S6 Table. The Critical Appraisal Skills Checklist (CASP) utilised for qualitative studies

	Was there	ls a	Was the	Was the	Was the	Has the	Have ethical	Was the	Is there a	Does	Total	Grade
	a clear	qualitative	research	recruitment	methodology	relationship	issues been	data	clear	the	(/10)	
	statement	methodology	design	strategy	adequately	between	considered?	analysis	statement	study		
	of the	appropriate?	appropriate	appropriate	justified?	researcher		sufficiently	of	add		
	aims of		to address	to aims?		&		rigorous?	findings?	value?		
	the		aims?			participants						
	research?					been						
						considered?						
Mahon and												HIGH
Hevey (2021)	YES	YES	YES	PARTLY	YES	YES	YES	PARTLY	YES	YES	9/10	
Wiklund et al											8.5/10	HIGH
(2019)	YES	YES	YES	YES	YES	NO	YES	PARTLY	YES	YES		
Easton et al											9.5/10	HIGH
(2018)	YES	YES	YES	PARTLY	YES	YES	PARTLY	YES	YES	YES		
Burnette et al											8.5/10	HIGH
(2017)	YES	YES	YES	YES	YES	NO	PARTLY	YES	YES	YES		
Baker et al											5.5/10	MODERATE
(2019)	PARTLY	YES	YES	NO	NO	NO	NO	YES	YES	YES		
	Hevey (2021) Wiklund et al (2019) Easton et al (2018) Burnette et al (2017)	a clear statement of the aims of the research? Mahon and Hevey (2021) YES Wiklund et al (2019) YES Easton et al (2018) YES Burnette et al (2017) YES	a clear statement of the aims of the research? Mahon and Hevey (2021) Wiklund et al (2019) Easton et al (2018) Burnette et al (2017) Baker et al	a clear statement of the aims of the research? Mahon and Hevey (2021) Wiklund et al (2019) Easton et al (2018) Burnette et al (2017) Page 14 Apropriate research design appropriate to address aims? YES YES YES YES YES YES YES YE	A clear statement statement of the aims of the research? Mahon and Hevey (2021) Wiklund et al (2019) Easton et al (2018) Burnette et al (2017) Baker et al	A clear statement statement of the aims of the research? Mahon and Hevey (2021) Wiklund et al (2019) Easton et al (2018) Burnette et al (2017) Baker et al Baker et al A clear statement statewent methodology appropriate? methodology appropriate? design appropriate to address aims? The methodology appropriate to aims? The methodology adequately justified? The methodology appropriate to aims? The methodology appropriate to aims? The methodology adequately appropriate to aims? The methodology appropriate to aims	a clear statement statement of the statement of the aims of the research? Mahon and Hevey (2021) Wiklund et al (2019) Easton et al (2017) Baker et al	A clear statement statement of the aims of the research? Mahon and Hevey (2021) Wiklund et al (2019) Easton et al (2018) Burnette et al (2017) Baker et al	a clear statement statement of the aims of the research? Mahon and Hevey (2021) Wiklund et al (2019) Easton et al (2017) Burnette et al (2017) Baker et al	a clear statement of the aims of the research? Mahon and Hevey (2021) Wiklund et al (2019) Easton et al (2018) Burnette et al (2017) Page 19 Page	a clear statement of the aims of the research? Mahon and Hevey (2021) Wiklund et al (2019) Easton et al (2018) Was appropriate of the aims of the aims of the aims? YES YES YES YES YES YES YES YE	a clear statement of the aims of the research? Mahon and Hevey (2021) Wiklund et al (2019) Wisklund et al (2019) Easton et al (2018) Fes YES YES YES YES YES YES YES YES