

### Questionnaire 3

*Please give the answer which seems to describe your **general** feeling.*

	<b>Almost never</b>	<b>Sometimes</b>	<b>Often</b>	<b>Almost always</b>
I feel nervous and restless	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel satisfied with myself	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I wish I could be as happy as others seem to be	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel like a failure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I worry too much over something that really doesn't matter	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I lack self-confidence	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel secure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel inadequate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am a steady person	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I get in a state of tension or turmoil as I think over my recent concerns and interests	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>