

1 **APPENDICES**

2 **Apendix A – Theme 1 additional quotes:**

3 *“Struggled to get up/ fatigue. Short of breath. Tinnitus horrendous every day. sore throat.*
4 *Cannot sleep. Lymph nodes swollen Clavicle/ underarm. Aching like I have the flu.”*

5 *“Feeling exhausted had a steady day out with my hubby and he did all of the driving.”*

6 *“Felt really drained and lacking energy again. Slept for a short time at lunchtime. Cried*
7 *because I was so tired, I didn't have the energy to drive to hospital to visit husband. Got son*
8 *to take me.”*

9 *“Sunday funday. Cinema with son. It was the best day of his life. Mean so very much to hear*
10 *and see him enjoy himself. Had to be up early to get there so slept in car on way home in*
11 *traffic.”*