

Escherichia coli-Derived Outer Membrane Vesicles Relay Inflammatory Responses to Macrophage-Derived Exosomes

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ABSTRACT Extracellular vesicles are considered to be an inflammatory factor in several acute and chronic inflammatory diseases. The present study shows that exosomes from macrophages (M φ) infected with live *Escherichia coli* induced secretion of proinflammatory factors by uninfected $M\varphi$. Inflammatory responses induced by exosomes derived from $M\varphi$ infected with heat-inactivated E. coli or lipopolysaccharide were significantly weaker than those elicited by outer membrane vesicles (OMVs) released from live E. coli. Proteome analysis of exosomes from $M\varphi$ infected with live or heat-inactivated E. coli revealed that E. coli proteins OmpA, GroL1, DegP, CirA, and FepA are candidate triggers of exosome-mediated inflammatory responses. OMVs from a cirA-deleted strain suppressed exosome-mediated inflammatory responses by uninfected $M\varphi$. The C terminus of the CirA protein (residues 158 to 633), which was relayed from E. coli-derived OMV to $M\varphi$ -derived exosomes, promoted exosome-mediated inflammatory responses by uninfected $M\varphi$. These results suggest an alternative mechanism by which extracellular vesicles from E. coli OMV-elicited M φ transmit proinflammatory responses to uninfected M φ .

IMPORTANCE Recently, extracellular membrane vesicles (EVs) were regarded as drivers that carry cargo such as proteins, lipids, metabolites, RNA, and DNA for intracellular signaling transduction. Mammalian cells release various types of EVs, including microvesicles shed from the plasma membrane, exosomes from endosomes, apoptotic bodies, and others. EVs have been reported to mediate inflammatory signals between mammalian cells. In addition, bacteria are also known to release EVs to carry various bacterial factors. In this study, we show that bacterial EVs lead host mammalian cells to release stimulatory EVs that enhance inflammatory responses. Our results provide a novel example that bacterial EVs transduce biological signals to mammalian EVs.

KEYWORDS extracellular vesicles, exosomes, inflammation, macrophages, outer membrane protein

Escherichia coli, Streptococcus pneumoniae, and Staphylococcus aureus are the most common causative microorganisms of community-acquired cases of adult sepsis ([1](#page-17-0), [2\)](#page-17-1). Sepsis, one of the most serious infections of all, represents a syndrome defined as life-threatening organ dysfunction. Therefore, antimicrobial therapy is important. However, the causative organism is not identified in many cases, and blood cultures may be negative for bacteria ([2](#page-17-1)). Lipopolysaccharide (LPS), an endotoxin derived from **Editor** Carolyn B. Coyne, Duke University School of Medicine

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the outer membrane of Gram-negative bacteria, is one of the primary drivers of sepsis in the absence of live bacteria and has been investigated as one of the triggers of lethal shock [\(3](#page-17-2)). LPS triggers production of proinflammatory factors such as tumor necrosis factor alpha (TNF- α), interleukin 1 beta (IL-1 β), and IL-6 by immune cells ([4](#page-17-3)). These cytokines, which mediate the initial response of the innate immune system to injury or infection, are produced primarily by macrophages (M φ). M φ are the first line of defense against bacteria and release cellular signaling molecules and various proinflammatory cytokines and inflammatory mediators, including nitric oxide (NO) and cyclooxygenase-2 (COX-2) ([5\)](#page-17-4). Moreover, extracellular vesicles (EVs) released by $M\varphi$ play a clear role as inflammatory mediators. Exosomes, EVs derived from the endolysosomal pathway in mammalian cells, have a unique lipid and protein makeup [\(5](#page-17-4), [6\)](#page-17-5). Moreover, several cytokines, including TNF- α ([7\)](#page-17-6) and IL-18 [\(8](#page-17-7)), were reported to be contained within exosomes. M φ -derived exosomes induce production of inflammatory factors by endothelial cells by decreasing the level of microRNA contained within exosomes ([9\)](#page-17-8). Therefore, exosomes are novel intercellular proinflammatory factors ([10](#page-17-9)). However, the role of exosomes transmitted from infected donor M φ to uninfected recipient M φ is unknown. Bacteria also release EVs. EVs of Gram-negative bacteria are specifically called outer membrane vesicles (OMVs) ([11](#page-17-10)). OMVs have a role in pathophysiological functions in both bacterium-bacterium and bacterium-host interactions. OMVs harbor LPS together with proteins, lipids, and virulence factors, suggesting that OMVs mediate the cytosolic localization of LPS on host cells [\(12\)](#page-17-11). OMVs produced by Helicobacter pylori, Neisseria gonorrhoea, and Pseudomonas aeruginosa enter host epithelial cells and subsequently detect the NOD1 receptor, resulting in immune responses ([13](#page-17-12)). All of the OMVs derived from Treponema denticola, Tannerella forthia, and Porphyromonas gingivalis were reported to increase TNF- α , IL-8, and IL-1 β cytokine secretion [\(14\)](#page-17-13). However, the mechanism by which bacterial OMVs elicit inflammatory responses in host cells has yet to be fully understood. In the present study, we considered the possibility that bacterial OMVs influence the ability of host cells to initiate or expand inflammation during bacterial infections, and we focused on $M\varphi$ -derived exosomes that trigger inflammatory responses in uninfected $M\varphi$ during infection with nonpathogenic *E. coli* or treated with E. coli-derived OMVs. Furthermore, we identified a key E. coli protein in exosomes that triggers the inflammatory responses.

RESULTS

Exosomes derived from live E. coli treated-M φ promote inflammatory responses by naive M φ . First, we examined whether exosomes derived from M φ infected with E. coli induce expression of inflammatory mediators. Mouse RAW264.7 M φ were infected for 9 or 18 h with live or heat-inactivated E. coli (DH5 α strain) at a multiplicity of infection (MOI) of 5. Both live and heat-inactivated E. coli led to a strong increase in expression of inducible NO synthase (iNOS) and COX-2 proteins; however, expression of these proteins did not increase in noninfection [\(Fig. 1a](#page-2-0)). Expression of mRNA-encoding iNos and Cox-2 also increased in $M\varphi$ infected with live and heat-inactivated E. coli, but not in uninfected $M\varphi$ ([Fig. 1b\)](#page-2-0). Next, we isolated exosomes from cell culture media by ultracentrifugation. The amount of protein in exosomes from cells infected with live or heat-inactivated E. coli (live-exo or HI-exo) for 18 h was 2.26-fold or 2.40-fold higher than that in exosomes from uninfected cells (none-exo) [\(Fig. 1c\)](#page-2-0). Expression of integrin β 1, heat shock protein 90 (HSP90), and glyceraldehyde-3-phosphate dehydrogenase (GAPDH), all of which are exosome marker proteins, was similar in all three exosomes (i.e., live-exo, HI-exo, and none-exo) ([Fig. 1d](#page-2-0)). In addition, live-exo showed high expression of CD63 and CD9. Next, the particle size of each of these exosomes was analyzed using NanoSight. The diameter of live-exo (135.8 \pm 55.6 nm) was a little larger than that of HI-exo (113.6 \pm 41.5 nm) and none-exo (112.4 \pm 58.0 nm) [\(Fig. 1e\)](#page-2-0). When RAW264.7 M φ were used as recipient cells, the live-exo from M φ infected with live E. coli for 9 or 18 h showed a marked increase in expression of iNOS and COX-2 [\(Fig. 1f\)](#page-2-0). In addition, live-exo increased expression of mRNA encoding iNos (9 h, 168-fold; 18 h,

FIG 1 Increase in the proinflammatory mediators by exosomes from macrophages that were infected with live E. coli. After mouse RAW264.7 macrophages (M φ) were infected for 9 or 18 h with live (L) or heat-inactivated (HI) E. coli K-12 strain (EC) at a multiplicity of infection (MOI) of 5, the exosomes (none-exo, live-exo, and HI-exo) were prepared from their culture media of cells. (a) The protein expression of inducible nitric oxide synthase (iNOS) and cyclooxygenase-2 (COX-2) in whole-cell lysates was measured by Western blotting. β -Actin was used as loading control. (b) The mRNA levels of iNos and Cox-2 in bacteria-infected cells were analyzed by quantitative real-time PCR and normalized to 18S rRNA. Values are expressed as the mean \pm SD (n = 4) of at least three independent biological replicates. (c to e) Exosomes (live-exo or HI-exo) from donor M φ , which were infected with live or HI E. coli for 9 or 18 h, were isolated by ultracentrifugation. Exosomes (none-exo) from uninfected M φ were collected as control. (c) The amounts of exosomes were measured by protein concentration. (d) The expression of exosome markers, including integrin β 1, heat shock protein 90 (HSP90), CD63, glyceraldehyde-3-phosphate dehydrogenase (GAPDH), and CD9 in exosomes from donor M φ , which were infected with live or HI E. coli for 18 h, were detected by Western blotting. (e) Particle size of exosomes derived from donor M φ , which were infected with live or HI E. coli for 18 h, was analyzed by NanoSight. Values are expressed as the mean \pm SD. (f, g) RAW 264.7 cells (recipient cells; 5 \times 10⁵ cells) were incubated with exosomes from donor cells (1 \times 10⁶ cells). (f) After incubation for 24 h, the expression of iNOS and COX-2 in whole-cell lysates was measured by Western blotting. β -Actin was used as loading control. (g) After incubation with each exosome for 24 h, the mRNA levels of iNos and Cox-2 were analyzed by quantitative real-time PCR and normalized to 18S rRNA. Values are expressed as the mean \pm SD (n = 3 to 4) of at least three independent biological replicates. One-way ANOVA and Tukey's test were used for statistical analysis; *, $P < 0.05$; **, $P < 0.01$; *** $P < 0.005$; ****, $P < 0.001$; ns, not significant.

53-fold) and Cox-2 (9 h, 471-fold; 18 h, 65-fold) significantly compared with exosomes from untreated $M\varphi$ ([Fig. 1g\)](#page-2-0). In contrast, none-exo and HI-exo failed to increase expression of iNOS and COX-2 protein and mRNA in recipient $M\varphi$. These data show that expression of inflammatory mediators by uninfected $M\varphi$ was increased by exposure to exosomes from donor $M\varphi$ infected with live *E. coli*, but not those infected by heat-inactivated E. coli.

E. coli-derived OMVs promote exosome-mediated inflammatory responses. Next, we focused on OMVs released by live E. coli rather than the bacteria themselves; this is because we did not prepare OMVs from heat-inactivated E. coli. To examine whether OMVs from live E. coli trigger inflammatory responses by recipient $M\varphi$ via donor $M\varphi$ -derived exosomes, we prepared OMV pellets from E. coli culture media by ultracentrifugation at 100,000 \times g ([Fig. 2a](#page-4-0)). The amount of OMVs (as protein contents) in live E. coli cultured for 3 to 24 h peaked at 12 h [\(Fig. 2b](#page-4-0)). Expression of OmpA, a marker of OMVs, was also highest in OMVs from E. coli cultured for 12 h [\(Fig. 2c](#page-4-0)). Transmission electron microscopy (TEM) showed that OMVs were about 100 nm in diameter [\(Fig. 2d](#page-4-0)). The amount of OMVs and OmpA decreased in a time-dependent manner after 12 h; therefore, we prepared OMVs from E. coli cultured for 12 h. After incubation of donor M φ with E. coli culture medium (med) for 9 h, the supernatant (sup), or the pellet (OMVs) (the latter two were obtained from E. coli culture media by ultracentrifugation at 100,000 \times g), the M φ medium was exchanged with fresh medium. Exosomes were then collected again from $M\varphi$ culture medium after 9 h. We found that expression of iNOS and COX-2 proteins by donor M φ treated with med, sup, or the OMV pellet was higher than that by untreated M φ ([Fig. 2e\)](#page-4-0). In recipient M φ , expression of iNOS and COX-2 increased markedly after exposure to exosomes from $M\varphi$ treated with the med (relative intensity of iNOS, 1.0, and COX-2, 1.0) and OMVs (iNOS, 2.27; COX-2, 1.59), but not by exosomes from $M\varphi$ treated with sup (iNOS, 0; COX-2, 0.04) [\(Fig. 2f](#page-4-0)). These results suggest that OMVs derived from live E. coli increase the exosome-mediated inflammatory responses by uninfected $M\varphi$. Next, we confirmed the relationship between OMV concentration and exosome-mediated inflammatory responses. In donor $M\varphi$, the levels of iNOS and COX-2 proteins in M φ (8 \times 10⁶ cells) treated with a low concentration of OMVs (0.5 μ g/7 mL) were the same as in $M\varphi$ (8 \times 10⁶ cells) treated with a large concentration of OMVs (25 μ g/7 mL) (see Fig. S1a in the supplemental material). In contrast, exosomes from $M\varphi$ treated with a high concentration of OMVs (5, 10, or 25 μ g/7 mL) showed increased levels of iNOS and COX-2 proteins, while exosomes from $M\varphi$ treated with a low concentration of OMVs (0.5 or 1.0 μ g/ 7 mL) did not (Fig. S1b). These results indicate that there is a threshold concentration of OMVs that triggers exosome-mediated inflammatory responses. Next, we examined whether LPS promoted exosome-mediated inflammatory responses; this is because OMVs derived from the outer membrane of E. coli contain a large amount of LPS [\(12](#page-17-11)). LPS increased expression of iNOS and COX-2 proteins by donor M φ , whereas exosomes from M φ treated with LPS did not increase protein expression by naive M φ (Fig. S2a and b). LPS increased expression of iNOS and COX-2 in a dose-dependent manner; the data suggest that LPS at a dose of >1 ng/ mL in culture medium is required to increase expression of inflammatory mediators (Fig. S2c). In contrast, when we measured the concentration of LPS in exosomes from $M\varphi$ treated with live E. coli, it was 0.0025 \pm 0.0001 ng/mL of culture medium (Fig. S2d). We examined the levels of expression of inflammatory mediators by using Δ LPS-OMVs derived from E. coli (ClearColi), which deleted the two secondary acyl chains of the normally hexa-acylated LPS, in recipient cells. Δ LPS-OMVs increased the expression of iNOS and COX-2 proteins by donor M φ (Fig. S2f). Exosomes from M φ treated with Δ LPS-OMVs also increased the mRNA levels of inflammatory mediators by naive $M\varphi$. These results suggest that exosome-mediated inflammatory responses are triggered by molecules other than LPS.

Furthermore, we examined whether exosomes from mouse bone marrow-derived macrophages (BMDMs) treated with E. coli-derived OMVs enhanced inflammatory responses. E. coli-derived OMVs increased the expression of iNOS and COX-2 proteins by donor $M\varphi$ of BMDM (Fig. S3a). Mouse BMDM-derived exosomes increased the mRNA levels of inflammatory mediators by naive BMDM (Fig. S3c).

Proteins contained within exosomes promote inflammatory responses. To examine the components within exosomes that increase expression of inflammatory mediators,

FIG 2 Characterization of E. coli-derived outer membrane vesicles (OMVs). (a) OMVs from the culture medium of E. coli K-12 strain during 24 h were isolated by ultracentrifugation. (b) The growth of E. coli was assessed by measuring at a wavelength of 600 nm (OD_{600}) and is shown by the line graph. (Continued on next page)

exosomes from $M\varphi$ infected with live E. coli were treated with proteinase K, DNase, or RNase in the presence or absence of Triton X-100. Live-exo treated with proteinase K in the presence or absence of Triton X-100 failed to increase expression of iNOS protein and mRNA significantly [\(Fig. 3a](#page-6-0) and [b\)](#page-6-0). However, exosome-mediated increases in expression of COX-2 protein and mRNA were inhibited by proteinase K in the presence of Triton X-100. In contrast, DNase and RNase did not suppress the exosome-mediated increase in expression of iNos and Cox-2 mRNA [\(Fig. 3a](#page-6-0)). These results show that the proteins contained within exosomes are an important factor that triggers exosome-mediated inflammatory responses. Therefore, we used MS analysis to examine proteins contained in three exosomes (none-exo, live-exo, and HI-exo) from $M\varphi$ infected with or without live or heat-inactivated E. coli. E. coli proteins and/or mouse $M\varphi$ proteins were detected in all three exosomes. Data shown earlier demonstrated that increased exosome-mediated inflammatory responses in recipient M φ were dependent on the concentration of OMVs in donor M φ (Fig. S1); therefore, we focused on proteins expressed by E . coli. Sixty-six E . coli proteins were detected from live-exo. Among these, only three proteins were also found in HI-exo [\(Fig. 3c;](#page-6-0) [Table 1\)](#page-7-0). OmpA, GroL1, DegP, CirA, and FepA proteins were identified as candidate triggers of exosome-mediated inflammatory responses because large numbers of their peptide fragments were detected by mass spectrometry (MS). Aldehyde-alcohol dehydrogenase (ADHE) was the most abundant peptide fragment detected in all E. coli proteins from live-exo; however, ADHE was removed as a candidate because mouse ADHE was contained in all three exosomes from $M\varphi$.

Single gene-deleted E. coli suppresses exosome-mediated inflammatory responses. To determine which factors are important for triggering exosome-mediated inflammatory responses, we next examined whether OMVs from single gene-deleted E. coli strains (i.e., Δ ompA, Δ fepA, Δ cirA, and Δ degP) obtained from the Keio library triggered exosome-mediated inflammatory responses. Since groE1 is a lethal gene, we did not examine it in this study. Moreover, strain Δ ompC was used as a negative control because OmpC is an abundant protein in OMVs. Density gradient ultracentrifugation was used to confirm expression of the OmpA, FepA, CirA, DegP, and OmpC proteins in OMVs. All proteins were most abundant in fraction 9 (Fig. S4a). The density on fraction 9 (1.16 g/mL) was lower than that reported for OMVs (1.2 g/mL) ([15](#page-17-14), [16\)](#page-17-15) (Fig. S4b). Next, OMVs from each single gene-deleted E. coli strain were prepared by centrifugation. OMVs derived from the Δ ompA, Δ fepA, Δ cirA, Δ degP, and Δ ompC strains contained five proteins (Fig. S4c). The increased expression of iNOS and COX-2 proteins by donor M φ exposed to OMVs was the same for the wild-type (WT) strain and the five single gene-deleted strains [\(Fig. 4a\)](#page-8-0). In recipient $M\varphi$, expression of iNOS and COX-2 proteins increased in the presence of exosomes from $M\varphi$ treated with OMVs from the ΔompA, ΔompC, ΔfepA, and ΔdeqP strains ((ΔompA-exo, ΔompC-exo, ΔfepA-exo, and Δ degP-exo, respectively) ([Fig. 4b\)](#page-8-0)). In contrast, expression of COX-2 protein by exosomes from M φ -treated OMVs from the Δ cirA strain (Δ cirA-exo) decreased 0.51-fold in comparison with treatment by OMVs from the WT strain (WT-exo). Expression of iNOS by Δ cirA-exo decreased 0.52-fold compared with that by OMVs from the WT strain, albeit not significantly. Similar to protein levels, the increase in expression of iNos and

FIG 2 Legend (Continued)

The number of OMV proteins is shown in the bar graph $(n = 1)$. The experiment was repeated with at least three independent biological replicates. (c) OMVs from 1.2 mL of culture medium were prepared by ultracentrifugation. The protein expression of OmpA, an OMV marker, was detected by Western blotting. (d) OMVs were visualized with a transmission electron microscope. (e) After RAW264.7 cells were incubated with or without Ec-med, Ec-sup, or OMVs for 9 h, cells were incubated with fresh medium for 1 h. After we changed fresh medium again, cells were incubated for 9 h. The protein expression of inducible nitric oxide synthase (iNOS) and cyclooxygenase-2 (COX-2) in whole-cell lysates was measured by Western blotting. β -Actin was used as loading control. (f) After RAW264.7 cells (recipient cells; 5×10^5 cells) were incubated with each exosome from donor cells (5×10^5 cells) for 24 h, the protein expression of iNOS and COX-2 in whole-cell lysates was measured by Western blotting. β -Actin was used as loading control. The protein levels of iNOS, COX-2, and β -actin were quantitatively analyzed by using CS Analyzer 3.0 as image analysis software. Relative intensity was expressed as the mean \pm SD (n = 3) of at least three independent biological replicates. One-way ANOVA and Tukey's test were used for statistical analysis; *, $P < 0.05$; ***, $P < 0.005$; ****, $P < 0.001$.

FIG 3 E. coli proteins in exosomes were candidates as important factors in inflammatory responses. (a, b) Exosomes from live E. coli-infected macrophages (M φ) were treated with proteinase K (150 μ g/ mL), DNase (100 μ g/mL), or RNase (100 μ g/mL) in the presence or absence of 0.01% Triton X-100. Mouse RAW264.7 M φ was incubated with each exosome (0.1 μ g/mL). (a) After incubation of cells for 24 h, the mRNA levels of inducible nitric oxide synthase (iNos) and cyclooxygenase-2 (Cox-2) were analyzed by quantitative real-time PCR and normalized to 18S rRNA. Values are expressed as the mean \pm SD (n = 4) of at least three independent biological replicates. One-way ANOVA and Tukey's test were used for statistical analysis; **, $P < 0.01$; ***, $P < 0.005$; ****, $P < 0.001$. (b) After incubation of cells for 24 h, the protein expressions of iNOS and COX-2 were measured by Western blotting. β -Actin was used as loading control. (c) Exosomes (none-exo, live-exo, or HI-exo) from M φ uninfected or infected with live or heat-inactive (HI) E. coli were analyzed by mass spectrometry. Venn diagrams show the number of identified proteins.

Cox-2 mRNA decreased 0.56-fold and 0.32-fold, respectively, in recipient $M\varphi$ exposed to Δ cirA-exo compared to WT-exo ([Fig. 4c](#page-8-0)). The increase in iNOS and COX-2 protein and mRNA in recipient M φ treated with OMVs from the Δ ompC strain was significantly higher than after treatment with OMVs from the WT strain (iNOS protein, 11.2-fold; iNos mRNA, 206-fold; COX-2 protein, 3.3-fold; and cox-2 mRNA, 370-fold). In addition, expression of TNF- α and IL-1 β was decreased by Δ cirA-exo to a greater extent than by WT-exo (Fig. S5). These results suggest that the cirA-deleted strain suppressed exosome-mediated inflammatory responses.

Complementation of the cirA gene promotes exosome-mediated inflammatory responses. Next, we examined whether WT-exo contained the CirA protein. WT-exo, but not none-exo, contained the CirA protein together with exosome marker proteins HSP90, CD63, and GAPDH ([Fig. 5a\)](#page-9-0). To confirm that CirA is a key factor in exosomemediated inflammatory responses, a pTV-cirA vector expressing CirA protein, or a pTV-118N empty vector was transformed into the E. coli Δ cirA strain. In bacterial cells and OMVs, the protein levels of CirA in the cirA gene-complementary strain (Δ cirA/cirA) were the same as those in the WT strain [\(Fig. 5b\)](#page-9-0). The increase in iNOS and COX-2 proteins in donor $M\varphi$ treated by OMVs was the same after exposure to the WT, Δ cirA

(Continued on next page)

TABLE 1 (Continued)

^aLive-exo (Live), HI-exo (HI), and none-exo (None) (n = 2) were analyzed by mass spectrometry. The number represent total spectrum count. The proteins reported to be present in OMVs (ref. [15](#page-17-14)) were indicated by $4 + 7$ in [TABLE 1](#page-7-0).

strain, and Δ cirA/pTV and Δ cirA/cirA strains [\(Fig. 5c](#page-9-0)). However, in recipient M φ , the increase in iNOS and COX-2 mediated by Δ cirA/cirA-exo was the same as the mediated by WT-exo, while that mediated by Δ cirA-exo and Δ cirA/pTV-exo was lower than that mediated by WT-exo ([Fig. 5d\)](#page-9-0). The increase in the mRNA levels of *iNos*, Cox-2, TNF- α ,

FIG 4 E. coli cirA-deleted mutant strain suppressed the exosome-mediated inflammatory responses. (a) Mouse RAW264.7 macrophages (M φ) were incubated with OMVs (10 μ g/7 mL) derived from single gene-deleted mutant strains (Δ ompA, Δ ompC, Δ fepA, Δ cirA, or Δ degP) and wild type (WT) for 9 h. After culture media were replaced with fresh media containing antibiotics, cells were incubated for 1 h. After replacement with fresh media containing antibiotics, cells were incubated for 9 h. The protein expression of inducible nitric oxide synthase (iNOS) and cyclooxygenase-2 (COX-2) in whole-cell lysates was measured by Western blotting. B-Actin was used as loading control. (b) RAW264.7 cells (recipient cells; 5×10^5 cells) were incubated with each exosome from donor cells (5 \times 10⁵ cells) for 24 h. The protein expression of iNOS and COX-2 in whole-cell lysates was measured by Western blotting. β -Actin was used as loading control. CS Analyzer 3.0 was used for image analysis software. Relative intensity is expressed as the mean \pm SD (n = 3) of at least three independent biological replicates. (c) RAW264.7 cells (recipient cells; 5×10^5 cells) were incubated with each exosome from donor cells (5×10^5 cells) for 24 h. The mRNA expression of iNos and Cox-2 was analyzed by quantitative real-time PCR and normalized to 18S rRNA. Values are expressed as the mean \pm SD (n = 4) of at least three independent biological replicates. Oneway ANOVA and Tukey's test were used for statistical analysis; *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.005$; ***, $P < 0.001$; ns, not significant.

FIG 5 Complementation of the cirA gene rescued the exosome-mediated inflammatory responses. (a) The protein expression of exosome markers, including CirA, heat shock protein 90 (HSP90), CD63, and glyceraldehyde-3-phosphate dehydrogenase (GAPDH) in exosomes, which were isolated from cell culture medium by ultracentrifugation, was measured by Western blotting. (b) OMVs were isolated from culture medium of E. coli wild type (WT), cirA gene-deleted mutant strains (Δ cirA), the Δ cirA strain transformed with pTV-118N vector or pTV-cirA vector (Δ cirA/pTV or DcirA/cirA) by ultracentrifugation. The protein expression of CirA in whole-cell lysates and OMVs was measured by Western blotting. OmpA was used as loading control. (c) Mouse RAW264.7 macrophages (M φ) were incubated with OMVs (10 μ g/7 mL) for 9 h. After the culture medium was replaced with fresh medium containing antibiotics, cells were incubated for 1 h. After replacement with fresh media containing antibiotics again, cells were incubated for 9 h. The protein expression of inducible nitric oxide synthase (iNOS) and cyclooxygenase-2 (COX-2) in whole-cell lysates was measured by Western blotting. β -Actin was used as loading control. CS Analyzer 3.0 was used for image analysis software. Relative intensity was expressed as the mean \pm SD (n = 3) of at least three independent biological replicates. (d) RAW264.7 cells (recipient cells; 5 \times 10⁵ cells) were incubated with exosomes from donor cells (5 \times 10⁵ cells). After incubation of cells for 24 h, the protein expression of iNOS and COX-2 in wholecell lysates was measured by Western blotting. β -Actin was used as loading control. CS Analyzer 3.0 was used for image analysis software. Relative intensity is expressed as the mean \pm SD (n = 3) of at least three independent experiments. (e) RAW264.7 cells (recipient cells; 5 \times 10⁵ (Continued on next page)

FIG 6 C-terminal CirA caused exosome-mediated inflammatory responses. (a) The molecular weight and structure of N-terminal and C-terminal CirA protein (N-CirA and C-CirA) are shown. (b to d) OMVs were isolated from the culture medium of E. coli wild type (WT), cirA gene-deleted mutant strains (AcirA), and AcirA transformed with pTV-N-cirA vector or pTV-C-cirA vector (AcirA/N-cirA or AcirA/C-cirA) by ultracentrifugation. (b) The protein expression of N-CirA and C-CirA in whole-cell lysates and OMVs was measured by Western blotting. (c) Mouse RAW264.7 macrophages (M φ) were incubated with OMVs (10 μ g/7 mL) for 9 h. After the culture medium was replaced with fresh medium containing antibiotics, cells were incubated for 1 h. After replacement with fresh media containing antibiotics again, cells were incubated for 9 h. The protein expression of inducible nitric oxide synthase (iNOS) and cyclooxygenase-2 (COX-2) in whole-cell lysates was measured by Western blotting. β -Actin was used as loading control. CS Analyzer 3.0 was used for image analysis software. Relative intensity was expressed as the mean \pm SD (n = 3) of at least three independent biological replicates. (d) Exosomes were isolated from cell culture medium by ultracentrifugation. RAW264.7 cells (recipient cells; 5×10^5 cells) were incubated with each exosome from donor cells $(5 \times 10^5$ cells). After incubation for 12 h, the mRNA levels of iNos and Cox-2 were analyzed by quantitative real-time PCR and normalized to 18S rRNA. Values are expressed as the mean \pm SD (n = 6 to 9) of at least three independent biological replicates. One-way ANOVA and Tukey's test were used for statistical analysis; *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.005$; ****, $P < 0.001$.

IL-1 β , and IL-6 mediated by Δ cirA/cirA-exo and WT-exo was higher than that mediated by Δ cirA-exo [\(Fig. 5e](#page-9-0); Fig. S6c). Therefore, CirA plays an important role in exosomemediated inflammatory responses.

The C-terminal protein of CirA promotes exosome-mediated inflammatory responses. To identify the CirA region responsible for the increase in protein and mRNA expression of proinflammatory mediators in recipient $M\varphi$, we divided the CirA protein into two fragments, an N-terminal fragment comprising amino acids 1 to 157 (N-CirA) and a Cterminal fragment comprising amino acids 158 to 633 (C-CirA) [\(Fig. 6a](#page-10-0)). Expression of N-CirA or C-CirA in protein in Δ cirA strains (Δ cirA/N-cirA or Δ cirA/C-cirA) transformed with the pTV-N-cirA or pTV-C-cirA strains was observed in bacterial cells and OMVs [\(Fig. 6b\)](#page-10-0). The increase in expression of iNOS and COX-2 in donor $M\varphi$ treated by OMVs was the same in the WT, ΔcirA (iNOS, 1.00-fold; COX-2, 0.87-fold), ΔcirA/N-cirA (iNOS, 0.88-fold; COX-2, 1.18fold), and Δ cirA/C-cirA (iNOS, 0.74-fold; COX-2, 1.00-fold) strains ([Fig. 6c\)](#page-10-0). In recipient M φ , expression of iNos and Cox-2 by AcirA/C-cirA-exo (iNos, 1.07-fold; Cox-2, 2.58-fold) was as same as that by WT-exo, while that by Δ cirA-exo (iNos, 0.37-fold; Cox-2, 0.23-fold) and

FIG 5 Legend (Continued)

cells) were incubated with exosomes from donor cells (5 \times 10⁵ cells). After incubation of cells for 12 h, the mRNA levels of *iNos* and Cox-2 were analyzed by quantitative real-time PCR and normalized to 18S rRNA. Values are expressed as the mean \pm SD (n = 4) of at least three independent biological replicates. One-way ANOVA and Tukey's test were used for statistical analysis; *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.005$; ****, $P < 0.001$.

DcirA/N-cirA-exo (iNos, 0.31-fold; Cox-2, 0.07-fold) was lower [\(Fig. 6d](#page-10-0)). These results show that C-terminal fragment of CirA triggers inflammatory responses via E. coli-derived OMVs and $M\varphi$ -derived exosomes.

DISCUSSION

EVs are membrane-bound vesicles from cells. EVs produced during an infection can be derived from pathogens or the host. Here, we show that E. coli-derived OMVs, and exosomes derived from infected M φ , rely on inflammatory responses to naive M φ . Expression of iNOS and COX-2 by naive $M\varphi$ increased after exposure to exosomes from live E. coliinfected M φ , but not M φ infected by dead (heat-inactivated) E. coli [\(Fig. 1](#page-2-0)). As for live E. coli, expression of inflammatory mediators by naive $M\varphi$ was increased by exosomes derived from $M\varphi$, which were activated by E. coli-derived OMVs in the absence of bacterial cells [\(Fig. 2\)](#page-4-0). These data suggest that E. coli-derived OMVs and $M\varphi$ -derived exosomes trigger inflammatory responses in $M\varphi$ far from the local area of bacterial infection. OMVs, nanostructures ranging from 20 to 300 nm in diameter, are released by almost all Gram-negative bacteria [\(17,](#page-17-16) [18\)](#page-17-17). The cargoes include an array of materials derived from the parental bacterium, including outer membrane, periplasmic, and cytosolic proteins, peptidoglycans, LPS, DNA, and RNA [\(17\)](#page-17-16). Some pathogenic bacteria secrete virulence factors within OMVs, which interact with pathogenically relevant human cells. The OMVs released by enterohemorrhagic E. coli O157 include Siga toxin 2a, cytolethal distending toxin V, and hemolysin [\(19\)](#page-17-18). OMVs from Enterotoxigenic E. coli also include physiological, active, heat-labile enterotoxin [\(16](#page-17-15)). Helicobacter pylori-derived OMVs contain the oncogenic cytotoxin-associated CagA protein, which is a major virulence factor. It is thought that OMVs facilitate direct delivery of virulence factors to target host cells rather than to the external environment, where diffusion has less functional impact ([20](#page-17-19)). So what effect do nonpathogenic bacteria-derived OMVs have on host cells? A previous proteomics analysis of E. coli DH5 α -derived OMVs showed that inclusion of particular proteins within OMVs does not appear to be strictly dependent on their abundance, suggesting that specific protein-sorting mechanisms operate during production of OMVs ([15](#page-17-14)). We identified major components of the outer membrane protein, OmpA, and low-abundance outer membrane protein, FepA, in E. coli-derived OMVs. However, it was unclear whether proteins contained in OMVs from nonpathogenic bacteria also have cytotoxic effects on host cells. In contrast, OMV-contained LPS activates cytosolic caspase-11 [\(12\)](#page-17-11). LPS is an abundant component of OMVs from pro- and nonpathogenic Gram-negative bacteria. Our results show that LPS-treated donor $M\varphi$ showed increased expression of inflammatory mediators, while exosomes from LPS-treated $M\varphi$ failed to increase expression of these mediators in recipient $M\varphi$ (see Fig. S2b in the supplemental material). Therefore, LPS from OMVs does not play a role in exosome-related inflammatory responses. More than 1 ng/mL LPS increased expression of iNOS in naive $M\varphi$ (Fig. S2c). However, the LPS concentration in M φ -derived exosomes isolated from M φ culture medium was 0.0026 \pm 0.0001 ng/mL (Fig. S2d). Thus, LPS in both OMVs and exosomes did not promote the inflammatory responses by exosomes from $M\varphi$ that were infected with E. coli. In relation to inflammatory responses relayed by the two EVs, we found that proteins in exosomes were the key factors, while DNA and RNA did not have a role ([Fig. 3a](#page-6-0) and [b](#page-6-0)). The increase in iNOS protein expression mediated by $M\varphi$ -derived exosomes was decreased by treatment with proteinase in the presence or absence of Triton X-100. These results show that the key factors that increase expression of iNOS are on the outside and/or inside exosomes. In contrast, the factors inducing COX-2 were presence inside the exosomes because increased expression of COX-2 by $M\varphi$ -derived exosomes was decreased by protease with Triton X-100, but not without Triton X-100. We identified the CirA protein as an important factor that relays inflammatory signals. Indeed, the CirA protein was visualized in exosomes from M φ treated with E. coli-derived OMVs [\(Fig. 5a\)](#page-9-0). Moreover, exosomes from M φ treated with OMVs derived from the Δ cirA strain caused a slight increase in iNOS expression while strongly suppressing expression of COX-2 [\(Fig. 4b](#page-8-0) and [Fig. 5e](#page-9-0)). These results show that proteins other than CirA on the membrane of exosomes must be involved in increased expres-sion of iNOS. CirA, which is a receptor of colicin la [\(21,](#page-17-20) [22](#page-17-21)), is expressed in E. coli-derived OMVs ([15](#page-17-14)). CirA is a TonB-dependent transporter; spanning of the periplasmic space is facili-tated by the inner membrane protein TonB ([22](#page-17-21)). The transmembrane β -barrel, consisting of residues 164 to 663, contains 22 beta strands connected by 11 long extracellular loops and 10 short periplasmic loops. The N-terminal plug domain interacts with the interior of the β -barrel. The TonB box, comprising residues 26 to 163, resides at the N-terminal end of the plug domain. The TonB box is required for killing of cells by colicin Ia and plays an important role in transport of colicin Ia by CirA. Therefore, we confirmed whether the N-terminal plug domain was required for relay of inflammatory responses from E. coli-derived OMVs to $M\varphi$ -derived exosomes. The inflammatory responses were dependent on the Cterminal transmembrane β -barrel, not on the N-terminal plug domain ([Fig. 6\)](#page-10-0). Exosomes from $M\varphi$ treated with OMVs increased expression of TNF- α , IL-1 β , and IL-6 in a CirA-dependent manner (Fig. S6b and Fig. S7). Thus, CirA in M φ -derived exosomes acts as a proinflammatory factor during infection with E. coli. It is not known whether CirA receptor is present in M φ . In contrast, OmpA, an outer membrane protein of E. coli, interacts with a 95-kDa glycoprotein on brain microvascular endothelial cells (Egcp), which allows E. coli to breach the blood-brain barrier [\(23\)](#page-17-22). In the present study, we found that OmpA played no role in exosome-mediated inflammatory responses during infection with E. coli. The OmpA receptor, Egcp, might be not expressed by $M\varphi$. Another outer membrane protein, OmpC, did not play a role in exosome-mediated inflammatory responses. When E. coli lacking OmpC were cultured under different glucose concentrations, expression of CirA on the outer membrane changed ([24](#page-17-23)). Here, we showed that deletion of OmpC did not alter expression of CirA by OMVs (Fig. S3c). Moreover, OmpC was not directly related to exosome-mediated inflammatory responses, but might be a target for inhibiting them. The protein content of OMVs from the Δ ompC strain was one-tenth that of the WT strain, suggesting that decreased expression of OmpC might suppress release of OMVs (Fig. S4b). Because inflammatory responses were dependent on the dose of OMVs, reducing the amount of OMVs may be one effective way to stop relay of exosome-mediated inflammatory responses from M φ to M φ (Fig. S1). Here, we treated donor M φ with the same amount of protein (10 μ g/8 \times 10⁶ cells) and found that OMVs from the Δ ompC strain strongly increased expression of iNOS and COX-2. We considered that high concentrations of E. coli-secreted molecules, including LPS, were contained within OMVs from the Δ ompC strain. TonB-dependent outer membrane transporters include FecA, the ferric citrate transporter; BtuB, the vitamin B_{12} receptor; FhuA, the ferrochrome receptor; and CirA-FepA, the ferric-enterochelin receptor [\(25,](#page-18-0) [26](#page-18-1)). In our study, we confirmed that the protein components of the TonB-dependent transporter are present in E. coli-derived OMVs. CirA and FepA share the highest sequence similarity (30.8%) within the TonB-dependent group. Moreover, the association between CirA and FepA could be extended to encompass a close evolutionary relationship [\(25\)](#page-18-0). Both the CirA and FepA transporters play a role in colicine binding receptor and the uptake of ferric iron (Fe^{3+}) complexed with siderophores. CirA was identified as a receptor of microcin that is of a lower molecular weight than colicins [\(27\)](#page-18-2). Thus, the function of CirA and FepA are not exactly the same. On host cells, CirA relays inflammatory responses from donor M φ to recipient M φ , while FepA did not. Some studies show that the release of extracellular microvesicles, increased by the lack of iron in a culture system, triggers a stress response in bacterial species such as Haemophilus influenzae, Mycobac-terium tuberculosis, and uropathogenic E. coli [\(28](#page-18-3)-[30](#page-18-5)). We found that the amount of OMVs released by E. coli also increased as the iron concentration in the culture medium decreased (Fig. S8). We cultured E. coli under iron-limiting conditions (0.2 μ M Fe³⁺) to prepare OMVs. Iron depletion increased expression of CirA in E. coli, resulting in the taking up of CirA into OMVs. E. coli K-12 strain-derived OMVs, which were analyzed by Reimer et al., did not contain the TonB-dependent transporters, including CirA (31) (31) (31) ; this must be because E. coli was cultured in iron-rich LB broth. Indeed, we found that the expression of CirA in bacterial cells

decreased in an iron dose-dependent manner when more than 10 μ M iron was added to the E. coli culture medium (Fig. S8). This phenomenon was also observed in Salmonella. Thus, CirA appears to be selectively incorporated into OMVs from some CirA-expressing bacteria under iron-limited conditions. Furthermore, a low iron concentration would not only increase in the expression of CirA but also enhance the inflammatory responses relayed by OMVs and exosomes during E. coli infection of the host. Within hours of human infection, the concentration of iron in extracellular fluid and plasma decreases dramatically ([32](#page-18-7), [33\)](#page-18-8). This is thought to be a critical host defense strategy against bacterial pathogens [\(34\)](#page-18-9). In contrast, our results suggest that iron-limiting conditions upregulate CirA expression, resulting in relay of inflammatory responses by OMVs and exosomes.

In the present study, we identified $M\varphi$ -derived exosomes by measuring particle size and confirming marker proteins. However, it must contain other extracellular vesicles of different origin than the exosome. Budden et al. [\(35\)](#page-18-10) characterized the extracellular vesicle released by human macrophage THP-1 cells upon activation of the NLRP3 inflammasome. Therefore, we examined whether E. coli-derived OMVs induced NLRP3 activation, resulting in activation of caspase-1 and pyroptosis via processing gasdermin D. Caspase-1 was activated in mouse BMDM after stimulation by E. coli-derived OMVs (Fig. S9f). In contrast, cleaved caspase-1 was not detected in RAW264.7 cells because ASC, a factor in the inflammasome complex, was reported to be completely absent in RAW264.7 cells (Fig. S9a). Furthermore, E. coli-derived OMVs are known to be sensed by caspase-11 and to activate the cell death-inducing protein gasdermin D independently of caspase-1 [\(12](#page-17-11)). In fact, the expression of caspase-11 was stimulated in both RAW264.7 cells and mouse BMDM; however, gasdermin D was activated only in mouse BMDM (Fig. S9b, c, f, and g). Intracellular ATP levels were decreased by E. coli-derived OMVs, while cell proliferation measured by 3-(4,5-dimethyl-2-thiazolyl)-2,5-diphenyl-2H-tetrazolium bromide (MTT) assay resulted in an increase by E. coli-derived OMVs (Fig. S9d, e, i, and j). In addition, the extracellular lactate dehydrogenase, as cell death, was not detected in culture medium by $M\varphi$ treated with or without *E. coli-derived OMVs* (data not shown). These data suggest that the dose of *E. coli*derived OMVs used in this study caused little pyroptosis. In fact, more than 50 μ g of OMVs was reported to cause pyroptosis [\(12](#page-17-11)).

We demonstrate that the CirA protein in the OMVs from live E. coli is incorporated into $M\varphi$ -derived exosomes and increases protein expression of inflammatory mediators. However, proteins other than CirA may play roles in exosome-mediated inflammatory responses. In particular, increased expression of iNOS was partially attenuated by the Δ cirA E. coli strain. Other factors will be clarified in a future study.

MATERIALS AND METHODS

Materials. RAW264.2 cells were purchased from ATCC. All plasmids and bacterial strains used in this study are shown in [Tables 2](#page-14-0) [to](#page-14-1) [4.](#page-15-0) E. coli K-12 BW25113 (wild type [WT]) and single gene-deleted mutant strains (ΔompA: opmA::kan for JW0940-KC, ΔfepA: fepA::kan for JW5086-KC, ΔcirA: cirA::kan for JW2142-KC, ΔdeqP: degP:: kan for JW0157-KC, and Δ ompC: ompC:: kan for JW2203-KC) were provided by National BioResource Project (NIG, Japan). The competent cell BL21(DE3) strain and DH5 α strain were purchased from TaKaRa (Shiga, Japan). LB broth was purchased from Sigma/Merck (Tokyo, Japan). The plasmid pET22b(+) was purchased from Novagen/Merck (Tokyo, Japan). pTV118N vector was gifted by Ishijima (Kyoto Prefectural University). Ex Taq, Mighty TA-cloning kit containing pMD T vector, DNA ligation kit Mighty Mix, in-fusion HD cloning kit, isopropyl β -D-1-thiogalactopyranoside (IPTG), and TB Green premix Ex Taq II were purchased from TaKaRa (Shiga, Japan). Ni-nitrilotriacetic acid (NTA) agarose was purchased from Qiagen (Hilden, Germany). cOmplete Mini protease inhibitor was purchased from Roche/Nippon Gene (Tokyo, Japan). Anti-OmpC antibody was purchased from MyBioSource (Vancouver, Canada). Isogen II was purchased from Nippon Gene (Tokyo, Japan). Can Get Signal and ReverTra Ace quantitative PCR (qPCR) reverse transcription (RT) kit were purchased from Toyobo (Osaka, Japan).

Plasmids and bacterial strains. Cloning of the E. coli cirA gene (GenPept accession no. [NP_416660\)](https://www.ncbi.nlm.nih.gov/protein/NP_416660) was amplified using Ex Taq with the primers pMD-cirANdel-s and pMDcirANotl-a and E. coli (WT) genome DNA as the template. The pMD-cirA plasmid was ligated with the amplified fragments and pMD T vector by using Ligation Mighty Mix (TaKaRa). The pET-cirA plasmid was ligated with the fragments cirANdel-NotI of pMD-cirA digested by NdeI and NotI restriction enzymes and the NdeI-NotI-digested pET-22b(+) plasmid by using ligation mix (TaKaRa). The cirA-6×His fragments were amplified with the primers pTVcirANcoI-s and pTV-cirANcoI-a and pET-cirA as the template. The pTV-cirA plasmid was ligated with the amplified fragment of cirA-6 \times His and NcoI-digested pTV plasmid by the In-Fusion HD. The fragment of N/C-cirA was amplified with plasmids pET-NcirANcoI-s and pET-NcirANotI-a, or pET-CcirANcoI-s and pET-CcirANotI-a, and pET-cirA plasmid as the template. The pET-N/CcirA plasmids were ligated with amplified fragments N/CcirA, and NcoI-digested pET plasmid by In-Fusion HD. The N/CcirA-6×His fragments were amplified with the primers pTV-N/CcirANcoI-s and pTV-N/CcirANcoI-a and pET-N/CcirA as the template. The pTV-N/CcirA plasmids were ligated with the amplified fragment of N/CcirA-6×His and NcoI-digested pTV plasmid by In-Fusion HD. Cloning of the E. coli degP gene (GenPept accession no. [NP_414703](https://www.ncbi.nlm.nih.gov/protein/NP_414703)) was

^aE. coli K-12 BW25113 (wild type [WT]) and single gene-deleted mutant strains (Δ ompA: opmA::kan for JW0940-KC, $\triangle fepA$: fepA::kan for JW5086-KC, $\triangle c$ irA: cirA::kan for JW2142-KC, $\triangle degP$: deqP::kan for JW0157-KC, and DompC: ompC::kan for JW2203-KC) were provided by the National BioResource Project (NIG, Japan). Each genecomplementary strain, Δ cirA/cirA, Δ cirA/NcirA, and Δ cirA/CcirA, was the transformation of pTV-cirA, pTV-NcirA, and pTV-CcirA into the Δ cirA strain, respectively. The Δ cirA/pTV strain was the transformation of pTV118N empty vector as the control.

amplified with the primers pMD-degPNdeI-s and pMD-degPHindIII-a and E. coli (WT) genome DNA as the template. The pMD-deqP plasmid was ligated with the amplified fragments and pMD T vector by using Ligation Mighty Mix. The pET-degP plasmid was ligated with the fragments degPNdel-HindIII of pMDdegP digested by NdeI and HindIII restriction enzymes and the NdeI-HindIII-digested pET-22b(+) plas-mid by using ligation mix. Cloning of the E. coli ompA gene (GenPept accession no. [NP_415477](https://www.ncbi.nlm.nih.gov/protein/NP_415477)) and fepA gene (GenPept accession no. [NP_415116\)](https://www.ncbi.nlm.nih.gov/protein/NP_415116) were amplified with the primers pMD-ompANdel-s and pMD-ompAXhoI-a, or pMD-fepANdeI-s and pMD-fepAXhoI-a, and E. coli (WT) genome DNA as the template. The plasmid of pET-ompA or pET-fepA was ligated with the amplified fragment of ompA or fepA and NcoI-digested pET plasmid by In-Fusion HD. Each gene-containing coding region was designed to allow the expression of a C-terminal, $6 \times$ His-tagged variant of recombinant proteins following ligation into the pET-22b(+) plasmid. After construction, the integrity of some expression vectors was confirmed by DNA sequencing. The gene-complementary strains, $\Delta cirA/cirA$, $\Delta cirA/NeirA$, and $\Delta cirA/CcirA$, were obtained through the transformation of pTV-cirA, pTV-NcirA, and pTV-CcirA into Δ cirA strain using electroporation (240 KV, 13 F, 243 Ω ; Cell Porator; Gibco). These strains were cultured in LB broth with 25 μ g/mL for kanamycin and 100 μ g/mL for ampicillin (Wako).

Recombinant protein. The expression vectors (pET-ompA, pET-fepA, pET-cirA, and pET-degP) were transformed into the competent E. coli strain BL21(DE3) strain. Bacteria were incubated in LB broth with 100 μ g/mL ampicillin at 37°C with shaking until the optical density at 600 nm (OD₆₀₀) reached about 0.6. After incubation of bacteria at 22°C overnight with 0.1 mM IPTG, the bacterial cells were pelleted at 2,000 \times g at 4°C for 30 min, and the supernatant was removed. The cells were lysed by lysis buffer (20 mM Tris-HCl, pH 8.0, 500 mM NaCl, 10% [vol/vol] glycerol, and 8 M urea) and were completely

TABLE 3 Primers used in this study^{a}

^aThe gene amplified using primers of forward (s) and reverse (a) was cloned into each vector. Single underlines represent sequences as restriction enzyme. Bold represent reverse complementary sequences for the In-Fusion cloning.

TABLE 4 List of plasmids used for real-time PCR

	Gene name Accession no.	Forward (5'-3') sequence	Reverse (5'-3') sequence
18S rRNA	NR 003278	GCAATTATTCCCCATGAACG	AGGGCCTCACTAAACCATCC
iNos	NM 010927	GTTCTCAGCCCAACAATACAAGA	GTGGACGGGTCGATGTCAC
$Cox-2$	NM 011198	GATGCTCTTCCGAGCTGTG	GGATTGGAACAGCAAGGATTT
TNF- α	NM 013693	AAGCCTGTAGCCCACGTCGTA	GGCACCACTAGTTGGTTGTCTTTG
IL-1 β	NM 008361	CCCAAGCAATACCCAAAGAA	CATCAGAGGCAAGGAGGAAA
$IL-6$	NM 031168	CCATCCAGTTGCCTTCTTG	AAGTGCATCATCGTTGTTCATAC

disrupted by sonication. After the centrifugation at 2,000 \times g at 4°C for 30 min, the supernatant was filtrated through a 0.45- μ m filter (Kurabo, Osaka, Japan). The filtrate was loaded onto an Ni-NTA agarose column. The column was washed with binding buffer (10 mM imidazole, 50 mM NaH₂PO₄, 500 mM NaCl, and 0.01% [vol/vol] Tween 20, pH 8.0) and wash buffer (30 mM imidazole, 50 mM NaH₂PO₄, 500 mM NaCl, and 0.01% [vol/vol] Tween 20, pH 8.0). The recombinant protein was eluted with elution buffer (300 mM imidazole, 50 mM NaH₂PO₄, 500 mM NaCl, and 0.01% [vol/vol] Tween 20, pH 8.0).

Antibody preparation. Four-week-old female BALB/cCrSlc mice (SLC, Shizuoka, Japan) were subcutaneously injected with 10 μ g of each recombinant protein (OmpA, FepA, CirA, or DegP) mixed with Freund's incomplete adjuvant (BD, Tokyo, Japan) twice at 2-week intervals. Mouse serum 21 days after the second immunization was used to analyze each recombinant protein or E. coli lysate by Western blotting.

E. coli culture and preparation of Ec-med, Ec-sup, and OMVs. The E. coli DH5 α strain, E. coli K-12 BW25113 strain (WT), and E. coli deletion mutants were cultured at 37°C in LB broth. Bacteria were prepared at an OD₆₀₀ of 0.0008 by Dulbecco's modified Eagle medium (DMEM) containing 4.5 g/L glucose and 0.2 μ M Fe³⁺ (Fujifilm, Osaka, Japan) and then were cultured at 37°C for 12 h under 5% CO₂ conditions. ClearColi (E. coli BL21(DE3) mutant lacking the oligosaccharide chain of LPS; Lucigen, Buenos Aires, Argentina) was gifted from Sohkichi Matsumoto (Department of Bacteriology, Niigata University Graduate School of Medical and Dental Sciences). Similarly, ClearColi bacteria were cultured at 37°C for 27 h under 5% CO₂ conditions. After centrifugation at 2,000 \times g for 30 min, the bacterial culture medium was collected as supernatant. After we centrifuged the bacterial culture medium at 10,000 \times g at 4°C for 30 min, the supernatant was filtrated by a 0.2- μ m filter (Kurabo). After we ultracentrifuged the filtrate (Ec-med) using a 50.2 Ti rotor (Beckman) at 100,000 \times g at 4°C for 3 h, the supernatant (Ec-sup) was removed, and phosphate-buffered saline (PBS) was added in pellets. After we ultracentrifuged the filtrate at 100,000 \times g at 4°C for 2 h, pellets (OMVs) were suspended by PBS.

Density gradient of OMVs. After we ultracentrifuged the filtrate at 100,000 \times g at 4°C for 3 h, pellets suspended by PBS were used as OMVs. Moreover, the OMVs were purified using an OptiPrep (Axis-Shield Diagnostics, XA, Scotland) density gradient. A discontinuous iodixanol gradient was prepared by diluting a stock solution of OptiPrep (60%, wt/vol) with 10 mM Tris, pH 7.5, containing 0.25 M sucrose to generate 40%, 20%, 10%, and 5% (wt/vol) iodixanol solutions. The discontinuous iodixanol gradient was generated by sequentially layering 3.0 mL of 40% (wt/vol) iodixanol solutions, 3.0 mL of 20% (wt/vol) iodixanol solutions, 3.0 mL of 10% (wt/vol) iodixanol solutions, and 2.5 mL of 5% (wt/vol) iodixanol solutions in a centrifuge 344060 tube (Beckman). A 0.3-mL volume of OMVs in PBS was overlaid on discontinuous iodixanol gradient and ultracentrifuged using an SW40 Ti rotor (Beckman) at 160,000 \times g at 4°C for 16 h. Twelve fractions of 1 mL each were collected from the top of the iodixanol solution and used for analysis such as Western blotting.

TEM analysis. OMV samples were applied to the carbon film TEM grids, which were created by carbon evaporation using VE-2020 (Vacuum Device, Tokyo, Japan). After staining with 1% uranyl acetate, samples were observed in a Talos F200C G2 (Thermo).

Donor cell culture. RAW264.7 cells (8 \times 10⁶ cells) were cultured in 7 mL of DMEM containing 10% fetal bovine serum (Biowest, Tokyo, Japan) and 100 units/mL penicillin and 100 μ g/mL streptomycin (Gibco/ Thermo, Tokyo, Japan). After preincubation for 24 h, the medium was changed to fresh DMEM without antibiotics. Bone marrow was flushed from the femur and tibia of C57BL/6 mice (male, 5 weeks old), and cells were plated in dishes with DMEM containing 10% fetal bovine serum (FBS), 4.5 g/L glucose, and 20% conditioned medium from the supernatants of L929 (LC14) fibroblasts secreting macrophage colony-stimulating factor. Bone marrow cells were differentiated into macrophages in 7 to 10 days and were then used in experiments [\(36](#page-18-11)). All mice were maintained under specific-pathogen-free conditions in the animal facilities of Kyoto Prefectural University. After live or heat-inactivated E. coli DH5 α and E. coli BW25113 were added to cells at an MOI of 5 for 9 h, culture media were replaced with fresh DMEM medium containing antibiotics, and the cells were incubated for 1 h. After the medium was replaced again with fresh DMEM medium containing antibiotics, cells were incubated for 9 h. After Ec-med, Ec-sup, or OMVs were added to cells for 9 h, culture media were replaced with fresh DMEM medium containing antibiotics, and the cells were incubated for 1 h. After the medium was replaced again with fresh DMEM medium containing antibiotics, cells were incubated for 9 h. The culture medium was collected for preparation of exosomes, and cells were used for analyzing immunoblotting or real-time PCR.

ATP measurement. RAW264.7 cells and mouse bone marrow-derived macrophages (BMDMs) $(3 \times 10^3$ cells/well) were spread in a 96-well plate and cultured for 24 h at 37°C. After E. coli-derived OMVs (0.143 μ g/0.1 mL/well) were added to cells for 9 h, culture media were replaced with fresh DMEM medium containing antibiotics, and the cells were incubated for 1 h. After the medium was replaced again with fresh DMEM medium containing antibiotics, cells were incubated for 9 h. After the addition of CellTiterGlo (Promega, Madison, WI) into each well, luciferase activity was measured as the amount of ATP by using a FilterMax F5 multimode microplate reader (Molecular Devices, Osaka, Japan).

Water-soluble tetrazolium salt (WST) assay. RAW264.7 cells and mouse BMDMs (5 \times 10³ cells/ well) were spread in a 96-well plate and cultured for 24 h at 37°C. After E. coli-derived OMVs (0.143 μ g/ 0.1 mL/well) were added to cells for 9 h, culture media were replaced with fresh DMEM medium containing antibiotics, and the cells were incubated for 1 h. After replacement again with fresh DMEM medium containing antibiotics, cells were incubated for 9 h. After addition of cell counting kit-8 solution (Dojindo, Kumamoto, Japan) into each well, absorbance (Abs) was measured for 4 h at 450 nm as the number of viable cells by using a FilterMax F5 multimode microplate reader (Molecular Devices, Osaka, Japan). The ratio was calculated as $[Abs_{(2 h)} - Abs_{(1 h)}$ of OMVs-treated cells]/[Abs_(2h) - Abs_(1h) of untreated cells] from absorbance of change for 1 h.

Exosome preparation. The culture medium from donor cells was centrifuged at 2,000 \times g at 4°C for 30 min and at 10,000 \times g at 4°C for 30 min to remove the debris. The supernatant was filtrated through a 0.2- μ m filter. After the filtrate was ultracentrifuged using a 50.2 Ti rotor at 100,000 \times g at 4°C for 3 h, the supernatant was removed. The pellet was ultracentrifuged at 100,000 \times g at 4°C for 2 h with PBS. The final pellet was suspended in PBS as exosome. The exosomes (0.2 μ g) from M φ , which were infected with live E. coli for 18 h, were incubated with or without 0.01% Triton X-100 at room temperature for 15 min. After incubating the samples with 150 μ g/mL proteinase K (Thermo), 0.3 U/mL DNase, or 100 μ g/mL RNase at 37°C for 30 min, these were added to the cells (1×10^5 cells/0.3 mL).

Particle size analysis. The exosomes prepared by ultracentrifugation were analyzed by using a NanoSight (Quantum Design, Tokyo, Japan) to establish the concentration, size, and intensity. PBS used for dilutions was also measured by using NanoSight to further ensure that there was no contamination. Once the desired concentration of exosomes was reached, the sample was injected into the sample chamber of the NanoSight, and the particle size distribution was obtained through nanoparticle tracking analysis.

LPS concentrations. The concentration of LPS in exosomes prepared by ultracentrifugation was analyzed by Limulus amebocyte lysate (LAL) assay (Quantum Design, Tokyo, Japan).

Recipient cell cultures. RAW264.7 cells were cultured by DMEM containing 10% FBS and antibiotics. After preincubation for 24 h, the medium was changed to fresh maintenance medium, and exosomes were added. For each experiment, the concentrations of exosomes in recipient cells are shown in figure legends. After incubation for 12 h, the cells were analyzed for the expression of mRNA by real-time PCR. After incubation for 24 h, the cells were analyzed for the expression of proteins by immunoblotting.

Western blotting. The cells were lysed by BugBuster (EMD/Merck, Darmstadt, Germany) or radioimmunoprecipitation assay (RIPA) buffer (10 mM Tris-HCl, pH 7.4, 5 mM EDTA, pH 8.0, 3.5 mM sodium dodecyl sulfate [SDS], 1% Triton X-100, 24 mM sodium deoxycholate, 199 nM Na-tosyl-L-phenylalanine chloromethyl ketone, 100 nM tosyl-L-lysyl-chloromethane hydrochloride, 150 mM NaCl, 0.05 M NaF, 25 mM β -glycerophosphate pentahydrate, 1 mM Na₃VO₄, and 1 tablet/10 mL of cOmplete Mini). The cell lysate was centrifuged at 5,000 \times g for 5 min at 4°C, and the supernatants were used to analyze the expression of proteins by Western blotting. The bacteria were lysed by lysis buffer (20 mM Tris-HCl, pH 8.0, 500 mM NaCl, 10%[vol/vol] glycerol, and 8 M urea) and were completely disrupted by sonication. After centrifugation at 2,000 \times g at 4°C for 30 min, the supernatants were used to analyze the expression of proteins by Western blotting. The samples were suspended in SDS buffer (30 mM Tris-HCl, pH 8.8, 1% SDS, 1% 2-mercaptoethanol, 3.67% glycerol, and 0.017% bromophenol blue) and heated at 95°C for 5 min. Each sample was applied on 7.5 to 15% polyacrylamide gels and immunoblotted against iNOS (1:1,000; BD), COX-2 (1:1,000; Cell Signaling), β -actin (1:5,000; Sigma), integrin β 1 (1:1,000; Santa Cruz), HSP90 (1:1,000; BD), CD63 (1:1,000; Santa Cruz), GAPDH (1:1,000; Cell Signaling), CD9 (1:1,000; Abcam), caspase-1 (1:1,000; Cell Signaling), cleaved caspase-1 (1:1,000; Cell Signaling), caspase-11 (1:1,000; Novus), gasdermin D (1:1,000; Cell Signaling), 6×His (1:1,000; Bethyl Laboratories), OmpA (1:1,000), CirA (1:1,000), DegP (1:1,000), FepA (1:1,000), and OmpC (1:1,000) diluted in Can Get Signal or 0.5% skim milk. Blotted proteins were visualized with horseradish peroxidase (HRP)-conjugated goat anti-rabbit IgG or goat anti-mouse IgG antibody and Immobilon Western chemiluminescent HRP substrate. The amount of protein detected by some antibodies was measured using a computed image analysis system (LuminoGraph I; Atto, Osaka, Japan). ImageJ and CS Analyzer 3.0 (Atto) were used for image analysis.

Isolation of total RNA and real-time PCR. Total RNA (0.5 μ g), extracted from cells by using Isogen II according to the manufacturer's instructions, was transcribed into cDNA with the ReverTra Ace qPCR RT master mix with a genomic DNA (gDNA) remover in a total volume of 10 μ L according to the manufacturer's instructions. cDNAs were then used as the templates for PCR amplification using TB Green premix Ex Taq II with LightCycler 96 (Roche/Nippon Gene, Tokyo, Japan). Interpolated values for each sample were divided by the corresponding values for 18S rRNA as the housekeeping gene, and the results obtained were expressed as fold changes for a specific gene/18S rRNA using a threshold cycle ($\Delta\Delta C$ T) analysis. Real-time PCR was performed at 95°C for 5 min, followed by 45 cycles at 95°C for 10 s, 60°C for 10 s, and 72°C for 10 s. Primers are shown in [Table 4](#page-15-0).

Statistical analysis. Experiments were performed three times or more. All data are presented as the means \pm standard deviations (SDs) of at least three independent biological replicates. Comparisons among groups were performed using a one-way analysis of variance (ANOVA) followed by Tukey's test or a two-way ANOVA followed by the Bonferroni test. Statistical analyses were performed with GraphPad Prism (Version 9.0). Differences were significant at a P value of $<$ 0.05.

SUPPLEMENTAL MATERIAL

Supplemental material is available online only. FIG S1, PDF file, 2.4 MB. FIG S2, PDF file, 2.5 MB. FIG S3, PDF file, 1.9 MB. FIG S4, TIF file, 0.7 MB. FIG S5, PDF file, 0.2 MB. FIG S6, PDF file, 0.1 MB. FIG S7, PDF file, 0.1 MB. FIG S8, PDF file, 0.3 MB. FIG S9, TIF file, 0.6 MB.

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We declare no conflicts of interest associated with the manuscript.

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