

## GENERAL ARTICLE

# Lysosomes and the pathogenesis of merosin-deficient congenital muscular dystrophy

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## Abstract

Congenital muscular dystrophy type 1A (MDC1A), the most common congenital muscular dystrophy in Western countries, is caused by recessive mutations in *LAMA2*, the gene encoding laminin alpha 2. Currently, no cure or disease modifying therapy has been successfully developed for MDC1A. Examination of patient muscle biopsies revealed altered distribution of lysosomes. We hypothesized that this redistribution was a novel and potentially druggable aspect of disease pathogenesis. We explored this hypothesis using *candyfloss* (*caf*), a zebrafish model of MDC1A. We found that lysosome distribution in *caf* zebrafish was also abnormal. This altered localization was significantly associated with fiber detachment and could be prevented by blocking myofiber detachment. Overexpression of transcription factor EB, a transcription factor that promotes lysosomal biogenesis, led to increased lysosome content and decreased fiber detachment. We conclude that genetic manipulation of the lysosomal compartment is able to alter the *caf* zebrafish disease process, suggesting that lysosome function may be a target for disease modification.

## Introduction

Congenital muscular dystrophies (CMDs) are a group of congenital onset genetic diseases that share the common features of neonatal hypotonia, extremity muscle weakness and developmental motor dysfunction (1–5). As a group, CMDs are associated with severe lifelong disabilities, often including both ventilator and wheelchair dependence (6). Improvements in general care management, including physical, respiratory, speech and

occupational therapies, together with corrective eye and cardiac surgeries, result in increased survival and longevity in patients with CMD (7–9). Recently, biomarkers and several therapeutic approaches have been established in preclinical models for some CMDs (5,10,11). However, there is currently no cure, nor any disease modifying therapy, for any CMD subtype; thus, there is a critical need to identify new treatment strategies for these devastating disorders.

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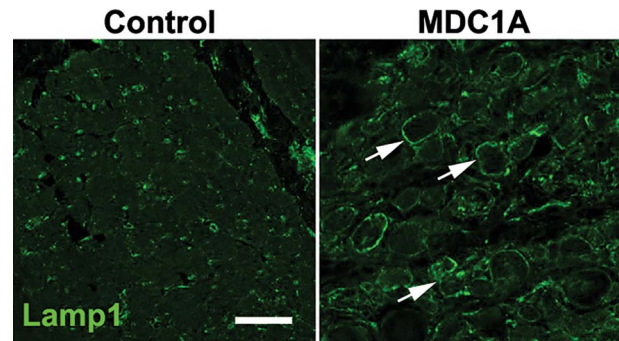
CMDs are clinically and genetically diverse disorders (12,13). The three most common subtypes are merosin-deficient congenital muscular dystrophy (MDC1A), collagen VI-related CMD and the dystroglycanopathies (12,14). Mutations that cause these disorders arise in genes that encode components of the muscle attachment apparatus, which normally performs the functions of linking the myofiber cytoskeleton to the extracellular matrix (ECM) and providing mechanical stability to the muscle during contraction (12).

MDC1A is the most common form of CMD (15–17). It is caused by recessive mutations in laminin- $\alpha$ 2 (*LAMA2*), which leads to the loss of laminin-211 expression (18), the primary laminin isoform found in the basal lamina of skeletal muscle and Schwann cells (18–21). Laminin-211 regulates muscle membrane stability and mediates cell signaling through interactions with the cell surface receptors  $\alpha$ -dystroglycan and  $\alpha$ 7 $\beta$ 1-integrin, both of which play a role in muscle force-production (22,23).  $\alpha$ -dystroglycan is specifically implicated in mediating attachment between ECM and the actin cytoskeleton (24,25), while  $\alpha$ 7 $\beta$ 1-integrin has been implicated in cell signaling pathways (26,27).

While the primary pathomechanism of MDC1A in skeletal muscle is detachment of muscle fibers from the basal membrane (28,29), dystrophic fibers in this condition maintain their sarcolemmal integrity (30) and are long-lived, undergoing remodeling before initiating a delayed cell death process (29) that leads to muscle wasting. Vertebrate models of the disease have suggested that abnormalities in degradation pathways contribute to the disease pathology. For example, increased activity of the ubiquitin-proteasome system (UPS), increased apoptosis and aberrant autophagy have been observed in mouse models of MDC1A, and these seem to exacerbate the dystrophic pathology (31–33). Furthermore, inhibiting these pathways provides partial improvement of the murine disease phenotype (32–37). Of note, while UPS and autophagy are distinct processes, there is considerable crosstalk between them, particularly in relation to muscle wasting, an important component of MDC1A (33,38–41). Lysosomes are critical common downstream mediators for aspects of these pathways (42,43) and have been implicated in membrane repair in various muscle disorders (44–46), making them an attractive subcellular compartment for drug targeting.

Zebrafish offer unique advantages for the study of MDC1A (47). The optical clarity of the zebrafish, along with the ease of genetic manipulation, enables the assessment of pathways in live embryos (48). Zebrafish also readily absorb small molecules and are thus ideal for testing the effects of chemical modifiers (49). Lastly, zebrafish have proven to accurately model the key features of MDC1A (50–52). The main zebrafish model of MDC1A is *candyfloss*<sup>teg15a</sup> (*caf*), which harbors a mutation in the *lama2* gene that leads to a premature stop codon and absence of LAMA2 expression (50). In this model, muscle fibers detach and retract from the myosepta beginning at 2 days post-fertilization (dpf), followed thereafter by progressive myofiber detachment and impaired motor function that ultimately leads to death between 9 and 14 dpf (50).

In this study, we explored roles for lysosome biogenesis and its regulatory mechanisms in identifying potential new therapeutic strategies for MDC1A. We observed alterations in the expression and distribution of lysosomes in muscle biopsies from MDC1A patients. We validated the altered localization in the *caf* zebrafish model for MDC1A and tested the impact of modulation of lysosomal function on the zebrafish phenotype. We observed significant changes in *caf* muscle fiber detachment with expression of the lysosomal biogenesis-promoting transcription factor EB (TFEB). On the other hand, we did not



**Figure 1.** Lysosome distribution in muscle biopsies. Cross section of muscle samples from control and MDC1A patients, stained with antibody against Lamp1. Compared with the control sample, lysosomes appear to redistribute within muscle fibers and congregate at the membrane ( $n = 3$  for each).

detect improvement in dystrophic changes or overall motor function with chemical manipulation of lysosomes. We also showed that, similar to mammalian models of MDC1A, the UPS is significantly upregulated in *caf* mutants (32) and confirmed the ability of the UPS inhibitor MG-132 to modify the MDC1A phenotype. In all, we identified lysosomal redistribution as a novel feature of MDC1A pathology and provide data showing that increasing lysosomal number can improve an MDC1A phenotype in a pre-clinical model of the disease.

## Results

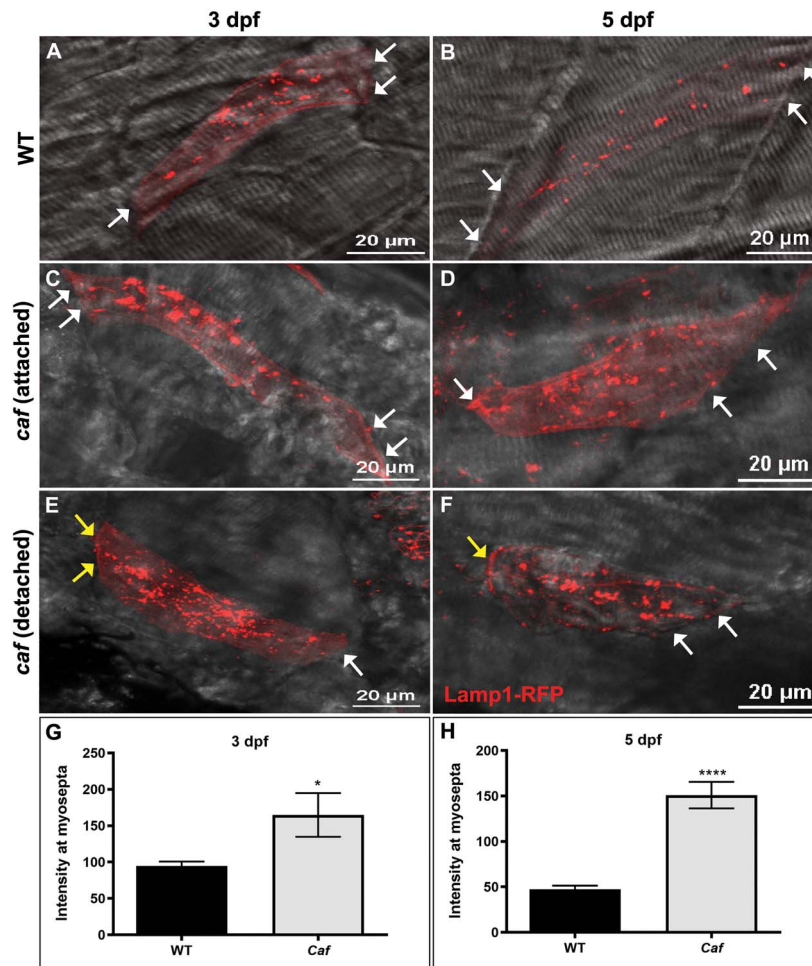
### Abnormal distribution of lysosomes in muscle biopsies from MDC1A patients

We examined lysosomal distribution in muscle biopsies from muscular dystrophy patients using an antibody to the endo-lysosomal protein Lamp1. In non-dystrophic biopsy samples, as well as in cases of muscular dystrophy not associated with LAMA2 mutation, we observed the typical sparse punctate expression of Lamp1. However, in a subset of fibers from MDC1A biopsies, we saw a clear re-distribution of Lamp1 staining around the myofiber membrane (Fig. 1).

### Abnormal distribution of lysosomes in a zebrafish model of MDC1A

We next sought to validate the observed change in lysosome expression in a zebrafish model of MDC1A (*candyfloss* or *caf*), which harbors a recessive mutation in *lama2*. To visualize lysosomes, we used a heat shock-inducible Lamp1-RFP cDNA construct injected into one-cell stage embryos. We performed live image analysis to examine the lysosome distribution at 3 and 5 dpf (Fig. 2). At both time points, wild-type (WT) clutch mates demonstrated a punctate pattern of Lamp1 expression consistent with the predicted cytoplasmic distribution of lysosomes (Fig. 2A and B). In *caf* mutants, however, we observed expression as large puncta both in the cytoplasm and at the myoseptal membrane (Fig. 2C–F). Membrane localization of lysosomes was detected in *caf* mutants starting at 3 dpf and became more pronounced by 5 dpf. The intensity of Lamp1-RFP at the myosepta was significantly higher in *caf* mutants than WT embryos (Fig. 2G and H). It was also seen in both attached and detached fibers (Fig. 2C–F).

In order to determine whether or not lysosome mislocalization to the myosepta is dependent upon muscle fiber detachment in *caf* mutants, we repeated Lamp1-RFP visualization in *caf* embryos immobilized in N-benzyl-p-toluene sulphonamide



**Figure 2.** Lysosome distribution in *caf* mutants. (A–B) Lamp1-RFP expression in WT embryos shows that lysosomes are distributed throughout the cytoplasm in myofibers but not at myosepta (white arrows) at 3 and 5 dpf. (C–F) Lysosomes redistribute partially to the myosepta (white arrows) in *caf* mutants at 3 dpf ( $n = 10$  fibers) and 5 dpf ( $n = 25$  fibers), in both attached and detached fibers. Yellow arrows indicate where fibers have detached from the myosepta. (G–H) Lamp1-RFP fluorescence intensity at the myosepta was significantly increased in *caf* mutants at 3 dpf (\*,  $P = 0.035$ ) and 5 dpf (\*\*\*\*,  $P < 0.0001$ ). Bars represent mean  $\pm$  SEM.

(BTS), an inhibitor of myosin ATPase and actin-myosin interaction (53), which has been shown previously to delay muscle fiber detachment and degeneration (50). We first verified that we prevented myofiber detachment by examining muscle birefringence (a measure of myofiber organization) and found, as previously reported (50), that immobilized *caf* zebrafish muscle resembles that of WT (data not shown). We then heat shocked embryos at 3 dpf to induce Lamp1-RFP expression and allowed for a 24-h recovery period. After heat shock induction, we found no significant difference in Lamp1-RFP localization in immobilized *caf* larvae as compared with WT, with little RFP signal detected at the myosepta (Fig. 3A and B). We quantified Lamp1-RFP expression at the myosepta from immobilized larvae and found no statistical difference in expression in immobilized *caf* mutants compared with their WT siblings (Fig. 3C). This suggests that the redistribution of lysosomes to the myosepta is dependent on muscle fiber detachment.

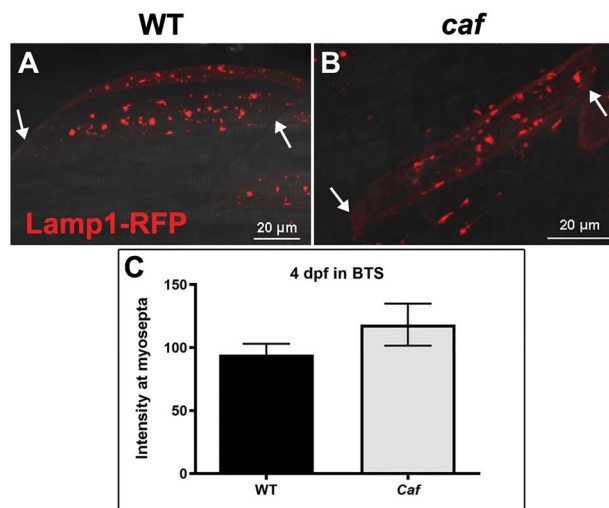
#### Lysosome re-distribution to myosepta is not observed in a dystrophin-deficient zebrafish model

In order to determine whether lysosome redistribution is a feature common to muscular dystrophies, we injected Lamp1-RFP

in *sapje* (*sap*) embryos, a zebrafish model of Duchenne muscular dystrophy (54,55). After manual dechoriation at 24 h post-fertilization (hpf), larvae were heat shocked at 3 dpf and left to recover for 24 h. At 4 dpf, after the onset of fiber detachment in *sap* mutants, we observed Lamp1-positive staining in large cytoplasmic puncta, with increased aggregation in the detached fibers (Fig. 4), similar to *caf* mutants. However, we did not observe a redistribution of lysosomes to the myosepta (Fig. 4B and C). Consistent with this observation, we also did not detect a difference in the intensity of Lamp1-RFP at myosepta in *sap* myofibers (Fig. 4D), implying that the altered expression and localization seen in *caf* mutants is not a feature common to other muscular dystrophy zebrafish models.

#### There is an overall increase in lysosome number in *caf* mutants

In addition to localization, we wanted to see if the overall lysosome abundance was increased in *caf* larval muscle. We therefore quantified Lamp1-RFP expression in the entire myofiber (Fig. 5). There is an increase in overall Lamp1-RFP expression in muscle fibers of *caf* mutants at 3 and 5 dpf, which is significant at 5 dpf (Fig. 5A). However, there is no difference in

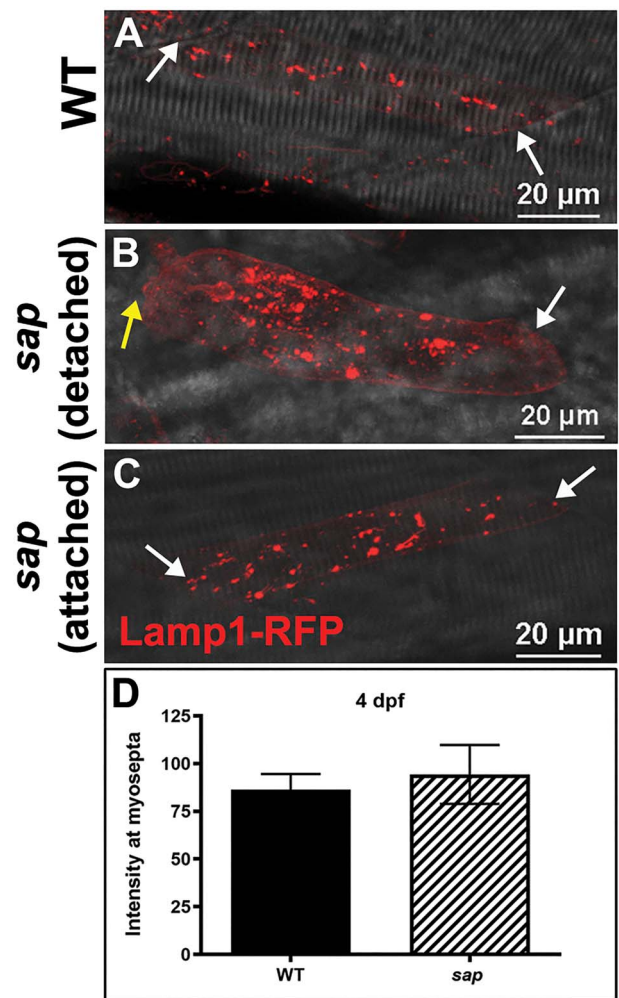


**Figure 3.** Lysosome distribution in immobilized *caf* mutants. (A–B) Lysosome distribution in BTS-immobilized WT and *caf* embryos is similar; lysosomes do not redistribute to the myosepta in paralyzed *caf* mutants. White arrows indicate the side of the fiber attached to the myosepta. (C) Lamp1-RFP fluorescence intensity at the myosepta was not significantly different in immobilized *caf* mutants at 4 dpf ( $P=0.2591$ ,  $n=36$  fibers) compared with WT. Bars represent mean  $\pm$  SEM.

whole-fiber lysosome abundance in immobilized *caf* mutants compared with their WT siblings, although overall expression is upregulated in immobilized embryos (Fig. 5B). This suggests that, in addition to a redistribution of lysosomes to the myosepta, there is an overall upregulation of lysosome biogenesis in *caf* mutants.

#### Increased lysosomal biogenesis moderately protects against myofiber detachment in *caf* zebrafish

Given our observation of altered lysosome expression, we hypothesized that increasing the amount of lysosomes would be protective for myofibers in *caf* mutants by preventing detachment, via membrane repair. To increase lysosomal quantity, we over-expressed TFEB (56,57). Using co-expression with Lamp1-RFP, we first determined that TFEB expression in myofibers increased the number of lysosomes in *caf* myofibers (Fig. 6A). We then examined whether this increase led to a protection from myofiber detachment by expressing in skeletal muscle either TFEB-GFP or GFP attached to a fragment of phospholipase C $\delta$  (PLC $\delta$ -PH-GFP) as control, along with the membrane marker mcherry-CAAX (58) to mark myofibers. We then counted detached versus undetached fibers expressing GFP (Fig. 6B and C). In WT embryos, the number of detached fibers was very minimal and was similar under both conditions (Supplementary Material, Table S1). In *caf* mutant embryos, after counting more than 250 fibers across 15 embryos from each experimental group, we found that the proportion of detached fibers was lower in mutant embryos expressing TFEB-GFP (33.9%) compared with those expressing PLC $\delta$ -PH-GFP (45.4%). This difference between the two experimental groups was significant ( $P=0.0065$ ) as indicated by a chi-square test (Table 1). These results suggest that increasing lysosomal biogenesis has a protective effect on *caf* myofibers. Of note, swimming behavior was not improved in TFEB-expressing *caf* embryos, likely because of the relatively small number of fibers with positive TFEB expression (Supplementary Material, Fig. S1).



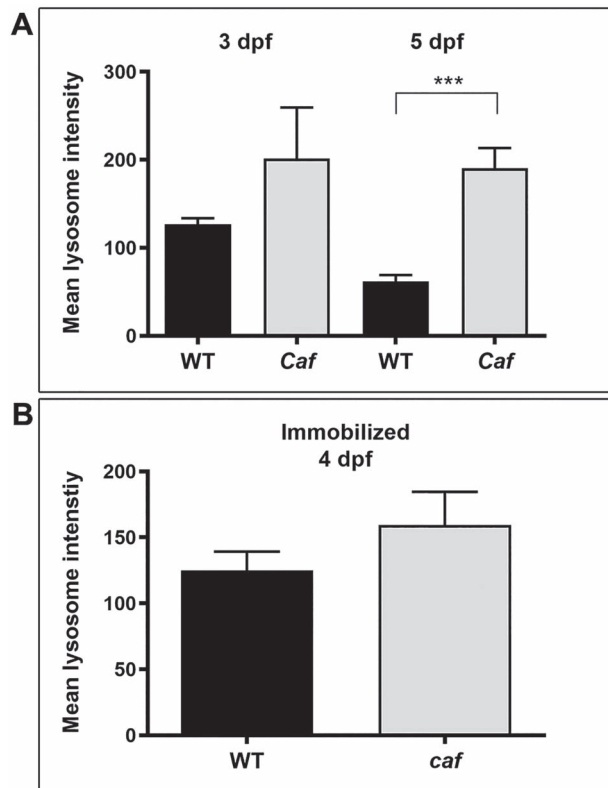
**Figure 4.** Lysosome distribution in *sap* mutants. (A) Lamp1-RFP expression in WT embryos shows that lysosomes are distributed throughout the cytoplasm in myofibers but not at myosepta (white arrows) at 4 dpf. (B–C) There is no significant redistribution of lysosomes to the myosepta (white arrows) in *sap* mutants at 4 dpf ( $n=14$  fibers), in either attached nor detached fibers. Yellow arrows indicate where fibers have detached from the myosepta. (D) Lamp1-RFP fluorescence intensity at the myosepta was not significantly different in *sap* mutants at 4 dpf ( $P=0.6814$ ,  $n=14$  fibers) compared with WT. Bars represent mean  $\pm$  SEM.

#### Treatment with the lysosomal agonist MLSA1 marginally improves swimming behavior but does not alter the dystrophic phenotype of *caf* mutants

We next wanted to chemically target lysosomes in order to determine whether we could improve or exacerbate the MDC1A zebrafish phenotype. Mucopolin synthetic activator 1 (MLSA1) is an activator of the lysosomal transient potential receptor mucopolin 1 (ML1) channel (43,59,60), which is a Ca $^{2+}$  channel localized primarily on the lysosome membrane (61,62). ML1 is involved in lysosomal Ca $^{2+}$  release, an important source of intracellular Ca $^{2+}$ , in addition to the sarcoplasmic reticulum (60,63), and was shown to mediate the Ca $^{2+}$ -dependent membrane delivery to damaged sarcolemma (46). Recently, it was shown that ML1 KO mice develop an early-onset muscular dystrophy due to a reduction in sarcolemma repair and that overexpressing the channel in a DMD mouse model (*mdx*) reduces its dystrophic phenotype (43). We treated zebrafish embryos with increasing

**Table 1.** Increasing lysosomal biogenesis protects against myofiber detachment. Number of fibers expressing the GFP constructs were counted and data were analyzed for Chi-square with Yates' correction (Chi-square = 7.402;  $P = 0.0065$ )

<i>caf</i> mutant	Detached fibers	Undetached fibers	Total
TFEB-GFP	103	201	304
PLC $\delta$ -PH-GFP	122	147	269
Total	225	348	573



**Figure 5.** Mean overall Lamp1-RFP fluorescence intensity in muscle fibers. (A) There is an overall increase in Lamp1-RFP expression at 3 dpf ( $n = 10$  fibers) and 5 dpf ( $n = 25$  fibers) in *caf* mutants compared with WT siblings that is not significant at 3 dpf ( $P = 0.4431$ ) but it is significant at 5 dpf ( $P = 0.0026$ ). (B) There is no overall difference in Lamp1-RFP expression in immobilized *caf* mutants compared with immobilized WT siblings ( $P = 0.3164$ ,  $n = 36$  fibers), nor in *sap* mutants compared with their WT siblings ( $P = 0.789$ ,  $n = 14$  fibers). Bars represent mean  $\pm$  SEM.

concentrations of MLSA1 and found that 8  $\mu$ M MLSA1 is the maximum concentration that is not toxic. We added the drug at two different developmental times (24 hpf and at 3 dpf) and then assessed the swimming behavior at 3 dpf (Supplementary Material, Fig. S2) and 5 dpf (Fig. 7). At 3 dpf, we did not observe significant differences between treated and untreated *caf* mutants. We observed, however, a significant decrease in distance traveled by WT-treated compared with WT-untreated embryos (Supplementary Material, Fig. S2B). At 5 dpf, we did observe a positive change with MLSA1 in swim behavior of *caf* mutants. Specifically, treatment of *caf* mutants with 8  $\mu$ M MLSA1 significantly increased their time spent moving (Fig. 7A). There were, however, no significant improvements in the total distance traveled or average velocity in treated compared with untreated *caf* mutants (Fig. 7A).

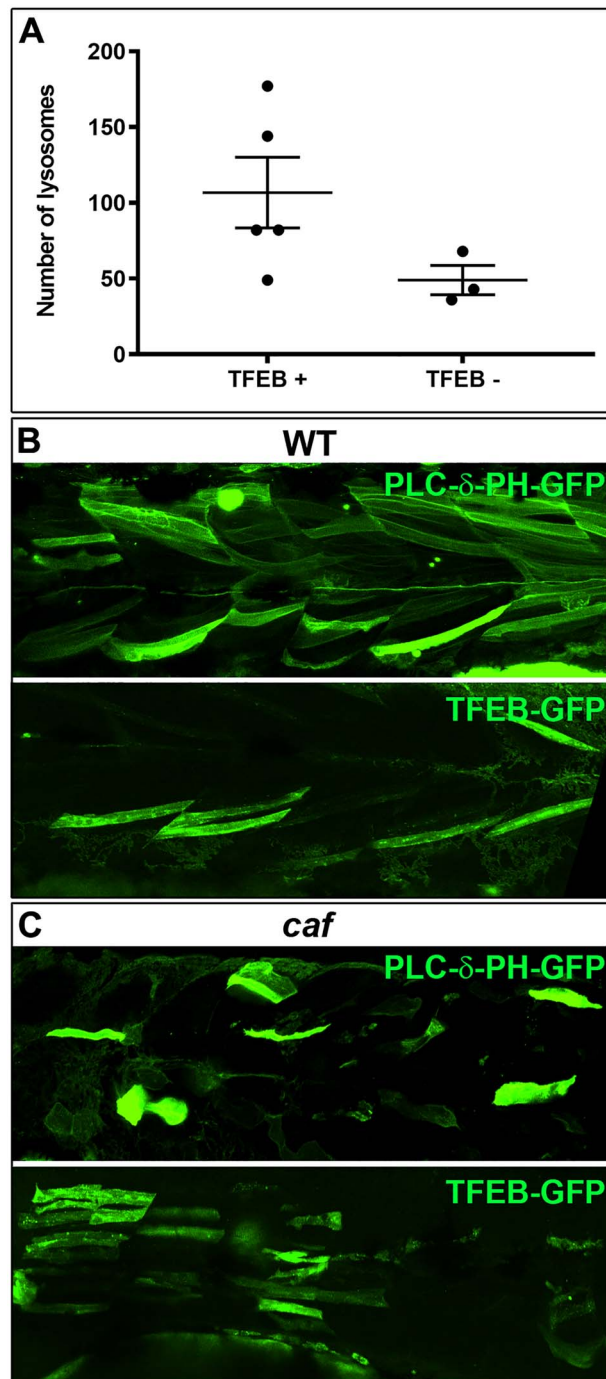
To determine whether MLSA1 had any impact on the dystrophic phenotype of *caf* mutants, we quantified the intensity of birefringence in treated versus untreated *caf* mutants and their WT siblings at 3 dpf. We found no significant improvement of the dystrophic phenotype of *caf* mutants compared with the untreated mutants (Supplementary Material, Fig. S2D). To determine whether lysosome distribution is altered by MLSA1 treatment, we did immunostaining with anti-Lamp1 antibodies on whole-mount embryos at 5 dpf. We found no differences in Lamp1 localization between treated and untreated groups (Fig. 7B). Overall, these data suggest that MLSA1 has only marginal benefit in *caf* mutants, though an important caveat is that we were not able to verify drug-target engagement.

### Inhibition of lysosome-membrane fusion with Vacuolin does not exacerbate the swimming behavior or the dystrophic phenotype of *caf* mutants

Vacuolin blocks  $Ca^{2+}$ -dependent fusion of lysosomes to the cell membrane, thereby inhibiting cellular exocytosis (64). We hypothesized that this chemical would exacerbate the *caf* phenotype because it interferes with proper lysosomal function. We first treated zebrafish embryos with increasing concentrations of Vacuolin and found that 15  $\mu$ M Vacuolin is the maximum non-toxic concentration. As with MLSA1, we added the drug at two different developmental times (24 hpf and at 3 dpf) and assessed swimming behavior at 3 dpf (Supplementary Material, Fig. S2) and 5 dpf (Supplementary Material, Fig. S3). We did not observe a significant change in swimming behavior at 3 or 5 dpf with any concentration of Vacuolin in *caf* mutants (Supplementary Material, Figs S2 and S3). We did observe, however, a dose-dependent worsening of swimming behavior in WT embryos (Supplementary Material, Fig. S3). There was no significant worsening of the dystrophic phenotype of treated *caf* mutants compared with the untreated mutants, as assessed by birefringence at 3 dpf (Supplementary Material, Fig. S2). In all, our data did not support an exacerbation of the dystrophic mutant phenotype with lysosomal inhibition, again with the caveat of lack of confirmation of drug-target engagement.

### Class III PI3 kinase inhibitors do not alter the phenotype of *caf* mutants

Targeting autophagy has been shown to be therapeutically beneficial in an MDC1A mouse model (33). Specifically, systemic treatment with 3-MA, a class III PI3K inhibitor that acts to prevent autophagosome formation (65–67), results in a moderate improvement to the dystrophic phenotype and walking time of the *Lama2* mutant mice  $dy^{3k}/dy^{3k}$  (33). To assess autophagy levels in *caf* mutants, we performed immunostaining and western blot analysis using anti-LC3 antibody, an autophagy marker (68–70). We found that *caf* mutants have increased levels of LC3 (Fig. 8 A and B). To determine whether 3-MA treatment affects autophagy in zebrafish embryos, we looked at LC3 levels in WT embryos.



**Figure 6.** Increasing lysosomal biogenesis moderately protects against myofiber detachment in *caf* zebrafish. (A) Lysosomal biogenesis transcription factor TFEB increases the number of lysosomes in myofibers, however not significantly ( $P = 0.1200$ ). (B) Confocal micrographs illustrating GFP-expressing myofibers in WT embryos. (C) Confocal micrographs illustrating GFP-expressing myofibers in *caf* mutant embryos (detached fibers: TFEB-GFP = 33.9%; PLC $\delta$ -PH-GFP = 45.4%;  $P = 0.0065$ ).

We found that autophagy is reduced in WT-treated zebrafish compared with untreated WT group (Fig. 8C). We were interested to determine if autophagy inhibition leads to an improvement in the phenotype of *caf* zebrafish. We thus tested 3-MA at several doses, including 10 mM, the highest non-toxic concentration.

Regardless of the dosage, we saw no change in any aspect of swimming behavior of *caf* mutants treated with 3-MA as compared with control mutants (Fig. 8D–F).

Given that 3-MA is not entirely specific as a class III PI3 kinase inhibitor (67), we additionally tested a more specific class III PI3K inhibitor, Vps34-IN1 (71,72). Vps34, a class III PI3K involved in generating PI3P, is essential for phagosome formation and maturation and for completion of phagocytosis (73,74). We observed a small but not statistically significant improvement in treated *caf* mutants in time spent moving (Fig. 9A) and total distance traveled (Fig. 9B). We detected no changes in the dystrophic phenotype in *caf* mutants after Vps34-IN1 treatment, as assessed by birefringence (Fig. 9D).

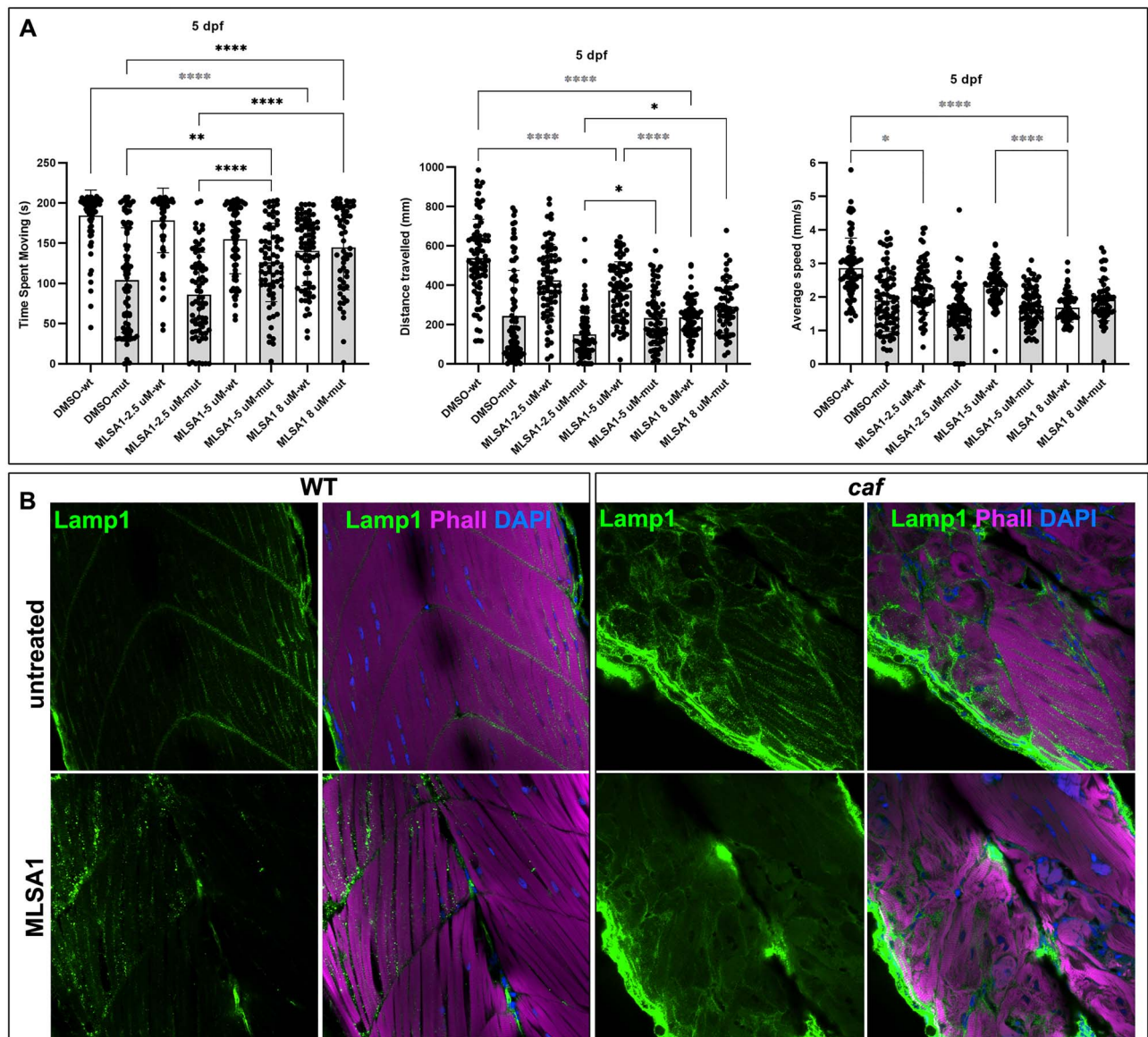
### Inhibition of UPS significantly improves the phenotype of *caf* mutants

To determine whether the UPS is also upregulated in the zebrafish model of MDC1A, similar to the mouse model (32), we measured the levels of Polyubiquitinated (PolyU) conjugates in zebrafish embryos at 5 dpf. We found that PolyU levels are significantly increased in *caf* mutants (Fig. 10A and B). Previous studies showed that pharmacological inhibition of the proteasome successfully rescues aspects of the muscle phenotype in several muscular dystrophies (32,75–77). Of these, the MG-132 proteasome inhibitor was shown to improve the dystrophic phenotype and lifespan of the *dy<sup>2K</sup>/dy<sup>2K</sup>* mouse model of MDC1A (32) and the *sap* zebrafish model of DMD (78). We therefore tested MG-132 in our *caf* zebrafish. Corroborating the findings in the mouse, we found that 10  $\mu$ M MG-132 treatment improves the swimming behavior of *caf* mutants at 3 dpf (Fig. 10C–F). While there was no significant improvement in time spent moving (Fig. 10C), treated embryos had significant improvement in distance traveled (Fig. 10D) and average velocity (Fig. 10E). We also looked at the extent of muscle fiber detachment and degeneration with birefringence, and we found that MG-132 improves the dystrophic phenotype of *caf* zebrafish at 3 dpf, although the chemical does not restore muscle integrity to WT levels (Fig. 10F). The therapeutic benefit of MG-132 in the *caf* mutants did not extend beyond 3 dpf, as there was no improvement in swimming behavior of *caf* larvae at 4 dpf (Supplementary Material, Fig. S4A–C). Furthermore, there was no survival benefit with 10  $\mu$ M MG-132 (Supplementary Material, S4D). These data suggest that MG-132 promote modest but significant benefit in the *caf* mutants, consistent with the data from MDC1A mice (32).

### Discussion

Normal development and functioning of the skeletal muscle depends on tightly regulated protein synthesis and degradation events (39). The autophagy-lysosome pathway and the UPS play essential roles in protein degradation and quality control of skeletal muscle proteins (39). In many muscle disorders, these proteolytic systems are misregulated (79,80). MDC1A, a form of CMD, is characterized by generalized muscle weakness and wasting (81). In this study, we used genetic and pharmacological approaches to study the lysosome, autophagy and UPS systems in an MDC1A zebrafish model.

Our results show that lysosome distribution is altered in MDC1A and this feature is common to both MDC1A patient muscle biopsies and to *lama2* muscular dystrophy zebrafish model. We found that, in addition to their cytoplasmic localization, lysosomes were distributed at the myofiber membranes



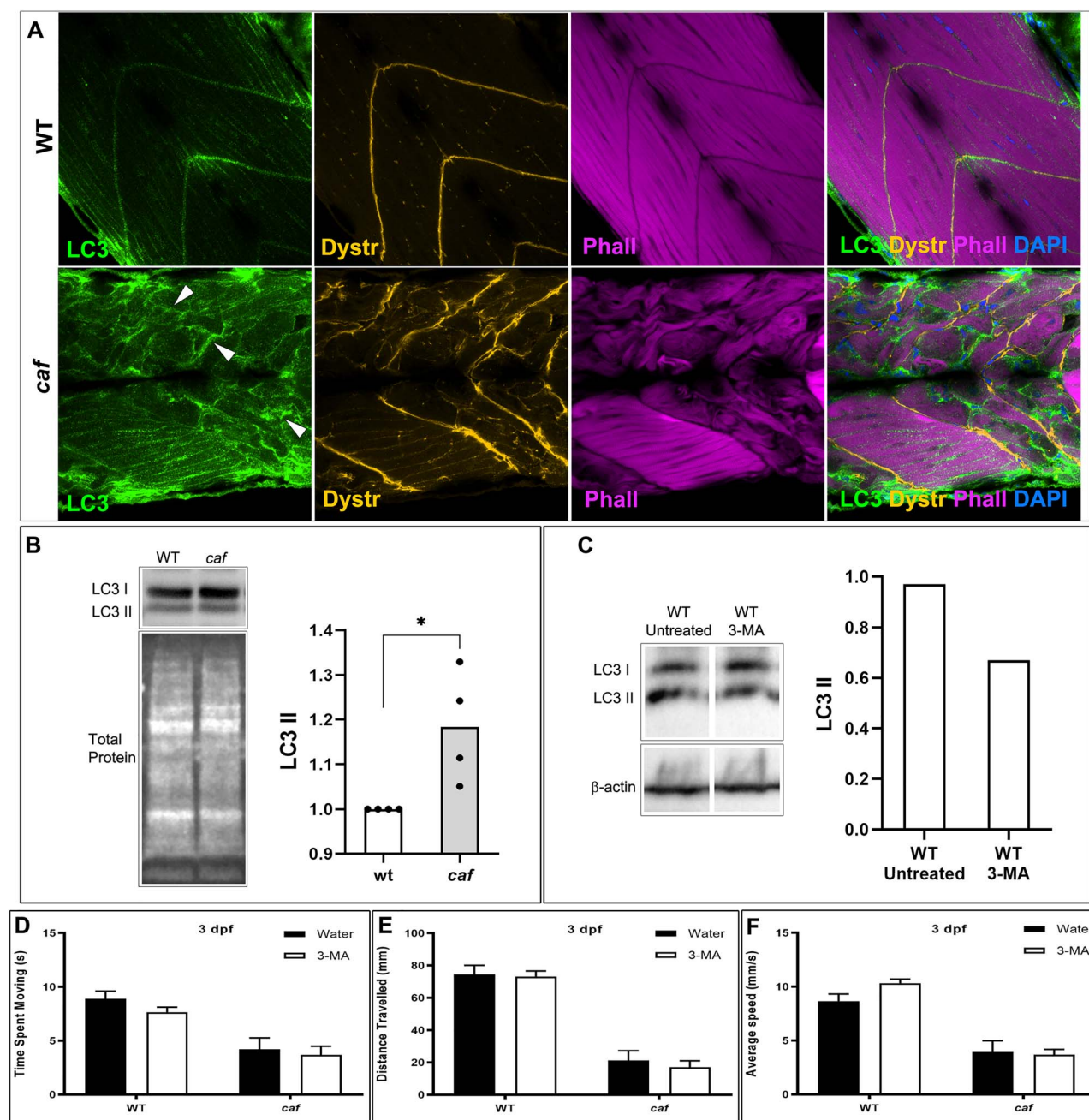
**Figure 7.** Treatment with the lysosomal agonist MLSA1 partially improves swimming behavior of *caf* mutants at 5 dpf. (A) MLSA1 reduces swimming behavior of WT zebrafish at 5 dpf in a dose-dependent manner. Conversely, in *caf* mutants, treatment with 5 or 8  $\mu$ M significantly increases the time spent moving. However, there was no significant improvement in the total distance traveled or average velocity in treated versus untreated *caf* mutants at any dose tested ( $n = \text{min } 56$ ). Bars represent mean  $\pm$  SD. (B) Confocal micrographs of whole-mount embryos stained with anti-Lamp1 antibody (green), Phalloidin (magenta) and DAPI (blue). There are no differences in Lamp1 distribution between treated and untreated groups at 5 dpf, and no evidence of increased fiber integrity or decreased detachment.

in the human muscle and at the myosepta in zebrafish muscle. There are several potential explanations for our observation of increased lysosomal concentration at the sarcolemmal membrane of MDC1A myofibers. The most enticing one is that the lysosomes are redirected to sites of impaired membrane integrity in an effort to prevent and/or repair membrane damage. This is supported in part by our observation of significantly reduced myofiber detachment with TFEB expression. When we increased lysosome numbers by expressing TFEB, we observed an overall decrease in number of detached fibers in *caf* zebrafish mutants. Based on these results, we hypothesize that this redistribution implies a therapeutic potential for treatments that improve lysosome number or membrane repair function.

However, we did not see more than minimal improvement in the phenotype of *caf* mutants with MLSA-1, a drug known to improve lysosome-mediated sarcolemmal membrane repair,

nor did we observe worsening of the phenotype with Vacuolin, an inhibitor of lysosomal fusion. These negative results obtained with chemical manipulation of the lysosomal system could mean that these pathways might not play an essential role in the pathomechanisms associated with MDC1A. There are, however, important caveats associated with pharmacological approaches in zebrafish, especially related to the inability to accurately measure target engagement to be assured the drugs truly alter lysosomal function, to measure the final concentration of the drug in the muscle tissue or to assess low-level toxicity of the drugs (82). In addition, it is quite possible that the lysosomal function(s) enhanced with TFEB expression are not recapitulated fully by these chemical treatments.

Another hypothesis for increased lysosomal concentration at the sarcolemmal membrane is that lysosomes are directed to the sites of fiber detachment from the ECM to limit and

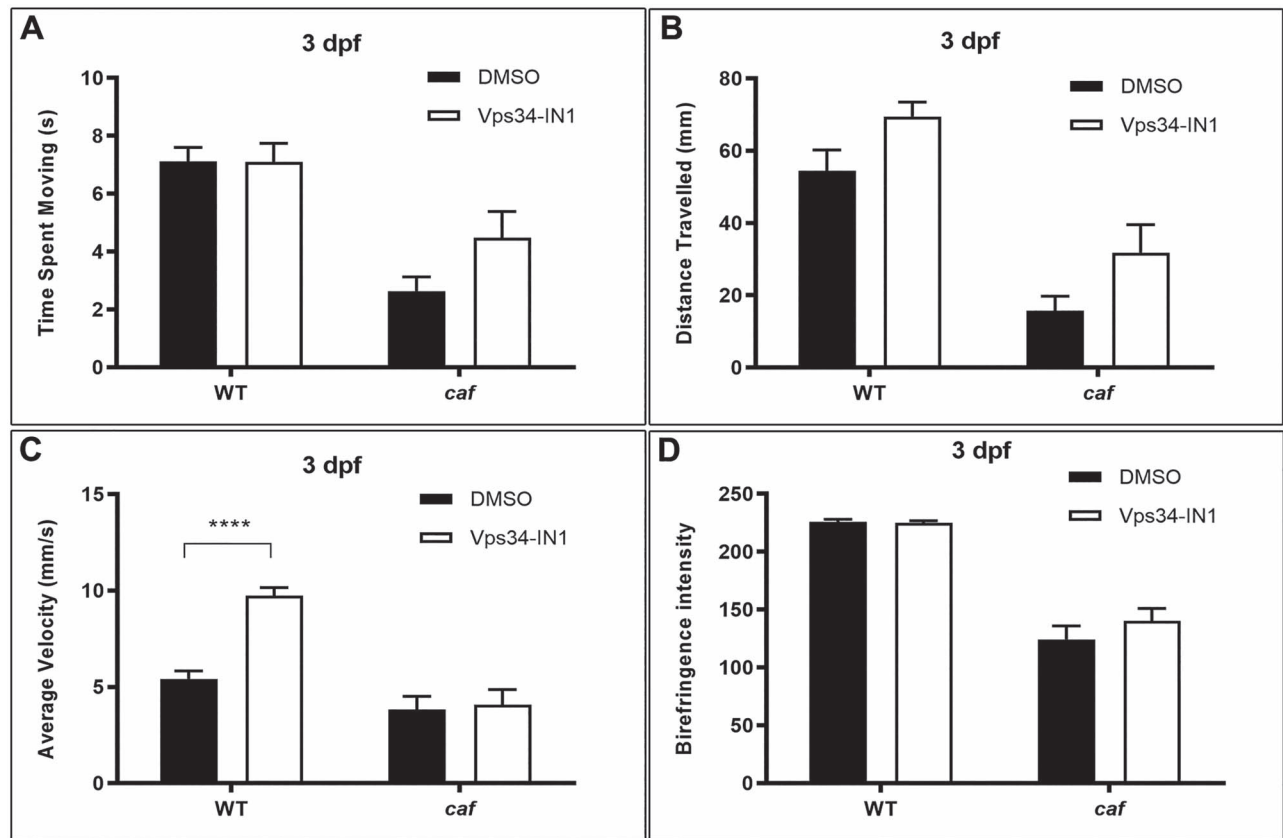


**Figure 8.** Autophagy is upregulated in *caf* mutants but 3-MA treatment does not improve the swimming behavior or dystrophic phenotype of *caf* mutants. (A) Confocal micrographs of whole-mount embryos stained with anti-LC3 (green), anti-Dystrophin (orange), Phalloidin (magenta) and DAPI (blue). LC3 localization and abundance are affected in *caf* mutants at 5 dpf; LC3 accumulates at sites of fiber detachment (white arrowheads). (B) Western blot analysis showing increased levels of LC3 II in *caf* mutants. LC3 II levels were normalized against total protein. (C) Western blot analysis showing decreased levels of LC3 II in WT zebrafish after 3-MA treatment. LC3 II levels were normalized against  $\beta$ -actin. (D–F) Swimming behavior analysis. There was no significant change at 3 dpf in time spent moving (D), total distance traveled (E) or average velocity (F) in *caf* mutants after treatment with 10 mM 3-MA ( $n = 165$ ). Bars represent mean  $\pm$  SEM.

'clean up' the cellular damage that occurs with detachment or membrane injury. ECM–myofiber interactions are critical for normal muscle function and homeostasis (18,83,84). Autophagic flux is altered in response to cellular detachment from the ECM in a variety of biological systems (33,85–90), and accumulation of autophagosomes at these stress sites directly correlates with lysosome accumulation, which are responsible for the final step in degradation of autophagic vesicles (91–93). These observations fit with our data showing a connection between Lamp1

redistribution and fiber detachment and are supported by the fact that manipulating proteolytic pathways, particularly the UPS, appear to have a positive effect on the *caf* phenotype. However, while we did see a change in autophagic markers in untreated *caf* mutant zebrafish, inhibiting autophagy with class III PI3K inhibitors did not significantly improve swimming behavior and dystrophic phenotype (71,72,94). This lack of effect may reflect incomplete target engagement (though we did observe changes in autophagic flux with 3-MA) or instead





**Figure 9.** Vps34-IN1 treatment does not significantly improve the swimming behavior and dystrophic phenotype of *caf* mutants. (A and B) There is a small magnitude, non-significant, increase in time spent moving and total distance traveled in *caf* mutants after treatment with 100 nM Vps34-IN1 ( $n=96$ ). (C) There is no change in average velocity in *caf* mutants after treatment with 100 nM Vps34-IN1 ( $n=96$ ). (D) Birefringence intensity measurements show no significant improvement to the dystrophic phenotype of *caf* mutants after Vps34-IN1 treatment ( $n=16$ ). \*\*\*\* $P < 0.0001$ . Bars represent mean  $\pm$  SEM.

suggest that blocking autophagy is not able to prevent myofiber detachment or otherwise modify the MDC1A phenotype. Alternatively, it is conceivable that other autophagy pathways might be activated, compensating for the Vps34 inhibition, similarly to results previously observed in myotubes (95).

Additional evidence in support of this latter hypothesis is the more robust improvement in swimming behavior and dystrophic phenotype we observed when we treated *caf* zebrafish with the proteasome inhibitor MG-132. These results are similar to those described in other animal models of muscular dystrophies (32,75–78,96). Increased protein ubiquitination and upregulation of the proteasome complex were shown to be hallmarks of the dystrophic muscle (96,97), and inhibition of proteasome activity was shown to rescue the dystrophic phenotype (32,76–78). Of note, MG-132 is the only compound we found that improves both swim behavior and muscle integrity.

Overall, our results reveal new pathophysiological features of MDC1A and contribute to an improved understanding of the advantages and limitations of pharmacological treatments of MDC1A. Based on our results, we conclude that lysosome redistribution in MDC1A is an intriguing phenomenon with uncertain therapeutic implications that warrants further investigations.

## Material and Methods

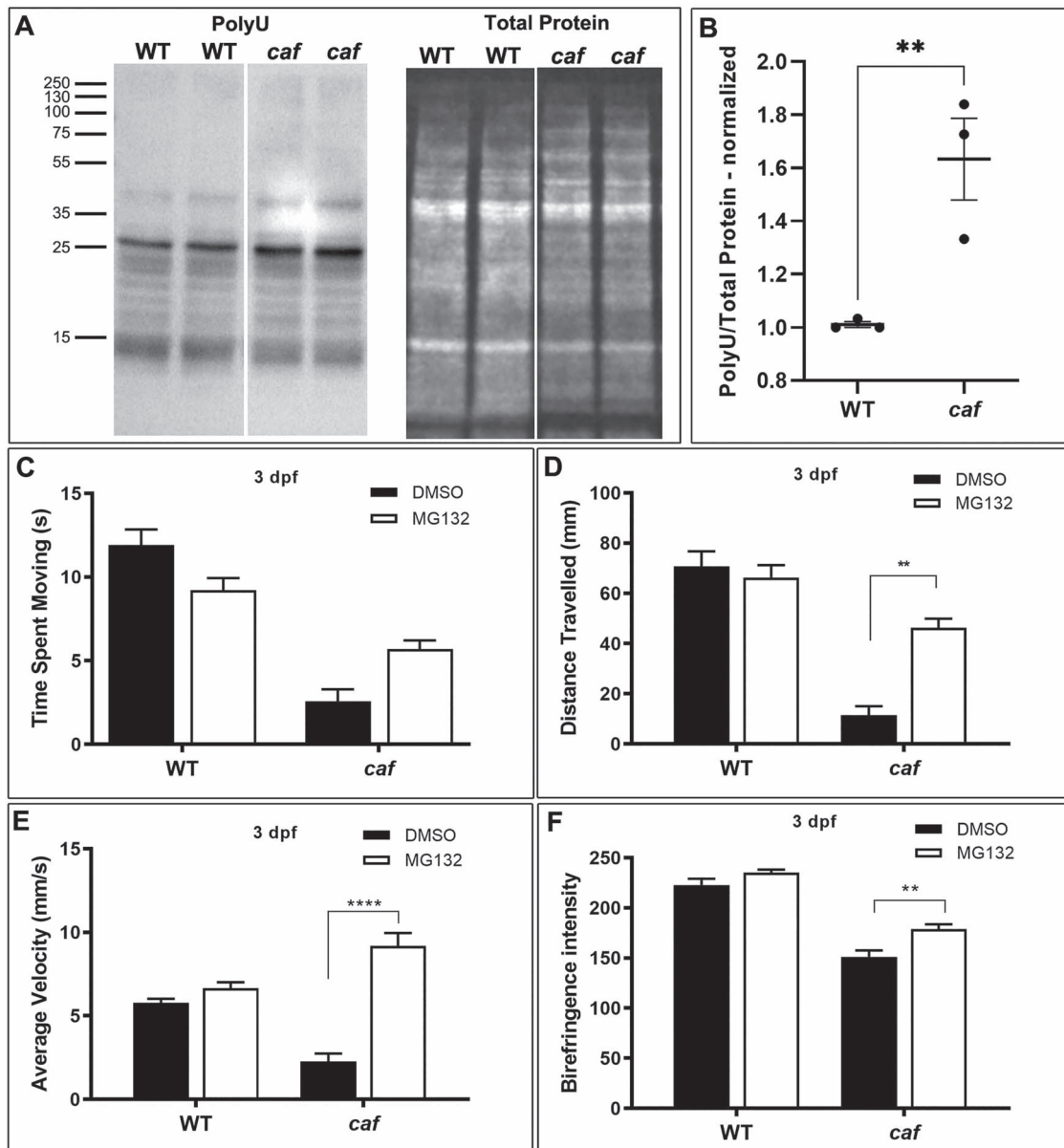
### Zebrafish husbandry and strains

We adhered to established zebrafish husbandry and all protocols used in this study were approved by the Animal Care

Committee at the Peter Gilgan Centre for Research and Learning at The Hospital for Sick Children (Protocol #: 1000052731). The *caf* and *sap* zebrafish strains were obtained from University of Tübingen (Tübingen, Germany). Heterozygous carriers were genotyped using genomic DNA extracted from tail clips and specially designed Taqman PCR protocols (Thermo Fischer Scientific) we optimized for each strain. Heterozygous incrosses provided *caf* and *sap* homozygous mutants, and all embryos that were not raised were sacrificed in accordance with our established protocols.

### Microinjections and DNA constructs

Embryos from a heterozygous *caf* or *sap* incross were isolated at 20 min post-fertilization. Lamp1-RFP heat shock-inducible DNA construct was injected into one-cell stage embryos at 15 pg concentration. These were then incubated in egg water (system water with methylene blue) at 28.5°C, manually dechorionated at 24 hpf and either placed back in the incubator for observation at a later time point or immediately placed in 10 mL of system water (without methylene blue) in a 60  $\times$  15 mm Petri dish, which was then placed in a 37°C water bath for one hour. After heat-shock, embryos were returned to the 28.5°C incubator for a 24-h recovery period. Upon recovery, larvae were immobilized with 0.04% ethyl 3-aminobenzoate methanesulfonate salt (tricaine) and embedded in 1% agarose diluted in system water on a MatTek 35 mm glass bottom dish (No. 1) (MatTek Corp., Ashland, MA, USA). PLC- $\delta$ -PH-GFP (Tobias Meyer Lab, Stanford University, CA), mcherry-CAAX (58) and TFEB-GFP (98) (Shawn Ferguson



**Figure 10.** UPS is upregulated and MG-132 treatment improves the swimming behavior and dystrophic phenotype of *caf* mutants. (A and B) Western blot analysis showing increased levels of Polyubiquitinated proteins (PolyU) in *caf* mutants. (C-E) Swimming behavior analysis. (C) There is no significant improvement in time spent swimming in *caf* mutants treated with 10  $\mu$ M MG132 ( $n = 166$ ). (D and E) There are significant improvements in distance traveled and average velocity in *caf* mutants at 3 dpf after treatment with 10  $\mu$ M MG132. (F) Treatment with 10  $\mu$ M MG132 improves the dystrophic phenotype of *caf* mutants at 3 dpf but does not restore muscle integrity to WT levels ( $n = 43$ ).  $**P < 0.0075$ ;  $****P < 0.0001$ . Bars represent mean  $\pm$  SEM.

Lab; Addgene plasmid # 38119; <http://n2t.net/addgene:38119>; RRID:Addgene\_38119) constructs were injected at 10 pg concentration each.

### Muscle biopsies

Muscle biopsy samples were obtained from three unrelated MDC1A patients with complete merosin deficiency.

### Immobilization of *caf* embryos and larvae

Embryos in the 75%-epiboly-stage (99) were manually dechorionated with forceps and incubated in 50  $\mu$ M BTS (Sigma-Aldrich #S949760) in egg water at 28.5°C, which was changed daily.

### Drug treatment

Drugs were added at two developmental timepoints: either at 24 hpf or at 3 dpf. The embryos treated at 24 hpf were first manually dechorionated at 24 hpf and placed into groups of 20 in 24-well plates. The chemicals [3-MA (Sigma; #M9281); Vps34-IN1 (EMD Millipore; #532628); MG-132 (Sigma; #M7499); MLSA1 (Tocris; #4746); Vacuolin (Santa Cruz; #351986-85-1)] were first dissolved in either double-distilled water (3-MA) or DMSO (all the other drugs). Then, they were diluted in fresh system water to their working concentrations and paired with either water or DMSO controls. Final concentration of double-distilled water or DMSO was 0.1%. Solutions were changed every 24 h until analysis of birefringence, survival or movement. The drugs were used at

the following concentrations: 10 mM 3-MA; 100 nM Vps34-IN1; 10  $\mu$ M MG-132; 2.5, 5 and 8  $\mu$ M MLSA1; and 5, 10 and 15  $\mu$ M Vacuolin.

### Birefringence

At 3 or 5 dpf, larvae were anaesthetized with 0.04% tricaine and muscle integrity was assessed by birefringence using an Olympus SZX7 stereoscope equipped with two polarizing filters. Images were acquired with a Firefly camera (Belmont, MA, USA). Measurements of birefringence intensity were made with ImageJ (ImageJ, U. S. National Institutes of Health, Bethesda, MD, USA, <https://imagej.nih.gov/ij/>).

### Survival analysis

Embryos were manually dechorionated at 24 hpf and placed into groups of 20 in a 24-well plate. The chemical or control solution was added at this stage and the solution was changed every 24 h. At 5 dpf, the larvae were transferred to the fish facility system daily for feeding with a glass pipette. Larvae remained on the system for feeding for 7 h and were then retrieved with a glass pipette and returned to treatment or control conditions in a 60  $\times$  15 mm Petri dish and incubated at 28.5°C. Larvae were counted before and after transfer to the system for feeding, upon which dead embryos were removed.

### Swimming behavior

To assess motor function of the larvae with and without chemical treatment, our lab developed a photochemical movement assay using the optovin analogue 6b8 (ChemBridge, #5707191) (48,100). Optovin is a reversible transient receptor protein (TRP) A1 (TRPA1) ligand that elicits motor excitation following exposure to light. The 6b8 analogue stock was prepared to 10 mM concentration in DMSO then to 10  $\mu$ M working concentration by adding the stock into system water in a 1:1000 ratio. Larvae were placed into 96-well plates with a glass pipette using surface tension and excess water was removed. The larvae would remain covered in minimal water that contributed negligibly to the overall volume of the well. After 150  $\mu$ L of the 6b8 solution was added to each well, the plates were covered with aluminum foil to protect the larvae from light and incubated at 28.5°C for 5 min prior to the analysis of motor behavior. After incubation, movement of the larvae was monitored for 30 s using the Zebrabox platform (Viewpoint Behaviour Technology, Lyon, France). We designed the parameters of the assay as follows: 10 s light off; 10 s light on and 10 s light off. Time spent moving, total distance traveled and average velocity during the 30 s cycle were used to compare groups of treated versus untreated larvae for all chemicals tested, and the data collected was treated as continuous. We also used this assay to determine the baseline function of *caf* mutants compared with their WT sibling in normal conditions.

### Westerns

Protein samples were isolated from zebrafish embryos in RIPA lysis buffer supplemented with protease and phosphatase inhibitors. Total protein was stained with Revert Total Protein Stain (LI-COR Biotechnology; Lincoln, NE, USA) and visualized with Odyssey FX Imaging system using Image Studio software (LI-COR Biotechnology). Membranes were blocked in TBST (TBS with 0.1% Tween-20) with 5% BSA, for 1 h, at RT, and probed with primary antibodies, overnight, at 4°C. The following dilutions

were used: rabbit anti-LC3B (1:1000; Novus Biologicals; NB600-1384), mouse IgM anti-PolyU (1:1000; Enzo Life Sciences; BML-PW8805-0500) and rabbit anti- $\beta$ -actin (1:1000; Cell Signaling Technology #4967). After rinsing with TBST (3  $\times$  10 min), membranes were incubated for 1 h at RT with goat anti-rabbit or rabbit anti-mouse IgM HRP-conjugate secondary antibodies (ThermoFisher Scientific), diluted at 1:5000 in blocking solution. ECL detection (ThermoFisher Scientific) was performed on Bio-Rad Gel Doc System using Image Lab software (Bio-Rad Laboratories, Hercules, CA, USA). Blot quantification analysis was made using Image J (ImageJ, U. S. National Institutes of Health, Bethesda, MD, USA, <https://imagej.nih.gov/ij/>).

### Microscopic preparations and immunofluorescence staining

Muscle biopsy microscopic preparations were processed for immunostaining as previously described (84). Anti-Lamp1 rat antibody (1DB4, Developmental Studies Hybridoma Bank) was used at 1:100 dilution.

For whole-mount microscopic preparations, zebrafish embryos were fixed overnight in 4% paraformaldehyde (PFA) (Electron Microscopy Sciences, Hatfield, PA, USA), rinsed 3  $\times$  5 min with PBST (PBS + 0.3% Triton X), washed once in ddH<sub>2</sub>O for 5 min, followed by 10 min treatment with 500  $\mu$ L pre-chilled acetone at -20°C. Then, embryos were washed gently in ddH<sub>2</sub>O for 5 min, rinsed once in PBST for 5 min and blocked in PBSTB (PBST with 5% BSA) for 2 h at room temperature (RT). Embryos were incubated with primary antibodies diluted in PBSTB, overnight, at 4°C. The following dilutions were used: rabbit anti-Lamp1 (1:200; Abcam; ab24170), rabbit anti-LC3B (1:200; Novus Biologicals; NB600-1384) and mouse anti-Dystrophin (1:10; Developmental Studies Hybridoma Bank; 7A10). Next, embryos were incubated with secondary antibodies or fluorescent dyes diluted in PBSTB, at RT, for 2-3 h. The following dilutions were used: Alexa Fluor 488 goat anti-rabbit (1:250; ThermoFisher Scientific), Alexa Fluor 555 goat anti-mouse (1:250; ThermoFisher Scientific), Alexa Fluor 647 goat anti-mouse (1:250; ThermoFisher Scientific), Rhodamine-Phalloidin (1:200; Molecular Probes) and Alexa Fluor 633 Phalloidin (1:200; ThermoFisher Scientific). After rinsing with PBST 3  $\times$  10 min, the embryos were mounted in ProLong Gold Antifade Mountant with DAPI (ThermoFisher Scientific).

### Microscopy and image analysis

Larvae were visualized with a Nikon A1R laser confocal microscope, using a 40 $\times$  or 63 $\times$  oil-immersion lens. Images were acquired with NIS Elements software (Nikon Instruments Inc., Melville, NY, USA). Fluorescence intensity at myosepta and lysosome abundance in the entire myofiber were measured in regions of interest drawn either along the myosepta or along selected regions in the myofiber (i.e. central region, sarcolemma) using Volocity 6.3 software (PerkinElmer, Inc., Waltham, MA, USA). Micrographs were edited using NIS Elements software and/or Adobe Photoshop (Adobe Inc., San Jose, CA, USA).

### Statistical analysis

All statistical analyses (ANOVA, Chi-square and non-parametric t-tests) were performed using GraphPad Prism 6.0 and 8.0.

## Supplementary Material

Supplementary Material is available at HMG online.

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**Conflict of Interest statement.** The authors declare no conflict of interest.

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