

Supplementary Table 1. Medicinal properties, medicinal flavors and meridian attribution of herbs in San-Bai decoction

Herbs	Property and flavor	Channel Tropism
<i>Paeoniae radix alba</i> (Baishao)	Slightly cold Sour, Bitter	Spleen, Liver
<i>Atractylodis macrocephalae rhizoma</i> (Baizhu)	Warm Sweet, Bitter	Spleen, Stomach
<i>Poria</i> (Baifuling)	Bland, Neutral Sweet	Spleen, Lung, Heart, Kidney
<i>Glycyrrhizae radix et rhizoma</i> (Gancao)	Neutral Sweet	Spleen, Lung, Heart, Stomach