

## **Interview guide**

### ***Symptom manifestation, initial contact with healthcare services, and diagnosis***

- Examples of questions:
  - How did you notice the symptoms in your hands?
  - What did you do about it?
  - What were your reasons for contacting healthcare services?
  - What happened when you consulted healthcare services?
  - How were you informed about having hand OA?
  - What was important for you in seeking healthcare for your hand OA?

### ***In consultations***

- Examples of questions:
  - How would you describe the consultations you had with rheumatologists/occupational therapists/general practitioners?
  - Can you describe what happened during consultations?
  - How did the consultations match your expectations?
  - In what ways were you listened to regarding your hand OA condition?

### ***Intervention and follow up***

- Examples of questions:
  - What healthcare services were you provided?
  - What were your experiences with those healthcare services?
  - How did you find the recommendations that were provided to you?
  - How did you follow up on recommendations?
  - How did you find the usefulness of the interventions?