

Supplemental table 2. Newcastle-Ottawa Scale for assessing the quality of studies in meta-analysis (4-5 scores:Low quality, 6-7 scores: Intermediate quality, 8-9 sores: High quality)

	Selection			Comparability of cohorts	Outcome			Score	
Case control study	Is the case definition adequate?	Representativeness of the case	Selection of controls	Definition of controls	Comparability of cases and controls on the basis of the design or analysis	Ascertainment of exposure	Same method of ascertainment for cases and controls	Non-response rate	total
Krysiak A 2019 [10]	★	★		★	★	★	★	★	7
Krysiak B 2018 [11]	★	★		★	★	★	★	★	7
Nordio A 2017 [12]	★	★		★	★	★	★	★	7
Nordio B 2017 [13]	★	★		★	★	★	★	★	7
Krysiak C 2012 [14]	★	★		★	★	★	★		6
Onal 2012 [15]	★	★		★	★	★	★	★	7
Karanikas 2008 [16]	★	★		★	★	★	★		6