

Study or Subgroup	n-3 PUFAs			Control			Weight	Mean Difference		Year
	Mean	SD	Total	Mean	SD	Total		IV, Random, 95% CI	95% CI	
Gadek 1999	27.9	17.6	70	31.1	20.4	72	30.5%	-3.20	[-9.46, 3.06]	1999
Stapelton 2011	23	18.3	41	27.6	20.6	48	22.8%	-4.60	[-12.68, 3.48]	2011
Gupta 2011	21.5	13.5	30	26.6	18.2	30	22.7%	-5.10	[-13.21, 3.01]	2011
Kagan 2015	33	25.7	62	27.1	17.3	58	23.9%	5.90	[-1.89, 13.69]	2015
Total (95% CI)			203			208	100.0%	-1.78	[-6.64, 3.08]	

Heterogeneity: Tau² = 9.95; Chi² = 5.04, df = 3 (P = 0.17); I² = 40%
 Test for overall effect: Z = 0.72 (P = 0.47)

