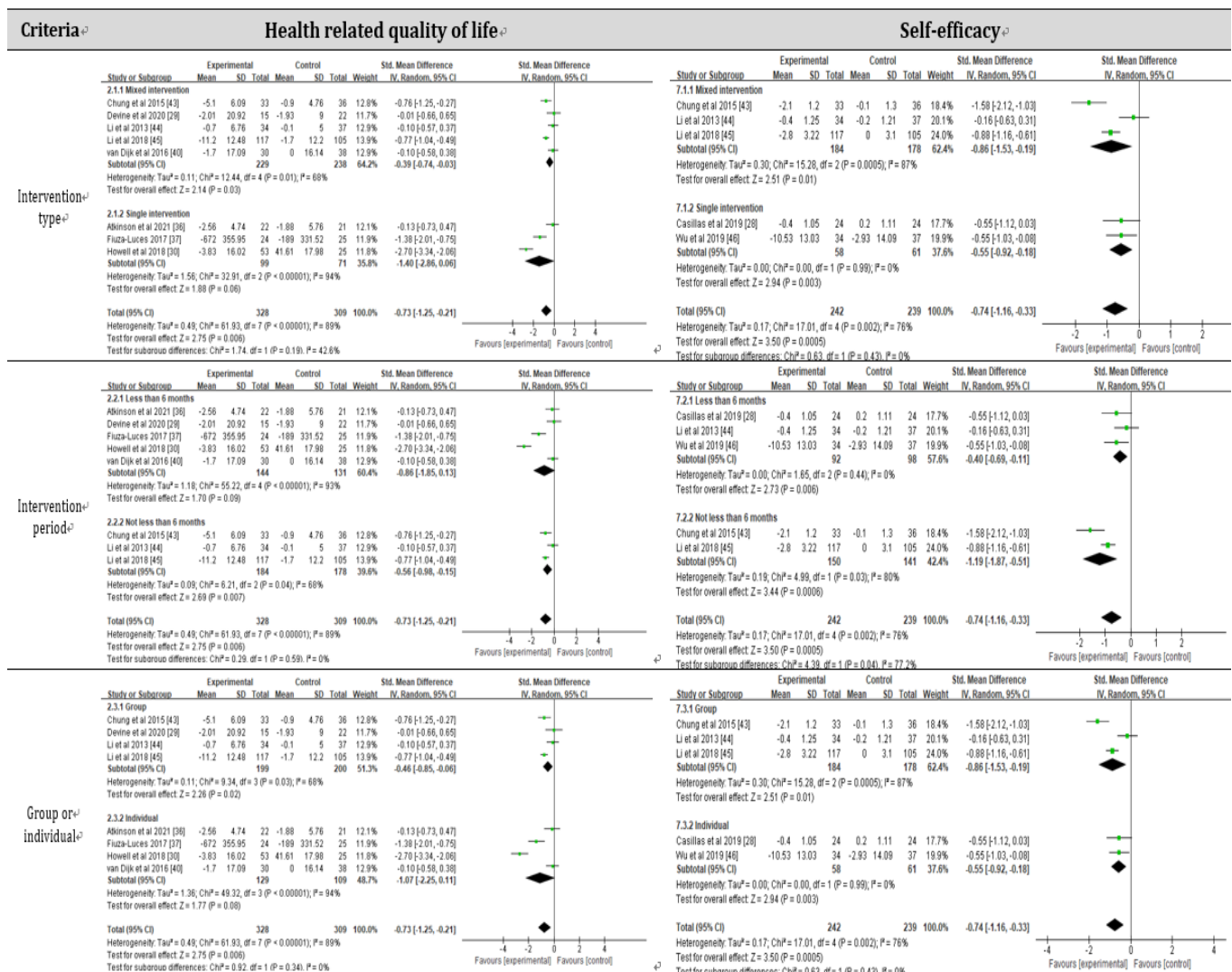


Supplement 1. Subgroup Analyses of Health-related Quality of Life and Self-Efficacy



CI, confidence interval; IV, inverse variance; SD, standard deviation.