheally to mice. This leads to alveolar epithelial cell damage and inflammation within 3 d - 7 d. The onset of fibrosis, characterized by EMT, fibroblast proliferation and differentiation into myofibroblasts and the synthesis of ECM proteins, is typically observed by day 14, with a maximal response at 21 d - 28 d (Carrington et al., 2018; Della Latta et al., 2015). The different stages of bleomycin-induced injury and fibrosis are associated with the appearance of distinct populations of inflammatory macrophages in the lung which produce inflammatory mediators and growth factors important in regulating the pathogenic process. Thus, during the initial acute phase (up to 7 d), characterized by pneumonitis and the appearance of proinflammatory M1 macrophages, oxidant generating enzymes and cytotoxic oxidants (e.g., NOX, hydrogen peroxide), proinflammatory cytokines (e.g. TNF $\alpha$ , IL-1 $\alpha$ , IL-1 $\beta$ , IL-2, IL-6 and IFN $\gamma$ ) and chemokines (CCL2, CCL3) predominate (Table 1) (Chaudhary et al., 2006; Williamson et al., 2015). Subsequently, as anti-inflammatory/profibrotic M2 macrophages accumulate in the lung (14 d - 28 d), anti-inflammatory cytokines (IL-4, IL-13) and growth factors (TGF- $\beta$ , CTGF and PDGF) are generated that promote tissue remodeling and fibrogenesis (Chaudhary et al., 2006; Della Latta et al., 2015; Williamson et al., 2015).

### 4.2. Asbestos

Asbestos is the common name for six different naturally occurring silicate mineral fibers which occur in both a serpentine shape (chrysotile) and a rigid needle-like shape known as



amphiboles. Both types were highly valued for their fire proofing and thermal and acoustic insulation properties and used ubiquitously in construction and industrial insulation from the later 19th century until the mid1970's. Prolonged inhalation of asbestos (> 10 years) is associated with diffuse interstitial pulmonary fibrosis (asbestosis). Asbestos exposure related fibrosis was first described in the early 1900s, and was termed as “asbestosis” by Cooke in 1927 (Kamp, 2009). Asbestosis has been noted in occupational settings, as well as in cohabitants of exposed workers.

Various rodent models of asbestos inhalation or intratracheal instillation have been utilized to understand the mechanism of asbestosis in humans (Table 2). Exposure to asbestos is associated with activation of alveolar macrophages which phagocytize asbestos particles. This results in upregulation of inducible nitric oxide synthase (iNOS) and increased production of RNS, as well as ROS (Kamp, 2009; Liu et al., 2013). Asbestos-induced nitrosative and oxidative stress contribute to lung injury by inducing DNA damage, lipid peroxidation, protein oxidation, and activation of transcription factors including nuclear factor (NF)- $\kappa$ B and AP-1 in mesothelial cells, macrophages, and lung epithelial cells. This leads to upregulation of inflammatory cytokines (e.g., TNF $\alpha$ , IL-1 $\alpha$ , IL-1 $\beta$ , IL-6 and IL-12), and chemokines (e.g., CCL2, CCL4 and CCL5) (Table 1) (Haegens et al., 2007; Shukla et al., 2007; Shukla et al., 2003). Long-term asbestos exposure results in increases in profibrotic cytokines and an accumulation of ECM proteins in lung and fibrotic lesions. This is facilitated by macrophage and epithelial cell production of fibrogenic growth factors including PDGF and TGF $\beta$  (Table 1). It has been suggested that iron on the surface of asbestos particles, and/or iron-mediated production of ROS plays a key role in inflammatory mediator release in both acute injury and chronic lung remodeling as a treatment with an oxide radical scavenger or an iron chelator attenuates the fibrotic effects of asbestos in rodent lung (Kamp, 2009; Shukla et al., 2003).

### 4.3. Silica

Silica or silicon dioxide (SiO<sub>2</sub>) refers to amorphous crystalline material found in many types of rock (e.g., granite and quartz). Among the most common forms are “sand” associated with sand blasting and foundry work, but only fine particles less than 2.5  $\mu$ m are respirable and of toxicological concern. Occupational exposure to silica as low as 0.1 mg/m<sup>3</sup> may cause respiratory diseases (Cohen et al., 2008). Thus, workers involved in silica flour mills, highway repair, masonry, concrete work, and abrasive blasting operations are at high risk for developing silicosis. The pathological response to silica is distinct from asbestos, as fibrosis appears in the form of nodules with a hyaline center, incorporation of surrounding airways and parenchyma with birefringent particles visible under polarized light microscopy within the nodules. These are observed as radiographically visible nodules of 1–10 mm in size. In its most common form of simple silicosis, the latency for observing visible radiographic nodules is about 10 years. Further agglomeration in accelerated silicosis produces progressively larger nodules associated with pulmonary function abnormalities and respiratory symptoms.

Exposure of rodents to silica dust through aerosol inhalation, intratracheal instillation or oropharyngeal aspiration results in the development of fibrotic nodules in the lung

that resemble pulmonary lesions in humans following occupational exposure (Moore and Hogaboam, 2008). It is thought that the sticky nature of silica and its impaired clearance by phagocytic cells contributes to a persistent, nonresolving inflammatory response. Silica-induced inflammation, characterized by an accumulation of macrophages, neutrophils and lymphocytes in the lung, and the release of proteolytic enzymes and oxidants are thought to contribute to lung injury and DNA damage (Kawasaki, 2015). Macrophages and neutrophils responding to silica induced injury release proinflammatory cytokines, chemokines, and growth factors (Table 1) that amplify alveolitis and activate fibroblasts (Kawasaki, 2015; Re et al., 2014). The fibrotic response is aided by immunosuppressive Foxp3<sup>+</sup> regulatory T lymphocytes and IL-17-producing Th17 lymphocytes (Re et al., 2014). Interestingly, mechanistic differences in the development of silicosis have been observed to vary between rodent species. Thus, in mice, silica-induced fibrosis is associated with significant increases in profibrotic cytokines including IL-4, IL-13, and IL-10 which stimulate fibroblasts to proliferate and/or produce extracellular matrix proteins. In contrast, in rat lung silicosis is a consequence of a chronic inflammatory response associated with overproduction of TNF $\alpha$  and IL-1, which are both proinflammatory and profibrotic (Kawasaki, 2015).

#### 4.4. Nanoparticles

Nanoparticles (ultrafine particles) range in size from 1 to 100 nm. In addition to being components of particulate air pollution, they are being engineered for broad use in medicine and many other applications. Because of their small size, nanoparticles readily localize in the lower airways and the lung, where, depending on their chemical composition and physical structure, cause acute inflammatory injury that can progress to fibrosis. The severity of the fibrogenic response to nanoparticles is determined by various physicochemical properties including residual metal catalyst content, rigidity, length, aggregation status, and surface charge (Duke and Bonner, 2018).

Multiple studies in rodents using single- or multi-wall nanotubes or metal nanoparticles have demonstrated inflammatory cell driven pulmonary fibrosis (Table 2). These particles damage the epithelial barrier and modulate the alveolar microenvironment resulting in persistent inflammation. Nanoparticle-induced fibrosis involves phagocytosis of nanoparticles, followed by alveolar macrophage activation, and the release of ROS and RNS leading to DNA damage and the production of proinflammatory cytokines (TNF $\alpha$ , IL-1 $\beta$ ), chemokines (CCL3, CCL5, CXCL2), matrix metalloproteinases (MMP-2, MMP-9), and tissue inhibitor of metalloproteinases (TIMP-1 and TIMP-2) (Table 1) which together, cause lung injury and promote inflammation (Duke and Bonner, 2018; Qin et al., 2017). Profibrotic mediators (PDGF and TGF $\beta$ ) released by alveolar macrophages and epithelial cells promote fibroblast activation, proliferation and differentiation, as well as EMT of alveolar epithelial cells leading to increases in lung  $\alpha$ -SMA and fibrosis (Duke and Bonner, 2018). Other experimental models of nanoparticle-induced pulmonary fibrosis have been described (e.g., cerium oxide, nickel oxide) with similar pathogenesis (Table 2).

#### 4.5. Mustard vesicants

Mustard vesicants including sulfur mustard (SM) and nitrogen mustard (NM) have been classified as chemical warfare agents. SM was synthesized in 1860 by Guthrie, who also

observed its vesicating effect on skin (Shakarjian et al., 2010). First used during World War 1, SM has more recently been used during the Iran-Iraq war in 1980s, and in Syrian attacks on insurgents and civilians in 2016 and 2017. The lipophilic nature of SM results in rapid penetration of tissues and cells and reactions with lipids, proteins, and/or nucleic acids leading to acute tissue injury (Malaviya et al., 2015). Pulmonary toxicity of mustards is responsible for most morbidity and mortality in exposed victims; both conducting and respiratory airways are affected as well as the lower lung. Mustard-induced lung injury is progressive and leads to long-term pathologies like chronic obstructive pulmonary disease, asthma, bronchiectasis, and pulmonary fibrosis (Graham and Schoneboom, 2013).

Exposure of rodents to SM or NM causes acute bronchiolar and alveolar epithelial injury, hemorrhage, leukocyte accumulation, bronchiolization of alveolar walls and substantial increases in inflammatory proteins (iNOS, cyclooxygenase-2, TNF $\alpha$ , IL-6, IL-12, MMP-9) in the lung within 3 d of exposure (Malaviya et al., 2020a; Mishra et al., 2012). Subsequently, multifocal lesions characterized by perivascular and peribronchial edema, luminal accumulation of cellular debris, and multiple areas of fibrosis containing collagen fibers develop typically within 3–4 weeks of exposure (Malaviya et al., 2020b; Wigenstam et al., 2009). Mustard-induced injury and fibrosis are associated with a prominent macrophage-dominant inflammatory response. Whereas during the acute injury response, macrophages are mainly proinflammatory, during the chronic phase, enlarged and highly vacuolated anti-inflammatory/profibrotic macrophages are prominent, mainly in clusters in fibrotic foci (Malaviya et al., 2012; Mishra et al., 2012; Venosa et al., 2016). The chronic phase of respiratory injury is characterized by a predominance of profibrotic cytokines including TNF $\alpha$ , TGF $\beta$ , CTGF and PDGF (Table 1) which influence myofibroblast proliferation and collagen deposition (Malaviya et al., 2020b; McGraw et al., 2018; Mishra et al., 2012). This is associated with alterations in lung function and mechanics including increases in tissue elastance and decreases in compliance and static compliance (Malaviya et al., 2020b).

#### 4.6. Ionizing radiation

First utilized as a treatment for breast cancer in early 1900s, radiation therapy (X-rays or gamma rays) is now commonly used to treat a variety of malignancies. The toxic effects of radiation on the lung were first described by Evans and Leucutia in 1925 (Hanania et al., 2019). Since then, despite significant advances in targeting, radiation-induced pulmonary injury and fibrosis remain a major complication. Radiation causes DNA damage and ROS production in lung epithelial cells (Hanania et al., 2019). This is followed by multiple phases of inflammation and aberrant wound repair which culminate in tissue remodeling and fibrosis (Table 2). The first phase, which occurs hours to days after exposure, is characterized by oxidative stress, inflammatory cell accumulation in the lung, and production of proinflammatory mediators including TNF $\alpha$ , IL-1 $\alpha$ , IL-1 $\beta$ , IL-6 and TGF $\beta$  (Table 1). The second phase, radiation pneumonitis, follows within a few days or weeks, and lasts up to 8–16 weeks resulting in diffuse alveolar damage, edema of the interstitium and infiltration of inflammatory cells into the alveoli and alveolar septa (Beach et al., 2020; Rube et al., 2005). Late lung injury is associated with increases in profibrotic mediators (TGF $\beta$ , IL-13, PDGF and CTGF), ECM proteins, scarring within the alveolar septa resulting in widespread fibrotic lung remodeling, and loss of lung function (Abdollahi et al., 2005;

Giuranno et al., 2019; Lee et al., 2015). This late phase of lung injury is also associated with the increases in chemokines (CCL2, CXCL1) and chemokine receptors (CCR2) coordinate with inflammatory cell recruitment and activation (Beach et al., 2020).

## 5. Antifibrotic therapies

Finding appropriate treatment options to prevent the progression of fibrosis or reverse the disease has been challenging. Clinical trials with antioxidants (e.g., N-acetylcysteine), TNF $\alpha$  inhibitors (e.g., etanercept), IFN $\gamma$  or endothelin receptor antagonist (Bosentan) demonstrated no significant improvement in patients with IPF (King et al., 2011). Current therapies with nintedanib, a tyrosine kinase inhibitor or pirfenidone, an anti-inflammatory and antifibrotic agent, have mainly been effective in reducing acute exacerbations and hospitalizations, and in decreasing mortality (Lederer and Martinez, 2018). Nintedanib targets multiple growth factor pathways by modulating events downstream of VEGF, PDGF or FGF receptors, whereas pirfenidone acts by suppressing the release of proinflammatory and profibrotic cytokines including TNF $\alpha$  and TGF $\beta$ , and by inhibiting collagen synthesis. Recently, a biologic with anti-connective tissue growth factor (Lu and El-Hashash, 2019) activity (pamrevlumab) has been reported to slow the decline in forced vital capacity and to attenuate disease progression in IPF patients (Richeldi et al., 2020). Efforts are also focused on stem cell therapy to restore the integrity and function of epithelial, and alveolar cells in patients with fibrosis with some promising results (Lu and El-Hashash, 2019).

## 6. Summary and conclusions

Established animal models of pulmonary fibrosis have been utilized to study the role of immune and inflammatory cells in the pathogenesis of fibrosis and to test the efficacy of antifibrotic therapeutics. Macrophages, neutrophils, T lymphocytes, MDSCs and fibrocytes have been found to play important roles in pulmonary fibrogenesis by inducing oxidative stress and releasing pro-inflammatory cytokines and chemokines during the acute injury phase, whereas during fibrogenesis, they upregulate cytokines and growth factors that participate in aberrant injury and repair, myofibroblast generation and tissue remodeling. However, the process of inflammation initiation, and its progression to fibrosis is complex. It is regulated by an intricate response of multiple cell types, signaling events, changes in the tissue microenvironment and multiple feedback loops. As a consequence, effective antifibrotic therapy will likely require a multidimensional approach capable of not only targeting the activation and response of inflammatory cells but also modulating the tissue microenvironment.

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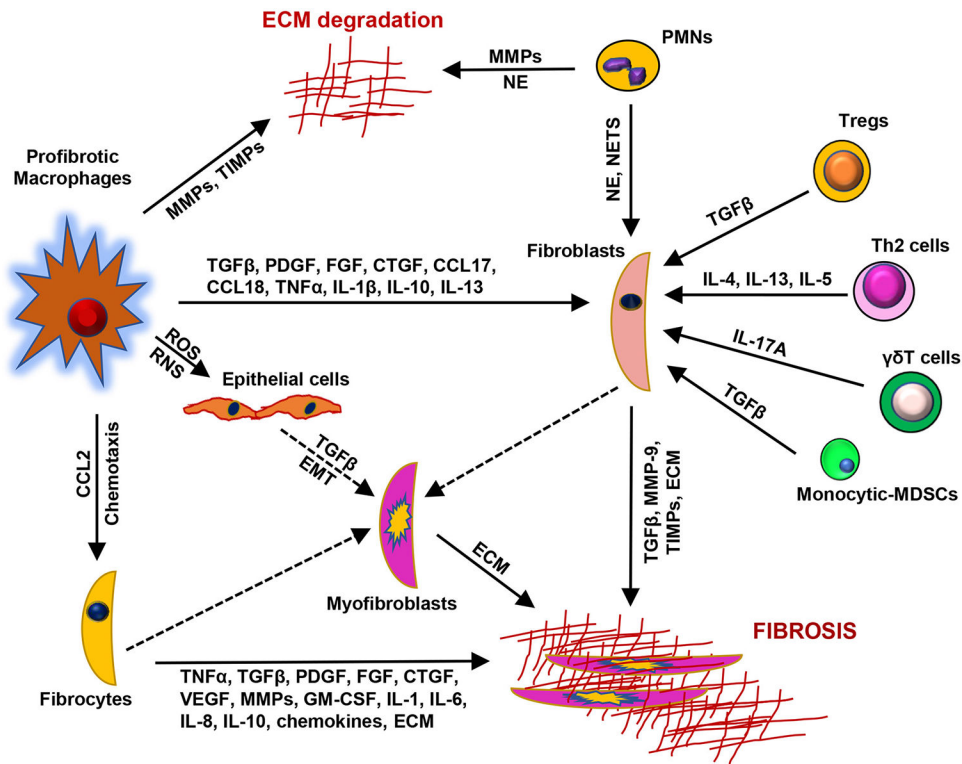
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**Fig. 1.**

Immune cells and mediators in pulmonary fibrosis. Epithelial cell injury initiates a chain of events leading to activation and recruitment of immune cells, epithelial to mesenchymal cell transition (EMT), fibroblasts activation and differentiation into myofibroblasts, and ultimately, abnormal deposition of extracellular matrix (ECM). Macrophages contribute to fibrosis by releasing reactive oxygen and nitrogen species (ROS, RNS), cytokines (e.g.,  $\text{TNF}\alpha$ , IL-1, IL-6, IL-8, IL-13,  $\text{TGF}\beta$ ), chemokines (e.g., CCL2, CCL17, CCL18), and growth factors (e.g., PDGF, CTGF, FGF, GM-CSF). ECM degradation and accumulation are mediated by matrix metalloproteinases (MMPs) and tissue inhibitors of metalloproteinases (TIMPs), neutrophil elastase (NE) and other proteases derived from activated macrophages and neutrophils. NE and neutrophil-derived neutrophil extracellular traps (NETs) contribute to fibrosis by activating fibroblasts.  $\text{TGF}\beta$  is produced by macrophages, epithelial cells, fibroblasts and T cells, and participates in fibrogenesis by inducing fibroblast activation and differentiation. IL-13, produced by Th2 cells and macrophages also upregulates  $\text{TGF}\beta$ .  $\text{TNF}\alpha$  and IL-1 induce production of  $\text{TGF}\beta$ , as well as expression of MMPs, PDGF and GM-CSF which are important in tissue remodeling and fibrogenesis. Macrophage-derived chemokines promote the recruitment of fibrocytes which differentiate into ECM producing myofibroblasts. Fibrocytes also secrete profibrotic growth factors, cytokines, MMP-9, and ECM components which contribute to the progression of fibrosis. T cells modulate fibrogenesis by releasing Type II cytokines and IL-17A whereas monocytic myeloid-derived suppressor cells (MDSCs) regulate immune responses by modulating the activity of T cells in fibrosis. SMA, smooth muscle actin; Th2: T-helper cell type 2; Treg, regulatory T cell, VEGF, vascular endothelial growth factor. Dashed lines represent cell differentiation.

Table 1

## Inflammatory Mediators and Pulmonary Fibrosis.

Inflammatory mediators	Source	Actions	Toxicant	References
OXIDANTS				
ROS/RNS	Macrophages, Neutrophils, Eosinophils Epithelial cells, Myofibroblasts	Epithelial damage, production of MMP, TGF $\beta$ , and ECM	Bleomycin, Silica, Asbestos, Nanoparticles, Radiation, Mustard vesicants	Anscher et al., 2008; Bai et al., 2018; Castranova et al., 2002; Cheresh et al., 2013; Duke and Bonner, 2018; Kamp, 2009; Kawasaki, 2015; Liu et al., 2013; Malaviya et al., 2012; Murthy et al., 2015; Shukla et al., 2003; Shvedova et al., 2008; Williamson et al., 2015
PROTEASES/INHIBITORS				
MMP-2, MMP-9, MMP-10, MMP-12, MMP-13	Epithelial cells, Neutrophils, Macrophages, Endothelial cells, Fibroblasts, Fibrocytes	ECM degradation, inflammation, aberrant epithelial repair, EMT	Bleomycin, Asbestos, Nanoparticles, Radiation, Mustard vesicants	Jin et al., 2019; Kolahian et al., 2016; Ma et al., 2012; Malaviya et al., 2010; Qin et al., 2017; Shukla et al., 2007; Venosa et al., 2016; Williamson et al., 2015; Yang et al., 2007; Zuo et al., 2017
TIMP-1, TIMP-2	Macrophages, Fibroblasts, Myofibroblasts	ECM degradation, lung remodeling	Bleomycin, Silica, Nanoparticles	Dong and Ma, 2017; Jin et al., 2014; Ma et al., 2012; Qin et al., 2017; Wollin et al., 2014; Zuo et al., 2017
CYTOKINES				
TNF $\alpha$	Macrophages, Lymphocytes, Epithelial cells, Endothelial cells	Production of TGF $\beta$ , IL-1, IL-6, CXCL8, CCL2, PDGF, GM-CSF, and ECM, fibroblast proliferation, myofibroblast differentiation	Bleomycin, Silica, Asbestos, Nanoparticles, Radiation, Mustard vesicants	Bai et al., 2018; Barbarin et al., 2005a; Castranova et al., 2002; Dong and Ma, 2017; Dong et al., 2015; Duke and Bonner, 2018; Hou et al., 2018; Jiang et al., 2015; Kawasaki, 2015; Lakatos et al., 2006; Malaviya et al., 2015; Mishra et al., 2012; Murthy et al., 2015; Qin et al., 2017; Shvedova et al., 2008; Sugimoto et al., 2019; Williamson et al., 2015; Wollin et al., 2014
IL-1	Macrophages, Epithelial cells	Inflammation, fibroblast proliferation, production of IL-6, TNF $\alpha$ , TGF $\beta$ , PDGF, and ECM	Bleomycin, Silica, Asbestos, Nanoparticles, Radiation, Mustard vesicants	Castranova et al., 2002; Chaudhary et al., 2006; Dong et al., 2015; Duke and Bonner, 2018; Haegens et al., 2007; Hoshino et al., 2009; Jiang et al., 2015; Jin et al., 2019; Kolahian et al., 2016; Mishra et al., 2012; Murthy et al., 2015; Nikota et al., 2017; Qin et al., 2017; Re et al., 2014; Shukla et al., 2007; Sugimoto et al., 2019; van den Brule et al., 2014; Wigenstam et al., 2009; Williamson et al., 2015; Wilson et al., 2010; Wollin et al., 2014
IL-6	Macrophages, Monocytes, T cells	Inflammation	Bleomycin, Silica, Asbestos, Nanoparticles, Radiation, Mustard vesicants	Bai et al., 2018; Chaudhary et al., 2006; Dong et al., 2015; Duke and Bonner, 2018; Haegens et al., 2007; Jin et al., 2019; Mishra et al., 2012; Nikota et al., 2017; Shukla et al., 2007; Shvedova et al., 2008; Sugimoto et al., 2019; van den Brule et al., 2014; Wigenstam et al., 2009; Wollin et al., 2014
IL-13	Epithelial cells, Macrophages, Endothelial cells, T cells	Profibrotic macrophage activation, ECM production	Bleomycin, Silica, Asbestos, Radiation, Mustard vesicants	Chung et al., 2016; Ferreira et al., 2013; Jin et al., 2019; Kolahian et al., 2016; Liu et al., 2004; Lumsden et al., 2015; Shukla et al., 2007; Weinberger et al., 2016; Zhao et al., 2018
IL-17A	T cells, Macrophages, Neutrophils	EMT, production of ECM	Bleomycin, Silica, Mustard vesicants	Chen et al., 2014; Kolahian et al., 2016; Mi et al., 2011; Mishra et al., 2012; Re et al., 2014; Wilson et al., 2010



Inflammatory mediators	Source	Actions	Toxicant	References
GROWTH FACTORS				
TGFβ	Macrophages, Epithelial cells, Endothelial cells, Myofibroblasts	Monocyte, and fibroblast recruitment, and activation, myofibroblast differentiation, EMT, production of ROS, and ECM	Bleomycin, Silica, Asbestos, Nanoparticles, Radiation, Mustard vesicants	Anscher et al., 2008; Chaudhary et al., 2006; Dong and Ma, 2017; Dong et al., 2015; Duke and Bonner, 2018; Jiang et al., 2015; Kolahian et al., 2016; Lakatos et al., 2006; Ma et al., 2017; Ma et al., 2012; McGraw et al., 2018; Mishra et al., 2012; Murthy et al., 2015; Nikota et al., 2017; Qin et al., 2017; Re et al., 2014; Shvedova et al., 2008; Sugimoto et al., 2019
PDGF	Macrophages, Fibroblasts, Epithelial cells, Endothelial cells	Myofibroblast, and fibroblast proliferation	Bleomycin, Silica, Asbestos, Nanoparticles, Radiation, Mustard vesicants	Abdollahi et al., 2005; Dong et al., 2015; Duke and Bonner, 2018; Kolahian et al., 2016; Li et al., 2006; Liu and Brody, 2001; McGraw et al., 2018; Re et al., 2014; Wollin et al., 2015
CTGF	Macrophages, Myofibroblasts	Myofibroblast proliferation, and activation	Bleomycin, Radiation, Mustard vesicants	Bickelhaupt et al., 2017; Jiang et al., 2015; Lipson et al., 2012; Mishra et al., 2012; Venosa et al., 2016; Williamson et al., 2015
CHEMOKINES				
CCL2, CCL3, CCL4, CCL5, CCL17, CCL22	Macrophages, Epithelial cells, Lymphocytes, Fibroblasts, Endothelial cells	Monocyte, lymphocyte, and fibroblast recruitment, myofibroblast differentiation, angiogenesis, ECM production	Bleomycin, Silica, Asbestos, Nanoparticles, Radiation, Mustard vesicants	Baran et al., 2007; Belperio et al., 2004; Dymacek et al., 2018; Haegens et al., 2007; Inoue et al., 2004; Mishra et al., 2012; Mukherjee et al., 2018; Nikota et al., 2017; Shukla et al., 2007; Sugimoto et al., 2019; Venosa et al., 2016; Williamson et al., 2015
CXCL1, CXCL2, CXCL6, CXCL12, CX3CL1	Monocytes, Macrophages, Epithelial cells, Fibroblasts	Neutrophil, and fibrocyte recruitment, fibroblast production of CTGF, angiogenesis	Bleomycin, Silica, Nanoparticles, Mustard vesicants	Besnard et al., 2013; Kawasaki, 2015; Lakatos et al., 2006; Mishra et al., 2012; Morimoto et al., 2013; Nikota et al., 2017; Phillips et al., 2004; Shukla et al., 2007; Sugimoto et al., 2019; Venosa et al., 2016; Wollin et al., 2014

Abbreviations: CCL, C-C chemokine ligand; CXCL, C-X-C chemokine ligand; CTGF, connective tissue growth factor; ECM, extracellular matrix; EMT, epithelial mesenchymal transition; GM-CSF, granulocyte-macrophage colony stimulating factor; IL, interleukin; MMP, matrix metalloproteinase; PDGF, platelet-derived growth factor; ROS, reactive oxygen species; SMA, smooth muscle actin; TGF, tumor growth factor; TIMP, tissue inhibitors of metalloproteinases; TNF, tumor necrosis factor.

Table 2

## Toxicant-induced Pulmonary Fibrosis in Rodents.

Toxicant	Animal	Dose and Route	Frequency (x)	Time to fibrosis	References
<b>BLEOMYCIN</b>					
	Mouse, Rat	1–5 mg/kg (IT)	1×	2–4 wk	Chaudhary et al., 2006; Della Latta et al., 2015; Gendron et al., 2017; Tanaka et al., 2017
	Mouse	0.04–5 mg/kg (IT)	2× (day 0 and day 8), or 2×/wk., 8 doses	2–3 wk	Degryse et al., 2010; Lin et al., 2017
	Mouse	3 mg/kg (IN)	1×	2–3 wk	Wollin et al., 2014
	Mouse	100–150 mg/kg (IV)	1×–4× (day 0–21)	4 wk	Azuma et al., 2005; Hoshino et al., 2009
	Mouse, Rat	15–100 mg/kg (IP)	1×–12× (day 0–28)	4 wk	El-Medany et al., 2005; Hoshino et al., 2009
	Mouse, Rat	100–150 mg/kg (SQ)	1–4 wk. (continuous infusion)	2–5 wk	Aono et al., 2012; Inomata et al., 2014; Kotani et al., 2017; Liang et al., 2015
<b>ASBESTOS</b>					
	Mouse, Rat	Aerosolized 0.6–10 mg/m <sup>3</sup> (INH)	5–6 h/day, 5 day/wk., 3, 9, 28 or 40 days	2–8 wk	Bernstein et al., 2018; Haegens et al., 2007; Shukla et al., 2007
	Mouse	5 mg/kg (IT)	1×	3 wk	Murthy et al., 2015
	Mouse, Rat	5–8 mg/kg (IT)	1× or 2× (2 min apart)	3–8 wk	Jablonski et al., 2017; van den Brule et al., 2014
	Mouse	6 mg/kg (OP)	1×	4–52 wk	Dymacek et al., 2018; Snyder-Talkington et al., 2016
	Rat	Aerosolized 0.6–1.73 mg/m <sup>3</sup> (INH)	6 h/day, 5 day/wk., 4 wk	2 wk	Bernstein et al., 2018
<b>SILICA</b>					
	Mouse, Rat	15–400 mg/kg (IT)	1×	1–9 wk	Barbarin et al., 2005a; Lakatos et al., 2006; Li et al., 2017
	Mouse	125–800 mg/kg (IN)	1×	4–24 wk	Sugimoto et al., 2019; Wollin et al., 2014
	Mouse	100–125 mg/kg (OP)	1×	3–8 wk	Lakatos et al., 2006; Re et al., 2014
	Rat	15 mg/m <sup>3</sup> (INH)	6 h/day, 5 day/wk., 1–17 wk	6–17 wk	Castranova et al., 2002
<b>IONIZING RADIATION</b>					
	Mouse, Rat	15–28 Gy (thorax/hemithorax)	1×	1–30 wk	Anscher et al., 2008; Beach et al., 2020; Bickelhaupt et al., 2017; Jiang et al., 2015; Wang et al., 2017
<b>NANOPARTICLES</b>					
	Mouse	0.2–1.0 mg/kg (OP)	1×	4 wk	Shvedova et al., 2008
	Mouse	5 mg/m <sup>3</sup> (INH)	4× (5 h/day, 4 days)	1 d–4 wk	Shvedova et al., 2008
	Rat	2 mg/kg (IV)	1×/day (1–90 days)	4–17 wk	Qin et al., 2017
	Mouse	0.2–4.0 mg/kg (OP)	1×	1 d–52 wk	Dong et al., 2015; Shvedova et al., 2008; Dymacek et al., 2018; Snyder-Talkington et al., 2016

Toxicant	Animal	Dose and Route	Frequency (x)	Time to fibrosis	References
MWCNT	Mouse	8.0–10.0 mg/kg (IT)	1×	4 wk	Bai et al., 2018; Ma et al., 2017; Nikota et al., 2017; van den Brule et al., 2014
NiO	Mouse	0.5–5.0 mg/kg (IT)	1×	4 wk	Bai et al., 2018
CeO <sub>2</sub>	Rat	0.2–7.0 mg/kg (IT)	1×	1 d–4 wk	Ma et al., 2017
MUSTARD VESICANTS					
NM	Mouse, Rat	0.1–1.2 mg/kg (IT)	1×	4–13 wk	Ekstrand-Hammarstrom et al., 2011; Gustafsson et al., 2014; Malaviya et al., 2015; Malaviya et al., 2012; Sumil et al., 2020; Wigenstam et al., 2009
SM	Rat	150 mg/m <sup>3</sup> , 10 min; 0.4–1 mg/kg (INH)	1×	2–6 wk	Malaviya et al., 2020a; McGraw et al., 2018; Mishra et al., 2012

Abbreviations: CeO<sub>2</sub>, Cerium oxide; IN, intranasal; INH, inhalation; IP, intraperitoneal; IT, intratracheal; IV, intravenous; MWCNT, multi wall carbon nanotubes; NiO, nickel oxide; NM, nitrogen mustard; OP, oropharyngeal aspiration; SWCNT, single wall carbon nanotubes; SM, sulfur mustard; SQ, subcutaneous.