CONSORT-EHEALTH (V 1.6.1) - Submission/Publication Form

The CONSORT-EHEALTH checklist is intended for authors of randomized trials evaluating web-based and Internet-based applications/interventions, including mobile interventions, electronic games (incl multiplayer games), social media, certain telehealth applications, and other interactive and/or networked electronic applications. Some of the items (e.g. all subitems under item 5 - description of the intervention) may also be applicable for other study designs.

The goal of the CONSORT EHEALTH checklist and guideline is to be a) a guide for reporting for authors of RCTs,

b) to form a basis for appraisal of an ehealth trial (in terms of validity)

CONSORT-EHEALTH items/subitems are MANDATORY reporting items for studies published in the Journal of Medical Internet Research and other journals / scientific societies endorsing the checklist.

Items numbered 1., 2., 3., 4a., 4b etc are original CONSORT or CONSORT-NPT (non-pharmacologic treatment) items.

Items with Roman numerals (i., ii, iii, iv etc.) are CONSORT-EHEALTH extensions/clarifications.

As the CONSORT-EHEALTH checklist is still considered in a formative stage, we would ask that you also RATE ON A SCALE OF 1-5 how important/useful you feel each item is FOR THE PURPOSE OF THE CHECKLIST and reporting guideline (optional).

Mandatory reporting items are marked with a red *.

In the textboxes, either copy & paste the relevant sections from your manuscript into this form - please include any quotes from your manuscript in QUOTATION MARKS, or answer directly by providing additional information not in the manuscript, or elaborating on why the item was not relevant for this study.

YOUR ANSWERS WILL BE PUBLISHED AS A SUPPLEMENTARY FILE TO YOUR PUBLICATION IN JMIR AND ARE CONSIDERED PART OF YOUR PUBLICATION (IF ACCEPTED).

Please fill in these questions diligently. Information will not be copyedited, so please use proper spelling and grammar, use correct capitalization, and avoid abbreviations.

DO NOT FORGET TO SAVE AS PDF _AND_ CLICK THE SUBMIT BUTTON SO YOUR ANSWERS ARE IN OUR DATABASE !!!

Citation Suggestion (if you append the pdf as Appendix we suggest to cite this paper in the caption):

Eysenbach G, CONSORT-EHEALTH Group

cfeld@uw.edu (not shared) Switch account * Required	Draft saved
Your name *	
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	re is a short and a long/alternate name, write the short name first and add the long e in brackets.
	uated Version (if any)
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Your	answer
	uage(s) *
	language is the intervention/app in? If multiple languages are available, separate omma (e.g. "English, French")
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the w	vebsite. If the intervention is a DVD or hardware, you can also link to an Amazon
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Accessibility * Can an enduser access the intervention presently?
access is free and open
access only for special usergroups, not open
access is open to everyone, but requires payment/subscription/in-app purchases
app/intervention no longer accessible
Other:
Drimow, Madical Indication/Discosa/Condition *
Primary Medical Indication/Disease/Condition * e.g. "Stress", "Diabetes", or define the target group in brackets after the condition, e.g.
"Autism (Parents of children with)", "Alzheimers (Informal Caregivers of)"
Primary Outcomes measured in trial * comma-separated list of primary outcomes reported in the trial
comma-separated list of primary outcomes reported in the that
Secondary/other outcomes
Are there any other outcomes the intervention is expected to affect?
December de d'IDecell *
Recommended "Dose" * What do the instructions for users say on how often the app should be used?
Approximately Daily
Approximately Daily

JMIR Serious Games

1a) Does your paper address CONSORT item 1a? *

I.e does the title contain the phrase "Randomized Controlled Trial"? (if not, explain the

reason under "other")						
yes						
Other:						
1a-i) Identify the mode of deli	•				<i>"</i>	
Identify the mode of delivery. P "electronic game" in the title. Av Use "Internet-based" only if Inter (e.g. email), use "computer-base" virtual" only in the context of "v context of "online support group broader terms for the class of p "iphone"), especially if the appli	void amb erventior sed" or "e virtual rea os". Com products	oiguous to n includes electronic ality" (3-I nplement (such as	erms like s non-we c" only if O worlds or subst "mobile"	e "online" eb-based offline pro). Use "o itute pro ' or "sma	, "virtual' Internet oducts a nline" on duct nam irt phone	, "interactive". components re used. Use ly in the nes with
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1a-ii) Non-web-based compo Mention non-web-based compo "with telephone support").		•				
Mention non-web-based compo		•				

Clear selection

Does your paper address subitem 1a-ii?

Copy and paste relevant sections from manuscript title (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

1a-iii) Primary condition or target group in the title

Mention primary condition or target group in the title, if any (e.g., "for children with Type I Diabetes") Example: A Web-based and Mobile Intervention with Telephone Support for Children with Type I Diabetes: Randomized Controlled Trial

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subitem not at all important O O essential

Clear selection

Does your paper address subitem 1a-iii? *

Copy and paste relevant sections from manuscript title (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

1b) ABSTRACT: Structured summary of trial design, methods, results, and conclusions

NPT extension: Description of experimental treatment, comparator, care providers, centers, and blinding status.

1b-i) Key features/functionalities/components of the intervention and comparator in the METHODS section of the ABSTRACT

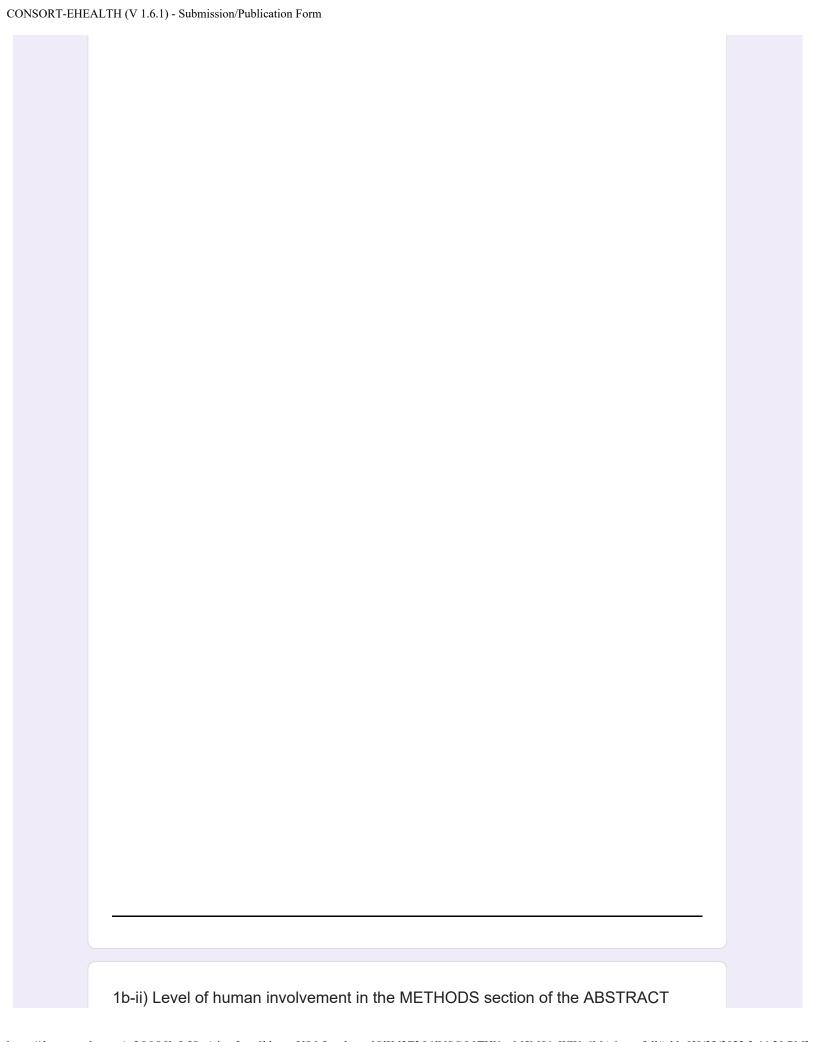
Mention key features/functionalities/components of the intervention and comparator in the abstract. If possible, also mention theories and principles used for designing the site. Keep in mind the needs of systematic reviewers and indexers by including important synonyms. (Note: Only report in the abstract what the main paper is reporting. If this information is missing from the main body of text, consider adding it)

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Clear selection

Does your paper address subitem 1b-i? *

Copy and paste relevant sections from the manuscript abstract (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study



Clarify the level of human involvement in the abstract, e.g., use phrases like "fully
automated" vs. "therapist/nurse/care provider/physician-assisted" (mention number and
expertise of providers involved, if any). (Note: Only report in the abstract what the main
paper is reporting. If this information is missing from the main body of text, consider adding it)

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Clear selection

Does your paper address subitem 1b-ii?

Copy and paste relevant sections from the manuscript abstract (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

1b-iii) Open vs. closed, web-based (self-assessment) vs. face-to-face assessments in the METHODS section of the ABSTRACT

Mention how participants were recruited (online vs. offline), e.g., from an open access website or from a clinic or a closed online user group (closed usergroup trial), and clarify if this was a purely web-based trial, or there were face-to-face components (as part of the intervention or for assessment). Clearly say if outcomes were self-assessed through questionnaires (as common in web-based trials). Note: In traditional offline trials, an open trial (open-label trial) is a type of clinical trial in which both the researchers and participants know which treatment is being administered. To avoid confusion, use "blinded" or "unblinded" to indicated the level of blinding instead of "open", as "open" in web-based trials usually refers to "open access" (i.e. participants can self-enrol). (Note: Only report in the abstract what the main paper is reporting. If this information is missing from the main body of text, consider adding it)

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Clear selection

Does your paper address subitem 1b-iii?

Copy and paste relevant sections from the manuscript abstract (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

1b-iv) RESULTS section in abstract must contain use data

Report number of participants enrolled/assessed in each group, the use/uptake of the intervention (e.g., attrition/adherence metrics, use over time, number of logins etc.), in addition to primary/secondary outcomes. (Note: Only report in the abstract what the main paper is reporting. If this information is missing from the main body of text, consider adding it)

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Clear selection

Does your paper address subitem 1b-iv?

Copy and paste relevant sections from the manuscript abstract (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

2a) In INTRODUCTION: Scientific background and explanation of ration
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2a-i) Problem	and the	type	of sv	/stem/	solution
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Describe the problem and the type of system/solution that is object of the study: intended as stand-alone intervention vs. incorporated in broader health care program? Intended for a particular patient population? Goals of the intervention, e.g., being more cost-effective to other interventions, replace or complement other solutions? (Note: Details about the intervention are provided in "Methods" under 5)

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Does your paper address subitem 2a-i? *

Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

2a-ii) Scientific background, rationale: What is known about the (type of) system Scientific background, rationale: What is known about the (type of) system that is the object of the study (be sure to discuss the use of similar systems for other conditions/diagnoses, if appropiate), motivation for the study, i.e. what are the reasons for and what is the context for this specific study, from which stakeholder viewpoint is the study performed, potential impact of findings [2]. Briefly justify the choice of the comparator.

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Does your paper address subitem 2a-ii? *

Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

2b) In INTRODUCTION: Specific objectives or hypotheses

Does your paper address CONSORT subitem 2b? *

Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

METHODS

3a) Description of trial design (such as parallel, factorial) including allocation ratio

Does your paper address CONSORT subitem 3a? * Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study 3b) Important changes to methods after trial commencement (such as eligibility criteria), with reasons Does your paper address CONSORT subitem 3b? * Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study 3b-i) Bug fixes, Downtimes, Content Changes

 $https://docs.google.com/...3O8O9hrL5Sw/viewform?hl=en_US\&formkey=dGlKd2Z2Q1lNSGQ0THl1azM5MS1aWWc6MA\&rm=full\#gid=0[8/22/2022\ 3:44:20\ PM]$

Bug fixes, Downtimes, Content Changes: ehealth systems are often dynamic systems. A

functionality or content) (5-iii) a study design such as staff char	nd other	"unexpe	cted eve	ents" that	may hav	•
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4a) Eligibility criteria for partic	cipants					
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4a-i) Computer / Internet liter Computer / Internet literacy is o be explicitly clarified.	•	implicit "d	de facto"	eligibility	v criterior	n - this should

description of changes to methods therefore also includes important changes made on

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4a-ii) Open vs. closed, web-b Open vs. closed, web-based vs were recruited (online vs. offline clarify if this was a purely web-b part of the intervention or for as know the participant. In online-o	s. face-to e), e.g., to pased tri ssessme only trial	o-face as from an d ial, or the ent), i.e., t s, clarify	sessmer open acc ere were to what of	nts: Ment ess web face-to-f legree go pants we	ion how site or frace comot the store	rom a clinic, and apponents (as udy team to i-anonymous
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not applicable/relevant for your study

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la-iii) Informatio	II UIVIIIU	uuiiiu	TECHUILITEIL

Information given during recruitment. Specify how participants were briefed for recruitment and in the informed consent procedures (e.g., publish the informed consent documentation as appendix, see also item X26), as this information may have an effect on user self-selection, user expectation and may also bias results.

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Does your paper address subitem 4a-iii?

Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

4b) Settings and locations where the data were collected

Does your paper address CONSORT subitem 4b? *

Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is

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Does your paper address subitem 4b-ii?

Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

5) The interventions for each group with sufficient details to allow replication, including how and when they were actually administered

5-i) Mention names, credential, affiliations of the developers, sponsors, and owners Mention names, credential, affiliations of the developers, sponsors, and owners [6] (if authors/evaluators are owners or developer of the software, this needs to be declared in a "Conflict of interest" section or mentioned elsewhere in the manuscript).

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Clear selection

Does your paper address subitem 5-i?

Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

5-ii) Describe the history/development process

Describe the history/development process of the application and previous formative evaluations (e.g., focus groups, usability testing), as these will have an impact on adoption/use rates and help with interpreting results.

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5-iii) Revisions and updating Revisions and updating. Clearly application/intervention (and co the intervention underwent maje development and/or content wa such as news feeds or changing the intervention (for unexpected	mparato or chang as "froze g conter	or, if appli ges during n" during at which r	cable) e g the eva the trial may have	valuated aluation p . Describ	, or desc process, e dynam	ribe whether or whether the ic components
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5-iv) Quality assurance methor	ods					
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Copy and paste relevant section marks "like this" to indicate direction item by providing additional information applicable/relevant for your solutions. 5-v) Ensure replicability by purscreenshots/screen-capture visiting marks "like this" to indicate direction in the indicate	ect quote ormation study	the man	vour man ne ms, or	briefly e	or elabor xplain wh	rate on this ny the item is
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Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

5-vi) Digital preservation

Digital preservation: Provide the URL of the application, but as the intervention is likely to change or disappear over the course of the years; also make sure the intervention is archived (Internet Archive, webcitation.org, and/or publishing the source code or screenshots/videos alongside the article). As pages behind login screens cannot be archived, consider creating demo pages which are accessible without login.

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Does your paper address subitem 5-vi?

Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

5-vii) Access

Access: Describe how participants accessed the application, in what setting/context, if they had to pay (or were paid) or not, whether they had to be a member of specific group. If known, describe how participants obtained "access to the platform and Internet" [1]. To ensure access for editors/reviewers/readers, consider to provide a "backdoor" login account or demo mode for reviewers/readers to explore the application (also

important for archiving purpose	s, see vi	i).				
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5-viii) Mode of delivery, feature comparator, and the theoretic Describe mode of delivery, feat comparator, and the theoretical [1], behaviour change technique terminology). This includes an icoming from and who developed circumstances and allows users also includes a description of comediated communication is a comparation as a comparation of the description of of the de	cal frame ures/fun framew es, persi n-depth ed it) [1],' s to track communic compone es inforr e amoun	ework actionalition cork [6] us uasive fere description whethe k their procation de ant – whee mation or at of text of	es/composed to destatures, eson of the ogress a livery chather composed in presentation pages	onents of esign the etc., see es content ow] it is to annels a munication stress, presen	f the inte m (instru e.g., [7, 8 (includin ailored to ve feedba nd – if co ion was s ategies [ace of hyp	rvention and ctional strategy BJ for ag where it is individual ack" [6]. This appropriate or agreement or areas and the computer or areas are areas and the computer or areas are areas are areas are are are areas are are areas are are areas are are are areas are are areas are are areas are are are areas are
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Does your paper address subitem 5-viii? *

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5-x) Clarify the level of human Clarify the level of human involved in the control of the contro	/ement (care pro		•		
technical assistance) in the e-in expertise of professionals involved timing and frequency of the sup assistance is delivered". It may involvement required for the trial routine application outside of a	ved, if ar port, ho be nece al, and th RCT set	ny, as we w it is ini essary to ne level o tting (dise	ell as "typ tiated, ar distingui of human cuss und	ne of ass nd the m sh betwe involver ler item 2	istance o edium by een the le nent requ 21 – gene	ffered, the which the evel of human uired for a
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not applicable/relevant for your study

5-xi) Report any prompts/reminders used

Report any prompts/reminders used: Clarify if there were prompts (letters, emails, phone calls, SMS) to use the application, what triggered them, frequency etc. It may be necessary to distinguish between the level of prompts/reminders required for the trial, and the level of prompts/reminders for a routine application outside of a RCT setting (discuss under item 21 – generalizability).

subitem not at all important O O O o essential

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Does your paper address subitem 5-xi? *

Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

5-xii) Describe any co-interventions (incl. training/support)

Describe any co-interventions (incl. training/support): Clearly state any interventions that are provided in addition to the targeted eHealth intervention, as ehealth intervention may not be designed as stand-alone intervention. This includes training sessions and support [1]. It may be necessary to distinguish between the level of training required for the trial, and the level of training for a routine application outside of a RCT setting (discuss under item 21 – generalizability.

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Does your paper address subitem 5-xii? * Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study									
6a) Completely defined pre-specified primary and secondary outcome measures, including how and when they were assessed									
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Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

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Specify who was blinded, and who wasn't. Usually, in web-based trials it is not possible

11a-i) Specify who was blinded, and who wasn't

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"intervention of interest" and v Informed consent procedures (4 e.g., whether participants knew	which or 4a-ii) car which ir	ne was t n create	the "com biases a	iparator' nd certai	, n expecta	ations - discus
11a-ii) Discuss e.g., whether material street and with the street and the street	which on 4a-ii) car which ir ".	ne was t n create nterventio	the "com biases a on was tl	iparator' nd certai ne "interv	n expecta vention of	ations - discus
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11b) If relevant, description of the similarity of interventions (this item is usually not relevant for ehealth trials as it refers to similarity of a placebo or sham intervention to a active medication/intervention)

Does your paper address CONSORT subitem 11b? *

Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

12a) Statistical methods used to compare groups for primary and secondary outcomes

NPT: When applicable, details of whether and how the clustering by care providers or centers was addressed

Does your paper address CONSORT subitem 12a? *

Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

CONSORT-EHEAI	LTH (V 1.6.1) - Submission/Publication Form
	12a-i) Imputation techniques to deal with attrition / missing values
	Imputation techniques to deal with attrition / missing values: Not all participants will use the intervention/comparator as intended and attrition is typically high in ehealth trials.
	Specify how participants who did not use the application or dropped out from the trial
	were treated in the statistical analysis (a complete case analysis is strongly discouraged, and simple imputation techniques such as LOCF may also be problematic [4]).
	1 2 3 4 5
	subitem not at all important O O O O essential
	subitem not at all important
	Does your paper address subitem 12a-i? *
	Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this
	item by providing additional information not in the ms, or briefly explain why the item is
	not applicable/relevant for your study
	12b) Methods for additional analyses, such as subgroup analyses and adjusted
	analyses

Does your paper address CONSORT subitem 12b? * Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study X26) REB/IRB Approval and Ethical Considerations [recommended as subheading under "Methods"] (not a CONSORT item) X26-i) Comment on ethics committee approval subitem not at all important essential Does your paper address subitem X26-i?

 $https://docs.google.com/...3O8O9hrL5Sw/viewform?hl=en_US\&formkey=dGlKd2Z2Q1lNSGQ0THl1azM5MS1aWWc6MA\&rm=full\#gid=0[8/22/2022\ 3:44:20\ PM]$

Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this

item by providing additional info not applicable/relevant for your		not in th	e ms, or	briefly e	xplain wh	ny the item is
x26-ii) Outline informed conse	ent proc	edures				
Outline informed consent proce (how? Checkbox, etc.?), and wl items to be included in informed	hat infori	mation v	vas provi			
	1	2	3	4	5	
subitem not at all important	0	0	0	0	0	essential
Does your paper address sub Copy and paste relevant section marks "like this" to indicate dire item by providing additional info not applicable/relevant for your	ns from t ect quote ormation	the man	our man	uscript),	or elabor	ate on this

X26-iii) Safety and security procedures

Safety and security procedures, incl. privacy considerations, and any steps taken to reduce the likelihood or detection of harm (e.g., education and training, availability of a hotline)

	1	2	3	4	5				
subitem not at all important	0	0	0	0	0	essential			
Does your paper address subitem X26-iii? Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study									
RESULTS									
received intended treatment, NPT: The number of care provi	13a) For each group, the numbers of participants who were randomly assigned, received intended treatment, and were analysed for the primary outcome NPT: The number of care providers or centers performing the intervention in each group and the number of patients treated by each care provider in each center								
Does your paper address CONSORT subitem 13a? * Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study									
13b) For each group, losses reasons	and exc	lusions	after ran	domisat	ion, toge	ther with			

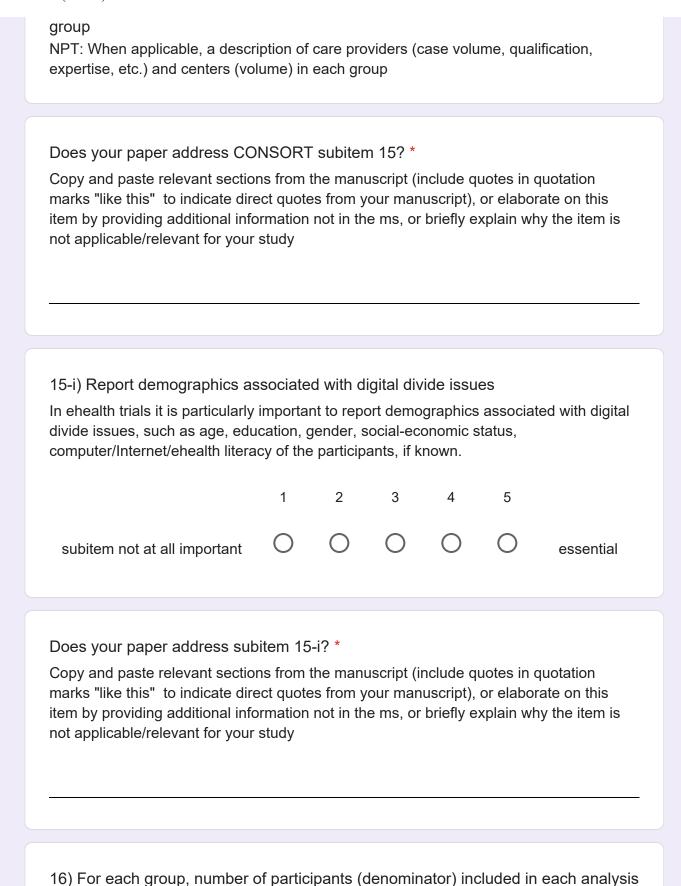
Does your paper address CC shown in a CONSORT flow d			n 13b? (NOTE:	Preferab	ly, this is *
Copy and paste relevant section marks "like this" to indicate direction item by providing additional information applicable/relevant for your	ect quote ormation	es from y	our man	uscript),	or elabor	ate on this
12h i) Attrition diagram						
13b-i) Attrition diagram Strongly recommended: An attribution or using the intervention/comsurvival curve) or other figures	nparator	in each (group plo	tted ove	r time, sir	milar to a
	1	2	3	4	5	
subitem not at all important	0	0	0	0	0	essential
Does your paper address sub	oitem 13	Bb-i?				
Copy and paste relevant section applicable (include quotes in queyour manuscript), or elaborate ms, or briefly explain why the it	uotation on this it	marks "li em by pr	ke this" oviding a	to indica additiona	te direct on	quotes from tion not in the
14a) Dates defining the perio	ds of re	cruitmer	nt and fo	llow-up		
Does your paper address CC						
Copy and paste relevant section marks "like this" to indicate direction item by providing additional info	ect quote	es from y	our man	uscript),	or elabor	ate on this

not applicable/relevant for your study

Does your paper address CONSORT subitem 14b? *

Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

15) A table showing baseline demographic and clinical characteristics for each



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and whether the analysis was by original assigned groups

16-i) Report multiple "denominators" and provide definitions

	1	2	3	4	5	
subitem not at all important	0	0	0	0	0	essential
Copy and paste relevant sectio marks "like this" to indicate dire item by providing additional info not applicable/relevant for your	ect quote ormation	es from y	our man	uscript),	or elabor	ate on this
only "users", with the appropria	nt-to-tre	at, secor	ndary and	•		
Primary analysis should be inte	nt-to-tre	at, secor	ndary and	•		
Primary analysis should be inte only "users", with the appropria	nt-to-tre te cavea	at, secor ats that th	ndary and	•	randomiz	

17a) For each primary and secondary outcome, results for each group, and the estimated effect size and its precision (such as 95% confidence interval)

Does your paper address CONSORT subitem 17a? *

Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

17a-i) Presentation of process outcomes such as metrics of use and intensity of use

In addition to primary/secondary (clinical) outcomes, the presentation of process outcomes such as metrics of use and intensity of use (dose, exposure) and their operational definitions is critical. This does not only refer to metrics of attrition (13-b) (often a binary variable), but also to more continuous exposure metrics such as "average session length". These must be accompanied by a technical description how a metric like a "session" is defined (e.g., timeout after idle time) [1] (report under item 6a).

subitem not at all important O O O O essential

Does your paper address subitem 17a-i?

Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

17b) For binary outcomes, presentation of both absolute and relative effect sizes is recommended								
Does your paper address CONSORT subitem 17b? * Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study								
18) Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing pre-specified from exploratory								
Does your paper address CONSORT subitem 18? * Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study								
18-i) Subgroup analysis of comparing only users A subgroup analysis of comparing only users is not uncommon in ehealth trials, but if done, it must be stressed that this is a self-selected sample and no longer an unbiased sample from a randomized trial (see 16-iii). 1 2 3 4 5 subitem not at all important O O O O essential								

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Does your paper address subitem 18-i?

marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study								
19) All important harms or unintended effects in each group (for specific guidance see CONSORT for harms)								
Does your paper address CO Copy and paste relevant section marks "like this" to indicate direction the item by providing additional information applicable/relevant for your	ns from ect quote ormation	the man	uscript (i our man	uscript),	or elabor	ate on this		
19-i) Include privacy breaches Include privacy breaches, techn to participants, but also incident technical problems, and other unalso includes unintended positive.	nical pro ts such a inexpect	blems. T as perce ted/unint	his does	eal privac	cy breach	nes [1],		
subitem not at all important	1	2	3	4	5	essential		
Does your paper address sub	oitem 19)-i?						

Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study

22) Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence

NPT: In addition, take into account the choice of the comparator, lack of or partial blinding, and unequal expertise of care providers or centers in each group

22-i) Restate study questions and summarize the answers suggested by the data, starting with primary outcomes and process outcomes (use)

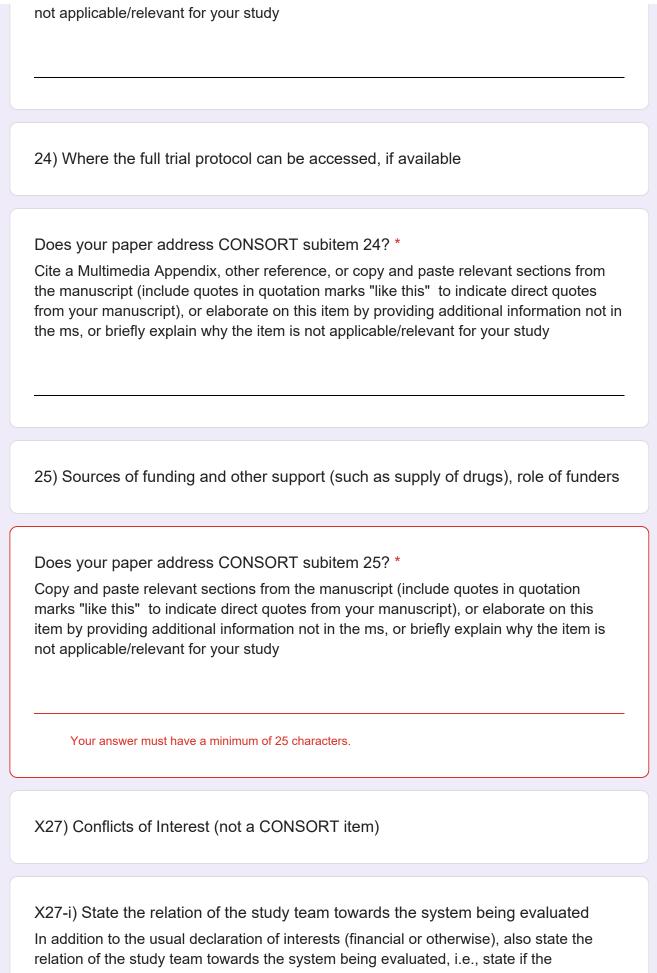
Restate study questions and summarize the answers suggested by the data, starting with primary outcomes and process outcomes (use).

	1	2	3	4	5				
subitem not at all important	0	0	0	0	0	essential			
Does your paper address subitem 22-i? * Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study									
22-ii) Highlight unanswered n Highlight unanswered new que	•	uggest fo	uture res		search				
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subitem not at all important	0	0	0	0	0	essential			
Does your paper address subitem 22-ii? Copy and paste relevant sections from the manuscript (include quotes in quotation marks "like this" to indicate direct quotes from your manuscript), or elaborate on this item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study									
20) Trial limitations, addressing relevant, multiplicity of analys	•	ces of po	otential l	oias, imp	orecision	, and, if			

Discuss biases due to non-use informed consent procedures, u	of the in	terventic	n/usabili	•		Type I error. through
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NPT: External validity of the tria	centers					
NPT: External validity of the trial patients, and care providers or a care providers or a care. 21-i) Generalizability to other Generalizability to other popular Internet population, outside of a	populat tions: In ι RCT se	ions particula	d genera	•	•	•
21) Generalisability (external NPT: External validity of the trial patients, and care providers or a 21-i) Generalizability to other Generalizability to other population, outside of a applicability of the study results	populat tions: In ι RCT se	ions particula etting, an r organiz	d genera	al patient	•	•

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item by providing additional information not in the ms, or briefly explain why the item is not applicable/relevant for your study							
21-ii) Discuss if there were eleapplication setting Discuss if there were elements setting (e.g., prompts/reminders interventions) and what impact	in the R s, more	CT that v	would be	different ent, traini	t in a rout	tine application ons or other co-	
adoption, or outcomes if the inte	erventio	n is appli	ed outsid	de of a R	CT settir	ng.	
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OTHER INFORMATION							
23) Registration number and	name o	ıf trial reφ	gistry				
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authors/evaluators are distinct from or identical wi intervention.	ui uie c	ievelope	rs/spons	ors of the
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About the CONSORT EHEALTH checklist				
As a result of using this checklist, did you make yes, major changes yes, minor changes no	e chan	ges in y	our man	uscript? *
What were the most important changes you machecklist?	ade as	a result	of using	g this
Your answer must have a minimum of 25 characters.				

How much time did you spend on going through the checklist INCLUDING * making changes in your manuscript
As a result of using this checklist, do you think your manuscript has improved? *
O yes
no
Other:
Would you like to become involved in the CONSORT EHEALTH group? This would involve for example becoming involved in participating in a workshop and writing an "Explanation and Elaboration" document
yes
o no
Other:
Clear selection
Any other comments or questions on CONSORT EHEALTH
Your answer
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