**Supplemental Table 1.** Association between Sociodemographic factors and Technology with Social Isolation in 2015 (N = 6,704)

| | IRR (95%CI), p value |
|---|---|
| **Age** | |
| 65-69 | Reference |
| 70-74 | 0.943(0.817-1.090), 0.423 |
| 75-79 | 1.070(0.894-1.280), 0.454 |
| 80-84 | 1.048(0.865-1.271), 0.624 |
| 85-89 | 1.158(0.950-1.411), 0.142 |
| 90+ | 1.570(1.267-1.945), **<0.001** |
| **Gender** | |
| M | Reference |
| F | 0.779(0.694-0.875), **<0.001** |
| | |
| **Race/Ethnicity** | |
| White, non-Hispanic | Reference |
| Black, non-Hispanic | 1.064(0.933-1.212), 0.349 |
| Other (Am Indian/Asian) | 1.049(0.747-1.473), 0.777 |
| Hispanic | 1.283(1.060-1.552), **0.011** |
| More than one DKRF | 1.359(0.332-5.567), 0.664 |
| DKRF | 1.021(0.709-1.471), 0.909 |
| **Income category** | |
| < $50, 000 | Reference |
| $50,000 - $100,000 | 0.600(0.492-0.732), **<0.001** |
| > $100,000 | 0.450(0.338-0.598), **<0.001** |
| **Education** | |
| <HS | Reference |
| HS/GED/Trade | 0.659(0.563-0.770), **<0.001** |
| >HS | 0.506(0.438-0.583), **<0.001** |
| **Technology** | |
| Working Cell (Y) | 0.528(0.470-0.593), **<0.001** |
| Working Computer (Y) | 0.490(0.445-0.540), **<0.001** |
| Email or Text (Y) | 0.581(0.512-0.659), **<0.001** |

**Supplemental Table 2.** Specific Internet Uses by Social Isolation in 2015 Baseline Sample

| Internet Uses (n,%) | No Social Isolation | | Social Isolation | | Severe Isolation | | p value |
|---|---|---|---|---|---|---|---|
| Groceries | 1012 | 38.02 | 142 | 31.98 | 26 | 35.14 | 0.048 |
| Bills/banking | 1371 | 51.50 | 217 | 48.87 | 40 | 54.05 | 0.522 |
| Order/refill meds | 594 | 22.31 | 92 | 20.72 | 19 | 25.68 | 0.578 |
| Contact medical provider | 772 | 29.02 | 100 | 22.52 | 17 | 22.97 | 0.012 |
| Medicare/Insurance | 464 | 17.44 | 60 | 13.51 | 12 | 16.22 | 0.122 |