

STROBE Statement—Checklist of items that should be included in reports of *cohort studies*

	Item No	Recommendation	Page No	Reported on Section/Paragraph
Title and abstract	1	(a) Indicate the study’s design with a commonly used term in the title or the abstract	Page 1/Line 2-3	Title
		(b) Provide in the abstract an informative and balanced summary of what was done and what was found	Page 2-3/Line 29-51	Abstract/ Paragraph 2-4
<b>Introduction</b>				
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	Page 4-5/Line 62-94	Introduction/ Paragraph 2-6
Objectives	3	State specific objectives, including any prespecified hypotheses	Page 5/ Line 96-101	Introduction/ Paragraph 7
<b>Methods</b>				
Study design	4	Present key elements of study design early in the paper	Page 6/Line 107-119	Methods/ Paragraph 1-2
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	Page 6-7/Line 107-126	Methods/ Paragraph 1-3
Participants	6	(a) <b>Cohort study</b> —Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up <b>Case-control study</b> —Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls <b>Cross-sectional study</b> —Give the eligibility criteria, and the sources and methods of selection of participants	Page 6-7/Line 112-126	Methods/ Paragraph 2-3
		(b) <b>Cohort study</b> —For matched studies, give matching criteria and number of exposed and unexposed <b>Case-control study</b> —For matched studies, give matching criteria and the number of controls per case	N/A – not relevant to the study design	N/A
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	Page 6-7/Line 112-139	Methods/ Paragraph 2-4

Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	Page 6-7/Line 122-139	Methods/ Paragraph 3-4
Bias	9	Describe any efforts to address potential sources of bias	Page 7/Line 140-145	Methods/ Paragraph 5
Study size	10	Explain how the study size was arrived at	Page 6/Line 112-126	Methods/ Paragraph 2-3
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	Page 7/Line 140-145	Methods/ Paragraph 5
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	Page 7/Line 148-152	Methods/ Paragraph 6
		(b) Describe any methods used to examine subgroups and interactions	Page 7/Line 140-145	Methods/ Paragraph 5
		(c) Explain how missing data were addressed	N/A – no relevant missing data	N/A
		(d) <b>Cohort study</b> —If applicable, explain how loss to follow-up was addressed <b>Case-control study</b> —If applicable, explain how matching of cases and controls was addressed <b>Cross-sectional study</b> —If applicable, describe analytical methods taking account of sampling strategy	N/A – no patients were lost to follow up	N/A
		(e) Describe any sensitivity analyses	Page 7/Line 148-152	Methods/ Paragraph 6
<b>Results</b>				
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed	Page 8/Line 161-165 Figure 1	Results/ Paragraph 1 Figure 1
		(b) Give reasons for non-participation at each stage	Page 8/Line 161-165 Figure 1	Results/ Paragraph 1 Figure 1
		(c) Consider use of a flow diagram	Figure 1	Figure 1
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders	Table 1	Table 1
		(b) Indicate number of participants with missing data for each variable of interest	N/A – none relevant	N/A

		(c) <b>Cohort study</b> —Summarise follow-up time (eg, average and total amount)	Page 8/Line 167-169	Results/ Paragraph 2
Outcome data	15*	<b>Cohort study</b> —Report numbers of outcome events or summary measures over time	Page 8-9/Line 171-179	Results/ Paragraph 3-4
		<b>Case-control study</b> —Report numbers in each exposure category, or summary measures of exposure	N/A - not relevant to the study design	N/A
		<b>Cross-sectional study</b> —Report numbers of outcome events or summary measures	N/A - not relevant to the study design	N/A
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	Page 8-9/Line 181-191	Results/ Paragraph 5-6
		(b) Report category boundaries when continuous variables were categorized	Page 8-9/Line 171-179	Results/ Paragraph 3-4
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	N/A - not relevant to the study design	N/A
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	Page 8-9/Line 181-191	Results/ Paragraph 5-6
<b>Discussion</b>				
Key results	18	Summarise key results with reference to study objectives	Page 11/Line 224-235	Discussion/ Paragraph 4
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	Page 12/Line 253-260	Discussion/ Paragraph 7
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	Page 12/Line 263-269	Conclusion/ Paragraph 1-2

Generalisability	21	Discuss the generalisability (external validity) of the study results	Page 12/Line 253- 260	Discussion/ Paragraph 7
<b>Other information</b>				
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	Page 13/Line 272	Acknowledgements

\*Give information separately for exposed and unexposed groups.

**Note:** An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at <http://www.strobe-statement.org>.

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\*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.