Critical appraisal tool

Case-Control Study	Yes	No	Unclear
Major Risk 1 – study design and selection			
Were the cases recruited in an acceptable way?			
Consider the following: Are the cases representative of a population, clearly defined and differentiated from controls? Was there an established reliable system for selecting all the cases? Were inclusion and exclusion criteria explicit and applied similarly to all eligible cases?			
Were the controls selected in an acceptable way?			
Consider the following: ■ Are the controls representative of a population and clearly defined? ■ Are the same inclusion and exclusion criteria for cases used to select controls (equally applied) and matched appropriately? ■ Is it clearly established that controls are non-cases?			
Is the participation rate satisfactory?			
Consider the following: Are there large differences between the two groups? Is the participation rate low?			
Major risk 2 - Exposure			
Was the exposure accurately measured to minimise bias?			
Consider the following: Is the exposure clearly defined? Do measurements truly reflect what it is supposed to measure (have they been validated?).			

■ Is the method of assessment reliable?		
Major risk 3 – Outcome		
Was the outcome accurately measured to minimise bias?		
Consider the following: Is the outcome clearly defined?		
■ Do measurements truly reflect what it is supposed to measure (have they been validated?).■ Is the method of assessment reliable?		
Major risk 4 – Non-participants		
Is comparison made between participants and non-participants?		
Consider the following: Is similarities or differences established?		
Major risk 5 – Analysis method		
Was the analysis method adequate?		
Consider the following: Are the main potential confounders identified and taken into account in the analysis?		
Were adequate statistical models used to reduce bias?		
Minor risk 1 – Funding		
Was the source of funding provided?		
Consider the following:		
■ Was the study affected by sponsors?■ Did sponsoring organization participate in the analysis?		
Minor risk 2 – Chronology	L	

Could chronology be established?		
Consider the following:		
■ Was the timeframe sufficient to see an association between the exposure and outcome?		
Minor risk 3 – Conflict of interest	l	
Was the study without any conflict of interest?		
Consider the following: Was the study affected by the authors affiliations or interests?		

Cohort Study	Yes	No	Unclear
Major Risk 1 – study design and selection			
Was the cohort recruited in an acceptable way?			
Consider the following: ■ Is it representative of a defined population and clearly specified? ■ Are groups comparable in all respects other than the factor under investigation? ■ Was everybody included who should have been?			
Was the follow-up of subjects acceptable?			
Consider the following: Conventionally, a 20% drop out rate is acceptable, but observational studies conducted over longer periods, a higher drop-out rate is to be expected. Were losses to follow-up taken into account in the analysis (sensitivity analysis, described etc.)?			
Major risk 2 - Exposure	_		
Was the exposure accurately measured to minimise bias?			
Consider the following:			

 Is the exposure clearly defined? Do measurements truly reflect what it is supposed to measure (have they been validated?). Is the method of assessment reliable? Were all the subjects classified into exposure groups using the same procedure? 		
Major risk 3 – Outcome		
Was the outcome accurately measured to minimise bias?		
Consider the following: Is the outcome clearly defined? Do measurements truly reflect what it is supposed to measure (have they been validated?). Is the method of assessment reliable? Were the measurement methods similar in the different groups? If blinding is not possible, is there some recognition that knowledge of exposure status could influence the assessment of the outcome?		
Major risk 4 – Enrolment		
Was the outcome taken into account at enrolment?		
Consider the following: Some participants might have the outcome at the time of enrolment. Is it assessed at baseline in the analysis?		
Major risk 5 – Analysis method		
Was the analysis method adequate?		
Consider the following: ■ Are the main potential confounders identified and taken into account in the analysis? ■ Were adequate statistical models used to reduce bias?		
Minor risk 1 – Funding		
Was the source of funding provided?		

Consider the following: Was the study affected by sponsors? Did sponsoring organization participate in the analysis?				
Minor risk 2 – Chronology	Minor risk 2 – Chronology			
Could chronology be established? Consider the following: Was the timeframe sufficient to see an association between the exposure and outcome? Was the follow-up long enough for the outcome to occur?				
Minor risk 3 – Conflict of interest				
Was the study without any conflict of interest? Consider the following: ■ Was the study affected by the authors affiliations or interests?				