## **PLOS Neglected Tropical Diseases**

# Evidence of Histoplasma capsulatum seropositivity and exploration of risk factors for exposure in Busia county, western Kenya: Analysis of the PAZ dataset --Manuscript Draft--

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Full Title:	Evidence of Histoplasma capsulatum seropositivity and exploration of risk factors for exposure in Busia county, western Kenya: Analysis of the PAZ dataset
Short Title:	Histoplasma capsulatum seroprevalence and risk factors in western Kenya
Article Type:	Research Article
Keywords:	Histoplasma capsulatum; seroprevalence; Kenya; human-animal-environment interface
Abstract:	Background Despite recognition of histoplasmosis as a disease of national public health concern in Kenya, the burden of Histoplasma capsulatum in the general population remains unknown. This study examined the human seroprevalence of anti-Histoplasma antibody, and explored associations between seropositivity, and demographic and environmental variables, in Busia county, western Kenya. Methodology Biobanked serum samples and associated metadata, from a previous cross-sectional survey, were examined. Latex agglutination tests to detect the presence of anti- Histoplasma antibody were performed on serum samples from 670 survey respondents, representing 178 households within 102 sub-locations. Potential epidemiologic risk factors for H. capsulatum exposure were explored using multi-level multivariable logistic regression analysis with household and sub-location included as random effects. Principal findings The apparent sample seroprevalence of anti-Histoplasma antibody was 15.5% (n=104/670, 95% Confidence Interval (CI) 12.9-18.5%). A multivariable logistic regression model identified increased odds of H. capsulatum seropositivity in respondents reporting rats within the household within the previous 12 months (OR=3.03 95% CI 1.06-8.67, p=0.04). Compared to respondents aged 25-34 years, the odds of seropositivity were higher in respondents aged 15-24 years (OR=2.66 95% CI 1.03-6.89, p=0.04) or ≥45 years (OR=2.64 95% CI 0.99-7.01, p=0.05). Conclusions The seroprevalence result provides a baseline for sample size approximations for future epidemiologic studies of the burden of H. capsulatum exposure in Busia county. The final model explored theoretically plausible risk factors for H. capsulatum exposure in the region. A number of factors may contribute to the complex epidemiological picture impacting H. capsulatum exposure status at the human-animal-environment interface in western Kenya. Focussed H. capsulatum research is warranted to determine the contextual significance of identified associations, and in represent
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4	
5	Short title
6	Histoplasma capsulatum seroprevalence and risk factors in western Kenya
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#### 24 Abstract

#### 25 Background

26 Despite recognition of histoplasmosis as a disease of national public health concern in Kenya, the

27 burden of Histoplasma capsulatum in the general population remains unknown. This study examined

28 the human seroprevalence of anti-Histoplasma antibody, and explored associations between

29 seropositivity, and demographic and environmental variables, in Busia county, western Kenya.

#### 30 Methodology

31 Biobanked serum samples and associated metadata, from a previous cross-sectional survey, were

32 examined. Latex agglutination tests to detect the presence of anti-Histoplasma antibody were

33 performed on serum samples from 670 survey respondents, representing 178 households within 102

34 sub-locations.

35 Potential epidemiologic risk factors for *H. capsulatum* exposure were explored using multi-level

36 multivariable logistic regression analysis with household and sub-location included as random effects.

#### 37 Principal findings

38 The apparent sample seroprevalence of anti-*Histoplasma* antibody was 15.5% (*n*=104/670, 95%

39 Confidence Interval (CI) 12.9-18.5%). A multivariable logistic regression model identified increased

40 odds of *H. capsulatum* seropositivity in respondents reporting rats within the household within the

41 previous 12 months (OR=3.03 95% CI 1.06-8.67, *p*=0.04). Compared to respondents aged 25-34

42 years, the odds of seropositivity were higher in respondents aged 15-24 years (OR=2.66 95% CI

43 1.03-6.89, p=0.04) or ≥45 years (OR=2.64 95% CI 0.99-7.01, p=0.05).

#### 44 Conclusions

45 The seroprevalence result provides a baseline for sample size approximations for future

46 epidemiologic studies of the burden of *H. capsulatum* exposure in Busia county. The final model

47 explored theoretically plausible risk factors for *H. capsulatum* exposure in the region. A number of

48 factors may contribute to the complex epidemiological picture impacting *H. capsulatum* exposure

49 status at the human-animal-environment interface in western Kenya. Focussed H. capsulatum

50 research is warranted to determine the contextual significance of identified associations, and in

51 representative sample populations.

#### 52 Author Summary

Despite recognition of histoplasmosis as a priority disease of public health concern in Kenya, and an important AIDS-defining illness, there remains a paucity of research on this neglected fungal disease. Clinical and laboratory capacity for the diagnosis and treatment of histoplasmosis across Kenya is limited or unknown, and existing diagnostic and therapeutic techniques can be cost-prohibitive. In addition, the fragmentary nature of histoplasmosis research groups worldwide, and the under- or over-representation of specific sociodemographic groups and geographic regions in outbreak reports and hospital-based case series, have been acknowledged.

60 This study provides a first look at *Histoplasma capsulatum* seroprevalence in rural western Kenya,

and explores risk factors for exposure at this human-animal-environment interface. More broadly,

62 these outcomes will help to-quantify the burden of *H. capsulatum* in household and community

environments, which may direct further research efforts, and inform policy-makers on the prioritisation

64 for clinical services and public health efforts with regards to histoplasmosis.

#### 65 Introduction

66 The burden of Histoplasma capsulatum is sparsely documented in sub-Saharan Africa, including in 67 Kenya where histoplasmosis has been recognised as a priority disease of national public health 68 concern [1,2]. Histoplasmin skin sensitivity surveys conducted in a limited number of countries in sub-69 Saharan Africa, have recorded test positivity rates between 0.0 and 35.0%, in populations with 70 variable demographic and clinical characteristics [3–11]. These findings indicate that H. capsulatum is 71 present within this geographic region. However, further research is warranted to explore the factors 72 contributing to varying prevalence between different geographic areas and environments, the risk 73 factors for exposure and infection, and the incidence and clinical outcomes of histoplasmosis. 74 The limited research in this area is confounded by multiple barriers to the identification and 75 management of human histoplasmosis, which comprise: (i) case under-reporting; (ii) case mis-76 diagnosis; (iii) limited access to clinical facilities for case diagnosis or treatment; (iv) limited access to 77 anti-fungal treatments; (v) cost-prohibitive diagnostic or treatment methods; and (vi) poor definition of 78 transmission routes and risk factors for exposure [12–15]. These barriers present a significant 79 challenge to histoplasmosis surveillance, treatment and infection control, and thus limit our 80 understanding of how *H. capsulatum* exposure or infection impacts the Kenyan population.

A number of risk factors for histoplasmosis are widely acknowledged, however evidence of contextual factors relevant to sub-Saharan Africa remains limited. Disseminated histoplasmosis has been identified as a major AIDS-defining disease presentation of HIV-infected patients [16]. In contrast to disease course in immunocompetent hosts, which is typically characterised as asymptomatic and selflimiting [17], patients with *H. capsulatum* and HIV co-infection have demonstrated significant morbidity and mortality rates in the absence of appropriate treatment [18,19].

- 87 Occupational and recreational activities speculated to increase risk of aerosolisation and inhalation of
- 88 infective *H. capsulatum* microconidia, have been described in histoplasmosis case and outbreak
- 89 reports, and hospital-based case series. Tunnel work [20], land excavation [21], bat habitat exposure
- 90 during cave and tunnel visits [22,23], and exposure to bird faeces and roosts [24,25], have been
- 91 reported as plausible risk factors for *H. capsulatum* exposure. *H. capsulatum* has been identified in
- soil and water samples [26–28], and in bats [29], and bat and bird faeces [30–34], by direct
- 93 microscopy, mouse inoculation and culture technique, or molecular detection. In the rural Kenyan
- 94 context, humans can live in close proximity with domestic and wild animals, and previously
- 95 recognised reservoirs of *Histoplasma* could be present within household environments.
- 96 The current study utilised serum samples and metadata previously collected during a cross-sectional
- 97 household survey in Busia county, western Kenya [35] to explore levels of exposure to *H. capsulatum*.
- 98 The primary objectives of the study were as follows:
- Estimate the human seroprevalence of anti-*Histoplasma* antibody in Busia county, using a latex
   agglutination test (LAT);
- Explore associations between *H. capsulatum* seropositivity, and demographic and
   environmental variables in Busia county; and
- Identify limitations in current metadata with regards to identifying the burden of *H. capsulatum* exposure in the Kenyan context, and thus highlight future research activities required to address
   gaps in evidence.

#### 106 Methods

#### 107 Original study and ethical approval

A cross-sectional household survey was conducted from 2010-12 in Busia county, western Kenya, for
 the People, Animals and their Zoonoses (PAZ) project, supported by the Wellcome Trust [36]. Project

- 110 outputs included epidemiologic data on the prevalence of neglected zoonotic diseases amongst 2113
- survey respondents, from randomly selected households stratified by sub-location (*n*=143) [35,37].
- 112 For complete methodology of household selection, refer to Fèvre *et al.* (2017) [35].
- 113 **Ethical** approval for serum sample collection and storage for future processing, was granted by the
- 114 Kenya Medical Research Institute (KEMRI; SSC 1701). Permission to re-analyse metadata and test
- bio-banked serum samples was provided by KEMRI, and supported by Scantlebury Wellcome Trust
- 116 ISSF Fellowship.

#### 117 Serum sample selection

- 118 Survey respondents were selected from a sub-set of the PAZ dataset, representing respondents with
- available data on bat observation (dataset recording bat observation: *n*=670/942, 71.1%; original
- dataset: *n*=670/2113, 31.7%). The data sub-set was collected between May 2011 and July 2012.
- 121 Serum samples were selected to include survey respondents reporting variable HIV status at the time
- **122** of sampling (positive: *n*=48/670, 7.2%), and absence or presence of bats around the home during the
- 123 12 months prior to survey delivery (bats observed: *n*=348/670, 51.9%) (Table 1). All respondents with
- 124 a HIV positive status and all those reporting the presence of bats were selected, in addition to
- 125 systematically selecting every eighth respondent across the dataset. The selected sub-set of survey
- 126 respondents represented 178 households within 102 sub-locations.
- 127 A positive HIV status was recorded in 7.2% (*n*=48/670) of respondents, with the highest prevalence of
- HIV positive status among respondents aged 35-44 years (*n*=18/670, 23.7%), and females (Female:
- 129 *n*=33/350, 9.4%; Male: *n*=15/320, 4.7%).
- 130
- 131 Table 1. Selection of study respondents (n=670/942, 71.1%) from the household survey (Fèvre et al., 2017),
- 132 characterised by HIV status (Positive/ Negative), and bat observation around the home in previous 12 months (Yes/
- 133 No).

		Bats observed around home in	Bats observed around home in previous 12 months	
		No*	Yes	Total
HIV result	Negative	292	330	622
	Positive	30	18	48
Total		322	348	670

134 \* No (*n*=321) or not answered (*n*=1)

#### 136 Serological testing

- One IMMY® Latex Agglutination *Histoplasma* test was performed as per manufacturer guidelines for each thawed, heat-treated serum sample. In accordance with IMMY® guidelines, a graduated scale of reaction strengths was used to assign test results from negative (-) to four plus (4+). Positive and
- 140 negative controls had to demonstrate 2+ or greater, and less than 1+ reaction strengths, respectively
- 141 [38]. Samples assigned a 2+ or greater reaction strength were considered to be presumptive evidence

#### 142 of active or recent *H. capsulatum* infection [38].

143 The LAT provides a measure of agglutinating anti-*Histoplasma* antibody, predominant during the early 144 IgM antibody response. Antibody responses in individuals with acute histoplasmosis have been 145 characterised by an initial peak in IgM mean concentration at 14 to 27 days, before returning to pre-146 clinical levels by one year [39]. Thus, a positive reaction may be indicative of exposure or infection up 147 to six months prior.

#### 148 Seroprevalence estimation

- 149 The apparent prevalence of *H. capsulatum* seropositivity in the sample population was determined
- 150 based on the IMMY® Latex Agglutination Histoplasma test results. True seroprevalence was
- 151 estimated using published sensitivity and specificity values for a histoplasmin sensitised LAT, of 62%
- and 97%, respectively [40]. Epitools interface and Clopper-Pearson (exact) test were employed to
- determine 95% Confidence Intervals (CIs) (<u>https://epitools.ausvet.com.au/trueprevalence</u> [41]).

#### 154 **Statistical analysis**

- Household survey metadata, and LAT results, were stored in a protected Microsoft® Excel file.
- 156 Metadata variables were selected for analysis if identified as either, an established risk factor for *H*.
- 157 *capsulatum* exposure in current literature, or a theoretically plausible risk factor for exposure based on
- 158 current evidence of *H. capsulatum* life cycle and transmission dynamics (Tables S1-S2).
- 159 Descriptive statistics were used to analyse respondent- and household level-characteristics of the
- 160 selected sub-set of respondents, and to compare this sub-set with the original sampled population.
- 161 The Mann-Whitney U test was applied to compare distributions of categorical variables between the
- 162 original sample and the sub-set, and to determine the statistical significance of differences.

163 **Univariable** associations between *H. capsulatum* seropositivity, and individual selected variables, 164 were examined using Pearson Chi-squared test ( $\chi^2$ ). Odds Ratios (ORs) with 95% Cls, and 165 associated *p*-values, were calculated.

166 Phi coefficient was employed to analyse suspected correlations between categorical variables. A 167 coefficient value of  $>0.5_{\tau}$  with an associated *p*-value  $<0.05_{\tau}$  was interpreted as evidence of a 168 correlation between variables. Identification of a correlation, and subsequent comparison of *p* values 169 on univariable analysis, supported exclusion of variables from further analysis, where those with 170 stronger *p*-values were retained for further analysis.

171 Variables with a x<sup>2</sup>-associated p-value <0.20 on univariable analysis were selected for testing in a 172 multivariable logistic regression model with seropositivity as the binary outcome. The model was built 173 using a manual backwards-stepwise approach. As the study is exploratory, and designed to generate 174 hypotheses about potential risk factors for *H. capsulatum* exposure, a conservative cut-off value of 175 p<0.10 was applied to include variables in the final model. Final versions of the model were assessed 176 using the Hosmer Lemeshow test statistic, and Delta Betas were explored for variables within the final 177 model to examine the effect of any influential data points. Random effects were included to explore 178 the effect of clustering of respondents at both household, and sub-location levels. Regression 179 coefficients, estimate *p*-values, and z-ratios were compared between single and multi-level models. 180 Proportion of variance attributed to individual levels was calculated using the latent-variable approach 181 described by Goldstein et al. (2002) [42].

Statistical analyses, and multi-level modelling, were performed using IBM® SPSS® Statistics 25, and
 MLwiN 3.05 software, respectively.

#### 184 **Results**

#### 185 Study population

Selected respondents (n=670/942, 71.1%) represented 178 households, with a median number of occupants of 7.0 per household (range: 1-30). The sample comprised respondents aged 5 to >85 years<sub>7</sub> and displayed a positively skewed age distribution (Fig. S1). Modal and median age categories were 5-14 years (n=272/670, 40.6%), and 15-24 years (n=133/670, 19.9%), respectively. The sample comprised 350 females (52.2%). The gender ratio per age category was approximately 90-125 females per 100 males, with the exception of age category 25-34 years which demonstrated a greater

192 gender gap of 213 females per 100 males. The majority of respondents were teachers or students 193  $(n=341/670, 50.9\%)_{T}$  or within animal management or contact roles (n=244/670, 36.4%). A minority of respondents reported smoking behaviour (n=17/670, 2.5%) (Tables S3-S4). 194

195 Contact with dogs (*n*=582/670, 86.9%), cats (*n*=563/670, 84.0%), and poultry (*n*=597/670, 89.1%),

196 and observation of rats (n=609/670, 90.9%), in and around the household environment, were reported 197 by the majority of respondents. Examination of indirect animal contact activities, demonstrated that

the majority of respondents were involved in manure preparation (n=436/670, 65.1%), in contrast to

manure preparation activities were described  $as_{\tau}$  preparation for fuel<sub> $\tau$ </sub> and use as a building material.

199 animal burial and skinning activities which were not frequently reported (Table S4). The most common 200

201 At a household level (*n*=178 households), spring water (wet: *n*=93/178, 52.2%; dry: *n*=92/178, 51.7%)

202 and borehole sources (wet: n=73/178, 41.0%; dry: n=74/178, 41.6%) were most frequently reported in

203 the previous wet and dry seasons. Houses within the study area tended to be constructed of: iron

204 (*n*=128/178, 71.9%) or thatch (*n*=121/178, 68.0%) roofs; mud walls (*n*=160/178, 89.9%); and earth

205 floors (n=156/178, 87.6%). The majority of households reported using firewood as the main cooking

206 fuel (n=136/178, 76.4%) (Table S4).

198

207 No statistically significant differences were found in the demographic and behavioural variables 208 between the original sample and the sub-set of respondents selected for this study, with the exception 209 of observation of bats around the home which was significantly higher in the sub-set (p<0.001) due to 210 the selection criteria applied for sub-setting (Table S5). We therefore consider the sub-set selected for 211 this study to be appropriately representative of the underlying population, enabling population 212 inferences to be made with regards to seroprevalence and risk factors being explored.

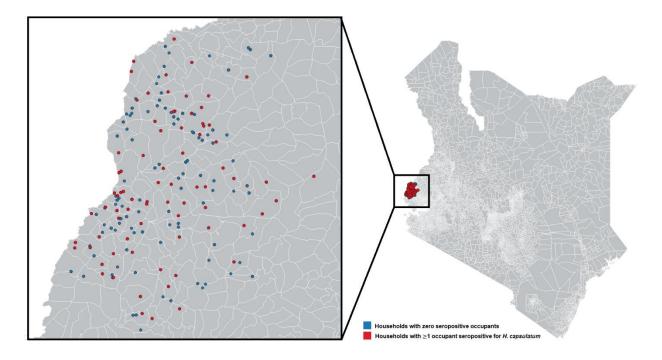
#### 213 Seroprevalence results

214 A total of 104 serum samples were interpreted as positive on LAT (a reaction strength of 2+ or 215 greater), of which the majority displayed a reaction strength of 2+(n=68/104, 65.4%) (Table S6 and 216 Fig. S2). This related to an apparent seroprevalence of 15.5% (*n*=104/670, 95% CI 12.9-18.5%). The 217 estimated true seroprevalence in this sample, adjusting for published LAT sensitivity and specificity 218 results [40], was calculated as 21.2% (95% CI 16.8-26.2%) [41].

- 43.3% of households (n=77/178) contained at least one occupant with a seropositive result. Of these households, the percentage of occupants demonstrating seropositivity ranged from 7.7% (n=1/13occupants) to 100.0% (n=1/1 to 3/3 occupants) (Fig. 1).
- 222
- Figure 1. Study area in Busia county, western Kenya, and household locations (*n*=178) within 102 sub-

locations. Key: red = households with ≥1 occupant seropositive for *H. capsulatum*; blue = households

with zero seropositive occupants. Maps generated using QGIS 3.12.2.



226

227

#### 228 Univariable analysis

- 229 Univariable logistic regression analysis identified a statistically significant association (*p*<0.05)
- 230 between LAT result and two variables; observation of rats around the home in the previous 12 months
- 231 (OR=2.80 95% CI 0.99-7.89, p=0.05); and age category 15-24 years (OR=2.80 95% CI 1.10-7.15,
- *p*=0.03; reference category 25-34 years). Variables which met the multivariable model inclusion
- criteria at a higher *p*-value cut-off (*p*<0.1) were as follows; observation of bats in the previous 12
- 234 months (OR=1.37 95% CI 0.90-2.10, p=0.14), household constructed of mud walls (OR=2.26 95% CI
- 235 0.80-6.43, *p*=0.13), use of spring water in the previous dry season (OR=1.47 95% CI 0.95-2.28,

236 *p*=0.08), and age category ≥45 years (OR=2.41 95% CI 0.92-6.28, *p*=0.07; reference category 25-34
 237 years) (Table S4).

For each water source variable, a statistically significant correlation (phi >0.5, p<0.05) was measured between reporting the use of the water source in the last wet season, and reporting use of the same water source in the last dry season. Thus, only water source variables for the last dry season, specifically tap, spring, well, river and borehole sources, were included in further analyses, and the seasonal element of the variable was excluded. Findings from univariable logistic regression analysis are available in Table S4.

#### 244 Multivariable logistic regression analysis

The final multi-level multivariable model contains two statistically significant main effects; observation 245 246 of rats around the home in previous 12 months (OR=3.03 95% CI 1.06-8.67, p=0.04), and age 247 categories 15-24 (OR=2.66 95% CI 1.03-6.89, p=0.04; reference category 25-34 years) and ≥45 248 years (OR=2.64 95% CI 0.99-7.01, p=0.05), as variables associated with presence of anti-249 Histoplasma antibody (Table 2). The final model also included variables which met the inclusion 250 criteria at a p-value cut-off of <0.1, as follows; bats observed around the home in the previous 12 251 months (OR=1.39 95% CI 0.89-2.16, p=0.14); and mud walls in the household (OR=2.67 95% CI 252 0.90-7.91, p=0.08) (Table 2).

253

Table 2. Multivariable logistic regression analysis examining variable associations with *H. capsulatum* seropositivity
 based on LAT results, amongst survey respondents (*n*=670/942, 71.1%) in Busia county, western Kenya. Odds Ratios
 (OR), 95% Confidence Intervals (CIs) and *p*-values, were calculated using MLwiN 3.05 software.

Variable	H. capsulatum seropositive	Odds Ratio (95% Confidence	<i>p-</i> value
	(%), <i>n</i> =104	Intervals)	
Rats observed around home			
in previous 12 months			
Reference category: No	4 (6.6)	1.00	
Yes	100 (16.4)	3.03 (1.06-8.67)	0.04*
Bats observed around home			
in previous 12 months			
Reference category: No	43 (13.4)	1.00	
Yes	61 (17.5)	1.39 (0.89-2.16)	0.14**
Mud walls			
Reference category: No	4 (7.8)	1.00	
Yes	100 (16.2)	2.67 (0.90-7.91)	0.08**

Age category, years			
5-14	38 (14.0)	1.74 (0.69-4.34)	0.24
15-24	27 (20.3)	2.66 (1.03-6.89)	0.04*
Reference category: 25-34	6 (8.3)	1.00	
35-44	12 (15.8)	2.13 (0.74-6.14)	0.16
≥45	21 (17.9)	2.64 (0.99-7.01)	0.05*

258 \*p-value <0.05 (statistically significant)

259 \*\**p*-value <0.1

260

The model yielded a Hosmer-Lemeshow chi-squared value of 2.091 (*p*=0.978). On delta beta analysis, no data points were determined to be influential on the model outcome.

263 No evidence was demonstrated for clustering by household (variance=0.00, SE 0.00) on multi-level

analysis. Clustering by sub-location was demonstrated (variance=0.16, SE 0.17) although this

indicated that only 4.6% of variance in seropositivity is due to sub-location, using the latent-variable

approach. Regression coefficients, z-ratios and *p*-values, of model variables in single-, two- and

three-level models were comparable.

#### 268 **Discussion**

269 The study describes the human seroprevalence of anti-*Histoplasma* antibody, and explores

270 associations between seropositivity and potential risk factors for *H. capsulatum* exposure in a

271 community and household setting, in Busia county, western Kenya.

272 The recent recognition of histoplasmosis as a priority disease in Kenya [1], and apparent

seroprevalence of *H. capsulatum* exposure demonstrated by survey respondents (*n*=104/670, 15.5%),

highlights the need for surveillance at national and regional levels. A previous histoplasmin skin test

survey in Kenya reported a positivity rate of 8.5% (*n*=65/768) in adult males [9]. The age distribution

of the study population was not reported, and participants were miners or prisoners from Lake Victoria

- 277 (western Kenya), and within or west of the Rift Valley, respectively. Skin test positivity is lower than
- 278 our apparent measured seroprevalence of 15.5% (*n*=104/670) which could be attributed to variable

environmental conditions influencing survival of the saprophytic mycelial form of *H. capsulatum*, or

- variable exposure risk factors in the study populations under examination, including contact with
- animal reservoirs. In addition, the study described employs a histoplasmin skin sensitivity test as

opposed to the LAT described in this study, which measure IgE-mediated reactions versus IgM
 agglutinating antibody responses, respectively.

284 With the exception of case reports [43-48], and limited prevalence studies in select socio-285 demographic groups [9,49,50], there is a paucity of recent epidemiologic data examining the burden 286 of *H. capsulatum* exposure in the general population, and in variable community and household 287 settings, in Kenya, the surrounding region, and more widely across sub-Saharan Africa. In Nigeria, 288 two cross-sectional studies examining histoplasmin skin sensitivity across variable regions, 289 demonstrated positive tests in 4.4% (n=32/735) [8] and 10.5% (n=69/660) [6] of participants. The 290 latter study was conducted in proximity to a bat cave, and a sub-sample of this study population 291 identified as farmers, cave guides and traders in the vicinity of the cave (35.0%, n=14/40). Thus, the 292 higher overall test positivity measured could be attributed to these study design factors. 293 Variables tested in the univariable and multivariable logistic regression models encompassed both 294 established, and theoretically plausible, epidemiologic risk factors for *H. capsulatum* exposure. A 295 significant association was identified between H. capsulatum seropositivity and the observation of rats 296 within the household (OR=3.03 95% CI 1.06-8.67, p=0.04). In Kenya, H. capsulatum has been 297 isolated from soil, including samples enriched with chicken and bat faeces [51–53]. Although evidence 298 exists for the role of rats as environmental reservoirs, current literature is limited to North America, 299 where *H. capsulatum* was identified in wild rats, and soil samples proximal to rat burrows [26,54,55]. 300 Additional research is warranted in the community setting in western Kenya to explore any 301 associations between H. capsulatum exposure and, the following variables: frequency and routes of 302 human exposure to rats and their habitats, the location of rat burrows, isolation of H. capsulatum from 303 rats and rat burrows, and the household and environmental factors maintaining rat populations. 304 The multivariable model presents associations (p<0.1) between -H. capsulatum seropositivity and 305 both-the observation of bats around the home, and housing constructed with mud. Bat habitat 306 exposure has been reported as a risk factor for H. capsulatum exposure [22,23], and H. capsulatum 307 has been isolated from bats using molecular techniques [29]. This model suggests that bat or rat

309 reporting observation of bats around the home should be considered, which might increase overall

contact might increase risk of H. capsulatum exposure. The purposeful selection of respondents

310 seropositivity compared to a randomly selected sample. The difference between distributions of

308

respondents reporting observation of bats in the study sample, and in the original sub-set of respondents, was statistically significant. Further investigation is warranted to examine the role of rats, bats and environmental reservoirs of *H. capsulatum* within this context. In addition, studies employing molecular methods, may support current literature on phylogenetic characterisation of *Histoplasma* isolates, and comparison to regional and global isolates from human, animal and environmental sources [56–58].

317 Exploration of potential associations between building materials, and the isolation of *H. capsulatum* in 318 the household environment is warranted. One might hypothesise that mud walls may provide better substrate to maintain the saprophytic mycelial form of *H. capsulatum*, in comparison to brick or 319 320 cement. Furthermore, different building construction methods might present variable H. capsulatum 321 exposure risks, for example construction of mud walls with handheld tools might increase exposure 322 risk from soil. The variables presented may also be proxy indicators of socioeconomic factors that 323 increase risk of *H. capsulatum* exposure, and could be indicative of the sociodemographic differences between regions, and availability of building materials. 324

325 The multivariable logistic regression model demonstrates increased odds of seropositivity amongst 326 age categories 15-24 (OR=2.66 95% CI 1.03-6.89, p=0.04) and ≥45 years (OR=2.64 95% CI 0.99-327 7.01, p=0.05), in comparison to respondents aged 25-34 years. Investigation of whether the outcome 328 reflects variable immunocompetence between age categories, or age-related exposure to potential 329 risk factors, is warranted. The sub-set of household survey respondents under examination 330 demonstrated a positively skewed age distribution. At the time of data collection, in 2010, the age 331 group 0-14 years represented 43.4% of the general Kenyan population [59]. This proportion is 332 comparable to that of the sample population, of which 40.6% of selected respondents were 5-14 333 years (n=272/670). Although representative of the general population, the effect of a skewed 334 population structure on the frequency distribution of other variables under investigation, including 335 reported occupations and involvement in animal contact roles, should be considered. For example, 336 these variables may not be sufficiently powered to explore risk factors in older age categories. In 337 comparison to studies exploring demographic or clinical risk factors for *H. capsulatum* infection in 338 susceptible patient cohorts, the current study highlights potential environmental risk factors amongst 339 the general population which may be confounded to a lesser extent by age.

Further targeted research is warranted to explore the impact of potential confounders such as age, gender and occupation. Investigation of associations between dwelling maintenance activities, building materials including mud walls, and presence of wild or domestic animals in occupied dwellings, would provide further objective insight into the interactions of described household and environmental variables, and their impact on *H. capsulatum* exposure risk.

Although the described associations do not infer direct causality, nor encompass the unknown lifestyle and socioeconomic confounding factors, the variables presented contribute to the complex epidemiological picture influencing *H. capsulatum* exposure status at the human-animal-environment interface in western Kenya.

There was no evidence for significant clustering at household- nor sub-location levels, however further investigation is warranted to identify the potential socio-demographic and geoclimatic variations between defined areas that have not been explored in this analysis, and to quantify their impact on the odds of seropositivity.

353 H. capsulatum was not a focus of the original PAZ study [35], thus questions posed by the survey 354 were not designed to capture risk factors relating specifically to H. capsulatum exposure, nor to 355 capture temporal information which might be related to the timing of exposure. Factors that contribute 356 to whether inhalation of H. capsulatum microconidia results in symptomatic disease, include the 357 quantity of airborne inoculum, and the immunocompetence of the host. A robust T cell response and 358 subsequent activation of macrophages can prevent progression of H. capsulatum infection [60], in 359 contrast to the progressive nature of infection in immunocompromised individuals [61-63], however it 360 should be noted that infection can become clinically apparent many years after first exposure.

With the exception of data on respondent smoking behaviour (yes: *n*=17/670, 2.5% [seropositive:

362 *n*=4/17, 23.5%]) and HIV status (positive: *n*=48/670, 7.2% [seropositive: *n*=4, 8.3%]), clinical variables

363 were excluded from analyses. The cross-sectional nature of data collection and absence of

364 associated temporal data meant it was not possible to examine associations between reported clinical

365 symptoms or disease and *H. capsulatum* seropositivity. Implementation of prospective, longitudinal

366 research in community and household settings,-would enable more accurate inferences to be made

about associations between *H. capsulatum* seropositivity, and clinical signs or co-infections in the

368 general population.

369 Hospital-based case series in Central and South America, have examined morbidity and mortality in 370 HIV-positive patients with confirmed disseminated histoplasmosis [64-66], and histoplasmosis is now widely recognised as a leading co-morbidity amongst AIDS patients [16]. An overall HIV prevalence of 371 372 7.7% of the general adult population was reported in Busia county in 2018 [67]. These individuals represent a potentially susceptible sub-set of the population to *H. capsulatum* co-infection. Clinical 373 374 data with regards to individual immunocompetence of HIV-positive respondents at the time of survey 375 delivery was not available, including access to and management of antiretroviral therapy. Among 376 selected respondents, 48 (7.2%) demonstrated positive HIV status, however no statistically significant 377 association was identified between HIV positive status and H. capsulatum seropositivity. An 378 examination of the impact of HIV infection on immunodiffusion and complement fixation test results, 379 revealed detection of anti-Histoplasma antibodies was significantly lower (p<0.05) in disseminated 380 histoplasmosis cases with, as opposed to without, AIDS [68]. Thus, we speculate that measured 381 seropositivity amongst HIV positive respondents in this study could be an underestimate due to the 382 inability of these individuals to mount an immune response detectable by LAT. The effect of HIV co-383 infection on anti-Histoplasma antibody detection by LAT should be examined and quantified, to 384 improve our understanding of test performance and limitations, and to increase the accuracy of 385 seroprevalence estimates made on the basis of these test results. In addition, false positive results 386 have been reported among patients with tuberculosis [69].

The possibility of cross-reactions with other systemic mycoses namely, *Aspergillus*, *Candida* and *Paracoccidioides* [70],-should be acknowledged with the use of this LAT test. In the Kenyan context, *Aspergillus flavus* is documented as a major contaminant of maize crops, resulting in significant aflatoxin exposure [71]. Thus, the potential for cross-reactions with *Aspergillus*, specifically in a rural setting and in a maize-producing region, should be considered.

The LAT provides a measure of the presence of anti-*Histoplasma* antibody [38]. The IMMY® LA-*Histoplasma* test [38] references previously published overall sensitivity and specificity values [40]. However, test sensitivity ranged from 45.7 to 100%, for cases of chronic and acute primary pulmonary histoplasmosis, respectively [40]. Thus, the estimated true seroprevalence measured in the current study might vary significantly from 12.9% (95% Cl 10.2-16.0%) to 29.3% (95% Cl 23.2-36.2%) [41]. The samples were maintained temporarily at -20 degrees Celsius, prior to long term storage at -80

- 398 degrees Celsius. Freeze-thaw cycles were minimised and samples have not undergone any freeze-
- thaw cycles since 2016, thereby maintaining the integrity of samples for serological testing.

#### 400 Conclusions

- 401 Results from the current study suggest that exposure to *H. capsulatum* occurs frequently within this
- 402 population, and promotes the need for further longitudinal research to investigate the incidence of *H*.
- 403 capsulatum exposure and infection in Kenya. The seroprevalence reported here may provide a
- 404 baseline for sample size approximations to support future epidemiologic studies of the burden of405 histoplasmosis.
- 406 Exploration of theoretically plausible risk factors has highlighted areas for further investigation. Future
- 407 research might focus on further examination of the associations identified here, and consider how
- 408 health, demographic, and socio-economic factors, impact on *H. capsulatum* transmission at the
- 409 human-animal-environment interface.

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#### 421 Availability of data

- 422 The original dataset, and the serology results, are available via an open access repository held by the
- 423 University of Liverpool (<u>http://dx.doi.org/10.17638/datacat.liverpool.ac.uk/352</u>).

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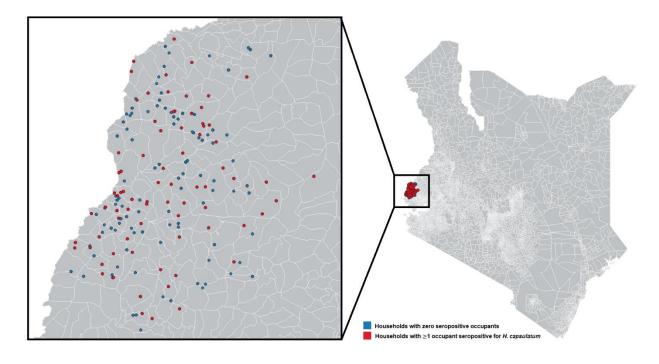
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#### 612 Supporting information

- Table S1. Variables selected for data analysis, from original survey human and household
- 614 **survey reports.** <sup>1</sup>Analysis of observations of bats and wild birds only.
- Table S2. Original survey human and homestead report text, and re-coding of selected
- 616 **variables.** NR=not recorded; ND=not determined; NA=not applicable.
- 617 Table S3. Re-categorised occupations for statistical analysis.
- 618 **Table S4.** Univariable logistic regression analysis results, examining associations between *H*.
- 619 *capsulatum* seropositivity based on LAT results, and respondent- and household-level
- 620 variables, amongst survey respondents (*n*=670/942) in Busia county, western Kenya. Odds
- 621 Ratios (OR), 95% Confidence Intervals (CIs) and *p*-values, were calculated using IBM® SPSS®
- 622 **Statistics 25 software.** \* *p*<0.05; \*\* *p*<0.1.
- Table S5. Baseline characteristics of original sample (*n*=942) and selected sub-set (*n*=670) of
- 624 survey respondents, and comparison of variable distribution differences using the Mann-
- 625 **Whitney U test.** \* *p*<0.05.
- 626 **Table S6.** The frequency distribution of IMMY® Latex Agglutination-*Histoplasma* test results
- 627 for study respondents (*n*=670/942), categorised by reaction strength, and result interpretation.
- Figure S1. Histogram demonstrating the frequency distribution of age categories (years) for
   study respondents.
- Figure S2. IMMY® Latex Agglutination-*Histoplasma* test demonstrating positive control (left),
   negative control (centre), and serum sample yielding positive result with a reaction strength of
- 632 **2+ (right)**.

- 1 Figure 1. Study area in Busia county, western Kenya, and household locations (*n*=178) within 102 sub-
- 2 locations. Key: red = households with ≥1 occupant seropositive for *H. capsulatum*; blue = households
- 3 with zero seropositive occupants. Maps generated using QGIS 3.12.2.



- 1 Table 1. Selection of study respondents (n=670/942, 71.1%) from the household survey (Fèvre et al., 2017),
- 2 characterised by HIV status (Positive/ Negative), and bat observation around the home in previous 12 months (Yes/
- 3 No).

		Bats observed around home i	Bats observed around home in previous 12 months	
		No*	Yes	Total
HIV result	Negative	292	330	622
	Positive	30	18	48
Total		322	348	670

\* No (n=321) or not answered (n=1)

- 1 Table 2. Multivariable logistic regression analysis examining variable associations with *H. capsulatum* seropositivity
- 2 based on LAT results, amongst survey respondents (*n*=670/942, 71.1%) in Busia county, western Kenya. Odds Ratios
- 3 (OR), 95% Confidence Intervals (CIs) and *p*-values, were calculated using MLwiN 3.05 software.

Variable	H. capsulatum seropositive	Odds Ratio (95% Confidence	<i>p</i> -value
	(%), <i>n</i> =104	Intervals)	
Rats observed around home			
in previous 12 months			
Reference category: No	4 (6.6)	1.00	
Yes	100 (16.4)	3.03 (1.06-8.67)	0.04*
Bats observed around home			
in previous 12 months			
Reference category: No	43 (13.4)	1.00	
Yes	61 (17.5)	1.39 (0.89-2.16)	0.14**
Mud walls			
Reference category: No	4 (7.8)	1.00	
Yes	100 (16.2)	2.67 (0.90-7.91)	0.08**
Age category, years			
5-14	38 (14.0)	1.74 (0.69-4.34)	0.24
15-24	27 (20.3)	2.66 (1.03-6.89)	0.04*
Reference category: 25-34	6 (8.3)	1.00	
35-44	12 (15.8)	2.13 (0.74-6.14)	0.16
≥45	21 (17.9)	2.64 (0.99-7.01)	0.05*

5 \*p-value <0.05 (statistically significant)

6 \*\**p*-value <0.1

Figure S1

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