

## Supplemental material. Items of post-COVID impairments according to ICF

ICF code	Item
Impairme	ents in mental functions
b114	Impaired orientation functions such as difficulty of knowing and ascertaining one's relation to self, to others, to time and to one's surroundings
b 1300	Brain fatigue
b 1302	Lack of appetite
b 134	Sleep problems
b 140	Concentration problem such as difficulty of focusing on a task or topic
b 140	Attention problem such as difficulty of focusing on one part of an experience and ignoring others or focusing on several things
b 144	Memory problem
b 1641	Impaired organization and planning such as difficulty of coordinating parts into a whole)
b 167	Impaired mental functions of language such as difficulty of recognizing and using signs, symbols and other components of a language
b 152	Depression
b 152	Worry/ anxiety
b 152	Stress
b 160	Obsessions such as unwanted thoughts and fears
b 160	Compulsions such as you feel compelled to do certain things
Impairments in sensory functions and pain	
b 2102	Impaired quality of vision
b 220	Dry / red / itchy eyes
b 2400	Ringing in ears or tinnitus
b 2401	Dizziness
b 235	Disturbed balance
b 250	Loss of taste
b 255	Loss of smell
b 265	Feeling of numbness / tingling
b 2800	Generalized pain
b 28010	Pain in head
b 28011	Chest pain
b 28012	Pain in stomach or abdomen
b 28016	Joint pain
b 2802	Pain in multiple body parts
	ents in body system functions
b 310	Voice problems
b 410	Impaired heart functions
b 440	Respiratory distress
b 450	Cough
b 4552	Tiredness or lack of energy (Fatiguability)
b 460	Shortness of breath
b 5105	Sore throat/ difficult to swallow
b 5106	Vomiting
b 515	Impaired nutrient uptake
b 525	Diarrhoea

b 530	Weight change
b 5350	Nausea
b 5500	Fever/ feeling of fever
b 5500	Chills or the feeling of freezing
b 640	Impaired sexual desire and functions
b 710	Impaired mobility such as difficulty to move knee, ankle, hands, feet.
b 730	Decreased muscle power
b 760	Impaired control over and coordination of movements
b 810	Skin changes
b 840	Rash/ itching
b 850	Hair loss
Impairments in activities and participation	
d 5	Difficulty taking care of yourself
d 5	Impaired control of other diseases and drugs, keep special diet
d 6	Difficulties in doing housework
d 8	Impaired work ability / study ability
d 9	Difficulty being to leisure activities