

S4 Table. The Joanna Briggs Institute (JBI) checklist for analytical cross-sectional studies

Utilised for: cross-sectional, ecological momentary assessment, mixed methods and longitudinal observational studies

<i>Study</i>	Were the criteria for inclusion in the sample clearly defined?	Were the study subjects and setting described in detail?	Was the exposure measured in a valid and reliable way?	Were objective, standard criteria used for measurement of the outcome(s)?	Were confounding factors identified?	Were strategies to deal with confounding factors stated?	Was appropriate statistical analysis used?	Total score (/7)	Grade
1. Baminiwatta et al (2021)	NO	NO	PARTLY	YES	PARTLY	NO	UNCLEAR	1.5/7	LOW
2. Ding and Xu (2021)	PARTLY	YES	YES	YES	NO	NO	YES	4.5/7	MODERATE
3. Jarman et al (2021)	YES	YES	YES	YES	NO	NO	YES	5/7	MODERATE
4. Jiotsa et al (2021)	YES	PARTLY	PARTLY	YES	YES	NO	YES	5/7	MODERATE
5. Stein et al (2021)	YES	NO	YES	YES	YES	YES	YES	6/7	HIGH
6. Vall-Roque (2021)	YES	NO	YES	YES	NO	NO	YES	4/7	MODERATE
7. Bennett et al (2020)	YES	YES	YES	YES	NO	NO	YES	5/7	MODERATE
8. Cavazos-Rehg et	YES	PARTLY	YES	YES	NO	NO	YES	4.5/7	MODERATE

36. Tan et al (2016)	YES	YES	PARTLY	YES	NO	NO	YES	4.5/7	MODERATE
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