## File name: Supplementary Movie 1

**Description:** A movie consisting of a few short video clips showing the propagation of representative quantized vortex rings in superfluid helium-4. These quantized vortex rings are visualized by imaging the trapped D<sub>2</sub> tracer particles.

# File name: Supplementary Movie 2

**Description:** A movie consisting of a few short video clips showing how quantized vortex rings are created as a consequence of reconnections of intersecting quantized vortex lines in superfluid helium-4.

# File name: Supplementary Movie 3

**Description:** A movie showing the motion of a quantized vortex ring which carries nine discrete D<sub>2</sub> tracer particles moving through quiescent superfluid helium-4. This event is analyzed and presented in Fig.1 in the paper.

# File name: Supplementary Movie 4

**Description:** A movie consisting of three short video clips showing three representative vortex-ring events where only two D<sub>2</sub> tracer particles are trapped on the vortex ring. For these events, the background flow of superfluid helium-4 is negligible. The analysis results of the first 2-particle vortex-ring event is presented in Fig. 2 in the paper.

## File name: Supplementary Movie 5

**Description:** A movie consisting of a few short video clips showing representative vortex-ring events where the rings heavily doped with D<sub>2</sub> tracer particles spontaneously flip to the downward direction while they propagate and shrink in superfluid helium-4. The analysis of the first event is presented in Fig.3 in the paper.

#### File name: Supplementary Movie 6

**Description:** A movie consisting of a few short video clips showing representative vortex ring events where the trapped D<sub>2</sub> tracer particles detach from the vortex core due to the Stokes drag from the normal fluid, as the ring diminishes. The detached particles then aggregate to form a cluster that slowly falls in superfluid helium-4. The analysis of the first event is presented in Fig.3 in the paper.

## File name: Supplementary Movie 7

**Description:** A representative movie showing the settling motion of D<sub>2</sub> tracer particles in quiescent superfluid helium-4. This movie is taken in the same experiment run as the 9-particle ring event and the 2-particle ring event presented in the paper.