

## Supplementary Appendix 1. Frequencies of used resources.

Resource use	Usual care PT (n=180)	Coach2Move (n=112)	Unit cost (€)	
	Patients that used resource number (%)	Units used mean (SD)	Patients that used resource number (%)	Units used mean (SD)
<i>Physical therapy</i>		21.7	15.4	€30.69
<5 sessions	11 (7.1)	(15.3)	8 (9.8)	(10.3)
5-12 sessions	61 (39.1)		41 (50.0)	
13-18 sessions	33 (21.2)		21 (25.6)	
>18 sessions	51 (32.7)		12 (14.6)	
<i>General practitioner</i>		5.2	4.4	€37.-
0 visits	17 (10.9)	(3.8)	9 (11.0)	(2.5)
1 visit	29 (18.6)		13 (15.9)	
2 visits	20 (12.8)		13 (15.9)	
>2 visits	90 (57.7)		47 (57.3)	
<i>Other allied healthcare practitioners</i>	23 (18.4)	1.5 (4.8)	10 (18.5) (4.5)	€34.-
<i>Home care</i>		81.9 (93.3)	41.5 (65.6)	
<i>Housekeeping</i>	125 (77.6)		71 (76.3)	€23.- per hour
<i>Nurse</i>	65 (40.4)		40 (43.0)	€56.60 per hour
<i>Meal service</i>	45 (28.0)	46.4 (85.8)	29 (31.2)	43.1 (87.1) 7.50 per meal
<i>Outpatient care</i>		4.1 (18.1)	5.5 (19.2)	
<i>Nursing home admission</i>	4 (2.5)		9 (9.7)	€43.40 per day

<i>Temporary nursing home</i>				€94.- per day
	1 (0.6)		1 (1.1)	
<i>Temporary residential home</i>				€150.- per day
<i>Temporary geriatric rehabilitation</i>	3 (1.9)		1 (1.1)	€515.- per day
	3 (1.9)		4 (4.3)	
<i>Assistive devices</i>		0.2 (0.5)		0.2 (0.5)
<i>Walker</i>	17 (9.4)		17 (15.2)	€120.-
<i>Crutches</i>	4 (2.2)		1 (0.9)	€25.-
<i>Cane</i>	17 (9.4)		5 (4.5)	€23.-
<i>Sole enhancement</i>	1 (0.6)		1 (0.9)	€50.45
<i>Other</i>	2 (1.1)		3 (2.7)	€55.-
<i>People who reported fall incidents:</i>		1.17		0.45
	78 (43.3)	(2.59)	27 (24.1)	(1.22)
<i>Hospital admissions:</i>				
	29 (16.1)	0.19 (0.51)	9 (8.0)	0.10 (0.35)
<i>Deaths:</i>				
	8 (4.4)		4 (3.6)	