

Supplementary Materials for
**Lighting up metastasis process before formation of secondary tumor by
phosphorescence imaging**

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Figs. S1 to S23
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References

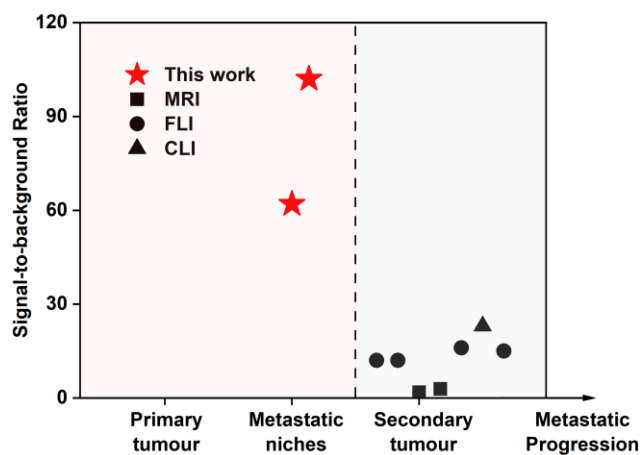


Fig. S1. Signal-to-Background Ratio (SBR) and corresponding metastatic stages of current technologies reported in literatures and our work.

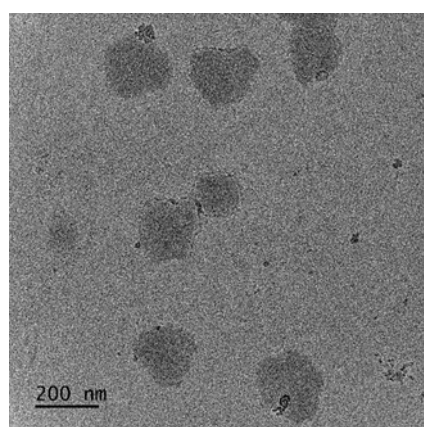


Fig. S2. Representative transmission electron microscopy (TEM) images of prepared NPs.

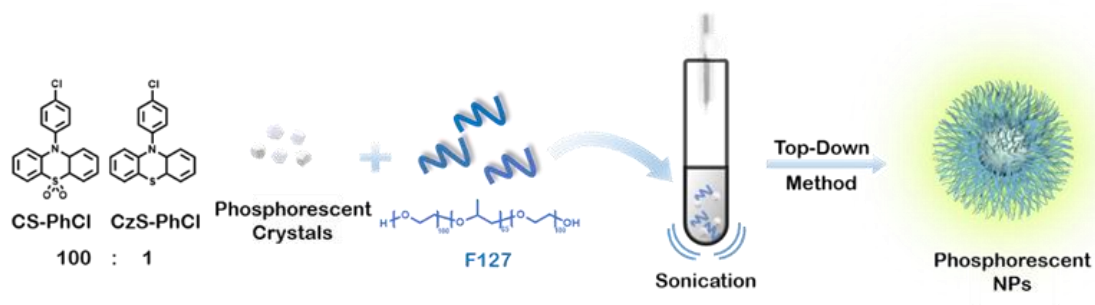


Fig. S3. Schematic diagram of fabrication processes of phosphorescence NPs.

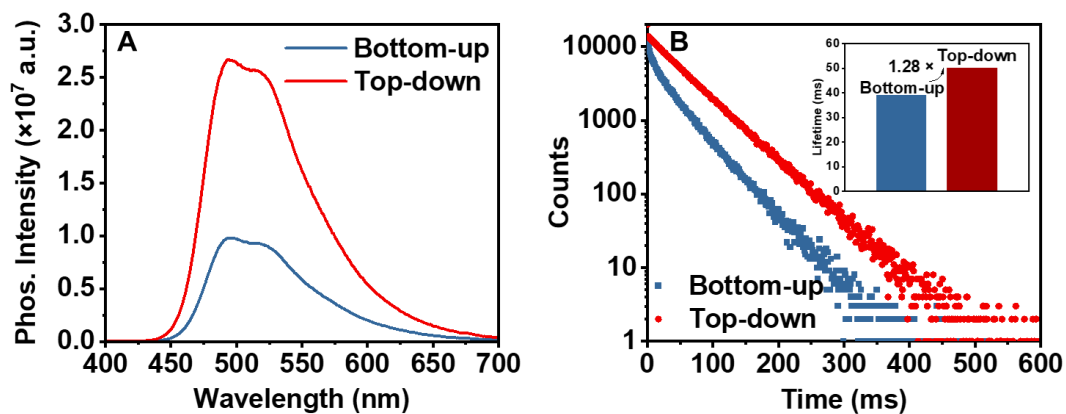


Fig. S4. The RTP property of NPs by bottom-up and top-down methods. (A) Phosphorescence spectra of nanoparticles, (B) Phosphorescence delay of nanoparticles.

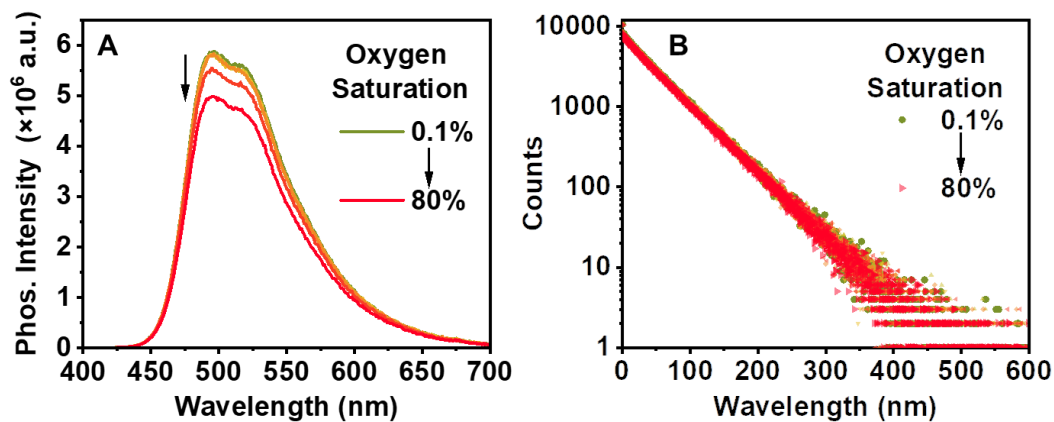


Fig. S5. The RTP property of NPs with different oxygen saturation in PBS solution. The phosphorescence spectra (A) and the phosphorescence decay (B) of NPs with the oxygen saturation ranging from 0.1% to 80%.

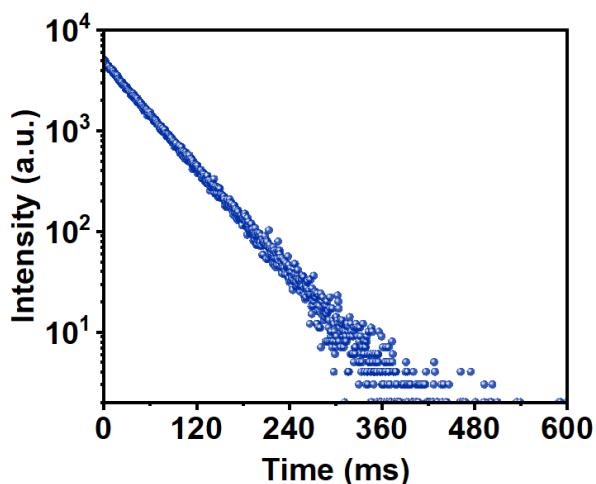


Fig. S6. RTP decay curves of NPs determined by FLS980.

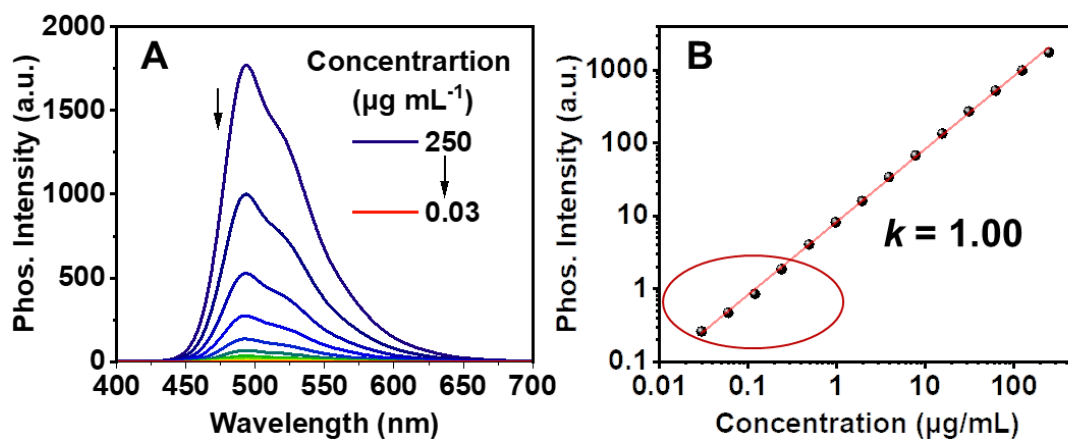


Fig. S7. Comparison of fluorescence and phosphorescence sensitivity by fluoresceine and phosphorescence NPs. The phosphorescence intensity (A) and the maximum emission intensity (B) of phosphorescence NPs with concentration ranging from 250 $\mu\text{g mL}^{-1}$ to 0.03 $\mu\text{g mL}^{-1}$.

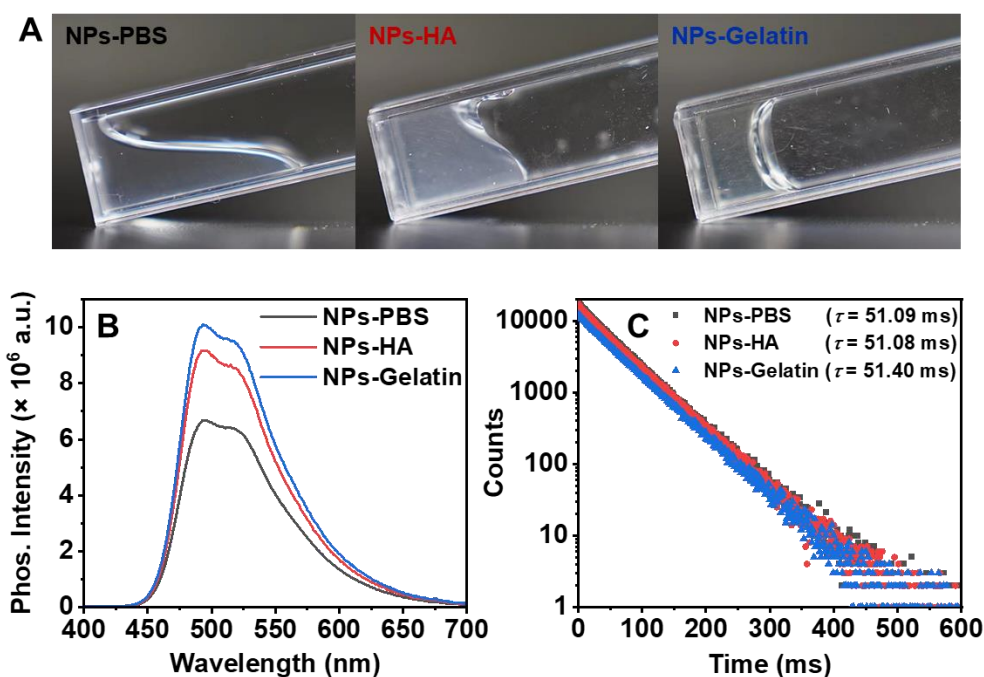


Fig. S8. Stiffness response of phosphorescence NPs under different environment. The photographs (A), phosphorescence spectra (B) and lifetimes (C) of phosphorescence NPs in PBS, 10% HA, and 15% gelatin solutions.

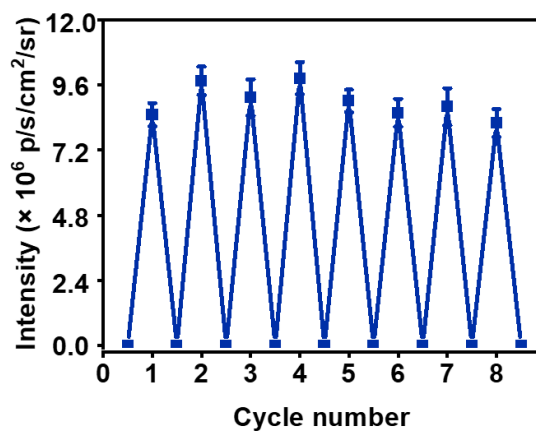


Fig. S9. The phosphorescence intensities of NPs as a function of the cycle number of light activations. ($n = 3$, mean \pm s.d.).

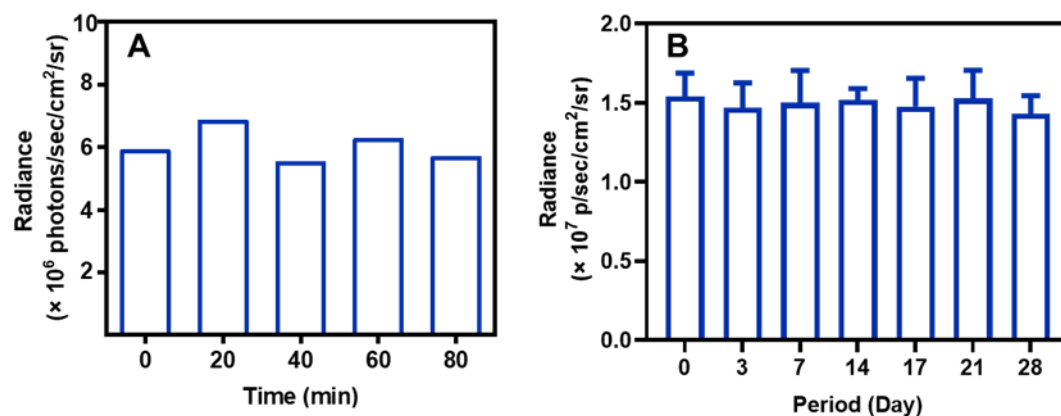


Fig. S10. (A) The afterglow intensities of NPs with varied UV exposure time. (B) The afterglow intensities of NPs after storage for different days at 4 °C (n = 3, mean \pm s.d.).

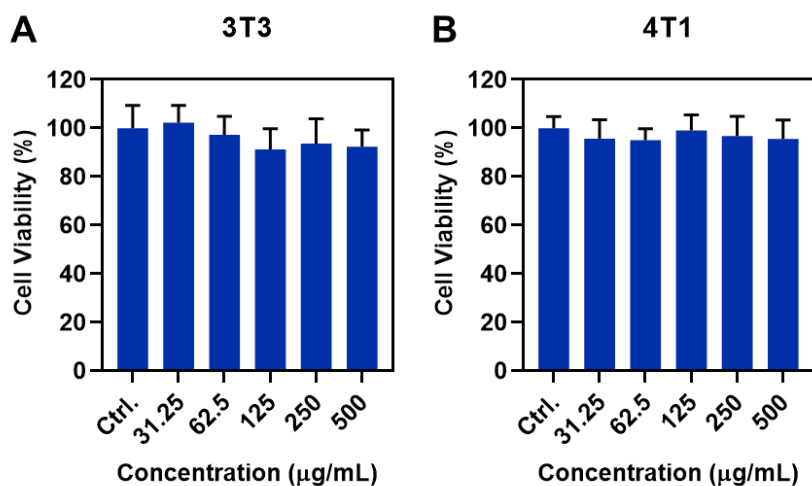


Fig. S11. Cell viabilities of NIH/3T3 (A) and 4T1 (B) cells after incubation with NPs in different concentration. (n = 3, mean \pm s.d.).

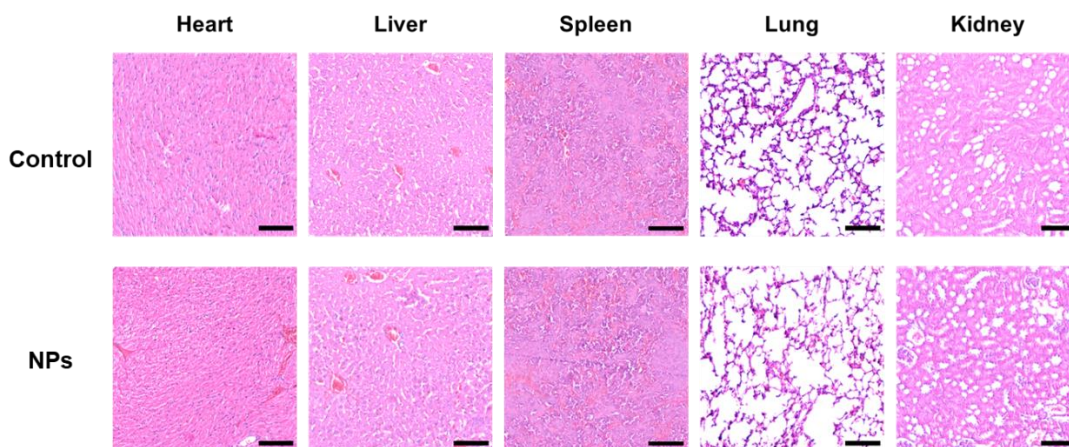


Fig. S12. H&E-stained images of major organs of the normal mice after intravenous injection of PBS (control) and NPs (n = 3). The scale bars represent 100 μm .

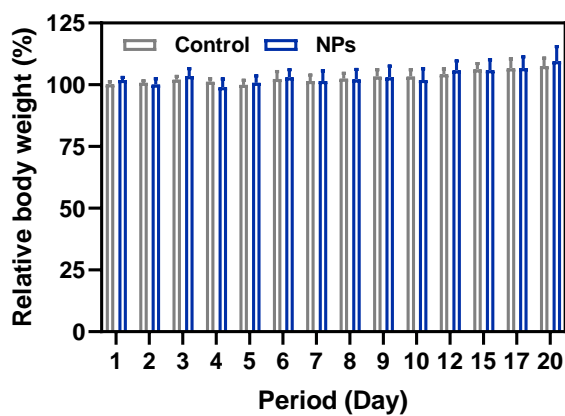


Fig. S13. Changes of relative body weight of healthy BALB/c mice after intravenous injection of PBS and NPs from day 1 to day 20 (n = 3, mean \pm s.d.).

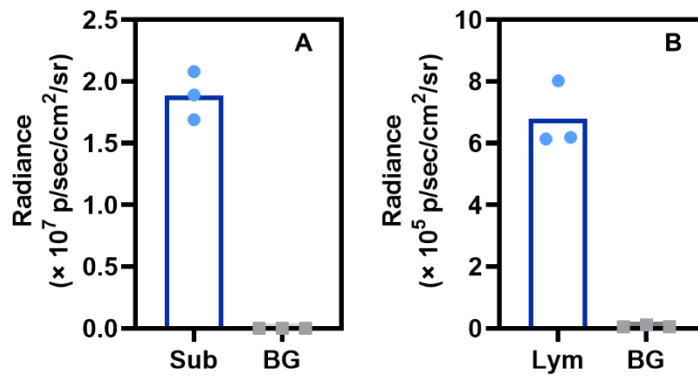


Fig. S14. Signal and background radiance of pre-irradiated subcutaneous imaging (A) and lymph node imaging (B) ($n = 3$).

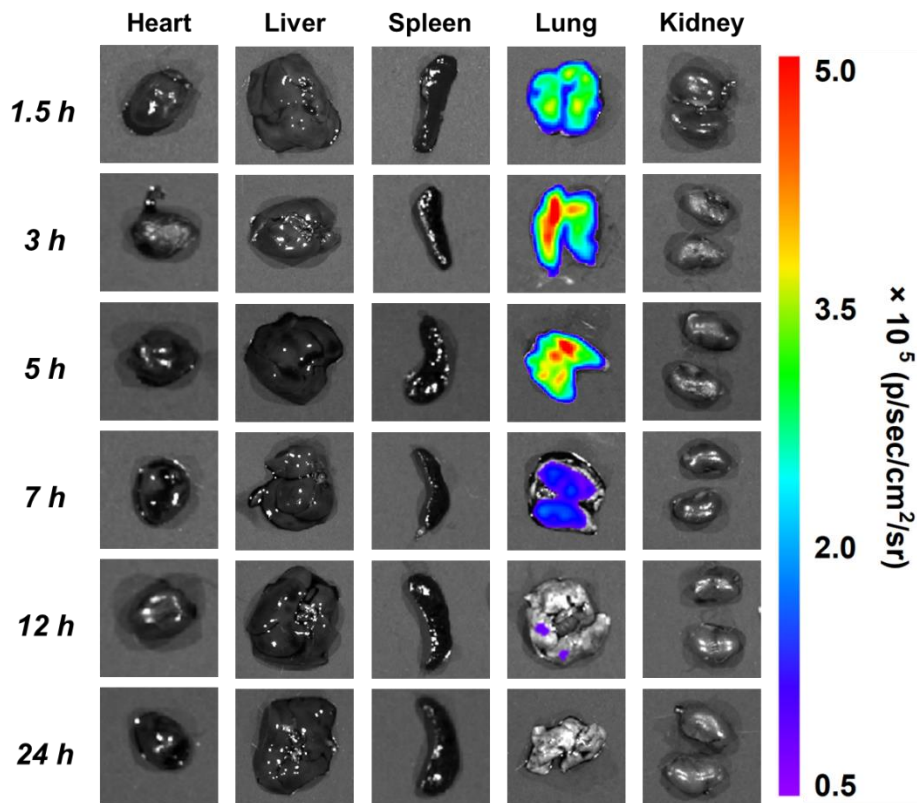


Fig. S15. Phosphorescence imaging of isolated organs (hearts, livers, spleens, lungs and kidneys) from mice bearing 4T1 metastatic tumors at 1.5 h, 3 h, 5 h, 7 h, 12 h and 24 h post intravenous injection of NPs after removal of light irradiation at $t = 10$ s.

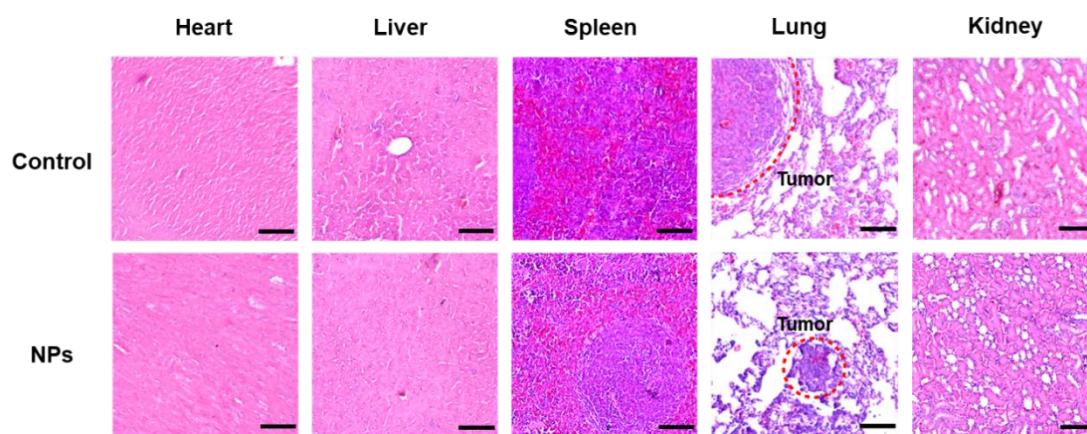


Fig. S16. H&E-stained images of major organs of the mice bearing 4T1 lung metastases after intravenous injection of NPs. The scale bars represent 100 μm .

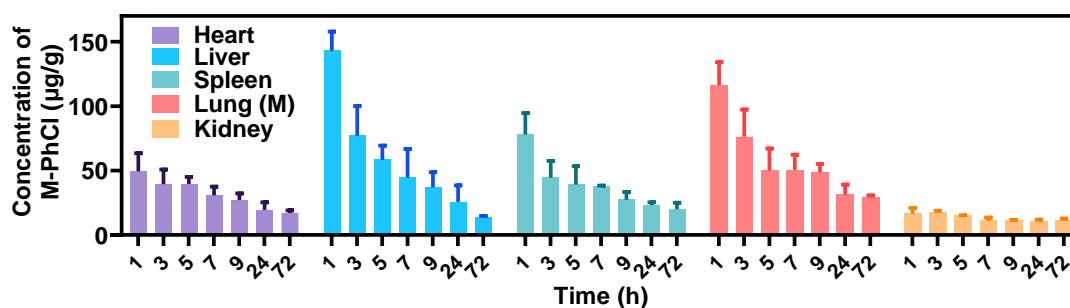


Fig. S17. NPs concentration in different organs from mice bearing 4T1 metastatic tumors at 1.5 h, 3 h, 5 h, 7 h, 12 h and 24 h post intravenous injection. (M, metastases) ($n = 3$, mean \pm s.d.).

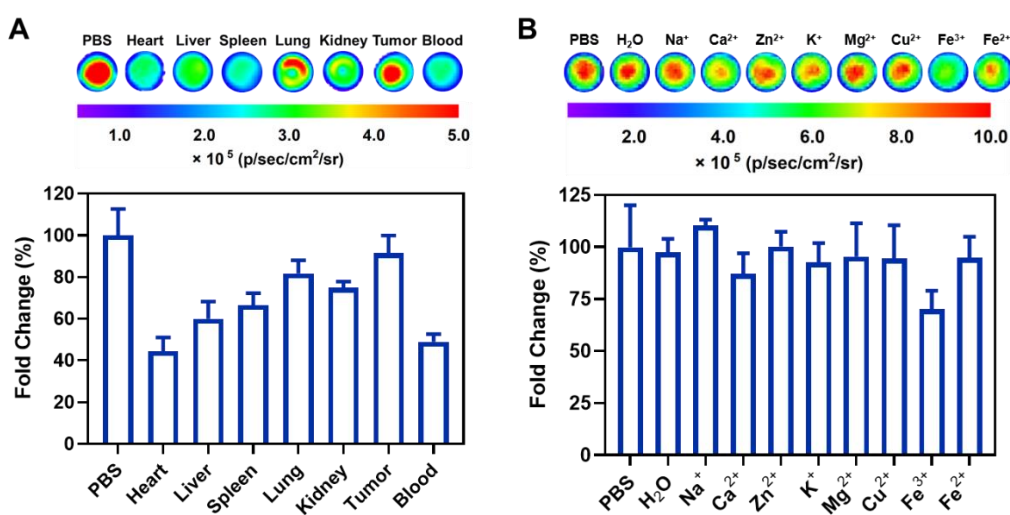


Fig. S18. Phosphorescence images captured by IVIS spectrum and plot of fold changes of phosphorescence intensities for NPs after incubation with different tissue homogenates (A) and different metal ions (B), respectively ($n = 3$, mean \pm s.d.)

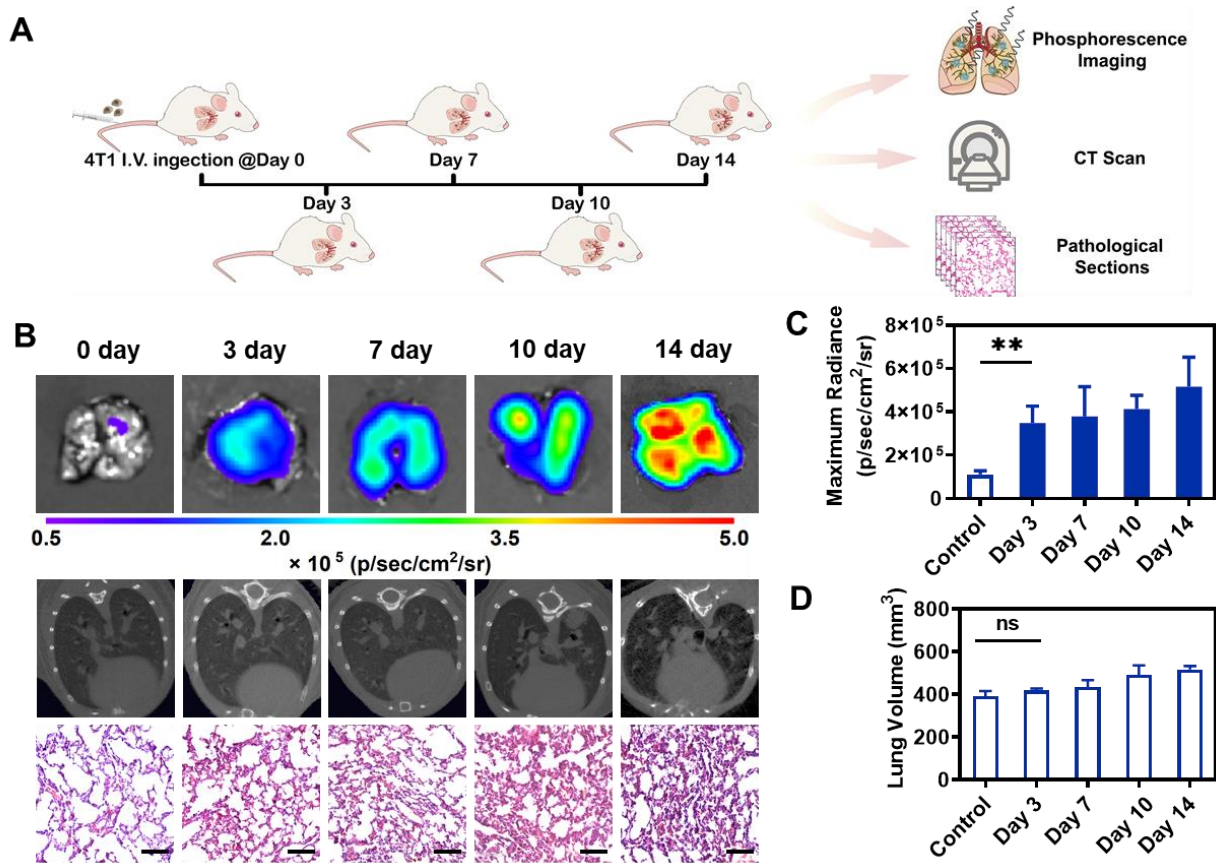


Fig. S19. (A) Schematic diagram of 4T1 lung metastatic tumor and lungs monitored by phosphorescence imaging, CT scan and pathological sections. (B) Phosphorescence images, CT images, and H&E-stained images of 4T1 metastatic lungs from day 0 to day 14 ($n = 3$). Scale bar: 100 μm . (C) Maximum radiance of phosphorescence imaging of 4T1 metastatic lungs from day 0 to day 14 ($n = 3$, mean \pm s.d.). (D) Lung volume of 4T1 metastatic lungs from day 0 to day 14 calculated by Analyze 14.0 software ($n = 3$, mean \pm s.d.).

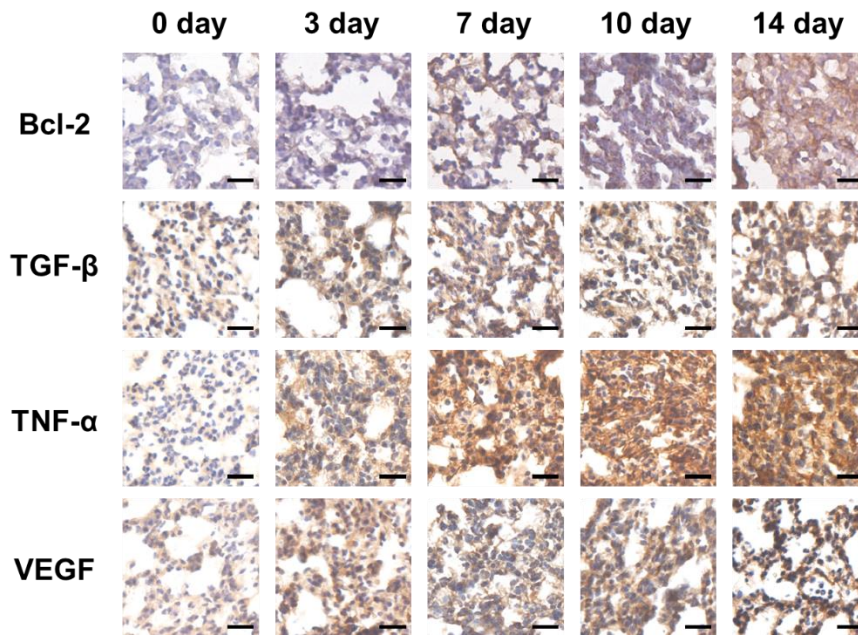


Fig. S20. IHC staining of Bcl-2, TGF- β , TNF- α and VEGF of 4T1 metastatic lungs from day 0 to day 14 (n = 3). Scale bar: 20 μ m.

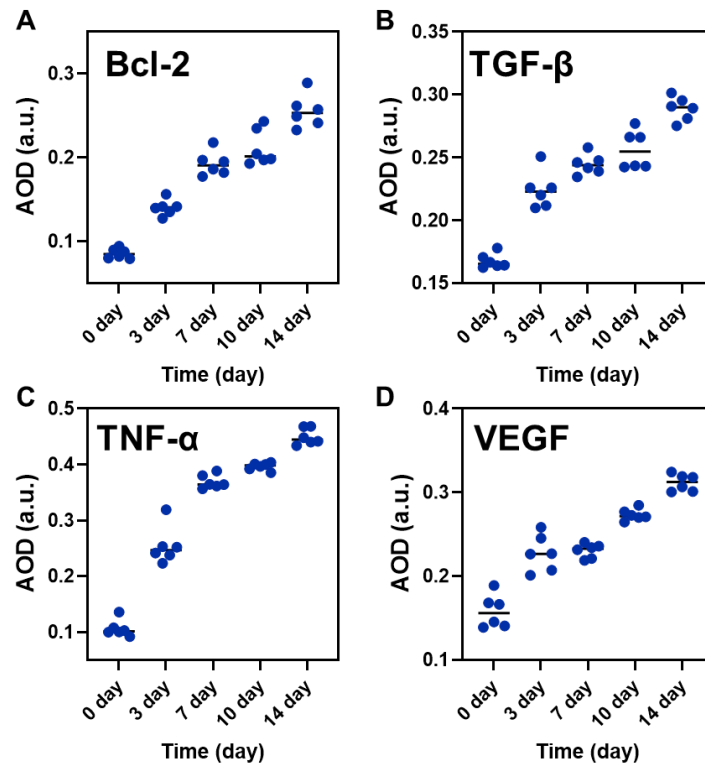


Fig. S21. Average optical density (AOD) of corresponding IHC stained images calculated by ImageJ software. A: Bcl-2. B: TGF- β . C: TNF- α . D: VEGF (n = 6).

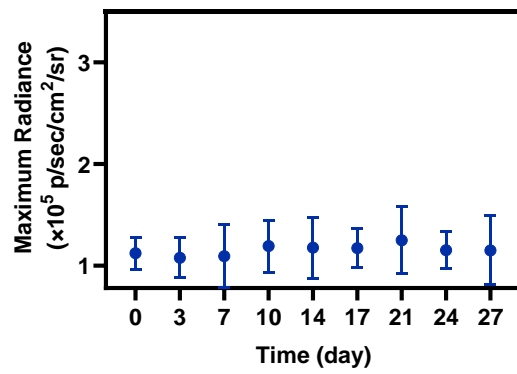


Fig. S22. Maximum radiance of lungs of control mice from day 0 to day 27 (n = 3, mean \pm s.d.).

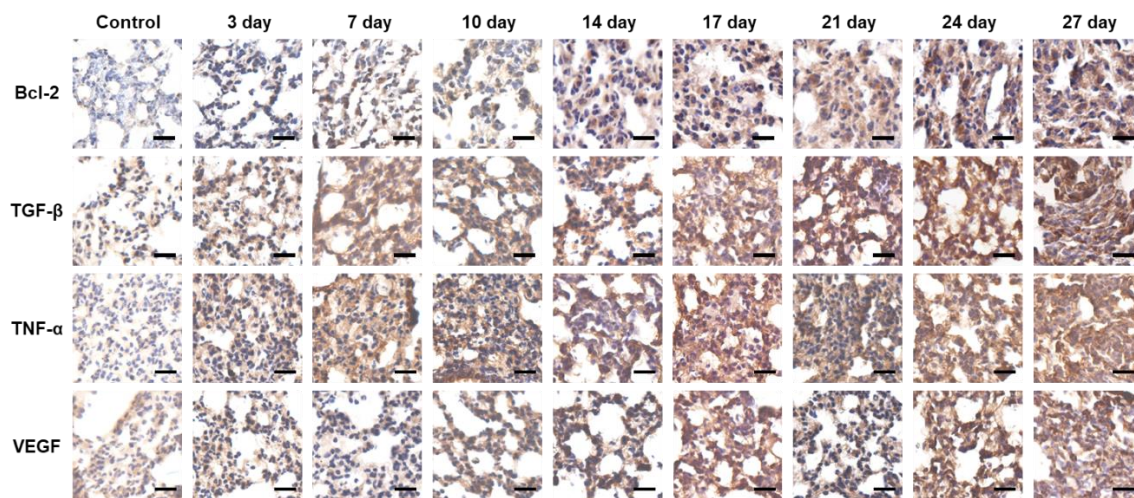
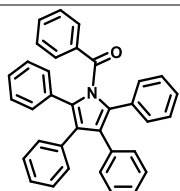
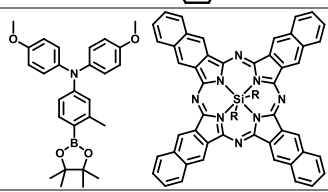
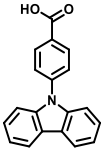
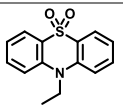
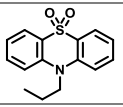
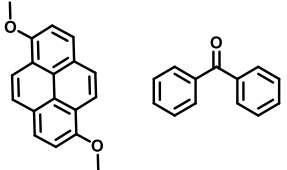
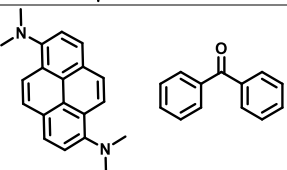
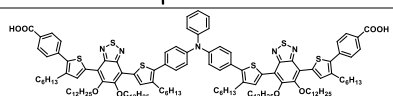


Fig. S23. IHC staining of Bcl-2, TGF- β , TNF- α and VEGF of orthotopic H22 liver tumor metastatic lungs from day 0 to day 27 (n = 3). Scale bar: 20 μ m.

Technologies	Metastatic target organ	Metastatic pathway	Orthotopic metastatic models	Diagnosed metastatic stage	SBR	Reference
Phosphorescence imaging	Lung	Blood-stream	No	Pre-metastatic microenvironmental changes	102	This work
Phosphorescence imaging	Lung	Blood-stream	Yes	Pre-metastatic microenvironmental changes	62	This work
Fluorescence imaging	Lung Liver Pancreas Kidney Bone	Blood-stream	No	Secondary tumor	12	(11)
Fluorescence imaging	Peritoneum	/	Yes	Secondary tumor	12	(12)
Fluorescence imaging	Back	/	No	Secondary tumor	16	(13)
Fluorescence imaging & Naked eye	Lymph node	Lymphatic system	No	Secondary tumor	/	(50)
Optoacoustic imaging	Lymph node	Lymphatic system	No	Secondary tumor	/	(51)
MRI	Liver	/	No	Secondary tumor	1.8	(15)
MRI	Liver	Blood-stream	No	Secondary tumor	2.9	(52)
MRI & PET	Lymph node	Lymphatic system	No	Secondary tumor	/	(53)
PET & Urine test	Lung	Blood-stream	No	Secondary tumor	/	(16)

Micro-CT & FMT & MRI	Liver Lung	Blood-stream	Yes	Secondary tumor	15	(17)
Chemiluminescence imaging	Peritoneum	/	No	Secondary tumor	23	(20)

Table S1. Comparison of NPs with other imaging methods in terms of metastatic site, metastatic pathway, diagnosed metastatic stages and signal to background ratio.

Sample	Molecular structure	Quantum yield	Phos. lifetime	Subcutaneous signal to noise ratio (SBR)	Reference
TPM (No.1)		3.7 %	20.1 μ s	7	(54)
m-TPA-N (No.2)		17 % (11 %) *	0.025 s (9.3 μ s) *	51	(35)
4-BACZ (No.3)		53 %	0.55 s	62	(55)
CS-C₂H₅ (No.4)		3.5 %	0.092 s	30	(56)
CS-C₃H₇ (No.5)		5.7 %	0.327 s	70	(56)
DMOPy/BPO (No.6)		18 %	0.11 s	75	(27)
DMApy/BPO (No.7)		20 %	0.18 s	160	(27)
d-DTBT (No.8)		20 %	0.28 s	4	(26)

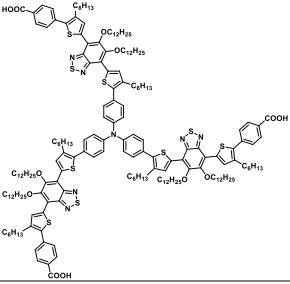
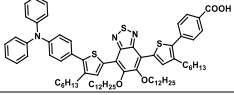
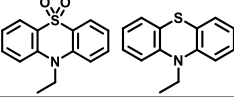
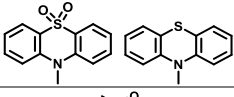
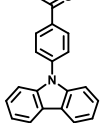
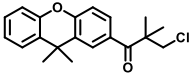
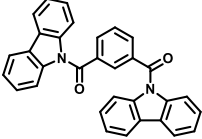
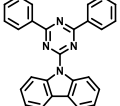
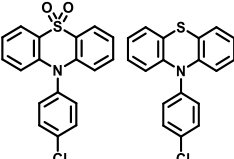
t-DTBT (No.9)		11 %	0.30 s	17	
s-DTBT (No.10)		32 %	0.34 s	230	
M-C₂H₅ (No.11)		43 %	33 s	147	(25)
M-CH₃ (No.12)		20 %	17 s	310	
CBA-CH₃ (No.13)		52 %	0.868 s	367	(39)
XCO-PiCl (No.14)		5.4 %	0.61 s	375	(57)
m-PBCM (No.15)		13 %	0.71 s	428	(58)
OSN1-T (No.16)		4.9 % (11 %) *	0.861	444	(31)
M-PhCl (No.17)		55 % (23 %) *	6.38 s (49 ms) *	2278	This work

Table S2. Signal-to-background ratio (SBR) of subcutaneous imaging and corresponding lifetimes of pure organic RTP materials reported in literatures and our work. (*Quantum yield or phosphorescence lifetime of prepared nanoparticles)

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