



# AMPK Regulates DNA Methylation of PGC-1 $\alpha$ and Myogenic Differentiation in Human Mesenchymal Stem Cells

Jianbo Wu,<sup>1,2</sup> Shelly Gulati,<sup>1</sup> April M. Teague,<sup>1,3</sup> Youngsil Kim,<sup>1</sup>  
Jeanie B. Tryggestad,<sup>1,3</sup> and Shaoning Jiang<sup>1,3</sup>

Adverse intrauterine environments can cause persistent changes in epigenetic profiles of stem cells, increasing susceptibility of the offspring to developing metabolic diseases later in life. Effective approaches to restore the epigenetic landscape and function of stem cells remain to be determined. In this study, we investigated the effects of pharmaceutical activation of AMP-activated protein kinase (AMPK), an essential regulator of energy metabolism, on mitochondrial programming of Wharton's Jelly mesenchymal stem cells (WJ-MSCs) from women with diabetes during pregnancy. Induction of myogenic differentiation of WJ-MSCs was associated with increased proliferator-activated receptor- $\gamma$  coactivator-1 $\alpha$  (PGC-1 $\alpha$ ) expression and mitochondrial DNA (mtDNA) abundance. Inhibition of DNA methylation by 5 Azacytidine significantly increased PGC-1 $\alpha$  expression and mtDNA abundance in WJ-MSCs, which were abolished by AMPK inhibitor Compound C (CC), suggesting an AMPK-dependent role of DNA demethylation in regulating mitochondrial biogenesis in WJ-MSCs. Furthermore, activation of AMPK in diabetic WJ-MSCs by AICAR or metformin decreased the level of PGC-1 $\alpha$  promoter methylation and increased PGC-1 $\alpha$  expression. Notably, decreased PGC-1 $\alpha$  promoter methylation by transient treatment of AMPK activators persisted after myogenic differentiation. This was associated with enhanced myogenic differentiation capacity of human WJ-MSCs and increased mitochondrial function. Taken together, our findings revealed an important role for AMPK activators in epigenetic regulation of mitochondrial biogenesis and myogenesis in WJ-MSCs, which could lead to potential therapeutics for preventing fetal mitochondrial programming and long-term adverse outcome in offspring of women with diabetes during pregnancy.

**Keywords:** stem cells, AMPK, DNA methylation, PGC-1 $\alpha$ , mitochondria

## Introduction

MESENCHYMAL STEM CELLS from umbilical cord Wharton's Jelly (WJ-MSCs) are multipotent stem cells that maintain high multilineage differentiation capacity into adipocytes, osteocytes, and myocytes upon *in vitro* induction [1,2]. Recent evidence suggests that maternal overnutrition, including diabetes and obesity during pregnancy, impacts the metabolic characteristic and differentiation capacity of human WJ-MSCs, which are strongly associated with infant and offspring metabolic dysfunction [3–6]. For example, mater-

nal obesity reduces human WJ-MSCs mitochondrial fatty acid oxidation upon myogenesis, which is linked to higher infant adiposity [4,7]. However, molecular mechanisms regulating metabolic activity and differentiation commitment of WJ-MSCs in response to maternal overnutrition remain not fully known.

Epigenetic processes, including DNA methylation and histone modification, play a key role in determining stem cells lineage commitment and properties without affecting DNA sequence [8]. Initiation of myogenesis requires an activation of mitochondrial biogenesis and increased

<sup>1</sup>Section of Diabetes and Endocrinology, Department of Pediatrics, University of Oklahoma Health Sciences Center, Oklahoma City, Oklahoma, USA.

<sup>2</sup>Department of Gynecology and Obstetrics, The First Affiliated Hospital of Fujian Medical University, Fu Zhou, China.

<sup>3</sup>Harold Hamm Diabetes Center, University of Oklahoma Health Sciences Center, Oklahoma City, Oklahoma, USA.

oxidative phosphorylation [9]. Maternal obesity alters the methylome and transcriptome of WJ-MSCs, including hypermethylation of genes regulating mitochondrial fatty acid oxidation during myogenesis [7,10]. Similar to maternal obesity, WJ-MSCs from gestational diabetes mellitus (GDM) display mitochondrial dysfunction and premature aging [11].

Of note, expression of peroxisome proliferator-activated receptor- $\gamma$  coactivator-1 $\alpha$  (PGC-1 $\alpha$ ), the central regulator of mitochondrial metabolism and biogenesis, is decreased in GDM WJ-MSCs [11]. We have demonstrated that maternal diabetes increases PGC-1 $\alpha$  promoter methylation, which is associated with decreased PGC-1 $\alpha$  and mitochondrial content in placenta [12]. It is unknown whether epigenetic modification regulates PGC-1 $\alpha$ /mitochondrial programming in WJ-MSCs in response to maternal overnutrition and whether pharmaceutical interventions can reverse those alterations.

AMP-activated protein kinase (AMPK) is an energy sensor that plays a central role in regulating mitochondrial function and maintaining cellular metabolic homeostasis [13,14]. Emerging evidence identifies AMPK as an important epigenetic regulator, involving both DNA methylation and histone modifications [12,15]. Multiple pathways mediate the epigenetic roles of AMPK, such as inhibition of DNA methyltransferase 1 (DNMT1) and phosphorylation of DNA demethylation enzyme TET2 [16–18]. Prior studies by our group and others showed that activities of AMPK in WJ-MSCs [7], human umbilical vein endothelial cells (HUVECs) [19], and placenta [12] are suppressed by maternal diabetes or obesity. In this study, we demonstrated pharmaceutical AMPK activators exerted an epigenetic role in regulating PGC-1 $\alpha$  expression in diabetic WJ-MSCs, which programs the stem cells for enhanced myogenic differentiation capacity and improved mitochondrial function.

## Materials and Methods

### *Human WJ-MSCs isolation and differentiation*

Human WJ-MSCs were obtained from umbilical cords of patients with diabetes during pregnancy (including three patients with GDM and one patient with T2D) after delivery by Cesarean section at term. The protocol was approved by the Institutional Review Board of the University of Oklahoma Health Science Center. Mothers included in this study do not have other medical conditions, such as type 1 diabetes, pre-eclampsia, chronic hypertension, renal disorders nor a smoking history of more than five cigarettes per day. They do not have fever or infection at the time of birth. WJ-MSCs were isolated using the “explant culture” method as previously described with modification [5,20]. In brief, the vein and arteries were removed from the umbilical cord.

The excised cord tissue with Wharton’s jelly was then cut into smaller (3–5 mm) pieces and placed in tissue culture dish and cultured in medium composed of Dulbecco’s modified Eagle medium (DMEM) (1 g/L glucose) with 2 mM L-glutamine, supplemented with 10% fetal bovine serum (FBS), and 100 U penicillin/streptomycin. At confluence, WJ-MSCs were harvested for cryogenic storage or experimentations. For myogenic differentiation, WJ-MSCs at passage 3 or 4 were induced in differentiation medium (DMEM with 10%

FBS, 5% horse serum, 0.1  $\mu$ M dexamethasone, and 50  $\mu$ M hydrocortisone) and changed with fresh differentiation medium every 2–3 days until experimental analysis. For manipulation AMPK activity or DNA methylation, WJ-MSCs were treated with AICAR (2 mM) or metformin (2 mg/mL), or 5 Azacytidine (AZA, 5  $\mu$ M), or AZA with compound C (CC 10  $\mu$ M) for 1 or 2 days prior differentiation as indicated in the figure legends.

### *RNA extraction and real-time PCR*

Total RNA was extracted with RNA isolation kit (miRNeasy, Qiagen) and converted to complementary DNA (cDNA) with high-capacity cDNA reverse transcription Kit (ThermoFisher Scientific) according to the manufacturer’s instructions. Real-time qPCR was performed in triplicate using SYBR green qPCR master mix and single amplification product was confirmed by single peak of melting curve. Human PGC-1 $\alpha$  mRNA were quantified using primers: Forward: CCAAAGGATGCGCTCTCGTTCA, Reverse: CGGTGTCTGTAGTGGCTTGACT. Human desmin mRNA were quantified using primers: Forward: ATTCCCTGATGAGGCAGATG, Reverse: CTTCAGGGAGCAGTGAGGAC. Human  $\beta$ -actin mRNA was quantified using primers: Forward: GATCGCGGCTCCATCCTG, Reverse: GACTCGTCATACTCC TGCTTGC. Results were calculated using the  $2^{-\Delta\Delta Ct}$  method and normalized to  $\beta$ -actin.

### *mitochondrial DNA copy number measurement*

DNA was isolated from cells using the GenElute Mammalian Genomic DNA Miniprep Kit (Sigma, St. Louis, MO) according to the manufacturer’s instructions. Mitochondrial DNA (mtDNA) copy number was estimated by comparing the abundance of the mitochondrial transfer RNA (Mt-tRNA), by real-time q-PCR, primers Forward: CACCCAA GAACAGGGTTTGT; Reverse: TGGCCATGGGTATGTT GTTA) and with that of the nuclear  $\beta$ 2-microglobulin (B2M, Forward: TGCTGTCTCCATGTTTGTATATCT; Reverse: TCTCTGCTCCCCACCTCTAAGT).

### *Western blot analysis*

Western blot analysis was performed as previously described [12]. Cells were lysed in RIPA buffer in the presence of protease and phosphatase inhibitor cocktail (Pierce Biotechnology, Rockford, IL). Protein concentrations were determined by BCA assay (Pierce, Rockford, IL). Equal amounts of protein lysate were reduced in sample buffer (Sigma), and subjected to sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE). The blots were incubated with antibodies specific for Myogenin, myosin HC, P(T172)-AMPK, P(S97)-ACC, or  $\beta$ -actin (Cell Signaling Technology, Danvers, MA), and detected by enhanced chemiluminescence (Pierce). The blots were quantified and analyzed by imaging densitometry with Image Lab Software (Bio-Rad, Hercules, CA).

### *Promoter methylation*

Methylated DNA was analyzed with the EpiJET DNA Methylation Analysis kit (Msp1/Hpa11; ThermoFisher Scientific) as previously described [12]. The proportion of

DNA methylation of human PGC-1 $\alpha$  was quantified by qPCR using primers as previously described [17]: Forward: AAAACGCAAACCTACACAACCC, Reverse: AGGCTCC-CAGAAAACAAGTG.

#### *Measurement of mitochondrial respiration*

Oxygen consumption rates (OCRs) in differentiated cells were measured by using a Seahorse extracellular flux analyzer (XFe96; Agilent Seahorse). OCR was measured overtime and after sequential injections of modulators (Seahorse XF cell mito stress test kit; Agilent) including oligomycin (Olig, ATP synthase inhibitor, 1  $\mu$ M), phenylhydrazine (FCCP, uncoupler, 1  $\mu$ M), and Antimycin A & Rotenone (mitochondrial respiration inhibitor, 0.5  $\mu$ M). Indices including baseline OCR, proton leak, maximal respiration, and ATP production were determined after the treatment.

#### *Flow cytometry*

Undifferentiated WJ-MSCs at passage #3 from all subjects were pooled and  $2 \times 10^5$  cells were used for staining with antibodies specific for CD105-APC (BioLegend), CD90-PE (Miltenyi Biotec), CD73-BV421 (BioLegend), CD45-BB515 (BD Biosciences), CD-34-PE (BioLegend) CD-19-BV711 (BioLegend), and the corresponding isotype controls separately. Samples were acquired on the Stratadigm-4 Flow Cytometer.

#### *Statistical analysis*

Comparison between AICAR, metformin, or 5-AZA treated groups with the corresponding vehicle controls were assessed using Student's *t*-test for continuous measures. Comparisons among the groups of different days of differentiation were done by performing one-way analysis of variance tests followed by post hoc analysis with Dunnett's multiple-comparison test. Differences were considered significant at  $P < 0.05$ . Data are presented as mean  $\pm$  standard deviation.

## **Results**

### *WJ-MSC characterization*

The WJ-MSC identity of the cord cells used in this study was characterized based on the guidelines and recommendations of the International Society for Cellular Therapy for the characterization of MSCs [21]. As the results shown in Fig. 1, Wharton's Jelly-derived MSCs strongly expressed MSC markers CD105 (>99%), CD90 (>99%), and CD73 (>99%), and lack expression of hematopoietic stem cell or lymphocyte markers CD45 (<1%), CD34 (<1%), or CD19 (<1%), meeting the criteria defining human MSC.

### *Increased PGC-1 $\alpha$ expression and mtDNA content after induction of myogenic differentiation of human MSCs*

WJ-MSCs were induced for myogenic differentiation *in vitro*. Levels of myogenin and desmin, markers of myogenesis [22], were increased at 6 and 12 days after induction

of myo-differentiation (Fig. 2A, B). Concomitantly, expression of PGC-1 $\alpha$  was significantly increased after myo-differentiation with highest abundance at 6 days (Fig. 2C). Also, mtDNA copy number was increased at 6 and 12 days after myogenic differentiation (Fig. 2D).

### *DNA methylation and AMPK regulate PGC-1 $\alpha$ expression and mitochondrial biogenesis of WJ-MSCs*

Treating WJ-MSCs with the DNA methylation transferase (DNMT) inhibitor, 5 Azacytidine (AZA), resulted in significant increase in PGC-1 $\alpha$  expression (Fig. 3A) and mtDNA abundance (Fig. 3B), as well as decreased PGC-1 $\alpha$  promoter methylation (Fig. 3C). These results suggest a role of DNA methylation in regulating PGC-1 $\alpha$ /mitochondrial biogenesis in human WJ-MSCs, likely involving PGC-1 $\alpha$  promoter methylation, which can negatively regulate PGC-1 $\alpha$  expression. In the presence of AMPK inhibitor, Compound C (CC), the effects of AZA on PGC-1 $\alpha$  expression and DNA methylation were suppressed (Fig. 3A–C), which suggests AMPK activation is required for DNA demethylation-induced increase in mitochondrial biogenesis of WJ-MSCs.

### *AMPK activation increased PGC-1 $\alpha$ mRNA expression in human MSCs of women with diabetes during pregnancy, concomitant with decreased level of PGC-1 $\alpha$ promoter methylation*

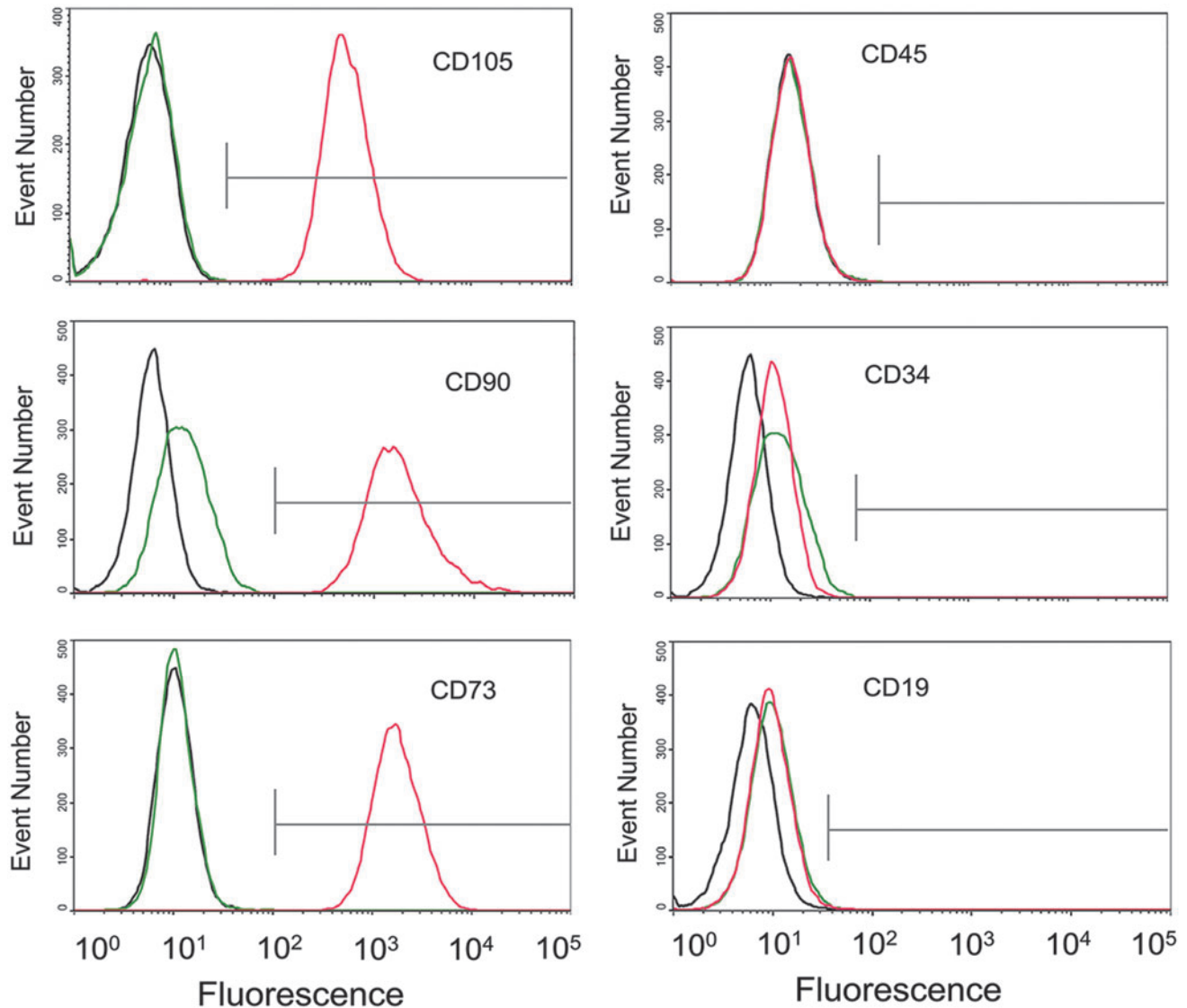
To determine the roles of AMPK, WJ-MSCs from patients with diabetes during pregnancy were treated with AMPK activators, metformin or AICAR. As results shown in Fig. 4, metformin and AICAR treatment significantly increased PGC-1 $\alpha$  expression in WJ-MSCs (Fig. 4A), which was associated with significant decreases in DNA methylation of PGC-1 $\alpha$  promoter (Fig. 4B). Activation of AMPK by AICAR or metformin in WJ-MSCs was demonstrated by increased ACC and AMPK phosphorylation (Fig. 4C).

### *AMPK-induced decrease of PGC-1 $\alpha$ promoter methylation lasts after differentiation*

To determine whether AMPK activation-induced alteration in PGC-1 $\alpha$  promoter methylation in WJ-MSC persists after differentiation, WJ-MSCs were treated with metformin or AICAR for 1 day prior differentiation and myo-differentiation was induced after withdrawal of the treatment. Metformin or AICAR pretreatment resulted in decreased DNA methylation of PGC-1 $\alpha$  promoter at 6 days after induction of myogenesis (Fig. 5).

### *AMPK activation before differentiation programs WJ-MSCs for increased myogenic differentiation and mitochondrial function*

We next determined how AMPK activation in WJ-MSCs impacts the myogenic differentiation capacity. As results shown in Fig. 6A, treatment of WJ-MSCs with AICAR or metformin prior differentiation significantly increased the



**FIG. 1.** Flow cytometry histogram of WJ-MSCs. Undifferentiated WJ-MSCs at passage #3 were pooled (from all four subjects) and stained for indicated stem cell markers. *Red lines* indicate staining with CD105, CD90, CD73, CD34, CD45, and CD19 antibodies; *green lines* indicate corresponding isotype controls; *black lines* indicate unstained background fluorescence. WJ-MSC, Wharton's Jelly mesenchymal stem cell.

abundance of myosin heavy chain (myosin HC) at 6 days (AICAR) and 18 days (metformin) of myogenic differentiation. Also, WJ-MSC pretreatment with metformin or AICAR significantly increased desmin expression at 6 or 12 days after induction of myogenic differentiation, respectively (Fig. 6B).

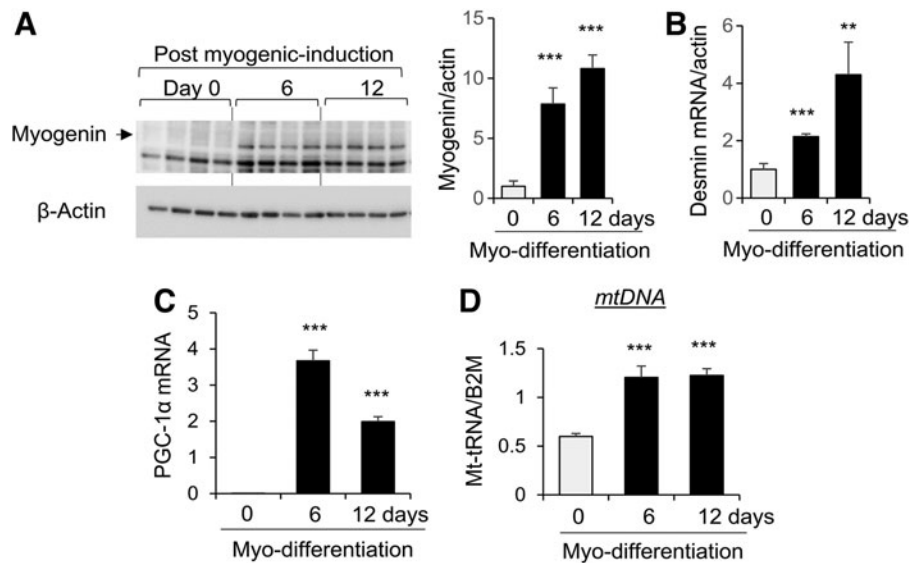
To determine how AMPK activation before differentiation impacts mitochondrial bioenergetics after myogenesis, the Seahorse Extracellular Flux analyzer was used to measure oxygen consumption (OCR) overtime and after sequential injections of modulators (Seahorse XF cell mito stress test kit; Agilent), including oligomycin (Olig, ATP synthase inhibitor, 1  $\mu$ M), phenylhydrazine (FCCP, uncoupler, 1  $\mu$ M), and Antimycin A & Rotenone (mitochondrial respiration inhibitor, 0.5  $\mu$ M). As results shown in Fig. 6C, the baseline and maximal respiration, and ATP-linked OCR were significantly increased in AICAR pretreated MSCs

upon myogenic differentiation (Fig. 6C). Together, those results suggest that "priming" of WJ-MSCs with AMPK activator enhanced their myogenic differentiation capacity and mitochondrial function.

## Discussion

Through studying WJ-MSCs from women with diabetes during pregnancy, this study revealed a role of DNA methylation in regulating mitochondrial biogenesis in WJ-MSCs, and demonstrated the capability of pharmaceutical AMPK activators to regulate epigenetic programming of mitochondrial biogenesis in human WJ-MSCs, promoting their myogenic capacity and mitochondrial function.

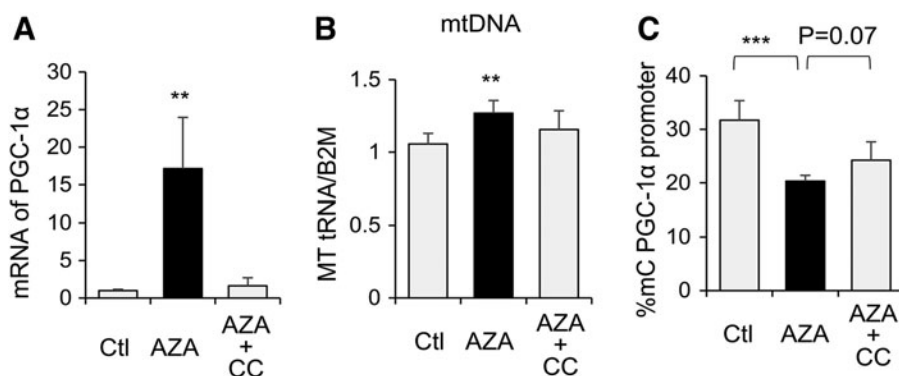
It has been increasingly recognized that an adverse intrauterine environment can induce fetal programming of metabolic diseases later in life [23–27]. However, the



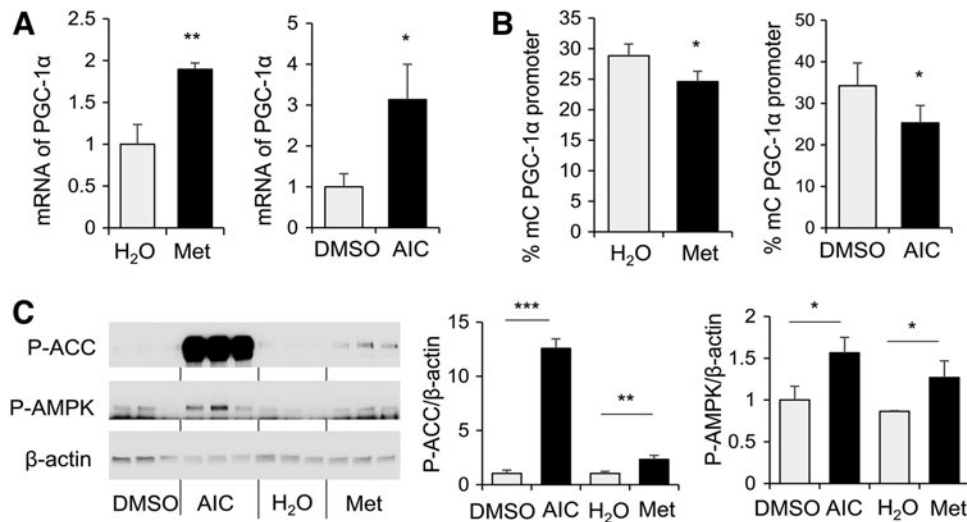
**FIG. 2.** Induction of myogenic differentiation of human WJ-MSCs is associated with increased PGC-1 $\alpha$  and mitochondrial content. WJ-MSCs were induced for myogenic differentiation. At day 0 (before differentiation), 6, and 12 after differentiation, the levels of Myogenin protein (**A**), desmin mRNA (**B**), PGC-1 $\alpha$  mRNA (**C**), and MT-tRNA (mtDNA, **D**) were measured by western blot analysis or real-time PCR and normalized to  $\beta$ -actin protein,  $\beta$ -actin mRNA, or B2M gene, respectively. Bar graphs were presented as mean  $\pm$  SD,  $n=4$  in each group, \*\* $P < 0.01$ ; \*\*\* $P < 0.001$  compared with day 0 groups. B2m,  $\beta$ 2-microglobulin; mtDNA, mitochondrial DNA; PGC-1 $\alpha$ , proliferator-activated receptor- $\gamma$  coactivator-1 $\alpha$ ; SD, standard deviation.

underlying mechanisms and effective treatments remain largely unknown in humans, partly due to limited accessibility of human fetal tissues. As perinatal stem cells, human WJ-MSCs are a valuable tool to unravel the cell type-specific mechanisms of fetal programming and explore potential therapeutic approaches in humans as they have multilineage differentiation capacity, a relatively homogeneous population, and a close association of their in vitro differentiation capacity with infant and offspring metabolism [1,3–5]. In this study, we used the WJ-MSCs from patients with diabetes during pregnancy to determine whether pharmaceutical AMPK activators can restore the relevant alterations in WJ-MSCs exposed to in utero diabetic environment.

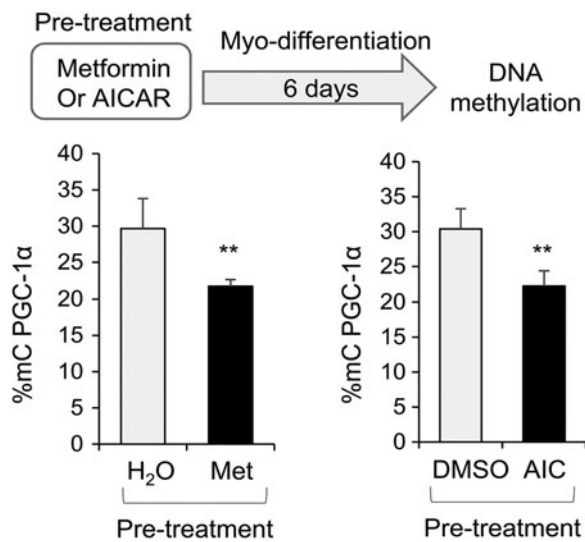
Human WJ-MSCs affected by GDM display mitochondrial dysfunction and reduced expression of PGC-1 $\alpha$ , the central regulator of mitochondrial biogenesis [11]. In addition, expression of PGC-1 $\alpha$  is decreased in skeletal muscle of adult offspring of women with GDM, which is significantly associated with offspring insulin resistance [29]. Those studies point to PGC-1 $\alpha$  as an important component in fetal programming, which is affected by intrauterine exposure to the diabetic milieu and may impact skeletal muscle insulin sensitivity later in life. We demonstrated that WJ-MSCs can be induced in vitro to differentiate into myocyte lineage. Such myogenic induction was associated with increased PGC-1 $\alpha$  expression, as well as increased mtDNA abundance.



**FIG. 3.** DNA demethylation significantly increased PGC-1 $\alpha$  expression and mitochondrial content in WJ-MSCs, which requires AMPK. WJ-MSCs were treated with the 5 Azacytidine (AZA, 5  $\mu$ M), or AZA with compound C (AZA 5  $\mu$ M+CC 10  $\mu$ M) for 2 days. (**A**) Total RNA was extracted and PGC-1 $\alpha$  expression was measured by RT-PCR and normalized to  $\beta$ -actin mRNA. (**B**) DNA was extracted and mtDNA abundance was determined by measuring Mt-tRNA with RT-PCR and normalized to B2M. (**C**) PGC-1 $\alpha$  promoter methylation was measured. Bar graphs were presented as mean  $\pm$  SD,  $n=4$  in each group, \*\* $P < 0.01$ ; \*\*\* $P < 0.001$ . AMPK, AMP-activated protein kinase; CC, Compound C; MT-tRNA, mitochondrial transfer RNA.



**FIG. 4.** AMPK activation increased PGC-1 $\alpha$  mRNA expression in human MSCs of women with diabetes during pregnancy, concomitant with decreased level of PGC-1 $\alpha$  promoter methylation. Diabetic WJ-MSCs were treated with metformin (Met, 2 mg/mL), AICAR (AIC, 2 mM), or vehicle controls for 1 day. (A) Total RNA was extracted and PGC-1 $\alpha$  expression was measured by RT-PCR and normalized to  $\beta$ -actin mRNA. (B) DNA was extracted and PGC-1 $\alpha$  promoter methylation was measured. (C) Protein extracts were subjected to western blot analysis and levels of P-(Ser79)-ACC, P-(Thr172)-AMPK, and  $\beta$ -actin. Were measured. Bar graphs were presented as mean  $\pm$  SD,  $n=4$  in each group, \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ . Results of WJ-MSCs from one diabetic subject were shown. Similar results were obtained in WJ-MSCs from three individuals with diabetes during pregnancy.

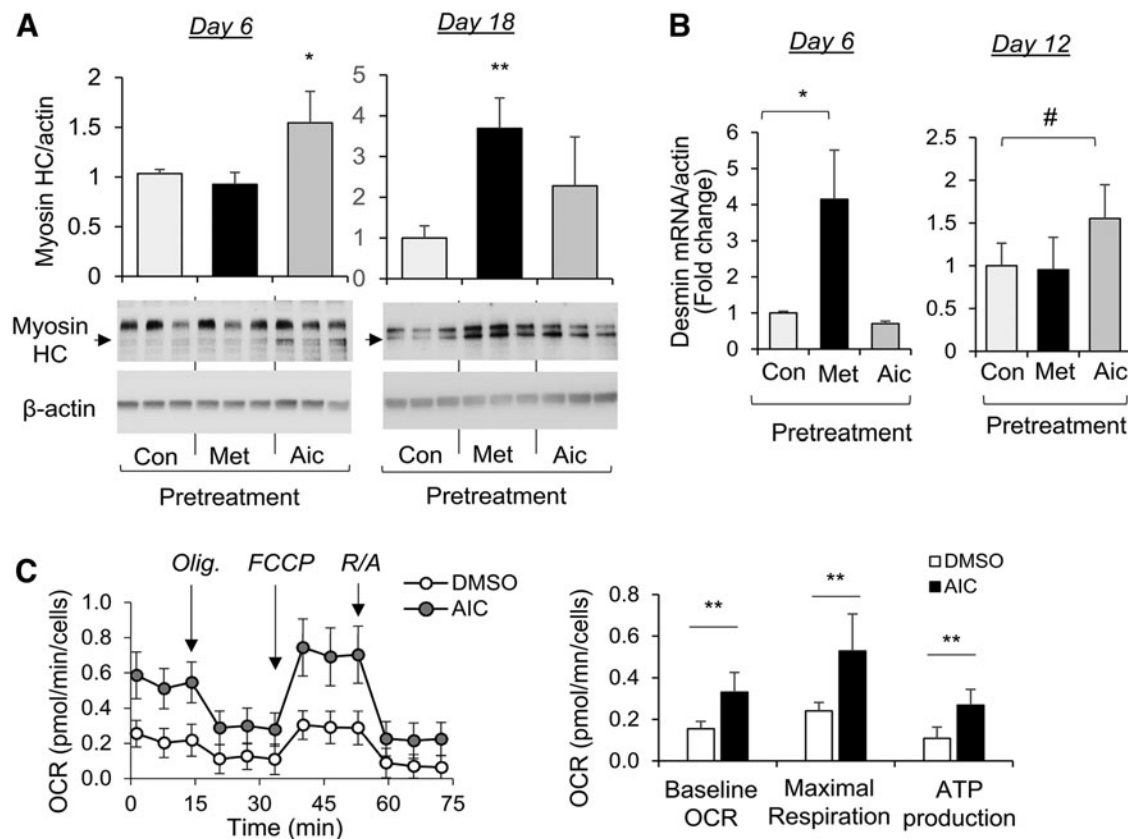


**FIG. 5.** Decreased PGC-1 $\alpha$  promoter methylation by prior-differentiation treatment of AMPK activators persisted after myogenic differentiation. Diabetic WJ-MSCs were treated with metformin (Met, 2 mg/mL), AICAR (AIC, 2 mM), or vehicle controls. The treatments were withdrawn after 2 days and myogenic differentiation was induced. DNA was extracted and PGC-1 $\alpha$  promoter methylation was measured at 6 days after differentiation. Bar graphs were presented as mean  $\pm$  SD,  $n=4$  in each group, \*\* $P < 0.01$ . Results of WJ-MSCs from 1 diabetic subject were shown. Similar results were obtained in WJ-MSCs from three individuals with diabetes during pregnancy.

Mitochondrial biogenesis and remodeling upon differentiation of stem cells into myocytes are critical to meet the increased energy demand [9,28]. Epigenetic programming is a critical process during fetal development and stem cells differentiation [1,30]. We found that inhibition of DNA methylation by AZA decreased PGC-1 $\alpha$  promoter methylation in WJ-MSCs, concomitant with increased PGC-1 $\alpha$  expression and mtDNA content, which was abolished in the presence of AMPK inhibitor Compound C. This suggests that DNA methylation plays a key role in inhibiting PGC-1 $\alpha$  expression and mitochondrial content in WJ-MSCs, and restoration of such inhibition requires AMPK. Increased PGC-1 $\alpha$  promoter methylation is observed in skeletal muscle of human subjects exposed to an unfavorable intrauterine environment, including maternal high-fat diet [31,32].

As DNA methylation can be retained throughout life, the decreased expression of PGC-1 $\alpha$  in skeletal muscle of adult offspring of women with GDM as reported by Kelstrup et al. [29] can be explained by increased PGC-1 $\alpha$  DNA methylation as a result of fetal exposure to the diabetic milieu during pregnancy. However, Kelstrup et al. did not find a direct association between PGC-1 $\alpha$  expression and promoter methylation in skeletal muscle [29]. Mixed cell types and the epigenetic heterogeneity in the muscle samples may explain their inability to make this association [33]. Cell type-specific DNA methylation and gene expression analysis warrant future studies.

As an energy sensor, AMPK has been widely studied in metabolic active tissues, such as liver and muscle [13,14,34]. Much less is known about the roles of AMPK in fetal programming of metabolic diseases. AMPK activity during gestation is suppressed by maternal overnutrition, including obesity and diabetes [7,11,12,19]. We showed that pharmaceutical treatments, including metformin and



**FIG. 6.** Treatment with an AMPK activator, AICAR, enhanced the differentiation capacity of human WJ-MSCs into myocytes. WJ-MSCs were treated with metformin (Met, 2 mg/mL) or AICAR (AIC, 2 mM) for 2 days and myogenic differentiation was induced after withdrawing the treatment. **(A)** Myosin heavy chain levels at 6 and 18 days after myo-differentiation were shown. **(B)** Desmin mRNA levels at 6 and 12 days after myo-differentiation were measured by real-time PCR and normalized to  $\beta$ -actin. Bar graphs were presented as mean  $\pm$  SD,  $n = 3-4$  in each group, \* $P < 0.05$ ; \*\* $P < 0.01$ ; # $P < 0.05$  (one-tail). **(C)** At 4 days after myo-differentiation, OCR was measured over time and after stress treatment of Olig (1  $\mu$ M), FCCP (1  $\mu$ M), and Ant.A&Rot (0.5  $\mu$ M). Indices of baseline OCR, maximal respiration, and ATP production were calculated according to altered OCR after the treatment. Mean  $\pm$  SD,  $n = 8$  in each group, \*\* $P < 0.01$ . OCR, oxygen consumption rate.

AICAR, can activate AMPK in WJ-MSCs from women with diabetes. Increasing evidence demonstrates that AMPK plays a critical role in epigenetic regulations, including DNA methylation and histone modification [12,15–17]. We demonstrated that AMPK activators significantly reduced PGC-1 $\alpha$  promoter methylation, which was associated with increased PGC-1 $\alpha$  mRNA expression in diabetic WJ-MSCs.

This is consistent with our previous findings on human placenta [12] and vascular cells [17]. Of note, AMPK activation-induced PGC-1 $\alpha$  promoter demethylation in WJ-MSCs of diabetic patients persisted after induction of myogenesis. We further demonstrated that preconditioning of WJ-MSCs with AMPK activators program WJ-MSCs to increased myogenic differentiation capacity and enhanced mitochondrial function. Mitochondria and energy management play crucial roles in myogenic stem cell fate and function [9,28]. In particular, increased oxidative metabolism enhances myogenic capabilities and skeletal muscle insulin sensitivity [35]. Thus, early-life AMPK activation has the potential to restore the altered PGC-1 $\alpha$ /mitochondrial programming due to intrauterine exposure to maternal diabetes.

The strengths of this study include using human WJ-MSCs from individuals with diabetes during pregnancy, demonstration of epigenetic regulation of PGC-1 $\alpha$ /mitochondrial content, and providing AMPK as a promising early therapeutic target for offspring metabolic disease prevention. Limitation includes small patient sample size. The main findings of AMPK epigenetic effects were consistent in WJ-MSCs from three individuals with diabetes during pregnancy. However, larger scale studies are needed to determine potential subject-specific responses to AMPK activators.

In conclusion, this study revealed that epigenetics plays a role in regulating PGC-1 $\alpha$ /mitochondrial content and transient AMPK activation in stem cells can result in lasting epigenetic changes in PGC-1 $\alpha$ , enhancing myogenic differentiation capacity and mitochondrial function. AMPK activity is suppressed by maternal overnutrition, including obesity and diabetes [7,11,12,19]. Thus, restoration of AMPK activity in maternal overnutrition during early life may have the potential to “reprogram” PGC-1 $\alpha$ /mitochondria signaling to attenuate the long-term consequences of adverse maternal environment on offspring.

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## Author Disclosure Statement

The authors have no conflict of interests to disclose.

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Address correspondence to:

*Dr. Shaoning Jiang*  
*Section of Diabetes and Endocrinology*  
*Department of Pediatrics*  
*1200 Children's Ave Suite 4500*  
*Oklahoma City, OK 73104*  
*USA*

*E-mail: shaoning-jiang@ouhsc.edu*

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