

BMJ Open

BMJ Open is committed to open peer review. As part of this commitment we make the peer review history of every article we publish publicly available.

When an article is published we post the peer reviewers' comments and the authors' responses online. We also post the versions of the paper that were used during peer review. These are the versions that the peer review comments apply to.

The versions of the paper that follow are the versions that were submitted during the peer review process. They are not the versions of record or the final published versions. They should not be cited or distributed as the published version of this manuscript.

BMJ Open is an open access journal and the full, final, typeset and author-corrected version of record of the manuscript is available on our site with no access controls, subscription charges or pay-per-view fees (<http://bmjopen.bmj.com>).

If you have any questions on BMJ Open's open peer review process please email info.bmjopen@bmj.com

BMJ Open

Cost-Effectiveness Analysis of the Federal Menu Calorie Labeling and Obesity-Associated Cancer Burdens in the United States

Journal:	<i>BMJ Open</i>
Manuscript ID	bmjopen-2022-063614
Article Type:	Original research
Date Submitted by the Author:	07-Apr-2022
Complete List of Authors:	Du, Mengxi; Tufts University Friedman School of Nutrition Science and Policy, Griecci, Christina; Tufts University - Boston Campus, Friedman School of Nutrition and Policy Cudhea, Frederick; Tufts University Friedman School of Nutrition Science and Policy Eom, Heesun; New York Academy of Medicine, REAP Wong, John; Tufts Medical Center, Institute of Clinical Research and Health Policy Studies Wilde, Parke; Tufts University Friedman School of Nutrition Science and Policy Kim, David; Tufts Medical Center, Center for the Evaluation of Value and Risk in Health, Institute for Clinical Research and Health Policy Studies Michaud, Dominique; Tufts University School of Medicine, Wang, Y. Claire; Columbia University Mailman School of Public Health, Department of Health Policy and Management Mozaffarian, Dariush; Friedman School of Nutrition Science and Policy, Tufts University, Zhang, Fang-Fang; Tufts University Friedman School of Nutrition Science and Policy
Keywords:	Health policy < HEALTH SERVICES ADMINISTRATION & MANAGEMENT, NUTRITION & DIETETICS, HEALTH ECONOMICS

SCHOLARONE™
Manuscripts



I, the Submitting Author has the right to grant and does grant on behalf of all authors of the Work (as defined in the below author licence), an exclusive licence and/or a non-exclusive licence for contributions from authors who are: i) UK Crown employees; ii) where BMJ has agreed a CC-BY licence shall apply, and/or iii) in accordance with the terms applicable for US Federal Government officers or employees acting as part of their official duties; on a worldwide, perpetual, irrevocable, royalty-free basis to BMJ Publishing Group Ltd ("BMJ") its licensees and where the relevant Journal is co-owned by BMJ to the co-owners of the Journal, to publish the Work in this journal and any other BMJ products and to exploit all rights, as set out in our [licence](#).

The Submitting Author accepts and understands that any supply made under these terms is made by BMJ to the Submitting Author unless you are acting as an employee on behalf of your employer or a postgraduate student of an affiliated institution which is paying any applicable article publishing charge ("APC") for Open Access articles. Where the Submitting Author wishes to make the Work available on an Open Access basis (and intends to pay the relevant APC), the terms of reuse of such Open Access shall be governed by a Creative Commons licence – details of these licences and which [Creative Commons](#) licence will apply to this Work are set out in our licence referred to above.

Other than as permitted in any relevant BMJ Author's Self Archiving Policies, I confirm this Work has not been accepted for publication elsewhere, is not being considered for publication elsewhere and does not duplicate material already published. I confirm all authors consent to publication of this Work and authorise the granting of this licence.

1
2
3 1 **Cost-Effectiveness Analysis of the Federal Menu Calorie Labeling and Obesity-Associated**
4
5 2 **Cancer Burdens in the United States**
6

7
8 3 Mengxi Du, doctoral candidate¹, Christina F. Griecci, postdoctoral fellow¹, Frederick F. Cudhea,
9
10 4 statistician¹, Heesun Eom, research assistant^{1,2}, John B. Wong, director of comparative
11
12 5 effectiveness research³, Parke Wilde, professor of food and nutrition policy¹, David D. Kim,
13
14 6 assistant professor of medicine⁴, Dominique S. Michaud, professor of public health and
15
16 7 community medicine⁵, Y. Claire Wang, associate professor, vice president of research,
17
18 8 evaluation and policy^{2,6}, Dariush Mozaffarian, dean and Jean Mayer professor of nutrition¹,
19
20 9 Fang Fang Zhang, Neely Family professor of nutrition and cancer¹ *on behalf of the Food-PRICE*
21
22 10 *Project*
23

24
25
26 11 1. Friedman School of Nutrition Science & Policy, Tufts University, Boston, MA
27

28
29 12 2. New York Academy of Medicine, New York, NY
30

31
32 13 3. Division of Clinical Decision Making, Tufts Medical Center, Boston, MA
33

34
35 14 4. Center for the Evaluation of Value and Risk in Health, Institute for Clinical Research and
36
37 15 Health Policy Studies, Tufts Medical Center, Boston, MA
38

39
40 16 5. Department of Public Health and Community Medicine, School of Medicine, Tufts University,
41
42 17 Boston, MA
43

44
45 18 6. Department of Health Policy and Management, Mailman School of Public Health, Columbia
46
47 19 University, New York, NY
48

49
50 20 **Short Running Head:** Cost-Effectiveness of Menu Calorie Labeling to Prevent Cancer
51

52
53 21 **Word Count:** 3367
54
55
56
57
58
59
60

1
2
3 22 **Corresponding Author:** Fang Fang Zhang, M.D., Ph.D., Friedman School of Nutrition Science
4
5 23 and Policy, Tufts University, 150 Harrison Avenue, Boston, MA 02111
6
7 24 (fang_fang_zhang@tufts.edu). Phone: 617-636-3740; Fax: 617-636-3727
8
9
10 25 **Abbreviations:** AMPM, Automated Multiple Pass Method; BMI, Body Mass Index; CDC,
11
12 26 Centers of Disease Control and Prevention; CI, Confidence Interval; DiCOM, Diet and Cancer
13
14 27 Outcome Model; FDA, Food and Drug Administration; FNDDS, Food and Nutrient Database for
15
16 28 Dietary Studies; MEC, Mobile Examination Center; NCHS, National Center for Health
17
18 29 Statistics; NHANES, National Health and Nutrition Examination Survey; PSA, Probabilistic
19
20 30 sensitivity analysis; SD, Standard Deviation; SE, Standard Error; USDA, United States
21
22 31 Department of Agriculture; UI, Uncertainty Interval
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 **32 ABSTRACT**
4

5 **33 Objective** To assess the impact of menu calorie labeling on reducing obesity-associated cancer
6
7
8 **34** burdens in the United States (US).
9

10 **35 Design** Cost-effectiveness analysis using a probabilistic cohort state-transition model.
11

12 **36 Setting** Policy intervention.
13

14 **37 Participants** 235 million adults aged 20+ years.
15

16
17 **38 Interventions** The policy effects on reducing 13 obesity-associated cancers among US adults
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

and population subgroups by age, sex, and race/ethnicity over a simulated lifetime were evaluated in two scenarios: (1) effects on consumer behaviors; and (2) additional effects on industry reformulation. The model integrated nationally representative demographics, calorie intake from restaurants, cancer statistics, associations of policy with calorie intake, dietary change with BMI change, BMI with cancer rates, and policy and healthcare costs.

44 Main outcome measures Health and economic gains were estimated among the total population and population subgroups defined by age, sex, and race/ethnicity. Net costs and incremental cost-effectiveness ratio were assessed from societal and health care perspectives. Probabilistic sensitivity analyses incorporated uncertainty in input parameters and generated 95% uncertainty intervals (UIs).

49 Results Considering consumer behavior alone, the menu calorie labeling was estimated to be associated with a reduction of 28 000 (95% UI: 16 300-39 100) new cancer cases and 16 700 (9610-23 600) cancer deaths, a gain of 111 000 (64 800-158 000) quality-adjusted life years, and a saving of \$1480 million (\$884 million-\$2080 million) in cancer-related medical costs among US adults. The policy was associated with net cost savings of \$1460 (\$864-\$2060) million and \$1350 (\$486-\$2260) million from healthcare and societal perspectives, respectively. Additional

1
2
3 55 industry reformulation would substantially increase policy impact. Greater health gains and cost
4
5 56 savings were observed among young adults, Hispanic and non-Hispanic Black individuals.

6
7
8 57 **Conclusions** Study findings suggest that menu calorie labeling is associated with lower obesity-
9
10 58 related cancer burdens and reduced healthcare costs. Policymakers may prioritize nutrition
11
12 59 policies for cancer prevention in the US.

13
14
15 60 (Word Count: 299)

16
17 61 **Keywords:** obesity, cost-effectiveness, menu calorie labeling, cancer incidence, cancer death,
18
19 62 medical cost

20
21
22 63
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

64 INTRODUCTION

65 Obesity affects 1 in 3 Americans and is an established risk factor for 13 types of cancers, such as
66 endometrial, liver, breast, prostate, and colorectal cancers.¹ Obesity-associated cancer represents
67 40% of all newly diagnosed cancer cases and contributes to \$147 billion in costs in healthcare
68 each year.¹⁻⁶ Rates of obesity-associated cancers are also rising disproportionately among young
69 adults.^{5,7} Substantial health and economic burdens highlight the need to prioritize cost-effective
70 strategies to reduce obesity-associated cancers in the US.

71
72 Diet is one of the few modifiable factors for both obesity and obesity-associated cancers.^{2,8}
73 Restaurant meals account for 1 in 5 calories consumed by US adults, including 9% of calories
74 from full-service restaurants and 12% from fast-food restaurants,⁹ is an important target for
75 improving population diet. Restaurant meals can have very high calories, with a mean energy of
76 1362 kcal/meal and 969 kcal/meal in popular meals from randomly selected full-service and fast-
77 food restaurants, respectively.¹⁰ Consistently, individuals who cook less frequently at home
78 consume more daily calories than those who cook more at home.¹¹ Thus, reducing calories
79 consumed from restaurant meals has the potential to reduce daily calorie intake and subsequent
80 obesity and obesity-related cancer burdens.

81
82 To help consumers make lower-calorie choices, the Affordable Care Act mandated that all chain
83 restaurants with 20 or more outlets post calorie information on menus and menu boards for all
84 standard menu items.¹² The FDA published the final rules for this policy in 2016, which was
85 subsequently implemented in 2018. Interventional studies demonstrate that menu calorie labeling
86 reduces total energy intake by consumers.^{13,14} Such policy can also motivate restaurant

1
2
3 87 reformulation to lower calorie contents or introduce healthier food options.¹⁵⁻²⁰ Prior research
4
5 88 suggests that this policy is associated with substantial reductions in incident cardiovascular
6
7 89 diseases and type 2 diabetes and net savings of over \$10 billion.²¹ However, the health and
8
9
10 90 economic benefits of the policy for obesity-associated cancers have not been evaluated. This
11
12 91 study aimed to address the knowledge gap by evaluating the cost-effectiveness of the federal
13
14 92 menu calorie labeling and obesity-associated cancer burdens among US adults.
15
16
17 93

19 94 **METHODS**

21 95 **Study Overview**

23
24 96 The Diet and Cancer Outcome (DiCOM), a probabilistic cohort state-transition model,^{22 23} was
25
26 97 used to perform an economic evaluation of the menu calorie labeling and obesity-associated
27
28 98 cancer rates among 235 million US adults over a simulated lifetime (Supplementary Figure 1).
29
30 99 The model integrated independent parameters from different data sources, including nationally
31
32
33 100 representative population demographics, dietary intake, and cancer statistics; association
34
35 101 estimates of policy intervention with diet, diet change with body mass index (BMI), and BMI
36
37 102 with cancer risks; and policy and health-related costs from established sources (**Table 1**). This
38
39 103 study used de-identified datasets and was exempt from institutional review board review and
40
41
42 104 follows the Consolidated Health Economic Evaluation Reporting Standards (CHEERS) reporting
43
44
45 105 guidelines.
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Table 1. Key input parameters and data sources in the Dietary Cancer Outcome Model (DiCOM)

Model Input	Outcome	Estimates	Distribution	Comments	Data Source
1. Simulated population	Population	Mean consumption of calories was 332 kcal/d from full-service or fast-food restaurants (Supplementary Tables 1, 8-9)	γ	Stratified by age, sex, race/ethnicity; 32 subgroups	NHANES 2013-2016
2. Policy effect ¹					
a) Consumer behavior	Policy effect	7.3% (4.4%-10.1%)	β	One-time effect	Meta-analysis of labeling interventions on reducing calorie intake, Shangguan et al., 2019, American Journal of Preventative Medicine
b) Industry response	Policy effect	5% (Appendix 1 and Appendix Table 1)	β	Assumption: no reformulation in the 1st year of policy intervention; Restaurants will replace the high-calorie menu items with low-calorie options or reformulate the menu items in years 2 to 5 of the intervention to achieve a 5% reduction in calorie contents	Calorie changes in large chain restaurants from 2008 to 2015, Bleich et al. 2017, Prev Med; Higher-Calorie Menu Items Eliminated in Large Chain Restaurants, Bleich et al. 2018, American Journal of Preventative Medicine
3. Effect of added sugar intake on BMI (kg/m ²) ¹	Dietary effect	Among individuals with: BMI <25: 0.0015 per kcal BMI ≥25: 0.003 per kcal	Normal	Assumption: 55 kcal per day reduction in calorie intake would lead to 1 pound weight loss within 1 year, with no further weight loss in the future	Hall et al., 2018, JAMA; Hall et al., 2011, Lancet
4. Etiologic effect of BMI on cancer outcomes ¹	Cancer outcome	RRs ranged from 1.05 to 1.50 (Supplementary Table 2)	Lognormal	BMI change and cancer incidence	Continuous Update Project (CUP) conducted by the World Cancer Research Fund (WCRF)/American

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47

Institute for Cancer Research (AICR)

5. Cancer statistics¹

Cancer incidence³ and survival

Appendixes 2-3, Appendix Tables 2-3 and Supplementary Tables 3-4

β

Stratified by age, sex, and race/ethnicity

NCI's Surveillance, Epidemiology, and End Results Program (SEER) Database; CDC's National Program of Cancer Registries (NPCR) Database

6. Healthcare related costs^{1,2}

Medical expenditures, productivity loss, and patient time costs

Appendix 6, Appendix Table 6 and Supplementary Tables 6-7

γ

Stratified by age, and sex

NCI's Cancer Prevalence and Cost of Care Projections; Published literature

7. Policy costs^{1,2}

For government and industry

Appendix 5 and Appendix Tables 4-5

γ

Administration and monitoring costs for government; compliance and reformulation costs for industry

FDA's budget report; Nutrition Review Project; and FDA's RIA

8. Health-related quality of life (HRQOL)¹

For 13 types of cancers

Ranged from 0.64 to 0.86 (Appendix 4 and Supplementary Table 5)

β

EQ-5D⁴ data from published literature by cancer type

Published literature

Abbreviations: BMI, Body Mass Index; FDA, Food and Drug Administration; NCI, National Cancer Institute; NHANES, National Health, and Nutrition Examination Survey; UK, United Kingdom.
1. Uncertainty distributions were incorporated in the probabilistic sensitivity analyses. Uncertainties in each parameter were presented in supplemental materials (Table TS3 and Tables S3-9).
2. If the source did not provide uncertainty estimates, we assumed the standard errors were 20% of the mean estimate to generate gamma distribution.
3. Time-varying input parameter, for which the model accounted the secular trends. Details were provided in the Supplements.
4. EQ-5D is a standardized instrument developed by the EuroQol Group as a measure of health-related quality of life that can be used in a wide range of health conditions and treatments.

106 **Simulated US Population**

107 Because FDA's final rules on menu calorie labeling were published in 2016 and implemented in
108 2018, we used 2015-2016 as the baseline and assumed a closed cohort for this analysis. We
109 combined the 2013-2016 National Health and Nutrition Examination Survey (NHANES) to
110 approximate the baseline and simulate the US adult population aged 20+ years in 32 subgroups
111 stratified by age (20-44, 45-54, 55-64, 65+), sex (men, women), and race/ethnicity (non-Hispanic
112 White, non-Hispanic Black, Hispanic, Other) (Supplementary Table 1). This closed cohort of US
113 adults was modeled through their lifetime up to 80 years from baseline or until death.

115 **Calorie Consumption from Restaurants**

116 Mean calorie consumption from full-service and fast-food restaurants, demographics, and
117 prevalence of overweight or obesity were estimated using data collected from participants with at
118 least one valid 24-hour diet recall, in every 32 strata. Following FDA's estimates,¹² we assumed
119 that policy would affect 56.5% of calories consumed at full-service restaurants and 100% at fast-
120 food restaurants. The National Cancer Institute method was used to estimate the usual intake
121 distribution by statistically adjusting for within vs. between variance in dietary recalls.²⁴⁻²⁶ The
122 complex survey design was incorporated in all statistical analyses to ensure the
123 representativeness of study findings to the non-institutionalized US adults.

125 **Policy Association with Calorie Consumption**

126 Policy association was obtained from a systematic review and meta-analysis of food labeling
127 interventions that reported a 7.3% (95% CI: 4.4%-10.1%) reduction in calories consumed per
128 meal following calorie labeling (Appendix 1 and Appendix Table 1).¹⁴ We assumed that the

1
2
3 129 policy would have a one-time effect over one year, with no further change over time. Potential
4
5 130 policy impact on industry reformulation was derived from studies of restaurant menu items
6
7
8 131 following the passage and initial period of partial implementation of the final rules. Between
9
10 132 2012-2014, among 66 of the 100 largest US chain restaurants, replacing higher-calorie menu
11
12 133 items with lower-calorie items led to a 1-5% calorie reduction per menu item.^{18 19} Among 44
13
14 134 chain restaurants with menu calorie information available in 2008, the calories per menu item
15
16 135 fell by 7% between 2008 and 2015.¹⁷ Therefore, we chose 5% as the mid-point for the potential
17
18 136 policy impact on industry response, which may include discontinuation of existing high-calorie
19
20 137 menu items and/or introduction of lower-calorie menu items. For both scenarios, we
21
22 138 conservatively assumed that there would be some compensatory increased calorie intake outside
23
24 139 of restaurants so that only half of all calories reduced from restaurant meals would translate into
25
26 140 long-term reductions in daily calories.
27
28
29
30
31
32

33 142 **Calorie Reduction and Obesity-Associated Cancer Risk**

34
35
36 143 To estimate the relationships between calorie intake and obesity-associated cancers, we
37
38 144 associated the multivariate-adjusted association of change in calorie intake (kcal/day) with
39
40 145 change in BMI (kg/m²) and the estimates of BMI and cancer risks. Based on an established
41
42 146 energy-weight dynamic model that accounted for long-term impacts of calorie reduction on
43
44 147 weight and metabolic expenditure, we assumed that each 55 kcal/day calorie reduction leads to 1
45
46 148 pound weight loss over one year among overweight or obese adults, with no further reduction
47
48 149 thereafter.^{27 28} Because long-term observational studies suggest that weight change for an
49
50 150 equivalent change in dietary intake is about twice as large in overweight or obese adults than
51
52 151 normal-weight adults,^{29 30} we conservatively applied half of this estimate to individuals with
53
54
55
56
57
58
59
60

1
2
3 152 normal weight. For each of 13 obesity-related cancers, the estimated change in risk for each 5
4
5 153 kg/m² change in BMI was derived from the systematic reviews and meta-analyses of
6
7
8 154 multivariable-adjusted prospective cohort studies conducted by the World Cancer Research
9
10 155 Fund/American Institute for Cancer Research Continuous Update Project and the International
11
12 156 Agency for Research on Cancer (Supplementary Table 2).²
13
14
15 157

17 158 **Cancer Incidence, Mortality, and Health-Related Quality of Life**

19
20 159 Age-adjusted cancer incidences in 2015 were obtained from the National Program of Cancer
21
22 160 Registries and the Surveillance, Epidemiology, and End Results (SEER) program. We projected
23
24 161 the cancer incidence from 2015 to 2030 based on the 2006-2014 trend using the Average Annual
25
26 162 Percent Change method.³¹ We then combined the projected incidence rates with the projected US
27
28
29 163 population from the National Interim Projections³² to account for changes in population age
30
31 164 distribution over time. We further applied the cohort-period method to estimate cancer incidence
32
33 165 in the closed cohort of US adults in each of 32 groups as they age (Appendix 2, Appendix Table
34
35 166 2, and Supplementary Table 3). The 5-year relative survival rates for each cancer were extracted
36
37
38 167 and converted to an annual probability of death (Appendix 3, Appendix Table 3, and
39
40 168 Supplementary Table 4).³³⁻³⁵ Health-related quality of life data were obtained from publications
41
42 169 that reported EuroQol-5 Dimension utility weights for each cancer among US patient population
43
44
45 170 (Appendix 4 and Supplementary Table 5).
46
47
48 171

50 172 **Policy and Health-Related Costs**

52 173 Policy costs included government costs to administer, monitor, and evaluate the policy and
53
54
55 174 industry costs to comply with the policy and reformulate their products (in scenario 2).
56
57
58
59
60

1
2
3 175 Government costs were estimated from FDA's budget report and Nutrition Review Project
4
5 176 (Appendix 5 and Appendix Tables 4-5).^{36 37} Industry compliance and reformulation costs were
6
7 177 based on the FDA's regulatory impact analysis that included initial and recurring nutrition
8
9 178 analysis of standard menu items and menu replacement, provision of nutrition information,
10
11 179 employee training, and legal review and accounted for restaurant size and type, reformulation
12
13 180 type, and compliance period.¹²
14
15
16
17
18

19 182 Direct medical costs for cancer care were extracted from the SEER-Medicare linked database for
20
21 183 three phases of cancer care: initial, continuing, and end-of-life (Appendix 6, Appendix Table 6,
22
23 184 and Supplementary Tables 6-7).^{31 38} For individuals without cancer, the direct medical costs were
24
25 185 estimated based on Medical Expenditure Panel Survey (MEPS) data and insurance claims.^{23 39 40}
26
27 186 Indirect costs including productivity loss due to disability or missed workdays and patient time
28
29 187 costs were derived from publications using MEPS data.⁴¹⁻⁴⁴
30
31
32

33
34
35

36 189 **Cost-Effectiveness Analysis**

37
38 190 Following the guidelines on cost-effectiveness in health and medicine,⁴⁵ we evaluated the policy
39
40 191 impact by projecting the numbers of new cancer cases and cancer deaths averted and quality-
41
42 192 adjusted life-years (QALYs) gained and cost-effectiveness from both healthcare and societal
43
44 193 perspectives. The healthcare perspective assessed net costs as the difference between government
45
46 194 costs for implementing the policy and the direct medical costs of cancer care. The societal
47
48 195 perspective assessed the net costs as the difference between total policy costs (including both
49
50 196 government and industry costs) and health-related costs saved (including direct and indirect costs
51
52 197 of cancer care). All costs were inflated to 2015 US dollars using the Consumer Price Index or
53
54
55
56
57
58
59

1
2
3 198 Personal Health Care Index, with all costs and QALYs discounted at 3% annually.⁴⁵ Incremental
4
5 199 cost-effectiveness ratios (ICERs) were calculated as net costs divided by the difference in
6
7 200 QALYs between policy vs. no policy. ICERs falling below a willingness-to-pay threshold of
8
9 201 \$150,000 per QALY gained were considered to be cost-effective.^{46 47} Cost-effectiveness analysis
10
11 202 was further conducted among population subgroups by age, sex, and race/ethnicity to evaluate
12
13 203 policy associations with health disparities.
14
15
16
17 204

18
19
20 205 One-way sensitivity analyses were performed by varying input parameters, including reducing
21
22 206 the outside-the-restaurant calorie compensation level to 25% or increasing it to 75%, altering
23
24 207 coverage of the FDA's final rule to all calories from full-service restaurants, reducing the diet-
25
26 208 BMI associations to half or doubling the estimates, incorporating an estimated 2% annual
27
28 209 increase in medical expenditures associated with cancer care, and altering annual discounting
29
30 210 rates from 3% to 0% or 5%. We also evaluated impacts at a 10-year time horizon for
31
32 211 stakeholders interested in shorter-term health gains and economic benefits. Probabilistic
33
34 212 sensitivity analyses (PSAs) were conducted to incorporate uncertainty in all input parameters
35
36 213 jointly (**Table 1**). A total of 1000 Monte Carlo simulations were performed, and 95% uncertainty
37
38 214 intervals (UIs) were estimated based on the 2.5 and 97.5 percentiles of 1,000 simulations. All
39
40 215 analyses were conducted using SAS (Version 9.4) and R (Version 3.3.1).
41
42
43
44
45
46
47

48 217 **Patient and Public Involvement**

49
50 218 This study used de-identified datasets and did not involve patients or the public in the design, or
51
52 219 conduct, or reporting, or dissemination plans of our research.
53
54
55
56
57
58
59
60

220 RESULTS

221 Population Characteristics

222 The simulated cohort of US adults in 2015-2016 had a mean age of 47.8 years, with 65.0% being
223 non-Hispanic white adults and 71.4% were overweight or obese (Supplementary Tables 8-9). A
224 mean of 332 daily calories was consumed from full-service or fast-food restaurants. Higher
225 levels were consumed among younger adults aged 20-44 years (425 kcal/day), men (388
226 kcal/day), non-Hispanic black (361 kcal/day), and Hispanic (367 kcal/day) adults, in comparison
227 to other corresponding subgroups.

229 Health Gains

230 The menu calorie labeling was estimated to reduce calories consumed from restaurants by a
231 mean of 24 kcal/day (7.2% of calories consumed from restaurants) among US adults, and total
232 daily calories by 12 kcal/day. Accounting for potential industry reformulation would reduce the
233 mean intake by an additional 16 kcal/day, and total daily calories by 8 kcal/day.

234
235 Based on changes in consumer behavior alone, the policy was associated with a reduction of
236 28,000 (95% UI: 16,300-39,100) new cancer cases and 16,700 (9,610-23,600) cancer deaths, and
237 a gain of 111,000 (64,800-158,000) QALYs among 235 million US adults over a median follow-
238 up of 34.4 years (**Table 2 and Figure 1**). By cancer type, the greatest numbers of new cancer
239 cases averted were cancers of endometrial (N [95% UI]: 5,700 [2,380-9,190]), liver (5,180
240 [2,800-7,730]), kidney (5,090 [2,670-7,730]), post-menopausal breast (4,840 [2,010-8,230]), and
241 pancreas (1,400 [756-2,100]). The greatest numbers of prevented cancer deaths were estimated
242 for cancers of liver (4,530 [2,410-6,760]), post-menopausal breast (3,080 [861-5,650]),

1
2
3 243 endometrial (2,060 [957-3,220]), kidney (1,980 [1,080-2,920]), and pancreas (1,230 [661-
4
5 244 1,830]).

6
7 245
8
9
10 246 Based on additional industry response, the total estimated health gains approximately doubled,
11
12 247 preventing 47,300 (35,400-59,100) new cancer cases and 28,200 (21,100-35,300) cancer deaths,
13
14 248 and gaining 189,000 (140,000-236,000) QALYs, with similar rankings of the types of new
15
16
17 249 cancer cases and cancer deaths prevented.
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Table 2. Estimated health gains and costs of the federal menu calorie labeling on reducing the obesity-related cancer burdens in the US over 10 years and a lifetime (US population=235,162,844)¹

	Menu Calorie Labeling Policy			
	10 Years		Lifetime	
	Consumer Behavior Median (2.5% to 97.5%)	Consumer Behavior + Industry Response Median (2.5% to 97.5%)	Consumer Behavior Median (2.5% to 97.5%)	Consumer Behavior + Industry Response Median (2.5% to 97.5%)
New Cancer Cases Averted, N (95% UI)				
Endometrial cancer	692 (276 to 1100)	1130 (716 to 1550)	5700 (2380 to 9190)	9920 (6630 to 13600)
Liver cancer	366 (144 to 615)	626 (386 to 887)	5180 (2800 to 7730)	8550 (5960 to 11300)
Kidney cancer	584 (290 to 884)	980 (689 to 1280)	5090 (2670 to 7470)	8620 (6200 to 11000)
Breast cancer (postmenopausal)	670 (256 to 1110)	1080 (658 to 1520)	4840 (2010 to 8230)	8520 (5610 to 12200)
Pancreatic cancer	170 (83 to 257)	273 (183 to 367)	1400 (756 to 2100)	2380 (1690 to 3140)
Esophageal adenocarcinoma	179 (56 to 304)	286 (159 to 411)	1350 (485 to 2230)	2330 (1440 to 3280)
Colorectal cancer	189 (97 to 284)	319 (225 to 418)	1050 (561 to 1600)	1780 (1230 to 2370)
Multiple myeloma	75 (37 to 117)	122 (81 to 169)	690 (384 to 1090)	1150 (775 to 1630)
Stomach cancer (cardia)	54 (6 to 109)	98 (51 to 165)	647 (261 to 1140)	1090 (644 to 1660)
Thyroid cancer	105 (58 to 161)	176 (123 to 243)	516 (206 to 914)	951 (576 to 1420)
Advanced prostate cancer	66 (17 to 118)	107 (57 to 162)	339 (138 to 561)	577 (352 to 836)
Gallbladder cancer	29 (16 to 42)	46 (34 to 60)	314 (213 to 438)	512 (399 to 648)
Ovarian cancer	33 (15 to 56)	53 (33 to 78)	147 (44 to 282)	254 (110 to 420)
Total	3300 (1750 to 4720)	5230 (3870 to 6790)	28000 (16300 to 39100)	47300 (35400 to 59100)
Cancer Deaths Prevented, N (95% UI)				
Liver cancer	168 (59 to 287)	287 (174 to 410)	4530 (2410 to 6760)	7510 (5200 to 9980)
Breast cancer (postmenopausal)	68 (33 to 106)	111 (74 to 149)	3080 (862 to 5650)	5590 (3230 to 8310)
Endometrial cancer	52 (20 to 86)	87 (55 to 121)	2060 (957 to 3220)	3520 (2390 to 4700)
Kidney cancer	70 (29 to 110)	114 (74 to 154)	1980 (1080 to 2920)	3320 (2430 to 4300)
Pancreatic cancer	88 (38 to 138)	143 (93 to 195)	1230 (661 to 1830)	2080 (1480 to 2740)
Esophageal adenocarcinoma	76 (21 to 131)	122 (69 to 178)	1150 (403 to 1930)	1990 (1210 to 2820)
Colorectal cancer	34 (17 to 53)	57 (40 to 77)	706 (369 to 1080)	1200 (839 to 1600)
Stomach cancer (cardia)	22 (2 to 48)	40 (19 to 68)	541 (230 to 947)	907 (538 to 1400)
Multiple myeloma	18 (8 to 30)	29 (18 to 42)	420 (239 to 662)	691 (481 to 980)
Gallbladder cancer	13 (7 to 20)	21 (15 to 28)	267 (181 to 369)	436 (341 to 551)
Advanced prostate cancer	9 (3 to 15)	13 (7 to 19)	163 (65 to 280)	273 (163 to 404)
Ovarian cancer	8 (3 to 15)	13 (7 to 20)	107 (39 to 191)	181 (94 to 290)
Thyroid cancer	1 (1 to 2)	2 (1 to 3)	23 (11 to 38)	38 (24 to 58)
Total	654 (320 to 970)	1080 (746 to 1400)	16700 (9610 to 23600)	28200 (21100 to 35300)
Life Years Gained	678 (288 to 1040)	1120 (738 to 1490)	76400 (43400 to 109000)	130000 (96900 to 162000)
QALYs Gained	4280 (2170 to 6250)	7030 (4960 to 9090)	111000 (64800 to 158000)	189000 (140000 to 236000)

1				
2				
3	Changes in Health-Related Costs, Cancer Only (\$, millions) ^{2,3}			
4	Healthcare (medical) cost	-192 (-277 to -100)	-319 (-403 to -227)	-1480 (-2080 to -884)
5	Patient time cost	-7.33 (-10.9 to -3.56)	-12.2 (-15.8 to -8.39)	-102 (-144 to -62.2)
6	Productivity loss	-48.7 (-70.1 to -24.5)	-80.4 (-102 to -56.7)	-608 (-865 to -363)
7	Policy Implementation Costs (\$, millions) ^{2,3}			
8	Government cost	13.2 (11.4 to 15.9)	13.1 (11.4 to 15.7)	18.5 (14.5 to 25.1)
9	Administration	9.08 (8.59 to 9.60)	9.07 (8.64 to 9.50)	9.07 (8.61 to 9.56)
10	Monitoring	4.09 (2.40 to 6.74)	4.00 (2.35 to 6.63)	9.40 (5.45 to 16.1)
11	Industry cost	505 (480 to 535)	631 (599 to 667)	820 (762 to 889)
12	Compliance	505 (480 to 535)	506 (480 to 533)	820 (762 to 889)
13	Reformulation	-----	124 (107 to 146)	-----
14	Net Costs, Cancer Only (\$, millions) ^{2,3,4}			
15	Societal perspective	270 (156 to 389)	233 (119 to 356)	-1350 (-2260 to -486)
16	Healthcare perspective	-179 (-263 to -86.3)	-305 (-390 to -214)	-1460 (-2060 to -864)
17	ICER (dollars/QALY) ⁵			
18	Societal perspective	64500 (26100 to 187000)	33600 (13300 to 72400)	Dominant
19	Healthcare perspective	Dominant	Dominant	Dominant

Abbreviations: ICER, Incremental Cost-Effectiveness Ratio; QALY, quality-adjusted life years.

1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.

2. Health-related costs were inflated to 2015 US dollars using the Personal Health Care (PHC) index. Policy intervention costs were inflated to 2015 US dollars using the Consumer Price Index. Negative costs represent savings.

3. Costs are medians from 1000 simulations so may not add up to totals.

4. Net costs were calculated as policy costs minus health-related costs from reduced cancer burden. The societal perspective includes healthcare costs, patient time costs, productivity costs, and policy implementation costs; the government perspective included policy costs relevant to policy implementation and program monitoring and evaluation, and medical costs.

5. ICER threshold was evaluated at \$150,000/QALY. Dominant represents less costly and more effective than the "no-policy intervention" scenario.

250 **Economic Impacts**

251 Implementing the policy would cost the government \$19 (95% UI: \$15-25) million and the
252 restaurant industry, \$820 (\$762-889) million in compliance costs over a lifetime (**Table 2**). The
253 policy was associated with savings of \$1480 (\$884-2080) million in direct medical costs, \$608
254 (\$363-865) million in productivity loss costs, and \$102 (\$62-144) million in patient time costs.
255 Potential industry reformulation would cost the restaurant industry an additional \$296 (\$249-
256 353) million to implement but would also result in greater healthcare savings, including \$2,500
257 (\$1,900-3,090) million, \$1,030 (\$780-1,290) million and \$172 (\$131-216) million in reduced
258 direct medical, productivity loss, and patient time costs, respectively.

260 From both the healthcare and social perspectives, implementing the menu calorie labeling policy
261 among US adults over a lifetime would be cost-saving. With changes in consumer behavior
262 alone, the net cost savings were estimated to be \$1,460 (\$864-2,060) million and \$2,480 (\$1,880-
263 3,070) million from the healthcare and societal perspective, respectively. With additional
264 industry response, estimated cost savings increased to \$1,350 (\$486-2,260) million from the
265 healthcare perspective and \$2,570 (\$1,650-3,460) million from the societal perspective.

267 **Policy Impacts Among Population Subgroups**

268 Among population subgroups, the consumer response to the policy was estimated to result in
269 greater health gains per 100,000 individuals among adults aged 20-44 years (15 new cancer cases
270 averted) and 55-64 years (16 new cancer cases averted) than older age groups (aged 65+ years; 6
271 new cancer cases averted); Hispanic and non-Hispanic Black individuals than Non-Hispanic
272 White group (22 vs. 9 and 17 vs. 9 new cancer cases averted) (**Table 3**). The numbers of cancer

1
2
3 273 deaths averted, life-years and QALYs gained, health-related costs saved, and net costs among
4
5 274 population subgroups followed a similar pattern (Supplementary Tables 10-11 and
6
7 275 Supplementary Figures 2-5). For instance, the policy was associated with more cancer deaths
8
9 276 prevented per 100,000 individuals among younger adults aged 20-44 years than older adults aged
10
11 277 65+ years (10 vs. 3 cancer deaths averted) and Hispanic and non-Hispanic Black adults than non-
12
13 278 Hispanic White individuals (14 vs. 5 and 11 vs. 5 cancer deaths averted). Adding potential
14
15 279 industry reformulations resulted in larger health gains among adults aged 45-54 (128% increase
16
17 280 in new cancer cases averted) and non-Hispanic White adults (84% increase in new cancer cases
18
19 281 averted).
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Table 3. Estimated new cancer cases and deaths prevented by the federal menu calorie labeling policy in the US by age, sex, and race/ethnicity, over a lifetime¹

	Consumer Behavior		Consumer Behavior + Industry Response	
	N (95% UI)	Per 100,000 individuals (95% UI)	N (95% UI)	Per 100,000 individuals (95% UI)
New Cancer Cases Averted				
Age				
20-44	15700 (6170 to 25100)	15.0 (5.89 to 24.0)	28000 (18000 to 37500)	26.7 (17.2 to 35.8)
45-54	2810 (-2110 to 8030)	6.61 (-4.97 to 18.9)	6420 (1390 to 11600)	15.1 (3.27 to 27.2)
55-64	6330 (3540 to 9400)	15.7 (8.76 to 23.3)	8640 (5790 to 11800)	21.4 (14.3 to 29.1)
≥65	2740 (795 to 4650)	5.77 (1.68 to 9.80)	4060 (2070 to 5950)	8.55 (4.36 to 12.6)
Sex				
Female	15100 (6650 to 24000)	12.5 (5.51 to 19.8)	25900 (17400 to 34900)	21.4 (14.4 to 28.9)
Male	12500 (4920 to 20100)	10.9 (4.30 to 17.6)	21100 (13500 to 29100)	18.4 (11.8 to 25.4)
Race/Ethnicity				
Non-Hispanic White	14300 (4310 to 24500)	9.16 (2.77 to 15.7)	26300 (16000 to 36700)	16.9 (10.3 to 23.6)
Non-Hispanic Black	4720 (1820 to 8100)	16.6 (6.37 to 28.4)	7630 (4750 to 11100)	26.8 (16.7 to 38.9)
Hispanic	7700 (3560 to 11500)	21.5 (9.93 to 32.2)	11200 (7060 to 15300)	31.3 (19.7 to 42.6)
Other	1150 (-240 to 2440)	7.60 (-1.59 to 16.2)	1990 (652 to 3310)	13.2 (4.33 to 22.0)
Cancer Deaths Prevented				
Age				
20-44	10200 (4170 to 16400)	9.73 (3.98 to 15.7)	18100 (11700 to 24500)	17.3 (11.2 to 23.4)
45-54	1730 (-853 to 4240)	4.07 (-2.01 to 9.97)	3650 (1040 to 6240)	8.58 (2.44 to 14.7)
55-64	3320 (1760 to 4930)	8.21 (4.36 to 12.2)	4480 (2890 to 6090)	11.1 (7.15 to 15.1)
≥65	1200 (285 to 2130)	2.53 (0.60 to 4.48)	1800 (848 to 2720)	3.79 (1.79 to 5.73)
Sex				
Female	7810 (3290 to 12600)	6.47 (2.73 to 10.5)	13400 (8850 to 18500)	11.1 (7.33 to 15.3)
Male	8510 (3500 to 13900)	7.44 (3.06 to 12.1)	14400 (9300 to 20000)	12.6 (8.13 to 17.5)
Race/Ethnicity				
Non-Hispanic White	7920 (2180 to 13900)	5.08 (1.40 to 8.94)	14700 (8770 to 20900)	9.45 (5.64 to 13.5)
Non-Hispanic Black	3010 (1000 to 5370)	10.6 (3.51 to 18.8)	4990 (2950 to 7380)	17.5 (10.4 to 25.9)
Hispanic	4960 (2360 to 7560)	13.8 (6.58 to 21.1)	7190 (4480 to 9870)	20.0 (12.5 to 27.5)
Other	565 (-246 to 1350)	3.75 (-1.63 to 8.97)	1070 (273 to 1870)	7.12 (1.81 to 12.4)

1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.

282 **Sensitivity Analyses**

283 In PSA, based on consumer responses alone, the menu calorie labeling was cost-saving over a
284 lifetime in 93% of 1000 simulations and cost-effective (<\$150,000/QALY) in the remaining 7%
285 from the societal perspective, and was cost-saving in over 98% of 1000 simulations from the
286 healthcare perspective. Adding the additional industry response increased the probability of cost-
287 savings to nearly 100% of the simulations for both the societal and healthcare perspectives
288 **(Figure 2).**

289
290 Evaluating health gains, costs, and cost-effectiveness at 10 years, the policy remained cost-
291 saving from the healthcare perspective and was cost-effective from the societal perspective, with
292 an ICER of \$64,500 (26,100-187,000) per QALY based on consumer response alone and
293 \$33,600 (13,300-72,400) per QALY with additional industry response. The cost-effectiveness of
294 this policy was most sensitive to varied assumptions of the diet-BMI estimates and annual
295 discounting rates (Supplementary Tables 12-13 and Supplementary Figure 6).

297 **DISCUSSION**

298 This study estimated that the federal menu calorie labeling policy, based on consumer response
299 alone, was associated with a reduction of approximately 28,000 new cancer cases and 16,700
300 cancer deaths among US adults over a lifetime, and net savings of \$1,350 and \$1,460 million
301 from societal and healthcare perspectives, respectively. Incorporating additional modest industry
302 responses, these health and economic gains were approximately doubled. Greater health gains
303 were expected among younger, middle-aged subgroups, Hispanic, and non-Hispanic Black

1
2
3 304 individuals compared with other subgroups. Findings were robust to a range of probabilistic and
4
5 305 one-way sensitivity analyses.
6
7
8 306

9
10 307 Our study findings supported that nutrition policies can have meaningful health and economic
11
12 308 impacts on cancer prevention in the US. In this case, a modest change in mean calorie
13
14 309 consumption, distributed across the population, was estimated to achieve important reductions in
15
16 310 obesity-related cancer burdens among US adults. Using the best available estimates, our study
17
18 311 further suggested that the federal menu calorie labeling policy is cost-effective in the short term
19
20 312 and cost-saving in the long term in reducing obesity-associated cancer burdens. Many preventive
21
22 313 medical screenings are cost-effective, but none of them achieve net savings. For example, among
23
24 314 a large cohort of women born in the 1960s over a lifetime, mammography screening starting at
25
26 315 age 45 years was estimated to have an ICER of \$40 135/QALY.⁴⁸ Colonoscopy screening
27
28 316 starting at age 45 years among U.S. adults achieved an ICER of \$33 900/QALY.⁴⁹ Prostate-
29
30 317 specific antigen screening had an ICER of \$70 831 to \$136 332/QALY among U.S. males
31
32 318 beginning at 40 years of age over a lifetime.⁵⁰ In contrast, population-based nutrition
33
34 319 interventions could be a cost-saving strategy for cancer prevention. Thus, while we shall
35
36 320 continue the efforts of increasing the screening rates, we also need to consider population-based
37
38 321 strategies to improve nutrition for cancer prevention in the US.
39
40
41
42
43
44
45 322

46
47 323 Our findings also indicated the importance of assessing potential industry response, which could
48
49 324 nearly double health and economic benefits. The additional impacts of industry reformulation in
50
51 325 response to nutrition-related policies have been reported in other studies focused on obesity-
52
53 326 associated cancer, diabetes, and cardiovascular diseases.^{21 51-53} Our new findings build on this
54
55
56
57
58
59
60

1
2
3 327 recent work and highlight the importance of potential strategies to encourage industry
4
5 328 reformulation under the federal menu calorie labeling framework to further improve the health
6
7
8 329 benefits and cost-effectiveness of such policies.
9

10 330
11
12 331 In addition, our results showed that population-based nutrition policies such as menu calorie
13
14 332 labeling can potentially narrow diet-associated cancer disparities. We found greater health gains
15
16 333 and economic impacts among racial/ethnic minorities compared to non-Hispanic whites, likely
17
18 334 due to higher diet-associated cancer burdens among minorities.⁵⁴ However, labeling policies may
19
20 335 have fewer effects on food purchasing behaviors among minorities or socioeconomically
21
22 336 disadvantaged groups. Prior studies reported that individuals with higher education and income
23
24 337 attainment were more likely to notice and use the menu calorie labels when ordering foods in
25
26 338 fast-food or full-service restaurants compared to socioeconomically disadvantaged groups,⁵⁵⁻⁵⁷
27
28 339 and multi-racial individuals were less likely to notice and use menu calorie labels in fast food
29
30 340 restaurants than non-Hispanic whites.⁵⁵ Previous studies also showed that literacy or numeracy
31
32 341 could be a barrier to label use.^{58 59} Thus, it is important for labeling policies to be paired with
33
34 342 nutrition education to effectively reduce diet-associated health disparities.
35
36
37
38
39

40 343
41
42 344 Potential limitations should be considered. First, as a modeling study, our investigation does not
43
44 345 provide the impact of real-world policy implementation on the health and economic outcomes of
45
46 346 federal menu calorie labeling. However, conducting randomized controlled trials of national
47
48 347 nutrition policy interventions is extremely difficult and often implausible while simulation
49
50 348 modeling can provide complementary evidence with the flexibility to assess different policy
51
52 349 scenarios that help inform policymaking. Second, this evaluation did not include the potential
53
54
55
56
57
58
59

1
2
3 350 benefits of menu calorie labeling on other health outcomes such as diabetes and cardiovascular
4
5 351 diseases. Considering such outcomes is likely to be associated with greater health gains and cost
6
7 352 savings.^{21 60 61} Third, menu calorie labeling could have a greater effect among subgroups with
8
9 353 higher levels of income and education and non-Hispanic white adults⁵⁵⁻⁵⁷ and thus exacerbating
10
11 354 health disparities. Due to the lack of consistent policy effect sizes among populations with
12
13 355 different socioeconomic statuses, we were unable to integrate this into our modeling. Forth, we
14
15 356 only modeled the impact of menu calorie labeling on calories although the policy may also result
16
17 357 in potential changes in the nutritional quality of the restaurant meals. The majority of current
18
19 358 restaurant meals consumed by American adults – 70% of meals consumed from fast-food
20
21 359 restaurants and 50% consumed from full-service restaurants – are of poor nutritional quality, and
22
23 360 the remainder is only of intermediate nutritional quality, with very few being ideal.⁹ If the policy
24
25 361 also improves the quality of restaurant meals, the total reduction in obesity-associated cancer
26
27 362 burdens could be greater than our current estimates.
28
29
30
31
32

33 363

34 364 **CONCLUSIONS**

35 365 Study findings suggest that menu calorie labeling is associated with lower obesity-related cancer
36
37 366 rates and reduced costs. Policymakers may prioritize nutrition policies for cancer prevention in
38
39 367 the US.
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

SUMMARY BOXES

What is already known on this topic

- Obesity-associated cancer burdens are rising in the US and restaurant meals often contain high levels of calories, increasing the risk of obesity.
- The federal menu calorie labeling policy may reduce obesity-associated cancer rates by helping consumers identify lower-calorie choices and spurring restaurant reformulations.
- The potential health and economic impact of this policy on reducing the obesity-related cancer burden in the US and cancer disparity among demographic populations remain unknown.

What this study adds

- Our novel findings suggest that the federal menu calorie labeling policy would prevent meaningful numbers of obesity-related cancers and produce net cost savings in the US; Greater health gains and net savings were observed among young adults and racial/ethnic minorities.
- Our results suggest the need to consider and prioritize nutrition-related policy interventions as cost-effective or cost-saving strategies for cancer prevention; government and advocacy strategies to ensure and encourage industry reformulations should be prioritized.

1
2
3 **Ethics approval:** This study used de-identified datasets and was exempt from institutional
4 review board review.
5

6
7 **Data sharing:** Data described in the manuscript, codebook, and analytic code will be made
8 available upon request.
9

10
11 **Transparency Statement:** The author affirms that this manuscript is an honest, accurate, and
12 transparent account of the study being reported; that no important aspects of the study have been
13 omitted; and that any discrepancies from the study as planned have been explained.
14

15
16 **Dissemination Declaration:** Dissemination to the simulated population is not applicable.
17

18
19 **Contributors:** MD contributed to the data curation, formal analysis, visualization, original draft
20 preparation, review and editing; CFG contributed to the data curation, review and editing; FFC,
21 HE and DDK contributed to software; JBW, PW, DDK, DSM, YCW, and DM contributed to the
22 review and editing; FFZ contributed the conceptualization, methodology, review and editing,
23 supervision, and funding acquisition. All authors approved the final version. FFZ acts as the
24 guarantor of the study.
25

26
27 **Role of the funding source:** This study was supported by NIH/NIMHD 1R01MD011501. The
28 funding sources had no role in the design or conduct of the study; collection, management,
29 analysis, or interpretation of the data; preparation, review, or approval of the manuscript; or
30 decision to submit the manuscript for publication.
31

32
33 **Competing interests:** All authors have completed the ICMJE uniform disclosure form at
34 www.icmje.org/coi_disclosure.pdf and declare: no support from any organization for the
35 submitted work. JBW reports leadership or fiduciary role in the US Preventive Services Task
36 Force. DK reports research funding from the National Institutes of Health, Arnold Ventures,
37 Pharmaceutical Research and Manufacturers of America, Sarepta Therapeutics, and Janssen
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 Therapeutics; consulting fees from Panalgo and the American College of Physicians. DM reports
4
5 research funding from the National Institutes of Health, Gates Foundation, Rockefeller
6
7 Foundation, and Vail Institute for Global Research; consulting fees from Acasti Pharma, Barilla,
8
9 Danone, and Motif FoodWorks; participating on scientific advisory boards of start-up companies
10
11 focused on innovations for health including Beren Therapeutics Brightseed, Calibrate, DayTwo,
12
13 Elysium Health, Filtricine, Foodome, HumanCo, January Inc., Perfect Day, Season, and Tiny
14
15 Organics; and chapter royalties from UpToDate. All of the above is outside the submitted work.
16
17
18
19 No other relationships or activities could appear to have influenced the submitted work.
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

REFERENCES

1. Lauby-Secretan B, Scoccianti C, Loomis D, et al. Body Fatness and Cancer--Viewpoint of the IARC Working Group. *The New England journal of medicine* 2016;375(8):794-8. doi: 10.1056/NEJMSr1606602 [published Online First: 2016/08/25]
2. World Cancer Research Fund/American Institute for Cancer Research. Continuous Update Project Expert Report 2018. Body fatness and weight gain and the risk of cancer, 2018.
3. Steele CB, Thomas CC, Henley SJ, et al. Vital Signs: Trends in Incidence of Cancers Associated with Overweight and Obesity - United States, 2005-2014. *MMWR Morbidity and mortality weekly report* 2017;66(39):1052-58. doi: 10.15585/mmwr.mm6639e1 [published Online First: 2017/10/06]
4. Fryar CD, Carroll MD, Ogden CL. Prevalence of overweight, obesity, and severe obesity among children and adolescents aged 2–19 years: United States, 1963–1965 through 2015–2016. 2018
5. Hales CM, Fryar CD, Carroll MD, et al. Trends in obesity and severe obesity prevalence in US youth and adults by sex and age, 2007-2008 to 2015-2016. *Jama* 2018;319(16):1723-25.
6. Centers for Disease Control and Prevention NcfcDPaHP. Health and Economic Cost of Chronic Diseases 2019 [Available from: <https://www.cdc.gov/chronicdisease/about/costs/index.htm> accessed January 26 2020.
7. Koroukian SM, Dong W, Berger NA. Changes in Age Distribution of Obesity-Associated Cancers. *JAMA Netw Open* 2019;2(8):e199261. doi: 10.1001/jamanetworkopen.2019.9261 [published Online First: 2019/08/15]
8. Rock CL, Thomson C, Gansler T, et al. American Cancer Society guideline for diet and physical activity for cancer prevention. *CA Cancer J Clin* 2020;70(4):245-71. doi: 10.3322/caac.21591 [published Online First: 2020/06/10]
9. Liu J, Rehm CD, Micha R, et al. Quality of Meals Consumed by US Adults at Full-Service and Fast-Food Restaurants, 2003-2016: Persistent Low Quality and Widening Disparities. *J Nutr* 2020:nxz299. doi: 10.1093/jn/nxz299
10. Roberts SB, Das SK, Suen VMM, et al. Measured energy content of frequently purchased restaurant meals: multi-country cross sectional study. *BMJ (Clinical research ed)* 2018;363:k4864. doi: 10.1136/bmj.k4864 [published Online First: 2018/12/14]
11. Wolfson JA, Bleich SN. Is cooking at home associated with better diet quality or weight-loss intention? *Public Health Nutr* 2015;18(8):1397-406. doi: 10.1017/s1368980014001943 [published Online First: 2014/11/17]
12. Food and Drug Administration. Food Labeling; Nutrition Labeling of Standard Menu Items in Restaurants and Similar Retail Food Establishments; Calorie Labeling of Articles of Food in Vending Machines; Final Rule In: Department of Health and Human Services, ed., 2014.
13. Petimar J, Zhang F, Cleveland LP, et al. Estimating the effect of calorie menu labeling on calories purchased in a large restaurant franchise in the southern United States: quasi-experimental study. *BMJ (Clinical research ed)* 2019;367:l5837-137. doi: 10.1136/bmj.l5837
14. Shangguan S, Afshin A, Shulkin M, et al. A Meta-Analysis of Food Labeling Effects on Consumer Diet Behaviors and Industry Practices. *American journal of preventive medicine* 2019;56(2):300-14. doi: 10.1016/j.amepre.2018.09.024 [published Online First: 2018/12/24]

15. Block JP, Roberto CA. Potential benefits of calorie labeling in restaurants. *Jama* 2014;312(9):887-88. doi: 10.1001/jama.2014.9239
16. Namba A, Auchincloss A, Leonberg BL, et al. Exploratory analysis of fast-food chain restaurant menus before and after implementation of local calorie-labeling policies, 2005-2011. *Preventing chronic disease* 2013;10:E101-E01. doi: 10.5888/pcd10.120224
17. Bleich SN, Wolfson JA, Jarlenski MP. Calorie changes in large chain restaurants from 2008 to 2015. *Preventive medicine* 2017;100:112-16. doi: 10.1016/j.ypmed.2017.04.004 [published Online First: 2017/04/09]
18. Bleich SN, Moran AJ, Jarlenski MP, et al. Higher-Calorie Menu Items Eliminated in Large Chain Restaurants. *American journal of preventive medicine* 2018;54(2):214-20. doi: 10.1016/j.amepre.2017.11.004 [published Online First: 2017/12/16]
19. Bleich SN, Wolfson JA, Jarlenski MP. Calorie Changes in Large Chain Restaurants: Declines in New Menu Items but Room for Improvement. *American journal of preventive medicine* 2016;50(1):e1-e8. doi: 10.1016/j.amepre.2015.05.007 [published Online First: 2015/07/07]
20. Bleich SN, Wolfson JA, Jarlenski MP, et al. Restaurants With Calories Displayed On Menus Had Lower Calorie Counts Compared To Restaurants Without Such Labels. *Health affairs (Project Hope)* 2015;34(11):1877-84. doi: 10.1377/hlthaff.2015.0512
21. Liu J, Mozaffarian D, Sy S, et al. Health and Economic Impacts of the National Menu Calorie Labeling Law in the United States: A Microsimulation Study. *Circ Cardiovasc Qual Outcomes* 2020;13(6):e006313. doi: 10.1161/circoutcomes.119.006313 [published Online First: 2020/06/05]
22. Kim DD, Wilde PE, Michaud DS, et al. Cost Effectiveness of Nutrition Policies on Processed Meat: Implications for Cancer Burden in the U.S. *American journal of preventive medicine* 2019 doi: 10.1016/j.amepre.2019.02.023 [published Online First: 2019/10/01]
23. Kim DD, Wilde PE, Michaud DS, et al. Cost Effectiveness of Nutrition Policies on Processed Meat: Implications for Cancer Burden in the U.S. *American Journal of Preventive Medicine*, 2019.
24. Freedman LS, Midthune D, Carroll RJ, et al. Adjustments to improve the estimation of usual dietary intake distributions in the population. *J Nutr* 2004;134(7):1836-43. doi: 10.1093/jn/134.7.1836 [published Online First: 2004/07/01]
25. Herrick KA, Rossen LM, Parsons R, et al. Estimating Usual Dietary Intake From National Health and Nutrition Examination Survey Data Using the National Cancer Institute Method. *Vital and health statistics Series 2, Data evaluation and methods research* 2018(178):1-63. [published Online First: 2018/05/19]
26. Dodd KW, Guenther PM, Freedman LS, et al. Statistical methods for estimating usual intake of nutrients and foods: a review of the theory. *Journal of the American Dietetic Association* 2006;106(10):1640-50. doi: 10.1016/j.jada.2006.07.011 [published Online First: 2006/09/27]
27. Hall KD, Sacks G, Chandramohan D, et al. Quantification of the effect of energy imbalance on bodyweight. *Lancet (London, England)* 2011;378(9793):826-37. doi: 10.1016/s0140-6736(11)60812-x [published Online First: 2011/08/30]
28. Hall KD, Schoeller DA, Brown AW. Reducing Calories to Lose Weight. *Jama* 2018;319(22):2336-37. doi: 10.1001/jama.2018.4257 [published Online First: 2018/06/14]

- 1
 - 2
 - 3
 - 4
 - 5
 - 6
 - 7
 - 8
 - 9
 - 10
 - 11
 - 12
 - 13
 - 14
 - 15
 - 16
 - 17
 - 18
 - 19
 - 20
 - 21
 - 22
 - 23
 - 24
 - 25
 - 26
 - 27
 - 28
 - 29
 - 30
 - 31
 - 32
 - 33
 - 34
 - 35
 - 36
 - 37
 - 38
 - 39
 - 40
 - 41
 - 42
 - 43
 - 44
 - 45
 - 46
 - 47
 - 48
 - 49
 - 50
 - 51
 - 52
 - 53
 - 54
 - 55
 - 56
 - 57
 - 58
 - 59
 - 60
29. Mozaffarian D, Hao T, Rimm EB, et al. Changes in diet and lifestyle and long-term weight gain in women and men. *The New England journal of medicine* 2011;364(25):2392-404. doi: 10.1056/NEJMoa1014296 [published Online First: 2011/06/24]
30. Micha R, Penalvo JL, Cudhea F, et al. Association Between Dietary Factors and Mortality From Heart Disease, Stroke, and Type 2 Diabetes in the United States. *Jama* 2017;317(9):912-24. doi: 10.1001/jama.2017.0947 [published Online First: 2017/03/08]
31. Mariotto AB, Yabroff KR, Shao Y, et al. Projections of the cost of cancer care in the United States: 2010-2020. *Journal of the National Cancer Institute* 2011;103(2):117-28. doi: 10.1093/jnci/djq495 [published Online First: 2011/01/14]
32. United States Census Bureau. Projections for the United States: 2017 to 2060 [Available from: <https://www.census.gov/data/tables/2017/demo/popproj/2017-summary-tables.html> accessed July 3 2019.
33. Brenner H. Long-term survival rates of cancer patients achieved by the end of the 20th century: a period analysis. *Lancet (London, England)* 2002;360(9340):1131-5. doi: 10.1016/s0140-6736(02)11199-8 [published Online First: 2002/10/22]
34. Brenner H, Hakulinen T. Up-to-date and precise estimates of cancer patient survival: model-based period analysis. *American journal of epidemiology* 2006;164(7):689-96. doi: 10.1093/aje/kwj243 [published Online First: 2006/07/15]
35. Brenner H, Hakulinen T. Up-to-date cancer survival: period analysis and beyond. *International journal of cancer* 2009;124(6):1384-90. doi: 10.1002/ijc.24021 [published Online First: 2008/12/06]
36. Food and Drug Administration. Justification of Estimates for Appropriations Committees Fiscal Year 2012, 2012.
37. Food and Drug Administration. The Nutrition Review Project. Report to the Director, Center for Food Safety and Applied Nutrition, 2014.
38. Martin AB, Hartman M, Washington B, et al. National Health Care Spending In 2017: Growth Slows To Post-Great Recession Rates; Share Of GDP Stabilizes. *Health affairs (Project Hope)* 2019;38(1):101377hlthaff201805085. doi: 10.1377/hlthaff.2018.05085 [published Online First: 2018/12/07]
39. French EB, McCauley J, Aragon M, et al. End-Of-Life Medical Spending In Last Twelve Months Of Life Is Lower Than Previously Reported. *Health affairs (Project Hope)* 2017;36(7):1211-17. doi: 10.1377/hlthaff.2017.0174 [published Online First: 2017/07/07]
40. Hogan C, Lunney J, Gabel J, et al. Medicare beneficiaries' costs of care in the last year of life. *Health affairs (Project Hope)* 2001;20(4):188-95. doi: 10.1377/hlthaff.20.4.188 [published Online First: 2001/07/21]
41. Yabroff KR, Davis WW, Lamont EB, et al. Patient time costs associated with cancer care. *Journal of the National Cancer Institute* 2007;99(1):14-23. doi: 10.1093/jnci/djk001 [published Online First: 2007/01/05]
42. Yabroff KR, Guy GP, Jr., Ekwueme DU, et al. Annual patient time costs associated with medical care among cancer survivors in the United States. *Medical care* 2014;52(7):594-601. doi: 10.1097/mlr.000000000000151 [published Online First: 2014/06/14]
43. Zheng Z, Yabroff KR, Guy GP, Jr., et al. Annual Medical Expenditure and Productivity Loss Among Colorectal, Female Breast, and Prostate Cancer Survivors in the United States. *Journal of the National Cancer Institute* 2016;108(5) doi: 10.1093/jnci/djv382 [published Online First: 2015/12/26]

- 1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
44. Guy GP, Jr., Ekwueme DU, Yabroff KR, et al. Economic burden of cancer survivorship among adults in the United States. *Journal of clinical oncology : official journal of the American Society of Clinical Oncology* 2013;31(30):3749-57. doi: 10.1200/jco.2013.49.1241 [published Online First: 2013/09/18]
 45. Sanders GD, Neumann PJ, Basu A, et al. Recommendations for Conduct, Methodological Practices, and Reporting of Cost-effectiveness Analyses: Second Panel on Cost-Effectiveness in Health and Medicine. *Jama* 2016;316(10):1093-103. doi: 10.1001/jama.2016.12195 [published Online First: 2016/09/14]
 46. Neumann PJ, Cohen JT, Weinstein MC. Updating cost-effectiveness--the curious resilience of the \$50,000-per-QALY threshold. *The New England journal of medicine* 2014;371(9):796-7. doi: 10.1056/NEJMp1405158 [published Online First: 2014/08/28]
 47. Greenberg D, Earle C, Fang CH, et al. When is cancer care cost-effective? A systematic overview of cost-utility analyses in oncology. *Journal of the National Cancer Institute* 2010;102(2):82-8. doi: 10.1093/jnci/djp472 [published Online First: 2010/01/09]
 48. Tina Shih YC, Dong W, Xu Y, et al. Assessing the Cost-Effectiveness of Updated Breast Cancer Screening Guidelines for Average-Risk Women. *Value in health : the journal of the International Society for Pharmacoeconomics and Outcomes Research* 2019;22(2):185-93. doi: 10.1016/j.jval.2018.07.880 [published Online First: 2019/02/04]
 49. Ladabaum U, Mannalithara A, Meester RGS, et al. Cost-Effectiveness and National Effects of Initiating Colorectal Cancer Screening for Average-Risk Persons at Age 45 Years Instead of 50 Years. *Gastroenterology* 2019;157(1):137-48. doi: 10.1053/j.gastro.2019.03.023 [published Online First: 2019/04/02]
 50. Roth JA, Gulati R, Gore JL, et al. Economic Analysis of Prostate-Specific Antigen Screening and Selective Treatment Strategies. *JAMA oncology* 2016;2(7):890-8. doi: 10.1001/jamaoncol.2015.6275 [published Online First: 2016/03/25]
 51. Wilde P, Huang Y, Sy S, et al. Cost-Effectiveness of a US National Sugar-Sweetened Beverage Tax With a Multistakeholder Approach: Who Pays and Who Benefits. *Am J Public Health* 2019;109(2):276-84. doi: 10.2105/AJPH.2018.304803 [published Online First: 2018/12/20]
 52. Huang Y, Kyridemos C, Liu J, et al. Cost-Effectiveness of the US Food and Drug Administration Added Sugar Labeling Policy for Improving Diet and Health. *Circulation* 2019;139(23):2613-24. doi: 10.1161/CIRCULATIONAHA.118.036751 [published Online First: 2019/04/15]
 53. Du M, Griecchi CF, Cudhea FF, et al. Cost-effectiveness Analysis of Nutrition Facts Added-Sugar Labeling and Obesity-Associated Cancer Rates in the US. *JAMA Network Open* 2021;4(4):e217501-e01. doi: 10.1001/jamanetworkopen.2021.7501
 54. Zhang FF, Cudhea F, Shan Z, et al. Preventable Cancer Burden Associated With Poor Diet in the United States. *JNCI Cancer Spectr* 2019;3(2):pkz034. doi: 10.1093/jncics/pkz034 [published Online First: 2019/07/31]
 55. Feng W, Fox A. Menu labels, for better, and worse? Exploring socio-economic and race-ethnic differences in menu label use in a national sample. *Appetite* 2018;128:223-32. doi: 10.1016/j.appet.2018.06.015 [published Online First: 2018/06/13]
 56. Green JE, Brown AG, Ohri-Vachaspati P. Sociodemographic disparities among fast-food restaurant customers who notice and use calorie menu labels. *Journal of the Academy of Nutrition and Dietetics* 2015;115(7):1093-101. doi: 10.1016/j.jand.2014.12.004 [published Online First: 2015/02/11]

- 1
2
3 57. Lee-Kwan SH, Pan L, Maynard LM, et al. Factors Associated with Self-Reported Menu-
4 Labeling Usage among US Adults. *Journal of the Academy of Nutrition and Dietetics*
5 2016;116(7):1127-35. doi: 10.1016/j.jand.2015.12.015 [published Online First:
6 2016/02/10]
7
8 58. Malloy-Weir L, Cooper M. Health literacy, literacy, numeracy and nutrition label
9 understanding and use: a scoping review of the literature. *J Hum Nutr Diet*
10 2017;30(3):309-25. doi: 10.1111/jhn.12428 [published Online First: 2016/10/13]
11
12 59. Nogueira LM, Thai CL, Nelson W, et al. Nutrition Label Numeracy: Disparities and
13 Association with Health Behaviors. *American journal of health behavior* 2016;40(4):427-
14 36. doi: 10.5993/ajhb.40.4.4 [published Online First: 2016/06/25]
15
16 60. Gortmaker SL, Wang YC, Long MW, et al. Three Interventions That Reduce Childhood
17 Obesity Are Projected To Save More Than They Cost To Implement. *Health affairs*
18 *(Project Hope)* 2015;34(11):1932-9. doi: 10.1377/hlthaff.2015.0631 [published Online
19 First: 2015/11/04]
20
21 61. Kuo T, Jarosz CJ, Simon P, et al. Menu labeling as a potential strategy for combating the
22 obesity epidemic: a health impact assessment. *Am J Public Health* 2009;99(9):1680-86.
23 doi: 10.2105/AJPH.2008.153023 [published Online First: 2009/07/16]
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 **Figure 1.** Estimated New Cancer Cases and Deaths Prevented by Federal Menu Calorie Labeling Policy
4
5 in the US by Cancer Type over a Lifetime
6
7
8
9

10 **Figure 2.** Probabilistic Sensitivity Analyses (PSA) for Cost-Effectiveness of the Federal Menu Calorie
11
12 Labeling Policy over 10 years and a Lifetime
13
14

15 **Legend:** Values are presented in cost-effectiveness planes of net costs (\$millions) versus incremental
16
17 quality-adjusted life years (QALYs). For each policy scenario, each colored dot represents one of the
18
19 1000 simulations, with the largest dot showing the median incremental cost-effectiveness ratio (ICER,
20
21 \$/QALY); and the ellipse representing the 95% UIs. Results are presented from the societal perspective
22
23 and the healthcare perspective. Negative values indicate cost savings.
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47

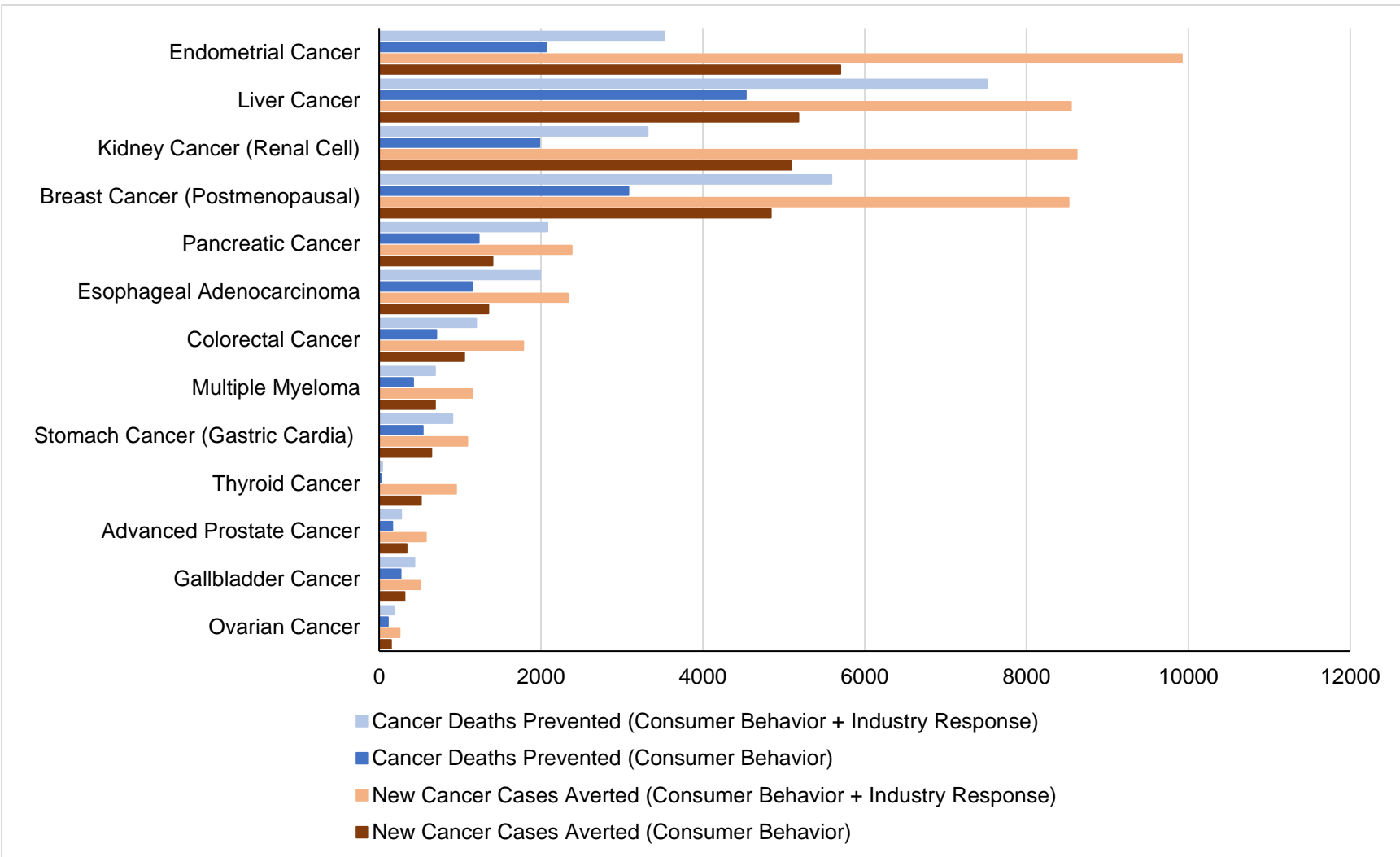
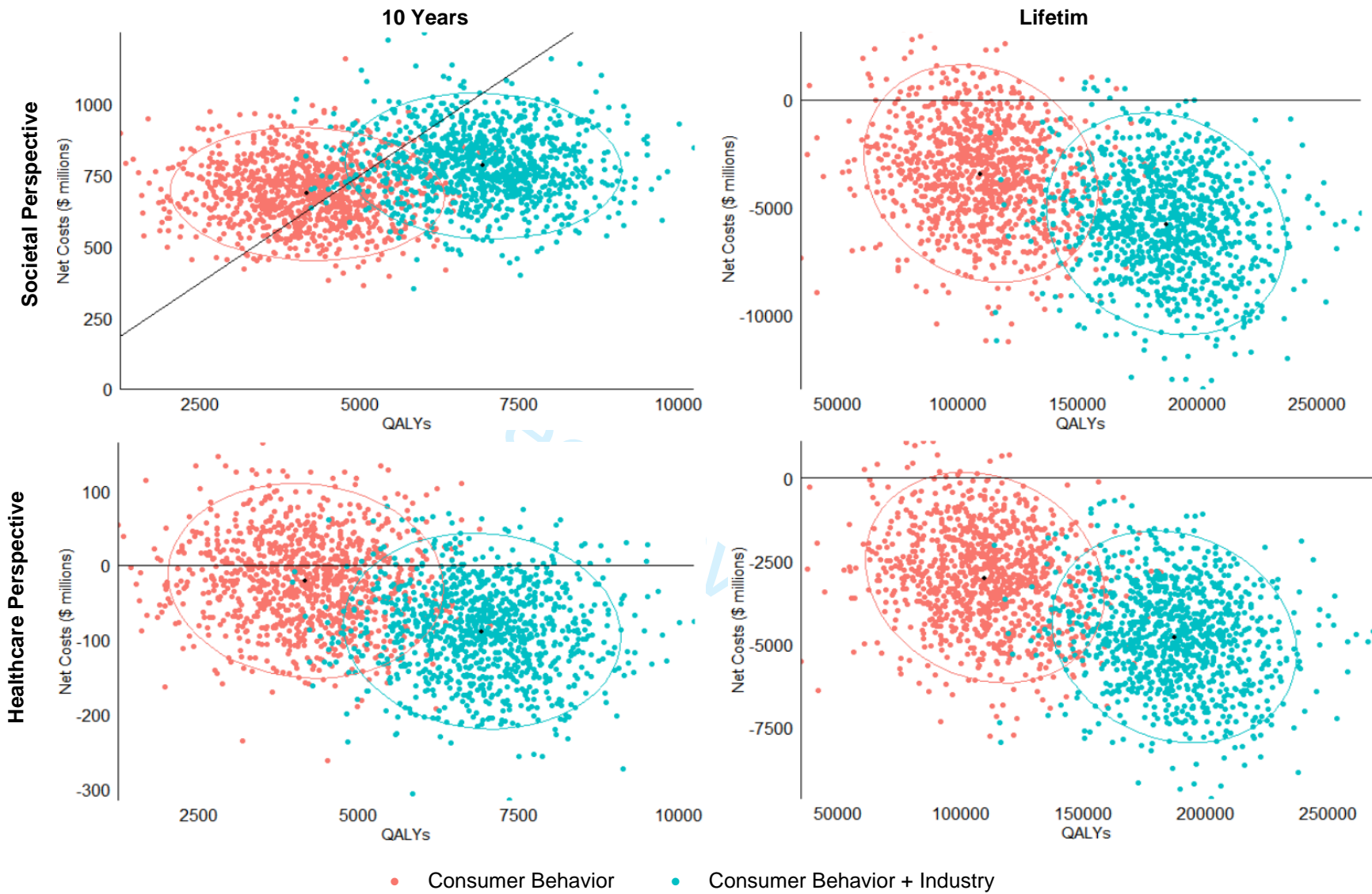


Figure 1. Estimated New Cancer Cases and Deaths Prevented by Federal Menu Calorie Labeling Policy in the US by Cancer Type over a Lifetime



Values are presented in cost-effectiveness planes of net costs (\$millions) versus incremental quality-adjusted life years (QALYs). For each policy scenario, each colored dot represents one of the 1000 simulations, with the largest dot showing the median incremental cost-effectiveness ratio (ICER, \$/QALY); and the ellipse representing the 95% UIs. Results are presented from the societal perspective and the healthcare perspective. Negative values indicate cost savings.

Figure 2. Probabilistic Sensitivity Analyses (PSA) for Cost-Effectiveness of the Federal Menu Calorie Labeling Policy over 10 years and a Lifetime

Title Cost-Effectiveness Analysis of the Federal Menu Calorie Labeling and Obesity-Associated Cancer Burdens in the United States

Supplementary Table 1. Defining Population and 32 Subgroups

Supplementary Table 2. Relative Risk Estimates of Etiologic Relationships Between Body Mass Index (BMI) and 13 Types of Cancers

Supplementary Table 3. Baseline Incidence Rates of 13 Cancers among US Adults by 32 Subgroups

Supplementary Table 4. Baseline 5-year Relative Survival Rates of 13 Cancers among US Adults by 32 Subgroups

Supplementary Table 5. Health-Related Quality of Life Among US Cancer Patients Aged 20 Years or Older, by Cancer Type and Phase of Care

Supplementary Table 6. Baseline Medical Costs, Productivity Loss, and Patient Time Costs Among US Cancer Patients Aged 20 Years or Older, by Cancer Type and Phase of Care

Supplementary Table 7. Baseline Medical Costs, Productivity Loss, and Patient Time Costs Among the General Population Aged 20 Years or Older in the US, by 32 Subgroups

Supplementary Table 8. Characteristics of US Adults Aged 20 Years or Older Participated in the NHANES, 2013-2016

Supplementary Table 9. Consumption of Calories from Full-Service and Fast-Food Restaurants among US Adults Participated in 2013-2016 NHANES, by 32 Subgroups

Supplementary Table 10. Estimated New Cancer Cases Averted by the Federal Menu Calorie Labeling in the US by Age, Sex, Race/Ethnicity, and Cancer Type, Over a Lifetime

Supplementary Table 11. Estimated Cancer Deaths Reduced by the Federal Menu Calorie Labeling in the US by Age, Sex, Race/Ethnicity, and Cancer Type, Over a Lifetime

Supplementary Table 12. Estimated Health Gains and Costs Associated with the Federal Menu Calorie Labeling on Reducing Cancer Burdens in the US Over a Lifetime, One-Way Sensitivity Analyses at 25% and 75% Calorie Compensations Outside the Restaurant Settings

Supplementary Table 13. Estimated Health Gains and Costs Associated with the Federal Menu Calorie Labeling on Reducing Cancer Burdens in the US Over a Lifetime, One-Way Sensitivity Analysis, Assuming all Full-Service and Fast-Food Restaurants were Covered by the Policy

Supplementary Figure 1. Diet and Cancer Outcome Model (DiCOM)

Supplementary Figure 2. Estimated Reduced New Cancer Cases and Deaths Associated with the Federal Menu Calorie Labeling in the US by Age, Sex, Race/Ethnicity, and Cancer Type, Over a Lifetime

Supplementary Figure 3. Estimated life Years and QALYs Gained Associated with the Federal Menu Calorie Labeling in the US by Age, Sex, and Race/Ethnicity, Over a Lifetime.

Supplementary Figure 4. Estimated Changes of Health-Related Costs Associated with the Federal Menu Calorie Labeling in the US by Age, Sex, Race/Ethnicity, and Cancer Type, Over a Lifetime

Supplementary Figure 5. Estimated Net Costs from Societal and Healthcare Perspectives Associated with the Federal Menu Calorie Labeling in the US by Age, Sex, and Race/Ethnicity, Over a Lifetime

Supplementary Figure 6. One-Way Sensitivity Analysis of Net Costs of the Federal Menu Calorie Labeling and Obesity-Associated Cancer Rates to Varying Assumptions of Key Input Parameters From (A) Societal Perspective and (B) Healthcare Perspective

Supplementary Table 1. Defining population and 32 subgroups

Subgroups	Age	Sex	Race/Ethnicity
1	20-44y	Female	NHW
2	20-44y	Female	NHB
3	20-44y	Female	HISP
4	20-44y	Female	OTH
5	20-44y	Male	NHW
6	20-44y	Male	NHB
7	20-44y	Male	HISP
8	20-44y	Male	OTH
9	45-54y	Female	NHW
10	45-54y	Female	NHB
11	45-54y	Female	HISP
12	45-54y	Female	OTH
13	45-54y	Male	NHW
14	45-54y	Male	NHB
15	45-54y	Male	HISP
16	45-54y	Male	OTH
17	55-64y	Female	NHW
18	55-64y	Female	NHB
19	55-64y	Female	HISP
20	55-64y	Female	OTH
21	55-64y	Male	NHW
22	55-64y	Male	NHB
23	55-64y	Male	HISP
24	55-64y	Male	OTH
25	65+y	Female	NHW
26	65+y	Female	NHB
27	65+y	Female	HISP
28	65+y	Female	OTH
29	65+y	Male	NHW
30	65+y	Male	NHB
31	65+y	Male	HISP
32	65+y	Male	OTH

Supplementary Table 2. Relative risk estimates of etiologic relationships between body mass index (BMI) and 13 types of cancers

Cancer Type	No. of Studies	No. of Events	Source	Evidence Grading	RR (95% CI) Per 5 kg/m ²	Statistical Heterogeneity
Endometrial	26	18,717	CUP, 2013	Convincing ↑risk	1.50 (1.42-1.59)	I ² =86.2% P<0.0001
Esophageal (adenocarcinoma)	9	1,725	CUP, 2016	Convincing ↑risk	1.48 (1.35-1.62)	I ² =36.7% P=0.13
Kidney	23	15,575	CUP, 2015	Convincing ↑risk	1.30 (1.25-1.35)	I ² =38.8% P=0.03
Liver	12	14,311	CUP, 2015	Convincing ↑risk	1.30 (1.16-1.46)	I ² =78.3% P=0.000
Gallbladder	8	6,004	CUP, 2015	Probable ↑risk	1.25 (1.15-1.37)	I ² =52.3% P=0.04
Stomach (cardia)	7	2,050	CUP, 2016	Probable ↑risk	1.23 (1.07-1.40)	I ² =55.6% P=0.04
Breast (post- menopausal)	56	80,404	CUP, 2017	Convincing ↑risk	1.12 (1.09-1.15)	I ² =75% P<0.001
Pancreas	23	9,504	CUP, 2011	Convincing ↑risk	1.10 (1.07-1.14)	I ² =19% P=0.20
Multiple myeloma	20	1,388	IARC, 2016 ³⁰	Sufficient (IRAC) ↑risk	1.09 (1.03-1.16)	Not reported
Prostate (advanced)	24	11,149	CUP, 2014	Probable ↑risk	1.08 (1.04-1.12)	I ² =18.8% P=0.21
Thyroid	22	3,100	IARC, 2016 ³⁰	Sufficient (IARC) ↑risk	1.06 (1.02-1.10)	Not reported
Ovary	25	15,899	CUP, 2013	Probable ↑risk	1.06 (1.02-1.11)	I ² =55.1% P=0.001
Colorectal	38	71,089	CUP, 2017	Convincing ↑risk	1.05 (1.03-1.07)	I ² =74.2% P=0.000

Supplementary Table 3. Baseline incidence rates of 13 cancers among US adults by 32 subgroups

Subgroup	Colorectal Cancer		Endometrial Cancer		Esophageal Adeno-carcinoma		Female Breast (Postmeno.)		Gallbladder Cancer		Kidney Cancer		Liver Cancer		Multiple Myeloma		Ovarian cancer		Pancreatic Cancer		Advanced Prostate Cancer		Stomach Cancer (Gastric Cardia)		Thyroid Cancer	
	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE
1	8.53	0.38	6.54	3.66	0.05	4.18	0.00	0.00	0.05	2.57	3.83	3.16	0.49	4.18	0.38	4.66	4.31	0.27	107	3.46	0.00	0.00	0.10	3.82	28.97	0.69
2	7.78	0.74	5.04	0.59	0.03	0.20	0.00	0.00	0.07	2.46	3.57	0.50	0.56	0.20	102	0.27	2.98	0.45	103	0.26	0.00	0.00	0.09	2.25	13.12	0.95
3	6.09	0.55	7.49	3.32	0.03	3.07	0.00	0.00	0.06	2.48	3.73	3.16	0.42	3.07	0.33	3.71	3.95	0.46	0.86	0.87	0.00	0.00	0.09	2.27	20.97	1.13
4	6.36	1.10	6.56	1.13	0.02	0.15	0.00	0.00	0.07	2.58	1.87	0.40	0.32	0.15	0.38	0.23	4.49	0.70	0.74	0.25	0.00	0.00	0.09	2.36	24.88	2.21
5	9.20	0.39	0.00	0.00	0.42	5.22	0.00	0.00	0.04	0.02	5.91	4.53	0.60	5.22	0.48	5.26	0.00	0.00	122	2.06	0.21	0.02	0.43	4.32	6.93	0.34
6	7.94	0.78	0.00	0.00	0.29	0.30	0.00	0.00	0.04	0.02	5.47	0.65	1.17	0.30	148	0.34	0.00	0.00	100	0.28	0.56	0.09	0.34	3.42	2.36	0.42
7	6.15	0.54	0.00	0.00	0.31	3.85	0.00	0.00	0.04	0.02	4.04	3.82	0.82	3.85	0.57	0.18	0.00	0.00	0.83	0.20	0.13	0.68	0.34	3.53	3.80	0.44
8	6.21	0.85	0.00	0.00	0.31	0.47	0.00	0.00	0.05	0.02	3.68	1.04	1.59	0.47	0.70	140	0.00	0.00	0.82	0.29	0.41	0.09	0.36	3.52	5.70	0.84
9	4127	0.76	38.53	0.73	103	0.21	124.56	1.28	0.68	5.99	14.03	0.44	3.10	0.21	3.60	0.22	17.09	0.49	7.70	0.32	0.00	0.00	0.88	6.74	37.84	0.73
10	53.14	1.92	25.73	1.34	0.59	0.60	121.73	2.88	1.54	5.87	16.08	1.06	5.17	0.60	11.29	0.89	11.75	0.90	10.91	0.87	0.00	0.00	0.94	5.38	25.80	1.34
11	33.92	1.78	33.43	1.53	0.59	0.52	77.25	3.45	2.27	1.93	16.00	1.04	3.83	0.52	4.86	0.58	14.57	1.00	6.26	0.66	0.00	0.00	0.81	5.61	37.29	1.84
12	35.77	3.15	35.84	3.07	0.65	0.66	91.82	4.82	1.70	6.05	7.78	1.92	3.27	0.66	2.55	0.70	17.07	1.51	5.17	0.81	0.00	0.00	0.85	5.53	37.73	2.90
13	53.97	0.87	0.00	0.00	5.61	0.36	0.00	0.00	0.36	7.15	29.16	0.64	9.24	0.36	5.09	0.27	0.00	0.00	10.63	0.38	10.88	0.16	3.65	0.23	13.29	0.43
14	61.29	2.20	0.00	0.00	1.50	1.02	0.00	0.00	0.47	5.07	32.82	1.61	13.29	1.02	12.34	0.99	0.00	0.00	14.12	1.05	25.31	0.58	1.90	0.33	6.41	0.71
15	38.05	1.94	0.00	0.00	2.75	1.06	0.00	0.00	0.43	4.83	24.48	1.27	16.38	1.06	5.23	0.60	0.00	0.00	7.95	0.74	6.02	0.38	1.96	0.34	8.56	0.76
16	42.81	3.85	0.00	0.00	2.88	2.28	0.00	0.00	0.37	4.93	18.63	3.06	18.71	2.28	3.70	0.82	0.00	0.00	7.62	1.05	3.70	0.50	2.51	0.17	12.57	1.36
17	59.74	0.89	90.00	1.09	2.12	0.35	305.45	2.02	1.75	0.15	26.14	0.59	9.41	0.35	8.68	0.34	26.19	0.59	21.78	0.54	0.00	0.00	1.72	0.15	34.42	0.67
18	86.11	2.62	83.71	2.60	1.30	1.21	306.22	4.92	4.08	0.57	31.53	1.58	18.22	1.21	23.28	1.37	19.79	1.25	31.37	1.58	0.00	0.00	1.92	0.39	27.72	1.48
19	58.14	2.91	69.51	3.28	1.64	1.33	218.85	7.01	4.59	0.68	29.93	1.73	17.38	1.33	9.33	0.97	21.29	1.45	17.15	1.32	0.00	0.00	1.87	0.34	39.44	1.97
20	52.83	4.48	60.22	4.45	1.49	1.97	233.48	8.33	2.44	0.50	13.91	2.72	12.58	1.97	6.13	0.96	23.98	2.79	13.44	1.43	0.00	0.00	1.57	0.13	41.74	3.08
21	88.14	1.11	0.00	0.00	15.54	0.73	0.00	0.00	0.93	0.11	53.65	0.87	37.93	0.73	13.24	0.43	0.00	0.00	29.95	0.65	47.05	0.34	9.19	0.36	16.24	0.48
22	121.39	3.41	0.00	0.00	4.30	2.72	0.00	0.00	2.06	0.41	69.05	2.57	75.50	2.72	30.69	1.71	0.00	0.00	39.72	1.95	91.41	1.22	4.87	0.68	9.12	0.92
23	84.75	3.65	0.00	0.00	8.01	2.98	0.00	0.00	1.07	0.11	51.05	2.35	61.05	2.98	13.65	1.22	0.00	0.00	23.36	1.58	32.10	1.21	5.15	0.70	11.12	1.09
24	83.77	5.72	0.00	0.00	4.97	4.85	0.00	0.00	1.22	0.11	27.95	3.81	54.13	4.85	10.32	1.39	0.00	0.00	19.14	2.87	22.70	1.31	5.16	0.96	16.04	1.75
25	147.25	1.98	86.90	1.40	4.53	0.62	429.43	3.20	5.87	0.40	42.37	1.02	15.56	0.62	20.59	0.73	38.18	0.97	55.49	1.20	0.00	0.00	4.36	0.34	24.59	0.74
26	155.86	5.74	100.81	4.21	3.10	1.98	398.07	8.74	9.68	1.43	50.03	3.07	20.61	1.98	50.31	3.20	29.78	2.45	71.93	3.94	0.00	0.00	3.41	0.52	22.57	1.98
27	117.47	5.72	66.40	4.47	3.61	3.17	285.07	11.57	11.44	1.75	45.35	3.33	38.69	3.17	24.20	2.52	32.78	2.88	51.54	3.79	0.00	0.00	3.89	0.60	29.50	2.55
28	109.32	10.15	52.12	5.29	3.51	4.72	266.14	14.52	7.02	1.70	26.14	4.17	35.77	4.72	14.41	2.43	23.90	2.89	46.15	5.64	0.00	0.00	4.11	0.28	28.15	3.08
29	181.07	2.47	0.00	0.00	29.02	1.10	0.00	0.00	3.59	0.36	88.69	1.63	40.30	1.10	34.26	1.07	0.00	0.00	72.36	1.53	80.74	0.61	19.38	0.77	17.34	0.69
30	217.23	8.36	0.00	0.00	7.29	3.98	0.00	0.00	6.24	1.14	97.13	5.16	68.31	3.98	69.18	4.66	0.00	0.00	75.66	4.94	130.67	2.34	8.81	1.55	10.03	1.60
31	182.00	9.21	0.00	0.00	15.50	5.01	0.00	0.00	6.79	1.64	87.20	5.26	78.18	5.01	33.10	3.44	0.00	0.00	61.88	4.77	66.33	2.57	11.49	1.78	15.87	2.11
32	144.37	13.43	0.00	0.00	10.56	7.52	0.00	0.00	4.75	1.02	54.45	7.24	79.16	7.52	22.48	3.35	0.00	0.00	51.45	6.82	51.84	2.78	11.34	2.12	13.86	2.28

Supplementary Table 4. Baseline 5-year relative survival rates of 13 cancers among US adults by 32 subgroups

Subgroup	Colorectal Cancer		Endometrial Cancer		Esophageal Adeno-carcinoma		Female Breast (Postmeno.)		Gallbladder Cancer		Kidney Cancer		Liver Cancer		Multiple Myeloma		Ovarian Cancer		Pancreatic Cancer		Advanced Prostate Cancer		Stomach Cancer (Gastric Cardia)		Thyroid Cancer	
	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE
1	0.740	0.012	0.916	0.009	0.223	0.018	0.000	0.000	0.095	0.095	0.953	0.009	0.409	0.057	0.852	0.043	0.780	0.015	0.379	0.038	0.000	0.000	0.477	0.099	1.000	0.001
2	0.652	0.024	0.775	0.027	0.223	0.018	0.000	0.000	0.286	0.064	0.856	0.029	0.144	0.113	0.837	0.048	0.736	0.036	0.530	0.064	0.000	0.000	0.502	0.205	0.993	0.004
3	0.659	0.022	0.900	0.013	0.223	0.018	0.000	0.000	0.309	0.092	0.864	0.021	0.403	0.081	0.713	0.075	0.716	0.024	0.493	0.062	0.000	0.000	0.236	0.116	0.992	0.002
4	0.694	0.027	0.910	0.016	0.223	0.018	0.000	0.000	0.286	0.064	0.819	0.043	0.321	0.077	0.787	0.122	0.737	0.029	0.371	0.076	0.000	0.000	0.667	0.193	1.000	0.002
5	0.682	0.012	0.000	0.000	0.140	0.034	0.000	0.000	0.302	0.117	0.886	0.010	0.251	0.037	0.696	0.041	0.000	0.000	0.275	0.032	0.768	0.057	0.284	0.045	0.997	0.002
6	0.601	0.027	0.000	0.000	0.160	0.031	0.000	0.000	0.357	0.096	0.779	0.027	0.157	0.045	0.606	0.057	0.000	0.000	0.151	0.046	0.780	0.086	0.672	0.274	0.949	0.025
7	0.621	0.022	0.000	0.000	0.330	0.108	0.000	0.000	0.357	0.096	0.847	0.020	0.227	0.047	0.635	0.064	0.000	0.000	0.157	0.044	0.470	0.118	0.152	0.055	0.993	0.007
8	0.635	0.029	0.000	0.000	0.287	0.172	0.000	0.000	0.357	0.096	0.840	0.033	0.152	0.032	0.649	0.108	0.000	0.000	0.230	0.066	0.805	0.180	0.545	0.133	0.992	0.008
9	0.738	0.007	0.889	0.006	0.300	0.065	0.918	0.003	0.153	0.045	0.846	0.011	0.283	0.027	0.682	0.027	0.614	0.012	0.195	0.017	0.000	0.000	0.384	0.060	0.997	0.002
10	0.666	0.015	0.751	0.022	0.290	0.174	0.810	0.009	0.155	0.059	0.834	0.025	0.145	0.035	0.626	0.034	0.497	0.034	0.177	0.029	0.000	0.000	0.457	0.144	0.990	0.008
11	0.725	0.016	0.869	0.012	0.751	0.217	0.881	0.008	0.224	0.062	0.879	0.018	0.242	0.038	0.617	0.047	0.595	0.025	0.209	0.035	0.000	0.000	0.257	0.079	0.983	0.005
12	0.731	0.018	0.893	0.012	0.308	0.060	0.926	0.007	0.210	0.082	0.810	0.037	0.287	0.051	0.686	0.071	0.640	0.027	0.307	0.055	0.000	0.000	0.357	0.152	0.991	0.005
13	0.704	0.007	0.000	0.000	0.255	0.020	0.000	0.000	0.321	0.072	0.790	0.009	0.171	0.011	0.627	0.023	0.000	0.000	0.136	0.012	0.858	0.010	0.253	0.024	0.964	0.007
14	0.612	0.015	0.000	0.000	0.186	0.085	0.000	0.000	0.371	0.127	0.793	0.020	0.117	0.019	0.616	0.037	0.000	0.000	0.138	0.022	0.814	0.020	0.148	0.059	0.970	0.027
15	0.652	0.015	0.000	0.000	0.222	0.050	0.000	0.000	0.151	0.082	0.742	0.019	0.181	0.016	0.640	0.044	0.000	0.000	0.101	0.021	0.729	0.029	0.257	0.060	0.945	0.019
16	0.721	0.017	0.000	0.000	0.308	0.110	0.000	0.000	0.751	0.153	0.799	0.027	0.239	0.023	0.594	0.066	0.000	0.000	0.162	0.039	0.865	0.040	0.298	0.080	0.960	0.018
17	0.694	0.007	0.878	0.004	0.322	0.043	0.918	0.002	0.273	0.035	0.793	0.010	0.208	0.015	0.630	0.019	0.531	0.011	0.117	0.009	0.000	0.000	0.334	0.041	0.994	0.002
18	0.621	0.014	0.667	0.015	0.298	0.039	0.830	0.007	0.151	0.043	0.805	0.022	0.219	0.028	0.609	0.027	0.371	0.028	0.112	0.018	0.000	0.000	0.440	0.113	0.971	0.012
19	0.673	0.016	0.816	0.013	0.241	0.131	0.879	0.006	0.173	0.044	0.769	0.021	0.211	0.025	0.535	0.042	0.473	0.025	0.104	0.019	0.000	0.000	0.279	0.101	0.969	0.009
20	0.714	0.017	0.847	0.013	0.298	0.039	0.911	0.006	0.151	0.061	0.785	0.032	0.288	0.033	0.631	0.051	0.555	0.031	0.164	0.027	0.000	0.000	0.281	0.140	0.987	0.008
21	0.666	0.006	0.000	0.000	0.257	0.013	0.000	0.000	0.190	0.045	0.760	0.008	0.202	0.007	0.603	0.016	0.000	0.000	0.111	0.007	0.878	0.006	0.255	0.016	0.954	0.009
22	0.579	0.013	0.000	0.000	0.178	0.072	0.000	0.000	0.261	0.105	0.758	0.019	0.140	0.012	0.545	0.028	0.000	0.000	0.080	0.014	0.786	0.014	0.148	0.046	0.945	0.039
23	0.628	0.014	0.000	0.000	0.135	0.033	0.000	0.000	0.203	0.081	0.717	0.018	0.170	0.013	0.541	0.037	0.000	0.000	0.078	0.015	0.777	0.017	0.281	0.053	0.899	0.028
24	0.654	0.015	0.000	0.000	0.237	0.082	0.000	0.000	0.148	0.069	0.698	0.025	0.268	0.017	0.485	0.050	0.000	0.000	0.122	0.023	0.885	0.019	0.257	0.061	0.967	0.022
25	0.610	0.005	0.799	0.006	0.182	0.024	0.907	0.003	0.179	0.018	0.679	0.010	0.119	0.010	0.420	0.012	0.323	0.008	0.057	0.003	0.000	0.000	0.231	0.023	0.958	0.005
26	0.551	0.012	0.552	0.016	0.170	0.143	0.806	0.008	0.217	0.043	0.709	0.024	0.097	0.020	0.407	0.022	0.210	0.021	0.059	0.009	0.000	0.000	0.264	0.068	0.894	0.023
27	0.579	0.013	0.699	0.017	0.190	0.073	0.858	0.008	0.125	0.023	0.677	0.022	0.087	0.014	0.353	0.027	0.298	0.022	0.049	0.009	0.000	0.000	0.257	0.060	0.889	0.020
28	0.599	0.013	0.735	0.020	0.180	0.022	0.900	0.007	0.115	0.030	0.614	0.032	0.187	0.017	0.440	0.040	0.356	0.029	0.043	0.008	0.000	0.000	0.187	0.067	0.858	0.023
29	0.615	0.005	0.000	0.000	0.212	0.011	0.000	0.000	0.134	0.025	0.680	0.008	0.119	0.007	0.402	0.011	0.000	0.000	0.075	0.004	0.717	0.007	0.220	0.013	0.935	0.015
30	0.498	0.014	0.000	0.000	0.164	0.069	0.000	0.000	0.209	0.076	0.705	0.024	0.134	0.019	0.459	0.027	0.000	0.000	0.049	0.011	0.569	0.017	0.174	0.052	0.810	0.068
31	0.544	0.013	0.000	0.000	0.155	0.035	0.000	0.000	0.144	0.046	0.668	0.020	0.107	0.012	0.398	0.028	0.000	0.000	0.066	0.011	0.674	0.017	0.141	0.032	0.786	0.048
32	0.625	0.013	0.000	0.000	0.126	0.049	0.000	0.000	0.263	0.071	0.653	0.026	0.182	0.014	0.431	0.037	0.000	0.000	0.080	0.013	0.733	0.020	0.255	0.042	0.800	0.039

Supplementary Table 5. Health-related quality of life among US cancer patients aged 20 years or older, by cancer type and phase of care

Cancer Type	Cancer Phase	Health Related Quality of Life	Source
		mean (SE)	
Endometrial	Overall	0.80 (0.14)	Naik et al. ³¹
Esophageal Adenocarcinoma	Overall	0.69 (0.26)	Wildi et al. ³²
Kidney	Overall	0.78 (0.14)	Pickard et al. ³³
Liver	Overall	0.79 (0.19)	Naik et al. ³¹
Gallbladder	Overall	0.79 (0.19)	Naik et al. ³¹
Stomach (gastric cardia)	Initial:	0.84 (0.25)	Zhou et al. ³⁴
	Continuous:	0.86 (0.24)	
	End of Life:	0.65 (0.33)	
Female Breast (post-menopausal)	Initial:	0.78 (0.19)	Yabroff et al. ³⁵
	Continuous:	0.81 (0.20)	
	End of Life:	0.64 (0.16)	
Pancreas	Overall	0.65 (0.30)	Müller-Nordhorn et al. ³⁶
Multiple myeloma	Overall	0.79 (0.19)	Naik et al. ³¹
Advanced Prostate	Initial:	0.78 (0.20)	Yabroff et al. ³⁵
	Continuous:	0.76 (0.19)	
	End of Life:	0.59 (0.15)	
Thyroid	Overall	0.85 (0.13)	Naik et al. ³¹
Ovary	Overall	0.77 (0.17)	Pickard et al. ³³
Colorectal	Initial:	0.760 (0.19)	Färkkilä et al. ³⁷
	Continuous:	0.835 (0.20)	
	End of Life:	0.643 (0.26)	

Supplementary Table 6. Baseline medical costs, productivity loss, and patient time costs among US cancer patients aged 20 years or older, by cancer type

Cancer type	Sex	Age	Medical costs			Productivity loss			Patient time cost		
			Initial	Continuous	End-of-life	Initial	Continuous	End-of-life	Initial	Continuous	End-of-life
Esophageal Adenocarcinoma	Female	<65	95439	6853	156417	4884	3757	15027	650	500	2001
		≥65	79532	6853	104278	6984	5372	21489	1187	913	3652
	Male	<65	95787	6450	155612	4884	3757	15027	650	500	2001
		≥65	79822	6450	103742	6984	5372	21489	1187	913	3652
Stomach (Gastric Cardia)	Female	<65	85291	3977	155636	4884	3757	15027	650	500	2001
		≥65	71076	3977	103758	6984	5372	21489	1187	913	3652
	Male	<65	94144	4282	160695	4884	3757	15027	650	500	2001
		≥65	78453	4282	107130	6984	5372	21489	1187	913	3652
Liver	Female	<65	40173	5859	95782	4884	3757	15027	650	500	2001
		≥65	40173	5859	95782	6984	5372	21489	1187	913	3652
	Male	<65	41161	7363	97473	4884	3757	15027	650	500	2001
		≥65	41161	7363	97473	6984	5372	21489	1187	913	3652
Pancreatic	Female	<65	112154	8672	164911	4884	3757	15027	650	500	2001
		≥65	93462	8672	109941	6984	5372	21489	1187	913	3652
	Male	<65	112911	11697	169673	4884	3757	15027	650	500	2001
		≥65	94092	11697	113115	6984	5372	21489	1187	913	3652
Advanced Prostate	Male	<65	23652	3201	93363	3715	2858	11432	650	500	2001
		≥65	19710	3201	62242	6549	5038	20152	1187	913	3652
Colorectal	Female	<65	61593	3159	126778	10330	7946	31784	650	500	2001
		≥65	51327	3159	84519	7479	5753	23012	1187	913	3652

1												
2		Male	<65	62174	4595	128507	10330	7946	31784	650	500	2001
3			≥65	51812	4595	85671	7479	5753	23012	1187	913	3652
4												
5												
6	Endometrial	Female	<65	32129	1535	105262	4884	3757	15027	650	500	2001
7			≥65	26775	1535	70175	6984	5372	21489	1187	913	3652
8												
9												
10	Ovarian	Female	<65	98788	8296	149573	4884	3757	15027	650	500	2001
11			≥65	82324	8296	99715	6984	5372	21489	1187	913	3652
12												
13												
14	Gallbladder	Female	<65	40173	5859	95782	4884	3757	15027	650	500	2001
15			≥65	40173	5859	95782	6984	5372	21489	1187	913	3652
16		Male	<65	41161	7363	97473	4884	3757	15027	650	500	2001
17			≥65	41161	7363	97473	6984	5372	21489	1187	913	3652
18												
19												
20												
21	Kidney (Renal Cell)	Female	<65	46077	6255	110765	4884	3757	15027	650	500	2001
22			≥65	38397	6255	73843	6984	5372	21489	1187	913	3652
23		Male	<65	46048	6018	117123	4884	3757	15027	650	500	2001
24			≥65	38374	6018	78082	6984	5372	21489	1187	913	3652
25												
26												
27												
28	Breast (Postmenopausal)	Female	<65	27693	2207	94284	5985	4604	18416	650	500	2001
29			≥65	23078	2207	62856	4752	3655	14620	1187	913	3652
30												
31												
32	Thyroid	Female	<65	40173	5859	95782	4884	3757	15027	650	500	2001
33			≥65	40173	5859	95782	6984	5372	21489	1187	913	3652
34		Male	<65	41161	7363	97473	4884	3757	15027	650	500	2001
35			≥65	41161	7363	97473	6984	5372	21489	1187	913	3652
36												
37												
38												
39	Multiple Myeloma	Female	<65	40173	5859	95782	4884	3757	15027	650	500	2001
40			≥65	40173	5859	95782	6984	5372	21489	1187	913	3652
41												
42												
43												
44												
45												
46												
47												

1											
2	Male	<65	41161	7363	97473	4884	3757	15027	650	500	2001
3		≥65	41161	7363	97473	6984	5372	21489	1187	913	3652
4	<hr/>										

For peer review only

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47

Supplementary Table 7. Baseline medical costs, productivity loss, and patient time cost among general population aged 20 years or older in the US, by 32 subgroups

Age group, years	Sex	Race/ethnicity	Medical costs		Productivity loss		Patient time cost	
			Annual general costs	End-of-life costs	Annual general costs	End-of-life costs	Annual general costs	End-of-life costs
20-44	Female	NHW	4020	40000	2040	8160	226	904
		NHB	3100	40000	2040	8160	226	904
		Hispanic	2355	40000	2040	8160	226	904
		Other	2617	40000	2040	8160	226	904
	Male	NHW	2022	40000	2040	8160	226	904
		NHB	2279	40000	2040	8160	226	904
		Hispanic	1145	40000	2040	8160	226	904
		Other	1803	40000	2040	8160	226	904
45-54	Female	NHW	5371	40000	2040	8160	226	904
		NHB	5712	40000	2040	8160	226	904
		Hispanic	3196	40000	2040	8160	226	904
		Other	4082	40000	2040	8160	226	904
	Male	NHW	3812	40000	2040	8160	226	904
		NHB	3639	40000	2040	8160	226	904
		Hispanic	3612	40000	2040	8160	226	904
		Other	2560	40000	2040	8160	226	904
55-64	Female	NHW	7300	40000	2040	8160	226	904
		NHB	5479	40000	2040	8160	226	904
		Hispanic	4607	40000	2040	8160	226	904
		Other	3951	40000	2040	8160	226	904
	Male	NHW	6519	40000	2040	8160	226	904
		NHB	6455	40000	2040	8160	226	904
		Hispanic	5077	40000	2040	8160	226	904
		Other	6320	40000	2040	8160	226	904
≥65	Female	NHW	8997	40000	4409	8160	607	904
		NHB	9585	40000	4409	8160	607	904
		Hispanic	8847	40000	4409	8160	607	904
		Other	8625	40000	4409	8160	607	904
	Male	NHW	9334	40000	4409	8160	607	904
		NHB	7367	40000	4409	8160	607	904
		Hispanic	5640	40000	4409	8160	607	904
		Other	7461	40000	4409	8160	607	904

Supplementary Table 8. Characteristics of US adults aged 20 years or older participated in the NHANES, 2013-2016

Characteristics (N=10064)	Calorie Consumption, kcal/day
Age, years	47.8 ± 0.41
Age groups, years, N (%)	
20-44	4319 (44.5) 425 ± 4.38
25-54	1704 (18.3) 315 ± 5.39
55-64	1725 (17.3) 271 ± 4.90
≥65	2316 (19.9) 192 ± 3.83
Sex, N (%)	
Male	4829 (48.3) 388 ± 4.53
Female	5235 (51.7) 279 ± 4.04
Race/ethnicity, N (%)	
Non-Hispanic White	3944 (65.0) 320 ± 4.76
Non-Hispanic Black	2069 (11.2) 361 ± 6.55
Hispanic	2668 (14.9) 367 ± 4.44
Other	1383 (8.90) 325 ± 8.12
Education, N (%)	
Less than high school graduate	2178 (14.2) 311 ± 5.14
High school graduate	2249 (21.6) 332 ± 5.72
Some college	3070 (33.1) 341 ± 4.92
College graduate	2562 (31.0) 332 ± 7.10
Family income to poverty ratio, N (%)	
<1.30	3862 (28.3) 325 ± 4.87
1.30-1.84	2842 (26.7) 333 ± 4.55
1.85-2.99	1725 (20.4) 344 ± 6.73
≥3.00	1635 (24.5) 328 ± 7.01
Body mass index (BMI), kg/m²	29.3 ± 0.16
Weight status, N (%)	
Underweight (BMI<18.5)	145 (1.36) 341 ± 17.5
Normal weight (BMI=18.5-24.9)	2671 (27.2) 327 ± 4.81
Overweight/Obese (BMI≥25)	7163 (71.4) 334 ± 4.01

Supplementary Table 9. Consumption of calories from full-service and fast-food restaurants among US adults participated in 2013-2016 NHANES by 32 subgroups

Age group, years	Sex	Race/ethnicity	Baseline consumption, g/day (mean ± SE)
20-44	Female	NHW	357 ± 6.47
		NHB	397 ± 8.98
		Hispanic	364 ± 6.77
		Other	334 ± 11.3
	Male	NHW	485 ± 9.00
		NHB	508 ± 12.3
		Hispanic	500 ± 13.7
		Other	466 ± 14.1
45-54	Female	NHW	270 ± 9.38
		NHB	266 ± 7.85
		Hispanic	265 ± 9.11
		Other	228 ± 14.6
	Male	NHW	374 ± 11.3
		NHB	388 ± 17.4
		Hispanic	355 ± 15.0
		Other	338 ± 20.2
55-64	Female	NHW	231 ± 5.25
		NHB	249 ± 9.58
		Hispanic	234 ± 7.99
		Other	216 ± 10.2
	Male	NHW	315 ± 9.55
		NHB	314 ± 18.3
		Hispanic	307 ± 9.90
		Other	298 ± 11.1
≥65	Female	NHW	164 ± 4.71
		NHB	156 ± 6.07
		Hispanic	158 ± 5.27
		Other	137 ± 5.43
	Male	NHW	235 ± 7.43
		NHB	220 ± 7.07
		Hispanic	218 ± 8.07
		Other	198 ± 20.0

Supplementary Table 10. Estimated new cancer cases averted by the federal menu calorie labeling in the US by age, sex, race/ethnicity, and cancer type, over lifetime (U.S. population=235,162,844)¹

Cancer Type	Policy Scenario	20-44 y		45-54 y		55-64 y		65 + y		
		Female	Male	Female	Male	Female	Male	Female	Male	
Endometrial										
Age	<i>consumer behavior</i>	3300 (696 to 6090)		591 (-990 to 2160)		1140 (433 to 1940)		656 (107 to 1190)		
	<i>+industry response</i>	5960 (3360 to 8890)		1340 (-208 to 2980)		1600 (928 to 2430)		926 (396 to 1460)		
Race/Ethnicity										
Non-Hispanic White	<i>consumer behavior</i>	1630 (-711 to 4080)	0	-136 (-1590 to 1430)	0	757 (140 to 1500)	0	572 (38 to 1070)	0	
	<i>+industry response</i>	3080 (829 to 5780)	0	369 (-1100 to 1950)	0	1110 (463 to 1830)	0	780 (245 to 1290)	0	
Non-Hispanic Black	<i>consumer behavior</i>	763 (-157 to 1710)	0	258 (-23 to 543)	0	283 (73 to 528)	0	47 (-43 to 150)	0	
	<i>+industry response</i>	1240 (316 to 2200)	0	372 (93 to 668)	0	355 (146 to 604)	0	77 (-13 to 176)	0	
Hispanic	<i>consumer behavior</i>	910 (74 to 1790)	0	290 (-48 to 596)	0	42 (-83 to 185)	0	43 (-16 to 102)	0	
	<i>+industry response</i>	1460 (580 to 2340)	0	399 (66 to 703)	0	89 (-35 to 233)	0	64 (5 to 122)	0	
Other	<i>consumer behavior</i>	19 (-312 to 402)	0	165 (41 to 319)	0	54 (3 to 109)	0	-6 (-26 to 14)	0	
	<i>+industry response</i>	150 (-174 to 546)	0	191 (68 to 344)	0	68 (18 to 124)	0	0 (-21 to 21)	0	
Breast (Postmenopausal)										
Age	<i>consumer behavior</i>	2530 (263 to 5040)		373 (-1070 to 1950)		1210 (480 to 2130)		742 (137 to 1380)		
	<i>+industry response</i>	4670 (2330 to 7350)		1040 (-390 to 2680)		1710 (1010 to 2640)		1040 (433 to 1700)		
Race/Ethnicity										
Non-Hispanic White	<i>consumer behavior</i>	1370 (-659 to 3750)	0	-224 (-1570 to 1210)	0	832 (170 to 1670)	0	660 (57 to 1280)	0	
	<i>+industry response</i>	2660 (490 to 5220)	0	234 (-1130 to 1770)	0	1200 (535 to 2040)	0	902 (291 to 1570)	0	
Non-Hispanic Black	<i>consumer behavior</i>	567 (-110 to 1300)	0	182 (-34 to 431)	0	267 (89 to 487)	0	43 (-40 to 136)	0	

1		<i>+industry response</i>	912 (240 to 1680)	0	271 (55 to 536)	0	329 (149 to 554)	0	71 (-13 to 166)	0
2	Hispanic	<i>consumer behavior</i>	581 (44 to 1200)	0	231 (-14 to 474)	0	32.9 (-72 to 154)	0	42 (-12 to 100)	0
3		<i>+industry response</i>	934 (368 to 1600)	0	312 (71 to 563)	0	76 (-34 to 198)	0	61 (6 to 123)	0
4		<i>consumer behavior</i>	1 (-310 to 384)	0	182 (40 to 353)	0	74 (9 to 148)	0	-7 (-35 to 22)	0
5	Other	<i>+industry response</i>	128 (-187 to 541)	0	210 (71 to 386)	0	94 (29 to 170)	0	1 (-27 to 31)	0
6		<i>consumer behavior</i>								
7		<i>+industry response</i>								
8										
9										
10										
11	Kidney (Renal Cell)									
12										
13	Age	<i>consumer behavior</i>	2930 (864 to 5040)		581 (-364 to 1540)		1180 (526 to 1810)		428 (28 to 805)	
14		<i>+industry response</i>	5240 (3110 to 7390)		1230 (244 to 2210)		1590 (941 to 2250)		651 (248 to 1030)	
15										
16	Race/Ethnicity									
17		Non-								
18	Hispanic White	<i>consumer behavior</i>	338 (-137 to 844)	1040 (-536 to 2790)	-42 (-332 to 273)	53 (-791 to 884)	172 (34 to 339)	677 (88 to 1240)	147 (18 to 280)	192 (-170 to 536)
19		<i>+industry response</i>	646 (173 to 1180)	2020 (410 to 3750)	58 (-236 to 383)	379 (-452 to 1250)	251 (109 to 420)	898 (326 to 1470)	199 (72 to 335)	320 (-35 to 661)
20	Non-	<i>consumer behavior</i>	170 (-35 to 384)	88 (-454 to 620)	60 (-5 to 128)	136 (-96 to 410)	79 (26 to 139)	85 (-81 to 258)	13 (-12 to 40)	44 (9 to 79)
21		Hispanic Black	<i>+industry response</i>	280 (69 to 502)	343 (-202 to 898)	87 (22 to 157)	203 (-30 to 475)	97 (43 to 157)	119 (-45 to 295)	21 (-4 to 48)
22	Hispanic	<i>consumer behavior</i>	267 (21 to 527)	895 (-21 to 1920)	92 (-4 to 184)	230 (-25 to 503)	14 (-27 to 60)	94 (8 to 196)	15 (-6 to 36)	9 (-29 to 50)
23		<i>+industry response</i>	425 (166 to 697)	1290 (371 to 2320)	123 (27 to 218)	305 (49 to 570)	29 (-12 to 76)	127 (41 to 232)	22 (2 to 44)	21 (-17 to 63)
24	Other	<i>consumer behavior</i>	5 (-47 to 66)	75 (-103 to 274)	34 (12 to 59)	3 (-64 to 77)	13 (2 to 25)	33 (10 to 58)	-1 (-6 to 4)	8 (-18 to 37)
25		<i>+industry response</i>	27 (-26 to 89)	147 (-29 to 347)	38 (17 to 64)	17 (-52 to 91)	16 (5 to 28)	41 (19 to 67)	1 (-4 to 6)	11 (-15 to 40)
26										
27										
28										
29										
30										
31										
32										
33										
34										
35	Liver									
36	Age	<i>consumer behavior</i>	3210 (1000 to 5540)		701 (-200 to 1760)		1000 (477 to 1580)		275 (17 to 551)	
37		<i>+industry response</i>	5560 (3130 to 8130)		1340 (397 to 2480)		1340 (804 to 1950)		432 (174 to 719)	
38										
39	Race/Ethnicity									
40										
41										
42										
43										
44										
45										
46										
47										

1	Non-Hispanic	<i>consumer behavior</i>	170	1150	18	-82	113	520	75	116
2	White		(-125 to 597)	(-258 to 3130)	(-168 to 236)	(-844 to 807)	(36 to 227)	(108 to 1020)	(6 to 155)	(-110 to 365)
3		<i>+industry response</i>	367	2120	78	215	159	668	100	198
4			(53 to 855)	(498 to 4300)	(-105 to 319)	(-537 to 1150)	(77 to 280)	(287 to 1220)	(35 to 189)	(-26 to 454)
5	Non-Hispanic Black	<i>consumer behavior</i>	143	85	53	213	51	118	7	37
6			(-27 to 346)	(-678 to 1050)	(2 to 120)	(-146 to 705)	(14 to 100)	(-112 to 393)	(-7 to 26)	(-4 to 88)
7		<i>+industry response</i>	231	429	74	306	63	163	12	52
8			(53 to 458)	(-312 to 1460)	(24 to 147)	(-41 to 823)	(28 to 115)	(-58 to 447)	(-2 to 32)	(11 to 107)
9	Hispanic	<i>consumer behavior</i>	239	1150	99	321	14	113	17	8
10			(19 to 570)	(93 to 2490)	(3 to 215)	(15 to 703)	(-30 to 72)	(19 to 233)	(-5 to 41)	(-33 to 54)
11		<i>+industry response</i>	384	1600	132	409	31	150	25	20
12			(132 to 756)	(529 to 3050)	(36 to 257)	(106 to 820)	(-13 to 90)	(55 to 276)	(3 to 50)	(-19 to 70)
13	Other	<i>consumer behavior</i>	2	99	38	-1	15	38	0	9
14			(-56 to 82)	(-125 to 379)	(9 to 77)	(-101 to 125)	(0 to 34)	(5 to 76)	(-8 to 7)	(-28 to 53)
15		<i>+industry response</i>	26	183	43	18	19	48	2	14
16			(-32 to 108)	(-31 to 483)	(15 to 85)	(-80 to 152)	(5 to 40)	(17 to 91)	(-5 to 10)	(-23 to 59)
17	Pancreatic									
18	Age	<i>consumer behavior</i>	764 (262 to 1340)		81.6 (-186 to 388)		404 (193 to 651)		148 (21 to 286)	
19		<i>+industry response</i>	1350 (820 to 1990)		269 (4 to 595)		540 (327 to 793)		227 (96 to 370)	
20	Race/Ethnicity									
21	Non-Hispanic White	<i>consumer behavior</i>	121	247	-48	-16	87	218	63	58
22			(-44 to 367)	(-120 to 768)	(-159 to 87)	(-246 to 245)	(26 to 175)	(48 to 432)	(3 to 131)	(-54 to 189)
23		<i>+industry response</i>	229	490	-11	73	122	283	87	98
24			(50 to 493)	(99 to 1060)	(-124 to 134)	(-154 to 363)	(56 to 218)	(115 to 507)	(27 to 163)	(-12 to 238)
25	Non-Hispanic Black	<i>consumer behavior</i>	60	18	24	30	32	19	5	10
26			(-10 to 158)	(-80 to 128)	(-1 to 54)	(-20 to 87)	(9 to 63)	(-16 to 62)	(-6 to 19)	(2 to 19)
27		<i>+industry response</i>	98	64	34	44	39	27	9	13
28			(21 to 207)	(-36 to 184)	(9 to 67)	(-4 to 102)	(17 to 72)	(-9 to 70)	(-2 to 23)	(5 to 23)
29	Hispanic	<i>consumer behavior</i>	68	194	26	46	4	18	6	2
30			(5 to 150)	(13 to 422)	(-4 to 60)	(-5 to 105)	(-11 to 22)	(-3 to 44)	(-2 to 14)	(-8 to 12)
31		<i>+industry response</i>	108	273	36	63	10	26	8	5
32			(40 to 201)	(92 to 518)	(7 to 70)	(11 to 124)	(-5 to 28)	(6 to 53)	(0 to 18)	(-5 to 15)
33	Other	<i>consumer behavior</i>	-2	18	17	0	8	10	0	2
34			(-27 to 30)	(-29 to 72)	(4 to 33)	(-20 to 23)	(1 to 16)	(3 to 19)	(-4 to 3)	(-6 to 13)
35		<i>+industry response</i>	9	36	19	4	10	13	1	4
36			(-17 to 43)	(-9 to 94)	(7 to 36)	(-16 to 28)	(3 to 18)	(5 to 22)	(-3 to 5)	(-5 to 14)
37										
38										
39										
40										
41										
42										
43										
44										
45										
46										
47										

Esophageal Adenocarcinoma

3	Age	<i>consumer behavior</i>	715 (43 to 1480)	92 (-296 to 501)	419 (136 to 719)	128 (-60 to 309)				
5		<i>+industry response</i>	1300 (602 to 2100)	293 (-102 to 708)	556 (270 to 858)	206 (20 to 390)				
7	Race/Ethnicity									
8	Non-Hispanic White	<i>consumer behavior</i>	45 (-25 to 125)	406 (-228 to 1100)	-9 (-55 to 41)	26 (-368 to 419)	30 (7 to 58)	345 (64 to 630)	27 (5 to 50)	92 (-88 to 263)
10		<i>+industry response</i>	91 (17 to 179)	815 (174 to 1560)	7 (-40 to 60)	179 (-210 to 578)	43 (20 to 73)	449 (174 to 739)	35 (14 to 59)	155 (-17 to 330)
11	Non-Hispanic Black	<i>consumer behavior</i>	10 (-2 to 22)	10 (-28 to 50)	3 (-1 to 8)	11 (-7 to 32)	5 (2 to 9)	67 (-7 to 22)	1 (-1 to 3)	4 (0 to 7)
13		<i>+industry response</i>	16 (4 to 29)	28 (-11 to 69)	5 (1 to 9)	16 (-2 to 37)	6 (3 to 11)	9 (-4 to 25)	1 (0 to 3)	5 (2 to 8)
14	Hispanic	<i>consumer behavior</i>	28 (2 to 57)	196 (-2 to 414)	9 (-1 to 20)	46 (-7 to 112)	2 (-3 to 8)	24 (3 to 47)	2 (-1 to 4)	2 (-7 to 12)
16		<i>+industry response</i>	44 (17 to 76)	280 (80 to 504)	13 (2 to 24)	63 (7 to 130)	3 (-1 to 10)	32 (11 to 56)	3 (0 to 5)	4 (-4 to 15)
17	Other	<i>consumer behavior</i>	-1 (-10 to 11)	10 (-16 to 41)	6 (1 to 11)	0 (-12 to 13)	2 (0 to 5)	7 (2 to 12)	0 (-1 to 1)	2 (-4 to 8)
19		<i>+industry response</i>	3 (-6 to 15)	21 (-6 to 52)	75 (2 to 12)	2 (-10 to 15)	3 (1 to 6)	8 (4 to 13)	0 (-1 to 1)	2 (-3 to 9)

Colorectal

26	Age	<i>consumer behavior</i>	584 (183 to 1090)	79 (-90 to 289)	251 (126 to 412)	117 (19 to 224)				
28		<i>+industry response</i>	1050 (605 to 1610)	201 (23 to 426)	341 (209 to 514)	175 (81 to 289)				
30	Race/Ethnicity									
31	Non-Hispanic White	<i>consumer behavior</i>	67 (-51 to 261)	169 (-107 to 569)	-35 (-106 to 64)	-17 (-151 to 163)	52 (11 to 111)	126 (21 to 262)	55 (11 to 115)	44 (-36 to 129)
33		<i>+industry response</i>	144 (-2 to 382)	358 (40 to 790)	-12 (-80 to 97)	38 (-99 to 233)	75 (30 to 146)	168 (62 to 313)	73 (28 to 138)	70 (-7 to 162)
34	Non-Hispanic Black	<i>consumer behavior</i>	31 (-9 to 88)	38 (-48 to 144)	11 (-1 to 29)	26 (-13 to 79)	19 (7 to 36)	14 (-17 to 49)	3 (-4 to 12)	8 (1 to 17)
36		<i>+industry response</i>	53 (9 to 119)	78 (-8 to 203)	17 (4 to 36)	36 (-2 to 91)	23 (11 to 41)	20 (-9 to 56)	6 (-1 to 15)	11 (3 to 21)
37	Hispanic	<i>consumer behavior</i>	45 (2 to 113)	185 (25 to 409)	20 (1 to 43)	57 (9 to 114)	3 (-7 to 16)	21 (2 to 44)	4 (-1 to 11)	1 (-8 to 11)

1		<i>+industry response</i>	73 (18 to 155)	256 (84 to 504)	26 (8 to 51)	70 (23 to 129)	6 (-3 to 20)	28 (10 to 53)	6 (1 to 13)	4 (-5 to 14)	
2	Other	<i>consumer behavior</i>	-2 (-21 to 26)	20 (-31 to 89)	7 (-1 to 19)	1 (-20 to 26)	4 (0 to 11)	8 (1 to 16)	-1 (-3 to 2)	3 (-6 to 13)	
3		<i>+industry response</i>	6 (-13 to 36)	41 (-9 to 115)	9 (1 to 21)	5 (-15 to 31)	6 (1 to 12)	10 (4 to 19)	0 (-2 to 3)	4 (-5 to 14)	
4											
5											
6											
7	Thyroid										
8	Age	<i>consumer behavior</i>	374 (114 to 751)		10 (-69 to 125)		84 (44 to 144)		34 (7 to 68)		
9		<i>+industry response</i>	683 (349 to 1130)		67 (-17 to 200)		117 (70 to 187)		52 (22 to 91)		
10											
11	Race/Ethnicity										
12	Non-Hispanic White	<i>consumer behavior</i>	96 (-59 to 382)	52 (-59 to 273)	-28 (-85 to 56)	-15 (-64 to 58)	21 (1 to 62)	28 (1 to 73)	20 (2 to 47)	8 (-9 to 31)	
13		<i>+industry response</i>	205 (-15 to 563)	131 (-26 to 395)	-8 (-63 to 92)	3 (-43 to 85)	33 (5 to 80)	40 (12 to 90)	28 (9 to 58)	14 (-3 to 40)	
14		Non-Hispanic Black	<i>consumer behavior</i>	29 (-10 to 113)	7 (-10 to 36)	8 (-1 to 24)	3 (-3 to 12)	12 (6 to 22)	2 (-2 to 8)	1 (-2 to 5)	1 (0 to 2)
15			<i>+industry response</i>	52 (-1 to 153)	16 (-4 to 50)	12 (2 to 30)	5 (-1 to 15)	14 (8 to 26)	3 (-1 to 10)	2 (0 to 7)	2 (1 to 3)
16	Hispanic	<i>consumer behavior</i>	68 (1 to 201)	59 (6 to 151)	15 (-5 to 39)	13 (2 to 30)	2 (-4 to 12)	4 (0 to 9)	2 (-1 to 6)	0 (-1 to 3)	
17		<i>+industry response</i>	113 (22 to 276)	84 (26 to 189)	21 (2 to 48)	16 (6 to 35)	4 (-2 to 15)	5 (2 to 12)	3 (0 to 8)	1 (-1 to 3)	
18		Other	<i>consumer behavior</i>	-4 (-38 to 59)	13 (-13 to 56)	6 (-4 to 20)	1 (-7 to 12)	5 (2 to 10)	5 (3 to 8)	-1 (-2 to 1)	0 (-2 to 3)
19	<i>+industry response</i>		12 (-25 to 82)	23 (-2 to 70)	8 (-1 to 23)	3 (-5 to 14)	6 (3 to 11)	6 (4 to 9)	0 (-2 to 2)	1 (-1 to 4)	
20											
21											
22											
23											
24											
25											
26											
27											
28											
29											
30	Multiple Myeloma										
31	Age	<i>consumer behavior</i>	370 (113 to 743)		78 (-46 to 242)		181 (85 to 308)		63 (7 to 128)		
32		<i>+industry response</i>	653 (327 to 1120)		164 (29 to 357)		243 (142 to 385)		97 (41 to 169)		
33											
34	Race/Ethnicity										
35	Non-Hispanic White	<i>consumer behavior</i>	27 (-34 to 138)	102 (-61 to 375)	-14 (-50 to 50)	-4 (-96 to 139)	24 (3 to 67)	96 (25 to 204)	20 (1 to 52)	23 (-23 to 83)	
36		<i>+industry response</i>	64 (-22 to 204)	207 (0 to 544)	-1 (-38 to 74)	29 (-60 to 199)	36 (9 to 87)	125 (52 to 246)	28 (8 to 65)	39 (-5 to 111)	
37											
38											
39											
40											
41											
42											
43											
44											
45											
46											
47											

1	Non-Hispanic Black	<i>consumer behavior</i>	39 (-9 to 135)	22 (-63 to 178)	14 (-1 to 43)	27 (-15 to 95)	19 (4 to 45)	11 (-22 to 60)	4 (-4 to 17)	10 (2 to 22)
2		<i>+industry response</i>	66 (1 to 183)	65 (-30 to 242)	22 (4 to 55)	38 (-3 to 113)	24 (9 to 54)	18 (-13 to 71)	6 (-1 to 20)	13 (5 to 26)
3	Hispanic	<i>consumer behavior</i>	26 (0 to 79)	111 (12 to 277)	7 (-5 to 24)	25 (-3 to 68)	2 (-4 to 11)	15 (3 to 32)	2 (-1 to 7)	0 (-5 to 7)
4		<i>+industry response</i>	43 (6 to 110)	154 (50 to 340)	10 (0 to 30)	33 (6 to 82)	4 (-2 to 15)	19 (8 to 39)	3 (0 to 9)	1 (-3 to 9)
5	Other	<i>consumer behavior</i>	0 (-7 to 11)	8 (-11 to 41)	7 (3 to 12)	0 (-10 to 12)	1 (1 to 4)	4 (1 to 9)	-0 (-1 to 1)	1 (-3 to 6)
6		<i>+industry response</i>	2 (-4 to 16)	16 (-3 to 53)	8 (4 to 13)	1 (-8 to 15)	2 (0 to 5)	5 (2 to 11)	0 (-1 to 1)	1 (-2 to 6)
7										
8										
9										
10										
11										
12										
13	Stomach (Gastric Cardia)									
14										
15										
16	Age	<i>consumer behavior</i>	338 (49 to 803)		58 (-99 to 264)		182 (70 to 347)		54 (-19 to 149)	
17		<i>+industry response</i>	607 (241 to 1140)		141 (-20 to 378)		240 (129 to 420)		86 (15 to 190)	
18										
19	Race/Ethnicity									
20	Non-Hispanic White	<i>consumer behavior</i>	18 (-19 to 77)	208 (-55 to 648)	-9 (-31 to 25)	24 (-128 to 233)	15 (4 to 37)	145 (35 to 304)	14 (3 to 28)	34 (-36 to 124)
21		<i>+industry response</i>	43 (-6 to 117)	380 (51 to 886)	-1 (-24 to 38)	86 (-67 to 322)	22 (9 to 47)	187 (77 to 364)	18 (8 to 35)	58 (-9 to 160)
22	Non-Hispanic Black	<i>consumer behavior</i>	7 (-2 to 21)	6 (-19 to 44)	2 (0 to 6)	7 (-5 to 24)	3 (1 to 7)	3 (-6 to 15)	0 (0 to 2)	3 (1 to 5)
23		<i>+industry response</i>	12 (2 to 28)	19 (-8 to 62)	3 (1 to 7)	10 (-2 to 29)	4 (2 to 8)	5 (-4 to 17)	1 (0 to 2)	3 (2 to 6)
24	Hispanic	<i>consumer behavior</i>	15 (1 to 39)	63 (-7 to 170)	5 (0 to 13)	16 (-4 to 45)	1 (-2 to 5)	7 (0 to 18)	1 (0 to 3)	1 (-3 to 5)
25		<i>+industry response</i>	24 (6 to 52)	95 (21 to 214)	7 (2 to 16)	22 (3 to 54)	2 (-1 to 6)	10 (3 to 23)	1 (0 to 3)	2 (-2 to 7)
26	Other	<i>consumer behavior</i>	-1 (-7 to 10)	5 (-14 to 34)	5 (2 to 9)	0 (-8 to 12)	1 (0 to 3)	4 (1 to 9)	0 (-1 to 1)	1 (-3 to 6)
27		<i>+industry response</i>	2 (-5 to 14)	12 (-7 to 46)	6 (3 to 10)	2 (-6 to 15)	2 (0 to 4)	5 (2 to 10)	0 (-1 to 1)	2 (-2 to 7)
28										
29										
30										
31										
32										
33										
34										
35										
36										
37										
38	Gallbladder									
39	Age	<i>consumer behavior</i>	161 (67 to 263)		51 (8 to 100)		76 (47 to 109)		29 (11 to 51)	
40		<i>+industry response</i>	282 (181 to 396)		86 (43 to 138)		101 (73 to 137)		44 (25 to 66)	
41										
42										
43										
44										
45										
46										
47										

1	Race/Ethnicity									
2	Non-	<i>consumer</i>	24	19	0	1.97	19	23	16	6
3	Hispanic	<i>behavior</i>	(-10 to 71)	(-13 to 61)	(-25 to 30)	(-17 to 24)	(5 to 38)	(6 to 42)	(3 to 31)	(-5 to 17)
4	White	<i>+industry</i>	47	39	9	9	27	29	21	9
5		<i>response</i>	(10 to 99)	(5 to 88)	(-16 to 42)	(-10 to 34)	(12 to 48)	(13 to 50)	(8 to 37)	(-1 to 21)
6	Non-	<i>consumer</i>	27	2	11	6	14	4	2	2
7	Hispanic Black	<i>behavior</i>	(-6 to 70)	(-17 to 26)	(0 to 24)	(-4 to 18)	(4 to 26)	(-4 to 12)	(-2 to 7)	(0 to 4)
8		<i>+industry</i>	45	11	15	9	17	5	4	3
9		<i>response</i>	(11 to 93)	(-8 to 38)	(4 to 29)	(-1 to 21)	(8 to 30)	(-2 to 14)	(-1 to 9)	(1 to 5)
10	Hispanic	<i>consumer</i>	32	42	10	14	3	7	3	0
11		<i>behavior</i>	(2 to 73)	(-10 to 106)	(-4 to 26)	(-2 to 34)	(-5 to 11)	(1 to 15)	(-1 to 7)	(-3 to 4)
12		<i>+industry</i>	53	65	15	19	5	9	4	1
13		<i>response</i>	(19 to 96)	(11 to 130)	(1 to 31)	(3 to 39)	(-2 to 14)	(3 to 18)	(1 to 9)	(-2 to 5)
14	Other	<i>consumer</i>	0	3	6	0	3	3	0	1
15		<i>behavior</i>	(-11 to 18)	(-6 to 15)	(1 to 13)	(-4 to 5)	(0 to 7)	(1 to 5)	(-1 to 1)	(-1 to 3)
16		<i>+industry</i>	5	7	7	1	4	3	0	1
17		<i>response</i>	(-7 to 24)	(-2 to 19)	(2 to 14)	(-3 to 6)	(1 to 8)	(1 to 5)	(-1 to 2)	(-1 to 3)
18	Advanced									
19	Prostate									
20		<i>consumer</i>								
21	Age	<i>behavior</i>	163 (9 to 360)		37 (-54 to 146)		106 (33 to 194)		35 (-14 to 91)	
22		<i>+industry</i>								
23		<i>response</i>	300 (130 to 507)		85 (-6 to 203)		142 (67 to 240)		56 (9 to 119)	
24	Race/Ethnicity									
25	Non-	<i>consumer</i>		86		-1		75		24
26	Hispanic	<i>behavior</i>	0	(-24 to 267)	0	(-80 to 98)	0	(9 to 162)	0	(-23 to 80)
27	White	<i>+industry</i>	0	162	0	30	0	100	0	40
28		<i>response</i>		(32 to 350)		(-48 to 144)		(36 to 199)		(-5 to 102)
29	Non-	<i>consumer</i>	0	3	0	21	0	16	0	8
30	Hispanic Black	<i>behavior</i>	0	(-61 to 97)	0	(-17 to 69)	0	(-13 to 51)	0	(2 to 17)
31		<i>+industry</i>	0	34	0	31	0	22	0	11
32		<i>response</i>		(-33 to 145)		(-5 to 83)		(-7 to 57)		(4 to 20)
33	Hispanic	<i>consumer</i>	0	59	0	13	0	9	0	1
34		<i>behavior</i>	0	(8 to 133)	0	(-3 to 37)	0	(2 to 20)	0	(-3 to 5)
35		<i>+industry</i>	0	82	0	18	0	12	0	2
36		<i>response</i>		(28 to 163)		(1 to 44)		(5 to 23)		(-2 to 7)
37	Other	<i>consumer</i>	0	3	0	0	0	4	0	1
38		<i>behavior</i>	0	(-10 to 21)	0	(-7 to 8)	0	(2 to 8)	0	(-3 to 5)
39		<i>+industry</i>	0	8	0	1	0	5	0	2
40		<i>response</i>		(-5 to 28)		(-5 to 9)		(3 to 9)		(-2 to 6)
41										
42										
43										19
44										
45										
46										
47										

Ovarian

1									
2	Age	<i>consumer behavior</i>	66 (-10 to 180)		16 (-20 to 75)		31 (11 to 69)		28 (11 to 61)
3		<i>+industry response</i>							
4			129 (16 to 277)		33 (-6 to 102)		45 (17 to 87)		37 (19 to 75)
5	Race/Ethnicity								
6	Non-	<i>consumer behavior</i>	34		-4		20		25
7	Hispanic		(-25 to 147)	0	(-38 to 54)	0	(2 to 55)	0	(8 to 57)
8	White	<i>+industry response</i>							
9			71	0	7	0	30	0	32
10			(-23 to 220)		(-30 to 72)		(6 to 71)		(15 to 70)
11	Non-	<i>consumer behavior</i>	11	0	4	0	6	0	1
12	Hispanic Black		(-5 to 41)		(0 to 13)		(3 to 13)		(-1 to 5)
13		<i>+industry response</i>							
14			19	0	6	0	8	0	2
15	Hispanic		(-3 to 56)		(0 to 17)		(4 to 16)		(0 to 6)
16		<i>consumer behavior</i>	21	0	8	0	1	0	1
17			(-2 to 67)		(-1 to 21)		(-3 to 8)		(-1 to 5)
18		<i>+industry response</i>							
19	Other		34	0	11	0	3	0	2
20			(1 to 91)		(3 to 26)		(-1 to 10)		(0 to 6)
21		<i>consumer behavior</i>	-8	0	6	0	2	0	0
22			(-19 to 13)		(2 to 13)		(1 to 5)		(-1 to 1)
23		<i>+industry response</i>							
24			-3	0	7	0	3	0	0
25			(-15 to 21)		(3 to 14)		(1 to 6)		(-1 to 2)

1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.

For peer review only

Supplementary Table 11. Estimated cancer deaths reduced by the federal menu calorie labeling in the US by age, sex, race/ethnicity, and cancer type, over a lifetime (U.S. population=235,162,844)¹

Cancer Type	Policy Scenario	20-44 y		45-54 y		55-64 y		65 + y		
		Female	Male	Female	Male	Female	Male	Female	Male	
Breast (Postmenopausal)										
Age	<i>consumer behavior</i>	2490 (260 to 4980)		151 (-204 to 521)		285 (129 to 479)		126 (30 to 227)		
	<i>+industry response</i>	4610 (2290 to 7240)		336 (-26 to 725)		396 (237 to 598)		178 (82 to 284)		
Race/Ethnicity										
Non-Hispanic White	<i>consumer behavior</i>	1350 (-652 to 3690)	0	-55 (-373 to 278)	0	165 (33 to 327)	0	103 (10 to 204)	0	
	<i>+industry response</i>	2620 (480 to 5150)	0	54 (-264 to 419)	0	238 (105 to 401)	0	139 (47 to 244)	0	
Non-Hispanic Black	<i>consumer behavior</i>	560 (-109 to 1280)	0	85 (-11 to 200)	0	95 (32 to 173)	0	13 (-12 to 40)	0	
	<i>+industry response</i>	901 (238 to 1660)	0	126 (26 to 247)	0	117 (53 to 196)	0	21 (-4 to 49)	0	
Hispanic	<i>consumer behavior</i>	572 (45 to 1180)	0	76 (-7 to 163)	0	9 (-21 to 44)	0	10 (-3 to 24)	0	
	<i>+industry response</i>	922 (364 to 1570)	0	104 (21 to 193)	0	21 (-9 to 57)	0	15 (2 to 30)	0	
Other	<i>consumer behavior</i>	0 (-306 to 378)	0	39 (9 to 76)	0	15 (2 to 31)	0	-1 (-6 to 3)	0	
	<i>+industry response</i>	125 (-185 to 532)	0	45 (16 to 84)	0	19 (6 to 35)	0	0 (-5 to 5)	0	
Liver										
Age	<i>consumer behavior</i>	2840 (897 to 4890)		628 (-181 to 1570)		852 (411 to 1340)		227 (18 to 455)		
	<i>+industry response</i>	4900 (2760 to 7190)		1200 (345 to 2210)		1140 (689 to 1650)		357 (146 to 587)		
Race/Ethnicity										
Non-Hispanic White	<i>consumer behavior</i>	139 (-108 to 504)	1040 (-237 to 2780)	15 (-147 to 207)	-70 (-749 to 722)	98 (31 to 196)	440 (93 to 858)	63 (6 to 130)	97 (-88 to 297)	
	<i>+industry response</i>	310 (42 to 719)	1900 (449 to 3830)	67 (-93 to 276)	199 (-478 to 1040)	137 (67 to 240)	565 (241 to 1020)	85 (30 to 159)	161 (-18 to 369)	

1	Non-Hispanic Black	<i>consumer behavior</i>	134 (-25 to 317)	72 (-601 to 932)	49 (3 to 110)	193 (-133 to 632)	43 (12 to 85)	100 (-95 to 336)	6 (-6 to 22)	29 (-4 to 69)
2		<i>+industry response</i>	214 (51 to 425)	382 (-273 to 1280)	68 (23 to 133)	276 (-37 to 729)	54 (24 to 97)	139 (-49 to 377)	10 (-2 to 27)	41 (8 to 83)
3	Hispanic	<i>consumer behavior</i>	199 (17 to 473)	1020 (88 to 2210)	87 (2 to 189)	285 (13 to 630)	12 (-26 to 62)	99 (18 to 201)	15 (-4 to 35)	6 (-28 to 46)
4		<i>+industry response</i>	316 (111 to 623)	1430 (482 to 2690)	116 (31 to 223)	365 (94 to 729)	26 (-11 to 78)	131 (48 to 242)	21 (3 to 43)	17 (-15 to 59)
5	Other	<i>consumer behavior</i>	2 (-47 to 68)	90 (-110 to 339)	32 (7 to 65)	-2 (-88 to 108)	12 (0 to 28)	30 (4 to 61)	0 (-6 to 6)	7 (-22 to 42)
6		<i>+industry response</i>	22 (-28 to 93)	168 (-26 to 434)	36 (13 to 71)	15 (-70 to 130)	16 (4 to 32)	39 (14 to 74)	1 (-4 to 8)	11 (-18 to 46)
7										
8	Endometrial									
9	Age	<i>consumer behavior</i>	1190 (309 to 2140)		251 (-248 to 785)		394 (177 to 659)		213 (51 to 378)	
10		<i>+industry response</i>	2100 (1200 to 3110)		512 (26 to 1060)		548 (325 to 817)		302 (139 to 472)	
11	Race/Ethnicity									
12	Non-Hispanic White	<i>consumer behavior</i>	440 (-210 to 1170)	0	-42 (-511 to 440)	0	206 (36 to 399)	0	173 (13 to 319)	0
13		<i>+industry response</i>	858 (218 to 1620)	0	114 (-351 to 606)	0	298 (127 to 491)	0	234 (76 to 388)	0
14	Non-Hispanic Black	<i>consumer behavior</i>	412 (-90 to 937)	0	139 (-9 to 293)	0	157 (42 to 295)	0	26 (-24 to 83)	0
15		<i>+industry response</i>	666 (177 to 1210)	0	201 (51 to 361)	0	195 (81 to 338)	0	42 (-8 to 97)	0
16	Hispanic	<i>consumer behavior</i>	315 (22 to 645)	0	105 (-22 to 222)	0	16 (-33 to 70)	0	19 (-7 to 44)	0
17		<i>+industry response</i>	505 (197 to 854)	0	144 (21 to 261)	0	34 (-14 to 89)	0	28 (3 to 54)	0
18	Other	<i>consumer behavior</i>	8 (-99 to 139)	0	51 (13 to 99)	0	17 (1 to 36)	0	-3 (-10 to 5)	0
19		<i>+industry response</i>	50 (-56 to 187)	0	58 (21 to 107)	0	22 (6 to 41)	0	0 (-8 to 7)	0
20										
21	Kidney (Renal Cell)									
22	Age	<i>consumer behavior</i>	1050 (284 to 1830)		263 (-153 to 695)		506 (225 to 778)		182 (20 to 338)	
23		<i>+industry response</i>	1880 (1100 to 2680)		539 (106 to 977)		679 (402 to 954)		276 (112 to 429)	
24	Race/Ethnicity									

1	Non-Hispanic White	<i>consumer behavior</i>	57 (-23 to 159)	332 (-183 to 922)	-16 (-128 to 106)	26 (-351 to 396)	72 (14 to 138)	287 (42 to 525)	66 (9 to 124)	81 (-68 to 219)
2										
3		<i>+industry response</i>	111 (27 to 224)	663 (123 to 1280)	22 (-90 to 146)	168 (-199 to 552)	105 (46 to 171)	378 (138 to 623)	89 (33 to 148)	133 (-12 to 272)
4	Non-Hispanic Black	<i>consumer behavior</i>	67 (-16 to 162)	48 (-225 to 326)	24 (-2 to 53)	59 (-40 to 171)	30 (10 to 56)	35 (-32 to 106)	5 (-5 to 16)	16 (3 to 28)
5		<i>+industry response</i>	113 (25 to 218)	174 (-96 to 461)	34 (9 to 64)	87 (-14 to 199)	37 (17 to 63)	49 (-17 to 121)	8 (-2 to 20)	20 (7 to 33)
6	Hispanic	<i>consumer behavior</i>	111 (9 to 229)	367 (0 to 792)	30 (-3 to 62)	118 (-15 to 261)	6 (-13 to 29)	47 (5 to 98)	7 (-2 to 17)	4 (-12 to 23)
7		<i>+industry response</i>	177 (67 to 305)	522 (168 to 968)	40 (8 to 74)	157 (23 to 303)	13 (-5 to 36)	64 (22 to 116)	11 (1 to 21)	9 (-7 to 28)
8	Other	<i>consumer behavior</i>	3 (-23 to 34)	33 (-40 to 122)	15 (5 to 28)	0 (-28 to 33)	5 (1 to 11)	16 (5 to 29)	-1 (-3 to 2)	4 (-8 to 17)
9		<i>+industry response</i>	13 (-12 to 45)	63 (-10 to 156)	17 (7 to 30)	6 (-22 to 39)	6 (2 to 12)	20 (9 to 33)	0 (-2 to 3)	5 (-6 to 18)
10										
11	Pancreatic									
12	Age	<i>consumer behavior</i>	656 (220 to 1160)		74 (-166 to 350)		362 (175 to 581)		131 (20 to 250)	
13		<i>+industry response</i>	1160 (707 to 1730)		243 (1 to 535)		483 (293 to 708)		199 (87 to 321)	
14	Race/Ethnicity									
15	Non-Hispanic White	<i>consumer behavior</i>	101 (-40 to 310)	213 (-100 to 659)	-44 (-143 to 78)	-13 (-216 to 221)	79 (24 to 158)	193 (44 to 384)	56 (3 to 117)	50 (-45 to 162)
16		<i>+industry response</i>	196 (42 to 425)	420 (85 to 911)	-10 (-111 to 120)	67 (-140 to 326)	111 (51 to 198)	250 (102 to 448)	78 (25 to 146)	84 (-10 to 203)
17	Non-Hispanic Black	<i>consumer behavior</i>	48 (-7 to 125)	16 (-72 to 117)	22 (-1 to 49)	27 (-18 to 78)	29 (8 to 57)	18 (-15 to 56)	5 (-5 to 17)	9 (1 to 17)
18		<i>+industry response</i>	78 (18 to 162)	57 (-33 to 164)	31 (9 to 62)	39 (-3 to 91)	36 (15 to 65)	24 (-8 to 63)	8 (-1 to 20)	12 (4 to 19)
19	Hispanic	<i>consumer behavior</i>	55 (5 to 118)	175 (13 to 374)	24 (-4 to 53)	42 (-5 to 97)	4 (-10 to 20)	16 (-2 to 40)	5 (-2 to 13)	1 (-7 to 10)
20		<i>+industry response</i>	88 (33 to 158)	245 (83 to 462)	32 (6 to 63)	57 (10 to 113)	9 (-5 to 25)	23 (5 to 48)	8 (1 to 16)	4 (-4 to 13)
21	Other	<i>consumer behavior</i>	-2 (-23 to 25)	16 (-23 to 63)	14 (3 to 27)	0 (-18 to 20)	7 (1 to 14)	9 (3 to 17)	0 (-3 to 3)	2 (-5 to 11)
22		<i>+industry response</i>	7 (-14 to 36)	32 (-7 to 82)	16 (6 to 30)	3 (-14 to 24)	9 (2 to 16)	11 (5 to 19)	1 (-2 to 4)	3 (-4 to 12)
23										
24										
25										
26										
27										
28										
29										
30										
31										
32										
33										
34										
35										
36										
37										
38										
39										
40										
41										
42										
43										
44										
45										
46										
47										

Esophageal Adenocarcinoma

Age	<i>consumer behavior</i>	631 (33 to 1320)		78 (-255 to 423)		348 (113 to 584)		101 (-42 to 239)	
	<i>+industry response</i>	1150 (520 to 1870)		246 (-96 to 601)		457 (225 to 699)		161 (19 to 302)	
Race/Ethnicity									
Non-Hispanic White	<i>consumer behavior</i>	40 (-23 to 112)	366 (-206 to 1000)	-8 (-47 to 36)	24 (-314 to 359)	24 (6 to 47)	283 (55 to 516)	22 (4 to 41)	71 (-65 to 202)
	<i>+industry response</i>	81 (15 to 160)	732 (157 to 1400)	5 (-34 to 51)	152 (-176 to 495)	35 (16 to 59)	366 (142 to 602)	28 (11 to 48)	119 (-13 to 253)
Non-Hispanic Black	<i>consumer behavior</i>	9 (-1 to 20)	9 (-25 to 45)	3 (0 to 7)	10 (-6 to 28)	4 (1 to 8)	6 (-6 to 18)	1 (-1 to 2)	3 (0 to 5)
	<i>+industry response</i>	14 (3 to 26)	25 (-10 to 62)	4 (1 to 8)	14 (-2 to 33)	5 (2 to 9)	8 (-3 to 21)	1 (0 to 3)	4 (1 to 6)
Hispanic	<i>consumer behavior</i>	25 (2 to 52)	164 (2 to 354)	3 (-1 to 13)	40 (-7 to 99)	1 (-3 to 7)	21 (3 to 42)	1 (-1 to 4)	1 (-6 to 10)
	<i>+industry response</i>	40 (15 to 68)	235 (70 to 425)	5 (0 to 16)	55 (6 to 114)	3 (-1 to 8)	28 (10 to 50)	2 (0 to 4)	4 (-4 to 12)
Other	<i>consumer behavior</i>	-1 (-9 to 10)	9 (-14 to 35)	5 (1 to 9)	-1 (-10 to 10)	2 (0 to 4)	6 (2 to 10)	0 (-1 to 1)	1 (-3 to 7)
	<i>+industry response</i>	3 (-6 to 14)	18 (-5 to 46)	6 (2 to 10)	1 (-8 to 12)	2 (1 to 5)	7 (3 to 11)	0 (-1 to 1)	2 (-3 to 7)

Colorectal

Age	<i>consumer behavior</i>	430 (139 to 779)		56 (-48 to 184)		150 (77 to 241)		63 (13 to 119)	
	<i>+industry response</i>	764 (450 to 1160)		133 (23 to 268)		203 (126 to 304)		95 (46 to 153)	
Race/Ethnicity									
Non-Hispanic White	<i>consumer behavior</i>	49 (-36 to 181)	119 (-75 to 391)	-21 (-65 to 40)	-10 (-89 to 97)	32 (7 to 67)	72 (11 to 150)	31 (6 to 63)	22 (-17 to 64)
	<i>+industry response</i>	106 (4 to 261)	248 (28 to 545)	-6 (-49 to 59)	24 (-60 to 140)	46 (20 to 85)	96 (36 to 176)	41 (16 to 76)	35 (-3 to 81)
Non-Hispanic Black	<i>consumer behavior</i>	26 (-7 to 70)	27 (-36 to 104)	8 (0 to 21)	18 (-9 to 53)	13 (4 to 24)	9 (-10 to 31)	2 (-2 to 7)	5 (0 to 10)
	<i>+industry response</i>	44 (9 to 94)	58 (-7 to 145)	12 (4 to 26)	25.1 (-1 to 61)	15 (7 to 27)	13 (-6 to 36)	3 (-1 to 9)	6 (2 to 12)
Hispanic	<i>consumer behavior</i>	36 (2 to 88)	136 (21 to 300)	13 (0 to 27)	37 (5 to 74)	2 (-4 to 10)	13 (2 to 28)	2 (-1 to 7)	1 (-5 to 6)

1		<i>+industry</i>	58	188	16	45	4	18	4	2
2	Other	<i>response</i>	(17 to 120)	(65 to 366)	(5 to 32)	(14 to 84)	(-2 to 13)	(6 to 33)	(0 to 8)	(-3 to 8)
3		<i>consumer</i>	-1	16	5	0	2	5	0	1
4		<i>behavior</i>	(-15 to 20)	(-21 to 65)	(-1 to 11)	(-12 to 15)	(0 to 6)	(1 to 9)	(-2 to 1)	(-3 to 6)
5		<i>+industry</i>	5	30	6	2	3	6	0	2
6		<i>response</i>	(-9 to 27)	(-5 to 83)	(1 to 13)	(-9 to 17)	(1 to 7)	(2 to 11)	(-1 to 2)	(-2 to 7)
7	Stomach									
8	(Gastric									
9	Cardia)									
10	Age	<i>consumer</i>	286 (45 to 672)		50 (-84 to 224)		149 (58 to 282)		42 (-14 to 113)	
11		<i>behavior</i>								
12		<i>+industry</i>	513 (196 to 965)		120 (-14 to 321)		196 (105 to 342)		67 (13 to 145)	
13		<i>response</i>								
14	Race/Ethnicity									
15	Non-	<i>consumer</i>	14	178	-7	21	13	118	11	27
16	Hispanic	<i>behavior</i>	(-16 to 63)	(-46 to 545)	(-26 to 20)	(-109 to 194)	(4 to 30)	(29 to 248)	(3 to 22)	(-26 to 95)
17	White	<i>+industry</i>	34	322	-1	74	18	152	14	45
18		<i>response</i>	(-5 to 95)	(43 to 766)	(-19 to 30)	(-58 to 270)	(7 to 38)	(63 to 296)	(6 to 27)	(-6 to 121)
19	Non-	<i>consumer</i>	5	2	2	6	2	3	0	2
20	Hispanic	<i>behavior</i>	(-1 to 17)	(-11 to 29)	(0 to 5)	(-5 to 22)	(1 to 5)	(-5 to 13)	(0 to 1)	(1 to 4)
21	Black	<i>+industry</i>	9	7	2	9	3	4	1	3
22		<i>response</i>	(2 to 22)	(-5 to 43)	(1 to 6)	(-2 to 26)	(2 to 6)	(-3 to 15)	(0 to 2)	(1 to 5)
23	Hispanic	<i>consumer</i>	13	57	5	14	1	6	1	0
24		<i>behavior</i>	(1 to 35)	(-6 to 154)	(0 to 12)	(-3 to 38)	(-1 to 4)	(0 to 15)	(0 to 2)	(-2 to 4)
25		<i>+industry</i>	22	86	6	19	1	8	1	1
26		<i>response</i>	(5 to 47)	(20 to 194)	(2 to 14)	(3 to 46)	(-1 to 5)	(2 to 19)	(0 to 3)	(-1 to 6)
27	Other	<i>consumer</i>	-1	4	4	0	1	3	0	1
28		<i>behavior</i>	(-5 to 7)	(-9 to 25)	(2 to 8)	(-7 to 10)	(0 to 3)	(1 to 7)	(-1 to 1)	(-2 to 5)
29		<i>+industry</i>	1	9	4	2	1	4	0	1
30		<i>response</i>	(-3 to 9)	(-4 to 34)	(2 to 8)	(-5 to 12)	(0 to 3)	(2 to 8)	(0 to 1)	(-2 to 5)
31										
32	Multiple									
33	Myeloma									
34	Age	<i>consumer</i>	220 (65 to 441)		51 (-29 to 150)		112 (54 to 186)		42 (6 to 84)	
35		<i>behavior</i>								
36		<i>+industry</i>	380 (202 to 657)		105 (20 to 215)		151 (89 to 232)		63 (27 to 111)	
37		<i>response</i>								
38	Race/Ethnicity									
39	Non-	<i>consumer</i>	11	59	-8	-3	15	58	14	15
40	Hispanic	<i>behavior</i>	(-13 to 52)	(-34 to 221)	(-32 to 31)	(-59 to 83)	(2 to 41)	(15 to 123)	(1 to 35)	(-14 to 54)
41	White									
42										
43										
44										
45										
46										
47										

1		<i>+industry response</i>	26 (-7 to 81)	122 (1 to 321)	-1 (-23 to 45)	19 (-37 to 123)	22 (6 to 53)	75 (32 to 147)	19 (6 to 44)	26 (-3 to 71)
2	Non-	<i>consumer behavior</i>	17 (-4 to 63)	14 (-40 to 115)	10 (0 to 29)	17 (-10 to 59)	12 (3 to 28)	7 (-14 to 38)	2 (-3 to 11)	6 (1 to 12)
3	Hispanic Black	<i>+industry response</i>	29 (1 to 83)	44 (-20 to 159)	15 (3 to 37)	24 (-1 to 70)	15 (6 to 34)	11 (-8 to 45)	4 (-1 to 13)	7 (3 to 15)
4		<i>consumer behavior</i>	16 (0 to 51)	72 (9 to 193)	5 (-3 to 17)	15 (-2 to 42)	1 (-3 to 8)	10 (2 to 22)	2 (-1 to 5)	0 (-3 to 5)
5	Hispanic	<i>+industry response</i>	28 (5 to 71)	100 (31 to 244)	7 (0 to 21)	21 (4 to 51)	3 (-1 to 10)	13 (5 to 26)	3 (0 to 6)	1 (-2 to 6)
6		<i>consumer behavior</i>	0 (-3 to 6)	5 (-7 to 27)	4 (2 to 7)	0 (-6 to 7)	1 (0 to 2)	3 (1 to 6)	0 (-1 to 1)	1 (-2 to 4)
7	Other	<i>+industry response</i>	1 (-2 to 8)	10 (-2 to 36)	4 (2 to 8)	1 (-5 to 9)	1 (0 to 3)	4 (2 to 7)	0 (-1 to 1)	1 (-1 to 4)
8										
9	Gallbladder									
10	Age	<i>consumer behavior</i>	136 (58 to 229)		44 (7 to 86)		65 (40 to 93)		24 (9 to 41)	
11		<i>+industry response</i>	239 (153 to 341)		74 (36 to 119)		86 (61 to 117)		36 (20 to 53)	
12										
13	Race/Ethnicity									
14	Non-	<i>consumer behavior</i>	22 (-10 to 64)	15 (-10 to 52)	0 (-23 to 27)	2 (-14 to 19)	16 (4 to 32)	19 (6 to 36)	13 (2 to 25)	5 (-4 to 14)
15	Hispanic White	<i>+industry response</i>	43 (9 to 90)	32 (4 to 72)	8 (-15 to 37)	8 (-8 to 27)	23 (10 to 40)	24 (11 to 42)	17 (6 to 30)	8 (-1 to 18)
16	Non-	<i>consumer behavior</i>	24 (-5 to 61)	2 (-14 to 21)	10 (0 to 21)	4 (-3 to 14)	12 (4 to 23)	3 (-3 to 10)	2 (-2 to 6)	2 (0 to 3)
17	Hispanic Black	<i>+industry response</i>	40 (10 to 80)	9 (-7 to 31)	14 (4 to 27)	6 (-1 to 17)	15 (7 to 26)	4 (-2 to 12)	3 (0 to 7)	2 (1 to 4)
18		<i>consumer behavior</i>	28 (2 to 63)	33 (-8 to 85)	9 (-4 to 23)	12 (-2 to 30)	2 (-4 to 10)	6 (1 to 13)	2 (-1 to 6)	0 (-2 to 3)
19	Hispanic	<i>+industry response</i>	45 (16 to 83)	51 (9 to 106)	13 (1 to 28)	16 (3 to 35)	4 (-2 to 13)	8 (3 to 16)	4 (0 to 8)	1 (-1 to 4)
20		<i>consumer behavior</i>	0 (-10 to 16)	2 (-5 to 12)	5 (1 to 11)	0 (-2 to 2)	3 (0 to 6)	2 (1 to 4)	0 (-1 to 1)	0 (-1 to 2)
21	Other	<i>+industry response</i>	4 (-6 to 21)	5 (-2 to 15)	6 (2 to 12)	0 (-1 to 3)	4 (1 to 7)	3 (1 to 5)	0 (-1 to 2)	1 (-1 to 2)
22										
23	Advanced Prostate									
24	Age	<i>consumer behavior</i>	101 (13 to 214)		18 (-17 to 58)		33 (11 to 58)		15 (-4 to 38)	
25										
26										
27										
28										
29										
30										
31										
32										
33										
34										
35										
36										
37										
38										
39										
40										
41										
42										
43										
44										
45										
46										
47										

1		<i>+industry response</i>	174 (80 to 304)		37 (1 to 83)		43 (22 to 71)		24 (6 to 48)	
2	Race/Ethnicity									
3	Non-									
4	Hispanic	<i>consumer behavior</i>	0	43 (-13 to 140)	0	0 (-29 to 35)	0	20 (3 to 42)	0	10 (-9 to 32)
5	White									
6		<i>+industry response</i>	0	82 (16 to 192)	0	11 (-17 to 50)	0	27 (10 to 51)	0	16 (-2 to 40)
7	Non-	<i>consumer behavior</i>	0	2 (-31 to 51)	0	9 (-7 to 30)	0	7 (-5 to 20)	0	4 (1 to 9)
8	Hispanic Black									
9		<i>+industry response</i>	0	17 (-16 to 75)	0	13 (-2 to 36)	0	9 (-3 to 23)	0	6 (2 to 11)
10	Hispanic	<i>consumer behavior</i>	0	47 (7 to 103)	0	7 (-2 to 20)	0	4 (1 to 9)	0	0 (-1 to 3)
11		<i>+industry response</i>	0	64 (23 to 127)	0	10 (1 to 25)	0	6 (2 to 11)	0	1 (-1 to 3)
12	Other	<i>consumer behavior</i>	0	1 (-4 to 12)	0	0 (-2 to 3)	0	1 (0 to 2)	0	0 (-1 to 2)
13		<i>+industry response</i>	0	2 (-1 to 16)	0	0 (-2 to 3)	0	1 (1 to 2)	0	1 (-1 to 2)
14										
15										
16										
17										
18										
19										
20	Ovarian									
21	Age	<i>consumer behavior</i>	45 (-3 to 114)		13 (-14 to 54)		24 (9 to 51)		21 (8 to 46)	
22		<i>+industry response</i>	87 (19 to 175)		25 (-4 to 75)		34 (14 to 64)		28 (15 to 56)	
23										
24	Race/Ethnicity									
25	Non-									
26	Hispanic	<i>consumer behavior</i>	21 (-15 to 89)	0	-3 (-29 to 38)	0	15 (2 to 41)	0	19 (6 to 43)	0
27	White									
28		<i>+industry response</i>	45 (-10 to 131)	0	5 (-21 to 52)	0	22 (5 to 51)	0	25 (11 to 52)	0
29	Non-	<i>consumer behavior</i>	7 (-3 to 27)	0	3 (0 to 11)	0	5 (2 to 11)	0	1 (-1 to 4)	0
30	Hispanic Black									
31		<i>+industry response</i>	13 (-1 to 38)	0	5 (1 to 13)	0	7 (3 to 13)	0	1 (0 to 5)	0
32	Hispanic	<i>consumer behavior</i>	15 (0 to 48)	0	6 (-1 to 16)	0	1 (-2 to 6)	0	1 (-1 to 4)	0
33		<i>+industry response</i>	25 (2 to 64)	0	8 (2 to 20)	0	2 (-1 to 8)	0	2 (0 to 5)	0
34	Other	<i>consumer behavior</i>	-5 (-13 to 9)	0	5 (1 to 10)	0	2 (0 to 4)	0	0 (-1 to 1)	0
35		<i>+industry response</i>	-1 (-9 to 15)	0	5 (2 to 11)	0	2 (1 to 4)	0	0 (0 to 1)	0
36										
37										
38										
39										
40										
41										
42										
43										
44										
45										
46										
47										

Thyroid										
1	Age	<i>consumer behavior</i>	9 (2 to 22)		3 (-4 to 11)		6 (3 to 12)		4 (1 to 7)	
2		<i>+industry response</i>	16 (7 to 33)		6 (0 to 16)		9 (5 to 15)		5 (3 to 9)	
3	Race/Ethnicity									
4	Non-Hispanic White	<i>consumer behavior</i>	0 (0 to 2)	0 (-1 to 5)	0 (-1 to 1)	-2 (-7 to 5)	0 (0 to 1)	3 (0 to 8)	1 (0 to 4)	1 (-1 to 3)
5		<i>+industry response</i>	0 (0 to 3)	1 (0 to 9)	0 (-1 to 2)	0 (-5 to 9)	1 (0 to 2)	4 (1 to 10)	2 (1 to 4)	1 (0 to 4)
6	Non-Hispanic Black	<i>consumer behavior</i>	1 (0 to 5)	1 (-2 to 7)	0 (0 to 1)	0 (0 to 2)	1 (0 to 2)	0 (0 to 1)	0 (0 to 1)	0 (0 to 1)
7		<i>+industry response</i>	2 (0 to 7)	2 (-1 to 10)	0 (0 to 2)	0 (0 to 2)	1 (0 to 2)	0 (0 to 1)	0 (0 to 1)	0 (0 to 1)
8	Hispanic	<i>consumer behavior</i>	3 (0 to 10)	1 (0 to 9)	1 (0 to 3)	2 (0 to 5)	0 (0 to 1)	1 (0 to 2)	0 (0 to 1)	0 (0 to 1)
9		<i>+industry response</i>	5 (1 to 14)	2 (0 to 12)	1 (0 to 4)	2 (1 to 7)	0 (0 to 1)	1 (0 to 3)	1 (0 to 2)	0 (0 to 1)
10	Other	<i>consumer behavior</i>	0	0 (-1 to 3)	0 (0 to 1)	0 (-1 to 1)	0 (0 to 1)	0 (0 to 1)	0	0 (0 to 1)
11		<i>+industry response</i>	0	0 (0 to 4)	0 (0 to 1)	0 (-1 to 2)	0 (0 to 1)	0 (0 to 1)	0	0 (0 to 1)

1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47

Supplementary Table 12. Estimated health gains and costs associated with the federal menu calorie labeling on reducing cancer burdens in the US over a lifetime, one-way sensitivity analyses at 25% and 75% calorie compensation outside restaurant settings (US population=235,162,844)¹

	Menu Calorie Labeling Policy			
	75% Compensation		25% Compensation	
	Consumer Behavior Median (2.5% to 97.5%)	Consumer Behavior + Industry Response Median (2.5% to 97.5%)	Consumer Behavior Median (2.5% to 97.5%)	Consumer Behavior + Industry Response Median (2.5% to 97.5%)
New Cancer Cases Averted, N (95% UI)				
Liver cancer	2550 (265 to 5030)	4280 (2000 to 6770)	7760 (5160 to 10500)	12800 (9790 to 16000)
Endometrial cancer	2490 (-633 to 5890)	4640 (1570 to 8070)	8890 (5500 to 12700)	15100 (11800 to 19100)
Kidney cancer	2360 (65 to 4510)	4160 (1900 to 6410)	7810 (5230 to 10000)	13000 (10400 to 15300)
Breast cancer (postmenopausal)	2060 (-616 to 5280)	3930 (1260 to 7200)	7640 (4560 to 11400)	13000 (9700 to 17200)
Pancreatic cancer	638 (51 to 1280)	1140 (536 to 1800)	2140 (1490 to 2890)	3590 (2840 to 4460)
Esophageal adenocarcinoma	598 (-239 to 1400)	1100 (262 to 1930)	2130 (1200 to 3000)	3560 (2600 to 4520)
Colorectal cancer	480 (56 to 940)	851 (423 to 1330)	1600 (1060 to 2140)	2660 (2030 to 3310)
Multiple myeloma	343 (61 to 674)	576 (281 to 950)	1050 (677 to 1480)	1730 (1240 to 2340)
Stomach cancer (cardia)	312 (-42 to 736)	533 (192 to 998)	994 (555 to 1530)	1640 (1060 to 2300)
Thyroid cancer	185 (-70 to 498)	406 (128 to 749)	851 (473 to 1310)	1470 (963 to 2100)
Gallbladder cancer	165 (70 to 274)	266 (167 to 378)	468 (348 to 602)	758 (626 to 912)
Advanced prostate cancer	162 (-28 to 360)	282 (87 to 493)	519 (304 to 768)	868 (603 to 1160)
Ovarian cancer	65 (-17 to 179)	119 (26 to 245)	228 (96 to 398)	384 (196 to 617)
Total	12700 (2430 to 24200)	22600 (12400 to 34100)	42800 (30400 to 53900)	71500 (59100 to 82800)
Cancer Deaths Prevented, N (95% UI)				
Liver cancer	2200 (199 to 4450)	3750 (1720 to 5970)	6790 (4490 to 9270)	11200 (8570 to 14100)
Breast cancer (postmenopausal)	1140 (-958 to 3640)	2420 (281 to 4990)	4980 (2540 to 7860)	8670 (6030 to 12000)
Endometrial cancer	980 (-69 to 2030)	1710 (675 to 2770)	3160 (2020 to 4450)	5270 (4120 to 6630)
Kidney cancer	939 (94 to 1820)	1630 (795 to 2520)	3020 (2080 to 3930)	4990 (4020 to 6020)
Pancreatic cancer	561 (54 to 1120)	996 (473 to 1590)	1870 (1300 to 2510)	3130 (2480 to 3890)
Esophageal adenocarcinoma	503 (-224 to 1190)	932 (203 to 1640)	1820 (1010 to 2580)	3050 (2220 to 3890)
Colorectal cancer	323 (41 to 640)	571 (280 to 910)	1080 (724 to 1440)	1800 (1390 to 2240)
Stomach cancer (cardia)	264 (-32 to 623)	446 (159 to 838)	824 (454 to 1280)	1360 (887 to 1910)
Multiple myeloma	213 (45 to 411)	350 (178 to 576)	635 (419 to 897)	1040 (757 to 1370)
Gallbladder cancer	141 (60 to 234)	226 (142 to 320)	398 (300 to 512)	644 (531 to 777)
Advanced prostate cancer	80 (-12 to 179)	135 (44 to 239)	246 (144 to 373)	410 (278 to 563)
Ovarian cancer	49 (-7 to 123)	87 (26 to 170)	162 (76 to 270)	272 (155 to 415)
Thyroid cancer	11 (1 to 24)	19 (8 to 33)	34 (21 to 53)	56 (39.9 to 81.8)
Total	7760 (1280 to 13900)	13600 (7160 to 20100)	25600 (17900 to 32300)	42500 (34600 to 49600)
Life Years Gained	34700 (5070 to 66300)	62200 (32500 to 93500)	118000 (82400 to 151000)	197000 (161000 to 232000)

1				
2				
3	QALYs Gained	51400 (9690 to 95700)	90500 (49300 to 135000)	171000 (119000 to 218000)
4	Changes in Health-Related Costs, Cancer Only (\$, millions)^{2,3}			284000 (234000 to 334000)
5	Healthcare (medical) cost	-693 (-1250 to -138)	-1210 (-1770 to -660)	-2270 (-2850 to -1640)
6	Patient time cost	-47.9 (-90.0 to -11.9)	-83.6 (-126 to -47.3)	-155 (-198 to -113)
7	Productivity loss	-279 (-527 to -56.6)	-490 (-743 to -271)	-929 (-1170 to -673)
8	Policy Implementation Costs (\$, millions)^{2,3}			
9	Government cost	18.5 (14.5 to 25.1)	18.5 (14.4 to 25.5)	18.5 (14.5 to 25.1)
10	Administration	9.07 (8.61 to 9.56)	9.09 (8.62 to 9.55)	9.07 (8.61 to 9.56)
11	Monitoring	9.40 (5.45 to 16.1)	9.38 (5.30 to 16.3)	9.40 (5.45 to 16.1)
12	Industry cost	820 (762 to 889)	1120 (1040 to 1210)	820 (762 to 889)
13	Compliance	820 (762 to 889)	823 (757 to 889)	820 (762 to 889)
14	Reformulation	-----	296 (249 to 353)	-----
15	Net Costs, Cancer Only (\$, millions)^{2,3,4}			
16	Societal perspective	-174 (-1032 to 639)	-653 (-1510 to 164)	-2520 (-3390 to -1590)
17	Healthcare perspective	-674 (-1229 to -120)	-1190 (-1750 to -639)	-2250 (-2830 to -1620)
18	ICER (dollars/QALY)⁵			
19	Societal perspective	Dominant	Dominant	Dominant
20	Healthcare perspective	Dominant	Dominant	Dominant

20 Abbreviations: ICER, Incremental Cost-Effectiveness Ratio; QALY, quality-adjusted life years.

21 1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.

22 2. Health-related costs were inflated to 2015 US dollars using the Personal Health Care (PHC) index. Policy intervention costs were inflated to 2015 US dollars using the Consumer

23 Price Index. Negative costs represent savings.

24 3. Costs are medians from 1000 simulations so may not add up to totals.

25 4. Net costs were calculated as policy costs minus health-related costs from reduced cancer burden. Societal perspective includes healthcare cost, patient time costs, productivity

26 costs, and policy implementation costs; government perspective included policy costs relevant to policy implementation and program monitoring and evaluation and medical costs.

27 5. ICER threshold was evaluated at \$150,000/QALY. Dominant represents less costly and more effective than the "no-policy intervention" scenario.

Supplementary Table 13. Estimated health gains and costs associated with the federal menu calorie labeling on reducing cancer burdens in the US over a lifetime, one-way sensitivity analysis, assuming all full-service and fast-food restaurants were covered by the policy (US population=235,162,844)¹

	Menu Calorie Labeling Policy	
	Consumer Behavior Median (2.5% to 97.5%)	Consumer Behavior + Industry Response Median (2.5% to 97.5%)
New Cancer Cases Averted, N (95% UI)		
Liver cancer	7280 (4690 to 10100)	11400 (8480 to 14400)
Kidney cancer	6820 (4180 to 9460)	11100 (8470 to 13700)
Endometrial cancer	5340 (1540 to 9220)	10400 (6690 to 14300)
Breast cancer (postmenopausal)	4920 (1580 to 8420)	9380 (5960 to 13100)
Esophageal adenocarcinoma	2060 (1170 to 3060)	3260 (2310 to 4330)
Pancreatic cancer	1810 (1150 to 2600)	3000 (2290 to 3870)
Colorectal cancer	1320 (772 to 1910)	2200 (1600 to 2880)
Stomach cancer (cardia)	938 (531 to 1510)	1480 (985 to 2140)
Thyroid cancer	746 (430 to 1180)	1270 (850 to 1820)
Multiple myeloma	710 (377 to 1150)	1270 (879 to 1820)
Advanced prostate cancer	430 (208 to 681)	715 (461 to 1010)
Gallbladder cancer	329 (201 to 457)	568 (435 to 708)
Ovarian cancer	133 (20.9 to 292)	263 (109 to 468)
Total	32900 (20300 to 46000)	56400 (43700 to 69300)
Cancer Deaths Prevented, N (95% UI)		
Liver cancer	6460 (4170 to 8980)	10000 (7480 to 12800)
Breast cancer (postmenopausal)	3410 (701 to 6280)	6440 (3560 to 9750)
Kidney cancer	2620 (1610 to 3620)	4250 (3210 to 5300)
Endometrial cancer	1890 (654 to 3140)	3610 (2390 to 4900)
Esophageal adenocarcinoma	1800 (1030 to 2670)	2840 (2010 to 3750)
Pancreatic cancer	1580 (976 to 2250)	2620 (1990 to 3380)
Colorectal cancer	923 (560 to 1310)	1520 (1110 to 1970)
Stomach cancer (cardia)	785 (437 to 1270)	1240 (812 to 1790)
Multiple myeloma	431 (234 to 709)	762 (524 to 1100)
Gallbladder cancer	275 (170 to 385)	479 (366 to 601)
Advanced prostate cancer	219 (117 to 351)	353 (233 to 506)
Ovarian cancer	94 (18 to 197)	185 (91 to 317)
Thyroid cancer	27 (13 to 45)	45 (28 to 68)
Total	7760 (1280 to 13900)	34400 (26800 to 42400)
Life Years Gained	97300 (62300 to 135000)	162000 (126000 to 201000)
QALYs Gained	20500 (13100 to 28500)	230000 (178000 to 287000)
Changes in Health-Related Costs, Cancer Only (\$, millions)^{2,3}		

Healthcare (medical) cost	-1820 (-2500 to -1180)	-3060 (-3740 to -2400)
Patient time cost	-112 (-160 to -62.7)	-197 (-245 to -148)
Productivity loss	-692 (-976 to -401)	-1210 (-1490 to -916)
Policy Implementation Costs (\$, millions)^{2,3}		
Government cost	18.4 (14.7 to 25.7)	18.4 (14.7 to 25.7)
Administration	9.06 (8.56 to 9.52)	9.07 (8.60 to 9.56)
Monitoring	9.32 (5.61 to 16.5)	9.37 (5.64 to 16.6)
Industry cost	821 (764 to 888)	1120 (1040 to 1200)
Compliance	821 (764 to 888)	821 (763 to 886)
Reformulation	-----	297 (248 to 350)
Net Costs, Cancer Only (\$, millions)^{2,3,4}		
Societal perspective	-1780 (-2790 to -831)	-1030 (-1590 to -549)
Healthcare perspective	-1800 (-2470 to -1160)	-1670 (-2120 to -1270)
ICER (dollars/QALY)⁵		
Societal perspective	Dominant	Dominant
Healthcare perspective	Dominant	Dominant

Abbreviations: ICER, Incremental Cost-Effectiveness Ratio; QALY, quality-adjusted life years.

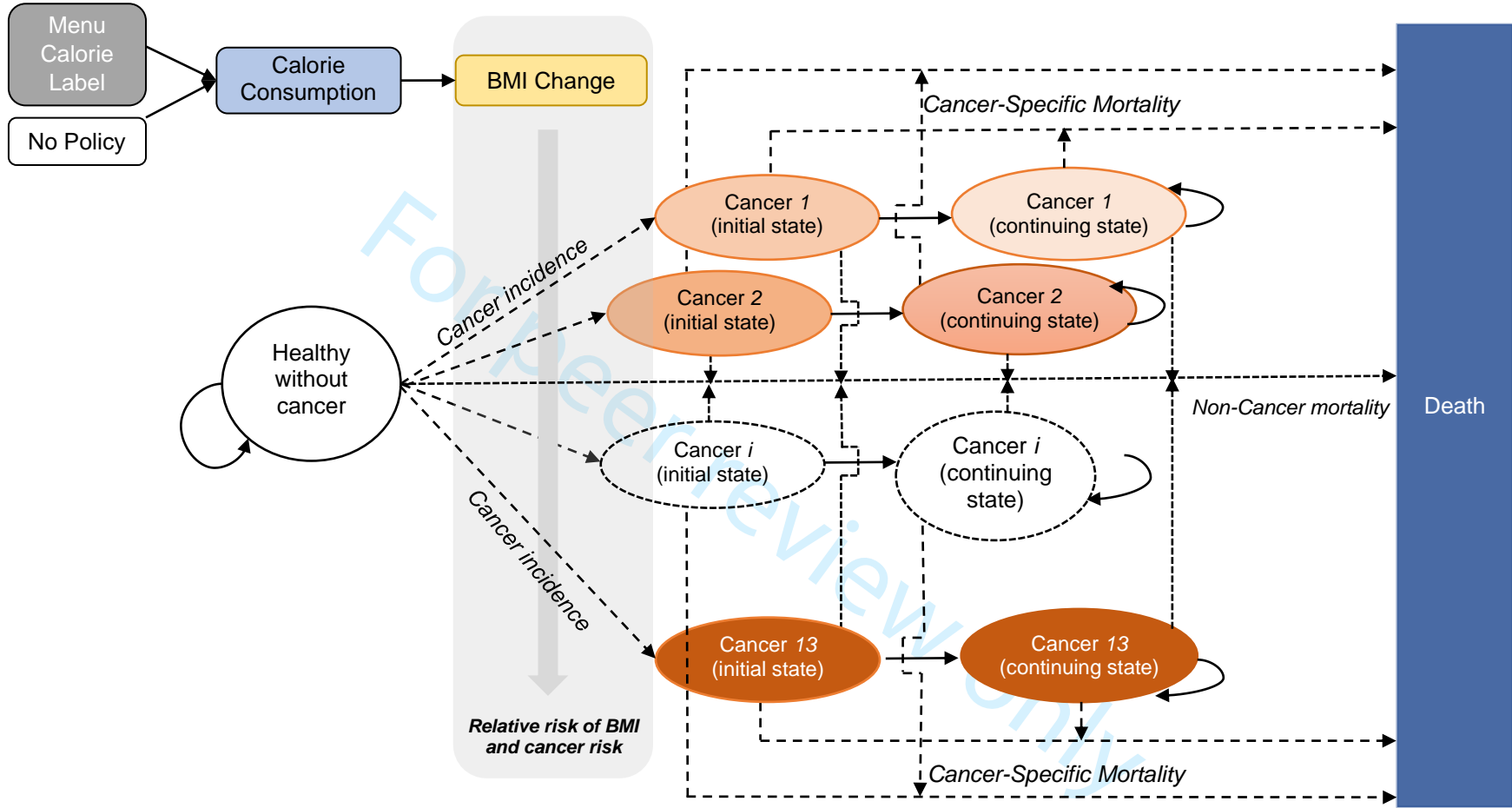
1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.

2. Health-related costs were inflated to 2015 US dollars using the Personal Health Care (PHC) index. Policy intervention costs were inflated to 2015 US dollars using the Consumer Price Index. Negative costs represent savings.

3. Costs are medians from 1000 simulations so may not add up to totals.

4. Net costs were calculated as policy costs minus health-related costs from reduced cancer burden. Societal perspective includes healthcare cost, patient time costs, productivity costs, and policy implementation costs; government perspective included policy costs relevant to policy implementation and program monitoring and evaluation and medical costs.

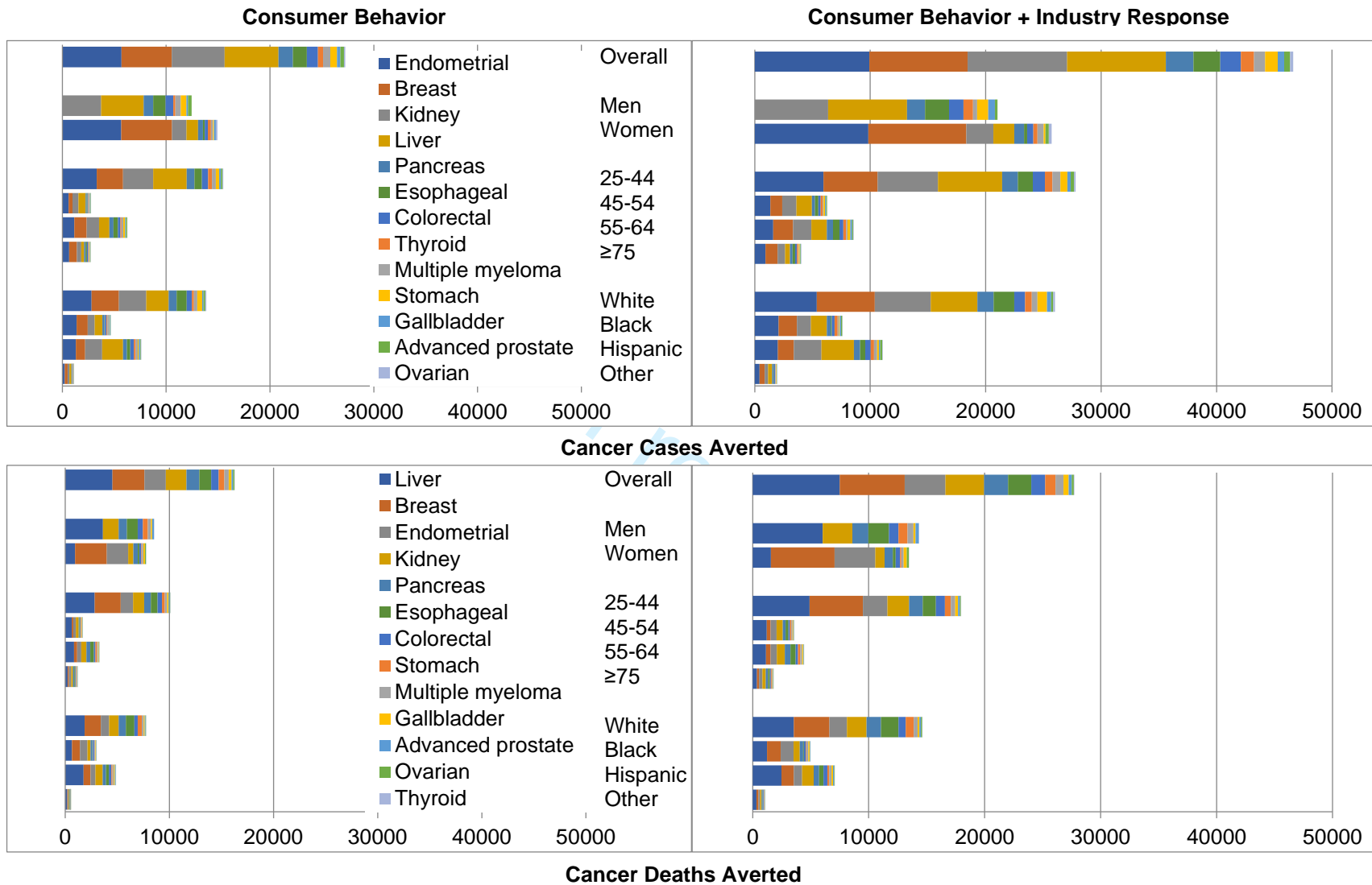
5. ICER threshold was evaluated at \$150,000/QALY. Dominant represents less costly and more effective than the "no-policy intervention" scenario.



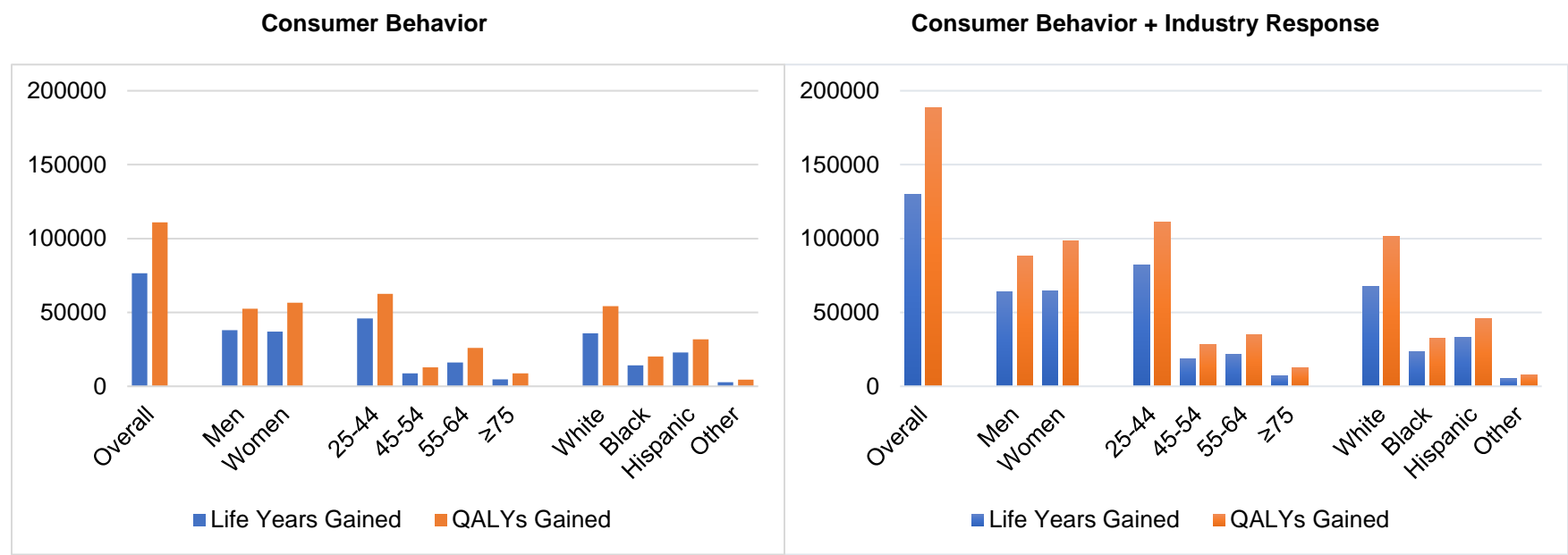
Supplementary Figure 1. Diet and Cancer Outcome Model (DiCOM)

The model consists of four general health states: (a) healthy without cancer (healthy state); (b) initial cancer diagnosis (initial state) for each cancer type i ; (c) continuing care (continuing state) for each cancer type i ; and (d) death state. Transitions between states are based on national cancer incidence and cancer-specific mortality rates from SEER (for individual with cancer) and lifetable-based mortality rates (for individuals without cancer). The model simulates the policy impact on the number of new cases and deaths of 13 obesity-associated cancers, health-related quality of life (HRQOL), and health-related costs among U.S. adults over a lifetime by comparing a policy scenario (menu calorie label) to a non-policy scenario (status quo).

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47



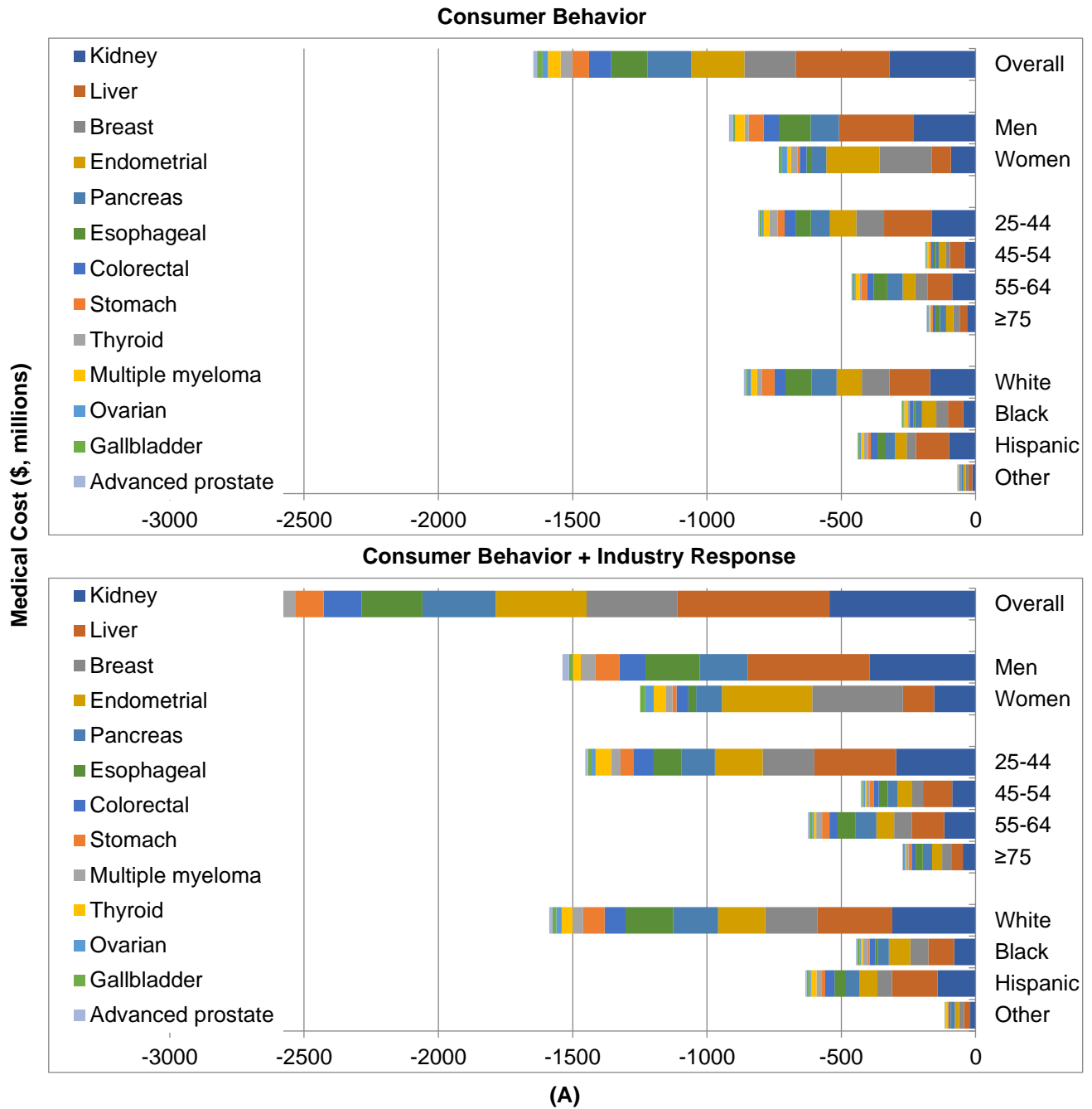
Supplementary Figure 2. Estimated reduced new cancer cases and deaths associated with the federal menu calorie labeling in the US by age, sex, race/ethnicity, and cancer type, over lifetime



Supplementary Figure 3. Estimated life years and QALYs gained associated with the federal menu calorie labeling in the US by age, sex, and race/ethnicity, over a lifetime

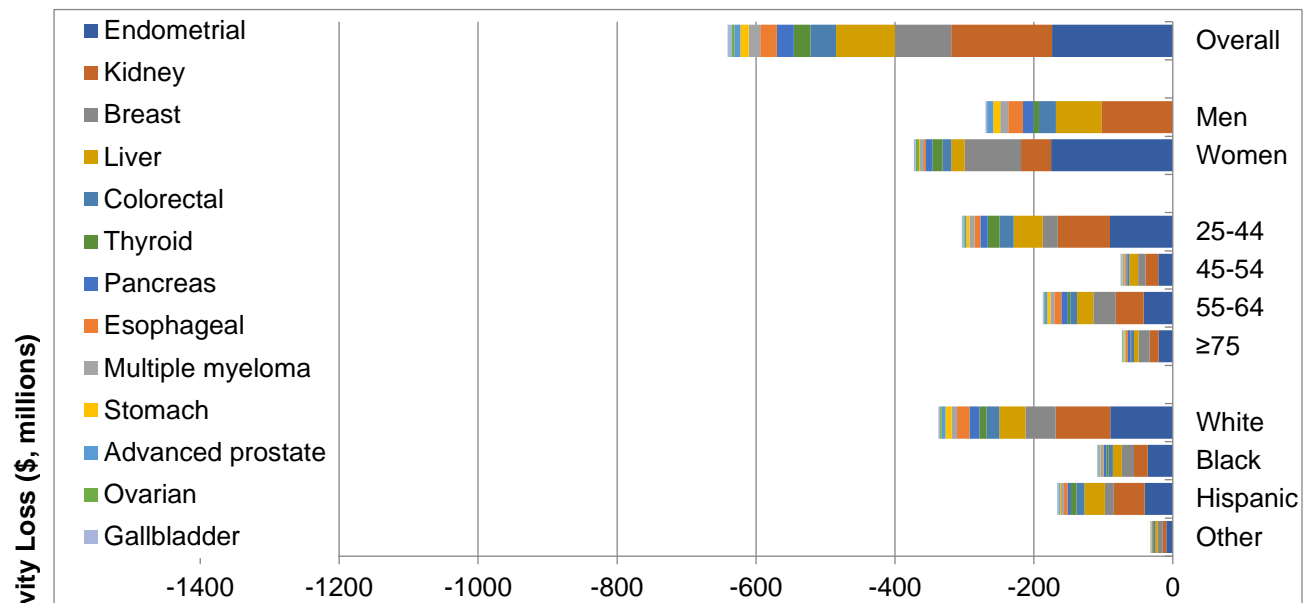
VIEW ONLY

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

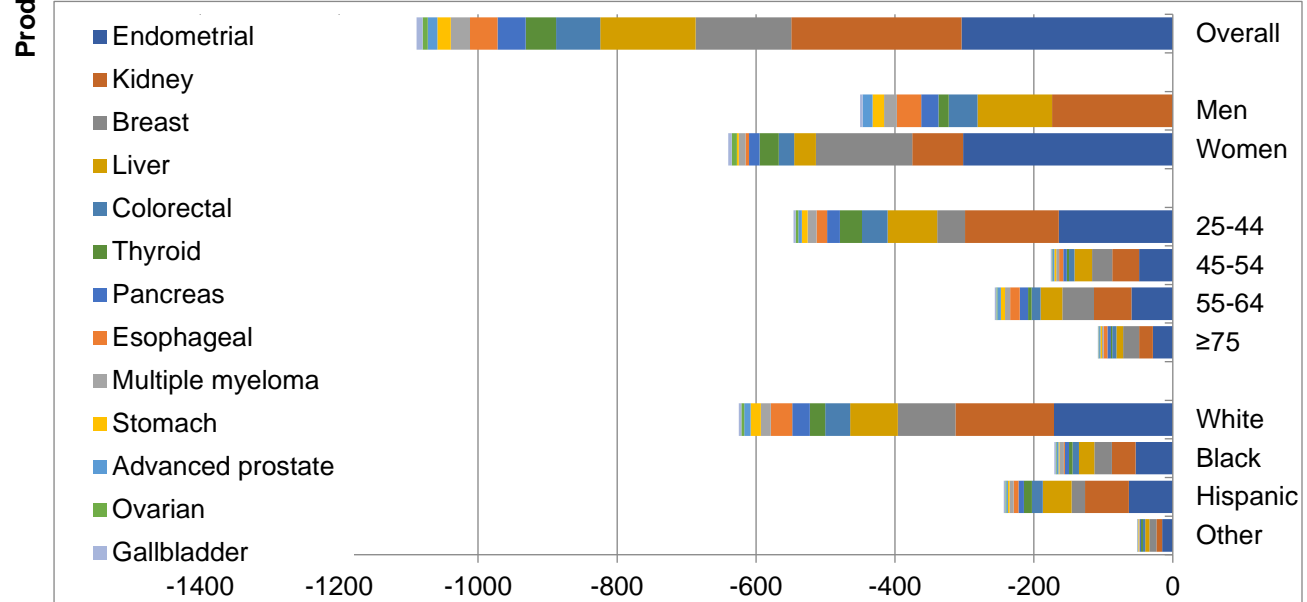


1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

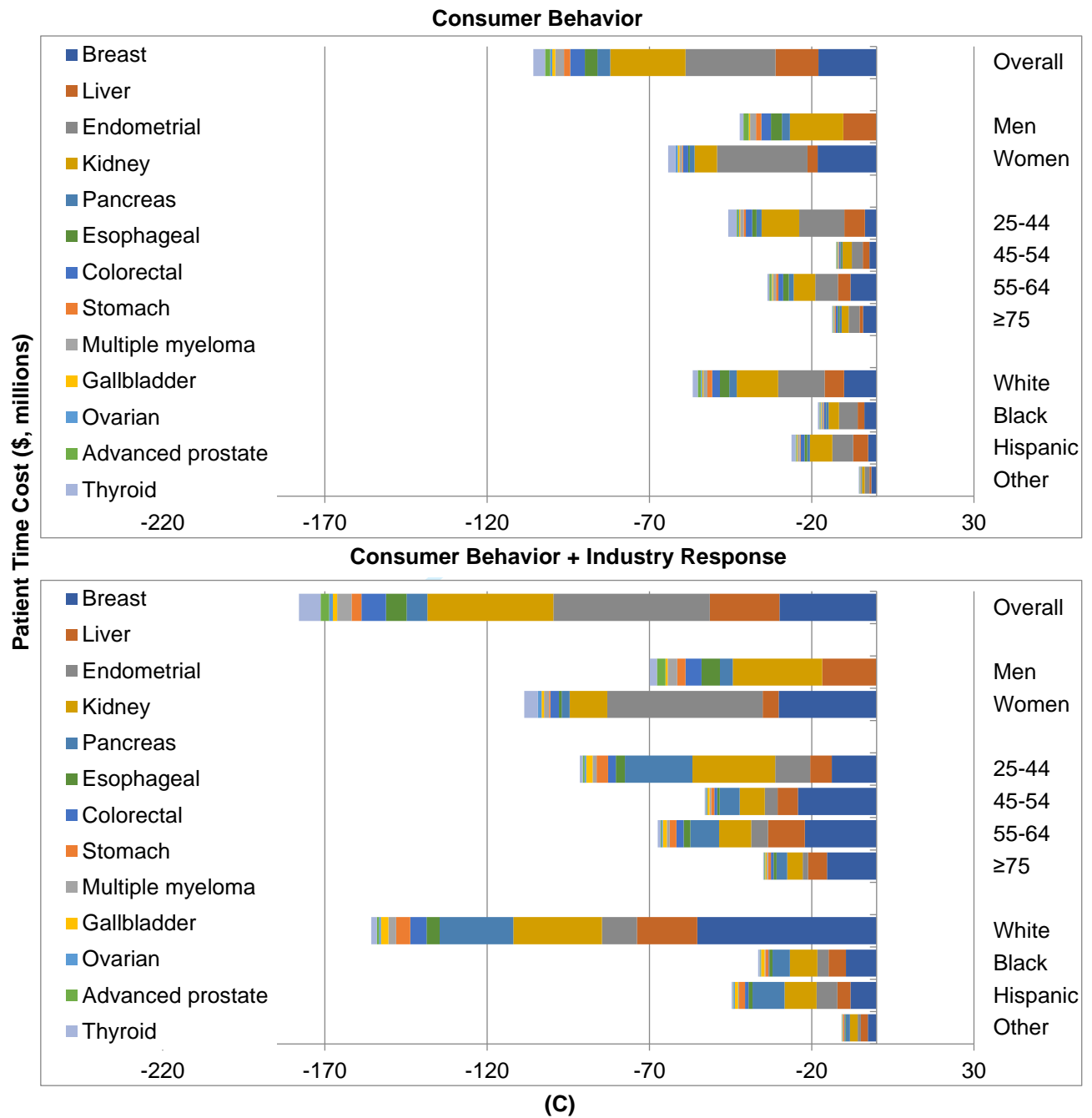
Consumer Behavior



Consumer Behavior + Industry Response

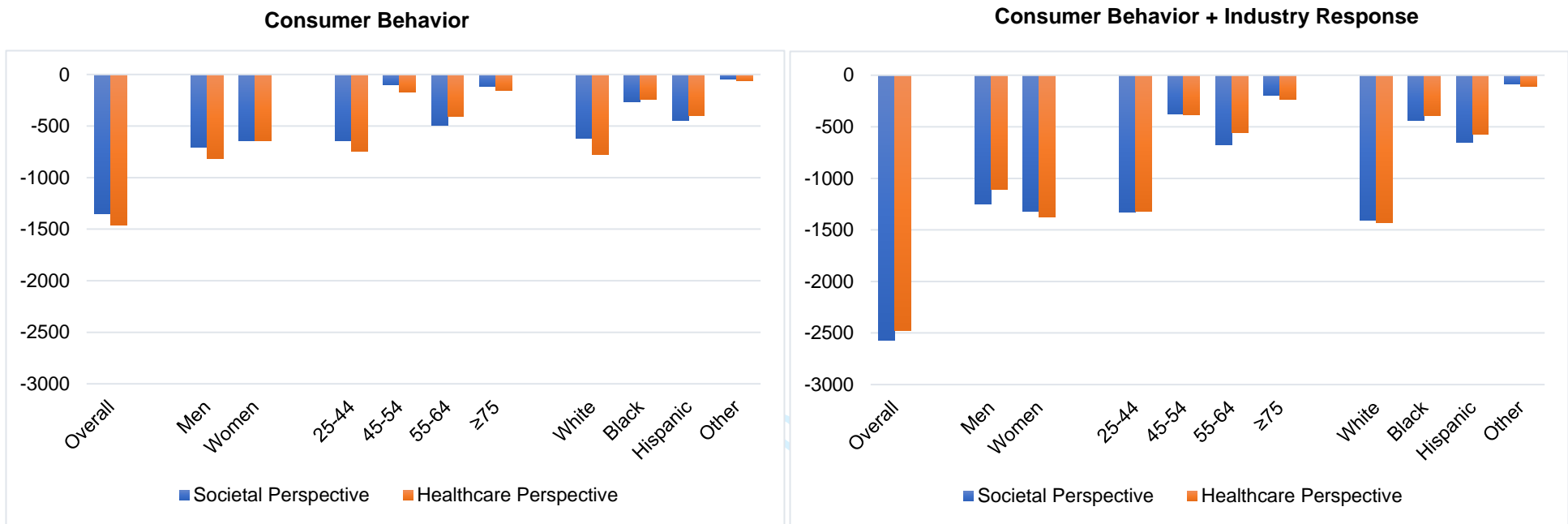


(B)

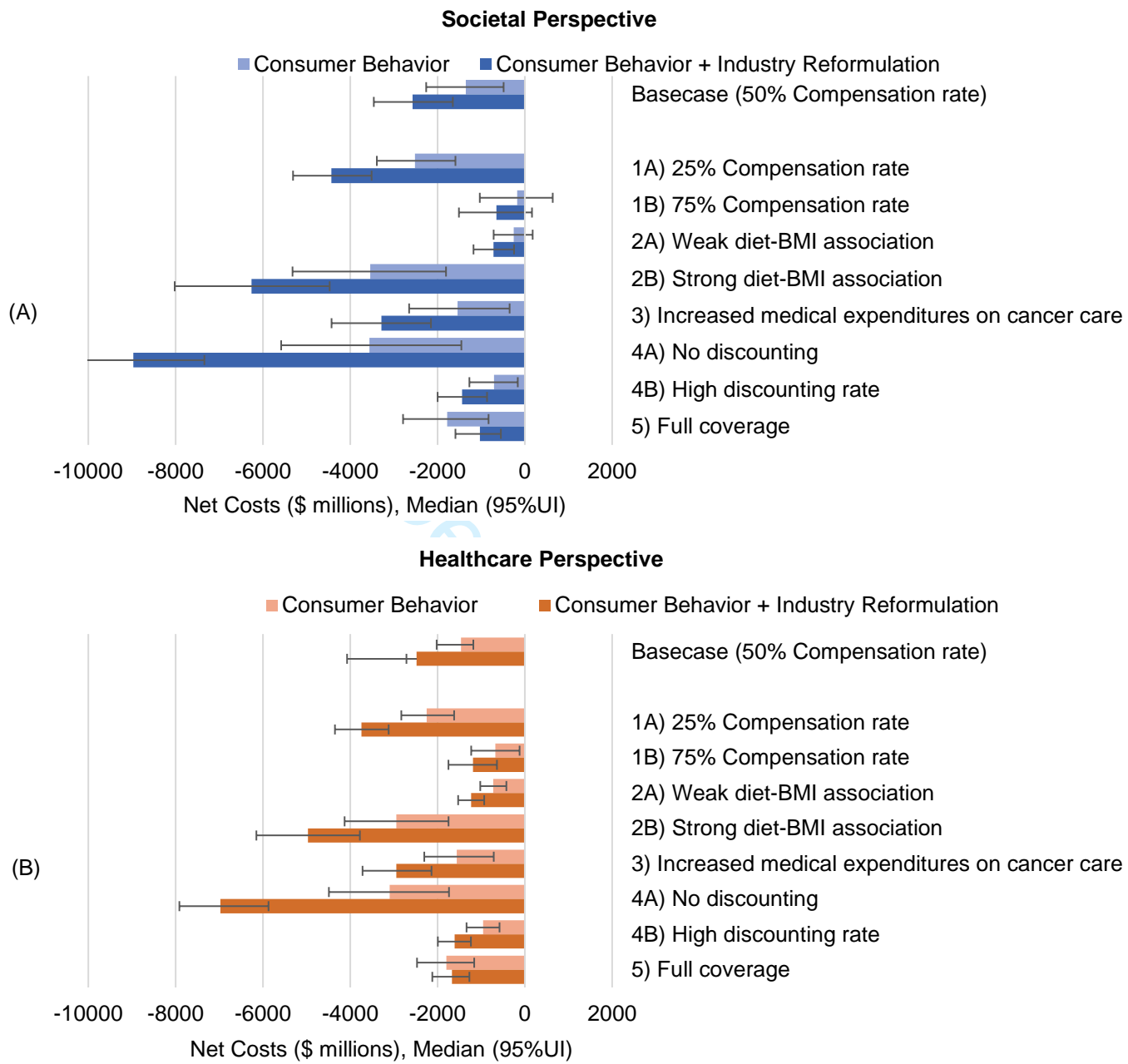


Supplementary Figure 4. Estimated changes of health-related costs associated with the federal menu calorie labeling in the US by age, sex, race/ethnicity, and cancer type, over lifetime

Net Costs (\$ millions)



Supplementary Figure 5. Estimated net costs from societal and government perspectives associated with the federal menu calorie labeling policy in the US by age, sex, and race/ethnicity, over a lifetime



Supplementary Figure 6. One-Way Sensitivity Analysis of Net Costs of Menu Calorie Labeling and Obesity-Associated Cancer Rates by Varying Assumptions of Key Input Parameters From (A) Societal Perspective and (B) Healthcare Perspective

1a) assumed that only 25% of calorie reduction as a result of industry response would translate into long-term reductions in daily calories; 1b) assumed that only 75% of calorie reduction as a result of industry response would translate into long-term reductions in daily calories; 2a) weaker diet-BMI association assumed half of the base-case diet-BMI association; 2b) stronger diet-BMI association assumed two times of the base-case diet-BMI association; 3) 2% annual increase in medical expenditure on cancer care; 4a) lower discounting rate assumed 0% discounting rate; 4b) higher discounting rate assumed 5% discounting rate; and 5) assumed the coverage of the FDA's final rule increasing from 56.5% to 100% of the calories from full-service restaurants. Under base-case scenario (policy effect assumed consumer behavior: -7.3%, and industry reformulation: -5.0%; assumed that only 50% of calorie reduction as a result of industry response would translate into long-term reductions in daily calories; diet-BMI association assumed healthy-weight: 0.0015 kg/m² per kcal, and overweight/obese: 0.003 kg/m² per kcal; medical expenditure on cancer care assumed 0% annual increase; discounting rate assumed 3%; policy coverage would affect 56.5% of calories consumed at full-service restaurants and 100% of calories consumed at fast-food restaurants), the policy was cost-saving from both societal and healthcare perspectives. The policy remained cost-saving for all sensitivity analyses from the healthcare perspective and from societal perspective with additional industry reformulation. With consumer behavior alone, the policy was cost-saving under all scenarios.

1
2
3 **Title** Cost-Effectiveness Analysis of the Federal Menu Calorie Labeling and Obesity-Associated Cancer
4 Burdens in the United States
5

6
7 **Appendix 1.** Estimate the Association Between Menu Calorie Labeling Policy and Calorie Intake from
8 Restaurant Meals

9 **Appendix Table 1.** The Policy Impact of the Federal Menu Calorie Labeling on Restaurant Industry
10 Response
11

12 **Appendix 2.** Baseline Cancer Incidence and Methods of Cancer Incidence Projections for 13 Types of
13 Cancers

14 **Appendix Table 2.** Estimating “crude” incidence after applying the cohort-period method
15

16 **Appendix 3.** Cancer Survival for 13 Types of Cancers

17 **Appendix Table 3.** Period Method for 5-Year Relative Survival for 2014

18 **Appendix 4.** Methods of Estimating the Health-Related Quality of Life Among 13 Types of Cancers
19

20 **Appendix 5.** Methods of Estimating Policy Implementation Costs

21 **Appendix Table 4.** Implementation Cost Estimates for the Federal Menu Calorie Labeling Policy (in
22 2015 US Dollars)

23 **Appendix Table 5.** The Population Size of People Who are Alive Each Year Over a Lifetime (in
24 millions)
25

26 **Appendix 6.** Annual Health-Related Costs Among Cancer Patients and the General Population without
27 Cancer

28 **Appendix Table 6.** Description of Data Source of Health-Related Expenditures
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Appendix 1. Estimate the association between menu calorie labeling policy and calorie intake from restaurant meals

To understand the effects of the federal menu calorie labeling policy, we performed a comprehensive literature search and reviewed the evidence on how the policy affected consumer behaviors and industry.

To estimate the policy effect on consumer behavior alone, we reviewed individual studies in both real-world and experimental settings as well as meta-analyses. A meta-analysis of natural experimental studies showed that menu calorie labeling was associated with a 7.3% (95% CI: 4.4% to 10.1%) reduction in calories per meal consumed/purchased.¹ This effect estimate is corresponding to an average reduction of 23.5 kcal per meal consumed by NHANES participants from 56.5% of full-service restaurants² and all fast-food restaurants. This estimate was consistent with evidence from a previous meta-analysis and a recent real-world study.^{3,4} A previous meta-analysis estimated that the menu calorie labeling would lead to about an 18 kcal reduction ordered per meal.³ A recent longitudinal study used data from a large restaurant franchise in the southern U.S. and estimated that, after labeling implementation, a decrease of 60 kcal per transaction was observed in the first year, followed by an increasing trend of 0.71 kcal per transaction per week over two years.⁴ These together attenuated the calorie reduction to 23 kcal per transaction by the end of the third year of the policy implementation.⁵ Compared to other studies, the 7.3% calorie reduction per meal represents a more conservative estimate. It was reported in a cross-sectional study that customers at the labeled full-service restaurants purchased food with 151 fewer calories.⁶ One meta-analysis of studies that evaluated energy ordered in a real-world setting showed that the calorie labeling policy would lead to a mean reduction of 77.8 in calories purchased per meal.⁷ In a laboratory setting, there was a significant reduction of 115.3 kcal per meal ordered.⁸ Integrating both the real-world and experimental studies, the policy was estimated to generate

1
2
3 a significant reduction of 100.3 in calories purchased.⁷ Therefore, we decided to use a reduction of
4
5 calorie intake per meal by 7.3% (95% CI: 4.4% to 10.1%) as the model input given it is the most
6
7 updated and conservative estimate supported by existing evidence. This policy effect on consumer
8
9 behavior alone was assumed to take effect during the first year of implementation and no further
10
11 reduction thereafter.
12
13

14
15 Based on the published literature, we estimated that there was a 5% reduction in calories
16
17 consumed per meal from chain restaurants due to industry reformulation, the introduction of new low-
18
19 calorie menu items, or the replacement of menu items high in calories with low-calorie menu options.⁹⁻
20
21 ¹³ Bleich et al. estimated the calorie changes in chain restaurants' menu items using data from the largest
22
23 chain restaurants in the U.S.⁹⁻¹³ Using the estimated mean calorie per menu item from the two published
24
25 studies shown in **Appendix Table 1**,^{11, 12} we calculated the mean change in calories per menu item
26
27 before and after the policy implementation. Given the national law was announced in 2010, using data
28
29 from the trend analysis, we treated the mean calorie per menu item measured in 2008 as the baseline and
30
31 found there was an 11% reduction in calories per menu item two years after the affordable care act was
32
33 enacted. The change decreased to 7% in 2015, one year after the FDA announced the final rule for the
34
35 industry to comply with. In the study evaluated the calorie content in current menu items, eliminated
36
37 menu items, and newly introduced menu items, we estimated that there was a 1% reduction in mean per-
38
39 item calories in 2013-2014 compared to that in 2012, and the reduction increased to 5% in 2015. Based
40
41 on this de novo analysis, we chose a reduction in calories per meal consumed by 5% to represent a
42
43 modest industry reformulation in response to the federal menu calorie labeling by chain restaurants. We
44
45 assumed no industry response in the first year, then the reformulation activities would occur in the rest
46
47 of the years over the model lifetime, resulting in a net reduction of 5% in calories consumed per meal.
48
49
50
51
52
53
54
55
56
57
58
59
60

Appendix Table 1. The policy impact of the federal menu calorie labeling on restaurant industry response

Study		Year				
		2008	2012	2013	2014	2015
Bleich, 2017 ¹¹	# of menu items (n)	6,601	9,526	10,278	10,654	11,034
Calorie changes in large chain restaurants from 2008 to 2015	mean per-item calories (kcal)	368.0	329.1	330.1	337.2	340.6
44 of the 100 largest chain restaurants						
	diff. (%)		2012 vs. 2008 -38.9 (-11%)			2015 vs. 2008 -27 (-7%)
Bleich, 2018 ¹²	# of menu items (n)		14,705	17,219 (2013-2014)		13,920
Higher-Calorie Menu Items Eliminated in Large Chain Restaurants	mean per-item calories (kcal)		374.4	370.9		357.4
66 of the 100 largest chain restaurants						
	diff. (%)			2013-2014 vs. 2012 -3.52 (-1%)		2015 vs. 2012 -17.05 (-5%)

Appendix 2. Baseline cancer incidence and methods of cancer incidence projections for 13 types of cancers

We estimated the cancer incidence rate projections for the defined 32 demographic subgroups as inputs for the DiCOM model. We first obtained age-adjusted incidence rates from 2006 to 2015 from the United States Cancer Statistics combining data from the Surveillance, Epidemiology, and End Results (SEER) database and the Centers for Disease Control and Prevention's National Program of Cancer Registries (NPCR) database.¹⁴

Based on the trends from 2006 to 2015, we projected age-adjusted cancer incidence rates in the next 15 years from 2016 to 2030 using the average annual percent change (AAPC) method.^{15, 16} Because longer-term projections may not be valid, we chose to hold age-adjusted cancer incidence rates constant from 2030 to 2095. Specifically, the annual percent change was calculated for each cancer site in each of the 32 subgroups by fitting a regression line to the natural logarithm of the age-adjusted rates (I) in the years 2006 through 2015 (y). The equation for AAPC: $\ln(I) = \alpha + \beta y$, where α and β were coefficients to be estimated and y is the calendar year.^{15, 16} We then combined the AAPC projected cancer incidence rates with the projected US population to account for the change in population age distribution over time. The projected US population in each of the 32 subgroups from 2016 to 2060 were extracted from the National Interim Projections of the US population.¹⁷ Because projections were only available through 2060, further projections after 2060 were not considered. We further applied the cohort-period method to estimate cancer incidence in each of the 32 subgroups in the closed cohort of US adults from 2015 to 2095 as they age. Details were illustrated in **Appendix Table 2** using colon and rectum cancer incidence among non-Hispanic white females (NHWF) as an example.

Appendix Table 2. Estimating “crude” incidence after applying cohort-period method

EXAMPLE: Colon and Rectum Cancer, Non-Hispanic White Females

Age	2015			2016			2017			2018				
	Baseline Incidence Rate	Population Size	AAPC Predicted Incidence	US Census Predicted Population Size	Cancer Cases Predicted	Age Shifted “crude” Incidence	AAPC Predicted Incidence	US Census Predicted Population Size	Cancer Cases Predicted	Age Shifted “crude” Incidence	AAPC Predicted Incidence	US Census Predicted Population Size	Cancer Cases Predicted	Age Shifted “crude” Incidence
20	8.531	30523184	8.694	1134235		10.64	8.859	126079		11.694	9.028	117775		13.82
21	8.531		8.694	156761	100565		8.859	197549			9.028	129379		
22	8.531		8.694	177144	102337		8.859	159788	102748		9.028	140620		
23	8.531		8.694	196469	14017		8.859	180122	104550		9.028	152784	104976	
24	8.531		8.694	239910	107707		8.859	199459	106263		9.028	183136	106813	
25	8.531		8.694	283513	11685		8.859	247139	110009		9.028	220329	108546	
26	8.531		8.694	294013	12497		8.859	286229	113950		9.028	244499	12353	
27	8.531		8.694	250740	108735		8.859	296475	114858		9.028	288797	16352	
28	8.531		8.694	232421	107143		8.859	253062	11012		9.028	298770	17252	
29	8.531		8.694	216039	105719		8.859	234519	109369		9.028	255161	113315	
30	8.531		8.694	228929	106839		8.859	217844	107892		9.028	236330	11615	
31	8.531		8.694	244281	108174		8.859	230337	108999		9.028	219132	10079	
32	8.531		8.694	205955	104842		8.859	245249	110320		9.028	231390	11169	
33	8.531		8.694	226950	106667		8.859	206736	106908		9.028	246013	12489	
34	8.531		8.694	226234	106605		8.859	227540	108751		9.028	207377	109001	
35	8.531		8.694	217701	105863		8.859	226721	108678		9.028	228051	10868	
36	8.531		8.694	228467	106799		8.859	218111	107918		9.028	227199	10791	
37	8.531		8.694	180971	100931		8.859	228796	108862		9.028	218528	10008	
38	8.531		8.694	139547	99069		8.859	116267	102879		9.028	229044	10958	
39	8.531		8.694	127605	98030		8.859	139679	100967		9.028	161414	104852	
40	8.531		8.694	1088875	94663		8.859	127530	99891		9.028	139635	102886	
41	8.531		8.694	190467	98279		8.859	1088644	96446		9.028	127272	10770	
42	8.531		8.694	1101345	95747		8.859	129951	100105		9.028	1082229	98245	
43	8.531		8.694	130264	98262		8.859	110015	97506		9.028	129228	101946	
44	8.531		8.694	1210411	105229		8.859	129268	100045		9.028	1099713	99282	
45	41269	14238423	41919	139769	553230	43.775	42.579	1208976	514771	45.825	43.250	128045	487878	47.459
46	41269		41919	1346596	564476		42.579	137806	561110		43.250	207332	522169	
47	41269		41919	1292274	541705		42.579	1344191	572344		43.250	1315541	568969	
48	41269		41919	1264917	530237		42.579	1289694	549140		43.250	1341533	580211	
49	41269		41919	1295410	543019		42.579	1262140	537408		43.250	1286923	556592	
50	41269		41919	1325816	555765		42.579	1292230	550220		43.250	1259139	544576	
51	41269		41919	1432079	600309		42.579	1322198	562980		43.250	1288813	557410	
52	41269		41919	1489756	624487		42.579	1427705	607904		43.250	1318321	570172	
53	41269		41919	1510286	633093		42.579	1484805	632216		43.250	1423107	615492	
54	41269		41919	1532940	642589		42.579	1504858	640755		43.250	1499608	639928	
55	59.736	1511568	58.496	1575080	921363	65.864	57.283	1526976	874691	71.135	56.094	1461511	840934	75.804
56	59.736		58.496	1579128	923731		57.283	1568482	898466		56.094	1520747	853048	
57	59.736		58.496	1554236	909170		57.283	1572018	900492		56.094	1561581	875954	
58	59.736		58.496	1566074	916095		57.283	1546788	886040		56.094	1564631	877664	
59	59.736		58.496	1559941	912507		57.283	1558015	892471		56.094	1539019	863298	
60	59.736		58.496	1509257	882859		57.283	1551289	888618		56.094	1549572	869217	
61	59.736		58.496	1507776	881993		57.283	1500225	859367		56.094	1542165	865062	
62	59.736		58.496	1469467	859583		57.283	1497943	858060		56.094	1490621	836199	
63	59.736		58.496	1428612	835685		57.283	1458963	835731		56.094	1487453	834372	
64	59.736		58.496	1384020	809600		57.283	1417465	819601		56.094	1447782	812119	
65	147.246	20639658	140.189	1344027	1884181	140.189	133.471	1372210	1831501	133.471	127.075	1405568	1786119	127.075
66	147.246		140.189	1307657	1833194		133.471	1331467	1777121		127.075	1395984	1727685	
67	147.246		140.189	1291598	1810681		133.471	1294222	1727410		127.075	1318007	1674851	
68	147.246		140.189	1292613	1812104		133.471	1277026	1704458		127.075	1291194	1626292	
69	147.246		140.189	1382868	1938632		133.471	1276471	1703717		127.075	1261379	1602891	
70	147.246		140.189	1387587	1944990		133.471	1363827	1820312		127.075	1259177	1600093	
71	147.246		140.189	1382267	1937032		133.471	1372764	1798357		127.075	1343441	1707171	
72	147.246		140.189	1363496	1923357		133.471	1366021	1793357		127.075	1356905	1715982	
73	147.246		140.189	132982	1420091		133.471	1354967	1774603		127.075	1348632	1705469	
74	147.246		140.189	1274564	1726044		133.471	1322594	1724824		127.075	1336077	169515	
75	147.246		140.189	1296574	1716711		133.471	1355200	1744443		127.075	1327097	1733635	
76	147.246		140.189	1274848	1748402		133.471	1377087	1737185		127.075	1334495	1706430	
77	147.246		140.189	1206707	1690727		133.471	1372604	1711140		127.075	1356255	171007	
78	147.246		140.189	1294044	1752451		133.471	1385495	174936		127.075	1350976	171715	
79	147.246		140.189	1265026	176219		133.471	1366756	176578		127.075	1362851	1742315	
80	147.246		140.189	1295777	183215		133.471	1360790	1803215		127.075	1362555	1803816	
81	147.246		140.189	1292977	1803252		133.471	1371026	1762154		127.075	1377004	1733225	
82	147.246		140.189	1252332	1718234		133.471	1346330	1729192		127.075	1344674	1692142	
83	147.246		140.189	1296976	1696707		133.471	1385519	1648027		127.075	1379986	1682228	
84	147.246		140.189	1295655	1666817		133.471	1367692	1624233		127.075	1357134	1580901	
85	147.246		140.189	1252173	1633898		133.471	1344106	1592752		127.075	1336998	1555186	
86	147.246		140.189	1248834	1601179		133.471	1348526	1588610		127.075	1311616	1522678	
87	147.246		140.189	1383933	1538233		133.471	1393130	1524714		127.075	1383961	1487917	
88	147.246		140.189	1356801	1500196		133.471	1348261	1464827		127.075	1356875	1453497	
89	147.246		140.189	1320644	1449508		133.471	1318862	1426923		127.075	132475	1397076	
90	147.246		140.189	1278562	1390514		133.471	1283710	1378670		127.075	1283306	1360010	
91	147.246		140.189	1246568	1345662		133.471	1242960	1324281		127.075	1247721	1314790	
92	147.246		140.189	1209022	1293026		133.471	121695	1282551		127.075	1208839	1265381	
93	147.246		140.189	119864	1238131		133.471	1176399	1235441		127.075	118878	1227308	
94	147.246		140.189	118657	1194382		133.471	110691	117782		127.075	116313	115927	
95	147.246		140.189	109277	1153195		133.471	112531	110196		127.075	114362	115325	
96	147.246		140.189	10177	112399		133.471	106769	115811		127.075	109499	110730	
97	147.246		140.189	56739	79542		133.471	62172	82982		127.075	67414	85666	
98	147.246		140.189	42046	58944		133.471	42907	57268		127.075	47105	59858	
99	147.246		140.189	27405	38419		133.471	30959	41321		127.075	31659	40231	
100	147.246		140.189	49314	69133		133.471	50716	67691		127.075	52719	66992	

Appendix 3. Cancer survival for 13 types of cancers

We estimated the 5-year relative survival for the defined 32 demographic subgroups. We obtained five-year relative survival rates using the period analysis method from the United States Cancer Statistics which incorporates data from the Surveillance, Epidemiology, and End Results (SEER) database.¹⁴ The five-year survival for 2014, which was the most recently available data at the time of analysis, was used. These rates were extracted for each cancer type and by the defined 32 demographic subgroups for each cancer type. The rates are on a scale of 0-1.

Relative survival is a net survival measure representing cancer survival in the absence of other causes of death. Relative survival is defined as the ratio of the proportion of observed survivors in a cohort of cancer patients to the proportion of expected survivors in a comparable set of cancer-free individuals.¹⁸ Relative survival is the preferred method to estimate survival from cancer registry data.

The period analysis is a method that enhances up-to-date monitoring of survival.^{19, 20} In contrast to traditional cohort analysis of survival, period analysis derives long-term survival estimates exclusively from the survival experience of patients within some recent calendar period.^{19, 20} Three-year intervals were chosen which results in the years 2008-2014 is used to calculate 5-year survival. Using seven years of data to calculate 5-year survival is the standard method used by SEER and used in SEER publications.²¹

The first interval contributed to the one-year survival and used cases diagnosed in 2012-2014, the second interval contributed to the two-year survival and used cases diagnosed in 2011-2013, the third interval contributed to the three-year survival and used cases diagnosed in 2010-2012, the fourth interval contributed to the four-year survival and used cases diagnosed in 2009-2011 and the fifth interval contributed to the five-year survival and used cases diagnosed in 2008-2010.

1
2
3 This analysis, therefore, used 2008-2014 diagnoses to calculate for 5-year relative survival for
4
5 2014. The highlighted orange boxes represent survival contributions for each year of diagnosis and year
6
7 of follow-up (**Appendix Table 3**). The annual probability of death was calculated as $1 - \exp[\ln(5\text{-year}$
8
9 relative survival)/5].
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

For peer review only

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Appendix Table 3. Period method for 5-year relative survival for 2014

YEARS OF DIAGNOSIS															
	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
1															
2															
3															
4															
5															

For peer review only

Appendix 4. Methods of estimating the health-related quality of life among 13 types of cancers

Health utility values range from 0 (dead) to 1 (perfect health) and were assigned for each cancer type and by phase of care (initial, continuous, end of life), if available. We first searched databases for systematic reviews pertaining to utility weights or HRQOL measures for each cancer type of interest separately. We started with PubMed and searched Google Scholar if needed. The following search string was used for each cancer type : ("health related quality of life" OR "HRQOL" OR "quality of life" OR "QOL" OR "preference weight*" OR "utility weight*" OR "health state utilit*" OR "health utility*") AND ("cancer of interest") AND ("cancer" OR "neoplasm*") AND ("review" OR "systematic review").

When an appropriate systematic review was identified, we read the articles included in the review and determined if the paper met the following data needs. Data Extraction Hierarchy: 1) cancer type specific to the type of interest; 2) consistent in the instrument used, prefer EQ-5D whenever available; 3) US samples preferred; 4) phase of care (assume same utility weights by phase if the phase of care data were not available). If no systematic reviews were available, we searched for individual studies about the utility weights of the cancer of interest. Additionally, check how often the paper is cited to see if it is a frequently used utility weight.

Appendix 5. Methods of estimating policy implementation costs

We estimated the costs of implementing the federal menu calorie labeling for both government and industry, including government administration costs, monitoring and evaluation costs, industry compliance costs and reformulation costs, based on the FDA's budget report,²² the Nutrition Review Project report,²³ and FDA's RIA²⁴ (**Appendix Table 4**).

It was estimated by FDA that approximately 298,600 establishments, organized under 2,130 chains were covered by the menu calorie labeling policy. Among the covered establishments, 115,000 (38.5%) were full-service restaurants and drinking places organized under 530 (24.9%) chains, and 116,200 (38.9%) were limited-service restaurants organized under 540 (25.4%) chains. In total, about 231,200 (77.4%) restaurants organized under 1,070 (50.2%) chains were covered by this policy.²⁴

For industry compliance (#3) and reformulation costs (#4), the FDA estimated the costs by the type of establishments. Therefore, we only included the relevant costs incurred by restaurants as this approach generated more conservative estimates. In addition, the industry compliance costs consist of initial costs and recurring costs associated with new chains. In FDA's RIA, the initial costs were presented as a one-time cost, while the recurring costs associated with new chains were presented as annual costs and assumed to be incurred for 20 years starting from the 2nd year of policy implementation. According to FDA, 20 years is more appropriate for interventions that play out over long periods and whose effects deal with chronic conditions. Similarly, the reformulation costs (#4) estimated by FDA were presented as annual costs in FDA's RIA using the same assumption. We followed the same assumption and presented the annual compliance costs (#3) and annual reformulation costs (#4) incurred by restaurants in **Appendix Table 4**.

1
2
3 The cost of implementing the menu calorie labeling is fixed by the government. Uncertainty for
4 the costs associated with government administration (#1) and government monitoring and evaluation (#
5 2) was not provided in the source materials.^{22, 23} We assumed that uncertainty is 20% around these costs.
6
7

8
9
10 For annual costs, namely the government monitoring and evaluation costs (#2) and the recurring
11 costs in industry compliance (part of #3), and the reformulation costs (#4), we applied a 3% discounting
12 rate recommended by the Second Panel on cost-effectiveness in health and medicine⁴ to reflect the
13 present value of future costs of government monitoring and evaluation, industry compliance and
14 industry reformulation. The model is a closed cohort model, so we computed the discounted present
15 value of per-person costs and total national costs for persons alive at implementation who remained
16 alive in each subsequent year (not for the larger total US population in each year, which also has growth
17 from immigration and new persons reaching the threshold age). The year-specific discounting factor is
18 estimated by $1/(1+3\%)^{(t-1)}$ (t is the number of years of policy intervention, t=1, 2, 3, ..., lifetime). As
19 our model estimated the costs and health outcomes based on a closed cohort and the population size
20 decline over time, we need to express the annual costs in proportion to the population at risk. The
21 population at risk was estimated based on the proportion of death (P_{dt} , t=1, 2, 3, ...) in each year. We
22 first obtained the proportion of people who are alive each year by calculating $1-P_{dt}$ (t=1, 2, 3, ...). Then
23 we multiplied the baseline population size of 235 million by the proportion of people who are alive each
24 year (**Appendix Table 5**).
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43

44 We then estimated the per-person annual cost for cost categories #2, #3 (annual part), and #4, by
45 dividing the annual cost estimated in the second year of implementing the policy among all US
46 populations by the population size in the second year. Specifically, for government monitoring and
47 evaluation, the per person annual cost is estimated $\$503,648/233,719,989=\0.00215 , the per person
48 annual cost for industry compliance recurring component is $\$/233,719,989=\$$, and that for reformulation
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 is \$662,800,000 /233,719,989=\$2.83587. Taken together, to estimate the discounted annual cost of #2,
4
5 #3 (annual part), and #4, we multiplied the population at risk, the per person annual cost estimated at
6
7 year-2, and the year-specific discounting factor, using: discounted annual cost = population at risk x per-
8
9 person annual cost x $1/(1+3\%)^{(t-1)}$.
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

For peer review only

Appendix Table 4. Implementation cost estimates for the federal menu calorie labeling policy (in 2015 US dollars)

Policy Effect	Cost Category	One-time Cost*	Annual Cost*	Source	Major Elements
Consumer behavior	1. Government administration [#]	\$9,073,620 (\$7,258,896 to \$10,888,344)	N/A	FDA FY 2012 Budget Report ²²	1) Costs for outreach, education, review of regulatory issues, developing training for inspectors, etc.
	2. Government monitoring and evaluation [#]	N/A	\$503,648 (\$402,918 to \$604,378) (starting from 2 nd year and last for a lifetime)	Nutrition Review Project report ²³	1) Monitor industry compliance 2) Evaluate the accuracy, usefulness, and health impact of the policy intervention
	3. Industry compliance	\$276,632,470 (\$225,552,530 to \$327,205,740)	\$27,648,591 (\$16,756,003 to \$38,649,212) (starting from 2 nd year and last for a lifetime)	FDA's RIA ²⁴ Table 4-8	1) Collecting and managing records of nutritional analysis for each standard menu item (initial cost + recurring cost associated with new chains) 2) Revising or replacing existing menus, menu boards, and providing full written nutrition information (initial cost + recurring cost associated with new chains) 3) Training employees to understand the nutrition information to help ensure compliance with the final requirements (initial cost + recurring cost associated with new chains) 4) Legal review (initial cost + recurring cost associated with new chains)
Industry response [^]	4. Industry reformulation	N/A	\$15,059,100 (\$5,791,900 to \$24,124,700) (starting from 2 nd year and last for a lifetime)	FDA's RIA ²⁴ Table 4-8	1) Annually recurring costs of nutrition analysis refer to the nutrition cost that will be incurred by the covered establishments due to the introduction of a new standard or reformulated standard menu items in their menus and the cost that will be incurred by new chains entering the industry 2) Annually recurring changes to menus or menu boards will be tied to new or reformulated standard menu items. In general, these future changes to menus will be incorporated into the natural menu

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47

					<p>replacement cycle, so there will be no additional recurring menu update costs. However, all chain retail food establishments will need to provide additional written nutrition information for the reformulated or newly introduced menu items</p> <p>Average formula count, 6 new menu items, and 6 reformulated items per year FDA reformulation cost model</p>
--	--	--	--	--	--

*Policy intervention costs were inflated to 2015 US (December) dollars using the Consumer Price Index.
 # Given no range of uncertainty was provided in source materials, we assumed 20% uncertainty around these costs.
 ^Some chains or establishments may respond to increased consumer interest in caloric content standard menu items by reformulating existing menu items or by introducing new, lower-calorie items. The change in manufacturing costs associated with reformulating these items has not been included in the cost estimation, the FDA includes the cost associated with analyzing the nutrition information of new or reformulated items.

Peer review only

Appendix Table 5. The population size of people who are alive each year over a lifetime (in millions)

Year	Population Size (Million)
1	235.2
2	233.7
3	232.1
4	230.4
5	228.2
⋮	⋮
67	5.832
68	4.348
69	3.157
70	2.233

Appendix 6. Annual health-related costs among cancer patients and the general population without cancer

The annual health-related costs data include: 1) medical expenditure, 2) productivity loss from missed workdays or disability, and 3) patient time cost associated with receiving care for cancer survivors by age (under 65 vs. above 65 years old) and phase of care (initial, continuing, end-year of life); 4) medical expenditure, 5) productivity loss, and 6) patient time cost for individuals without cancer by age and status of end year of life. The description of the data source and data structure were provided in **Appendix Table 6**.

We extracted the raw data for each of the costing components from the published literature.^{15, 25-29} The overall assumptions for data extraction include: 1) health-related costs for breast cancer among postmenopausal females, advanced prostate cancer, esophageal adenocarcinoma, and stomach cardia cancer, by age, sex, and phase of cancer care, were the same as those for breast cancer, prostate cancer, esophagus cancer, and stomach cancer; 2) if no data available for a specific cancer type, we assumed the costs for that cancer type were the same as the estimates of costs for all-cancer sites, e.g., medical expenditure for all-cancer sites were used to replace the medical expenditures for multiple myeloma, gallbladder, liver, and thyroid cancers; 3) we extracted the costs for end-year of life due to cancer death and assumed that death due to other causes is not a competing outcome; 4) we assumed that the end-year life medical expenditure for individuals without cancer does not vary by the 32 subgroups.

If a specific costing component was not reported directly in the raw data, we calculated the cost for that component based on available data. For example, the annual productivity loss for colorectal cancer was reported as a percentage of total health-related costs.²⁹ We multiplied the percentage and the total health-related costs to obtain the productivity loss for colorectal cancer. We also performed data imputation for unavailable data. For instance, the annual productivity loss for all-cancer sites was

1
2
3 reported by time interval since cancer diagnosis (diagnosed within one year vs. diagnosed greater than
4 one year).²⁵ To obtain this costing component by the defined phases of care, we calculated the weighted
5 means which was used as the annual productivity loss for the continuous phase. We then assumed that
6 the productivity loss in the initial phase and end-of-life phase of cancer care are 1.3 times and 4 times
7 the mean estimates based on available data for other cancers.^{15, 25} For individuals without cancer, we
8 assumed that the end-of-life productivity loss is 4 times to the mean estimate of the productivity loss.
9
10 The same rules applied to data imputation for patient time costs.

11
12 We then applied the age shifting to keep the expenditures consistent within each age group.
13 Starting from 2021, individuals in the cohort of 55-64 years old have turned into the cohort of 65 years
14 and older. Therefore, we assumed that starting from 2021, the health-related expenditures for individuals
15 who were in the cohort of 55-64 years old would be the same as those for individuals who were in the
16 cohort of 65 years and older at the beginning of the DiCOM model. Based on the same assumption,
17 starting from 2031 and 2047, the health-related expenditures for the cohort of 45-54 years old and those
18 for the cohort of 20-44 years old were projected to be the same as those for the cohort of 65 years and
19 older, respectively. We followed the same rule and applied the age shifting for the health-related
20 expenditures for individuals without cancer. All estimations and projections were performed in SAS 9.4.
21 All health-related expenditures were inflated to 2015 US dollars using the Personal Health Care (PHC)
22 index.

Appendix Table 6. Description of the data source of health-related expenditures

	A. Cancer Survivors		B. Individuals without Cancer	
	Data source (Excess or Total)	Category	Data source	Category
Medical expenditure	Mariotto et al. 2011, SEER-Medicare, in 2010 US dollars (Excess)	-by phase of care ¹ -by age (under 65 vs. above 65 years old) -by sex	Kim et al. 2018, MEPS 2013-2014, <i>in vivo</i> analysis, in 2014 US dollars (Total)	-Medical expenditure among all US adults -by 32 subgroups stratified by age, sex, and race/ethnicity
			Hogen et al. 2001, SEER-Medicare (65+), in 2001 US dollars (Total)	-Medical expenditure in the end year of life among all US adults
Productivity loss	Zheng et al. 2016, MEPS 2008-2012, data available for colorectal, female breast, and prostate cancers, in 2012 US dollars (Total)	-by age		
	Guy et al. 2013, MEPS 2008-2010, all types of cancer, in 2010 US dollars (Total)	-by age -by time interval since cancer diagnosis (less than 1 year vs. greater than 1 year) ²	Guy et al. 2013, MEPS 2008-2010, in 2010 US dollars (Total)	-by age
Patient time cost	Yabroff et al. 2014, MEPS 2008-2011, all types of cancer, in 2011 US dollars (Total)	-by age	Yabroff et al. 2014, MEPS 2008-2011, in 2011 US dollars (Total)	-by age

1. The definition of phases of care: 1) initial phase, defined as the first 12 months following diagnosis, 2) end-year of life phase, defined as the final 12 months of life, and 3) the continuing phase, defined as all the months between the initial phase and the end-year of life. The costs of end-year of life varied by cause of death, either cancer-specific death or death due to other causes.

2. Weighted means were calculated based on sample sizes and strata means.

Reference

1. Shangquan S, Afshin A, Shulkin M, et al. A Meta-Analysis of Food Labeling Effects on Consumer Diet Behaviors and Industry Practices. *American journal of preventive medicine*. Feb 2019;56(2):300-314. doi:10.1016/j.amepre.2018.09.024
2. Food and Drug Administration. Food Labeling; Nutrition Labeling of Standard Menu Items in Restaurants and Similar Retail Food Establishments; Calorie Labeling of Articles of Food in Vending Machines; Final Rule In: Department of Health and Human Services, editor. 2014.
3. Long MW, Tobias DK, Craddock AL, Batchelder H, Gortmaker SL. Systematic review and meta-analysis of the impact of restaurant menu calorie labeling. *Am J Public Health*. 2015;105(5):e11-e24. doi:10.2105/AJPH.2015.302570
4. Petimar J, Zhang F, Cleveland LP, et al. Estimating the effect of calorie menu labeling on calories purchased in a large restaurant franchise in the southern United States: quasi-experimental study. *BMJ (Clinical research ed)*. 2019;367:l5837-l5837. doi:10.1136/bmj.l5837
5. Kaur A, researcher, Briggs ADM, academic v. Calorie labelling to reduce obesity. *BMJ (Clinical research ed)*. 2019;367:l6119-l6119. doi:10.1136/bmj.l6119
6. Auchincloss AH, Mallya GG, Leonberg BL, Ricchezza A, Glanz K, Schwarz DF. Customer responses to mandatory menu labeling at full-service restaurants. *American journal of preventive medicine*. 2013;45(6):710-719. doi:10.1016/j.amepre.2013.07.014
7. Littlewood JA, Lourenço S, Iversen CL, Hansen GL. Menu labelling is effective in reducing energy ordered and consumed: a systematic review and meta-analysis of recent studies. *Public Health Nutr*. 2016;19(12):2106-2121. doi:10.1017/S1368980015003468
8. Cantu-Jungles TM, McCormack LA, Slaven JE, Slobodnik M, Eicher-Miller HA. A Meta-Analysis to Determine the Impact of Restaurant Menu Labeling on Calories and Nutrients (Ordered or Consumed) in U.S. Adults. *Nutrients*. 2017;9(10):1088. doi:10.3390/nu9101088
9. Bleich SN, Wolfson JA, Jarlenski MP. Calorie changes in chain restaurant menu items: implications for obesity and evaluations of menu labeling. *American journal of preventive medicine*. Jan 2015;48(1):70-5. doi:10.1016/j.amepre.2014.08.026
10. Bleich SN, Wolfson JA, Jarlenski MP. Calorie Changes in Large Chain Restaurants: Declines in New Menu Items but Room for Improvement. *American journal of preventive medicine*. 2016;50(1):e1-e8. doi:10.1016/j.amepre.2015.05.007
11. Bleich SN, Wolfson JA, Jarlenski MP. Calorie changes in large chain restaurants from 2008 to 2015. *Preventive medicine*. Jul 2017;100:112-116. doi:10.1016/j.ypmed.2017.04.004
12. Bleich SN, Moran AJ, Jarlenski MP, Wolfson JA. Higher-Calorie Menu Items Eliminated in Large Chain Restaurants. *American journal of preventive medicine*. Feb 2018;54(2):214-220. doi:10.1016/j.amepre.2017.11.004
13. Bleich SN, Wolfson JA, Jarlenski MP, Block JP. Restaurants With Calories Displayed On Menus Had Lower Calorie Counts Compared To Restaurants Without Such Labels. *Health affairs (Project Hope)*. 2015;34(11):1877-1884. doi:10.1377/hlthaff.2015.0512
14. Centers for Disease Control and Prevention. NPCR and SEER Incidence – U.S. Cancer Statistics Public Use Databases. United States Department of Health and Human Services, Centers for Disease Control and Prevention and National Cancer Institute. Accessed September 4, 2019. www.cdc.gov/cancer/uscs/public-use
15. Mariotto AB, Yabroff KR, Shao Y, Feuer EJ, Brown ML. Projections of the cost of cancer care in the United States: 2010-2020. *Journal of the National Cancer Institute*. Jan 19 2011;103(2):117-28. doi:10.1093/jnci/djq495
16. Clegg LX, Hankey BF, Tiwari R, Feuer EJ, Edwards BK. Estimating average annual per cent change in trend analysis. *Statistics in medicine*. Dec 20 2009;28(29):3670-82. doi:10.1002/sim.3733
17. United States Census Bureau. Projections for the United States: 2017 to 2060. Accessed July 3, 2019. <https://www.census.gov/data/tables/2017/demo/popproj/2017-summary-tables.html>

- 1
2
3 18. National Cancer Institute. Surveillance research Program. Measures of Cancer Survival.
4 <https://surveillance.cancer.gov/survival/measures.html>
- 5 19. Brenner H, Hakulinen T. Up-to-date and precise estimates of cancer patient survival: model-based
6 period analysis. *American journal of epidemiology*. Oct 1 2006;164(7):689-96. doi:10.1093/aje/kwj243
- 7 20. Brenner H, Hakulinen T. Up-to-date cancer survival: period analysis and beyond. *International journal of*
8 *cancer*. Mar 15 2009;124(6):1384-90. doi:10.1002/ijc.24021
- 9 21. National Cancer Institute. Surveillance Research Program. Cancer Survival Statistics: Cohort Definition
10 Using Diagnosis Year. <https://surveillance.cancer.gov/survival/cohort.html>
- 11 22. Food and Drug Administration. *Justification of Estimates for Appropriations Committees Fiscal Year*
12 *2012*. 2012.
13 <https://www.fda.gov/downloads/AboutFDA/ReportsManualsForms/Reports/BudgetReports/UCM243370.pdf>
- 14 23. Food and Drug Administration. *The Nutrition Review Project. Report to the Director, Center for Food*
15 *Safety and Applied Nutrition*. 2014. [http://www.fdalawblog.net/wp-](http://www.fdalawblog.net/wp-content/uploads/archives/docs/Nutrition%20Review%20Project.pdf)
16 [content/uploads/archives/docs/Nutrition%20Review%20Project.pdf](http://www.fdalawblog.net/wp-content/uploads/archives/docs/Nutrition%20Review%20Project.pdf)
- 17 24. S. FaDAaHH. Food labeling; nutrition labeling of standard menu items in restaurants and similar retail
18 food establishments. Final rule. *Fed Regist*. 2014;79(230):71155-71259.
- 19 25. Guy GP, Jr., Ekwueme DU, Yabroff KR, et al. Economic burden of cancer survivorship among adults in the
20 United States. *Journal of clinical oncology : official journal of the American Society of Clinical Oncology*. Oct 20
21 2013;31(30):3749-57. doi:10.1200/jco.2013.49.1241
- 22 26. Hogan C, Lunney J, Gabel J, Lynn J. Medicare beneficiaries' costs of care in the last year of life. *Health*
23 *affairs (Project Hope)*. Jul-Aug 2001;20(4):188-95. doi:10.1377/hlthaff.20.4.188
- 24 27. Yabroff KR, Davis WW, Lamont EB, et al. Patient time costs associated with cancer care. *Journal of the*
25 *National Cancer Institute*. Jan 3 2007;99(1):14-23. doi:10.1093/jnci/djk001
- 26 28. Yabroff KR, Guy GP, Jr., Ekwueme DU, et al. Annual patient time costs associated with medical care
27 among cancer survivors in the United States. *Medical care*. Jul 2014;52(7):594-601.
28 doi:10.1097/mlr.0000000000000151
- 29 29. Zheng Z, Yabroff KR, Guy GP, Jr., et al. Annual Medical Expenditure and Productivity Loss Among
30 Colorectal, Female Breast, and Prostate Cancer Survivors in the United States. *Journal of the National Cancer*
31 *Institute*. May 2016;108(5)doi:10.1093/jnci/djv382
- 32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

CHEERS Checklist

Items to include when reporting economic evaluations of health interventions

The **ISPOR CHEERS Task Force Report**, *Consolidated Health Economic Evaluation Reporting Standards (CHEERS)—Explanation and Elaboration: A Report of the ISPOR Health Economic Evaluations Publication Guidelines Good Reporting Practices Task Force*, provides examples and further discussion of the 24-item CHEERS Checklist and the CHEERS Statement. It may be accessed via the *Value in Health* or via the ISPOR Health Economic Evaluation Publication Guidelines – CHEERS: Good Reporting Practices webpage: <http://www.ispor.org/TaskForces/EconomicPubGuidelines.asp>

Section/item	Item No	Recommendation	Reported on page No/line No
Title and abstract			
Title	1	Identify the study as an economic evaluation or use more specific terms such as “cost-effectiveness analysis”, and describe the interventions compared.	Page 1/Lines 1-2
Abstract	2	Provide a structured summary of objectives, perspective, setting, methods (including study design and inputs), results (including base case and uncertainty analyses), and conclusions.	Pages 3-4/ Lines 32-59
Introduction			
Background and objectives	3	Provide an explicit statement of the broader context for the study. Present the study question and its relevance for health policy or practice decisions.	Pages 5-6/ Lines 64-92
Methods			
Target population and subgroups	4	Describe characteristics of the base case population and subgroups analysed, including why they were chosen.	Page 9/ Lines 106-113
Setting and location	5	State relevant aspects of the system(s) in which the decision(s) need(s) to be made.	Page 6/Lines 96-98
Study perspective	6	Describe the perspective of the study and relate this to the costs being evaluated.	Page 12/ Lines 189-197
Comparators	7	Describe the interventions or strategies being compared and state why they were chosen.	Pages 9-10/ Lines 125-140
Time horizon	8	State the time horizon(s) over which costs and consequences are being evaluated and say why appropriate.	Page 6/ Lines 98-99
Discount rate	9	Report the choice of discount rate(s) used for costs and outcomes and say why appropriate.	Page 12 /Line 198
Choice of health outcomes	10	Describe what outcomes were used as the measure(s) of benefit in the evaluation and their relevance for the type of analysis performed.	Page 11/ Lines 158-170
Measurement of effectiveness	11a	<i>Single study-based estimates:</i> Describe fully the design features of the single effectiveness study and why the single study was a sufficient source of clinical effectiveness data.	



1		11b	<i>Synthesis-based estimates</i> : Describe fully the methods used for identification of included studies and synthesis of clinical effectiveness data.	Pages 9-11/ Lines 115-170
2				
3				
4	Measurement and	12	If applicable, describe the population and methods used to	
5	valuation of preference		elicit preferences for outcomes.	
6	based outcomes			
7	Estimating resources	13a	<i>Single study-based economic evaluation</i> : Describe approaches	
8	and costs		used to estimate resource use associated with the alternative	
9			interventions. Describe primary or secondary research methods	
10			for valuing each resource item in terms of its unit cost.	
11			Describe any adjustments made to approximate to opportunity	
12			costs.	
13		13b	<i>Model-based economic evaluation</i> : Describe approaches and	
14			data sources used to estimate resource use associated with	
15			model health states. Describe primary or secondary research	Page 11/ Lines 168-170
16			methods for valuing each resource item in terms of its unit	
17			cost. Describe any adjustments made to approximate to	
18			opportunity costs.	
19	Currency, price date,	14	Report the dates of the estimated resource quantities and unit	
20	and conversion		costs. Describe methods for adjusting estimated unit costs to	
21			the year of reported costs if necessary. Describe methods for	Page 12/Line 197-198
22			converting costs into a common currency base and the	
23			exchange rate.	
24	Choice of model	15	Describe and give reasons for the specific type of decision-	
25			analytical model used. Providing a figure to show model	Supplementary Figure 1
26			structure is strongly recommended.	Pages 9-10/ Lines 118-120, 128-129, 135-140, 145-152
27	Assumptions	16	Describe all structural or other assumptions underpinning the	
28			decision-analytical model.	
29	Analytical methods	17	Describe all analytical methods supporting the evaluation. This	
30			could include methods for dealing with skewed, missing, or	
31			censored data; extrapolation methods; methods for pooling	Page 13/ Lines 210-214
32			data; approaches to validate or make adjustments (such as half	
33			cycle corrections) to a model; and methods for handling	
34			population heterogeneity and uncertainty.	
35				
36				
37				
38				
39				
40				
41	Results			
42	Study parameters	18	Report the values, ranges, references, and, if used, probability	
43			distributions for all parameters. Report reasons or sources for	
44			distributions used to represent uncertainty where appropriate.	
45			Providing a table to show the input values is strongly	Pages 7-8/Table 1
46			recommended.	
47	Incremental costs and	19	For each intervention, report mean values for the main	
48	outcomes		categories of estimated costs and outcomes of interest, as well	Pages 16-17/ Table 2
49			as mean differences between the comparator groups. If	
50			applicable, report incremental cost-effectiveness ratios.	
51	Characterising	20a	<i>Single study-based economic evaluation</i> : Describe the effects	
52	uncertainty		of sampling uncertainty for the estimated incremental cost and	
53				
54				
55				
56				
57				
58				
59				
60				

1		incremental effectiveness parameters, together with the impact	
2		of methodological assumptions (such as discount rate, study	
3		perspective).	
4			
5	20b	<i>Model-based economic evaluation</i> : Describe the effects on the	
6		results of uncertainty for all input parameters, and uncertainty	Page 21/ Lines 282-295
7	Characterising	related to the structure of the model and assumptions.	
8	heterogeneity		
9	21	If applicable, report differences in costs, outcomes, or cost-	
10		effectiveness that can be explained by variations between	
11		subgroups of patients with different baseline characteristics or	Pages 18-19/ Lines 267-281
12		other observed variability in effects that are not reducible by	
13	Discussion	more information.	
14	Study findings,		
15	limitations,		
16	generalisability, and	22 Summarise key study findings and describe how they support	
17	current knowledge	the conclusions reached. Discuss limitations and the	
18		generalisability of the findings and how the findings fit with	Pages 21-24
19	Other	current knowledge.	
20	Source of funding	23 Describe how the study was funded and the role of the funder	
21		in the identification, design, conduct, and reporting of the	
22		analysis. Describe other non-monetary sources of support.	Page 26
23	Conflicts of interest	24 Describe any potential for conflict of interest of study	
24		contributors in accordance with journal policy. In the absence	
25		of a journal policy, we recommend authors comply with	Pages 26-27
26		International Committee of Medical Journal Editors	
27		recommendations.	
28			
29			

31 For consistency, the CHEERS Statement checklist format is based on the format of the CONSORT
 32 statement checklist

35 The **ISPOR CHEERS Task Force Report** provides examples and further discussion of the 24-item
 36 CHEERS Checklist and the CHEERS Statement. It may be accessed via the *Value in Health* link or via the
 37 ISPOR Health Economic Evaluation Publication Guidelines – CHEERS: Good Reporting Practices
 38 webpage: <http://www.ispor.org/TaskForces/EconomicPubGuidelines.asp>

41 The citation for the CHEERS Task Force Report is:
 42 Husereau D, Drummond M, Petrou S, et al. Consolidated health economic evaluation reporting standards
 43 (CHEERS)—Explanation and elaboration: A report of the ISPOR health economic evaluations publication
 44 guidelines good reporting practices task force. *Value Health* 2013;16:231-50.



BMJ Open

Cost-Effectiveness Analysis of the Federal Menu Calorie Labeling and Obesity-Associated Cancer Burdens in the United States

Journal:	<i>BMJ Open</i>
Manuscript ID	bmjopen-2022-063614.R1
Article Type:	Original research
Date Submitted by the Author:	11-Nov-2022
Complete List of Authors:	Du, Mengxi; Tufts University Friedman School of Nutrition Science and Policy, Griecci, Christina; Tufts University - Boston Campus, Friedman School of Nutrition and Policy Cudhea, Frederick; Tufts University Friedman School of Nutrition Science and Policy Eom, Heesun; New York Academy of Medicine, REAP Wong, John; Tufts Medical Center, Institute of Clinical Research and Health Policy Studies Wilde, Parke; Tufts University Friedman School of Nutrition Science and Policy Kim, David; Tufts Medical Center, Center for the Evaluation of Value and Risk in Health, Institute for Clinical Research and Health Policy Studies Michaud, Dominique; Tufts University School of Medicine, Wang, Y. Claire; Columbia University Mailman School of Public Health, Department of Health Policy and Management Mozaffarian, Dariush; Friedman School of Nutrition Science and Policy, Tufts University, Zhang, Fang-Fang; Tufts University Friedman School of Nutrition Science and Policy
Primary Subject Heading:	Health economics
Secondary Subject Heading:	Health policy, Public health, Nutrition and metabolism
Keywords:	Health policy < HEALTH SERVICES ADMINISTRATION & MANAGEMENT, NUTRITION & DIETETICS, HEALTH ECONOMICS

SCHOLARONE™
Manuscripts



I, the Submitting Author has the right to grant and does grant on behalf of all authors of the Work (as defined in the below author licence), an exclusive licence and/or a non-exclusive licence for contributions from authors who are: i) UK Crown employees; ii) where BMJ has agreed a CC-BY licence shall apply, and/or iii) in accordance with the terms applicable for US Federal Government officers or employees acting as part of their official duties; on a worldwide, perpetual, irrevocable, royalty-free basis to BMJ Publishing Group Ltd ("BMJ") its licensees and where the relevant Journal is co-owned by BMJ to the co-owners of the Journal, to publish the Work in this journal and any other BMJ products and to exploit all rights, as set out in our [licence](#).

The Submitting Author accepts and understands that any supply made under these terms is made by BMJ to the Submitting Author unless you are acting as an employee on behalf of your employer or a postgraduate student of an affiliated institution which is paying any applicable article publishing charge ("APC") for Open Access articles. Where the Submitting Author wishes to make the Work available on an Open Access basis (and intends to pay the relevant APC), the terms of reuse of such Open Access shall be governed by a Creative Commons licence – details of these licences and which [Creative Commons](#) licence will apply to this Work are set out in our licence referred to above.

Other than as permitted in any relevant BMJ Author's Self Archiving Policies, I confirm this Work has not been accepted for publication elsewhere, is not being considered for publication elsewhere and does not duplicate material already published. I confirm all authors consent to publication of this Work and authorise the granting of this licence.

1
2
3 1 **Cost-Effectiveness Analysis of the Federal Menu Calorie Labeling and Obesity-Associated**
4
5 2 **Cancer Burdens in the United States**
6

7
8 3 Mengxi Du, doctoral candidate¹, Christina F. Griecci, postdoctoral fellow¹, Frederick Cudhea,
9
10 4 statistician¹, Heesun Eom, research assistant^{1,2}, John B. Wong, director of comparative
11
12 5 effectiveness research³, Parke Wilde, professor of food and nutrition policy¹, David D. Kim,
13
14 6 assistant professor of medicine⁴, Dominique S. Michaud, professor of public health and
15
16 7 community medicine⁵, Y. Claire Wang, associate professor, vice president of research,
17
18 8 evaluation and policy^{2,6}, Dariush Mozaffarian, dean and Jean Mayer professor of nutrition¹,
19
20 9 Fang Fang Zhang, Neely Family professor of nutrition and cancer¹ *on behalf of the Food-PRICE*
21
22 10 *Project*
23

- 24
25
26 11 1. Friedman School of Nutrition Science & Policy, Tufts University, Boston, MA
27
28 12 2. New York Academy of Medicine, New York, NY
29
30 13 3. Division of Clinical Decision Making, Tufts Medical Center, Boston, MA
31
32 14 4. Center for the Evaluation of Value and Risk in Health, Institute for Clinical Research and
33
34 15 Health Policy Studies, Tufts Medical Center, Boston, MA
35
36 16 5. Department of Public Health and Community Medicine, School of Medicine, Tufts University,
37
38 17 Boston, MA
39
40 18 6. Department of Health Policy and Management, Mailman School of Public Health, Columbia
41
42 19 University, New York, NY
43
44
45

46 20 **Short Running Head:** Cost-Effectiveness of Menu Calorie Labeling to Prevent Cancer
47
48

49 21 **Word Count:** 3895
50
51
52
53
54
55
56
57
58
59
60

1
2
3 22 **Corresponding Author:** Fang Fang Zhang, M.D., Ph.D., Friedman School of Nutrition Science
4
5 23 and Policy, Tufts University, 150 Harrison Avenue, Boston, MA 02111
6
7 24 (fang_fang_zhang@tufts.edu). Phone: 617-636-3740; Fax: 617-636-3727
8
9
10 25 **Abbreviations:** AMPM, Automated Multiple Pass Method; BMI, Body Mass Index; CDC,
11
12 26 Centers of Disease Control and Prevention; CI, Confidence Interval; DiCOM, Diet and Cancer
13
14 27 Outcome Model; FDA, Food and Drug Administration; FNDDS, Food and Nutrient Database for
15
16 28 Dietary Studies; MEC, Mobile Examination Center; NCHS, National Center for Health
17
18 29 Statistics; NHANES, National Health and Nutrition Examination Survey; PSA, Probabilistic
19
20 30 sensitivity analysis; SD, Standard Deviation; SE, Standard Error; USDA, United States
21
22 31 Department of Agriculture; UI, Uncertainty Interval
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 **32 ABSTRACT**
4

5 **33 Objective** To assess the impact of menu calorie labeling on reducing obesity-associated cancer
6
7
8 **34** burdens in the United States (US).
9

10 **35 Design** Cost-effectiveness analysis using a Markov cohort state-transition model.
11

12 **36 Setting** Policy intervention.
13

14 **37 Participants** A modeled population of 235 million adults aged 20+ years in 2015-2016.
15

16
17 **38 Interventions** The impact of menu calorie labeling on reducing 13 obesity-associated cancers
18
19 **39** among US adults over a lifetime was evaluated in scenarios: (1) effects on consumer behaviors;
20
21 **40** and (2) additional effects on industry reformulation. The model integrated nationally
22
23 **41** representative demographics, calorie intake from restaurants, cancer statistics, and estimates on
24
25 **42** associations of policy with calorie intake, dietary change with BMI change, BMI with cancer
26
27 **43** rates, and policy and healthcare costs from published literature.
28
29

30
31 **44 Main outcome measures** Averted new cancer cases and cancer deaths and net costs (in 2015 US
32
33 **45** dollars) among total population and demographic subgroups. Incremental cost-effectiveness
34
35 **46** ratios from societal and healthcare perspectives were assessed and compared to the threshold of
36
37 **47** \$150 000 per quality-adjusted life year (QALY) gained. Probabilistic sensitivity analyses
38
39 **48** incorporated uncertainty in input parameters and generated 95% uncertainty intervals (UIs).
40
41

42 **49 Results** Considering consumer behavior alone, this policy was associated with 28 000 (95% UI:
43
44 **50** 16 300-39 100) new cancer cases and 16 700 (9610-23 600) cancer deaths averted, 111 000 (64
45
46 **51** 800-158 000) QALY gained, and \$1480 (\$884-\$2080) million saved in cancer-related medical
47
48 **52** costs among US adults. The policy was associated with net cost savings of \$1460 (\$864-\$2060)
49
50 **53** million and \$1350 (\$486-\$2260) million from healthcare and societal perspectives, respectively.
51
52
53 **54** Additional industry reformulation would substantially increase policy impact. Greater health
54
55
56
57
58
59
60

55 gains and cost savings were predicted among young adults, Hispanic and non-Hispanic Black
56 individuals.

57 **Conclusions** Study findings suggest that menu calorie labeling is associated with lower obesity-
58 related cancer burdens and reduced healthcare costs. Policymakers may prioritize nutrition
59 policies for cancer prevention in the US.

60 (Word Count: 300)

61 **Keywords:** obesity, cost-effectiveness, menu calorie labeling, cancer incidence, cancer death,
62 medical cost

64 **Strengths and limitations of this study**

- 65 • Our study is among the first to demonstrate that the federal menu calorie labeling policy
66 could be a cost-effective strategy to reduce obesity-related cancers in the US and
67 potentially narrow diet-associated cancer disparities.
- 68 • This cost-effectiveness evaluation incorporated data input parameters from established
69 resources and the evidence was robust to different policy scenarios.
- 70 • However, this modeling study does not provide a real-world evaluation of the impact of
71 policy implementation on health and economic outcomes.
- 72 • We only modeled the impact of menu calorie labeling on calories although the policy
73 may also result in potential changes in the nutritional quality of the restaurant meals.

74 INTRODUCTION

75 Obesity affects 1 in 3 Americans and is an established risk factor for 13 types of cancers, such as
76 endometrial, liver, breast, prostate, and colorectal cancers.¹ Obesity-associated cancer represents
77 40% of all newly diagnosed cancer cases and contributes to 43.5% of total direct cancer care
78 expenditures, estimated at \$35.9 billion (US dollars) in 2015.¹⁻⁷ Rates of obesity-associated
79 cancers are also rising disproportionately among young adults.^{5,8} Substantial health and economic
80 burdens highlight the need to prioritize cost-effective strategies to reduce obesity-associated
81 cancers in the US.

82
83 Diet is one of the few modifiable factors for both obesity and obesity-associated cancers.^{2,9}
84 Restaurant meals account for 1 in 5 calories consumed by US adults, including 9% of calories
85 from full-service restaurants and 12% from fast-food restaurants,¹⁰ and therefore, can be an
86 important target for improving population diet. Restaurant meals can have very high calories,
87 with a mean energy of 1362 kcal/meal and 969 kcal/meal in popular meals from randomly
88 selected full-service and fast-food restaurants, respectively.¹¹ Consistently, individuals who cook
89 less frequently at home consume more daily calories than those who cook more at home.¹² Thus,
90 reducing calories consumed from restaurant meals has the potential to reduce daily calorie intake
91 and subsequent obesity and obesity-related cancer burdens.

92
93 To help consumers make lower-calorie choices, the Affordable Care Act mandated that all chain
94 restaurants with 20 or more outlets post calorie information on menus and menu boards for all
95 standard menu items.¹³ The FDA published the final rules for this policy in 2016, which was
96 subsequently implemented in 2018. A meta-analysis of 14 interventional studies including 5

1
2
3 97 randomized controlled trials (RCTs) and a recent quasi-experimental longitudinal study among
4
5 98 104 restaurants demonstrated that menu calorie labeling resulted in a reduction of 7.3% in caloric
6
7
8 99 intake per meal and a 60 kcal (4%) reduction in calorie purchased per transaction, respectively.¹⁴
9
10 100 ¹⁵ Such policy can also motivate restaurant reformulation to lower calorie contents or introduce
11
12 101 healthier food options.¹⁶⁻²¹ Prior cost-effectiveness analyses suggest that this policy is associated
13
14 102 with substantial health gains and is a cost-saving strategy for reducing obesity and obesity-
15
16 103 related diseases.^{22 23} It was estimated that the menu calorie labeling on fast foods was associated
17
18 104 with a 25 kJ (6 kcal) reduction in mean daily energy intake, leading to a -0.2 kg change in mean
19
20 105 body weight, a gain of 63 492 health-adjusted life years, and net savings of half billion (2010
21
22 106 Australian dollars) among Australians aged 2 years and above over their lifetime.²² Researchers
23
24 107 in the US have demonstrated that this policy would prevent a large number of incident
25
26 108 cardiovascular diseases (135 781) and type 2 diabetes (99 736) and net savings of over \$10
27
28 109 billion (2018 US dollars) among US adults over a lifetime.^{22 23} However, the health and
29
30 110 economic benefits of the policy for obesity-associated cancers have not been evaluated. This
31
32 111 study aimed to address the knowledge gap by evaluating the cost-effectiveness of the federal
33
34 112 menu calorie labeling and obesity-associated cancer burdens among US adults.
35
36
37
38
39
40
41

113

114 **METHODS**

115 **Study Overview**

116 The Diet and Cancer Outcome (DiCOM), a probabilistic cohort state-transition model,^{24 25} was
117 used to perform an economic evaluation of the menu calorie labeling and obesity-associated
118 cancer rates among 235 million US adults aged 20 years and older (US Census), by comparing a
119 policy scenario (menu calorie label) to status quo (no policy), over a simulated lifetime starting

1
2
3 120 from 2015. The model consists of (1) four health states: healthy without cancer, initial diagnosis
4
5 121 and treatment for 13 types of obesity-related cancers, continuous care for each of the 13 cancers,
6
7 122 and death (from 13 cancers or other causes); (2) the annual likelihood of changes in health; and
8
9
10 123 (3) the lifetime consequences of such changes on health outcomes and economic costs.
11
12 124 (Supplementary Figure 1). The DiCOM model integrated independent parameters from different
13
14 125 data sources, including nationally representative population demographics, dietary intake, and
15
16 126 cancer statistics; association estimates of policy intervention with diet, diet change with body
17
18 127 mass index (BMI), and BMI with cancer risks; and policy and health-related costs from
19
20 128 established sources (**Table 1**). This study used de-identified datasets and was exempt from
21
22 129 institutional review board review and follows the Consolidated Health Economic Evaluation
23
24 130 Reporting Standards (CHEERS) reporting guidelines.
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Table 1. Key input parameters and data sources in the Dietary Cancer Outcome Model (DiCOM)

Model Input	Outcome	Estimates	Distribution	Comments	Data Source
1. Simulated population	Population	Mean consumption of calories was 332 kcal/d from full-service or fast-food restaurants (Supplementary Tables 1, 8-9)	Gamma	Stratified by age, sex, race/ethnicity; 32 subgroups	NHANES 2013-2016
2. Policy effect ¹					
a) Consumer behavior	Policy effect	7.3% (4.4%-10.1%) (Appendix 1 and Appendix Table 1)	Beta	One-time effect	Meta-analysis of labeling interventions on reducing calorie intake, Shangguan et al., 2019, American Journal of Preventative Medicine
b) Industry response	Policy effect	5% (Appendix 1 and Appendix Table 2)	Beta	Assumption: no reformulation in the 1st year of policy intervention; Restaurants will replace the high-calorie menu items with low-calorie options or reformulate the menu items in years 2 to 5 of the intervention to achieve a 5% reduction in calorie contents	Calorie changes in large chain restaurants from 2008 to 2015, Bleich et al. 2017, Prev Med; Higher-Calorie Menu Items Eliminated in Large Chain Restaurants, Bleich et al. 2018, American Journal of Preventative Medicine
3. Effect of change in calorie intake on BMI change (kg/m ²) ¹	Dietary effect	Among individuals with: BMI <25: 0.0015 per kcal BMI ≥25: 0.003 per kcal	Normal	Assumption: 55 kcal per day reduction in calorie intake would lead to 1 pound weight loss within 1 year, with no further weight loss in the future	Hall et al., 2018, JAMA; Hall et al., 2011, Lancet
4. Etiologic effect of BMI on cancer outcomes ¹	Cancer outcome	RRs ranged from 1.05 to 1.50 (Supplementary Table 2)	Lognormal	BMI change and cancer incidence	Continuous Update Project (CUP) conducted by the World Cancer Research Fund (WCRF)/American

					Institute for Cancer Research (AICR)
5. Cancer statistics ¹	Cancer incidence ³ and survival	Appendixes 2-3, Appendix Tables 2-3, and Supplementary Tables 3-4	Beta	Stratified by age, sex, and race/ethnicity	NCI's Surveillance, Epidemiology, and End Results Program (SEER) Database; CDC's National Program of Cancer Registries (NPCR) Database
6. Healthcare-related costs ^{1,2}	Medical expenditures, productivity loss, and patient time costs	Appendix 6, Appendix Table 6, and Supplementary Tables 6-7	Gamma	Stratified by age, and sex	NCI's Cancer Prevalence and Cost of Care Projections; Published literature
7. Policy costs ^{1,2}	For government and industry	Appendix 5 and Appendix Tables 4-5	Gamma	Administration and monitoring costs for government; compliance and reformulation costs for industry	FDA's budget report; Nutrition Review Project; and FDA's RIA
8. Health-related quality of life (HRQOL) ¹	For 13 types of cancers	Ranged from 0.64 to 0.86 (Appendix 4 and Supplementary Table 5)	Beta	EQ-5D ⁴ data from published literature by cancer type	Published literature

Abbreviations: BMI, Body Mass Index; FDA, Food and Drug Administration; NCI, National Cancer Institute; NHANES, National Health, and Nutrition Examination Survey; UK, United Kingdom.

1. Uncertainty distributions were incorporated in the probabilistic sensitivity analyses. Uncertainties in each parameter were presented in supplemental materials (Table TS3 and Tables S3-9).

2. If the source did not provide uncertainty estimates, we assumed the standard errors were 20% of the mean estimate to generate gamma distribution.

3. Time-varying input parameter, for which the model accounted the secular trends. Details were provided in the Supplements.

4. EQ-5D is a standardized instrument developed by the EuroQol Group as a measure of health-related quality of life that can be used in a wide range of health conditions and treatments.

131 **Simulated US Population**

132 Because FDA's final rules on menu calorie labeling were published in 2016 and implemented in
133 2018, considering that some restaurants have implemented this policy prior to 2016 given the
134 law was passed in 2010, we used 2015-2016 as the baseline and assumed a closed cohort for this
135 analysis. The projected population size of US adults aged 20+ in 2015-2016 was obtained from
136 the US Census data.²⁶ We combined the 2013-2016 National Health and Nutrition Examination
137 Survey (NHANES) to approximate the baseline and simulate the nationally representative US
138 adult population aged 20+ years in 32 subgroups stratified by age (20-44, 45-54, 55-64, 65+), sex
139 (men, women), and race/ethnicity (non-Hispanic White, non-Hispanic Black, Hispanic, Other)
140 (Supplementary Table 1). This closed cohort of US adults was modeled from baseline through
141 their lifetime up to 80 years or until death.

143 **Calorie Consumption from Restaurants**

144 Mean calorie consumption from full-service and fast-food restaurants, demographics, and
145 prevalence of overweight or obesity were estimated using data collected from NHANES
146 participants with at least one valid 24-hour diet recall, in every 32 strata. Following FDA's
147 estimates,¹³ we assumed that policy would affect 56.5% of calories consumed at full-service
148 restaurants and 100% at fast-food restaurants. The National Cancer Institute method was used to
149 estimate the usual intake distribution by statistically adjusting for within vs. between variance in
150 dietary recalls.²⁷⁻²⁹ The complex survey design was incorporated in all statistical analyses to
151 ensure the representativeness of study findings to the non-institutionalized US adults.

152

153 **Policy Association with Calorie Consumption**

154 Policy association with consumer behaviors was obtained from a systematic review and meta-
155 analysis of 13 interventional studies (5 RCTs) with 19 interventions conducted in fast-food, full-
156 service, cafeterias, and laboratories between 2000 and 2015 that evaluated the effectiveness of
157 menu calorie labeling on consumers' calorie consumption per meal (Appendix 1 and Appendix
158 Table 1).¹⁵ The study results showed a 7.3% (95% CI: 4.4%-10.1%) reduction in calories
159 consumed per meal following calorie labeling. We assumed that the policy would have a one-
160 time effect over one year, with no further change over time.

161
162 Policy intervention may stimulate industries to reformulate their products to lower the calorie
163 content. Potential policy impact on industry reformulation was derived from studies of restaurant
164 menu items following the passage and initial period of partial implementation of the final rules
165 (Appendix Table 2). Between 2012-2014, among 66 of the 100 largest US chain restaurants,
166 replacing higher-calorie menu items with lower-calorie items led to a 1-5% calorie reduction per
167 menu item.^{19 20} Among 44 chain restaurants with menu calorie information available in 2008, the
168 calories per menu item fell by 7% between 2008 and 2015.¹⁸ Based on the evidence, we chose
169 5% as the mid-point for the potential policy impact on industry response, which may include
170 discontinuation of existing high-calorie menu items and/or introduction of lower-calorie menu
171 items. We assumed that no reformulation occurs in the 1st year of policy intervention, and
172 restaurants will replace the high-calorie menu items with low-calorie options or reformulate the
173 menu items in years 2 to 5 of the intervention to achieve a 5% reduction in calorie content, with
174 no change thereafter. Combining the effect on consumer behaviors with the effect on industry
175 response, the policy would lead to a 12.3% reduction in calories consumed per meal.

1
2
3 176
4
5 177 In addition, we conservatively assumed that there would be some compensatory increased calorie
6
7 178 intake outside of restaurants so that only half of all calories reduced from restaurant meals would
8
9 179 translate into long-term reductions in daily calories (compensation rate = 50%). Therefore, the
10
11 180 reduction in calorie consumption from fast-food or full-service restaurants among the simulated
12
13 181 population was computed using the baseline consumption times the policy effect estimates, and
14
15 182 then times the compensation rate.
16
17
18
19 183
20
21

22 184 **Calorie Reduction and Obesity-Associated Cancer Risk**

23
24 185 To estimate the relationships between calorie intake and obesity-associated cancers, we
25
26 186 associated the multivariate-adjusted association of change in calorie intake (kcal/day) with
27
28 187 change in BMI (kg/m²) and the estimates of BMI and cancer risks. Based on an established
29
30 188 energy-weight dynamic model that accounted for the long-term impacts of calorie reduction on
31
32 189 weight and metabolic expenditure, we assumed that each 55 kcal/day calorie reduction leads to 1
33
34 190 pound weight loss over one year among overweight or obese adults, with no further reduction
35
36 191 thereafter.^{30 31} Because long-term observational studies suggest that weight change for an
37
38 192 equivalent change in dietary intake is about twice as large in overweight or obese adults than
39
40 193 normal-weight adults,^{32 33} we conservatively applied half of this estimate to individuals with
41
42 194 normal weight. For each of the 13 obesity-related cancers, the estimated change in risk for each 5
43
44 195 kg/m² change in BMI was derived from the systematic reviews and meta-analyses of
45
46 196 multivariable-adjusted prospective cohort studies conducted by the World Cancer Research
47
48 197 Fund/American Institute for Cancer Research Continuous Update Project and the International
49
50 198 Agency for Research on Cancer (Supplementary Table 2).²
51
52
53
54
55
56
57
58
59
60

199

200 **Cancer Incidence, Mortality, and Health-Related Quality of Life**

201 Age-adjusted cancer incidences in 2015 were obtained from the National Program of Cancer
202 Registries and the Surveillance, Epidemiology, and End Results (SEER) program. We projected
203 the cancer incidence from 2015 to 2030 based on the 2006-2014 trend using the Average Annual
204 Percent Change method.³⁴ We then combined the projected incidence rates with the projected US
205 population from the National Interim Projections³⁵ to account for changes in population age
206 distribution over time. We further applied the cohort-period method to estimate cancer incidence
207 in the closed cohort of US adults in each of the 32 groups as they age (Appendix 2, Appendix
208 Table 2, and Supplementary Table 3). The 5-year relative survival rates for each cancer were
209 extracted and converted to an annual probability of death (Appendix 3, Appendix Table 3, and
210 Supplementary Table 4).³⁶⁻³⁸ Health-related quality of life data were obtained from publications
211 that reported EuroQol-5 Dimension utility weights for each cancer among US patient population
212 (Appendix 4 and Supplementary Table 5).

213

214 **Policy and Health-Related Costs**

215 Policy costs included government costs to administer, monitor, and evaluate the policy and
216 industry costs to comply with the policy and reformulate their products (in scenario 2).
217 Government costs were estimated from FDA's budget report and Nutrition Review Project
218 (Appendix 5 and Appendix Tables 4-5).^{39 40} Industry compliance and reformulation costs were
219 based on the FDA's regulatory impact analysis that included initial and recurring nutrition
220 analysis of standard menu items and menu replacement, provision of nutrition information,

221 employee training, and legal review and accounted for restaurant size and type, reformulation
222 type, and compliance period.¹³

223
224 Direct medical costs for cancer care were extracted from the SEER-Medicare linked database for
225 three phases of cancer care: initial (12 months after diagnosis), continuing, and end-of-life (the
226 last year of life) (Appendix 6, Appendix Table 6, and Supplementary Tables 6-7).^{34 41} For
227 individuals without cancer, the direct medical costs were estimated based on Medical
228 Expenditure Panel Survey (MEPS) data and insurance claims.^{25 42 43} Indirect costs including
229 productivity loss due to disability or missed workdays and patient time costs were derived from
230 publications using MEPS data.⁴⁴⁻⁴⁷

231

232 **Cost-Effectiveness Analysis**

233 Following the guidelines on cost-effectiveness in health and medicine,⁴⁸ we evaluated the policy
234 impact by projecting the numbers of new cancer cases and cancer deaths averted and quality-
235 adjusted life-years (QALYs) gained and cost-effectiveness from both healthcare and societal
236 perspectives. Net costs from the healthcare perspective were assessed as the difference between
237 government costs for implementing the policy and the direct medical costs of cancer care. Net
238 costs from the societal perspective were assessed as the difference between total policy costs
239 (including both government and industry costs) and health-related costs saved (including direct
240 and indirect costs of cancer care). All costs were inflated to 2015 US dollars using the Consumer
241 Price Index or Personal Health Care Index, with all costs and QALYs discounted at 3%
242 annually.⁴⁸ Incremental cost-effectiveness ratios (ICERs) were calculated as net costs divided by
243 the difference in QALYs between policy vs. no policy. ICERs falling below a willingness-to-pay

1
2
3 244 threshold of \$150,000 per QALY gained were considered to be cost-effective.^{49 50} Cost-
4
5 245 effectiveness analysis was further conducted among population subgroups by age, sex, and
6
7 246 race/ethnicity to evaluate policy associations with health disparities.
8
9

10 247
11
12
13 248 One-way sensitivity analyses were performed by varying input parameters, including reducing
14
15 249 the outside-the-restaurant calorie compensation level to 25% or increasing it to 75%, altering
16
17 250 coverage of the FDA's final rule to all calories from full-service restaurants, reducing the diet-
18
19 251 BMI associations to half or doubling the estimates, incorporating an estimated 2% annual
20
21 252 increase in medical expenditures associated with cancer care, and altering annual discounting
22
23 253 rates from 3% to 0% or 5%. We also evaluated impacts at a 10-year time horizon for
24
25 254 stakeholders interested in shorter-term health gains and economic benefits. Probabilistic
26
27 255 sensitivity analyses (PSAs) were conducted to incorporate uncertainty in all input parameters
28
29 256 jointly (**Table 1**). A total of 1000 Monte Carlo simulations were performed, and 95% uncertainty
30
31 257 intervals (UIs) were estimated based on the 2.5 and 97.5 percentiles of 1,000 simulations. All
32
33 258 analyses were conducted using SAS (Version 9.4) and R (Version 3.3.1).
34
35
36
37
38
39
40

41 260 **Patient and Public Involvement**

42
43
44 261 This study used de-identified datasets and did not involve patients or the public in the design,
45
46 262 conduct, reporting, or dissemination plans of our research.
47
48
49
50
51
52
53
54
55
56
57
58
59
60

263 RESULTS

264 Population Characteristics

265 The simulated cohort of US adults in 2015-2016 had a mean age of 47.8 years, with 65.0% being
266 non-Hispanic white adults and 71.4% being overweight or obese (Supplementary Tables 8-9). A
267 mean of 332 daily calories was consumed from full-service or fast-food restaurants. Higher
268 levels were consumed among younger adults aged 20-44 years (425 kcal/day), men (388
269 kcal/day), non-Hispanic black (361 kcal/day), and Hispanic (367 kcal/day) adults, in comparison
270 to other corresponding subgroups.

271

272 Health Gains

273 The menu calorie labeling was estimated to reduce calories consumed from restaurants by a
274 mean of 24 kcal/day among US adults, and total daily calories by 12 kcal/day. Accounting for
275 potential industry reformulation would reduce the mean intake by an additional 16 kcal/day, and
276 total daily calories by 8 kcal/day.

277

278 Based on changes in consumer behavior alone, the policy was associated with a reduction of
279 28,000 (95% UI: 16,300-39,100) new cancer cases and 16,700 (9,610-23,600) cancer deaths, and
280 a gain of 111,000 (64,800-158,000) QALYs among 235 million US adults over a median follow-
281 up of 34.4 years (**Table 2 and Figure 1**). By cancer type, the greatest numbers of new cancer
282 cases averted were cancers of endometrial (N [95% UI]: 5,700 [2,380-9,190]), liver (5,180
283 [2,800-7,730]), kidney (5,090 [2,670-7,730]), post-menopausal breast (4,840 [2,010-8,230]), and
284 pancreas (1,400 [756-2,100]). The greatest numbers of prevented cancer deaths were estimated
285 for cancers of the liver (4,530 [2,410-6,760]), post-menopausal breast (3,080 [861-5,650]),

1
2
3 286 endometrial (2,060 [957-3,220]), kidney (1,980 [1,080-2,920]), and pancreas (1,230 [661-
4
5 287 1,830]).
6
7

8 288
9

10 289 Based on additional industry response, the total estimated health gains approximately doubled,
11
12 290 preventing 47,300 (35,400-59,100) new cancer cases and 28,200 (21,100-35,300) cancer deaths,
13
14 291 and gaining 189,000 (140,000-236,000) QALYs, with similar rankings of the types of new
15
16
17 292 cancer cases and cancer deaths prevented.
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Table 2. Estimated health gains and costs of the federal menu calorie labeling on reducing the obesity-related cancer burdens in the US over 10 years and a lifetime (US population=235,162,844)¹

	Menu Calorie Labeling Policy			
	10 Years		Lifetime	
	Consumer Behavior Median (2.5% to 97.5%)	Consumer Behavior + Industry Response Median (2.5% to 97.5%)	Consumer Behavior Median (2.5% to 97.5%)	Consumer Behavior + Industry Response Median (2.5% to 97.5%)
New Cancer Cases Averted, N (95% UI)				
Endometrial cancer	692 (276 to 1100)	1130 (716 to 1550)	5700 (2380 to 9190)	9920 (6630 to 13600)
Liver cancer	366 (144 to 615)	626 (386 to 887)	5180 (2800 to 7730)	8550 (5960 to 11300)
Kidney cancer	584 (290 to 884)	980 (689 to 1280)	5090 (2670 to 7470)	8620 (6200 to 11000)
Breast cancer (postmenopausal)	670 (256 to 1110)	1080 (658 to 1520)	4840 (2010 to 8230)	8520 (5610 to 12200)
Pancreatic cancer	170 (83 to 257)	273 (183 to 367)	1400 (756 to 2100)	2380 (1690 to 3140)
Esophageal adenocarcinoma	179 (56 to 304)	286 (159 to 411)	1350 (485 to 2230)	2330 (1440 to 3280)
Colorectal cancer	189 (97 to 284)	319 (225 to 418)	1050 (561 to 1600)	1780 (1230 to 2370)
Multiple myeloma	75 (37 to 117)	122 (81 to 169)	690 (384 to 1090)	1150 (775 to 1630)
Stomach cancer (cardia)	54 (6 to 109)	98 (51 to 165)	647 (261 to 1140)	1090 (644 to 1660)
Thyroid cancer	105 (58 to 161)	176 (123 to 243)	516 (206 to 914)	951 (576 to 1420)
Advanced prostate cancer	66 (17 to 118)	107 (57 to 162)	339 (138 to 561)	577 (352 to 836)
Gallbladder cancer	29 (16 to 42)	46 (34 to 60)	314 (213 to 438)	512 (399 to 648)
Ovarian cancer	33 (15 to 56)	53 (33 to 78)	147 (44 to 282)	254 (110 to 420)
Total	3300 (1750 to 4720)	5230 (3870 to 6790)	28000 (16300 to 39100)	47300 (35400 to 59100)
Cancer Deaths Prevented, N (95% UI)				
Liver cancer	168 (59 to 287)	287 (174 to 410)	4530 (2410 to 6760)	7510 (5200 to 9980)
Breast cancer (postmenopausal)	68 (33 to 106)	111 (74 to 149)	3080 (862 to 5650)	5590 (3230 to 8310)
Endometrial cancer	52 (20 to 86)	87 (55 to 121)	2060 (957 to 3220)	3520 (2390 to 4700)
Kidney cancer	70 (29 to 110)	114 (74 to 154)	1980 (1080 to 2920)	3320 (2430 to 4300)
Pancreatic cancer	88 (38 to 138)	143 (93 to 195)	1230 (661 to 1830)	2080 (1480 to 2740)
Esophageal adenocarcinoma	76 (21 to 131)	122 (69 to 178)	1150 (403 to 1930)	1990 (1210 to 2820)
Colorectal cancer	34 (17 to 53)	57 (40 to 77)	706 (369 to 1080)	1200 (839 to 1600)
Stomach cancer (cardia)	22 (2 to 48)	40 (19 to 68)	541 (230 to 947)	907 (538 to 1400)
Multiple myeloma	18 (8 to 30)	29 (18 to 42)	420 (239 to 662)	691 (481 to 980)
Gallbladder cancer	13 (7 to 20)	21 (15 to 28)	267 (181 to 369)	436 (341 to 551)
Advanced prostate cancer	9 (3 to 15)	13 (7 to 19)	163 (65 to 280)	273 (163 to 404)
Ovarian cancer	8 (3 to 15)	13 (7 to 20)	107 (39 to 191)	181 (94 to 290)
Thyroid cancer	1 (1 to 2)	2 (1 to 3)	23 (11 to 38)	38 (24 to 58)
Total	654 (320 to 970)	1080 (746 to 1400)	16700 (9610 to 23600)	28200 (21100 to 35300)
Life Years Gained	678 (288 to 1040)	1120 (738 to 1490)	76400 (43400 to 109000)	130000 (96900 to 162000)
QALYs Gained	4280 (2170 to 6250)	7030 (4960 to 9090)	111000 (64800 to 158000)	189000 (140000 to 236000)

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47**Changes in Health-Related Costs** (\$, millions)^{2,3}

Healthcare (medical) cost	-192 (-277 to -100)	-319 (-403 to -227)	-1480 (-2080 to -884)	-2500 (-3090 to -1900)
Patient time cost	-7.33 (-10.9 to -3.56)	-12.2 (-15.8 to -8.39)	-102 (-144 to -62.2)	-172 (-216 to -131)
Productivity loss	-48.7 (-70.1 to -24.5)	-80.4 (-102 to -56.7)	-608 (-865 to -363)	-1030 (-1290 to -780)

Policy Implementation Costs (\$, millions)^{2,3}

Total	518 (493 to 548)	644 (612 to 680)	839 (780 to 908)	1140 (1060 to 1220)
Government cost	13.2 (11.4 to 15.9)	13.1 (11.4 to 15.7)	18.5 (14.5 to 25.1)	18.5 (14.4 to 25.5)
Administration	9.08 (8.59 to 9.60)	9.07 (8.64 to 9.50)	9.07 (8.61 to 9.56)	9.09 (8.62 to 9.55)
Monitoring	4.09 (2.40 to 6.74)	4.00 (2.35 to 6.63)	9.40 (5.45 to 16.1)	9.38 (5.30 to 16.3)
Industry cost	505 (480 to 535)	631 (599 to 667)	820 (762 to 889)	1120 (1040 to 1210)
Compliance	505 (480 to 535)	506 (480 to 533)	820 (762 to 889)	823 (757 to 889)
Reformulation	-----	124 (107 to 146)	-----	296 (249 to 353)

Net Costs (\$, millions)^{2,3,4}

Societal perspective	270 (156 to 389)	233 (119 to 356)	-1350 (-2260 to -486)	-2570 (-3460 to -1650)
Healthcare perspective	-179 (-263 to -86.3)	-305 (-390 to -214)	-1460 (-2060 to -864)	-2480 (-3070 to -1880)

ICER (dollars/QALY)⁵

Societal perspective	64500 (26100 to 187000)	33600 (13300 to 72400)	Dominant	Dominant
Healthcare perspective	Dominant	Dominant	Dominant	Dominant

Abbreviations: ICER, Incremental Cost-Effectiveness Ratio; QALY, quality-adjusted life years.

1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.

2. Health-related costs were inflated to 2015 US dollars using the Personal Health Care (PHC) index. Policy intervention costs were inflated to 2015 US dollars using the Consumer Price Index. Negative costs represent savings.

3. Costs are medians from 1000 simulations so may not add up to totals.

4. Net costs were calculated as policy costs minus health-related costs from reduced cancer burden. The societal perspective includes healthcare costs, patient time costs, productivity costs, and policy implementation costs; the government perspective included policy costs relevant to policy implementation and program monitoring and evaluation, and medical costs.

5. ICER threshold was evaluated at \$150,000/QALY. Dominant represents less costly and more effective than the "no-policy intervention" scenario.

293 **Economic Impacts**

294 Implementing the policy would cost the government \$19 (95% UI: \$15-25) million and the
295 restaurant industry, \$820 (\$762-889) million in compliance costs over a lifetime (**Table 2**). The
296 policy was associated with savings of \$1480 (\$884-2080) million in direct medical costs, \$608
297 (\$363-865) million in productivity loss costs, and \$102 (\$62-144) million in patient time costs.
298 Potential industry reformulation would cost the restaurant industry an additional \$296 (\$249-
299 353) million to implement but would also result in greater healthcare savings, including \$2,500
300 (\$1,900-3,090) million, \$1,030 (\$780-1,290) million and \$172 (\$131-216) million in reduced
301 direct medical, productivity loss, and patient time costs, respectively.

302
303 From both the healthcare and social perspectives, implementing the menu calorie labeling policy
304 among US adults over a lifetime would be cost-saving. With changes in consumer behavior
305 alone, the net cost savings were estimated to be \$1,460 (\$864-2,060) million and \$1,350 (\$486-
306 2,260) million from the healthcare and societal perspective, respectively. With additional
307 industry response, estimated cost savings increased to \$2,480 (\$1,880-3,070) million from the
308 healthcare perspective and \$2,570 (\$1,650-3,460) million from the societal perspective.

310 **Policy Impacts Among Population Subgroups**

311 Among population subgroups, the consumer response to the policy was estimated to result in
312 greater health gains per 100,000 individuals among adults aged 20-44 years (15 new cancer cases
313 averted) and 55-64 years (16 new cancer cases averted) than older age groups (aged 65+ years; 6
314 new cancer cases averted); Hispanic and non-Hispanic Black individuals than Non-Hispanic
315 White group (22 vs. 9 and 17 vs. 9 new cancer cases averted) (**Table 3**). The numbers of cancer

1
2
3 316 deaths averted, life-years and QALYs gained, health-related costs saved, and net costs among
4
5 317 population subgroups followed a similar pattern (Supplementary Tables 10-11 and
6
7 318 Supplementary Figures 2-5). For instance, the policy was associated with more cancer deaths
8
9 319 prevented per 100,000 individuals among younger adults aged 20-44 years than older adults aged
10
11 320 65+ years (10 vs. 3 cancer deaths averted) and Hispanic and non-Hispanic Black adults than non-
12
13 321 Hispanic White individuals (14 vs. 5 and 11 vs. 5 cancer deaths averted). Adding potential
14
15 322 industry reformulations resulted in larger health gains among adults aged 45-54 (128% increase
16
17 323 in new cancer cases averted) and non-Hispanic White adults (84% increase in new cancer cases
18
19 324 averted).
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Table 3. Estimated new cancer cases and deaths prevented by the federal menu calorie labeling policy in the US by age, sex, and race/ethnicity, over a lifetime¹

	Consumer Behavior		Consumer Behavior + Industry Response	
	N (95% UI)	Per 100,000 individuals (95% UI)	N (95% UI)	Per 100,000 individuals (95% UI)
New Cancer Cases Averted				
Age				
20-44	15700 (6170 to 25100)	15.0 (5.89 to 24.0)	28000 (18000 to 37500)	26.7 (17.2 to 35.8)
45-54	2810 (-2110 to 8030)	6.61 (-4.97 to 18.9)	6420 (1390 to 11600)	15.1 (3.27 to 27.2)
55-64	6330 (3540 to 9400)	15.7 (8.76 to 23.3)	8640 (5790 to 11800)	21.4 (14.3 to 29.1)
≥65	2740 (795 to 4650)	5.77 (1.68 to 9.80)	4060 (2070 to 5950)	8.55 (4.36 to 12.6)
Sex				
Female	15100 (6650 to 24000)	12.5 (5.51 to 19.8)	25900 (17400 to 34900)	21.4 (14.4 to 28.9)
Male	12500 (4920 to 20100)	10.9 (4.30 to 17.6)	21100 (13500 to 29100)	18.4 (11.8 to 25.4)
Race/Ethnicity				
Non-Hispanic White	14300 (4310 to 24500)	9.16 (2.77 to 15.7)	26300 (16000 to 36700)	16.9 (10.3 to 23.6)
Non-Hispanic Black	4720 (1820 to 8100)	16.6 (6.37 to 28.4)	7630 (4750 to 11100)	26.8 (16.7 to 38.9)
Hispanic	7700 (3560 to 11500)	21.5 (9.93 to 32.2)	11200 (7060 to 15300)	31.3 (19.7 to 42.6)
Other	1150 (-240 to 2440)	7.60 (-1.59 to 16.2)	1990 (652 to 3310)	13.2 (4.33 to 22.0)
Cancer Deaths Prevented				
Age				
20-44	10200 (4170 to 16400)	9.73 (3.98 to 15.7)	18100 (11700 to 24500)	17.3 (11.2 to 23.4)
45-54	1730 (-853 to 4240)	4.07 (-2.01 to 9.97)	3650 (1040 to 6240)	8.58 (2.44 to 14.7)
55-64	3320 (1760 to 4930)	8.21 (4.36 to 12.2)	4480 (2890 to 6090)	11.1 (7.15 to 15.1)
≥65	1200 (285 to 2130)	2.53 (0.60 to 4.48)	1800 (848 to 2720)	3.79 (1.79 to 5.73)
Sex				
Female	7810 (3290 to 12600)	6.47 (2.73 to 10.5)	13400 (8850 to 18500)	11.1 (7.33 to 15.3)
Male	8510 (3500 to 13900)	7.44 (3.06 to 12.1)	14400 (9300 to 20000)	12.6 (8.13 to 17.5)
Race/Ethnicity				
Non-Hispanic White	7920 (2180 to 13900)	5.08 (1.40 to 8.94)	14700 (8770 to 20900)	9.45 (5.64 to 13.5)
Non-Hispanic Black	3010 (1000 to 5370)	10.6 (3.51 to 18.8)	4990 (2950 to 7380)	17.5 (10.4 to 25.9)
Hispanic	4960 (2360 to 7560)	13.8 (6.58 to 21.1)	7190 (4480 to 9870)	20.0 (12.5 to 27.5)
Other	565 (-246 to 1350)	3.75 (-1.63 to 8.97)	1070 (273 to 1870)	7.12 (1.81 to 12.4)

1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.

325 **Sensitivity Analyses**

326 In PSA, based on consumer responses alone, the menu calorie labeling was cost-saving over a
327 lifetime in 93% of 1000 simulations and cost-effective (<\$150,000/QALY) in the remaining 7%
328 from the societal perspective, and was cost-saving in over 98% of 1000 simulations from the
329 healthcare perspective. Adding the additional industry response increased the probability of cost-
330 savings to nearly 100% of the simulations for both the societal and healthcare perspectives
331 **(Figure 2).**

332
333 Evaluating health gains, costs, and cost-effectiveness at 10 years, the policy remained cost-
334 saving from the healthcare perspective and was cost-effective from the societal perspective, with
335 an ICER of \$64,500 (26,100-187,000) per QALY based on consumer response alone and
336 \$33,600 (13,300-72,400) per QALY with additional industry response. The cost-effectiveness of
337 this policy was most sensitive to varied assumptions of the diet-BMI estimates and annual
338 discounting rates (Supplementary Tables 12-13 and Supplementary Figure 6).

340 **DISCUSSION**

341 This study estimated that the federal menu calorie labeling policy, based on consumer response
342 alone, was associated with a reduction of approximately 28,000 new cancer cases and 16,700
343 cancer deaths among US adults over a lifetime, and net savings of \$1,350 and \$1,460 million
344 from societal and healthcare perspectives, respectively. Incorporating additional modest industry
345 responses, these health and economic gains were approximately doubled. Greater health gains
346 were expected among younger, middle-aged subgroups, Hispanic, and non-Hispanic Black

1
2
3 347 individuals compared with other subgroups. Findings were robust to a range of probabilistic and
4
5 348 one-way sensitivity analyses.
6
7
8 349
9
10 350 Our study findings supported that nutrition policies can have meaningful health and economic
11
12 351 impacts on cancer prevention in the US. In this case, a modest change in mean calorie
13
14 352 consumption, distributed across the population, was estimated to achieve important reductions in
15
16 353 obesity-related cancer burdens among US adults. Using the best available estimates, our study
17
18 354 further suggested that the federal menu calorie labeling policy is cost-effective in the short term
19
20 355 and cost-saving in the long term in reducing obesity-associated cancer burdens. Many preventive
21
22 356 medical screenings are cost-effective, but none of them achieve net savings. For example, among
23
24 357 a large cohort of women born in the 1960s over a lifetime, mammography screening starting at
25
26 358 age 45 years was estimated to have an ICER of \$40 135/QALY.⁵¹ Colonoscopy screening
27
28 359 starting at age 45 years among U.S. adults achieved an ICER of \$33 900/QALY.⁵² Prostate-
29
30 360 specific antigen screening had an ICER of \$70 831 to \$136 332/QALY among U.S. males
31
32 361 beginning at 40 years of age over a lifetime.⁵³ In contrast, population-based nutrition
33
34 362 interventions could be a cost-saving strategy for cancer prevention. Cost-effectiveness analyses
35
36 363 showed that a penny-per-ounce tax on sugar-sweetened beverages would be a highly cost-
37
38 364 effective strategy for cancer prevention among US adults, with an ICER of 13 220, the nutrition
39
40 365 facts added sugar labeling would prevent 30 000 incident obesity-related cancer cases and 17 100
41
42 366 cancer deaths and be associated with a net saving of 704 million, and processed meat taxes
43
44 367 would avert 77 000 colorectal cancer cases and 12 500 stomach cancer cases save 4.5 billion, all
45
46 368 from the societal perspective.^{24 54 55} Thus, while we shall continue the efforts of increasing the
47
48
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 369 screening rates, we also need to consider population-based strategies to improve nutrition for
4
5 370 cancer prevention in the US.
6
7

8 371
9
10 372 Our findings also indicated the importance of assessing potential industry response, which could
11
12 373 nearly double health and economic benefits. The additional impacts of industry reformulation in
13
14 374 response to nutrition-related policies have been reported in other studies focused on obesity-
15
16 375 associated cancer, diabetes, and cardiovascular diseases.^{23 55-57} Our new findings build on this
17
18 376 recent work and highlight the importance of potential strategies to encourage industry
19
20 377 reformulation under the federal menu calorie labeling framework to further improve the health
21
22 378 benefits and cost-effectiveness of such policies.
23
24
25

26 379
27
28 380 In addition, our results showed that population-based nutrition policies such as menu calorie
29
30 381 labeling can potentially narrow diet-associated cancer disparities. We found greater health gains
31
32 382 and economic impacts among racial/ethnic minorities compared to non-Hispanic whites, likely
33
34 383 due to higher diet-associated cancer burdens among minorities.⁵⁸ However, labeling policies may
35
36 384 have fewer effects on food purchasing behaviors among minorities or socioeconomically
37
38 385 disadvantaged groups. Prior studies reported that individuals with higher education and income
39
40 386 attainment were more likely to notice and use the menu calorie labels when ordering foods in
41
42 387 fast-food or full-service restaurants compared to socioeconomically disadvantaged groups,⁵⁹⁻⁶¹
43
44 388 and multi-racial individuals were less likely to notice and use menu calorie labels in fast food
45
46 389 restaurants than non-Hispanic whites.⁵⁹ Previous studies also showed that literacy or numeracy
47
48 390 could be a barrier to label use.^{62 63} Thus, it is important for labeling policies to be paired with
49
50 391 nutrition education to effectively reduce diet-associated health disparities.
51
52
53
54
55
56
57
58
59
60

1
2
3 392
4
5 393 Potential limitations should be considered. First, as a modeling study, our investigation does not
6
7
8 394 provide the impact of real-world policy implementation on the health and economic outcomes of
9
10 395 federal menu calorie labeling. However, conducting randomized controlled trials of national
11
12 396 nutrition policy interventions is extremely difficult and often implausible while simulation
13
14 397 modeling can provide complementary evidence with the flexibility to assess different policy
15
16 398 scenarios that help inform policymaking. Second, this evaluation did not include the potential
17
18 399 benefits of menu calorie labeling on other health outcomes such as diabetes and cardiovascular
19
20 400 diseases. Considering such outcomes is likely to be associated with greater health gains and cost
21
22 401 savings.^{23 64 65} Third, menu calorie labeling could have a greater effect among subgroups with
23
24 402 higher levels of income and education and non-Hispanic white adults⁵⁹⁻⁶¹ and thus exacerbating
25
26 403 health disparities. Due to the lack of consistent policy effect sizes among populations with
27
28 404 different socioeconomic statuses, we were unable to integrate this into our modeling. Forth, we
29
30 405 only modeled the impact of menu calorie labeling on calories although the policy may also result
31
32 406 in potential changes in the nutritional quality of the restaurant meals. The majority of current
33
34 407 restaurant meals consumed by American adults – 70% of meals consumed from fast-food
35
36 408 restaurants and 50% consumed from full-service restaurants – are of poor nutritional quality, and
37
38 409 the remainder is only of intermediate nutritional quality, with very few being ideal.¹⁰ If the
39
40 410 policy also improves the quality of restaurant meals, the total reduction in obesity-associated
41
42 411 cancer burdens could be greater than our current estimates.
43
44
45
46
47
48
49
50

51 413 **CONCLUSIONS**
52
53
54
55
56
57
58
59
60

1
2
3 414 Study findings suggest that menu calorie labeling is associated with lower obesity-related cancer
4
5 415 rates and reduced costs. Policymakers may prioritize nutrition policies for cancer prevention in
6
7 416 the US.
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

For peer review only

1
2
3 **Ethics approval:** This study used de-identified datasets and was exempt from institutional
4 review board review.
5

6
7 **Data sharing:** Data described in the manuscript, codebook, and analytic code will be made
8 available upon request.
9

10
11 **Transparency Statement:** The author affirms that this manuscript is an honest, accurate, and
12 transparent account of the study being reported; that no important aspects of the study have been
13 omitted; and that any discrepancies from the study as planned have been explained.
14

15
16 **Dissemination Declaration:** Dissemination to the simulated population is not applicable.
17

18
19 **Contributors:** MD contributed to the data curation, formal analysis, visualization, original draft
20 preparation, review and editing; CFG contributed to the data curation, review and editing; FFC,
21 HE and DDK contributed to software; JBW, PW, DDK, DSM, YCW, and DM contributed to the
22 review and editing; FFZ contributed the conceptualization, methodology, review and editing,
23 supervision, and funding acquisition. All authors approved the final version. FFZ acts as the
24 guarantor of the study.
25

26
27 **Role of the funding source:** This study was supported by NIH/NIMHD 1R01MD011501. The
28 funding sources had no role in the design or conduct of the study; collection, management,
29 analysis, or interpretation of the data; preparation, review, or approval of the manuscript; or
30 decision to submit the manuscript for publication.
31

32
33 **Competing interests:** All authors have completed the ICMJE uniform disclosure form at
34 www.icmje.org/coi_disclosure.pdf and declare: no support from any organization for the
35 submitted work. JBW reports leadership or fiduciary role in the US Preventive Services Task
36 Force. DK reports research funding from the National Institutes of Health, Arnold Ventures,
37 Pharmaceutical Research and Manufacturers of America, Sarepta Therapeutics, and Janssen
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 Therapeutics; consulting fees from Panalgo and the American College of Physicians. DM reports
4
5 research funding from the National Institutes of Health, Gates Foundation, Rockefeller
6
7 Foundation, and Vail Institute for Global Research; consulting fees from Acasti Pharma, Barilla,
8
9 Danone, and Motif FoodWorks; participating on scientific advisory boards of start-up companies
10
11 focused on innovations for health including Beren Therapeutics Brightseed, Calibrate, DayTwo,
12
13 Elysium Health, Filtricine, Foodome, HumanCo, January Inc., Perfect Day, Season, and Tiny
14
15 Organics; and chapter royalties from UpToDate. All of the above is outside the submitted work.
16
17
18
19 No other relationships or activities could appear to have influenced the submitted work.
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

REFERENCES

1. Lauby-Secretan B, Scoccianti C, Loomis D, et al. Body Fatness and Cancer--Viewpoint of the IARC Working Group. *The New England journal of medicine* 2016;375(8):794-8. doi: 10.1056/NEJMsr1606602 [published Online First: 2016/08/25]
2. World Cancer Research Fund/American Institute for Cancer Research. Continuous Update Project Expert Report 2018. Body fatness and weight gain and the risk of cancer, 2018.
3. Steele CB, Thomas CC, Henley SJ, et al. Vital Signs: Trends in Incidence of Cancers Associated with Overweight and Obesity - United States, 2005-2014. *MMWR Morbidity and mortality weekly report* 2017;66(39):1052-58. doi: 10.15585/mmwr.mm6639e1 [published Online First: 2017/10/06]
4. Fryar CD, Carroll MD, Ogden CL. Prevalence of overweight, obesity, and severe obesity among children and adolescents aged 2–19 years: United States, 1963–1965 through 2015–2016. 2018
5. Hales CM, Fryar CD, Carroll MD, et al. Trends in obesity and severe obesity prevalence in US youth and adults by sex and age, 2007-2008 to 2015-2016. *Jama* 2018;319(16):1723-25.
6. Centers for Disease Control and Prevention NcfcDPaHP. Health and Economic Cost of Chronic Diseases 2019 [Available from: <https://www.cdc.gov/chronicdisease/about/costs/index.htm> accessed January 26 2020.
7. Hong YR, Huo J, Desai R, et al. Excess Costs and Economic Burden of Obesity-Related Cancers in the United States. *Value in health : the journal of the International Society for Pharmacoeconomics and Outcomes Research* 2019;22(12):1378-86. doi: 10.1016/j.jval.2019.07.004 [published Online First: 2019/12/07]
8. Koroukian SM, Dong W, Berger NA. Changes in Age Distribution of Obesity-Associated Cancers. *JAMA Netw Open* 2019;2(8):e199261. doi: 10.1001/jamanetworkopen.2019.9261 [published Online First: 2019/08/15]
9. Rock CL, Thomson C, Gansler T, et al. American Cancer Society guideline for diet and physical activity for cancer prevention. *CA Cancer J Clin* 2020;70(4):245-71. doi: 10.3322/caac.21591 [published Online First: 2020/06/10]
10. Liu J, Rehm CD, Micha R, et al. Quality of Meals Consumed by US Adults at Full-Service and Fast-Food Restaurants, 2003-2016: Persistent Low Quality and Widening Disparities. *J Nutr* 2020:nxz299. doi: 10.1093/jn/nxz299
11. Roberts SB, Das SK, Suen VMM, et al. Measured energy content of frequently purchased restaurant meals: multi-country cross sectional study. *BMJ (Clinical research ed)* 2018;363:k4864. doi: 10.1136/bmj.k4864 [published Online First: 2018/12/14]
12. Wolfson JA, Bleich SN. Is cooking at home associated with better diet quality or weight-loss intention? *Public Health Nutr* 2015;18(8):1397-406. doi: 10.1017/s1368980014001943 [published Online First: 2014/11/17]
13. Food and Drug Administration. Food Labeling; Nutrition Labeling of Standard Menu Items in Restaurants and Similar Retail Food Establishments; Calorie Labeling of Articles of Food in Vending Machines; Final Rule In: Department of Health and Human Services, ed., 2014.
14. Petimar J, Zhang F, Cleveland LP, et al. Estimating the effect of calorie menu labeling on calories purchased in a large restaurant franchise in the southern United States: quasi-experimental study. *BMJ (Clinical research ed)* 2019;367:15837-137. doi: 10.1136/bmj.15837

15. Shangguan S, Afshin A, Shulkin M, et al. A Meta-Analysis of Food Labeling Effects on Consumer Diet Behaviors and Industry Practices. *American journal of preventive medicine* 2019;56(2):300-14. doi: 10.1016/j.amepre.2018.09.024 [published Online First: 2018/12/24]
16. Block JP, Roberto CA. Potential benefits of calorie labeling in restaurants. *Jama* 2014;312(9):887-88. doi: 10.1001/jama.2014.9239
17. Namba A, Auchincloss A, Leonberg BL, et al. Exploratory analysis of fast-food chain restaurant menus before and after implementation of local calorie-labeling policies, 2005-2011. *Preventing chronic disease* 2013;10:E101-E01. doi: 10.5888/pcd10.120224
18. Bleich SN, Wolfson JA, Jarlenski MP. Calorie changes in large chain restaurants from 2008 to 2015. *Preventive medicine* 2017;100:112-16. doi: 10.1016/j.ypmed.2017.04.004 [published Online First: 2017/04/09]
19. Bleich SN, Moran AJ, Jarlenski MP, et al. Higher-Calorie Menu Items Eliminated in Large Chain Restaurants. *American journal of preventive medicine* 2018;54(2):214-20. doi: 10.1016/j.amepre.2017.11.004 [published Online First: 2017/12/16]
20. Bleich SN, Wolfson JA, Jarlenski MP. Calorie Changes in Large Chain Restaurants: Declines in New Menu Items but Room for Improvement. *American journal of preventive medicine* 2016;50(1):e1-e8. doi: 10.1016/j.amepre.2015.05.007 [published Online First: 2015/07/07]
21. Bleich SN, Wolfson JA, Jarlenski MP, et al. Restaurants With Calories Displayed On Menus Had Lower Calorie Counts Compared To Restaurants Without Such Labels. *Health affairs (Project Hope)* 2015;34(11):1877-84. doi: 10.1377/hlthaff.2015.0512
22. Ananthapavan J, Sacks G, Brown V, et al. Priority-setting for obesity prevention-The Assessing Cost-Effectiveness of obesity prevention policies in Australia (ACE-Obesity Policy) study. *PloS one* 2020;15(6):e0234804. doi: 10.1371/journal.pone.0234804 [published Online First: 2020/06/20]
23. Liu J, Mozaffarian D, Sy S, et al. Health and Economic Impacts of the National Menu Calorie Labeling Law in the United States: A Microsimulation Study. *Circ Cardiovasc Qual Outcomes* 2020;13(6):e006313. doi: 10.1161/circoutcomes.119.006313 [published Online First: 2020/06/05]
24. Kim DD, Wilde PE, Michaud DS, et al. Cost Effectiveness of Nutrition Policies on Processed Meat: Implications for Cancer Burden in the U.S. *American journal of preventive medicine* 2019 doi: 10.1016/j.amepre.2019.02.023 [published Online First: 2019/10/01]
25. Kim DD, Wilde PE, Michaud DS, et al. Cost Effectiveness of Nutrition Policies on Processed Meat: Implications for Cancer Burden in the U.S. *American Journal of Preventive Medicine*, 2019.
26. United States Census Bureau. 2017 National Population Projections Tables: Main Series [Available from: <https://www.census.gov/data/tables/2017/demo/popproj/2017-summary-tables.html> accessed July 3 2019.
27. Freedman LS, Midthune D, Carroll RJ, et al. Adjustments to improve the estimation of usual dietary intake distributions in the population. *J Nutr* 2004;134(7):1836-43. doi: 10.1093/jn/134.7.1836 [published Online First: 2004/07/01]
28. Herrick KA, Rossen LM, Parsons R, et al. Estimating Usual Dietary In take From National Health and Nutrition Examination Survey Data Using the National Cancer Institute Method. *Vital and health statistics Series 2, Data evaluation and methods research* 2018(178):1-63. [published Online First: 2018/05/19]

- 1
 - 2
 - 3
 - 4
 - 5
 - 6
 - 7
 - 8
 - 9
 - 10
 - 11
 - 12
 - 13
 - 14
 - 15
 - 16
 - 17
 - 18
 - 19
 - 20
 - 21
 - 22
 - 23
 - 24
 - 25
 - 26
 - 27
 - 28
 - 29
 - 30
 - 31
 - 32
 - 33
 - 34
 - 35
 - 36
 - 37
 - 38
 - 39
 - 40
 - 41
 - 42
 - 43
 - 44
 - 45
 - 46
 - 47
 - 48
 - 49
 - 50
 - 51
 - 52
 - 53
 - 54
 - 55
 - 56
 - 57
 - 58
 - 59
 - 60
29. Dodd KW, Guenther PM, Freedman LS, et al. Statistical methods for estimating usual intake of nutrients and foods: a review of the theory. *Journal of the American Dietetic Association* 2006;106(10):1640-50. doi: 10.1016/j.jada.2006.07.011 [published Online First: 2006/09/27]
30. Hall KD, Sacks G, Chandramohan D, et al. Quantification of the effect of energy imbalance on bodyweight. *Lancet (London, England)* 2011;378(9793):826-37. doi: 10.1016/s0140-6736(11)60812-x [published Online First: 2011/08/30]
31. Hall KD, Schoeller DA, Brown AW. Reducing Calories to Lose Weight. *Jama* 2018;319(22):2336-37. doi: 10.1001/jama.2018.4257 [published Online First: 2018/06/14]
32. Mozaffarian D, Hao T, Rimm EB, et al. Changes in diet and lifestyle and long-term weight gain in women and men. *The New England journal of medicine* 2011;364(25):2392-404. doi: 10.1056/NEJMoa1014296 [published Online First: 2011/06/24]
33. Micha R, Penalvo JL, Cudhea F, et al. Association Between Dietary Factors and Mortality From Heart Disease, Stroke, and Type 2 Diabetes in the United States. *Jama* 2017;317(9):912-24. doi: 10.1001/jama.2017.0947 [published Online First: 2017/03/08]
34. Mariotto AB, Yabroff KR, Shao Y, et al. Projections of the cost of cancer care in the United States: 2010-2020. *Journal of the National Cancer Institute* 2011;103(2):117-28. doi: 10.1093/jnci/djq495 [published Online First: 2011/01/14]
35. United States Census Bureau. 2014 National Population Projections Tables [Available from: <https://www.census.gov/data/tables/2014/demo/popproj/2014-summary-tables.html> accessed July 3 2019.
36. Brenner H. Long-term survival rates of cancer patients achieved by the end of the 20th century: a period analysis. *Lancet (London, England)* 2002;360(9340):1131-5. doi: 10.1016/s0140-6736(02)11199-8 [published Online First: 2002/10/22]
37. Brenner H, Hakulinen T. Up-to-date and precise estimates of cancer patient survival: model-based period analysis. *American journal of epidemiology* 2006;164(7):689-96. doi: 10.1093/aje/kwj243 [published Online First: 2006/07/15]
38. Brenner H, Hakulinen T. Up-to-date cancer survival: period analysis and beyond. *International journal of cancer* 2009;124(6):1384-90. doi: 10.1002/ijc.24021 [published Online First: 2008/12/06]
39. Food and Drug Administration. Justification of Estimates for Appropriations Committees Fiscal Year 2012, 2012.
40. Food and Drug Administration. The Nutrition Review Project. Report to the Director, Center for Food Safety and Applied Nutrition, 2014.
41. Martin AB, Hartman M, Washington B, et al. National Health Care Spending In 2017: Growth Slows To Post-Great Recession Rates; Share Of GDP Stabilizes. *Health affairs (Project Hope)* 2019;38(1):101377hlthaff201805085. doi: 10.1377/hlthaff.2018.05085 [published Online First: 2018/12/07]
42. French EB, McCauley J, Aragon M, et al. End-Of-Life Medical Spending In Last Twelve Months Of Life Is Lower Than Previously Reported. *Health affairs (Project Hope)* 2017;36(7):1211-17. doi: 10.1377/hlthaff.2017.0174 [published Online First: 2017/07/07]
43. Hogan C, Lunney J, Gabel J, et al. Medicare beneficiaries' costs of care in the last year of life. *Health affairs (Project Hope)* 2001;20(4):188-95. doi: 10.1377/hlthaff.20.4.188 [published Online First: 2001/07/21]

- 1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
44. Yabroff KR, Davis WW, Lamont EB, et al. Patient time costs associated with cancer care. *Journal of the National Cancer Institute* 2007;99(1):14-23. doi: 10.1093/jnci/djk001 [published Online First: 2007/01/05]
 45. Yabroff KR, Guy GP, Jr., Ekwueme DU, et al. Annual patient time costs associated with medical care among cancer survivors in the United States. *Medical care* 2014;52(7):594-601. doi: 10.1097/mlr.000000000000151 [published Online First: 2014/06/14]
 46. Zheng Z, Yabroff KR, Guy GP, Jr., et al. Annual Medical Expenditure and Productivity Loss Among Colorectal, Female Breast, and Prostate Cancer Survivors in the United States. *Journal of the National Cancer Institute* 2016;108(5) doi: 10.1093/jnci/djv382 [published Online First: 2015/12/26]
 47. Guy GP, Jr., Ekwueme DU, Yabroff KR, et al. Economic burden of cancer survivorship among adults in the United States. *Journal of clinical oncology : official journal of the American Society of Clinical Oncology* 2013;31(30):3749-57. doi: 10.1200/jco.2013.49.1241 [published Online First: 2013/09/18]
 48. Sanders GD, Neumann PJ, Basu A, et al. Recommendations for Conduct, Methodological Practices, and Reporting of Cost-effectiveness Analyses: Second Panel on Cost-Effectiveness in Health and Medicine. *Jama* 2016;316(10):1093-103. doi: 10.1001/jama.2016.12195 [published Online First: 2016/09/14]
 49. Neumann PJ, Cohen JT, Weinstein MC. Updating cost-effectiveness--the curious resilience of the \$50,000-per-QALY threshold. *The New England journal of medicine* 2014;371(9):796-7. doi: 10.1056/NEJMp1405158 [published Online First: 2014/08/28]
 50. Greenberg D, Earle C, Fang CH, et al. When is cancer care cost-effective? A systematic overview of cost-utility analyses in oncology. *Journal of the National Cancer Institute* 2010;102(2):82-8. doi: 10.1093/jnci/djp472 [published Online First: 2010/01/09]
 51. Tina Shih YC, Dong W, Xu Y, et al. Assessing the Cost-Effectiveness of Updated Breast Cancer Screening Guidelines for Average-Risk Women. *Value in health : the journal of the International Society for Pharmacoeconomics and Outcomes Research* 2019;22(2):185-93. doi: 10.1016/j.jval.2018.07.880 [published Online First: 2019/02/04]
 52. Ladabaum U, Mannalithara A, Meester RGS, et al. Cost-Effectiveness and National Effects of Initiating Colorectal Cancer Screening for Average-Risk Persons at Age 45 Years Instead of 50 Years. *Gastroenterology* 2019;157(1):137-48. doi: 10.1053/j.gastro.2019.03.023 [published Online First: 2019/04/02]
 53. Roth JA, Gulati R, Gore JL, et al. Economic Analysis of Prostate-Specific Antigen Screening and Selective Treatment Strategies. *JAMA oncology* 2016;2(7):890-8. doi: 10.1001/jamaoncol.2015.6275 [published Online First: 2016/03/25]
 54. Du M, Griecci CF, Kim DD, et al. Cost-Effectiveness of a National Sugar-Sweetened Beverage Tax to Reduce Cancer Burden and Disparities in the United States. *JNCI Cancer Spectrum* 2020
 55. Du M, Griecci CF, Cudhea FF, et al. Cost-effectiveness Analysis of Nutrition Facts Added-Sugar Labeling and Obesity-Associated Cancer Rates in the US. *JAMA Network Open* 2021;4(4):e217501-e01. doi: 10.1001/jamanetworkopen.2021.7501
 56. Wilde P, Huang Y, Sy S, et al. Cost-Effectiveness of a US National Sugar-Sweetened Beverage Tax With a Multistakeholder Approach: Who Pays and Who Benefits. *Am J Public Health* 2019;109(2):276-84. doi: 10.2105/AJPH.2018.304803 [published Online First: 2018/12/20]

- 1
2
3 57. Huang Y, Kypridemos C, Liu J, et al. Cost-Effectiveness of the US Food and Drug
4 Administration Added Sugar Labeling Policy for Improving Diet and Health. *Circulation*
5 2019;139(23):2613-24. doi: 10.1161/CIRCULATIONAHA.118.036751 [published
6 Online First: 2019/04/15]
7
8 58. Zhang FF, Cudhea F, Shan Z, et al. Preventable Cancer Burden Associated With Poor Diet in
9 the United States. *JNCI Cancer Spectr* 2019;3(2):pkz034. doi: 10.1093/jncics/pkz034
10 [published Online First: 2019/07/31]
11
12 59. Feng W, Fox A. Menu labels, for better, and worse? Exploring socio-economic and race-
13 ethnic differences in menu label use in a national sample. *Appetite* 2018;128:223-32. doi:
14 10.1016/j.appet.2018.06.015 [published Online First: 2018/06/13]
15
16 60. Green JE, Brown AG, Ohri-Vachaspati P. Sociodemographic disparities among fast-food
17 restaurant customers who notice and use calorie menu labels. *Journal of the Academy of*
18 *Nutrition and Dietetics* 2015;115(7):1093-101. doi: 10.1016/j.jand.2014.12.004
19 [published Online First: 2015/02/11]
20
21 61. Lee-Kwan SH, Pan L, Maynard LM, et al. Factors Associated with Self-Reported Menu-
22 Labeling Usage among US Adults. *Journal of the Academy of Nutrition and Dietetics*
23 2016;116(7):1127-35. doi: 10.1016/j.jand.2015.12.015 [published Online First:
24 2016/02/10]
25
26 62. Malloy-Weir L, Cooper M. Health literacy, literacy, numeracy and nutrition label
27 understanding and use: a scoping review of the literature. *J Hum Nutr Diet*
28 2017;30(3):309-25. doi: 10.1111/jhn.12428 [published Online First: 2016/10/13]
29
30 63. Nogueira LM, Thai CL, Nelson W, et al. Nutrition Label Numeracy: Disparities and
31 Association with Health Behaviors. *American journal of health behavior* 2016;40(4):427-
32 36. doi: 10.5993/ajhb.40.4.4 [published Online First: 2016/06/25]
33
34 64. Gortmaker SL, Wang YC, Long MW, et al. Three Interventions That Reduce Childhood
35 Obesity Are Projected To Save More Than They Cost To Implement. *Health affairs*
36 *(Project Hope)* 2015;34(11):1932-9. doi: 10.1377/hlthaff.2015.0631 [published Online
37 First: 2015/11/04]
38
39 65. Kuo T, Jarosz CJ, Simon P, et al. Menu labeling as a potential strategy for combating the
40 obesity epidemic: a health impact assessment. *Am J Public Health* 2009;99(9):1680-86.
41 doi: 10.2105/AJPH.2008.153023 [published Online First: 2009/07/16]
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 **Figure 1.** Estimated New Cancer Cases and Deaths Prevented by Federal Menu Calorie Labeling Policy
4
5 in the US by Cancer Type over a Lifetime
6
7

8
9
10 **Figure 2.** Probabilistic Sensitivity Analyses (PSA) for Cost-Effectiveness of the Federal Menu Calorie
11
12 Labeling Policy over 10 years and a Lifetime
13

14 **Legend:** Values are presented in cost-effectiveness planes of net costs (\$millions) versus incremental
15
16 quality-adjusted life years (QALYs). For each policy scenario, each colored dot represents one of the
17
18 1000 simulations, with the largest dot showing the median incremental cost-effectiveness ratio (ICER,
19
20 \$/QALY); and the ellipse representing the 95% UIs. Results are presented from the societal perspective
21
22 and the healthcare perspective. Negative values indicate cost savings.
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

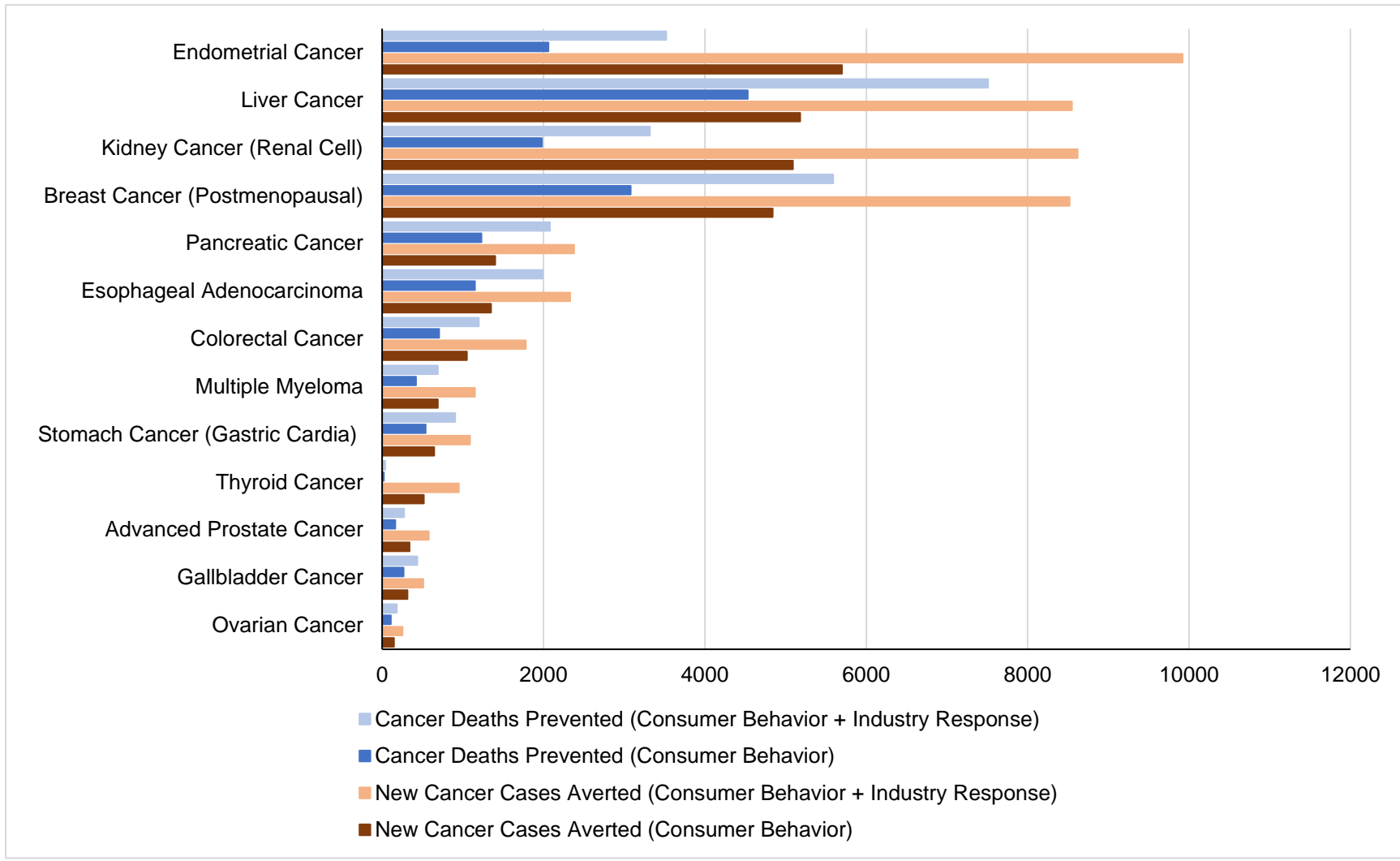
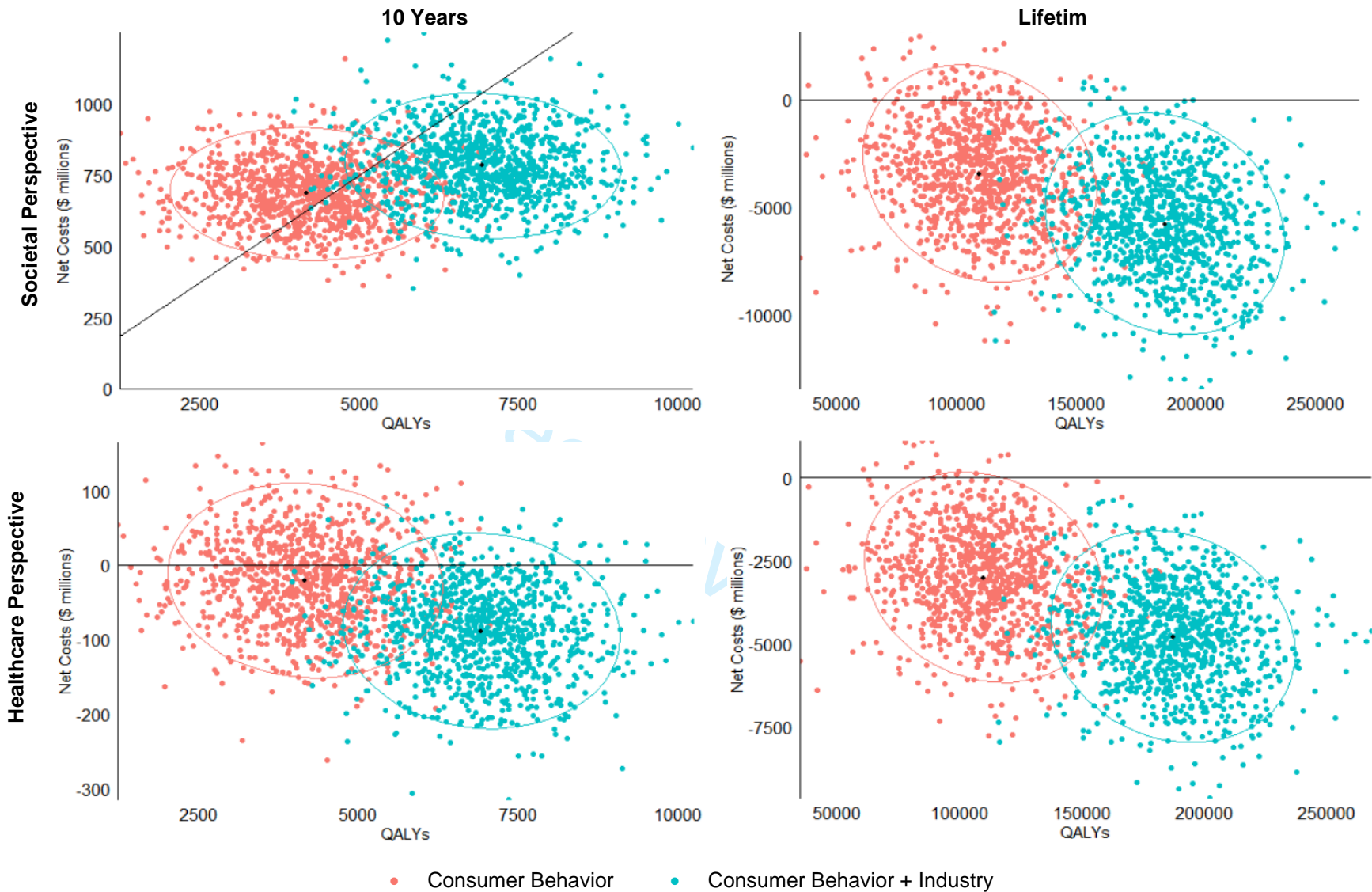


Figure 1. Estimated New Cancer Cases and Deaths Prevented by Federal Menu Calorie Labeling Policy in the US by Cancer Type over a Lifetime



Values are presented in cost-effectiveness planes of net costs (\$millions) versus incremental quality-adjusted life years (QALYs). For each policy scenario, each colored dot represents one of the 1000 simulations, with the largest dot showing the median incremental cost-effectiveness ratio (ICER, \$/QALY); and the ellipse representing the 95% UIs. Results are presented from the societal perspective and the healthcare perspective. Negative values indicate cost savings.

Figure 2. Probabilistic Sensitivity Analyses (PSA) for Cost-Effectiveness of the Federal Menu Calorie Labeling Policy over 10 years and a Lifetime

1
2
3 **Title** Cost-Effectiveness Analysis of the Federal Menu Calorie Labeling and Obesity-Associated Cancer
4 Burdens in the United States
5

6
7 **Appendix 1.** Estimate the Association Between Menu Calorie Labeling Policy and Calorie Intake from
8 Restaurant Meals

9 **Appendix Table 1.** Policy impact of menu calorie labeling on consumer behaviors

10 **Appendix Table 2.** Policy impact of menu calorie labeling on restaurant industry response

11 **Appendix 2.** Baseline Cancer Incidence and Methods of Cancer Incidence Projections for 13 Types of
12 Cancers
13

14 **Appendix Table 3.** Estimating “crude” incidence after applying the cohort-period method

15 **Appendix 3.** Cancer Survival for 13 Types of Cancers

16 **Appendix Table 4.** Period Method for 5-Year Relative Survival for 2014

17 **Appendix 4.** Methods of Estimating the Health-Related Quality of Life Among 13 Types of Cancers

18 **Appendix 5.** Methods of Estimating Policy Implementation Costs

19 **Appendix Table 5.** Implementation Cost Estimates for the Federal Menu Calorie Labeling Policy (in
20 2015 US Dollars)

21 **Appendix Table 6.** The Population Size of People Who are Alive Each Year Over a Lifetime (in
22 millions)
23

24 **Appendix 6.** Annual Health-Related Costs Among Cancer Patients and the General Population without
25 Cancer
26

27 **Appendix Table 7.** Description of Data Source of Health-Related Expenditures
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Appendix 1. Estimate the association between menu calorie labeling policy and calorie intake from restaurant meals

To understand the effects of the federal menu calorie labeling policy, we performed a comprehensive literature search and reviewed the evidence on how the policy affected consumer behaviors and industry.

To estimate the policy effect on consumer behavior alone, we reviewed individual studies in both real-world and experimental settings as well as meta-analyses (**Appendix Table 1**). A meta-analysis of natural experimental studies showed that menu calorie labeling was associated with a 7.3% (95% CI: 4.4% to 10.1%) reduction in calories per meal consumed/purchased.¹ This effect estimate is corresponding to an average reduction of 23.5 kcal per meal consumed by NHANES participants from 56.5% of full-service restaurants² and all fast-food restaurants. This estimate was consistent with evidence from a previous meta-analysis and a recent real-world study.^{3,4} A previous meta-analysis estimated that the menu calorie labeling would lead to about an 18 kcal reduction ordered per meal.³ A recent longitudinal study used data from a large restaurant franchise in the southern U.S. and estimated that, after labeling implementation, a decrease of 60 kcal per transaction was observed in the first year, followed by an increasing trend of 0.71 kcal per transaction per week over two years.⁴ These together attenuated the calorie reduction to 23 kcal per transaction by the end of the third year of the policy implementation.⁵ Compared to other studies, the 7.3% calorie reduction per meal represents a more conservative estimate. It was reported in a cross-sectional study that customers at the labeled full-service restaurants purchased food with 151 fewer calories.⁶ One meta-analysis of studies that evaluated energy ordered in a real-world setting showed that the calorie labeling policy would lead to a mean reduction of 77.8 in calories purchased per meal.⁷ In a laboratory setting, there was a significant reduction of 115.3 kcal per meal ordered.⁸ Integrating both the real-world and experimental studies, the policy was

1
2
3 estimated to generate a significant reduction of 100.3 in calories purchased.⁷ Therefore, we decided to
4 use a reduction of calorie intake per meal by 7.3% (95% CI: 4.4% to 10.1%) as the model input given it
5 is the most updated and conservative estimate supported by existing evidence. This policy effect on
6 consumer behavior alone was assumed to take effect during the first year of implementation and no
7 further reduction thereafter.
8
9
10
11
12
13

14
15 Based on the published literature, we estimated that there was a 5% reduction in calories
16 consumed per meal from chain restaurants due to industry reformulation, the introduction of new low-
17 calorie menu items, or the replacement of menu items high in calories with low-calorie menu options.<sup>9-
18 13</sup> Bleich et al. estimated the calorie changes in chain restaurants' menu items using data from the largest
19 chain restaurants in the U.S.⁹⁻¹³ Using the estimated mean calorie per menu item from the two published
20 studies shown in **Appendix Table 2**,^{11, 12} we calculated the mean change in calories per menu item
21 before and after the policy implementation. Given the national law was announced in 2010, using data
22 from the trend analysis, we treated the mean calorie per menu item measured in 2008 as the baseline and
23 found there was an 11% reduction in calories per menu item two years after the affordable care act was
24 enacted. The change decreased to 7% in 2015, one year after the FDA announced the final rule for the
25 industry to comply with. In the study evaluated the calorie content in current menu items, eliminated
26 menu items, and newly introduced menu items, we estimated that there was a 1% reduction in mean per-
27 item calories in 2013-2014 compared to that in 2012, and the reduction increased to 5% in 2015. Based
28 on this de novo analysis, we chose a reduction in calories per meal consumed by 5% to represent a
29 modest industry reformulation in response to the federal menu calorie labeling by chain restaurants. We
30 assumed no industry response in the first year, then the reformulation activities would occur in the rest
31 of the years over the model lifetime, resulting in a net reduction of 5% in calories consumed per meal.
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Appendix Table 1. Policy impact of menu calorie labeling on consumer behaviors

Study	Design	Year, country	Estimate size mean (95% CI)	Comment
Shangguan et. al., 2019 ¹ A Meta-Analysis of Food Labeling Effects on Consumer Diet Behaviors and Industry Practices	Meta-analysis 13 studies (5 RCTs) with 19 interventions on changes in calorie intake per meal, among children and adults	2000 to 2015, US, Canada, UK, Sweden	-7.3% (-10.1%, -4.4%) in calorie intake per meal	Corresponds to a 23.5 kcal per meal consumed by NHANES participants from 56.5% of full-service restaurants ² and all fast-food restaurants
Petimar et. al., 2019 ⁴ Estimating the effect of calorie menu labeling on calories purchased in a large restaurant franchise in the southern United States: quasi-experimental study	Quasi-experimental longitudinal study Transaction data from 104 restaurants of a national fast food company with three different restaurant chains located in the Louisiana, Texas, and Mississippi in the US	2015 to 2018 (pre-labeling: April 2015 to April 2017; post-labeling: April 2017 to April 2018), US	-60 (-48, -72) kcal in calorie purchased per transaction, followed by a post-implementation increasing trend of 0.71 kcal per transaction per week	Because of the post-implementation increase, the estimated reduction in calorie per transaction was 23 kcal lower than the counterfactual.
Cantu-Jungles et. al., 2017 ⁸ A Meta-Analysis to Determine the Impact of Restaurant Menu Labeling on Calories and Nutrients (Ordered or Consumed) in U.S. Adults	Meta-analysis 14 studies that evaluated menu calorie labeling on changes in calorie chosen in laboratory and away-from-home settings, among children and adults	1996 to 2014	-115.2 (-130.87, -99.5) kcal in calorie ordered or consumed per meal in laboratory setting	N/A
Littlewood et. al., 2016 ⁷ Menu labelling is effective in reducing energy ordered and consumed: a systematic review and meta-analysis of recent studies	Systematic review and meta-analysis 12 studies (6 RCTs) on changes in calorie consumed, ordered, or selected in both real-world and experimental settings, among children and adults	2011 to 2014, US, Canada, Australia,	-100.3 (-146.6, -54.0) kcal in calorie consumed in both settings per meal or transaction (3 studies) -77.8 (-121.6, -34.1) kcal in calorie purchased per meal or transaction in real-world setting (5 studies)	N/A
Long et. al., 2015 ³ Systematic Review and Meta-analysis of the Impact of Restaurant Menu Calorie Labeling	Systematic review and meta-analysis 19 studies (11 RCTs, 8 natural experiments) on changes in calorie purchased per meal or per transaction, among children and adults	2008 to 2013, US	-18.1 (-33.6, -2.70) kcal in calorie purchased per meal or per transaction When stratifying by restaurant and non-restaurant settings (RCTs), the changes were -6.7 (-20.21, 6.81) kcal and -58.2 (-102.4, -13.9) kcal in calorie	N/A

			purchased per meal or per transaction	
Auchincloss et. al., 2013 ⁶	Cross-sectional study 648 customer surveys and transaction receipts at 7 restaurant outlets of 1 large full-service restaurant chain (2 outlets with menu calorie labels and 5 without), among adults	2011, US	-151 kcal (-270, -33) for foods purchased from full-service restaurants (per meal)	Was included in the meta-analysis conducted by Cantu-Jungles et. al., 2017 ⁸

Appendix Table 2. Policy impact of menu calorie labeling on restaurant industry response

Study		Year				
		2008	2012	2013	2014	2015
Bleich et. al., 2017 ¹¹	# of menu items (n)	6,601	9,526	10,278	10,654	11,034
Calorie changes in large chain restaurants from 2008 to 2015	mean per-item calories (kcal)	368.0	329.1	330.1	337.2	340.6
44 of the 100 largest chain restaurants						
	diff. (%)		2012 vs. 2008 -38.9 (-11%)			2015 vs. 2008 -27 (-7%)
Bleich et. al., 2018 ¹²	# of menu items (n)		14,705	17,219 (2013-2014)		13,920
Higher-Calorie Menu Items Eliminated in Large Chain Restaurants	mean per-item calories (kcal)		374.4	370.9		357.4
66 of the 100 largest chain restaurants						
	diff. (%)			2013-2014 vs. 2012 -3.52 (-1%)		2015 vs. 2012 -17.05 (-5%)

Appendix 2. Baseline cancer incidence and methods of cancer incidence projections for 13 types of cancers

We estimated the cancer incidence rate projections for the defined 32 demographic subgroups as inputs for the DiCOM model. We first obtained age-adjusted incidence rates from 2006 to 2015 from the United States Cancer Statistics combining data from the Surveillance, Epidemiology, and End Results (SEER) database and the Centers for Disease Control and Prevention's National Program of Cancer Registries (NPCR) database.¹⁴

Based on the trends from 2006 to 2015, we projected age-adjusted cancer incidence rates in the next 15 years from 2016 to 2030 using the average annual percent change (AAPC) method.^{15, 16} Because longer-term projections may not be valid, we chose to hold age-adjusted cancer incidence rates constant from 2030 to 2095. Specifically, the annual percent change was calculated for each cancer site in each of the 32 subgroups by fitting a regression line to the natural logarithm of the age-adjusted rates (I) in the years 2006 through 2015 (y). The equation for AAPC: $\ln(I) = \alpha + \beta y$, where α and β were coefficients to be estimated and y is the calendar year.^{15, 16} We then combined the AAPC projected cancer incidence rates with the projected US population to account for the change in population age distribution over time. The projected US population in each of the 32 subgroups from 2016 to 2060 were extracted from the National Interim Projections of the US population.¹⁷ Because projections were only available through 2060, further projections after 2060 were not considered. We further applied the cohort-period method to estimate cancer incidence in each of the 32 subgroups in the closed cohort of US adults from 2015 to 2095 as they age. Details were illustrated in **Appendix Table 3** using colon and rectum cancer incidence among non-Hispanic white females (NHWF) as an example.

Appendix Table 3. Estimating “crude” incidence after applying cohort-period method

EXAMPLE: Colon and Rectum Cancer, Non-Hispanic White Females														
Age	2015			2016			2017			2018				
	Baseline Incidence Rate	Population Size	AAPC Predicted Incidence	US Census Predicted Population Size	Cancer Cases Predicted	Age Shifted “crude” Incidence	AAPC Predicted Incidence	US Census Predicted Population Size	Cancer Cases Predicted	Age Shifted “crude” Incidence	AAPC Predicted Incidence	US Census Predicted Population Size	Cancer Cases Predicted	Age Shifted “crude” Incidence
20	8.531	30523184	8.694	1134235		10.64	8.859	126079		11.694	9.028	117775		13.82
21	8.531		8.694	156761	100565		8.859	197549			9.028	129379		
22	8.531		8.694	177144	102337		8.859	159788	102748		9.028	140620		
23	8.531		8.694	196469	14017		8.859	180122	104550		9.028	152784	104976	
24	8.531		8.694	239910	107707		8.859	199459	106263		9.028	183136	106813	
25	8.531		8.694	283513	11685		8.859	247139	110009		9.028	220329	108546	
26	8.531		8.694	294013	12497		8.859	286229	113950		9.028	244499	12353	
27	8.531		8.694	250740	108735		8.859	296475	114858		9.028	288797	16352	
28	8.531		8.694	232421	107143		8.859	253062	11012		9.028	298770	17252	
29	8.531		8.694	216039	105719		8.859	234519	109369		9.028	255161	113315	
30	8.531		8.694	228929	106839		8.859	217844	107892		9.028	236330	11615	
31	8.531		8.694	244281	108174		8.859	230337	108999		9.028	21912	10079	
32	8.531		8.694	205955	104842		8.859	245249	110320		9.028	231390	11169	
33	8.531		8.694	226950	106667		8.859	206736	106908		9.028	246013	12489	
34	8.531		8.694	226234	106605		8.859	227540	108751		9.028	207377	109001	
35	8.531		8.694	217701	105863		8.859	226721	108678		9.028	228051	10868	
36	8.531		8.694	228467	106799		8.859	218111	107918		9.028	227199	10791	
37	8.531		8.694	180971	100931		8.859	228796	108862		9.028	218528	10008	
38	8.531		8.694	139547	99069		8.859	116267	102879		9.028	229044	10958	
39	8.531		8.694	127605	98030		8.859	139679	100967		9.028	161414	104852	
40	8.531		8.694	1088875	94663		8.859	127530	99891		9.028	139635	102886	
41	8.531		8.694	190467	98279		8.859	1088644	96446		9.028	127272	101770	
42	8.531		8.694	110345	95747		8.859	129951	100105		9.028	108229	98245	
43	8.531		8.694	130264	98262		8.859	110015	97506		9.028	129228	101946	
44	8.531		8.694	121011	105229		8.859	129268	100045		9.028	1099713	99282	
45	41269	14238423	41919	139769	553230	43.775	42.579	108976	54771	45.825	43.250	128045	487878	47.459
46	41269		41919	1346596	564476		42.579	137806	56110		43.250	207332	522169	
47	41269		41919	1292274	547105		42.579	1344191	572344		43.250	1315541	568969	
48	41269		41919	1264917	530237		42.579	1289694	549140		43.250	1341533	580211	
49	41269		41919	1295410	543019		42.579	1262140	537408		43.250	1286923	556592	
50	41269		41919	1325816	555765		42.579	1292230	550220		43.250	1259139	544576	
51	41269		41919	1432079	600309		42.579	1322198	562980		43.250	1288813	557410	
52	41269		41919	1489756	624487		42.579	1427705	607904		43.250	1318321	570172	
53	41269		41919	1510286	633093		42.579	1484805	632216		43.250	1423107	615492	
54	41269		41919	1532940	642589		42.579	1504858	640755		43.250	1499608	639928	
55	59.736	1511568	58.496	1575080	921363	65.864	57.283	1526976	874691	71.135	56.094	146151	840934	75.804
56	59.736		58.496	1579128	923731		57.283	1568482	898466		56.094	1520747	853048	
57	59.736		58.496	1554236	909170		57.283	1572018	900492		56.094	1561581	875954	
58	59.736		58.496	1566074	916095		57.283	1546788	886040		56.094	1564631	877664	
59	59.736		58.496	1559941	912507		57.283	1558015	892471		56.094	1539019	863298	
60	59.736		58.496	1509257	882859		57.283	1551289	888618		56.094	1549572	869217	
61	59.736		58.496	1507776	881993		57.283	1500225	859367		56.094	1542165	865062	
62	59.736		58.496	1469467	859583		57.283	1497943	858060		56.094	1490621	836199	
63	59.736		58.496	1428612	835685		57.283	1458963	835731		56.094	1487453	834372	
64	59.736		58.496	1384020	809600		57.283	1417465	819601		56.094	1447782	812119	
65	147.246	20639658	140.189	1344027	1884181	140.189	133.471	1372210	1831501	133.471	127.075	1405568	1786119	127.075
66	147.246		140.189	1307657	1833194		133.471	1331467	1777121		127.075	1395984	1727685	
67	147.246		140.189	1291598	1810681		133.471	1294222	1727410		127.075	1318007	1674851	
68	147.246		140.189	1292613	1812104		133.471	1277026	1704458		127.075	1279194	1626292	
69	147.246		140.189	1382868	1938632		133.471	1276471	1703717		127.075	1261379	1602891	
70	147.246		140.189	1387587	1944990		133.471	1363827	1820312		127.075	1259177	1600093	
71	147.246		140.189	1382267	1877032		133.471	1372764	1798357		127.075	1343441	1707171	
72	147.246		140.189	1363496	1834962		133.471	1366021	1793357		127.075	1356905	165982	
73	147.246		140.189	132982	1420091		133.471	1354967	174603		127.075	1348632	1205469	
74	147.246		140.189	1274564	1226044		133.471	1322594	1724824		127.075	1336077	1189515	
75	147.246		140.189	1296574	1167111		133.471	1355200	174443		127.075	1307197	1233635	
76	147.246		140.189	127848	1048402		133.471	1377087	1037185		127.075	1334495	1060430	
77	147.246		140.189	106707	990727		133.471	1272604	971140		127.075	1256255	961007	
78	147.246		140.189	679404	952451		133.471	1358495	914936		127.075	1205976	897115	
79	147.246		140.189	625026	876219		133.471	1356756	876578		127.075	1262851	842315	
80	147.246		140.189	595777	835215		133.471	130790	803215		127.075	1232555	803816	
81	147.246		140.189	572977	803252		133.471	1371026	762164		127.075	1277004	733225	
82	147.246		140.189	512332	718234		133.471	1346330	729192		127.075	1244674	692142	
83	147.246		140.189	496976	696707		133.471	1348519	648027		127.075	1219986	658228	
84	147.246		140.189	475655	666817		133.471	1346792	624233		127.075	1215734	580901	
85	147.246		140.189	452173	633898		133.471	1344106	592752		127.075	1213698	555186	
86	147.246		140.189	428834	601179		133.471	1348526	558610		127.075	1211116	522678	
87	147.246		140.189	383933	538233		133.471	1393130	524714		127.075	1213961	487917	
88	147.246		140.189	356801	500196		133.471	1348261	464827		127.075	1215675	453497	
89	147.246		140.189	320644	449508		133.471	131862	426923		127.075	121475	397076	
90	147.246		140.189	278562	390514		133.471	1283710	378670		127.075	1213306	360010	
91	147.246		140.189	246568	345662		133.471	1242960	324281		127.075	1217721	314790	
92	147.246		140.189	209022	293026		133.471	121695	282551		127.075	1208339	265381	
93	147.246		140.189	198864	238131		133.471	1216399	235441		127.075	1218878	227308	
94	147.246		140.189	188657	194382		133.471	1210691	187782		127.075	1216633	185927	
95	147.246		140.189	109277	153195		133.471	121531	150196		127.075	1214362	145325	
96	147.246		140.189	80177	121399		133.471	1216769	15811		127.075	1218499	11730	
97	147.246		140.189	56739	79542		133.471	121702	82982		127.075	1216741	85666	
98	147.246		140.189	42046	58944		133.471	121907	57268		127.075	1217105	59858	
99	147.246		140.189	27405	38419		133.471	121959	41321		127.075	121659	40231	
100	147.246		140.189	49314	69133		133.471	121716	67691		127.075	121719	66992	

Appendix 3. Cancer survival for 13 types of cancers

We estimated the 5-year relative survival for the defined 32 demographic subgroups. We obtained five-year relative survival rates using the period analysis method from the United States Cancer Statistics which incorporates data from the Surveillance, Epidemiology, and End Results (SEER) database.¹⁴ The five-year survival for 2014, which was the most recently available data at the time of analysis, was used. These rates were extracted for each cancer type and by the defined 32 demographic subgroups for each cancer type. The rates are on a scale of 0-1.

Relative survival is a net survival measure representing cancer survival in the absence of other causes of death. Relative survival is defined as the ratio of the proportion of observed survivors in a cohort of cancer patients to the proportion of expected survivors in a comparable set of cancer-free individuals.¹⁸ Relative survival is the preferred method to estimate survival from cancer registry data.

The period analysis is a method that enhances up-to-date monitoring of survival.^{19, 20} In contrast to traditional cohort analysis of survival, period analysis derives long-term survival estimates exclusively from the survival experience of patients within some recent calendar period.^{19, 20} Three-year intervals were chosen which results in the years 2008-2014 is used to calculate 5-year survival. Using seven years of data to calculate 5-year survival is the standard method used by SEER and used in SEER publications.²¹

The first interval contributed to the one-year survival and used cases diagnosed in 2012-2014, the second interval contributed to the two-year survival and used cases diagnosed in 2011-2013, the third interval contributed to the three-year survival and used cases diagnosed in 2010-2012, the fourth interval contributed to the four-year survival and used cases diagnosed in 2009-2011 and the fifth interval contributed to the five-year survival and used cases diagnosed in 2008-2010.

1
2
3 This analysis, therefore, used 2008-2014 diagnoses to calculate for 5-year relative survival for
4
5 2014. The highlighted orange boxes represent survival contributions for each year of diagnosis and year
6
7 of follow-up (**Appendix Table 4**). The annual probability of death was calculated as $1 - \exp[\ln(5\text{-year}$
8
9 relative survival)/5].
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

For peer review only

Appendix Table 4. Period method for 5-year relative survival for 2014

		YEARS OF DIAGNOSIS													
	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
1															
2															
3															
4															
5															

For peer review only

Appendix 4. Methods of estimating the health-related quality of life among 13 types of cancers

Health utility values range from 0 (dead) to 1 (perfect health) and were assigned for each cancer type and by phase of care (initial, continuous, end of life), if available. We first searched databases for systematic reviews pertaining to utility weights or HRQOL measures for each cancer type of interest separately. We started with PubMed and searched Google Scholar if needed. The following search string was used for each cancer type : ("health related quality of life" OR "HRQOL" OR "quality of life" OR "QOL" OR "preference weight*" OR "utility weight*" OR "health state utilit*" OR "health utility*") AND ("cancer of interest") AND ("cancer" OR "neoplasm*") AND ("review" OR "systematic review").

When an appropriate systematic review was identified, we read the articles included in the review and determined if the paper met the following data needs. Data Extraction Hierarchy: 1) cancer type specific to the type of interest; 2) consistent in the instrument used, prefer EQ-5D whenever available; 3) US samples preferred; 4) phase of care (assume same utility weights by phase if the phase of care data were not available). If no systematic reviews were available, we searched for individual studies about the utility weights of the cancer of interest. Additionally, check how often the paper is cited to see if it is a frequently used utility weight.

Appendix 5. Methods of estimating policy implementation costs

We estimated the costs of implementing the federal menu calorie labeling for both government and industry, including government administration costs, monitoring and evaluation costs, industry compliance costs and reformulation costs, based on the FDA's budget report,²² the Nutrition Review Project report,²³ and FDA's RIA²⁴ (**Appendix Table 5**).

It was estimated by FDA that approximately 298,600 establishments, organized under 2,130 chains were covered by the menu calorie labeling policy. Among the covered establishments, 115,000 (38.5%) were full-service restaurants and drinking places organized under 530 (24.9%) chains, and 116,200 (38.9%) were limited-service restaurants organized under 540 (25.4%) chains. In total, about 231,200 (77.4%) restaurants organized under 1,070 (50.2%) chains were covered by this policy.²⁴

For industry compliance (#3) and reformulation costs (#4), the FDA estimated the costs by the type of establishments. Therefore, we only included the relevant costs incurred by restaurants as this approach generated more conservative estimates. In addition, the industry compliance costs consist of initial costs and recurring costs associated with new chains. In FDA's RIA, the initial costs were presented as a one-time cost, while the recurring costs associated with new chains were presented as annual costs and assumed to be incurred for 20 years starting from the 2nd year of policy implementation. According to FDA, 20 years is more appropriate for interventions that play out over long periods and whose effects deal with chronic conditions. Similarly, the reformulation costs (#4) estimated by FDA were presented as annual costs in FDA's RIA using the same assumption. We followed the same assumption and presented the annual compliance costs (#3) and annual reformulation costs (#4) incurred by restaurants in **Appendix Table 5**.

1
2
3 The cost of implementing the menu calorie labeling is fixed by the government. Uncertainty for
4 the costs associated with government administration (#1) and government monitoring and evaluation (#
5 2) was not provided in the source materials.^{22, 23} We assumed that uncertainty is 20% around these costs.
6
7

8
9
10 For annual costs, namely the government monitoring and evaluation costs (#2) and the recurring
11 costs in industry compliance (part of #3), and the reformulation costs (#4), we applied a 3% discounting
12 rate recommended by the Second Panel on cost-effectiveness in health and medicine⁴ to reflect the
13 present value of future costs of government monitoring and evaluation, industry compliance and
14 industry reformulation. The model is a closed cohort model, so we computed the discounted present
15 value of per-person costs and total national costs for persons alive at implementation who remained
16 alive in each subsequent year (not for the larger total US population in each year, which also has growth
17 from immigration and new persons reaching the threshold age). The year-specific discounting factor is
18 estimated by $1/(1+3\%)^{(t-1)}$ (t is the number of years of policy intervention, t=1, 2, 3, ..., lifetime). As
19 our model estimated the costs and health outcomes based on a closed cohort and the population size
20 decline over time, we need to express the annual costs in proportion to the population at risk. The
21 population at risk was estimated based on the proportion of death (P_{dt} , t=1, 2, 3, ...) in each year. We
22 first obtained the proportion of people who are alive each year by calculating $1-P_{dt}$ (t=1, 2, 3, ...). Then
23 we multiplied the baseline population size of 235 million by the proportion of people who are alive each
24 year (**Appendix Table 6**).
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43

44 We then estimated the per-person annual cost for cost categories #2, #3 (annual part), and #4, by
45 dividing the annual cost estimated in the second year of implementing the policy among all US
46 populations by the population size in the second year. Specifically, for government monitoring and
47 evaluation, the per person annual cost is estimated $\$503,648/233,719,989=\0.00215 , the per person
48 annual cost for industry compliance recurring component is $\$/233,719,989=\$$, and that for reformulation
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 is \$662,800,000 /233,719,989=\$2.83587. Taken together, to estimate the discounted annual cost of #2,
4
5 #3 (annual part), and #4, we multiplied the population at risk, the per person annual cost estimated at
6
7 year-2, and the year-specific discounting factor, using: discounted annual cost = population at risk x per-
8
9 person annual cost x $1/(1+3\%)^{(t-1)}$.
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

For peer review only

Appendix Table 5. Implementation cost estimates for the federal menu calorie labeling policy (in 2015 US dollars)

Policy Effect	Cost Category	One-time Cost*	Annual Cost*	Source	Major Elements
Consumer behavior	1. Government administration [#]	\$9,073,620 (\$7,258,896 to \$10,888,344)	N/A	FDA FY 2012 Budget Report ²²	1) Costs for outreach, education, review of regulatory issues, developing training for inspectors, etc.
	2. Government monitoring and evaluation [#]	N/A	\$503,648 (\$402,918 to \$604,378) (starting from 2 nd year and last for a lifetime)	Nutrition Review Project report ²³	1) Monitor industry compliance 2) Evaluate the accuracy, usefulness, and health impact of the policy intervention
	3. Industry compliance	\$276,632,470 (\$225,552,530 to \$327,205,740)	\$27,648,591 (\$16,756,003 to \$38,649,212) (starting from 2 nd year and last for a lifetime)	FDA's RIA ²⁴ Table 4-8	1) Collecting and managing records of nutritional analysis for each standard menu item (initial cost + recurring cost associated with new chains) 2) Revising or replacing existing menus, menu boards, and providing full written nutrition information (initial cost + recurring cost associated with new chains) 3) Training employees to understand the nutrition information to help ensure compliance with the final requirements (initial cost + recurring cost associated with new chains) 4) Legal review (initial cost + recurring cost associated with new chains)
Industry response [^]	4. Industry reformulation	N/A	\$15,059,100 (\$5,791,900 to \$24,124,700) (starting from 2 nd year and last for a lifetime)	FDA's RIA ²⁴ Table 4-8	1) Annually recurring costs of nutrition analysis refer to the nutrition cost that will be incurred by the covered establishments due to the introduction of a new standard or reformulated standard menu items in their menus and the cost that will be incurred by new chains entering the industry 2) Annually recurring changes to menus or menu boards will be tied to new or reformulated standard menu items. In general, these future changes to menus will be incorporated into the natural menu

					<p>replacement cycle, so there will be no additional recurring menu update costs. However, all chain retail food establishments will need to provide additional written nutrition information for the reformulated or newly introduced menu items</p> <p>Average formula count, 6 new menu items, and 6 reformulated items per year FDA reformulation cost model</p>
--	--	--	--	--	--

*Policy intervention costs were inflated to 2015 US (December) dollars using the Consumer Price Index.

Given no range of uncertainty was provided in source materials, we assumed 20% uncertainty around these costs.

^Some chains or establishments may respond to increased consumer interest in caloric content standard menu items by reformulating existing menu items or by introducing new, lower-calorie items. The change in manufacturing costs associated with reformulating these items has not been included in the cost estimation, the FDA includes the cost associated with analyzing the nutrition information of new or reformulated items.

Peer review only

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Appendix Table 6. The population size of people who are alive each year over a lifetime (in millions)

Year	Population Size (Million)
1	235.2
2	233.7
3	232.1
4	230.4
5	228.2
⋮	⋮
67	5.832
68	4.348
69	3.157
70	2.233

For peer review only

Appendix 6. Annual health-related costs among cancer patients and the general population without cancer

The annual health-related costs data include: 1) medical expenditure, 2) productivity loss from missed workdays or disability, and 3) patient time cost associated with receiving care for cancer survivors by age (under 65 vs. above 65 years old) and phase of care (initial, continuing, end-year of life); 4) medical expenditure, 5) productivity loss, and 6) patient time cost for individuals without cancer by age and status of end year of life. The description of the data source and data structure were provided in **Appendix Table 7**.

We extracted the raw data for each of the costing components from the published literature.^{15, 25-29} The overall assumptions for data extraction include: 1) health-related costs for breast cancer among postmenopausal females, advanced prostate cancer, esophageal adenocarcinoma, and stomach cardia cancer, by age, sex, and phase of cancer care, were the same as those for breast cancer, prostate cancer, esophagus cancer, and stomach cancer; 2) if no data available for a specific cancer type, we assumed the costs for that cancer type were the same as the estimates of costs for all-cancer sites, e.g., medical expenditure for all-cancer sites were used to replace the medical expenditures for multiple myeloma, gallbladder, liver, and thyroid cancers; 3) we extracted the costs for end-year of life due to cancer death and assumed that death due to other causes is not a competing outcome; 4) we assumed that the end-year life medical expenditure for individuals without cancer does not vary by the 32 subgroups.

If a specific costing component was not reported directly in the raw data, we calculated the cost for that component based on available data. For example, the annual productivity loss for colorectal cancer was reported as a percentage of total health-related costs.²⁹ We multiplied the percentage and the total health-related costs to obtain the productivity loss for colorectal cancer. We also performed data imputation for unavailable data. For instance, the annual productivity loss for all-cancer sites was

1
2
3 reported by time interval since cancer diagnosis (diagnosed within one year vs. diagnosed greater than
4 one year).²⁵ To obtain this costing component by the defined phases of care, we calculated the weighted
5 means which was used as the annual productivity loss for the continuous phase. We then assumed that
6 the productivity loss in the initial phase and end-of-life phase of cancer care are 1.3 times and 4 times
7 the mean estimates based on available data for other cancers.^{15, 25} For individuals without cancer, we
8 assumed that the end-of-life productivity loss is 4 times to the mean estimate of the productivity loss.
9
10 The same rules applied to data imputation for patient time costs.

11
12 We then applied the age shifting to keep the expenditures consistent within each age group.
13
14 Starting from 2021, individuals in the cohort of 55-64 years old have turned into the cohort of 65 years
15 and older. Therefore, we assumed that starting from 2021, the health-related expenditures for individuals
16 who were in the cohort of 55-64 years old would be the same as those for individuals who were in the
17 cohort of 65 years and older at the beginning of the DiCOM model. Based on the same assumption,
18 starting from 2031 and 2047, the health-related expenditures for the cohort of 45-54 years old and those
19 for the cohort of 20-44 years old were projected to be the same as those for the cohort of 65 years and
20 older, respectively. We followed the same rule and applied the age shifting for the health-related
21 expenditures for individuals without cancer. All estimations and projections were performed in SAS 9.4.
22 All health-related expenditures were inflated to 2015 US dollars using the Personal Health Care (PHC)
23 index.

Appendix Table 7. Description of the data source of health-related expenditures

	A. Cancer Survivors		B. Individuals without Cancer	
	Data source (Excess or Total)	Category	Data source	Category
Medical expenditure	Mariotto et al. 2011, SEER-Medicare, in 2010 US dollars (Excess)	-by phase of care ¹ -by age (under 65 vs. above 65 years old) -by sex	Kim et al. 2018, MEPS 2013-2014, <i>in vivo</i> analysis, in 2014 US dollars (Total)	-Medical expenditure among all US adults -by 32 subgroups stratified by age, sex, and race/ethnicity
			Hogen et al. 2001, SEER-Medicare (65+), in 2001 US dollars (Total)	-Medical expenditure in the end year of life among all US adults
Productivity loss	Zheng et al. 2016, MEPS 2008-2012, data available for colorectal, female breast, and prostate cancers, in 2012 US dollars (Total)	-by age		
	Guy et al. 2013, MEPS 2008-2010, all types of cancer, in 2010 US dollars (Total)	-by age -by time interval since cancer diagnosis (less than 1 year vs. greater than 1 year) ²	Guy et al. 2013, MEPS 2008-2010, in 2010 US dollars (Total)	-by age
Patient time cost	Yabroff et al. 2014, MEPS 2008-2011, all types of cancer, in 2011 US dollars (Total)	-by age	Yabroff et al. 2014, MEPS 2008-2011, in 2011 US dollars (Total)	-by age

1. The definition of phases of care: 1) initial phase, defined as the first 12 months following diagnosis, 2) end-year of life phase, defined as the final 12 months of life, and 3) the continuing phase, defined as all the months between the initial phase and the end-year of life. The costs of end-year of life varied by cause of death, either cancer-specific death or death due to other causes.

2. Weighted means were calculated based on sample sizes and strata means.

Reference

1. Shangguan S, Afshin A, Shulkin M, et al. A Meta-Analysis of Food Labeling Effects on Consumer Diet Behaviors and Industry Practices. *American journal of preventive medicine*. Feb 2019;56(2):300-314. doi:10.1016/j.amepre.2018.09.024
2. Food and Drug Administration. Food Labeling; Nutrition Labeling of Standard Menu Items in Restaurants and Similar Retail Food Establishments; Calorie Labeling of Articles of Food in Vending Machines; Final Rule In: Department of Health and Human Services, editor. 2014.
3. Long MW, Tobias DK, Craddock AL, Batchelder H, Gortmaker SL. Systematic review and meta-analysis of the impact of restaurant menu calorie labeling. *Am J Public Health*. 2015;105(5):e11-e24. doi:10.2105/AJPH.2015.302570
4. Petimar J, Zhang F, Cleveland LP, et al. Estimating the effect of calorie menu labeling on calories purchased in a large restaurant franchise in the southern United States: quasi-experimental study. *BMJ (Clinical research ed)*. 2019;367:l5837-l5837. doi:10.1136/bmj.l5837
5. Kaur A, researcher, Briggs ADM, academic v. Calorie labelling to reduce obesity. *BMJ (Clinical research ed)*. 2019;367:l6119-l6119. doi:10.1136/bmj.l6119
6. Auchincloss AH, Mallya GG, Leonberg BL, Ricchezza A, Glanz K, Schwarz DF. Customer responses to mandatory menu labeling at full-service restaurants. *American journal of preventive medicine*. 2013;45(6):710-719. doi:10.1016/j.amepre.2013.07.014
7. Littlewood JA, Lourenço S, Iversen CL, Hansen GL. Menu labelling is effective in reducing energy ordered and consumed: a systematic review and meta-analysis of recent studies. *Public Health Nutr*. 2016;19(12):2106-2121. doi:10.1017/S1368980015003468
8. Cantu-Jungles TM, McCormack LA, Slaven JE, Slebodnik M, Eicher-Miller HA. A Meta-Analysis to Determine the Impact of Restaurant Menu Labeling on Calories and Nutrients (Ordered or Consumed) in U.S. Adults. *Nutrients*. 2017;9(10):1088. doi:10.3390/nu9101088
9. Bleich SN, Wolfson JA, Jarlenski MP. Calorie changes in chain restaurant menu items: implications for obesity and evaluations of menu labeling. *American journal of preventive medicine*. Jan 2015;48(1):70-5. doi:10.1016/j.amepre.2014.08.026
10. Bleich SN, Wolfson JA, Jarlenski MP. Calorie Changes in Large Chain Restaurants: Declines in New Menu Items but Room for Improvement. *American journal of preventive medicine*. 2016;50(1):e1-e8. doi:10.1016/j.amepre.2015.05.007
11. Bleich SN, Wolfson JA, Jarlenski MP. Calorie changes in large chain restaurants from 2008 to 2015. *Preventive medicine*. Jul 2017;100:112-116. doi:10.1016/j.ypmed.2017.04.004
12. Bleich SN, Moran AJ, Jarlenski MP, Wolfson JA. Higher-Calorie Menu Items Eliminated in Large Chain Restaurants. *American journal of preventive medicine*. Feb 2018;54(2):214-220. doi:10.1016/j.amepre.2017.11.004
13. Bleich SN, Wolfson JA, Jarlenski MP, Block JP. Restaurants With Calories Displayed On Menus Had Lower Calorie Counts Compared To Restaurants Without Such Labels. *Health affairs (Project Hope)*. 2015;34(11):1877-1884. doi:10.1377/hlthaff.2015.0512
14. Centers for Disease Control and Prevention. NPCR and SEER Incidence – U.S. Cancer Statistics Public Use Databases. United States Department of Health and Human Services, Centers for Disease Control and Prevention and National Cancer Institute. Accessed September 4, 2019. www.cdc.gov/cancer/uscs/public-use
15. Mariotto AB, Yabroff KR, Shao Y, Feuer EJ, Brown ML. Projections of the cost of cancer care in the United States: 2010-2020. *Journal of the National Cancer Institute*. Jan 19 2011;103(2):117-28. doi:10.1093/jnci/djq495
16. Clegg LX, Hankey BF, Tiwari R, Feuer EJ, Edwards BK. Estimating average annual per cent change in trend analysis. *Statistics in medicine*. Dec 20 2009;28(29):3670-82. doi:10.1002/sim.3733
17. United States Census Bureau. 2014 National Population Projections Tables. Accessed July 3, 2019. <https://www.census.gov/data/tables/2014/demo/popproj/2014-summary-tables.html>

- 1
2
3 18. National Cancer Institute. Surveillance research Program. Measures of Cancer Survival.
4 <https://surveillance.cancer.gov/survival/measures.html>
- 5 19. Brenner H, Hakulinen T. Up-to-date and precise estimates of cancer patient survival: model-based
6 period analysis. *American journal of epidemiology*. Oct 1 2006;164(7):689-96. doi:10.1093/aje/kwj243
- 7 20. Brenner H, Hakulinen T. Up-to-date cancer survival: period analysis and beyond. *International journal of*
8 *cancer*. Mar 15 2009;124(6):1384-90. doi:10.1002/ijc.24021
- 9 21. National Cancer Institute. Surveillance Research Program. Cancer Survival Statistics: Cohort Definition
10 Using Diagnosis Year. <https://surveillance.cancer.gov/survival/cohort.html>
- 11 22. Food and Drug Administration. *Justification of Estimates for Appropriations Committees Fiscal Year*
12 *2012*. 2012.
13 <https://www.fda.gov/downloads/AboutFDA/ReportsManualsForms/Reports/BudgetReports/UCM243370.pdf>
- 14 23. Food and Drug Administration. *The Nutrition Review Project. Report to the Director, Center for Food*
15 *Safety and Applied Nutrition*. 2014. [http://www.fdalawblog.net/wp-](http://www.fdalawblog.net/wp-content/uploads/archives/docs/Nutrition%20Review%20Project.pdf)
16 [content/uploads/archives/docs/Nutrition%20Review%20Project.pdf](http://www.fdalawblog.net/wp-content/uploads/archives/docs/Nutrition%20Review%20Project.pdf)
- 17 24. S. FaDAaHH. Food labeling; nutrition labeling of standard menu items in restaurants and similar retail
18 food establishments. Final rule. *Fed Regist*. 2014;79(230):71155-71259.
- 19 25. Guy GP, Jr., Ekwueme DU, Yabroff KR, et al. Economic burden of cancer survivorship among adults in the
20 United States. *Journal of clinical oncology : official journal of the American Society of Clinical Oncology*. Oct 20
21 2013;31(30):3749-57. doi:10.1200/jco.2013.49.1241
- 22 26. Hogan C, Lunney J, Gabel J, Lynn J. Medicare beneficiaries' costs of care in the last year of life. *Health*
23 *affairs (Project Hope)*. Jul-Aug 2001;20(4):188-95. doi:10.1377/hlthaff.20.4.188
- 24 27. Yabroff KR, Davis WW, Lamont EB, et al. Patient time costs associated with cancer care. *Journal of the*
25 *National Cancer Institute*. Jan 3 2007;99(1):14-23. doi:10.1093/jnci/djk001
- 26 28. Yabroff KR, Guy GP, Jr., Ekwueme DU, et al. Annual patient time costs associated with medical care
27 among cancer survivors in the United States. *Medical care*. Jul 2014;52(7):594-601.
28 doi:10.1097/mlr.0000000000000151
- 29 29. Zheng Z, Yabroff KR, Guy GP, Jr., et al. Annual Medical Expenditure and Productivity Loss Among
30 Colorectal, Female Breast, and Prostate Cancer Survivors in the United States. *Journal of the National Cancer*
31 *Institute*. May 2016;108(5)doi:10.1093/jnci/djv382
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Title Cost-Effectiveness Analysis of the Federal Menu Calorie Labeling and Obesity-Associated Cancer Burdens in the United States

Supplementary Table 1. Defining Population and 32 Subgroups

Supplementary Table 2. Relative Risk Estimates of Etiologic Relationships Between Body Mass Index (BMI) and 13 Types of Cancers

Supplementary Table 3. Baseline Incidence Rates of 13 Cancers among US Adults by 32 Subgroups

Supplementary Table 4. Baseline 5-year Relative Survival Rates of 13 Cancers among US Adults by 32 Subgroups

Supplementary Table 5. Health-Related Quality of Life Among US Cancer Patients Aged 20 Years or Older, by Cancer Type and Phase of Care

Supplementary Table 6. Baseline Medical Costs, Productivity Loss, and Patient Time Costs Among US Cancer Patients Aged 20 Years or Older, by Cancer Type and Phase of Care

Supplementary Table 7. Baseline Medical Costs, Productivity Loss, and Patient Time Costs Among the General Population Aged 20 Years or Older in the US, by 32 Subgroups

Supplementary Table 8. Characteristics of US Adults Aged 20 Years or Older Participated in the NHANES, 2013-2016

Supplementary Table 9. Consumption of Calories from Full-Service and Fast-Food Restaurants among US Adults Participated in 2013-2016 NHANES, by 32 Subgroups

Supplementary Table 10. Estimated New Cancer Cases Averted by the Federal Menu Calorie Labeling in the US by Age, Sex, Race/Ethnicity, and Cancer Type, Over a Lifetime

Supplementary Table 11. Estimated Cancer Deaths Reduced by the Federal Menu Calorie Labeling in the US by Age, Sex, Race/Ethnicity, and Cancer Type, Over a Lifetime

Supplementary Table 12. Estimated Health Gains and Costs Associated with the Federal Menu Calorie Labeling on Reducing Cancer Burdens in the US Over a Lifetime, One-Way Sensitivity Analyses at 25% and 75% Calorie Compensations Outside the Restaurant Settings

Supplementary Table 13. Estimated Health Gains and Costs Associated with the Federal Menu Calorie Labeling on Reducing Cancer Burdens in the US Over a Lifetime, One-Way Sensitivity Analysis, Assuming all Full-Service and Fast-Food Restaurants were Covered by the Policy

Supplementary Figure 1. Diet and Cancer Outcome Model (DiCOM)

Supplementary Figure 2. Estimated Reduced New Cancer Cases and Deaths Associated with the Federal Menu Calorie Labeling in the US by Age, Sex, Race/Ethnicity, and Cancer Type, Over a Lifetime

Supplementary Figure 3. Estimated life Years and QALYs Gained Associated with the Federal Menu Calorie Labeling in the US by Age, Sex, and Race/Ethnicity, Over a Lifetime.

Supplementary Figure 4. Estimated Changes of Health-Related Costs Associated with the Federal Menu Calorie Labeling in the US by Age, Sex, Race/Ethnicity, and Cancer Type, Over a Lifetime

Supplementary Figure 5. Estimated Net Costs from Societal and Healthcare Perspectives Associated with the Federal Menu Calorie Labeling in the US by Age, Sex, and Race/Ethnicity, Over a Lifetime

Supplementary Figure 6. One-Way Sensitivity Analysis of Net Costs of the Federal Menu Calorie Labeling and Obesity-Associated Cancer Rates to Varying Assumptions of Key Input Parameters From (A) Societal Perspective and (B) Healthcare Perspective

Supplementary Table 1. Defining population and 32 subgroups

Subgroups	Age	Sex	Race/Ethnicity
1	20-44y	Female	NHW
2	20-44y	Female	NHB
3	20-44y	Female	HISP
4	20-44y	Female	OTH
5	20-44y	Male	NHW
6	20-44y	Male	NHB
7	20-44y	Male	HISP
8	20-44y	Male	OTH
9	45-54y	Female	NHW
10	45-54y	Female	NHB
11	45-54y	Female	HISP
12	45-54y	Female	OTH
13	45-54y	Male	NHW
14	45-54y	Male	NHB
15	45-54y	Male	HISP
16	45-54y	Male	OTH
17	55-64y	Female	NHW
18	55-64y	Female	NHB
19	55-64y	Female	HISP
20	55-64y	Female	OTH
21	55-64y	Male	NHW
22	55-64y	Male	NHB
23	55-64y	Male	HISP
24	55-64y	Male	OTH
25	65+y	Female	NHW
26	65+y	Female	NHB
27	65+y	Female	HISP
28	65+y	Female	OTH
29	65+y	Male	NHW
30	65+y	Male	NHB
31	65+y	Male	HISP
32	65+y	Male	OTH

Supplementary Table 2. Relative risk estimates of etiologic relationships between body mass index (BMI) and 13 types of cancers

Cancer Type	No. of Studies	No. of Events	Source	Evidence Grading	RR (95% CI) Per 5 kg/m ²	Statistical Heterogeneity
Endometrial	26	18,717	CUP, 2013	Convincing ↑risk	1.50 (1.42-1.59)	I ² =86.2% P<0.0001
Esophageal (adenocarcinoma)	9	1,725	CUP, 2016	Convincing ↑risk	1.48 (1.35-1.62)	I ² =36.7% P=0.13
Kidney	23	15,575	CUP, 2015	Convincing ↑risk	1.30 (1.25-1.35)	I ² =38.8% P=0.03
Liver	12	14,311	CUP, 2015	Convincing ↑risk	1.30 (1.16-1.46)	I ² =78.3% P=0.000
Gallbladder	8	6,004	CUP, 2015	Probable ↑risk	1.25 (1.15-1.37)	I ² =52.3% P=0.04
Stomach (cardia)	7	2,050	CUP, 2016	Probable ↑risk	1.23 (1.07-1.40)	I ² =55.6% P=0.04
Breast (post- menopausal)	56	80,404	CUP, 2017	Convincing ↑risk	1.12 (1.09-1.15)	I ² =75% P<0.001
Pancreas	23	9,504	CUP, 2011	Convincing ↑risk	1.10 (1.07-1.14)	I ² =19% P=0.20
Multiple myeloma	20	1,388	IARC, 2016 ³⁰	Sufficient (IRAC) ↑risk	1.09 (1.03-1.16)	Not reported
Prostate (advanced)	24	11,149	CUP, 2014	Probable ↑risk	1.08 (1.04-1.12)	I ² =18.8% P=0.21
Thyroid	22	3,100	IARC, 2016 ³⁰	Sufficient (IARC) ↑risk	1.06 (1.02-1.10)	Not reported
Ovary	25	15,899	CUP, 2013	Probable ↑risk	1.06 (1.02-1.11)	I ² =55.1% P=0.001
Colorectal	38	71,089	CUP, 2017	Convincing ↑risk	1.05 (1.03-1.07)	I ² =74.2% P=0.000

Supplementary Table 3. Baseline incidence rates of 13 cancers among US adults by 32 subgroups

Subgroup	Colorectal Cancer		Endometrial Cancer		Esophageal Adeno-carcinoma		Female Breast (Postmeno.)		Gallbladder Cancer		Kidney Cancer		Liver Cancer		Multiple Myeloma		Ovarian cancer		Pancreatic Cancer		Advanced Prostate Cancer		Stomach Cancer (Gastric Cardia)		Thyroid Cancer	
	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE
1	8.53	0.38	6.54	3.66	0.05	4.18	0.00	0.00	0.05	2.57	3.83	3.16	0.49	4.18	0.38	4.66	4.31	0.27	107	3.46	0.00	0.00	0.10	3.82	28.97	0.69
2	7.78	0.74	5.04	0.59	0.03	0.20	0.00	0.00	0.07	2.46	3.57	0.50	0.56	0.20	102	0.27	2.98	0.45	103	0.26	0.00	0.00	0.09	2.25	13.12	0.95
3	6.09	0.55	7.49	3.32	0.03	3.07	0.00	0.00	0.06	2.48	3.73	3.16	0.42	3.07	0.33	3.71	3.95	0.46	0.86	0.87	0.00	0.00	0.09	2.27	20.97	1.13
4	6.36	1.10	6.56	1.13	0.02	0.15	0.00	0.00	0.07	2.58	1.87	0.40	0.32	0.15	0.38	0.23	4.49	0.70	0.74	0.25	0.00	0.00	0.09	2.36	24.88	2.21
5	9.20	0.39	0.00	0.00	0.42	5.22	0.00	0.00	0.04	0.02	5.91	4.53	0.60	5.22	0.48	5.26	0.00	0.00	122	2.06	0.21	0.02	0.43	4.32	6.93	0.34
6	7.94	0.78	0.00	0.00	0.29	0.30	0.00	0.00	0.04	0.02	5.47	0.65	1.17	0.30	148	0.34	0.00	0.00	100	0.28	0.56	0.09	0.34	3.42	2.36	0.42
7	6.15	0.54	0.00	0.00	0.31	3.85	0.00	0.00	0.04	0.02	4.04	3.82	0.82	3.85	0.57	0.18	0.00	0.00	0.83	0.20	0.13	0.68	0.34	3.53	3.80	0.44
8	6.21	0.85	0.00	0.00	0.31	0.47	0.00	0.00	0.05	0.02	3.68	1.04	1.59	0.47	0.70	140	0.00	0.00	0.82	0.29	0.41	0.09	0.36	3.52	5.70	0.84
9	4127	0.76	38.53	0.73	103	0.21	124.56	1.28	0.68	5.99	14.03	0.44	3.10	0.21	3.60	0.22	17.09	0.49	7.70	0.32	0.00	0.00	0.88	6.74	37.84	0.73
10	53.14	1.92	25.73	1.34	0.59	0.60	121.73	2.88	1.54	5.87	16.08	1.06	5.17	0.60	11.29	0.89	11.75	0.90	10.91	0.87	0.00	0.00	0.94	5.38	25.80	1.34
11	33.92	1.78	33.43	1.53	0.59	0.52	77.25	3.45	2.27	1.93	16.00	1.04	3.83	0.52	4.86	0.58	14.57	1.00	6.26	0.66	0.00	0.00	0.81	5.61	37.29	1.84
12	35.77	3.15	35.84	3.07	0.65	0.66	91.82	4.82	1.70	6.05	7.78	1.92	3.27	0.66	2.55	0.70	17.07	1.51	5.17	0.81	0.00	0.00	0.85	5.53	37.73	2.90
13	53.97	0.87	0.00	0.00	5.61	0.36	0.00	0.00	0.36	7.15	29.16	0.64	9.24	0.36	5.09	0.27	0.00	0.00	10.63	0.38	10.88	0.16	3.65	0.23	13.29	0.43
14	61.29	2.20	0.00	0.00	1.50	1.02	0.00	0.00	0.47	5.07	32.82	1.61	13.29	1.02	12.34	0.99	0.00	0.00	14.12	1.05	25.31	0.58	1.90	0.33	6.41	0.71
15	38.05	1.94	0.00	0.00	2.75	1.06	0.00	0.00	0.43	4.83	24.48	1.27	16.38	1.06	5.23	0.60	0.00	0.00	7.95	0.74	6.02	0.38	1.96	0.34	8.56	0.76
16	42.81	3.85	0.00	0.00	2.88	2.28	0.00	0.00	0.37	4.93	18.63	3.06	18.71	2.28	3.70	0.82	0.00	0.00	7.62	1.05	3.70	0.50	2.51	0.17	12.57	1.36
17	59.74	0.89	90.00	1.09	2.12	0.35	305.45	2.02	1.75	0.15	26.14	0.59	9.41	0.35	8.68	0.34	26.19	0.59	21.78	0.54	0.00	0.00	1.72	0.15	34.42	0.67
18	86.11	2.62	83.71	2.60	1.30	1.21	306.22	4.92	4.08	0.57	31.53	1.58	18.22	1.21	23.28	1.37	19.79	1.25	31.37	1.58	0.00	0.00	1.92	0.39	27.72	1.48
19	58.14	2.91	69.51	3.28	1.64	1.33	218.85	7.01	4.59	0.68	29.93	1.73	17.38	1.33	9.33	0.97	21.29	1.45	17.15	1.32	0.00	0.00	1.87	0.34	39.44	1.97
20	52.83	4.48	60.22	4.45	1.49	1.97	233.48	8.33	2.44	0.50	13.91	2.72	12.58	1.97	6.13	0.96	23.98	2.79	13.44	1.43	0.00	0.00	1.57	0.13	41.74	3.08
21	88.14	1.11	0.00	0.00	15.54	0.73	0.00	0.00	0.93	0.11	53.65	0.87	37.93	0.73	13.24	0.43	0.00	0.00	29.95	0.65	47.05	0.34	9.19	0.36	16.24	0.48
22	121.39	3.41	0.00	0.00	4.30	2.72	0.00	0.00	2.06	0.41	69.05	2.57	75.50	2.72	30.69	1.71	0.00	0.00	39.72	1.95	91.41	1.22	4.87	0.68	9.12	0.92
23	84.75	3.65	0.00	0.00	8.01	2.98	0.00	0.00	1.07	0.11	51.05	2.35	61.05	2.98	13.65	1.22	0.00	0.00	23.36	1.58	32.10	1.21	5.15	0.70	11.12	1.09
24	83.77	5.72	0.00	0.00	4.97	4.85	0.00	0.00	1.22	0.11	27.95	3.81	54.13	4.85	10.32	1.39	0.00	0.00	19.14	2.87	22.70	1.31	5.16	0.96	16.04	1.75
25	147.25	1.98	86.90	1.40	4.53	0.62	429.43	3.20	5.87	0.40	42.37	1.02	15.56	0.62	20.59	0.73	38.18	0.97	55.49	1.20	0.00	0.00	4.36	0.34	24.59	0.74
26	155.86	5.74	100.81	4.21	3.10	1.98	398.07	8.74	9.68	1.43	50.03	3.07	20.61	1.98	50.31	3.20	29.78	2.45	71.93	3.94	0.00	0.00	3.41	0.52	22.57	1.98
27	117.47	5.72	66.40	4.47	3.61	3.17	285.07	11.57	11.44	1.75	45.35	3.33	38.69	3.17	24.20	2.52	32.78	2.88	51.54	3.79	0.00	0.00	3.89	0.60	29.50	2.55
28	109.32	10.15	52.12	5.29	3.51	4.72	266.14	14.52	7.02	1.70	26.14	4.17	35.77	4.72	14.41	2.43	23.90	2.89	46.15	5.64	0.00	0.00	4.11	0.28	28.15	3.08
29	181.07	2.47	0.00	0.00	29.02	1.10	0.00	0.00	3.59	0.36	88.69	1.63	40.30	1.10	34.26	1.07	0.00	0.00	72.36	1.53	80.74	0.61	19.38	0.77	17.34	0.69
30	217.23	8.36	0.00	0.00	7.29	3.98	0.00	0.00	6.24	1.14	97.13	5.16	68.31	3.98	69.18	4.66	0.00	0.00	75.66	4.94	130.67	2.34	8.81	1.55	10.03	1.60
31	182.00	9.21	0.00	0.00	15.50	5.01	0.00	0.00	6.79	1.64	87.20	5.26	78.18	5.01	33.10	3.44	0.00	0.00	61.88	4.77	66.33	2.57	11.49	1.78	15.87	2.11
32	144.37	13.43	0.00	0.00	10.56	7.52	0.00	0.00	4.75	1.02	54.45	7.24	79.16	7.52	22.48	3.35	0.00	0.00	51.45	6.82	51.84	2.78	11.34	2.12	13.86	2.28

Supplementary Table 4. Baseline 5-year relative survival rates of 13 cancers among US adults by 32 subgroups

Subgroup	Colorectal Cancer		Endometrial Cancer		Esophageal Adeno-carcinoma		Female Breast (Postmeno.)		Gallbladder Cancer		Kidney Cancer		Liver Cancer		Multiple Myeloma		Ovarian Cancer		Pancreatic Cancer		Advanced Prostate Cancer		Stomach Cancer (Gastric Cardia)		Thyroid Cancer	
	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE
1	0.740	0.012	0.916	0.009	0.223	0.018	0.000	0.000	0.095	0.095	0.953	0.009	0.409	0.057	0.852	0.043	0.780	0.015	0.379	0.038	0.000	0.000	0.477	0.099	1.000	0.001
2	0.652	0.024	0.775	0.027	0.223	0.018	0.000	0.000	0.286	0.064	0.856	0.029	0.144	0.113	0.837	0.048	0.736	0.036	0.530	0.064	0.000	0.000	0.502	0.205	0.993	0.004
3	0.659	0.022	0.900	0.013	0.223	0.018	0.000	0.000	0.309	0.092	0.864	0.021	0.403	0.081	0.713	0.075	0.716	0.024	0.493	0.062	0.000	0.000	0.236	0.116	0.992	0.002
4	0.694	0.027	0.910	0.016	0.223	0.018	0.000	0.000	0.286	0.064	0.819	0.043	0.321	0.077	0.787	0.122	0.737	0.029	0.371	0.076	0.000	0.000	0.667	0.193	1.000	0.002
5	0.682	0.012	0.000	0.000	0.140	0.034	0.000	0.000	0.302	0.117	0.886	0.010	0.251	0.037	0.696	0.041	0.000	0.000	0.275	0.032	0.768	0.057	0.284	0.045	0.997	0.002
6	0.601	0.027	0.000	0.000	0.160	0.031	0.000	0.000	0.357	0.096	0.779	0.027	0.157	0.045	0.606	0.057	0.000	0.000	0.151	0.046	0.780	0.086	0.672	0.274	0.949	0.025
7	0.621	0.022	0.000	0.000	0.330	0.108	0.000	0.000	0.357	0.096	0.847	0.020	0.227	0.047	0.635	0.064	0.000	0.000	0.157	0.044	0.470	0.118	0.152	0.055	0.993	0.007
8	0.635	0.029	0.000	0.000	0.287	0.172	0.000	0.000	0.357	0.096	0.840	0.033	0.152	0.032	0.649	0.108	0.000	0.000	0.230	0.066	0.805	0.180	0.545	0.133	0.992	0.008
9	0.738	0.007	0.889	0.006	0.300	0.065	0.918	0.003	0.153	0.045	0.846	0.011	0.283	0.027	0.682	0.027	0.614	0.012	0.195	0.017	0.000	0.000	0.384	0.060	0.997	0.002
10	0.666	0.015	0.751	0.022	0.290	0.174	0.810	0.009	0.155	0.059	0.834	0.025	0.145	0.035	0.626	0.034	0.497	0.034	0.177	0.029	0.000	0.000	0.457	0.144	0.990	0.008
11	0.725	0.016	0.869	0.012	0.751	0.217	0.881	0.008	0.224	0.062	0.879	0.018	0.242	0.038	0.617	0.047	0.595	0.025	0.209	0.035	0.000	0.000	0.257	0.079	0.983	0.005
12	0.731	0.018	0.893	0.012	0.308	0.060	0.926	0.007	0.210	0.082	0.810	0.037	0.287	0.051	0.686	0.071	0.640	0.027	0.307	0.055	0.000	0.000	0.357	0.152	0.991	0.005
13	0.704	0.007	0.000	0.000	0.255	0.020	0.000	0.000	0.321	0.072	0.790	0.009	0.171	0.011	0.627	0.023	0.000	0.000	0.136	0.012	0.858	0.010	0.253	0.024	0.964	0.007
14	0.612	0.015	0.000	0.000	0.186	0.085	0.000	0.000	0.371	0.127	0.793	0.020	0.117	0.019	0.616	0.037	0.000	0.000	0.138	0.022	0.814	0.020	0.148	0.059	0.970	0.027
15	0.652	0.015	0.000	0.000	0.222	0.050	0.000	0.000	0.151	0.082	0.742	0.019	0.181	0.016	0.640	0.044	0.000	0.000	0.101	0.021	0.729	0.029	0.257	0.060	0.945	0.019
16	0.721	0.017	0.000	0.000	0.308	0.110	0.000	0.000	0.751	0.153	0.799	0.027	0.239	0.023	0.594	0.066	0.000	0.000	0.162	0.039	0.865	0.040	0.298	0.080	0.960	0.018
17	0.694	0.007	0.878	0.004	0.322	0.043	0.918	0.002	0.273	0.035	0.793	0.010	0.208	0.015	0.630	0.019	0.531	0.011	0.117	0.009	0.000	0.000	0.334	0.041	0.994	0.002
18	0.621	0.014	0.667	0.015	0.298	0.039	0.830	0.007	0.151	0.043	0.805	0.022	0.219	0.028	0.609	0.027	0.371	0.028	0.112	0.018	0.000	0.000	0.440	0.113	0.971	0.012
19	0.673	0.016	0.816	0.013	0.241	0.131	0.879	0.006	0.173	0.044	0.769	0.021	0.211	0.025	0.535	0.042	0.473	0.025	0.104	0.019	0.000	0.000	0.279	0.101	0.969	0.009
20	0.714	0.017	0.847	0.013	0.298	0.039	0.911	0.006	0.151	0.061	0.785	0.032	0.288	0.033	0.631	0.051	0.555	0.031	0.164	0.027	0.000	0.000	0.281	0.140	0.987	0.008
21	0.666	0.006	0.000	0.000	0.257	0.013	0.000	0.000	0.190	0.045	0.760	0.008	0.202	0.007	0.603	0.016	0.000	0.000	0.111	0.007	0.878	0.006	0.255	0.016	0.954	0.009
22	0.579	0.013	0.000	0.000	0.178	0.072	0.000	0.000	0.261	0.105	0.758	0.019	0.140	0.012	0.545	0.028	0.000	0.000	0.080	0.014	0.786	0.014	0.148	0.046	0.945	0.039
23	0.628	0.014	0.000	0.000	0.135	0.033	0.000	0.000	0.203	0.081	0.717	0.018	0.170	0.013	0.541	0.037	0.000	0.000	0.078	0.015	0.777	0.017	0.281	0.053	0.899	0.028
24	0.654	0.015	0.000	0.000	0.237	0.082	0.000	0.000	0.148	0.069	0.698	0.025	0.268	0.017	0.485	0.050	0.000	0.000	0.122	0.023	0.885	0.019	0.257	0.061	0.967	0.022
25	0.610	0.005	0.799	0.006	0.182	0.024	0.907	0.003	0.179	0.018	0.679	0.010	0.119	0.010	0.420	0.012	0.323	0.008	0.057	0.003	0.000	0.000	0.231	0.023	0.958	0.005
26	0.551	0.012	0.552	0.016	0.170	0.143	0.806	0.008	0.217	0.043	0.709	0.024	0.097	0.020	0.407	0.022	0.210	0.021	0.059	0.009	0.000	0.000	0.264	0.068	0.894	0.023
27	0.579	0.013	0.699	0.017	0.190	0.073	0.858	0.008	0.125	0.023	0.677	0.022	0.087	0.014	0.353	0.027	0.298	0.022	0.049	0.009	0.000	0.000	0.257	0.060	0.889	0.020
28	0.599	0.013	0.735	0.020	0.180	0.022	0.900	0.007	0.115	0.030	0.614	0.032	0.187	0.017	0.440	0.040	0.356	0.029	0.043	0.008	0.000	0.000	0.187	0.067	0.858	0.023
29	0.615	0.005	0.000	0.000	0.212	0.011	0.000	0.000	0.134	0.025	0.680	0.008	0.119	0.007	0.402	0.011	0.000	0.000	0.075	0.004	0.717	0.007	0.220	0.013	0.935	0.015
30	0.498	0.014	0.000	0.000	0.164	0.069	0.000	0.000	0.209	0.076	0.705	0.024	0.134	0.019	0.459	0.027	0.000	0.000	0.049	0.011	0.569	0.017	0.174	0.052	0.810	0.068
31	0.544	0.013	0.000	0.000	0.155	0.035	0.000	0.000	0.144	0.046	0.668	0.020	0.107	0.012	0.398	0.028	0.000	0.000	0.066	0.011	0.674	0.017	0.141	0.032	0.786	0.048
32	0.625	0.013	0.000	0.000	0.126	0.049	0.000	0.000	0.263	0.071	0.653	0.026	0.182	0.014	0.431	0.037	0.000	0.000	0.080	0.013	0.733	0.020	0.255	0.042	0.800	0.039

Supplementary Table 5. Health-related quality of life among US cancer patients aged 20 years or older, by cancer type and phase of care

Cancer Type	Cancer Phase	Health Related Quality of Life	Source
		mean (SE)	
Endometrial	Overall	0.80 (0.14)	Naik et al. ³¹
Esophageal Adenocarcinoma	Overall	0.69 (0.26)	Wildi et al. ³²
Kidney	Overall	0.78 (0.14)	Pickard et al. ³³
Liver	Overall	0.79 (0.19)	Naik et al. ³¹
Gallbladder	Overall	0.79 (0.19)	Naik et al. ³¹
Stomach (gastric cardia)	Initial:	0.84 (0.25)	Zhou et al. ³⁴
	Continuous:	0.86 (0.24)	
	End of Life:	0.65 (0.33)	
Female Breast (post-menopausal)	Initial:	0.78 (0.19)	Yabroff et al. ³⁵
	Continuous:	0.81 (0.20)	
	End of Life:	0.64 (0.16)	
Pancreas	Overall	0.65 (0.30)	Müller-Nordhorn et al. ³⁶
Multiple myeloma	Overall	0.79 (0.19)	Naik et al. ³¹
Advanced Prostate	Initial:	0.78 (0.20)	Yabroff et al. ³⁵
	Continuous:	0.76 (0.19)	
	End of Life:	0.59 (0.15)	
Thyroid	Overall	0.85 (0.13)	Naik et al. ³¹
Ovary	Overall	0.77 (0.17)	Pickard et al. ³³
Colorectal	Initial:	0.760 (0.19)	Färkkilä et al. ³⁷
	Continuous:	0.835 (0.20)	
	End of Life:	0.643 (0.26)	

Supplementary Table 6. Baseline medical costs, productivity loss, and patient time costs among US cancer patients aged 20 years or older, by cancer type

Cancer type	Sex	Age	Medical costs			Productivity loss			Patient time cost		
			Initial	Continuous	End-of-life	Initial	Continuous	End-of-life	Initial	Continuous	End-of-life
Esophageal Adenocarcinoma	Female	<65	95439	6853	156417	4884	3757	15027	650	500	2001
		≥65	79532	6853	104278	6984	5372	21489	1187	913	3652
	Male	<65	95787	6450	155612	4884	3757	15027	650	500	2001
		≥65	79822	6450	103742	6984	5372	21489	1187	913	3652
Stomach (Gastric Cardia)	Female	<65	85291	3977	155636	4884	3757	15027	650	500	2001
		≥65	71076	3977	103758	6984	5372	21489	1187	913	3652
	Male	<65	94144	4282	160695	4884	3757	15027	650	500	2001
		≥65	78453	4282	107130	6984	5372	21489	1187	913	3652
Liver	Female	<65	40173	5859	95782	4884	3757	15027	650	500	2001
		≥65	40173	5859	95782	6984	5372	21489	1187	913	3652
	Male	<65	41161	7363	97473	4884	3757	15027	650	500	2001
		≥65	41161	7363	97473	6984	5372	21489	1187	913	3652
Pancreatic	Female	<65	112154	8672	164911	4884	3757	15027	650	500	2001
		≥65	93462	8672	109941	6984	5372	21489	1187	913	3652
	Male	<65	112911	11697	169673	4884	3757	15027	650	500	2001
		≥65	94092	11697	113115	6984	5372	21489	1187	913	3652
Advanced Prostate	Male	<65	23652	3201	93363	3715	2858	11432	650	500	2001
		≥65	19710	3201	62242	6549	5038	20152	1187	913	3652
Colorectal	Female	<65	61593	3159	126778	10330	7946	31784	650	500	2001
		≥65	51327	3159	84519	7479	5753	23012	1187	913	3652

1												
2		Male	<65	62174	4595	128507	10330	7946	31784	650	500	2001
3			≥65	51812	4595	85671	7479	5753	23012	1187	913	3652
4												
5												
6	Endometrial	Female	<65	32129	1535	105262	4884	3757	15027	650	500	2001
7			≥65	26775	1535	70175	6984	5372	21489	1187	913	3652
8												
9												
10	Ovarian	Female	<65	98788	8296	149573	4884	3757	15027	650	500	2001
11			≥65	82324	8296	99715	6984	5372	21489	1187	913	3652
12												
13												
14	Gallbladder	Female	<65	40173	5859	95782	4884	3757	15027	650	500	2001
15			≥65	40173	5859	95782	6984	5372	21489	1187	913	3652
16		Male	<65	41161	7363	97473	4884	3757	15027	650	500	2001
17			≥65	41161	7363	97473	6984	5372	21489	1187	913	3652
18												
19												
20												
21	Kidney (Renal Cell)	Female	<65	46077	6255	110765	4884	3757	15027	650	500	2001
22			≥65	38397	6255	73843	6984	5372	21489	1187	913	3652
23		Male	<65	46048	6018	117123	4884	3757	15027	650	500	2001
24			≥65	38374	6018	78082	6984	5372	21489	1187	913	3652
25												
26												
27												
28	Breast (Postmenopausal)	Female	<65	27693	2207	94284	5985	4604	18416	650	500	2001
29			≥65	23078	2207	62856	4752	3655	14620	1187	913	3652
30												
31												
32	Thyroid	Female	<65	40173	5859	95782	4884	3757	15027	650	500	2001
33			≥65	40173	5859	95782	6984	5372	21489	1187	913	3652
34		Male	<65	41161	7363	97473	4884	3757	15027	650	500	2001
35			≥65	41161	7363	97473	6984	5372	21489	1187	913	3652
36												
37												
38												
39	Multiple Myeloma	Female	<65	40173	5859	95782	4884	3757	15027	650	500	2001
40			≥65	40173	5859	95782	6984	5372	21489	1187	913	3652
41												
42												
43												
44												
45												
46												
47												

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47

Male	<65	41161	7363	97473	4884	3757	15027	650	500	2001
	≥65	41161	7363	97473	6984	5372	21489	1187	913	3652

For peer review only

Supplementary Table 7. Baseline medical costs, productivity loss, and patient time cost among general population aged 20 years or older in the US, by 32 subgroups

Age group, years	Sex	Race/ethnicity	Medical costs		Productivity loss		Patient time cost	
			Annual general costs	End-of-life costs	Annual general costs	End-of-life costs	Annual general costs	End-of-life costs
20-44	Female	NHW	4020	40000	2040	8160	226	904
		NHB	3100	40000	2040	8160	226	904
		Hispanic	2355	40000	2040	8160	226	904
		Other	2617	40000	2040	8160	226	904
	Male	NHW	2022	40000	2040	8160	226	904
		NHB	2279	40000	2040	8160	226	904
		Hispanic	1145	40000	2040	8160	226	904
		Other	1803	40000	2040	8160	226	904
45-54	Female	NHW	5371	40000	2040	8160	226	904
		NHB	5712	40000	2040	8160	226	904
		Hispanic	3196	40000	2040	8160	226	904
		Other	4082	40000	2040	8160	226	904
	Male	NHW	3812	40000	2040	8160	226	904
		NHB	3639	40000	2040	8160	226	904
		Hispanic	3612	40000	2040	8160	226	904
		Other	2560	40000	2040	8160	226	904
55-64	Female	NHW	7300	40000	2040	8160	226	904
		NHB	5479	40000	2040	8160	226	904
		Hispanic	4607	40000	2040	8160	226	904
		Other	3951	40000	2040	8160	226	904
	Male	NHW	6519	40000	2040	8160	226	904
		NHB	6455	40000	2040	8160	226	904
		Hispanic	5077	40000	2040	8160	226	904
		Other	6320	40000	2040	8160	226	904
≥65	Female	NHW	8997	40000	4409	8160	607	904
		NHB	9585	40000	4409	8160	607	904
		Hispanic	8847	40000	4409	8160	607	904
		Other	8625	40000	4409	8160	607	904
	Male	NHW	9334	40000	4409	8160	607	904
		NHB	7367	40000	4409	8160	607	904
		Hispanic	5640	40000	4409	8160	607	904
		Other	7461	40000	4409	8160	607	904

Supplementary Table 8. Characteristics of US adults aged 20 years or older participated in the NHANES, 2013-2016

Characteristics (N=10064)	Calorie Consumption, kcal/day
Age, years	47.8 ± 0.41
Age groups, years, N (%)	
20-44	4319 (44.5) 425 ± 4.38
25-54	1704 (18.3) 315 ± 5.39
55-64	1725 (17.3) 271 ± 4.90
≥65	2316 (19.9) 192 ± 3.83
Sex, N (%)	
Male	4829 (48.3) 388 ± 4.53
Female	5235 (51.7) 279 ± 4.04
Race/ethnicity, N (%)	
Non-Hispanic White	3944 (65.0) 320 ± 4.76
Non-Hispanic Black	2069 (11.2) 361 ± 6.55
Hispanic	2668 (14.9) 367 ± 4.44
Other	1383 (8.90) 325 ± 8.12
Education, N (%)	
Less than high school graduate	2178 (14.2) 311 ± 5.14
High school graduate	2249 (21.6) 332 ± 5.72
Some college	3070 (33.1) 341 ± 4.92
College graduate	2562 (31.0) 332 ± 7.10
Family income to poverty ratio, N (%)	
<1.30	3862 (28.3) 325 ± 4.87
1.30-1.84	2842 (26.7) 333 ± 4.55
1.85-2.99	1725 (20.4) 344 ± 6.73
≥3.00	1635 (24.5) 328 ± 7.01
Body mass index (BMI), kg/m²	29.3 ± 0.16
Weight status, N (%)	
Underweight (BMI<18.5)	145 (1.36) 341 ± 17.5
Normal weight (BMI=18.5-24.9)	2671 (27.2) 327 ± 4.81
Overweight/Obese (BMI≥25)	7163 (71.4) 334 ± 4.01

Supplementary Table 9. Consumption of calories from full-service and fast-food restaurants among US adults participated in 2013-2016 NHANES by 32 subgroups

Age group, years	Sex	Race/ethnicity	Baseline consumption, kcal/day (mean ± SE)
20-44	Female	NHW	357 ± 6.47
		NHB	397 ± 8.98
		Hispanic	364 ± 6.77
		Other	334 ± 11.3
	Male	NHW	485 ± 9.00
		NHB	508 ± 12.3
		Hispanic	500 ± 13.7
		Other	466 ± 14.1
45-54	Female	NHW	270 ± 9.38
		NHB	266 ± 7.85
		Hispanic	265 ± 9.11
		Other	228 ± 14.6
	Male	NHW	374 ± 11.3
		NHB	388 ± 17.4
		Hispanic	355 ± 15.0
		Other	338 ± 20.2
55-64	Female	NHW	231 ± 5.25
		NHB	249 ± 9.58
		Hispanic	234 ± 7.99
		Other	216 ± 10.2
	Male	NHW	315 ± 9.55
		NHB	314 ± 18.3
		Hispanic	307 ± 9.90
		Other	298 ± 11.1
≥65	Female	NHW	164 ± 4.71
		NHB	156 ± 6.07
		Hispanic	158 ± 5.27
	Male	Other	137 ± 5.43
		NHW	235 ± 7.43
		NHB	220 ± 7.07
		Hispanic	218 ± 8.07

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47

Other

198 ± 20.0

For peer review only

Supplementary Table 10. Estimated new cancer cases averted by the federal menu calorie labeling in the US by age, sex, race/ethnicity, and cancer type, over lifetime (U.S. population=235,162,844)¹

Cancer Type	Policy Scenario	20-44 y		45-54 y		55-64 y		65 + y	
		Female	Male	Female	Male	Female	Male	Female	Male
Endometrial									
Age	<i>consumer behavior</i>	3300 (696 to 6090)		591 (-990 to 2160)		1140 (433 to 1940)		656 (107 to 1190)	
	<i>+industry response</i>	5960 (3360 to 8890)		1340 (-208 to 2980)		1600 (928 to 2430)		926 (396 to 1460)	
Race/Ethnicity									
Non-Hispanic White	<i>consumer behavior</i>	1630 (-711 to 4080)	0	-136 (-1590 to 1430)	0	757 (140 to 1500)	0	572 (38 to 1070)	0
	<i>+industry response</i>	3080 (829 to 5780)	0	369 (-1100 to 1950)	0	1110 (463 to 1830)	0	780 (245 to 1290)	0
Non-Hispanic Black	<i>consumer behavior</i>	763 (-157 to 1710)	0	258 (-23 to 543)	0	283 (73 to 528)	0	47 (-43 to 150)	0
	<i>+industry response</i>	1240 (316 to 2200)	0	372 (93 to 668)	0	355 (146 to 604)	0	77 (-13 to 176)	0
Hispanic	<i>consumer behavior</i>	910 (74 to 1790)	0	290 (-48 to 596)	0	42 (-83 to 185)	0	43 (-16 to 102)	0
	<i>+industry response</i>	1460 (580 to 2340)	0	399 (66 to 703)	0	89 (-35 to 233)	0	64 (5 to 122)	0
Other	<i>consumer behavior</i>	19 (-312 to 402)	0	165 (41 to 319)	0	54 (3 to 109)	0	-6 (-26 to 14)	0
	<i>+industry response</i>	150 (-174 to 546)	0	191 (68 to 344)	0	68 (18 to 124)	0	0 (-21 to 21)	0
Breast (Postmenopausal)									
Age	<i>consumer behavior</i>	2530 (263 to 5040)		373 (-1070 to 1950)		1210 (480 to 2130)		742 (137 to 1380)	
	<i>+industry response</i>	4670 (2330 to 7350)		1040 (-390 to 2680)		1710 (1010 to 2640)		1040 (433 to 1700)	
Race/Ethnicity									
Non-Hispanic White	<i>consumer behavior</i>	1370 (-659 to 3750)	0	-224 (-1570 to 1210)	0	832 (170 to 1670)	0	660 (57 to 1280)	0
	<i>+industry response</i>	2660 (490 to 5220)	0	234 (-1130 to 1770)	0	1200 (535 to 2040)	0	902 (291 to 1570)	0
Non-Hispanic Black	<i>consumer behavior</i>	567 (-110 to 1300)	0	182 (-34 to 431)	0	267 (89 to 487)	0	43 (-40 to 136)	0

1		<i>+industry response</i>	912 (240 to 1680)	0	271 (55 to 536)	0	329 (149 to 554)	0	71 (-13 to 166)	0
2	Hispanic	<i>consumer behavior</i>	581 (44 to 1200)	0	231 (-14 to 474)	0	32.9 (-72 to 154)	0	42 (-12 to 100)	0
3										
4		<i>+industry response</i>	934 (368 to 1600)	0	312 (71 to 563)	0	76 (-34 to 198)	0	61 (6 to 123)	0
5	Other	<i>consumer behavior</i>	1 (-310 to 384)	0	182 (40 to 353)	0	74 (9 to 148)	0	-7 (-35 to 22)	0
6										
7		<i>+industry response</i>	128 (-187 to 541)	0	210 (71 to 386)	0	94 (29 to 170)	0	1 (-27 to 31)	0
8										
9										
10										
11	Kidney (Renal Cell)									
12										
13	Age	<i>consumer behavior</i>	2930 (864 to 5040)		581 (-364 to 1540)		1180 (526 to 1810)		428 (28 to 805)	
14		<i>+industry response</i>	5240 (3110 to 7390)		1230 (244 to 2210)		1590 (941 to 2250)		651 (248 to 1030)	
15										
16	Race/Ethnicity									
17		Non-								
18	Hispanic White	<i>consumer behavior</i>	338 (-137 to 844)	1040 (-536 to 2790)	-42 (-332 to 273)	53 (-791 to 884)	172 (34 to 339)	677 (88 to 1240)	147 (18 to 280)	192 (-170 to 536)
19		<i>+industry response</i>	646 (173 to 1180)	2020 (410 to 3750)	58 (-236 to 383)	379 (-452 to 1250)	251 (109 to 420)	898 (326 to 1470)	199 (72 to 335)	320 (-35 to 661)
20	Non-Hispanic Black	<i>consumer behavior</i>	170 (-35 to 384)	88 (-454 to 620)	60 (-5 to 128)	136 (-96 to 410)	79 (26 to 139)	85 (-81 to 258)	13 (-12 to 40)	44 (9 to 79)
21		<i>+industry response</i>	280 (69 to 502)	343 (-202 to 898)	87 (22 to 157)	203 (-30 to 475)	97 (43 to 157)	119 (-45 to 295)	21 (-4 to 48)	56 (22 to 90)
22	Hispanic	<i>consumer behavior</i>	267 (21 to 527)	895 (-21 to 1920)	92 (-4 to 184)	230 (-25 to 503)	14 (-27 to 60)	94 (8 to 196)	15 (-6 to 36)	9 (-29 to 50)
23		<i>+industry response</i>	425 (166 to 697)	1290 (371 to 2320)	123 (27 to 218)	305 (49 to 570)	29 (-12 to 76)	127 (41 to 232)	22 (2 to 44)	21 (-17 to 63)
24	Other	<i>consumer behavior</i>	5 (-47 to 66)	75 (-103 to 274)	34 (12 to 59)	3 (-64 to 77)	13 (2 to 25)	33 (10 to 58)	-1 (-6 to 4)	8 (-18 to 37)
25		<i>+industry response</i>	27 (-26 to 89)	147 (-29 to 347)	38 (17 to 64)	17 (-52 to 91)	16 (5 to 28)	41 (19 to 67)	1 (-4 to 6)	11 (-15 to 40)
26										
27										
28										
29										
30										
31										
32										
33										
34										
35	Liver									
36	Age	<i>consumer behavior</i>	3210 (1000 to 5540)		701 (-200 to 1760)		1000 (477 to 1580)		275 (17 to 551)	
37		<i>+industry response</i>	5560 (3130 to 8130)		1340 (397 to 2480)		1340 (804 to 1950)		432 (174 to 719)	
38										
39	Race/Ethnicity									
40										
41										
42										
43										
44										
45										
46										
47										

1	Non-Hispanic	<i>consumer behavior</i>	170	1150	18	-82	113	520	75	116
2	White		(-125 to 597)	(-258 to 3130)	(-168 to 236)	(-844 to 807)	(36 to 227)	(108 to 1020)	(6 to 155)	(-110 to 365)
3		<i>+industry response</i>	367	2120	78	215	159	668	100	198
4			(53 to 855)	(498 to 4300)	(-105 to 319)	(-537 to 1150)	(77 to 280)	(287 to 1220)	(35 to 189)	(-26 to 454)
5	Non-Hispanic Black	<i>consumer behavior</i>	143	85	53	213	51	118	7	37
6			(-27 to 346)	(-678 to 1050)	(2 to 120)	(-146 to 705)	(14 to 100)	(-112 to 393)	(-7 to 26)	(-4 to 88)
7		<i>+industry response</i>	231	429	74	306	63	163	12	52
8			(53 to 458)	(-312 to 1460)	(24 to 147)	(-41 to 823)	(28 to 115)	(-58 to 447)	(-2 to 32)	(11 to 107)
9	Hispanic	<i>consumer behavior</i>	239	1150	99	321	14	113	17	8
10			(19 to 570)	(93 to 2490)	(3 to 215)	(15 to 703)	(-30 to 72)	(19 to 233)	(-5 to 41)	(-33 to 54)
11		<i>+industry response</i>	384	1600	132	409	31	150	25	20
12			(132 to 756)	(529 to 3050)	(36 to 257)	(106 to 820)	(-13 to 90)	(55 to 276)	(3 to 50)	(-19 to 70)
13	Other	<i>consumer behavior</i>	2	99	38	-1	15	38	0	9
14			(-56 to 82)	(-125 to 379)	(9 to 77)	(-101 to 125)	(0 to 34)	(5 to 76)	(-8 to 7)	(-28 to 53)
15		<i>+industry response</i>	26	183	43	18	19	48	2	14
16			(-32 to 108)	(-31 to 483)	(15 to 85)	(-80 to 152)	(5 to 40)	(17 to 91)	(-5 to 10)	(-23 to 59)
17	Pancreatic									
18	Age	<i>consumer behavior</i>	764 (262 to 1340)		81.6 (-186 to 388)		404 (193 to 651)		148 (21 to 286)	
19		<i>+industry response</i>	1350 (820 to 1990)		269 (4 to 595)		540 (327 to 793)		227 (96 to 370)	
20	Race/Ethnicity									
21	Non-Hispanic White	<i>consumer behavior</i>	121	247	-48	-16	87	218	63	58
22			(-44 to 367)	(-120 to 768)	(-159 to 87)	(-246 to 245)	(26 to 175)	(48 to 432)	(3 to 131)	(-54 to 189)
23		<i>+industry response</i>	229	490	-11	73	122	283	87	98
24			(50 to 493)	(99 to 1060)	(-124 to 134)	(-154 to 363)	(56 to 218)	(115 to 507)	(27 to 163)	(-12 to 238)
25	Non-Hispanic Black	<i>consumer behavior</i>	60	18	24	30	32	19	5	10
26			(-10 to 158)	(-80 to 128)	(-1 to 54)	(-20 to 87)	(9 to 63)	(-16 to 62)	(-6 to 19)	(2 to 19)
27		<i>+industry response</i>	98	64	34	44	39	27	9	13
28			(21 to 207)	(-36 to 184)	(9 to 67)	(-4 to 102)	(17 to 72)	(-9 to 70)	(-2 to 23)	(5 to 23)
29	Hispanic	<i>consumer behavior</i>	68	194	26	46	4	18	6	2
30			(5 to 150)	(13 to 422)	(-4 to 60)	(-5 to 105)	(-11 to 22)	(-3 to 44)	(-2 to 14)	(-8 to 12)
31		<i>+industry response</i>	108	273	36	63	10	26	8	5
32			(40 to 201)	(92 to 518)	(7 to 70)	(11 to 124)	(-5 to 28)	(6 to 53)	(0 to 18)	(-5 to 15)
33	Other	<i>consumer behavior</i>	-2	18	17	0	8	10	0	2
34			(-27 to 30)	(-29 to 72)	(4 to 33)	(-20 to 23)	(1 to 16)	(3 to 19)	(-4 to 3)	(-6 to 13)
35		<i>+industry response</i>	9	36	19	4	10	13	1	4
36			(-17 to 43)	(-9 to 94)	(7 to 36)	(-16 to 28)	(3 to 18)	(5 to 22)	(-3 to 5)	(-5 to 14)
37										
38										
39										
40										
41										
42										
43										
44										
45										
46										
47										

Esophageal Adenocarcinoma											
3	Age	<i>consumer behavior</i>		715 (43 to 1480)	92 (-296 to 501)	419 (136 to 719)	128 (-60 to 309)				
5		<i>+industry response</i>		1300 (602 to 2100)	293 (-102 to 708)	556 (270 to 858)	206 (20 to 390)				
7	Race/Ethnicity										
8	Non-Hispanic White	<i>consumer behavior</i>		45 (-25 to 125)	406 (-228 to 1100)	-9 (-55 to 41)	26 (-368 to 419)	30 (7 to 58)	345 (64 to 630)	27 (5 to 50)	92 (-88 to 263)
10		<i>+industry response</i>		91 (17 to 179)	815 (174 to 1560)	7 (-40 to 60)	179 (-210 to 578)	43 (20 to 73)	449 (174 to 739)	35 (14 to 59)	155 (-17 to 330)
11	Non-Hispanic Black	<i>consumer behavior</i>		10 (-2 to 22)	10 (-28 to 50)	3 (-1 to 8)	11 (-7 to 32)	5 (2 to 9)	67 (-7 to 22)	1 (-1 to 3)	4 (0 to 7)
13		<i>+industry response</i>		16 (4 to 29)	28 (-11 to 69)	5 (1 to 9)	16 (-2 to 37)	6 (3 to 11)	9 (-4 to 25)	1 (0 to 3)	5 (2 to 8)
14	Hispanic	<i>consumer behavior</i>		28 (2 to 57)	196 (-2 to 414)	9 (-1 to 20)	46 (-7 to 112)	2 (-3 to 8)	24 (3 to 47)	2 (-1 to 4)	2 (-7 to 12)
16		<i>+industry response</i>		44 (17 to 76)	280 (80 to 504)	13 (2 to 24)	63 (7 to 130)	3 (-1 to 10)	32 (11 to 56)	3 (0 to 5)	4 (-4 to 15)
17	Other	<i>consumer behavior</i>		-1 (-10 to 11)	10 (-16 to 41)	6 (1 to 11)	0 (-12 to 13)	2 (0 to 5)	7 (2 to 12)	0 (-1 to 1)	2 (-4 to 8)
19		<i>+industry response</i>		3 (-6 to 15)	21 (-6 to 52)	75 (2 to 12)	2 (-10 to 15)	3 (1 to 6)	8 (4 to 13)	0 (-1 to 1)	2 (-3 to 9)
20											
25	Colorectal										
26	Age	<i>consumer behavior</i>		584 (183 to 1090)	79 (-90 to 289)	251 (126 to 412)	117 (19 to 224)				
27		<i>+industry response</i>		1050 (605 to 1610)	201 (23 to 426)	341 (209 to 514)	175 (81 to 289)				
28	Race/Ethnicity										
29	Non-Hispanic White	<i>consumer behavior</i>		67 (-51 to 261)	169 (-107 to 569)	-35 (-106 to 64)	-17 (-151 to 163)	52 (11 to 111)	126 (21 to 262)	55 (11 to 115)	44 (-36 to 129)
31		<i>+industry response</i>		144 (-2 to 382)	358 (40 to 790)	-12 (-80 to 97)	38 (-99 to 233)	75 (30 to 146)	168 (62 to 313)	73 (28 to 138)	70 (-7 to 162)
32	Non-Hispanic Black	<i>consumer behavior</i>		31 (-9 to 88)	38 (-48 to 144)	11 (-1 to 29)	26 (-13 to 79)	19 (7 to 36)	14 (-17 to 49)	3 (-4 to 12)	8 (1 to 17)
33		<i>+industry response</i>		53 (9 to 119)	78 (-8 to 203)	17 (4 to 36)	36 (-2 to 91)	23 (11 to 41)	20 (-9 to 56)	6 (-1 to 15)	11 (3 to 21)
34	Hispanic	<i>consumer behavior</i>		45 (2 to 113)	185 (25 to 409)	20 (1 to 43)	57 (9 to 114)	3 (-7 to 16)	21 (2 to 44)	4 (-1 to 11)	1 (-8 to 11)
35											
36											
37											
38											
39											
40											
41											
42											
43											
44											
45											
46											
47											

1		<i>+industry response</i>	73 (18 to 155)	256 (84 to 504)	26 (8 to 51)	70 (23 to 129)	6 (-3 to 20)	28 (10 to 53)	6 (1 to 13)	4 (-5 to 14)	
2	Other	<i>consumer behavior</i>	-2 (-21 to 26)	20 (-31 to 89)	7 (-1 to 19)	1 (-20 to 26)	4 (0 to 11)	8 (1 to 16)	-1 (-3 to 2)	3 (-6 to 13)	
3		<i>+industry response</i>	6 (-13 to 36)	41 (-9 to 115)	9 (1 to 21)	5 (-15 to 31)	6 (1 to 12)	10 (4 to 19)	0 (-2 to 3)	4 (-5 to 14)	
4											
5											
6											
7	Thyroid										
8	Age	<i>consumer behavior</i>	374 (114 to 751)		10 (-69 to 125)		84 (44 to 144)		34 (7 to 68)		
9		<i>+industry response</i>	683 (349 to 1130)		67 (-17 to 200)		117 (70 to 187)		52 (22 to 91)		
10											
11	Race/Ethnicity										
12	Non-Hispanic White	<i>consumer behavior</i>	96 (-59 to 382)	52 (-59 to 273)	-28 (-85 to 56)	-15 (-64 to 58)	21 (1 to 62)	28 (1 to 73)	20 (2 to 47)	8 (-9 to 31)	
13		<i>+industry response</i>	205 (-15 to 563)	131 (-26 to 395)	-8 (-63 to 92)	3 (-43 to 85)	33 (5 to 80)	40 (12 to 90)	28 (9 to 58)	14 (-3 to 40)	
14	Non-Hispanic Black	<i>consumer behavior</i>	29 (-10 to 113)	7 (-10 to 36)	8 (-1 to 24)	3 (-3 to 12)	12 (6 to 22)	2 (-2 to 8)	1 (-2 to 5)	1 (0 to 2)	
15		<i>+industry response</i>	52 (-1 to 153)	16 (-4 to 50)	12 (2 to 30)	5 (-1 to 15)	14 (8 to 26)	3 (-1 to 10)	2 (0 to 7)	2 (1 to 3)	
16	Hispanic	<i>consumer behavior</i>	68 (1 to 201)	59 (6 to 151)	15 (-5 to 39)	13 (2 to 30)	2 (-4 to 12)	4 (0 to 9)	2 (-1 to 6)	0 (-1 to 3)	
17		<i>+industry response</i>	113 (22 to 276)	84 (26 to 189)	21 (2 to 48)	16 (6 to 35)	4 (-2 to 15)	5 (2 to 12)	3 (0 to 8)	1 (-1 to 3)	
18	Other	<i>consumer behavior</i>	-4 (-38 to 59)	13 (-13 to 56)	6 (-4 to 20)	1 (-7 to 12)	5 (2 to 10)	5 (3 to 8)	-1 (-2 to 1)	0 (-2 to 3)	
19		<i>+industry response</i>	12 (-25 to 82)	23 (-2 to 70)	8 (-1 to 23)	3 (-5 to 14)	6 (3 to 11)	6 (4 to 9)	0 (-2 to 2)	1 (-1 to 4)	
20											
21											
22											
23											
24											
25											
26											
27											
28											
29											
30	Multiple Myeloma										
31	Age	<i>consumer behavior</i>	370 (113 to 743)		78 (-46 to 242)		181 (85 to 308)		63 (7 to 128)		
32		<i>+industry response</i>	653 (327 to 1120)		164 (29 to 357)		243 (142 to 385)		97 (41 to 169)		
33											
34	Race/Ethnicity										
35	Non-Hispanic White	<i>consumer behavior</i>	27 (-34 to 138)	102 (-61 to 375)	-14 (-50 to 50)	-4 (-96 to 139)	24 (3 to 67)	96 (25 to 204)	20 (1 to 52)	23 (-23 to 83)	
36		<i>+industry response</i>	64 (-22 to 204)	207 (0 to 544)	-1 (-38 to 74)	29 (-60 to 199)	36 (9 to 87)	125 (52 to 246)	28 (8 to 65)	39 (-5 to 111)	
37											
38											
39											
40											
41											
42											
43											
44											
45											
46											
47											

1	Non-Hispanic Black	<i>consumer behavior</i>	39 (-9 to 135)	22 (-63 to 178)	14 (-1 to 43)	27 (-15 to 95)	19 (4 to 45)	11 (-22 to 60)	4 (-4 to 17)	10 (2 to 22)
2		<i>+industry response</i>	66 (1 to 183)	65 (-30 to 242)	22 (4 to 55)	38 (-3 to 113)	24 (9 to 54)	18 (-13 to 71)	6 (-1 to 20)	13 (5 to 26)
3	Hispanic	<i>consumer behavior</i>	26 (0 to 79)	111 (12 to 277)	7 (-5 to 24)	25 (-3 to 68)	2 (-4 to 11)	15 (3 to 32)	2 (-1 to 7)	0 (-5 to 7)
4		<i>+industry response</i>	43 (6 to 110)	154 (50 to 340)	10 (0 to 30)	33 (6 to 82)	4 (-2 to 15)	19 (8 to 39)	3 (0 to 9)	1 (-3 to 9)
5	Other	<i>consumer behavior</i>	0 (-7 to 11)	8 (-11 to 41)	7 (3 to 12)	0 (-10 to 12)	1 (1 to 4)	4 (1 to 9)	-0 (-1 to 1)	1 (-3 to 6)
6		<i>+industry response</i>	2 (-4 to 16)	16 (-3 to 53)	8 (4 to 13)	1 (-8 to 15)	2 (0 to 5)	5 (2 to 11)	0 (-1 to 1)	1 (-2 to 6)
7										
8	Stomach (Gastric Cardia)									
9	Age	<i>consumer behavior</i>	338 (49 to 803)		58 (-99 to 264)		182 (70 to 347)		54 (-19 to 149)	
10		<i>+industry response</i>	607 (241 to 1140)		141 (-20 to 378)		240 (129 to 420)		86 (15 to 190)	
11	Race/Ethnicity									
12	Non-Hispanic White	<i>consumer behavior</i>	18 (-19 to 77)	208 (-55 to 648)	-9 (-31 to 25)	24 (-128 to 233)	15 (4 to 37)	145 (35 to 304)	14 (3 to 28)	34 (-36 to 124)
13		<i>+industry response</i>	43 (-6 to 117)	380 (51 to 886)	-1 (-24 to 38)	86 (-67 to 322)	22 (9 to 47)	187 (77 to 364)	18 (8 to 35)	58 (-9 to 160)
14	Non-Hispanic Black	<i>consumer behavior</i>	7 (-2 to 21)	6 (-19 to 44)	2 (0 to 6)	7 (-5 to 24)	3 (1 to 7)	3 (-6 to 15)	0 (0 to 2)	3 (1 to 5)
15		<i>+industry response</i>	12 (2 to 28)	19 (-8 to 62)	3 (1 to 7)	10 (-2 to 29)	4 (2 to 8)	5 (-4 to 17)	1 (0 to 2)	3 (2 to 6)
16	Hispanic	<i>consumer behavior</i>	15 (1 to 39)	63 (-7 to 170)	5 (0 to 13)	16 (-4 to 45)	1 (-2 to 5)	7 (0 to 18)	1 (0 to 3)	1 (-3 to 5)
17		<i>+industry response</i>	24 (6 to 52)	95 (21 to 214)	7 (2 to 16)	22 (3 to 54)	2 (-1 to 6)	10 (3 to 23)	1 (0 to 3)	2 (-2 to 7)
18	Other	<i>consumer behavior</i>	-1 (-7 to 10)	5 (-14 to 34)	5 (2 to 9)	0 (-8 to 12)	1 (0 to 3)	4 (1 to 9)	0 (-1 to 1)	1 (-3 to 6)
19		<i>+industry response</i>	2 (-5 to 14)	12 (-7 to 46)	6 (3 to 10)	2 (-6 to 15)	2 (0 to 4)	5 (2 to 10)	0 (-1 to 1)	2 (-2 to 7)
20										
21	Gallbladder									
22	Age	<i>consumer behavior</i>	161 (67 to 263)		51 (8 to 100)		76 (47 to 109)		29 (11 to 51)	
23		<i>+industry response</i>	282 (181 to 396)		86 (43 to 138)		101 (73 to 137)		44 (25 to 66)	
24										
25										
26										
27										
28										
29										
30										
31										
32										
33										
34										
35										
36										
37										
38										
39										
40										
41										
42										
43										
44										
45										
46										
47										

Race/Ethnicity										
1	Non-									
2	Hispanic	<i>consumer</i>	24	19	0	1.97	19	23	16	6
3	White	<i>behavior</i>	(-10 to 71)	(-13 to 61)	(-25 to 30)	(-17 to 24)	(5 to 38)	(6 to 42)	(3 to 31)	(-5 to 17)
4		<i>+industry</i>	47	39	9	9	27	29	21	9
5		<i>response</i>	(10 to 99)	(5 to 88)	(-16 to 42)	(-10 to 34)	(12 to 48)	(13 to 50)	(8 to 37)	(-1 to 21)
6	Non-	<i>consumer</i>	27	2	11	6	14	4	2	2
7	Hispanic Black	<i>behavior</i>	(-6 to 70)	(-17 to 26)	(0 to 24)	(-4 to 18)	(4 to 26)	(-4 to 12)	(-2 to 7)	(0 to 4)
8		<i>+industry</i>	45	11	15	9	17	5	4	3
9		<i>response</i>	(11 to 93)	(-8 to 38)	(4 to 29)	(-1 to 21)	(8 to 30)	(-2 to 14)	(-1 to 9)	(1 to 5)
10	Hispanic	<i>consumer</i>	32	42	10	14	3	7	3	0
11		<i>behavior</i>	(2 to 73)	(-10 to 106)	(-4 to 26)	(-2 to 34)	(-5 to 11)	(1 to 15)	(-1 to 7)	(-3 to 4)
12		<i>+industry</i>	53	65	15	19	5	9	4	1
13		<i>response</i>	(19 to 96)	(11 to 130)	(1 to 31)	(3 to 39)	(-2 to 14)	(3 to 18)	(1 to 9)	(-2 to 5)
14	Other	<i>consumer</i>	0	3	6	0	3	3	0	1
15		<i>behavior</i>	(-11 to 18)	(-6 to 15)	(1 to 13)	(-4 to 5)	(0 to 7)	(1 to 5)	(-1 to 1)	(-1 to 3)
16		<i>+industry</i>	5	7	7	1	4	3	0	1
17		<i>response</i>	(-7 to 24)	(-2 to 19)	(2 to 14)	(-3 to 6)	(1 to 8)	(1 to 5)	(-1 to 2)	(-1 to 3)
18	Advanced Prostate									
19	Prostate									
20		<i>consumer</i>								
21	Age	<i>behavior</i>	163 (9 to 360)		37 (-54 to 146)		106 (33 to 194)		35 (-14 to 91)	
22		<i>+industry</i>								
23		<i>response</i>	300 (130 to 507)		85 (-6 to 203)		142 (67 to 240)		56 (9 to 119)	
24	Race/Ethnicity									
25	Non-									
26	Hispanic	<i>consumer</i>		86		-1		75		24
27	White	<i>behavior</i>	0	(-24 to 267)	0	(-80 to 98)	0	(9 to 162)	0	(-23 to 80)
28		<i>+industry</i>	0	162	0	30	0	100	0	40
29		<i>response</i>		(32 to 350)		(-48 to 144)		(36 to 199)		(-5 to 102)
30	Non-	<i>consumer</i>	0	3	0	21	0	16	0	8
31	Hispanic Black	<i>behavior</i>		(-61 to 97)		(-17 to 69)		(-13 to 51)		(2 to 17)
32		<i>+industry</i>	0	34	0	31	0	22	0	11
33		<i>response</i>		(-33 to 145)		(-5 to 83)		(-7 to 57)		(4 to 20)
34	Hispanic	<i>consumer</i>	0	59	0	13	0	9	0	1
35		<i>behavior</i>		(8 to 133)		(-3 to 37)		(2 to 20)		(-3 to 5)
36		<i>+industry</i>	0	82	0	18	0	12	0	2
37		<i>response</i>		(28 to 163)		(1 to 44)		(5 to 23)		(-2 to 7)
38	Other	<i>consumer</i>	0	3	0	0	0	4	0	1
39		<i>behavior</i>		(-10 to 21)		(-7 to 8)		(2 to 8)		(-3 to 5)
40		<i>+industry</i>	0	8	0	1	0	5	0	2
41		<i>response</i>		(-5 to 28)		(-5 to 9)		(3 to 9)		(-2 to 6)

Ovarian									
1	Age	<i>consumer behavior</i>	66 (-10 to 180)		16 (-20 to 75)		31 (11 to 69)		28 (11 to 61)
2		<i>+industry response</i>	129 (16 to 277)		33 (-6 to 102)		45 (17 to 87)		37 (19 to 75)
3	Race/Ethnicity								
4	Non-Hispanic White	<i>consumer behavior</i>	34 (-25 to 147)	0	-4 (-38 to 54)	0	20 (2 to 55)	0	25 (8 to 57)
5		<i>+industry response</i>	71 (-23 to 220)	0	7 (-30 to 72)	0	30 (6 to 71)	0	32 (15 to 70)
6	Non-Hispanic Black	<i>consumer behavior</i>	11 (-5 to 41)	0	4 (0 to 13)	0	6 (3 to 13)	0	1 (-1 to 5)
7		<i>+industry response</i>	19 (-3 to 56)	0	6 (0 to 17)	0	8 (4 to 16)	0	2 (0 to 6)
8	Hispanic	<i>consumer behavior</i>	21 (-2 to 67)	0	8 (-1 to 21)	0	1 (-3 to 8)	0	1 (-1 to 5)
9		<i>+industry response</i>	34 (1 to 91)	0	11 (3 to 26)	0	3 (-1 to 10)	0	2 (0 to 6)
10	Other	<i>consumer behavior</i>	-8 (-19 to 13)	0	6 (2 to 13)	0	2 (1 to 5)	0	0 (-1 to 1)
11		<i>+industry response</i>	-3 (-15 to 21)	0	7 (3 to 14)	0	3 (1 to 6)	0	0 (-1 to 2)

1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.

For peer review only

Supplementary Table 11. Estimated cancer deaths reduced by the federal menu calorie labeling in the US by age, sex, race/ethnicity, and cancer type, over a lifetime (U.S. population=235,162,844)¹

Cancer Type	Policy Scenario	20-44 y		45-54 y		55-64 y		65 + y		
		Female	Male	Female	Male	Female	Male	Female	Male	
Breast (Postmenopausal)										
Age	<i>consumer behavior</i>	2490 (260 to 4980)		151 (-204 to 521)		285 (129 to 479)		126 (30 to 227)		
	<i>+industry response</i>	4610 (2290 to 7240)		336 (-26 to 725)		396 (237 to 598)		178 (82 to 284)		
Race/Ethnicity										
Non-Hispanic White	<i>consumer behavior</i>	1350 (-652 to 3690)	0	-55 (-373 to 278)	0	165 (33 to 327)	0	103 (10 to 204)	0	
	<i>+industry response</i>	2620 (480 to 5150)	0	54 (-264 to 419)	0	238 (105 to 401)	0	139 (47 to 244)	0	
Non-Hispanic Black	<i>consumer behavior</i>	560 (-109 to 1280)	0	85 (-11 to 200)	0	95 (32 to 173)	0	13 (-12 to 40)	0	
	<i>+industry response</i>	901 (238 to 1660)	0	126 (26 to 247)	0	117 (53 to 196)	0	21 (-4 to 49)	0	
Hispanic	<i>consumer behavior</i>	572 (45 to 1180)	0	76 (-7 to 163)	0	9 (-21 to 44)	0	10 (-3 to 24)	0	
	<i>+industry response</i>	922 (364 to 1570)	0	104 (21 to 193)	0	21 (-9 to 57)	0	15 (2 to 30)	0	
Other	<i>consumer behavior</i>	0 (-306 to 378)	0	39 (9 to 76)	0	15 (2 to 31)	0	-1 (-6 to 3)	0	
	<i>+industry response</i>	125 (-185 to 532)	0	45 (16 to 84)	0	19 (6 to 35)	0	0 (-5 to 5)	0	
Liver										
Age	<i>consumer behavior</i>	2840 (897 to 4890)		628 (-181 to 1570)		852 (411 to 1340)		227 (18 to 455)		
	<i>+industry response</i>	4900 (2760 to 7190)		1200 (345 to 2210)		1140 (689 to 1650)		357 (146 to 587)		
Race/Ethnicity										
Non-Hispanic White	<i>consumer behavior</i>	139 (-108 to 504)	1040 (-237 to 2780)	15 (-147 to 207)	-70 (-749 to 722)	98 (31 to 196)	440 (93 to 858)	63 (6 to 130)	97 (-88 to 297)	
	<i>+industry response</i>	310 (42 to 719)	1900 (449 to 3830)	67 (-93 to 276)	199 (-478 to 1040)	137 (67 to 240)	565 (241 to 1020)	85 (30 to 159)	161 (-18 to 369)	

1	Non-Hispanic Black	<i>consumer behavior</i>	134 (-25 to 317)	72 (-601 to 932)	49 (3 to 110)	193 (-133 to 632)	43 (12 to 85)	100 (-95 to 336)	6 (-6 to 22)	29 (-4 to 69)
2		<i>+industry response</i>	214 (51 to 425)	382 (-273 to 1280)	68 (23 to 133)	276 (-37 to 729)	54 (24 to 97)	139 (-49 to 377)	10 (-2 to 27)	41 (8 to 83)
3	Hispanic	<i>consumer behavior</i>	199 (17 to 473)	1020 (88 to 2210)	87 (2 to 189)	285 (13 to 630)	12 (-26 to 62)	99 (18 to 201)	15 (-4 to 35)	6 (-28 to 46)
4		<i>+industry response</i>	316 (111 to 623)	1430 (482 to 2690)	116 (31 to 223)	365 (94 to 729)	26 (-11 to 78)	131 (48 to 242)	21 (3 to 43)	17 (-15 to 59)
5	Other	<i>consumer behavior</i>	2 (-47 to 68)	90 (-110 to 339)	32 (7 to 65)	-2 (-88 to 108)	12 (0 to 28)	30 (4 to 61)	0 (-6 to 6)	7 (-22 to 42)
6		<i>+industry response</i>	22 (-28 to 93)	168 (-26 to 434)	36 (13 to 71)	15 (-70 to 130)	16 (4 to 32)	39 (14 to 74)	1 (-4 to 8)	11 (-18 to 46)
7										
8	Endometrial									
9	Age	<i>consumer behavior</i>	1190 (309 to 2140)		251 (-248 to 785)		394 (177 to 659)		213 (51 to 378)	
10		<i>+industry response</i>	2100 (1200 to 3110)		512 (26 to 1060)		548 (325 to 817)		302 (139 to 472)	
11	Race/Ethnicity									
12	Non-Hispanic White	<i>consumer behavior</i>	440 (-210 to 1170)	0	-42 (-511 to 440)	0	206 (36 to 399)	0	173 (13 to 319)	0
13		<i>+industry response</i>	858 (218 to 1620)	0	114 (-351 to 606)	0	298 (127 to 491)	0	234 (76 to 388)	0
14	Non-Hispanic Black	<i>consumer behavior</i>	412 (-90 to 937)	0	139 (-9 to 293)	0	157 (42 to 295)	0	26 (-24 to 83)	0
15		<i>+industry response</i>	666 (177 to 1210)	0	201 (51 to 361)	0	195 (81 to 338)	0	42 (-8 to 97)	0
16	Hispanic	<i>consumer behavior</i>	315 (22 to 645)	0	105 (-22 to 222)	0	16 (-33 to 70)	0	19 (-7 to 44)	0
17		<i>+industry response</i>	505 (197 to 854)	0	144 (21 to 261)	0	34 (-14 to 89)	0	28 (3 to 54)	0
18	Other	<i>consumer behavior</i>	8 (-99 to 139)	0	51 (13 to 99)	0	17 (1 to 36)	0	-3 (-10 to 5)	0
19		<i>+industry response</i>	50 (-56 to 187)	0	58 (21 to 107)	0	22 (6 to 41)	0	0 (-8 to 7)	0
20										
21	Kidney (Renal Cell)									
22	Age	<i>consumer behavior</i>	1050 (284 to 1830)		263 (-153 to 695)		506 (225 to 778)		182 (20 to 338)	
23		<i>+industry response</i>	1880 (1100 to 2680)		539 (106 to 977)		679 (402 to 954)		276 (112 to 429)	
24	Race/Ethnicity									
25										
26										
27										
28										
29										
30										
31										
32										
33										
34										
35										
36										
37										
38										
39										
40										
41										
42										
43										
44										
45										
46										
47										

1	Non-Hispanic White	<i>consumer behavior</i>	57 (-23 to 159)	332 (-183 to 922)	-16 (-128 to 106)	26 (-351 to 396)	72 (14 to 138)	287 (42 to 525)	66 (9 to 124)	81 (-68 to 219)
2										
3		<i>+industry response</i>	111 (27 to 224)	663 (123 to 1280)	22 (-90 to 146)	168 (-199 to 552)	105 (46 to 171)	378 (138 to 623)	89 (33 to 148)	133 (-12 to 272)
4	Non-Hispanic Black	<i>consumer behavior</i>	67 (-16 to 162)	48 (-225 to 326)	24 (-2 to 53)	59 (-40 to 171)	30 (10 to 56)	35 (-32 to 106)	5 (-5 to 16)	16 (3 to 28)
5										
6		<i>+industry response</i>	113 (25 to 218)	174 (-96 to 461)	34 (9 to 64)	87 (-14 to 199)	37 (17 to 63)	49 (-17 to 121)	8 (-2 to 20)	20 (7 to 33)
7	Hispanic	<i>consumer behavior</i>	111 (9 to 229)	367 (0 to 792)	30 (-3 to 62)	118 (-15 to 261)	6 (-13 to 29)	47 (5 to 98)	7 (-2 to 17)	4 (-12 to 23)
8										
9		<i>+industry response</i>	177 (67 to 305)	522 (168 to 968)	40 (8 to 74)	157 (23 to 303)	13 (-5 to 36)	64 (22 to 116)	11 (1 to 21)	9 (-7 to 28)
10	Other	<i>consumer behavior</i>	3 (-23 to 34)	33 (-40 to 122)	15 (5 to 28)	0 (-28 to 33)	5 (1 to 11)	16 (5 to 29)	-1 (-3 to 2)	4 (-8 to 17)
11										
12		<i>+industry response</i>	13 (-12 to 45)	63 (-10 to 156)	17 (7 to 30)	6 (-22 to 39)	6 (2 to 12)	20 (9 to 33)	0 (-2 to 3)	5 (-6 to 18)
13										
14										
15										
16										
17	Pancreatic									
18	Age	<i>consumer behavior</i>	656 (220 to 1160)		74 (-166 to 350)		362 (175 to 581)		131 (20 to 250)	
19										
20		<i>+industry response</i>	1160 (707 to 1730)		243 (1 to 535)		483 (293 to 708)		199 (87 to 321)	
21										
22	Race/Ethnicity									
23	Non-Hispanic White	<i>consumer behavior</i>	101 (-40 to 310)	213 (-100 to 659)	-44 (-143 to 78)	-13 (-216 to 221)	79 (24 to 158)	193 (44 to 384)	56 (3 to 117)	50 (-45 to 162)
24										
25		<i>+industry response</i>	196 (42 to 425)	420 (85 to 911)	-10 (-111 to 120)	67 (-140 to 326)	111 (51 to 198)	250 (102 to 448)	78 (25 to 146)	84 (-10 to 203)
26	Non-Hispanic Black	<i>consumer behavior</i>	48 (-7 to 125)	16 (-72 to 117)	22 (-1 to 49)	27 (-18 to 78)	29 (8 to 57)	18 (-15 to 56)	5 (-5 to 17)	9 (1 to 17)
27										
28		<i>+industry response</i>	78 (18 to 162)	57 (-33 to 164)	31 (9 to 62)	39 (-3 to 91)	36 (15 to 65)	24 (-8 to 63)	8 (-1 to 20)	12 (4 to 19)
29	Hispanic	<i>consumer behavior</i>	55 (5 to 118)	175 (13 to 374)	24 (-4 to 53)	42 (-5 to 97)	4 (-10 to 20)	16 (-2 to 40)	5 (-2 to 13)	1 (-7 to 10)
30										
31		<i>+industry response</i>	88 (33 to 158)	245 (83 to 462)	32 (6 to 63)	57 (10 to 113)	9 (-5 to 25)	23 (5 to 48)	8 (1 to 16)	4 (-4 to 13)
32	Other	<i>consumer behavior</i>	-2 (-23 to 25)	16 (-23 to 63)	14 (3 to 27)	0 (-18 to 20)	7 (1 to 14)	9 (3 to 17)	0 (-3 to 3)	2 (-5 to 11)
33										
34		<i>+industry response</i>	7 (-14 to 36)	32 (-7 to 82)	16 (6 to 30)	3 (-14 to 24)	9 (2 to 16)	11 (5 to 19)	1 (-2 to 4)	3 (-4 to 12)
35										
36										
37										
38										
39										
40										
41										
42										
43										
44										
45										
46										
47										

Esophageal Adenocarcinoma									
Age	<i>consumer behavior</i>	631 (33 to 1320)		78 (-255 to 423)		348 (113 to 584)		101 (-42 to 239)	
	<i>+industry response</i>	1150 (520 to 1870)		246 (-96 to 601)		457 (225 to 699)		161 (19 to 302)	
Race/Ethnicity									
Non-Hispanic White	<i>consumer behavior</i>	40 (-23 to 112)	366 (-206 to 1000)	-8 (-47 to 36)	24 (-314 to 359)	24 (6 to 47)	283 (55 to 516)	22 (4 to 41)	71 (-65 to 202)
	<i>+industry response</i>	81 (15 to 160)	732 (157 to 1400)	5 (-34 to 51)	152 (-176 to 495)	35 (16 to 59)	366 (142 to 602)	28 (11 to 48)	119 (-13 to 253)
Non-Hispanic Black	<i>consumer behavior</i>	9 (-1 to 20)	9 (-25 to 45)	3 (0 to 7)	10 (-6 to 28)	4 (1 to 8)	6 (-6 to 18)	1 (-1 to 2)	3 (0 to 5)
	<i>+industry response</i>	14 (3 to 26)	25 (-10 to 62)	4 (1 to 8)	14 (-2 to 33)	5 (2 to 9)	8 (-3 to 21)	1 (0 to 3)	4 (1 to 6)
Hispanic	<i>consumer behavior</i>	25 (2 to 52)	164 (2 to 354)	3 (-1 to 13)	40 (-7 to 99)	1 (-3 to 7)	21 (3 to 42)	1 (-1 to 4)	1 (-6 to 10)
	<i>+industry response</i>	40 (15 to 68)	235 (70 to 425)	5 (0 to 16)	55 (6 to 114)	3 (-1 to 8)	28 (10 to 50)	2 (0 to 4)	4 (-4 to 12)
Other	<i>consumer behavior</i>	-1 (-9 to 10)	9 (-14 to 35)	5 (1 to 9)	-1 (-10 to 10)	2 (0 to 4)	6 (2 to 10)	0 (-1 to 1)	1 (-3 to 7)
	<i>+industry response</i>	3 (-6 to 14)	18 (-5 to 46)	6 (2 to 10)	1 (-8 to 12)	2 (1 to 5)	7 (3 to 11)	0 (-1 to 1)	2 (-3 to 7)
Colorectal									
Age	<i>consumer behavior</i>	430 (139 to 779)		56 (-48 to 184)		150 (77 to 241)		63 (13 to 119)	
	<i>+industry response</i>	764 (450 to 1160)		133 (23 to 268)		203 (126 to 304)		95 (46 to 153)	
Race/Ethnicity									
Non-Hispanic White	<i>consumer behavior</i>	49 (-36 to 181)	119 (-75 to 391)	-21 (-65 to 40)	-10 (-89 to 97)	32 (7 to 67)	72 (11 to 150)	31 (6 to 63)	22 (-17 to 64)
	<i>+industry response</i>	106 (4 to 261)	248 (28 to 545)	-6 (-49 to 59)	24 (-60 to 140)	46 (20 to 85)	96 (36 to 176)	41 (16 to 76)	35 (-3 to 81)
Non-Hispanic Black	<i>consumer behavior</i>	26 (-7 to 70)	27 (-36 to 104)	8 (0 to 21)	18 (-9 to 53)	13 (4 to 24)	9 (-10 to 31)	2 (-2 to 7)	5 (0 to 10)
	<i>+industry response</i>	44 (9 to 94)	58 (-7 to 145)	12 (4 to 26)	25.1 (-1 to 61)	15 (7 to 27)	13 (-6 to 36)	3 (-1 to 9)	6 (2 to 12)
Hispanic	<i>consumer behavior</i>	36 (2 to 88)	136 (21 to 300)	13 (0 to 27)	37 (5 to 74)	2 (-4 to 10)	13 (2 to 28)	2 (-1 to 7)	1 (-5 to 6)

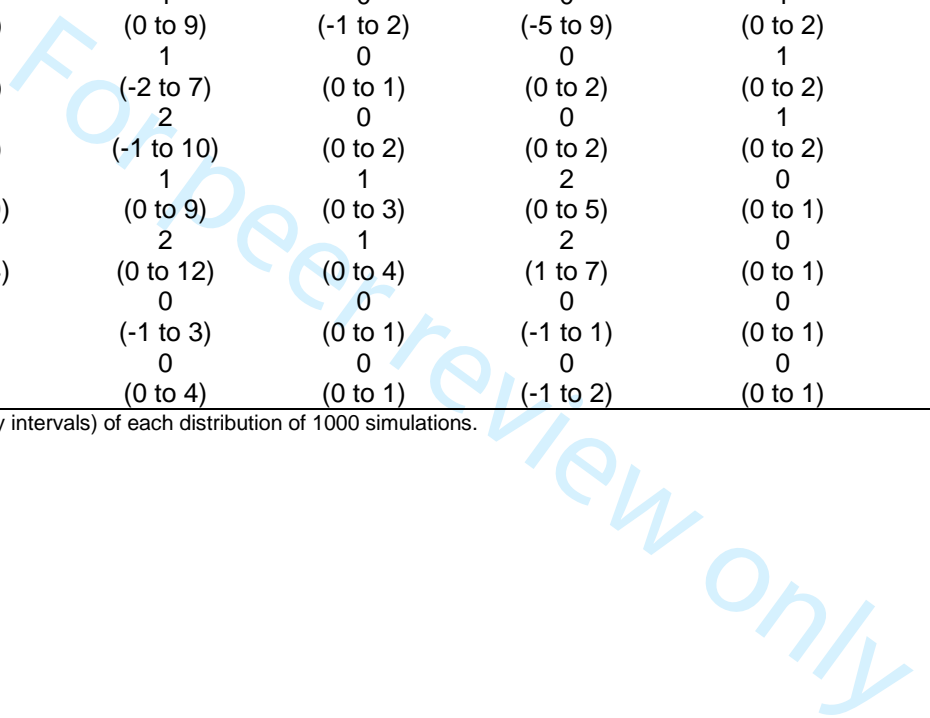
1		<i>+industry</i>	58	188	16	45	4	18	4	2	
2	Other	<i>response</i>	(17 to 120)	(65 to 366)	(5 to 32)	(14 to 84)	(-2 to 13)	(6 to 33)	(0 to 8)	(-3 to 8)	
3		<i>consumer</i>	-1	16	5	0	2	5	0	1	
4		<i>behavior</i>	(-15 to 20)	(-21 to 65)	(-1 to 11)	(-12 to 15)	(0 to 6)	(1 to 9)	(-2 to 1)	(-3 to 6)	
5		<i>+industry</i>	5	30	6	2	3	6	0	2	
6		<i>response</i>	(-9 to 27)	(-5 to 83)	(1 to 13)	(-9 to 17)	(1 to 7)	(2 to 11)	(-1 to 2)	(-2 to 7)	
7	Stomach										
8	(Gastric										
9	Cardia)										
10	Age	<i>consumer</i>	286 (45 to 672)		50 (-84 to 224)		149 (58 to 282)		42 (-14 to 113)		
11		<i>behavior</i>									
12		<i>+industry</i>	513 (196 to 965)		120 (-14 to 321)		196 (105 to 342)		67 (13 to 145)		
13		<i>response</i>									
14	Race/Ethnicity										
15	Non-Hispanic White	<i>consumer</i>	14	178	-7	21	13	118	11	27	
16		<i>behavior</i>	(-16 to 63)	(-46 to 545)	(-26 to 20)	(-109 to 194)	(4 to 30)	(29 to 248)	(3 to 22)	(-26 to 95)	
17		<i>+industry</i>	34	322	-1	74	18	152	14	45	
18	Non-Hispanic Black	<i>response</i>	(-5 to 95)	(43 to 766)	(-19 to 30)	(-58 to 270)	(7 to 38)	(63 to 296)	(6 to 27)	(-6 to 121)	
19		<i>consumer</i>	5	2	2	6	2	3	0	2	
20		<i>behavior</i>	(-1 to 17)	(-11 to 29)	(0 to 5)	(-5 to 22)	(1 to 5)	(-5 to 13)	(0 to 1)	(1 to 4)	
21		<i>+industry</i>	9	7	2	9	3	4	1	3	
22	Hispanic	<i>response</i>	(2 to 22)	(-5 to 43)	(1 to 6)	(-2 to 26)	(2 to 6)	(-3 to 15)	(0 to 2)	(1 to 5)	
23		<i>consumer</i>	13	57	5	14	1	6	1	0	
24		<i>behavior</i>	(1 to 35)	(-6 to 154)	(0 to 12)	(-3 to 38)	(-1 to 4)	(0 to 15)	(0 to 2)	(-2 to 4)	
25		<i>+industry</i>	22	86	6	19	1	8	1	1	
26	Other	<i>response</i>	(5 to 47)	(20 to 194)	(2 to 14)	(3 to 46)	(-1 to 5)	(2 to 19)	(0 to 3)	(-1 to 6)	
27		<i>consumer</i>	-1	4	4	0	1	3	0	1	
28		<i>behavior</i>	(-5 to 7)	(-9 to 25)	(2 to 8)	(-7 to 10)	(0 to 3)	(1 to 7)	(-1 to 1)	(-2 to 5)	
29		<i>+industry</i>	1	9	4	2	1	4	0	1	
30		<i>response</i>	(-3 to 9)	(-4 to 34)	(2 to 8)	(-5 to 12)	(0 to 3)	(2 to 8)	(0 to 1)	(-2 to 5)	
31	Multiple										
32	Myeloma										
33											
34	Age	<i>consumer</i>	220 (65 to 441)		51 (-29 to 150)		112 (54 to 186)		42 (6 to 84)		
35		<i>behavior</i>									
36		<i>+industry</i>	380 (202 to 657)		105 (20 to 215)		151 (89 to 232)		63 (27 to 111)		
37		<i>response</i>									
38	Race/Ethnicity										
39	Non-Hispanic White	<i>consumer</i>	11	59	-8	-3	15	58	14	15	
40		<i>behavior</i>	(-13 to 52)	(-34 to 221)	(-32 to 31)	(-59 to 83)	(2 to 41)	(15 to 123)	(1 to 35)	(-14 to 54)	
41											
42											
43											
44											
45											
46											
47											

1		<i>+industry response</i>	26 (-7 to 81)	122 (1 to 321)	-1 (-23 to 45)	19 (-37 to 123)	22 (6 to 53)	75 (32 to 147)	19 (6 to 44)	26 (-3 to 71)
2	Non-	<i>consumer behavior</i>	17 (-4 to 63)	14 (-40 to 115)	10 (0 to 29)	17 (-10 to 59)	12 (3 to 28)	7 (-14 to 38)	2 (-3 to 11)	6 (1 to 12)
3	Hispanic Black	<i>+industry response</i>	29 (1 to 83)	44 (-20 to 159)	15 (3 to 37)	24 (-1 to 70)	15 (6 to 34)	11 (-8 to 45)	4 (-1 to 13)	7 (3 to 15)
4		<i>consumer behavior</i>	16 (0 to 51)	72 (9 to 193)	5 (-3 to 17)	15 (-2 to 42)	1 (-3 to 8)	10 (2 to 22)	2 (-1 to 5)	0 (-3 to 5)
5	Hispanic	<i>+industry response</i>	28 (5 to 71)	100 (31 to 244)	7 (0 to 21)	21 (4 to 51)	3 (-1 to 10)	13 (5 to 26)	3 (0 to 6)	1 (-2 to 6)
6		<i>consumer behavior</i>	0 (-3 to 6)	5 (-7 to 27)	4 (2 to 7)	0 (-6 to 7)	1 (0 to 2)	3 (1 to 6)	0 (-1 to 1)	1 (-2 to 4)
7	Other	<i>+industry response</i>	1 (-2 to 8)	10 (-2 to 36)	4 (2 to 8)	1 (-5 to 9)	1 (0 to 3)	4 (2 to 7)	0 (-1 to 1)	1 (-1 to 4)
8										
9	Gallbladder									
10	Age	<i>consumer behavior</i>	136 (58 to 229)		44 (7 to 86)		65 (40 to 93)		24 (9 to 41)	
11		<i>+industry response</i>	239 (153 to 341)		74 (36 to 119)		86 (61 to 117)		36 (20 to 53)	
12										
13	Race/Ethnicity									
14	Non-	<i>consumer behavior</i>	22 (-10 to 64)	15 (-10 to 52)	0 (-23 to 27)	2 (-14 to 19)	16 (4 to 32)	19 (6 to 36)	13 (2 to 25)	5 (-4 to 14)
15	Hispanic White	<i>+industry response</i>	43 (9 to 90)	32 (4 to 72)	8 (-15 to 37)	8 (-8 to 27)	23 (10 to 40)	24 (11 to 42)	17 (6 to 30)	8 (-1 to 18)
16	Non-	<i>consumer behavior</i>	24 (-5 to 61)	2 (-14 to 21)	10 (0 to 21)	4 (-3 to 14)	12 (4 to 23)	3 (-3 to 10)	2 (-2 to 6)	2 (0 to 3)
17	Hispanic Black	<i>+industry response</i>	40 (10 to 80)	9 (-7 to 31)	14 (4 to 27)	6 (-1 to 17)	15 (7 to 26)	4 (-2 to 12)	3 (0 to 7)	2 (1 to 4)
18		<i>consumer behavior</i>	28 (2 to 63)	33 (-8 to 85)	9 (-4 to 23)	12 (-2 to 30)	2 (-4 to 10)	6 (1 to 13)	2 (-1 to 6)	0 (-2 to 3)
19	Hispanic	<i>+industry response</i>	45 (16 to 83)	51 (9 to 106)	13 (1 to 28)	16 (3 to 35)	4 (-2 to 13)	8 (3 to 16)	4 (0 to 8)	1 (-1 to 4)
20		<i>consumer behavior</i>	0 (-10 to 16)	2 (-5 to 12)	5 (1 to 11)	0 (-2 to 2)	3 (0 to 6)	2 (1 to 4)	0 (-1 to 1)	0 (-1 to 2)
21	Other	<i>+industry response</i>	4 (-6 to 21)	5 (-2 to 15)	6 (2 to 12)	0 (-1 to 3)	4 (1 to 7)	3 (1 to 5)	0 (-1 to 2)	1 (-1 to 2)
22										
23	Advanced Prostate									
24	Age	<i>consumer behavior</i>	101 (13 to 214)		18 (-17 to 58)		33 (11 to 58)		15 (-4 to 38)	
25										
26										
27										
28										
29										
30										
31										
32										
33										
34										
35										
36										
37										
38										
39										
40										
41										
42										
43										
44										
45										
46										
47										

1		<i>+industry response</i>	174 (80 to 304)		37 (1 to 83)		43 (22 to 71)		24 (6 to 48)	
2	Race/Ethnicity									
3	Non-									
4	Hispanic	<i>consumer behavior</i>	0	43 (-13 to 140)	0	0 (-29 to 35)	0	20 (3 to 42)	0	10 (-9 to 32)
5	White									
6		<i>+industry response</i>	0	82 (16 to 192)	0	11 (-17 to 50)	0	27 (10 to 51)	0	16 (-2 to 40)
7	Non-	<i>consumer behavior</i>	0	2 (-31 to 51)	0	9 (-7 to 30)	0	7 (-5 to 20)	0	4 (1 to 9)
8	Hispanic Black									
9		<i>+industry response</i>	0	17 (-16 to 75)	0	13 (-2 to 36)	0	9 (-3 to 23)	0	6 (2 to 11)
10	Hispanic	<i>consumer behavior</i>	0	47 (7 to 103)	0	7 (-2 to 20)	0	4 (1 to 9)	0	0 (-1 to 3)
11		<i>+industry response</i>	0	64 (23 to 127)	0	10 (1 to 25)	0	6 (2 to 11)	0	1 (-1 to 3)
12	Other	<i>consumer behavior</i>	0	1 (-4 to 12)	0	0 (-2 to 3)	0	1 (0 to 2)	0	0 (-1 to 2)
13		<i>+industry response</i>	0	2 (-1 to 16)	0	0 (-2 to 3)	0	1 (1 to 2)	0	1 (-1 to 2)
14										
15										
16										
17										
18										
19										
20	Ovarian									
21	Age	<i>consumer behavior</i>	45 (-3 to 114)		13 (-14 to 54)		24 (9 to 51)		21 (8 to 46)	
22		<i>+industry response</i>	87 (19 to 175)		25 (-4 to 75)		34 (14 to 64)		28 (15 to 56)	
23										
24	Race/Ethnicity									
25	Non-									
26	Hispanic	<i>consumer behavior</i>	21 (-15 to 89)	0	-3 (-29 to 38)	0	15 (2 to 41)	0	19 (6 to 43)	0
27	White									
28		<i>+industry response</i>	45 (-10 to 131)	0	5 (-21 to 52)	0	22 (5 to 51)	0	25 (11 to 52)	0
29	Non-	<i>consumer behavior</i>	7 (-3 to 27)	0	3 (0 to 11)	0	5 (2 to 11)	0	1 (-1 to 4)	0
30	Hispanic Black									
31		<i>+industry response</i>	13 (-1 to 38)	0	5 (1 to 13)	0	7 (3 to 13)	0	1 (0 to 5)	0
32	Hispanic	<i>consumer behavior</i>	15 (0 to 48)	0	6 (-1 to 16)	0	1 (-2 to 6)	0	1 (-1 to 4)	0
33		<i>+industry response</i>	25 (2 to 64)	0	8 (2 to 20)	0	2 (-1 to 8)	0	2 (0 to 5)	0
34	Other	<i>consumer behavior</i>	-5 (-13 to 9)	0	5 (1 to 10)	0	2 (0 to 4)	0	0 (-1 to 1)	0
35		<i>+industry response</i>	-1 (-9 to 15)	0	5 (2 to 11)	0	2 (1 to 4)	0	0 (0 to 1)	0
36										
37										
38										
39										
40										
41										
42										
43										
44										
45										
46										
47										

Thyroid										
1	Age	<i>consumer behavior</i>	9 (2 to 22)		3 (-4 to 11)		6 (3 to 12)		4 (1 to 7)	
2		<i>+industry response</i>	16 (7 to 33)		6 (0 to 16)		9 (5 to 15)		5 (3 to 9)	
3	Race/Ethnicity									
4	Non-Hispanic White	<i>consumer behavior</i>	0 (0 to 2)	0 (-1 to 5)	0 (-1 to 1)	-2 (-7 to 5)	0 (0 to 1)	3 (0 to 8)	1 (0 to 4)	1 (-1 to 3)
5		<i>+industry response</i>	0 (0 to 3)	1 (0 to 9)	0 (-1 to 2)	0 (-5 to 9)	1 (0 to 2)	4 (1 to 10)	2 (1 to 4)	1 (0 to 4)
6	Non-Hispanic Black	<i>consumer behavior</i>	1 (0 to 5)	1 (-2 to 7)	0 (0 to 1)	0 (0 to 2)	1 (0 to 2)	0 (0 to 1)	0 (0 to 1)	0 (0 to 1)
7		<i>+industry response</i>	2 (0 to 7)	2 (-1 to 10)	0 (0 to 2)	0 (0 to 2)	1 (0 to 2)	0 (0 to 1)	0 (0 to 1)	0 (0 to 1)
8	Hispanic	<i>consumer behavior</i>	3 (0 to 10)	1 (0 to 9)	1 (0 to 3)	2 (0 to 5)	0 (0 to 1)	1 (0 to 2)	0 (0 to 1)	0 (0 to 1)
9		<i>+industry response</i>	5 (1 to 14)	2 (0 to 12)	1 (0 to 4)	2 (1 to 7)	0 (0 to 1)	1 (0 to 3)	1 (0 to 2)	0 (0 to 1)
10	Other	<i>consumer behavior</i>	0	0 (-1 to 3)	0 (0 to 1)	0 (-1 to 1)	0 (0 to 1)	0 (0 to 1)	0	0 (0 to 1)
11		<i>+industry response</i>	0	0 (0 to 4)	0 (0 to 1)	0 (-1 to 2)	0 (0 to 1)	0 (0 to 1)	0	0 (0 to 1)

1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.



Supplementary Table 12. Estimated health gains and costs associated with the federal menu calorie labeling on reducing cancer burdens in the US over a lifetime, one-way sensitivity analyses at 25% and 75% calorie compensation outside restaurant settings (US population=235,162,844)¹

	Menu Calorie Labeling Policy			
	75% Compensation		25% Compensation	
	Consumer Behavior Median (2.5% to 97.5%)	Consumer Behavior + Industry Response Median (2.5% to 97.5%)	Consumer Behavior Median (2.5% to 97.5%)	Consumer Behavior + Industry Response Median (2.5% to 97.5%)
New Cancer Cases Averted, N (95% UI)				
Liver cancer	2550 (265 to 5030)	4280 (2000 to 6770)	7760 (5160 to 10500)	12800 (9790 to 16000)
Endometrial cancer	2490 (-633 to 5890)	4640 (1570 to 8070)	8890 (5500 to 12700)	15100 (11800 to 19100)
Kidney cancer	2360 (65 to 4510)	4160 (1900 to 6410)	7810 (5230 to 10000)	13000 (10400 to 15300)
Breast cancer (postmenopausal)	2060 (-616 to 5280)	3930 (1260 to 7200)	7640 (4560 to 11400)	13000 (9700 to 17200)
Pancreatic cancer	638 (51 to 1280)	1140 (536 to 1800)	2140 (1490 to 2890)	3590 (2840 to 4460)
Esophageal adenocarcinoma	598 (-239 to 1400)	1100 (262 to 1930)	2130 (1200 to 3000)	3560 (2600 to 4520)
Colorectal cancer	480 (56 to 940)	851 (423 to 1330)	1600 (1060 to 2140)	2660 (2030 to 3310)
Multiple myeloma	343 (61 to 674)	576 (281 to 950)	1050 (677 to 1480)	1730 (1240 to 2340)
Stomach cancer (cardia)	312 (-42 to 736)	533 (192 to 998)	994 (555 to 1530)	1640 (1060 to 2300)
Thyroid cancer	185 (-70 to 498)	406 (128 to 749)	851 (473 to 1310)	1470 (963 to 2100)
Gallbladder cancer	165 (70 to 274)	266 (167 to 378)	468 (348 to 602)	758 (626 to 912)
Advanced prostate cancer	162 (-28 to 360)	282 (87 to 493)	519 (304 to 768)	868 (603 to 1160)
Ovarian cancer	65 (-17 to 179)	119 (26 to 245)	228 (96 to 398)	384 (196 to 617)
Total	12700 (2430 to 24200)	22600 (12400 to 34100)	42800 (30400 to 53900)	71500 (59100 to 82800)
Cancer Deaths Prevented, N (95% UI)				
Liver cancer	2200 (199 to 4450)	3750 (1720 to 5970)	6790 (4490 to 9270)	11200 (8570 to 14100)
Breast cancer (postmenopausal)	1140 (-958 to 3640)	2420 (281 to 4990)	4980 (2540 to 7860)	8670 (6030 to 12000)
Endometrial cancer	980 (-69 to 2030)	1710 (675 to 2770)	3160 (2020 to 4450)	5270 (4120 to 6630)
Kidney cancer	939 (94 to 1820)	1630 (795 to 2520)	3020 (2080 to 3930)	4990 (4020 to 6020)
Pancreatic cancer	561 (54 to 1120)	996 (473 to 1590)	1870 (1300 to 2510)	3130 (2480 to 3890)
Esophageal adenocarcinoma	503 (-224 to 1190)	932 (203 to 1640)	1820 (1010 to 2580)	3050 (2220 to 3890)
Colorectal cancer	323 (41 to 640)	571 (280 to 910)	1080 (724 to 1440)	1800 (1390 to 2240)
Stomach cancer (cardia)	264 (-32 to 623)	446 (159 to 838)	824 (454 to 1280)	1360 (887 to 1910)
Multiple myeloma	213 (45 to 411)	350 (178 to 576)	635 (419 to 897)	1040 (757 to 1370)
Gallbladder cancer	141 (60 to 234)	226 (142 to 320)	398 (300 to 512)	644 (531 to 777)
Advanced prostate cancer	80 (-12 to 179)	135 (44 to 239)	246 (144 to 373)	410 (278 to 563)
Ovarian cancer	49 (-7 to 123)	87 (26 to 170)	162 (76 to 270)	272 (155 to 415)
Thyroid cancer	11 (1 to 24)	19 (8 to 33)	34 (21 to 53)	56 (39.9 to 81.8)
Total	7760 (1280 to 13900)	13600 (7160 to 20100)	25600 (17900 to 32300)	42500 (34600 to 49600)
Life Years Gained	34700 (5070 to 66300)	62200 (32500 to 93500)	118000 (82400 to 151000)	197000 (161000 to 232000)

1					
2					
3	QALYs Gained	51400 (9690 to 95700)	90500 (49300 to 135000)	171000 (119000 to 218000)	284000 (234000 to 334000)
4	Changes in Health-Related Costs, Cancer Only (\$, millions)^{2,3}				
5	Healthcare (medical) cost	-693 (-1250 to -138)	-1210 (-1770 to -660)	-2270 (-2850 to -1640)	-3760 (-4360 to -3140)
6	Patient time cost	-47.9 (-90.0 to -11.9)	-83.6 (-126 to -47.3)	-155 (-198 to -113)	-258 (-302 to -215)
7	Productivity loss	-279 (-527 to -56.6)	-490 (-743 to -271)	-929 (-1170 to -673)	-1550 (-1800 to -1290)
8	Policy Implementation Costs (\$, millions)^{2,3}				
9	Government cost	18.5 (14.5 to 25.1)	18.5 (14.4 to 25.5)	18.5 (14.5 to 25.1)	18.5 (14.4 to 25.5)
10	Administration	9.07 (8.61 to 9.56)	9.09 (8.62 to 9.55)	9.07 (8.61 to 9.56)	9.09 (8.62 to 9.55)
11	Monitoring	9.40 (5.45 to 16.1)	9.38 (5.30 to 16.3)	9.40 (5.45 to 16.1)	9.38 (5.30 to 16.3)
12	Industry cost	820 (762 to 889)	1120 (1040 to 1210)	820 (762 to 889)	1120 (1040 to 1210)
13	Compliance	820 (762 to 889)	823 (757 to 889)	820 (762 to 889)	823 (757 to 889)
14	Reformulation	-----	296 (249 to 353)	-----	296 (249 to 353)
15	Net Costs, Cancer Only (\$, millions)^{2,3,4}				
16	Societal perspective	-174 (-1032 to 639)	-653 (-1510 to 164)	-2520 (-3390 to -1590)	-4430 (-5310 to -3510)
17	Healthcare perspective	-674 (-1229 to -120)	-1190 (-1750 to -639)	-2250 (-2830 to -1620)	-3740 (-4350 to -3120)
18	ICER (dollars/QALY)⁵				
19	Societal perspective	Dominant	Dominant	Dominant	Dominant
20	Healthcare perspective	Dominant	Dominant	Dominant	Dominant

Abbreviations: ICER, Incremental Cost-Effectiveness Ratio; QALY, quality-adjusted life years.

1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.

2. Health-related costs were inflated to 2015 US dollars using the Personal Health Care (PHC) index. Policy intervention costs were inflated to 2015 US dollars using the Consumer Price Index. Negative costs represent savings.

3. Costs are medians from 1000 simulations so may not add up to totals.

4. Net costs were calculated as policy costs minus health-related costs from reduced cancer burden. Societal perspective includes healthcare cost, patient time costs, productivity costs, and policy implementation costs; government perspective included policy costs relevant to policy implementation and program monitoring and evaluation and medical costs.

5. ICER threshold was evaluated at \$150,000/QALY. Dominant represents less costly and more effective than the "no-policy intervention" scenario.

Supplementary Table 13. Estimated health gains and costs associated with the federal menu calorie labeling on reducing cancer burdens in the US over a lifetime, one-way sensitivity analysis, assuming all full-service and fast-food restaurants were covered by the policy (US population=235,162,844)¹

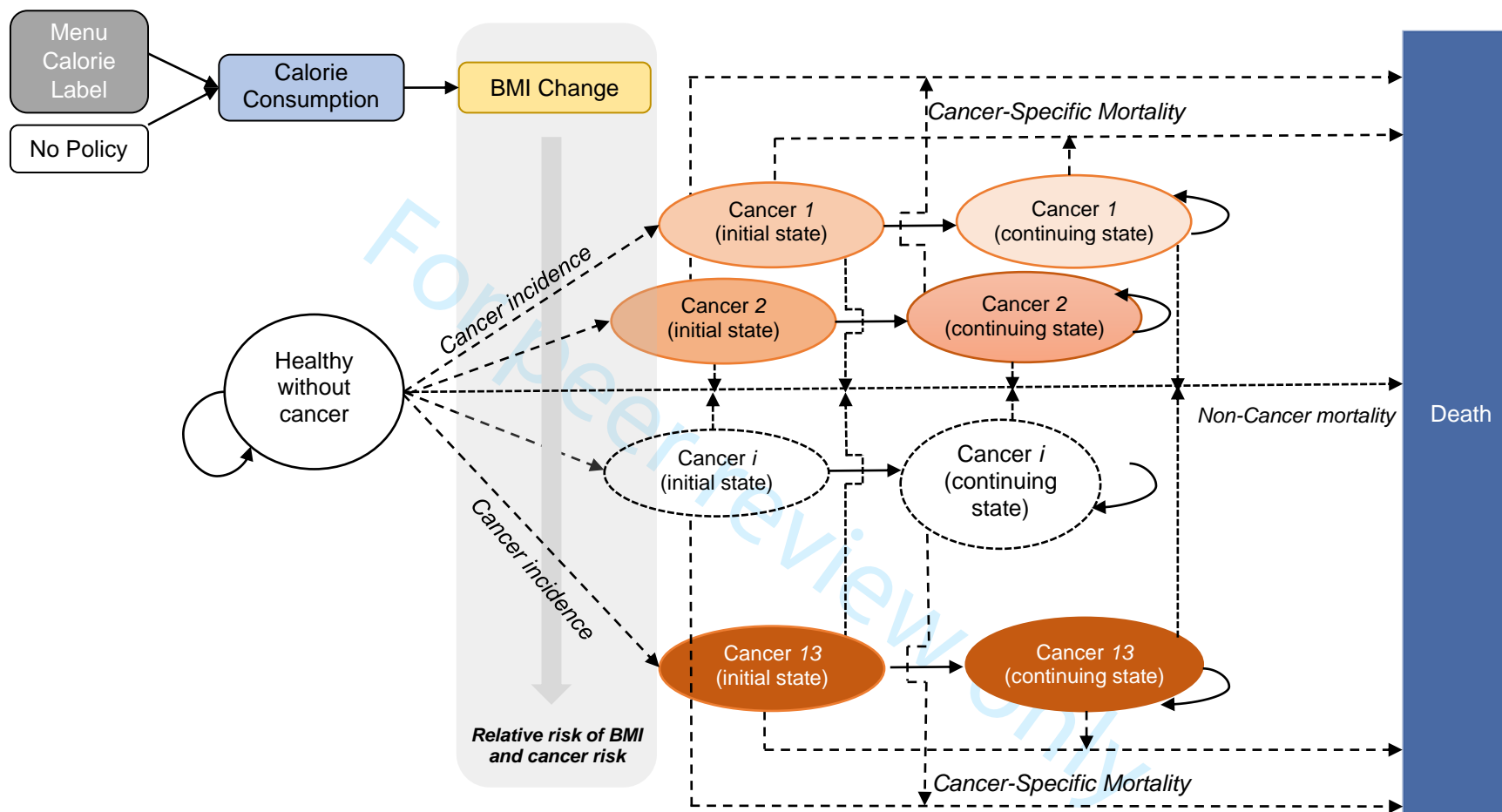
	Menu Calorie Labeling Policy	
	Consumer Behavior Median (2.5% to 97.5%)	Consumer Behavior + Industry Response Median (2.5% to 97.5%)
New Cancer Cases Averted, N (95% UI)		
Liver cancer	7280 (4690 to 10100)	11400 (8480 to 14400)
Kidney cancer	6820 (4180 to 9460)	11100 (8470 to 13700)
Endometrial cancer	5340 (1540 to 9220)	10400 (6690 to 14300)
Breast cancer (postmenopausal)	4920 (1580 to 8420)	9380 (5960 to 13100)
Esophageal adenocarcinoma	2060 (1170 to 3060)	3260 (2310 to 4330)
Pancreatic cancer	1810 (1150 to 2600)	3000 (2290 to 3870)
Colorectal cancer	1320 (772 to 1910)	2200 (1600 to 2880)
Stomach cancer (cardia)	938 (531 to 1510)	1480 (985 to 2140)
Thyroid cancer	746 (430 to 1180)	1270 (850 to 1820)
Multiple myeloma	710 (377 to 1150)	1270 (879 to 1820)
Advanced prostate cancer	430 (208 to 681)	715 (461 to 1010)
Gallbladder cancer	329 (201 to 457)	568 (435 to 708)
Ovarian cancer	133 (20.9 to 292)	263 (109 to 468)
Total	32900 (20300 to 46000)	56400 (43700 to 69300)
Cancer Deaths Prevented, N (95% UI)		
Liver cancer	6460 (4170 to 8980)	10000 (7480 to 12800)
Breast cancer (postmenopausal)	3410 (701 to 6280)	6440 (3560 to 9750)
Kidney cancer	2620 (1610 to 3620)	4250 (3210 to 5300)
Endometrial cancer	1890 (654 to 3140)	3610 (2390 to 4900)
Esophageal adenocarcinoma	1800 (1030 to 2670)	2840 (2010 to 3750)
Pancreatic cancer	1580 (976 to 2250)	2620 (1990 to 3380)
Colorectal cancer	923 (560 to 1310)	1520 (1110 to 1970)
Stomach cancer (cardia)	785 (437 to 1270)	1240 (812 to 1790)
Multiple myeloma	431 (234 to 709)	762 (524 to 1100)
Gallbladder cancer	275 (170 to 385)	479 (366 to 601)
Advanced prostate cancer	219 (117 to 351)	353 (233 to 506)
Ovarian cancer	94 (18 to 197)	185 (91 to 317)
Thyroid cancer	27 (13 to 45)	45 (28 to 68)
Total	7760 (1280 to 13900)	34400 (26800 to 42400)
Life Years Gained	97300 (62300 to 135000)	162000 (126000 to 201000)
QALYs Gained	20500 (13100 to 28500)	230000 (178000 to 287000)
Changes in Health-Related Costs, Cancer Only (\$, millions)^{2,3}		

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47

Healthcare (medical) cost	-1820 (-2500 to -1180)	-3060 (-3740 to -2400)
Patient time cost	-112 (-160 to -62.7)	-197 (-245 to -148)
Productivity loss	-692 (-976 to -401)	-1210 (-1490 to -916)
Policy Implementation Costs (\$, millions)^{2,3}		
Government cost	18.4 (14.7 to 25.7)	18.4 (14.7 to 25.7)
Administration	9.06 (8.56 to 9.52)	9.07 (8.60 to 9.56)
Monitoring	9.32 (5.61 to 16.5)	9.37 (5.64 to 16.6)
Industry cost	821 (764 to 888)	1120 (1040 to 1200)
Compliance	821 (764 to 888)	821 (763 to 886)
Reformulation	-----	297 (248 to 350)
Net Costs, Cancer Only (\$, millions)^{2,3,4}		
Societal perspective	-1780 (-2790 to -831)	-1030 (-1590 to -549)
Healthcare perspective	-1800 (-2470 to -1160)	-1670 (-2120 to -1270)
ICER (dollars/QALY)⁵		
Societal perspective	Dominant	Dominant
Healthcare perspective	Dominant	Dominant

Abbreviations: ICER, Incremental Cost-Effectiveness Ratio; QALY, quality-adjusted life years.

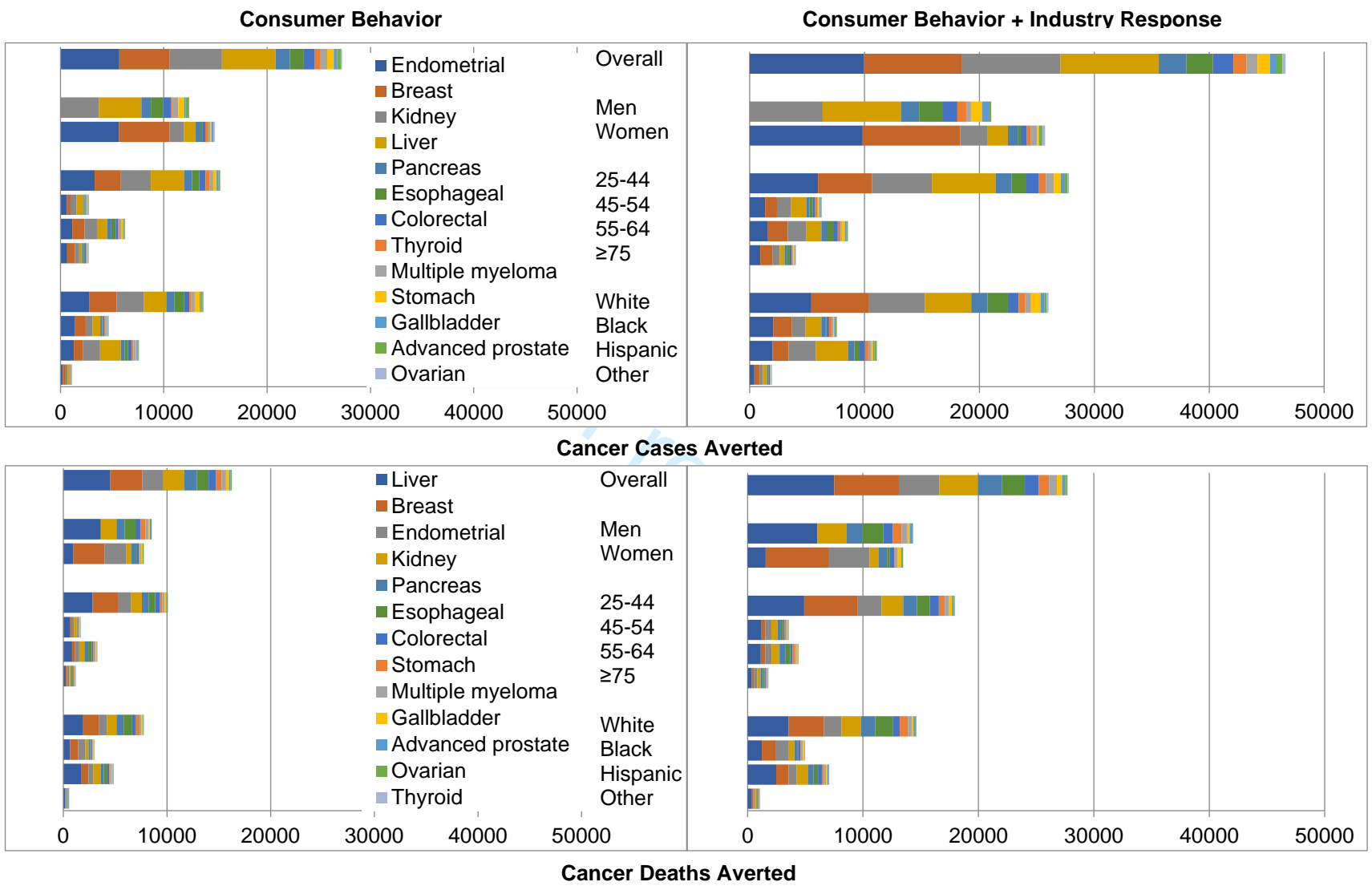
1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.
2. Health-related costs were inflated to 2015 US dollars using the Personal Health Care (PHC) index. Policy intervention costs were inflated to 2015 US dollars using the Consumer Price Index. Negative costs represent savings.
3. Costs are medians from 1000 simulations so may not add up to totals.
4. Net costs were calculated as policy costs minus health-related costs from reduced cancer burden. Societal perspective includes healthcare cost, patient time costs, productivity costs, and policy implementation costs; government perspective included policy costs relevant to policy implementation and program monitoring and evaluation and medical costs.
5. ICER threshold was evaluated at \$150,000/QALY. Dominant represents less costly and more effective than the "no-policy intervention" scenario.



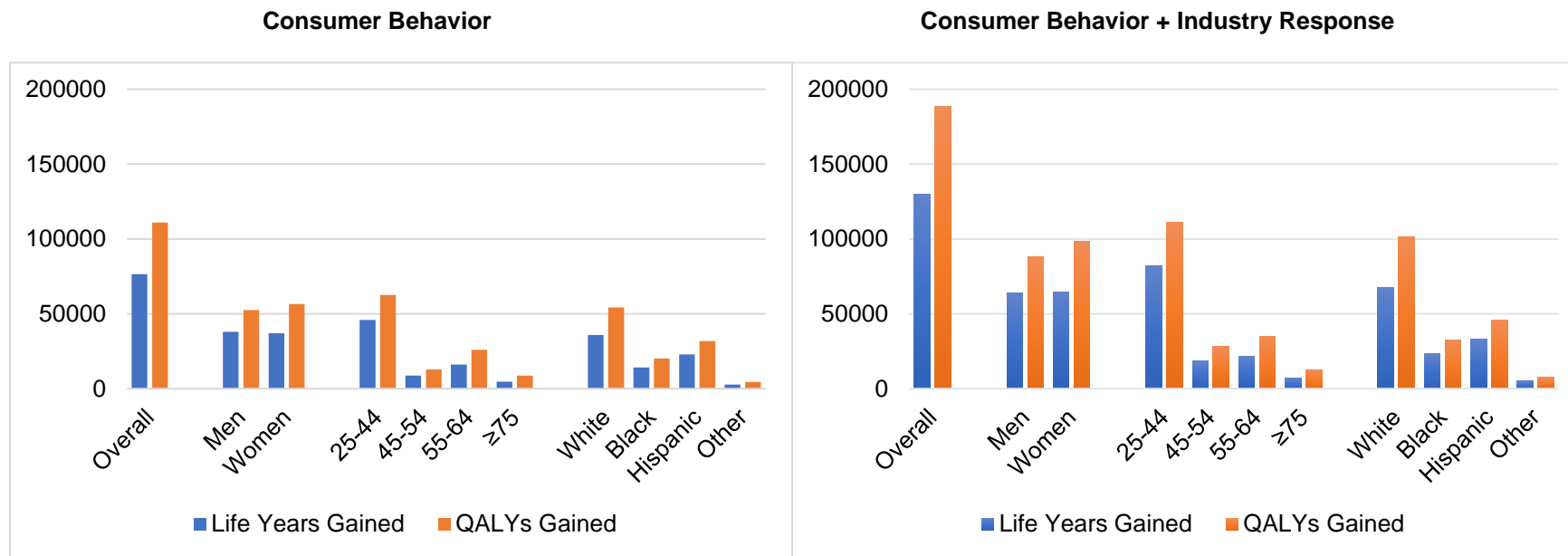
Supplementary Figure 1. Diet and Cancer Outcome Model (DiCOM)

The model consists of four general health states: (a) healthy without cancer (healthy state); (b) initial cancer diagnosis (initial state) for each cancer type i ; (c) continuing care (continuing state) for each cancer type i ; and (d) death state. Transitions between states are based on national cancer incidence and cancer-specific mortality rates from SEER (for individual with cancer) and lifetable-based mortality rates (for individuals without cancer). The model simulates the policy impact on the number of new cases and deaths of 13 obesity-associated cancers, health-related quality of life (HRQOL), and health-related costs among U.S. adults over a lifetime by comparing a policy scenario (menu calorie label) to a non-policy scenario (status quo).

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47



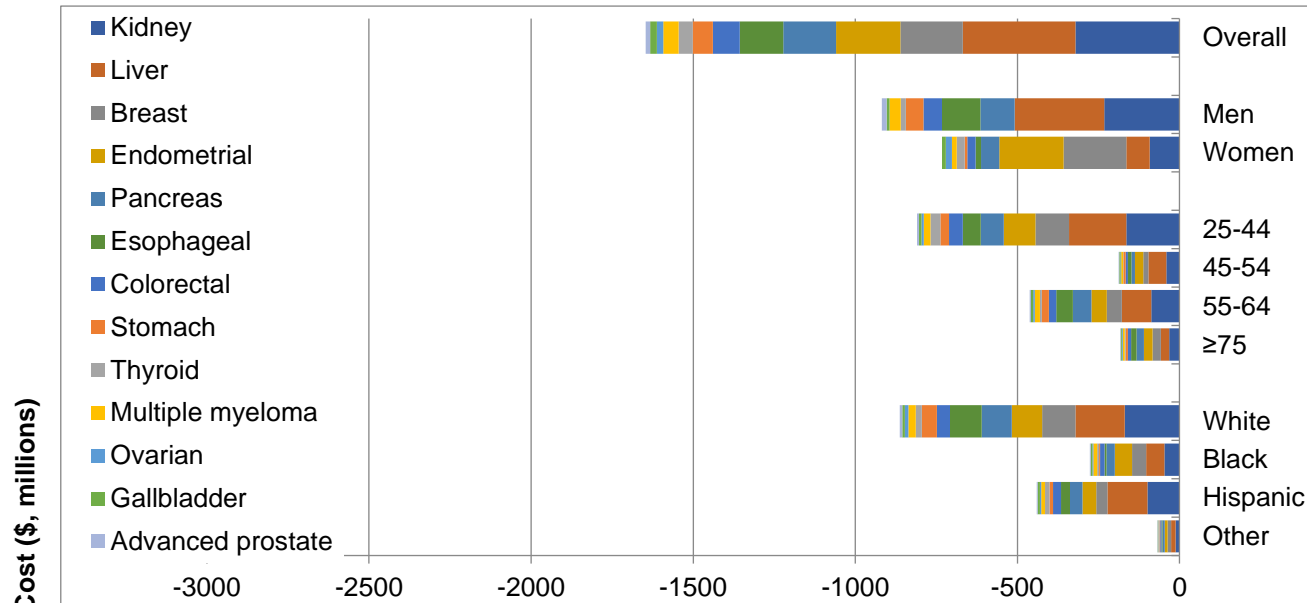
Supplementary Figure 2. Estimated reduced new cancer cases and deaths associated with the federal menu calorie labeling in the US by age, sex, race/ethnicity, and cancer type, over lifetime



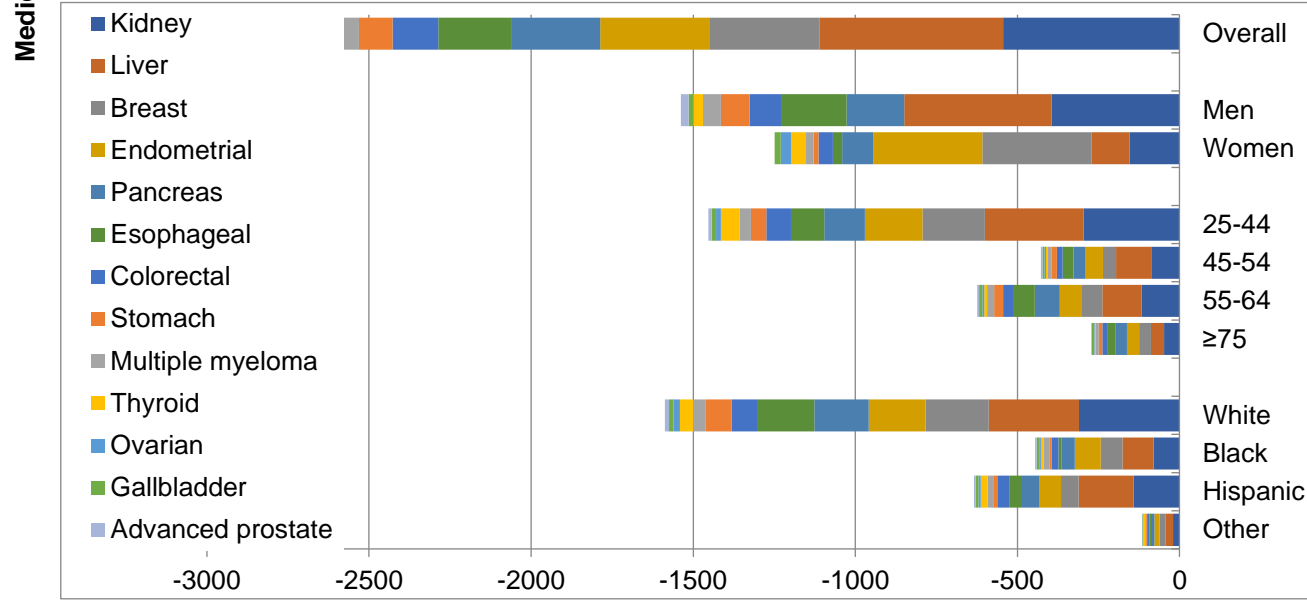
Supplementary Figure 3. Estimated life years and QALYs gained associated with the federal menu calorie labeling in the US by age, sex, and race/ethnicity, over a lifetime

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Consumer Behavior

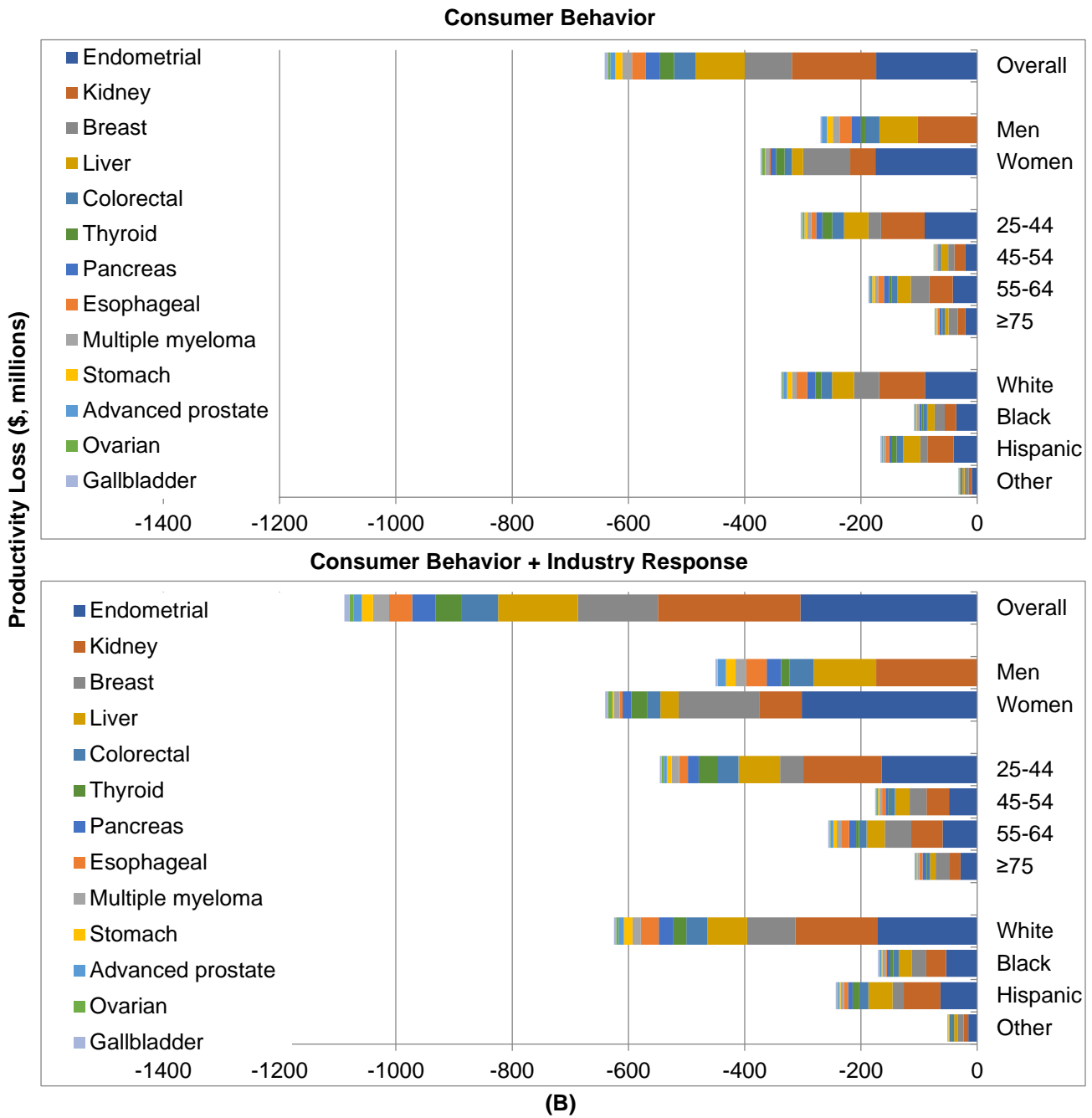


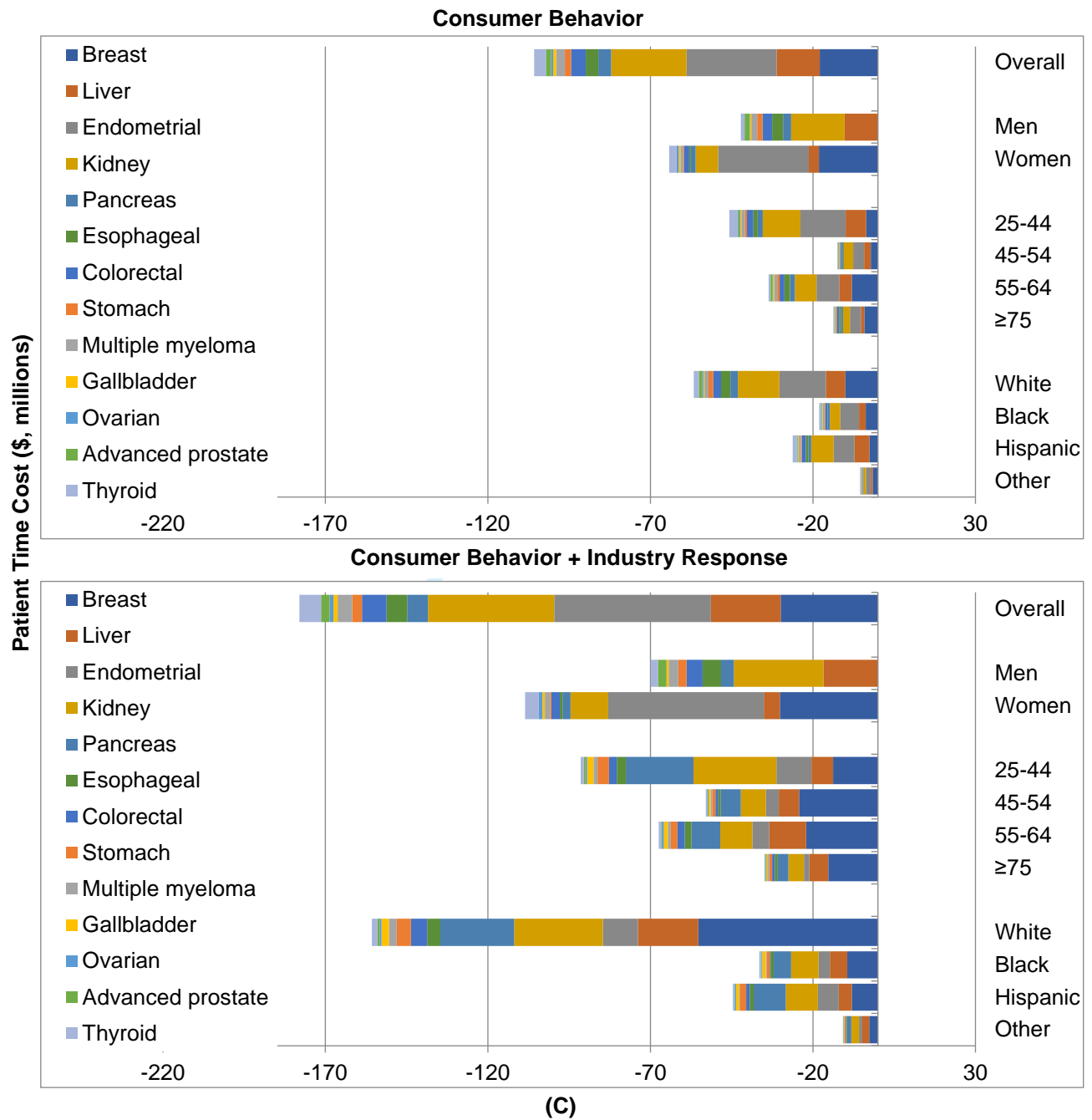
Consumer Behavior + Industry Response



(A)

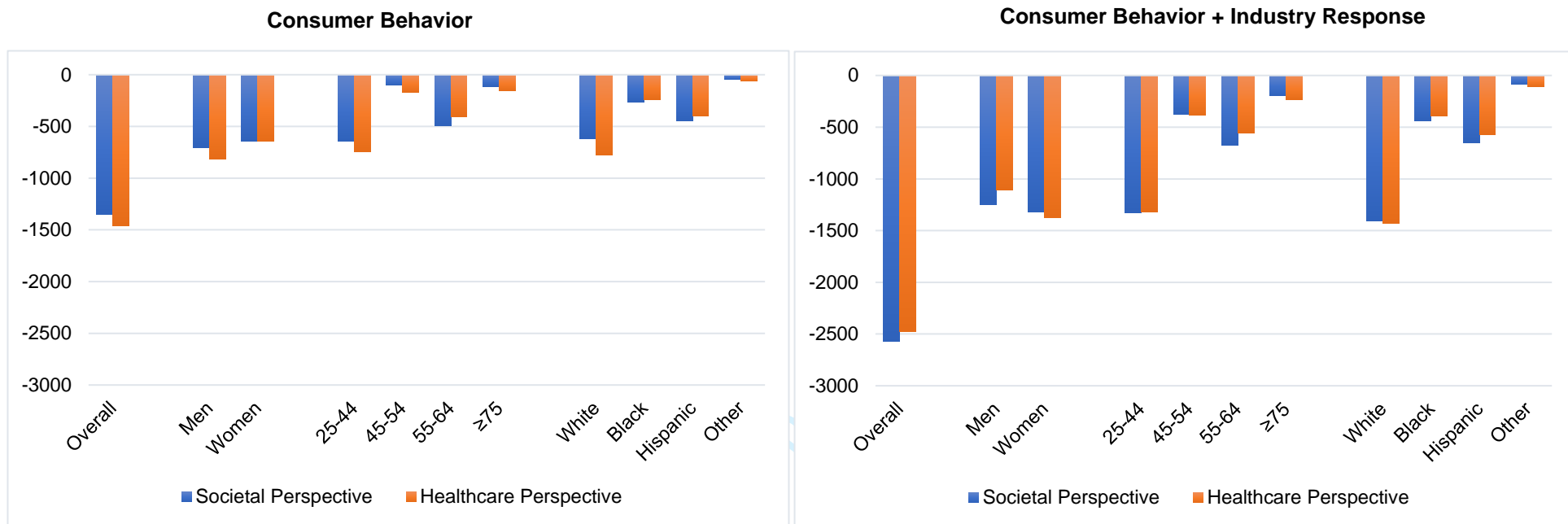
1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60



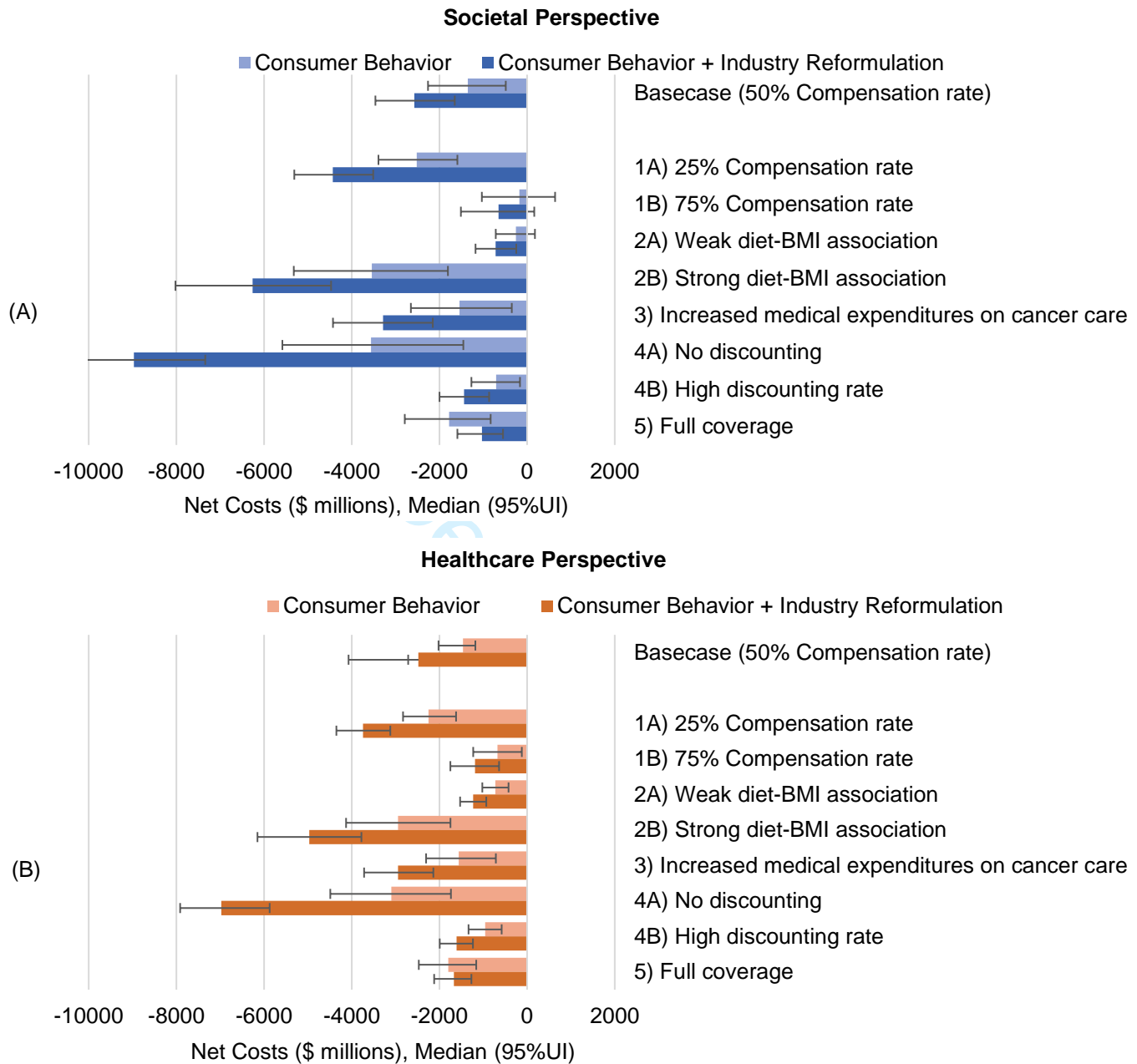


Supplementary Figure 4. Estimated changes of health-related costs associated with the federal menu calorie labeling in the US by age, sex, race/ethnicity, and cancer type, over lifetime

Net Costs (\$ millions)



Supplementary Figure 5. Estimated net costs from societal and government perspectives associated with the federal menu calorie labeling policy in the US by age, sex, and race/ethnicity, over a lifetime



Supplementary Figure 6. One-Way Sensitivity Analysis of Net Costs of Menu Calorie Labeling and Obesity-Associated Cancer Rates by Varying Assumptions of Key Input Parameters From (A) Societal Perspective and (B) Healthcare Perspective

1a) assumed that only 25% of calorie reduction as a result of industry response would translate into long-term reductions in daily calories; 1b) assumed that only 75% of calorie reduction as a result of industry response would translate into long-term reductions in daily calories; 2a) weaker diet-BMI association assumed half of the base-case diet-BMI association; 2b) stronger diet-BMI association assumed two times of the base-case diet-BMI association; 3) 2% annual increase in medical expenditure on cancer care; 4a) lower discounting rate assumed 0% discounting rate; 4b) higher discounting rate assumed 5% discounting rate; and 5) assumed the coverage of the FDA's final rule increasing from 56.5% to 100% of the calories from full-service restaurants. Under base-case scenario (policy effect assumed consumer behavior: -7.3%, and industry reformulation: -5.0%; assumed that only 50% of calorie reduction as a result of industry response would translate into long-term reductions in daily calories; diet-BMI association assumed healthy-weight: 0.0015 kg/m² per kcal, and overweight/obese: 0.003 kg/m² per kcal; medical expenditure on cancer care assumed 0% annual increase; discounting rate assumed 3%; policy coverage would affect 56.5% of calories consumed at full-service restaurants and 100% of calories consumed at fast-food restaurants), the policy was cost-saving from both societal and healthcare perspectives. The policy remained cost-saving for all sensitivity analyses from the healthcare perspective and from societal perspective with additional industry reformulation. With consumer behavior alone, the policy was cost-saving under all scenarios.

CHEERS Checklist

Items to include when reporting economic evaluations of health interventions

The **ISPOR CHEERS Task Force Report**, *Consolidated Health Economic Evaluation Reporting Standards (CHEERS)—Explanation and Elaboration: A Report of the ISPOR Health Economic Evaluations Publication Guidelines Good Reporting Practices Task Force*, provides examples and further discussion of the 24-item CHEERS Checklist and the CHEERS Statement. It may be accessed via the *Value in Health* or via the ISPOR Health Economic Evaluation Publication Guidelines – CHEERS: Good Reporting Practices webpage: <http://www.ispor.org/TaskForces/EconomicPubGuidelines.asp>

Section/item	Item No	Recommendation	Reported on page No/line No
Title and abstract			
Title	1	Identify the study as an economic evaluation or use more specific terms such as “cost-effectiveness analysis”, and describe the interventions compared.	Page 1/Lines 1-2
Abstract	2	Provide a structured summary of objectives, perspective, setting, methods (including study design and inputs), results (including base case and uncertainty analyses), and conclusions.	Pages 3-4/ Lines 32-59
Introduction			
Background and objectives	3	Provide an explicit statement of the broader context for the study. Present the study question and its relevance for health policy or practice decisions.	Pages 5-6/ Lines 64-92
Methods			
Target population and subgroups	4	Describe characteristics of the base case population and subgroups analysed, including why they were chosen.	Page 9/ Lines 106-113
Setting and location	5	State relevant aspects of the system(s) in which the decision(s) need(s) to be made.	Page 6/Lines 96-98
Study perspective	6	Describe the perspective of the study and relate this to the costs being evaluated.	Page 12/ Lines 189-197
Comparators	7	Describe the interventions or strategies being compared and state why they were chosen.	Pages 9-10/ Lines 125-140
Time horizon	8	State the time horizon(s) over which costs and consequences are being evaluated and say why appropriate.	Page 6/ Lines 98-99
Discount rate	9	Report the choice of discount rate(s) used for costs and outcomes and say why appropriate.	Page 12 /Line 198
Choice of health outcomes	10	Describe what outcomes were used as the measure(s) of benefit in the evaluation and their relevance for the type of analysis performed.	Page 11/ Lines 158-170
Measurement of effectiveness	11a	<i>Single study-based estimates:</i> Describe fully the design features of the single effectiveness study and why the single study was a sufficient source of clinical effectiveness data.	



1		11b	<i>Synthesis-based estimates</i> : Describe fully the methods used for identification of included studies and synthesis of clinical effectiveness data.	Pages 9-11/ Lines 115-170
2				
3				
4	Measurement and	12	If applicable, describe the population and methods used to elicit preferences for outcomes.	
5	valuation of preference			
6	based outcomes			
7	Estimating resources	13a	<i>Single study-based economic evaluation</i> : Describe approaches used to estimate resource use associated with the alternative interventions. Describe primary or secondary research methods for valuing each resource item in terms of its unit cost. Describe any adjustments made to approximate to opportunity costs.	
8	and costs			
9				
10				
11				
12				
13				
14				
15		13b	<i>Model-based economic evaluation</i> : Describe approaches and data sources used to estimate resource use associated with model health states. Describe primary or secondary research methods for valuing each resource item in terms of its unit cost. Describe any adjustments made to approximate to opportunity costs.	Page 11/ Lines 168-170
16				
17				
18				
19				
20				
21				
22	Currency, price date,	14	Report the dates of the estimated resource quantities and unit costs. Describe methods for adjusting estimated unit costs to the year of reported costs if necessary. Describe methods for converting costs into a common currency base and the exchange rate.	Page 12/Line 197-198
23	and conversion			
24				
25				
26				
27				
28	Choice of model	15	Describe and give reasons for the specific type of decision-analytical model used. Providing a figure to show model structure is strongly recommended.	Supplementary Figure 1 Pages 9-10/ Lines 118-120, 128-129, 135-140, 145-152
29				
30				
31	Assumptions	16	Describe all structural or other assumptions underpinning the decision-analytical model.	
32				
33	Analytical methods	17	Describe all analytical methods supporting the evaluation. This could include methods for dealing with skewed, missing, or censored data; extrapolation methods; methods for pooling data; approaches to validate or make adjustments (such as half cycle corrections) to a model; and methods for handling population heterogeneity and uncertainty.	Page 13/ Lines 210-214
34				
35				
36				
37				
38				
39				
40				
41	Results			
42	Study parameters	18	Report the values, ranges, references, and, if used, probability distributions for all parameters. Report reasons or sources for distributions used to represent uncertainty where appropriate. Providing a table to show the input values is strongly recommended.	Pages 7-8/Table 1
43				
44				
45				
46				
47				
48	Incremental costs and	19	For each intervention, report mean values for the main categories of estimated costs and outcomes of interest, as well as mean differences between the comparator groups. If applicable, report incremental cost-effectiveness ratios.	Pages 16-17/ Table 2
49	outcomes			
50				
51				
52				
53	Characterising	20a	<i>Single study-based economic evaluation</i> : Describe the effects of sampling uncertainty for the estimated incremental cost and	
54	uncertainty			
55				
56				
57				
58				
59				
60				

1		incremental effectiveness parameters, together with the impact	
2		of methodological assumptions (such as discount rate, study	
3		perspective).	
4			
5	20b	<i>Model-based economic evaluation:</i> Describe the effects on the	
6		results of uncertainty for all input parameters, and uncertainty	Page 21/ Lines 282-295
7	Characterising	related to the structure of the model and assumptions.	
8	heterogeneity		
9	21	If applicable, report differences in costs, outcomes, or cost-	
10		effectiveness that can be explained by variations between	
11		subgroups of patients with different baseline characteristics or	Pages 18-19/ Lines 267-281
12		other observed variability in effects that are not reducible by	
13	Discussion	more information.	
14	Study findings,		
15	limitations,		
16	generalisability, and	22 Summarise key study findings and describe how they support	
17	current knowledge	the conclusions reached. Discuss limitations and the	Pages 21-24
18		generalisability of the findings and how the findings fit with	
19	Other	current knowledge.	
20	Source of funding	23 Describe how the study was funded and the role of the funder	
21		in the identification, design, conduct, and reporting of the	
22		analysis. Describe other non-monetary sources of support.	Page 26
23	Conflicts of interest	24 Describe any potential for conflict of interest of study	
24		contributors in accordance with journal policy. In the absence	
25		of a journal policy, we recommend authors comply with	Pages 26-27
26		International Committee of Medical Journal Editors	
27		recommendations.	
28			
29			

31 For consistency, the CHEERS Statement checklist format is based on the format of the CONSORT
 32 statement checklist

35 The **ISPOR CHEERS Task Force Report** provides examples and further discussion of the 24-item
 36 CHEERS Checklist and the CHEERS Statement. It may be accessed via the *Value in Health* link or via the
 37 ISPOR Health Economic Evaluation Publication Guidelines – CHEERS: Good Reporting Practices
 38 webpage: <http://www.ispor.org/TaskForces/EconomicPubGuidelines.asp>

41 The citation for the CHEERS Task Force Report is:
 42 Husereau D, Drummond M, Petrou S, et al. Consolidated health economic evaluation reporting standards
 43 (CHEERS)—Explanation and elaboration: A report of the ISPOR health economic evaluations publication
 44 guidelines good reporting practices task force. *Value Health* 2013;16:231-50.



BMJ Open

What is the cost-effectiveness of menu calorie labeling on reducing obesity-associated cancer burdens: an economic evaluation of a federal policy intervention among 235 million adults in the United States

Journal:	<i>BMJ Open</i>
Manuscript ID	bmjopen-2022-063614.R2
Article Type:	Original research
Date Submitted by the Author:	12-Dec-2022
Complete List of Authors:	Du, Mengxi; Tufts University Friedman School of Nutrition Science and Policy, Griecci, Christina; Tufts University - Boston Campus, Friedman School of Nutrition and Policy Cudhea, Frederick; Tufts University Friedman School of Nutrition Science and Policy Eom, Heesun; New York Academy of Medicine, REAP Wong, John; Tufts Medical Center, Institute of Clinical Research and Health Policy Studies Wilde, Parke; Tufts University Friedman School of Nutrition Science and Policy Kim, David; Tufts Medical Center, Center for the Evaluation of Value and Risk in Health, Institute for Clinical Research and Health Policy Studies Michaud, Dominique; Tuft University School of Medicine, Wang, Y. Claire; Columbia University Mailman School of Public Health, Department of Health Policy and Management Mozaffarian, Dariush; Friedman School of Nutrition Science and Policy, Tufts University, Zhang, Fang-Fang; Tufts University Friedman School of Nutrition Science and Policy
Primary Subject Heading:	Health economics
Secondary Subject Heading:	Health policy, Public health, Nutrition and metabolism
Keywords:	Health policy < HEALTH SERVICES ADMINISTRATION & MANAGEMENT, NUTRITION & DIETETICS, HEALTH ECONOMICS

SCHOLARONE™
Manuscripts



I, the Submitting Author has the right to grant and does grant on behalf of all authors of the Work (as defined in the below author licence), an exclusive licence and/or a non-exclusive licence for contributions from authors who are: i) UK Crown employees; ii) where BMJ has agreed a CC-BY licence shall apply, and/or iii) in accordance with the terms applicable for US Federal Government officers or employees acting as part of their official duties; on a worldwide, perpetual, irrevocable, royalty-free basis to BMJ Publishing Group Ltd ("BMJ") its licensees and where the relevant Journal is co-owned by BMJ to the co-owners of the Journal, to publish the Work in this journal and any other BMJ products and to exploit all rights, as set out in our [licence](#).

The Submitting Author accepts and understands that any supply made under these terms is made by BMJ to the Submitting Author unless you are acting as an employee on behalf of your employer or a postgraduate student of an affiliated institution which is paying any applicable article publishing charge ("APC") for Open Access articles. Where the Submitting Author wishes to make the Work available on an Open Access basis (and intends to pay the relevant APC), the terms of reuse of such Open Access shall be governed by a Creative Commons licence – details of these licences and which [Creative Commons](#) licence will apply to this Work are set out in our licence referred to above.

Other than as permitted in any relevant BMJ Author's Self Archiving Policies, I confirm this Work has not been accepted for publication elsewhere, is not being considered for publication elsewhere and does not duplicate material already published. I confirm all authors consent to publication of this Work and authorise the granting of this licence.

1
2
3 1 **What is the cost-effectiveness of menu calorie labeling on reducing obesity-associated**
4
5 2 **cancer burdens: an economic evaluation of a federal policy intervention among 235 million**
6
7 3 **adults in the United States**

8
9
10 4 Mengxi Du, doctoral candidate¹, Christina F. Griecci, postdoctoral fellow¹, Frederick Cudhea,
11
12 5 statistician¹, Heesun Eom, research assistant^{1,2}, John B. Wong, director of comparative
13
14 6 effectiveness research³, Parke Wilde, professor of food and nutrition policy¹, David D. Kim,
15
16 7 assistant professor of medicine⁴, Dominique S. Michaud, professor of public health and
17
18 8 community medicine⁵, Y. Claire Wang, associate professor, vice president of research,
19
20 9 evaluation and policy ^{2,6}, Dariush Mozaffarian, dean and Jean Mayer professor of nutrition¹,
21
22 10 Fang Fang Zhang, Neely Family professor of nutrition and cancer¹ *on behalf of the Food-PRICE*
23
24 11 *Project*

25
26
27
28 12 1. Friedman School of Nutrition Science & Policy, Tufts University, Boston, MA

29
30
31 13 2. New York Academy of Medicine, New York, NY

32
33 14 3. Division of Clinical Decision Making, Tufts Medical Center, Boston, MA

34
35 15 4. Center for the Evaluation of Value and Risk in Health, Institute for Clinical Research and
36
37 16 Health Policy Studies, Tufts Medical Center, Boston, MA

38
39
40 17 5. Department of Public Health and Community Medicine, School of Medicine, Tufts University,
41
42 18 Boston, MA

43
44 19 6. Department of Health Policy and Management, Mailman School of Public Health, Columbia
45
46 20 University, New York, NY

47
48
49 21 **Short Running Head:** Cost-Effectiveness of Menu Calorie Labeling to Prevent Cancer

50
51 22 **Word Count:** 3895

1
2
3 23 **Corresponding Author:** Fang Fang Zhang, M.D., Ph.D., Friedman School of Nutrition Science
4
5 24 and Policy, Tufts University, 150 Harrison Avenue, Boston, MA 02111
6
7 25 (fang_fang_zhang@tufts.edu). Phone: 617-636-3740; Fax: 617-636-3727
8
9
10 26 **Abbreviations:** AMPM, Automated Multiple Pass Method; BMI, Body Mass Index; CDC,
11
12 27 Centers of Disease Control and Prevention; CI, Confidence Interval; DiCOM, Diet and Cancer
13
14 28 Outcome Model; FDA, Food and Drug Administration; FNDDS, Food and Nutrient Database for
15
16 29 Dietary Studies; MEC, Mobile Examination Center; NCHS, National Center for Health
17
18 30 Statistics; NHANES, National Health and Nutrition Examination Survey; PSA, Probabilistic
19
20 31 sensitivity analysis; SD, Standard Deviation; SE, Standard Error; USDA, United States
21
22 32 Department of Agriculture; UI, Uncertainty Interval
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 **33 ABSTRACT**
4

5 **34 Objective** To assess the impact of menu calorie labeling on reducing obesity-associated cancer
6
7
8 **35** burdens in the United States (US).

9
10 **36 Design** Cost-effectiveness analysis using a Markov cohort state-transition model.

11
12 **37 Setting** Policy intervention.

13
14 **38 Participants** A modeled population of 235 million adults aged 20+ years in 2015-2016.

15
16
17 **39 Interventions** The impact of menu calorie labeling on reducing 13 obesity-associated cancers
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
among US adults over a lifetime was evaluated in scenarios: (1) effects on consumer behaviors;
and (2) additional effects on industry reformulation. The model integrated nationally
representative demographics, calorie intake from restaurants, cancer statistics, and estimates on
associations of policy with calorie intake, dietary change with BMI change, BMI with cancer
rates, and policy and healthcare costs from published literature.

45 Main outcome measures Averted new cancer cases and cancer deaths and net costs (in 2015 US
dollars) among total population and demographic subgroups. Incremental cost-effectiveness
ratios from societal and healthcare perspectives were assessed and compared to the threshold of
\$150 000 per quality-adjusted life year (QALY) gained. Probabilistic sensitivity analyses
incorporated uncertainty in input parameters and generated 95% uncertainty intervals (UIs).

50 Results Considering consumer behavior alone, this policy was associated with 28 000 (95% UI:
16 300-39 100) new cancer cases and 16 700 (9610-23 600) cancer deaths averted, 111 000 (64
800-158 000) QALY gained, and \$1480 (\$884-\$2080) million saved in cancer-related medical
costs among US adults. The policy was associated with net cost savings of \$1460 (\$864-\$2060)
million and \$1350 (\$486-\$2260) million from healthcare and societal perspectives, respectively.
Additional industry reformulation would substantially increase policy impact. Greater health

56 gains and cost savings were predicted among young adults, Hispanic and non-Hispanic Black
57 individuals.

58 **Conclusions** Study findings suggest that menu calorie labeling is associated with lower obesity-
59 related cancer burdens and reduced healthcare costs. Policymakers may prioritize nutrition
60 policies for cancer prevention in the US.

61 (Word Count: 300)

62 **Keywords:** obesity, cost-effectiveness, menu calorie labeling, cancer incidence, cancer death,
63 medical cost

64

65 **Strengths and limitations of this study**

- 66 • Our study populated a Markov cohort state-transition model among 32 subgroups based
67 on the nationally representative distributions of age, sex, and race/ethnicity and
68 demonstrated that the federal menu calorie labeling could be a cost-effective strategy to
69 reduce obesity-related cancers in the US and potentially narrow diet-associated cancer
70 disparities.
- 71 • This cost-effectiveness evaluation incorporated data input parameters from established
72 resources and the evidence was robust to different policy scenarios.
- 73 • However, given the nature of modeling research, this study does not provide a real-world
74 evaluation of the impact of policy implementation on health and economic outcomes.
- 75 • We only modeled the impact of menu calorie labeling on calories although the policy
76 may also result in potential changes in the nutritional quality of the restaurant meals.

77 INTRODUCTION

78 Obesity affects 1 in 3 Americans and is an established risk factor for 13 types of cancers, such as
79 endometrial, liver, breast, prostate, and colorectal cancers.¹ Obesity-associated cancer represents
80 40% of all newly diagnosed cancer cases and contributes to 43.5% of total direct cancer care
81 expenditures, estimated at \$35.9 billion (US dollars) in 2015.¹⁻⁷ Rates of obesity-associated
82 cancers are also rising disproportionately among young adults.^{5,8} Substantial health and economic
83 burdens highlight the need to prioritize cost-effective strategies to reduce obesity-associated
84 cancers in the US.

85
86 Diet is one of the few modifiable factors for both obesity and obesity-associated cancers.^{2,9}
87 Restaurant meals account for 1 in 5 calories consumed by US adults, including 9% of calories
88 from full-service restaurants and 12% from fast-food restaurants,¹⁰ and therefore, can be an
89 important target for improving population diet. Restaurant meals can have very high calories,
90 with a mean energy of 1362 kcal/meal and 969 kcal/meal in popular meals from randomly
91 selected full-service and fast-food restaurants, respectively.¹¹ Consistently, individuals who cook
92 less frequently at home consume more daily calories than those who cook more at home.¹² Thus,
93 reducing calories consumed from restaurant meals has the potential to reduce daily calorie intake
94 and subsequent obesity and obesity-related cancer burdens.

95
96 To help consumers make lower-calorie choices, the Affordable Care Act mandated that all chain
97 restaurants with 20 or more outlets post calorie information on menus and menu boards for all
98 standard menu items.¹³ The FDA published the final rules for this policy in 2016, which was
99 subsequently implemented in 2018. A meta-analysis of 14 interventional studies including 5

1
2
3 100 randomized controlled trials (RCTs) and a recent quasi-experimental longitudinal study among
4
5 101 104 restaurants demonstrated that menu calorie labeling resulted in a reduction of 7.3% in caloric
6
7 102 intake per meal and a 60 kcal (4%) reduction in calorie purchased per transaction, respectively.¹⁴
8
9
10 103 ¹⁵ Such policy can also motivate restaurant reformulation to lower calorie contents or introduce
11
12 104 healthier food options.¹⁶⁻²¹ Prior cost-effectiveness analyses suggest that this policy is associated
13
14 105 with substantial health gains and is a cost-saving strategy for reducing obesity and obesity-
15
16 106 related diseases.^{22 23} It was estimated that the menu calorie labeling on fast foods was associated
17
18 107 with a 25 kJ (6 kcal) reduction in mean daily energy intake, leading to a -0.2 kg change in mean
19
20 108 body weight, a gain of 63 492 health-adjusted life years, and net savings of half billion (2010
21
22 109 Australian dollars) among Australians aged 2 years and above over their lifetime.²² Researchers
23
24 110 in the US have demonstrated that this policy would prevent a large number of incident
25
26 111 cardiovascular diseases (135 781) and type 2 diabetes (99 736) and net savings of over \$10
27
28 112 billion (2018 US dollars) among US adults over a lifetime.^{22 23} However, the health and
29
30 113 economic benefits of the policy for obesity-associated cancers have not been evaluated. This
31
32 114 study aimed to address the knowledge gap by evaluating the cost-effectiveness of the federal
33
34 115 menu calorie labeling and obesity-associated cancer burdens among US adults.
35
36
37
38
39
40
41

117 **METHODS**

118 **Study Overview**

119 The Diet and Cancer Outcome (DiCOM), a probabilistic cohort state-transition model,^{24 25} was
120 used to perform an economic evaluation of the menu calorie labeling and obesity-associated
121 cancer rates among 235 million US adults aged 20 years and older (US Census), by comparing a
122 policy scenario (menu calorie label) to status quo (no policy), over a simulated lifetime starting

1
2
3 123 from 2015. The model consists of (1) four health states: healthy without cancer, initial diagnosis
4
5 124 and treatment for 13 types of obesity-related cancers, continuous care for each of the 13 cancers,
6
7 125 and death (from 13 cancers or other causes); (2) the annual likelihood of changes in health; and
8
9
10 126 (3) the lifetime consequences of such changes on health outcomes and economic costs.
11
12 127 (Supplementary Figure 1). The DiCOM model integrated independent parameters from different
13
14 128 data sources, including nationally representative population demographics, dietary intake, and
15
16 129 cancer statistics; association estimates of policy intervention with diet, diet change with body
17
18 130 mass index (BMI), and BMI with cancer risks; and policy and health-related costs from
19
20 131 established sources (**Table 1**). This study used de-identified datasets and was exempt from
21
22 132 institutional review board review and follows the Consolidated Health Economic Evaluation
23
24 133 Reporting Standards (CHEERS) reporting guidelines.
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Table 1. Key input parameters and data sources in the Dietary Cancer Outcome Model (DiCOM)

Model Input	Outcome	Estimates	Distribution	Comments	Data Source
1. Simulated population	Population	Mean consumption of calories was 332 kcal/d from full-service or fast-food restaurants (Supplementary Tables 1, 8-9)	Gamma	Stratified by age, sex, race/ethnicity; 32 subgroups	NHANES 2013-2016
2. Policy effect ¹					
a) Consumer behavior	Policy effect	7.3% (4.4%-10.1%) (Appendix 1 and Appendix Table 1)	Beta	One-time effect	Meta-analysis of labeling interventions on reducing calorie intake, Shangguan et al., 2019, American Journal of Preventative Medicine
b) Industry response	Policy effect	5% (Appendix 1 and Appendix Table 2)	Beta	Assumption: no reformulation in the 1st year of policy intervention; Restaurants will replace the high-calorie menu items with low-calorie options or reformulate the menu items in years 2 to 5 of the intervention to achieve a 5% reduction in calorie contents	Calorie changes in large chain restaurants from 2008 to 2015, Bleich et al. 2017, Prev Med; Higher-Calorie Menu Items Eliminated in Large Chain Restaurants, Bleich et al. 2018, American Journal of Preventative Medicine
3. Effect of change in calorie intake on BMI change (kg/m ²) ¹	Dietary effect	Among individuals with: BMI <25: 0.0015 per kcal BMI ≥25: 0.003 per kcal	Normal	Assumption: 55 kcal per day reduction in calorie intake would lead to 1 pound weight loss within 1 year, with no further weight loss in the future	Hall et al., 2018, JAMA; Hall et al., 2011, Lancet

4. Etiologic effect of BMI on cancer outcomes ¹	Cancer outcome	RRs ranged from 1.05 to 1.50 (Supplementary Table 2)	Lognormal	BMI change and cancer incidence	Continuous Update Project (CUP) conducted by the World Cancer Research Fund (WCRF)/American Institute for Cancer Research (AICR)
5. Cancer statistics ¹	Cancer incidence ³ and survival	Appendixes 2-3, Appendix Tables 2-3, and Supplementary Tables 3-4	Beta	Stratified by age, sex, and race/ethnicity	NCI's Surveillance, Epidemiology, and End Results Program (SEER) Database; CDC's National Program of Cancer Registries (NPCR) Database
6. Healthcare-related costs ^{1,2}	Medical expenditures, productivity loss, and patient time costs	Appendix 6, Appendix Table 6, and Supplementary Tables 6-7	Gamma	Stratified by age, and sex	NCI's Cancer Prevalence and Cost of Care Projections; Published literature
7. Policy costs ^{1,2}	For government and industry	Appendix 5 and Appendix Tables 4-5	Gamma	Administration and monitoring costs for government; compliance and reformulation costs for industry	FDA's budget report; Nutrition Review Project; and FDA's RIA
8. Health-related quality of life (HRQOL) ¹	For 13 types of cancers	Ranged from 0.64 to 0.86 (Appendix 4 and Supplementary Table 5)	Beta	EQ-5D ⁴ data from published literature by cancer type	Published literature

Abbreviations: BMI, Body Mass Index; FDA, Food and Drug Administration; NCI, National Cancer Institute; NHANES, National Health, and Nutrition Examination Survey; UK, United Kingdom.

1. Uncertainty distributions were incorporated in the probabilistic sensitivity analyses. Uncertainties in each parameter were presented in supplemental materials (Table TS3 and Tables S3-9).

2. If the source did not provide uncertainty estimates, we assumed the standard errors were 20% of the mean estimate to generate gamma distribution.

3. Time-varying input parameter, for which the model accounted the secular trends. Details were provided in the Supplements.

4. EQ-5D is a standardized instrument developed by the EuroQol Group as a measure of health-related quality of life that can be used in a wide range of health conditions and treatments.

134 **Simulated US Population**

135 Because FDA's final rules on menu calorie labeling were published in 2016 and implemented in
136 2018, considering that some restaurants have implemented this policy prior to 2016 given the
137 law was passed in 2010, we used 2015-2016 as the baseline and assumed a closed cohort for this
138 analysis. The projected population size of US adults aged 20+ in 2015-2016 was obtained from
139 the US Census data.²⁶ We combined the 2013-2016 National Health and Nutrition Examination
140 Survey (NHANES) to approximate the baseline and simulate the nationally representative US
141 adult population aged 20+ years in 32 subgroups stratified by age (20-44, 45-54, 55-64, 65+), sex
142 (men, women), and race/ethnicity (non-Hispanic White, non-Hispanic Black, Hispanic, Other)
143 (Supplementary Table 1). This closed cohort of US adults was modeled from baseline through
144 their lifetime up to 80 years or until death.

146 **Calorie Consumption from Restaurants**

147 Mean calorie consumption from full-service and fast-food restaurants, demographics, and
148 prevalence of overweight or obesity were estimated using data collected from NHANES
149 participants with at least one valid 24-hour diet recall, in every 32 strata. Following FDA's
150 estimates,¹³ we assumed that policy would affect 56.5% of calories consumed at full-service
151 restaurants and 100% at fast-food restaurants. The National Cancer Institute method was used to
152 estimate the usual intake distribution by statistically adjusting for within vs. between variance in
153 dietary recalls.²⁷⁻²⁹ The complex survey design was incorporated in all statistical analyses to
154 ensure the representativeness of study findings to the non-institutionalized US adults.

155

156 **Policy Association with Calorie Consumption**

157 Policy association with consumer behaviors was obtained from a systematic review and meta-
158 analysis of 13 interventional studies (5 RCTs) with 19 interventions conducted in fast-food, full-
159 service, cafeterias, and laboratories between 2000 and 2015 that evaluated the effectiveness of
160 menu calorie labeling on consumers' calorie consumption per meal (Appendix 1 and Appendix
161 Table 1).¹⁵ The study results showed a 7.3% (95% CI: 4.4%-10.1%) reduction in calories
162 consumed per meal following calorie labeling. We assumed that the policy would have a one-
163 time effect over one year, with no further change over time.

164
165 Policy intervention may stimulate industries to reformulate their products to lower the calorie
166 content. Potential policy impact on industry reformulation was derived from studies of restaurant
167 menu items following the passage and initial period of partial implementation of the final rules
168 (Appendix Table 2). Between 2012-2014, among 66 of the 100 largest US chain restaurants,
169 replacing higher-calorie menu items with lower-calorie items led to a 1-5% calorie reduction per
170 menu item.^{19 20} Among 44 chain restaurants with menu calorie information available in 2008, the
171 calories per menu item fell by 7% between 2008 and 2015.¹⁸ Based on the evidence, we chose
172 5% as the mid-point for the potential policy impact on industry response, which may include
173 discontinuation of existing high-calorie menu items and/or introduction of lower-calorie menu
174 items. We assumed that no reformulation occurs in the 1st year of policy intervention, and
175 restaurants will replace the high-calorie menu items with low-calorie options or reformulate the
176 menu items in years 2 to 5 of the intervention to achieve a 5% reduction in calorie content, with
177 no change thereafter. Combining the effect on consumer behaviors with the effect on industry
178 response, the policy would lead to a 12.3% reduction in calories consumed per meal.

1
2
3 179
4
5 180 In addition, we conservatively assumed that there would be some compensatory increased calorie
6
7
8 181 intake outside of restaurants so that only half of all calories reduced from restaurant meals would
9
10 182 translate into long-term reductions in daily calories (compensation rate = 50%). Therefore, the
11
12 183 reduction in calorie consumption from fast-food or full-service restaurants among the simulated
13
14 184 population was computed using the baseline consumption times the policy effect estimates, and
15
16
17 185 then times the compensation rate.
18
19 186
20
21

22 187 **Calorie Reduction and Obesity-Associated Cancer Risk**

23
24 188 To estimate the relationships between calorie intake and obesity-associated cancers, we
25
26 189 associated the multivariate-adjusted association of change in calorie intake (kcal/day) with
27
28
29 190 change in BMI (kg/m²) and the estimates of BMI and cancer risks. Based on an established
30
31 191 energy-weight dynamic model that accounted for the long-term impacts of calorie reduction on
32
33 192 weight and metabolic expenditure, we assumed that each 55 kcal/day calorie reduction leads to 1
34
35 193 pound weight loss over one year among overweight or obese adults, with no further reduction
36
37
38 194 thereafter.^{30 31} Because long-term observational studies suggest that weight change for an
39
40 195 equivalent change in dietary intake is about twice as large in overweight or obese adults than
41
42 196 normal-weight adults,^{32 33} we conservatively applied half of this estimate to individuals with
43
44
45 197 normal weight. For each of the 13 obesity-related cancers, the estimated change in risk for each 5
46
47 198 kg/m² change in BMI was derived from the systematic reviews and meta-analyses of
48
49 199 multivariable-adjusted prospective cohort studies conducted by the World Cancer Research
50
51 200 Fund/American Institute for Cancer Research Continuous Update Project and the International
52
53
54 201 Agency for Research on Cancer (Supplementary Table 2).²
55
56
57
58
59
60

1
2
3 202
4
56 **203 Cancer Incidence, Mortality, and Health-Related Quality of Life**

7
8 204 Age-adjusted cancer incidences in 2015 were obtained from the National Program of Cancer
9
10 205 Registries and the Surveillance, Epidemiology, and End Results (SEER) program. We projected
11
12 206 the cancer incidence from 2015 to 2030 based on the 2006-2014 trend using the Average Annual
13
14 207 Percent Change method.³⁴ We then combined the projected incidence rates with the projected US
15
16 208 population from the National Interim Projections³⁵ to account for changes in population age
17
18 209 distribution over time. We further applied the cohort-period method to estimate cancer incidence
19
20 210 in the closed cohort of US adults in each of the 32 groups as they age (Appendix 2, Appendix
21
22 211 Table 2, and Supplementary Table 3). The 5-year relative survival rates for each cancer were
23
24 212 extracted and converted to an annual probability of death (Appendix 3, Appendix Table 3, and
25
26 213 Supplementary Table 4).³⁶⁻³⁸ Health-related quality of life data were obtained from publications
27
28 214 that reported EuroQol-5 Dimension utility weights for each cancer among US patient population
29
30 215 (Appendix 4 and Supplementary Table 5).
31
32
33
34
35
36
37
38

39 **217 Policy and Health-Related Costs**

40
41 218 Policy costs included government costs to administer, monitor, and evaluate the policy and
42
43 219 industry costs to comply with the policy and reformulate their products (in scenario 2).
44
45 220 Government costs were estimated from FDA's budget report and Nutrition Review Project
46
47 221 (Appendix 5 and Appendix Tables 4-5).^{39 40} Industry compliance and reformulation costs were
48
49 222 based on the FDA's regulatory impact analysis that included initial and recurring nutrition
50
51 223 analysis of standard menu items and menu replacement, provision of nutrition information,
52
53
54
55
56
57
58
59
60

224 employee training, and legal review and accounted for restaurant size and type, reformulation
225 type, and compliance period.¹³

226
227 Direct medical costs for cancer care were extracted from the SEER-Medicare linked database for
228 three phases of cancer care: initial (12 months after diagnosis), continuing, and end-of-life (the
229 last year of life) (Appendix 6, Appendix Table 6, and Supplementary Tables 6-7).^{34 41} For
230 individuals without cancer, the direct medical costs were estimated based on Medical
231 Expenditure Panel Survey (MEPS) data and insurance claims.^{25 42 43} Indirect costs including
232 productivity loss due to disability or missed workdays and patient time costs were derived from
233 publications using MEPS data.⁴⁴⁻⁴⁷

234

235 **Cost-Effectiveness Analysis**

236 Following the guidelines on cost-effectiveness in health and medicine,⁴⁸ we evaluated the policy
237 impact by projecting the numbers of new cancer cases and cancer deaths averted and quality-
238 adjusted life-years (QALYs) gained and cost-effectiveness from both healthcare and societal
239 perspectives. Net costs from the healthcare perspective were assessed as the difference between
240 government costs for implementing the policy and the direct medical costs of cancer care. Net
241 costs from the societal perspective were assessed as the difference between total policy costs
242 (including both government and industry costs) and health-related costs saved (including direct
243 and indirect costs of cancer care). All costs were inflated to 2015 US dollars using the Consumer
244 Price Index or Personal Health Care Index, with all costs and QALYs discounted at 3%
245 annually.⁴⁸ Incremental cost-effectiveness ratios (ICERs) were calculated as net costs divided by
246 the difference in QALYs between policy vs. no policy. ICERs falling below a willingness-to-pay

1
2
3 247 threshold of \$150,000 per QALY gained were considered to be cost-effective.^{49 50} Cost-
4
5 248 effectiveness analysis was further conducted among population subgroups by age, sex, and
6
7 249 race/ethnicity to evaluate policy associations with health disparities.
8
9

10 250
11
12
13 251 One-way sensitivity analyses were performed by varying input parameters, including reducing
14
15 252 the outside-the-restaurant calorie compensation level to 25% or increasing it to 75%, altering
16
17 253 coverage of the FDA's final rule to all calories from full-service restaurants, reducing the diet-
18
19 254 BMI associations to half or doubling the estimates, incorporating an estimated 2% annual
20
21 255 increase in medical expenditures associated with cancer care, and altering annual discounting
22
23 256 rates from 3% to 0% or 5%. We also evaluated impacts at a 10-year time horizon for
24
25 257 stakeholders interested in shorter-term health gains and economic benefits. Probabilistic
26
27 258 sensitivity analyses (PSAs) were conducted to incorporate uncertainty in all input parameters
28
29 259 jointly (**Table 1**). A total of 1000 Monte Carlo simulations were performed, and 95% uncertainty
30
31 260 intervals (UIs) were estimated based on the 2.5 and 97.5 percentiles of 1,000 simulations. All
32
33 261 analyses were conducted using SAS (Version 9.4) and R (Version 3.3.1).
34
35
36
37
38
39
40

41 263 **Patient and Public Involvement**

42
43 264 This study used de-identified datasets and did not involve patients or the public in the design,
44
45 265 conduct, reporting, or dissemination plans of our research.
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

266 RESULTS

267 Population Characteristics

268 The simulated cohort of US adults in 2015-2016 had a mean age of 47.8 years, with 65.0% being
269 non-Hispanic white adults and 71.4% being overweight or obese (Supplementary Tables 8-9). A
270 mean of 332 daily calories was consumed from full-service or fast-food restaurants. Higher
271 levels were consumed among younger adults aged 20-44 years (425 kcal/day), men (388
272 kcal/day), non-Hispanic black (361 kcal/day), and Hispanic (367 kcal/day) adults, in comparison
273 to other corresponding subgroups.

275 Health Gains

276 The menu calorie labeling was estimated to reduce calories consumed from restaurants by a
277 mean of 24 kcal/day among US adults, and total daily calories by 12 kcal/day. Accounting for
278 potential industry reformulation would reduce the mean intake by an additional 16 kcal/day, and
279 total daily calories by 8 kcal/day.

281 Based on changes in consumer behavior alone, the policy was associated with a reduction of
282 28,000 (95% UI: 16,300-39,100) new cancer cases and 16,700 (9,610-23,600) cancer deaths, and
283 a gain of 111,000 (64,800-158,000) QALYs among 235 million US adults over a median follow-
284 up of 34.4 years (**Table 2 and Figure 1**). By cancer type, the greatest numbers of new cancer
285 cases averted were cancers of endometrial (N [95% UI]: 5,700 [2,380-9,190]), liver (5,180
286 [2,800-7,730]), kidney (5,090 [2,670-7,730]), post-menopausal breast (4,840 [2,010-8,230]), and
287 pancreas (1,400 [756-2,100]). The greatest numbers of prevented cancer deaths were estimated
288 for cancers of the liver (4,530 [2,410-6,760]), post-menopausal breast (3,080 [861-5,650]),

1
2
3 289 endometrial (2,060 [957-3,220]), kidney (1,980 [1,080-2,920]), and pancreas (1,230 [661-
4
5 290 1,830]).

6
7 291
8
9
10 292 Based on additional industry response, the total estimated health gains approximately doubled,
11
12 293 preventing 47,300 (35,400-59,100) new cancer cases and 28,200 (21,100-35,300) cancer deaths,
13
14 294 and gaining 189,000 (140,000-236,000) QALYs, with similar rankings of the types of new
15
16
17 295 cancer cases and cancer deaths prevented.
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Table 2. Estimated health gains and costs of the federal menu calorie labeling on reducing the obesity-related cancer burdens in the US over 10 years and a lifetime (US population=235,162,844)¹

	Menu Calorie Labeling Policy			
	10 Years		Lifetime	
	Consumer Behavior Median (2.5% to 97.5%)	Consumer Behavior + Industry Response Median (2.5% to 97.5%)	Consumer Behavior Median (2.5% to 97.5%)	Consumer Behavior + Industry Response Median (2.5% to 97.5%)
New Cancer Cases Averted, N (95% UI)				
Endometrial cancer	692 (276 to 1100)	1130 (716 to 1550)	5700 (2380 to 9190)	9920 (6630 to 13600)
Liver cancer	366 (144 to 615)	626 (386 to 887)	5180 (2800 to 7730)	8550 (5960 to 11300)
Kidney cancer	584 (290 to 884)	980 (689 to 1280)	5090 (2670 to 7470)	8620 (6200 to 11000)
Breast cancer (postmenopausal)	670 (256 to 1110)	1080 (658 to 1520)	4840 (2010 to 8230)	8520 (5610 to 12200)
Pancreatic cancer	170 (83 to 257)	273 (183 to 367)	1400 (756 to 2100)	2380 (1690 to 3140)
Esophageal adenocarcinoma	179 (56 to 304)	286 (159 to 411)	1350 (485 to 2230)	2330 (1440 to 3280)
Colorectal cancer	189 (97 to 284)	319 (225 to 418)	1050 (561 to 1600)	1780 (1230 to 2370)
Multiple myeloma	75 (37 to 117)	122 (81 to 169)	690 (384 to 1090)	1150 (775 to 1630)
Stomach cancer (cardia)	54 (6 to 109)	98 (51 to 165)	647 (261 to 1140)	1090 (644 to 1660)
Thyroid cancer	105 (58 to 161)	176 (123 to 243)	516 (206 to 914)	951 (576 to 1420)
Advanced prostate cancer	66 (17 to 118)	107 (57 to 162)	339 (138 to 561)	577 (352 to 836)
Gallbladder cancer	29 (16 to 42)	46 (34 to 60)	314 (213 to 438)	512 (399 to 648)
Ovarian cancer	33 (15 to 56)	53 (33 to 78)	147 (44 to 282)	254 (110 to 420)
Total	3300 (1750 to 4720)	5230 (3870 to 6790)	28000 (16300 to 39100)	47300 (35400 to 59100)
Cancer Deaths Prevented, N (95% UI)				
Liver cancer	168 (59 to 287)	287 (174 to 410)	4530 (2410 to 6760)	7510 (5200 to 9980)
Breast cancer (postmenopausal)	68 (33 to 106)	111 (74 to 149)	3080 (862 to 5650)	5590 (3230 to 8310)
Endometrial cancer	52 (20 to 86)	87 (55 to 121)	2060 (957 to 3220)	3520 (2390 to 4700)
Kidney cancer	70 (29 to 110)	114 (74 to 154)	1980 (1080 to 2920)	3320 (2430 to 4300)
Pancreatic cancer	88 (38 to 138)	143 (93 to 195)	1230 (661 to 1830)	2080 (1480 to 2740)
Esophageal adenocarcinoma	76 (21 to 131)	122 (69 to 178)	1150 (403 to 1930)	1990 (1210 to 2820)
Colorectal cancer	34 (17 to 53)	57 (40 to 77)	706 (369 to 1080)	1200 (839 to 1600)
Stomach cancer (cardia)	22 (2 to 48)	40 (19 to 68)	541 (230 to 947)	907 (538 to 1400)
Multiple myeloma	18 (8 to 30)	29 (18 to 42)	420 (239 to 662)	691 (481 to 980)
Gallbladder cancer	13 (7 to 20)	21 (15 to 28)	267 (181 to 369)	436 (341 to 551)
Advanced prostate cancer	9 (3 to 15)	13 (7 to 19)	163 (65 to 280)	273 (163 to 404)
Ovarian cancer	8 (3 to 15)	13 (7 to 20)	107 (39 to 191)	181 (94 to 290)
Thyroid cancer	1 (1 to 2)	2 (1 to 3)	23 (11 to 38)	38 (24 to 58)
Total	654 (320 to 970)	1080 (746 to 1400)	16700 (9610 to 23600)	28200 (21100 to 35300)

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47

Life Years Gained	678 (288 to 1040)	1120 (738 to 1490)	76400 (43400 to 109000)	130000 (96900 to 162000)
QALYs Gained	4280 (2170 to 6250)	7030 (4960 to 9090)	111000 (64800 to 158000)	189000 (140000 to 236000)
Changes in Health-Related Costs (\$, millions)^{2,3}				
Healthcare (medical) cost	-192 (-277 to -100)	-319 (-403 to -227)	-1480 (-2080 to -884)	-2500 (-3090 to -1900)
Patient time cost	-7.33 (-10.9 to -3.56)	-12.2 (-15.8 to -8.39)	-102 (-144 to -62.2)	-172 (-216 to -131)
Productivity loss	-48.7 (-70.1 to -24.5)	-80.4 (-102 to -56.7)	-608 (-865 to -363)	-1030 (-1290 to -780)
Policy Implementation Costs (\$, millions)^{2,3}				
Total	518 (493 to 548)	644 (612 to 680)	839 (780 to 908)	1140 (1060 to 1220)
Government cost	13.2 (11.4 to 15.9)	13.1 (11.4 to 15.7)	18.5 (14.5 to 25.1)	18.5 (14.4 to 25.5)
Administration	9.08 (8.59 to 9.60)	9.07 (8.64 to 9.50)	9.07 (8.61 to 9.56)	9.09 (8.62 to 9.55)
Monitoring	4.09 (2.40 to 6.74)	4.00 (2.35 to 6.63)	9.40 (5.45 to 16.1)	9.38 (5.30 to 16.3)
Industry cost	505 (480 to 535)	631 (599 to 667)	820 (762 to 889)	1120 (1040 to 1210)
Compliance	505 (480 to 535)	506 (480 to 533)	820 (762 to 889)	823 (757 to 889)
Reformulation	-----	124 (107 to 146)	-----	296 (249 to 353)
Net Costs (\$, millions)^{2,3,4}				
Societal perspective	270 (156 to 389)	233 (119 to 356)	-1350 (-2260 to -486)	-2570 (-3460 to -1650)
Healthcare perspective	-179 (-263 to -86.3)	-305 (-390 to -214)	-1460 (-2060 to -864)	-2480 (-3070 to -1880)
ICER (dollars/QALY)⁵				
Societal perspective	64500 (26100 to 187000)	33600 (13300 to 72400)	Dominant	Dominant
Healthcare perspective	Dominant	Dominant	Dominant	Dominant

Abbreviations: ICER, Incremental Cost-Effectiveness Ratio; QALY, quality-adjusted life years.

1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.

2. Health-related costs were inflated to 2015 US dollars using the Personal Health Care (PHC) index. Policy intervention costs were inflated to 2015 US dollars using the Consumer Price Index. Negative costs represent savings.

3. Costs are medians from 1000 simulations so may not add up to totals.

4. Net costs were calculated as policy costs minus health-related costs from reduced cancer burden. The societal perspective includes healthcare costs, patient time costs, productivity costs, and policy implementation costs; the government perspective included policy costs relevant to policy implementation and program monitoring and evaluation, and medical costs.

5. ICER threshold was evaluated at \$150,000/QALY. Dominant represents less costly and more effective than the "no-policy intervention" scenario.

296 **Economic Impacts**

297 Implementing the policy would cost the government \$19 (95% UI: \$15-25) million and the
298 restaurant industry, \$820 (\$762-889) million in compliance costs over a lifetime (**Table 2**). The
299 policy was associated with savings of \$1480 (\$884-2080) million in direct medical costs, \$608
300 (\$363-865) million in productivity loss costs, and \$102 (\$62-144) million in patient time costs.
301 Potential industry reformulation would cost the restaurant industry an additional \$296 (\$249-
302 353) million to implement but would also result in greater healthcare savings, including \$2,500
303 (\$1,900-3,090) million, \$1,030 (\$780-1,290) million and \$172 (\$131-216) million in reduced
304 direct medical, productivity loss, and patient time costs, respectively.

305
306 From both the healthcare and social perspectives, implementing the menu calorie labeling policy
307 among US adults over a lifetime would be cost-saving. With changes in consumer behavior
308 alone, the net cost savings were estimated to be \$1,460 (\$864-2,060) million and \$1,350 (\$486-
309 2,260) million from the healthcare and societal perspective, respectively. With additional
310 industry response, estimated cost savings increased to \$2,480 (\$1,880-3,070) million from the
311 healthcare perspective and \$2,570 (\$1,650-3,460) million from the societal perspective.

313 **Policy Impacts Among Population Subgroups**

314 Among population subgroups, the consumer response to the policy was estimated to result in
315 greater health gains per 100,000 individuals among adults aged 20-44 years (15 new cancer cases
316 averted) and 55-64 years (16 new cancer cases averted) than older age groups (aged 65+ years; 6
317 new cancer cases averted); Hispanic and non-Hispanic Black individuals than Non-Hispanic
318 White group (22 vs. 9 and 17 vs. 9 new cancer cases averted) (**Table 3**). The numbers of cancer

1
2
3 319 deaths averted, life-years and QALYs gained, health-related costs saved, and net costs among
4
5 320 population subgroups followed a similar pattern (Supplementary Tables 10-11 and
6
7 321 Supplementary Figures 2-5). For instance, the policy was associated with more cancer deaths
8
9 322 prevented per 100,000 individuals among younger adults aged 20-44 years than older adults aged
10
11 323 65+ years (10 vs. 3 cancer deaths averted) and Hispanic and non-Hispanic Black adults than non-
12
13 324 Hispanic White individuals (14 vs. 5 and 11 vs. 5 cancer deaths averted). Adding potential
14
15 325 industry reformulations resulted in larger health gains among adults aged 45-54 (128% increase
16
17 326 in new cancer cases averted) and non-Hispanic White adults (84% increase in new cancer cases
18
19 327 averted).
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Table 3. Estimated new cancer cases and deaths prevented by the federal menu calorie labeling policy in the US by age, sex, and race/ethnicity, over a lifetime¹

	Consumer Behavior		Consumer Behavior + Industry Response	
	N (95% UI)	Per 100,000 individuals (95% UI)	N (95% UI)	Per 100,000 individuals (95% UI)
New Cancer Cases Averted				
Age				
20-44	15700 (6170 to 25100)	15.0 (5.89 to 24.0)	28000 (18000 to 37500)	26.7 (17.2 to 35.8)
45-54	2810 (-2110 to 8030)	6.61 (-4.97 to 18.9)	6420 (1390 to 11600)	15.1 (3.27 to 27.2)
55-64	6330 (3540 to 9400)	15.7 (8.76 to 23.3)	8640 (5790 to 11800)	21.4 (14.3 to 29.1)
≥65	2740 (795 to 4650)	5.77 (1.68 to 9.80)	4060 (2070 to 5950)	8.55 (4.36 to 12.6)
Sex				
Female	15100 (6650 to 24000)	12.5 (5.51 to 19.8)	25900 (17400 to 34900)	21.4 (14.4 to 28.9)
Male	12500 (4920 to 20100)	10.9 (4.30 to 17.6)	21100 (13500 to 29100)	18.4 (11.8 to 25.4)
Race/Ethnicity				
Non-Hispanic White	14300 (4310 to 24500)	9.16 (2.77 to 15.7)	26300 (16000 to 36700)	16.9 (10.3 to 23.6)
Non-Hispanic Black	4720 (1820 to 8100)	16.6 (6.37 to 28.4)	7630 (4750 to 11100)	26.8 (16.7 to 38.9)
Hispanic	7700 (3560 to 11500)	21.5 (9.93 to 32.2)	11200 (7060 to 15300)	31.3 (19.7 to 42.6)
Other	1150 (-240 to 2440)	7.60 (-1.59 to 16.2)	1990 (652 to 3310)	13.2 (4.33 to 22.0)
Cancer Deaths Prevented				
Age				
20-44	10200 (4170 to 16400)	9.73 (3.98 to 15.7)	18100 (11700 to 24500)	17.3 (11.2 to 23.4)
45-54	1730 (-853 to 4240)	4.07 (-2.01 to 9.97)	3650 (1040 to 6240)	8.58 (2.44 to 14.7)
55-64	3320 (1760 to 4930)	8.21 (4.36 to 12.2)	4480 (2890 to 6090)	11.1 (7.15 to 15.1)
≥65	1200 (285 to 2130)	2.53 (0.60 to 4.48)	1800 (848 to 2720)	3.79 (1.79 to 5.73)
Sex				
Female	7810 (3290 to 12600)	6.47 (2.73 to 10.5)	13400 (8850 to 18500)	11.1 (7.33 to 15.3)
Male	8510 (3500 to 13900)	7.44 (3.06 to 12.1)	14400 (9300 to 20000)	12.6 (8.13 to 17.5)
Race/Ethnicity				
Non-Hispanic White	7920 (2180 to 13900)	5.08 (1.40 to 8.94)	14700 (8770 to 20900)	9.45 (5.64 to 13.5)
Non-Hispanic Black	3010 (1000 to 5370)	10.6 (3.51 to 18.8)	4990 (2950 to 7380)	17.5 (10.4 to 25.9)
Hispanic	4960 (2360 to 7560)	13.8 (6.58 to 21.1)	7190 (4480 to 9870)	20.0 (12.5 to 27.5)
Other	565 (-246 to 1350)	3.75 (-1.63 to 8.97)	1070 (273 to 1870)	7.12 (1.81 to 12.4)

1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.

328 **Sensitivity Analyses**

329 In PSA, based on consumer responses alone, the menu calorie labeling was cost-saving over a
330 lifetime in 93% of 1000 simulations and cost-effective (<\$150,000/QALY) in the remaining 7%
331 from the societal perspective, and was cost-saving in over 98% of 1000 simulations from the
332 healthcare perspective. Adding the additional industry response increased the probability of cost-
333 savings to nearly 100% of the simulations for both the societal and healthcare perspectives
334 **(Figure 2).**

335
336 Evaluating health gains, costs, and cost-effectiveness at 10 years, the policy remained cost-
337 saving from the healthcare perspective and was cost-effective from the societal perspective, with
338 an ICER of \$64,500 (26,100-187,000) per QALY based on consumer response alone and
339 \$33,600 (13,300-72,400) per QALY with additional industry response. The cost-effectiveness of
340 this policy was most sensitive to varied assumptions of the diet-BMI estimates and annual
341 discounting rates (Supplementary Tables 12-13 and Supplementary Figure 6).

343 **DISCUSSION**

344 This study estimated that the federal menu calorie labeling policy, based on consumer response
345 alone, was associated with a reduction of approximately 28,000 new cancer cases and 16,700
346 cancer deaths among US adults over a lifetime, and net savings of \$1,350 and \$1,460 million
347 from societal and healthcare perspectives, respectively. Incorporating additional modest industry
348 responses, these health and economic gains were approximately doubled. Greater health gains
349 were expected among younger, middle-aged subgroups, Hispanic, and non-Hispanic Black

1
2
3 350 individuals compared with other subgroups. Findings were robust to a range of probabilistic and
4
5 351 one-way sensitivity analyses.
6
7

8 352
9
10 353 Our study findings supported that nutrition policies can have meaningful health and economic
11
12 354 impacts on cancer prevention in the US. In this case, a modest change in mean calorie
13
14 355 consumption, distributed across the population, was estimated to achieve important reductions in
15
16 356 obesity-related cancer burdens among US adults. Using the best available estimates, our study
17
18 357 further suggested that the federal menu calorie labeling policy is cost-effective in the short term
19
20 358 and cost-saving in the long term in reducing obesity-associated cancer burdens. Many preventive
21
22 359 medical screenings are cost-effective, but none of them achieve net savings. For example, among
23
24 360 a large cohort of women born in the 1960s over a lifetime, mammography screening starting at
25
26 361 age 45 years was estimated to have an ICER of \$40 135/QALY.⁵¹ Colonoscopy screening
27
28 362 starting at age 45 years among U.S. adults achieved an ICER of \$33 900/QALY.⁵² Prostate-
29
30 363 specific antigen screening had an ICER of \$70 831 to \$136 332/QALY among U.S. males
31
32 364 beginning at 40 years of age over a lifetime.⁵³ In contrast, population-based nutrition
33
34 365 interventions could be a cost-saving strategy for cancer prevention. Cost-effectiveness analyses
35
36 366 showed that a penny-per-ounce tax on sugar-sweetened beverages would be a highly cost-
37
38 367 effective strategy for cancer prevention among US adults, with an ICER of 13 220, the nutrition
39
40 368 facts added sugar labeling would prevent 30 000 incident obesity-related cancer cases and 17 100
41
42 369 cancer deaths and be associated with a net saving of 704 million, and processed meat taxes
43
44 370 would avert 77 000 colorectal cancer cases and 12 500 stomach cancer cases save 4.5 billion, all
45
46 371 from the societal perspective.^{24 54 55} Thus, while we shall continue the efforts of increasing the
47
48
49
50
51
52
53
54
55
56
57
58
59

1
2
3 372 screening rates, we also need to consider population-based strategies to improve nutrition for
4
5 373 cancer prevention in the US.
6
7

8 374

9
10 375 Our findings also indicated the importance of assessing potential industry response, which could
11
12 376 nearly double health and economic benefits. The additional impacts of industry reformulation in
13
14 377 response to nutrition-related policies have been reported in other studies focused on obesity-
15
16 378 associated cancer, diabetes, and cardiovascular diseases.^{23 55-57} Our new findings build on this
17
18 379 recent work and highlight the importance of potential strategies to encourage industry
19
20 380 reformulation under the federal menu calorie labeling framework to further improve the health
21
22 381 benefits and cost-effectiveness of such policies.
23
24

25
26 382

27
28 383 In addition, our results showed that population-based nutrition policies such as menu calorie
29
30 384 labeling can potentially narrow diet-associated cancer disparities. We found greater health gains
31
32 385 and economic impacts among racial/ethnic minorities compared to non-Hispanic whites, likely
33
34 386 due to higher diet-associated cancer burdens among minorities.⁵⁸ However, labeling policies may
35
36 387 have fewer effects on food purchasing behaviors among minorities or socioeconomically
37
38 388 disadvantaged groups. Prior studies reported that individuals with higher education and income
39
40 389 attainment were more likely to notice and use the menu calorie labels when ordering foods in
41
42 390 fast-food or full-service restaurants compared to socioeconomically disadvantaged groups,⁵⁹⁻⁶¹
43
44 391 and multi-racial individuals were less likely to notice and use menu calorie labels in fast food
45
46 392 restaurants than non-Hispanic whites.⁵⁹ Previous studies also showed that literacy or numeracy
47
48 393 could be a barrier to label use.^{62 63} Thus, it is important for labeling policies to be paired with
49
50 394 nutrition education to effectively reduce diet-associated health disparities.
51
52
53
54
55
56
57
58
59
60

1
2
3 395
4
5 396 Potential limitations should be considered. First, as a modeling study, our investigation does not
6
7
8 397 provide the impact of real-world policy implementation on the health and economic outcomes of
9
10 398 federal menu calorie labeling. However, conducting randomized controlled trials of national
11
12 399 nutrition policy interventions is extremely difficult and often implausible while simulation
13
14 400 modeling can provide complementary evidence with the flexibility to assess different policy
15
16 401 scenarios that help inform policymaking. Second, this evaluation did not include the potential
17
18 402 benefits of menu calorie labeling on other health outcomes such as diabetes and cardiovascular
19
20 403 diseases. Considering such outcomes is likely to be associated with greater health gains and cost
21
22 404 savings.^{23 64 65} Third, menu calorie labeling could have a greater effect among subgroups with
23
24 405 higher levels of income and education and non-Hispanic white adults⁵⁹⁻⁶¹ and thus exacerbating
25
26 406 health disparities. Due to the lack of consistent policy effect sizes among populations with
27
28 407 different socioeconomic statuses, we were unable to integrate this into our modeling. Forth, we
29
30 408 only modeled the impact of menu calorie labeling on calories although the policy may also result
31
32 409 in potential changes in the nutritional quality of the restaurant meals. The majority of current
33
34 410 restaurant meals consumed by American adults – 70% of meals consumed from fast-food
35
36 411 restaurants and 50% consumed from full-service restaurants – are of poor nutritional quality, and
37
38 412 the remainder is only of intermediate nutritional quality, with very few being ideal.¹⁰ If the
39
40 413 policy also improves the quality of restaurant meals, the total reduction in obesity-associated
41
42 414 cancer burdens could be greater than our current estimates.
43
44
45
46
47
48
49 415
50

51 416 **CONCLUSIONS**

52
53
54
55
56
57
58
59
60

1
2
3 417 Study findings suggest that menu calorie labeling is associated with lower obesity-related cancer
4
5 418 rates and reduced costs. Policymakers may prioritize nutrition policies for cancer prevention in
6
7 419 the US.
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

For peer review only

1
2
3 **Ethics approval:** This study used de-identified datasets and was exempt from institutional
4 review board review.
5

6
7 **Data sharing:** Data described in the manuscript, codebook, and analytic code will be made
8 available upon request.
9

10
11 **Transparency Statement:** The author affirms that this manuscript is an honest, accurate, and
12 transparent account of the study being reported; that no important aspects of the study have been
13 omitted; and that any discrepancies from the study as planned have been explained.
14

15
16 **Dissemination Declaration:** Dissemination to the simulated population is not applicable.
17

18
19 **Contributors:** MD contributed to the data curation, formal analysis, visualization, original draft
20 preparation, review and editing; CFG contributed to the data curation, review and editing; FFC,
21 HE and DDK contributed to software; JBW, PW, DDK, DSM, YCW, and DM contributed to the
22 review and editing; FFZ contributed the conceptualization, methodology, review and editing,
23 supervision, and funding acquisition. All authors approved the final version. FFZ acts as the
24 guarantor of the study.
25

26
27 **Role of the funding source:** This study was supported by NIH/NIMHD 1R01MD011501. The
28 funding sources had no role in the design or conduct of the study; collection, management,
29 analysis, or interpretation of the data; preparation, review, or approval of the manuscript; or
30 decision to submit the manuscript for publication.
31

32
33 **Competing interests:** All authors have completed the ICMJE uniform disclosure form at
34 www.icmje.org/coi_disclosure.pdf and declare: no support from any organization for the
35 submitted work. JBW reports leadership or fiduciary role in the US Preventive Services Task
36 Force. DK reports research funding from the National Institutes of Health, Arnold Ventures,
37 Pharmaceutical Research and Manufacturers of America, Sarepta Therapeutics, and Janssen
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 Therapeutics; consulting fees from Panalgo and the American College of Physicians. DM reports
4
5 research funding from the National Institutes of Health, Gates Foundation, Rockefeller
6
7 Foundation, and Vail Institute for Global Research; consulting fees from Acasti Pharma, Barilla,
8
9 Danone, and Motif FoodWorks; participating on scientific advisory boards of start-up companies
10
11 focused on innovations for health including Beren Therapeutics Brightseed, Calibrate, DayTwo,
12
13 Elysium Health, Filtricine, Foodome, HumanCo, January Inc., Perfect Day, Season, and Tiny
14
15 Organics; and chapter royalties from UpToDate. All of the above is outside the submitted work.
16
17
18
19 No other relationships or activities could appear to have influenced the submitted work.
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

REFERENCES

1. Lauby-Secretan B, Scoccianti C, Loomis D, et al. Body Fatness and Cancer--Viewpoint of the IARC Working Group. *The New England journal of medicine* 2016;375(8):794-8. doi: 10.1056/NEJMsr1606602 [published Online First: 2016/08/25]
2. World Cancer Research Fund/American Institute for Cancer Research. Continuous Update Project Expert Report 2018. Body fatness and weight gain and the risk of cancer, 2018.
3. Steele CB, Thomas CC, Henley SJ, et al. Vital Signs: Trends in Incidence of Cancers Associated with Overweight and Obesity - United States, 2005-2014. *MMWR Morbidity and mortality weekly report* 2017;66(39):1052-58. doi: 10.15585/mmwr.mm6639e1 [published Online First: 2017/10/06]
4. Fryar CD, Carroll MD, Ogden CL. Prevalence of overweight, obesity, and severe obesity among children and adolescents aged 2–19 years: United States, 1963–1965 through 2015–2016. 2018
5. Hales CM, Fryar CD, Carroll MD, et al. Trends in obesity and severe obesity prevalence in US youth and adults by sex and age, 2007-2008 to 2015-2016. *Jama* 2018;319(16):1723-25.
6. Centers for Disease Control and Prevention NcfcDPaHP. Health and Economic Cost of Chronic Diseases 2019 [Available from: <https://www.cdc.gov/chronicdisease/about/costs/index.htm> accessed January 26 2020.
7. Hong YR, Huo J, Desai R, et al. Excess Costs and Economic Burden of Obesity-Related Cancers in the United States. *Value in health : the journal of the International Society for Pharmacoeconomics and Outcomes Research* 2019;22(12):1378-86. doi: 10.1016/j.jval.2019.07.004 [published Online First: 2019/12/07]
8. Koroukian SM, Dong W, Berger NA. Changes in Age Distribution of Obesity-Associated Cancers. *JAMA Netw Open* 2019;2(8):e199261. doi: 10.1001/jamanetworkopen.2019.9261 [published Online First: 2019/08/15]
9. Rock CL, Thomson C, Gansler T, et al. American Cancer Society guideline for diet and physical activity for cancer prevention. *CA Cancer J Clin* 2020;70(4):245-71. doi: 10.3322/caac.21591 [published Online First: 2020/06/10]
10. Liu J, Rehm CD, Micha R, et al. Quality of Meals Consumed by US Adults at Full-Service and Fast-Food Restaurants, 2003-2016: Persistent Low Quality and Widening Disparities. *J Nutr* 2020:nxz299. doi: 10.1093/jn/nxz299
11. Roberts SB, Das SK, Suen VMM, et al. Measured energy content of frequently purchased restaurant meals: multi-country cross sectional study. *BMJ (Clinical research ed)* 2018;363:k4864. doi: 10.1136/bmj.k4864 [published Online First: 2018/12/14]
12. Wolfson JA, Bleich SN. Is cooking at home associated with better diet quality or weight-loss intention? *Public Health Nutr* 2015;18(8):1397-406. doi: 10.1017/s1368980014001943 [published Online First: 2014/11/17]
13. Food and Drug Administration. Food Labeling; Nutrition Labeling of Standard Menu Items in Restaurants and Similar Retail Food Establishments; Calorie Labeling of Articles of Food in Vending Machines; Final Rule In: Department of Health and Human Services, ed., 2014.
14. Petimar J, Zhang F, Cleveland LP, et al. Estimating the effect of calorie menu labeling on calories purchased in a large restaurant franchise in the southern United States: quasi-experimental study. *BMJ (Clinical research ed)* 2019;367:l5837-l37. doi: 10.1136/bmj.l5837

15. Shangguan S, Afshin A, Shulkin M, et al. A Meta-Analysis of Food Labeling Effects on Consumer Diet Behaviors and Industry Practices. *American journal of preventive medicine* 2019;56(2):300-14. doi: 10.1016/j.amepre.2018.09.024 [published Online First: 2018/12/24]
16. Block JP, Roberto CA. Potential benefits of calorie labeling in restaurants. *Jama* 2014;312(9):887-88. doi: 10.1001/jama.2014.9239
17. Namba A, Auchincloss A, Leonberg BL, et al. Exploratory analysis of fast-food chain restaurant menus before and after implementation of local calorie-labeling policies, 2005-2011. *Preventing chronic disease* 2013;10:E101-E01. doi: 10.5888/pcd10.120224
18. Bleich SN, Wolfson JA, Jarlenski MP. Calorie changes in large chain restaurants from 2008 to 2015. *Preventive medicine* 2017;100:112-16. doi: 10.1016/j.ypmed.2017.04.004 [published Online First: 2017/04/09]
19. Bleich SN, Moran AJ, Jarlenski MP, et al. Higher-Calorie Menu Items Eliminated in Large Chain Restaurants. *American journal of preventive medicine* 2018;54(2):214-20. doi: 10.1016/j.amepre.2017.11.004 [published Online First: 2017/12/16]
20. Bleich SN, Wolfson JA, Jarlenski MP. Calorie Changes in Large Chain Restaurants: Declines in New Menu Items but Room for Improvement. *American journal of preventive medicine* 2016;50(1):e1-e8. doi: 10.1016/j.amepre.2015.05.007 [published Online First: 2015/07/07]
21. Bleich SN, Wolfson JA, Jarlenski MP, et al. Restaurants With Calories Displayed On Menus Had Lower Calorie Counts Compared To Restaurants Without Such Labels. *Health affairs (Project Hope)* 2015;34(11):1877-84. doi: 10.1377/hlthaff.2015.0512
22. Ananthapavan J, Sacks G, Brown V, et al. Priority-setting for obesity prevention-The Assessing Cost-Effectiveness of obesity prevention policies in Australia (ACE-Obesity Policy) study. *PloS one* 2020;15(6):e0234804. doi: 10.1371/journal.pone.0234804 [published Online First: 2020/06/20]
23. Liu J, Mozaffarian D, Sy S, et al. Health and Economic Impacts of the National Menu Calorie Labeling Law in the United States: A Microsimulation Study. *Circ Cardiovasc Qual Outcomes* 2020;13(6):e006313. doi: 10.1161/circoutcomes.119.006313 [published Online First: 2020/06/05]
24. Kim DD, Wilde PE, Michaud DS, et al. Cost Effectiveness of Nutrition Policies on Processed Meat: Implications for Cancer Burden in the U.S. *American journal of preventive medicine* 2019 doi: 10.1016/j.amepre.2019.02.023 [published Online First: 2019/10/01]
25. Kim DD, Wilde PE, Michaud DS, et al. Cost Effectiveness of Nutrition Policies on Processed Meat: Implications for Cancer Burden in the U.S. *American Journal of Preventive Medicine*, 2019.
26. United States Census Bureau. 2017 National Population Projections Tables: Main Series [Available from: <https://www.census.gov/data/tables/2017/demo/popproj/2017-summary-tables.html> accessed July 3 2019.
27. Freedman LS, Midthune D, Carroll RJ, et al. Adjustments to improve the estimation of usual dietary intake distributions in the population. *J Nutr* 2004;134(7):1836-43. doi: 10.1093/jn/134.7.1836 [published Online First: 2004/07/01]
28. Herrick KA, Rossen LM, Parsons R, et al. Estimating Usual Dietary In take From National Health and Nutrition Examination Survey Data Using the National Cancer Institute Method. *Vital and health statistics Series 2, Data evaluation and methods research* 2018(178):1-63. [published Online First: 2018/05/19]

- 1
2
3 29. Dodd KW, Guenther PM, Freedman LS, et al. Statistical methods for estimating usual intake
4 of nutrients and foods: a review of the theory. *Journal of the American Dietetic*
5 *Association* 2006;106(10):1640-50. doi: 10.1016/j.jada.2006.07.011 [published Online
6 First: 2006/09/27]
7
8 30. Hall KD, Sacks G, Chandramohan D, et al. Quantification of the effect of energy imbalance
9 on bodyweight. *Lancet (London, England)* 2011;378(9793):826-37. doi: 10.1016/s0140-
10 6736(11)60812-x [published Online First: 2011/08/30]
11
12 31. Hall KD, Schoeller DA, Brown AW. Reducing Calories to Lose Weight. *Jama*
13 2018;319(22):2336-37. doi: 10.1001/jama.2018.4257 [published Online First:
14 2018/06/14]
15
16 32. Mozaffarian D, Hao T, Rimm EB, et al. Changes in diet and lifestyle and long-term weight
17 gain in women and men. *The New England journal of medicine* 2011;364(25):2392-404.
18 doi: 10.1056/NEJMoa1014296 [published Online First: 2011/06/24]
19
20 33. Micha R, Penalvo JL, Cudhea F, et al. Association Between Dietary Factors and Mortality
21 From Heart Disease, Stroke, and Type 2 Diabetes in the United States. *Jama*
22 2017;317(9):912-24. doi: 10.1001/jama.2017.0947 [published Online First: 2017/03/08]
23
24 34. Mariotto AB, Yabroff KR, Shao Y, et al. Projections of the cost of cancer care in the United
25 States: 2010-2020. *Journal of the National Cancer Institute* 2011;103(2):117-28. doi:
26 10.1093/jnci/djq495 [published Online First: 2011/01/14]
27
28 35. United States Census Bureau. 2014 National Population Projections Tables [Available from:
29 <https://www.census.gov/data/tables/2014/demo/popproj/2014-summary-tables.html>
30 accessed July 3 2019].
31
32 36. Brenner H. Long-term survival rates of cancer patients achieved by the end of the 20th
33 century: a period analysis. *Lancet (London, England)* 2002;360(9340):1131-5. doi:
34 10.1016/s0140-6736(02)11199-8 [published Online First: 2002/10/22]
35
36 37. Brenner H, Hakulinen T. Up-to-date and precise estimates of cancer patient survival: model-
37 based period analysis. *American journal of epidemiology* 2006;164(7):689-96. doi:
38 10.1093/aje/kwj243 [published Online First: 2006/07/15]
39
40 38. Brenner H, Hakulinen T. Up-to-date cancer survival: period analysis and beyond.
41 *International journal of cancer* 2009;124(6):1384-90. doi: 10.1002/ijc.24021 [published
42 Online First: 2008/12/06]
43
44 39. Food and Drug Administration. Justification of Estimates for Appropriations Committees
45 Fiscal Year 2012, 2012.
46
47 40. Food and Drug Administration. The Nutrition Review Project. Report to the Director, Center
48 for Food Safety and Applied Nutrition, 2014.
49
50 41. Martin AB, Hartman M, Washington B, et al. National Health Care Spending In 2017:
51 Growth Slows To Post-Great Recession Rates; Share Of GDP Stabilizes. *Health affairs*
52 *(Project Hope)* 2019;38(1):101377hlthaff201805085. doi: 10.1377/hlthaff.2018.05085
53 [published Online First: 2018/12/07]
54
55 42. French EB, McCauley J, Aragon M, et al. End-Of-Life Medical Spending In Last Twelve
56 Months Of Life Is Lower Than Previously Reported. *Health affairs (Project Hope)*
57 2017;36(7):1211-17. doi: 10.1377/hlthaff.2017.0174 [published Online First: 2017/07/07]
58
59 43. Hogan C, Lunney J, Gabel J, et al. Medicare beneficiaries' costs of care in the last year of
60 life. *Health affairs (Project Hope)* 2001;20(4):188-95. doi: 10.1377/hlthaff.20.4.188
[published Online First: 2001/07/21]

- 1
2
3
4 44. Yabroff KR, Davis WW, Lamont EB, et al. Patient time costs associated with cancer care.
5 *Journal of the National Cancer Institute* 2007;99(1):14-23. doi: 10.1093/jnci/djk001
6 [published Online First: 2007/01/05]
- 7 45. Yabroff KR, Guy GP, Jr., Ekwueme DU, et al. Annual patient time costs associated with
8 medical care among cancer survivors in the United States. *Medical care* 2014;52(7):594-
9 601. doi: 10.1097/mlr.000000000000151 [published Online First: 2014/06/14]
- 10 46. Zheng Z, Yabroff KR, Guy GP, Jr., et al. Annual Medical Expenditure and Productivity Loss
11 Among Colorectal, Female Breast, and Prostate Cancer Survivors in the United States.
12 *Journal of the National Cancer Institute* 2016;108(5) doi: 10.1093/jnci/djv382 [published
13 Online First: 2015/12/26]
- 14 47. Guy GP, Jr., Ekwueme DU, Yabroff KR, et al. Economic burden of cancer survivorship
15 among adults in the United States. *Journal of clinical oncology : official journal of the*
16 *American Society of Clinical Oncology* 2013;31(30):3749-57. doi:
17 10.1200/jco.2013.49.1241 [published Online First: 2013/09/18]
- 18 48. Sanders GD, Neumann PJ, Basu A, et al. Recommendations for Conduct, Methodological
19 Practices, and Reporting of Cost-effectiveness Analyses: Second Panel on Cost-
20 Effectiveness in Health and Medicine. *Jama* 2016;316(10):1093-103. doi:
21 10.1001/jama.2016.12195 [published Online First: 2016/09/14]
- 22 49. Neumann PJ, Cohen JT, Weinstein MC. Updating cost-effectiveness--the curious resilience
23 of the \$50,000-per-QALY threshold. *The New England journal of medicine*
24 2014;371(9):796-7. doi: 10.1056/NEJMp1405158 [published Online First: 2014/08/28]
- 25 50. Greenberg D, Earle C, Fang CH, et al. When is cancer care cost-effective? A systematic
26 overview of cost-utility analyses in oncology. *Journal of the National Cancer Institute*
27 2010;102(2):82-8. doi: 10.1093/jnci/djp472 [published Online First: 2010/01/09]
- 28 51. Tina Shih YC, Dong W, Xu Y, et al. Assessing the Cost-Effectiveness of Updated Breast
29 Cancer Screening Guidelines for Average-Risk Women. *Value in health : the journal of*
30 *the International Society for Pharmacoeconomics and Outcomes Research*
31 2019;22(2):185-93. doi: 10.1016/j.jval.2018.07.880 [published Online First: 2019/02/04]
- 32 52. Ladabaum U, Mannalithara A, Meester RGS, et al. Cost-Effectiveness and National Effects
33 of Initiating Colorectal Cancer Screening for Average-Risk Persons at Age 45 Years
34 Instead of 50 Years. *Gastroenterology* 2019;157(1):137-48. doi:
35 10.1053/j.gastro.2019.03.023 [published Online First: 2019/04/02]
- 36 53. Roth JA, Gulati R, Gore JL, et al. Economic Analysis of Prostate-Specific Antigen Screening
37 and Selective Treatment Strategies. *JAMA oncology* 2016;2(7):890-8. doi:
38 10.1001/jamaoncol.2015.6275 [published Online First: 2016/03/25]
- 39 54. Du M, Griecci CF, Kim DD, et al. Cost-Effectiveness of a National Sugar-Sweetened
40 Beverage Tax to Reduce Cancer Burden and Disparities in the United States. *JNCI*
41 *Cancer Spectrum* 2020
- 42 55. Du M, Griecci CF, Cudhea FF, et al. Cost-effectiveness Analysis of Nutrition Facts Added-
43 Sugar Labeling and Obesity-Associated Cancer Rates in the US. *JAMA Network Open*
44 2021;4(4):e217501-e01. doi: 10.1001/jamanetworkopen.2021.7501
- 45 56. Wilde P, Huang Y, Sy S, et al. Cost-Effectiveness of a US National Sugar-Sweetened
46 Beverage Tax With a Multistakeholder Approach: Who Pays and Who Benefits. *Am J*
47 *Public Health* 2019;109(2):276-84. doi: 10.2105/AJPH.2018.304803 [published Online
48 First: 2018/12/20]
- 49
50
51
52
53
54
55
56
57
58
59
60

- 1
2
3 57. Huang Y, Kypridemos C, Liu J, et al. Cost-Effectiveness of the US Food and Drug
4 Administration Added Sugar Labeling Policy for Improving Diet and Health. *Circulation*
5 2019;139(23):2613-24. doi: 10.1161/CIRCULATIONAHA.118.036751 [published
6 Online First: 2019/04/15]
7
8 58. Zhang FF, Cudhea F, Shan Z, et al. Preventable Cancer Burden Associated With Poor Diet in
9 the United States. *JNCI Cancer Spectr* 2019;3(2):pkz034. doi: 10.1093/jncics/pkz034
10 [published Online First: 2019/07/31]
11
12 59. Feng W, Fox A. Menu labels, for better, and worse? Exploring socio-economic and race-
13 ethnic differences in menu label use in a national sample. *Appetite* 2018;128:223-32. doi:
14 10.1016/j.appet.2018.06.015 [published Online First: 2018/06/13]
15
16 60. Green JE, Brown AG, Ohri-Vachaspati P. Sociodemographic disparities among fast-food
17 restaurant customers who notice and use calorie menu labels. *Journal of the Academy of*
18 *Nutrition and Dietetics* 2015;115(7):1093-101. doi: 10.1016/j.jand.2014.12.004
19 [published Online First: 2015/02/11]
20
21 61. Lee-Kwan SH, Pan L, Maynard LM, et al. Factors Associated with Self-Reported Menu-
22 Labeling Usage among US Adults. *Journal of the Academy of Nutrition and Dietetics*
23 2016;116(7):1127-35. doi: 10.1016/j.jand.2015.12.015 [published Online First:
24 2016/02/10]
25
26 62. Malloy-Weir L, Cooper M. Health literacy, literacy, numeracy and nutrition label
27 understanding and use: a scoping review of the literature. *J Hum Nutr Diet*
28 2017;30(3):309-25. doi: 10.1111/jhn.12428 [published Online First: 2016/10/13]
29
30 63. Nogueira LM, Thai CL, Nelson W, et al. Nutrition Label Numeracy: Disparities and
31 Association with Health Behaviors. *American journal of health behavior* 2016;40(4):427-
32 36. doi: 10.5993/ajhb.40.4.4 [published Online First: 2016/06/25]
33
34 64. Gortmaker SL, Wang YC, Long MW, et al. Three Interventions That Reduce Childhood
35 Obesity Are Projected To Save More Than They Cost To Implement. *Health affairs*
36 *(Project Hope)* 2015;34(11):1932-9. doi: 10.1377/hlthaff.2015.0631 [published Online
37 First: 2015/11/04]
38
39 65. Kuo T, Jarosz CJ, Simon P, et al. Menu labeling as a potential strategy for combating the
40 obesity epidemic: a health impact assessment. *Am J Public Health* 2009;99(9):1680-86.
41 doi: 10.2105/AJPH.2008.153023 [published Online First: 2009/07/16]
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 **Figure 1.** Estimated New Cancer Cases and Deaths Prevented by Federal Menu Calorie Labeling Policy
4
5 in the US by Cancer Type over a Lifetime
6
7

8
9
10 **Figure 2.** Probabilistic Sensitivity Analyses (PSA) for Cost-Effectiveness of the Federal Menu Calorie
11
12 Labeling Policy over 10 years and a Lifetime
13

14 **Legend:** Values are presented in cost-effectiveness planes of net costs (\$millions) versus incremental
15
16 quality-adjusted life years (QALYs). For each policy scenario, each colored dot represents one of the
17
18 1000 simulations, with the largest dot showing the median incremental cost-effectiveness ratio (ICER,
19
20 \$/QALY); and the ellipse representing the 95% UIs. Results are presented from the societal perspective
21
22 and the healthcare perspective. Negative values indicate cost savings.
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

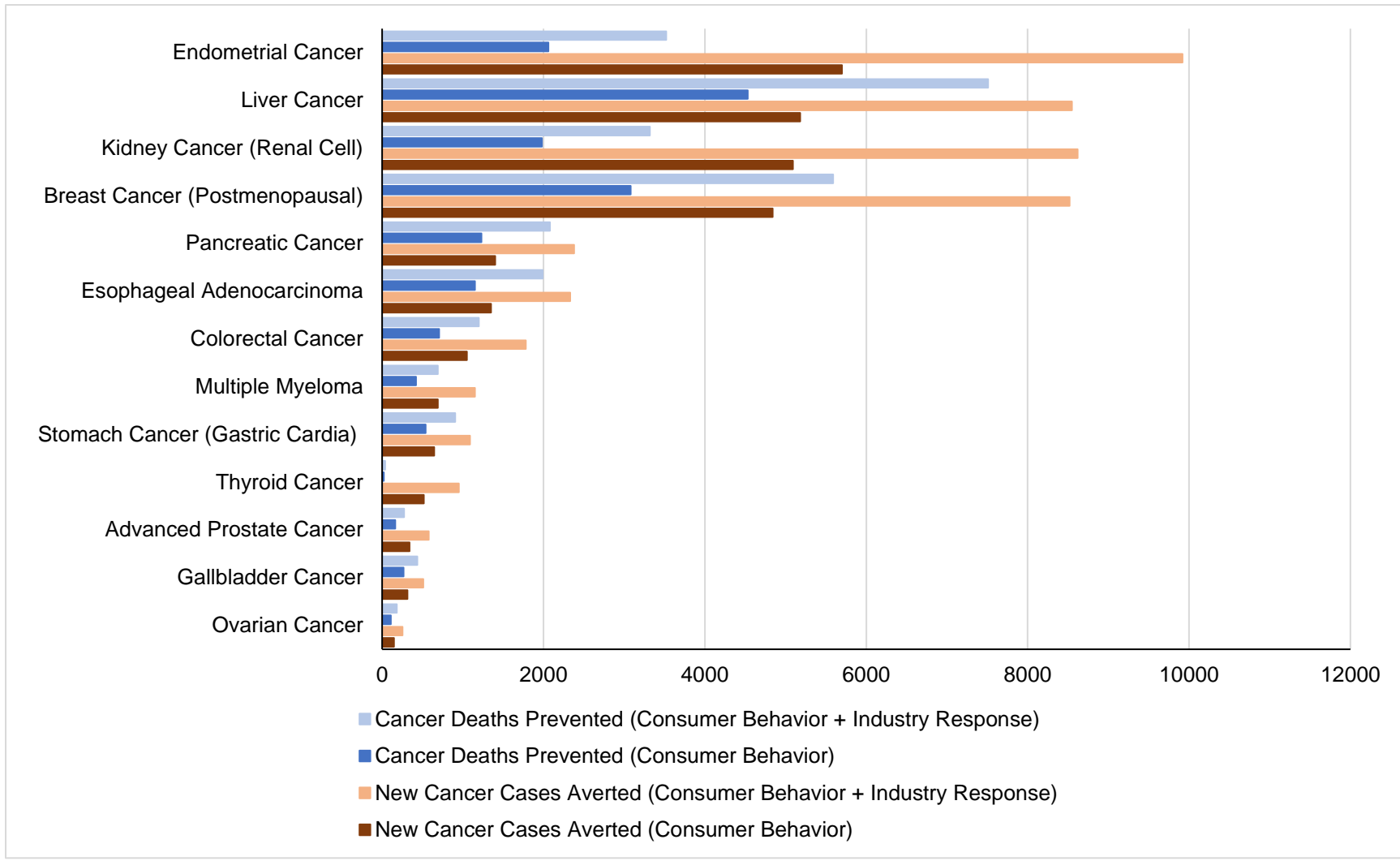
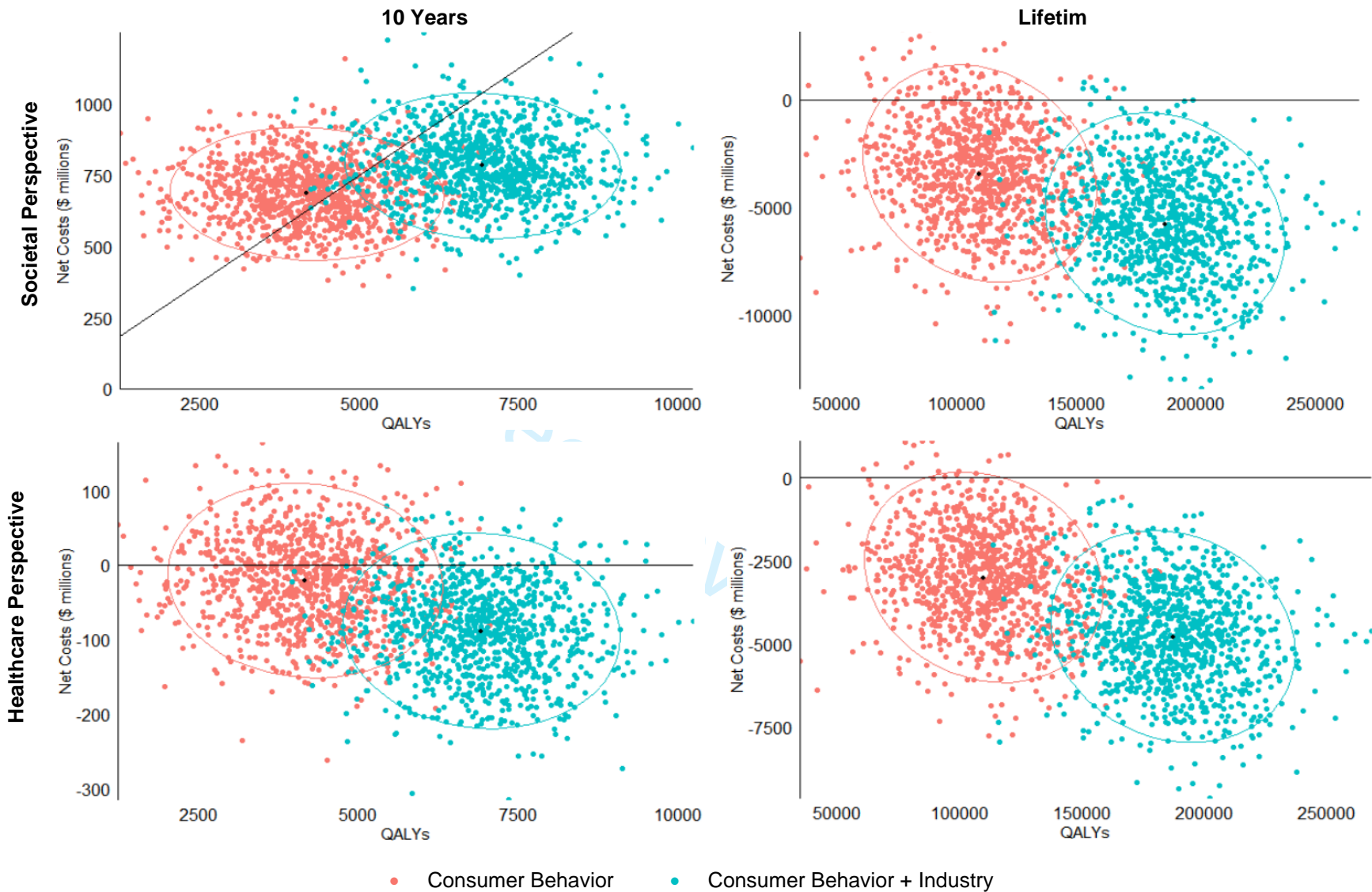


Figure 1. Estimated New Cancer Cases and Deaths Prevented by Federal Menu Calorie Labeling Policy in the US by Cancer Type over a Lifetime



Values are presented in cost-effectiveness planes of net costs (\$millions) versus incremental quality-adjusted life years (QALYs). For each policy scenario, each colored dot represents one of the 1000 simulations, with the largest dot showing the median incremental cost-effectiveness ratio (ICER, \$/QALY); and the ellipse representing the 95% UIs. Results are presented from the societal perspective and the healthcare perspective. Negative values indicate cost savings.

Figure 2. Probabilistic Sensitivity Analyses (PSA) for Cost-Effectiveness of the Federal Menu Calorie Labeling Policy over 10 years and a Lifetime

1
2
3 **Title** Cost-Effectiveness Analysis of the Federal Menu Calorie Labeling and Obesity-Associated Cancer
4 Burdens in the United States
5

6
7 **Appendix 1.** Estimate the Association Between Menu Calorie Labeling Policy and Calorie Intake from
8 Restaurant Meals

9 **Appendix Table 1.** Policy impact of menu calorie labeling on consumer behaviors

10 **Appendix Table 2.** Policy impact of menu calorie labeling on restaurant industry response

11 **Appendix 2.** Baseline Cancer Incidence and Methods of Cancer Incidence Projections for 13 Types of
12 Cancers
13

14 **Appendix Table 3.** Estimating “crude” incidence after applying the cohort-period method

15 **Appendix 3.** Cancer Survival for 13 Types of Cancers

16 **Appendix Table 4.** Period Method for 5-Year Relative Survival for 2014

17 **Appendix 4.** Methods of Estimating the Health-Related Quality of Life Among 13 Types of Cancers

18 **Appendix 5.** Methods of Estimating Policy Implementation Costs

19 **Appendix Table 5.** Implementation Cost Estimates for the Federal Menu Calorie Labeling Policy (in
20 2015 US Dollars)

21 **Appendix Table 6.** The Population Size of People Who are Alive Each Year Over a Lifetime (in
22 millions)
23

24 **Appendix 6.** Annual Health-Related Costs Among Cancer Patients and the General Population without
25 Cancer
26

27 **Appendix Table 7.** Description of Data Source of Health-Related Expenditures
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Appendix 1. Estimate the association between menu calorie labeling policy and calorie intake from restaurant meals

To understand the effects of the federal menu calorie labeling policy, we performed a comprehensive literature search and reviewed the evidence on how the policy affected consumer behaviors and industry.

To estimate the policy effect on consumer behavior alone, we reviewed individual studies in both real-world and experimental settings as well as meta-analyses (**Appendix Table 1**). A meta-analysis of natural experimental studies showed that menu calorie labeling was associated with a 7.3% (95% CI: 4.4% to 10.1%) reduction in calories per meal consumed/purchased.¹ This effect estimate is corresponding to an average reduction of 23.5 kcal per meal consumed by NHANES participants from 56.5% of full-service restaurants² and all fast-food restaurants. This estimate was consistent with evidence from a previous meta-analysis and a recent real-world study.^{3,4} A previous meta-analysis estimated that the menu calorie labeling would lead to about an 18 kcal reduction ordered per meal.³ A recent longitudinal study used data from a large restaurant franchise in the southern U.S. and estimated that, after labeling implementation, a decrease of 60 kcal per transaction was observed in the first year, followed by an increasing trend of 0.71 kcal per transaction per week over two years.⁴ These together attenuated the calorie reduction to 23 kcal per transaction by the end of the third year of the policy implementation.⁵ Compared to other studies, the 7.3% calorie reduction per meal represents a more conservative estimate. It was reported in a cross-sectional study that customers at the labeled full-service restaurants purchased food with 151 fewer calories.⁶ One meta-analysis of studies that evaluated energy ordered in a real-world setting showed that the calorie labeling policy would lead to a mean reduction of 77.8 in calories purchased per meal.⁷ In a laboratory setting, there was a significant reduction of 115.3 kcal per meal ordered.⁸ Integrating both the real-world and experimental studies, the policy was

1
2
3 estimated to generate a significant reduction of 100.3 in calories purchased.⁷ Therefore, we decided to
4 use a reduction of calorie intake per meal by 7.3% (95% CI: 4.4% to 10.1%) as the model input given it
5 is the most updated and conservative estimate supported by existing evidence. This policy effect on
6 consumer behavior alone was assumed to take effect during the first year of implementation and no
7 further reduction thereafter.
8
9

10
11
12
13
14 Based on the published literature, we estimated that there was a 5% reduction in calories
15 consumed per meal from chain restaurants due to industry reformulation, the introduction of new low-
16 calorie menu items, or the replacement of menu items high in calories with low-calorie menu options.<sup>9-
17 13</sup> Bleich et al. estimated the calorie changes in chain restaurants' menu items using data from the largest
18 chain restaurants in the U.S.⁹⁻¹³ Using the estimated mean calorie per menu item from the two published
19 studies shown in **Appendix Table 2**,^{11, 12} we calculated the mean change in calories per menu item
20 before and after the policy implementation. Given the national law was announced in 2010, using data
21 from the trend analysis, we treated the mean calorie per menu item measured in 2008 as the baseline and
22 found there was an 11% reduction in calories per menu item two years after the affordable care act was
23 enacted. The change decreased to 7% in 2015, one year after the FDA announced the final rule for the
24 industry to comply with. In the study evaluated the calorie content in current menu items, eliminated
25 menu items, and newly introduced menu items, we estimated that there was a 1% reduction in mean per-
26 item calories in 2013-2014 compared to that in 2012, and the reduction increased to 5% in 2015. Based
27 on this de novo analysis, we chose a reduction in calories per meal consumed by 5% to represent a
28 modest industry reformulation in response to the federal menu calorie labeling by chain restaurants. We
29 assumed no industry response in the first year, then the reformulation activities would occur in the rest
30 of the years over the model lifetime, resulting in a net reduction of 5% in calories consumed per meal.
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Appendix Table 1. Policy impact of menu calorie labeling on consumer behaviors

Study	Design	Year, country	Estimate size mean (95% CI)	Comment
Shangguan et. al., 2019 ¹ A Meta-Analysis of Food Labeling Effects on Consumer Diet Behaviors and Industry Practices	Meta-analysis 13 studies (5 RCTs) with 19 interventions on changes in calorie intake per meal, among children and adults	2000 to 2015, US, Canada, UK, Sweden	-7.3% (-10.1%, -4.4%) in calorie intake per meal	Corresponds to a 23.5 kcal per meal consumed by NHANES participants from 56.5% of full-service restaurants ² and all fast-food restaurants
Petimar et. al., 2019 ⁴ Estimating the effect of calorie menu labeling on calories purchased in a large restaurant franchise in the southern United States: quasi-experimental study	Quasi-experimental longitudinal study Transaction data from 104 restaurants of a national fast food company with three different restaurant chains located in the Louisiana, Texas, and Mississippi in the US	2015 to 2018 (pre-labeling: April 2015 to April 2017; post-labeling: April 2017 to April 2018), US	-60 (-48, -72) kcal in calorie purchased per transaction, followed by a post-implementation increasing trend of 0.71 kcal per transaction per week	Because of the post-implementation increase, the estimated reduction in calorie per transaction was 23 kcal lower than the counterfactual.
Cantu-Jungles et. al., 2017 ⁸ A Meta-Analysis to Determine the Impact of Restaurant Menu Labeling on Calories and Nutrients (Ordered or Consumed) in U.S. Adults	Meta-analysis 14 studies that evaluated menu calorie labeling on changes in calorie chosen in laboratory and away-from-home settings, among children and adults	1996 to 2014	-115.2 (-130.87, -99.5) kcal in calorie ordered or consumed per meal in laboratory setting	N/A
Littlewood et. al., 2016 ⁷ Menu labelling is effective in reducing energy ordered and consumed: a systematic review and meta-analysis of recent studies	Systematic review and meta-analysis 12 studies (6 RCTs) on changes in calorie consumed, ordered, or selected in both real-world and experimental settings, among children and adults	2011 to 2014, US, Canada, Australia,	-100.3 (-146.6, -54.0) kcal in calorie consumed in both settings per meal or transaction (3 studies) -77.8 (-121.6, -34.1) kcal in calorie purchased per meal or transaction in real-world setting (5 studies)	N/A
Long et. al., 2015 ³ Systematic Review and Meta-analysis of the Impact of Restaurant Menu Calorie Labeling	Systematic review and meta-analysis 19 studies (11 RCTs, 8 natural experiments) on changes in calorie purchased per meal or per transaction, among children and adults	2008 to 2013, US	-18.1 (-33.6, -2.70) kcal in calorie purchased per meal or per transaction When stratifying by restaurant and non-restaurant settings (RCTs), the changes were -6.7 (-20.21, 6.81) kcal and -58.2 (-102.4, -13.9) kcal in calorie	N/A

			purchased per meal or per transaction	
Auchincloss et. al., 2013 ⁶	Cross-sectional study 648 customer surveys and transaction receipts at 7 restaurant outlets of 1 large full-service restaurant chain (2 outlets with menu calorie labels and 5 without), among adults	2011, US	-151 kcal (-270, -33) for foods purchased from full-service restaurants (per meal)	Was included in the meta-analysis conducted by Cantu-Jungles et. al., 2017 ⁸

Appendix Table 2. Policy impact of menu calorie labeling on restaurant industry response

Study		Year				
		2008	2012	2013	2014	2015
Bleich et. al., 2017 ¹¹	# of menu items (n)	6,601	9,526	10,278	10,654	11,034
Calorie changes in large chain restaurants from 2008 to 2015	mean per-item calories (kcal)	368.0	329.1	330.1	337.2	340.6
44 of the 100 largest chain restaurants						
	diff. (%)		2012 vs. 2008 -38.9 (-11%)			2015 vs. 2008 -27 (-7%)
Bleich et. al., 2018 ¹²	# of menu items (n)		14,705	17,219 (2013-2014)		13,920
Higher-Calorie Menu Items Eliminated in Large Chain Restaurants	mean per-item calories (kcal)		374.4	370.9		357.4
66 of the 100 largest chain restaurants						
	diff. (%)			2013-2014 vs. 2012 -3.52 (-1%)		2015 vs. 2012 -17.05 (-5%)

Appendix 2. Baseline cancer incidence and methods of cancer incidence projections for 13 types of cancers

We estimated the cancer incidence rate projections for the defined 32 demographic subgroups as inputs for the DiCOM model. We first obtained age-adjusted incidence rates from 2006 to 2015 from the United States Cancer Statistics combining data from the Surveillance, Epidemiology, and End Results (SEER) database and the Centers for Disease Control and Prevention's National Program of Cancer Registries (NPCR) database.¹⁴

Based on the trends from 2006 to 2015, we projected age-adjusted cancer incidence rates in the next 15 years from 2016 to 2030 using the average annual percent change (AAPC) method.^{15, 16} Because longer-term projections may not be valid, we chose to hold age-adjusted cancer incidence rates constant from 2030 to 2095. Specifically, the annual percent change was calculated for each cancer site in each of the 32 subgroups by fitting a regression line to the natural logarithm of the age-adjusted rates (I) in the years 2006 through 2015 (y). The equation for AAPC: $\ln(I) = \alpha + \beta y$, where α and β were coefficients to be estimated and y is the calendar year.^{15, 16} We then combined the AAPC projected cancer incidence rates with the projected US population to account for the change in population age distribution over time. The projected US population in each of the 32 subgroups from 2016 to 2060 were extracted from the National Interim Projections of the US population.¹⁷ Because projections were only available through 2060, further projections after 2060 were not considered. We further applied the cohort-period method to estimate cancer incidence in each of the 32 subgroups in the closed cohort of US adults from 2015 to 2095 as they age. Details were illustrated in **Appendix Table 3** using colon and rectum cancer incidence among non-Hispanic white females (NHWF) as an example.

Appendix Table 3. Estimating “crude” incidence after applying cohort-period method

EXAMPLE: Colon and Rectum Cancer, Non-Hispanic White Females														
Age	2015			2016			2017			2018				
	Baseline Incidence Rate	Population Size	AAPC Predicted Incidence	US Census Predicted Population Size	Cancer Cases Predicted	Age Shifted “crude” Incidence	AAPC Predicted Incidence	US Census Predicted Population Size	Cancer Cases Predicted	Age Shifted “crude” Incidence	AAPC Predicted Incidence	US Census Predicted Population Size	Cancer Cases Predicted	Age Shifted “crude” Incidence
20	8.531	30523184	8.694	1134235		10.64	8.859	126079		11.694	9.028	117775		13.82
21	8.531		8.694	156761	100565		8.859	197549			9.028	129379		
22	8.531		8.694	177144	102337		8.859	159788	102748		9.028	140620		
23	8.531		8.694	196469	14017		8.859	180122	104550		9.028	152784	104976	
24	8.531		8.694	239910	107707		8.859	199459	106263		9.028	183136	106813	
25	8.531		8.694	283513	11685		8.859	247139	110009		9.028	202329	108546	
26	8.531		8.694	294013	12497		8.859	286229	113950		9.028	244499	12353	
27	8.531		8.694	250740	108735		8.859	296475	114858		9.028	288797	16352	
28	8.531		8.694	232421	107143		8.859	253062	11012		9.028	298770	17252	
29	8.531		8.694	216039	105719		8.859	234519	109369		9.028	255161	113315	
30	8.531		8.694	228929	106839		8.859	217844	107892		9.028	236330	11615	
31	8.531		8.694	244281	108174		8.859	230337	108999		9.028	21912	10079	
32	8.531		8.694	205955	104842		8.859	245249	110320		9.028	231390	11169	
33	8.531		8.694	226950	106667		8.859	206736	106908		9.028	246013	12489	
34	8.531		8.694	226234	106605		8.859	227540	108751		9.028	207377	109001	
35	8.531		8.694	217701	105863		8.859	226721	108678		9.028	228051	10868	
36	8.531		8.694	228467	106799		8.859	218111	107918		9.028	227199	10791	
37	8.531		8.694	180971	100931		8.859	228796	108862		9.028	218528	10008	
38	8.531		8.694	139547	99069		8.859	116267	102879		9.028	229044	10958	
39	8.531		8.694	127605	98030		8.859	139679	100967		9.028	161414	104852	
40	8.531		8.694	1088875	94663		8.859	127530	99891		9.028	139635	102886	
41	8.531		8.694	190467	98279		8.859	1088644	96446		9.028	127272	10770	
42	8.531		8.694	110345	95747		8.859	129951	100105		9.028	108229	98245	
43	8.531		8.694	130264	98262		8.859	110015	97506		9.028	129228	101946	
44	8.531		8.694	121011	105229		8.859	129268	100045		9.028	1099713	99282	
45	41269	14238423	41919	139769	553230	43.775	42.579	108976	54771	45.825	43.250	128045	487878	47.459
46	41269		41919	1346596	564476		42.579	137806	56110		43.250	207332	522169	
47	41269		41919	1292274	547105		42.579	1344191	572344		43.250	1315541	568969	
48	41269		41919	1264917	530237		42.579	1289694	549140		43.250	1341533	580211	
49	41269		41919	1295410	543019		42.579	1262140	537408		43.250	1286923	556592	
50	41269		41919	1325816	555765		42.579	1292230	550220		43.250	1259139	544576	
51	41269		41919	1432079	600309		42.579	1322198	562980		43.250	1288813	557410	
52	41269		41919	1489756	624487		42.579	1427705	607904		43.250	1318321	570172	
53	41269		41919	1510286	633093		42.579	1484805	632216		43.250	1423107	615492	
54	41269		41919	1532940	642589		42.579	1504858	640755		43.250	1499608	639928	
55	59.736	1511568	58.496	1575080	921363	65.864	57.283	1526976	874691	71.135	56.094	146151	840934	75.804
56	59.736		58.496	1579128	923731		57.283	1568482	898466		56.094	1520747	853048	
57	59.736		58.496	1554236	909170		57.283	1572018	900492		56.094	1561581	875954	
58	59.736		58.496	1566074	916095		57.283	1546788	886040		56.094	1564631	877664	
59	59.736		58.496	1559941	912507		57.283	1558015	892471		56.094	1539019	863298	
60	59.736		58.496	1509257	882859		57.283	1551289	888618		56.094	1549572	869217	
61	59.736		58.496	1507776	881993		57.283	1500225	859367		56.094	1542155	865062	
62	59.736		58.496	1469467	859583		57.283	1497943	858060		56.094	1490621	836199	
63	59.736		58.496	1428612	835685		57.283	1458963	835731		56.094	1487453	834372	
64	59.736		58.496	1384020	809600		57.283	1417465	819601		56.094	1447782	812119	
65	147.246	20639658	140.189	1344027	1884181	140.189	133.471	1372210	1831501	133.471	127.075	1405568	1786119	127.075
66	147.246		140.189	1307657	1833194		133.471	1331467	1777121		127.075	1395984	1727685	
67	147.246		140.189	1291598	1810681		133.471	1294222	1727410		127.075	1318007	1674851	
68	147.246		140.189	1292613	1812104		133.471	1277026	1704458		127.075	1279194	1626292	
69	147.246		140.189	1382868	1938632		133.471	1276471	1703717		127.075	1261379	1602891	
70	147.246		140.189	1387587	1944990		133.471	1363827	1820312		127.075	1259177	1600093	
71	147.246		140.189	1382267	1877032		133.471	1372764	1898357		127.075	1343441	1707171	
72	147.246		140.189	1372611	1863496		133.471	1366021	1893357		127.075	1356905	1715982	
73	147.246		140.189	1329822	1820091		133.471	1354967	1874603		127.075	1348632	1705469	
74	147.246		140.189	1274564	1726044		133.471	1329254	1824824		127.075	1338077	169515	
75	147.246		140.189	1296574	1716711		133.471	1355200	1844443		127.075	1327097	1733635	
76	147.246		140.189	1274848	1648402		133.471	1377087	1837185		127.075	1334495	17060430	
77	147.246		140.189	1206707	160727		133.471	1272604	1711140		127.075	1256255	161007	
78	147.246		140.189	1294044	162451		133.471	1285495	1719936		127.075	1250976	161115	
79	147.246		140.189	1265026	162619		133.471	1285756	176578		127.075	1262851	162315	
80	147.246		140.189	1295777	163515		133.471	1260790	1803215		127.075	1263555	1603816	
81	147.246		140.189	1272977	1603252		133.471	1257026	1762154		127.075	1277004	1733225	
82	147.246		140.189	1252332	158234		133.471	1246330	1729192		127.075	1244674	1692142	
83	147.246		140.189	1296976	166707		133.471	1285519	1848027		127.075	1279986	1682228	
84	147.246		140.189	1275655	1666817		133.471	1267692	1824233		127.075	1257134	1680901	
85	147.246		140.189	1252173	1633898		133.471	1244106	1759252		127.075	1243698	1655186	
86	147.246		140.189	1228834	160179		133.471	1248526	1758610		127.075	1241116	1622678	
87	147.246		140.189	1283933	158233		133.471	1293130	1824714		127.075	1283961	167917	
88	147.246		140.189	1266801	150096		133.471	1288261	184827		127.075	126875	1653497	
89	147.246		140.189	1206444	149508		133.471	128962	1826923		127.075	124275	1639706	
90	147.246		140.189	1278562	139054		133.471	1283710	178670		127.075	1283306	160010	
91	147.246		140.189	1246568	1345662		133.471	1242960	1724281		127.075	1247721	1614790	
92	147.246		140.189	1209022	1293026		133.471	121695	182551		127.075	1208339	165381	
93	147.246		140.189	129864	128131		133.471	126399	183541		127.075	128878	167308	
94	147.246		140.189	128657	124382		133.471	120691	187782		127.075	124633	165927	
95	147.246		140.189	109277	123195		133.471	12531	180196		127.075	124362	165325	
96	147.246		140.189	80177	121399		133.471	186769	16811		127.075	124949	16730	
97	147.246		140.189	56739	119542		133.471	62172	182982		127.075	12474	185666	
98	147.246		140.189	42046	118944		133.471	42907	17268		127.075	124705	159858	
99	147.246		140.189	27405	11819		133.471	30959	14321		127.075	123659	140231	
100	147.246		140.189	49314	116933		133.471	50716	167691		127.075	122719	166992	

Appendix 3. Cancer survival for 13 types of cancers

We estimated the 5-year relative survival for the defined 32 demographic subgroups. We obtained five-year relative survival rates using the period analysis method from the United States Cancer Statistics which incorporates data from the Surveillance, Epidemiology, and End Results (SEER) database.¹⁴ The five-year survival for 2014, which was the most recently available data at the time of analysis, was used. These rates were extracted for each cancer type and by the defined 32 demographic subgroups for each cancer type. The rates are on a scale of 0-1.

Relative survival is a net survival measure representing cancer survival in the absence of other causes of death. Relative survival is defined as the ratio of the proportion of observed survivors in a cohort of cancer patients to the proportion of expected survivors in a comparable set of cancer-free individuals.¹⁸ Relative survival is the preferred method to estimate survival from cancer registry data.

The period analysis is a method that enhances up-to-date monitoring of survival.^{19, 20} In contrast to traditional cohort analysis of survival, period analysis derives long-term survival estimates exclusively from the survival experience of patients within some recent calendar period.^{19, 20} Three-year intervals were chosen which results in the years 2008-2014 is used to calculate 5-year survival. Using seven years of data to calculate 5-year survival is the standard method used by SEER and used in SEER publications.²¹

The first interval contributed to the one-year survival and used cases diagnosed in 2012-2014, the second interval contributed to the two-year survival and used cases diagnosed in 2011-2013, the third interval contributed to the three-year survival and used cases diagnosed in 2010-2012, the fourth interval contributed to the four-year survival and used cases diagnosed in 2009-2011 and the fifth interval contributed to the five-year survival and used cases diagnosed in 2008-2010.

1
2
3 This analysis, therefore, used 2008-2014 diagnoses to calculate for 5-year relative survival for
4
5 2014. The highlighted orange boxes represent survival contributions for each year of diagnosis and year
6
7 of follow-up (**Appendix Table 4**). The annual probability of death was calculated as $1 - \exp[\ln(5\text{-year}$
8
9 relative survival)/5].
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

For peer review only

Appendix Table 4. Period method for 5-year relative survival for 2014

YEARS OF DIAGNOSIS															
	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
1															
2															
3															
4															
5															

For peer review only

Appendix 4. Methods of estimating the health-related quality of life among 13 types of cancers

Health utility values range from 0 (dead) to 1 (perfect health) and were assigned for each cancer type and by phase of care (initial, continuous, end of life), if available. We first searched databases for systematic reviews pertaining to utility weights or HRQOL measures for each cancer type of interest separately. We started with PubMed and searched Google Scholar if needed. The following search string was used for each cancer type : ("health related quality of life" OR "HRQOL" OR "quality of life" OR "QOL" OR "preference weight*" OR "utility weight*" OR "health state utilit*" OR "health utility*") AND ("cancer of interest") AND ("cancer" OR "neoplasm*") AND ("review" OR "systematic review").

When an appropriate systematic review was identified, we read the articles included in the review and determined if the paper met the following data needs. Data Extraction Hierarchy: 1) cancer type specific to the type of interest; 2) consistent in the instrument used, prefer EQ-5D whenever available; 3) US samples preferred; 4) phase of care (assume same utility weights by phase if the phase of care data were not available). If no systematic reviews were available, we searched for individual studies about the utility weights of the cancer of interest. Additionally, check how often the paper is cited to see if it is a frequently used utility weight.

Appendix 5. Methods of estimating policy implementation costs

We estimated the costs of implementing the federal menu calorie labeling for both government and industry, including government administration costs, monitoring and evaluation costs, industry compliance costs and reformulation costs, based on the FDA's budget report,²² the Nutrition Review Project report,²³ and FDA's RIA²⁴ (**Appendix Table 5**).

It was estimated by FDA that approximately 298,600 establishments, organized under 2,130 chains were covered by the menu calorie labeling policy. Among the covered establishments, 115,000 (38.5%) were full-service restaurants and drinking places organized under 530 (24.9%) chains, and 116,200 (38.9%) were limited-service restaurants organized under 540 (25.4%) chains. In total, about 231,200 (77.4%) restaurants organized under 1,070 (50.2%) chains were covered by this policy.²⁴

For industry compliance (#3) and reformulation costs (#4), the FDA estimated the costs by the type of establishments. Therefore, we only included the relevant costs incurred by restaurants as this approach generated more conservative estimates. In addition, the industry compliance costs consist of initial costs and recurring costs associated with new chains. In FDA's RIA, the initial costs were presented as a one-time cost, while the recurring costs associated with new chains were presented as annual costs and assumed to be incurred for 20 years starting from the 2nd year of policy implementation. According to FDA, 20 years is more appropriate for interventions that play out over long periods and whose effects deal with chronic conditions. Similarly, the reformulation costs (#4) estimated by FDA were presented as annual costs in FDA's RIA using the same assumption. We followed the same assumption and presented the annual compliance costs (#3) and annual reformulation costs (#4) incurred by restaurants in **Appendix Table 5**.

1
2
3 The cost of implementing the menu calorie labeling is fixed by the government. Uncertainty for
4 the costs associated with government administration (#1) and government monitoring and evaluation (#
5 2) was not provided in the source materials.^{22, 23} We assumed that uncertainty is 20% around these costs.
6
7

8
9
10 For annual costs, namely the government monitoring and evaluation costs (#2) and the recurring
11 costs in industry compliance (part of #3), and the reformulation costs (#4), we applied a 3% discounting
12 rate recommended by the Second Panel on cost-effectiveness in health and medicine⁴ to reflect the
13 present value of future costs of government monitoring and evaluation, industry compliance and
14 industry reformulation. The model is a closed cohort model, so we computed the discounted present
15 value of per-person costs and total national costs for persons alive at implementation who remained
16 alive in each subsequent year (not for the larger total US population in each year, which also has growth
17 from immigration and new persons reaching the threshold age). The year-specific discounting factor is
18 estimated by $1/(1+3\%)^{(t-1)}$ (t is the number of years of policy intervention, t=1, 2, 3, ..., lifetime). As
19 our model estimated the costs and health outcomes based on a closed cohort and the population size
20 decline over time, we need to express the annual costs in proportion to the population at risk. The
21 population at risk was estimated based on the proportion of death (P_{dt} , t=1, 2, 3, ...) in each year. We
22 first obtained the proportion of people who are alive each year by calculating $1-P_{dt}$ (t=1, 2, 3, ...). Then
23 we multiplied the baseline population size of 235 million by the proportion of people who are alive each
24 year (**Appendix Table 6**).
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43

44 We then estimated the per-person annual cost for cost categories #2, #3 (annual part), and #4, by
45 dividing the annual cost estimated in the second year of implementing the policy among all US
46 populations by the population size in the second year. Specifically, for government monitoring and
47 evaluation, the per person annual cost is estimated $\$503,648/233,719,989=\0.00215 , the per person
48 annual cost for industry compliance recurring component is $\$/233,719,989=\$$, and that for reformulation
49
50
51
52
53
54
55
56
57
58
59
60

1
2
3 is \$662,800,000 /233,719,989=\$2.83587. Taken together, to estimate the discounted annual cost of #2,
4
5 #3 (annual part), and #4, we multiplied the population at risk, the per person annual cost estimated at
6
7 year-2, and the year-specific discounting factor, using: discounted annual cost = population at risk x per-
8
9 person annual cost x $1/(1+3\%)^{(t-1)}$.
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

For peer review only

Appendix Table 5. Implementation cost estimates for the federal menu calorie labeling policy (in 2015 US dollars)

Policy Effect	Cost Category	One-time Cost*	Annual Cost*	Source	Major Elements
Consumer behavior	1. Government administration [#]	\$9,073,620 (\$7,258,896 to \$10,888,344)	N/A	FDA FY 2012 Budget Report ²²	1) Costs for outreach, education, review of regulatory issues, developing training for inspectors, etc.
	2. Government monitoring and evaluation [#]	N/A	\$503,648 (\$402,918 to \$604,378) (starting from 2 nd year and last for a lifetime)	Nutrition Review Project report ²³	1) Monitor industry compliance 2) Evaluate the accuracy, usefulness, and health impact of the policy intervention
	3. Industry compliance	\$276,632,470 (\$225,552,530 to \$327,205,740)	\$27,648,591 (\$16,756,003 to \$38,649,212) (starting from 2 nd year and last for a lifetime)	FDA's RIA ²⁴ Table 4-8	1) Collecting and managing records of nutritional analysis for each standard menu item (initial cost + recurring cost associated with new chains) 2) Revising or replacing existing menus, menu boards, and providing full written nutrition information (initial cost + recurring cost associated with new chains) 3) Training employees to understand the nutrition information to help ensure compliance with the final requirements (initial cost + recurring cost associated with new chains) 4) Legal review (initial cost + recurring cost associated with new chains)
Industry response [^]	4. Industry reformulation	N/A	\$15,059,100 (\$5,791,900 to \$24,124,700) (starting from 2 nd year and last for a lifetime)	FDA's RIA ²⁴ Table 4-8	1) Annually recurring costs of nutrition analysis refer to the nutrition cost that will be incurred by the covered establishments due to the introduction of a new standard or reformulated standard menu items in their menus and the cost that will be incurred by new chains entering the industry 2) Annually recurring changes to menus or menu boards will be tied to new or reformulated standard menu items. In general, these future changes to menus will be incorporated into the natural menu

					<p>replacement cycle, so there will be no additional recurring menu update costs. However, all chain retail food establishments will need to provide additional written nutrition information for the reformulated or newly introduced menu items</p> <p>Average formula count, 6 new menu items, and 6 reformulated items per year FDA reformulation cost model</p>
--	--	--	--	--	--

*Policy intervention costs were inflated to 2015 US (December) dollars using the Consumer Price Index.

Given no range of uncertainty was provided in source materials, we assumed 20% uncertainty around these costs.

^Some chains or establishments may respond to increased consumer interest in caloric content standard menu items by reformulating existing menu items or by introducing new, lower-calorie items. The change in manufacturing costs associated with reformulating these items has not been included in the cost estimation, the FDA includes the cost associated with analyzing the nutrition information of new or reformulated items.

Peer review only

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47

Appendix Table 6. The population size of people who are alive each year over a lifetime (in millions)

Year	Population Size (Million)
1	235.2
2	233.7
3	232.1
4	230.4
5	228.2
⋮	⋮
67	5.832
68	4.348
69	3.157
70	2.233

Appendix 6. Annual health-related costs among cancer patients and the general population without cancer

The annual health-related costs data include: 1) medical expenditure, 2) productivity loss from missed workdays or disability, and 3) patient time cost associated with receiving care for cancer survivors by age (under 65 vs. above 65 years old) and phase of care (initial, continuing, end-year of life); 4) medical expenditure, 5) productivity loss, and 6) patient time cost for individuals without cancer by age and status of end year of life. The description of the data source and data structure were provided in **Appendix Table 7**.

We extracted the raw data for each of the costing components from the published literature.^{15, 25-29} The overall assumptions for data extraction include: 1) health-related costs for breast cancer among postmenopausal females, advanced prostate cancer, esophageal adenocarcinoma, and stomach cardia cancer, by age, sex, and phase of cancer care, were the same as those for breast cancer, prostate cancer, esophagus cancer, and stomach cancer; 2) if no data available for a specific cancer type, we assumed the costs for that cancer type were the same as the estimates of costs for all-cancer sites, e.g., medical expenditure for all-cancer sites were used to replace the medical expenditures for multiple myeloma, gallbladder, liver, and thyroid cancers; 3) we extracted the costs for end-year of life due to cancer death and assumed that death due to other causes is not a competing outcome; 4) we assumed that the end-year life medical expenditure for individuals without cancer does not vary by the 32 subgroups.

If a specific costing component was not reported directly in the raw data, we calculated the cost for that component based on available data. For example, the annual productivity loss for colorectal cancer was reported as a percentage of total health-related costs.²⁹ We multiplied the percentage and the total health-related costs to obtain the productivity loss for colorectal cancer. We also performed data imputation for unavailable data. For instance, the annual productivity loss for all-cancer sites was

1
2
3 reported by time interval since cancer diagnosis (diagnosed within one year vs. diagnosed greater than
4 one year).²⁵ To obtain this costing component by the defined phases of care, we calculated the weighted
5 means which was used as the annual productivity loss for the continuous phase. We then assumed that
6 the productivity loss in the initial phase and end-of-life phase of cancer care are 1.3 times and 4 times
7 the mean estimates based on available data for other cancers.^{15, 25} For individuals without cancer, we
8 assumed that the end-of-life productivity loss is 4 times to the mean estimate of the productivity loss.
9
10 The same rules applied to data imputation for patient time costs.

11
12 We then applied the age shifting to keep the expenditures consistent within each age group.
13
14 Starting from 2021, individuals in the cohort of 55-64 years old have turned into the cohort of 65 years
15 and older. Therefore, we assumed that starting from 2021, the health-related expenditures for individuals
16 who were in the cohort of 55-64 years old would be the same as those for individuals who were in the
17 cohort of 65 years and older at the beginning of the DiCOM model. Based on the same assumption,
18 starting from 2031 and 2047, the health-related expenditures for the cohort of 45-54 years old and those
19 for the cohort of 20-44 years old were projected to be the same as those for the cohort of 65 years and
20 older, respectively. We followed the same rule and applied the age shifting for the health-related
21 expenditures for individuals without cancer. All estimations and projections were performed in SAS 9.4.
22 All health-related expenditures were inflated to 2015 US dollars using the Personal Health Care (PHC)
23 index.

Appendix Table 7. Description of the data source of health-related expenditures

	A. Cancer Survivors		B. Individuals without Cancer	
	Data source (Excess or Total)	Category	Data source	Category
Medical expenditure	Mariotto et al. 2011, SEER-Medicare, in 2010 US dollars (Excess)	-by phase of care ¹ -by age (under 65 vs. above 65 years old) -by sex	Kim et al. 2018, MEPS 2013-2014, <i>in vivo</i> analysis, in 2014 US dollars (Total)	-Medical expenditure among all US adults -by 32 subgroups stratified by age, sex, and race/ethnicity
			Hogen et al. 2001, SEER-Medicare (65+), in 2001 US dollars (Total)	-Medical expenditure in the end year of life among all US adults
Productivity loss	Zheng et al. 2016, MEPS 2008-2012, data available for colorectal, female breast, and prostate cancers, in 2012 US dollars (Total)	-by age		
	Guy et al. 2013, MEPS 2008-2010, all types of cancer, in 2010 US dollars (Total)	-by age -by time interval since cancer diagnosis (less than 1 year vs. greater than 1 year) ²	Guy et al. 2013, MEPS 2008-2010, in 2010 US dollars (Total)	-by age
Patient time cost	Yabroff et al. 2014, MEPS 2008-2011, all types of cancer, in 2011 US dollars (Total)	-by age	Yabroff et al. 2014, MEPS 2008-2011, in 2011 US dollars (Total)	-by age

1. The definition of phases of care: 1) initial phase, defined as the first 12 months following diagnosis, 2) end-year of life phase, defined as the final 12 months of life, and 3) the continuing phase, defined as all the months between the initial phase and the end-year of life. The costs of end-year of life varied by cause of death, either cancer-specific death or death due to other causes.

2. Weighted means were calculated based on sample sizes and strata means.

Reference

1. Shangguan S, Afshin A, Shulkin M, et al. A Meta-Analysis of Food Labeling Effects on Consumer Diet Behaviors and Industry Practices. *American journal of preventive medicine*. Feb 2019;56(2):300-314. doi:10.1016/j.amepre.2018.09.024
2. Food and Drug Administration. Food Labeling; Nutrition Labeling of Standard Menu Items in Restaurants and Similar Retail Food Establishments; Calorie Labeling of Articles of Food in Vending Machines; Final Rule In: Department of Health and Human Services, editor. 2014.
3. Long MW, Tobias DK, Craddock AL, Batchelder H, Gortmaker SL. Systematic review and meta-analysis of the impact of restaurant menu calorie labeling. *Am J Public Health*. 2015;105(5):e11-e24. doi:10.2105/AJPH.2015.302570
4. Petimar J, Zhang F, Cleveland LP, et al. Estimating the effect of calorie menu labeling on calories purchased in a large restaurant franchise in the southern United States: quasi-experimental study. *BMJ (Clinical research ed)*. 2019;367:l5837-l5837. doi:10.1136/bmj.l5837
5. Kaur A, researcher, Briggs ADM, academic v. Calorie labelling to reduce obesity. *BMJ (Clinical research ed)*. 2019;367:l6119-l6119. doi:10.1136/bmj.l6119
6. Auchincloss AH, Mallya GG, Leonberg BL, Ricchezza A, Glanz K, Schwarz DF. Customer responses to mandatory menu labeling at full-service restaurants. *American journal of preventive medicine*. 2013;45(6):710-719. doi:10.1016/j.amepre.2013.07.014
7. Littlewood JA, Lourenço S, Iversen CL, Hansen GL. Menu labelling is effective in reducing energy ordered and consumed: a systematic review and meta-analysis of recent studies. *Public Health Nutr*. 2016;19(12):2106-2121. doi:10.1017/S1368980015003468
8. Cantu-Jungles TM, McCormack LA, Slaven JE, Slobodnik M, Eicher-Miller HA. A Meta-Analysis to Determine the Impact of Restaurant Menu Labeling on Calories and Nutrients (Ordered or Consumed) in U.S. Adults. *Nutrients*. 2017;9(10):1088. doi:10.3390/nu9101088
9. Bleich SN, Wolfson JA, Jarlenski MP. Calorie changes in chain restaurant menu items: implications for obesity and evaluations of menu labeling. *American journal of preventive medicine*. Jan 2015;48(1):70-5. doi:10.1016/j.amepre.2014.08.026
10. Bleich SN, Wolfson JA, Jarlenski MP. Calorie Changes in Large Chain Restaurants: Declines in New Menu Items but Room for Improvement. *American journal of preventive medicine*. 2016;50(1):e1-e8. doi:10.1016/j.amepre.2015.05.007
11. Bleich SN, Wolfson JA, Jarlenski MP. Calorie changes in large chain restaurants from 2008 to 2015. *Preventive medicine*. Jul 2017;100:112-116. doi:10.1016/j.ypmed.2017.04.004
12. Bleich SN, Moran AJ, Jarlenski MP, Wolfson JA. Higher-Calorie Menu Items Eliminated in Large Chain Restaurants. *American journal of preventive medicine*. Feb 2018;54(2):214-220. doi:10.1016/j.amepre.2017.11.004
13. Bleich SN, Wolfson JA, Jarlenski MP, Block JP. Restaurants With Calories Displayed On Menus Had Lower Calorie Counts Compared To Restaurants Without Such Labels. *Health affairs (Project Hope)*. 2015;34(11):1877-1884. doi:10.1377/hlthaff.2015.0512
14. Centers for Disease Control and Prevention. NPCR and SEER Incidence – U.S. Cancer Statistics Public Use Databases. United States Department of Health and Human Services, Centers for Disease Control and Prevention and National Cancer Institute. Accessed September 4, 2019. www.cdc.gov/cancer/uscs/public-use
15. Mariotto AB, Yabroff KR, Shao Y, Feuer EJ, Brown ML. Projections of the cost of cancer care in the United States: 2010-2020. *Journal of the National Cancer Institute*. Jan 19 2011;103(2):117-28. doi:10.1093/jnci/djq495
16. Clegg LX, Hankey BF, Tiwari R, Feuer EJ, Edwards BK. Estimating average annual per cent change in trend analysis. *Statistics in medicine*. Dec 20 2009;28(29):3670-82. doi:10.1002/sim.3733
17. United States Census Bureau. 2014 National Population Projections Tables. Accessed July 3, 2019. <https://www.census.gov/data/tables/2014/demo/popproj/2014-summary-tables.html>

- 1
2
3 18. National Cancer Institute. Surveillance research Program. Measures of Cancer Survival.
4 <https://surveillance.cancer.gov/survival/measures.html>
- 5 19. Brenner H, Hakulinen T. Up-to-date and precise estimates of cancer patient survival: model-based
6 period analysis. *American journal of epidemiology*. Oct 1 2006;164(7):689-96. doi:10.1093/aje/kwj243
- 7 20. Brenner H, Hakulinen T. Up-to-date cancer survival: period analysis and beyond. *International journal of*
8 *cancer*. Mar 15 2009;124(6):1384-90. doi:10.1002/ijc.24021
- 9 21. National Cancer Institute. Surveillance Research Program. Cancer Survival Statistics: Cohort Definition
10 Using Diagnosis Year. <https://surveillance.cancer.gov/survival/cohort.html>
- 11 22. Food and Drug Administration. *Justification of Estimates for Appropriations Committees Fiscal Year*
12 *2012*. 2012.
13 <https://www.fda.gov/downloads/AboutFDA/ReportsManualsForms/Reports/BudgetReports/UCM243370.pdf>
- 14 23. Food and Drug Administration. *The Nutrition Review Project. Report to the Director, Center for Food*
15 *Safety and Applied Nutrition*. 2014. [http://www.fdalawblog.net/wp-](http://www.fdalawblog.net/wp-content/uploads/archives/docs/Nutrition%20Review%20Project.pdf)
16 [content/uploads/archives/docs/Nutrition%20Review%20Project.pdf](http://www.fdalawblog.net/wp-content/uploads/archives/docs/Nutrition%20Review%20Project.pdf)
- 17 24. S. FaDAaHH. Food labeling; nutrition labeling of standard menu items in restaurants and similar retail
18 food establishments. Final rule. *Fed Regist*. 2014;79(230):71155-71259.
- 19 25. Guy GP, Jr., Ekwueme DU, Yabroff KR, et al. Economic burden of cancer survivorship among adults in the
20 United States. *Journal of clinical oncology : official journal of the American Society of Clinical Oncology*. Oct 20
21 2013;31(30):3749-57. doi:10.1200/jco.2013.49.1241
- 22 26. Hogan C, Lunney J, Gabel J, Lynn J. Medicare beneficiaries' costs of care in the last year of life. *Health*
23 *affairs (Project Hope)*. Jul-Aug 2001;20(4):188-95. doi:10.1377/hlthaff.20.4.188
- 24 27. Yabroff KR, Davis WW, Lamont EB, et al. Patient time costs associated with cancer care. *Journal of the*
25 *National Cancer Institute*. Jan 3 2007;99(1):14-23. doi:10.1093/jnci/djk001
- 26 28. Yabroff KR, Guy GP, Jr., Ekwueme DU, et al. Annual patient time costs associated with medical care
27 among cancer survivors in the United States. *Medical care*. Jul 2014;52(7):594-601.
28 doi:10.1097/mlr.0000000000000151
- 29 29. Zheng Z, Yabroff KR, Guy GP, Jr., et al. Annual Medical Expenditure and Productivity Loss Among
30 Colorectal, Female Breast, and Prostate Cancer Survivors in the United States. *Journal of the National Cancer*
31 *Institute*. May 2016;108(5)doi:10.1093/jnci/djv382
- 32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Title Cost-Effectiveness Analysis of the Federal Menu Calorie Labeling and Obesity-Associated Cancer Burdens in the United States

Supplementary Table 1. Defining Population and 32 Subgroups

Supplementary Table 2. Relative Risk Estimates of Etiologic Relationships Between Body Mass Index (BMI) and 13 Types of Cancers

Supplementary Table 3. Baseline Incidence Rates of 13 Cancers among US Adults by 32 Subgroups

Supplementary Table 4. Baseline 5-year Relative Survival Rates of 13 Cancers among US Adults by 32 Subgroups

Supplementary Table 5. Health-Related Quality of Life Among US Cancer Patients Aged 20 Years or Older, by Cancer Type and Phase of Care

Supplementary Table 6. Baseline Medical Costs, Productivity Loss, and Patient Time Costs Among US Cancer Patients Aged 20 Years or Older, by Cancer Type and Phase of Care

Supplementary Table 7. Baseline Medical Costs, Productivity Loss, and Patient Time Costs Among the General Population Aged 20 Years or Older in the US, by 32 Subgroups

Supplementary Table 8. Characteristics of US Adults Aged 20 Years or Older Participated in the NHANES, 2013-2016

Supplementary Table 9. Consumption of Calories from Full-Service and Fast-Food Restaurants among US Adults Participated in 2013-2016 NHANES, by 32 Subgroups

Supplementary Table 10. Estimated New Cancer Cases Averted by the Federal Menu Calorie Labeling in the US by Age, Sex, Race/Ethnicity, and Cancer Type, Over a Lifetime

Supplementary Table 11. Estimated Cancer Deaths Reduced by the Federal Menu Calorie Labeling in the US by Age, Sex, Race/Ethnicity, and Cancer Type, Over a Lifetime

Supplementary Table 12. Estimated Health Gains and Costs Associated with the Federal Menu Calorie Labeling on Reducing Cancer Burdens in the US Over a Lifetime, One-Way Sensitivity Analyses at 25% and 75% Calorie Compensations Outside the Restaurant Settings

Supplementary Table 13. Estimated Health Gains and Costs Associated with the Federal Menu Calorie Labeling on Reducing Cancer Burdens in the US Over a Lifetime, One-Way Sensitivity Analysis, Assuming all Full-Service and Fast-Food Restaurants were Covered by the Policy

Supplementary Figure 1. Diet and Cancer Outcome Model (DiCOM)

Supplementary Figure 2. Estimated Reduced New Cancer Cases and Deaths Associated with the Federal Menu Calorie Labeling in the US by Age, Sex, Race/Ethnicity, and Cancer Type, Over a Lifetime

Supplementary Figure 3. Estimated life Years and QALYs Gained Associated with the Federal Menu Calorie Labeling in the US by Age, Sex, and Race/Ethnicity, Over a Lifetime.

Supplementary Figure 4. Estimated Changes of Health-Related Costs Associated with the Federal Menu Calorie Labeling in the US by Age, Sex, Race/Ethnicity, and Cancer Type, Over a Lifetime

Supplementary Figure 5. Estimated Net Costs from Societal and Healthcare Perspectives Associated with the Federal Menu Calorie Labeling in the US by Age, Sex, and Race/Ethnicity, Over a Lifetime

Supplementary Figure 6. One-Way Sensitivity Analysis of Net Costs of the Federal Menu Calorie Labeling and Obesity-Associated Cancer Rates to Varying Assumptions of Key Input Parameters From (A) Societal Perspective and (B) Healthcare Perspective

Supplementary Table 1. Defining population and 32 subgroups

Subgroups	Age	Sex	Race/Ethnicity
1	20-44y	Female	NHW
2	20-44y	Female	NHB
3	20-44y	Female	HISP
4	20-44y	Female	OTH
5	20-44y	Male	NHW
6	20-44y	Male	NHB
7	20-44y	Male	HISP
8	20-44y	Male	OTH
9	45-54y	Female	NHW
10	45-54y	Female	NHB
11	45-54y	Female	HISP
12	45-54y	Female	OTH
13	45-54y	Male	NHW
14	45-54y	Male	NHB
15	45-54y	Male	HISP
16	45-54y	Male	OTH
17	55-64y	Female	NHW
18	55-64y	Female	NHB
19	55-64y	Female	HISP
20	55-64y	Female	OTH
21	55-64y	Male	NHW
22	55-64y	Male	NHB
23	55-64y	Male	HISP
24	55-64y	Male	OTH
25	65+y	Female	NHW
26	65+y	Female	NHB
27	65+y	Female	HISP
28	65+y	Female	OTH
29	65+y	Male	NHW
30	65+y	Male	NHB
31	65+y	Male	HISP
32	65+y	Male	OTH

Supplementary Table 2. Relative risk estimates of etiologic relationships between body mass index (BMI) and 13 types of cancers

Cancer Type	No. of Studies	No. of Events	Source	Evidence Grading	RR (95% CI) Per 5 kg/m ²	Statistical Heterogeneity
Endometrial	26	18,717	CUP, 2013	Convincing ↑risk	1.50 (1.42-1.59)	I ² =86.2% P<0.0001
Esophageal (adenocarcinoma)	9	1,725	CUP, 2016	Convincing ↑risk	1.48 (1.35-1.62)	I ² =36.7% P=0.13
Kidney	23	15,575	CUP, 2015	Convincing ↑risk	1.30 (1.25-1.35)	I ² =38.8% P=0.03
Liver	12	14,311	CUP, 2015	Convincing ↑risk	1.30 (1.16-1.46)	I ² =78.3% P=0.000
Gallbladder	8	6,004	CUP, 2015	Probable ↑risk	1.25 (1.15-1.37)	I ² =52.3% P=0.04
Stomach (cardia)	7	2,050	CUP, 2016	Probable ↑risk	1.23 (1.07-1.40)	I ² =55.6% P=0.04
Breast (post- menopausal)	56	80,404	CUP, 2017	Convincing ↑risk	1.12 (1.09-1.15)	I ² =75% P<0.001
Pancreas	23	9,504	CUP, 2011	Convincing ↑risk	1.10 (1.07-1.14)	I ² =19% P=0.20
Multiple myeloma	20	1,388	IARC, 2016 ³⁰	Sufficient (IRAC) ↑risk	1.09 (1.03-1.16)	Not reported
Prostate (advanced)	24	11,149	CUP, 2014	Probable ↑risk	1.08 (1.04-1.12)	I ² =18.8% P=0.21
Thyroid	22	3,100	IARC, 2016 ³⁰	Sufficient (IARC) ↑risk	1.06 (1.02-1.10)	Not reported
Ovary	25	15,899	CUP, 2013	Probable ↑risk	1.06 (1.02-1.11)	I ² =55.1% P=0.001
Colorectal	38	71,089	CUP, 2017	Convincing ↑risk	1.05 (1.03-1.07)	I ² =74.2% P=0.000

Supplementary Table 3. Baseline incidence rates of 13 cancers among US adults by 32 subgroups

Subgroup	Colorectal Cancer		Endometrial Cancer		Esophageal Adeno-carcinoma		Female Breast (Postmeno.)		Gallbladder Cancer		Kidney Cancer		Liver Cancer		Multiple Myeloma		Ovarian cancer		Pancreatic Cancer		Advanced Prostate Cancer		Stomach Cancer (Gastric Cardia)		Thyroid Cancer	
	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE
1	8.53	0.38	6.54	3.66	0.05	4.18	0.00	0.00	0.05	2.57	3.83	3.16	0.49	4.18	0.38	4.66	4.31	0.27	107	3.46	0.00	0.00	0.10	3.82	28.97	0.69
2	7.78	0.74	5.04	0.59	0.03	0.20	0.00	0.00	0.07	2.46	3.57	0.50	0.56	0.20	102	0.27	2.98	0.45	103	0.26	0.00	0.00	0.09	2.25	13.12	0.95
3	6.09	0.55	7.49	3.32	0.03	3.07	0.00	0.00	0.06	2.48	3.73	3.16	0.42	3.07	0.33	3.71	3.95	0.46	0.86	0.87	0.00	0.00	0.09	2.27	20.97	1.13
4	6.36	1.10	6.56	1.13	0.02	0.15	0.00	0.00	0.07	2.58	1.87	0.40	0.32	0.15	0.38	0.23	4.49	0.70	0.74	0.25	0.00	0.00	0.09	2.36	24.88	2.21
5	9.20	0.39	0.00	0.00	0.42	5.22	0.00	0.00	0.04	0.02	5.91	4.53	0.60	5.22	0.48	5.26	0.00	0.00	122	2.06	0.21	0.02	0.43	4.32	6.93	0.34
6	7.94	0.78	0.00	0.00	0.29	0.30	0.00	0.00	0.04	0.02	5.47	0.65	1.17	0.30	148	0.34	0.00	0.00	100	0.28	0.56	0.09	0.34	3.42	2.36	0.42
7	6.15	0.54	0.00	0.00	0.31	3.85	0.00	0.00	0.04	0.02	4.04	3.82	0.82	3.85	0.57	0.18	0.00	0.00	0.83	0.20	0.13	0.68	0.34	3.53	3.80	0.44
8	6.21	0.85	0.00	0.00	0.31	0.47	0.00	0.00	0.05	0.02	3.68	1.04	1.59	0.47	0.70	140	0.00	0.00	0.82	0.29	0.41	0.09	0.36	3.52	5.70	0.84
9	4127	0.76	38.53	0.73	103	0.21	124.56	1.28	0.68	5.99	14.03	0.44	3.10	0.21	3.60	0.22	17.09	0.49	7.70	0.32	0.00	0.00	0.88	6.74	37.84	0.73
10	53.14	1.92	25.73	1.34	0.59	0.60	121.73	2.88	1.54	5.87	16.08	1.06	5.17	0.60	11.29	0.89	11.75	0.90	10.91	0.87	0.00	0.00	0.94	5.38	25.80	1.34
11	33.92	1.78	33.43	1.53	0.59	0.52	77.25	3.45	2.27	1.93	16.00	1.04	3.83	0.52	4.86	0.58	14.57	1.00	6.26	0.66	0.00	0.00	0.81	5.61	37.29	1.84
12	35.77	3.15	35.84	3.07	0.65	0.66	91.82	4.82	1.70	6.05	7.78	1.92	3.27	0.66	2.55	0.70	17.07	1.51	5.17	0.81	0.00	0.00	0.85	5.53	37.73	2.90
13	53.97	0.87	0.00	0.00	5.61	0.36	0.00	0.00	0.36	7.15	29.16	0.64	9.24	0.36	5.09	0.27	0.00	0.00	10.63	0.38	10.88	0.16	3.65	0.23	13.29	0.43
14	61.29	2.20	0.00	0.00	1.50	1.02	0.00	0.00	0.47	5.07	32.82	1.61	13.29	1.02	12.34	0.99	0.00	0.00	14.12	1.05	25.31	0.58	1.90	0.33	6.41	0.71
15	38.05	1.94	0.00	0.00	2.75	1.06	0.00	0.00	0.43	4.83	24.48	1.27	16.38	1.06	5.23	0.60	0.00	0.00	7.95	0.74	6.02	0.38	1.96	0.34	8.56	0.76
16	42.81	3.85	0.00	0.00	2.88	2.28	0.00	0.00	0.37	4.93	18.63	3.06	18.71	2.28	3.70	0.82	0.00	0.00	7.62	1.05	3.70	0.50	2.51	0.17	12.57	1.36
17	59.74	0.89	90.00	1.09	2.12	0.35	305.45	2.02	1.75	0.15	26.14	0.59	9.41	0.35	8.68	0.34	26.19	0.59	21.78	0.54	0.00	0.00	1.72	0.15	34.42	0.67
18	86.11	2.62	83.71	2.60	1.30	1.21	306.22	4.92	4.08	0.57	31.53	1.58	18.22	1.21	23.28	1.37	19.79	1.25	31.37	1.58	0.00	0.00	1.92	0.39	27.72	1.48
19	58.14	2.91	69.51	3.28	1.64	1.33	218.85	7.01	4.59	0.68	29.93	1.73	17.38	1.33	9.33	0.97	21.29	1.45	17.15	1.32	0.00	0.00	1.87	0.34	39.44	1.97
20	52.83	4.48	60.22	4.45	1.49	1.97	233.48	8.33	2.44	0.50	13.91	2.72	12.58	1.97	6.13	0.96	23.98	2.79	13.44	1.43	0.00	0.00	1.57	0.13	41.74	3.08
21	88.14	1.11	0.00	0.00	15.54	0.73	0.00	0.00	0.93	0.11	53.65	0.87	37.93	0.73	13.24	0.43	0.00	0.00	29.95	0.65	47.05	0.34	9.19	0.36	16.24	0.48
22	121.39	3.41	0.00	0.00	4.30	2.72	0.00	0.00	2.06	0.41	69.05	2.57	75.50	2.72	30.69	1.71	0.00	0.00	39.72	1.95	91.41	1.22	4.87	0.68	9.12	0.92
23	84.75	3.65	0.00	0.00	8.01	2.98	0.00	0.00	1.07	0.11	51.05	2.35	61.05	2.98	13.65	1.22	0.00	0.00	23.36	1.58	32.10	1.21	5.15	0.70	11.12	1.09
24	83.77	5.72	0.00	0.00	4.97	4.85	0.00	0.00	1.22	0.11	27.95	3.81	54.13	4.85	10.32	1.39	0.00	0.00	19.14	2.87	22.70	1.31	5.16	0.96	16.04	1.75
25	147.25	1.98	86.90	1.40	4.53	0.62	429.43	3.20	5.87	0.40	42.37	1.02	15.56	0.62	20.59	0.73	38.18	0.97	55.49	1.20	0.00	0.00	4.36	0.34	24.59	0.74
26	155.86	5.74	100.81	4.21	3.10	1.98	398.07	8.74	9.68	1.43	50.03	3.07	20.61	1.98	50.31	3.20	29.78	2.45	71.93	3.94	0.00	0.00	3.41	0.52	22.57	1.98
27	117.47	5.72	66.40	4.47	3.61	3.17	285.07	11.57	11.44	1.75	45.35	3.33	38.69	3.17	24.20	2.52	32.78	2.88	51.54	3.79	0.00	0.00	3.89	0.60	29.50	2.55
28	109.32	10.15	52.12	5.29	3.51	4.72	266.14	14.52	7.02	1.70	26.14	4.17	35.77	4.72	14.41	2.43	23.90	2.89	46.15	5.64	0.00	0.00	4.11	0.28	28.15	3.08
29	181.07	2.47	0.00	0.00	29.02	1.10	0.00	0.00	3.59	0.36	88.69	1.63	40.30	1.10	34.26	1.07	0.00	0.00	72.36	1.53	80.74	0.61	19.38	0.77	17.34	0.69
30	217.23	8.36	0.00	0.00	7.29	3.98	0.00	0.00	6.24	1.14	97.13	5.16	68.31	3.98	69.18	4.66	0.00	0.00	75.66	4.94	130.67	2.34	8.81	1.55	10.03	1.60
31	182.00	9.21	0.00	0.00	15.50	5.01	0.00	0.00	6.79	1.64	87.20	5.26	78.18	5.01	33.10	3.44	0.00	0.00	61.88	4.77	66.33	2.57	11.49	1.78	15.87	2.11
32	144.37	13.43	0.00	0.00	10.56	7.52	0.00	0.00	4.75	1.02	54.45	7.24	79.16	7.52	22.48	3.35	0.00	0.00	51.45	6.82	51.84	2.78	11.34	2.12	13.86	2.28

Supplementary Table 4. Baseline 5-year relative survival rates of 13 cancers among US adults by 32 subgroups

Subgroup	Colorectal Cancer		Endometrial Cancer		Esophageal Adeno-carcinoma		Female Breast (Postmeno.)		Gallbladder Cancer		Kidney Cancer		Liver Cancer		Multiple Myeloma		Ovarian Cancer		Pancreatic Cancer		Advanced Prostate Cancer		Stomach Cancer (Gastric Cardia)		Thyroid Cancer	
	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE	Rate	SE
1	0.740	0.012	0.916	0.009	0.223	0.018	0.000	0.000	0.095	0.095	0.953	0.009	0.409	0.057	0.852	0.043	0.780	0.015	0.379	0.038	0.000	0.000	0.477	0.099	1.000	0.001
2	0.652	0.024	0.775	0.027	0.223	0.018	0.000	0.000	0.286	0.064	0.856	0.029	0.144	0.113	0.837	0.048	0.736	0.036	0.530	0.064	0.000	0.000	0.502	0.205	0.993	0.004
3	0.659	0.022	0.900	0.013	0.223	0.018	0.000	0.000	0.309	0.092	0.864	0.021	0.403	0.081	0.713	0.075	0.716	0.024	0.493	0.062	0.000	0.000	0.236	0.116	0.992	0.002
4	0.694	0.027	0.910	0.016	0.223	0.018	0.000	0.000	0.286	0.064	0.819	0.043	0.321	0.077	0.787	0.122	0.737	0.029	0.371	0.076	0.000	0.000	0.667	0.193	1.000	0.002
5	0.682	0.012	0.000	0.000	0.140	0.034	0.000	0.000	0.302	0.117	0.886	0.010	0.251	0.037	0.696	0.041	0.000	0.000	0.275	0.032	0.768	0.057	0.284	0.045	0.997	0.002
6	0.601	0.027	0.000	0.000	0.160	0.031	0.000	0.000	0.357	0.096	0.779	0.027	0.157	0.045	0.606	0.057	0.000	0.000	0.151	0.046	0.780	0.086	0.672	0.274	0.949	0.025
7	0.621	0.022	0.000	0.000	0.330	0.108	0.000	0.000	0.357	0.096	0.847	0.020	0.227	0.047	0.635	0.064	0.000	0.000	0.157	0.044	0.470	0.118	0.152	0.055	0.993	0.007
8	0.635	0.029	0.000	0.000	0.287	0.172	0.000	0.000	0.357	0.096	0.840	0.033	0.152	0.032	0.649	0.108	0.000	0.000	0.230	0.066	0.805	0.180	0.545	0.133	0.992	0.008
9	0.738	0.007	0.889	0.006	0.300	0.065	0.918	0.003	0.153	0.045	0.846	0.011	0.283	0.027	0.682	0.027	0.614	0.012	0.195	0.017	0.000	0.000	0.384	0.060	0.997	0.002
10	0.666	0.015	0.751	0.022	0.290	0.174	0.810	0.009	0.155	0.059	0.834	0.025	0.145	0.035	0.626	0.034	0.497	0.034	0.177	0.029	0.000	0.000	0.457	0.144	0.990	0.008
11	0.725	0.016	0.869	0.012	0.751	0.217	0.881	0.008	0.224	0.062	0.879	0.018	0.242	0.038	0.617	0.047	0.595	0.025	0.209	0.035	0.000	0.000	0.257	0.079	0.983	0.005
12	0.731	0.018	0.893	0.012	0.308	0.060	0.926	0.007	0.210	0.082	0.810	0.037	0.287	0.051	0.686	0.071	0.640	0.027	0.307	0.055	0.000	0.000	0.357	0.152	0.991	0.005
13	0.704	0.007	0.000	0.000	0.255	0.020	0.000	0.000	0.321	0.072	0.790	0.009	0.171	0.011	0.627	0.023	0.000	0.000	0.136	0.012	0.858	0.010	0.253	0.024	0.964	0.007
14	0.612	0.015	0.000	0.000	0.186	0.085	0.000	0.000	0.371	0.127	0.793	0.020	0.117	0.019	0.616	0.037	0.000	0.000	0.138	0.022	0.814	0.020	0.148	0.059	0.970	0.027
15	0.652	0.015	0.000	0.000	0.222	0.050	0.000	0.000	0.151	0.082	0.742	0.019	0.181	0.016	0.640	0.044	0.000	0.000	0.101	0.021	0.729	0.029	0.257	0.060	0.945	0.019
16	0.721	0.017	0.000	0.000	0.308	0.110	0.000	0.000	0.751	0.153	0.799	0.027	0.239	0.023	0.594	0.066	0.000	0.000	0.162	0.039	0.865	0.040	0.298	0.080	0.960	0.018
17	0.694	0.007	0.878	0.004	0.322	0.043	0.918	0.002	0.273	0.035	0.793	0.010	0.208	0.015	0.630	0.019	0.531	0.011	0.117	0.009	0.000	0.000	0.334	0.041	0.994	0.002
18	0.621	0.014	0.667	0.015	0.298	0.039	0.830	0.007	0.151	0.043	0.805	0.022	0.219	0.028	0.609	0.027	0.371	0.028	0.112	0.018	0.000	0.000	0.440	0.113	0.971	0.012
19	0.673	0.016	0.816	0.013	0.241	0.131	0.879	0.006	0.173	0.044	0.769	0.021	0.211	0.025	0.535	0.042	0.473	0.025	0.104	0.019	0.000	0.000	0.279	0.101	0.969	0.009
20	0.714	0.017	0.847	0.013	0.298	0.039	0.911	0.006	0.151	0.061	0.785	0.032	0.288	0.033	0.631	0.051	0.555	0.031	0.164	0.027	0.000	0.000	0.281	0.140	0.987	0.008
21	0.666	0.006	0.000	0.000	0.257	0.013	0.000	0.000	0.190	0.045	0.760	0.008	0.202	0.007	0.603	0.016	0.000	0.000	0.111	0.007	0.878	0.006	0.255	0.016	0.954	0.009
22	0.579	0.013	0.000	0.000	0.178	0.072	0.000	0.000	0.261	0.105	0.758	0.019	0.140	0.012	0.545	0.028	0.000	0.000	0.080	0.014	0.786	0.014	0.148	0.046	0.945	0.039
23	0.628	0.014	0.000	0.000	0.135	0.033	0.000	0.000	0.203	0.081	0.717	0.018	0.170	0.013	0.541	0.037	0.000	0.000	0.078	0.015	0.777	0.017	0.281	0.053	0.899	0.028
24	0.654	0.015	0.000	0.000	0.237	0.082	0.000	0.000	0.148	0.069	0.698	0.025	0.268	0.017	0.485	0.050	0.000	0.000	0.122	0.023	0.885	0.019	0.257	0.061	0.967	0.022
25	0.610	0.005	0.799	0.006	0.182	0.024	0.907	0.003	0.179	0.018	0.679	0.010	0.119	0.010	0.420	0.012	0.323	0.008	0.057	0.003	0.000	0.000	0.231	0.023	0.958	0.005
26	0.551	0.012	0.552	0.016	0.170	0.143	0.806	0.008	0.217	0.043	0.709	0.024	0.097	0.020	0.407	0.022	0.210	0.021	0.059	0.009	0.000	0.000	0.264	0.068	0.894	0.023
27	0.579	0.013	0.699	0.017	0.190	0.073	0.858	0.008	0.125	0.023	0.677	0.022	0.087	0.014	0.353	0.027	0.298	0.022	0.049	0.009	0.000	0.000	0.257	0.060	0.889	0.020
28	0.599	0.013	0.735	0.020	0.180	0.022	0.900	0.007	0.115	0.030	0.614	0.032	0.187	0.017	0.440	0.040	0.356	0.029	0.043	0.008	0.000	0.000	0.187	0.067	0.858	0.023
29	0.615	0.005	0.000	0.000	0.212	0.011	0.000	0.000	0.134	0.025	0.680	0.008	0.119	0.007	0.402	0.011	0.000	0.000	0.075	0.004	0.717	0.007	0.220	0.013	0.935	0.015
30	0.498	0.014	0.000	0.000	0.164	0.069	0.000	0.000	0.209	0.076	0.705	0.024	0.134	0.019	0.459	0.027	0.000	0.000	0.049	0.011	0.569	0.017	0.174	0.052	0.810	0.068
31	0.544	0.013	0.000	0.000	0.155	0.035	0.000	0.000	0.144	0.046	0.668	0.020	0.107	0.012	0.398	0.028	0.000	0.000	0.066	0.011	0.674	0.017	0.141	0.032	0.786	0.048
32	0.625	0.013	0.000	0.000	0.126	0.049	0.000	0.000	0.263	0.071	0.653	0.026	0.182	0.014	0.431	0.037	0.000	0.000	0.080	0.013	0.733	0.020	0.255	0.042	0.800	0.039

Supplementary Table 5. Health-related quality of life among US cancer patients aged 20 years or older, by cancer type and phase of care

Cancer Type	Cancer Phase	Health Related Quality of Life	Source
		mean (SE)	
Endometrial	Overall	0.80 (0.14)	Naik et al. ³¹
Esophageal Adenocarcinoma	Overall	0.69 (0.26)	Wildi et al. ³²
Kidney	Overall	0.78 (0.14)	Pickard et al. ³³
Liver	Overall	0.79 (0.19)	Naik et al. ³¹
Gallbladder	Overall	0.79 (0.19)	Naik et al. ³¹
Stomach (gastric cardia)	Initial:	0.84 (0.25)	Zhou et al. ³⁴
	Continuous:	0.86 (0.24)	
	End of Life:	0.65 (0.33)	
Female Breast (post-menopausal)	Initial:	0.78 (0.19)	Yabroff et al. ³⁵
	Continuous:	0.81 (0.20)	
	End of Life:	0.64 (0.16)	
Pancreas	Overall	0.65 (0.30)	Müller-Nordhorn et al. ³⁶
Multiple myeloma	Overall	0.79 (0.19)	Naik et al. ³¹
Advanced Prostate	Initial:	0.78 (0.20)	Yabroff et al. ³⁵
	Continuous:	0.76 (0.19)	
	End of Life:	0.59 (0.15)	
Thyroid	Overall	0.85 (0.13)	Naik et al. ³¹
Ovary	Overall	0.77 (0.17)	Pickard et al. ³³
Colorectal	Initial:	0.760 (0.19)	Färkkilä et al. ³⁷
	Continuous:	0.835 (0.20)	
	End of Life:	0.643 (0.26)	

Supplementary Table 6. Baseline medical costs, productivity loss, and patient time costs among US cancer patients aged 20 years or older, by cancer type

Cancer type	Sex	Age	Medical costs			Productivity loss			Patient time cost		
			Initial	Continuous	End-of-life	Initial	Continuous	End-of-life	Initial	Continuous	End-of-life
Esophageal Adenocarcinoma	Female	<65	95439	6853	156417	4884	3757	15027	650	500	2001
		≥65	79532	6853	104278	6984	5372	21489	1187	913	3652
	Male	<65	95787	6450	155612	4884	3757	15027	650	500	2001
		≥65	79822	6450	103742	6984	5372	21489	1187	913	3652
Stomach (Gastric Cardia)	Female	<65	85291	3977	155636	4884	3757	15027	650	500	2001
		≥65	71076	3977	103758	6984	5372	21489	1187	913	3652
	Male	<65	94144	4282	160695	4884	3757	15027	650	500	2001
		≥65	78453	4282	107130	6984	5372	21489	1187	913	3652
Liver	Female	<65	40173	5859	95782	4884	3757	15027	650	500	2001
		≥65	40173	5859	95782	6984	5372	21489	1187	913	3652
	Male	<65	41161	7363	97473	4884	3757	15027	650	500	2001
		≥65	41161	7363	97473	6984	5372	21489	1187	913	3652
Pancreatic	Female	<65	112154	8672	164911	4884	3757	15027	650	500	2001
		≥65	93462	8672	109941	6984	5372	21489	1187	913	3652
	Male	<65	112911	11697	169673	4884	3757	15027	650	500	2001
		≥65	94092	11697	113115	6984	5372	21489	1187	913	3652
Advanced Prostate	Male	<65	23652	3201	93363	3715	2858	11432	650	500	2001
		≥65	19710	3201	62242	6549	5038	20152	1187	913	3652
Colorectal	Female	<65	61593	3159	126778	10330	7946	31784	650	500	2001
		≥65	51327	3159	84519	7479	5753	23012	1187	913	3652

1												
2		Male	<65	62174	4595	128507	10330	7946	31784	650	500	2001
3			≥65	51812	4595	85671	7479	5753	23012	1187	913	3652
4												
5												
6	Endometrial	Female	<65	32129	1535	105262	4884	3757	15027	650	500	2001
7			≥65	26775	1535	70175	6984	5372	21489	1187	913	3652
8												
9												
10	Ovarian	Female	<65	98788	8296	149573	4884	3757	15027	650	500	2001
11			≥65	82324	8296	99715	6984	5372	21489	1187	913	3652
12												
13												
14	Gallbladder	Female	<65	40173	5859	95782	4884	3757	15027	650	500	2001
15			≥65	40173	5859	95782	6984	5372	21489	1187	913	3652
16		Male	<65	41161	7363	97473	4884	3757	15027	650	500	2001
17			≥65	41161	7363	97473	6984	5372	21489	1187	913	3652
18												
19												
20												
21	Kidney (Renal Cell)	Female	<65	46077	6255	110765	4884	3757	15027	650	500	2001
22			≥65	38397	6255	73843	6984	5372	21489	1187	913	3652
23		Male	<65	46048	6018	117123	4884	3757	15027	650	500	2001
24			≥65	38374	6018	78082	6984	5372	21489	1187	913	3652
25												
26												
27												
28	Breast (Postmenopausal)	Female	<65	27693	2207	94284	5985	4604	18416	650	500	2001
29			≥65	23078	2207	62856	4752	3655	14620	1187	913	3652
30												
31												
32	Thyroid	Female	<65	40173	5859	95782	4884	3757	15027	650	500	2001
33			≥65	40173	5859	95782	6984	5372	21489	1187	913	3652
34		Male	<65	41161	7363	97473	4884	3757	15027	650	500	2001
35			≥65	41161	7363	97473	6984	5372	21489	1187	913	3652
36												
37												
38												
39	Multiple Myeloma	Female	<65	40173	5859	95782	4884	3757	15027	650	500	2001
40			≥65	40173	5859	95782	6984	5372	21489	1187	913	3652
41												
42												
43												
44												
45												
46												
47												

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47

Male	<65	41161	7363	97473	4884	3757	15027	650	500	2001
	≥65	41161	7363	97473	6984	5372	21489	1187	913	3652

For peer review only

Supplementary Table 7. Baseline medical costs, productivity loss, and patient time cost among general population aged 20 years or older in the US, by 32 subgroups

Age group, years	Sex	Race/ethnicity	Medical costs		Productivity loss		Patient time cost	
			Annual general costs	End-of-life costs	Annual general costs	End-of-life costs	Annual general costs	End-of-life costs
20-44	Female	NHW	4020	40000	2040	8160	226	904
		NHB	3100	40000	2040	8160	226	904
		Hispanic	2355	40000	2040	8160	226	904
		Other	2617	40000	2040	8160	226	904
	Male	NHW	2022	40000	2040	8160	226	904
		NHB	2279	40000	2040	8160	226	904
		Hispanic	1145	40000	2040	8160	226	904
		Other	1803	40000	2040	8160	226	904
45-54	Female	NHW	5371	40000	2040	8160	226	904
		NHB	5712	40000	2040	8160	226	904
		Hispanic	3196	40000	2040	8160	226	904
		Other	4082	40000	2040	8160	226	904
	Male	NHW	3812	40000	2040	8160	226	904
		NHB	3639	40000	2040	8160	226	904
		Hispanic	3612	40000	2040	8160	226	904
		Other	2560	40000	2040	8160	226	904
55-64	Female	NHW	7300	40000	2040	8160	226	904
		NHB	5479	40000	2040	8160	226	904
		Hispanic	4607	40000	2040	8160	226	904
		Other	3951	40000	2040	8160	226	904
	Male	NHW	6519	40000	2040	8160	226	904
		NHB	6455	40000	2040	8160	226	904
		Hispanic	5077	40000	2040	8160	226	904
		Other	6320	40000	2040	8160	226	904
≥65	Female	NHW	8997	40000	4409	8160	607	904
		NHB	9585	40000	4409	8160	607	904
		Hispanic	8847	40000	4409	8160	607	904
		Other	8625	40000	4409	8160	607	904
	Male	NHW	9334	40000	4409	8160	607	904
		NHB	7367	40000	4409	8160	607	904
		Hispanic	5640	40000	4409	8160	607	904
		Other	7461	40000	4409	8160	607	904

Supplementary Table 8. Characteristics of US adults aged 20 years or older participated in the NHANES, 2013-2016

Characteristics (N=10064)	Calorie Consumption, kcal/day
Age, years	47.8 ± 0.41
Age groups, years, N (%)	
20-44	4319 (44.5) 425 ± 4.38
25-54	1704 (18.3) 315 ± 5.39
55-64	1725 (17.3) 271 ± 4.90
≥65	2316 (19.9) 192 ± 3.83
Sex, N (%)	
Male	4829 (48.3) 388 ± 4.53
Female	5235 (51.7) 279 ± 4.04
Race/ethnicity, N (%)	
Non-Hispanic White	3944 (65.0) 320 ± 4.76
Non-Hispanic Black	2069 (11.2) 361 ± 6.55
Hispanic	2668 (14.9) 367 ± 4.44
Other	1383 (8.90) 325 ± 8.12
Education, N (%)	
Less than high school graduate	2178 (14.2) 311 ± 5.14
High school graduate	2249 (21.6) 332 ± 5.72
Some college	3070 (33.1) 341 ± 4.92
College graduate	2562 (31.0) 332 ± 7.10
Family income to poverty ratio, N (%)	
<1.30	3862 (28.3) 325 ± 4.87
1.30-1.84	2842 (26.7) 333 ± 4.55
1.85-2.99	1725 (20.4) 344 ± 6.73
≥3.00	1635 (24.5) 328 ± 7.01
Body mass index (BMI), kg/m²	29.3 ± 0.16
Weight status, N (%)	
Underweight (BMI<18.5)	145 (1.36) 341 ± 17.5
Normal weight (BMI=18.5-24.9)	2671 (27.2) 327 ± 4.81
Overweight/Obese (BMI≥25)	7163 (71.4) 334 ± 4.01

Supplementary Table 9. Consumption of calories from full-service and fast-food restaurants among US adults participated in 2013-2016 NHANES by 32 subgroups

Age group, years	Sex	Race/ethnicity	Baseline consumption, kcal/day (mean ± SE)
20-44	Female	NHW	357 ± 6.47
		NHB	397 ± 8.98
		Hispanic	364 ± 6.77
		Other	334 ± 11.3
	Male	NHW	485 ± 9.00
		NHB	508 ± 12.3
		Hispanic	500 ± 13.7
		Other	466 ± 14.1
45-54	Female	NHW	270 ± 9.38
		NHB	266 ± 7.85
		Hispanic	265 ± 9.11
		Other	228 ± 14.6
	Male	NHW	374 ± 11.3
		NHB	388 ± 17.4
		Hispanic	355 ± 15.0
		Other	338 ± 20.2
55-64	Female	NHW	231 ± 5.25
		NHB	249 ± 9.58
		Hispanic	234 ± 7.99
		Other	216 ± 10.2
	Male	NHW	315 ± 9.55
		NHB	314 ± 18.3
		Hispanic	307 ± 9.90
		Other	298 ± 11.1
≥65	Female	NHW	164 ± 4.71
		NHB	156 ± 6.07
		Hispanic	158 ± 5.27
	Male	Other	137 ± 5.43
		NHW	235 ± 7.43
		NHB	220 ± 7.07
		Hispanic	218 ± 8.07

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47

Other

198 ± 20.0

For peer review only

Supplementary Table 10. Estimated new cancer cases averted by the federal menu calorie labeling in the US by age, sex, race/ethnicity, and cancer type, over lifetime (U.S. population=235,162,844)¹

Cancer Type	Policy Scenario	20-44 y		45-54 y		55-64 y		65 + y	
		Female	Male	Female	Male	Female	Male	Female	Male
Endometrial									
Age	<i>consumer behavior</i>	3300 (696 to 6090)		591 (-990 to 2160)		1140 (433 to 1940)		656 (107 to 1190)	
	<i>+industry response</i>	5960 (3360 to 8890)		1340 (-208 to 2980)		1600 (928 to 2430)		926 (396 to 1460)	
Race/Ethnicity									
Non-Hispanic White	<i>consumer behavior</i>	1630 (-711 to 4080)	0	-136 (-1590 to 1430)	0	757 (140 to 1500)	0	572 (38 to 1070)	0
	<i>+industry response</i>	3080 (829 to 5780)	0	369 (-1100 to 1950)	0	1110 (463 to 1830)	0	780 (245 to 1290)	0
Non-Hispanic Black	<i>consumer behavior</i>	763 (-157 to 1710)	0	258 (-23 to 543)	0	283 (73 to 528)	0	47 (-43 to 150)	0
	<i>+industry response</i>	1240 (316 to 2200)	0	372 (93 to 668)	0	355 (146 to 604)	0	77 (-13 to 176)	0
Hispanic	<i>consumer behavior</i>	910 (74 to 1790)	0	290 (-48 to 596)	0	42 (-83 to 185)	0	43 (-16 to 102)	0
	<i>+industry response</i>	1460 (580 to 2340)	0	399 (66 to 703)	0	89 (-35 to 233)	0	64 (5 to 122)	0
Other	<i>consumer behavior</i>	19 (-312 to 402)	0	165 (41 to 319)	0	54 (3 to 109)	0	-6 (-26 to 14)	0
	<i>+industry response</i>	150 (-174 to 546)	0	191 (68 to 344)	0	68 (18 to 124)	0	0 (-21 to 21)	0
Breast (Postmenopausal)									
Age	<i>consumer behavior</i>	2530 (263 to 5040)		373 (-1070 to 1950)		1210 (480 to 2130)		742 (137 to 1380)	
	<i>+industry response</i>	4670 (2330 to 7350)		1040 (-390 to 2680)		1710 (1010 to 2640)		1040 (433 to 1700)	
Race/Ethnicity									
Non-Hispanic White	<i>consumer behavior</i>	1370 (-659 to 3750)	0	-224 (-1570 to 1210)	0	832 (170 to 1670)	0	660 (57 to 1280)	0
	<i>+industry response</i>	2660 (490 to 5220)	0	234 (-1130 to 1770)	0	1200 (535 to 2040)	0	902 (291 to 1570)	0
Non-Hispanic Black	<i>consumer behavior</i>	567 (-110 to 1300)	0	182 (-34 to 431)	0	267 (89 to 487)	0	43 (-40 to 136)	0

1		<i>+industry response</i>	912 (240 to 1680)	0	271 (55 to 536)	0	329 (149 to 554)	0	71 (-13 to 166)	0
2	Hispanic	<i>consumer behavior</i>	581 (44 to 1200)	0	231 (-14 to 474)	0	32.9 (-72 to 154)	0	42 (-12 to 100)	0
3										
4		<i>+industry response</i>	934 (368 to 1600)	0	312 (71 to 563)	0	76 (-34 to 198)	0	61 (6 to 123)	0
5	Other	<i>consumer behavior</i>	1 (-310 to 384)	0	182 (40 to 353)	0	74 (9 to 148)	0	-7 (-35 to 22)	0
6										
7		<i>+industry response</i>	128 (-187 to 541)	0	210 (71 to 386)	0	94 (29 to 170)	0	1 (-27 to 31)	0
8										
9										
10										
11	Kidney (Renal Cell)									
12										
13	Age	<i>consumer behavior</i>	2930 (864 to 5040)		581 (-364 to 1540)		1180 (526 to 1810)		428 (28 to 805)	
14		<i>+industry response</i>	5240 (3110 to 7390)		1230 (244 to 2210)		1590 (941 to 2250)		651 (248 to 1030)	
15										
16	Race/Ethnicity									
17		Non-								
18	Hispanic White	<i>consumer behavior</i>	338 (-137 to 844)	1040 (-536 to 2790)	-42 (-332 to 273)	53 (-791 to 884)	172 (34 to 339)	677 (88 to 1240)	147 (18 to 280)	192 (-170 to 536)
19		<i>+industry response</i>	646 (173 to 1180)	2020 (410 to 3750)	58 (-236 to 383)	379 (-452 to 1250)	251 (109 to 420)	898 (326 to 1470)	199 (72 to 335)	320 (-35 to 661)
20		<i>consumer behavior</i>	170 (-35 to 384)	88 (-454 to 620)	60 (-5 to 128)	136 (-96 to 410)	79 (26 to 139)	85 (-81 to 258)	13 (-12 to 40)	44 (9 to 79)
21	Non-Hispanic Black	<i>+industry response</i>	280 (69 to 502)	343 (-202 to 898)	87 (22 to 157)	203 (-30 to 475)	97 (43 to 157)	119 (-45 to 295)	21 (-4 to 48)	56 (22 to 90)
22		<i>consumer behavior</i>	267 (21 to 527)	895 (-21 to 1920)	92 (-4 to 184)	230 (-25 to 503)	14 (-27 to 60)	94 (8 to 196)	15 (-6 to 36)	9 (-29 to 50)
23		<i>+industry response</i>	425 (166 to 697)	1290 (371 to 2320)	123 (27 to 218)	305 (49 to 570)	29 (-12 to 76)	127 (41 to 232)	22 (2 to 44)	21 (-17 to 63)
24	Hispanic	<i>consumer behavior</i>	5 (-47 to 66)	75 (-103 to 274)	34 (12 to 59)	3 (-64 to 77)	13 (2 to 25)	33 (10 to 58)	-1 (-6 to 4)	8 (-18 to 37)
25		<i>+industry response</i>	27 (-26 to 89)	147 (-29 to 347)	38 (17 to 64)	17 (-52 to 91)	16 (5 to 28)	41 (19 to 67)	1 (-4 to 6)	11 (-15 to 40)
26		<i>consumer behavior</i>								
27	Other	<i>+industry response</i>								
28		<i>consumer behavior</i>								
29										
30										
31										
32										
33										
34										
35	Liver									
36	Age	<i>consumer behavior</i>	3210 (1000 to 5540)		701 (-200 to 1760)		1000 (477 to 1580)		275 (17 to 551)	
37		<i>+industry response</i>	5560 (3130 to 8130)		1340 (397 to 2480)		1340 (804 to 1950)		432 (174 to 719)	
38										
39	Race/Ethnicity									
40										
41										
42										
43										
44										
45										
46										
47										

1	Non-Hispanic	<i>consumer behavior</i>	170	1150	18	-82	113	520	75	116
2	White		(-125 to 597)	(-258 to 3130)	(-168 to 236)	(-844 to 807)	(36 to 227)	(108 to 1020)	(6 to 155)	(-110 to 365)
3		<i>+industry response</i>	367	2120	78	215	159	668	100	198
4			(53 to 855)	(498 to 4300)	(-105 to 319)	(-537 to 1150)	(77 to 280)	(287 to 1220)	(35 to 189)	(-26 to 454)
5	Non-Hispanic Black	<i>consumer behavior</i>	143	85	53	213	51	118	7	37
6			(-27 to 346)	(-678 to 1050)	(2 to 120)	(-146 to 705)	(14 to 100)	(-112 to 393)	(-7 to 26)	(-4 to 88)
7		<i>+industry response</i>	231	429	74	306	63	163	12	52
8			(53 to 458)	(-312 to 1460)	(24 to 147)	(-41 to 823)	(28 to 115)	(-58 to 447)	(-2 to 32)	(11 to 107)
9	Hispanic	<i>consumer behavior</i>	239	1150	99	321	14	113	17	8
10			(19 to 570)	(93 to 2490)	(3 to 215)	(15 to 703)	(-30 to 72)	(19 to 233)	(-5 to 41)	(-33 to 54)
11		<i>+industry response</i>	384	1600	132	409	31	150	25	20
12			(132 to 756)	(529 to 3050)	(36 to 257)	(106 to 820)	(-13 to 90)	(55 to 276)	(3 to 50)	(-19 to 70)
13	Other	<i>consumer behavior</i>	2	99	38	-1	15	38	0	9
14			(-56 to 82)	(-125 to 379)	(9 to 77)	(-101 to 125)	(0 to 34)	(5 to 76)	(-8 to 7)	(-28 to 53)
15		<i>+industry response</i>	26	183	43	18	19	48	2	14
16			(-32 to 108)	(-31 to 483)	(15 to 85)	(-80 to 152)	(5 to 40)	(17 to 91)	(-5 to 10)	(-23 to 59)
17	Pancreatic									
18	Age	<i>consumer behavior</i>	764 (262 to 1340)		81.6 (-186 to 388)		404 (193 to 651)		148 (21 to 286)	
19		<i>+industry response</i>	1350 (820 to 1990)		269 (4 to 595)		540 (327 to 793)		227 (96 to 370)	
20	Race/Ethnicity									
21	Non-Hispanic White	<i>consumer behavior</i>	121	247	-48	-16	87	218	63	58
22			(-44 to 367)	(-120 to 768)	(-159 to 87)	(-246 to 245)	(26 to 175)	(48 to 432)	(3 to 131)	(-54 to 189)
23		<i>+industry response</i>	229	490	-11	73	122	283	87	98
24			(50 to 493)	(99 to 1060)	(-124 to 134)	(-154 to 363)	(56 to 218)	(115 to 507)	(27 to 163)	(-12 to 238)
25	Non-Hispanic Black	<i>consumer behavior</i>	60	18	24	30	32	19	5	10
26			(-10 to 158)	(-80 to 128)	(-1 to 54)	(-20 to 87)	(9 to 63)	(-16 to 62)	(-6 to 19)	(2 to 19)
27		<i>+industry response</i>	98	64	34	44	39	27	9	13
28			(21 to 207)	(-36 to 184)	(9 to 67)	(-4 to 102)	(17 to 72)	(-9 to 70)	(-2 to 23)	(5 to 23)
29	Hispanic	<i>consumer behavior</i>	68	194	26	46	4	18	6	2
30			(5 to 150)	(13 to 422)	(-4 to 60)	(-5 to 105)	(-11 to 22)	(-3 to 44)	(-2 to 14)	(-8 to 12)
31		<i>+industry response</i>	108	273	36	63	10	26	8	5
32			(40 to 201)	(92 to 518)	(7 to 70)	(11 to 124)	(-5 to 28)	(6 to 53)	(0 to 18)	(-5 to 15)
33	Other	<i>consumer behavior</i>	-2	18	17	0	8	10	0	2
34			(-27 to 30)	(-29 to 72)	(4 to 33)	(-20 to 23)	(1 to 16)	(3 to 19)	(-4 to 3)	(-6 to 13)
35		<i>+industry response</i>	9	36	19	4	10	13	1	4
36			(-17 to 43)	(-9 to 94)	(7 to 36)	(-16 to 28)	(3 to 18)	(5 to 22)	(-3 to 5)	(-5 to 14)
37										
38										
39										
40										
41										
42										
43										
44										
45										
46										
47										

Esophageal Adenocarcinoma											
3	Age	<i>consumer behavior</i>		715 (43 to 1480)	92 (-296 to 501)	419 (136 to 719)	128 (-60 to 309)				
5		<i>+industry response</i>		1300 (602 to 2100)	293 (-102 to 708)	556 (270 to 858)	206 (20 to 390)				
7	Race/Ethnicity										
8	Non-Hispanic White	<i>consumer behavior</i>		45 (-25 to 125)	406 (-228 to 1100)	-9 (-55 to 41)	26 (-368 to 419)	30 (7 to 58)	345 (64 to 630)	27 (5 to 50)	92 (-88 to 263)
10		<i>+industry response</i>		91 (17 to 179)	815 (174 to 1560)	7 (-40 to 60)	179 (-210 to 578)	43 (20 to 73)	449 (174 to 739)	35 (14 to 59)	155 (-17 to 330)
11	Non-Hispanic Black	<i>consumer behavior</i>		10 (-2 to 22)	10 (-28 to 50)	3 (-1 to 8)	11 (-7 to 32)	5 (2 to 9)	67 (-7 to 22)	1 (-1 to 3)	4 (0 to 7)
13		<i>+industry response</i>		16 (4 to 29)	28 (-11 to 69)	5 (1 to 9)	16 (-2 to 37)	6 (3 to 11)	9 (-4 to 25)	1 (0 to 3)	5 (2 to 8)
14	Hispanic	<i>consumer behavior</i>		28 (2 to 57)	196 (-2 to 414)	9 (-1 to 20)	46 (-7 to 112)	2 (-3 to 8)	24 (3 to 47)	2 (-1 to 4)	2 (-7 to 12)
16		<i>+industry response</i>		44 (17 to 76)	280 (80 to 504)	13 (2 to 24)	63 (7 to 130)	3 (-1 to 10)	32 (11 to 56)	3 (0 to 5)	4 (-4 to 15)
17	Other	<i>consumer behavior</i>		-1 (-10 to 11)	10 (-16 to 41)	6 (1 to 11)	0 (-12 to 13)	2 (0 to 5)	7 (2 to 12)	0 (-1 to 1)	2 (-4 to 8)
19		<i>+industry response</i>		3 (-6 to 15)	21 (-6 to 52)	75 (2 to 12)	2 (-10 to 15)	3 (1 to 6)	8 (4 to 13)	0 (-1 to 1)	2 (-3 to 9)
20											
25	Colorectal										
26	Age	<i>consumer behavior</i>		584 (183 to 1090)		79 (-90 to 289)		251 (126 to 412)		117 (19 to 224)	
27		<i>+industry response</i>		1050 (605 to 1610)		201 (23 to 426)		341 (209 to 514)		175 (81 to 289)	
28	Race/Ethnicity										
29	Non-Hispanic White	<i>consumer behavior</i>		67 (-51 to 261)	169 (-107 to 569)	-35 (-106 to 64)	-17 (-151 to 163)	52 (11 to 111)	126 (21 to 262)	55 (11 to 115)	44 (-36 to 129)
31		<i>+industry response</i>		144 (-2 to 382)	358 (40 to 790)	-12 (-80 to 97)	38 (-99 to 233)	75 (30 to 146)	168 (62 to 313)	73 (28 to 138)	70 (-7 to 162)
32	Non-Hispanic Black	<i>consumer behavior</i>		31 (-9 to 88)	38 (-48 to 144)	11 (-1 to 29)	26 (-13 to 79)	19 (7 to 36)	14 (-17 to 49)	3 (-4 to 12)	8 (1 to 17)
33		<i>+industry response</i>		53 (9 to 119)	78 (-8 to 203)	17 (4 to 36)	36 (-2 to 91)	23 (11 to 41)	20 (-9 to 56)	6 (-1 to 15)	11 (3 to 21)
34	Hispanic	<i>consumer behavior</i>		45 (2 to 113)	185 (25 to 409)	20 (1 to 43)	57 (9 to 114)	3 (-7 to 16)	21 (2 to 44)	4 (-1 to 11)	1 (-8 to 11)
35											
36											
37											
38											
39											
40											
41											
42											
43											
44											
45											
46											
47											

1		<i>+industry response</i>	73 (18 to 155)	256 (84 to 504)	26 (8 to 51)	70 (23 to 129)	6 (-3 to 20)	28 (10 to 53)	6 (1 to 13)	4 (-5 to 14)	
2	Other	<i>consumer behavior</i>	-2 (-21 to 26)	20 (-31 to 89)	7 (-1 to 19)	1 (-20 to 26)	4 (0 to 11)	8 (1 to 16)	-1 (-3 to 2)	3 (-6 to 13)	
3		<i>+industry response</i>	6 (-13 to 36)	41 (-9 to 115)	9 (1 to 21)	5 (-15 to 31)	6 (1 to 12)	10 (4 to 19)	0 (-2 to 3)	4 (-5 to 14)	
4											
5											
6											
7	Thyroid										
8	Age	<i>consumer behavior</i>	374 (114 to 751)		10 (-69 to 125)		84 (44 to 144)		34 (7 to 68)		
9		<i>+industry response</i>	683 (349 to 1130)		67 (-17 to 200)		117 (70 to 187)		52 (22 to 91)		
10											
11	Race/Ethnicity										
12	Non-Hispanic White	<i>consumer behavior</i>	96 (-59 to 382)	52 (-59 to 273)	-28 (-85 to 56)	-15 (-64 to 58)	21 (1 to 62)	28 (1 to 73)	20 (2 to 47)	8 (-9 to 31)	
13		<i>+industry response</i>	205 (-15 to 563)	131 (-26 to 395)	-8 (-63 to 92)	3 (-43 to 85)	33 (5 to 80)	40 (12 to 90)	28 (9 to 58)	14 (-3 to 40)	
14	Non-Hispanic Black	<i>consumer behavior</i>	29 (-10 to 113)	7 (-10 to 36)	8 (-1 to 24)	3 (-3 to 12)	12 (6 to 22)	2 (-2 to 8)	1 (-2 to 5)	1 (0 to 2)	
15		<i>+industry response</i>	52 (-1 to 153)	16 (-4 to 50)	12 (2 to 30)	5 (-1 to 15)	14 (8 to 26)	3 (-1 to 10)	2 (0 to 7)	2 (1 to 3)	
16	Hispanic	<i>consumer behavior</i>	68 (1 to 201)	59 (6 to 151)	15 (-5 to 39)	13 (2 to 30)	2 (-4 to 12)	4 (0 to 9)	2 (-1 to 6)	0 (-1 to 3)	
17		<i>+industry response</i>	113 (22 to 276)	84 (26 to 189)	21 (2 to 48)	16 (6 to 35)	4 (-2 to 15)	5 (2 to 12)	3 (0 to 8)	1 (-1 to 3)	
18	Other	<i>consumer behavior</i>	-4 (-38 to 59)	13 (-13 to 56)	6 (-4 to 20)	1 (-7 to 12)	5 (2 to 10)	5 (3 to 8)	-1 (-2 to 1)	0 (-2 to 3)	
19		<i>+industry response</i>	12 (-25 to 82)	23 (-2 to 70)	8 (-1 to 23)	3 (-5 to 14)	6 (3 to 11)	6 (4 to 9)	0 (-2 to 2)	1 (-1 to 4)	
20											
21											
22											
23											
24											
25											
26											
27											
28											
29											
30	Multiple Myeloma										
31	Age	<i>consumer behavior</i>	370 (113 to 743)		78 (-46 to 242)		181 (85 to 308)		63 (7 to 128)		
32		<i>+industry response</i>	653 (327 to 1120)		164 (29 to 357)		243 (142 to 385)		97 (41 to 169)		
33											
34											
35	Race/Ethnicity										
36	Non-Hispanic White	<i>consumer behavior</i>	27 (-34 to 138)	102 (-61 to 375)	-14 (-50 to 50)	-4 (-96 to 139)	24 (3 to 67)	96 (25 to 204)	20 (1 to 52)	23 (-23 to 83)	
37		<i>+industry response</i>	64 (-22 to 204)	207 (0 to 544)	-1 (-38 to 74)	29 (-60 to 199)	36 (9 to 87)	125 (52 to 246)	28 (8 to 65)	39 (-5 to 111)	
38											
39											
40											
41											
42											
43											
44											
45											
46											
47											

1	Non-Hispanic Black	<i>consumer behavior</i>	39 (-9 to 135)	22 (-63 to 178)	14 (-1 to 43)	27 (-15 to 95)	19 (4 to 45)	11 (-22 to 60)	4 (-4 to 17)	10 (2 to 22)
2		<i>+industry response</i>	66 (1 to 183)	65 (-30 to 242)	22 (4 to 55)	38 (-3 to 113)	24 (9 to 54)	18 (-13 to 71)	6 (-1 to 20)	13 (5 to 26)
3	Hispanic	<i>consumer behavior</i>	26 (0 to 79)	111 (12 to 277)	7 (-5 to 24)	25 (-3 to 68)	2 (-4 to 11)	15 (3 to 32)	2 (-1 to 7)	0 (-5 to 7)
4		<i>+industry response</i>	43 (6 to 110)	154 (50 to 340)	10 (0 to 30)	33 (6 to 82)	4 (-2 to 15)	19 (8 to 39)	3 (0 to 9)	1 (-3 to 9)
5	Other	<i>consumer behavior</i>	0 (-7 to 11)	8 (-11 to 41)	7 (3 to 12)	0 (-10 to 12)	1 (1 to 4)	4 (1 to 9)	-0 (-1 to 1)	1 (-3 to 6)
6		<i>+industry response</i>	2 (-4 to 16)	16 (-3 to 53)	8 (4 to 13)	1 (-8 to 15)	2 (0 to 5)	5 (2 to 11)	0 (-1 to 1)	1 (-2 to 6)
7										
8										
9										
10										
11										
12										
13	Stomach (Gastric Cardia)									
14										
15										
16	Age	<i>consumer behavior</i>	338 (49 to 803)		58 (-99 to 264)		182 (70 to 347)		54 (-19 to 149)	
17		<i>+industry response</i>	607 (241 to 1140)		141 (-20 to 378)		240 (129 to 420)		86 (15 to 190)	
18										
19	Race/Ethnicity									
20	Non-Hispanic White	<i>consumer behavior</i>	18 (-19 to 77)	208 (-55 to 648)	-9 (-31 to 25)	24 (-128 to 233)	15 (4 to 37)	145 (35 to 304)	14 (3 to 28)	34 (-36 to 124)
21		<i>+industry response</i>	43 (-6 to 117)	380 (51 to 886)	-1 (-24 to 38)	86 (-67 to 322)	22 (9 to 47)	187 (77 to 364)	18 (8 to 35)	58 (-9 to 160)
22	Non-Hispanic Black	<i>consumer behavior</i>	7 (-2 to 21)	6 (-19 to 44)	2 (0 to 6)	7 (-5 to 24)	3 (1 to 7)	3 (-6 to 15)	0 (0 to 2)	3 (1 to 5)
23		<i>+industry response</i>	12 (2 to 28)	19 (-8 to 62)	3 (1 to 7)	10 (-2 to 29)	4 (2 to 8)	5 (-4 to 17)	1 (0 to 2)	3 (2 to 6)
24	Hispanic	<i>consumer behavior</i>	15 (1 to 39)	63 (-7 to 170)	5 (0 to 13)	16 (-4 to 45)	1 (-2 to 5)	7 (0 to 18)	1 (0 to 3)	1 (-3 to 5)
25		<i>+industry response</i>	24 (6 to 52)	95 (21 to 214)	7 (2 to 16)	22 (3 to 54)	2 (-1 to 6)	10 (3 to 23)	1 (0 to 3)	2 (-2 to 7)
26	Other	<i>consumer behavior</i>	-1 (-7 to 10)	5 (-14 to 34)	5 (2 to 9)	0 (-8 to 12)	1 (0 to 3)	4 (1 to 9)	0 (-1 to 1)	1 (-3 to 6)
27		<i>+industry response</i>	2 (-5 to 14)	12 (-7 to 46)	6 (3 to 10)	2 (-6 to 15)	2 (0 to 4)	5 (2 to 10)	0 (-1 to 1)	2 (-2 to 7)
28										
29										
30										
31										
32										
33										
34										
35										
36										
37										
38	Gallbladder									
39	Age	<i>consumer behavior</i>	161 (67 to 263)		51 (8 to 100)		76 (47 to 109)		29 (11 to 51)	
40		<i>+industry response</i>	282 (181 to 396)		86 (43 to 138)		101 (73 to 137)		44 (25 to 66)	
41										
42										
43										
44										
45										
46										
47										

1	Race/Ethnicity									
2	Non-	<i>consumer</i>	24	19	0	1.97	19	23	16	6
3	Hispanic	<i>behavior</i>	(-10 to 71)	(-13 to 61)	(-25 to 30)	(-17 to 24)	(5 to 38)	(6 to 42)	(3 to 31)	(-5 to 17)
4	White	<i>+industry</i>	47	39	9	9	27	29	21	9
5		<i>response</i>	(10 to 99)	(5 to 88)	(-16 to 42)	(-10 to 34)	(12 to 48)	(13 to 50)	(8 to 37)	(-1 to 21)
6	Non-	<i>consumer</i>	27	2	11	6	14	4	2	2
7	Hispanic Black	<i>behavior</i>	(-6 to 70)	(-17 to 26)	(0 to 24)	(-4 to 18)	(4 to 26)	(-4 to 12)	(-2 to 7)	(0 to 4)
8		<i>+industry</i>	45	11	15	9	17	5	4	3
9		<i>response</i>	(11 to 93)	(-8 to 38)	(4 to 29)	(-1 to 21)	(8 to 30)	(-2 to 14)	(-1 to 9)	(1 to 5)
10	Hispanic	<i>consumer</i>	32	42	10	14	3	7	3	0
11		<i>behavior</i>	(2 to 73)	(-10 to 106)	(-4 to 26)	(-2 to 34)	(-5 to 11)	(1 to 15)	(-1 to 7)	(-3 to 4)
12		<i>+industry</i>	53	65	15	19	5	9	4	1
13		<i>response</i>	(19 to 96)	(11 to 130)	(1 to 31)	(3 to 39)	(-2 to 14)	(3 to 18)	(1 to 9)	(-2 to 5)
14	Other	<i>consumer</i>	0	3	6	0	3	3	0	1
15		<i>behavior</i>	(-11 to 18)	(-6 to 15)	(1 to 13)	(-4 to 5)	(0 to 7)	(1 to 5)	(-1 to 1)	(-1 to 3)
16		<i>+industry</i>	5	7	7	1	4	3	0	1
17		<i>response</i>	(-7 to 24)	(-2 to 19)	(2 to 14)	(-3 to 6)	(1 to 8)	(1 to 5)	(-1 to 2)	(-1 to 3)
18	Advanced									
19	Prostate									
20		<i>consumer</i>								
21	Age	<i>behavior</i>	163 (9 to 360)		37 (-54 to 146)		106 (33 to 194)		35 (-14 to 91)	
22		<i>+industry</i>								
23		<i>response</i>	300 (130 to 507)		85 (-6 to 203)		142 (67 to 240)		56 (9 to 119)	
24	Race/Ethnicity									
25	Non-	<i>consumer</i>		86		-1		75		24
26	Hispanic	<i>behavior</i>	0	(-24 to 267)	0	(-80 to 98)	0	(9 to 162)	0	(-23 to 80)
27	White	<i>+industry</i>	0	162	0	30	0	100	0	40
28		<i>response</i>		(32 to 350)		(-48 to 144)		(36 to 199)		(-5 to 102)
29	Non-	<i>consumer</i>	0	3	0	21	0	16	0	8
30	Hispanic Black	<i>behavior</i>	0	(-61 to 97)	0	(-17 to 69)	0	(-13 to 51)	0	(2 to 17)
31		<i>+industry</i>	0	34	0	31	0	22	0	11
32		<i>response</i>		(-33 to 145)		(-5 to 83)		(-7 to 57)		(4 to 20)
33	Hispanic	<i>consumer</i>	0	59	0	13	0	9	0	1
34		<i>behavior</i>	0	(8 to 133)	0	(-3 to 37)	0	(2 to 20)	0	(-3 to 5)
35		<i>+industry</i>	0	82	0	18	0	12	0	2
36		<i>response</i>		(28 to 163)		(1 to 44)		(5 to 23)		(-2 to 7)
37	Other	<i>consumer</i>	0	3	0	0	0	4	0	1
38		<i>behavior</i>	0	(-10 to 21)	0	(-7 to 8)	0	(2 to 8)	0	(-3 to 5)
39		<i>+industry</i>	0	8	0	1	0	5	0	2
40		<i>response</i>		(-5 to 28)		(-5 to 9)		(3 to 9)		(-2 to 6)

Ovarian									
1	Age	<i>consumer behavior</i>	66 (-10 to 180)		16 (-20 to 75)		31 (11 to 69)		28 (11 to 61)
2		<i>+industry response</i>	129 (16 to 277)		33 (-6 to 102)		45 (17 to 87)		37 (19 to 75)
3	Race/Ethnicity								
4	Non-Hispanic White	<i>consumer behavior</i>	34 (-25 to 147)	0	-4 (-38 to 54)	0	20 (2 to 55)	0	25 (8 to 57)
5		<i>+industry response</i>	71 (-23 to 220)	0	7 (-30 to 72)	0	30 (6 to 71)	0	32 (15 to 70)
6	Non-Hispanic Black	<i>consumer behavior</i>	11 (-5 to 41)	0	4 (0 to 13)	0	6 (3 to 13)	0	1 (-1 to 5)
7		<i>+industry response</i>	19 (-3 to 56)	0	6 (0 to 17)	0	8 (4 to 16)	0	2 (0 to 6)
8	Hispanic	<i>consumer behavior</i>	21 (-2 to 67)	0	8 (-1 to 21)	0	1 (-3 to 8)	0	1 (-1 to 5)
9		<i>+industry response</i>	34 (1 to 91)	0	11 (3 to 26)	0	3 (-1 to 10)	0	2 (0 to 6)
10	Other	<i>consumer behavior</i>	-8 (-19 to 13)	0	6 (2 to 13)	0	2 (1 to 5)	0	0 (-1 to 1)
11		<i>+industry response</i>	-3 (-15 to 21)	0	7 (3 to 14)	0	3 (1 to 6)	0	0 (-1 to 2)

1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.

For peer review only

Supplementary Table 11. Estimated cancer deaths reduced by the federal menu calorie labeling in the US by age, sex, race/ethnicity, and cancer type, over a lifetime (U.S. population=235,162,844)¹

Cancer Type	Policy Scenario	20-44 y		45-54 y		55-64 y		65 + y		
		Female	Male	Female	Male	Female	Male	Female	Male	
Breast (Postmenopausal)										
Age	<i>consumer behavior</i>	2490 (260 to 4980)		151 (-204 to 521)		285 (129 to 479)		126 (30 to 227)		
	<i>+industry response</i>	4610 (2290 to 7240)		336 (-26 to 725)		396 (237 to 598)		178 (82 to 284)		
Race/Ethnicity										
Non-Hispanic White	<i>consumer behavior</i>	1350 (-652 to 3690)	0	-55 (-373 to 278)	0	165 (33 to 327)	0	103 (10 to 204)	0	
	<i>+industry response</i>	2620 (480 to 5150)	0	54 (-264 to 419)	0	238 (105 to 401)	0	139 (47 to 244)	0	
Non-Hispanic Black	<i>consumer behavior</i>	560 (-109 to 1280)	0	85 (-11 to 200)	0	95 (32 to 173)	0	13 (-12 to 40)	0	
	<i>+industry response</i>	901 (238 to 1660)	0	126 (26 to 247)	0	117 (53 to 196)	0	21 (-4 to 49)	0	
Hispanic	<i>consumer behavior</i>	572 (45 to 1180)	0	76 (-7 to 163)	0	9 (-21 to 44)	0	10 (-3 to 24)	0	
	<i>+industry response</i>	922 (364 to 1570)	0	104 (21 to 193)	0	21 (-9 to 57)	0	15 (2 to 30)	0	
Other	<i>consumer behavior</i>	0 (-306 to 378)	0	39 (9 to 76)	0	15 (2 to 31)	0	-1 (-6 to 3)	0	
	<i>+industry response</i>	125 (-185 to 532)	0	45 (16 to 84)	0	19 (6 to 35)	0	0 (-5 to 5)	0	
Liver										
Age	<i>consumer behavior</i>	2840 (897 to 4890)		628 (-181 to 1570)		852 (411 to 1340)		227 (18 to 455)		
	<i>+industry response</i>	4900 (2760 to 7190)		1200 (345 to 2210)		1140 (689 to 1650)		357 (146 to 587)		
Race/Ethnicity										
Non-Hispanic White	<i>consumer behavior</i>	139 (-108 to 504)	1040 (-237 to 2780)	15 (-147 to 207)	-70 (-749 to 722)	98 (31 to 196)	440 (93 to 858)	63 (6 to 130)	97 (-88 to 297)	
	<i>+industry response</i>	310 (42 to 719)	1900 (449 to 3830)	67 (-93 to 276)	199 (-478 to 1040)	137 (67 to 240)	565 (241 to 1020)	85 (30 to 159)	161 (-18 to 369)	

1	Non-Hispanic Black	<i>consumer behavior</i>	134 (-25 to 317)	72 (-601 to 932)	49 (3 to 110)	193 (-133 to 632)	43 (12 to 85)	100 (-95 to 336)	6 (-6 to 22)	29 (-4 to 69)
2		<i>+industry response</i>	214 (51 to 425)	382 (-273 to 1280)	68 (23 to 133)	276 (-37 to 729)	54 (24 to 97)	139 (-49 to 377)	10 (-2 to 27)	41 (8 to 83)
3	Hispanic	<i>consumer behavior</i>	199 (17 to 473)	1020 (88 to 2210)	87 (2 to 189)	285 (13 to 630)	12 (-26 to 62)	99 (18 to 201)	15 (-4 to 35)	6 (-28 to 46)
4		<i>+industry response</i>	316 (111 to 623)	1430 (482 to 2690)	116 (31 to 223)	365 (94 to 729)	26 (-11 to 78)	131 (48 to 242)	21 (3 to 43)	17 (-15 to 59)
5	Other	<i>consumer behavior</i>	2 (-47 to 68)	90 (-110 to 339)	32 (7 to 65)	-2 (-88 to 108)	12 (0 to 28)	30 (4 to 61)	0 (-6 to 6)	7 (-22 to 42)
6		<i>+industry response</i>	22 (-28 to 93)	168 (-26 to 434)	36 (13 to 71)	15 (-70 to 130)	16 (4 to 32)	39 (14 to 74)	1 (-4 to 8)	11 (-18 to 46)
7										
8	Endometrial									
9	Age	<i>consumer behavior</i>	1190 (309 to 2140)		251 (-248 to 785)		394 (177 to 659)		213 (51 to 378)	
10		<i>+industry response</i>	2100 (1200 to 3110)		512 (26 to 1060)		548 (325 to 817)		302 (139 to 472)	
11	Race/Ethnicity									
12	Non-Hispanic White	<i>consumer behavior</i>	440 (-210 to 1170)	0	-42 (-511 to 440)	0	206 (36 to 399)	0	173 (13 to 319)	0
13		<i>+industry response</i>	858 (218 to 1620)	0	114 (-351 to 606)	0	298 (127 to 491)	0	234 (76 to 388)	0
14	Non-Hispanic Black	<i>consumer behavior</i>	412 (-90 to 937)	0	139 (-9 to 293)	0	157 (42 to 295)	0	26 (-24 to 83)	0
15		<i>+industry response</i>	666 (177 to 1210)	0	201 (51 to 361)	0	195 (81 to 338)	0	42 (-8 to 97)	0
16	Hispanic	<i>consumer behavior</i>	315 (22 to 645)	0	105 (-22 to 222)	0	16 (-33 to 70)	0	19 (-7 to 44)	0
17		<i>+industry response</i>	505 (197 to 854)	0	144 (21 to 261)	0	34 (-14 to 89)	0	28 (3 to 54)	0
18	Other	<i>consumer behavior</i>	8 (-99 to 139)	0	51 (13 to 99)	0	17 (1 to 36)	0	-3 (-10 to 5)	0
19		<i>+industry response</i>	50 (-56 to 187)	0	58 (21 to 107)	0	22 (6 to 41)	0	0 (-8 to 7)	0
20										
21	Kidney (Renal Cell)									
22	Age	<i>consumer behavior</i>	1050 (284 to 1830)		263 (-153 to 695)		506 (225 to 778)		182 (20 to 338)	
23		<i>+industry response</i>	1880 (1100 to 2680)		539 (106 to 977)		679 (402 to 954)		276 (112 to 429)	
24	Race/Ethnicity									

1	Non-Hispanic White	<i>consumer behavior</i>	57 (-23 to 159)	332 (-183 to 922)	-16 (-128 to 106)	26 (-351 to 396)	72 (14 to 138)	287 (42 to 525)	66 (9 to 124)	81 (-68 to 219)
2										
3		<i>+industry response</i>	111 (27 to 224)	663 (123 to 1280)	22 (-90 to 146)	168 (-199 to 552)	105 (46 to 171)	378 (138 to 623)	89 (33 to 148)	133 (-12 to 272)
4	Non-Hispanic Black	<i>consumer behavior</i>	67 (-16 to 162)	48 (-225 to 326)	24 (-2 to 53)	59 (-40 to 171)	30 (10 to 56)	35 (-32 to 106)	5 (-5 to 16)	16 (3 to 28)
5										
6		<i>+industry response</i>	113 (25 to 218)	174 (-96 to 461)	34 (9 to 64)	87 (-14 to 199)	37 (17 to 63)	49 (-17 to 121)	8 (-2 to 20)	20 (7 to 33)
7	Hispanic	<i>consumer behavior</i>	111 (9 to 229)	367 (0 to 792)	30 (-3 to 62)	118 (-15 to 261)	6 (-13 to 29)	47 (5 to 98)	7 (-2 to 17)	4 (-12 to 23)
8										
9		<i>+industry response</i>	177 (67 to 305)	522 (168 to 968)	40 (8 to 74)	157 (23 to 303)	13 (-5 to 36)	64 (22 to 116)	11 (1 to 21)	9 (-7 to 28)
10	Other	<i>consumer behavior</i>	3 (-23 to 34)	33 (-40 to 122)	15 (5 to 28)	0 (-28 to 33)	5 (1 to 11)	16 (5 to 29)	-1 (-3 to 2)	4 (-8 to 17)
11										
12		<i>+industry response</i>	13 (-12 to 45)	63 (-10 to 156)	17 (7 to 30)	6 (-22 to 39)	6 (2 to 12)	20 (9 to 33)	0 (-2 to 3)	5 (-6 to 18)
13										
14										
15										
16										
17	Pancreatic									
18	Age	<i>consumer behavior</i>	656 (220 to 1160)		74 (-166 to 350)		362 (175 to 581)		131 (20 to 250)	
19										
20		<i>+industry response</i>	1160 (707 to 1730)		243 (1 to 535)		483 (293 to 708)		199 (87 to 321)	
21										
22	Race/Ethnicity									
23	Non-Hispanic White	<i>consumer behavior</i>	101 (-40 to 310)	213 (-100 to 659)	-44 (-143 to 78)	-13 (-216 to 221)	79 (24 to 158)	193 (44 to 384)	56 (3 to 117)	50 (-45 to 162)
24										
25		<i>+industry response</i>	196 (42 to 425)	420 (85 to 911)	-10 (-111 to 120)	67 (-140 to 326)	111 (51 to 198)	250 (102 to 448)	78 (25 to 146)	84 (-10 to 203)
26	Non-Hispanic Black	<i>consumer behavior</i>	48 (-7 to 125)	16 (-72 to 117)	22 (-1 to 49)	27 (-18 to 78)	29 (8 to 57)	18 (-15 to 56)	5 (-5 to 17)	9 (1 to 17)
27										
28		<i>+industry response</i>	78 (18 to 162)	57 (-33 to 164)	31 (9 to 62)	39 (-3 to 91)	36 (15 to 65)	24 (-8 to 63)	8 (-1 to 20)	12 (4 to 19)
29	Hispanic	<i>consumer behavior</i>	55 (5 to 118)	175 (13 to 374)	24 (-4 to 53)	42 (-5 to 97)	4 (-10 to 20)	16 (-2 to 40)	5 (-2 to 13)	1 (-7 to 10)
30										
31		<i>+industry response</i>	88 (33 to 158)	245 (83 to 462)	32 (6 to 63)	57 (10 to 113)	9 (-5 to 25)	23 (5 to 48)	8 (1 to 16)	4 (-4 to 13)
32	Other	<i>consumer behavior</i>	-2 (-23 to 25)	16 (-23 to 63)	14 (3 to 27)	0 (-18 to 20)	7 (1 to 14)	9 (3 to 17)	0 (-3 to 3)	2 (-5 to 11)
33										
34		<i>+industry response</i>	7 (-14 to 36)	32 (-7 to 82)	16 (6 to 30)	3 (-14 to 24)	9 (2 to 16)	11 (5 to 19)	1 (-2 to 4)	3 (-4 to 12)
35										
36										
37										
38										
39										
40										
41										
42										
43										
44										
45										
46										
47										

Esophageal Adenocarcinoma									
Age	<i>consumer behavior</i>	631 (33 to 1320)		78 (-255 to 423)		348 (113 to 584)		101 (-42 to 239)	
	<i>+industry response</i>	1150 (520 to 1870)		246 (-96 to 601)		457 (225 to 699)		161 (19 to 302)	
Race/Ethnicity									
Non-Hispanic White	<i>consumer behavior</i>	40 (-23 to 112)	366 (-206 to 1000)	-8 (-47 to 36)	24 (-314 to 359)	24 (6 to 47)	283 (55 to 516)	22 (4 to 41)	71 (-65 to 202)
	<i>+industry response</i>	81 (15 to 160)	732 (157 to 1400)	5 (-34 to 51)	152 (-176 to 495)	35 (16 to 59)	366 (142 to 602)	28 (11 to 48)	119 (-13 to 253)
Non-Hispanic Black	<i>consumer behavior</i>	9 (-1 to 20)	9 (-25 to 45)	3 (0 to 7)	10 (-6 to 28)	4 (1 to 8)	6 (-6 to 18)	1 (-1 to 2)	3 (0 to 5)
	<i>+industry response</i>	14 (3 to 26)	25 (-10 to 62)	4 (1 to 8)	14 (-2 to 33)	5 (2 to 9)	8 (-3 to 21)	1 (0 to 3)	4 (1 to 6)
Hispanic	<i>consumer behavior</i>	25 (2 to 52)	164 (2 to 354)	3 (-1 to 13)	40 (-7 to 99)	1 (-3 to 7)	21 (3 to 42)	1 (-1 to 4)	1 (-6 to 10)
	<i>+industry response</i>	40 (15 to 68)	235 (70 to 425)	5 (0 to 16)	55 (6 to 114)	3 (-1 to 8)	28 (10 to 50)	2 (0 to 4)	4 (-4 to 12)
Other	<i>consumer behavior</i>	-1 (-9 to 10)	9 (-14 to 35)	5 (1 to 9)	-1 (-10 to 10)	2 (0 to 4)	6 (2 to 10)	0 (-1 to 1)	1 (-3 to 7)
	<i>+industry response</i>	3 (-6 to 14)	18 (-5 to 46)	6 (2 to 10)	1 (-8 to 12)	2 (1 to 5)	7 (3 to 11)	0 (-1 to 1)	2 (-3 to 7)
Colorectal									
Age	<i>consumer behavior</i>	430 (139 to 779)		56 (-48 to 184)		150 (77 to 241)		63 (13 to 119)	
	<i>+industry response</i>	764 (450 to 1160)		133 (23 to 268)		203 (126 to 304)		95 (46 to 153)	
Race/Ethnicity									
Non-Hispanic White	<i>consumer behavior</i>	49 (-36 to 181)	119 (-75 to 391)	-21 (-65 to 40)	-10 (-89 to 97)	32 (7 to 67)	72 (11 to 150)	31 (6 to 63)	22 (-17 to 64)
	<i>+industry response</i>	106 (4 to 261)	248 (28 to 545)	-6 (-49 to 59)	24 (-60 to 140)	46 (20 to 85)	96 (36 to 176)	41 (16 to 76)	35 (-3 to 81)
Non-Hispanic Black	<i>consumer behavior</i>	26 (-7 to 70)	27 (-36 to 104)	8 (0 to 21)	18 (-9 to 53)	13 (4 to 24)	9 (-10 to 31)	2 (-2 to 7)	5 (0 to 10)
	<i>+industry response</i>	44 (9 to 94)	58 (-7 to 145)	12 (4 to 26)	25.1 (-1 to 61)	15 (7 to 27)	13 (-6 to 36)	3 (-1 to 9)	6 (2 to 12)
Hispanic	<i>consumer behavior</i>	36 (2 to 88)	136 (21 to 300)	13 (0 to 27)	37 (5 to 74)	2 (-4 to 10)	13 (2 to 28)	2 (-1 to 7)	1 (-5 to 6)

1		<i>+industry</i>	58	188	16	45	4	18	4	2	
2	Other	<i>response</i>	(17 to 120)	(65 to 366)	(5 to 32)	(14 to 84)	(-2 to 13)	(6 to 33)	(0 to 8)	(-3 to 8)	
3		<i>consumer</i>	-1	16	5	0	2	5	0	1	
4		<i>behavior</i>	(-15 to 20)	(-21 to 65)	(-1 to 11)	(-12 to 15)	(0 to 6)	(1 to 9)	(-2 to 1)	(-3 to 6)	
5		<i>+industry</i>	5	30	6	2	3	6	0	2	
6		<i>response</i>	(-9 to 27)	(-5 to 83)	(1 to 13)	(-9 to 17)	(1 to 7)	(2 to 11)	(-1 to 2)	(-2 to 7)	
7	Stomach (Gastric Cardia)										
8											
9											
10	Age	<i>consumer</i>	286 (45 to 672)		50 (-84 to 224)		149 (58 to 282)		42 (-14 to 113)		
11		<i>behavior</i>									
12		<i>+industry</i>	513 (196 to 965)		120 (-14 to 321)		196 (105 to 342)		67 (13 to 145)		
13		<i>response</i>									
14	Race/Ethnicity										
15	Non-Hispanic White	<i>consumer</i>	14	178	-7	21	13	118	11	27	
16		<i>behavior</i>	(-16 to 63)	(-46 to 545)	(-26 to 20)	(-109 to 194)	(4 to 30)	(29 to 248)	(3 to 22)	(-26 to 95)	
17		<i>+industry</i>	34	322	-1	74	18	152	14	45	
18	Non-Hispanic Black	<i>response</i>	(-5 to 95)	(43 to 766)	(-19 to 30)	(-58 to 270)	(7 to 38)	(63 to 296)	(6 to 27)	(-6 to 121)	
19		<i>consumer</i>	5	2	2	6	2	3	0	2	
20		<i>behavior</i>	(-1 to 17)	(-11 to 29)	(0 to 5)	(-5 to 22)	(1 to 5)	(-5 to 13)	(0 to 1)	(1 to 4)	
21		<i>+industry</i>	9	7	2	9	3	4	1	3	
22	Hispanic	<i>response</i>	(2 to 22)	(-5 to 43)	(1 to 6)	(-2 to 26)	(2 to 6)	(-3 to 15)	(0 to 2)	(1 to 5)	
23		<i>consumer</i>	13	57	5	14	1	6	1	0	
24		<i>behavior</i>	(1 to 35)	(-6 to 154)	(0 to 12)	(-3 to 38)	(-1 to 4)	(0 to 15)	(0 to 2)	(-2 to 4)	
25		<i>+industry</i>	22	86	6	19	1	8	1	1	
26	Other	<i>response</i>	(5 to 47)	(20 to 194)	(2 to 14)	(3 to 46)	(-1 to 5)	(2 to 19)	(0 to 3)	(-1 to 6)	
27		<i>consumer</i>	-1	4	4	0	1	3	0	1	
28		<i>behavior</i>	(-5 to 7)	(-9 to 25)	(2 to 8)	(-7 to 10)	(0 to 3)	(1 to 7)	(-1 to 1)	(-2 to 5)	
29		<i>+industry</i>	1	9	4	2	1	4	0	1	
30		<i>response</i>	(-3 to 9)	(-4 to 34)	(2 to 8)	(-5 to 12)	(0 to 3)	(2 to 8)	(0 to 1)	(-2 to 5)	
31											
32	Multiple Myeloma										
33											
34	Age	<i>consumer</i>	220 (65 to 441)		51 (-29 to 150)		112 (54 to 186)		42 (6 to 84)		
35		<i>behavior</i>									
36		<i>+industry</i>	380 (202 to 657)		105 (20 to 215)		151 (89 to 232)		63 (27 to 111)		
37		<i>response</i>									
38	Race/Ethnicity										
39	Non-Hispanic White	<i>consumer</i>	11	59	-8	-3	15	58	14	15	
40		<i>behavior</i>	(-13 to 52)	(-34 to 221)	(-32 to 31)	(-59 to 83)	(2 to 41)	(15 to 123)	(1 to 35)	(-14 to 54)	
41											
42											
43											
44											
45											
46											
47											

1		<i>+industry response</i>	26 (-7 to 81)	122 (1 to 321)	-1 (-23 to 45)	19 (-37 to 123)	22 (6 to 53)	75 (32 to 147)	19 (6 to 44)	26 (-3 to 71)
2	Non-	<i>consumer behavior</i>	17 (-4 to 63)	14 (-40 to 115)	10 (0 to 29)	17 (-10 to 59)	12 (3 to 28)	7 (-14 to 38)	2 (-3 to 11)	6 (1 to 12)
3	Hispanic Black	<i>+industry response</i>	29 (1 to 83)	44 (-20 to 159)	15 (3 to 37)	24 (-1 to 70)	15 (6 to 34)	11 (-8 to 45)	4 (-1 to 13)	7 (3 to 15)
4		<i>consumer behavior</i>	16 (0 to 51)	72 (9 to 193)	5 (-3 to 17)	15 (-2 to 42)	1 (-3 to 8)	10 (2 to 22)	2 (-1 to 5)	0 (-3 to 5)
5	Hispanic	<i>+industry response</i>	28 (5 to 71)	100 (31 to 244)	7 (0 to 21)	21 (4 to 51)	3 (-1 to 10)	13 (5 to 26)	3 (0 to 6)	1 (-2 to 6)
6		<i>consumer behavior</i>	0 (-3 to 6)	5 (-7 to 27)	4 (2 to 7)	0 (-6 to 7)	1 (0 to 2)	3 (1 to 6)	0 (-1 to 1)	1 (-2 to 4)
7	Other	<i>+industry response</i>	1 (-2 to 8)	10 (-2 to 36)	4 (2 to 8)	1 (-5 to 9)	1 (0 to 3)	4 (2 to 7)	0 (-1 to 1)	1 (-1 to 4)
8										
9	Gallbladder									
10	Age	<i>consumer behavior</i>	136 (58 to 229)		44 (7 to 86)		65 (40 to 93)		24 (9 to 41)	
11		<i>+industry response</i>	239 (153 to 341)		74 (36 to 119)		86 (61 to 117)		36 (20 to 53)	
12										
13	Race/Ethnicity									
14	Non-	<i>consumer behavior</i>	22 (-10 to 64)	15 (-10 to 52)	0 (-23 to 27)	2 (-14 to 19)	16 (4 to 32)	19 (6 to 36)	13 (2 to 25)	5 (-4 to 14)
15	Hispanic White	<i>+industry response</i>	43 (9 to 90)	32 (4 to 72)	8 (-15 to 37)	8 (-8 to 27)	23 (10 to 40)	24 (11 to 42)	17 (6 to 30)	8 (-1 to 18)
16	Non-	<i>consumer behavior</i>	24 (-5 to 61)	2 (-14 to 21)	10 (0 to 21)	4 (-3 to 14)	12 (4 to 23)	3 (-3 to 10)	2 (-2 to 6)	2 (0 to 3)
17	Hispanic Black	<i>+industry response</i>	40 (10 to 80)	9 (-7 to 31)	14 (4 to 27)	6 (-1 to 17)	15 (7 to 26)	4 (-2 to 12)	3 (0 to 7)	2 (1 to 4)
18		<i>consumer behavior</i>	28 (2 to 63)	33 (-8 to 85)	9 (-4 to 23)	12 (-2 to 30)	2 (-4 to 10)	6 (1 to 13)	2 (-1 to 6)	0 (-2 to 3)
19	Hispanic	<i>+industry response</i>	45 (16 to 83)	51 (9 to 106)	13 (1 to 28)	16 (3 to 35)	4 (-2 to 13)	8 (3 to 16)	4 (0 to 8)	1 (-1 to 4)
20		<i>consumer behavior</i>	0 (-10 to 16)	2 (-5 to 12)	5 (1 to 11)	0 (-2 to 2)	3 (0 to 6)	2 (1 to 4)	0 (-1 to 1)	0 (-1 to 2)
21	Other	<i>+industry response</i>	4 (-6 to 21)	5 (-2 to 15)	6 (2 to 12)	0 (-1 to 3)	4 (1 to 7)	3 (1 to 5)	0 (-1 to 2)	1 (-1 to 2)
22										
23	Advanced Prostate									
24	Age	<i>consumer behavior</i>	101 (13 to 214)		18 (-17 to 58)		33 (11 to 58)		15 (-4 to 38)	
25										
26										
27										
28										
29										
30										
31										
32										
33										
34										
35										
36										
37										
38										
39										
40										
41										
42										
43										
44										
45										
46										
47										

1		<i>+industry response</i>	174 (80 to 304)		37 (1 to 83)		43 (22 to 71)		24 (6 to 48)	
2	Race/Ethnicity									
3	Non-									
4	Hispanic	<i>consumer behavior</i>	0	43 (-13 to 140)	0	0 (-29 to 35)	0	20 (3 to 42)	0	10 (-9 to 32)
5	White									
6		<i>+industry response</i>	0	82 (16 to 192)	0	11 (-17 to 50)	0	27 (10 to 51)	0	16 (-2 to 40)
7	Non-	<i>consumer behavior</i>	0	2 (-31 to 51)	0	9 (-7 to 30)	0	7 (-5 to 20)	0	4 (1 to 9)
8	Hispanic Black									
9		<i>+industry response</i>	0	17 (-16 to 75)	0	13 (-2 to 36)	0	9 (-3 to 23)	0	6 (2 to 11)
10	Hispanic	<i>consumer behavior</i>	0	47 (7 to 103)	0	7 (-2 to 20)	0	4 (1 to 9)	0	0 (-1 to 3)
11		<i>+industry response</i>	0	64 (23 to 127)	0	10 (1 to 25)	0	6 (2 to 11)	0	1 (-1 to 3)
12	Other	<i>consumer behavior</i>	0	1 (-4 to 12)	0	0 (-2 to 3)	0	1 (0 to 2)	0	0 (-1 to 2)
13		<i>+industry response</i>	0	2 (-1 to 16)	0	0 (-2 to 3)	0	1 (1 to 2)	0	1 (-1 to 2)
14										
15										
16										
17										
18										
19										
20	Ovarian									
21	Age	<i>consumer behavior</i>	45 (-3 to 114)		13 (-14 to 54)		24 (9 to 51)		21 (8 to 46)	
22		<i>+industry response</i>	87 (19 to 175)		25 (-4 to 75)		34 (14 to 64)		28 (15 to 56)	
23										
24	Race/Ethnicity									
25	Non-									
26	Hispanic	<i>consumer behavior</i>	21 (-15 to 89)	0	-3 (-29 to 38)	0	15 (2 to 41)	0	19 (6 to 43)	0
27	White									
28		<i>+industry response</i>	45 (-10 to 131)	0	5 (-21 to 52)	0	22 (5 to 51)	0	25 (11 to 52)	0
29	Non-	<i>consumer behavior</i>	7 (-3 to 27)	0	3 (0 to 11)	0	5 (2 to 11)	0	1 (-1 to 4)	0
30	Hispanic Black									
31		<i>+industry response</i>	13 (-1 to 38)	0	5 (1 to 13)	0	7 (3 to 13)	0	1 (0 to 5)	0
32	Hispanic	<i>consumer behavior</i>	15 (0 to 48)	0	6 (-1 to 16)	0	1 (-2 to 6)	0	1 (-1 to 4)	0
33		<i>+industry response</i>	25 (2 to 64)	0	8 (2 to 20)	0	2 (-1 to 8)	0	2 (0 to 5)	0
34	Other	<i>consumer behavior</i>	-5 (-13 to 9)	0	5 (1 to 10)	0	2 (0 to 4)	0	0 (-1 to 1)	0
35		<i>+industry response</i>	-1 (-9 to 15)	0	5 (2 to 11)	0	2 (1 to 4)	0	0 (0 to 1)	0
36										
37										
38										
39										
40										
41										
42										
43										
44										
45										
46										
47										

Thyroid									
1									
2	Age	<i>consumer</i>	9 (2 to 22)		3 (-4 to 11)		6 (3 to 12)		4 (1 to 7)
3		<i>behavior</i>							
4		<i>+industry</i>	16 (7 to 33)		6 (0 to 16)		9 (5 to 15)		5 (3 to 9)
5		<i>response</i>							
6	Race/Ethnicity								
7	Non-	<i>consumer</i>	0	0	0	-2	0	3	1
8	Hispanic	<i>behavior</i>	(0 to 2)	(-1 to 5)	(-1 to 1)	(-7 to 5)	(0 to 1)	(0 to 8)	(0 to 4)
9	White								
10		<i>+industry</i>	0	1	0	0	1	4	2
11		<i>response</i>	(0 to 3)	(0 to 9)	(-1 to 2)	(-5 to 9)	(0 to 2)	(1 to 10)	(1 to 4)
12	Non-	<i>consumer</i>	1	1	0	0	1	0	0
13	Hispanic Black	<i>behavior</i>	(0 to 5)	(-2 to 7)	(0 to 1)	(0 to 2)	(0 to 2)	(0 to 1)	(0 to 1)
14		<i>+industry</i>	2	2	0	0	1	0	0
15		<i>response</i>	(0 to 7)	(-1 to 10)	(0 to 2)	(0 to 2)	(0 to 2)	(0 to 1)	(0 to 1)
16	Hispanic	<i>consumer</i>	3	1	1	2	0	1	0
17		<i>behavior</i>	(0 to 10)	(0 to 9)	(0 to 3)	(0 to 5)	(0 to 1)	(0 to 2)	(0 to 1)
18		<i>+industry</i>	5	2	1	2	0	1	1
19		<i>response</i>	(1 to 14)	(0 to 12)	(0 to 4)	(1 to 7)	(0 to 1)	(0 to 3)	(0 to 2)
20	Other	<i>consumer</i>	0	0	0	0	0	0	0
21		<i>behavior</i>	0	(-1 to 3)	(0 to 1)	(-1 to 1)	(0 to 1)	(0 to 1)	0
22		<i>+industry</i>	0	0	0	0	0	0	0
23		<i>response</i>	0	(0 to 4)	(0 to 1)	(-1 to 2)	(0 to 1)	(0 to 1)	0

1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.

Supplementary Table 12. Estimated health gains and costs associated with the federal menu calorie labeling on reducing cancer burdens in the US over a lifetime, one-way sensitivity analyses at 25% and 75% calorie compensation outside restaurant settings (US population=235,162,844)¹

	Menu Calorie Labeling Policy			
	75% Compensation		25% Compensation	
	Consumer Behavior Median (2.5% to 97.5%)	Consumer Behavior + Industry Response Median (2.5% to 97.5%)	Consumer Behavior Median (2.5% to 97.5%)	Consumer Behavior + Industry Response Median (2.5% to 97.5%)
New Cancer Cases Averted, N (95% UI)				
Liver cancer	2550 (265 to 5030)	4280 (2000 to 6770)	7760 (5160 to 10500)	12800 (9790 to 16000)
Endometrial cancer	2490 (-633 to 5890)	4640 (1570 to 8070)	8890 (5500 to 12700)	15100 (11800 to 19100)
Kidney cancer	2360 (65 to 4510)	4160 (1900 to 6410)	7810 (5230 to 10000)	13000 (10400 to 15300)
Breast cancer (postmenopausal)	2060 (-616 to 5280)	3930 (1260 to 7200)	7640 (4560 to 11400)	13000 (9700 to 17200)
Pancreatic cancer	638 (51 to 1280)	1140 (536 to 1800)	2140 (1490 to 2890)	3590 (2840 to 4460)
Esophageal adenocarcinoma	598 (-239 to 1400)	1100 (262 to 1930)	2130 (1200 to 3000)	3560 (2600 to 4520)
Colorectal cancer	480 (56 to 940)	851 (423 to 1330)	1600 (1060 to 2140)	2660 (2030 to 3310)
Multiple myeloma	343 (61 to 674)	576 (281 to 950)	1050 (677 to 1480)	1730 (1240 to 2340)
Stomach cancer (cardia)	312 (-42 to 736)	533 (192 to 998)	994 (555 to 1530)	1640 (1060 to 2300)
Thyroid cancer	185 (-70 to 498)	406 (128 to 749)	851 (473 to 1310)	1470 (963 to 2100)
Gallbladder cancer	165 (70 to 274)	266 (167 to 378)	468 (348 to 602)	758 (626 to 912)
Advanced prostate cancer	162 (-28 to 360)	282 (87 to 493)	519 (304 to 768)	868 (603 to 1160)
Ovarian cancer	65 (-17 to 179)	119 (26 to 245)	228 (96 to 398)	384 (196 to 617)
Total	12700 (2430 to 24200)	22600 (12400 to 34100)	42800 (30400 to 53900)	71500 (59100 to 82800)
Cancer Deaths Prevented, N (95% UI)				
Liver cancer	2200 (199 to 4450)	3750 (1720 to 5970)	6790 (4490 to 9270)	11200 (8570 to 14100)
Breast cancer (postmenopausal)	1140 (-958 to 3640)	2420 (281 to 4990)	4980 (2540 to 7860)	8670 (6030 to 12000)
Endometrial cancer	980 (-69 to 2030)	1710 (675 to 2770)	3160 (2020 to 4450)	5270 (4120 to 6630)
Kidney cancer	939 (94 to 1820)	1630 (795 to 2520)	3020 (2080 to 3930)	4990 (4020 to 6020)
Pancreatic cancer	561 (54 to 1120)	996 (473 to 1590)	1870 (1300 to 2510)	3130 (2480 to 3890)
Esophageal adenocarcinoma	503 (-224 to 1190)	932 (203 to 1640)	1820 (1010 to 2580)	3050 (2220 to 3890)
Colorectal cancer	323 (41 to 640)	571 (280 to 910)	1080 (724 to 1440)	1800 (1390 to 2240)
Stomach cancer (cardia)	264 (-32 to 623)	446 (159 to 838)	824 (454 to 1280)	1360 (887 to 1910)
Multiple myeloma	213 (45 to 411)	350 (178 to 576)	635 (419 to 897)	1040 (757 to 1370)
Gallbladder cancer	141 (60 to 234)	226 (142 to 320)	398 (300 to 512)	644 (531 to 777)
Advanced prostate cancer	80 (-12 to 179)	135 (44 to 239)	246 (144 to 373)	410 (278 to 563)
Ovarian cancer	49 (-7 to 123)	87 (26 to 170)	162 (76 to 270)	272 (155 to 415)
Thyroid cancer	11 (1 to 24)	19 (8 to 33)	34 (21 to 53)	56 (39.9 to 81.8)
Total	7760 (1280 to 13900)	13600 (7160 to 20100)	25600 (17900 to 32300)	42500 (34600 to 49600)
Life Years Gained	34700 (5070 to 66300)	62200 (32500 to 93500)	118000 (82400 to 151000)	197000 (161000 to 232000)

1					
2					
3	QALYs Gained	51400 (9690 to 95700)	90500 (49300 to 135000)	171000 (119000 to 218000)	284000 (234000 to 334000)
4	Changes in Health-Related Costs, Cancer Only (\$, millions)^{2,3}				
5	Healthcare (medical) cost	-693 (-1250 to -138)	-1210 (-1770 to -660)	-2270 (-2850 to -1640)	-3760 (-4360 to -3140)
6	Patient time cost	-47.9 (-90.0 to -11.9)	-83.6 (-126 to -47.3)	-155 (-198 to -113)	-258 (-302 to -215)
7	Productivity loss	-279 (-527 to -56.6)	-490 (-743 to -271)	-929 (-1170 to -673)	-1550 (-1800 to -1290)
8	Policy Implementation Costs (\$, millions)^{2,3}				
9	Government cost	18.5 (14.5 to 25.1)	18.5 (14.4 to 25.5)	18.5 (14.5 to 25.1)	18.5 (14.4 to 25.5)
10	Administration	9.07 (8.61 to 9.56)	9.09 (8.62 to 9.55)	9.07 (8.61 to 9.56)	9.09 (8.62 to 9.55)
11	Monitoring	9.40 (5.45 to 16.1)	9.38 (5.30 to 16.3)	9.40 (5.45 to 16.1)	9.38 (5.30 to 16.3)
12	Industry cost	820 (762 to 889)	1120 (1040 to 1210)	820 (762 to 889)	1120 (1040 to 1210)
13	Compliance	820 (762 to 889)	823 (757 to 889)	820 (762 to 889)	823 (757 to 889)
14	Reformulation	-----	296 (249 to 353)	-----	296 (249 to 353)
15	Net Costs, Cancer Only (\$, millions)^{2,3,4}				
16	Societal perspective	-174 (-1032 to 639)	-653 (-1510 to 164)	-2520 (-3390 to -1590)	-4430 (-5310 to -3510)
17	Healthcare perspective	-674 (-1229 to -120)	-1190 (-1750 to -639)	-2250 (-2830 to -1620)	-3740 (-4350 to -3120)
18	ICER (dollars/QALY)⁵				
19	Societal perspective	Dominant	Dominant	Dominant	Dominant
20	Healthcare perspective	Dominant	Dominant	Dominant	Dominant

Abbreviations: ICER, Incremental Cost-Effectiveness Ratio; QALY, quality-adjusted life years.

1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.

2. Health-related costs were inflated to 2015 US dollars using the Personal Health Care (PHC) index. Policy intervention costs were inflated to 2015 US dollars using the Consumer Price Index. Negative costs represent savings.

3. Costs are medians from 1000 simulations so may not add up to totals.

4. Net costs were calculated as policy costs minus health-related costs from reduced cancer burden. Societal perspective includes healthcare cost, patient time costs, productivity costs, and policy implementation costs; government perspective included policy costs relevant to policy implementation and program monitoring and evaluation and medical costs.

5. ICER threshold was evaluated at \$150,000/QALY. Dominant represents less costly and more effective than the "no-policy intervention" scenario.

Supplementary Table 13. Estimated health gains and costs associated with the federal menu calorie labeling on reducing cancer burdens in the US over a lifetime, one-way sensitivity analysis, assuming all full-service and fast-food restaurants were covered by the policy (US population=235,162,844)¹

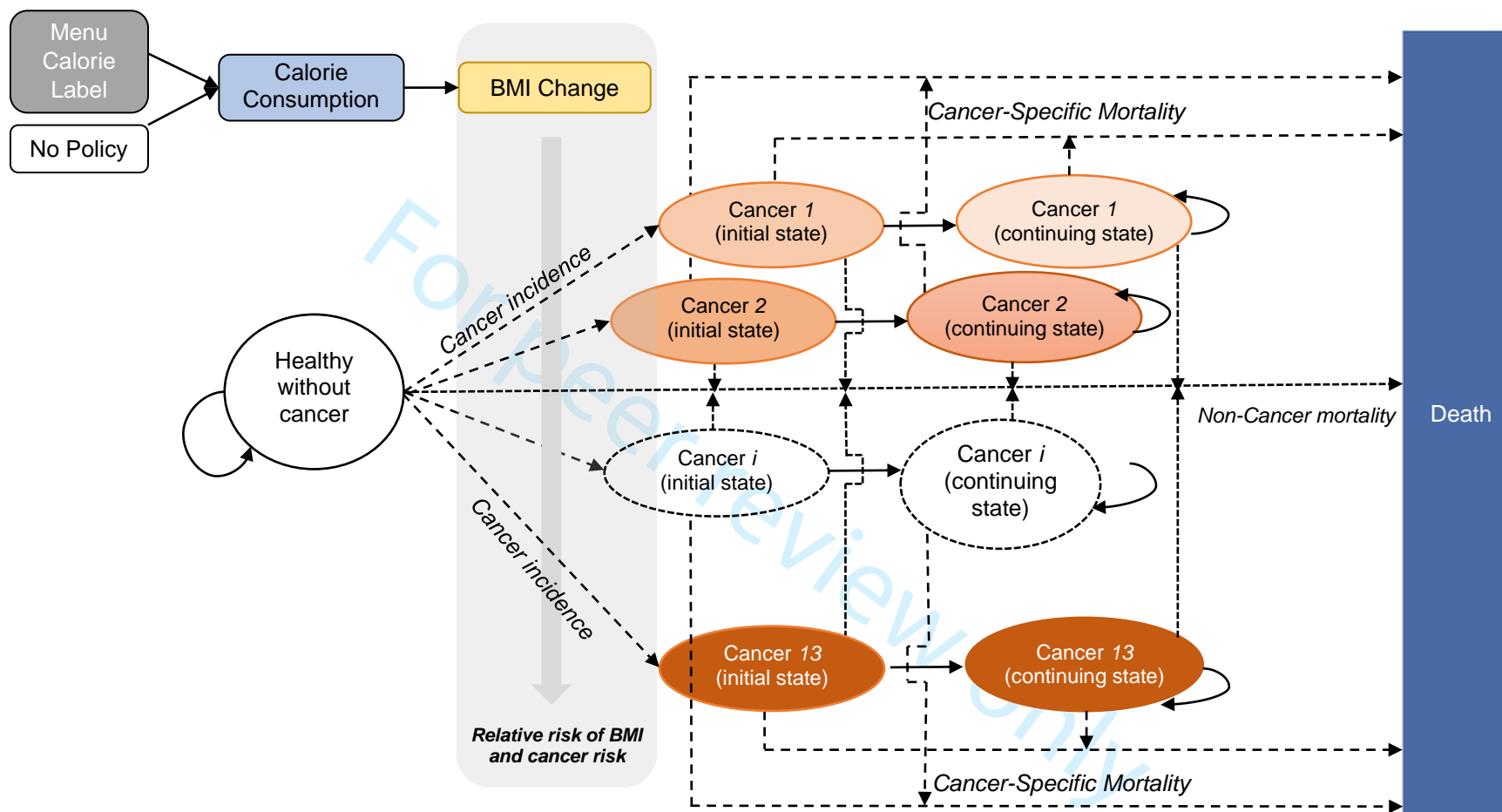
	Menu Calorie Labeling Policy	
	Consumer Behavior Median (2.5% to 97.5%)	Consumer Behavior + Industry Response Median (2.5% to 97.5%)
New Cancer Cases Averted, N (95% UI)		
Liver cancer	7280 (4690 to 10100)	11400 (8480 to 14400)
Kidney cancer	6820 (4180 to 9460)	11100 (8470 to 13700)
Endometrial cancer	5340 (1540 to 9220)	10400 (6690 to 14300)
Breast cancer (postmenopausal)	4920 (1580 to 8420)	9380 (5960 to 13100)
Esophageal adenocarcinoma	2060 (1170 to 3060)	3260 (2310 to 4330)
Pancreatic cancer	1810 (1150 to 2600)	3000 (2290 to 3870)
Colorectal cancer	1320 (772 to 1910)	2200 (1600 to 2880)
Stomach cancer (cardia)	938 (531 to 1510)	1480 (985 to 2140)
Thyroid cancer	746 (430 to 1180)	1270 (850 to 1820)
Multiple myeloma	710 (377 to 1150)	1270 (879 to 1820)
Advanced prostate cancer	430 (208 to 681)	715 (461 to 1010)
Gallbladder cancer	329 (201 to 457)	568 (435 to 708)
Ovarian cancer	133 (20.9 to 292)	263 (109 to 468)
Total	32900 (20300 to 46000)	56400 (43700 to 69300)
Cancer Deaths Prevented, N (95% UI)		
Liver cancer	6460 (4170 to 8980)	10000 (7480 to 12800)
Breast cancer (postmenopausal)	3410 (701 to 6280)	6440 (3560 to 9750)
Kidney cancer	2620 (1610 to 3620)	4250 (3210 to 5300)
Endometrial cancer	1890 (654 to 3140)	3610 (2390 to 4900)
Esophageal adenocarcinoma	1800 (1030 to 2670)	2840 (2010 to 3750)
Pancreatic cancer	1580 (976 to 2250)	2620 (1990 to 3380)
Colorectal cancer	923 (560 to 1310)	1520 (1110 to 1970)
Stomach cancer (cardia)	785 (437 to 1270)	1240 (812 to 1790)
Multiple myeloma	431 (234 to 709)	762 (524 to 1100)
Gallbladder cancer	275 (170 to 385)	479 (366 to 601)
Advanced prostate cancer	219 (117 to 351)	353 (233 to 506)
Ovarian cancer	94 (18 to 197)	185 (91 to 317)
Thyroid cancer	27 (13 to 45)	45 (28 to 68)
Total	7760 (1280 to 13900)	34400 (26800 to 42400)
Life Years Gained	97300 (62300 to 135000)	162000 (126000 to 201000)
QALYs Gained	20500 (13100 to 28500)	230000 (178000 to 287000)
Changes in Health-Related Costs, Cancer Only (\$, millions)^{2,3}		

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47

Healthcare (medical) cost	-1820 (-2500 to -1180)	-3060 (-3740 to -2400)
Patient time cost	-112 (-160 to -62.7)	-197 (-245 to -148)
Productivity loss	-692 (-976 to -401)	-1210 (-1490 to -916)
Policy Implementation Costs (\$, millions)^{2,3}		
Government cost	18.4 (14.7 to 25.7)	18.4 (14.7 to 25.7)
Administration	9.06 (8.56 to 9.52)	9.07 (8.60 to 9.56)
Monitoring	9.32 (5.61 to 16.5)	9.37 (5.64 to 16.6)
Industry cost	821 (764 to 888)	1120 (1040 to 1200)
Compliance	821 (764 to 888)	821 (763 to 886)
Reformulation	-----	297 (248 to 350)
Net Costs, Cancer Only (\$, millions)^{2,3,4}		
Societal perspective	-1780 (-2790 to -831)	-1030 (-1590 to -549)
Healthcare perspective	-1800 (-2470 to -1160)	-1670 (-2120 to -1270)
ICER (dollars/QALY)⁵		
Societal perspective	Dominant	Dominant
Healthcare perspective	Dominant	Dominant

Abbreviations: ICER, Incremental Cost-Effectiveness Ratio; QALY, quality-adjusted life years.

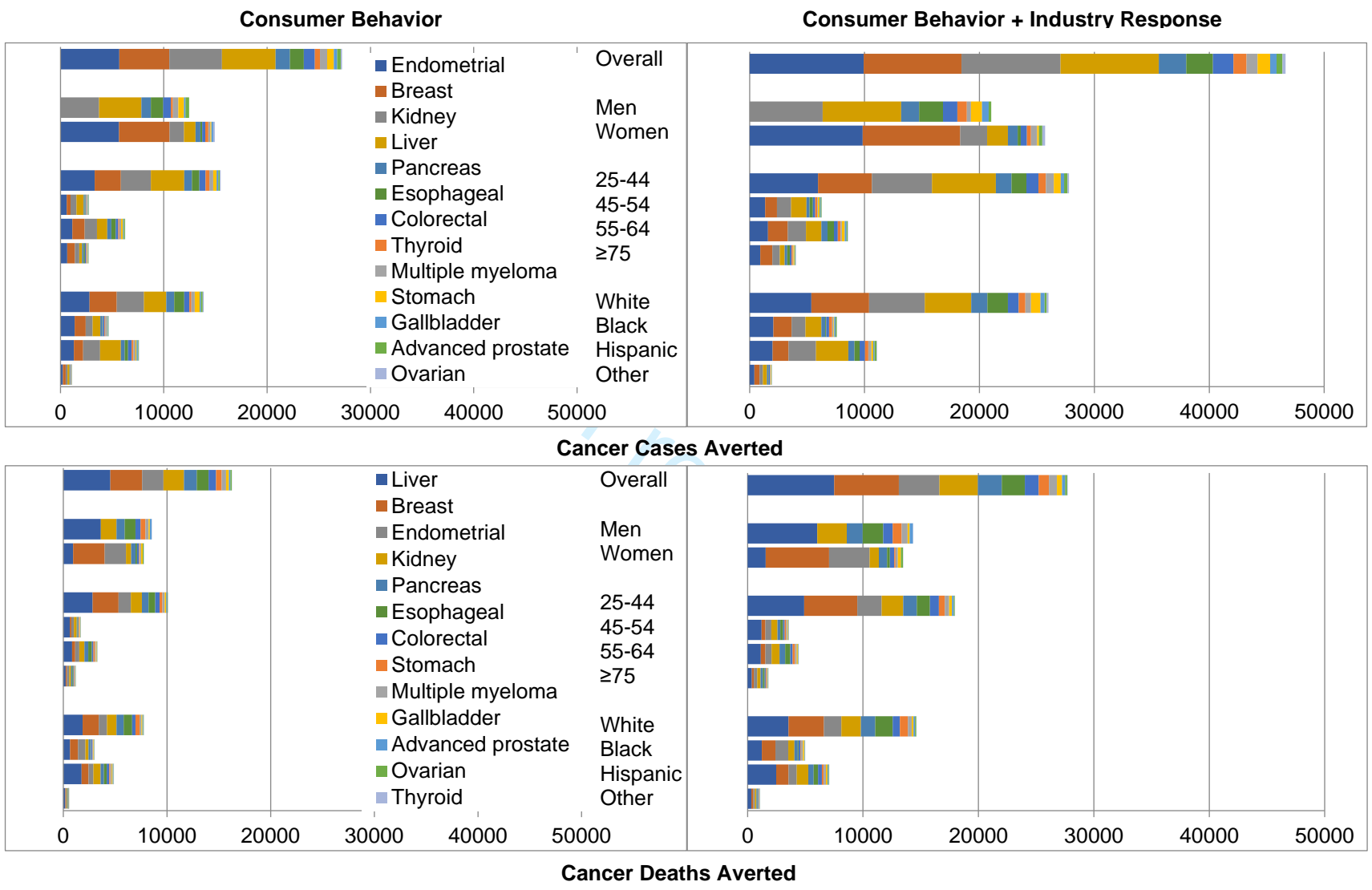
1. Values are the median estimates (95% uncertainty intervals) of each distribution of 1000 simulations.
2. Health-related costs were inflated to 2015 US dollars using the Personal Health Care (PHC) index. Policy intervention costs were inflated to 2015 US dollars using the Consumer Price Index. Negative costs represent savings.
3. Costs are medians from 1000 simulations so may not add up to totals.
4. Net costs were calculated as policy costs minus health-related costs from reduced cancer burden. Societal perspective includes healthcare cost, patient time costs, productivity costs, and policy implementation costs; government perspective included policy costs relevant to policy implementation and program monitoring and evaluation and medical costs.
5. ICER threshold was evaluated at \$150,000/QALY. Dominant represents less costly and more effective than the "no-policy intervention" scenario.



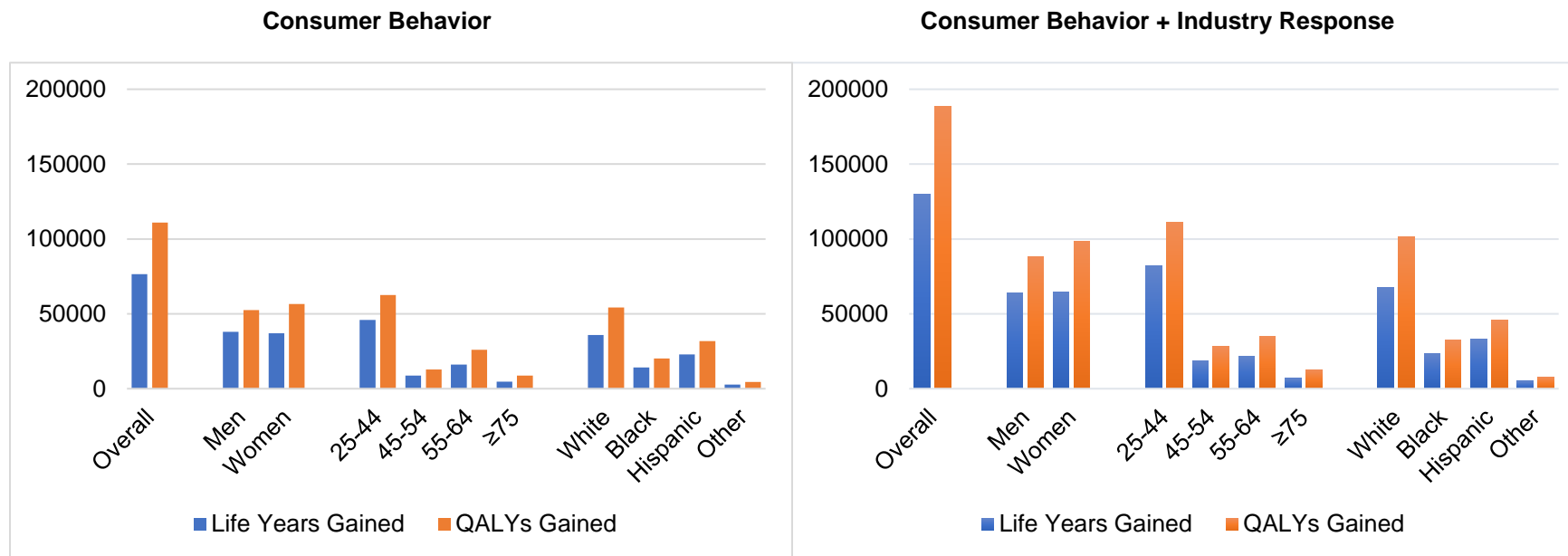
Supplementary Figure 1. Diet and Cancer Outcome Model (DiCOM)

The model consists of four general health states: (a) healthy without cancer (healthy state); (b) initial cancer diagnosis (initial state) for each cancer type i ; (c) continuing care (continuing state) for each cancer type i ; and (d) death state. Transitions between states are based on national cancer incidence and cancer-specific mortality rates from SEER (for individual with cancer) and lifetable-based mortality rates (for individuals without cancer). The model simulates the policy impact on the number of new cases and deaths of 13 obesity-associated cancers, health-related quality of life (HRQOL), and health-related costs among U.S. adults over a lifetime by comparing a policy scenario (menu calorie label) to a non-policy scenario (status quo).

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47



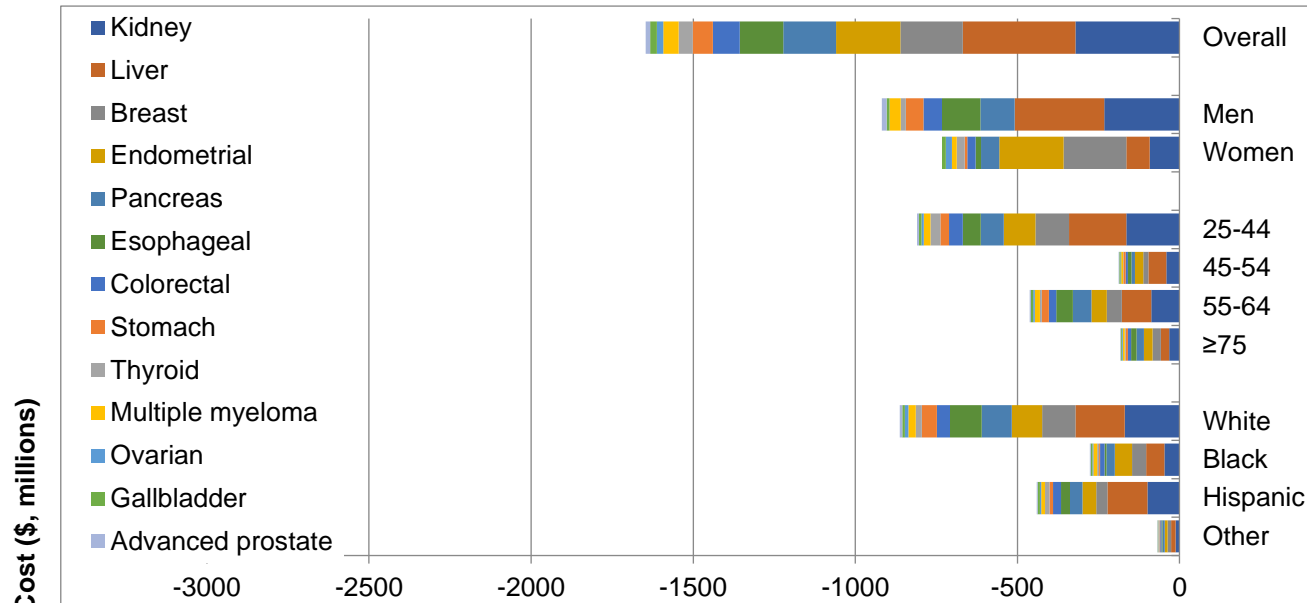
Supplementary Figure 2. Estimated reduced new cancer cases and deaths associated with the federal menu calorie labeling in the US by age, sex, race/ethnicity, and cancer type, over lifetime



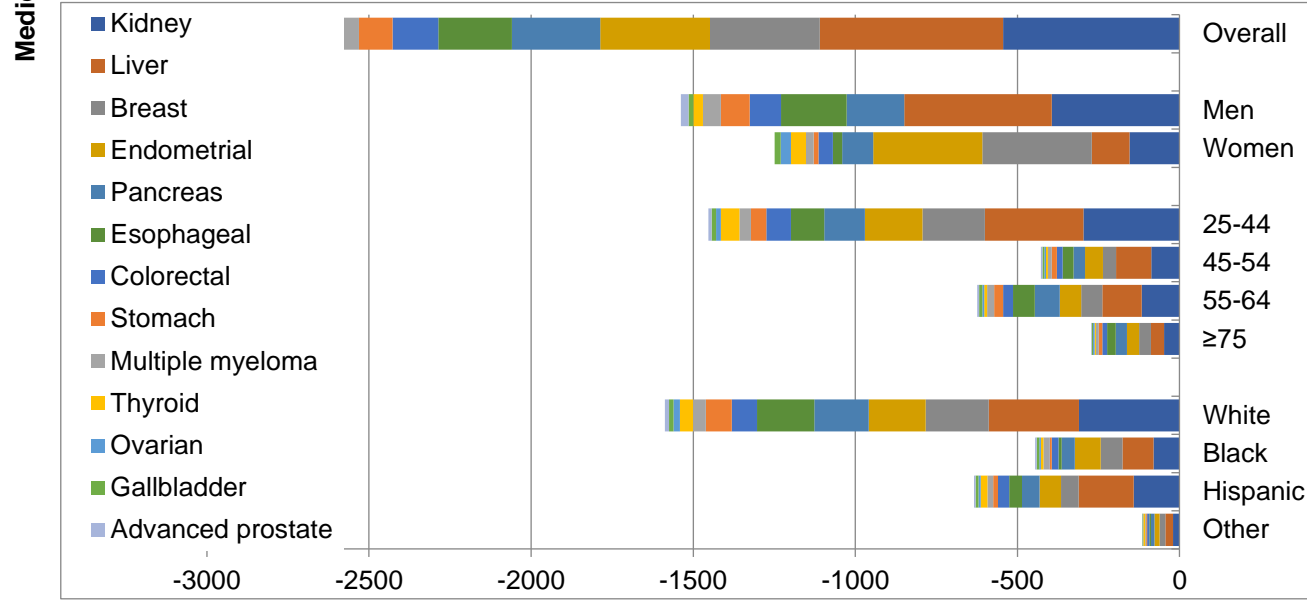
Supplementary Figure 3. Estimated life years and QALYs gained associated with the federal menu calorie labeling in the US by age, sex, and race/ethnicity, over a lifetime

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

Consumer Behavior

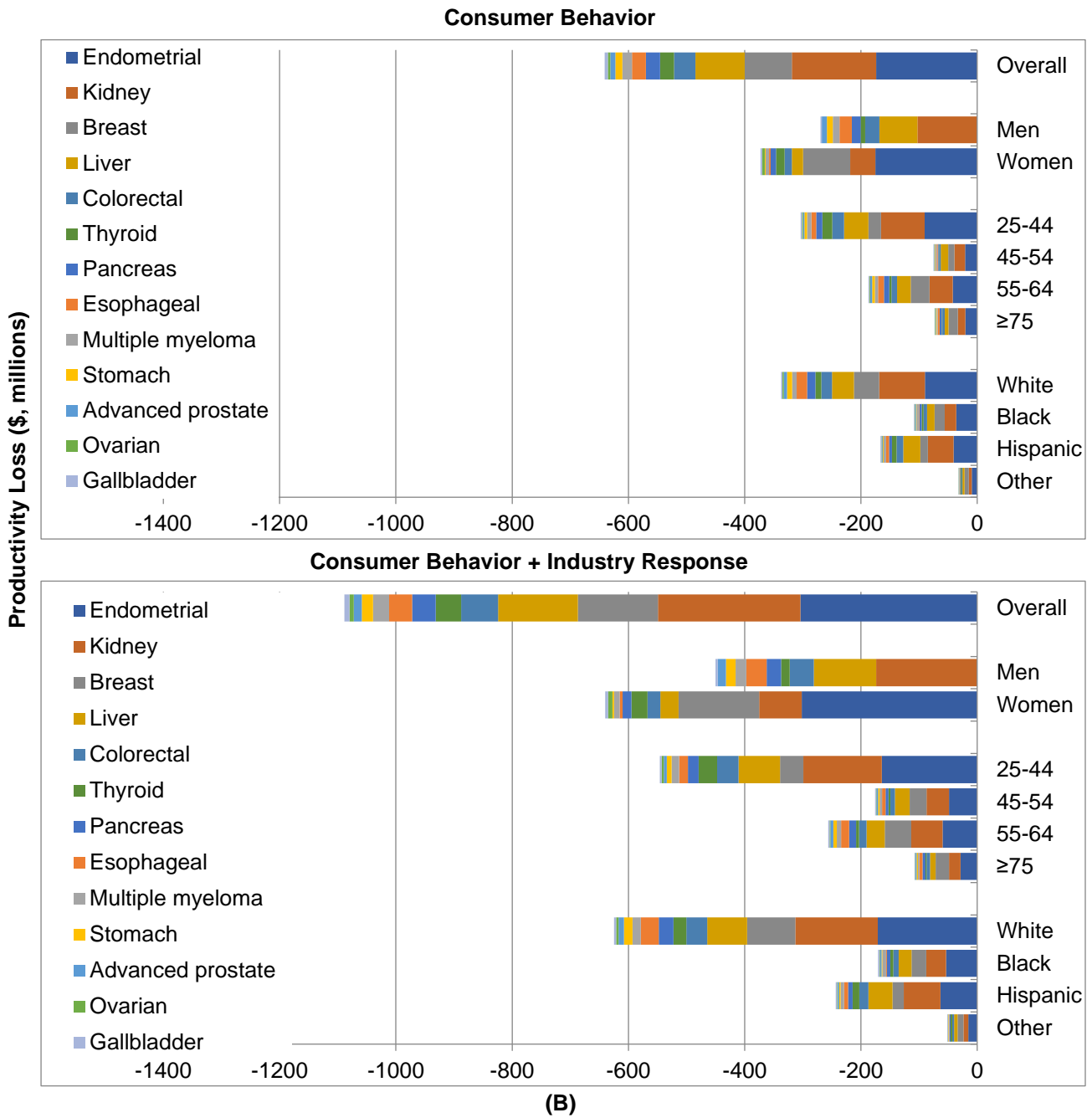


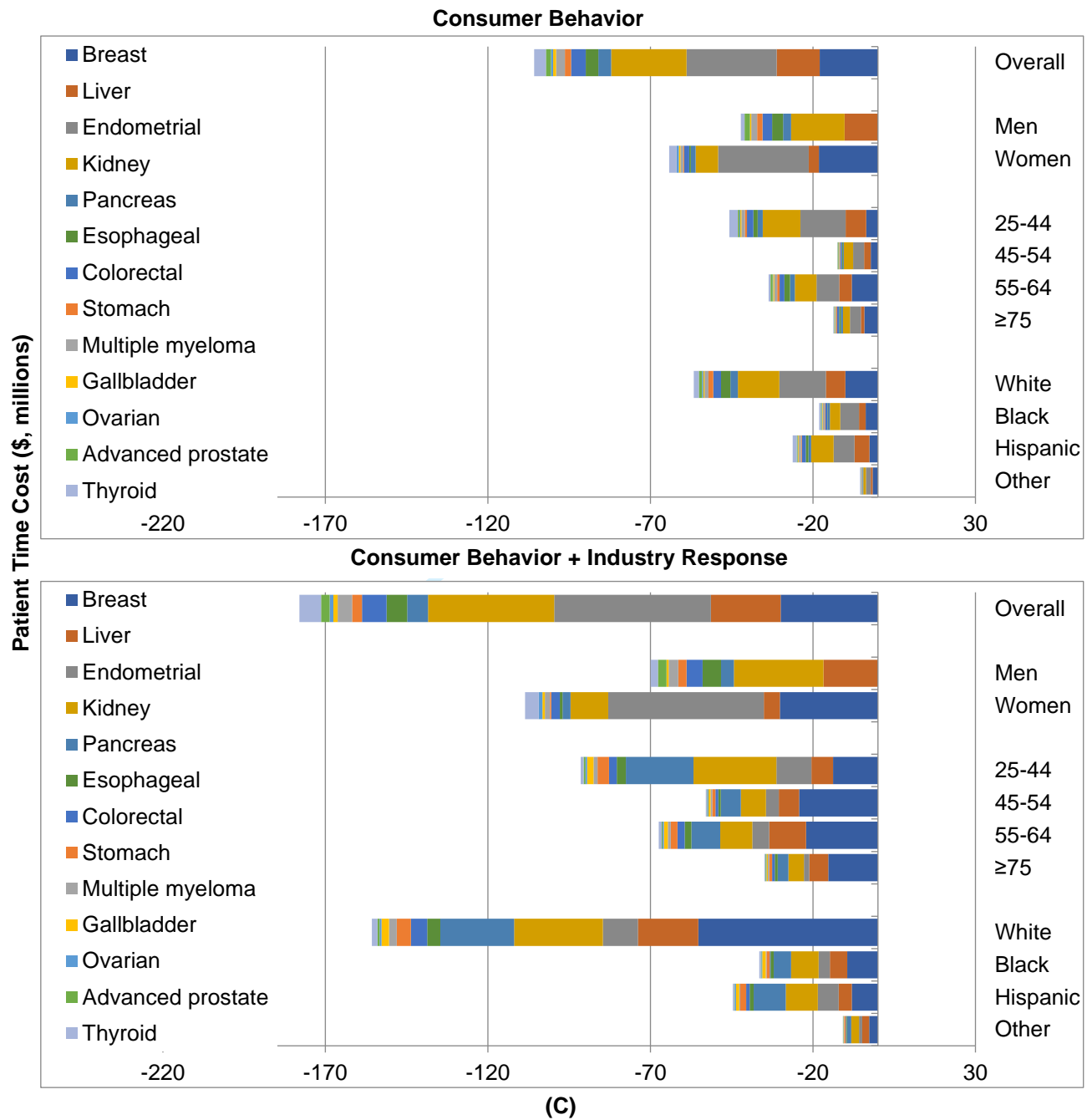
Consumer Behavior + Industry Response



(A)

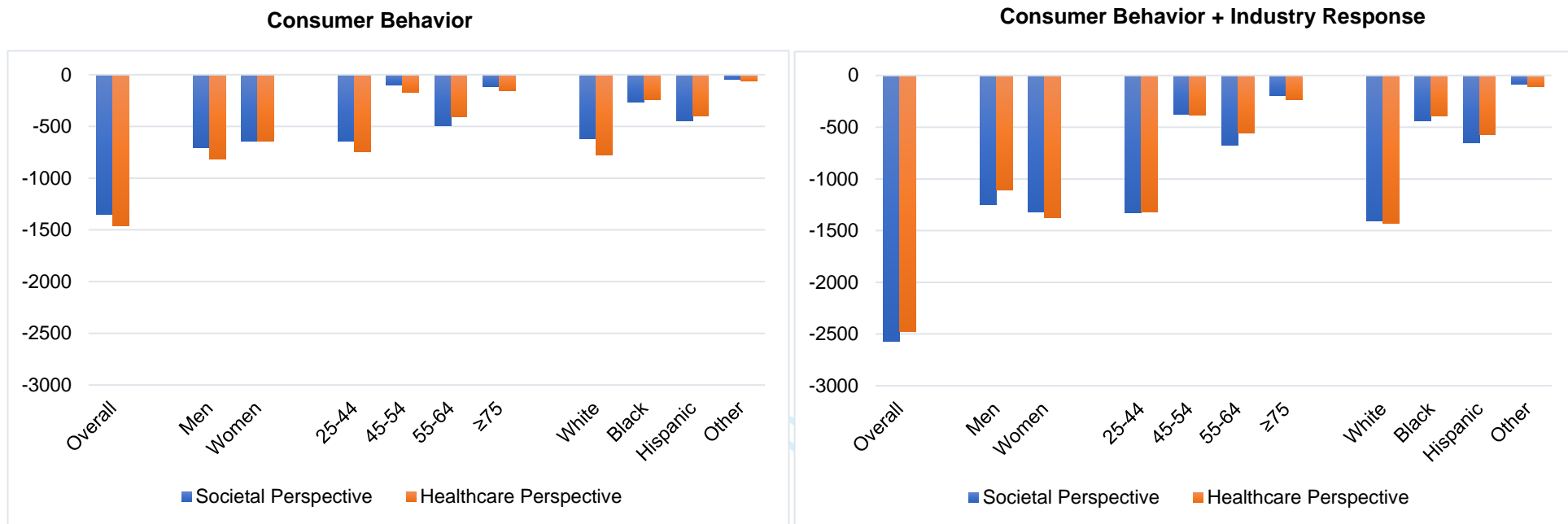
1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60



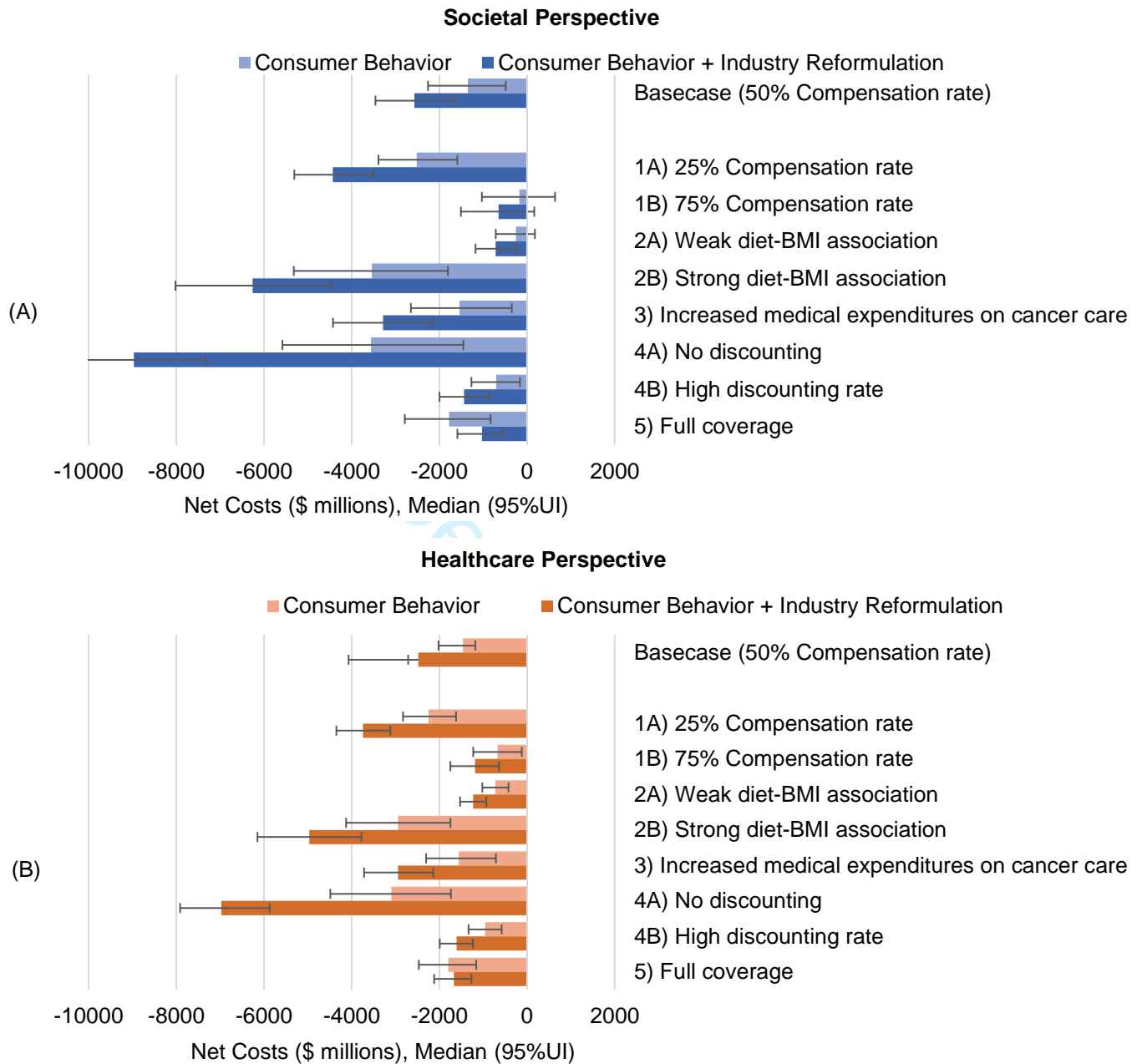


Supplementary Figure 4. Estimated changes of health-related costs associated with the federal menu calorie labeling in the US by age, sex, race/ethnicity, and cancer type, over lifetime

Net Costs (\$ millions)



Supplementary Figure 5. Estimated net costs from societal and government perspectives associated with the federal menu calorie labeling policy in the US by age, sex, and race/ethnicity, over a lifetime



Supplementary Figure 6. One-Way Sensitivity Analysis of Net Costs of Menu Calorie Labeling and Obesity-Associated Cancer Rates by Varying Assumptions of Key Input Parameters From (A) Societal Perspective and (B) Healthcare Perspective

1a) assumed that only 25% of calorie reduction as a result of industry response would translate into long-term reductions in daily calories; 1b) assumed that only 75% of calorie reduction as a result of industry response would translate into long-term reductions in daily calories; 2a) weaker diet-BMI association assumed half of the base-case diet-BMI association; 2b) stronger diet-BMI association assumed two times of the base-case diet-BMI association; 3) 2% annual increase in medical expenditure on cancer care; 4a) lower discounting rate assumed 0% discounting rate; 4b) higher discounting rate assumed 5% discounting rate; and 5) assumed the coverage of the FDA's final rule increasing from 56.5% to 100% of the calories from full-service restaurants. Under base-case scenario (policy effect assumed consumer behavior: -7.3%, and industry reformulation: -5.0%; assumed that only 50% of calorie reduction as a result of industry response would translate into long-term reductions in daily calories; diet-BMI association assumed healthy-weight: 0.0015 kg/m² per kcal, and overweight/obese: 0.003 kg/m² per kcal; medical expenditure on cancer care assumed 0% annual increase; discounting rate assumed 3%; policy coverage would affect 56.5% of calories consumed at full-service restaurants and 100% of calories consumed at fast-food restaurants), the policy was cost-saving from both societal and healthcare perspectives. The policy remained cost-saving for all sensitivity analyses from the healthcare perspective and from societal perspective with additional industry reformulation. With consumer behavior alone, the policy was cost-saving under all scenarios.

CHEERS Checklist

Items to include when reporting economic evaluations of health interventions

The **ISPOR CHEERS Task Force Report**, *Consolidated Health Economic Evaluation Reporting Standards (CHEERS)—Explanation and Elaboration: A Report of the ISPOR Health Economic Evaluations Publication Guidelines Good Reporting Practices Task Force*, provides examples and further discussion of the 24-item CHEERS Checklist and the CHEERS Statement. It may be accessed via the *Value in Health* or via the ISPOR Health Economic Evaluation Publication Guidelines – CHEERS: Good Reporting Practices webpage: <http://www.ispor.org/TaskForces/EconomicPubGuidelines.asp>

Section/item	Item No	Recommendation	Reported on page No/line No
Title and abstract			
Title	1	Identify the study as an economic evaluation or use more specific terms such as “cost-effectiveness analysis”, and describe the interventions compared.	Page 1/Lines 1-2
Abstract	2	Provide a structured summary of objectives, perspective, setting, methods (including study design and inputs), results (including base case and uncertainty analyses), and conclusions.	Pages 3-4/ Lines 32-59
Introduction			
Background and objectives	3	Provide an explicit statement of the broader context for the study. Present the study question and its relevance for health policy or practice decisions.	Pages 5-6/ Lines 64-92
Methods			
Target population and subgroups	4	Describe characteristics of the base case population and subgroups analysed, including why they were chosen.	Page 9/ Lines 106-113
Setting and location	5	State relevant aspects of the system(s) in which the decision(s) need(s) to be made.	Page 6/Lines 96-98
Study perspective	6	Describe the perspective of the study and relate this to the costs being evaluated.	Page 12/ Lines 189-197
Comparators	7	Describe the interventions or strategies being compared and state why they were chosen.	Pages 9-10/ Lines 125-140
Time horizon	8	State the time horizon(s) over which costs and consequences are being evaluated and say why appropriate.	Page 6/ Lines 98-99
Discount rate	9	Report the choice of discount rate(s) used for costs and outcomes and say why appropriate.	Page 12 /Line 198
Choice of health outcomes	10	Describe what outcomes were used as the measure(s) of benefit in the evaluation and their relevance for the type of analysis performed.	Page 11/ Lines 158-170
Measurement of effectiveness	11a	<i>Single study-based estimates:</i> Describe fully the design features of the single effectiveness study and why the single study was a sufficient source of clinical effectiveness data.	



1		11b	<i>Synthesis-based estimates</i> : Describe fully the methods used for identification of included studies and synthesis of clinical effectiveness data.	Pages 9-11/ Lines 115-170
2				
3				
4	Measurement and	12	If applicable, describe the population and methods used to elicit preferences for outcomes.	
5	valuation of preference			
6	based outcomes			
7	Estimating resources	13a	<i>Single study-based economic evaluation</i> : Describe approaches used to estimate resource use associated with the alternative interventions. Describe primary or secondary research methods for valuing each resource item in terms of its unit cost. Describe any adjustments made to approximate to opportunity costs.	
8	and costs			
9				
10				
11				
12				
13				
14				
15		13b	<i>Model-based economic evaluation</i> : Describe approaches and data sources used to estimate resource use associated with model health states. Describe primary or secondary research methods for valuing each resource item in terms of its unit cost. Describe any adjustments made to approximate to opportunity costs.	Page 11/ Lines 168-170
16				
17				
18				
19				
20				
21				
22	Currency, price date,	14	Report the dates of the estimated resource quantities and unit costs. Describe methods for adjusting estimated unit costs to the year of reported costs if necessary. Describe methods for converting costs into a common currency base and the exchange rate.	Page 12/Line 197-198
23	and conversion			
24				
25				
26				
27				
28	Choice of model	15	Describe and give reasons for the specific type of decision-analytical model used. Providing a figure to show model structure is strongly recommended.	Supplementary Figure 1 Pages 9-10/ Lines 118-120, 128-129, 135-140, 145-152
29				
30				
31	Assumptions	16	Describe all structural or other assumptions underpinning the decision-analytical model.	
32				
33	Analytical methods	17	Describe all analytical methods supporting the evaluation. This could include methods for dealing with skewed, missing, or censored data; extrapolation methods; methods for pooling data; approaches to validate or make adjustments (such as half cycle corrections) to a model; and methods for handling population heterogeneity and uncertainty.	Page 13/ Lines 210-214
34				
35				
36				
37				
38				
39				
40				
41	Results			
42	Study parameters	18	Report the values, ranges, references, and, if used, probability distributions for all parameters. Report reasons or sources for distributions used to represent uncertainty where appropriate. Providing a table to show the input values is strongly recommended.	Pages 7-8/Table 1
43				
44				
45				
46				
47				
48	Incremental costs and	19	For each intervention, report mean values for the main categories of estimated costs and outcomes of interest, as well as mean differences between the comparator groups. If applicable, report incremental cost-effectiveness ratios.	Pages 16-17/ Table 2
49	outcomes			
50				
51				
52				
53	Characterising	20a	<i>Single study-based economic evaluation</i> : Describe the effects of sampling uncertainty for the estimated incremental cost and	
54	uncertainty			
55				
56				
57				
58				
59				
60				

1		incremental effectiveness parameters, together with the impact	
2		of methodological assumptions (such as discount rate, study	
3		perspective).	
4			
5	Characterising	20b <i>Model-based economic evaluation:</i> Describe the effects on the	Page 21/ Lines 282-295
6	heterogeneity	results of uncertainty for all input parameters, and uncertainty	
7		related to the structure of the model and assumptions.	
8		21 If applicable, report differences in costs, outcomes, or cost-	
9		effectiveness that can be explained by variations between	
10		subgroups of patients with different baseline characteristics or	Pages 18-19/ Lines 267-281
11		other observed variability in effects that are not reducible by	
12		more information.	
13	Discussion		
14	Study findings,		
15	limitations,	22 Summarise key study findings and describe how they support	
16	generalisability, and	the conclusions reached. Discuss limitations and the	
17	current knowledge	generalisability of the findings and how the findings fit with	Pages 21-24
18		current knowledge.	
19	Other		
20	Source of funding	23 Describe how the study was funded and the role of the funder	
21		in the identification, design, conduct, and reporting of the	
22		analysis. Describe other non-monetary sources of support.	Page 26
23			
24	Conflicts of interest	24 Describe any potential for conflict of interest of study	
25		contributors in accordance with journal policy. In the absence	
26		of a journal policy, we recommend authors comply with	Pages 26-27
27		International Committee of Medical Journal Editors	
28		recommendations.	
29			

For consistency, the CHEERS Statement checklist format is based on the format of the CONSORT statement checklist

The **ISPOR CHEERS Task Force Report** provides examples and further discussion of the 24-item CHEERS Checklist and the CHEERS Statement. It may be accessed via the *Value in Health* link or via the ISPOR Health Economic Evaluation Publication Guidelines – CHEERS: Good Reporting Practices webpage: <http://www.ispor.org/TaskForces/EconomicPubGuidelines.asp>

The citation for the CHEERS Task Force Report is:

Husereau D, Drummond M, Petrou S, et al. Consolidated health economic evaluation reporting standards (CHEERS)—Explanation and elaboration: A report of the ISPOR health economic evaluations publication guidelines good reporting practices task force. *Value Health* 2013;16:231-50.

