

Supplementary Table SI Treatment outcomes—per protocol analysis.

| | Progesterone (N = 79) | Placebo (N = 78) | RR* | 95% CI* | P-value* |
|---|--------------------------|---------------------|------|----------------------|----------|
| Binary outcomes | | | | | |
| Live birth | 64/79 (81.0) | 65/77 (84.4) | 0.96 | 0.83–1.11 | 0.574 |
| Miscarriage | 13/79 (16.5) | 12/77 (15.6) | 1.06 | 0.51–2.17 | 0.882 |
| <12 weeks | 8/77 (10.4) | 7/76 (9.2) | 1.13 | 0.43–2.96 | 0.806 |
| 12–20 weeks | 3/77 (3.9) | 4/76 (5.3) | 0.74 | 0.174–3.2 | 0.687 |
| Pregnancy loss between 20 and 23 weeks | 2/79 (2.5) | 0/77 (0.0) | NA | NA | NA |
| Preterm birth | 9/78 (11.5) | 7/76 (9.2) | 1.25 | 0.49–3.19 | 0.637 |
| Preterm birth before 35 weeks | 6/78 (7.7) | 4/76 (5.3) | 1.46 | 0.43–4.98 | 0.544 |
| Preterm birth before 32 weeks | 5/78 (6.4) | 2/76 (2.6) | 2.44 | 0.49–12.18 | 0.278 |
| Preterm birth before 28 weeks | 5/78 (6.4) | 2/76 (2.6) | 2.44 | 0.49–12.18 | 0.278 |
| Small for gestational age | 2/63 (3.2) | 2/63 (3.2) | 1 | 0.15–6.88 | 1 |
| PPROM | 7/75 (9.3) | 5/75 (6.7) | 1.4 | 0.47–4.21 | 0.55 |
| Threatened preterm labour | 11/75 (14.7) | 8/74 (10.8) | 1.36 | 0.58–3.18 | 0.483 |
| Antepartum haemorrhage | 4/75 (5.3) | 13/74 (17.6) | 0.3 | 0.1–0.89 | 0.03 |
| Gestational diabetes | 9/75 (12.0) | 15/75 (20.0) | 0.6 | 0.28–1.29 | 0.189 |
| Gestational hypertension | 6/75 (8.0) | 5/75 (6.7) | 1.2 | 0.38–3.76 | 0.755 |
| Pre-eclampsia | 2/75 (2.7) | 3/75 (4.0) | 0.67 | 0.11–3.88 | 0.652 |
| Venous thromboembolism | 3/67 (4.5) | 0/66 (0.0) | NA | NA | NA |
| Postnatal depression | 0/64 (0.0) | 5/64 (7.8) | NA | NA | NA |
| Vaginal birth | 43/78 (55.1) | 33/76 (43.4) | 1.27 | 0.92–1.76 | 0.151 |
| Assisted vaginal birth | 9/78 (11.5) | 8/76 (10.5) | 1.1 | 0.45–2.69 | 0.841 |
| Elective caesarean | 12/78 (15.4) | 16/76 (21.1) | 0.73 | 0.37–1.44 | 0.365 |
| Emergency caesarean | 10/78 (12.8) | 16/76 (21.1) | 0.61 | 0.30–1.26 | 0.179 |
| Congenital anomaly | 7/72 (9.7) | 2/71 (2.8) | 3.45 | 0.74–16.05 | 0.114 |
| Nursery admission | 16/77 (20.8) | 11/73 (15.1) | 1.38 | 0.69–2.77 | 0.367 |
| Neonatal mortality | 1/79 (1.3) | 0/76 (0.0) | NA | NA | NA |
| Continuous outcomes | | | | | |
| | Median (IQR) | Median (IQR) | | P-value [#] | |
| Gestational age at birth (weeks) | 39.0 (38.0–39.9) | 39.0 (37.9–40.0) | | 0.807 | |
| Birth weight (g) | 3390 (2962–3657) | 3290 (2900–3730) | | 0.798 | |
| Depression score (at end of intervention) | 2 (0–4) | 0 (0–2) | | 0.212 | |
| Anxiety score (at end of intervention) | 2 (0–6) | 2 (0–6) | | 0.849 | |
| Stress score (at end of intervention) | 4 (2–10) | 4 (0–10) | | 0.277 | |
| Depression score (postpartum) | 0 (0–2) | 2 (0–4) | | 0.64 | |
| Anxiety score (postpartum) | 0 (0–4) | 0 (0–2) | | 0.734 | |
| Stress score (postpartum) | 6 (2–8) | 4 (0–8) | | 0.349 | |

*Results of log-binomial regressions.

[#]Results of Wilcoxon rank-sum test.

RR: risk ratio; PPROM: preterm prelabour rupture of membranes; IQR: interquartile range.