

## Supplementary Materials

**Supplementary Table S1. HELP-ME Sites**

Site/Location	Bed size	Annual discharges age ≥65	HELP established	HELP patients/year	HELP unit types
Allegheny Health Network (Pittsburgh, PA)	576	4,065	2018	2,463	Telemetry, Trauma, Ortho, Complex Medical Care Unit
California Pacific Medical Center (San Francisco, CA)	633	>4,000	2011	>1,200	Medical, Surgical, Cancer, Cardiology
Maine Medical Center (Portland, ME)	637	>12,100	2002	>2,000	Medical, Surgical
University of Utah Health (Salt Lake City, UT)	600	1,750	2010	400	Medical, Surgical

Overview of HELP-ME Sites. These sites were selected based on their expertise with HELP and include 3 HELP Centers of Excellence and 1 experienced recognized HELP site.