## SUPPLEMENTARY DIGITAL MATERIAL 4

## Supplementary Table IV.—AMSTAR 2 assessment for reviews on post-exertional malaise symptom.

	Did the	Did the	Did the	Did the review	Did the	Did the	Did the	Did the	Did the	Did the	If meta-	If meta-	Did the	Did the	If they	Did the	Total
	research	report of	review	authors use a	review	review	review	review	review	review	analysis was	analysis	review	review	performed	review	
	questions	the review	authors	comprehensive	authors	authors	authors	authors	authors use	authors	performed	was	authors	authors	quantitative	authors	
	and	contain an	explain	literature	perform	perform	provide a	describe	a	report	did the	performed,	account for	provide a	synthesis did	report any	
	inclusion	explicit	their	search	study	data	list of	the	satisfactory	on the	review	did the	RoB in	satisfactory	the review	potential	
	criteria for	statement	selection	strategy?	selection	extraction	excluded	included	technique	sources	authors use	review	individual	explanation	authors carry	sources of	
	the review	that the	of the		in	in	studies and	studies	for	of	appropriate	authors	studies when	for, and	out an	conflict of	
	include the	review	study		duplicate?	duplicate?	justify the	in	assessing	funding	methods for	assess the	interpreting/	discussion of,	adequate	interest,	
	components	methods	designs				exclusions?	adequate	the risk of	for the	statistical	potential	discussing	any	investigation	including	
	of PICO?	were	for					detail?	bias (RoB)	studies	combination	impact of	the results of	heterogeneity	of	any	
		established	inclusion						in	included	of results?	RoB in	the review?	observed in	publication	funding	
		prior to the	in the						individual	in the		individual		the results of	bias (small	they	
		conduct of	review?						studies that	review?		studies on		the review?	study bias)	received	
		the review							were			the results			and discuss	for	
		and did the							included in			of the			its likely	conducting	
		report							the review?			meta-			impact on	the	
		justify any										analysis or			the results of	review?	
		significant										other			the review?		
		deviations										evidence					
		from the										synthesis?					
		protocol?															
Gendron 2018	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	16
Hill 2018	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	16
Pool 2021	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	16
Radtke 2017	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	16