

**Human umbilical cord mesenchymal stem cell-derived exosomes
ameliorate liver steatosis by promoting fatty acid oxidation and reducing
fatty acid synthesis**

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Fig. S1

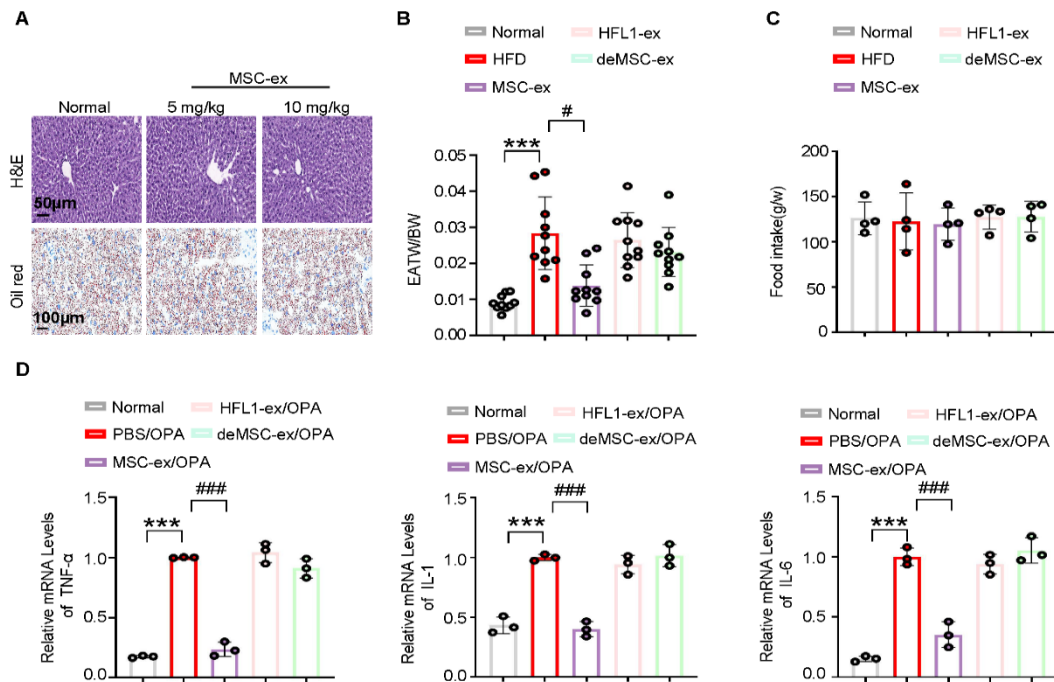


Fig. S1 MSC-ex inhibits weight gain of inguinal adipose tissue and inflammation in livers of HFD mice

(A) C57BL/6 mice were placed on high-fat diet (HFD, 40%) and administered 5 mg/kg and 10 mg/kg of MSC-ex *i.v.* From the 10th week to the 14th week of HFD feeding. Representative Images of Haematoxylin and eosin (H&E; upper; Scale bars, 50 µm) and oil red O (bottom; Scale bars, 20 µm) staining of liver sections. **(B)** Changes in the EATW/BW of mice (EATW/BW = relative weight of epididymal adipose tissue to body weight). **(C)** The food consumption was measured by weighing the food used. **(D)** Inflammatory transcription factor expression at mRNA level (n=3 in each group). Data are represented as the mean ± s.e.m. Statistical analyses was performed by a one-way ANOVA (panels **B-D**). *** $P < 0.001$ versus normal chow diet group; # $P < 0.05$, ### $P < 0.001$ versus HFD group.

Fig. S2

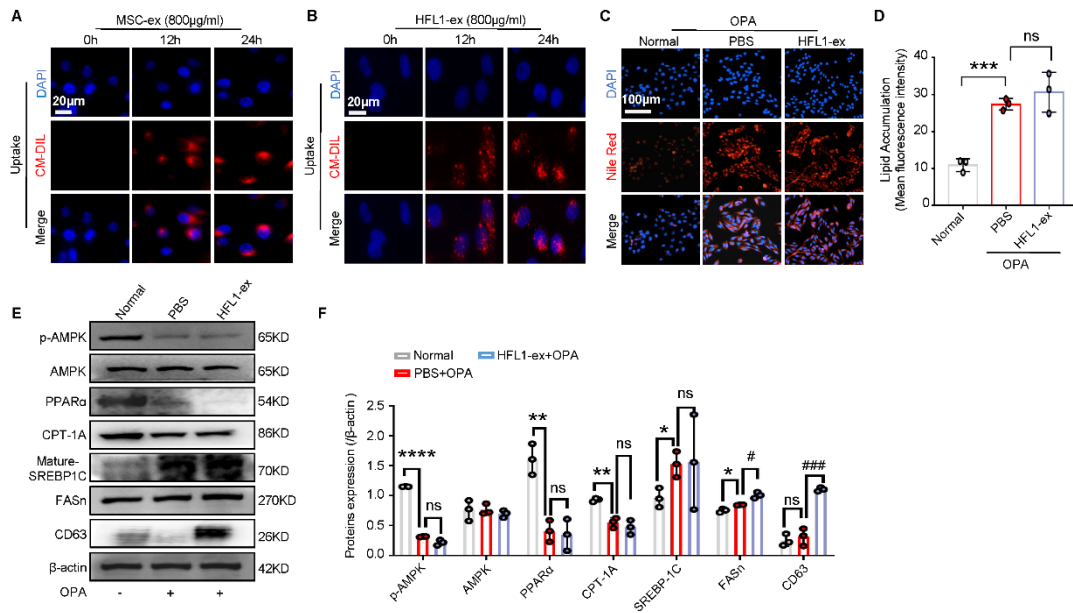


Fig. S2 HFL1-ex inactivates the AMPK signaling pathway and increases lipid accumulation (A-B) Representative fluorescent images of CM-DIL labeled MSC-ex (A) and HFL1-ex (B) in L02 cells at 0, 12, and 24 h. Scale bars, 100µm. (C-D) The intracellular lipid droplets in L02 cells subjected to oleate and palmitate (OPA) stimulation (2.0 mM, 2:1 ratio) in combination with HFL1-ex (800 µg/ml) or PBS treatment for 24 h were visualized by Nile red staining (C) and quantified by Image J for three random areas (D). Scale bars, 100 µm. (E-F) Immunoblotting of AMPK pathway proteins in L02 cells subjected to OPA stimulation (2.0 mM, 2:1 ratio) combined with HFL1-ex (800 µg/ml) or PBS treatment for 24 h (E) and quantification of the results (F). Data are represented as the mean ± s.e.m. Statistical analyses was performed by a one-way ANOVA (D and F). * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$, **** $P < 0.0001$ versus normal group; # $P < 0.05$, ### $P < 0.001$ versus PBS group.

Fig. S3

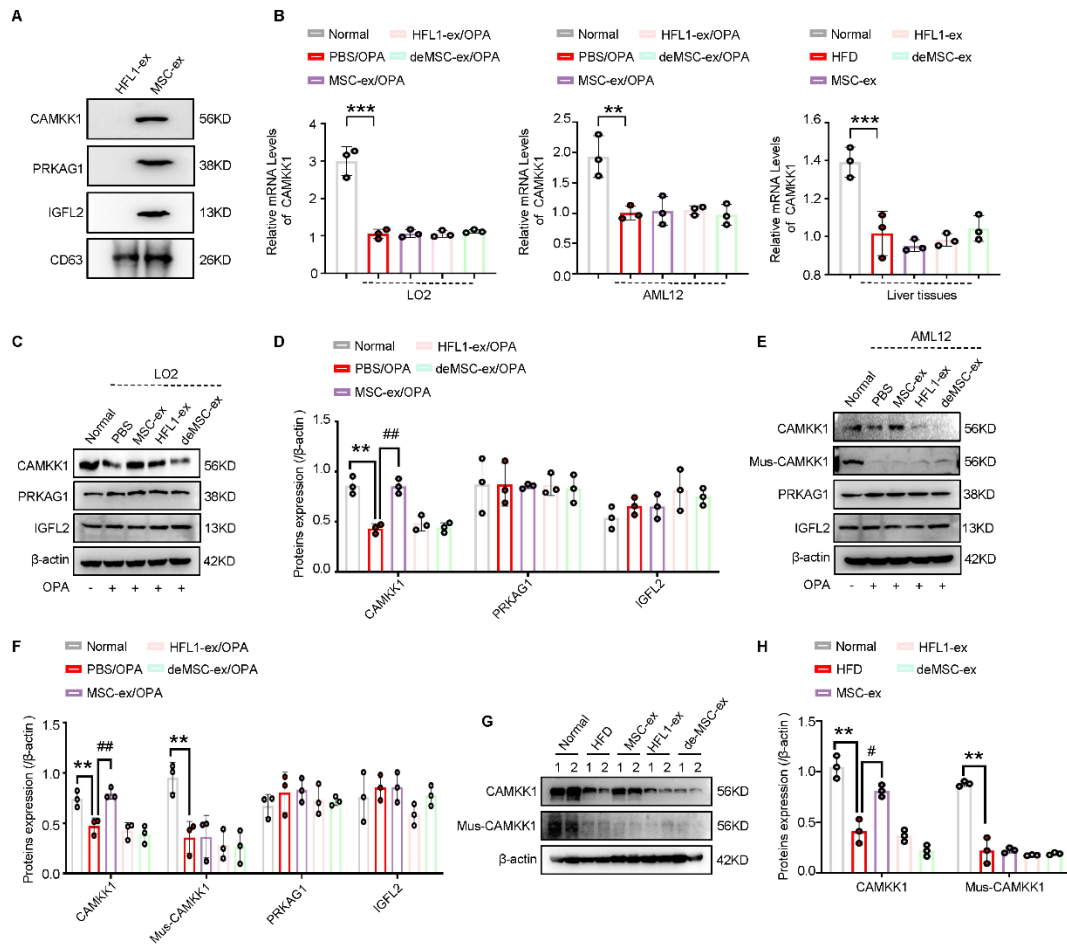


Fig. S3 Expression of CAMKK1 in HFL1-ex/MSC-ex, HFL1-ex/MSC-ex treated hepatocytes and livers

(A) CAMKK1, PRKAG1, and IGFL2 expression in MSC-ex and HFL1-ex were examined by immunoblotting. (B) QRT-PCR analyses of CAMKK1 mRNA expression (n=3 biological replicates per group). ** $P < 0.01$, *** $P < 0.001$ versus normal group. (C-D) The expression of CAMKK1, PRKAG1, and IGFL2 in L02 cells was detected by immunoblotting (C) and quantified (D). ** $P < 0.01$ versus normal group; ## $P < 0.01$ versus PBS group. (E-F) The expression of CAMKK1, PRKAG1, and IGFL2 in AML12 cells was detected by immunoblotting (E) and quantified (F). ** $P < 0.01$ versus normal group; ## $P < 0.01$ versus PBS group. (G-H) Immunoblotting analyses of CAMKK1 and

Mus-CAMKK1 proteins in mice placed on a HFD diet for 10 weeks followed by 10 mg/kg MSC-ex or 10 mg/kg HFL1-ex or MSC-ex-free conditional medium supernatant (deMSC-ex) and PBS treatment for 4 weeks (**G**) and quantification of the results (**H**).

** $P < 0.01$ versus normal chow diet group; # $P < 0.05$ versus HFD group. Data are represented as the mean \pm s.e.m. Statistical analyses was performed by a one-way ANOVA (**B**, **D**, **F**, and **H**).

Fig. S4

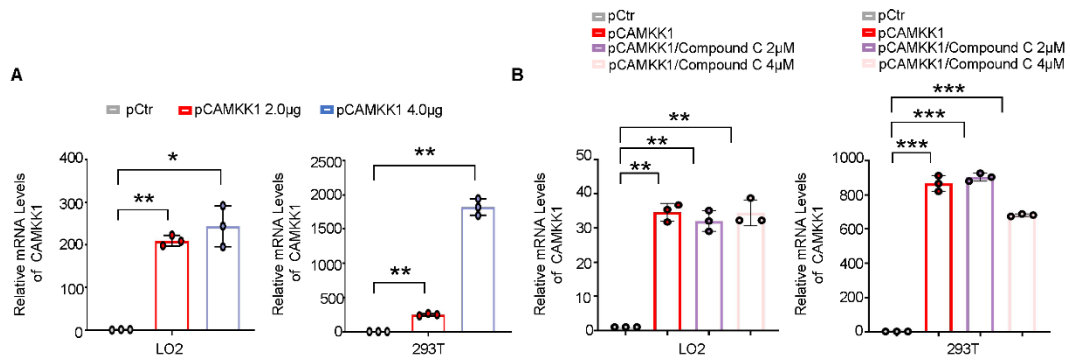


Fig. S4 CAMKK1 expression is not affected by Compound-C

(A) QRT-PCR analyses of CAMKK1 mRNA expression in L02 and 293T cells transfected with pCAMKK1 (2 µg and 4 µg) or empty plasmid (pCtr) and normalized to β-actin expression. n=3 biological replicates per group. **(B)** QRT-PCR analyses of CAMKK1 mRNA expression in L02 and 293T cells transfected with pCAMKK1 (4 µg) or pCtr with or without Compound-C (2 µM and 4 µM) treatment for 24 h. Expression was normalized to β-actin expression. n=3 biological replicates per group. Data are represented as the mean ± s.e.m. Statistical analyses by unpaired two-tailed student's t-test. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$ versus pCtr group.

Fig. S5

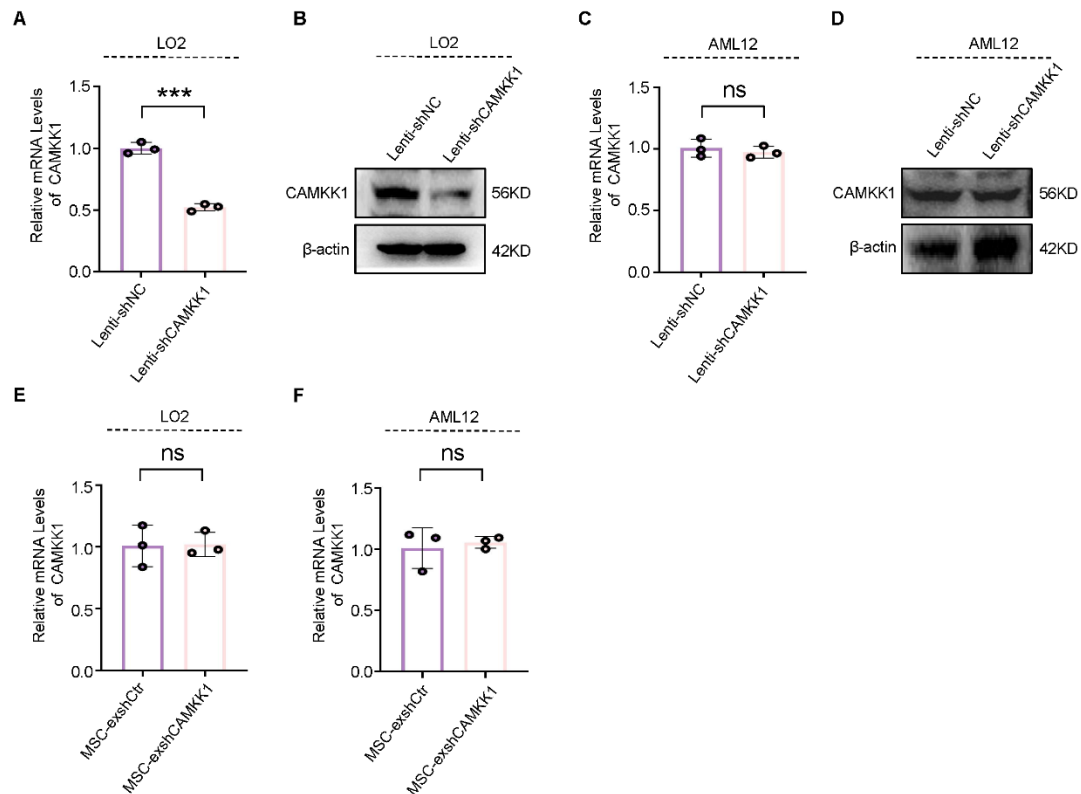


Fig. S5 Identification of CAMKK1 Knockdown in Lenti-shCAMKK1 transfected hepatocytes and MSC-ex^{shCAMKK1} treated hepatocytes (A) QRT-PCR analyses of CAMKK1 mRNA expression in L02 cells treated with recombinant lentivirus (pLKO) (pLKO.1-GFP-Puro-shCAMKK1 or pLKO.1-Puro-shRNA, 15MOI) for 72 h. n=3 in each group; *** $P < 0.001$ versus Lenti-shNC group. **(B)** The expression of CAMKK1 in L02 cells was detected by immunoblotting. **(C)** QRT-PCR analyses of CAMKK1 mRNA expression in AML12 cells treated with recombinant lentivirus (pLKO) (pLKO.1-GFP-Puro-shCAMKK1 or pLKO.1-Puro-shRNA, 15MOI) for 72 h. n=3 in each group. **(D)** The expression of CAMKK1 in AML12 cells was detected by immunoblotting. **(E)** QRT-PCR analyses of CAMKK1 mRNA expression in L02 cells treated with MSC-ex^{shCtrl} (800 μ g/ml) or MSC-ex^{shCAMKK1} (800 μ g/ml) for 24 h. n=3 in each group. **(F)** QRT-PCR

analyses of CAMKK1 mRNA expression in AML12 cells treated with MSC-ex^{shCtr} (800 µg/ml) or MSC-ex^{shCAMKK1} (800 µg/ml) for 24 h. n=3 in each group. Data are represented as the mean ± s.e.m. Statistical analyses by unpaired two-tailed student's t-test.

Fig. S6

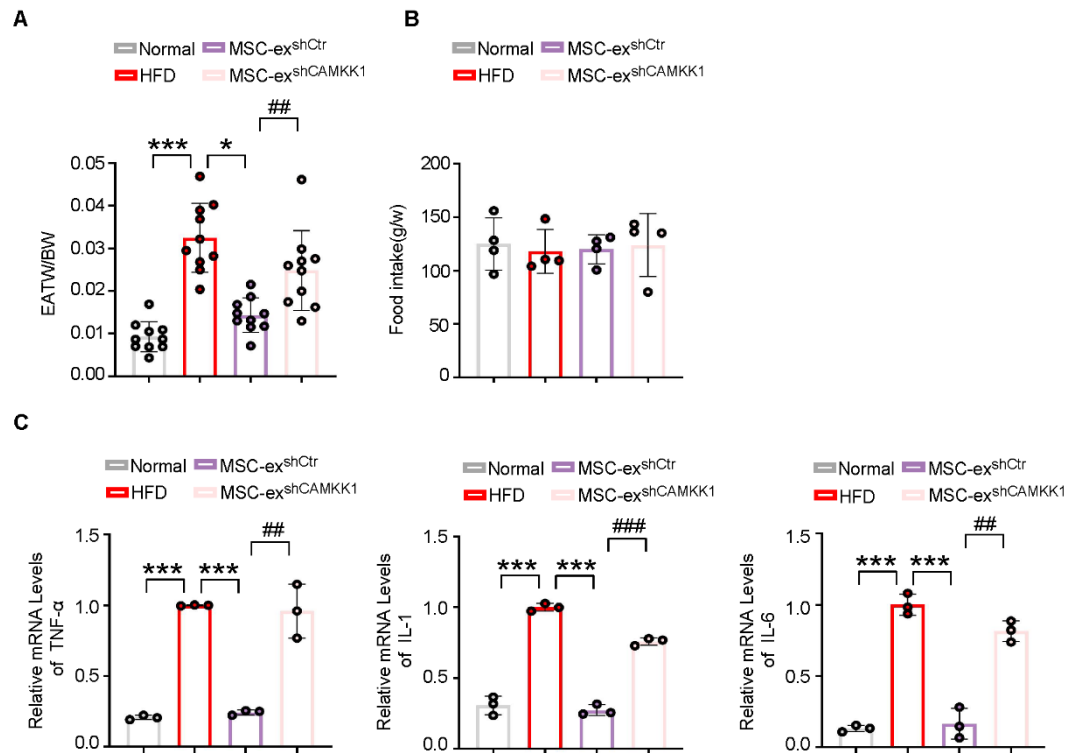


Fig. S6 MSC-ex^{shCAMKK1} reverses MSC-ex^{shCtr} decreased hepatic inflammation in the livers from HFD mice

(A) C57BL/6 mice were placed on a high-fat diet (HFD, 40%) and administered 10 mg/kg of MSC-ex^{shCtr} or MSC-ex^{shCAMKK1} *i.v.* from the 10th week to the 14th week of HFD feeding. As a control, the same volume of PBS was injected. Changes in the EATW/BW of mice (EATW/BW = relative weight of epididymal adipose tissue to body weight). **(B)** The food consumption was measured by weighing the food used. **(C)** Inflammatory transcription factor expression at mRNA level (n=3 in each group). Data are represented as the mean \pm s.e.m. Statistical analyses was performed by a one-way ANOVA (panels **A-C**). * $P < 0.05$, *** $P < 0.001$ versus HFD group; ## $P < 0.01$, ### $P < 0.001$ versus MSC-ex^{shCtr} (10 mg/kg) group.