SUPPLEMENTARY TABLE

Supplementary Table 1. Univariable linear regression of the telomere length according to the same variables used in the multivariable analysis model.

Univariable linear regression for telomere length		
Baseline		
Variable	**β (95% CI)**	**p**
Female	−0.180 (−0.592 to 0.232)	0.390
Age	−0.006 (−0.043 to 0.032)	0.768
BMI	0.015 (−0.051 to 0.080)	0.656
Hypertension	0.027 (−0.336 to 0.390)	0.882
Diabetes	0.197 (−0.255 to 0.649)	0.390
Hyperlipidemia	−0.058 (−0.418 to 0.303)	0.753
Heart disease	0.123 (−0.454 to 0.699)	0.674
Stroke history	0.015 (−0.580 to 0.610)	0.960
GDS-KR	**−0.064 (−0.110 to −0.018)**	**0.007**
CCI	**−0.144 (−0.225 to −0.063)**	**0.001**
IL-6	**−0.085 (−0.145 to −0.024)**	**0.006**
After 6 months of follow-up		
Variable	**β (95% CI)**	**p**
Female	0.012 (−0.411 to 0.436)	0.954
Age	−0.005 (−0.043 to 0.034)	0.804
BMI	0.012 (−0.055 to 0.080)	0.721
Hypertension	−0.074 (−0.446 to 0.298)	0.695
Diabetes	0.186 (−0.278 to 0.649)	0.430
Hyperlipidemia	0.041 (−0.329 to 0.411)	0.828
Heart disease	0.205 (−0.386 to 0.796)	0.494
Stroke history	−0.118 (−0.728 to 0.492)	0.703
GDS-KR	**−0.062 (−0.111 to −0.013)**	**0.014**
CCI	**−0.112 (−0.212 to −0.012)**	**0.028**
IL-6	**−0.081 (−0.146 to −0.017)**	**0.014**

GDS-KR, Geriatric Depression Scale revised Korean version; CCI, Cognitive Complaint Interview; IL-6, interleukin-6; CI, confidence interval; $p < 0.05$ is shown in bold.